## Stanford Sexual Violence Supportive Measures and Resources

If you are in immediate danger, call 911. If you don't know where to go, CST is always a great first stop.



Scan me for an online version of this resource.

#### If you're looking for...



#### **General Support**

CST and YWCA both offer general resources. CST can help with on- and off-campus support, whereas YWCA specializes in off-campus.

- · someone to talk to
- · advice on how to support a friend
- someone to come with you to an appointment
- 24 hour hotline
- · learning about your options and safety planning



#### **Medical Help**

Stanford Hospital and Vaden both offer basic medical services, and the hospital also offers SART exams and drug tests. CST or YWCA can help arrange transportation.

- physical injury treatment
- STI treatment and testing
- emergency contraception (also available at the Old Union gender neutral bathroom)
- unintended drug consumption (hospital only)
- forensic/SART exam (hospital only)



#### **Supportive Measures**

CST or SHARE can work with other offices on campus to help facilitate accommodations. They only share your information with your consent.

- academic extensions
- · campus safety escorts
- schedule adjustments
- no-contact orders
- temporary housing



#### **Holistic Healing**

CST, YWCA, and the SHARE Education Team can direct you to places that have healing options. Please see their websites for individual offerings.

- · finding community
- yoga as healing
- religious based healing
- psychotherapy
- healing workshops

# = confidential

= non-confidential

You can visit...

## What they offer:

## Confidential Support Team (CST)



CST offers counseling, help navigating options, and connection to other on- and off-campus resources. They have no reporting obligations to the university, so going to them will never lead to a university investigation without your consent.



vaden.stanford.edu/cst

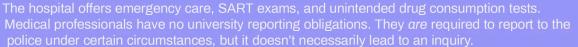
Business Line: (650) 736 - 6933







#### Stanford Hospital Emergency Dept. 🔒



(650) 723 - 5111

**Q** bit.ly/getSAFE



#### Vaden Health Center

(650) 498 - 2336, Ext. 1

wadenpatient.stanford.edu

#### **Legal/Reporting Help**

If you would like to learn more about the Title IX process, you can talk to CST or the SHARE Title IX office. If you would like assistance with reporting to the police or getting a restraining order, talk to YWCA.

- learning about your rights and reporting options
- support through the reporting process
- non-disciplinary university intervention (SHARE)



Created by: Mariana Giraldo, Elena Shao, Jenna Wang, Jonathan Lipman

#### Considering a University Report?

If you would like to request disciplinary action, you must make a report to either the SHARE Title IX Office or the police.

Making an initial report to the SHARE Title IX Office only notifies the office -- an investigation and/or hearing only occurs if you choose to proceed or under very specific and rare circumstances as decided by the SHARE Title IX Office. If an investigation/hearing does occur without your consent, you do not have to

If you would like more information about the university processes, please go to sharetitleix.stanford.edu/studentinfo. If you would like to submit an initial report, go to sexualviolencesupport.stanford.edu/reporting/report-stanford.

#### Other Legal/Reporting Help Options

#### Callisto

If you want to create a confidential record and help detect repeat offenders, you can do so through mycallisto.org.

#### **ASSU Legal Aid**

ASSU offers limited free legal aid at assu.stanford.edu/services/legalcounsel-office.

## SHARE Title IX Office 🔐



This office is in charge of SHARE Title IX cases. Telling them about an incident will generate an initial report, but only in rare cases will they continue to an investigation without your consent. They also offer interventions, supportive measures, and healing options.



(650) 497 - 4955

sharetitleix.stanford.edu

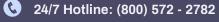


**™** titleix@stanford.edu

## YWCA @ Stanford 🔒



YWCA Silicon Valley is an independent confidential resource with no reporting obligations to the university. Services include Stanford advocacy, criminal advocacy, personal advocacy, forensic exam accompaniment, legal services, counseling/therapy and more.



Stanford Line: (408) 649- 7686







