

SPRINTS

50 METERS

	YEAR	TIME
1. Chryste Gaines	1991	6.25
2. Pam Donald	1980	6.65

55 METERS

	YEAR	TIME
1. Chryste Gaines	1991	6.80
2. Wilsa Charles	1999	7.00
3. Rhonda Oliver	1993	7.13
4. Lindsey Johnson	2002	7.34
5. Jackie Edwards	1989	7.39
5. Jackie Bridgeman	1994	7.39
7. Monica Hoggatt`	1994	7.44
8. Robyn Woolfolk	1999	7.61
9. Anne Lee	1994	7.68
10. Lillian Bush	2001	7.74

60 METERS

	YEAR	TIME
1. Chauntae Bayne	2006	7.21
2. Janice Davis	2006	7.30
3. Jakki Bailey	2003	7.35
4. Griffin Matthew	2007	7.45
5. Shataya Hendricks	2008	7.55
6. Ashley Purnell	2005	7.56
7. Wilsa Charles	2000	7.71
8. Alana Walker	2006	7.73
9. Undine Becker	2004	7.76
10. Nashonme Johnson	2004	7.84

55 METER HURDLES

	YEAR	TIME
1. Jackie Bridgeman	1994	7.38
2. Monica Hoggatt	1994	7.48
3. Anne Lee	1994	7.70
4. Tracye Lawyer	1997	8.02
4. Lindsey Johnson	2002	8.02
6. Florence Adu	1994	8.06
7. Christy Boyd	1993	8.10
8. Bernadette Armand	1997	8.11
9. Peggy Odita	1989	8.19
9. Robyn Woolfolk	1999	8.19

60 METER HURDLES

	YEAR	TIME
1. Lindsey Johnson	2002	8.42
2. Undine Becker	2003	8.62
3. Lillian Bush	2003	8.63
4. Robyn Woolfok	2002	8.67
5. Whitney Liehr	2008	8.72

6. Tracye Lawyer	1998	8.77
6. Lauren Stewart	2006	8.77
8. Julie Farrell	2002	8.78
9. Nora Miller	2008	8.89

200 METERS

	YEAR	TIME
1. Chauntae Bayne	2006	22.77
2. Janice Davis	2006	23.26
3. Ashley Purnell	2003	23.88
4. Jakki Bailey	2006	24.02
5. Christine Moschella	2005	24.08
6. Shataya Hendricks	2008	24.48
7. Wilsa Charles	2000	24.53
7. Alana Walker	2006	24.53
9. Nashonme Johnson	2005	24.71
10. Rhonda Oliver	1993	24.88

300 METERS

	YEAR	TIME
1. Shataya Hendricks	2008	39.43
2. Idara Otu	2008	40.15
3. Margaret Demorest	1982	40.7

400 METERS

	YEAR	TIME
1. Ashley Purnell	2005	53.57
2. Jayna Smith	2000	53.76
3. Ashley Freeman	2004	54.16
4. Nashonme Johnson	2004	54.35
5. Christine Moschella	2005	54.66
6. Keisha Gaines	2006	55.20
7. Heather Miller	1997	55.62
8. Idara Otu	2006	55.79
9. Chinny Offor	2004	56.33
10. Danielle Spurlock	1999	56.85

MID-DISTANCE/DISTANCE

800 METERS

	YEAR	TIME
1. Lindsay Hyatt	2000	2:05.95
2. Ashley Freeman	2006	2:06.85
3. Maurica Carlucci	2002	2:07.51
4. Regina Jacobs	1982	2:07.6
5. Chinny Offor	2004	2:08.23
6. Ashley Couper	2001	2:08.35
7. Katie Hotchkiss	2003	2:08.53
8. Alicia Follmar	2008	2:08.59
9. Malindi Elmore	2003	2:08.78
10. Kaylin Pennington	2006	2:09.57

1,500 METERS

	YEAR	TIME
1. PattiSue Plumer	1983	4:23.5
2. Ann Wotherspoon	1980	4:52.5

MILE

	YEAR	TIME
1. PattiSue Plumer	1983	4:37.0
2. Arianna Lambie	2008	4:38.01
3. Lauren Fleshman	2002	4:38.48
4. Malindi Elmore	2003	4:39.48
5. Lauren Centrowitz	2008	4:40.13
6. Katy Trotter	2006	4:41.11
7. Alicia Follmar	2008	4:41.15
8. Sara Bei	2004	4:42.17
9. Julia Stamps	1999	4:42.95
10. Sally Glynn	1999	4:43.41

3,000 METERS

	YEAR	TIME
1. Patti Sue Plumer	1983	8:53.1
2. Arianna Lambie	2007	9:00.60
3. Lauren Fleshman	2003	9:01.48
4. Sara Bei	2004	9:05.02
5. Alicia Craig	2003	9:07.88
6. Teresa McWalters	2006	9:09.19
7. Alison Wiley	1991	9:11.1
8. Katy Trotter	2006	9:12.36
9. Amanda Trotter	2006	9:13.76
10. Julia Stamps	1999	9:16.47

5,000 METERS

	YEAR	TIME
1. Arianna Lambie	2007	15:37.97
2. Alicia Craig	2003	15:43.04
3. Lauren Fleshman	2003	15:47.36
4. Anita Siraki	2005	16:07.18
5. Louise Watson	1994	16:11.52
6. Mary Cobb	2001	16:13.57
7. Kortney Dunscombe	1995	16:17.12
8. Sarna Renfro	1998	16:18.27
9. Alexandra Gits	2008	16:29.14
10. Katie Harrington	2008	16:30.79

RELAYS

1,600 METER RELAY

	YEAR	TIME
1. Stanford	2005	3:34.92
Christine Moschella, Janice Davis, Ashley Freeman, Ashley Purnell		
2. Stanford	2006	3:36.80
Keisha Gaines, Nathonme Johnson, Chauntae Bayne, Janice Davis		
3. Stanford	2005	3:38.51
Chinny Offor, Christine Moschella, Nathonme Johnson, Ashley Freeman		
4. Stanford	2005	3:38.91
Nathonme Johnson, Ashley Purnell, Ashley Freeman, Christine Moschella		
5. Stanford	2004	3:40.19
Chinny Offor, Nathonme Johnson, Keisha Gaines, Ashley Freeman		
6. Stanford	2004	3:41.62

Nathonme Johnson, Janice Davis, Ashley Freeman, Keisha Gaines		
7. Stanford	2005	3:43.05
Chinny Offor, Ashley Purnell, Laura Mottaz, Janice Davis		
8. Stanford	2003	3:43.37

Nathonme Johnson, Ashley Purnell, Chauntae Bayne, Christine Moschella		
9. Stanford	2008	3:43.63
Shataya Hendricks, Idara Otu, Claire Cormier Thielke, Nora Miller		
10. Stanford	2004	3:44.64
Chinny Offor, Janice Davis, Nathonme Johnson, Ashley Freeman		

DISTANCE MEDLEY RELAY YEAR TIME

(1,200, 400, 800, 1,600)

1. Stanford	2000	11:01.56
Sally Glynn, Jayna Smith, Lindsay Hyatt, Lauren Fleshman		
2. Stanford	2006	11:05.03
Katy Trotter, Keisha Gaines, Ashley Freeman, Arianna Lambie		
3. Stanford	2003	11:05.16
4. Stanford	2006	11:06.68
Katy Trotter, Janice Davis, Ashley Freeman, Arianna Lambie		
5. Stanford	2004	11:07.15
6. Stanford	2005	11:07.81
Arianna Lambie, Christine Moschella, Ashley Freeman, Katy Trotter		
7. Stanford	2008	11:08.56
Lauren Centrowitz, Idara Otu, Alicia Follmar, Arianna Lambie		
8. Stanford	2004	11:08.67
Katy Trotter, Chinny Offor, Katie Hotchkiss, Sara Bei		
9. Stanford	2005	11:08.81
Katy Trotter, Christine Moschella, Chinny Offor, Sara Bei		
10. Stanford	2002	11:09.13
Lauren Fleshman, Christine Moschella, Maurica Carlucci, Lindsey Hyatt		

FIELD

HIGH JUMP

	YEAR	MARK
1. Lisa Bernhagen	1987	6-5 1/2 (1.97m)
2. Tracye Lawyer	1997	6-0 3/4 (1.85m)
3. Kimberly Stone	2001	5-10 3/4 (1.80m)
4. Karen Lysaght	1983	5-8 (1.73m)
4. Lauren Stewart	2007	5-8 (1.73)
6. Denise Gatzamide	1984	5-8 (1.73m)
7. Peggy Odita	1989	5-8 (1.73m)
8. Tracye Lawyer	1999	5-7 3/4 (1.72m)
9. Lindsay Gannaway	2004	5-7 (1.70m)
10. Kara Bennett	2008	5-6 1/2 (1.69m)

LONG JUMP

	YEAR	MARK
1. Jackie Edwards	1992	21-8 3/4 (6.62m)
2. Erica McLain	2008	21-3 1/2 (6.49m)
3. Arantxa King	2008	21-0 3/4 (6.42m)
4. Griffin Matthew	2007	20-6 1/2 (6.26m)
5. Sabrina Nettey	2008	20-5 (6.22m)
6. Brittni Dixon-Smith	2008	20-1 3/4 (6.14m)
7. Undine Becker	2004	19-10 3/4 (6.06m)
8. Julie Tinker	2001	19-9 3/4 (6.04m)
9. Pam Donald	1983	19-8 3/4 (6.01m)
10. Tara Oettinger	1999	19-8 (5.99m)

POLE VAULT

	YEAR	MARK
1. Anna McFarlane	2006	13-1 (3.99m)
2. Kathleen Donoghue	2002	13-0 1/4 (3.97m)
3. Melissa Feinstein	1998	12-9 (3.89m)
4. Samantha Shepard	2004/05	12-8 3/4(3.88m)
5. Leila Ben-Youssef	2005	12-8 3/4 (3.88m)
6. Caitlin Hewitt	2008	12-7 1/4 (3.84m)
7. Tyra Holt	1997	12-0 1/2 (3.67m)
8. Anna McFarlane	2008	11-6 1/4 (3.51)
8. Ashley Carroll	2002	10-11 3/4(3.35m)
9. Jen Dalton	1995	10-0 (3.05m)

SHOT PUT

	YEAR	MARK
1. Jillian Camarena	2003/04	57-2 3/4(17.44m)
2. Pam Dukes	1987	57-1 (17.40m)
3. Carol Cady	1983	54-7 (16.64m)
4. Melissa Yunghans	2006	49-11 3/4 (15.23m)
5. Michaela Wallerstedt	2008	47-11 1/4 (14.61m)
6. Katrinka Jackson	1997	47-6 1/4 (14.48m)
7. Gina Heads	1995	46-6 1/4 (14.18m)
8. Katrinka Jackson	1998	45-9 (13.94m)
9. Tracye Lawyer	1997	44-10 3/4 (13.68m)
10. Cassie Romuld	1999	47-5 1/4 (14.46m)

TRIPLE JUMP

	YEAR	MARK
1. Erica McLain	2005	45-7 1/4 (13.90m)
2. Jackie Edwards	1992	42-6 (12.95m)
3. Arantxa King	2008	42-0 (12.80m)
4. Lauren Stewart	2006	41-3 3/4 (12.59m)
5. Deborah Akinniyi	2006	40-11 1/2 (12.48m)
6. Undine Becker	2004	40-8 1/4 (12.40m)
7. Florence Adu	1995	40-5 1/2 (12.33m)
8. Julie Tinker	2000	40-5 1/2 (12.33m)
9. Sabrina Nettey	2008	40-3 1/4 (12.27m)
10. Whitney Liehr	2008	39-10 (12.14m)

20-LB WEIGHT

	YEAR	MARK
1. Jessica Pluth	2003	61-11 (18.87m)
2. Maureen Onyeagbako	2001	61-7 (18.77m)
3. Summer Pierson	2000	57-11 (17.65m)
4. Sarah Hopping	2005	56-8 1/2 (17.28m)
5. Katy Elsbury	2004	55-11 (17.04m)
6. Melissa Yunghans	2008	55-9 3/4 (17.01m)
7. Jaynie Goodbody	2008	55-5 3/4 (16.91m)
8. Jessica Pluth	2002	54-8 (16.66m)
9. Maggie Isaac	1999	54-6 3/4 (16.63m)
10. Sami Jo Small	1996	49-11 (15.21m)

PENTATHLON

	YEAR	MARK
1. Lauren Stewart	2006	3,788 points
2. Whitney Liehr	2008	3,593 points
3. Sally Mills	2004	3,417 points

YARDS**TWO MILE RUN**

	YEAR	TIME
1. Kim Schnurpfeil	1980	10:01.89

MILE RELAY

	YEAR	TIME
1. Stanford	1983	3:54.0
Marcia Martin, Regina Jacobs, Pam Board, Terri Givens		
2. Stanford	1981	3:59.6
Pam Donald, Lynnae Warren, Shelley Poerio, Marcia Martin		

DISTANCE MEDLEY

	YEAR	TIME
(1,200, 440, 880, mile)		
1. Stanford	1994	11:53.13
Melissa Freeburg, Dena Dey, Leila Burr, Christy Boyd		