

STANFORD MEN'S TRACK AND FIELD

FRESHMEN ALL-TIME TOP 5

Thru May 23, 2023

True freshmen only

| 100 Meters | Year | Time |
|-----------------------|-------------|-------------|
| 1. Udodi Onwuzurike | 2022 | 10.03 |
| 2. Wopamo Osaisai | 2005 | 10.39 |
| 3. Gabriel Navarro | 2018 | 10.43 |
| 4. Stanley Wilson | 2001 | 10.47 |
| 5. Isaiah Brandt-Sims | 2015 | 10.53 |

| 200 Meters | Year | Time |
|-----------------------|-------------|-------------|
| 1. Udodi Onwuzurike | 2022 | 20.08 |
| 2. Isaiah Brandt-Sims | 2015 | 20.93 |
| 3. Wopamo Osaisai | 2005 | 21.04 |
| Gabriel Navarro | 2018 | 21.04 |
| 5. Gordon Banks | 1977 | 21.24c |

Note: Banks ran a hand-timed 21.0

| 400 Meters | Year | Time |
|----------------------|-------------|-------------|
| 1. Steven Solomon | 2013 | 46.12 |
| 2. Rene Rodriguez | 1993 | 46.46 |
| 3. Andrew Dargie | 2008 | 46.53 |
| 4. Harrison Williams | 2015 | 47.16 |
| 5. Amaechi Morton | 2009 | 47.29 |

| 800 Meters | Year | Time |
|--------------------|-------------|-------------|
| 1. Gabe Jennings | 1998 | 1:46.99 |
| 2. John Schaer | 1979 | 1:48.44c |
| 3. John Lester | 2022 | 1:48.49 |
| 4. Mark Hassell | 1998 | 1:49.07 |
| 5. Michael Stember | 1997 | 1:49.33 |

Note: Schaer ran a hand-timed 1:48.3.

| 1,500 Meters | Year | Time |
|---------------------|-------------|-------------|
| 1. Donald Sage | 2001 | 3:39.27 |
| 2. Gabe Jennings | 1998 | 3:40.54 |
| 3. Andy Powell | 2000 | 3:40.65 |
| 4. Russell Brown | 2005 | 3:41.72 |
| 5. Marc Olesen | 1984 | 3:41.84c |

Note: Olesen ran a hand-timed 3:41.7.

| Mile | Year | Time |
|--------------------|-------------|-------------|
| 1. Gabe Jennings | 1998 | 3:59.32 |
| 2. Zane Bergen | 2023 | 4:01.67i |
| 3. Matt Rizzo | 2020 | 4:02.09i |
| 4. Jonathon Riley | 1998 | 4:02.50 |
| 5. Michael Stember | 1997 | 4:02.72 |

| 3,000-Meter Steeplechase | Year | Time |
|---------------------------------|-------------|-------------|
| 1. Ky Robinson | 2021 | 8:32.01 |
| 2. Jonathan Pierce | 2004 | 9:00.35 |
| 3. J.T. Sullivan | 2008 | 9:01.40 |
| 4. Ian Dobson | 2002 | 9:03.06 |
| 5. Jonathon Riley | 1998 | 9:03.59 |

| 5,000 Meters | Year | Time |
|---------------------|-------------|-------------|
| 1. Chris Derrick | 2009 | 13:29.98 |
| 2. Grant Fisher | 2016 | 13:30.13 |
| 3. Brent Hauser | 1997 | 13:39.75 |
| 4. Brad Hauser | 1998 | 13:42.49 |
| 5. Thomas Boyden | 2021 | 13:42.63 |

| 10,000 Meters | Year | Time |
|----------------------|-------------|-------------|
| 1. Nolan Topper | 2022 | 28:44.15 |
| 2. Brent Hauser | 1997 | 28:46.35 |
| 3. Louis Luchini | 2000 | 28:54.30 |
| 4. Brad Hauser | 1997 | 29:02.58 |
| 5. Ian Dobson | 2002 | 29:06.41 |

| 110-Meter Hurdles | Year | Time |
|--------------------------|-------------|-------------|
| 1. Myles Bradley | 2006 | 14.36 |
| 2. Peter Kolotouros | 1988 | 14.41 |
| 3. Michael Harte | 1997 | 14.44 |
| 4. Joseph Jackson | 2007 | 14.50 |
| 5. Harrison Williams | 2015 | 14.51 |

| 400-Meter Hurdles | Year | Time |
|--------------------------|-------------|-------------|
| 1. Amaechi Morton | 2009 | 50.11 |
| 2. Julian Body | 2017 | 51.62 |
| 3. Daniel Brady | 2015 | 52.52 |
| 4. Garry Shumway | 1979 | 53.04 |
| 5. Matt Hogsett | 1973 | 53.14c |

Note: Hogsett ran a hand-timed 53.0.

| High Jump | Year | Mark |
|---------------------|-------------|----------------|
| 1. Brian Marshall | 1985 | 7-3 1/2 (2.23) |
| 2. Michael Ponikvar | 1999 | 7-3 (2.21) |
| 3. Dartis Willis II | 2012 | 7-0 1/2 (2.17) |
| 4. Jules Sharpe | 2010 | 7-1 (2.16) |
| 5. Travis Clark | 1992 | 7-0 1/2 (2.15) |

| Pole Vault | Year | Mark |
|-------------------|-------------|-----------------|
| 1. Garrett Brown | 2022 | 17-9 1/4 (5.42) |
| 2. Toby Stevenson | 1997 | 17-8 3/4 (5.41) |
| 3. Dylan Duvio | 2014 | 17-6 1/2 (5.35) |
| 4. Max Manson | 2020 | 17-1i (5.21) |
| 5. Donell Hill | 2006 | 16-7 1/4 (5.06) |

| Long Jump | Year | Mark |
|------------------|-------------|------------------|
| 1. Darrin Nelson | 1978 | 25-7 1/2 (7.81) |
| 2. James Lofton | 1975 | 25-3 1/4 (7.70) |
| 3. Tom Anderson | 1970 | 24-10 1/2 (7.58) |
| 4. Albert Dyson | 1970 | 24-5 (7.44) |
| 5. Allan Hunter | 2021 | 24-3 3/4 (7.41) |

| Triple Jump | Year | Mark |
|---------------------|-------------|------------------|
| 1. Allen Meredith | 1970 | 52-3 (15.93) |
| 2. Solomon Welch | 2005 | 51-9 (15.77) |
| 3. Ian Arnold | 1968 | 51-8 1/2 (15.76) |
| 4. Feranmi Okanlami | 2006 | 51-4 1/2 (15.66) |
| 5. Tom Massey | 1969 | 51-1 1/2 (15.58) |

| Shot Put | Year | Mark |
|------------------------|-------------|-------------------|
| 1. Terry Albritton | 1973 | 61-6 1/2 (18.76) |
| 2. Pete Swanson | 1994 | 58-3 1/4 (17.76) |
| 3. Tristen Newman | 2015 | 56-11 1/2 (17.36) |
| 4. Andy Papathanassiou | 1988 | 56-9 1/4 (17.30) |
| 5. Bruce Wilhelm | 1964 | 56-2 (17.12) |

| Discus | Year | Mark |
|--------------------|-------------|---------------|
| 1. Omer Inan | 2000 | 188-3 (57.38) |
| 2. Geoffrey Tabor | 2009 | 186-8 (56.89) |
| 3. Glenn Schneider | 1986 | 185-0 (56.38) |
| 4. Jeff Buckey | 1994 | 177-3 (54.04) |
| 5. Dan Schaefer | 2005 | 176-0 (53.65) |

| Hammer | Year | Mark |
|--------------------|-------------|----------------|
| 1. Adam Connolly | 1995 | 208-0 (63.40) |
| 2. Shaun Pickering | 1982 | 207-9 (62.32) |
| 3. Max McKhann | 2019 | 203-0 (61.87) |
| 4. Nick Welihozkiy | 2000 | 200-4 (61.06) |
| 5. Mason McKhann | 2021 | 170-10 (52.07) |

| Javelin | Year | Mark |
|---------------------|-------------|---------------|
| 1. Chad Wassink | 1999 | 211-4 (64.41) |
| 2. Andrew Rondema | 2013 | 203-2 (61.92) |
| 3. Aaron Konigsberg | 2011 | 199-8 (60.85) |
| 4. Charlie Kerr | 2013 | 197-6 (60.20) |
| 5. Bryan Kelley | 2003 | 184-2 (56.15) |

| Decathlon | Year | Points |
|----------------------|-------------|---------------|
| 1. Harrison Williams | 2015 | 7,806 |
| 2. Jason Goff | 2000 | 7,007 |
| 3. Michael Heise | 1980 | 6,600* |
| 4. Josh Gleason | 1995 | 6,483 |
| 5. Corey Dysick | 2008 | 6,345 |

* Heise's score is from the old scoring tables, but his marks are unavailable and therefore his adjusted scores are unknown.

Also:

| 60 Meters | Year | Mark |
|---------------------|-------------|-------------|
| 1. Udodi Onwuzurike | 2022 | 6.67i |
| 2. Dorien Simon | 2020 | 6.80i |
| 3. Gabriel Navarro | 2018 | 6.92i |
| 4. John McKeeman | 2002 | 6.93i |
| 5. Daniel Belch | 2007 | 6.97i |

| 600 Meters | Year | Mark |
|-------------------|-------------|-------------|
| 1. Louis Stenmark | 2018 | 1:21.86i |
| 2. Colin Dolese | 2015 | 1:23.04i |

| 1,000 Meters | Year | Mark |
|---------------------|-------------|-------------|
| 1. Scott Buttinger | 2014 | 2:22.58i |
| 2. Brandon McGorty | 2018 | 2:23.56i |
| 3. Matt Rizzo | 2020 | 2:27.56i |
| 4. Tai Dinger | 2015 | 2:28.71i |
| 5. Thomas Coyle | 2014 | 2:30.27i |

| 3,000 Meters | Year | Mark |
|---------------------|-------------|-------------|
| 1. Chris Derrick | 2009 | 7:56.31 |
| 2. Gabe Jennings | 1998 | 7:58.40 |
| 3. Devin Hart | 2020 | 8:02.47i |
| 4. Clayton Mendez | 2019 | 8:04.36i |
| 5. Zane Bergen | 2023 | 8:04.73i |

| 60-Meter Hurdles | Year | Mark |
|-------------------------|-------------|-------------|
| 1. Myles Bradley | 2006 | 8.03i |
| 2. Harrison Williams | 2015 | 8.19i |
| 3. Julian Body | 2017 | 8.33i |
| 4. Jack Herkert | 2018 | 8.49i |

| 35-pound Weight Throw | Year | Mark |
|------------------------------|-------------|------------------|
| 1. Aiden Paul | 2022 | 54-4 3/4 (16.58) |
| 2. James Wright | 2022 | 53-0 1/4 (16.16) |
| 3. Jeremy Hines | 2011 | 48-3 1/2 (14.72) |
| 4. Garin Gross | 2022 | 34-0 1/4 (10.37) |

| Heptathlon | Year | Mark |
|----------------------|-------------|-------------|
| 1. Harrison Williams | 2015 | 5,539 |
| 2. Jack Herkert | 2018 | 4,860 |
| 3. Corey Dysick | 2008 | 4,848 |
| 4. Darien Bailey | 2010 | 4,558 |
| 5. Kevin Cardey | 2010 | 4,475 |

| Decathlon (Jr.) | Year | Mark |
|------------------------|-------------|-------------|
| 1. Harrison Williams | 2015 | 8,037 |