



**2024 Stanford Invitational || FINAL Time Schedule**  
**Cobb Track and Angell Field**  
**March 29 - 30, 2024**



FRIDAY    FIELD EVENTS		
Time	Event	Notes
9:00 AM	Men's Javelin Collegiate	2 Flights (9 to Final)
10:00 AM	Men's Hammer Collegiate	2 Flights (9 to Final)
11:00 AM	Women's Shot Put Invitational (Ring 1)	1 Flight (9 to Final)
11:00 AM	Women's Shot Put Collegiate (Ring 2)	2 Flights (9 to Final)
11:00 AM	Women's Javelin Invitational	1 Flight (9 to Final)
11:00 AM	Women's Pole Vault Collegiate	1 Flight
11:30 AM	Men's Long Jump Collegiate	2 Flights (9 to Final)
11:30 AM	Women's Long Jump Collegiate	2 Flights (9 to Final)
1:00 PM	Men's High Jump	2 Flights (High Pit/Low Pit)
1:30 PM	Men's Javelin Invitational	1 Flight (9 to Final)
2:30 PM	Women's Pole Vault Invite	1 Flight
2:45 PM	Men's Long Jump Invitational	1 Flight (9 to Final)
2:45 PM	Women's Long Jump Invitational	1 Flight (9 to Final)
3:00 PM	Women's Hammer Invitational	1 Flight (9 to Final)
3:30 PM	Women's High Jump	2 Flights (High Pit/Low Pit)
4:00 PM	Men's Discus Invitational	1 Flight (9 to Final)
5:30 PM	Boys' Pole Vault	1 Flight
5:30 PM	Girls' Long Jump	2 Flights (9 to Final)
5:30 PM	Boys' Long Jump	2 Flights (9 to Final)
6:00 PM	Men's Discus Collegiate	2 Flights (9 to Final)

SATURDAY    FIELD EVENTS		
Time	Event	Notes
9:00 AM	Boys' Discus	2 Flights (9 to Final)
9:30 AM	Girls' Pole Vault	1 Flight
10:00 AM	Boys' Triple Jump	2 Flights (9 to Final)
10:00 AM	Girls' Triple Jump	2 Flights (9 to Final)
10:00 AM	Girls' High Jump	1 Flight
10:00 AM	Women's Hammer Collegiate	2 Flights (9 to Final)
11:00 AM	Girls' Discus	2 Flights (9 to Final)
1:00 PM	Boys' High Jump	1 Flight
1:00 PM	Men's Triple Jump Collegiate	2 Flights (9 to Final)
1:00 PM	Women's Triple Jump Collegiate	2 Flights (9 to Final)
1:00 PM	Boys' Shot Put (Ring 1)	2 Flights (9 to Final)
1:00 PM	Girls' Shot Put (Ring 2)	2 Flights (9 to Final)
1:00 PM	Women's Javelin Collegiate	2 Flights (9 to Final)
1:00 PM	Men's Hammer Invitational	1 Flight (9 to Final)
1:00 PM	Men's Pole Vault Invite	1 Flight
3:00 PM	Women's Discus Invitational	1 Flight (9 to Final)
3:00 PM	Men's Shot Put Invitational (Ring 1)	1 Flight (9 to Final)
3:00 PM	Men's Shot Put Collegiate (Ring 2)	2 Flights (9 to Final)
3:30 PM	Men's Triple Jump Invitational	1 Flight (9 to Final)
3:30 PM	Women's Triple Jump Invitational	1 Flight (9 to Final)
4:00 PM	Men's Pole Vault Collegiate	1 Flight
5:00 PM	Women's Discus Collegiate	2 Flights (9 to Final)

FRIDAY    TRACK EVENTS		
Time	Events	Section/Advancement Procedure
9:00 AM	Men's 5000m	#6
9:18 AM	Men's 5000m	#5
9:36 AM	Men's 5000m	#4
9:54 AM	Women's 5000m	#5
10:14 AM	Women's 5000m	#4
10:37 AM	Women's 100mH Prelims	6 Heats (9 to Final - Winner + Times)
11:03 AM	Men's 110mH Prelims	4 Heats (9 to Final - Winner + Times)
11:22 AM	Women's 100m Prelims	8 Heats (9 to Final - Winner + Times)
11:54 AM	Men's 100m Prelims	6 Heats (9 to Final - Winner + Times)
12:19 PM	Women's 1500m	#7
12:25 PM	Women's 1500m	#6
12:31 PM	Women's 1500m	#5
12:37 PM	Women's 1500m	#4
12:43 PM	Men's 1500m	#6
12:49 PM	Men's 1500m	#5
12:55 PM	Men's 1500m	#4
1:04 PM	Women's 400m	5 Heats
1:24 PM	Men's 400m	6 Heats
1:49 PM	Girls' 3200m	1 Heat
2:04 PM	Boys' 3200m	1 Heat
2:20 PM	Girls' 400mH (30")	2 Heats
2:28 PM	Women's 400mH	4 Heats
2:46 PM	Boys' 400mH (36")	2 Heats
2:54 PM	Men's 400mH	4 Heats
3:14 PM	Girls' Distance Medley Relay	2 Heats
3:46 PM	Boys' Distance Medley Relay	2 Heats
4:13 PM	Women's 200m	8 Heats
4:45 PM	Men's 200m	7 Heats
<b>Meet Break</b>		
5:20 PM	Women's 3000m Steeple	#3
5:34 PM	Women's 3000m Steeple	#2
5:48 PM	Women's 3000m Steeple Invitational	#1
6:03 PM	Men's 3000m Steeple	#4
6:16 PM	Men's 3000m Steeple	#3
6:29 PM	Men's 3000m Steeple	#2
6:42 PM	Men's 3000m Steeple Invitational	#1
6:55 PM	Women's 1500m	#3
7:01 PM	Women's 1500m	#2
7:07 PM	Women's 1500m Invitational	#1
7:13 PM	Men's 1500m	#3
7:19 PM	Men's 1500m	#2
7:25 PM	Men's 1500m Invitational	#1
7:36 PM	Women's 5000m	#3
7:56 PM	Women's 5000m	#2
8:16 PM	Men's 5000m	#3
8:34 PM	Men's 5000m	#2
8:52 PM	Women's 5000m Invitational	#1
9:11 PM	Men's 5000m Invitational	#1
9:29 PM	Women's 10000m Invitational	#1
10:08 PM	Men's 10000m Invitational	#1
10:43 PM	Women's 10000m	#2
11:22 PM	Men's 10000m	#2

SATURDAY    TRACK EVENTS		
Time	Events	Section/Advancement Procedure
10:00 AM	Girls' 4x100m Relay Prelims	4 Heats
10:20 AM	Boys' 4x100m Relay Prelims	4 Heats
10:40 AM	Girls' 1600m	2 Heats
10:56 AM	Boys' 1600m	2 Heats
11:11 AM	Girls' 100mH Prelims	4 Heats (Top 9 Times to Final)
11:28 AM	Boys' 110mH Prelims	3 Heats (Top 9 Times to Final)
11:42 AM	Girls' 100m Prelims	4 Heats (Top 9 Times to Final)
11:56 AM	Boys' 100m Prelim	4 Heats (Top 9 Times to Final)
<b>Lori Maynard Kids Half Lapper</b>		
<b>Recognition Announcements i.e. Thank you of Officials, Coaches, Parents</b>		
<b>National Anthem</b>		
12:35 PM	Women's 4x100m Relay	3 Heats
12:47 PM	Men's 4x100m Relay	3 Heats
12:59 PM	Girls' 4x100m Relay	Final (9 Qualifiers)
1:04 PM	Boys' 4x100m Relay	Final (9 Qualifiers)
1:09 PM	Girls' 800m	2 Heats
1:20 PM	Boys' 800m	2 Heats
1:31 PM	Women's 800m	8 Heats
1:59 PM	Men's 800m	8 Heats
2:29 PM	Girls' 400m	3 Heats
2:41 PM	Boys' 400m	3 Heats
2:56 PM	Girls' 100H	Final (9 Qualifiers)
3:02 PM	Women's 100mH	Final (9 Qualifiers)
3:09 PM	Boys' 110mH	Final (9 Qualifiers)
3:15 PM	Men's 110mH	Final (9 Qualifiers)
3:22 PM	Girls' 100m	Final (9 Qualifiers)
3:26 PM	Women's 100m	Final (9 Qualifiers)
3:30 PM	Boys' 100m	Final (9 Qualifiers)
3:34 PM	Men's 100m	Final (9 Qualifiers)
<b>Stanford Senior Recognition</b>		
4:25 PM	Girls' 4x400m Relay	4 Heats
4:53 PM	Boys' 4x400m Relay	3 Heats
5:14 PM	Women's 4x400m Relay	3 Heats
5:35 PM	Men's 4x400m Relay	3 Heats