



# STANFORD

## WOMEN'S SWIMMING & DIVING

2017 NCAA Championships • March 15-18 • Indianapolis, Ind.



### NEWS & NOTES

**No. 1 Stanford will send 16 women—14 swimmers and two divers—to the NCAA Championships in Indianapolis, Indiana, Wednesday through Saturday. Fresh off a Pac-12 championship, Stanford eyes its first NCAA title since 1998.**

**MORE CARDINAL:** Stanford's 16 qualifiers is three more than the Cardinal sent to the NCAA meet last year – 13 traveled to Atlanta (10 swimmers, three divers) and finished as the national runner-up. In addition, Stanford has an additional 17 swims from last year – the Cardinal had 25 individual entries in 2016, but upped that to 42 this year.

**YOUNG FACES:** Only two of Stanford's 16 NCAA qualifiers are true seniors (Lia Neal and Nicole Stafford). The rest of the Cardinal will be back in 2017-18. It will be a fairly young squad as more than half are underclassmen – six freshmen and three sophomores – but also an experienced group as 10 of the 16 bring NCAA experience (only the freshmen will be making their NCAA debuts).

**TOP SEEDS:** Stanford has an individual favorite in 10 of the 13 swimming events, and is the favorite in four of five relays. That includes every freestyle race as Simone Manuel enters the meet with the fastest times in the country this year in the 50, 100 and 200 free, and freshman Katie Ledecky has posted the top times in the 500 and 1650 free. Sophomore Ella Eastin owns the fastest finishes in the 200 butterfly and both individual medleys this year, while Janet Hu is the top seed in the 100 butterfly and Ally Howe is the favorite in the 100 backstroke.

**NCAA TEAM HISTORY:** The Cardinal has registered 36 straight top-eight finishes (every year the NCAA has sponsored a championship meet), and 12 top-five showings in the last 13 years. Stanford has won the NCAA title eight times, the most of any team in the nation, and won an AIAW title in 1980. The Cardinal last raised a championship banner in 1998. Under head coach Greg Meehan, Stanford has finished eighth (2013), second (2014), third (2015) and second (2016) at the national championship meet.

**LAST YEAR:** At the 2016 NCAA Championships in Atlanta, Georgia, Stanford was within striking distance of the national title heading into the final event, but finished with its second runner-up finish in three years. In all, Stanford had 10 different All-Americans combine for 35 All-America honors, three individual national championships (Ella Eastin swept the medleys and Gracia Leydon Mahoney was tops on the platform) and two NCAA relay titles (both medleys).

**PAC-12 CHAMPIONS:** Stanford won its Pac-12 record 20th conference championship. After three straight runner-up finishes, the Cardinal finished atop the conference for the first time since 2013. The Cardinal garnered 1,587 points to top runner-up Cal's 1,392 points and USC, which finished third with 1,250 points. Stanford set five American records and won 15 of the 21 events, and freshman Katie Ledecky was named Swimmer of the Meet.

**REGULAR SEASON RECAP:** For the second straight year, Stanford (8-0, 7-0 Pac-12) finished unbeaten in dual meets. Five of the eight victories came against teams ranked in the Top 20, including three against foes in the top five – No. 2 Texas, No. 3 Cal and No. 4 USC. The Cardinal topped the Longhorns, 161-137, on Nov. 12 in Palo Alto and also defeated the Trojans at Avery Aquatic Center, 202-98, on Jan. 28. Most recently, Stanford won the Big Swim at rival Cal, 177-123, on Feb. 11.



**FOLLOW THE CARDINAL (@STANFORDWSWIM):** Stanford women's swimming and diving can be found on Instagram, Twitter and Snapchat.

### 2016-17 SCHEDULE

Record: 8-0 (7-0 Pac-12)

Oct. 14. . . . . at Oregon State . . . . . 141-109, W  
Oct. 20. . . . . Washington State . . . . . 149-99, W  
Nov. 12 . . . . . #4 Texas. . . . . 161-137, W  
Nov. 18-20 . . . . . Ohio State Invitational. . . . . 1st/10

Jan. 20 . . . . . at Arizona State. . . . . 178-113, W  
Jan. 21 . . . . . at #17 Arizona . . . . . 190-104, W  
Jan. 27 . . . . . #19 UCLA. . . . . 127-104, W  
Jan. 28 . . . . . #4 USC . . . . . 202-98, W  
Feb. 11 . . . . . at #2 Cal . . . . . 177-123, W

#### Pac-12 Conference Swimming Championships (Federal Way, Wash.)

Feb. 22-25. . . . . Pac-12 Championships. . . . . 1st

#### NCAA Zone Diving Championships (Flagstaff, Ariz.)

March 6-8 . . . . . Zone E Diving. . . . . NTS

#### NCAA Championships (Indianapolis, Ind.)

Mar. 15-18 . . . . . NCAA Championships . . . . . TBA

#### U.S. World Championships Trials (Indianapolis, Ind.)

Jun. 28-Jul. 2US World Championship Trials. . . . . TBA

#### World Championships (Budapest, Hungary)

July 23-30. . . . . World Championships. . . . . TBA

### ORDER OF EVENTS

**Wednesday**  
800 Free Relay

**Thursday**  
200 Free Relay  
500 Free  
200 IM  
50 Free  
400 Medley Relay  
1-Meter Diving

**Friday**  
400 IM  
100 Fly  
200 Free  
100 Breast  
100 Back  
200 Medley Relay  
3-Meter Diving

**Saturday**  
1650 Free  
200 Back  
100 Free  
200 Breast  
200 Fly  
400 Free Relay

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### No. 1 STANFORD CARDINAL (8-0, 7-0 Pac-12)

**Head Coach:** Greg Meehan (Fifth season • Rider '01)

**Assistant Coach:** Tracy Slusser (Fifth season • Purdue '06)

**Diving Coach:** Patrick Jeffrey (Third season • Ohio State '88)

**Volunteer Assistant Coach:** Joey Sementelli (Second season • UMBC '08)

Name	Event	Ht.	Yr.	Major	Hometown (High School)
Bridget Boushka	Free/Fly	5-5	Sr.	Mgmt. Science and Engineering	Austin, Texas (St. Michael's Catholic Academy)
Hannah Boyd	Free	5-7	Fr.	Undeclared	Lexington, Ill. (University High School)
Brickelle Bro	Free	5-9	So.	Undeclared	Castle Pines, Colo. (Rock Canyon)
Megan Byrnes	Free/Back/IM	5-8	Fr.	Mgmt. Science and Engineering	Fairfax, Va. (Oakton)
Kassidy Cook	Diving	5-3	Sr.	Communication	The Woodlands, Texas (The Woodlands)
Katie Drabot	Free/IM	5-7	Fr.	Undeclared	Cedarburg, Wis. (Cedarburg)
Ella Eastin	IM/Breast	5-9	So.	Undeclared	Irvine, Calif. (Crean Lutheran)
Lindsey Engel	Fly/Free	5-7	Jr.	Mechanical Engineering	Trabuco Canyon, Calif. (Crean Lutheran)
Haley Farnsworth	Diving	5-4	Fr.	Undeclared	San Clemente, Calif. (San Clemente)
Sammy Gallagher	Diving	5-4	Jr.	Political Science	Margarita, Calif. (Tesoro)
Tara Halsted	Fly/IM/Back	5-8	Sr.	Art Practice	Davis, Calif. (Davis Senior)
Ally Howe	Back/IM	5-9	Jr.	Public Policy	Portola Valley, Calif. (Sacred Heart Preparatory)
Janet Hu	Free/Fly/Back	5-9	Jr.	Computer Science	Vienna, Va. (Oakton)
Katie Leddecky	Free	6-0	Fr.	Undeclared	Bethesda, Md. (Stone Ridge School of the Sacred Heart)
Gracia Leydon Mahoney	Diving	5-7	Jr.	Undeclared	Newton, Mass. (Newton North)
Simone Manuel	Free	5-11	Jr.	Undeclared	Sugar Land, Texas (Fort Bend Austin)
Alexandra Meyers	Free	5-9	Jr.	Human Biology	Fox Point, Wis. (University School of Milwaukee)
Lia Neal	Free	5-10	Sr.	Science, Technology & Society	Brooklyn, N.Y. (Convent of Sacred Heart)
Heidi Poppe	Breast	5-11	Jr.	Mechanical Engineering	Danville, Calif. (San Ramon Valley)
Nicole Stafford	Free/Fly	5-6	Sr.	Mechanical Engineering	Atlanta, Ga. (The Westminster Schools)
Brooke Stenstrom	Free	5-8	Fr.	Undeclared	Highlands Ranch, Colo. (Valor Christian)
Allie Szekely	Back/Breast/IM	5-8	Fr.	Undeclared	Doylestown, Pa. (Gwynedd Mercy Academy)
Leah Stevens	Free/Breast/IM	5-7	So.	Undeclared	Louisville, Ky. (Sacred Heart Academy)
Erin Voss	Back	6-0	Fr.	Undeclared	Northampton, Mass. (Northampton)
Kim Williams	IM/Breast	5-9	So.	Undeclared	Bellevue, Wash. (Bellevue)

### PRONUNCIATIONS

**Bridget Boushka** – boosh-kuh

**Brickelle Bro** – brick-kell

**Katie Drabot** – dray-bot

**Tara Halsted** – tar-uh hall-sted

**Janet Hu** – hoo

**Gracia Leydon Mahoney** – Gray-shuh

**Heidi Poppe** – Pop-ee

**Brooke Stenstrom** – sten-strum

**Allie Szekely** – zeek-lee

**Tracy Duchac** – doo-cotch



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### MORE NEWS & NOTES

**STREAKS:** Stanford has won 15 straight dual meets. The Cardinal's last defeat in a dual was to No. 3 Cal on Feb. 14, 2015 – which also marks a string of 14 straight Pac-12 dual meet victories since that loss. The Cardinal has also won 11 straight dual meets at home dating back to Oct. 30, 2014 against Texas (156-144).

**CARDINAL IN THE COMMUNITY:** Outside of the pool, the Cardinal has been just as active this year. Many members of the team were part of the Stanford SAAC event on the Sunday prior to Halloween. The student-athletes—most in full costume—joined groups of young children to #TrickorTReEet in Palo Alto. Also this Fall, the team hosted a group of young local swimmers from San Jose to talk water safety and spend some time in the pool as part of a PSA with USA Swimming. Most recently, the team taught some young fans swimming technique prior to a Stanford women's basketball game for National Girls and Women in Sports Day.

**HONORS:** Stanford earned Scholar All-America team accolades from the CSCAA with a combined team GPA of 3.59 – tops in the Pac-12. ... Cassidy Cook was named Pac-12 Diver of the Month for January after she won all four of her events on the 1-meter ... Katie Ledecky was the Pac-12 Swimmer of the Month after her record-setting performances in November and the Swimmer of the Meet at the Pac-12 Conference Championships ... Also in November, Ledecky and Simone Manuel won Golden Goggles for Athlete of the Year, and Female Race of the Year, respectively.

**CAPTAINS:** Seniors Lia Neal, Lindsey Engel and Nicole Stafford were selected to lead the Cardinal for the 2016-17 season. The trio has helped guide Stanford to top-three NCAA finishes in their first three seasons.

**WHAT'S AHEAD:** Head coach Greg Meehan will serve as head women's coach for Team USA at the 2017 World Championships as announced by USA Swimming. The 17th FINA World Aquatics Championships will be held in Budapest, Hungary, from July 14–30, 2017.

### STANFORD SCHEDULE BY DAY

Event	Swimmers (Seed)	National Titles	School Record
<b>Wednesday</b>			
800 Free Relay	TBD	8 (Last: 1999)	Manuel, Ledecky, Hu, Neal, 6:49.42, 2017
<b>Thursday</b>			
200 Free Relay	TBD	7 (Last: 2014)	Schaefer, Neal, Lee, Olsen, 1:26.23, 2014
500 Free	Byrnes, Drabot, Ledecky, Stafford, Stevens, Voss	7 (Last: Jessica Foschi, 2001)	Katie Ledecky, 4:25.15, 2017
200 IM	Eastin, Howe, Szekely Williams	9 (Last: Eastin, 2016)	Ella Eastin, 1:51.65, 2016
50 Free	Manuel, Neal	9 (Last: Manuel, 2015)	Simone Manuel, 21.29, 2017
1-Meter Diving	Cook, Farnsworth	1 (Cassidy Krug, 2007)	Cassidy Krug, 361.55, 2007
400 Medley Relay	TBD	11 (Last: 2014 & 2015)	Howe, Haase, Hu, Neal, 3:26.14, 2016
<b>Friday</b>			
400 IM	Eastin, Stevens, Szekely	8 (Last: Eastin, 2016)	Katie Ledecky, 3:57.68, 2017
100 Fly	Hu, Engel	10 (Last: Felicia Lee, 2014)	Janet Hu, 50.38, 2017
200 Free	Byrnes, Drabot, Ledecky, Manuel, Neal, Stafford, Stevens	2 (Last: Marybeth Linzmeier, 1984)	Simone Manuel, 1:40.37, 2017
100 Breast	Williams	7 (Last: Sarah Haase, 2015)	Sarah Haase, 58.02, 2016
100 Back	Engel, Howe, Hu, Voss	6 (Last: Catherine Fox, 1998)	Ally Howe, 49.69, 2017
3-Meter Diving	Cook, Farnsworth	3 (Last: Cassidy Krug, 2007)	Cassidy Krug, 420.90, 2007
200 Medley Relay	TBD	13 (Last: 2016)	Howe, Hasse, Hu, Neal, 1:34.15, 2016
<b>Saturday</b>			
1650 Free	Byrnes, Ledecky	5 (Last: Janet Evans, 1991)	Katie Ledecky, 15:03.92, 2016
200 Back	Hu, Howe, Szekely, Voss	2 (Last: Misty Hyman, 1998)	Janet Hu, 1:49.36, 2017
100 Free	Manuel, Neal	8 (Last: Simone Manuel, 2015)	Simone Manuel, 46.09, 2015
200 Breast	Williams	7 (Last: Caroline Bruce, 2005)	Katie Olsen, 2:05.88, 2014
200 Fly	Eastin, Engel, Stafford	10 (Last: Elaine Breedon, 2010)	Elaine Breedon, 1:49.92, 2009
400 Free Relay	TBD	12 (Last: 2014, 2015, 2016)	Neal, Drabot, Eastin, Ledecky, 3:08.51, 2017





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### 2016-17 TOP TIMES

#### 50 Free • NCAA A: 21.90 • NCAA B: 22.99

1	21.29	Manuel, Simone	SO	A	02/23/2017
2	21.70	Neal, Lia	SR	A	02/23/2017
3	22.09	Hu, Janet	JR	B	02/23/2017
4	22.75	Engel, Lindsey	JR	B	11/18/2016
5	22.93	Meyers, Alex	JR	B	02/23/2017

#### 100 Free • NCAA A: 47.85 • NCAA B: 49.99

1	46.36	Manuel, Simone	SO	A	02/25/2017
2	46.97	Neal, Lia	SR	A	02/25/2017
3	48.19	Hu, Janet	JR	B	11/20/2016
4	48.93	Drabot, Katie	FR	B	02/25/2017
5	49.00	Ledecky, Katie	FR	B	11/20/2016

#### 200 Free • NCAA A: 1:43.90 • NCAA B: 1:47.99

1	1:40.37	Manuel, Simone	SO	A	02/24/2017
2	1:40.50	Ledecky, Katie	FR	A	02/24/2017
3	1:43.34	Neal, Lia	SR	A	02/22/2017
4	1:43.78	Drabot, Katie	FR	B	02/24/2017
5	1:45.26	Stafford, Nicole	SR	B	11/19/2016

#### 500 Free • NCAA A: 4:36.45 • NCAA B: 4:47.79

1	4:25.15	Ledecky, Katie	FR	A	02/23/2017
2	4:35.69	Drabot, Katie	FR	A	02/23/2017
3	4:39.14	Byrnes, Megan	FR	B	02/23/2017
4	4:40.36	Stevens, Leah	SO	B	02/23/2017
5	4:42.18	Stafford, Nicole	SR	B	02/23/2017

#### 1,000 Free

1	9:08.99	Ledecky, Katie	FR	NS	11/18/2016
2	9:45.05	Drabot, Katie	FR	NS	01/27/2017
3	9:45.34	Byrnes, Megan	FR	NS	11/12/2016
4	9:57.10	Stevens, Leah	SO	NS	01/20/2017
5	10:03.89	Boyd, Hannah	FR	NS	01/27/2017

#### 1,650 Free • NCAA A: 15:56.18 • NCAA B: 16:30.59

1	15:03.92	Ledecky, Katie	FR	A	11/20/2016
2	15:47.62	Byrnes, Megan	FR	A	02/25/2017
3	15:57.87	Stevens, Leah	SO	B	02/25/2017
4	16:14.99	Drabot, Katie	FR	B	02/25/2017
5	16:50.48	Boyd, Hannah	FR	NS	02/25/2017

#### 100 Back • NCAA A: 51.63 • NCAA B: 55.09

1	49.69	Howe, Ally	JR	A	02/24/2017
2	50.29	Hu, Janet	JR	A	02/24/2017
3	52.78	Engel, Lindsey	JR	B	02/24/2017
4	53.39	Voss, Erin	FR	B	02/24/2017
5	54.52	Szekely, Allie	FR	B	11/18/2016

#### 200 Back • NCAA A: 1:52.52 • NCAA B: 1:59.19

1	1:49.36	Hu, Janet	JR	A	02/25/2017
2	1:51.16	Howe, Ally	JR	A	02/25/2017
3	1:51.76	Szekely, Allie	FR	A	02/25/2017
4	1:53.25	Voss, Erin	FR	B	02/25/2017
5	1:55.98	Eastin, Ella	SO	B	01/27/2017

#### 100 Breast • NCAA A: 59.12 • NCAA B: 1:02.49

1	1:00.05	Williams, Kim	SO	B	02/24/2017
2	1:00.77	Poppe, Heidi	JR	B	02/24/2017
3	1:02.42	Szekely, Allie	FR	B	11/19/2016
4	1:02.79	Eastin, Ella	SO	NS	01/20/2017
5	1:03.57	Drabot, Katie	FR	NS	01/20/2017

#### 200 Breast • NCAA A: 2:07.70 • NCAA B: 2:15.99

1	2:09.85	Williams, Kim	SO	B	02/25/2017
2	2:12.04	Poppe, Heidi	JR	B	02/25/2017
3	2:12.72	Szekely, Allie	FR	B	01/20/2017
4	2:13.18	Eastin, Ella	SO	B	02/11/2017
5	2:17.57	Stevens, Leah	SO	NS	11/20/2016

#### 100 Fly • NCAA A: 51.70 • NCAA B: 54.49

1	50.38	Hu, Janet	JR	A	02/24/2017
2	51.77	Engel, Lindsey	JR	B	02/24/2017
3	53.25	Howe, Ally	JR	B	11/19/2016
4	54.47	Manuel, Simone	SO	B	10/14/2016
5	54.80	Stafford, Nicole	SR	NS	02/11/2017

#### 200 Fly • NCAA A: 1:54.45 • NCAA B: 1:59.59

1	1:51.85	Eastin, Ella	SO	A	02/25/2017
2	1:55.16	Engel, Lindsey	JR	B	02/25/2017
3	1:55.75	Hu, Janet	JR	B	01/27/2017
4	1:56.92	Stafford, Nicole	SR	B	02/25/2017
5	1:57.23	Ledecky, Katie	FR	B	11/12/2016

#### 200 IM • NCAA A: 1:55.35 • NCAA B: 2:01.59

1	1:52.34	Eastin, Ella	SO	A	02/23/2017
2	1:55.74	Howe, Ally	JR	B	02/23/2017
3	1:56.81	Williams, Kim	SO	B	02/23/2017
4	1:58.09	Drabot, Katie	FR	B	11/18/2016
5	1:58.41	Szekely, Allie	FR	B	11/18/2016

#### 400 IM • NCAA A: 4:05.37 • NCAA B: 4:19.39

1	3:57.68	Ledecky, Katie	FR	A	02/24/2017
2	4:00.36	Eastin, Ella	SO	A	11/19/2016
3	4:02.34	Szekely, Allie	FR	A	02/24/2017
4	4:09.21	Stevens, Leah	SO	B	02/24/2017
5	4:13.71	Williams, Kim	SO	B	11/19/2016

### STANFORD RECORDS

**50 Free**  
Simone Manuel • 2017.....21.29

**100 Free**  
Simone Manuel • 2015 ..... 46.09

**200 Free**  
Simone Manuel • 2017.....1:40.37

**1000 Free**  
Katie Ledecky • 2017 ..... ^9:08.99

**500 Free**  
Katie Ledecky • 2017 ..... 4:25.15

**1,650 Free**  
Katie Ledecky • 2016..... 15:03.92

**100 Back**  
Ally Howe • 2017 .....49.69

**200 Back**  
Janet Hu • 2017.....1:49.36

**100 Breast**  
Sarah Haase • 2016 .....58.02

**200 Breast**  
Katie Olsen • 2014 ..... 2:05.88

**100 Fly**  
Janet Hu • 2017..... 50.38

**200 Fly**  
Elaine Breeden • 2009.....1:49.92

**200 IM**  
Ella Eastin • 2016.....1:51.65

**400 IM**  
Katie Ledecky • 2017 .....3:57.68

**1-Meter Diving**  
Cassidy Krug • 2007 .....361.55

**3-Meter Diving**  
Cassidy Krug • 2007 .....420.90

^ = split time from 1650 free  
Relay records on page 5

\*Top relay times on page 5





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### 2016-17 TOP RELAY COMBINATIONS

#### 200 Free Relay • School Record: 1:26.23 (Schaefer, Neal, Lee, Olsen, 2014)

Neal - Hu - Howe - Manuel	vs. Texas (11/12)	1st	1:29.83
Neal - Manuel - Hu - Howe	Ohio State Invitational (11/18)	1st	1:27.72
----- Winter Break -----			
Neal - Manuel - Howe - Engel	at Arizona (1/21)	1st	1:31.17
Manuel - Neal - Hu - Howe	Pac-12 Championships (2/23)	1st	1:26.44

#### 400 Free Relay • School record: 3:08.51 (Manuel, Ledecky, Hu, Neal, 2017)

Stevens - Szekely - Stafford - Hu	at Oregon State (10/14)	1st	3:26.02
Meyers - Voss - Stafford - Neal	vs. Washington State (10/20)	1st	3:23.87
Hu - Ledecky - Manuel - Neal	Ohio State Invitational (11/20)	1st	3:12.55
----- Winter Break -----			
Manuel - Engel - Howe - Meyers	at Arizona State (1/20)	1st	3:20.02
Eastin - Engel - Manuel - Ledecky	UCLA (1/27)	1st	3:17.88
Manuel - Ledecky - Hu - Neal	USC (1/28)	1st	3:15.05
Manuel - Ledecky - Hu - Neal	at Cal (2/11)	2nd	3:13.06
Manuel - Ledecky - Hu - Neal	Pac-12 Championships (2/25)	1st	<b>3:08.51 - NCAA/American record</b>

#### 800 Free Relay • School record: 6:49.42 (Neal, Drabot, Eastin, Ledecky, 2017)

Ledecky - Drabot - Manuel - Eastin	Ohio State Invitational (11/19)	1st	6:55.54
Neal - Drabot - Eastin - Ledecky	Pac-12 Championships (2/22)	1st	<b>6:49.42 - NCAA/American record</b>

#### 200 Medley Relay • School record: 1:34.15 (Howe, Haase, Hu, Neal, 2016)

Hu - Szekely - Manuel - Ledecky	at Oregon State (10/14)	1st	1:42.92
Howe - Eastin - Engel - Ledecky	vs. Washington State (10/20)	1st	1:42.09
----- Winter Break -----			
Hu - Williams - Howe - Meyers	at Arizona State (1/20)	1st	1:40.19
Howe - Poppe - Hu - Manuel	at Arizona (1/21)	1st	1:39.05
Engel - Poppe - Hu - Manuel	UCLA (1/27)	1st	1:39.22
Howe - Poppe - Hu - Manuel	USC (1/28)	1st	1:38.52
Howe - Poppe - Hu - Manuel	Ohio State Invitational (11/19)	1st	1:36.53
Howe-Poppe-Hu-Neal	at Cal (2/11)	2nd	1:36.67
Howe - Williams - Hu - Manuel	Pac-12 Championships (2/22)	1st	1:34.32

#### 400 Medley Relay • School record: 3:26.14 (Howe, Haase, Hu, Neal, 2016)

Howe - Williams - Hu - Manuel	vs. Texas (11/12)	1st	3:33.24
Howe - Williams - Hu - Manuel	Ohio State Invitational (11/18)	1st	3:29.63
Howe - Williams - Hu - Manuel	Pac-12 Championships (2/24)	1st	3:26.74

Stanford's "A" relay teams only





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### NCAA TEAM CHAMPIONS

1983 . . . . . 418.5 pts	1992 . . . . . 735.5 pts.	1994 . . . . . 512.0 pts.	1996 . . . . . 478.0 pts.
1989 . . . . . 610.5 pts	1993 . . . . . 649.5 pts.	1995 . . . . . 497.5 pts.	1998 . . . . . 422.0 pts.

### INDIVIDUAL NCAA CHAMPIONS

#### 50 Freestyle (9)

1984	Krissie Bush	22.98
1986	Jenna Johnson	22.46
1987	Jenna Johnson	22.57
1992	Jenny Thompson	22.14
1993	Jenny Thompson	22.16
1997	Catherine Fox	22.01
1998	Catherine Fox	22.21
1999	Catherine Fox	22.13
2015	Simone Manuel	21.32

#### 100 Freestyle (8)

1986	Jenna Johnson	49.03
1987	Jenna Johnson	48.82
1992	Jenny Thompson	47.61
1993	Jenny Thompson	48.03
1994	Jenny Thompson	47.74
1995	Jenny Thompson	48.38
1996	Claudia Franco	49.04
2015	Simone Manuel	46.09

#### 200 Freestyle (2)

1982	Marybeth Linzmeier	1:45.82
1984	Marybeth Linzmeier	1:45.47

#### 500 Freestyle (7)

1982	Marybeth Linzmeier	4:41.61
1983	Marybeth Linzmeier	4:39.65
1984	Marybeth Linzmeier	4:38.91
1990	Janet Evans	4:34.49
1991	Janet Evans	4:38.71
1993	Lisa Jacob	4:45.79
2001	Jessica Foschi	4:37.81

#### 1,650 Freestyle (5)

1982	Marybeth Linzmeier	16:02.34
1983	Marybeth Linzmeier	16:03.76
1984	Marybeth Linzmeier	16:02.38
1990	Janet Evans	15:39.14
1991	Janet Evans	15:45.98

#### 100 Backstroke (6)

1992	Lea Loveless	52.82
1993	Lea Loveless	52.98
1994	Lea Loveless	53.51
1996	Jessica Tong	54.40
1997	Catherine Fox	53.23
1998	Catherine Fox	51.34

#### 200 Backstroke (2)

1993	Lea Loveless	1:53.67
1998	Misty Hyman	1:53.12

#### 100 Breaststroke (7)

1991	Lori Heisick	1:01.37
2001	Tara Kirk	59.18
2002	Tara Kirk	59.03
2003	Tara Kirk	58.62
2004	Tara Kirk	1:04.79
2005	Caroline Bruce	59.55
2015	Sarah Haase	58.32

#### 200 Breaststroke (7)

1984	Susan Rapp	2:12.84
1987	Susan Rapp	2:11.93
1990	Jill Johnson	2:12.32
2002	Tara Kirk	2:07.36
2003	Tara Kirk	2:08.79
2004	Tara Kirk	2:20.70
2005	Caroline Bruce	2:08.67

#### 100 Butterfly (10)

1986	Jenna Johnson	52.69
1989	Jenna Johnson	53.24
1990	Janel Jorgensen	53.02
1993	Janel Jorgensen	53.19
1994	Jenny Thompson	51.81
1995	Jenny Thompson	52.77
1998	Misty Hyman	51.34
1999	Misty Hyman	51.77
2010	Elaine Breeden	51.43
2014	Felicia Lee	50.89

#### 200 Butterfly (10)

1990	Janel Jorgensen	1:58.17
1991	Summer Sanders	1:54.17
1992	Summer Sanders	1:53.42
1993	Janel Jorgensen	1:57.43
1998	Misty Hyman	1:55.70
2001	Misty Hyman	1:55.63
2002	Shelly Ripple	1:53.23
2007	Elaine Breeden	1:53.02
2009	Elaine Breeden	1:50.98
2010	Elaine Breeden	1:52.39

#### 200 Individual Medley (9)

1986	Susan Rapp	2:01.80
1990	Janel Jorgensen	1:58.17
1991	Summer Sanders	1:57.02
1992	Summer Sanders	1:55.54
1995	Jenny Thompson	1:57.63
2009	Julia Smit	1:52.79
2010	Julia Smit	1:53.56
2014	Maya DiRado	1:52.50
2016	Ella Eastin	1:51.65

#### 400 Individual Medley (9)

1989	Michelle Griglione	4:12.29
1990	Janet Evans	4:07.59
1991	Summer Sanders	4:05.19
1992	Summer Sanders	4:02.28
2008	Julia Smit	4:02.41
2009	Julia Smit	4:00.56
2010	Julia Smit	4:00.90
2014	Maya DiRado	3:58.12
2016	Ella Eastin	3:58.40

#### 1-Meter Diving (1)

2007	Cassidy Krug	361.55
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#### 3-Meter Diving (3)

1992	Eileen Richetelli	536.30
1993	Eileen Richetelli	528.75
2007	Cassidy Krug	420.90

#### Platform Diving (5)

1992	Eileen Richetelli	582.90
1993	Eileen Richetelli	530.95
1995	Eileen Richetelli	630.10
2001	Erin Sones	463.05
2016	Gracia Leydon-Mahoney	346.15

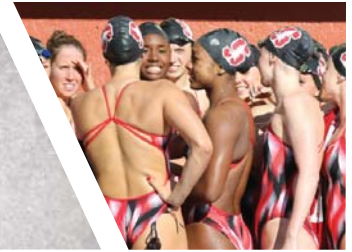




# STANFORD

## WOMEN'S SWIMMING & DIVING

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### RELAY NCAA CHAMPIONS

#### 200 Freestyle Relay (7)

1982	Bush, Asplund, Schwarzer, Major	1:32.07
1983	Bush, Zock, Asplund, Major	1:31.67
1986	Je. Johnson, Zock, Berzins, Smith	1:31.27
1993	Edwards, Loveless, Jorgensen, Thompson	1:30.30
1994	Tong, Edwards, O'Hanlon, Thompson	1:30.53
2012	Woodward, Schaefer, Murez, Webb	1:26.85
2014	Schaefer, Neal, Lee, Olsen	1:26.23

#### 400 Freestyle Relay (11)

1982	Linzmeier, Reuss, Asplund, Major	3:20.98
1987	Johnson, McLean, Rapp, Berzins	3:17.69
1992	Edwards, Sanders, Jorgensen, Thompson	3:16.41
1994	Jespersion, Edwards, Tong, Thompson	7:09.48
1995	Franco, Bicknell, Tong, Thompson	3:17.17
1996	Tong, Austevoll, Jacob, Franco	3:18.28
1997	Rose, Amey, Franco, Fox	3:16.72
2010	Dwelle, Woodward, Webb, Smit	3:12.32
2012	Woodward, Schaefer, Murez, Webb	3:10.77
2014	Schaefer, Lee, DiRado, Neal	3:10.83
2015	Neal, Hu, Engel, Manuel	3:08.54

#### 800 Freestyle Relay (8)

1982	Elkins, Tweedy, Hanna, Linzmeier	7:16.10
1983	Reuss, Zock, Hanna, Linzmeier	7:16.50
1990	Kraemer, Jorgensen, Smith, Evans	7:07.58
1991	Jorgensen, Kraemer, Mortensen, Evans	7:09.48
1992	Kraemer, Loveless, Jorgensen, Thompson	7:04.06
1993	Jacob, Skillman, Jorgensen, Thompson	7:07.47
1996	Jespersion, Jacob, Oberhelman, Austevoll	7:11.28
1999	Hyman, Rose, Berekyei, Fox	7:06.22

#### 200 Medley Relay (13)

1983	Carlisle, Smith, Asplund, Bush	1:43.03
1984	Kinkead, Smith, Zock, Bush	1:42.81
1986	Pokluda, Smith, Je. Johnson, Zock	1:40.22
1992	Loveless, Heisick, Sanders, Thompson	1:38.68
1993	Loveless, Heisick, Crowe, Thompson	1:39.52
1995	Tong, O'Hanlon, Thompson, Franco	1:40.88
1996	Tong, Austevoll, Toledo, Franco	1:40.90
1998	Fox, Austevoll, Hyman, Cropper	1:37.80
1999	Ripple, Leatherwood, Hyman, Rose	1:37.77
2001	Ripple, T. Kirk, Hyman, Cropper	1:38.43
2002	Wagner, T. Kirk, Ripple, Boutwell	1:37.79
2014	Lee, Olsen, Stafford, Schaefer	1:34.95
2016	Howe, Haase, Hu, Neal	1:34.81

#### 400 Medley Relay (12)

1987	Donahue, Rapp, Je. Johnson, Berzins	3:38.17
1990	Trimble, Heisick, Buckovich, Jorgensen	3:38.84
1991	Jorgensen, Heisick, Sanders, Buckovich	3:39.51
1992	Loveless, Heisick, Sanders, Jorgensen	3:35.64
1993	Loveless, Heisick, Jorgensen, Jacob	3:37.27
1998	Fox, Austevoll, Hyman, Cropper	3:33.61
1999	Ripple, Austevoll, Hyman, Fox	3:33.75
2001	Ripple, T. Kirk, Hyman, Cropper	3:32.43
2002	Wagner, T. Kirk, Ripple, Boutwell	3:31.74
2014	DiRado, Olsen, Lee, Neal	3:27.51
2015	Howe, Olsen, Hu, Manuel	3:26.41
2016	Howe, Haase, Hu, Neal	3:26.14

### YEAR-BY-YEAR HISTORY

Season	Head Coach	Duals	Conf.	NCAA	Season	Head Coach	Duals	Conf.	NCAA	Season	Head Coach	Duals	Conf.	NCAA
1974-75	Jim Gaughran	11-2	--	8th (AIAW)	1988-89	Richard Quick	6-0	1st	1st	2005-06	Lea Maurer	13-2	3rd	5th
1975-76	Jim Gaughran	--	--	2nd (AIAW)	1989-90	Richard Quick	8-0	1st	2nd	2006-07	Lea Maurer	10-0	2nd	4th
1976-77	Jim Gaughran	6-0	--	2nd (AIAW)	1990-91	Richard Quick	10-0	1st	2nd	2007-08	Lea Maurer	6-1	2nd	3rd
1977-78	Jim Gaughran	7-1	--	3rd (AIAW)	1991-92	Richard Quick	5-0	1st	1st	2008-09	Lea Maurer	11-0	3rd	4th
1978-79	Jim Gaughran	9-1	--	3rd (AIAW)	1992-93	Richard Quick	8-0	1st	1st	2009-10	Lea Maurer	9-0	1st	2nd
					1993-94	Richard Quick	6-0	1st	1st	2010-11	Lea Maurer	8-1	1st	4th
1979-80	Claudia Kolb Thomas	7-1	--	1st (AIAW)	1994-95	Richard Quick	8-0	1st	1st	2011-12	Lea Maurer	8-1	2nd	4th
					1995-96	Richard Quick	6-1	1st	1st					
1980-81	Holger Deitz	11-1	--	2nd	1996-97	Richard Quick	10-0	1st	2nd	2012-13	Greg Meehan	7-2	1st	8th
					1997-98	Richard Quick	7-0	1st	1st	2013-14	Greg Meehan	10-0	2nd	2nd
1981-82	George Haines	11-1	--	2nd	1998-99	Richard Quick	9-2	1st	2nd	2014-15	Greg Meehan	7-2	2nd	3rd
1982-83	George Haines	10-1	--	1st	1999-00	Richard Quick	6-1	2nd	3rd	2015-16	Greg Meehan	7-0	2nd	2nd
1983-84	George Haines	10-0	--	2nd	2000-01	Richard Quick	6-1	4th	2nd	2016-17	Greg Meehan	8-0	1st	
1984-85	George Haines	5-1	--	3rd	2001-02	Richard Quick	8-0	1st	3rd					
1985-86	George Haines	7-0	--	3rd	2002-03	Richard Quick	8-2	2nd	6th					
1986-87	George Haines	8-1	1st	2nd	2003-04	Richard Quick	5-2	1st	5th					
1987-88	George Haines	6-1	1st	3rd	2004-05	Richard Quick	7-1	1st	5th					

**Overall: 335-30 (.918)**  
**Under Meehan: 39-4 (.907)**  
**20 conference titles**  
**8 NCAA titles, 1 AIAW title**





# STANFORD

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### STANFORD SWIMMERS



**MEGAN BYRNES** • 5-8 • Fr. • Fairfax, Va. (Oakton)

- Member of 2017 Pac-12 championship team
- 2017 Pac-12 champion in the 1650 free (15:47.62)
- Ranks third all-time at Stanford in the 1650 free (15:47.62)
- Ranks sixth all-time at Stanford in the 500 free (4:39.14)
- Both parents went to Cal

#### 2016-17 Season (NCAA Events)

Meet	Finish	Time
<b>200 Free (career best: 1:46.88)</b>		
Washington State (10/20)	3rd	1:51.00
Ohio State Invitational (11/18-20)	21st	1:48.70
at Arizona State (1/20)	4th	1:50.27
Pac-12 Championships (2/24)	15th	1:46.88

#### 500 Free (career best: 4:39.14)

Washington State (10/20)	2nd	4:52.24
Ohio State Invitational (11/18-20)	3rd	4:41.25
at Arizona (1/21)	4th	4:56.64
USC (1/28)	3rd	4:49.32
at Cal (2/11)	4th	4:46.83
Pac-12 Championships (2/23)	4th	4:39.14

#### 1650 Free (career best: 15:47.62)

Ohio State Invitational (11/18-20)	3rd	16:05.50
Pac-12 Championships (2/25)	1st	15:47.62

\* = school record; ^ = NCAA record, & = American record



**KATIE DRABOT** • 5-7 • Fr. • Cedarburg, Wisc. (Cedarburg)

- Member of 2017 Pac-12 championship team
- Holds NCAA/American records in the 800 free relay (6:49.42)
- Pac-12 champion as member of 800 free relay
- Pac-12 runner-up to Katie Ledecky in the 500 free (4:35.69)
- Also scored at Pac-12's in 100 free (12th), 200 free (5th),

#### 2016-17 Season (NCAA Events)

Meet	Finish	Time
<b>200 Free (Career best: 1:43.78)</b>		
at Oregon State (10/14)	1st	1:47.95
Ohio State Invitational (11/18-20)	3rd	1:46.36
at Arizona (1/21)	3rd	1:48.48
USC (1/28)	4th	1:46.83
Pac-12 Championships (2/24)	5th	1:43.78

#### 500 Free (Career best: 4:35.69)

Texas (11/12)	3rd	4:50.98
Ohio State Invitational (11/18-20)	4th	4:42.46
at Arizona (1/21)	3rd	4:53.75
USC (1/28)	2nd	4:47.00
at Cal (2/11)	2nd	4:44.86
Pac-12 Championships (2/23)	2nd	4:35.69

#### 1650 Free (Career best: 16:14.99)

Pac-12 Championships (2/25)	Ex	16:14.99
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\* = school record; ^ = NCAA record, & = American record







# STANFORD

## WOMEN'S SWIMMING & DIVING

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### STANFORD SWIMMERS



**ELLA EASTIN** • 5-9 • So. • Irvine, Calif. (Crean Lutheran)

- Member of 2017 Pac-12 championship team
- Holds NCAA/American records in the 200 IM (1:51.65) and the 800 free relay (6:49.42)
- 2016 Pac-12 Swimmer and Newcomer of the Year
- Eight Pac-12 titles
- 2016 CSCAA Scholar All-America

#### NCAA History

- Two-time national champion
  - 200 IM (2016) and 400 IM (2016)
- Five-time first-team All-America
  - 200 IM (2016), 400 IM (2016), 200 Fly (2016), 400 free relay (2016), 800 free relay (2016)

#### 2016-17 Season (NCAA Events)

Meet	Finish	Time
<b>200 Fly (career best: 1:51.04)</b>		
Texas (11/12)	2nd	1:56.91
Ohio State Invitational (11/18-20)	1st	1:52.62
at Arizona (1/21)	1st	1:57.47
USC (1/28)	1st	1:55.35
at Cal (2/11)	2nd	1:55.41
Pac-12 Championships (2/25)	1st	1:51.85
<b>200 IM (career best: 1:51.65*)</b>		
Washington State (10/20)	2nd	1:58.93
Texas (11/12)	3rd	1:59.13
Ohio State Invitational (11/18-20)	1st	1:54.06
USC (1/28)	1st	1:58.11
at Cal (2/11)	1st	1:57.80
Pac-12 Championships (2/23)	1st	1:52.34
<b>400 IM (career best: 3:58.40)</b>		
Ohio State Invitational (11/18-20)	1st	4:00.36
Pac-12 Championships (2/24)	2nd	4:00.96

\* = school record; ^ = NCAA record, & = American record



**LINDSEY ENGEL** • 5-7 • Jr. • Trabuco Canyon, Calif. (Crean Lutheran)

- Mechanical Engineering major
- Member of 2017 Pac-12 championship team
- Two-time CSCAA Scholar All-America
- 2016 Pac-12 All-Academic First Team

#### NCAA History

- Seven-time All-American
  - 100 Fly - 2015, 2016
  - 200 Fly - 2015, 2016
  - 400 Free Relay - 2015, 2016
  - 800 Free Relay - 2016
- National champion in 400 free relay (2015)

#### 2016-17 Season (NCAA Qualifying Events)

Meet	Finish	Time
<b>100 Back (career best: 52.57)</b>		
Washington State (10/20)	1st	55.30
Ohio State Invitational (11/18-20)	8th	54.06
at Arizona State (1/20)	1st	54.98
Pac-12 Championships (2/24)	8th	53.54
<b>100 Fly (career best: 51.79)</b>		
Texas (11/12)	3rd	53.67
Ohio State Invitational (11/18-20)	3rd	52.93
at Arizona (1/21)	2nd	54.48
USC (1/28)	2nd	53.65
at Cal (2/11)	4th	53.30
Pac-12 Championships (2/24)	6th	51.79
<b>200 Fly (career best: 1:54.13)</b>		
Texas (11/12)	5th	1:59.43
Ohio State Invitational (11/18-20)	3rd	1:57.89
at Arizona (1/21)	2nd	1:59.67
USC (1/28)	3rd	1:58.57
at Cal (2/11)	4th	1:58.31
Pac-12 Championships (2/25)	5th	1:55.16

\* = school record; ^ = NCAA record, & = American record





# STANFORD

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### STANFORD SWIMMERS



**ALLY HOWE** • 5-9 • Jr. • Portola Valley, Calif. (Sacred Heart Prep)

- Public Policy major
- Member of 2017 Pac-12 championship team
- Holds NCAA/American records in the 100 back (49.69) and 200 medley relay (1:34.15)
- Holds school records in 100 back (49.69), 200 medley relay and 400 medley relay

- Holds Stanford pool records as member of 200 free relay and 400 medley relay
- Third all-time at Stanford in the 200 back (1:51.16)
- Eighth all-time at Stanford in the 200 individual medley (1:55.74)

#### NCAA History

- Three-time national champion
  - 200 Medley Relay - 2016
  - 400 Medley Relay - 2015, 2016
- Eight-time All-America
  - 100 Backstroke (2) - 2015 (7th), 2016 (3rd)
  - 200 Backstroke (1) - 2016 (15th)
  - 200 Free Relay (1) - 2015 (2nd)
  - 200 Medley Relay (2) - 2015 (9th), 2016 (1st)
  - 400 Medley Relay (2) - 2015 (1st), 2016 (1st)
- 10-time Pac-12 champion

#### 2016-17 Season (NCAA Events)

Meet	Finish	Time
<b>100 Back (career best: 49.69*&amp;^)</b>		
Texas (11/12)	2nd	52.80
at Oregon State (10/14)	1st	52.85
Ohio State Invitational (11/18-20)	1st	50.91
at Arizona (1/21)	2nd	54.71
USC (1/28)	2nd	52.95
at Cal (2/11)	3rd	52.58
Pac-12 Championships (2/24)	1st	*&^49.69

#### 200 Back (career best: 1:51.16)

Texas (11/12)	5th	1:57.19
Ohio State Invitational (11/18-20)	4th	1:52.65
at Arizona (1/21)	3rd	1:57.28
USC (1/28)	2nd	1:55.47
at Cal (2/11)	1st	1:53.98
Pac-12 Championships (2/25)	3rd	1:51.16

#### 200 IM (career best: 1:55.74)

Ohio State Invitational (11/18-20)	4th	1:57.31
UCLA (1/27)	1st	1:59.28
at Cal (2/11)	4th	2:00.41
Pac-12 Championships (2/23)	4th	1:55.74

\* = school record; ^ = NCAA record, & = American record



**JANET HU** • 5-9 • Jr. • Vienna, Va. (Oakton)

- Computer Science major
- Member of 2017 Pac-12 championship team
- Eight-time Pac-12 champion
- Holds NCAA/American records in the 200 medley relay (1:34.15) and 400 free relay (3:08.51)

- Holds school records in 100 butterfly (50.38), 200 backstroke (1:49.36), 200 and 400 medley relay, 400 freestyle relay
- Holds Stanford pool records in the 100 back (51.91), 200 free relay (1:29.83), 400 free relay (3:15.05), 400 medley relay (3:33.24)
- Pac-12 All-Academic honorable mention (2016)

#### NCAA History

- Four-time national champion
  - 200 Medley Relay - 2016
  - 400 Medley Relay - 2015, 2016
  - 400 Free Relay - 2016
- 11-time All-America
  - 100 Fly (1) - 2015 (11th), 2016 (4th)
  - 100 Back (1) - 2016 (5th)
  - 200 Back (1) - 2016 (10th)
  - 200 Free Relay (1) - 2015 (2nd)
  - 400 Free Relay (2) - 2015 (1st), 2016 (4th)
  - 200 Medley Relay (2) - 2015 (9th), 2016 (1st)
  - 400 Medley Relay (2) - 2015 (1st), 2016 (1st)

#### 2016-17 Season (NCAA Events)

Meet	Finish	Time
<b>100 Back (career best: 50.70)</b>		
Texas (11/12)	1st	51.95
Ohio State Invitational (11/18-20)	2nd	51.01
at Arizona (1/21)	1st	52.90
USC (1/28)	1st	51.91
at Cal (2/11)	1st	51.61
Pac-12 Championships (2/24)	4th	50.70

#### 200 Back (career best: 1:49.36\*)

Washington State (10/20)	1st	1:54.81
Ohio State Invitational (11/18-20)	1st	1:50.69
at Arizona (1/21)	1st	1:55.34
Pac-12 Championships (2/25)	2nd	1:49.36

#### 100 Fly (career best: 50.38\*)

Texas (11/12)	1st	52.30
Ohio State Invitational (11/18-20)	1st	51.05
at Arizona (1/21)	1st	52.50
USC (1/28)	1st	52.05
at Cal (2/11)	1st	51.93
Pac-12 Championships (2/24)	(1st)	(p^50.38)
Pac-12 Championships (2/24)	3rd	50.59

() = preliminary or semifinal; p = preliminary; s = semifinal

\* = school record; ^ = NCAA record, & = American record





# STANFORD

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### STANFORD SWIMMERS



**KATIE LEDECKY** • 6-0 • Fr. • Bethesda, Md. (Stone Ridge School of the Sacred Heart)

- Two-time Olympian (2012, 2016)
- Six-time Olympic medalist (five gold, one silver)
- Nine-time world champion
- Holds three world records, five individual American records
- Member of 2017 Pac-12 championship team
- Four-time Pac-12 champion (400 IM, 500 free, 400 FR, 800 FR)
- 2017 Pac-12 Conference Championships Swimmer of the Meet
- Holds Stanford records in the 500 free (4:25.15), 1000 free (9:08.99), 1650 free (15:03.92), 400 IM (3:57.68), 400 free relay (3:08.51), 800 free relay (6:49.42)
- Holds Stanford pool records in two individual events and one relay

#### 2016-17 Season (NCAA Events)

Meet	Finish	Time
<b>200 Free (career best: 1:40.50)</b>		
Washington State (10/20)	1st	1:44.18
Ohio State Invitational (11/18-20)	2nd	1:42.16
at Arizona State (1/20)	1st	1:44.55
UCLA (1/27)	1st	1:43.48
at Cal (2/11)	1st	1:43.09
Pac-12 Championships (2/24)	2nd	1:40.50

*second to Simone Manuel both times*

#### 500 Free (career best: 4:25.15\*&^)

Washington State (10/20)	1st	4:36.43
Texas (11/12)	1st	4:33.94
Ohio State Invitational (11/18-20)	1st	4:26.46
at Arizona (1/21)	1st	4:36.97
USC (1/28)	1st	4:34.98
at Cal (2/11)	1st	4:35.89
Pac-12 Championships (2/23)	1st	4:25.15

#### 1650 Free (career best: 15:03.92\*&^)

Ohio State Invitational (11/18-20)	1st	*&^15:03.92
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\* = school record; ^ = NCAA record, & = American record



**SIMONE MANUEL** • 5-11 • Jr. • Sugar Land, Texas (Fort Bend Austin)

- Communication major
- First African-American woman to win an individual Olympic gold medal in swimming
- Four-time Olympic medalist (two gold, two silver)
- Holds NCAA/American records in the 100 free (46.09) and 400 free relay (3:08.51)
- Member of 2017 Pac-12 championship team
- 10-time Pac-12 champion
- 2016 Golden Goggles Female Race of the Year award
- 2015 Pac-12 Swimming Freshman/Newcomer of the Year
- 2015 Scholar All-America first team
- Holds Stanford records in 50, 100 and 200 free

#### NCAA History

- Four-time national champion
  - 50 Free - 2015
  - 100 Free - 2015
  - 400 Medley Relay - 2015
  - 400 Free Relay - 2015
- Seven-time All-America
  - 50 Free - 2015 (1st)
  - 100 Free - 2015 (1st)
  - 200 Free - 2015 (2nd)
  - 200 Free Relay - 2015 (2nd)
  - 400 Free Relay - 2015 (1st)
  - 800 Free Relay - 2015 (2nd)
  - 400 Medley Relay - 2015 (1st)

#### 2016-17 Season (NCAA Events)

Meet	Finish	Time
<b>50 Free (career best: 21.29*)</b>		
Texas (11/12)	1st	22.07
Ohio State Invitational (11/18-20)	2nd	21.82
at Arizona (1/21)	1st	22.79
USC (1/28)	1st	22.14
at Cal (2/11)	1st	21.97
Pac-12 Championships (2/23)	1st	*21.29

#### 100 Free (career best: 46.09\*)

Washington State (10/20)	1st	48.00
Ohio State Invitational (11/18-20)	1st	47.37
at Arizona (1/21)	1st	48.98
at Cal (2/11)	1st	48.17
Pac-12 Championships (2/25)	1st	46.36

#### 200 Free (career best: 1:40.37\*)

Texas (11/12)	1st	1:44.25
Ohio State Invitational (11/18-20)	1st	1:41.90
USC (1/28)	1st	1:42.72
at Cal (2/11)	2nd	1:44.04
Pac-12 Championships (2/24)	1st	*1:40.37

\* = school record; ^ = NCAA record, & = American record





# STANFORD

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### STANFORD SWIMMERS



**LIA NEAL** • 5-10 • Sr. • Brooklyn, N.Y. (Convent of Sacred Heart)

- Science, technology and society major
- Holds NCAA/American records in the 200 medley relay (1:34.15), 400 free relay (3:08.51) and 800 free relay (6:49.42)
- Member of the 2017 Pac-12 championship team
- Two-time Pac-12 All-Academic honorable mention (2015, 16)

- CSCAA Scholar All-America (2015)
- Eight-time Pac-12 champion
- Holds Avery Aquatic Center record in 200 Free Relay (1:29.83) and 400 free relay (3:15.05)

#### NCAA History

- Six-time national champion
  - 200 Free Relay - 2014
  - 400 Free Relay (2) - 2014, 2015
  - 200 Medley Relay - 2016
  - 400 Medley Relay (2) - 2014 (1st), 2016 (1st)
- 19-time All-America
  - 50 Free (2) - 2014 (10th), 2016 (6th)
  - 100 Free (3) - 2014 (2nd), 2015 (2nd), 2016 (2nd)
  - 200 Free (3) - 2014 (9th), 2015 (3rd), 2016 (3rd)
  - 200 Free Relay (2) - 2014 (1st), 2015 (2nd)
  - 400 Free Relay (3) - 2014 (1st), 2015 (1st), 2016 (4th)
  - 800 Free Relay (2) - 2014 (3rd), 2015 (2nd)
  - 200 Medley Relay (2) - 2015 (9th), 2016 (1st)
  - 400 Medley Relay (2) - 2014 (1st), 2016 (1st)

#### 2016-17 Season (NCAA Events)

Meet	Finish	Time
<b>50 Free (career best: 21.70)</b>		
Texas (11/12)	2nd	22.87
Washington State (10/20)	2nd	23.16
Ohio State Invitational (11/18-20)	3rd	22.21
at Arizona State (1/20)	2nd	23.06
at Arizona (1/21)	2nd	23.45
UCLA (1/27)	2nd	22.60
USC (1/28)	2nd	22.53
at Cal (2/11)	4th	22.60
Pac-12 Championships (2/23)	5th	21.70

#### 100 Free (career best: 46.84)

Texas (11/12)	1st	48.31
Ohio State Invitational (11/18-20)	2nd	47.70
at Arizona (1/21)	2nd	49.94
USC (1/28)	1st	48.81
at Cal (2/11)	2nd	48.49
Pac-12 Championships (2/25)	2nd	46.97

#### 200 Free (career best: 1:42.50)

Texas (11/12)	3rd	1:45.05
Ohio State Invitational (11/18-20)	4th	1:45.16
at Arizona (1/21)	1st	1:46.39
USC (1/28)	2nd	1:44.59
Pac-12 Championships (2/24)	3rd	1:43.62

\* = school record; ^ = NCAA record, & = American record



**NICOLE STAFFORD** • 5-6 • Sr. • Atlanta, Ga. (The Westminster Schools)

- Mechanical engineering major
- Member of 2017 Pac-12 championship team
- Two-time Pac-12 All-Academic honorable mention (2015, 16)
- CSCAA Scholar All-America (2016)
- 2014 national champion as member of 200 medley relay

- 2014 Pac-12 champion as member of 200 medley relay

#### NCAA History

- Four-time All-America
  - 200 Medley Relay - 2014 (1st)
  - 800 Free Relay (3) - 2014 (3rd), 2015 (2nd), 2016 (6th)

#### 2016-17 Season (NCAA Events)

Meet	Finish	Time
<b>200 Fly (career best: 1:56.92)</b>		
at Oregon State (10/14)	3rd	2:03.34
Ohio State Invitational (11/18-20)	5th	1:58.96
at Arizona State (1/20)	2nd	2:01.44
Pac-12 Championships (2/25)	9th	1:56.92

#### 200 Free (career best: 1:45.05)

Texas (11/12)	5th	1:48.16
Ohio State Invitational (11/18-20)	5th	1:45.26
at Arizona (1/21)	4th	1:49.97
USC (1/28)	6th	1:49.27
at Cal (2/11)	3rd	1:48.21
Pac-12 Championships (2/24)	11th	1:45.71

#### 500 Free (career best: 4:42.18)

Washington State (10/20)	3rd	4:56.44
Ohio State Invitational (11/18-20)	ex	4:44.50
UCLA (1/27)	2nd	4:50.61
Pac-12 Championships (2/23)	11th	4:42.18

\* = school record; ^ = NCAA record, & = American record





# STANFORD

## WOMEN'S SWIMMING & DIVING

2017 NCAA Championships • March 15-18 • Indianapolis, Ind.



### STANFORD SWIMMERS



**LEAH STEVENS** • 5-7 • So. • Louisville, Ky. (Sacred Heart Academy)

- Member of 2017 Pac-12 championship team
- Pac-12 runner-up in the 1650 free (15:57.87)
- Also scored at Pac-12's in 400 IM (6th), 500 free (7th)
- Member of Stanford's 2016 NCAA runner-up team

#### NCAA History (all in 2016)

- 400 IM (32nd, 4:12.90)
- 500 free (38th, 4:44.61)
- 1650 free (31st, 16:18.51)

#### 2016-17 Season (NCAA Events)

Meet	Finish	Time
<b>400 IM (career best: 4:10.00)</b>		
Ohio State Invitational (11/18-20)	9th	4:13.74
at Arizona (1/21)	5th	4:25.09
Pac-12 Championships (2/24)	6th	4:10.00

#### 500 Free (career best: 4:40.79)

Ohio State Invitational (11/18-20)	11th	4:44.30
UCLA (1/27)	4th	4:54.92
USC (1/28)	5th	4:53.75
at Cal (2/11)	6th	4:52.73
Pac-12 Championships (2/23)	7th	4:40.79

#### 1650 Free (career best: 15:57.87)

Ohio State Invitational (11/18-20)	4th	16:09.69
Pac-12 Championships (2/25)	2nd	15:57.87

\* = school record; ^ = NCAA record, & = American record



**ALLIE SZEKELY** • 5-8 • Fr. • Doylestown, Pa. (Gwynedd Mercy Academy)

- Member of 2017 Pac-12 championship team
- Scored at Pac-12's in 200 back (5th) and 400 IM (3rd)
- Won the 200 back (1:57.41) in first college meet (at OSU, 10/14)
- Brother, Chris, swam at Army West Point
- Served 10-day mission trips to El Salvador in the summers of 2014 and 2015

#### 2016-17 Season (NCAA Events)

Meet	Finish	Time
<b>200 Back (career best: 1:51.76)</b>		
at Oregon State (10/14)	1st	1:57.41
Washington State (10/20)	2nd	1:56.92
Texas (11/12)	3rd	1:55.54
Ohio State Invitational (11/18-20)	8th	1:54.81
at Arizona (1/21)	2nd	1:55.90
USC (1/28)	3rd	1:56.14
at Cal (2/11)	5th	1:55.14
Pac-12 Championships (2/25)	5th	1:51.76

#### 400 IM (career best: 4:02.34)

Ohio State Invitational (11/18-20)	3rd	4:05.63
at Arizona (1/21)	2nd	4:13.04
Pac-12 Championships (2/24)	3rd	4:02.34

\* = school record; ^ = NCAA record, & = American record





# STANFORD

## WOMEN'S SWIMMING & DIVING

2017 NCAA Championships • March 15-18 • Indianapolis, Ind.



### STANFORD SWIMMERS



**ERIN VOSS** • 6-0 • Fr. • Northampton, Mass. (Northampton)

- Member of 2017 Pac-12 championship team
- Scored at Pac-12 Championships in 100 back (14th), 200 back (6th), 500 free (17th)
- Won the 200 back (1:56.59) at Arizona State (1/20)
- Won the 200 back (1:55.42) vs. No. 4 USC (1/28)

#### 2016-17 Season (NCAA Events)

Meet	Finish	Time
<b>100 Back (career best: 53.39)</b>		
at Oregon State (10/14)	4th	65.68
Washington State (10/20)	2nd	56.19
Texas (11/12)	5th	54.91
Ohio State Invitational (11/18-20)	7th	53.74
at Arizona (1/21)	4th	56.08
USC (1/28)	4th	54.45
at Cal (2/11)	5th	54.80
Pac-12 Championships (2/24)	14th	53.39

#### 200 Back (career best: 1:53.25)

Washington State (10/20)	4th	2:00.18
Texas (11/12)	4th	1:57.18
Ohio State Invitational (11/18-20)	6th	1:54.07
at Arizona State (1/20)	1st	1:56.59
at Arizona (1/21)	4th	1:57.60
USC (1/28)	1st	1:55.42
at Cal (2/11)	4th	1:54.82
Pac-12 Championships (2/25)	6th	1:53.25

#### 500 Free (career best: 4:44.72)

at Oregon State (10/14)	2nd	5:00.85
Ohio State Invitational (11/18-20)	21st	4:47.34
UCLA (1/27)	3rd	4:52.19
Pac-12 Championships (2/23)	17th	4:44.72

\* = school record; ^ = NCAA record, & = American record



**KIM WILLIAMS** • 5-9 • So. • Bellevue, Wash. (Bellevue)

- Member of 2017 Pac-12 Championship team
- Won two Pac-12 titles in 2017
  - 200 Medley Relay, 400 Medley Relay
- Also qualified for NCAA's as a freshman
- 2016 CSCAA Scholar All-America
- Holds Stanford pool records as member of 400 medley relay (3:33.24)

#### NCAA History (all in 2016)

- 200 breast (36th, 2:12.15)
- 200 IM (45th, 1:59.59)
- 400 IM (43rd, 4:15.91)

#### 2016-17 Season (NCAA Events)

Meet	Finish	Time
<b>100 Breast (career best: 1:00.05)</b>		
Texas (11/12)	2nd	1:02.12
Ohio State Invitational (11/18-20)	10th	1:02.55
at Arizona (1/21)	4th	1:04.12
USC (1/28)	3rd	1:02.26
at Cal (2/11)	1st	1:01.89
Pac-12 Championships (2/24)	5th	1:00.05

#### 200 Breast (career best: 2:09.95)

at Oregon State (10/14)	1st	2:17.09
Washington State (10/20)	2nd	2:16.61
Texas (11/12)	3rd	2:16.61
Ohio State Invitational (11/18-20)	7th	2:12.90
at Arizona (1/21)	2nd	2:17.31
USC (1/28)	6th	2:16.63
at Cal (2/11)	1st	2:12.16
Pac-12 Championships (2/25)	5th	2:09.95

#### 200 IM (career best: 1:56.81)

Texas (11/12)	5th	2:04.51
Ohio State Invitational (11/18-20)	11th	1:58.79
at Arizona State (1/20)	4th	2:02.44
UCLA (1/27)	2nd	2:00.91
Pac-12 Championships (2/23)	6th	1:56.81

\* = school record; ^ = NCAA record, & = American record





# STANFORD

## WOMEN'S SWIMMING & DIVING

2017 NCAA Championships • March 15-18 • Indianapolis, Ind.



### STANFORD DIVERS



**KASSIDY COOK** • 5-4 • Sr. • The Woodlands, Texas (The Woodlands)

- Communication major
- Redshirt senior (took junior year off to train for Olympics)
- Member of 2017 Pac-12 championship team
- Two-time All-America
- 2017 Pac-12 champion on the 1-meter (338.35)

#### NCAA History

- Two-time All-America
  - 1-meter - 2015 (2nd place)
  - 3-meter - 2015 (3rd)

#### 2016-17 Season (NCAA Qualifying Events)

Meet	Finish	Score
<b>1-Meter</b>		
Ohio State Invitational	2nd	283.90
at Arizona State (1/20)	1st	331.13
at Arizona (1/21)	1st	283.58
UCLA (1/27)	1st	300.08
USC (1/28)	1st	326.33
at Cal (2/11)	1st	309.68
Pac-12 Championships (2/23)	1st	338.35
NCAA Zone E Championships (3/7)	3rd	628.20
<b>3-Meter</b>		
Ohio State Invitational	9th	254.05
at Arizona State (1/20)	3rd	262.73
at Arizona (1/21)	1st	300.08
UCLA (1/27)	2nd	309.00
USC (1/28)	3rd	313.13
at Cal (2/11)	3rd	305.70
Pac-12 Championships (2/24)	2nd	367.50
NCAA Zone E Championships (3/8)	3rd	653.75



**HALEY FARNSWORTH** • 5-4 • Fr. • San Clemente, Calif. (San Clemente)

- Member of 2017 Pac-12 championship team
- Scored at Pac-12 Championships in all three diving events
- Won the 1-meter at Arizona State and vs. No. 19 UCLA
- Three-time High School All-American (2013-15)
- 2014 Junior National finalist in all three diving events
- Valedictorian of her high school class
- Hobbies include surfing, beach volleyball and being outdoors
- Father was a pro surfer and won 1984 World Amateur Surfing Championships

#### 2016-17 Season (NCAA Qualifying Events)

Meet	Finish	Score
<b>1-Meter</b>		
Texas (11/12)	3rd	282.68
Ohio State Invitational (11/20)	5th	273.55
at Arizona State (1/20)	3rd	307.43
at Arizona (1/21)	5th	240.38
UCLA (1/27)	4th	276.45
USC (1/28)	3rd	276.60
at Cal (2/11)	3rd	287.10
Pac-12 Championships (2/23)	4th	297.75
<b>3-Meter</b>		
Texas (11/12)	4th	279.83
Ohio State Invitational (11/21)	3rd	293.70
at Arizona State (1/20)	1st	315.60
at Arizona (1/21)	2nd	290.55
UCLA (1/27)	1st	311.48
USC (1/28)	4th	311.55
at Cal (2/11)	2nd	320.93
Pac-12 Championships (2/24)	6th	301.50

