

# STANFORD WOMEN'S TRACK AND FIELD

## FRESHMEN ALL-TIME TOP 5

Thru 2024

*True freshmen only*

<p><b>100 Meters</b></p> <table border="0" style="width: 100%;"> <thead> <tr> <th></th> <th style="text-align: right;"><b>Year</b></th> <th style="text-align: right;"><b>Time</b></th> </tr> </thead> <tbody> <tr><td>1. Chrystle Gaines</td><td style="text-align: right;">1989</td><td style="text-align: right;">11.44</td></tr> <tr><td>  Janice Davis</td><td style="text-align: right;">2004</td><td style="text-align: right;">11.44</td></tr> <tr><td>3. Carissa Levingston</td><td style="text-align: right;">2010</td><td style="text-align: right;">11.55</td></tr> <tr><td>4. Kori Carter</td><td style="text-align: right;">2011</td><td style="text-align: right;">11.57</td></tr> <tr><td>5. 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3. Amy Weissenbach	2013	2:00.98																																																																																																																																																																																																																																																																																																		
4. Olivia Baker	2015	2:04.00																																																																																																																																																																																																																																																																																																		
5. Ellie Deligianni	2021	2:04.11																																																																																																																																																																																																																																																																																																		
	<b>Year</b>	<b>Time</b>																																																																																																																																																																																																																																																																																																		
1. Juliette Whittaker	2023	4:12.49																																																																																																																																																																																																																																																																																																		
2. Arianna Lambie	2004	4:13.14																																																																																																																																																																																																																																																																																																		
3. Roisin Willis	2023	4:13.31																																																																																																																																																																																																																																																																																																		
4. Christina Aragon	2017	4:13.43																																																																																																																																																																																																																																																																																																		
5. Elise Cranny	2015	4:14.05																																																																																																																																																																																																																																																																																																		
	<b>Year</b>	<b>Time</b>																																																																																																																																																																																																																																																																																																		
1. Amy Bunnage	2024	8:54.88i																																																																																																																																																																																																																																																																																																		
2. Ceci Hopp	1982	8:57.27																																																																																																																																																																																																																																																																																																		
3. Elise Cranny	2015	8:58.88i																																																																																																																																																																																																																																																																																																		
4. Alison Wiley	1983	9:03.51																																																																																																																																																																																																																																																																																																		
5. Sophia Kennedy	2024	9:14.28i																																																																																																																																																																																																																																																																																																		
	<b>Year</b>	<b>Time</b>																																																																																																																																																																																																																																																																																																		
1. Amy Bunnage	2024	15:11.68i																																																																																																																																																																																																																																																																																																		
2. Sophia Kennedy	2024	15:33.29																																																																																																																																																																																																																																																																																																		
3. Laurynne Chetelat	2009	15:43.31																																																																																																																																																																																																																																																																																																		
4. Fiona O'Keeffe	2017	15:46.93																																																																																																																																																																																																																																																																																																		
5. Lauren Fleshman	2000	15:50.18																																																																																																																																																																																																																																																																																																		
	<b>Year</b>	<b>Time</b>																																																																																																																																																																																																																																																																																																		
1. Ellen Lyons	1981	33:16.24c																																																																																																																																																																																																																																																																																																		
2. Alex Gits	2008	33:19.12																																																																																																																																																																																																																																																																																																		
3. Ann Locke	1982	34:07.84c																																																																																																																																																																																																																																																																																																		
4. Georgia Griffin	2009	35:14.46																																																																																																																																																																																																																																																																																																		
	<b>Year</b>	<b>Time</b>																																																																																																																																																																																																																																																																																																		
1. Kori Carter	2011	13.13																																																																																																																																																																																																																																																																																																		
2. Katie Nelms	2011	13.57																																																																																																																																																																																																																																																																																																		
3. Robyn Woolfolk	1999	13.86																																																																																																																																																																																																																																																																																																		
4. Lindsey Johnson	2001	13.91																																																																																																																																																																																																																																																																																																		
5. Nora Miller	2007	14.04																																																																																																																																																																																																																																																																																																		
	<b>Year</b>	<b>Time</b>																																																																																																																																																																																																																																																																																																		
1. Kori Carter	2011	57.10																																																																																																																																																																																																																																																																																																		
2. Katie Nelms	2011	58.91																																																																																																																																																																																																																																																																																																		
3. Pam Board	1984	59.64																																																																																																																																																																																																																																																																																																		
4. Hannah Labrie-Smith	2016	59.67																																																																																																																																																																																																																																																																																																		
5. Margaret Demorest	1982	1:01.04																																																																																																																																																																																																																																																																																																		
	<b>Year</b>	<b>Time</b>																																																																																																																																																																																																																																																																																																		
1. Katy Trotter	2004	10:07.55																																																																																																																																																																																																																																																																																																		
2. Emilie Amaro	2009	10:11.68																																																																																																																																																																																																																																																																																																		
3. Jordan Oakes	2018	10:17.14																																																																																																																																																																																																																																																																																																		
4. Jeane Goff	2002	10:22.46																																																																																																																																																																																																																																																																																																		
5. Riley Stewart	2023	10:26.02																																																																																																																																																																																																																																																																																																		
	<b>Year</b>	<b>Mark</b>																																																																																																																																																																																																																																																																																																		
1. Lisa Bernhagen	1985	6-0 (1.83)																																																																																																																																																																																																																																																																																																		
Alyssa Jones	2023	6-0 (1.83)																																																																																																																																																																																																																																																																																																		
3. Tracye Lawyer	1996	5-10 3/4 (1.80)																																																																																																																																																																																																																																																																																																		
4. Adrienne Johnson	2011	5-9 1/4 (1.76)																																																																																																																																																																																																																																																																																																		
5. Lauren Stewart	2006	5-8 3/4 (1.75)																																																																																																																																																																																																																																																																																																		
Cheryl Burdick	2000	5-8 3/4 (1.75)																																																																																																																																																																																																																																																																																																		
Kim Stone	2000	5-8 3/4 (1.75)																																																																																																																																																																																																																																																																																																		
	<b>Year</b>	<b>Mark</b>																																																																																																																																																																																																																																																																																																		
1. Ellie McCardwell	2011	13-7 3/4 (4.16)																																																																																																																																																																																																																																																																																																		
2. Katerina Stefanidi	2009	13-6 1/2 (4.13)																																																																																																																																																																																																																																																																																																		
3. Kaitlyn Merritt	2016	13-5 1/4 (4.10)																																																																																																																																																																																																																																																																																																		
4. Sky Schuller	2024	13-3 3/4 (4.06)																																																																																																																																																																																																																																																																																																		
5. Samantha Shepard	2003	13-2 1/4 (4.02)																																																																																																																																																																																																																																																																																																		
	<b>Year</b>	<b>Mark</b>																																																																																																																																																																																																																																																																																																		
1. Alyssa Jones	2023	22-6 1/4 (6.86)																																																																																																																																																																																																																																																																																																		
2. Erica McLain	2005	21-2 1/2 (6.46)																																																																																																																																																																																																																																																																																																		
3. Arantxa King	2008	20-1 3/4 (6.14)																																																																																																																																																																																																																																																																																																		
4. Pam Donald	1980	20-1 1/2 (6.13)																																																																																																																																																																																																																																																																																																		
5. Jackie Edwards	1989	20-0 1/2 (6.11)																																																																																																																																																																																																																																																																																																		
	<b>Year</b>	<b>Mark</b>																																																																																																																																																																																																																																																																																																		
1. Erica McLain	2005	45-11 3/4 (14.01)																																																																																																																																																																																																																																																																																																		
2. Aria Small	2018	42-3 1/2 (12.89)																																																																																																																																																																																																																																																																																																		
3. Lauren Stewart	2006	42-1 1/2 (12.84)																																																																																																																																																																																																																																																																																																		
4. Marisa Kwiatkowski	2015	41-5 1/4 (12.63)																																																																																																																																																																																																																																																																																																		
5. Sabrina Nettey	2008	41-5 (12.62)																																																																																																																																																																																																																																																																																																		
	<b>Year</b>	<b>Mark</b>																																																																																																																																																																																																																																																																																																		
1. Jillian Camarena	2001	53-9 (16.38)																																																																																																																																																																																																																																																																																																		
2. Melissa Yunghans	2005	52-4 3/4 (15.97)																																																																																																																																																																																																																																																																																																		
3. Lena Giger	2015	51-11 1/4 (15.83)																																																																																																																																																																																																																																																																																																		
4. Patty Purpur	1986	50-9 3/4 (15.49)																																																																																																																																																																																																																																																																																																		
5. Pam Dukes	1983	49-4 1/4 (15.04)																																																																																																																																																																																																																																																																																																		

<b>Discus</b>	<b>Year</b>	<b>Mark</b>
1. Valarie Allman	2014	188-6 (57.45)
2. Patty Purpur	1986	177-7 (54.12)
3. Summer Pierson	1997	177-6 (54.10)
4. Karen Nickerson	1983	174-11 (53.32)
5. Carol Cady	1981	173-11 (53.0)

<b>Hammer</b>	<b>Year</b>	<b>Mark</b>
1. Lena Giger	2015	190-3 (57.99)
2. Jordan Fong	2019	190-1 (57.94)
3. Jessica Pluth	2001	187-0 (57.00)
4. Sarah Hopping	2003	184-1 (56.12)
5. Katy Elsbury	2003	176-1 (53.68)

<b>Javelin</b>	<b>Year</b>	<b>Mark</b>
1. Mackenzie Little	2016	183-4 (55.88)
2. Brianna Bain	2012	180-2 (54.91)
3. Megan Glasmann	2014	175-0 (53.35)
4. Jenna Gray	2017	165-0 (50.29)
5. Virginia Miller	2018	162-8 (49.59)

<b>Heptathlon</b>	<b>Year</b>	<b>Points</b>
1. Whitney Liehr	2008	5,186
2. Lauren Stewart	2006	5,141
3. Tracye Lawyer	1996	5,108
4. Allie Jones	2019	5,041
5. Denise Gaztambide	1983	4,938

**Also:**

<b>60 Meters</b>	<b>Year</b>	<b>Mark</b>
1. Carissa Levingston	2010	7.33i
2. Janice Davis	2004	7.46i
3. Jakki Bailey	2004	7.48i
4. Griffin Matthew	2007	7.53i
Alyssa Jones	2023	7.53i

<b>300 Meters</b>	<b>Year</b>	<b>Mark</b>
1. Sage Hinton	2023	40.09i
2. Rachel Nelson	2024	41.42i

<b>600 Meters</b>	<b>Year</b>	<b>Mark</b>
1. Olivia Baker	2015	1:29.42i
2. Carolyn Wilson	2018	1:29.71i
3. Kristyn Williams	2013	1:32.04i
4. Claudia Saunders	2013	1:33.30i
5. Malika Waschmann	2014	1:33.78i

<b>1,000 Meters</b>	<b>Year</b>	<b>Mark</b>
1. Elise Cranny	2015	2:42.39i
2. Maddy Berkson	2015	2:49.23i
3. Claudia Saunders	2013	2:51.52i
4. Anna Laman	2015	2:55.60i
5. Madison Shults	2024	2:55.61i

<b>Mile</b>	<b>Year</b>	<b>Mark</b>
1. Juliette Whittaker	2023	4:33.53i
2. Riley Stewart	2023	4:40.31i
3. Laurynne Chetelat	2009	4:42.25i
4. Sophia Kennedy	2024	4:43.09i
5. Audrey Suarez	2022	4:44.87i

<b>60 Meter Hurdles</b>	<b>Year</b>	<b>Mark</b>
1. Kori Carter	2011	8.33i
2. Katie Nelms	2011	8.41i
3. Tess Stapleton	2022	8.68i
4. Allie Jones	2019	8.72i
5. Karynn Dunn	2010	8.73i

<b>20-Pound Weight Throw</b>	<b>Year</b>	<b>Mark</b>
1. Jessica Pluth	2001	59-8 1/2 (18.20)
2. Jordan Fong	2019	56-7 1/4 (17.25)
3. Katy Elsbury	2003	52-2 1/2 (15.91)
4. Sarah Hopping	2003	52-0 1/2 (15.86)
5. Kaiah Fisher	2022	49-3 1/2 (15.02)

<b>Pentathlon</b>	<b>Year</b>	<b>Mark</b>
1. Lauren Stewart	2006	3,788
2. Whitney Liehr	2008	3,743
3. Karynn Dunn	2010	3,686
4. Allie Jones	2019	3,618
5. Brittany McGee	2016	3,611