

2017 STANFORD CROSS COUNTRY

Schedule

Date	Meet	Site	Scores/Time (PT)
Sept. 16	at USD Invitational	San Diego, Calif.	M: 1st (20); W: 1st (29)
Sept. 29	at Dellinger Invitational	Springfield, Ore.	M: 2nd (73); W: 2nd (66)
Oct. 13	at Nuttycombe Wisconsin Invitational	Madison, Wis.	M: 4th (155); W: 8th (292)
Oct. 27	at Pac-12 Championships	Springfield, Ore.	M: 1st (41); W: 3rd (71)
Nov. 4	at Doc Adams Open	Davis, Calif.	M: 1st (15)
Nov. 10	at NCAA West Regionals	Seattle, Wash.	M: 3rd (85); W: 2nd (76)
Nov. 18	at NCAA Championships	Louisville, Ky.	M-4th (221); W-4th (165)

Honors

MEN

Team:

NCAA fourth place
Pac-12 champions
NCAA West Region third place

Individuals:**Chris Miltenberg**

Pac-12 Coach of the Year

Tai Dinger

All-West Region

Steven Fahy

All-American
All-Pac-12 first team
All-West Region

Grant Fisher

All-American
Pac-12 champion
Pac-12 Athlete of the Year
All-Pac-12 first team
USTFCCA National Athlete of the Week (Oct. 30)
All-West Region

Blair Hurlock

All-West Region

Alex Ostberg

All-American
All-Pac-12 first team

Alek Parsons

All-Pac-12 first team

Honors

WOMEN

Team:

NCAA fourth place
Pac-12 third place
NCAA West Region runner-up

Individuals:**Christina Aragon**

All-West Region

Elise Cranny

All-West Region

Ella Donaghu

All-West Region

Vanessa Fraser

All-American
All-Pac-12 first team
All-West Region

Fiona O'Keeffe

All-American
All-Pac-12 first team
All-West Region

2017 STANFORD WOMEN'S INDIVIDUAL RESULTS

Final

Christina Aragon

Date	Meet	Place	Dist.	Time
Oct. 27	Pac-12 Champs	19	6K	19:28.6
Nov. 10	NCAA West Region	24	6K	20:13.2
Nov. 18	NCAA Championships	67	6K	20:28.6

Maddy Berkson

Date	Meet	Place	Dist.	Time
Sept. 29	Dellinger Invitational	46	6K	20:21.5
Oct. 13	Wisconsin Invite Open	17	6K	21:33.4
Oct. 27	Pac-12 Champs	48	6K	20:13.2

Elise Cranny

Date	Meet	Place	Dist.	Time
Oct. 27	Pac-12 Champs	25	6K	19:34.2
Nov. 10	NCAA West Region	18	6K	20:06.0
Nov. 18	NCAA Championships	57	6K	20:23.1

Ella Donaghu

Date	Meet	Place	Dist.	Time
Sept. 16	USD Invitational	4	6K	21:35
Sept. 29	Dellinger Invitational	21	6K	19:45.7
Oct. 13	Wisconsin Invitational	120	6K	21:27.9
Oct. 27	Pac-12 Champs	30	6K	19:47.5
Nov. 10	NCAA West Region	20	6K	20:08.2
Nov. 18	NCAA Championships	69	6K	20:29.1

Vanessa Fraser

Date	Meet	Place	Dist.	Time
Sept. 16	USD Invitational	2	6K	21:35
Sept. 29	Dellinger Invitational	5	6K	19:12.5
Oct. 13	Wisconsin Invitational	18	6K	20:13.5
Oct. 27	Pac-12 Champs	4	6K	19:02.6
Nov. 10	NCAA West Region	8	6K	19:40.2
Nov. 18	NCAA Championships	27	6K	20:03.5

Julia Heymach

Date	Meet	Place	Dist.	Time
Sept. 29	Dellinger Invitational	52	6K	20:27.5
Oct. 13	Wisconsin Invitational	137	6K	21:36.8

Jessica Lawson

Date	Meet	Place	Dist.	Time
Sept. 29	Dellinger Invitational	23	6K	19:50.5
Oct. 13	Wisconsin Invitational	106	6K	21:21.6
Oct. 27	Pac-12 Champs	37	6K	20:03.7
Nov. 10	NCAA West Region	52	6K	20:52.6
Nov. 18	NCAA Championships	186	6K	21:24.8

Abbie McNulty

Date	Meet	Place	Dist.	Time
Sept. 16	USD Invitational	3	6K	21:35
Sept. 29	Dellinger Invitational	10	6K	19:20.4
Oct. 13	Wisconsin Invitational	38	6K	20:31.0
Oct. 27	Pac-12 Champs	16	6K	19:25.5
Nov. 10	NCAA West Region	46	6K	20:47.5
Nov. 18	NCAA Championships	149	6K	21:04.4

Jordan Oakes

Date	Meet	Place	Dist.	Time
Sept. 29	Dellinger Invitational	25	6K	19:52.2
Oct. 13	Wisconsin Invitational	118	6K	21:27.4
Oct. 27	Pac-12 Champs	39	6K	20:05.1

Fiona O'Keeffe

Date	Meet	Place	Dist.	Time
Sept. 16	USD Invitational	1	6K	21:35
Sept. 29	Dellinger Invitational	7	6K	19:16.3
Oct. 13	Wisconsin Invitational	12	6K	20:03.5
Oct. 27	Pac-12 Champs	7	6K	19:08.5
Nov. 10	NCAA West Region	6	6K	19:31.7
Nov. 18	NCAA Championships	13	6K	19:49.4

Catherine Pagano

Date	Meet	Place	Dist.	Time
Sept. 16	USD Invitational	5	6K	24:07
Oct. 13	Wisconsin Invite Open	11	6K	21:23.9
Oct. 27	Pac-12 Champs	59	6K	20:31.5

2017 STANFORD WOMEN'S TEAM RESULTS

Final

Sept. 16	USD INVITATIONAL (6K)	1st, 29 pts.	Nov. 18	NCAA CHAMPIONSHIPS (6K)	4th, 165 pts.
Mission Bay; San Diego, Calif.			E.P. "Tom" Sawyer State Park; Louisville, Ky.		
1	Fiona O'Keeffe	21:35	13	Fiona O'Keeffe	19:49.4
2	Vanessa Fraser	21:35	27	Vanessa Fraser	20:03.5
3	Abbie McNulty	21:35	57	Elise Cranny	20:23.1
4	Ella Donaghu	21:35	67	Christina Aragon	20:28.6
19	Catherine Pagano	24:07	69	Ella Donaghu	20:29.1
Sept. 29	BILL DELLINGER INVITE (6K)	2nd, 66 pts.	149	Abbie McNulty	21:04.4
Springfield Golf Club; Springfield, Ore.			186	Jessica Lawson	21:24.8.
5	Vanessa Fraser	19:12.5			
7	Fiona O'Keeffe	19:16.3			
10	Abbie McNulty	19:20.4			
21	Ella Donaghu	19:45.7			
23	Jessica Lawson	19:50.5			
25	Jordan Oakes	19:52.2			
46	Maddy Berkson	20:21.5			
52	Julia Heymach	20:27.5			
Oct. 13	WISCONSIN INVITATIONAL (6K)	8th, 292 pts.			
Thomas Zimmer Course; Madison, Wis.					
12	Fiona O'Keeffe	20:03.5			
18	Vanessa Fraser	20:13.5			
38	Abbie McNulty	20:31.0			
106	Jessica Lawson	21:21.6			
118	Jordan Oakes	21:27.4			
120	Ella Donaghu	21:27.9			
137	Julia Heymach	21:36.8			
	Open Race				
11	Catherine Pagano	21:23.9			
17	Maddy Berkson	21:33.4			
Oct. 27	PAC-12 CHAMPIONSHIPS (6K)	3rd, 71 pts.			
Springfield Golf Club; Springfield, Ore.					
4	Vanessa Fraser	19:02.6			
7	Fiona O'Keeffe	19:08.5			
16	Abbie McNulty	19:25.5			
19	Christina Aragon	19:28.6			
25	Elise Cranny	19:34.2			
30	Ella Donaghu	19:47.5			
37	Jessica Lawson	20:03.7			
39	Jordan Oakes	20:05.1			
48	Maddy Berkson	20:13.2			
59	Catherine Pagano	20:31.5			
Nov. 10	NCAA WEST REGIONAL (6K)	2nd, 76 pts.			
Jefferson Park Golf Course; Seattle, Wash.					
6	Fiona O'Keeffe	19:31.7			
8	Vanessa Fraser	19:40.2			
18	Elise Cranny	20:06.0			
20	Ella Donaghu	20:08.2			
24	Christina Aragon	20:13.2			
46	Abbie McNulty	20:47.5			
52	Jessica Lawson	20:52.6			

2017 STANFORD MEN'S INDIVIDUAL RESULTS

Final

Callum Bolger

Date	Meet	Place	Dist.	Time
Sept. 29	Dellinger Invitational	14	8K	23:56.6
Oct. 13	Wisconsin Invitational	46	8K	24:19.8
Oct. 27	Pac-12 Champs	18	8K	24:10.0
Nov. 18	NCAA Championships	138	10K	31:00.7

Isaac Cortes

Date	Meet	Place	Dist.	Time
Sept. 16	USD Invitational	2	8K	25:36
Sept. 29	Dellinger Invitational	32	8K	24:16.8
Oct. 13	Wisconsin Invite Open	4	8K	24:43.8
Oct. 27	Pac-12 Champs	42	8K	24:36.5

Tom Coyle

Date	Meet	Place	Dist.	Time
Sept. 29	Dellinger Invitational	86	8K	25:09.4
Nov. 4	Doc Adams Open	8	8K	24:50.6

Tai Dinger

Date	Meet	Place	Dist.	Time
Sept. 16	USD Invitational	3	8K	25:36
Sept. 29	Dellinger Invitational	20	8K	24:05.3
Oct. 13	Wisconsin Invitational	48	8K	24:20.2
Oct. 27	Pac-12 Champs	15	8K	24:08.6
Nov. 10	NCAA West Region	25	10K	30:01.5
Nov. 18	NCAA Championships	63	10K	30:31.1

Steven Fahy

Date	Meet	Place	Dist.	Time
Sept. 29	Dellinger Invitational	19	8K	24:03.9
Oct. 13	Wisconsin Invitational	65	8K	24:27.8
Oct. 27	Pac-12 Champs	3	8K	23:51.3
Nov. 10	NCAA West Region	3	10K	29:40.3
Nov. 18	NCAA Championships	17	10K	29:42.1

Grant Fisher

Date	Meet	Place	Dist.	Time
Oct. 13	Wisconsin Invitational	2	8K	23:39.1
Oct. 27	Pac-12 Champs	1	8K	23:44.9
Nov. 10	NCAA West Region	11	10K	29:47.7
Nov. 18	NCAA Championships	5	10K	29:12.1

Steven Grolle

Date	Meet	Place	Dist.	Time
Nov. 4	Doc Adams Open	2	8K	24:15.3

Blair Hurlock

Date	Meet	Place	Dist.	Time
Sept. 16	USD Invitational	6	8K	25:37
Sept. 29	Dellinger Invitational	16	8K	24:00.6
Oct. 13	Wisconsin Invitational	98	8K	24:43.7
Oct. 27	Pac-12 Champs	20	8K	24:14.8
Nov. 10	NCAA West Region	22	10K	29:56.8
Nov. 18	NCAA Championships	156	10K	31:11.7

Jack Keelan

Date	Meet	Place	Dist.	Time
Oct. 27	Pac-12 Champs	52	8K	24:52.6
Nov. 10	NCAA West Region	35	10K	30:15.9

Connor Lane

Date	Meet	Place	Dist.	Time
Sept. 29	Dellinger Invitational	36	8K	24:18.6
Oct. 13	Wisconsin Invite Open	36	8K	25:25.5
Nov. 4	Doc Adams Open	7	8K	24:39.1

Will Lauer

Date	Meet	Place	Dist.	Time
Oct. 13	Wisconsin Invite Open	28	8K	25:15.4
Nov. 4	Doc Adams Open	4	8K	24:22.5

Alex Ostberg

Date	Meet	Place	Dist.	Time
Sept. 16	USD Invitational	5	8K	25:36
Sept. 29	Dellinger Invitational	6	8K	23:48.8
Oct. 13	Wisconsin Invitational	12	8K	23:54.1
Oct. 27	Pac-12 Champs	4	8K	23:51.5
Nov. 18	NCAA Championships	16	10K	29:41.7

Alek Parsons

Date	Meet	Place	Dist.	Time
Sept. 16	USD Invitational	4	8K	25:36
Sept. 29	Dellinger Invitational	29	8K	24:10.8
Oct. 13	Wisconsin Invitational	47	8K	24:20.1
Oct. 27	Pac-12 Champs	21	8K	24:14.8
Nov. 10	NCAA West Region	24	10K	30:00.1
Nov. 18	NCAA Championships	145	10K	31:05.6

Patrick Perrier

Date	Meet	Place	Dist.	Time
Nov. 4	Doc Adams Open	5	8K	24:26.8

Michael Vernau

Date	Meet	Place	Dist.	Time
Sept. 29	Dellinger Invitational	37	8K	24:19.0
Oct. 13	Wisconsin Invite Open	9	8K	24:52.3
Nov. 4	Doc Adams Open	3	8K	24:20.6

Sam Wharton

Date	Meet	Place	Dist.	Time
Oct. 13	Wisconsin Invite Open	11	8K	24:56.1
Oct. 27	Pac-12 Champs	30	8K	24:28.9
Nov. 10	NCAA West Region	28	10K	30:08.7

2017 STANFORD MEN'S TEAM RESULTS

Final

Sept. 16 USD INVITATIONAL (8K) 1st, 20 pts.

Mission Bay; San Diego, Calif.

2	Isaac Cortes	25:36
3	Tai Dinger	25:36
4	Alek Parsons	25:36
5	Alex Ostberg	25:36
6	Blair Hurlock	25:37

Sept. 29 BILL DELLINGER INVITE (8K) 2nd, 73 pts.

Springfield Golf Club; Springfield, Ore.

6	Alex Ostberg	23:48.8
14	Callum Bolger	23:56.6
16	Blair Hurlock	24:00.6
19	Steven Fahy	24:03.9
20	Tai Dinger	24:05.3
29	Alek Parsons	24:10.8
32	Isaac Cortes	24:16.8
36	Connor Lane	24:18.6
37	Michael Vernau	24:19.0
86	Tom Coyle	25:09.4

Oct. 13 WISCONSIN INVITE (8K) 4th, 155 pts.

Thomas Zimmer Course; Madison, Wis.

2	Grant Fisher	23:39.1
12	Alex Ostberg	23:54.1
46	Callum Bolger	24:19.8
47	Alek Parsons	24:20.1
48	Tai Dinger	24:20.2
65	Steven Fahy	24:27.8
98	Blair Hurlock	24:43.7

Open Race 1st, 60 pts.

4	Isaac Cortes	24:43.8
9	Michael Vernau	24:52.3
11	Sam Wharton	24:56.1
28	Will Lauer	25:15.4
36	Connor Lane	25:25.5

Oct. 27 PAC-12 CHAMPS (8K) 1st, 41 pts.

Thomas Zimmer Course; Madison, Wis.

1	Grant Fisher	23:44.9
3	Steven Fahy	23:51.3
4	Alex Ostberg	23:51.5
15	Tai Dinger	24:08.6
18	Callum Bolger	24:10.0
20	Blair Hurlock	24:14.8
21	Alek Parsons	24:14.8
30	Sam Wharton	24:28.9
42	Isaac Cortes	24:36.5
52	Jack Keelan	24:52.6

Nov. 4 DOC ADAMS OPEN (8K)

1st, 15 pts.

Putah Creek Reserve; Davis, Calif.

2	Steven Grolle	24:25.3
3	Michael Vernau	24:20.6
4	Will Lauer	24:22.5
5	Patrick Perrier	24:26.8
7	Connor Lane	24:39.1
8	Tom Coyle	24:50.6

Nov. 10 NCAA WEST REGIONAL (10K)

3rd, 85 pts.

Jefferson Park Golf Course; Seattle, Wash.

3	Steven Fahy	29:40.3
11	Grant Fisher	29:47.7
22	Blair Hurlock	29:56.8
24	Alek Parsons	30:00.1
25	Tai Dinger	30:01.5
28	Sam Wharton	30:08.7
35	Jack Keelan	30:15.9

Nov. 18 NCAA CHAMPIONSHIPS (10K)

4th, 221 pts.

E.P. "Tom" Sawyer State Park; Louisville, Ky.

5	Grant Fisher	29:12.1
16	Alex Ostberg	29:41.7
17	Steven Fahy	29:42.1
63	Tai Dinger	30:31.1
138	Callum Bolger	31:00.7
145	Alek Parsons	31:05.6
156	Blair Hurlock	31:11.7