

2020 STANFORD TRACK AND FIELD

Indoor Schedule

Date	Meet	Site	Scores/Time (PT)
Jan. 18	at UW Indoor Preview	Seattle, Wash.	Non-scoring
Jan. 31-Feb. 1	at Razorback Invitational	Fayetteville, Ark.	Non-scoring
Feb. 13-14	at Don Kirby Elite Invitational	Albuquerque, N.M.	Non-scoring
Feb. 14-15	at Husky Classic	Seattle, Wash.	Non-scoring
Feb. 22	at Alex Wilson Classic	Notre Dame, Ind.	Non-scoring
Feb. 28-29	at MPSF Championships	Seattle, Wash.	W: 5th (54); M: 9th (45)
March 13-14	at NCAA Championships	Albuquerque, N.M.	Meet canceled

School Records

MEN			WOMEN		
Name	Event	Mark	Name	Event	Mark
			Don Kirby Invitational		
			Ashlan Best	400	53.02

MPSF Champions

MEN			WOMEN		
Name	Event	Mark	Name	Event	Mark
			Ella Donaghu	Mile	4:34.85

NCAA Results

MEN				WOMEN			
Name	Event	Place	Mark	Name	Event	Place	Mark
Qualifiers:				Qualifiers:			
Julian Body	DMR			Christina Aragon	Mile		
Alex Ostberg	3,000, DMR			Ashlan Best	DMR		
Brandon McGorty	DMR			Ella Donaghu	3,000, DMR		
Matt Rizzo	DMR			Julie Heymach	Mile, DMR		
				Jessica Lawson	3,000, DMR		

STANFORD MEN'S 2020 INDOOR PERFORMANCE LIST

By Event

60 meters (School indoor record: 6.71)

Name	Mark	Meet	Date
Dorien Simon	6.80	MPSF Champs	2/28
Marcus Floyd	7.00	MPSF Champs	2/28
Paulson Adebo	7.10	Don Kirby Invite	2/14

200 meters (21.17)

Name	Mark	Meet	Date
Karson Lippert	21.79	Don Kirby Invite	2/13
Julian Body	21.81	UW Preview	1/18
Dorien Simon	22.06	Don Kirby Invite	2/13
Marcus Floyd	22.16	Don Kirby Invite	2/13
Miles Zoltak	22.21	MPSF Champs	2/28

400 meters (46.16)

Name	Mark	Meet	Date
Julian Body	47.18	MPSF Champs	2/29
Karson Lippert	48.06	Don Kirby Invite	2/14
Miles Zoltak	48.55	Razorback Invite	2/1
Nick Comly	49.17	Don Kirby Invite	2/13
Andrew Franco	49.20	Razorback Invite	2/1
Marcus Floyd	50.79	UW Preview	1/18
Paulson Adebo	51.44	Don Kirby Invite	2/13

600 meters (1:17.59)

Name	Mark	Meet	Date
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800 meters (1:47.78)

Name	Mark	Meet	Date
Brandon McGorty	1:50.14	MPSF Champs	2/29
Matt Rizzo	1:51.73	Razorback Invite	2/1

1,000 meters (2:22.17)

Name	Mark	Meet	Date
Brandon McGorty	2:26.24	UW Preview	1/18
Matt Rizzo	2:27.56	UW Preview	1/18

Mile (3:53.95)

Name	Mark	Meet	Date
Thomas Ratcliffe	4:00.04	UW Preview	1/18
Alex Ostberg	4:00.59	UW Preview	1/18
Matt Rizzo	4:02.09	MPSF Champs	2/29
Callum Bolger	4:06.17	UW Preview	1/18
DJ Principe	4:06.27	Husky Classic	2/15
Liam Conway	4:09.32	MPSF Champs	2/29
Charles Hicks	4:10.53	Razorback Invite	2/1
Clayton Mendez	4:12.81	Razorback Invite	2/1
Michael Vernau	4:14.22	UW Preview	1/18
Andy Monroe	4:19.59	UW Preview	1/18

3,000 meters (7:42.62)

Name	Mark	Meet	Date
Alex Ostberg	7:49.01	Husky Classic	2/14
Devin Hart	8:02.47	UW Preview	1/18
Callum Bolger	8:06.32	Husky Classic	2/14
Clayton Mendez	8:06.48	Husky Classic	2/14
Michael Vernau	8:08.71	Razorback Invite	2/1
Charles Hicks	8:08.81	Don Kirby Invite	2/14
Connor Lane	8:11.75	Razorback Invite	2/1
Liam Anderson	8:13.06	Don Kirby Invite	2/14
Alek Parsons	8:13.22	MPSF Champs	2/29
Evan Burke	8:15.72	MPSF Champs	2/29
DJ Principe	8:18.46	MPSF Champs	2/29
Meika Beaudoin-Rousseau	8:22.73	MPSF Champs	2/29
Liam Conway	8:29.60	UW Preview	1/18
Andy Monroe	8:40.75	Don Kirby Invite	2/14

5,000 meters (13:19.58)

Name	Mark	Meet	Date
Alek Parsons	13:54.42	MPSF Champs	2/28
Michael Vernau	13:59.89	Husky Classic	2/14
Devin Hart	14:00.39	Husky Classic	2/14
Connor Lane	14:12.96	Husky Classic	2/14
Evan Burke	14:20.02	Husky Classic	2/14
Meika Beaudoin-Rousseau	14:29.81	MPSF Champs	2/28

60-meter hurdles (7.71)

Name	Mark	Meet	Date
Julian Body	7.92	MPSF Champs	2/28

4x400 meter relay (3:07.66)

Name	Mark	Meet	Date
Julian Body, Karson Lippert, Miles Zoltak, Brandon McGorty	3:12.71	Razorback Invite	2/1
Julian Body, Karson Lippert, Miles Zoltak, Nick Comly	3:13.59	Don Kirby Invite	2/14

4x800 meter relay (7:35.71)

Name	Mark	Meet	Date
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Distance medley relay (9:26.91)

Name	Mark	Meet	Date
Brandon McGorty, Miles Zoltak, Matt Rizzo, DJ Principe	9:47.05	Razorback Invite	1/31
Matt Rizzo, Julian Body, Brandon McGorty, Alex Ostberg	9:32.42	Alex Wilson Invite	2/22

High jump (7-3 1/2)

Name	Mark	Meet	Date
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Pole vault (18-4 3/4)

Name	Mark	Meet	Date
Max Manson	17-1	UW Preview	1/18
J.T. Herrscher	16-9 1/2	MPSF Champs	2/28

Long jump (25-7 1/4)

Name	Mark	Meet	Date
Keyshawn King	20-3 1/2	UW Preview	1/18
Fisayo Omilana	18-7	UW Preview	1/18

Triple jump (52-9 1/4)

Name	Mark	Meet	Date
Keyshawn King	49-1 3/4	MPSF Champs	2/29
Jerry Zheng	45-10 1/2	UW Preview	1/18
Fisayo Omilana	45-7 3/4	UW Preview	1/18

Shot put (70-6 1/2)

Name	Mark	Meet	Date
Sam Liokumovich	55-1 1/2	MPSF Champs	2/29

Weight throw (70-6 1/2)

Name	Mark	Meet	Date
Max Mckhann	65-10 1/4	MPSF Champs	2/28

Heptathlon (6,042)

Name	Mark	Meet	Date
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Thru 2020

(Parentheses indicate school record for that event)

** unattached*

STANFORD MEN'S 2020 PERFORMANCE LIST

By Individual

Academic years listed; Years of eligibility may differ.

Paulson Adebo, Sr.

INDOORS

60 (7.10 indoor PB)

7.10	34q) Don Kirby Invitational	2/14
400 (51.44)		
51.44	Unseeded, 33) Don Kirby Invite	2/13

Liam Anderson, Fr.

INDOORS

3,000 (8:13.06)

8:30.47	48) UW Preview	1/18
8:13.06	49) Husky Classic	2/14
8:31.96	44) MPSF Championships	2/29

Meika Beaudoin-Rousseau, So.

INDOORS

3,000 (8:22.73)

8:22.83	21) Razorback Invitational	2/1
8:22.73	27) MPSF Championships	2/29

5,000 (14:29.81)

14:36.40	56) Husky Classic	2/14
14:29.81	16) MPSF Championships	2/28

Julian Body, Sr.

INDOORS

200 (21.81)

21.81	5) UW Preview	1/18
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60 hurdles (7.92)

8.15	5p) UW Preview	1/18
8.42	5) UW Preview	1/18
7.98	5p) Don Kirby Invitational	2/14
7.92	3p) MPSF Championships	2/28
8.04	5) MPSF Championships	2/29

400 (47.45)

47.68	9) Razorback Invitational	2/1
47.45	4) Don Kirby Invitational	2/14
47.18	3) MPSF Championships	2/29

4x400 relay

3:12.71 (first leg)	6) Razorback Invitational	2/1
3:13.59 (first leg)	3) Don Kirby Invitational	2/14
3:13.26 (second leg)	5) MPSF Championships	2/29

Distance medley relay

9:32.42 (second leg)	6) Alex Wilson Invitational	2/22
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Callum Bolger, Jr.

INDOORS

Mile (4:06.17)

4:06.17	16) UW Preview	1/18
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3,000 (8:06.32)

8:08.65	9) Razorback Invitational	2/1
8:06.32	24) Husky Classic	2/14

Evan Burke, Fr.

INDOORS

3,000 (8:15.72)

8:21.26	17) Razorback Invitational	2/1
8:15.72	20) MPSF Championships	2/29

5,000 (14:20.02)

14:20.02	42) Husky Classic	2/14
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Nick Comly, 5th Sr.

INDOORS

400 (49.17)

49.78	7) UW Preview	1/18
49.72	32) Razorback Invitational	2/1
49.17	Unseeded, 17) Don Kirby Invite	2/13
50.25	30) MPSF Championships	2/29

4x400

3:13.59 (anchor)	3) Don Kirby Invitational	2/14
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Liam Conway, So.

INDOORS

Mile (4:09.32)

4:09.53	51) Husky Classic	2/15
4:09.32	16) MPSF Championships	2/29

3,000 (8:28.61)

8:29.60	44) UW Preview	1/18
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Marcus Floyd, So.

INDOORS

60 (7.00)

7.13	31) Razorback Invitational	2/1
7.06	29q) Don Kirby Invitational	2/14
7.00	27p) MPSF Championships	2/28

200 (22.16)

22.39	25) UW Preview	1/18
22.53	40) Razorback Invitational	1/31
22.16	36) Don Kirby Invitational	2/13
22.31	18) MPSF Championships	2/28

400 (50.79)

50.79	18) UW Preview	1/18
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Long jump

Foul	Don Kirby Invitational	2/13
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Andrew Franco, So.

INDOORS

400 (49.20)

49.97	10) UW Preview	1/18
49.20	28) Razorback Invitational	2/1

Devin Hart, Fr.

INDOORS

3,000 (8:02.47)

8:02.47	5) UW Preview	1/18
8:10.16	13) MPSF Championships	2/29

5,000 (14:00.39)

14:00.39	25) Husky Classic	2/14
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J.T. Herrscher, Fr.

INDOORS

Pole vault (17-0, 5.18m)

16-1 1/4 (4.91m)	5) UW Preview	1/18
16-6 3/4 (5.05m)	3) Razorback Invitational	1/31
16-1 3/4 (4.92m)	8) Don Kirby Invitational	2/14
16-9 1/2 (5.12m)	6) MPSF Championships	2/28

Charles Hicks, Fr.**INDOORS****Mile (4:10.53)**

4:10.53	8) Razorback Invitational	2/1
8:20.14	32) UW Preview	1/18
8:08.81	35) Husky Classic	2/14
8:08.94	11) MPSF Championships	2/29

Keyshawn King, So.**INDOORS****Long jump (20-3 1/2, 6.18m)**

20-3 1/2, 6.18m)	21) UW Preview	1/18
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Triple jump (49-1 3/4, 14.98m)

48-8 (14.83m)	4) UW Preview	1/18
47-1 (14.35m)	11) Razorback Invitational	2/1
Foul	Don Kirby Invitational	2/14
49-1 3/4 (14.98m)	5) MPSF Championships	2/29

Connor Lane, Jr.**INDOORS****3,000 (8:08.20)**

8:08.20	11) Razorback Invitational	2/1
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5,000 (14:05.34)

14:12.96	36) Husky Classic	2/14
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Sam Liokumovich, Fr.**INDOORS****Shot put (55-1 1/2, 16.80m)**

54-9 1/4 (16.69m)	5) UW Preview	1/18
53-5 3/4 (16.30m)	18) Don Kirby Invitational	2/14
55-1 1/2 (16.80m)	7) MPSF Championships	2/29

Karson Lippert, Fr.**INDOORS****200 (21.79)**

21.79	18) Don Kirby Invitational	2/13
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400 (48.06)

48.99	4) UW Preview	1/18
48.49	20) Razorback Invitational	2/1
48.06	12) Don Kirby Invitational	2/14
48.07	10) MPSF Championships	2/29

4x400 relay

3:12.71 (second leg)	6) Razorback Invitational	2/1
3:13.59 (second leg)	3) Don Kirby Invitational	2/14
3:13.26 (third leg)	5) MPSF Championships	2/29

Max Manson, Fr.**INDOORS****Pole vault (17-1, 5.21m)**

17-1 (5.21m)	3) UW Preview	1/18
15-7 (4.75m)	7) Razorback Invitational	1/31
16-9 1/2 (5.12m)	7) MPSF Championships	2/28

Brandon McGorty, Jr.**INDOORS****800 (1:50.14)**

1:52.15	10) Razorback Invitational	2/1
1:51.48	6) Husky Classic	2/15
1:50.14	5) MPSF Championships	2/29

1,000 (2:23.56)

2:26.24	18) UW Preview	1/18
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4x400 relay

3:12.71 (anchor)	6) Razorback Invitational	2/1
3:13.26 (anchor)	5) MPSF Championships	2/29

Distance medley relay

9:47.05 (first leg)	5) Razorback Invitational	1/31
9:32.42 (third leg)	6) Alex Wilson Invitational	2/22

Max Mckhann, So.**INDOORS****Weight throw (65-10 1/4, 20.07m)**

62-1 3/4 (18.94m)	1) UW Preview	1/18
64-3 1/4 (19.59m)	2) Razorback Invitational	1/31
61-1 1/4 (18.62m)	9) Don Kirby Invitational	2/13
65-10 1/4 (20.07m)	3) MPSF Championships	2/28

Clayton Mendez, So.**INDOORS****Mile (4:12.81)**

4:12.81	19) Razorback Invitational	2/1
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3,000 (8:04.36)

8:06.90	9) UW Preview	1/18
8:06.48	25) Husky Classic	2/14
8:23.60	29) MPSF Championships	2/29

Andy Monroe, So.**INDOORS****Mile (4:08.41)**

4:19.59	41) UW Preview	1/18
4:20.82	20) MPSF Championships	2/29

3,000 (8:40.75)

8:40.75	78) Husky Classic	2/14
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Fisayo Omilana, Sr.**INDOORS****Long jump (18-7, 5.66m)**

18-7 (5.66m)	26) UW Preview	1/18
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Triple jump (45-10 1/2, 13.98m)

45-7 3/4 (13.91m)	10) UW Preview	1/18
45-3 (13.79m)	14) Razorback Invitational	2/1
44-10 1/4 (13.67m)	21) Don Kirby Invitational	2/14
F	MPSF Championships	2/29

Alex Ostberg, 5th Sr.**INDOORS****Mile (3:59.31)**

4:00.59	7) UW Preview	1/18
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3,000 (7:49.01)

7:49.01	8) Husky Classic	2/14
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Distance medley relay

9:32.42	6) Alex Wilson Invitational	2/22
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Alek Parsons, Sr.**INDOORS****3,000 (8:13.22)**

8:13.22	16) MPSF Championships	2/29
5,000 (13:54.42)		
13:59.16	20) Husky Classic	2/14
13:54.42	3) MPSF Championships	2/28

DJ Principe, Jr.**INDOORS****Mile (4:00.73)**

4:08.99	7) Razorback Invitational	2/1
4:06.27	42) Husky Classic	2/15
4:07.60	11) MPSF Championships	2/29

3,000 (8:10.64)

8:20.43	33) UW Preview	1/18
8:18.46	24) MPSF Championships	2/29

Distance medley relay

9:47.05 (anchor)	5) Razorback Invitational	1/31
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Thomas Ratcliffe, Sr.**INDOORS****Mile (4:00.04)**

4:00.04	4) UW Preview	1/18
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Matt Rizzo, Fr.**INDOORS****800 (1:51.73)**

1:51.73	9) Razorback Invitational	2/1
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1,000 (2:24.06)

2:27.56	21) UW Preview	1/18
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Mile (4:02.09)

4:03.16	24) Husky Classic	2/15
4:02.09	5) MPSF Championships	2/29

Distance medley relay

9:47.05 (third leg)	5) Razorback Invitational	1/31
9:32.42 (first leg)	6) Alex Wilson Invitational	2/22

Dorien Simon Fr.**INDOORS****60 (6.80)**

6.88	8q) UW Preview	1/18
6.85	11p) UW Preview	1/18
7.00	22) Razorback Invitational	2/1
6.81	11p) Don Kirby Invitational	2/14
6.80	12p) MPSF Championships	2/28

200 (22.06)

22.31	15) UW Preview	1/18
22.21	34) Razorback Invitational	1/31
22.06	31) Don Kirby Invitational	2/13
22.11	14) MPSF Championships	2/28

Michael Vernau, Jr.**INDOORS****Mile (4:08.41)**

4:14.22	30) UW Preview	1/18
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3,000 (8:07.46)

8:08.71	10) Razorback Invitational	2/1
8:18.28	23) MPSF Championships	2/29

5,000 (13:59.89)

13:59.89	24) Husky Classic	2/14
14:18.46	9) MPSF Championships	2/28

Jerry Zheng, Sr.**INDOORS****Triple jump (45-10 1/2, 13.98m)**

45-10 1/2 (13.98m)	8) UW Preview	1/18
44-8 (13.61m)	15) Razorback Invitational	2/1

Miles Zoltak, So.**INDOORS****200 (22.21)**

22.23	9) UW Preview	1/18
22.21	15) MPSF Championships	2/28

400 (48.55)

48.71	2) UW Preview	1/18
48.55	21) Razorback Invitational	2/1
48.87	17) Don Kirby Invitational	2/14
48.57	20) MPSF Championships	2/29

4x400 relay

3:12.71 (third leg)	6) Razorback Invitational	2/1
3:13.59 (third leg)	3) Don Kirby Invitational	2/14
3:13.26 (first leg)	5) MPSF Championships	2/29

Distance medley relay

9:47.05 (second leg)	5) Razorback Invitational	1/31
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Thru 2020*(Personal records in parentheses; each is unique to indoors or outdoors)***unattached*

STANFORD WOMEN'S 2020 INDOOR PERFORMANCE LIST

By Event

60 meters (7.21, school record)

Name	Mark	Meet	Date
Alexa Rossum	7.61	UW Preview	1/18

200 meters (22.77)

Name	Mark	Meet	Date
Ashlan Best	23.62	Don Kirby Invite	2/13
Alexa Rossum	24.80	Razorback Invite	1/31
Carolyn Wilson	25.48	UW Preview	1/18
Mary Gillett	25.61	Don Kirby Invite	2/13

400 meters (53.02)

Name	Mark	Meet	Date
Ashlan Best	52.64	MPSF Champs	2/29
Carolyn Wilson	55.15	UW Preview	1/18
Mary Gillett	57.84	Don Kirby Invite	2/13

600 meters (1:28.22)

Name	Mark	Meet	Date
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800 meters (2:03.25)

Name	Mark	Meet	Date
Julia Heymach	2:04.94	Razorback Invite	2/1
Carolyn Wilson	2:06.11	Husky Classic	2/15
Kaitlin Ryan	2:09.81	MPSF Champs	2/29
Jordan Oakes	2:10.69	Razorback Invite	2/1

1,000 meters (2:42.26)

Name	Mark	Meet	Date
Julia Heymach	2:45.36	UW Preview	1/18
Kaitlin Ryan	2:54.67	UW Preview	1/18

Mile (4:31.29)

Name	Mark	Meet	Date
Julia Heymach	4:33.37	Husky Classic	2/15
Ella Donaghu	4:33.71	Razorback Invite	2/1
Jessica Lawson	4:35.56	Razorback Invite	2/1
Christina Aragon	4:37.30	Husky Classic	2/15
Jordan Oakes	4:37.69	MPSF Champs	2/29
Rebecca Story	4:52.80	UW Preview	1/18
Grace Connolly	4:53.55	UW Preview	1/18
Abi Archer	4:55.36	Razorback Invite	2/1
Kristin Fahy	4:55.64	Razorback Invite	2/1
Kaitlin Ryan	4:57.46	Husky Classic	2/15
Lily Flynn	5:03.80	Razorback Invite	2/1

3,000 meters (8:53.1)

Name	Mark	Meet	Date
Ella Donaghu	8:54.72	Husky Classic	2/14
Jessica Lawson	8:59.38	Husky Classic	2/14
Abi Archer	9:22.49	Husky Classic	2/14
Christina Aragon	9:23.83	UW Preview	1/18
Jordan Oakes	9:25.59	UW Preview	1/18
Grace Connolly	9:29.73	MPSF Champs	2/29
Kristin Fahy	9:31.99	Husky Classic	2/14
Rebecca Story	9:38.52	Husky Classic	2/14
Lindsey Payne	9:45.49	MPSF Champs	2/29

5,000 meters (15:35.77)

Name	Mark	Meet	Date
Abi Archer	16:21.48	MPSF Champs	2/28
Kristin Fahy	16:40.35	MPSF Champs	2/28

60-meter hurdles (8.17)

Name	Mark	Meet	Date
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4x400 meter relay (3:33.78)

Name	Mark	Meet	Date
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Distance medley relay (10:52.02)

Name	Mark	Meet	Date
Ella Donaghu, Ashlan Best, Julia Heymach, Jessica Lawson	10:55.89	Razorback Invite	1/31
Kaitlin Ryan, Mary Gillett, Carolyn Wilson, Kristin Fahy	11:41.68	Razorback Invite	1/31

High jump (6-5 1/2)

Name	Mark	Meet	Date
Valerie Przekop	5-5 1/4	Don Kirby Invite	2/13

Pole vault (14-5 1/2)

Name	Mark	Meet	Date
Kaitlyn Merritt	13-3 3/4	UW Preview	1/18
Erika Malaspina	12-11 3/4	UW Preview	1/18
Laurel Wong	12-8	Don Kirby Invite	2/13

Long jump (21-8 3/4)

Name	Mark	Meet	Date
Aria Small	18-9 3/4	Razorback Invite	1/31
Yinka Braimah	17-10 3/4	UW Preview	1/18
Allyson Weiss	16-0 1/2	UW Preview	1/18
Brittany McGee	14-11 1/2	UW Preview	1/18

Triple jump (46-7 1/4)

Name	Mark	Meet	Date
Aria Small	41-11 1/2	Don Kirby Invite	2/14
Ellie Talius	38-10 1/4	Don Kirby Invite	2/14
Allyson Weiss	38-0 1/4	Don Kirby Invite	2/14

Shot put (58-8 1/2, 17.89m)

Name	Mark	Meet	Date
Jaimi Salone	44-7	Don Kirby Invite	2/14

Weight throw (70-3 1/2, 21.42m)

Name	Mark	Meet	Date
Jaimi Salone	55-9 1/2	Don Kirby Invite	2/13
Jordan Fong	54-5 1/2	MPSF Champs	2/28

Pentathlon (4,063)

Name	Mark	Meet	Date
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Thru 2020

(Parentheses indicates school record for that event)

* competing unattached

STANFORD WOMEN'S 2020 PERFORMANCE LIST

By Individual

Academic years listed; Years of eligibility may differ.

Christina Aragon, Sr.

INDOORS

Mile (4:34.76, indoor PB)

4:46.30	10) Razorback Invitational	2/1
4:37.30	9) Husky Classic	2/15
4:41.43	6) MPSF Championships	2/29
3,000 (9:01.86)		
9:23.83	14) UW Preview	1/18

Abi Archer, Fr.

INDOORS

Mile (4:55.36)

4:55.36	18) Razorback Invitational	2/1
3,000 (9:22.49)		
9:30.81	19) UW Preview	1/18
9:22.49	28) Husky Classic	2/14
5,000 (16:21.48)		
16:21.48	4) MPSF Championships	2/28

Ashlan Best, Jr.

INDOORS

200 (23.62)

24.13	4) UW Preview	1/18
23.62	2) Don Kirby Invitational	2/13

400 (52.64)

53.69	2) UW Preview	1/18
53.02	2) Don Kirby Invitational	2/14
52.64	3) MPSF Championships	2/29

4x400 relay

3:45.87 (second leg)	8) MPSF Championships	2/29
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Distance medley relay

10:55.89 (second leg)	1) Razorback Invitational	1/31
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Yinka Braimah, So.

INDOORS

Long jump (17-10 3/4, 5.45m)

17-10 3/4 (5.45m)	6) UW Preview	1/18
17-7 (5.36m)	23) Razorback Invitational	1/31

Grace Connolly, Fr.

INDOORS

Mile (4:53.55)

4:53.55	12) UW Preview	1/18
3,000 (9:29.73)		
9:34.89	45) Husky Classic	2/14
9:29.73	7) MPSF Championships	2/29

Ella Donaghu, Sr.

INDOORS

Mile (4:33.71)

4:33.71	1) Razorback Invitational	2/1
4:34.85	1) MPSF Championships	2/29

3,000 (8:54.72)

8:58.31	2) UW Preview	1/18
8:54.72	3) Husky Classic	2/14

Distance medley relay

10:55.89 (first leg)	1) Razorback Invitational	1/31
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Kristin Fahy, Fr.

INDOORS

Mile (4:55.64)

4:55.64	19) Razorback Invitational	2/1
3,000 (9:31.99)		
9:40.64	24) UW Preview	1/18
9:31.99	39) Husky Classic	2/14
5,000 (16:40.35)		
16:40.35	12) MPSF Championships	2/28
Distance medley relay		
11:41.68 (anchor)	7) Razorback Invitational	1/31

Lily Flynn, Fr.

INDOORS

Mile (4:48.26)

5:03.80	32) Razorback Invitational	2/1
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Jordan Fong, So.

INDOORS

Weight throw (56-7 1/4, 17.25m)

52-1 (15.87m)	13) UW Preview	1/18
53-2 3/4 (16.22m)	13) Razorback Invitational	1/31
Foul	Don Kirby Invitational	2/13
54-5 1/2 (16.60m)	13) MPSF Championships	2/28

Mary Gillett, So.

INDOORS

200 (25.61)

26.32	27) UW Preview	1/18
25.61	72) Don Kirby Invite	2/13

400 (57.84)

58.54	18) UW Preview	1/18
58.87	32) Razorback Invitational	2/1
57.84	Unseeded, 17) Don Kirby Invite	2/13
58.26	38) MPSF Championships	2/29

4x400 relay

3:45.87 (third leg)	8) MPSF Championships	2/29
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Distance medley relay

11:41.68 (second leg)	7) Razorback Invitational	1/31
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Julia Heymach, Jr.

INDOORS

800 (2:04.94)

2:04.94	2) Razorback Invitational	2/1
2:05.01	3) MPSF Championships	2/29

1,000 (2:45.36)

2:45.36	2) UW Preview	1/18
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Mile (4:33.37)

4:33.37	2) Husky Classic	2/15
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4x400 relay

3:45.87 (anchor)	8) MPSF Championships	2/29
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Distance medley relay

10:55.89 (third leg)	1) Razorback Invitational	1/31
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Jessica Lawson, Jr.**INDOORS****Mile (4:35.56)**

4:37.64	4) UW Preview	1/18
4:35.56	2) Razorback Invitational	2/1
4:36.06	2) MPSF Championships	2/29

3,000 (8:59.38)

8:59.38	7) Husky Classic	2/14
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Distance medley relay

10:55.89 (anchor)	1) Razorback Invitational	1/31
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Erika Malaspina, Sr.**INDOORS****Pole vault (13-11, 4.24m)**

12-11 3/4 (3.96m)	3) UW Preview	1/18
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Brittany McGee, 5th Sr.**INDOORS****Long jump (18-11, 5.77m)**

14-11 1/2 (4.56m)	33) UW Preview	1/18
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Kaitlyn Merritt, 5th Sr.**INDOORS****Pole vault (13-11, 4.24m)**

13-3 3/4 (4.06m)	2) UW Preview	1/18
13-0 1/4 (3.97m)	11) Razorback Invitational	1/31
13-1 3/4 (4.01m)	9) Don Kirby Invitational	2/14
12-7 1/2 (3.85m)	6) MPSF Championships	2/28

Jordan Oakes, Jr.**INDOORS****800 (2:10.69)**

2:10.69	15) Razorback Invitational	2/1
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Mile (4:37.69)

4:47.98	12) Razorback Invitational	2/1
4:38.99	12) Husky Classic	2/15
4:37.69	3) MPSF Championships	2/29

3,000 (9:22.91)

9:25.59	16) UW Preview	1/18
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Lindsey Payne, So.**INDOORS****3,000 (9:45.49)**

10:03.49	47) UW Preview	1/18
9:50.16	64) Husky Classic	2/14
9:45.49	27) MPSF Championships	2/29

Valerie Przekop, Jr.**INDOORS****High jump (5-5 1/4, 1.66m)**

5-3 (1.60m)	13) UW Preview	1/18
NH	Razorback Invitational	1/31
5-5 1/4 (1.66m)	15) Don Kirby Invitational	2/13

Alexa Rossum, Fr.**INDOORS****60 (7.40)**

7.61	12p) UW Preview	1/18
7.63	7p) Razorback Invitational	2/1
7.66	18) Razorback Invitational	2/1

200 (24.80)

24.92	11) UW Preview	1/18
24.80	36) Razorback Invitational	1/31

Kaitlin Ryan, Jr.**INDOORS****800 (2:08.63)**

2:09.81	17) MPSF Championships	2/29
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1,000 (2:48.42)

2:54.67	8) UW Preview	1/18
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Mile (4:57.23)

5:06.72	33) Razorback Invitational	2/1
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4:57.46

61) Husky Classic	2/15
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Distance medley relay

11:41.68 (first leg)	7) Razorback Invitational	1/31
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Jaimi Salone, Sr.**INDOORS****Shot put (44-9 3/4, 13.65m)**

43-8 (13.31m)	9) UW Preview	1/18
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Foul	Razorback Invitational	2/1
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44-7 (13.59m)	17) Don Kirby Invitational	2/14
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42-11 3/4 (13.10m)	20) MPSF Championships	2/29
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Weight throw (55-9 1/2, 17.00m)

51-5 1/2 (15.68m)	18) UW Preview	1/18
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53-1 1/2 (16.19m)	15) Razorback Invitational	1/31
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55-9 1/2 (17.00m)	16) Don Kirby Invitational	2/13
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54-11 1/2 (16.75m)	10) MPSF Championships	2/28
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Aria Small, Jr.**INDOORS****Long jump (18-0 1/2, 5.50m)**

18-0 1/2, 5.50m)	5) UW Preview	1/18
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18-9 3/4 (5.73m)	14) Razorback Invitational	1/31
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18-1 1/2 (5.53m)	11) MPSF Championships	2/28
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Triple jump (42-4, 12.90m)

40-0 (12.19m)	1) UW Preview	1/18
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41-8 (12.70m)	9) Razorback Invitational	2/1
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41-11 1/2 (12.79m)	6) Don Kirby Invitational	2/14
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41-0 1/2 (12.51m)	4) MPSF Championships	2/29
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Rebecca Story, So.**INDOORS****Mile (4:52.80)**

4:52.80	10) UW Preview	1/18
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4:59.45	23) Razorback Invitational	2/1
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3,000 (9:38.52)

9:38.52	48) Husky Classic	2/14
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Ellie Talus, Fr.**INDOORS****Triple jump (38-10 1/4, 11.84m)**

37-9 1/4 (11.51m)	8) UW Preview	1/18
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Foul	Razorback Invitational	2/1
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38-10 1/4 (11.84m)	21) Don Kirby Invitational	2/14
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Allyson Weiss, So.**INDOORS****Long jump (16-0 1/2, 4.89m)**

16-10 1/2 (4.89m)	29) UW Preview	1/18
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Triple jump (38-0 1/4, 11.59m)

36-2 (11.02m)	16) UW Preview	1/18
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38-0 1/4 (11.59m)	27) Don Kirby Invitational	2/14
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37-10 3/4 (11.55m)	11) MPSF Championships	2/29
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Carolyn Wilson, Jr.**INDOORS****200 (25.30)**

25.48	17) UW Preview	1/18
25.63	48) Razorback Invitational	1/31
25.67	7) Husky Classic	2/14

400 (53.96)

55.15	3) UW Preview	1/18
55.18	15) Razorback Invitational	2/1

800 (2:06.11)

2:06.11	5) Husky Classic	2/15
2:09.79	16) MPSF Championships	2/29

4x400 relay

3:45.87 (first leg)	8) MPSF Championships	2/29
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Distance medley relay

11:41.68 (third leg)	7) Razorback Invitational	1/31
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Laurel Wong, Fr.**INDOORS****Pole vault (12-8, 3.86m)**

11-6 1/4 (3.51m)	15) UW Preview	1/18
12-6 1/4 (3.82m)	13) Razorback Invitational	1/31
12-8 (3.86m)	Unseeded, 12) Don Kirby Invite	2/13
12-7 1/2 (3.85m)	11) MPSF Championships	2/28

Thru 2020

(Personal records in parentheses)

** unattached*