

# 2018 STANFORD TRACK AND FIELD

## Outdoor Schedule

Date	Meet	Site	Scores/Time (PT)
March 16-17	at Hornet Invitational	Sacramento, Calif.	M: 2nd (153); W: 3rd (119.5)
March 30-31	Stanford Invitational	Stanford, Calif.	Non-scoring
April 7	at Big Meet vs. Cal	Berkeley, Calif.	M: S. 100, Cal 63; W: S. 115, Cal 47
April 14	at Triton Invitational	La Jolla, Calif.	Non-scoring
April 18-19	at Bryan Clay Invitational	Azusa, Calif.	Non-scoring
April 20-21	Cardinal Classic	Stanford, Calif.	Non-scoring
April 27-28	at National Relay Championships	Fayetteville, Ark.	Non-scoring
April 27-28	at Brutus Hamilton Challenge	Berkeley, Calif.	Non-scoring
April 28	at Desert Heat Classic	Tucson, Ariz.	Non-scoring
May 3	Payton Jordan Invitational	Stanford, Calif.	Non-scoring
May 5-6	Pac-12 Multi-Event Championships	Stanford, Calif.	
May 12-13	Pac-12 Championships	Stanford, Calif.	M: 2nd (125); W: 3rd (119)
May 24-26	at NCAA West Prelims	Sacramento, Calif.	Non-scoring
June 6-9	at NCAA Championships	Eugene, Ore.	M: 8th (28); W: 3rd (51)

### MEN

### WOMEN

## School Records

Name	Meet	Mark	Name	Meet	Mark
<b>4x400 relay</b>			<b>800</b>		
Frank Kurtz, Julian Body, Gabriel Navarro, Isaiah Brandt-Sims	NCAA West	3:04.84	Olivia Baker	U.S. Champs	2:00.08
Frank Kurtz, Julian Body, Gabriel Navarro, Isaiah Brandt-Sims	NCAA semis	3:04.82	<b>1,500</b>		
			Elise Cranny	NCAA final	4:09.49
<b>Javelin</b>			<b>5,000</b>		
Trevor Danielson	NCAA final	235-7	Vanessa Fraser	Heusden	15:09.62
			<b>Sprint Medley Relay</b>		
			Gaby Gayles, Ashlan Best, Carolyn Wilson, Olivia Baker	Nat'l Relays	3:41.59
			<b>Discus</b>		
			Valarie Allman	U.S. Champs	208-6
			<b>Javelin</b>		
			Mackenzie Little	Big Meet	192-4
			Mackenzie Little	NCAA final	198-0

## Pac-12 Champions

Name	Event	Mark	Name	Event	Mark
Jack Keelan	10,000	29:38.44	Elise Cranny	5,000	16:28.54
Steven Fahy	Steeplechase	8:50.07	Vanessa Fraser	10,000	33:10.84
Harrison Williams	Decathlon	7,925	Mackenzie Little	Javelin	180-1

## NCAA Competitors

Name	Event	Place	Mark	Name	Event	Place	Mark
Steven Fahy	Steeple	3	8:34.52	Olivia Baker	800	5	2:06.18
Sean McGorty	5,000	1	13:54.81	Elise Cranny	1,500	3	4:09.49
Grant Fisher	5,000	3	13:55.04	Christina Aragon	1,500	4	4:09.59
Frank Kurtz, Gabriel Navarro, Isaiah Brandt-Sims, Julian Body	4x100	19	39.86	Vanessa Fraser	5,000	4	15:43.77
Frank Kurtz, Julian Body, Gabriel Navarro, Isaiah Brandt-Sims	4x400	8	3:05.50	Missy Mongiovi, Ashlan Best, Gaby Gayles, Olivia Baker			
Trevor Danielson	Javelin	4	235-7		4x400	13	3:34.26
Harrison Williams	Decathlon	--	DNF	Erika Malaspina	Pole vault	12	13-7 1/4
				Kaitlyn Merritt	Pole vault	--	NH
				Lena Giger	Shot put	3	57-8 1/4
				Valarie Allman	Discus	3	194-3
				Valarie Allman	Hammer	8	208-5
				Mackenzie Little	Javelin	1	198-0
				Jenna Gray	Javelin	2	187-11

# 2018 STANFORD TRACK AND FIELD

## Indoor Schedule

Date	Meet	Site	Scores/Time (PT)
Jan. 13	at UW Indoor Preview	Seattle, Wash.	Non-scoring
Jan. 26-27	at UW Invitational	Seattle, Wash.	Non-scoring
Feb. 2-3	at Power Five Invitational	Ann Arbor, Mich.	Non-scoring
Feb. 9-10	at Iowa State Classic	Ames, Iowa	Non-scoring
Feb. 9-10	at Don Kirby Collegiate Invitational	Albuquerque, N.M.	Non-scoring
Feb. 9-10	at Husky Classic	Seattle, Wash.	Non-scoring
Feb. 17	at Alex Wilson Invitational	Notre Dame, Ind.	Non-scoring
Feb. 23-24	at MPSF Championships	Seattle, Wash.	W: 2nd (98); M: 10th (36)
March 9-10	at NCAA Championships	College Station, Texas	W: 8th (24); M: 21st (10)

## School Records

MEN			WOMEN		
Name	Event	Mark	Name	Event	Mark
<b>Don Kirby Collegiate Invitational</b>			<b>Don Kirby Collegiate Invitational</b>		
Julian Body, Frank Kurtz, Louis Stenmark, Gabriel Navarro	4x400 relay	3:09.38	Olivia Baker	400	53.35
<b>Alex Wilson Invitational</b>			<b>Husky Classic</b>		
Sean McGorty, Isaiah Brandt-Sims, Hari Sathyamurthy, Grant Fisher	Distance medley	9:26.91	Lena Giger	Shot put	58-4
			<b>Husky Classic</b>		
			Valarie Allman	Weight throw	70-3 1/2
			<b>MPSF Championships</b>		
			Elise Cranny	Mile	4:31.29
			<b>NCAA Championships</b>		
			Vanessa Fraser, Missy Mongiovi, Olivia Baker, Christina Aragon	Distance medley	10:52.02

## MPSF Champions

MEN			WOMEN		
Name	Event	Mark	Name	Event	Mark
			Olivia Baker	800	2:04.31
			Elise Cranny	Mile	4:31.29
			Fiona O'Keeffe	3,000	9:04.77
			Carolyn Wilson, Ashlan Best, Missy Mongiovi, Olivia Baker	4x400	3:35.34

## NCAA Results

MEN				WOMEN			
Name	Event	Place	Mark	Name	Event	Place	Mark
Grant Fisher	3,000	4	8:06.52	Olivia Baker	800	8	2:04.54
Steven Fahy	5,000	9	14:17.51	Elise Cranny	Mile	5	4:34.48
Sean McGorty, Julian Body, Brandon McGorty, Grant Fisher	DMR	4	9:31.95	Vanessa Fraser	3,000	4	9:02.31
				Christina Aragon	3,000	7	9:03.71
				Fiona O'Keeffe	3,000	10	9:10.54
				Vanessa Fraser, Missy Mongiovi, Elise Cranny, Christina Aragon	DMR	2	10:52.02
				Lena Giger	Shot put	6	56-2 3/4
				Valarie Allman	Weight throw	8	69-5 1/2

# STANFORD MEN'S 2018 OUTDOOR PERFORMANCE LIST

## By Event

### 100 meters (10.39)

Name	Mark	Meet	Date
Isaiah Brandt-Sims	10.41	Big Meet/NCAA West	4/7,5/24
Gabriel Navarro	10.43	Big Meet	4/7
Frank Kurtz	10.80	Stanford Invitational	3/30
Harrison Williams	10.84	U.S. Championships	6/21
Terrence Alexander	10.91	Cardinal Classic	4/21
Jack Herkert	11.46	Pac-12 Multis	5/5

### 200 meters (20.74)

Name	Mark	Meet	Date
Isaiah Brandt-Sims	21.01	National Relays	4/27
Gabriel Navarro	21.04	Pac-12 Champs	5/12
Frank Kurtz	21.45	Cardinal Classic	4/20
Terrence Alexander	22.04	Stanford Invitational	3/30
Isaac Westlund	22.35	Stanford Invitational	3/31

### 400 meters (45.36)

Name	Mark	Meet	Date
Frank Kurtz	47.10	Pac-12 Champs	5/13
Isaac Westlund	48.45	Cardinal Classic	4/21
Harrison Williams	48.01	NCAA Champs	6/6
Lucas Ege	48.97	Cardinal Classic	4/21
Daniel Brady	49.06	Cardinal Classic	4/21
Dion Brandt-Sims	49.37	Cardinal Classic	4/21
Colin Dolese	49.42	Cardinal Classic	4/21

### 800 meters (1:46.20)

Name	Mark	Meet	Date
Hari Sathyamurthy	1:49.93	Desert Heat Classic	4/28
Brian Smith	1:50.28	Payton Jordan Invite	5/3
Christian White	1:50.05	Pac-12 Champs	5/12
Brandon McGorty	1:51.69	Big Meet	4/7
Tom Coyle	1:52.25	Stanford Invitational	3/31
Scott Buttinger	1:52.47	Cardinal Classic	4/20
Isaac Cortes	1:53.41	Big Meet	4/7
Nathaniel Kucera	1:53.47	Payton Jordan Invite	5/3
Daniel Book	1:55.48	Big Meet	4/7
Patrick Perrier	1:56.23	Stanford Invitational	3/31

### 1,500 meters (3:35.11)

Name	Mark	Meet	Date
Sean McGorty	3:36.61	Kortrijk	7/14
Grant Fisher	3:41.24	Payton Jordan Invite	5/3
Tai Dinger	3:44.51	Payton Jordan Invite	5/3
Callum Bolger	3:44.93	Payton Jordan Invite	5/3*
Tom Coyle	3:45.22	Payton Jordan Invite	5/3
Steven Fahy	3:46.73	Payton Jordan Invite	5/3
Jack Keelan	3:48.68	Payton Jordan Invite	5/3
DJ Principe	3:49.20	Payton Jordan Invite	5/3
Patrick Perrier	3:50.11	Cardinal Classic	4/21
Hari Sathyamurthy	3:50.12	Stanford Invitational	3/30
Brian Smith	3:52.92	Stanford Invitational	3/30
Brandon McGorty	3:52.92	Stanford Invitational	3/30*
Isaac Cortes	3:55.69	Cardinal Classic	4/21
Alex Ostberg	3:55.81	Stanford Invitational	3/30
Harrison Williams	4:37.91	Pac-12 Multis	5/6

### Mile (3:55.16)

Name	Mark	Meet	Date
Sean McGorty	3:55.21	Sir Walter Miler	8/3

### 3,000-meters steeplechase (8:32.09)

Name	Mark	Meet	Date
Steven Fahy	8:34.52	NCAA Champs	6/8
Steven Grolle	9:04.47	Payton Jordan Invite	5/3

### 3,000 meters

Name	Mark	Meet	Date
Sean McGorty	8:03.92	Big Meet	4/7
Jack Keelan	8:08.44	Big Meet	4/7
Sam Wharton	8:14.41	Big Meet	4/7
Will Lauer	8:25.99	Big Meet	4/7

### 5,000 meters (13:15.33)

Name	Mark	Meet	Date
Sean McGorty	13:21.93	Heusden	7/21
Grant Fisher	13:32.00	U.S. Championships	6/24
Jack Keelan	13:50.48	Cardinal Classic	4/20
Tai Dinger	14:09.41	Stanford Invitational	3/30
DJ Principe	14:10.58	Portland High Perf.	6/10
Connor Lane	14:10.99	Stanford Invitational	3/30*
Sam Wharton	14:12.12	Cardinal Classic	4/20
Steven Fahy	14:13.80	Pac-12 Champs	5/13
Michael Vernau	14:22.54	Portland High Perf.	6/10*
Tom Coyle	14:38.10	Pac-12 Champs	5/13

### 10,000 meters (27:31.38)

Name	Mark	Meet	Date
Sam Wharton	29:11.33	Stanford Invitational	3/30
Jack Keelan	29:32.98	NCAA West Prelims	5/24
Alek Parsons	29:59.46	Pac-12 Champs	5/12

### 110-meter hurdles (13.61)

Name	Mark	Meet	Date
Harrison Williams	14.13	U.S. Championships	6/22
Jack Herkert	14.69	Cardinal Classic	4/21

### 400-meter hurdles (48.79)

Name	Mark	Meet	Date
Julian Body	52.02	Pac-12 Champs	5/13
Daniel Brady	52.51	Cardinal Classic	4/20
Dion Brandt-Sims	52.92	Big Meet	4/7
Lucas Ege	53.58	Payton Jordan Invite	5/3
Colin Dolese	54.00	Big Meet	4/7

### 4x100 meter relay (39.64)

Name	Mark	Meet	Date
Frank Kurtz, Gabriel Navarro, Isaiah Brandt-Sims, Julian Body	39.79	NCAA West Prelims	5/26
Frank Kurtz, Gabriel Navarro, Isaiah Brandt-Sims, Julian Body	39.86	NCAA semifinals	6/6
Frank Kurtz, Gabriel Navarro, Isaiah Brandt-Sims, Julian Body	40.03	Pac-12 Champs	5/13
Frank Kurtz, Gabriel Navarro, Isaiah Brandt-Sims, Julian Body	40.04	Cardinal Classic	4/21
Frank Kurtz, Gabriel Navarro, Isaiah Brandt-Sims, Julian Body	40.04	National Relays	4/28
Isaiah Brandt-Sims, Gabriel Navarro, Terrence Alexander, Julian Body	41.02	Stanford Invitational	3/31

# STANFORD MEN'S 2018 OUTDOOR PERFORMANCE LIST

## By Event

### 4x400 meter relay (3:04.82)

Name	Mark	Meet	Date
Frank Kurtz, Julian Body, Gabriel Navarro, Isaiah Brandt-Sims	3:04.82	NCAA semifinals	6/6
Frank Kurtz, Julian Body, Gabriel Navarro, Isaiah Brandt-Sims	3:04.84	NCAA West Prelims	5/26
Frank Kurtz, Julian Body, Gabriel Navarro, Isaiah Brandt-Sims	3:05.50	NCAA Champs	6/8
Frank Kurtz, Isaiah Brandt-Sims, Gabriel Navarro, Julian Body	3:05.76	National Relays	4/28
Frank Kurtz, Isaiah Brandt-Sims, Gabriel Navarro, Julian Body	3:08.01	Pac-12 Champs	5/13
Frank Kurtz, Isaiah Brandt-Sims, Gabriel Navarro, Julian Body	3:08.28	Cardinal Classic	4/21
Frank Kurtz, Christian White, Daniel Brady, Julian Body	3:10.74	Big Meet	4/7
Julian Body, Lucas Ege, Isaac Westlund, Gabriel Navarro	3:12.45	Stanford Invitational	3/31
Harrison Williams, Christian White, Colin Dolese, Daniel Brady	3:15.38	Stanford Invitational	3/31
Daniel Brady, Christian White, Brandon McGorty, Isaac Westlund	3:17.55	Cardinal Classic	4/21
Christian White, Hari Sathyamurthy, Brian Smith, Scott Buttinger	3:19.38	Desert Heat Classic	4/28
Daniel Book, Brian Smith, Scott Buttinger, Nathaniel Kucera	3:22.33	Cardinal Classic	4/21

### High jump (7-5 3/4, 2.28m)

Name	Mark	Meet	Date
Jaak Uudmae	6-8 3/4	Big Meet	4/7
Trevor Rex	6-8 3/4	Big Meet	4/7
Jack Herkert	6-6 3/4	Big Meet	4/7
Harrison Williams	6-5	Pac-12 Multis/U.S.	5/5,6/21

### Pole vault (18-9 1/2, 5.72m)

Name	Mark	Meet	Date
Harrison Williams	17-2 3/4	Pac-12 Multis	5/6

### Long jump (27-0, 8.22m)

Name	Mark	Meet	Date
Harrison Williams	25-1 3/4	NCAA Champs	6/6
Jaak Uudmae	24-7	Stan. Invite/Nat'l	3/30,4/27
Jack Herkert	22-8	Stanford Invitational	3/30

### Triple jump (52-6 3/4, 16.02m)

Name	Mark	Meet	Date
Fisayo Omilana	46-1 1/4	Stanford Invitational	3/31

### Shot put (67-9 1/4, 20.65m)

Name	Mark	Meet	Date
Tristen Newman	60-9 1/4	Stanford Invitational	3/31
Harrison Williams	45-8 1/2	NCAA Champs	6/6
Jack Herkert	35-8 3/4	Pac-12 Multis	5/5

### Discus (210-1, 64.04m)

Name	Mark	Meet	Date
Jake Koffman	172-4	Big Meet	4/7
Landon Ellingson	161-3	Brutus Hamilton	4/28
Harrison Williams	141-1	Pac-12 Multis	5/6
Jack Herkert	81-2	Pac-12 Multis	5/6

### Hammer (240-10, 73.42)

Name	Mark	Meet	Date
Michael Painter	208-0	Pac-12 Champs	5/13
Tristen Newman	203-8	Payton Jordan Invite	5/3
Landon Ellingson	172-10	Payton Jordan Invite	5/3
Jake Koffman	156-1	Stanford Invitational	3/30

### Javelin (235-7, 71.80m)

Name	Mark	Meet	Date
Trevor Danielson	235-7	NCAA Champs	6/6
Liam Christensen	220-6	Cardinal Classic	4/20*
Will Kingsfield	212-3	National Relays	4/27
Harrison Williams	169-8	U.S. Championships	6/22
Jack Herkert	139-9	Pac-12 Multis	5/6

### Decathlon (8,032 pts.)

Name	Mark	Meet	Date
Harrison Williams	7,925	Pac-12 Champs	5/5-6
Jack Herkert	3,606	Pac-12 Champs	5/5-6

### Thru 2018

(Parentheses indicate school record for that event)

\* unattached

# STANFORD MEN'S 2018 INDOOR PERFORMANCE LIST

## By Event

### 60 meters (6.80)

Name	Mark	Meet	Date
Isaiah Brandt-Sims	6.82	UW Preview/Kirby	1/13/2/10
Gabriel Navarro	6.92	UW Indoor Preview	1/13
Frank Kurtz	7.04	UW Indoor Preview	1/13
Jack Herkert	7.35	MPSF Championships	2/23

### 200 meters (21.17)

Name	Mark	Meet	Date
Frank Kurtz	21.37	Don Kirby Invite	2/9
Isaiah Brandt-Sims	21.43	Power Five Invite	2/3
Gabriel Navarro	21.62	MPSF Championships	2/23
Isaac Westlund	22.31	Power Five Invite	2/3
Daniel Brady	22.87	Don Kirby Invite	2/9

### 400 meters (46.16)

Name	Mark	Meet	Date
Julian Body	47.69	MPSF Championships	2/24
Louis Stenmark	48.37	Don Kirby Invite	2/9
Lucas Ege	49.09	Don Kirby Invite	2/9
Daniel Brady	49.33	Don Kirby Invite	2/9
Isaac Westlund	49.33	MPSF Championships	2/24
Dion Brandt-Sims	49.88	UW Invitational	1/27

### 600 meters (1:18.39)

Name	Mark	Meet	Date
Christian White	1:20.26	UW Indoor Preview	1/13
Daniel Brady	1:21.29	UW Indoor Preview	1/13
Louis Stenmark	1:21.86	UW Indoor Preview	1/13
Lucas Ege	1:22.19	UW Indoor Preview	1/13
Isaac Westlund	1:22.91	UW Indoor Preview	1/13

### 800 meters (1:47.78)

Name	Mark	Meet	Date
Brandon McGorty	1:50.99	UW Invitational	1/27
Hari Sathyamurthy	1:51.19	Power Five Invite	2/3
Brian Smith	1:51.71	Power Five Invite	2/3
Christian White	1:52.81	UW Invitational	1/27
Scott Buttinger	1:53.36	MPSF Championships	2/24
Nathaniel Kucera	1:53.51	Power Five Invite	2/3

### 1,000 meters (2:22.17)

Name	Mark	Meet	Date
Brandon McGorty	2:23.56	UW Indoor Preview	1/13
Hari Sathyamurthy	2:29.08	UW Indoor Preview	1/13
Nathaniel Kucera	2:31.64	UW Indoor Preview	1/13
Daniel Book	2:35.62	UW Indoor Preview	1/13
Jack Herkert	3:00.52	MPSF Championships	2/24

### Mile (3:53.95)

Name	Mark	Meet	Date
Steven Fahy	4:00.60	UW Invitational	1/27
Jack Keelan	4:02.03	UW Invitational	1/27
Tom Coyle	4:05.55	UW Invitational	1/27
Tai Dinger	4:07.07	UW Invitational	1/27
Patrick Perrier	4:08.71	Power Five Invite	2/3
Isaac Cortes	4:13.51	UW Invitational	1/27
Sam Wharton	4:14.07	UW Indoor Preview	1/13

### 3,000 meters (7:46.81)

Name	Mark	Meet	Date
Grant Fisher	7:48.56	Iowa State Classic	2/9
Steven Fahy	7:54.62	MPSF Championships	2/24
Jack Keelan	7:58.68	Iowa State Classic	2/9
Alek Parsons	8:07.93	UW Invitational	1/27
Tai Dinger	8:09.43	Iowa State Classic	2/9
Tom Coyle	8:12.90	UW Indoor Preview	1/13
Sam Wharton	8:13.63	UW Invitational	1/27
Patrick Perrier	8:18.68	UW Indoor Preview	1/13
Blair Hurlock	8:23.91	UW Invitational	1/27
Steven Grolle	8:24.61	UW Invitational	1/27

### 5,000 meters (13:19.58)

Name	Mark	Meet	Date
Steven Fahy	13:44.82	Iowa State Classic	2/9
Alek Parsons	13:58.87	Iowa State Classic	2/9
Sam Wharton	14:05.00	MPSF Championships	2/23
Blair Hurlock	14:48.69	Iowa State Classic	2/9

### 60-meter hurdles (7.71)

Name	Mark	Meet	Date
Harrison Williams	8.26	UW Indoor Preview	1/13*
Jack Herkert	8.49	UW Invitational	1/27

### 4x400 meter relay (3:09.38)

Name	Mark	Meet	Date
Julian Body, Frank Kurtz, Louis Stenmark, Gabriel Navarro	3:09.38	Don Kirby Invite	2/10
Julian Body, Gabriel Navarro, Isaiah Brandt-Sims, Frank Kurtz	3:09.95	MPSF Championships	2/24
Isaac Westlund, Daniel Brady, Christian White, Brandon McGorty	3:16.59	UW Indoor Preview	1/13
Dion Brandt-Sims, B. McGorty, Hari Sathyamurthy, Christian White	3:18.40	UW Invitational	1/27
Lucas Ege, Hari Sathyamurthy, Nathaniel Kucera, Daniel Book	3:25.76	UW Indoor Preview	1/13

### 4x800 meter relay (7:35.71)

Name	Mark	Meet	Date
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### Distance medley relay (9:26.91)

Name	Mark	Meet	Date
Sean McGorty, Isaiah Brandt-Sims, Hari Sathyamurthy, Grant Fisher	9:26.91	Alex Wilson Invite	2/10
Sean McGorty, Julian Body, Brandon McGorty, Grant Fisher	9:31.95	NCAA Championships	3/9
Tom Coyle, Julian Body, Brandon McGorty, Grant Fisher	9:32.98	Power Five Invite	2/2
Hari Sathyamurthy, Christian White, Brian Smith, Patrick Perrier	9:51.26	UW Invitational	1/26

### High jump (7-3 1/2)

Name	Mark	Meet	Date
Trevor Rex	6-8 3/4	Power Five/MPSF	2/2,2/24
Jack Herkert	6-6 3/4	UW Invitational	1/27

### Pole vault (18-4 3/4)

Name	Mark	Meet	Date
Jack Herkert	12-5 1/2	Power Five Invite	2/3

**Long jump (25-7 1/4)**

<b>Name</b>	<b>Mark</b>	<b>Meet</b>	<b>Date</b>
Jaak Uudmae	24-4 1/2	Don Kirby Invite	2/9
Harrison Williams	23-0	UW Indoor Preview	1/13*
Jack Herkert	22-1 1/2	MPSF Championships	2/23

**Triple jump (52-9 1/4)**

<b>Name</b>	<b>Mark</b>	<b>Meet</b>	<b>Date</b>
Jaak Uudmae	46-8 3/4	MPSF Championships	2/24
Fisayo Omilana	45-6	UW Indoor Preview	1/13

**Shot put (70-6 1/2)**

<b>Name</b>	<b>Mark</b>	<b>Meet</b>	<b>Date</b>
Tristen Newman	61-4 1/4	UW Indoor Preview	1/13
Jack Herkert	35-3 1/4	MPSF Championships	2/23

**Weight throw (70-6 1/2)**

<b>Name</b>	<b>Mark</b>	<b>Meet</b>	<b>Date</b>
Michael Painter	63-5	MPSF Championships	2/23

**Heptathlon (5,970)**

<b>Name</b>	<b>Mark</b>	<b>Meet</b>	<b>Date</b>
Jack Herkert	4,860	Power Five Invite	2/2-3

**Thru 2018**

*(Parentheses indicate school record for that event)*

*\* unattached*

# STANFORD MEN'S 2018 PERFORMANCE LIST

## By Individual

Academic years listed; Years of eligibility may differ.

### Terrence Alexander, Sr.

#### OUTDOORS

##### 100 (10.91 outdoor PB)

11.00	24) Stanford Invitational	3/30
10.91	5) Cardinal Classic	4/21
11.16	6) Brutus Hamilton Challenge	4/28

##### 200 (21.92)

22.04	16) Stanford Invitational	3/31
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##### 4x100

41.02 (third leg)	1) Stanford Invitational	3/31
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### Julian Body, So.

#### OUTDOORS

##### 400 hurdles (51.62)

52.95	9) Stanford Invitational	3/30
52.18	1) Big Meet	4/7
52.45	4) Cardinal Classic	4/20
53.04	17) National Relays	4/27
52.43	8p) Pac-12 Championships	5/12
52.02	7) Pac-12 Championships	5/13

##### 4x100

41.02 (anchor)	1) Stanford Invitational	3/31
40.88 (anchor)	1) Big Meet	4/7
40.04 (anchor)	1) Cardinal Classic	4/21
40.04 (anchor)	6) National Relays	4/28
40.03 (anchor)	3) Pac-12 Championships	5/13
39.79 (anchor)	7) NCAA West Prelims	5/26
39.86 (anchor)	19s) NCAA Championships	6/6

##### 4x400

3:12.45 (first leg)	1) Stanford Invitational	3/31
3:10.74 (anchor)	1) Big Meet	4/7
3:08.28 (anchor)	1) Cardinal Classic	4/21
3:05.76 (anchor)	5) National Relays	4/28
3:08.01 (anchor)	3) Pac-12 Championships	5/13
3:04.84 (second leg)	9) NCAA West Prelims	5/26
3:04.82 (second leg)	6s) NCAA Championships	6/6
3:05.50 (second leg)	8) NCAA Championships	6/8

#### INDOORS

##### 400 (47.69 indoor PB)

48.21	1) UW Indoor Preview	1/13
47.90	1) Don Kirby Invitational	2/9
47.69	10) MPSF Championships	2/24

##### 4x400 relay

3:12.46 (first leg)	1) UW Indoor Preview	1/13
3:12.50 (first leg)	5) Power Five Invitational	2/3
3:09.38 (first leg)	2) Don Kirby Invitational	2/10
3:09.95 (first leg)	3) MPSF Championships	2/24

##### Distance medley relay

9:32.98 (second leg)	2) Power Five Invitational	2/2
9:31.95 (second leg)	4) NCAA Championships	3/9

### Callum Bolger, Fr.

#### OUTDOORS

##### 1,500 (3:44.93)

3:44.93	Sec. 4: 5) Payton Jordan Invite	5/3*
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### Daniel Book, Jr.

#### OUTDOORS

##### 800 (1:51.26)

1:55.48	10) Big Meet	4/7
1:57.31	Sec. 4: 6) Cardinal Classic	4/20

##### 4x400 relay

3:22.33 (first leg)	6) Cardinal Classic	4/21
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#### INDOORS

##### 1,000 (2:35.62)

2:35.62	24) UW Indoor Preview	1/13
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##### 4x400 relay

3:25.76 (anchor)	6) UW Indoor Preview	1/13
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### Daniel Brady, Sr.

#### OUTDOORS

##### 400 (49.06)

49.06	12) Cardinal Classic	4/21
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##### 400 hurdles (51.79)

52.73	2) Hornet Invitational	3/17
52.66	8) Stanford Invitational	3/30
52.81	2) Big Meet	4/7
52.51	5) Cardinal Classic	4/20
52.90	15) National Relays	4/27
52.80	10p) Pac-12 Championships	5/12

##### 4x400

3:15.38 (anchor)	4) Stanford Invitational	3/31
3:10.74 (third leg)	1) Big Meet	4/7
3:17.55 (first leg)	5) Cardinal Classic	4/21

#### INDOORS

##### 200 (22.74)

22.87	70) Don Kirby Invitational	2/9
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##### 400 (49.33)

50.41	34) Power Five Invitational	2/3
49.33	14) Don Kirby Invitational	2/9
49.73	27) MPSF Championships	2/24

##### 600 (1:21.29)

1:21.29	6) UW Indoor Preview	1/13
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##### 4x400 relay

3:16.59 (second leg)	3) UW Indoor Preview	1/13
3:14.51 (first leg)	7) Power Five Invitational	2/3

### Dion Brandt-Sims, So.

#### OUTDOORS

##### 400 (49.37)

50.06	18) Hornet Invitational	3/17
49.37	13) Cardinal Classic	4/21

##### 400 hurdles (52.92)

54.55	19) Stanford Invitational	3/30
52.92	3) Big Meet	4/7
55.10	13) Cardinal Classic	4/20
53.13	18) National Relays	4/27
54.15	12p) Pac-12 Championships	5/12

#### INDOORS

##### 400 (49.88)

49.88	15) UW Invitational	1/27
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##### 4x400 relay

3:18.40 (first leg)	2) UW Invitational	1/27
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**Isaiah Brandt-Sims, Sr.****OUTDOORS****100 (10.41)**

10.61	5p) Stanford Invitational	3/30
10.50	2) Stanford Invitational	3/30
10.41	1) Big Meet	4/7
10.45	1) Cardinal Classic	4/21
10.57	14) National Relays	4/27
10.52	10p) Pac-12 Championships	5/12
10.43	23p) NCAA West Prelims	5/24
10.41	14) NCAA West Prelims	5/25

**200 (20.93)**

21.40	3) Stanford Invitational	3/31
21.50	1) Big Meet	4/7
21.37	2) Cardinal Classic	4/20
21.01	6) National Relays	4/27
21.01	5p) Pac-12 Championships	5/12
21.01w	3) Pac-12 Championships	5/13

**4x100**

41.02 (first leg)	1) Stanford Invitational	3/31
40.88 (third leg)	1) Big Meet	4/7
40.04 (third leg)	1) Cardinal Classic	4/21
40.04 (third leg)	6) National Relays	4/28
40.03 (third leg)	3) Pac-12 Championships	5/13
39.79 (third leg)	7) NCAA West Prelims	5/26
39.86 (third leg)	19s) NCAA Championships	6/6

**4x400**

3:08.28 (second leg)	1) Cardinal Classic	4/21
3:05.76 (second leg)	5) National Relays	4/28
3:08.01 (second leg)	3) Pac-12 Championships	5/13
3:04.84 (anchor)	9) NCAA West Prelims	5/26
3:04.82 (anchor)	6s) NCAA Championships	6/6
3:05.50 (anchor)	8) NCAA Championships	6/8

**INDOORS****60 (6.64)**

6.82	5s) UW Indoor Preview	1/13
6.87	6) UW Indoor Preview	1/13
6.91	4p) UW Invitational	1/27
6.84	3) UW Invitational	1/27
6.82	13s) Don Kirby Invitational	2/9
6.88	7p) MPSF Championships	2/23
6.95	8) MPSF Championships	2/24

**200 (21.43)**

21.43	5) Power Five Invitational	2/3
21.50	13) Don Kirby Invitational	2/9

**4x400 relay**

3:14.51 (third leg)	7) Power Five Invitational	2/3
3:09.95 (third leg)	3) MPSF Championships	2/24

**Distance medley relay**

9:26.91 (second leg)	1) Alex Wilson Invitational	2/17
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**Scott Buttinger, 5th Sr.****OUTDOORS****800 (1:50.06)**

1:54.25	12) Hornet Invitational	3/17
1:53.32	27) Stanford Invitational	3/31
1:53.00	7) Big Meet	4/7
1:52.47	Sec. 3: 6) Cardinal Classic	4/20
1:53.81	13) Desert Heat Classic	4/28
1:52.49	Sec. 2: 4) Payton Jordan Invite	5/3

**4x400 relay**

3:22.33 (third leg)	6) Cardinal Classic	4/21
3:19.38 (anchor)	4) Desert Heat Classic	4/28

**INDOORS****800 (1:50.06)**

1:54.22	26) Husky Classic	2/10
1:53.36	9) MPSF Championships	2/24

**Liam Christensen, Fr.****OUTDOORS****Javelin (232-1, 70.73m)**

220-6 (67.20m)	1) Cardinal Classic	4/20
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**Isaac Cortes, So.****OUTDOORS****800 (1:50.20)**

1:54.15	10) Hornet Invitational	3/17
1:55.40	39) Stanford Invitational	3/31
1:53.41	8) Big Meet	4/7
1:53.45	Sec. 3: 8) Cardinal Classic	4/20
1:54.98	Sec. 2: 6) Payton Jordan Invite	5/3

**1,500 (4:03.33)**

4:03.33	Sec. 4: 9) Stanford Invitational	3/30
3:55.69	Sec. 2: 10) Cardinal Classic	4/21

**INDOORS****Mile (4:08.37)**

4:13.51	46) UW Invitational	1/27
4:15.00	22) Power Five Invitational	2/3
4:20.80	24) MPSF Championships	2/24

**Tom Coyle, 5th Sr.****OUTDOORS****800 (1:50.43)**

1:53.05	6) Hornet Invitational	3/17
1:52.25	17) Stanford Invitational	3/31

**1,500 (3:42.80)**

3:48.99	Sec.2: 9) Stanford Invitational	3/30
3:49.45	3) Big Meet	4/7
3:45.65	Inv.: 5) Cardinal Classic	4/21
3:45.22	Sec. 4: 6) Payton Jordan Invite	5/3
3:48.87	13p) Pac-12 Championships	5/12
3:53.31	28p) NCAA West Prelims	5/24

**5,000 (14:17.75)**

14:38.10	16) Pac-12 Championships	5/13
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**INDOORS****Mile (3:59.32)**

4:05.55	19) UW Invitational	1/27
4:09.04	8) Power Five Invitational	2/3
4:06.39	8) MPSF Championships	2/24

**3,000 (8:12.90)**

8:12.90	7) UW Indoor Preview	1/13
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**Distance medley relay**

9:32.98 (first leg)	2) Power Five Invitational	2/2
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**Trevor Danielson, Sr.****OUTDOORS****Javelin (235-7, 71.80m)**

217-1 (66.18m)	1) Hornet Invitational	3/17
216-10 (66.09m)	Inv.: 4) Stanford Invitational	3/30
204-6 (62.34m)	1) Big Meet	4/7
218-2 (66.50m)	2) Cardinal Classic	4/20
222-9 (67.89m)	2) National Relays	4/27
219-0 (66.75m)	2) Pac-12 Championships	5/12
224-6 (68.42m)	8) NCAA West Prelims	5/26
235-7 (71.80m)	4) NCAA Championships	6/6
222-8 (67.87m)	10) U.S. Championships	6/23

**Tai Dinger, Sr.****OUTDOORS****1,500 (3:44.51)**

3:49.78	4) Big Meet	4/7
3:47.08	Inv.: 8) Cardinal Classic	4/21
3:44.51	Sec. 4: 4) Payton Jordan Invite	5/3
3:55.79	20p) Pac-12 Championships	5/12
3:51.87	24p) NCAA West Prelims	5/24

**5,000 (14:09.41)**

14:09.41	Sec. 3: 8) Stanford Invitational	3/30
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**INDOORS****Mile (4:03.63)**

4:07.07	22) UW Invitational	1/27
4:08.72	13) MPSF Championships	2/24

**3,000 (8:09.43)**

8:09.43	10) Iowa State Classic	2/9
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**Colin Dolese, Sr.****OUTDOORS****400 (48.85)**

49.42	7) Hornet Invitational	3/17
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**400 hurdles (52.51)**

54.37	7) Hornet Invitational	3/17
54.93	23) Stanford Invitational	3/30
54.00	5) Big Meet	4/7
54.69	11) Cardinal Classic	4/20
53.69	2) Brutus Hamilton Challenge	4/28
53.66	2) Payton Jordan Invite	5/3

**4x400**

3:15.38 (third leg)	4) Stanford Invitational	3/31
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**Lucas Ege, Jr.****OUTDOORS****400 (48.97)**

48.97	11) Cardinal Classic	4/21
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**400 hurdles (53.49)**

54.97	10) Hornet Invitational	3/17
54.37	17) Stanford Invitational	3/30
54.28	6) Big Meet	4/7
53.74	8) Cardinal Classic	4/20
54.26	3) Brutus Hamilton Challenge	4/28
53.58	1) Payton Jordan Invite	5/3

**4x400**

3:12.45 (second leg)	1) Stanford Invitational	3/31
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**INDOORS****400 (49.09)**

49.09	10) Don Kirby Invitational	2/9
49.33	21) MPSF Championships	2/24

**600 (1:22.19)**

1:22.19	9) UW Indoor Preview	1/13
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**4x400 relay**

3:25.76 (first leg)	6) UW Indoor Preview	1/13
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**Landon Ellingson, So.****OUTDOORS****Discus (170-3, 51.90m)**

136-0 (41.46m)	15) Hornet Invitational	3/17
155-11 (47.53m)	Inv.: 11) Stanford Invitational	3/30
158-1 (48.19m)	5) Big Meet	4/7
152-0 (46.33m)	7) Cardinal Classic	4/21
161-3 (49.16m)	3) Brutus Hamilton Challenge	4/28
155-6 (47.40m)	2) Payton Jordan Invite	5/3

**Hammer (172-2, 52.49m)**

153-8 (46.85m)	3) Hornet Invitational	3/16
148-5 (45.24m)	Coll.: 25) Stanford Invitational	3/30
171-9 (52.34m)	6) Cardinal Classic	4/20
172-2 (52.49m)	5) National Relays	4/27
172-10 (52.67m)	3) Payton Jordan Invite	5/3

**Steven Fahy, Sr.****OUTDOORS****1,500 (3:46.73)**

3:46.73	Sec. 4: 7) Payton Jordan Invite	5/3
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**3,000 steeplechase (8:34.52)**

9:06.02	1) Big Meet	4/7
8:48.79	1) Cardinal Classic	4/21
8:50.07	1) Pac-12 Championships	5/12
8:37.50	4) NCAA West Prelims	5/25
8:40.53	8s) NCAA Championships	6/6
8:34.52	3) NCAA Championships	6/8
8:38.63	19s) U.S. Championships	6/22

**5,000 (14:04.02)**

14:13.80	7) Pac-12 Championships	5/13
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**INDOORS****Mile (4:00.60)**

4:00.60	8) UW Invitational	1/27
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**3,000 (7:54.62)**

7:54.62	2) MPSF Championships	2/24
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**5,000 (13:44.82)**

13:44.82	9, Inv.) Iowa State Classic	2/9
14:17.51	9) NCAA Championships	3/9

**Grant Fisher, Jr.****OUTDOORS****1,500 (3:41.24)**

3:44.79	1) Big Meet	4/7
3:41.24	Inv.: 7) Payton Jordan Invite	5/3
3:47.22	4p) Pac-12 Championships	5/12
3:41.97	3) Pac-12 Championships	5/13

**5,000 (13:30.13)**

13:36.77	Inv.: 1) Cardinal Classic	4/20
14:12.81	3) Pac-12 Championships	5/13
13:47.22	1) NCAA West Prelims	5/26
13:55.04	3) NCAA Championships	6/8
13:32.00	6) U.S. Championships	6/24

**INDOORS****3,000 (7:48.56)**

7:48.56	2, Inv.) Iowa State Classic	2/9
8:06.52	4) NCAA Championships	3/10

**Distance medley relay**

9:32.98 (anchor)	2) Power Five Invitational	2/2
9:26.91 (anchor)	1) Alex Wilson Invitational	2/17
9:31.95 (anchor)	4) NCAA Championships	3/9

**Steven Grolle, Sr.****OUTDOORS****3,000 steeplechase (9:04.47)**

9:42.11	9) Hornet Invitational	3/17
9:31.52	5) Big Meet	4/7
9:12.43	7) Cardinal Classic	4/21
9:04.47	Sec. 2: 10) Payton Jordan Invite	5/3

**INDOORS****3,000 (8:22.57)**

8:32.95	26) UW Indoor Preview	1/13
8:24.61	42) UW Invitational	1/27
8:22.57	73) Husky Classic	2/10

**Jack Herkert, Fr.****OUTDOORS****100 (11.46)**

11.46	dec) Pac-12 Multis	5/5
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**110 hurdles (14.69)**

15.05	14p) Stanford Invitational	3/30
14.94	3) Big Meet	4/7
14.69	4) Cardinal Classic	4/21

**High jump (6-10 1/4, 2.08m)**

6-4 3/4 (1.95m)	3) Hornet Invitational	3/17
6-6 3/4 (2.00m)	4) Big Meet	4/7
6-6 (1.98m)	3) Cardinal Classic	4/21
6-2 3/4 (1.90m)	dec) Pac-12 Multis	5/5
6-4 (1.93m)	15) Pac-12 Championships	5/13

**Long jump (22-8, 6.91m)**

22-8 (6.91m)	Coll.: 2) Stanford Invitational	3/30
21-4 1/4 (6.51m)	4) Big Meet	4/7
22-2 1/2 (6.77m)	4) Cardinal Classic	4/20
22-1 (6.73m)	dec) Pac-12 Multis	5/5

**Shot put (35-8 3/4, 10.89m)**

35-8 3/4 (10.89m)	dec) Pac-12 Multis	5/5
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**Discus (81-2, 24.75m)**

81-2 (24.75m)	dec) Pac-12 Multis	5/6
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**Javelin (139-9, 42.59m)**

139-9 (42.59m)	dec) Pac-12 Multis	5/6
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**Decathlon (3,606)**

3,606	8) Pac-12 Multis	5/5-6
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**INDOORS****60 (7.35)**

7.47	Hep) Power Five Invitational	2/2
7.35	Hep) MPSF Championships	2/23

**1,000 (3:03.65)**

3:03.65	Hep) Power Five Invitational	2/3
3:00.52	Hep) MPSF Championships	2/24

**60 hurdles (8.49)**

8.49	6q) UW Invitational	1/27
9.87	19p) UW Invitational	1/27
8.62	Hep) Power Five Invitational	2/3
10.62	Hep) MPSF Championships	2/24

**High jump (6-8 3/4, 2.05m)**

6-6 3/4 (2.00m)	10) UW Invitational	1/27
6-8 3/4 (2.05m)	Hep) Power Five Invitational	2/2
6-5 1/2 (1.97m)	Hep) MPSF Championships	2/23

**Pole vault (12-5 1/2, 3.80m)**

12-5 1/2 (3.80m)	Hep) Power Five Invitational	2/3
11-9 3/4 (3.60m)	Hep) MPSF Championships	2/24

**Long jump (22-1 1/2, 6.74m)**

22-0 1/4 (6.71m)	Hep) Power Five Invitational	2/2
22-1 1/2 (6.74m)	Hep) MPSF Championships	2/23

**Shot put (35-3 1/4, 10.75m)**

34-6 3/4 (10.53m)	Hep) Power Five Invitational	2/2
35-3 1/4 (10.75m)	Hep) MPSF Championships	2/23

**Heptathlon (4,860)**

4,860	6) Power Five Invitational	2/3
4,420	7) MPSF Championships	2/24

**Blair Hurlock, Sr.****INDOORS****3,000 (8:23.91)**

8:23.91	39) UW Invitational	1/27
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**5,000 (14:18.41)**

14:48.69	56) Iowa State Classic	2/9
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**Jack Keelan, 5th Sr.****OUTDOORS****1,500 (3:45.13)**

3:48.68	Sec. 4: 8) Payton Jordan Invite	5/3
3:47.35	After, Ht. 1: 4) Kortrijk	7/14

**3,000 (8:01.03)**

8:08.44	2) Big Meet	4/7
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**5,000 (13:40.72)**

13:50.48	Inv.: 12) Cardinal Classic	4/20
14:19.07	8) Pac-12 Championships	5/13
14:01.06	22) NCAA West Prelims	5/26
14:04.12	HP: 24) Portland Track Festival	6/10
14:16.47	16) U.S. Championships	6/24
14:08.37	C: 9) Night of Athletics Heusden	7/21

**10,000 (29:13.92)**

29:38.44	1) Pac-12 Championships	5/12
29:32.98	18) NCAA West Prelims	5/24

**INDOORS****Mile (3:59.62)**

4:02.03	11) UW Invitational	1/27
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**3,000 (7:51.20)**

7:58.68	13, Inv.) Iowa State Classic	2/9
7:59.84	7) MPSF Championships	2/24

**Will Kingsfield, So.****OUTDOORS****Javelin (212-3, 64.69m)**

200-2 (61.02m)	2) Hornet Invitational	3/17
201-0 (61.27m)	Inv.: 10) Stanford Invitational	3/30
198-9 (60.57m)	3) Big Meet	4/7
212-3 (64.69m)	5) National Relays	4/27
197-8 (60.24m)	8) Pac-12 Championships	5/12
186-0 (56.71m)	45) NCAA West Prelims	5/26

**Jake Koffman, Fr.****OUTDOORS****Discus (172-4, 52.52m)**

171-10 (52.39m)	2) Hornet Invitational	3/17
158-8 (48.37m)	Inv.: 10) Stanford Invitational	3/30
172-4 (52.52m)	3) Big Meet	4/7
163-9 (49.91m)	10) National Relays	4/27
171-7 (52.31m)	1) Payton Jordan Invite	5/3
160-6 (48.92m)	14) Pac-12 Championships	5/13

**Hammer (156-1, 47.58m)**

156-1 (47.58m)	Coll.: 23) Stanford Invitational	3/30
152-9 (46.57m)	12) Cardinal Classic	4/20

**Nathaniel Kucera, Sr.****OUTDOORS****800 (1:51.33)**

1:56.30	24) Hornet Invitational	3/17
1:53.72	33) Stanford Invitational	3/31
1:55.31	9) Big Meet	4/7
1:56.96	Sec. 4: 5) Cardinal Classic	4/20
1:53.47	Sec. 2: 5) Payton Jordan Invite	5/3

**4x400 relay**

3:22.33 (anchor)	6) Cardinal Classic	4/21
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**INDOORS****800 (1:51.33)**

1:55.25	25) UW Invitational	1/27
1:53.51	12) Power Five Invitational	2/3
1:57.75	41) Husky Classic	2/10

**1,000 (2:31.64)**

2:31.64	20) UW Indoor Preview	1/13
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**Frank Kurtz, Sr.****OUTDOORS****100 (10.74)**

10.96	13) Hornet Invitational	3/17
10.80	15) Stanford Invitational	3/30

**200 (21.44)**

21.61	2) Hornet Invitational	3/17
21.58	4) Stanford Invitational	3/31
21.93	4) Big Meet	4/7
21.45	4) Cardinal Classic	4/20
21.55	17) National Relays	4/27

**400 (47.03)**

47.65	2) Big Meet	4/7
47.56	6) Cardinal Classic	4/21
47.38	15) National Relays	4/27
47.33	9p) Pac-12 Championships	5/12
47.10	6) Pac-12 Championships	5/13

**4x100 relay**

40.88 (first leg)	1) Big Meet	4/7
40.04 (first leg)	1) Cardinal Classic	4/21
40.04 (first leg)	6) National Relays	4/28
40.03 (first leg)	3) Pac-12 Championships	5/13
39.79 (first leg)	7) NCAA West Prelims	5/26
39.86 (first leg)	19s) NCAA Championships	6/6

**4x400 relay**

3:10.74 (first leg)	1) Big Meet	4/7
3:08.28 (first leg)	1) Cardinal Classic	4/21
3:05.76 (first leg)	5) National Relays	4/28
3:08.01 (first leg)	3) Pac-12 Championships	5/13
3:04.84 (first leg)	9) NCAA West Prelims	5/26
3:04.82 (first leg)	6s) NCAA Championships	6/6
3:05.50 (first leg)	8) NCAA Championships	6/8

**INDOORS****60 (7.04)**

7.04	16p) UW Indoor Preview	1/13
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**200 (21.37)**

21.67	8) Power Five Invitational	2/3
21.37	7) Don Kirby Invitational	2/9
22.04	13) MPSF Championships	2/23

**4x400 relay**

3:12.46 (second leg)	1) UW Indoor Preview	1/13
3:12.50 (second leg)	5) Power Five Invitational	2/3
3:09.38 (second leg)	2) Don Kirby Invitational	2/10
3:09.95 (anchor)	3) MPSF Championships	2/24

**Connor Lane, Fr.****OUTDOORS****5,000 (14:10.99)**

14:10.99	Sec. 3: 9) Stanford Invitational	3/30*
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**Will Lauer, Jr.****OUTDOORS****3,000 (8:18.38)**

8:25.99	6) Big Meet	4/7
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**Brandon McGorty, Fr.****OUTDOORS****800 (1:48.58)**

1:51.69	5) Big Meet	4/7
1:51.98	Sec. 2: 4) Cardinal Classic	4/20

**1,500 (3:52.92)**

3:52.92	Sec. 3: 8) Stanford Invitational	3/30*
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**4x400 relay**

3:17.55 (third leg)	5) Cardinal Classic	4/21
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**INDOORS****800 (1:50.29)**

1:50.99	2) UW Invitational	1/27
1:51.27	4) Power Five Invitational	2/3
1:59.72	25) MPSF Championships	2/24

**1,000 (2:23.56)**

2:23.56	5) UW Indoor Preview	1/13
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**4x400 relay**

3:16.59 (anchor)	3) UW Indoor Preview	1/13
3:18.40 (second leg)	2) UW Invitational	1/27

**Distance medley relay**

9:32.98 (third leg)	2) Power Five Invitational	2/2
9:31.95 (third leg)	4) NCAA Championships	3/9

**Sean McGorty, Gr.****OUTDOORS****1,500 (3:36.61)**

3:40.57	Invite: 6) Stanford Invitational	3/30
3:41.49	Inv.: 9) Payton Jordan Invite	5/3
3:46.38	1p) Pac-12 Championships	5/12
3:43.19	4) Pac-12 Championships	5/13
3:41.43	12p) U.S. Championships	6/21
3:44.42	11) U.S. Championships	6/23
3:36.61	1) Guldensporenmeeting Kortrijk	7/14

**Mile (3:55.21)**

3:55.21	7) Sir Walter Miler Raleigh	8/3
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**3,000 (8:03.92)**

8:03.92	1) Big Meet	4/7
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**5,000 (13:21.93)**

13:41.10	Inv.: 5) Cardinal Classic	4/20
14:13.42	4) Pac-12 Championships	5/13
13:48.09	3) NCAA West Prelims	5/26
13:54.81	1) NCAA Championships	6/8
13:21.93	10) Night of Athletics Heusden	7/21

**INDOORS****Distance medley relay**

9:26.91 (first leg)	1) Alex Wilson Invitational	2/17
9:31.95 (first leg)	4) NCAA Championships	3/9

**Gabriel Navarro, Fr.****OUTDOORS****100 (10.43)**

10.68	4) Hornet Invitational	3/17
10.60	6p) Stanford Invitational	3/30
10.65	9) Stanford Invitational	3/30
10.43	2) Big Meet	4/7
10.56	3) Cardinal Classic	4/21
10.55	13) National Relays	4/27
10.50	6p) Pac-12 Championships	5/12
10.41w	4) Pac-12 Championships	5/13
10.48w	29p) NCAA West Prelims	5/24

**200 (21.04)**

21.67	3) Hornet Invitational	3/17
21.53	2) Big Meet	4/7
21.24	1) Cardinal Classic	4/20
21.11	9) National Relays	4/27
21.04	7p) Pac-12 Championships	5/12
21.09w	6) Pac-12 Championships	5/13

**4x100**

41.02 (second leg)	1) Stanford Invitational	3/31
40.88 (second leg)	1) Big Meet	4/7
40.04 (second leg)	1) Cardinal Classic	4/21
40.04 (second leg)	6) National Relays	4/28
40.03 (second leg)	3) Pac-12 Championships	5/13
39.79 (second leg)	7) NCAA West Prelims	5/26
39.86 (second leg)	19s) NCAA Championships	6/6

**4x400**

3:12.45 (anchor)	1) Stanford Invitational	3/31
3:08.28 (third leg)	1) Cardinal Classic	4/21
3:05.76 (third leg)	5) National Relays	4/28
3:08.01 (third leg)	3) Pac-12 Championships	5/13
3:04.84 (third leg)	9) NCAA West Prelims	5/26
3:04.82 (third leg)	6s) NCAA Championships	6/6
3:05.50 (third leg)	8) NCAA Championships	6/8

**INDOORS****60 (6.92)**

6.92	5p) UW Indoor Preview	1/13
6.92	12s) UW Indoor Preview	1/13

**200 (21.62)**

21.76	10) Power Five Invitational	2/3
21.89	29) Don Kirby Invitational	2/9
21.62	3) MPSF Championships	2/23

**4x400 relay**

3:12.46 (anchor)	1) UW Indoor Preview	1/13
3:12.50 (anchor)	5) Power Five Invitational	2/3
3:09.38 (anchor)	2) Don Kirby Invitational	2/10
3:09.95 (second leg)	3) MPSF Championships	2/24

**Tristen Newman, Sr.****OUTDOORS****Shot put (60-9 1/4, 18.52m)**

60-9 1/4 (18.52m)	Inv.: 5) Stanford Invitational	3/31
57-3 (17.45m)	5) Big Meet	4/7
60-3 3/4 (18.38m)	Inv.: 9) Triton Invitational	4/14
59-10 1/2 (18.25m)	3) Cardinal Classic	4/21
NM	National Relays	4/28
59-2 1/4 (18.04m)	5) Pac-12 Championships	5/12
60-8 (18.49m)	14) NCAA West Prelims	5/26

**Hammer (203-8, 62.08m)**

191-5 (58.36m)	4) Hornet Invitational	3/16
191-8 (58.43m)	Coll.: 5) Stanford Invitational	3/30
193-7 (59.00m)	3) Big Meet	4/7
201-7 (61.46m)	Inv.: 9) Triton Invitational	4/14
194-3 (59.22m)	4) Cardinal Classic	4/20
197-5 (60.19m)	18) National Relays	4/28
203-8 (62.08m)	1) Payton Jordan Invite	5/3
203-2 (61.94m)	5) Pac-12 Championships	5/13
193-4 (58.92m)	38) NCAA West Prelims	5/24

**INDOORS****Shot put (61-4 1/4, 18.70m)**

61-4 1/4 (18.70m)	4) UW Indoor Preview	1/13
60-3 1/4 (18.37m)	6) UW Invitational	1/27
59-5 3/4 (18.13m)	4) Power Five Invitational	2/3
59-4 1/4 (18.09m)	4) Husky Classic	2/10
57-11 1/4 (17.66m)	9) MPSF Championships	2/24

**Fisayo Omilana, So.****OUTDOORS****Triple jump (46-1 1/4, 14.05m)**

46-1 1/4 w (14.05m), 44-7 1/2 (13.60m)	11) Hornet Invite	3/17
46-1 1/4 (14.05m)	7) Stanford Invitational	3/31
41-9 1/4 (12.73m)	3) Big Meet	4/7

**INDOORS****Triple jump (45-6 1/2, 13.88m)**

45-6 1/2 (13.88m)	4) UW Indoor Preview	1/13
44-7 1/2 (13.60m)	13) UW Invitational	1/27
44-11 (13.69m)	14) MPSF Championships	2/24

**Alex Ostberg, Jr.****OUTDOORS****1,500 (3:49.16)**

3:55.81	Sec.3: 10) Stanford Invitational	3/30
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**Michael Painter, Gr.****OUTDOORS****Hammer (219-3, 66.84m)**

194-5 (59.26m)	3) Hornet Invitational	3/16
201-2 (61.33m)	Inv.: 10) Stanford Invitational	3/31
201-5 (61.40m)	2) Big Meet	4/7
195-6 (59.59m)	Inv.: 13) Triton Invitational	4/14
203-1 (61.91m)	2) Cardinal Classic	4/20
198-0 (60.36m)	16) National Relays	4/28
201-6 (61.41m)	2) Payton Jordan Invite	5/3
208-0 (63.41m)	4) Pac-12 Championships	5/13
203-8 (62.09m)	20) NCAA West Prelims	5/24

**INDOORS****Weight throw (63-5, 19.33m)**

58-10 1/4, 17.94m)	1) UW Indoor Preview	1/13
62-8 (19.10m)	1) UW Invitational	1/27
60-7 3/4 (18.48m)	9) Power Five Invitational	2/3
NM	Husky Classic	2/9
63-5 (19.33m)	5) MPSF Championships	2/23

**Alek Parsons, So.****OUTDOORS****5,000 (14:08.90)**

14:08.90	HP: 33) Portland Track Festival	6/10
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**10,000 (29:59.46)**

29:59.46	6) Pac-12 Championships	5/12
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**INDOORS****3,000 (8:07.93)**

8:07.93	15) UW Invitational	1/27
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**5,000 (13:58.87)**

13:58.87	7) Iowa State Classic	2/9
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**Patrick Perrier, Sr.****OUTDOORS****800 (1:50.77)**

1:56.23	41) Stanford Invitational	3/31
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**1,500 (3:44.32)**

3:59.46	8) Big Meet	4/7
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3:50.11

3:50.11	Sec. 2: 7) Cardinal Classic	4/21
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**INDOORS****Mile (4:04.13)**

4:08.71	7) Power Five Invitational	2/3
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4:04.87	26) Husky Classic	2/10
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4:06.39	9) MPSF Championships	2/24
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**3,000 (8:18.68)**

8:18.68	13) UW Indoor Preview	1/13
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**DJ Principe, Fr.****OUTDOORS****1,500 (3:44.52)**

3:51.60	Sec.3: 7) Stanford Invitational	3/30
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3:51.97	6) Big Meet	4/7
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3:49.20	Sec. 4: 9) Payton Jordan Invite	5/3
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3:50.88	16p) Pac-12 Championships	5/12
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**5,000 (14:10.58)**

14:11.69	Sec.1: 16) Cardinal Classic	4/20
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14:24.68	11) Pac-12 Championships	5/13
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14:10.58	HP: 35) Portland Track Festival	6/10
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**Trevor Rex, So.****OUTDOORS****High jump (6-10, 2.08m)**

6-4 3/4 (1.95m)	3) Hornet Invitational	3/17
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6-5 (1.96m)	11) Stanford Invitational	3/30
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6-8 3/4 (2.05m)	2) Big Meet	4/7
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6-6 (1.98m)	2) Cardinal Classic	4/21
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6-6 (1.98m)	8) National Relays	4/27
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6-8 (2.03m)	9) Pac-12 Championships	5/13
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**INDOORS****High jump (6-8 3/4, 2.05m)**

6-4 3/4 (1.95m)	6) UW Indoor Preview	1/13
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6-6 3/4 (2.00m)	10) UW Invitational	1/27
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6-5 1/2 (1.97m)	13) Don Kirby Invitational	2/9
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6-8 3/4 (2.05m)	11) MPSF Championships	2/24
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**Hari Sathyamurthy, So.****OUTDOORS****800 (1:49.93)**

1:50.21	1) Big Meet	4/7
1:50.86	Inv.: 3) Cardinal Classic	4/20
1:49.93	5) Desert Heat Classic	4/28
1:50.91	5p) Pac-12 Championships	5/12
1:50.70	4) Pac-12 Championships	5/13
1:50.07	12p) NCAA West Prelims	5/24
1:51.58	22) NCAA West Prelims	5/25

**1,500 (3:50.12)**

3:50.12	Sec. 4: 6) Stanford Invitational	3/30
4x400 relay		
3:19.38 (second leg)	4) Desert Heat Classic	4/28

**INDOORS****800 (1:51.19)**

1:51.73	5) UW Invitational	1/27
1:51.19	3) Power Five Invitational	2/3
1:51.76	4) MPSF Championships	2/24

**1,000 (2:29.08)**

2:29.08	11) UW Indoor Preview	1/13
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**4x400 relay**

3:25.76 (second leg)	6) UW Indoor Preview	1/13
3:18.40 (third leg)	2) UW Invitational	1/27

**Distance medley relay**

9:51.26 (first leg)	2) UW Invitational	1/26
9:26.91 (third leg)	1) Alex Wilson Invitational	2/17

**Brian Smith, Jr.****OUTDOORS****800 (1:50.28)**

1:52.20	3) Hornet Invitational	3/17
1:51.17	2) Big Meet	4/7
1:51.27	Sec. 2: 1) Cardinal Classic	4/20
1:50.68	6) Desert Heat Classic	4/28
1:50.28	Inv.: 4) Payton Jordan Invite	5/3
1:51.70	10p) Pac-12 Championships	5/13
1:51.51	HP: 29) Portland Track Festival	6/10

**1,500 (3:52.92)**

3:52.92	Sec. 5: 4) Stanford Invitational	3/30
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**4x400 relay**

3:22.33 (second leg)	6) Cardinal Classic	4/21
3:19.38 (third leg)	4) Desert Heat Classic	4/28

**INDOORS****800 (1:50.72)**

1:52.12	6) UW Invitational	1/27
1:51.71	7) Power Five Invitational	2/3
1:54.22	12) MPSF Championships	2/24

**Distance medley relay**

9:51.26 (first leg)	2) UW Invitational	1/26
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**Louis Stenmark, Fr.****OUTDOORS****400 (46.29)**

DNF	Hornet Invitational	3/17
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**INDOORS****400 (48.37)**

49.19	16) Power Five Invitational	2/2
48.37	2) Don Kirby Invitational	2/9

**600 (1:21.86)**

1:21.86	7) UW Indoor Preview	1/13
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**4x400 relay**

3:12.46 (third leg)	1) UW Indoor Preview	1/13
3:12.50 (third leg)	5) Power Five Invitational	2/3
3:09.38 (third leg)	2) Don Kirby Invitational	2/10

**Jaak Uudmae, Sr.****OUTDOORS****High jump (6-10 3/4, 2.10m)**

6-8 3/4 (2.05m)	1) Big Meet	4/7
6-8 (2.03m)	8) Pac-12 Championships	5/13

**Long jump (24-8 1/2, 7.53m)**

24-7 (7.49m)	Inv.: 1) Stanford Invitational	3/30
23-8 1/4 (7.22m)	2) Big Meet	4/7
24-3 1/2 (7.40m)	1) Cardinal Classic	4/20
24-7 (7.49m)	Coll.: 4) 24-7 (7.49m)	4/27
23-10 (7.26m)	8) Pac-12 Championships	5/12

**INDOORS****Long jump (24-4 1/2, 7.43m)**

23-8 3/4 (7.23m)	2) UW Indoor Preview	1/13
24-3 (7.39m)	1) UW Invitational	1/27
23-5 1/2 (7.15m)	5) Power Five Invitational	2/3
24-4 1/2 (7.43m)	5) Don Kirby Invitational	2/9
22-10 1/2 (6.97m)	15) MPSF Championships	2/23

**Triple jump (51-5 3/4, 15.69m)**

46-8 3/4 (14.24m)	9) MPSF Championships	2/24
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**Michael Vernau, Fr.****OUTDOORS****5,000 (14:22.54)**

14:30.47	Sec. 3: 15) Stanford Invitational	3/30*
14:35.16	Sec. 2: 13) Cardinal Classic	4/20*
14:22.54	HP: 42) Portland Track Festival	6/10*

**Isaac Westlund, Jr.****OUTDOORS****200 (22.09)**

22.40	14) Hornet Invitational	3/17
22.35	22) Stanford Invitational	3/31
22.49	5) Big Meet	4/7

**400 (47.75)**

48.67	3) Hornet Invitational	3/17
48.63	8) Stanford Invitational	3/30
48.89	3) Big Meet	4/7
48.45	10) Cardinal Classic	4/21
49.14	5) Brutus Hamilton Challenge	4/28
48.33	2) Payton Jordan Invitational	5/3

**4x400**

3:12.45 (third leg)	1) Stanford Invitational	3/31
3:17.55 (anchor)	5) Cardinal Classic	4/21

**INDOORS****200 (22.31)**

22.80	21) Power Five Invitational	2/3
22.31	56) Don Kirby Invitational	2/9

**400 (49.28)**

49.53	24) Power Five Invitational	2/3
49.44	15) Don Kirby Invitational	2/9
49.33	20) MPSF Championships	2/24

**600 (1:22.91)**

1:22.91	12) UW Indoor Preview	1/13
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**4x400 relay**

3:16.59 (first leg)	3) UW Indoor Preview	1/13
3:14.51 (second leg)	7) Power Five Invitational	2/3

**Sam Wharton, 5th Sr.****OUTDOORS****3,000 (8:14.41)**

8:14.41 3) Big Meet 4/7

**5,000 (14:03.52)**

14:12.12 Sec. 1: 17) Cardinal Classic 4/20

**10,000 (29:11.33)**

29:11.33 Sec. 2: 7) Stanford Invitational 3/30

31:02.25 17) Pac-12 Championships 5/12

30:18.16 37) NCAA West Prelims 5/24

**INDOORS****Mile (4:14.07)**

4:14.07 24) UW Indoor Preview 1/13

**3,000 (8:13.63)**

8:13.63 24) UW Invitational 1/27

**5,000 (14:04.85)**

14:31.86 44) Iowa State Classic 2/9

14:05.00 8) MPSF Championships 2/23

**Christian White, Sr.****OUTDOORS****800 (1:50.05)**

1:53.96 9) Hornet Invitational 3/17

1:52.80 22) Stanford Invitational 3/31

1:51.54 4) Big Meet 4/7

1:51.35 Sec. 2: 2) Cardinal Classic 4/20

1:50.97 7) Desert Heat Classic 4/28

1:51.32 Sec. 2: 2) Payton Jordan Invite 5/3

1:50.05 8p) Pac-12 Championships 5/12

DQ Pac-12 Championships 5/13

1:52.90 41p) NCAA West Prelims 5/24

**4x400**

3:15.38 (second leg) 4) Stanford Invitational 3/31

3:17.55 (second leg) 5) Cardinal Classic 4/21

3:19.38 (first leg) 4) Desert Heat Classic 4/28

**INDOORS****600 (1:20.26)**

1:20.26 4) UW Indoor Preview 1/13

**800 (1:52.18)**

1:52.81 8) UW Invitational 1/27

1:53.37 8) Power Five Invitational 2/3

1:53.37 15) Husky Classic 2/10

**4x400 relay**

3:16.59 (third leg) 3) UW Indoor Preview 1/13

3:18.40 (anchor) 2) UW Invitational 1/27

3:14.51 (anchor) 7) Power Five Invitational 2/3

**Distance medley relay**

9:51.26 (second leg) 2) UW Invitational 1/26

**Harrison Williams, Sr.****OUTDOORS****100 (10.67)**

11.31 dec) Bryan Clay Invitational 4/18

11.06 dec) Pac-12 Multis 5/5

10.63 (2.2 mps) dec) NCAA Championships 6/6

10.84 dec) U.S. Championships 6/21

**400 (46.66)**

49.07 dec) Bryan Clay Invitational 4/18

48.67 dec) Pac-12 Multis 5/5

48.01 dec) NCAA Championships 6/6

48.16 dec) U.S. Championships 6/21

**1,500 (4:27.88)**

4:44.33 dec) Bryan Clay Invitational 4/19

4:37.91 dec) Pac-12 Multis 5/6

4:41.13 dec) U.S. Championships 6/22

**110 hurdles (13.88)**

14.64 8p) Stanford Invitational 3/30

14.46 1) Big Meet 4/7

14.64 dec) Bryan Clay Invitational 4/19

14.44 dec) Pac-12 Multis 5/6

DQ dec) NCAA Championships 6/7

14.13 dec) U.S. Championships 6/22

**4x400**

3:15.38 (first leg) 4) Stanford Invitational 3/31

**High jump (6-8, 2.03m)**

6-3 1/4 (1.91m) 12) Stanford Invitational 3/30

6-3 1/2 (1.92m) dec) Bryan Clay Invitational 4/18

6-5 (1.96m) dec) Pac-12 Multis 5/5

6-4 3/4 (1.95m) dec) NCAA Championships 6/6

6-5 (1.96m) dec) U.S. Championships 6/21

**Pole vault (17-2 3/4, 5.25m)**

16-0 3/4 (4.90m) 1) Big Meet 4/7

17-0 3/4 (5.20m) dec) Bryan Clay Invitational 4/19

17-2 3/4 (5.25m) dec) Pac-12 Multis 5/6

16-10 1/4 (5.14m) 3) Pac-12 Championships 5/13

16-2 3/4 (4.95m) dec) U.S. Championships 6/22

**Long jump (25-1 3/4, 7.66m)**

23-11 (7.29m) dec) Bryan Clay Invitational 4/18

23-8 3/4 (7.23m) dec) Pac-12 Multis 5/5

25-1 3/4 (7.66m) dec) NCAA Championships 6/6

23-4 1/2 (7.12m) dec) U.S. Championships 6/21

**Shot put (45-8 1/2, 13.93m)**

44-10 1/4 (13.67m) dec) Bryan Clay Invitational 4/18

44-11 3/4 (13.71m) dec) Pac-12 Multis 5/5

45-8 1/2 (13.93m) dec) NCAA Championships 6/6

41-11 1/2 (12.79m) dec) U.S. Championships 6/21

**Discus (141-1, 43.01m)**

137-1 (41.79m) dec) Bryan Clay Invitational 4/19

141-1 (43.01m) dec) Pac-10 Multis 5/6

128-3 (39.10m) dec) NCAA Championships 6/7

133-3 (40.62m) dec) U.S. Championships 6/22

**Javelin (184-9, 56.31m)**

141-9 (43.21m) dec) Bryan Clay Invitational 4/19

150-8 (45.92m) dec) Pac-12 Multis 5/6

169-8 (51.71m) dec) U.S. Championships 6/22

**Decathlon (8,032)**

7,682 4) Bryan Clay Invitational 4/18-19

7,925 1) Pac-12 Multis 5/5-6

DNF NCAA Championships 6/6-7

7,878 3) U.S. Championships 6/21-22

**INDOORS****60 hurdles (8.12)**

8.26 7s) UW Indoor Preview 1/13\*

DQ DQ) UW Indoor Preview 1/13\*

**Long jump (23-0 3/4, 7.03m)**

23-0 (7.01m) 3) UW Indoor Preview 1/13\*

**Thru 2018***(Personal records in parentheses; each is unique to indoors or outdoors)*

\*unattached

# STANFORD WOMEN'S 2018 OUTDOOR PERFORMANCE LIST

## By Event

### 100 meters (11.15)

Name	Mark	Meet	Date
Gaby Gayles	11.74	Big Meet	4/7
Ashlan Best	11.80	Big Meet	4/7
Michaela Crunkleton Wilson	11.90	Stanford Invite	3/30
Daryth Gayles	12.37	Big Meet	4/7
Marisa Kwiatkowski	12.58	Hornet Invitational	3/17

### 200 meters (22.78)

Name	Mark	Meet	Date
Ashlan Best	23.62	World U20 Champs	7/13
Gaby Gayles	23.91	Big Meet	4/7
Michaela Crunkleton Wilson	24.29	Stanford Invite	3/31
Missy Mongiovi	24.74	Cardinal Classic	4/20
Carolyn Wilson	25.30	Cardinal Classic	4/20
Brittany McGee	25.76	Stanford Invite	3/31
Daryth Gayles	25.86	Stanford Invite	3/31

### 400 meters (52.35)

Name	Mark	Meet	Date
Olivia Baker	53.03	Cardinal Classic	4/21
Gaby Gayles	53.18	Cardinal Classic	4/21
Ashlan Best	53.24	World U20 semis	7/11
Missy Mongiovi	53.42	Cardinal Classic	4/21
Carolyn Wilson	53.60	Big Meet	4/7
Michaela Crunkleton Wilson	56.14	Cardinal Classic	4/21

### 800 meters (2:00.08)

Name	Mark	Meet	Date
Olivia Baker	2:00.08	U.S. Champs	6/24
Elise Cranny	2:06.01	Cardinal Classic	4/20
Carolyn Wilson	2:08.31	Stanford Invite	3/31
Christina Aragon	2:08.37	Cardinal Classic	4/20
Julia Heymach	2:08.57	Pac-12 Champs	5/13

### 1,500 meters (4:09.49)

Name	Mark	Meet	Date
Elise Cranny	4:09.49	NCAA Champs	6/9
Christina Aragon	4:09.59	NCAA Champs	6/9
Vanessa Fraser	4:09.74	Kortrijk	7/14
Maddy Berkson	4:21.01	Payton Jordan	5/3
Julia Heymach	4:21.80	Payton Jordan	5/3
Jessica Lawson	4:22.75	Stanford Invite	3/30*
Jordan Oakes	4:22.88	Payton Jordan	5/3
Catherine Pagano	4:29.31	Stanford Invite	3/30

### 3,000-meter steeplechase (10:01.53)

Name	Mark	Meet	Date
Jordan Oakes	10:17.14	Pac-12 Champs	5/12
Ella Donaghu	10:26.00	Stanford Invite	3/30

### 3,000 meters

Name	Mark	Meet	Date
Vanessa Fraser	9:07.19	Big Meet	4/7
Fiona O'Keefe	9:16.34	Big Meet	4/7
Abbie McNulty	9:26.07	Big Meet	4/7
Hannah DeBalsi	9:32.91	Big Meet	4/7

### 5,000 meters (15:09.62)

Name	Mark	Meet	Date
Vanessa Fraser	15:09.62	Heusden	7/21
Fiona O'Keefe	15:34.44	Portland Track Fest.	6/10
Abbie McNulty	15:58.23	Portland Track Fest.	6/10
Elise Cranny	16:28.54	Pac-12 Champs	5/13
Jessica Lawson	16:29.43	Cardinal Classic	4/20
Julia Maxwell	16:34.92	Cardinal Classic	4/20
Hannah DeBalsi	16:47.88	Cardinal Classic	4/20

### 10,000 meters (32:19.97)

Name	Mark	Meet	Date
Abbie McNulty	33:07.41	NCAA West Prelims	5/24
Vanessa Fraser	33:10.84	Pac-12 Champs	5/12
Fiona O'Keefe	33:26.25	Pac-12 Champs	5/12

### 100-meter hurdles (12.76)

Name	Mark	Meet	Date
Hannah Labrie-Smith	14.31	Big Meet	4/7
Amber Lewis	14.49	Big Meet	4/7
Brittany McGee	14.70	Big Meet	4/7

### 400-meter hurdles (53.21)

Name	Mark	Meet	Date
Hannah Labrie-Smith	1:01.27	Hornet Invitational	3/17
Amber Lewis	1:02.66	Big Meet	4/7

### 4x100 meter relay (44.07)

Name	Mark	Meet	Date
Michaela Crunkleton Wilson, Ashlan Best, Missy Mongiovi, Gaby Gayles	45.51	Cardinal Classic	4/21
	45.55	National Relays	4/28
Michaela Crunkleton Wilson, Ashlan Best, Hannah Labrie-Smith, Gaby Gayles	45.66	Big Meet	4/6
Michaela Crunkleton Wilson, Ashlan Best, Hannah Labrie-Smith, Gaby Gayles	45.89	Stanford Invite	3/31

### 4x400 meter relay (3:29.39)

Name	Mark	Meet	Date
Missy Mongiovi, Ashlan Best, Gaby Gayles, Olivia Baker	3:31.39	NCAA West Prelims	5/26
Carolyn Wilson, Gaby Gayles, Missy Mongiovi, Olivia Baker	3:31.65	National Relays	4/28
Gaby Gayles, Olivia Baker, Missy Mongiovi, Carolyn Wilson	3:32.70	Cardinal Classic	4/21
Gaby Gayles, Ashlan Best, Missy Mongiovi, Olivia Baker	3:33.64	Pac-12 Champs	5/13
Missy Mongiovi, Ashlan Best, Gaby Gayles, Olivia Baker	3:34.26	NCAA semifinals	6/7
Gaby Gayles, Olivia Baker, Ashlan Best, Missy Mongiovi	3:35.96	Stanford Invite	3/31
Missy Mongiovi, Michaela Crunkleton Wilson, Olivia Baker, Carolyn Wilson	3:36.95	Big Meet	4/7
Michaela Crunkleton Wilson, Hannah Labrie-Smith, Amber Lewis, Carolyn Wilson	3:45.48	Stanford Invite	3/31

### 4x800 meter relay

Name	Mark	Meet	Date
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**4x1,500 meter relay**

Name	Mark	Meet	Date
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**Sprint medley relay (3:41.59)**

Name	Mark	Meet	Date
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Gaby Gayles, Ashlan Best, Carolyn Wilson, Olivia Baker	3:41.59	National Relays	4/27
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**High jump (6-2)**

Name	Mark	Meet	Date
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Rachel Reichenbach	5-8	Pac-12 Champs	5/12
Valerie Przekop	5-5	Stanford Invite	3/30

**Pole vault (14-9 1/2)**

Name	Mark	Meet	Date
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Kaitlyn Merritt	14-0 1/2	Payton Jordan	5/3
Erika Malaspina	13-10	Pac-12 Champs	5/12
Jackie McNulty	12-11 1/2	Stanford Invite	3/30
Nicole Summersett	12-9 1/2	Hornet Invitational	3/17
Taylor Jaques	11-9 3/4	Hornet Invitational	3/17

**Long jump (21-11 3/4)**

Name	Mark	Meet	Date
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Daryth Gayles	20-1	Stanford Invite	3/30
Brittany McGee	19-5 1/2	Big Meet	4/7
Giana Gayles	18-10 1/2	Stanford Invite	3/30*
Marisa Kwiatkowski	18-10	Pac-12 Champs	5/12
Samantha Seaton	17-4 1/4	Stanford Invite	3/30*

**Triple jump (46-5 1/4)**

Name	Mark	Meet	Date
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Marisa Kwiatkowski	42-4 3/4	NCAA West Prelims	5/26
Aria Small	42-3 1/2	U.S. Jr. Nationals	6/17

**Shot put (59-6 3/4)**

Name	Mark	Meet	Date
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Lena Giger	59-4 1/4	Triton Invitational	4/14
Jaimi Salone	44-3	Cardinal Classic	4/21
Brittany McGee	30-9 3/4	Hornet Invitational	3/17

**Discus (208-6, 63.55)**

Name	Mark	Meet	Date
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Valarie Allman	208-6	U.S. Champs	6/21
Jaimi Salone	163-5	Stanford Invite	3/31

**Hammer (219-8)**

Name	Mark	Meet	Date
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Valarie Allman	208-10	Pac-12 Champs	5/12
Lena Giger	175-1	Big Meet	4/7

**Javelin (198-0, 60.36)**

Name	Mark	Meet	Date
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Mackenzie Little	198-0	NCAA Champs	6/7
Jenna Gray	187-11	NCAA Champs	6/7
Virginia Miller	162-8	Hornet Invitational	3/17

**Thru 2018**

(Parentheses indicates school record for that event)

\* indicates unattached

# STANFORD WOMEN'S 2018 INDOOR PERFORMANCE LIST

## By Event

### 60 meters (7.21)

Name	Mark	Meet	Date
Ashlan Best	7.68	UW Indoor Preview	1/13
Gaby Gayles	7.69	UW Indoor Preview	1/13
Michaela Crunkleton Wilson	7.81	Don Kirby Invite	2/10

### 200 meters (22.77)

Name	Mark	Meet	Date
Ashlan Best	24.16	Don Kirby Invite	2/9
Missy Mongiovi	24.78	Don Kirby Invite	2/9
Hannah Labrie-Smith	24.95	Don Kirby Invite	2/9
Michaela Crunkleton Wilson	25.11	Power Five Invite	2/2
Amber Lewis	27.63	UW Invitational	1/26

### 400 meters (53.35)

Name	Mark	Meet	Date
Olivia Baker	53.35	Don Kirby Invite	2/10
Gaby Gayles	53.93	Don Kirby Invite	2/10
Carolyn Wilson	53.96	Don Kirby Invite	2/10
Missy Mongiovi	54.15	Don Kirby Invite	2/10
Hannah Labrie-Smith	57.07	Don Kirby Invite	2/9
Michaela Crunkleton Wilson	57.72	UW Invitational	1/27

### 600 meters (1:28.22)

Name	Mark	Meet	Date
Olivia Baker	1:28.72	UW Indoor Preview	1/13
Carolyn Wilson	1:29.71	UW Indoor Preview	1/13
Missy Mongiovi	1:31.64	UW Indoor Preview	1/13

### 800 meters (2:03.25)

Name	Mark	Meet	Date
Olivia Baker	2:03.60	NCAA Champs	3/9
Carolyn Wilson	2:08.59	MPSF Champs	2/24
Julia Heymach	2:10.75	MPSF Champs	2/24
Anna Laman	2:14.17	MPSF Champs	2/24

### 1,000 meters (2:42.26)

Name	Mark	Meet	Date
Olivia Baker	2:45.45	UW Indoor Preview	1/13
Ella Donaghu	2:52.48	UW Indoor Preview	1/13
Anna Laman	2:58.45	UW Indoor Preview	1/13
Kaitlin Ryan	3:01.99	UW Indoor Preview	1/13

### Mile (4:31.29)

Name	Mark	Meet	Date
Elise Cranny	4:31.29	MPSF Champs	2/24
Christina Aragon	4:34.76	MPSF Champs	2/24
Vanessa Fraser	4:35.88	MPSF Champs	2/24
Maddy Berkson	4:44.93	UW Invitational	1/27
Ella Donaghu	4:47.56	Husky Classic	2/10
Julia Heymach	4:49.25	UW Invitational	1/27
Anna Laman	5:01.48	UW Invitational	1/27

### 3,000 meters (8:53.1)

Name	Mark	Meet	Date
Vanessa Fraser	8:59.23	Husky Classic	2/10
Christina Aragon	9:01.86	Husky Classic	2/10
Fiona O'Keeffe	9:04.77	MPSF Champs	2/24
Elise Cranny	9:06.24	Husky Classic	2/10
Maddy Berkson	9:24.23	UW Indoor Preview	1/13
Abbie McNulty	9:33.49	Husky Classic	2/10
Hannah DeBalsi	9:38.07	MPSF Champs	2/24

### 5,000 meters (15:37.97)

Name	Mark	Meet	Date
Vanessa Fraser	15:46.02	UW Invitational	1/26
Fiona O'Keeffe	15:53.40	UW Invitational	1/26
Abbie McNulty	16:03.16	MPSF Champs	2/23

### 60-meter hurdles (8.17)

Name	Mark	Meet	Date
Hannah Labrie-Smith	8.87	Don Kirby Invite	2/10
Giana Gayles	9.03	UW Indoor Preview	1/13
Amber Lewis	9.16	UW Invitational	1/27

### 4x400 meter relay (3:33.78)

Name	Mark	Meet	Date
Carolyn Wilson, Gaby Gayles, Ashlan Best, Olivia Baker	3:34.73	Don Kirby Invite	2/10
Carolyn Wilson, Ashlan Best, Missy Mongiovi, Olivia Baker	3:35.34	MPSF Champs	2/24
Missy Mongiovi, Ashlan Best, Carolyn Wilson, M. Crunkleton Wilson	3:40.50	Power Five Invite	2/3
Missy Mongiovi, Ashlan Best, Carolyn Wilson, Gaby Gayles	3:41.54	UW Indoor Preview	1/13
Hannah Labrie-Smith, Amber Lewis, Kaitlin Ryan, Giana Gayles	4:02.65	UW Indoor Preview	1/13

### Distance medley relay (10:52.02)

Name	Mark	Meet	Date
Vanessa Fraser, Missy Mongiovi, Elise Cranny, Christina Aragon	10:52.02	NCAA Champs	3/9
Christina Aragon, Gaby Gayles, Olivia Baker, Elise Cranny	10:58.93	Power Five Invite	2/2
Julia Heymach, Hannah Labrie-Smith, Anna Laman, Maddy Berkson	11:28.59	MPSF Champs	2/23

### High jump (6-5 1/2)

Name	Mark	Meet	Date
Rachel Reichenbach	5-6	Don Kirby Invite	2/9
Valerie Przekop	5-5	UW Invitational	1/27

### Pole vault (14-5 1/2)

Name	Mark	Meet	Date
Kaitlyn Merritt	13-5 1/4	Don Kirby Invite	2/10
Erika Malaspina	13-2 1/4	Power Five Invite	2/3
Nicole Summersett	12-3 1/2	Don Kirby Invite	2/10
Jackie McNulty	12-3 1/2	Don Kirby Invite	2/10
Taylor Jaques	11-10	UW Indoor Preview	1/13

### Long jump (21-8 3/4)

Name	Mark	Meet	Date
Daryth Gayles	19-2 1/2	Don Kirby Invite	2/9
Marisa Kwiatkowski	18-3 3/4	UW Indoor Preview	1/13
Giana Gayles	16-2	UW Indoor Preview	1/13

### Triple jump (46-7 1/4)

Name	Mark	Meet	Date
Marisa Kwiatkowski	41-3 1/4	UW Invitational	1/27
Aria Small	39-3 1/4	Don Kirby Invite	2/10

### Shot put (58-4, 17.78m)

Name	Mark	Meet	Date
Lena Giger	58-4	Husky Classic	2/10

**Weight throw (70-3 1/2, 21.42m)**

<b>Name</b>	<b>Mark</b>	<b>Meet</b>	<b>Date</b>
Valarie Allman	70-3 1/2	Husky Classic	2/10

**Final 2018**

*(Parentheses indicates school record for that event)*

*\* competing unattached*

# STANFORD WOMEN'S 2018 PERFORMANCE LIST

## By Individual

Academic years listed; Years of eligibility may differ.

### Valarie Allman, 5th Sr.

#### OUTDOORS

##### Discus (212-3, 64.69m)

199-0 (60.65m)	Inv.: 1) Stanford Invitational	3/31
197-4 (60.15m)	1) Big Meet	4/7
206-1 1/2 (62.83m)	1) Chula Vista ETC	4/12
195-3 (59.51m)	2) Pac-12 Championships	5/13
195-9 (59.68m)	2) NCAA West Prelims	5/25
194-3 (59.20m)	3) NCAA Championships	6/9
208-6 (63.55m)	1) U.S. Championships	6/21
200-5 (61.10m)	3) Athletics World Cup	7/15
182-8 (55.68m)	9) London Diamond League	7/22

##### Hammer (208-10, 63.65m)

201-8 (61.47m)	2) Big Meet	4/7
204-3 (62.26m)	2) National Relays	4/27
208-2 (63.46m)	1) Payton Jordan Invite	5/3
208-10 (63.65m)	4) Pac-12 Championships	5/12
201-6 (61.42m)	11) NCAA West Prelims	5/26
208-5 (63.52m)	8) NCAA Championships	6/7

#### INDOORS

##### Weight throw (70-3 1/2, 21.42m)

64-1 (19.53m)	1) UW Indoor Preview	1/13
67-2 (20.47m)	1) UW Invitational	1/26
67-6 1/4 (20.58m)	2) Power Five Invitational	2/3
70-3 1/2 (21.42m)	1) Husky Classic	2/10
69-9 (21.26m)	2) MPSF Championships	2/23
69-5 1/2 (21.17m)	8) NCAA Championships	3/10

### Christina Aragon, So.

#### OUTDOORS

##### 800 (2:04.00)

2:08.37	Inv.: 7) Cardinal Classic	4/20
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##### 1,500 (4:08.71)

4:21.91	2) Big Meet	4/7
4:12.28	Inv.: 2) Payton Jordan Invite	5/3
4:25.03	5p) Pac-12 Championships	5/12
4:23.41	2) Pac-12 Championships	5/13
4:23.01	14p) NCAA West Prelims	5/24
4:12.73	3) NCAA West Prelims	5/26
4:15.00	11s) NCAA Championships	6/7
4:09.59	4) NCAA Championships	6/9
4:11.64	15p) U.S. Championships	6/21

#### INDOORS

##### 800 (2:08.57)

2:08.57	4) MPSF Championships	2/24
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##### Mile (4:34.76)

4:34.76	4) MPSF Championships	2/24
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##### 3,000 (9:01.86)

9:01.86	7) Husky Classic	2/10
9:03.71	7) NCAA Championships	3/10

##### Distance medley relay

10:58.93 (first leg)	1) Power Five Invitational	2/2
10:52.02 (anchor)	2) NCAA Championships	3/9

### Olivia Baker, Sr.

#### OUTDOORS

##### 400 (52.46)

53.68	3) Stanford Invitational	3/30
53.03	1) Cardinal Classic	4/21

##### 800 (2:00.08)

2:06.31	1) Big Meet	4/7
2:06.09	2p) Pac-12 Championships	5/12
2:03.37	3) Pac-12 Championships	5/13
2:06.84	7p) NCAA West Prelims	5/24
2:03.46	6) NCAA West Prelims	5/25
2:02.76	3s) NCAA Championships	6/7
2:06.18	5) NCAA Championships	6/9
2:02.49	5p) U.S. Championships	6/21
2:00.63	5s) U.S. Championships	6/22
2:00.08	6) U.S. Championships	6/24

##### 4x400

3:35.96 (second leg)	1) Stanford Invitational	3/31
3:36.95 (third leg)	1) Big Meet	4/7
3:32.70 (second leg)	1) Cardinal Classic	4/21
3:31.65 (anchor)	3) National Relays	4/28
3:33.64 (anchor)	3) Pac-12 Championships	5/13
3:31.39 (anchor)	4) NCAA West Prelims	5/26
3:34.26 (anchor)	13s) NCAA Championships	6/7

##### Sprint medley relay

3:41.59 (anchor)	1) National Relays	4/27
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#### INDOORS

##### 400 (53.35)

53.35	4) Don Kirby Invitational	2/10
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##### 600 (1:28.22)

1:28.72	1) UW Indoor Preview	1/13
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##### 800 (2:03.41)

2:04.00	2) Power Five Invitational	2/3
2:04.31	1) MPSF Championships	2/24
2:03.60	4s) NCAA Championships	3/9
2:04.54	8) NCAA Championships	3/10

##### 1,000 (2:45.45)

2:45.45	4) UW Indoor Preview	1/13
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##### 4x400 relay

3:34.73 (anchor)	2) Don Kirby Invitational	2/10
3:35.34 (anchor)	1) MPSF Championships	2/24

##### Distance medley relay

10:58.93 (third leg)	1) Power Five Invitational	2/2
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**Maddy Berkson, Sr.****OUTDOORS****1,500 (4:21.01)**

4:24.89	5) Big Meet	4/7
4:24.71	Sec. 2: 4) Cardinal Classic	4/21
4:21.01	Sec. 3: 3) Payton Jordan Invite	5/3
4:27.64	11p) Pac-12 Championships	5/12
4:30.23	8) Pac-12 Championships	5/13
4:30.32	36p) NCAA West Prelims	5/24

**5,000 (17:17.35)**

17:17.35	Sec. 3: 16) Stanford Invitational	3/30
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**INDOORS****Mile (4:44.93)**

4:44.93	10) UW Invitational	1/27
4:51.94	18) MPSF Championships	2/24

**3,000 (9:24.23)**

9:24.23	9) UW Indoor Preview	1/13
9:39.09	4) Power Five Invitational	2/3

**Distance medley relay**

11:28.59 (anchor)	5) MPSF Championships	2/23
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**Ashlan Best, Fr.****OUTDOORS****100 (11.80)**

11.90	1) Hornet Invitational	3/17
11.86	4p) Stanford Invitational	3/30
11.80	2) Big Meet	4/7

**200 (23.27)**

24.28	1) Hornet Invitational	3/17
23.81	1) Big Meet	4/7
24.39	2) Cardinal Classic	4/20
24.53	26) National Relays	4/27
23.81	12p) Pac-12 Championships	5/12
23.78	27p) NCAA West Prelims	5/25
23.62	10p) World U20 Championships	7/13
23.67	10s) World U20 Championships	7/13

**400 (53.24)**

53.96	4) Cardinal Classic	4/21
54.36	11p) Pac-12 Championships	5/12
54.61	32p) NCAA West Prelims	5/24
53.91	14p) World U20 Championships	7/10
53.24	7s) World U20 Championships	7/11
53.59	8) World U20 Championships	7/12

**4x100**

45.89 (second leg)	1) Stanford Invitational	3/31
45.66 (second leg)	1) Big Meet	4/7
45.51 (second leg)	1) Cardinal Classic	4/21
45.55 (second leg)	11) National Relays	4/28

**4x400**

3:35.96 (third leg)	1) Stanford Invitational	3/31
3:33.64 (second leg)	3) Pac-12 Championships	5/13
3:31.39 (second leg)	4) NCAA West Prelims	5/26
3:34.26 (second leg)	13s) NCAA Championships	6/7
3:36.14 (anchor; Canada)	5p) World U20 Championships	7/14
3:31.93 (third leg; Canada)	4) World U20 Championships	7/15

**Sprint medley relay**

3:41.59 (second leg)	1) National Relays	4/27
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**INDOORS****60 (7.68)**

7.68	8p) UW Indoor Preview	1/13
7.71	18s) UW Indoor Preview	1/13
7.70	17p) Don Kirby Invitational	2/9
7.72	31p) MPSF Championships	2/23

**200 (24.16)**

24.24	8) Power Five Invitational	2/3
24.16	12) Don Kirby Invitational	2/9
24.29	13) MPSF Championships	2/23

**4x400 relay**

3:41.54 (first leg)	1) UW Indoor Preview	1/13
3:40.50 (second leg)	3) Power Five Invitational	2/3
3:34.73 (third leg)	2) Don Kirby Invitational	2/10
3:35.34 (second leg)	1) MPSF Championships	2/24

**Elise Cranny, Sr.****OUTDOORS****800 (2:04.81)**

2:06.62	2) Big Meet	4/7
2:06.01	Inv.: 1) Cardinal Classic	4/20

**1,500 (4:09.49)**

4:20.69	1) Big Meet	4/7
4:14.73	Inv.: 7) Payton Jordan Invite	5/3
4:25.67	25p) NCAA West Prelims	5/24
4:12.49	2) NCAA West Prelims	5/26
4:15.05	12s) NCAA Championships	6/7
4:09.49	3) NCAA Championships	6/9
4:17.37	26p) U.S. Championships	6/21

**5,000 (15:49.27)**

16:28.54	1) Pac-12 Championships	5/13
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**INDOORS****Mile (4:31.29)**

4:31.29	1) MPSF Championships	2/24
4:37.97	2s) NCAA Championships	3/9
4:34.48	5) NCAA Championships	3/10

**3,000 (8:58.88)**

9:06.24	11) Husky Classic	2/10
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**Distance medley relay**

10:58.93 (anchor)	1) Power Five Invitational	2/2
10:52.02 (third leg)	2) NCAA Championships	3/9

**Michaela Crunkleton Wilson, Sr.****OUTDOORS****100 (11.66)**

12.21	6) Hornet Invitational	3/17
11.90	5p) Stanford Invitational	3/30
11.97	3) Big Meet	4/7
11.92	23) National Relays	4/27

**200 (24.08)**

24.99	7) Hornet Invitational	3/17
24.29	6) Stanford Invitational	3/31
24.78	4) Big Meet	4/7
24.95	7) Cardinal Classic	4/20
24.52	25) National Relays	4/27

**400 (53.82)**

56.14	8) Cardinal Classic	4/21
56.75	1) Payton Jordan Invite	5/3

**4x100**

45.89 (first leg)	1) Stanford Invitational	3/31
45.66 (first leg)	1) Big Meet	4/7
45.51 (first leg)	1) Cardinal Classic	4/21
45.55 (first leg)	11) National Relays	4/28

**4x400**

3:45.48 (first leg)	5) Stanford Invitational	3/31
3:36.95 (second leg)	1) Big Meet	4/7

**INDOORS****60 (7.62)**

7.81	32p) Don Kirby Invitational	2/10
7.79	37p) MPSF Championships	2/23

**200 (24.30)**

25.61	27) UW Invitational	1/26
25.11	18) Power Five Invitational	2/2
25.15	55) Don Kirby Invitational	2/9
25.23	40) MPSF Championships	2/23

**400 (56.54)**

57.72	25) UW Invitational	1/27
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**4x400 relay**

3:40.50 (anchor)	3) Power Five Invitational	2/3
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**Hannah DeBalsi, So.****OUTDOORS****3,000 (9:32.91)**

9:32.91	5) Big Meet	4/7
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**5,000 (16:36.33)**

16:36.33	Sec. 3: 8) Stanford Invitational	3/30
16:47.88	Sec. 2: 12) Cardinal Classic	4/20

**INDOORS****3,000 (9:36.09)**

9:45.03	61) Husky Classic	2/10
9:38.07	12) MPSF Championships	2/24

**Ella Donaghu, So.****OUTDOORS****3,000 steeplechase (10:26.99)**

10:26.99	Sec. 2: 8) Stanford Invitational	3/30
10:29.73	1) Big Meet	4/7

**INDOORS****1,000 (2:52.48)**

2:52.48	13) UW Indoor Preview	1/13
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**Mile (4:42.81)**

4:50.54	11) Power Five Invitational	2/3
4:47.56	27) Husky Classic	2/10

**Vanessa Fraser, Gr.****OUTDOORS****1,500 (4:09.74)**

4:10.63	Inv.: 1) Cardinal Classic	4/21
4:09.74	2) Guldensporenmeeting Kortrijk	7/14

**3,000 (9:07.19)**

9:07.19	1) Big Meet	4/7
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**5,000 (15:09.62)**

15:20.10	Inv.: 9) Payton Jordan Invite	5/3
15:27.36	4) NCAA West Prelims	5/26
15:43.77	4) NCAA Championships	6/9
15:36.89	5) U.S. Championships	6/24
15:09.62	7) Night of Athletics Heusden	7/21

**INDOORS****Mile (4:35.88)**

4:35.88	5) MPSF Championships	2/24
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**3,000 (8:59.23)**

8:59.23	4) Husky Classic	2/10
9:02.31	4) NCAA Championships	3/10

**5,000 (15:46.02)**

15:46.02	2) UW Invitational	1/26
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**Distance medley relay**

10:52.02 (first leg)	2) NCAA Championships	3/9
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**Daryth Gayles, Sr.****OUTDOORS****100 (11.80)**

12.37	6) Big Meet	4/7
12.50	5) Cardinal Classic	4/21

**200 (25.41)**

26.05	31) Hornet Invitational	3/17
25.86	42) Stanford Invitational	3/31

**Long jump (20-1 3/4, 6.14m)**

19-4 3/4 (5.91m)	4) Hornet Invitational	3/17
20-1 (6.12m)	Inv.: 1) Stanford Invitational	3/30
18-6 (5.64m)	4) Big Meet	4/7
19-7 (5.97m)	2) Cardinal Classic	4/20
18-5 (5.61m)	Inv.: 12) National Relays	4/27
19-2 3/4 (5.86m)	10) Pac-12 Championships	5/12
18-10 (5.74m)	35) NCAA West Prelims	5/24

**INDOORS****Long jump (19-5 1/2, 5.93m)**

18-5 (5.61m)	3) UW Indoor Preview	1/13
17-10 3/4 (5.45m)	11) UW Invitational	1/27
19-0 (5.79m)	5) Power Five Invitational	2/3
19-2 1/2 (5.85m)	10) Don Kirby Invitational	2/9
18-2 1/4 (5.54m)	14) MPSF Championships	2/23

**Gaby Gayles, Sr.****OUTDOORS****100 (11.74)**

12.01	4) Hornet Invitational	3/17
11.75	2p) Stanford Invitational	3/30
11.74	1) Big Meet	4/7

**200 (23.91)**

24.38	3) Hornet Invitational	3/17
23.91	2) Big Meet	4/7
24.06	1) Cardinal Classic	4/20

**400 (53.18)**

53.18	2) Cardinal Classic	4/21
54.43	17) National Relays	4/27
53.95	10p) Pac-12 Championships	5/12

**4x100**

45.89 (anchor)	1) Stanford Invitational	3/31
45.66 (anchor)	1) Big Meet	4/7
45.51 (anchor)	1) Cardinal Classic	4/21
45.55 (anchor)	11) National Relays	4/28

**4x400**

3:35.96 (first leg)	1) Stanford Invitational	3/31
3:32.70 (first leg)	1) Cardinal Classic	4/21
3:31.65 (second leg)	3) National Relays	4/28
3:33.64 (first leg)	3) Pac-12 Championships	5/13
3:31.39 (third leg)	4) NCAA West Prelims	5/26
3:34.26 (third leg)	13s) NCAA Championships	6/7

**Sprint medley relay**

3:41.59 (first leg)	1) National Relays	4/27
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**INDOORS****60 (7.69)**

7.69	9p) UW Indoor Preview	1/13
7.70	17s) UW Indoor Preview	1/13

**400 (53.93)**

54.48	5) Power Five Invitational	2/3
53.93	7) Don Kirby Invitational	2/10
54.76	7) MPSF Championships	2/24

**4x400 relay**

3:41.54	1) UW Indoor Preview	1/13
3:34.73 (second leg)	2) Don Kirby Invitational	2/10

**Distance medley relay**

10:58.93 (second leg)	1) Power Five Invitational	2/2
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**Giana Gayles, Fr.****OUTDOORS****Long jump (19-0 3/4, 5.81m)**

18-10 1/2 (5.75m)	Coll.: 5) Stanford Invitational	3/30*
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**INDOORS****60 hurdles (9.03)**

9.03	6p) UW Indoor Preview	1/13
9.16	18s) UW Indoor Preview	1/13

**Long jump (16-7 3/4, 5.07m)**

16-2 1/4 (4.93m)	28) UW Indoor Preview	1/13
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**4x400 relay**

4:02.65 (anchor)	12) UW Indoor Preview	1/13
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**Lena Giger, Sr.****OUTDOORS****Shot put (59-4 1/4, 18.09m)**

57-9 1/2 (17.61m)	Inv.: 1) Stanford Invitational	3/30
55-9 (16.99m)	1) Big Meet	4/7
59-4 1/4 (18.09m)	Inv.: 3) Triton Invitational	4/14
55-10 1/4 (17.02m)	1) Cardinal Classic	4/21
57-0 1/4 (17.38m)	1) National Relays	4/28
55-4 3/4 (16.88m)	3) Pac-12 Championships	5/12
55-10 1/2 (17.03m)	4) NCAA West Prelims	5/24
57-8 1/2 (17.59m)	3) NCAA Championships	6/7
55-9 (16.99m)	13) U.S. Championships	6/24

**Hammer (190-3, 57.99m)**

175-1 (53.38m)	5) Big Meet	4/7
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**INDOORS****Shot put (58-4, 17.78m)**

56-9 1/4 (17.30m)	2) UW Indoor Preview	1/13
54-7 1/2 (16.65m)	2) UW Invitational	1/27
56-10 3/4 (17.34m)	1) Power Five Invitational	2/3
58-4 (17.78m)	1) Husky Classic	2/10
56-5 1/4 (17.20m)	2) MPSF Championships	2/24
56-2 3/4 (17.14m)	6) NCAA Championships	3/9

**Jenna Gray, So.****OUTDOORS****Javelin (187-11, 57.29m)**

154-2 (47.00m)	Inv.: 7) Stanford Invitational	3/30
178-11 (54.53m)	2) Big Meet	4/7
177-11 (54.24m)	1) Cardinal Classic	4/20
176-2 (53.71m)	2) Pac-12 Championships	5/12
165-8 (50.50m)	9) NCAA West Prelims	5/24
187-11 (57.29m)	2) NCAA Championships	6/7

**Julia Heymach, Fr.****OUTDOORS****800 (2:05.64)**

2:09.57	Sec. 3: 11) Stanford Invitational	3/30
2:12.04	Sec. 2: 6) Cardinal Classic	4/20
2:08.65	8p) Pac-12 Championships	5/12
2:08.57	9) Pac-12 Championships	5/13

**1,500 (4:21.78)**

4:31.69	Sec. 3: 11) Stanford Invitational	3/30
4:36.58	Sec. 3: 9) Cardinal Classic	4/21
4:21.80	Sec. 3: 5) Payton Jordan Invite	5/3
4:26.05	27p) NCAA West Prelims	5/24

**INDOORS****800 (2:10.75)**

2:10.75	14) MPSF Championships	2/24
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**Mile (4:49.25)**

4:49.25	14) UW Invitational	1/27
4:52.13	14) Power Five Invitational	2/3

**Distance medley relay**

11:28.59 (first leg)	5) MPSF Championships	2/23
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**Taylor Jaques, Sr.****OUTDOORS****Pole vault (13-4 1/2, 4.07m)**

11-9 3/4 (3.60m)	6) Hornet Invitational	3/17
11-5 3/4 (3.50m)	Coll: 5) Stanford Invitational	3/30

**INDOORS****Pole vault (12-6, 3.81m)**

11-10 (3.61m)	17) UW Indoor Preview	1/13
11-5 (3.48m)	10) UW Invitational	1/27
11-9 3/4 (3.60m)	26) Don Kirby Invitational	2/10

**Marisa Kwiatkowski, Sr.****OUTDOORS****100 (12.58)**

12.58	21) Hornet Invitational	3/17
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**Long jump (19-4, 5.89m)**

18-9 (5.71m)	Coll.: 7) Stanford Invitational	3/30
18-5 1/4 (5.62m)	5) Big Meet	4/7
18-8 1/2 (5.70m)	7) Cardinal Classic	4/20
18-8 1/2 (5.70m)	5) National Relays	4/27
18-10 (5.74m)	16) Pac-12 Championships	5/12

**Triple jump (42-4 3/4, 12.92m)**

39-11 1/2 (12.18m)	2) Hornet Invitational	3/17
40-2 1/4 (12.25m)	Inv.: 5) Stanford Invitational	3/31
41-9 3/4 (12.74m)	2) Big Meet	4/7
40-11 1/2 (12.48m)	2) Cardinal Classic	4/21
41-7 3/4 (12.69m)	Inv.: 8) National Relays	4/28
40-3 1/4 (12.27m)	8) Pac-12 Championships	5/13
42-4 3/4 (12.92m)	15) NCAA West Prelims	5/26

**INDOORS****Long jump (18-10, 5.74m)/7**

18-3 3/4 (5.58m)	5) UW Indoor Preview	1/13
18-3 (5.56m)	8) UW Invitational	1/27
17-11 3/4 (5.48m)	13) Power Five Invitational	2/3

**Triple jump (41-5 1/4, 12.63m)**

41-2 1/4 (12.55m)	1) UW Indoor Preview	1/13
41-3 1/4 (12.58m)	3) UW Invitational	1/27
40-9 1/2 (12.43m)	3) Power Five Invitational	2/3
40-6 1/4 (12.35m)	6) Don Kirby Invitational	2/10
40-7 3/4 (12.39m)	5) MPSF Championships	2/24

**Hannah Labrie-Smith, Jr.****OUTDOORS****100 hurdles (14.15)**

14.25w	6) Hornet Invitational	3/17
14.37	17p) Stanford Invitational	3/30
14.31	2) Big Meet	4/7

**400 hurdles (59.67)**

1:01.27	2) Hornet Invitational	3/17
1:02.19	10) Stanford Invitational	3/30

**4x100**

45.89 (third leg)	1) Stanford Invitational	3/31
45.66 (third leg)	1) Big Meet	4/7

**4x400**

3:45.48 (second leg)	5) Stanford Invitational	3/31
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**INDOORS****200 (24.95)**

25.57	25) UW Invitational	1/26
24.95	45) Don Kirby Invitational	2/9
25.35	44) MPSF Championships	2/23

**400 (55.76)**

58.03	33) UW Invitational	1/27
57.07	22) Don Kirby Invitational	2/9

**60 hurdles (8.84)**

9.18	7p) UW Indoor Preview	1/13
8.97	13s) UW Indoor Preview	1/13
9.19	21q) UW Invitational	1/27
8.87	12p) Don Kirby Invitational	2/10
9.00	26p) MPSF Championships	2/23

**4x400 relay**

4:02.65 (first leg)	12) UW Indoor Preview	1/13
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**Distance medley relay**

11:28.59 (second leg)	5) MPSF Championships	2/23
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**Anna Laman, Sr.****INDOORS****800 (2:07.79)**

2:14.17	25) MPSF Championships	2/24
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**1,000 (2:55.60)**

2:58.45	21) UW Indoor Preview	1/13
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**Mile (4:54.38)**

5:01.48	21) UW Invitational	1/27
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**Distance medley relay**

11:28.59 (third leg)	5) MPSF Championships	2/23
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**Jessica Lawson, Fr.****OUTDOORS****1,500 (4:22.38)**

4:22.75	Sec. 4: 1) Stanford Invitational	3/30*
4:22.88	4) Big Meet	4/7
4:25.93	8p) Pac-12 Championships	5/12
4:28.50	6) Pac-12 Championships	5/13
4:26.95	31p) NCAA West Prelims	5/24
4:26.94	21) NCAA West Prelims	5/26

**5,000 (16:29.43)**

16:29.43	Sec. 2: 5) Cardinal Classic	4/20
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**Amber Lewis, Sr.****OUTDOORS****100 hurdles (14.09)**

14.66w	12) Hornet Invitational	3/17
16.80	38p) Stanford Invitational	3/30
14.49	3) Big Meet	4/7
14.80	10) Cardinal Classic	4/21
14.66	7) Brutus Hamilton Challenge	4/28
14.47w	2) Payton Jordan Invite	5/3

**400 hurdles (1:00.28)**

1:03.78	6) Hornet Invitational	3/17
1:04.14	24) Stanford Invitational	3/30
1:02.66	2) Big Meet	4/7
1:03.94	6) Cardinal Classic	4/20
1:03.77	1) Brutus Hamilton Challenge	4/28
1:03.84	2) Payton Jordan Invite	5/3

**4x400**

3:45.48 (third leg)	5) Stanford Invitational	3/31
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**INDOORS****200 (26.51)**

27.63	95) UW Invitational	1/26
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**60 hurdles (8.70)**

9.32	18p) UW Indoor Preview	1/13
9.16	17q) UW Invitational	1/27

**4x400 relay**

4:02.65 (second leg)	12) UW Indoor Preview	1/13
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**Mackenzie Little, Jr.****OUTDOORS****Javelin (198-0, 60.36m)**

NM	Hornet Invitational	3/17
182-8 (55.67m)	Inv.: 1) Stanford Invitational	3/30
192-4 (58.63m)	1) Big Meet	4/7
175-9 (53.56m)	2) Cardinal Classic	4/20
178-10 (54.50m)	2) National Relays	4/28
180-1 (54.88m)	1) Pac-12 Championships	5/12
187-7 (57.19m)	1) NCAA West Prelims	5/24
198-0 (60.36m)	1) NCAA Championships	6/7

**Erika Malaspina, So.****OUTDOORS****Pole vault (13-10, 4.22m)**

NH	Hornet Invitational	3/17
13-3 1/2 (4.05m)	Inv.: 3) Stanford Invitational	3/30
12-11 (3.94m)	3) Big Meet	4/7
12-4 3/4 (3.78m)	3) Cardinal Classic	4/21
13-8 1/4 (4.17m)	1) National Relays	4/28
13-2 1/2 (4.03m)	2) Payton Jordan Invite	5/3
13-10 (4.22m)	3) Pac-12 Championships	5/12
13-8 1/2 (4.18m)	11) NCAA West Prelims	5/25
13-7 1/4 (4.15m)	12) NCAA Championships	6/7

**INDOORS****Pole vault (13-2 1/4, 4.02m)**

13-2 1/4 (4.02m)	2) Power Five Invitational	2/3
13-1 1/2 (4.00m)	6) Don Kirby Invitational	2/10
13-1 1/2 (4.00m)	5) MPSF Championships	2/23

**Julia Maxwell, Sr.****OUTDOORS****5,000 (16:18.05)**

16:52.59	Sec. 3: 12) Stanford Invitational	3/30
16:34.92	Sec. 2: 7) Cardinal Classic	4/20

**Brittany McGee, Jr.****OUTDOORS****200 (25.73)**

26.14	34) Hornet Invitational	3/17
25.76	41) Stanford Invitational	3/31

**100 hurdles (14.70)**

14.84w	15) Hornet Invitational	3/17
14.73	23p) Stanford Invitational	3/30
14.70	4) Big Meet	4/7

**High jump (5-7, 1.70m)**

NH	Big Meet	4/7
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**Long jump (19-5 1/2, 5.93m)**

19-5 1/2 (5.93m)	2) Big Meet	4/7
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**Shot put (30-9 3/4, 9.29m)**

30-9 3/4 (9.29m)	47) Hornet Invitational	3/17
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**Abbie McNulty, Sr.****OUTDOORS****3,000 (9:26.07)**

9:26.07	3) Big Meet	4/7
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**5,000 (15:58.23)**

16:07.01	Inv.: 7) Cardinal Classic	4/20
15:58.64	16) NCAA West Prelims	5/26
15:58.23	HP: 19) Portland Track Festival	6/10

**10,000 (33:07.41)**

33:37.36	Inv.: 16) Stanford Invitational	3/30
33:31.67	6) Pac-12 Championships	5/12
33:07.41	14) NCAA West Prelims	5/24

**INDOORS****3,000 (9:33.49)**

9:33.49	34) Husky Classic	2/10
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**5,000 (16:03.16)**

16:03.16	4) MPSF Championships	2/23
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**Jackie McNulty, Jr.****OUTDOORS****Pole vault (13-4, 4.06m)**

11-9 3/4 (3.60m)	9) Hornet Invitational	3/17
12-11 1/2 (3.95m)	6) Stanford Invitational	3/30
12-5 1/4 (3.79m)	4) Big Meet	4/7
12-4 3/4 (3.78m)	4) Cardinal Classic	4/21
12-2 1/2 (3.72m)	7) National Relays	4/28
12-8 3/4 (3.88m)	3) Payton Jordan Invite	5/3
12-6 1/4 (3.82m)	10) Pac-12 Championships	5/12

**INDOORS****Pole vault (12-8, 3.86m)**

11-4 1/4 (3.46m)	20) UW Indoor Preview	1/13
11-10 3/4 (3.63m)	4) UW Invitational	1/27
12-3 1/2 (3.75m)	16) Don Kirby Invitational	2/10
12-3 1/2 (3.75m)	15) MPSF Championships	2/23

**Kaitlyn Merritt, Jr.****OUTDOORS****Pole vault (14-0 3/4, 4.28m)**

13-1 1/2 (4.00m)	1) Hornet Invitational	3/17
13-7 1/4 (4.15m)	Inv.: 2) Stanford Invitational	3/30
13-9 (4.19m)	1) Big Meet	4/7
13-10 1/2 (4.23m)	2) Cardinal Classic	4/21
13-9 3/4 (4.21m)	Inv.: 5) National Relays	4/28
14-0 1/2 (4.28m)	1) Payton Jordan Invite	5/3
13-10 (4.22m)	2) Pac-12 Championships	5/12
13-8 1/2 (4.18m)	1) NCAA West Prelims	5/25
NH	NCAA Championships	6/7

**INDOORS****Pole vault (13-4 1/4, 4.07m)**

12-10 (3.91m)	4) UW Indoor Preview	1/13
13-2 1/4 (4.02m)	8) Power Five Invitational	2/3
13-5 1/4 (4.10m)	4) Don Kirby Invitational	2/10
13-1 1/2 (4.00m)	3) MPSF Championships	2/23

**Virginia Miller, Fr.****OUTDOORS****Javelin (162-8, 49.59m)**

162-8 (49.59m)	1) Hornet Invitational	3/17
159-0 (48.47m)	Inv.: 6) Stanford Invitational	3/30
155-2 (47.31m)	3) Big Meet	4/7
160-4 (48.88m)	3) Cardinal Classic	4/20
156-5 (47.68m)	3) National Relays	4/28
162-3 (49.47m)	4) Pac-12 Championships	5/12
144-11 (44.17m)	25) NCAA West Prelims	5/24

**Missy Mongiovi, Jr.****OUTDOORS****200 (24.44)**

24.79	15) Stanford Invitational	3/31
24.74	3) Cardinal Classic	4/20
24.77	30) National Relays	4/27

**400 (53.42)**

54.49	6) Stanford Invitational	3/30
54.97	2) Big Meet	4/7
53.42	3) Cardinal Classic	4/21
54.65	19) National Relays	4/27
53.57	8p) Pac-12 Championships	5/12
53.70	9) Pac-12 Championships	5/13
53.97	25p) NCAA West Prelims	5/24

**4x100**

45.51 (third leg)	1) Cardinal Classic	4/21
45.55 (third leg)	11) National Relays	4/28

**4x400**

3:35.96 (anchor)	1) Stanford Invitational	3/31
3:36.95 (first leg)	1) Big Meet	4/7
3:32.70 (third leg)	1) Cardinal Classic	4/21
3:31.65 (third leg)	3) National Relays	4/28
3:33.64 (third leg)	3) Pac-12 Championships	5/13
3:31.39 (first leg)	4) NCAA West Prelims	5/26
3:34.26 (first leg)	13s) NCAA Championships	6/7

**INDOORS****200 (24.78)**

24.78	36) Don Kirby Invitational	2/9
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**400 (54.15)**

54.75	6) Power Five Invitational	2/3
54.15	10) Don Kirby Invitational	2/10
54.65	5) MPSF Championships	2/24

**600 (1:31.64)**

1:31.64	5) UW Indoor Preview	1/13
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**4x400 relay**

3:41.54 (first leg)	1) UW Indoor Preview	1/13
3:40.50 (first leg)	3) Power Five Invitational	2/3
3:35.34 (third leg)	1) MPSF Championships	2/24

**Distance medley relay**

10:52.02 (second leg)	2) NCAA Championships	3/9
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**Jordan Oakes, Fr.****OUTDOORS****1,500 (4:22.88)**

4:25.65	Sec. 3: 5) Cardinal Classic	4/21
4:22.88	Sec. 3: 6) Payton Jordan Invite	5/3

**3,000 steeplechase (10:17.14)**

10:39.33	Sec. 2: 13) Stanford Invitational	3/30
10:31.46	2) Big Meet	4/7
10:17.14	4) Pac-12 Championships	5/12
10:18.19	29) NCAA West Prelims	5/25

**Fiona O'Keeffe, So.****OUTDOORS****3,000 (9:16.34)**

9:16.34	2) Big Meet	4/7
<b>5,000 (15:34.44)</b>		
15:38.82	Inv. 3) Cardinal Classic	4/20
15:43.00	13) NCAA West Prelims	5/26
15:34.44	HP: 7) Portland Track Festival	6/10

**INDOORS****3,000 (9:04.77)**

9:05.22	9) Husky Classic	2/10
9:04.77	1) MPSF Championships	2/24
9:10.54	10) NCAA Championships	3/10
<b>5,000 (15:53.40)</b>		
15:53.40	5) UW Invitational	1/26

**Catherine Pagano, Jr.****OUTDOORS****1,500 (4:24.29)**

4:29.31	Sec. 6: 7) Stanford Invitational	3/30
4:31.31	8) Big Meet	4/7
4:35.76	Sec. 2: 5) Cardinal Classic	4/21
4:33.00	Sec. 3: 11) Payton Jordan Invite	5/3

**Valerie Przekop, Fr.****OUTDOORS****High jump (5-9, 1.75m)**

5-3 (1.60m)	16) Hornet Invitational	3/17
5-5 (1.65m)	Coll.: 3) Stanford Invitational	3/30
5-3 (1.60m)	2) Big Meet	4/7
5-4 1/4 (1.63m)	5) Cardinal Classic	4/20
5-1 1/4 (1.56m)	3) Payton Jordan Invite	5/3

**INDOORS****High jump (5-6, 1.67m)**

5-5 (1.65m)	6) UW Invitational	1/27
5-4 1/4 (1.63m)	14) Don Kirby Invitational	2/9
5-3 1/4 (1.61m)	21) MPSF Championships	2/24

**Rachel Reichenbach, Sr.****OUTDOORS****High jump (5-8 3/4, 1.75m)**

5-5 (1.65m)	8) Hornet Invitational	3/17
5-5 (1.65m)	Inv.: 7) Stanford Invitational	3/30
5-5 (1.65m)	1) Big Meet	4/7
5-6 (1.68m)	3) Cardinal Classic	4/20
5-5 (1.65m)	5) National Relays	4/27
5-5 1/4 (1.66m)	1) Payton Jordan Invite	5/3
5-8 (1.73m)	6) Pac-12 Championships	5/12

**INDOORS****High jump (5-8 3/4, 1.75m)**

5-6 (1.68m)	12) Don Kirby Invitational	2/9
5-5 1/4 (1.66m)	11) MPSF Championships	2/24

**Kaitlin Ryan, Fr.****INDOORS****1,000 (2:48.42)**

3:01.99	24) UW Indoor Preview	1/13
<b>4x400 relay</b>		
4:02.65 (third leg)	12) UW Indoor Preview	1/13

**Jaimi Salone, So.****OUTDOORS****Shot put (45-11, 13.99m)**

NM	Hornet Invitational	3/17
43-2 1/2 (13.17m)	Coll.: 11) Stanford Invitational	3/30
41-7 3/4 (12.69m)	5) Big Meet	4/7
44-3 1/4 (13.49m)	5) Cardinal Classic	4/21

**Discus (163-5, 49.82m)**

134-5 (40.98m)	11) Hornet Invitational	3/17
163-5 (49.82m)	Coll.: 1) Stanford Invitational	3/31
154-9 (47.17m)	5) Big Meet	4/7
145-2 (44.25m)	5) Cardinal Classic	4/21
158-7 (48.35m)	7) National Relays	4/27
160-4 (48.88m)	1) Payton Jordan Invite	5/3
159-8 (48.68m)	10) Pac-12 Championships	5/13

**Samantha Seaton, Fr.****OUTDOORS****Long jump (19-1, 5.81m)**

17-4 1/4 (5.29m)	Coll.: 14) Stanford Invitational	3/30*
17-1 1/4 (5.21m)	12) Cardinal Classic	4/20*

**Aria Small, Fr.****OUTDOORS****Triple jump (42-3 1/2, 12.89m)**

38-3 1/4 (11.66m)	5) Hornet Invitational	3/17
40-10 1/2 (12.46m)	Coll.: 1) Stanford Invitational	3/31
40-6 1/4 (12.35m)	4) Big Meet	4/7
41-2 1/4w, 39-11 1/2	3) National Relays	4/28
41-1 (12.52m)	4) Pac-12 Championships	5/13
42-3 1/2 (12.89m)	4) U.S. Junior Championships	6/17

**INDOORS****Triple jump (39-3 1/4, 11.97m)**

36-11 (11.25m)	11) UW Indoor Preview	1/13
38-9 3/4 (11.83m)	8) UW Invitational	1/27
39-3 1/4 (11.97m)	15) Don Kirby Invitational	2/10
38-8 1/4 (11.79m)	10) MPSF Championships	2/24

**Nicole Summersett, Jr.****OUTDOORS****Pole vault (13-3 1/2, 4.05m)**

12-9 3/4 (3.90m)	2) Hornet Invitational	3/17
11-11 3/4 (3.65m)	Inv.: 11) Stanford Invitational	3/30
11-11 1/4 (3.64m)	5) Big Meet	4/7
12-4 3/4 (3.78m)	7) Cardinal Classic	4/21
12-2 1/2 (3.72m)	11) National Relays	4/28
11-9 (3.58m)	4) Payton Jordan Invite	5/3
12-0 1/2 (3.67m)	13) Pac-12 Championships	5/12

**INDOORS****Pole vault (12-3 1/2, 3.75m)**

11-10 (3.61m)	19) UW Indoor Preview	1/13
11-10 3/4 (3.63m)	2) UW Invitational	1/27
NH	Power Five Invitational	2/3
12-3 1/2 (3.75m)	12) Don Kirby Invitational	2/10
11-3 3/4 (3.45m)	27) MPSF Championships	2/23

**Carolyn Wilson, Fr.****OUTDOORS****200 (24.29)**

25.30 8) Stanford Invitational 3/30

**400 (53.60)**

54.90 8) Stanford Invitational 3/30

53.60 1) Big Meet 4/7

53.98 5) Cardinal Classic 4/21

53.78 10) National Relays 4/27

54.57 13p) Pac-12 Championships 5/12

54.57 31p) NCAA West Prelims 5/24

**800 (2:08.31)**

2:08.31 15) Stanford Invitational 3/31

**4x400**

3:45.48 (anchor) 5) Stanford Invitational 3/31

3:36.95 (anchor) 1) Big Meet 4/7

3:32.70 (anchor) 1) Cardinal Classic 4/21

3:31.65 (first leg) 3) National Relays 4/28

**Sprint medley relay**

3:41.59 (third leg) 1) National Relays 4/27

**INDOORS****400 (53.96)**

54.29 4) Power Five Invitational 2/3

53.96 8) Don Kirby Invitational 2/10

**600 (1:29.71)**

1:29.71 2) UW Indoor Preview 1/13

**800 (2:08.59)**

2:08.59 5) MPSF Championships 2/24

**4x400 relay**

3:41.54 (third leg) 1) UW Indoor Preview 1/13

3:40.50 (third leg) 3) Power Five Invitational 2/3

3:34.73 (first leg) 2) Don Kirby Invitational 2/10

3:35.34 (first leg) 1) MPSF Championships 2/24

**Thru 2018**

*(Personal records in parentheses)*

*\* Competed unattached*