

Welcome to the University of Minnesota Duluth (UMD)!

We are so glad you have joined our team of nearly 2000 staff and faculty serving over 11,000 students on this campus. UMD covers over 3 million square feet on 244 acres overlooking Lake Superior. At UMD, students, faculty, staff, and alumni share a passion to make real connections to yourself, each other, and the world around us.

As you become more familiar with UMD, you'll find that it's an exciting and vibrant place with many talented people and varied opportunities. There are many great things that UMD has to offer and we recognize that when starting a new job, there's a lot to do and learn. That's why we have collected a list of resources below that will provide some unique offerings that UMD and the community has to offer.

Please know that there are many people here to help answer any questions you may have including your Supervisor, your unit's Human Resource support, coworkers and of course [UMD's Human Resource Staff](#). We want you to get the direction, support, and resources you need to be successful here, so please don't hesitate to ask if you have questions.

Thank you for choosing us as your new home. A place we hope you can make a difference, learn, and grow. We are glad that you are here to contribute to and share in [UMD's mission, vision, and values](#).

Getting Settled:

Transportation: Sustainable Transportation (Bus). [Sustainable Transportation Programs](#)

Food: Did you know that UMD offers a wide variety of eating meal options? Dining Services supplies students, faculty & staff with a variety of fresh and local meal options through our sustainable efforts of the [UMD Farm](#). Additionally, Dining Services offers progressive dining venues including a contemporary food court (Plaza Food Court), [sit-down restaurant](#) (Center Court Restaurant), [coffee shop](#) (Northern Shores Coffee), and [dining center](#) (Superior Dining). These options are all available to both students and UMD employees. Please click on the links to learn more about all of your options.

Communications: UMD sends out informative email announcements through UMD Business Announce (**UMDBiz**) to all current employees but you must sign up. To add your UMD email address so you receive update emails through UMD Biz, go to to [this link](#). This link also includes other email groups that you may have interest in.

If you would like to receive SAFEU text updates regarding UMD school closures and other emergency communications, contact update-safeu@umn.edu to add numbers or update your phone number. For more information about [SAFEU](#).

Zero Waste Initiative: Most items do not belong in a landfill. As part of an effort to be more sustainable, UMD's Facilities Management, with collaboration from the Office of Sustainability, has launched a Zero Waste Initiative. You won't find a garbage can in your office, but there should be a recycling bin and a mini-bin for your landfill or compost items in which you will empty into central bins on a daily basis. For more information check out <https://umdsustain.wp.d.umn.edu/campus-initiatives/waste/compost/>

Be Well:

Wellness Center: You can save money on your monthly Uplan rates by joining the Wellness Program. UMD's robust Wellness program allows employees to save money on their annual UPlan rates, rewards them for activities they already do to stay healthy, and gives them the chance to try out new wellness activities for little or no cost. Visit the site at: [Wellness Page](#)

Recreational Sports Outdoor Program (RSOP)- UMD employees also have access to facilities such as the jogging track, gymnasium, tennis courts, weight room, cardio room, pool, ice rink, and fitness classes? In addition, The RSOP offers many opportunities to both UMD employees and students such as sporting equipment rentals, fitness center, group fitness classes, and other recreational activities and resources.

[Main RSOP site](#)

[Membership Information](#)

[UMD Staff only fitness class offerings](#)

Bagley Nature Area:

Bagley Nature Area is 55 acres of forest, pond, and open area right here on the northwest part of campus right here on campus. This is a wonderful place for running, cross country skiing, walking, or any other quiet outdoor activity with sections of old growth forest and wildlife galore. Ski trails are groomed for classical style skiing by RSOP.

EAP: The Employee Assistance Program (EAP) provides confidential professional consultation and referral services to address any personal or work concern that may be affecting your wellbeing. You can request up to eight sessions at no cost if eligible. [EAP Link](#)

Duluth Perks:

Discounts:

Community businesses (such as hotels, restaurants, department stores, gift shops, grocery stores, auto shops, cell phone companies, fitness centers, insurance companies, hardware stores) often offer discounts to University of Minnesota Duluth employees. The below UMD website offers both local, Twin Cities, and national discounts offered to UMD employees.

[Discounts Link](#)

Mailroom: Need to mail a package or to purchase some stamps? UMD also has options for you! <http://fm.d.umn.edu/services/mailroom/>

Print Shop: If you need copies made or some other print work done check out the Print Shop located on the first floor of Kirby Plaza. <http://www.d.umn.edu/print/>

[UMD Event Calendar:](#) UMD Calendar to keep in touch with college events and happenings.

[UMD News Center:](#) To read the latest about what's happening at UMD.

Information Technology Systems and Services (ITSS): Computer not working? Need to make a video or other multimedia presentation? Need technology help? ITSS provides services that are available both to university departments and to individual faculty, staff, and students. The ITSS Tech Center (located in KPlz 165) can assist you with computer repairs, password resets, questions about software used on campus, and more! The Multimedia Hub (located in Library 260) offers a variety of equipment and software to help you create presentations, videos, or to learn a new technology skill.

[ITSS Tech Center](#)

[ITSS Multimedia Hub](#)

[Other ITSS Services](#)

Information on Twin Ports area: Whether you are new to the community or want additional information on what the community has to offer, the following sites below provide some great regional information.

[UMD Site-About Duluth](#)

[Duluth Chamber](#)

[Perfect Duluth Day](#)

Bulldog Athletic Events:

UMD Athletics sponsors 16 varsity programs and more than 400 student athletes competing at the highest levels in the NCAA

[Link for Tickets](#)

Tweed Museum: UMD also has a museum on campus that is open to all students, staff and members of the community.

[Tweed Museum Link](#)

The Marshall W. Alworth Planetarium: Explore an out of this world Planetarium right on UMD campus. The Planetarium offers live, interactive shows and full-dome theater presentations. From traditional star displays and cultural shows that show the importance of astronomy around the world, to feature presentations that whisk you through the depths of outer space, the planetarium has something for curious stargazers of all ages. [Planetarium Link](#)

Glensheen Historic Congdon Estate:

Glensheen Mansion, perched on the shore of Lake Superior, is the most visited historic home in Minnesota. Our 12-acre estate features gardens, bridges, and the famous 39-room mansion

built with remarkable 20th century craftsmanship, telling the story of the Duluth region. Glensheen offers tours and exciting events to the community.

<http://glensheen.org/>