

SHHS Sustainable Purchasing

Report produced by:

John Lindsay

SHHS Student Sustainability Coordinator

Sustainable Purchasing A: Purchases that are fair, humane, ecologically sound, and/or strongly support local businesses. These include fair trade, organic, and humane purchases, as well as Marine Stewardship Council seafood. It also includes all purchases from McGill's Macdonald Horticultural Center Farm.

Sustainable Purchasing B: Purchases that are either above conventional, or ones that are conventional but still support Quebec producers. These purchases could be improved upon, but they are more sustainable than many alternatives.

Type of Purchasing	Self-Op	Compass	Total	% of Total Purchasing
Sustainable Purchasing A	\$596,564.00	\$773,088.00	\$1,369,652	25.35
Sustainable Purchasing B	\$372,219.00	\$122,322.00	\$494,541	9.16
Sustainable Purchasing A+ B	\$987,425.00	\$895,410.00	\$1,864,193	34.52
Total Purchasing	\$2,909,155	\$2,491,904	\$5,401,059	100

Bagels

Almost all bagels are purchased through St. Viateur, a local manufacturer.

- Total bagel purchasing: \$19,160
 - St. Viateur Bagels: **\$19,009** (99.2% of total bagel purchasing)

Beef

Almost all beef is from Canada. Beef from the Macdonald Campus Horticultural Center and Viandes Laroche are from Quebec and raised without antibiotics and hormones.

- Total beef purchasing: \$295,272
 - Total beef purchasing in self-op: 178,025
 - Viande Laroche Beef: **\$12,271** (6.9% of total beef purchasing in self-op)
 - The beef from Viandes Laroche is produced in Quebec, and raised without antibiotics and hormones. This beef is certified by Viandes Sélectionnées des Cantons
 - Mac Farm Beef: **\$17,047** (9.6% of total beef purchasing in self-op)
 - Mac Farm beef is produced by the Macdonald Campus Horticultural Center. It's local and supports business at McGill. The cattle are raised on open range and only given antibiotics for therapeutic reasons.
 - Total beef purchasing in Compass: \$117,247

Fresh Bread

SHHS purchases lots of bread from local sources, and now makes an effort to purchase some pesticide-free breads. Boulangerie la Crostina supplies breads from Boulangerie Auger, a producer of pesticide-free breads in Quebec.

- Total non-Premiere Moisson, non-bagel, fresh bread purchasing: \$81,019
 - Total local bread: **\$76,210** (94.1% of total non-Premiere Moisson, non-bagel, fresh bread purchasing)
 - Total non-Augur, La Crostina breads: \$40,429
 - Total pesticide-free breads from Auger: \$17,139 (21.1% of total non-Premiere Moisson, non-bagel, fresh bread purchasing)
 - Total Gadoua: \$15,772
 - Total Homemade Kosher Bakery: \$2,870

Cheeses

Most cheeses are purchased locally in Quebec. A sixth of these purchases now come through Agropur, the Quebec dairy cooperative which protects farmers' rights and supports the local economy.

- Total cheese purchasing: \$167,629
 - Total local, conventional cheese: **\$90,110** (53.8% of all cheese)
 - Total Agropur cooperative cheese purchasing: **\$28,597** (17.1% of all cheeses)

Chocolate & Cocoa

As a part of our Fair Trade Campus Designation, there must be fair trade chocolate options at all retail locations without national brands. All fair trade chocolate and cacao is purchased through Cacao Camino, Theobroma, and Farinex, with most of this being fair trade, certified by Fair Trade Canada.

- Total Chocolate and Cocoa purchasing: \$15,530 (assuming Compass purchases the same proportion of fair trade chocolate)
 - Total Fair Trade Chocolate and Cocoa Purchasing: **\$12,655** (81.5% of all chocolate and cacao purchasing)
 - Cocoa Camino Fair Trade Organic Chocolate: \$7,151 (56.5% of total fair trade chocolate purchasing, 46% of total chocolate and cacao purchasing)
 - Certified fair trade by Fair Trade Canada and the Small Producers Symbol.
 - Certified organic by the Quality Assurance International
 - Theobroma Fair Trade Organic Chocolate: \$1,663 (13.1% of total fair trade chocolate purchasing, 10.7% of total chocolate and cacao purchasing)
 - Certified fair trade by Fair Trade Canada. Certified organic by Ecocert.
 - Farinex Fair Trade Chocolate: \$3,841 (30.4% of total fair trade chocolate purchasing, 24.7% of total chocolate and cacao purchasing)
 - Certified fair trade by Fair Trade Canada.

Coffee

As a part of our fair trade designation, 100% of coffee is fair trade. All coffee is either Mystique, Van Houtte, Union or Second Cup depending on the location.

- Total Coffee Purchasing: \$180,999
 - Mystique (Premiere Moisson): \$50,150
 - Van Houtte: \$50,487
 - Van Houtte has its coffee certified fair trade by Fair Trade Canada. The majority of coffee, aside from Vanilla Hazelnut, is also organic. It's certified organic by the Organic Crop Improvement Association.
 - Union: \$69,038
 - Second Cup: 11,324

Crudessence Products

Crudessence serves raw, vegan, organic products, all certified organic by Quebec Vrai. These products are all manufactured in Montreal.

- Total Crudessence Purchasing: \$60,001

Dairy (Other)

- Total milk purchasing: \$96,140
 - Conventional, local milk purchasing: \$50,192 (100% of total milk purchasing)
 - Cooperatively-owned milk: \$45,948 (47.8% of total milk purchasing)
- Total self-op cream purchasing: \$20,166
 - Conventional, local cream purchasing: \$20,166
- Total self-op butter purchasing: \$4,651
 - Conventional, local butter purchasing: \$4,651
- Total self-op yogurt purchasing: \$30,544
 - Conventional, local yogurt purchasing: \$30,544

Eggs

All fresh whole eggs come from the Macdonald Campus Horticultural Center. The amount of eggs increased from 130,248 in 2013-2014 to 180,360 in 2014-2015.

- Total egg purchasing: \$118,087
 - Fresh whole egg purchasing: \$52,605 (100% of fresh whole egg purchasing, 44.5% of total egg purchasing)

Flours and Sugars

Some flours and sugars are purchased organic, certified by Ecocert.

- Total flour and sugar purchasing in self-op: \$5,805
 - Organic Flours: \$532 (50.0% of self-op flour purchasing)
 - Organic Sugars: \$370 (11.7% of all self-op sugar purchasing)

Maple Syrup

Sucrerie Belle-Riviere is a family-owned company based out of Mirabel, Quebec. They use old-fashioned methods of production, collecting water manually to then boil over a log fire (conversely, industrial production usually relies on fossil fuels).

- Total maple syrup production: \$21,100
 - Sucrerie Belle-Riviere: \$21,100 (100% of total maple syrup purchasing)

Pork

SHHS makes considerable effort to purchase humanely-raised pork, which is why it partners with local producer DuBreton for many of its purchases. DuBreton is certified humane by Humane Certified, a standard

that meets the Humane Farm Animals Care Program, which includes nutritious diets without antibiotics or hormones and animals raised with shelter, resting areas, sufficient space and the ability to engage in natural behaviors.

- Total pork purchasing: \$68,156
 - Total DuBreton purchasing: **\$9,732** (14.3% of total pork purchasing)
 - DuBreton is certified humane by Humane Certified, a standard that meets the Humane Farm Animals Care Program, which includes nutritious diets without antibiotics or hormones and animals raised with shelter, resting areas, sufficient space and the ability to engage in natural behaviors. It's also produced in Quebec.
 - Total Menan Trahan Boucher purchasing: **\$14,479** (21.2% of total pork purchasing)
 - Menan Trahan Boucher: Menan Trahan Boucher is a local supplier of pork products. Furthermore, this company ensures that its livestock are well raised relative to conventional pork.

Poultry

SHHS purchases from two independent poultry suppliers: Milibec and Exceldor. A considerable amount of these purchases come from Ferme des Voltigeur, a farm with a high selection of vegetable grain-fed and organic chicken products. The organic chicken is certified by Ecocert.

- Total poultry purchasing: \$416,479
 - Total local poultry purchasing: \$325,593 (78.2% of total poultry purchasing)
 - Total local, non-independently-produced poultry: **\$220,798** (53% of total poultry purchasing)
 - Total Independently-produced poultry: \$105,024 (25.2% of total poultry purchasing)
 - Exceldor
 - Milibec: Ferme des Voltigeur
 - Total independently-produced, non-organic poultry: **\$102,925** (24.7% of total poultry purchasing)
 - Total Independently-produced, organic poultry: **\$2,099** (0.8% of all self-op purchasing)
 - Brome Duck: \$589 (100% of all self-op duck purchasing)

Premiere Moisson

Premiere Moisson purchases a majority of its products from local sources, while all of its locally manufactured. Most products are made from scratch in-house.

- Total Premiere Moisson purchasing: \$291,282 [excluding branded beverages]
 - Charcuterie: \$37,429 (99% locally produced)

- Tarterie Sucree et salee: \$75,770 (65% locally produced, 100% locally manufactured)
- Boulangerie: \$32,336 (100% locally produced and milled)
- Patisserie: \$40,902 (60% locally produced, 100% locally manufactured)
- Viennoiserie: \$95,005 (60-70% locally produced, 100% locally manufactured)
- Semi-Conserves: \$7,358 (100% locally produced)
- Confitures et sirop d'erable: \$2,482 (100% locally produced)

Produce

SHHS makes an effort to purchase local produce for environmental and social sustainability. Highlighting this is purchases from the Macdonald Campus Horticultural Center. This partnership was created through the McGill Feeding McGill project, which awarded McGill University second prize in the 2013 IPAC / Deloitte Public Sector Leadership Award Gala.

- Total produce purchasing: \$1,094,359
 - Total local produce purchasing: **\$323,031** (29.5% of total produce purchasing)
 - Local Mac Farm: \$52,581 (4.8% of total produce purchasing)
 - Local Hector Larivée: \$253,776 (23.2% of total produce purchasing)
 - Local Bonduelle (frozen): \$16,674 (1.5% of total produce purchasing)

Rise Kombucha

Rise Kombucha creates solely kombucha, a fermented tea beverage. These products are all produced in Montreal, and they're fair trade and organic as well. They are certified organic by Quebec Vrai, and certified fair trade by Fair Trade Canada.

- Total Rise Kombucha purchasing: \$20,769

Seafood

Almost all seafood is certified sustainable by either the Marine Stewardship Council (MSC), Ocean Wise, or Best Aquaculture Practices. The MSC certification resulted from an Applied Student Research project at McGill, where students researched what seafood McGill should try to attain. All shrimp, sole, cod and haddock in cafeterias is certified by MSC.

- Total seafood purchasing: \$160,155
 - Self-op Certified-Sustainable Seafood: **\$95,790** (99.0% of total seafood purchasing in self-op)
 - Marine Stewardship Council Sustainable Seafood: \$40,852 (25.5% of total seafood purchasing)
 - Self-op total MSC purchasing: \$22,331
 - Compass total MSC purchasing: **\$18,521**

Spices

Crousset is a Quebec spice producer.

- Total self-op spice purchasing: \$3,316
 - **Crousset Spices: \$3,316**

Tea

As a part of the fair trade campus designation, there needs to be at least three tea options at each dining hall. A large portion of SHHS tea is fair trade.

- Total tea purchasing: \$30,218
 - Fair Trade Four o'Clock Tea: **\$905** (11.1% of self-op purchases)
 - Certified fair trade by Fair Trade Canada
 - Fair Trade Union Tea: **\$10,144**
 - Certified fair trade by Fair Trade Canada
 - Fair Trade Camellia Sinensis Tea: **\$4,569**
 - Certified fair trade by Fair Trade Canada
 - Second Cup Tea: **\$7,384**
 - Ethical Tea Partnerships

Tofu

The majority of tofu is produced by Les Aliments Horium, a Montreal-based company who produces 100% organic tofu.

- Total tofu purchasing: \$10,617
 - Les Aliments Horium Tofu: **\$7,876** (74.2% of total tofu purchasing)
 - Organic, certified by Ecocert and produced in Montreal

Veal

All veal comes from Écolait, a company who produces humane meats in an environmentally-friendly manner.

- Total veal purchasing: \$5,753
 - Écolait: **\$5,753**

Category	Product
Bagels	Local St. Viateur Bagels
Beef	Local Viande Laroche Beef
Beef	Local Mac Farm Beef
Bread	Quebec-produced, pesticide-free breads
Bread	Other local breads
Cheese	Agropur Cheeses
Cheese	Local, conventional cheese
Chocolate	Cocoa Camino Fair Trade Organic Chocolate
Chocolate	Theobroma Fair Trade Organic Chocolate
Chocolate	Farinex Fair Trade Chocolate
Coffee	Van Houtte Fair Trade & Organic Coffee
Coffee	Van Houtte Fair Trade only Coffee
Coffee	Fair Trade Mystique Coffee
Coffee	Fair Trade Union Coffee
Coffee	Fair Trade Second Cup Coffee
Crudessence	Organic Crudessence Products
Dairy (Other)	Agropur Cooperative Milk
Dairy (Other)	Local, Conventional Milk
Dairy (Other)	Local, Conventional Cream
Dairy (Other)	Local, Conventional Butter
Dairy (Other)	Local, Conventional Yogurt
Eggs	Local Mac Farm Fresh Whole Eggs
Flour and Sugar	Organic Flour
Flour and Sugar	Organic Sugar
Maple Syrup	Sucrerie Belle-Riviere Maple Syrup
Pork	Humane Dubreton Fresh and Frozen Pork
Pork	Humane Menan Trahan Boucher Pork
Poultry	Brome Duck
Poultry	Local, conventional poultry
Poultry	Independently-produced, non-organic poultry
Poultry	Independently-produced, organic poultry
Premiere Moisson	Locally-produced, Premiere Moisson Charcuterie
Premiere Moisson	Locally-produced, locally-manufactured Premiere Moisson Charcuterie
Premiere Moisson	Locally-produced and milled Premiere Moisson Boulangerie
Premiere Moisson	Locally-produced, locally-manufactured Premiere Moisson Patisserie
Premiere Moisson	Locally-produced, locally-manufactured Viennoiserie
Premiere Moisson	Locally-produced Semi-Conserves
Premiere Moisson	Locally-produced Confitures et sirop d'erable
Produce	Local Mac Farm Produce
Produce	Local Hector Larivée Produce

Produce	Local Bonduelle Produce
Rise	Fair Trade, Organic Rise Kombucha
Sausage	Dubreton Sausage
Seafood and Fish	Sustainable Marine Stewardship Council Seafood
Seafood and Fish	Sustainable OceanWise, BAP Seafood
Spices	Local Crousset Spices
Tea	Fair Trade Four o'Clock Tea
Tea	Fair Trade Union Tea
Tea	Fair Trade Camellia Sinensis Tea
Tea	Ethical Partnerships, Second Cup Tea
Tofu	Organic Les Aliments Horium Tofu
Veal	Humane Écolait Veal

Total Sustainable Purchasing A

Total Sustainable Purchasing B

Total Sustainable Purchasing

Total Purchasing

Total Self-Op Purchasing Total Compass Purchasing Total Purchasing % of Total Purchasing

9,239.00	9,770.00	19,009
12,271.00	0.00	12,271
17,047.00	0.00	17,047
17,139.00	0.00	17,139
40,429.00	18,642.00	59,071
15,721.00	12,876.00	28,597
57,870.00	32,240.00	90,110
4,244.00	2,907.00	7,151
1,663.00	0.00	1,663
3,244.00	597.00	3,841
42,577.00	6,873.00	49,450
1,037.00	0.00	1,037
0.00	50,150.00	50,150
0.00	69,038.00	69,038
0.00	11,324.00	11,324
45,123.00	14,878.00	60,001
0.00	45,948.00	45,948
50,192.00	0.00	50,192
20,166.00 n/a		20,166
4,651.00 n/a		4,651
30,544.00 n/a		30,544
52,605.00 n/a		52,605
532.00	0.00	532
370.00	0.00	370
21,100.00	0.00	21,100
9,732.00	0.00	9,732
0.00	14,479.00	14,479
589.00	0.00	589
159,128.00	61,670.00	220,798
26,942.00	75,983.00	102,925
2,099.00	0.00	2,099
0.00	37,429.00	37,429
0.00	75,770.00	75,770
0.00	32,336.00	32,336
0.00	40,902.00	40,902
0.00	95,005.00	95,005
0.00	7,358.00	7,358
0.00	2,482.00	2,482
40,646.00	11,935.00	52,581
135,299.00	118,447.00	253,746

16,674.00	0.00	16,674	
20,769.00	0.00	20,769	
1,354.00	0.00	1,354	
22,231.00	18,521.00	40,752	
73,459.00 n/a		73,459	
3,316.00	0.00	3,316	
905.00	0.00	905	
0.00	10,144.00	10,144	
0.00	4,569.00	4,569	
0.00	7,384.00	7,384	
7,876.00	0.00	7,876	
0.00	5,753.00	5,753	
596,564.00	773,088.00	1,369,652	25.4
372,219.00	122,322.00	494,541	9.16
968,783.00	895,410.00	1,864,193	34.5
2,909,155.00	2,491,904.00	5,401,059.00	100