

# ROBINA CAMPUS FOOD & DINING INITIATIVES

## GREENFields

BAR • RESTAURANT

### starters ..... \$13

**sticky koji and fermented chilli chicken wings (gf)**  
chilli, sesame, crispy eschallots

**housemade falafels (ve, gfa, df)**  
charred flat bread, pickled vegetables, hummus, pomegranate, tabbouleh

**assiette of sustainable seafood (gfa)**  
house smoked eel pâté, cured Rocky Point cobia, charred octopus, croquette, saffron aioli

**eggplant and tomato presseè (gfa, df, ve)**  
basil dressing and candied olives

### sides ..... \$7

**torched asparagus (gf, v)**  
caramelised miso hollandaise, grated Queensland botargo, lemon

**shoestring fries (v)**  
Tall Timbers Manjimup Estate truffle, parmesan

**mesclun salad (gf, dfa, v)**  
house dressing

### main meals ..... \$27

**roasted butternut pumpkin (gf, ve, df)**  
raw macadamia cream, miso glazed thai eggplant, chimichurri, fennel crumb

**pan-fried local Mt. Cotton chicken (gf, dfa)**  
preserved lemon pepper rice, sour coconut, herb oil and shichimi

**Queensland sirloin steak (gf)**  
Kipfler potato, seasonal green, smoked onion, native pepper berry butter, jus

**fillet of Queensland Barramundi meuniere (gf)**  
pan seared with polenta, seasonal green, caper, parsley and lemon beuree noisette

### something sweet ..... \$10

**polsini pineapple with coconut mousse (gf, v, ve, dfa)**  
passionfruit, native finger limes, coconut gelato

**elderflower panna cotta (gfa, v)**  
summer berries, crostoli

**textures of the chocolate garden (v, gf)**  
ethically sourced chocolate nemesis, salted caramel mousse, raspberry sorbet

**warm chocolate brownie**  
with vanilla bean ice cream

### young greenies ..... \$15 (up to 12 years of age)

**chicken wings (gf) or crumbed local fish**  
with shoestring fries, broccoli, special salt and tomato sauce  
**+ warm chocolate brownie**  
with vanilla ice cream  
**+ soft drink or filtered water**

meet our local suppliers



(df) dairy free (dfa) dairy free available (gf) gluten free (gfa) gluten free available (v) vegetarian (ve) vegan

### breakfast

**eggs your way on sourdough - \$8**  
scrambled, poached or fried

+ extras per item ..... \$3  
bacon  
mushroom  
tomato  
spinach  
hash brown  
avocado

**avo on toast ..... \$10**  
with feta, dukkah, rocket

breakfast served from 7am to 11am

### pizza

**margherita ..... \$8**  
napoli sauce, mozzarella, basil, olive oil

**Queensland tropical ..... \$8**  
Bundaberg BBQ sauce, double smoked ham, local pineapple, red onion

**pepperoni ..... \$8**  
napoli sauce, pepperoni, mozzarella and parmesan cheese

**vegetarian ..... \$8**  
napoli sauce, red onion, mushroom, truffle oil, mozzarella and parmesan cheese

### lunch

**small salad ..... \$7**  
1-2 choices

**medium salad ..... \$10**  
1-3 choices

+ protein per item ..... \$3  
boiled eggs  
falafel  
teriyaki chicken wing

**fries ..... \$4**  
Moroccan seasoning and aioli

**sweet potato fries ..... \$4**  
aioli

**teriyaki and lime chicken wings \$7**  
super crispy wings

**loaded fries ..... \$8**  
cheese, spiced tomato sauce, bacon

**burgers ..... \$10**  
chicken, beef or veggie served with lettuce, tomato, mayo, pickles, sauce

**Mexican bowl ..... \$10**  
spiced beans, guacamole, tomato salsa, mozzarella and corn tortilla

**pasta of the day ..... \$10**  
see specials board

**curry of the day ..... \$10**  
see specials board

### beverages

**small ..... \$4**  
**medium ..... \$4.5**  
**large ..... \$5**

**coffee**  
Quest coffee roasters

**chai latte**  
aromatic blend of spices

**hot chocolate**  
milk chocolate 21%, vegan dark 40%, white chocolate

**madura tea ..... \$4**  
english breakfast, earl grey, green, lemon myrtle, peppermint

**alternate milk ..... 50c**  
soy, almond, oat, lactose free, macadamia, coconut

**soft drink on tap ..... \$2**  
coke, coke no sugar, lift, sprite, fanta, dry ginger ale

**moda pure water ..... \$2**  
natural spring, sparkling

**iced coffee ..... \$5**  
long black, latte, chai

**milkshake and frappe ..... \$6**  
caramel, chocolate, strawberry, vanilla, hazelnut, coffee

**iced drinks ..... \$6**  
(with ice cream and cream)  
coffee, mocha, chocolate

**syrops ..... 50c**  
caramel/vanilla/hazelnut syrops, malt

**beer**  
Burleigh Mid Tide ..... \$6  
Burleigh Big Head ..... \$7

**wine and sparkling**  
piccolo of Yellow Tail ..... \$8  
Bubbles, Sauvignon Blanc or Shiraz  
Witches Falls Vermentino ..... \$11



**BYO reusable cup to receive 10% off hot beverages, soft drinks on tap and moda pure water**

open monday to friday  
from 7am to 3pm  
closed on public holidays

(07) 5559 7522  
seedpodcafe.com.au



**seedpod  
café**

ask for vegetarian, vegan and gluten free options | all take-away packaging is compostable and can be placed in the organic bin

Discover  
Robina's only  
rooftop bar  
+ restaurant

OPEN

Lunch  
Tuesday–Friday

Dinner  
Tuesday–Saturday



GREEN  
*Fields*

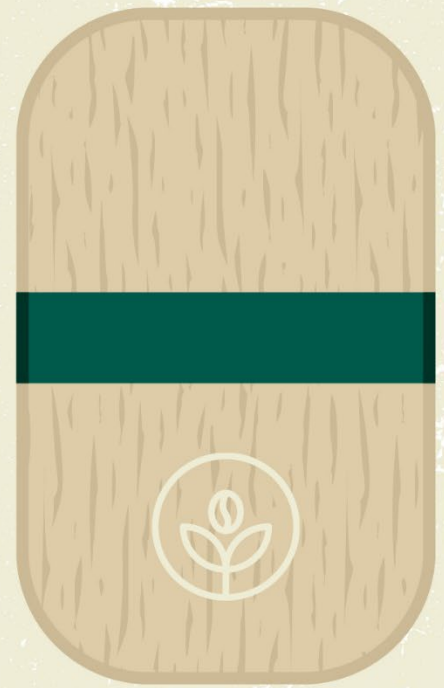
BAR + RESTAURANT

Weddings,  
events,  
conferences!  
Book our  
eco-friendly  
Events Centre



rec: robina  
events  
centre

**BYO  
reusable  
items to  
receive  
10% off  
food and  
drinks**



**100% certified  
organic coffee beans**



**our coffee cups are  
100% compostable**

Enjoy our fresh  
handcrafted cuisine

Robina's only rooftop  
bar + restaurant



view menu



**GREENFields**  
BAR + RESTAURANT



view menu



**GREENFields**  
BAR + RESTAURANT





### HOW BIG IS THE CHALLENGE

760 000+ Across our 4 Victorian campuses we throw away over 750,000 single use disposable coffee cups every year.

x 20 that is enough cups to fill 20 trams

Did you know all cafes on campus welcome your favourite mug.

**Disposable** vs **Reusable**

Most disposables are lined with plastic and they can't be recycled in mixed recycling. Minutes in your hand and up to 50 years in landfill.

There is the same amount of plastic in 30 disposable cups as one small keep-cup.

Use a Keep Cup for 3+ years then recycle - it's made to last! In Australia you can just KeepCup separated components in mixed recycling bins at end of life. Using life cycle analysis it takes 15 coffees for a KeepCup to break even with disposables.

Join the Monash reuse revolution dine in bring a reusable or borrow one of ours

### COFFEE

**Paper Cup** 16 Billion Paper Cups per Year!

**Reusable Mug** You can use just one!

#### Quick Facts

- 6.5 million trees cut down each year!
- 4 billion gallons of water wasted per year!
- Enough energy to power 54,000 homes wasted per year!

Use your own reusable mug at coffee shops!

And, Help reduce the amount of:

1. Trees cut down
2. Gallons of water wasted
3. Energy wasted

& Get small discounts at coffee shops!

### CUPS - GO REUSABLE!

4% IDENTIFIABLE PLASTIC LITTER IN EUROPEAN FREE TRADE ENVIRONMENTS

99% OF TAKEAWAY COFFEE CUPS ARE CURRENTLY NOT RECYCLED IN THE UK

2.5 BILLION COFFEE CUPS ARE LOST AND DISCARDED THROUGHOUT EACH YEAR IN THE UK

The **BIGGEST CHANGE** YOU CAN MAKE IS TO USE A **REUSABLE CUP**

If everyone in the UK did this for every hot drink purchase, it would save **1,500 tonnes** of plastic from entering the environment each year.

Buy a reusable one made of durable plastic, and it's not any more than you need.

#### OTHER WAYS TO MAKE A CHANGE...

- TAKE IT EVERYWHERE** To parties, festivals and other events, for all drinks.
- REDUCE YOUR TAKEAWAY CONSUMPTION** Make your own coffee rather than buying takeaway, or drink in at the cafe.
- FIND A COFFEE CUP RECYCLING BIN** In the street, at a coffee chain or your local recycling bank.
- Recycle plastic and glass and paper bins.
- Refuse plastic cups for soft drinks and alcoholic drinks.

www.earthwatch.org.uk/plastic

EARTHWATCH 100 YEARS PLASTIC OCEANS

The number of consumable items (coffee cups, pet bottles and take away containers) are discarded after single use.





seedpod  
café



BYO reusable  
cup to receive  
10% off hot  
beverages,  
postmix  
and moda  
pure water

view the menu



meet the suppliers



handmade  
burgers

\$10  
each



view menu



seedpod  
café

LICENSED VENUE

ROBINA CAMPUS

## SUSTAINABLE DEVELOPMENT GOALS



People



3 GOOD HEALTH  
AND WELL-BEING



5 GENDER  
EQUALITY



Planet



12 RESPONSIBLE  
CONSUMPTION  
AND PRODUCTION



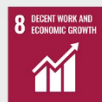
13 CLIMATE  
ACTION



Performance



4 QUALITY  
EDUCATION



8 DECENT WORK AND  
ECONOMIC GROWTH

TAFE Queensland has embedded  
these 6 United Nations' Sustainable  
Development Goals into all  
aspects of the Robina campus.



IN SUPPORT OF SUSTAINABLE  
DEVELOPMENT GOALS

**Helping  
build global  
citizens of  
the future**

Be part of  
our journey  
to build their  
future



**GREEN**Fields

BAR + RESTAURANT

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**MAKE  
GREAT  
HAPPEN**

