

**Partners:**

In collaboration with Emirates Foundation, HCT – Dubai Women’s Campus will lead the organizing and conducting of series of webinars and workshops to support the Zero Food Waste initiative awareness during the period 2021-2025 across HCT.

Below are the list of objectives, workshops, webinars and competitions.

**Initiative Objectives:**

- 1- Community Engagement across HCT campuses
- 2- Educate community on the main and crucial topic of zero waste
- 3- Achieving the UAE Goal of food waste reduction to 50%
- 4- Action plan towards Change people behavior to positively embrace the UAE Food Waste campaign
- 5- Engage UAE community in relevant interventions aiming to support of UAE’s national food security strategy.
- 6- Increase / encourage volunteering in supporting the initiative through volunteering opportunities with different partners (Food Bank, Local Charities, etc.)

**Initiative Action Plan:**

- 1- HCT to act as “Ne’ma Champions” 2021-2025.
- 2- Conduct a series of workshops, awareness campaigns, competitions to achieve the ultimate goal.
- 3- Brainstorming sessions with students on the best practice for Zero Food Waste campaign.
- 4- Collaborate on the announcement with marketing, communication.
- 5- Coordinate the encouragement plan for students’ participation.
- 6- Plan and collaborate with communication on the gifts, certificates, awards ceremony.
- 7- Draft and collaborate with legal office on a MOU with Emirates Foundation to be launched in a press conference.
- 8- Present campaigns planning budget.

**Measurement tools & indicators**

# of students participation

# of students’ survey / feedback on their understanding and behavior change (survey before and after).

# of collaboration with the community, students & Alumni.

HCT- DBW: Zero Waste Program

### **Competitions:**

**Objective:** Aim at leading towards “Students positive behavior” for the change.

#### **1- Zero Waste Competition “Lead by Example”**

- Students to share their initiatives related to Zero Food Waste.
- Participations will be presented to students for voting
- The participation that will receive the highest vote will be the “Winner”

**Competition criteria? TBC**

**Proposal submission? TBC**

#### **Best 10 participants to present their ideas for voting**

#### **Competition categories:**

- Best Practice initiative (visual presentation) with outcomes – Per semester (Fall)
- Best Video on Zero Waste – Per semester (Spring)
- Best Poster on Zero Waste – Per semester (Spring)

**Workshops & Webinars:** A series of workshops/presentations on “Zero Food Waste”.

#### **Objectives:**

Raise awareness among UAE Young generation of the “Waste Concept”.

#### **Topics:**

#	Activity	Type	Date	Presenter
1	What is Zero Waste Cafeteria?	*Webinar and on campus *Campaign to raise awareness on the initiative with speakers on campus (media and on campus campaign content to educate students on Zero waste cafeteria)	17 October 2022 till 13 January 2023 Presentations for review and selection 18 January 2023	Emirates Foundation to support in launching the campaign with speaker.
2	What is Zero Food Waste?	Webinar on campus	Twice a semester	Emirates Foundation
3	How to reduce Food Waste at Home? What is in your fridge?	Webinar on campus	Twice a semester	Emirates Foundation
4	<b>Zero Food Waste “Lead by Example”</b> 1- Community Engagement and support to zero food waste (students, parents and Alumni) 2- Influence the community by example from students and employees	Presentation & Competition	Once every semester *Spring semester – 202220 competition with community engagement. *Use 2021 competition system. *Live cooking classes by students with recipes (from different left overs)	HCT & Emirates Foundation

			and ingredients).	
4	<b>International Day of Awareness of Food Loss and Waste</b> <b>“Chef on Campus” Event</b>	1- Leftovers creative recipes 2- Ugly Veggies 3- Transforming veggies into beauty products	*17 October 2022 *Monthly speakers on different topics related to food waste and creative usage of the ingredients / leftovers.	Emirates Foundation
5	<b>Roadshows in Schools</b> Increase high school students on the importance of food waste	Roadshow and presentation	*September & October *February & March	Emirates Foundation
6	<b>Posters circulation on the Zero Waste to students</b>	Monthly poster	Per semester	HCT & Emirates Foundation

**Volunteering Opportunities:**

1	<b>Food Bank &amp; charities on Volunteering opportunities</b>	Volunteering	During the year	Emirates Foundation
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### Fall 202210 (September 2022 to December 2022)

#	Activity	Date	Time	Activity Type	Requirements	Department in Charge	Status
1	<b>What is Zero Waste Cafeteria?</b>	28 <sup>th</sup> September 2022	12:00-13:00	<ul style="list-style-type: none"> <li>• Webinar (Virtual &amp; Physical)</li> <li>• Competition announcement with Presentation for review and selection 18 January 2023</li> </ul>	<ul style="list-style-type: none"> <li>• E-invitation</li> <li>• Zoom link</li> <li>• VH &amp; PD</li> <li>• Speaker + security clearance</li> </ul>	Emirates Foundation to support in launching the campaign with speaker.	TBC
2	<b>International Day of Awareness of Food Loss and Waste: “Lead by Example – From Waste to Plate” Competition</b>	17 October 2022 till 13 January 2023	12:00-13:00	Presentation & Competition: <ul style="list-style-type: none"> <li>• Community Engagement and support to zero food waste (students, parents and Alumni)</li> <li>• Influence the community by example from students and employees</li> <li>• Competition Announcement to HCT students</li> </ul>	<ul style="list-style-type: none"> <li>• Competition with community engagement.</li> <li>• Use 2021 competition system.</li> <li>• Live cooking classes by students with recipes</li> <li>• E-invitation</li> <li>• Zoom link</li> <li>• VH &amp; PD</li> <li>• Speaker + security clearance</li> </ul>	HCT & Emirates Foundation	N/S
3	<b>Zero Food Waste: “Chef on Campus” Event</b>	2 <sup>nd</sup> November 2022	12:00-13:00	<ul style="list-style-type: none"> <li>• Leftovers creative recipes</li> <li>• Ugly Veggies</li> <li>• Transforming veggies into beauty products</li> </ul>	<ul style="list-style-type: none"> <li>• Monthly speakers on different topics related to food waste and creative usage of the ingredients / leftovers.</li> <li>• Speaker + security clearance</li> <li>• E-invitation</li> <li>• Zoom link</li> <li>• VH &amp; PD</li> </ul>	HCT & Emirates Foundation	N/S

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Spring 202220 (January 2023 to May 2023)							
#	Activity	Date	Time	Activity Type	Requirements	Department in Charge	Status
	<b>International Day of Awareness of Food Loss and Waste: “Lead by Example” Competition</b>	18 January 2023	12:00-13:00	<ul style="list-style-type: none"> <li>• Speaker with webinar</li> <li>• Presentation &amp; Competition winners announcement</li> </ul>	<ul style="list-style-type: none"> <li>• Participants’ presentation and showcase of recipes.</li> <li>• Speaker + security clearance</li> <li>• E-invitation</li> <li>• Zoom link</li> <li>• VH &amp; PD</li> </ul>	HCT & Emirates Foundation	N/S
4	<b>How to reduce Food Waste at Home? What is in your fridge?</b>	March 2023	12:00-13:00	Webinar on campus	<ul style="list-style-type: none"> <li>• Speaker: Monthly speakers on different topics related to food waste and creative usage of the ingredients / leftovers.</li> <li>• E-invitation poster</li> </ul>	Emirates Foundation	N/S
5	<b>What is Zero Food Waste?</b>	May 2023	12:00-13:00	Webinar on campus	<ul style="list-style-type: none"> <li>• Speaker: Monthly speakers on different topics related to food waste and creative usage of the ingredients / leftovers.</li> <li>• E-invitation poster</li> </ul>	Emirates Foundation	N/S
Fall 202310 (September 2023 to December 2023)							

#	Activity	Date	Time	Activity Type	Requirements	Department in Charge	Status
6	<b>What is Zero Waste Cafeteria?</b>	14 September 2023	12:00-13:00	Webinar on campus	<ul style="list-style-type: none"> <li>• Speaker: Monthly speakers on different topics related to food waste and creative usage of the ingredients / leftovers.</li> <li>• E-invitation poster</li> </ul>	Emirates Foundation	N/S
7	<b>International Day of Awareness of Food Loss and Waste: “Lead by Example”</b>	16 October 2023	12:00-13:00	Presentation & Competition Announcement: <ul style="list-style-type: none"> <li>• Community Engagement and support to zero food waste (students, parents and Alumni)</li> <li>• Influence the community by example from students and employees</li> <li>• Competition review and selection</li> </ul>	<ul style="list-style-type: none"> <li>• Once every semester: * Spring semester – 202220 competition with community engagement. Use 2021 competition system.</li> <li>• Live cooking classes by students with recipes</li> </ul>	HCT & Emirates Foundation	N/S
8	<b>Zero Food Waste: “Chef on Campus” Event</b>	16 October 2023	12:00-13:00	<ul style="list-style-type: none"> <li>• Leftovers creative recipes</li> <li>• Ugly Veggies</li> <li>• Transforming veggies into beauty products</li> </ul>	Monthly speakers on different topics related to food waste and creative usage of the ingredients / leftovers.	HCT & Emirates Foundation	N/S



كليات التقنية العليا  
Higher Colleges of Technology

The Campus of Tomorrow

# Zero Waste Cafeteria initiative

Dubai Women's College

Friday, April 1, 2022



## Announcement : 10/10/2021



Higher  
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Technology



# E-Volunteering

## Student Engagement and Success

عزيزتي الطالبة،

يسرنا دعوتك للإنضمام والمشاركة على البلاكورد في البث المباشر لجلسة تطوعية بعنوان

### Zero Waste Cafeteria initiative

مع الأستاذة مريم خميس – مسؤولة العمل التطوعي  
اليوم الأحد 10 أكتوبر 2021 في تمام الساعة 1:00 ظهراً

**إضغط هنا للحضور**  
مع تحيات قسم الحياة الطلابية

Please contact your **Campus Volunteering Officers** for further details

[www.hct.ac.ae](http://www.hct.ac.ae)   HCT\_UAE |   hctuae



# Awareness :

6/10/2021



7/10/2021



13/10/2021





# Live session :10 /10/2021

The screenshot displays a Zoom meeting interface. The main window shows a presentation slide titled "Zero Waste Cafeteria Initiative" with the text "FOOD ARE MEANT FOR SHARING! NOT FOR WASTING..". The slide features a hand dropping a piece of food into a trash bin. At the bottom of the slide, the website "www.hct.ac.ae" and social media handles "HCT\_UAE" and "hctuae" are listed. The Zoom toolbar at the top includes icons for mute, video, chat, and other controls. A chat window on the right is titled "Everyone" and shows a list of participants with their names and the time "1:27 PM". The chat messages are in Arabic. The bottom of the screen shows the Windows taskbar with the search bar, taskbar icons, and system tray.

**Zero Waste Cafeteria Initiative**

**FOOD ARE MEANT FOR SHARING!  
NOT FOR WASTING..**

www.hct.ac.ae | HCT\_UAE | hctuae

Slide1.JPG

Ms Mezna A...

Everyone

Recording messages in this chat.

- شكرا و مالفصرتي و يعطيح العافيهه
- Ms Noura Yaseen Malallah Ab... 1:27 PM هني
- Ms Asma Marwan Mansoor M... 1:27 PM هيه و اليد
- Ms Maitha Mohamed Salim A... 1:27 PM بنطيقها
- Ms Asma Mohammed Abdulla... 1:27 PM الفكرة و ايد حلوه
- Ms Alreem Khamis Saeed Bin ... 1:27 PM yess

Say something

**B I U** Send

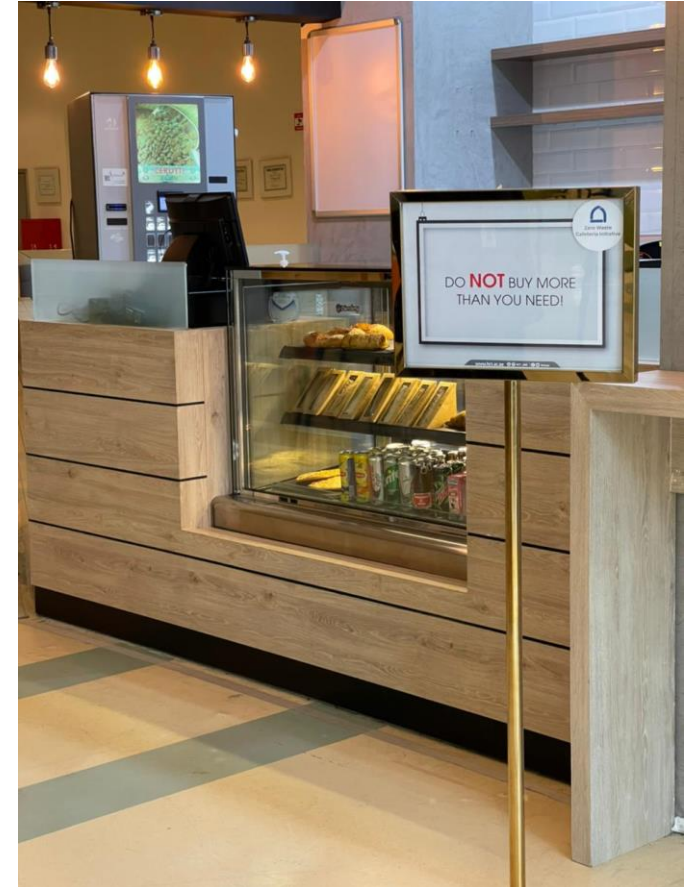
Type here to search

38°C 1:27 PM 10/10/2021





# Places





weight :

5/10/2021



13/10/2021



25/10/2021





## weight :

Date	Kg
5.Oct.2021	20.6Kg
6.Oct.2021	12.96Kg
7.Oct.2021	2.7kg
10.Oct.2021	19.64kg
11.Oct.2021	9.32Kg
12.Oct.2021	7.20Kg
13.Oct.2021	6.48Kg
14.Oct.2021	6.98Kg
17.Oct.2021	11.74Kg
18.Oct.2021	9.04Kg

**weight:**

Date	Kg
19.Oct.2021	8.78.Kg
20.Oct.2021	7.22kg
24.Oct.2021	8.74kg
25.Oct.2021	6.72Kg
26.Oct.2021	7.00Kg
27.Oct.2021	4.60Kg
28.Oct.2021	3.22Kg
31.Oct.2021	1.20Kg



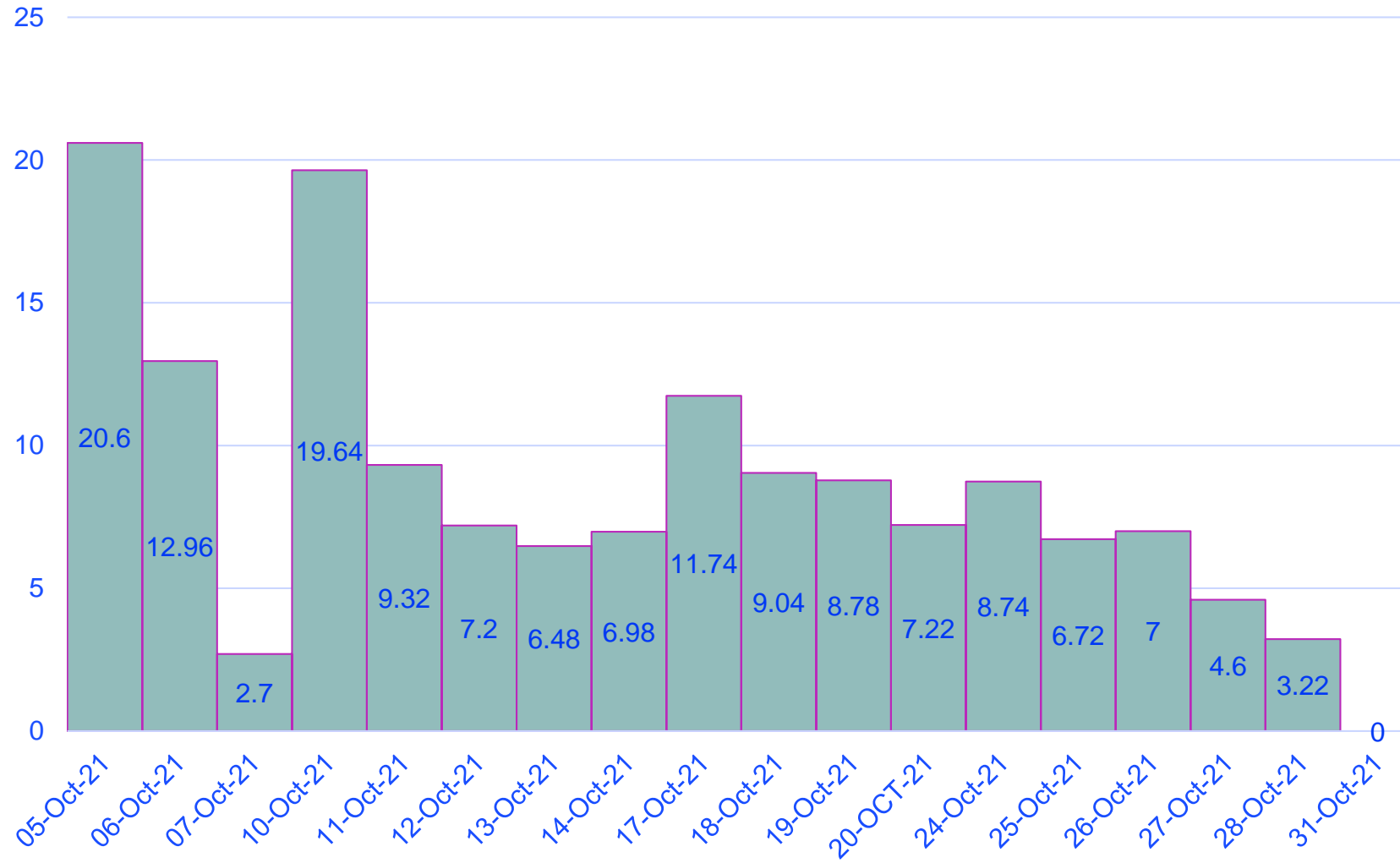
## Survey :

<https://forms.office.com/Pages/ResponsePage.aspx?id=WYdIVcnUIUqukq2hSIxAU-hjA19LMoxItOFdQsrAUm9UNE42NENKWEI4RTNFTk5ZWDFLTEIBRIBGQi4u>





### WASTE WEIGHT BY KG



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كليات  
التقنية  
العليا

# Thank You



800 MyHCT (800 69428)



[www.hct.ac.ae](http://www.hct.ac.ae)



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Dubai Women's Campus

# HCT INNOVATION MONTH FEBRUARY 2022

Unleash your Innovative Spirit!

## Towards Zero Food Waste



**Khuloud Al Nuwais**  
Director of Projects  
Chief Strategy &  
Sustainability Officer



**Nawal Jumma**  
Manager - DW  
Support

Let's celebrate the innovative culture in the UAE



**16**

FEB.  
2022

12 :00 pm – 1:00 pm



Click here to access the  
**zoom** Link

Students to receive volunteer  
for attending

UAE



www.hct.ac.ae



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## مستعدون للتحدي!

تدعو مؤسسة الإمارات العقول الشابة المبدعة للمشاركة في المساعي الوطنية الهادفة لزيادة الوعي بأهمية الحد من فقد وهدر الطعام في دولة الإمارات العربية المتحدة.

ساهموا في ابتكار حلول بناءة وكونوا جزءاً من التغيير وانضموا للمنافسة ليكون لكم بصمة خاصة من خلال مشاركتنا **مفهوم أو فكرة مجتمعية مشتركة** للتصدي لمشكلة هدر وفقد الطعام وإحداث تغيير في سلوكيات الأفراد في المجتمع.

يهدف التحدي لتطوير مفهوم أو حدث لحث أفراد المجتمع على التحرك للحد من هذه المشكلة. ودفع المشاركين على إيجاد الحلول المناسبة للحد من فقد وهدر الطعام، وتسليط الضوء على السلوكيات المجتمعية التي يجب اتباعها كإعادة استعمال وتدوير الطعام للمحافظة على مواردنا الطبيعية وخلق أسلوب حياة صحي ومستدام.

ما الذي يمكنكم تقديمه **لإشراك أفراد المجتمع** ليكونوا أكثر وعياً بالمشكلة واتخاذ قرارات صحيحة بعدم الإفراط في شراء الطعام أو التخلص من الكميات الصالحة للأكل؟

### معايير المسابقة:

- تحديد نوع المبادرة/الفكرة (افتراضية أو واقعية)
- يجب أن يكون للمبادرة/الفكرة أنشطة لإشراك أفراد المجتمع
- يجب أن تكون المبادرة/الفكرة جاذبة وممتعة وملائمة لجميع أفراد المجتمع من مختلف الجنسيات
- يجب أن تخدم المبادرة/الفكرة جميع أفراد المجتمع من جميع الفئات العمرية
- إذا كنتم ترغبون في استهداف فئة مجتمعية معينة يرجى توضيح السبب
- يجب أن يكون لمفهوم المبادرة/الفكرة هدف واضح لتشجيع أفراد المجتمع على المشاركة (مثال الاستفادة من بقايا الطعام، وعدم الإفراط في الشراء والتبرع بالوجبات الفائضة والتسوق بذكاء، والطهي بمسؤولية وغيرها...)
- يرجى تحديد جميع المتطلبات اللازمة لتنفيذ الفكرة
- يرجى تحديد معيار مقياس نجاح هذه المبادرة/الفكرة
- يفضل الاستعانة ببعض الصور والبيانات التوضيحية لشرح المبادرة/الفكرة المقترحة
- يرجى تقديم وصف تفصيلي لكل مفهوم/فكرة/نشاط مقترح
- العمل على تحويل الحملة من توعية إلى "سلوك حياتي دائم" يرغب الجميع أن يكون جزءاً منه.

### التسجيل:

- سيتم فتح باب التسجيل في 29 سبتمبر 2021
- المهلة الأخيرة لاستلام المبادرة/فكرة 31 أكتوبر 2021
- يجب على الراغبين في المشاركة، تسجيل البيانات المطلوبة، وتحميل جميع المستندات ذات الصلة عبر رابط التسجيل [www.emiratesfoundation.ae/FWchallenge](http://www.emiratesfoundation.ae/FWchallenge)
- ستقوم اللجنة الداخلية بدراسة المقترحات المقدمة واختيار أفضل مبادرتين/فكرتين للفوز بجوائز تصل قيمتها إلى 5000 درهم.
- سيطلب من الفائزين تقديم التفاصيل المصرفية الخاصة بهم لاستلام الجائزة

### اتصل بنا:

للمزيد من التفاصيل يرجى التواصل مع السيدة سالي ربحاني عبر البريد الإلكتروني:

[FWR@emiratesfoundation.ae](mailto:FWR@emiratesfoundation.ae)

نتمنى التوفيق لجميع المشاركين.