

## Tufts University Nutrition & Wellness Committee Charter

We propose to form a university-wide *Nutrition and Wellness Committee* that is led by the Friedman School of Nutrition Science and Policy and Tufts University Human Resources with representatives from across the university.

Representatives on the committee will include faculty, students and staff who have a keen interest in the promotion of nutrition and all aspects of Wellness at Tufts.

Efforts would include:

- The committee would assist in creating strategies to help integrate nutrition and wellness into the university community.
- Assessment of the nutrition and wellness environment and prioritizing annual attainable goals for use by relevant university programs and/or vendors.
- Provision of expertise and ideas to key health-related groups, e.g., the University Wellness Center (for faculty and staff), Health Services and its Office of Health Promotion & Prevention (for Medford/Somerville students), Student Advisory and Health Administration (for Boston and Grafton students), deans of student affairs, dining services, catering services, the built environment, educational opportunities, etc.
- Fundraising to support activities, e.g. to support a paid nutrition/wellness internship for a graduate student who could work through Human Resources and/or the Health Promotion and Prevention Office who would assist in management of annual priorities and research.
- Provision of additional opportunities for directed studies, internships and applied learning experiences that involve community engagement and active citizenship in support of nutrition and wellness priorities.