



Sustainable Houston and You

Sustainability continues to grow as a popular topic and issue in Houston and around the world. Instructor Lester King, PhD, describes sustainable development as meeting the needs of the present without compromising the ability of future generations to meet their own needs. In this course, Dr. King will discuss how residents and professionals are affected by sustainable development perspectives and introduce concepts for making a difference in the workplace and at home. You will learn and have the opportunity to discuss behaviors, operations, policies and practices that may enhance sustainability in their businesses, homes and neighborhoods. This course will provide a solid fundamental understanding of sustainable development and how the precepts of sustainable development can be applied to practical scenarios.



CO-SPONSOR: Shell Center for Sustainability

COURSE DETAILS:

SECTION DATES: Two Mondays, November 4 and 11, 7-9 p.m.

FEE: \$65 **CEUs:** 0.4

COURSE SCHEDULE:

NOVEMBER 4. Sustainability and Houston: Professional class, urbanism vs. sub-urbanism in Houston, transportation

NOVEMBER 11. Sustainability and You: Affordability, quality of life, social capital, energy consumption

INSTRUCTOR: Lester King, PhD, AICP, LEED, specializes in sustainable development and the development of context sensitive solutions for urban development. He is a certified and skilled professional with experience in community development and sustainability planning. He is experienced with social engagement through developing consensus-building techniques and community involvement. He has contributed to several local, national and international efforts to develop sustainability planning systems.

A Candid Look at Four Great American Presidents

“Unhappy the land that needs a hero.” – BERTOLT BRECHT



Abraham Lincoln, the 16th President of the United States.

The office of president of the United States and its influence over global politics has long captured the attention of the world. Some men have served the office with distinction, while others have had seemingly little impact. History professor and University of St. Thomas President Emeritus Joseph McFadden, PhD, will examine the office of the presidency as well as the fascinating lives, personalities and careers of four of the recognized U.S. “greats”: George Washington, Thomas Jefferson, Abraham Lincoln and Franklin Roosevelt. Dr. McFadden will explore how the presidency was structured by those who wrote the Constitution as well as their expectations for the office. The class will also focus on what these presidents contributed to American character and to leadership in general.

COURSE DETAILS:

SECTION DATES: Five Tuesdays, October 1-29, 7-8:30 p.m.

FEE: If registering by September 17: \$150 After September 17: \$160 For Rice alumni: \$140 **CEUs:** 0.75

INSTRUCTOR: Joseph McFadden, PhD, president of the University of St. Thomas from 1988 to 1997 and again in the spring semester of 2004, has taught and administered in higher education since 1960. He has also served as president of Northern State University in Aberdeen, South Dakota, and the University of South Dakota in Vermilion. Dr. McFadden holds a PhD in history from Northern Illinois University and has taught American, Russian and Irish history at the University of St. Thomas.



Tibetan Sound Healing Meditation: Research and Practice of Body, Speech and Mind



Tibetan sound healing meditation has been the subject of remarkable research at MD Anderson Cancer Center that may suggest that this technique has significant benefits in cognitive function. In this course, you will learn about this research as well as practices that bring together the mind and its embodied energy, supported by simple and powerful ancient Tibetan vocalized sounds that work with different energetic centers or chakras to provide a sense of embodied meditation. Incorporating these practices into your daily life can help you connect to your inner wisdom and discover the potential to achieve a relaxed yet aware state of mind and a healthier lifestyle. No prior meditation experience is necessary.

CO-SPONSORS: Ligmincha Texas Institute for Tibetan Meditation & Healing Arts, Rice University Department of Religious Studies, Asia Society of Texas Center

NOTE: Participants should wear loose, comfortable clothing and bring a cushion if choosing to sit on the floor.

COURSE DETAILS:

SECTION DATES: Two Fridays, October 18 and 25, 4-6 p.m.

FEE: If registering by October 4 and for members of Ligmincha Texas Institute for Tibetan Meditation & Healing Arts or Asia Society of Texas Center: \$120 After October 4: \$130 For Rice alumni: \$110 **CEUs:** 0.4

COURSE SCHEDULE:

OCTOBER 18. Lecture on Tibetan meditation focused on sound healing meditation, followed by guided practice of meditation

OCTOBER 25. Practice of Tibetan meditation and sound healing meditation

INSTRUCTOR: Alejandro Chaoul, PhD, who has trained with Tibetan lamas since 1989, is an assistant professor at The University of Texas MD Anderson Cancer Center, where he is involved in research using Tibetan mind-body techniques with cancer patients and where he facilitates meditation for cancer patients and their support systems, as well as staff and faculty. Dr. Chaoul is also associate faculty at The McGovern Center for Humanities and Ethics at The University of Texas Medical School at Houston. He holds a PhD from Rice University focusing on Tibetan spiritual traditions.

Your Dream Home: A Guide to the Design, Building and Remodeling Process

A homeowner considering building a new home or undertaking a remodeling project faces a daunting number of decisions, from establishing a budget to selecting interior finishes. In this guide to design, new construction and remodeling, registered architect and interior designer Brent Nyquist will lead you through the process. You will acquire the tools necessary to manage your project successfully and to assess the role, value and quality of the professionals involved. You will also learn about new concepts in design and home building as well as practical solutions that will define living in the 21st century, including green design and construction and the components required to create a healthful and energy-efficient home environment.



Kitchen design by instructor Brent Nyquist.

COURSE DETAILS:

SECTION DATES: Six Wednesdays, October 2-November 6, 10 a.m.-noon

FEE: If registering by September 18: \$195 After September 18: \$205 For Rice alumni: \$185 **CEUs:** 1.2

TOPICS WILL INCLUDE THE FOLLOWING:

- Build, move or remodel: Evaluating your options
- Budgeting for your dream: Current construction costs
- Making plans: Working with an architect or designer
- Building materials, fixtures and finishes
- Foundation design for Houston and southeast Texas
- Selecting a quality builder or contractor
- The homeowner's role in a successful building project
- Green building techniques and technologies

INSTRUCTOR: Brent Nyquist, a principal in the firm Atticus Architecture, is an interior designer and registered architect with 28 years of experience in residential design and construction. He holds a bachelor of arts and a bachelor of architecture degree from Rice University.



Sustainability Facility Professional Credential

Earning the Sustainability Facility Professional (SFP) credential will give students a competitive advantage by demonstrating that they meet industry-wide standards for sustainability planning and administration that can impact an organization's economic, ecological and social bottom lines, not just at one point in time, but continually. Using the learning system designed by the International Facility Management Association (IFMA), this program will prepare students to pass the three final assessments required to earn the SFP credential. Students will learn how to make sound decisions about business activities and policy practices and discover how to use knowledge-based and data-driven methods to develop solutions that provide the highest value for your building, organization and community.



CO-SPONSOR: International Facility Management Association (IFMA)

ONLINE FORMAT (see page 49)

COURSE DETAILS:

SECTION DATES: Fourteen meetings: Tuesdays and Thursdays between October 8, 2013, and January 28, 2014, 6-9 p.m. Central time

FEES: If registering by September 24: \$2,595 After September 24: \$2,795 Fees include the cost of study materials. There are no additional fees for the three online final assessments required for SFP designation.

CEUs: 4.2 Limited enrollment

THREE FOCUS AREAS:

- Strategizing and aligning for sustainable facility management
- Managing sustainable facilities
- Operating sustainable facilities

Students must pass the online final assessment at the end of each focus area with a score of 75 percent or higher and apply to IFMA to receive the SFP credential.

WHO SHOULD ATTEND:

- Facility directors, managers or supervisors
- Operations/project/building managers
- Architects and designers
- Safety engineers
- Product/service suppliers and consultants in the facility management industry
- Facility Management Professionals and Certified Facility Managers
- LEED professionals seeking GBCI CE hours

ONLINE INFORMATION SESSIONS: August 15 and September 10 at noon Central time. Visit glasscock.rice.edu/sfp to RSVP.

Welcome

Subscribe now to receive weekly emails about educational and recreational events sponsored by Rice, many of which are free and all of which are open to the public.

Visit www.rice.edu/signup
to register.



SUSANNE M. Glasscock School of CONTINUING STUDIES

20% Off Look for this symbol and enjoy a 20 percent spring discount on select daytime sections of non-limited enrollment personal development courses.

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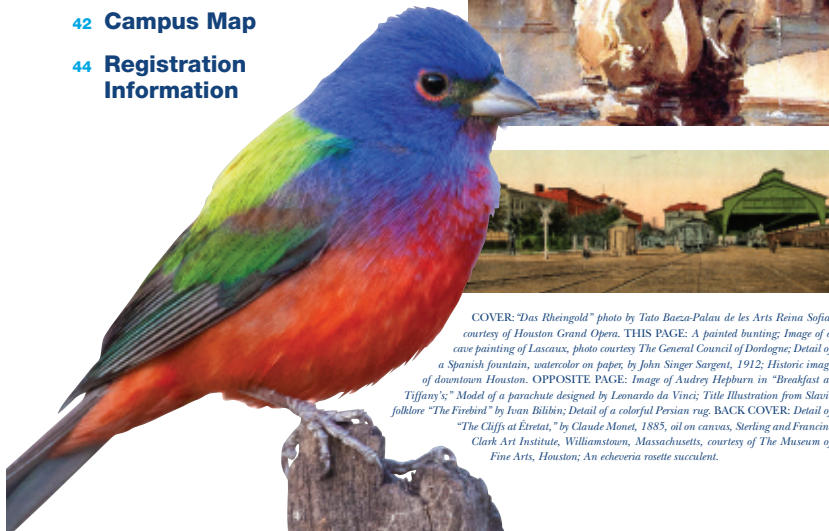
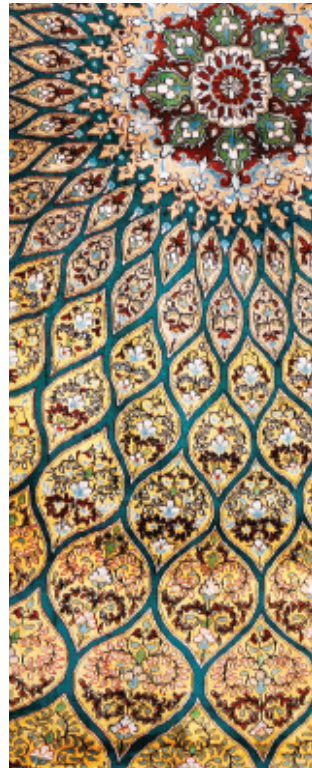
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COVER: "Das Rheingold" photo by Tuto Baeza-Palau de las Arts Reina Sofia, courtesy of Houston Grand Opera. THIS PAGE: A painted hunting; Image of a cave painting of Lascaux, photo courtesy The General Council of Dordogne; Detail of a Spanish fountain, watercolor on paper, by John Singer Sargent, 1912; Historic image of downtown Houston. OPPOSITE PAGE: Image of Audrey Hepburn in "Breakfast at Tiffany's"; Model of a parachute designed by Leonardo da Vinci; Title illustration from Slavic folklore "The Firebird" by Ivan Bilibin; Detail of a colorful Persian rug. BACK COVER: Detail of "The Cliffs at Étretat," by Claude Monet, 1885, oil on canvas, Sterling and Francine Clark Art Institute, Williamstown, Massachusetts, courtesy of The Museum of Fine Arts, Houston; An echeverria rosette succulent.

The Susanne M. Glasscock School of Continuing Studies seeks to help students in Houston and beyond reach new heights with personal and professional development opportunities.

As we prepared our lineup of spring courses, we were thinking on a global scale, with a number of courses that provide the chance to experience a taste of exciting places and cultures. For instance, we have "Rock Art: Windows to Our Human Ancestors" where students will see prehistoric cave paintings from Lascaux, France and "Around the World in 40 Plates: Part II" for the cooking enthusiasts among us. Other courses will allow you to examine Magna Carta up close, study some of the great Russian composers, learn a new language or visit mythical worlds in our course on J.R.R. Tolkien and C.S. Lewis.

With the D. Kent and Linda C. Anderson and Robert L. and Jean T. Clarke Center set to open as our new home in 2014, we continue to increase our range of programs. This spring, you will notice that we have an expanded array of daytime offerings, and we are pleased to offer a special discount on many daytime courses in personal development. Visit glasscock.rice.edu for more details.

As a self-supporting unit of Rice, the Glasscock School is grateful to all of you who participate in our programs. We look forward to seeing you on campus.



Rock Art: Windows to Our Human Ancestors



Image of cave paintings of Lascaux, which has been dubbed the "Sistine Chapel of Prehistory," photo courtesy The General Council of Dordogne.

Some 30,000 years ago, well before the advent of writing, humans started expressing themselves in art. Images of woolly rhinos, horses, lions and aurochs, massive ancestors to our cattle, were painted on cave walls in southern Europe. This course celebrates this explosion of human creativity in several ways. Participants will view an immersive 3-D film on Chauvet Cave, which houses the world's oldest known cave art. In the special exhibit "Scenes from the Stone Age: The Cave Paintings of Lascaux," participants will walk through a portion of another famous French cave and come eye to eye with four life-sized and very life-like models of Cro-Magnon people, creators of this wonderful art. Experts will also highlight Lower Pecos rock art, the oldest known example of this art form in North America.

CO-SPONSOR: Houston Museum of Natural Science (HMNS)

COURSE DETAILS:

SECTION DATES: Six Tuesdays, February 18-March 25, 6:30-8 p.m.

FEE: If registering by February 4 and for HMNS members: \$180 After February 4: \$190 For Rice alumni: \$171

CEUs: 0.9

COURSE SCHEDULE:

FEBRUARY 18. Cave of Forgotten Dreams. Gail Larsen Peterkin, Ph.D.

FEBRUARY 25. Insights in Texas Cave Art. Carolyn Boyd, Ph.D.

MARCH 4. Lascaux Cave. Muriel Mauriac, Ph.D.

MARCH 11. HMNS Exhibition Tour. Dirk Van Tuerenhout, Ph.D.

MARCH 18. The Revolution that Wasn't? The European Upper Paleolithic in Global Context. Jeffrey Fleisher, Ph.D.

MARCH 25. Understanding Paleolithic Image-Making. Sarah Costello, Ph.D.

The History of the Earth's Climate and its Societal Effects

Climate has changed throughout Earth's history on a variety of time scales. Rocks, ice, and fossils provide clues about the paleoclimate of the Earth, which can lead to a better understanding of modern climate issues. In this course, Instructor Alison Henning, Ph.D., will examine some of the major changes in our planet's climate and their effect on the Earth's physical and biological development, including the life of its many species and human society. While global warming has been big news in recent years, patterns of warming and cooling have played significant roles in the lives of Earth's inhabitants for billions of years.

CO-SPONSOR: Rice University Department of Earth Sciences

COURSE DETAILS:

SECTION DATES: Four Wednesdays, March 5-April 2, 7:15-8:45 p.m. (no class on March 19)

FEE: If registering by February 19: \$140 After February 19: \$150 For Rice alumni: \$135 CEUs: 0.6

INSTRUCTOR: Alison Henning, Ph.D., is a geophysicist and adjunct professor in the Department of Earth Science at Rice University. Dr. Henning received the 2007 Virginia and Griff Lawhon Digital Education Award, which supports the exploration of new and innovative applications of information technology for teaching and learning. She holds a Ph.D. in Earth Science from Rice University.

Storytelling: How a Traditional Art Form Preserves History

Storytelling is perhaps the oldest art form known to humankind. It is believed that even before written or spoken language, stories were told through paintings on rocks or cave walls. For many cultures, the telling of stories has been a key method for passing on information and preserving the histories of individuals or events and cultural traditions. In recent years, the art of storytelling has seen a major revival, with festivals held throughout the world. In this course, participants will explore this art form with some of the finest professional storytellers in the country, hearing stories that examine the world and its cultures. The series will end with an academic examination of the role of the narrative in our world.

COURSE DETAILS:

SECTION DATES: Seven Mondays, February 24-April 7, 6:45-8:15 p.m.

FEE: If registering by February 10: \$170 After February 10: \$180 For Rice alumni: \$162 CEUs: 1.05

COURSE SCHEDULE:

FEBRUARY 24. Voices of Witness: Stories of the Great Depression. Jeannine Pasini Beekman.

MARCH 3. Appalachian Always. Elizabeth Ellis.

MARCH 10. Cookie: An Oral Memoir of an African-American. James H. Ford Jr.

MARCH 17. Latin American Folktales and Where to Find Them. Don Sanders.

MARCH 24. American Choctaws, American Indian Survivors. Tim Tingle.

MARCH 31. Myth and Movement: Preserving American Indian Culture Through Story. Rathna Kumar.

APRIL 7. Storytelling as Factual, Cultural and Community Truth: Folklorists' Perspectives. Carl Lindahl.

Magna Carta: Power, Wealth and Liberty

Magna Carta is one of the definitive documents of world history. Originally drafted in 1215 and signed by King John, the charter safeguarded the rights, privileges and liberties of the clergy and the nobles, whilst also placing limits on the power of the crown. Magna Carta's straightforward themes of freedom and justice established the basis of many of our civil rights and remain in the fabric of our society today — 800 years later. In this course, experts will discuss how "The Great Charter of Liberty" was the turning point in history towards individual liberties and explore life in Medieval England — from serfs to knights, clergy, lords and kings. Magna Carta's world-wide impact that has transcended barriers of language, cultures and ideologies will also be addressed. Participants will receive a guided tour of the Magna Carta exhibition at the Houston Museum of Natural Science (HMNS), where the document will be on exhibition for the first time in the United States.

CO-SPONSOR: Houston Museum of Natural Science

COURSE DETAILS:

SECTION DATES: Six Wednesdays, February 19-April 2,

6:30-8 p.m. (no class on March 19)

FEE: If registering by February 5 and for HMNS members: \$175

After February 5: \$185 For Rice alumni: \$166.50 CEUs: 0.9

COURSE SCHEDULE:

FEBRUARY 19. A Universal Charter?

The Legacy of Magna Carta. Sir Robert Rogers.

FEBRUARY 26. Sword and Buckler: Origins of the Knightly Fighting Arts of the 13th Century. John Clements.

MARCH 5. Terrible King John. Newell Boyd, Ph.D.

MARCH 12. Conquest, Wars and Liberties of the Realm: The Long Run-Up to Magna Carta. Bruce R. O'Brien, Ph.D.

MARCH 26. Magna Carta's American Impact on Liberty in the U.S. Paul Brace, Ph.D.

APRIL 2. Magna Carta Exhibition Tour at HMNS.

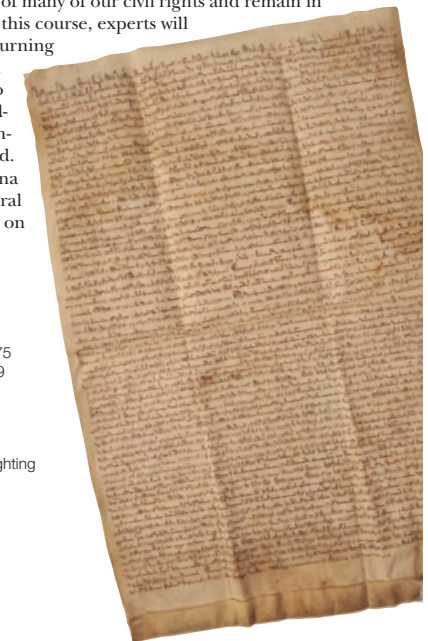


Image of Magna Carta, courtesy of Hereford Cathedral.

Sustainable Landscaping

Sustainability is defined as the capacity to endure. In a biological sense it means that an ecosystem has diversity of species and is dynamic, productive and long lived. A historically thriving, healthy forest is an example of a sustainable ecosystem. The ocean is another prime example. In this course, participants will learn and apply the principles of this natural process coupled with key concepts from organic gardening, permaculture and natural landscaping to explore the potential of long-term maintenance and well-being of our yards, gardens and lives.

CO-SPONSORS: Houston Audubon, Gulf Coast Bird Observatory, The Katy Prairie Conservancy, Native Plant Society – Houston Chapter, Texas Master Naturalists – Gulf Coast Chapter



COURSE DETAILS, TWO SECTIONS:

SECTION DATES: Four Wednesdays, April 16-May 7, 10-11:30 a.m.
FEE: \$450 \$120 CEUs: 0.6

SECTION DATES: Four Wednesdays, April 16-May 7, 7-8:30 p.m.
FEE: If registering by April 2: \$140 After April 2: \$150 For Rice alumni: \$135 CEUs: 0.6

TOPICS WILL INCLUDE THE FOLLOWING:

- Secrets to building a rich soil
- Composting: how, why and when
- Proper plant selection simplified
- Harvesting rainwater
- Landscape design concepts
- Principles of an integrated, sustainable landscape

INSTRUCTOR: Glenn Olsen has been active in habitat education, conservation and creation for more than 20 years. He is past president of the Native Plant Society of Texas and a co-founder of the "Wildscapes Workshops." Throughout this time Mr. Olsen has organized plant rescues, worked to create habitat gardens on school campuses, led field trips, presented landscaping workshops and programs at the SFA Native Plant Conference, the Native Plant Society Wildscapes, Houston Audubon, Galveston and Rockport Birding Festivals, Texas Master Naturalists and other organizations. He teaches organic gardening at the Glasscock School of Continuing Studies. Through his boutique landscape consulting service, Mr. Olsen specializes in creating sustainable landscapes that provide habitat for birds, beneficial pollinators and other wildlife.




Explore New Worlds

The Master of Liberal Studies program is for adults who have a curiosity about the world – about art, literature, science, politics, human nature and history. See page 37.

Join the expedition. mls.rice.edu

Master of
Liberal Studies
YOUR MIND MATTERS

Professional Polish: Etiquette for Success

We all admire people who conduct themselves confidently and who seem to be at ease in any situation. Whether leading a productive business meeting or hosting a memorable dinner party, some people seem to have a mastery of living life with poise and aplomb. In this course, instructor Sally Reynolds will explore aspects of etiquette and contemporary communication skills. Designed to help men and women feel confident in social and professional settings, this course will provide fresh insights for living life with self-assurance.



COURSE DETAILS:

SECTION DATES: Two Saturdays, March 1 and 8, 8:45 a.m.-12:45 p.m. (continental breakfast provided)
FEE: \$160 \$128 CEUs: 0.8

TOPICS WILL INCLUDE THE FOLLOWING:

- Introductions and the art of conversation
- Correspondence and stationery: Good notes make for good friends
- Making meetings count
- Social and business dress
- The art of dining well
- Planning and attending dinner parties
- Netiquette: Etiquette in cyberspace

INSTRUCTOR: Sally Reynolds conducts seminars for business leaders, attorneys and professionals in the public and private sectors. She has taught a course on etiquette to undergraduates at Rice University and was the featured speaker at the 2009 Women's Empowerment Conference at the University of Houston-Downtown. Ms. Reynolds has fulfilled a variety of leadership responsibilities for nonprofit organizations and foundations and is author of the book "Houston Reflections: Art in the City, 1950s, 60s and 70s." She holds an M.A. in mass communication studies from the University of Houston.

Tibetan Meditation: A Harmony of Body, Breath and Mind

Well-being in the Tibetan tradition is a holistic sense of wellness that encompasses body, energy and mind. In this course, participants will learn meditative techniques based on bringing together the mind and the breath, supported by specific body movements. The body movements (tsa lung) work with different energetic centers (chakras) to provide a sense of embodied meditation, allowing you to connect to your inner wisdom and potential to achieve a relaxed yet aware state of mind and a healthier lifestyle. Participants will be encouraged to make this meditative routine a part of their lives to allow them to subdue their "monkey mind," as Tibetan texts call the human tendency to run from thought to thought, emotion to emotion and place to place in search of happiness.

CO-SPONSORS: Ligincha Texas Institute for the Tibetan Meditative & Healing Arts, Rice University Department of Religious Studies, Asia Society Texas Center

NOTE: Participants should wear loose, comfortable clothing and bring a cushion if choosing to sit on the floor.



COURSE DETAILS:

SECTION DATES: Two Fridays, March 28 and April 4, 3-6 p.m.
FEE: \$130 \$104 CEUs: 0.6

INSTRUCTOR: Alejandro Chaoul, Ph.D., who has trained with Tibetan lamas since 1989, is an assistant professor and director of education in the integrative medicine program at The University of Texas MD Anderson Cancer Center, where he is involved in research using Tibetan mind-body techniques with cancer patients and facilitates meditation for cancer patients and their support systems, as well as staff and faculty. Dr. Chaoul is also associate faculty at The McGovern Center for Humanities and Ethics at The University of Texas Medical School at Houston. He holds a Ph.D. from Rice University focusing on Tibetan spiritual traditions.



Your Dream Home: A Guide to the Design, Building and Remodeling Process

A homeowner considering building a new home or undertaking a remodeling project faces a daunting number of decisions, from establishing a budget to selecting interior finishes. In this guide to design, new construction and remodeling, registered architect and interior designer Brent Nyquist will lead you through the process. You will acquire the tools necessary to manage your project successfully and to assess the role, value and quality of the professionals involved. You will also learn about new concepts in design and home building as well as practical solutions that will define living in the 21st century, including green design and construction and the components required to create a healthful and energy-efficient home environment.



COURSE DETAILS:

SECTION DATES: Six Wednesdays, March 26-April 30, 10 a.m.-noon
FEE: \$295 \$164 CEUs: 1.2

TOPICS WILL INCLUDE THE FOLLOWING:

- Build, move or remodel: Evaluating your options
- Budgeting for your dream: Current construction costs
- Making plans: Working with an architect or designer
- Building materials, fixtures and finishes
- Foundation design for Houston and southeast Texas
- Selecting a quality builder or contractor
- The homeowner's role in a successful building project
- Green building techniques and technologies

INSTRUCTOR: Brent Nyquist, a principal in the firm Atticus Architecture, is an interior designer and registered architect with 28 years of experience in residential design and construction. He holds a bachelor of arts and a bachelor of architecture degree from Rice University.

Getting the Most Out of Your iPad

Since Apple introduced the iPad in April 2010, more than 170 million units have been sold worldwide, and the list of companies offering competing tablets seems to grow every day. Such rapid and widespread adoption of tablet technology and their accompanying "apps" represents a tremendous shift for personal computing, communication, entertainment, education and business. In this course designed for those who own an iPad and have not yet learned to take full advantage of all of its advanced capabilities, the instructor will walk through the steps of initializing and personalizing your device, customizing basic settings, downloading and using apps, identifying the iPad's hidden features and tricks, determining which peripherals might be effective for your individual needs, and how you might use your iPad for business purposes.

NOTE: Participants will need to have their iPad charged and updated with the latest iOS software prior to class. Wi-Fi is available on the Rice campus.

COURSE DETAILS, TWO SECTIONS:

SECTION DATE: Tuesday, February 11, 1-4 p.m.

SECTION DATE: Wednesday, February 12, 6-9 p.m.

FEE: \$165 For Rice alumni: \$148.50 CEUs: 0.3 Limited enrollment

TOPICS WILL INCLUDE THE FOLLOWING:

- Syncing your iPad with your computer and iTunes
- Using basic programs such as email, calendars and maps
- Listening to music and podcasts, watching videos and displaying photos
- Downloading the most useful free and paid apps, app demonstrations, and tips on how to choose between free and paid versions of the same app
- Learning about the most useful peripherals available for the iPad, including keyboards, VGA output devices, stands, charging docks, headphones and external speakers
- Using wireless network connections and Bluetooth
- Extending the iPad experience to your business

INSTRUCTOR: Daniel R. Barber has lectured at more than 30 universities and is a curriculum developer for the Institute for Career Development. He has developed curricula for more than a dozen universities, including the Glasscock School of Continuing Studies at Rice University. Mr. Barber holds a bachelor's degree in music composition and theory from the University of Southern Colorado.



Around the World in 40 Plates: Part II

Houston is a melting pot of international cuisine, which makes it easier than ever to find quality ingredients to create more authentic global meals at home. In part II of our Around the World in 40 Plates series, Rice's award-winning Chef Roger will demonstrate more cuisines, flavors and techniques to expand your culinary repertoire. Participants will learn how and where to find ingredients, as well as step-by-step instructions for a variety of meals.

COURSE DETAILS:

SECTION DATES: Eight Saturdays, February 22-April 12, 10 a.m.-noon
FEE: \$275 For Rice alumni: \$247.50 CEUs: 1.6 Limited enrollment

MENUS WILL INCLUDE THE FOLLOWING:

- Thai mussels with lemon grass curry, quail with garlic and fennel
- Lamb chops stuffed with duxelles with carrot puree, crème caramel with cardamom
- Tender pork belly with poached pears, coffee cake with lemon cream cheese swirl
- Stuffed calamari with salsa verde, croque-en-bouche
- Veal escalope with pink peppercorn and grapefruit, chocolate soufflé with raspberry
- Five spice duck breast shiitake soup, stuffed poblano with seafood
- Shredded filo-wrapped shrimp, cocoa-rubbed venison loin
- Octopus salad with soft-shell crab, balti butter chicken



INSTRUCTOR: Chef Roger Eikhouri, CEC, ACE, is an award-winning chef certified by the American Culinary Federation (ACF) as an executive chef and has trained with ACF certified master chefs. He has been teaching for-credit cooking classes to participants at Rice since 2002 and has won several ACF medals in food preparation competitions. He holds a culinary degree from the Art Institute of Houston.

The World of Persian Rugs

Persian rugs are pleasures for today and treasures for tomorrow, but not all rugs are valuable. Some can be disasters in terms of color, durability and investment. Persian rug experts Mehdi Abedi, Ph.D., and Lisa Slappey, Ph.D., will use their unique Socratic method to bring the wonderfully complex world of Persian rugs to life by introducing participants to their history, design and symbolism. They will help you learn to identify rugs through the concept of family resemblance and to evaluate Persian rugs as art or investments. The course will include discussions of marketplace etiquette and strategies as well as a field trip to examine rugs. The instructors will host a Persian banquet for participants following the conclusion of the course.

COURSE DETAILS, TWO SECTIONS:

SECTION DATES: Eight Mondays, March 3-April 28, 7-8:30 p.m., (no class April 14) plus optional field trip, date and time to be announced

FEE: If registering by February 17: \$180 After February 17: \$190 For Rice alumni: \$171 CEUs: 1.2



SECTION DATES: Eight Tuesdays, March 4-April 29, 9:30-11 a.m., (no class April 15) plus optional field trip, date and time to be announced
FEE: \$199 \$152 CEUs: 1.2

TOPICS WILL INCLUDE THE FOLLOWING:

- Persian rugs: History and geography
- How Persian rugs are made: Technical aspects of production and materials used
- Comparison and contrast of tribal, city and village rugs. Symbolism, colors and designs. Myths about Persian rugs
- Types of Persian rugs: Commercial and non-commercial, collectible and non-collectible, artistic and non-artistic, the usual and the unusual
- The care and cleaning of Persian rugs
- The marketplace: When, where and what to buy

INSTRUCTORS: Mehdi Abedi, Ph.D., a cultural anthropologist, is a recognized expert on Persian rugs and is active in collecting, selling and appraising them. Several members of his family are rug weavers in Iran. He has been teaching courses for the Glasscock School of Continuing Studies for more than 25 years. Dr. Abedi holds a Ph.D. from Rice University. Lisa Slappey, Ph.D., has been engaged in collecting, marketing and teaching about Persian rugs for more than 20 years. She holds a Ph.D. in English from Rice.