***Note About Remote Service Learning Projects:*** *These projects—broken down by academic discipline—were developed in order to provide students with the opportunity to fulfill Service Learning requirements remotely. Students may also volunteer outside of a course as a Co-Curricular volunteer. This is not a comprehensive list of ideas, and students are welcome to brainstorm additional projects that can be completed remotely, meets the need of a community partner, and results in a distinct deliverable. Furthermore, students are welcome to identify an additional community partner beneficiary not found on this list. However, this community partner must be approved by the Service Learning Office before beginning the project.*

*All students completing a remote Service Learning project need to complete the proper Registration Form (Service Learning or Co-Curricular), which should be handed in as soon as possible. Then, students are asked to actively log their hours on the appropriate Timesheet (Service Learning or Co-Curricular), which is submitted at the end of the semester. Both of these forms can be received from the Service Learning Office. Upon successful completion of the remote Service Learning project, the student’s hours will be recorded on their Student Engagement Transcript, which enhances resumes and transfer applications. Contact the Service Learning Office at* [*Service.Learning@raritanval.edu*](mailto:Service.Learning@raritanval.edu) *with any questions**. Please begin the placement process as soon as possible.*

**Accounting:**

**Accounting Project Idea #1:**

Description: Develop a workshop focusing on one or more general financial topics such as creating a financial plan, financial goal setting, money management, predatory lending, identity theft, credit (how to get, understand, build, and maintain it), saving, etc. for a specific age group.

Deliverable: A workshop presented virtually or pre-recorded and/or materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, pamphlets, posters, flyers or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, food pantries, homeless shelters, nursing homes, specific programs and/or centers assisting at-risk populations.

**Accounting Project Idea #2:**

Description: Research the impact the recent global health crisis has had on either personal finances or the finances of non-profit organizations. Use your research to create documentation to help individuals or non-profits better-prepare for crises. If your community partner is interested, help create an emergency financial plan as well.

Deliverable: An informational campaign distributed through materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients. Also possible is an emergency financial plan, pending partner interest.

Possible Types of Community Partners to Work With: Food pantries, homeless shelters, specific programs and/or centers assisting at-risk populations. Also, any interested non-profit.

**Accounting Project Idea #3:**

Description: Research ways an individual or non-profit can begin to financially recover from a disaster in order to create documentation that can help them begin to gain their financial footing. The importance of emergency funds may be beneficial to discuss.

Deliverable: An informational campaign distributed through materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Food pantries, homeless shelters, specific programs and/or centers assisting at-risk populations. Also, any interested non-profit.

**Accounting Project Idea #4:**

Description: Interview either several individuals or non-profits and discuss financial lessons the recent global health crisis has taught them. Document your findings in the form of informational materials that can be shared with the community partner(s) you are working with.

Deliverable: An informational campaign distributed through materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Food pantries, homeless shelters, specific programs and/or centers assisting at-risk populations. Also, any interested non-profit.

**Accounting Project Idea #5:**

Description: Research business credit and other important accounting-related business startup information to create a presentation and documentation that can be shared with individuals looking to start a small business.

Deliverable: A workshop presented virtually or pre-recorded and/or materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, pamphlets, posters, flyers or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Local business associations or chambers of commerce, Small Business Development Center at RVCC.

**Criminal Justice:**

**Criminal Justice Project Idea #1:**

Description: Interview a police officer about safety and use your findings to help contribute to an afterschool program or childcare center.

Deliverable: A safety campaign distributed through materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Afterschool programs, childcare centers, local police department (for interview).

**Criminal Justice Project Idea #2:**

Description: Research important safety precautions and tips for school-age children. Topics may include safety information regarding fires, strangers, emergencies, crossing the street, etc.

Deliverable: A safety campaign distributed through materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Afterschool programs, childcare centers.

**Education:**

**Education Project Idea #1:**

Description: Research best practices involving teaching aids and instructional materials (flash cards, posters, visual aids, videos, etc.) for a particular age group at a childcare center, afterschool program, or homeless shelter.

Note: For Refugee Assistance Partners, populations could include non-English speaking adults, school-age children, or both.

Deliverable: Develop various teaching aids and instructional materials based on best practices for the community partner’s use.

Possible Types of Community Partners to Work With: Afterschool programs, childcare centers, homeless shelters.

Specific Community Partners to Work With: Academic Excellence, Refugee Assistance Partners

**Education Project Idea #2:**

Description: Become a virtual tutor by taking advantage of remote tutoring opportunities offered by local community partners.

Deliverable: A student in need will be tutored by the Service Learning student.

Possible Types of Community Partners to Work With: Afterschool programs, childcare centers.

Specific Community Partners to Work With: Academic Excellence

**Education Project Idea #3:**

Description: Research bullying in schools and prepare information to help students learn to communicate problems to adults (parents, teachers, staff, etc.) and develop strategies to help victims cope.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, posters, videos, pamphlets, virtual presentations or similar types of products that can be shared with students, parents, teachers, and staff.

Possible Types of Community Partners to Work With: Afterschool programs, childcare centers, homeless shelters.

Specific Community Partners to Work With: Academic Excellence, NORWESCAP Family Success Center

**Education Project Idea #4:**

Description: Research educational best practices regarding a topic such as studying, solidification of learned material, etc. and develop strategies for that topic for students and teachers to use.

Deliverable: Create documentation such as fact sheets, PowerPoint presentations, infographics, informative social media posts, posters, videos, pamphlets, virtual presentations or similar types of products that can be shared with students and teachers.

Possible Types of Community Partners to Work With: Afterschool programs, childcare centers, homeless shelters.

Specific Community Partners to Work With: Academic Excellence

**Education Project Idea #5:**

Description: Create either a singular lesson plan or a series of lessons in your content area that follows best practices (Note: All lessons should also address at least one NJ Student Learning Standard, which can be found at https://www.nj.gov/education/cccs/).

Deliverable: Prerecord the lesson(s) or present the lesson(s) virtually! Provide any necessary resources (worksheets, list of materials needed, etc.) as well.

Possible Types of Community Partners to Work With: Afterschool programs, childcare centers, homeless shelters.

Specific Community Partners to Work With: Academic Excellence

**Education Project Idea #6:**

Description: Research best practices for teaching reading and analytical skills for a specific age level and become a virtual reading buddy for a student at a local community partner site.

Deliverable: Follow best-practices to tutor and/or work with a student virtually in real-time or create pre-recorded lessons/reading of a particular book for multiple students to use.

Possible Types of Community Partners to Work With: Afterschool programs, childcare centers, homeless shelters.

Specific Community Partners to Work With: Academic Excellence

**Environmental Science:**

**Environmental Science Project Idea #1:**

Description: Research urban and/or at home gardening to develop easy tutorials as well as tips and tricks on how to grow food.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, flyers, virtual presentations or similar types of products that can be shared with a community partner and their clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, Environmental Science-related placements, food pantries, homeless shelters, nursing homes, soup kitchens.

Specific Community Partners to Work With: Academic Excellence, America’s Grow-a-Row, Quail Brook Senior Center

**Environmental Science Project Idea #2:**

Description: Research how one can easily “green” their home and the benefits of doing so.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and their clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, Environmental Science-related placements, food pantries, soup kitchens.

Specific Community Partners to Work With: Academic Excellence, Quail Brook Senior Center

**Environmental Science Project Idea #3:**

Description: Research food waste on school and/or childcare program campuses and develop a plan for a specific community partner on how to reduce it.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with students, parents, teachers, and staff.

Possible Types of Community Partners to Work With: Afterschool programs, childcare centers.

Specific Community Partners to Work With: Academic Excellence

**Environmental Science Project Idea #4:**

Description: Research the state of the environment and develop an action plan to increase awareness of and involvement in environmentally friendly practices.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, Environmental Science-related placements, food pantries, homeless shelters, nursing homes, soup kitchens.

Specific Community Partners to Work With: Academic Excellence, Quail Brook Senior Center

**Environmental Science Project Idea #5:**

Description: Research littering in a specific public area (school campuses, hiking trails, etc.) and create a campaign about littering and solutions individuals of all ages can become involved in.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, Environmental Science-related placements, food pantries, homeless shelters, nursing homes, soup kitchens.

Specific Community Partners to Work With: Academic Excellence, Quail Brook Senior Center

**Environmental Science Project Idea #6:**

Description: Research a specific and relevant environmental science-related topic and create an informational podcast episode.

Deliverable: A recorded podcast for the community partner to share on their website, in their educational programs, etc. Also includes fact sheets, infographics, informative social media posts, virtual presentations, or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, Environmental Science-related placements, homeless shelters, nursing homes.

Specific Community Partners to Work With: Academic Excellence, Quail Brook Senior Center

**Exercise Science (Also Suitable for Occupational Therapy Assistant):**

**Exercise Science Project Idea #1:**

Description: Research different exercise routines suitable for a specific age group and develop an exercise program while also explaining its benefits.

Deliverable: An exercise program distributed through materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, food pantries, homeless shelters, nursing homes, soup kitchens.

**Exercise Science Project Idea #2:**

Description: Research different sports skills and create a virtual clinic for a specific age group.

Deliverable: A virtual sports clinic comprised of videos, infographics, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Afterschool programs, childcare centers, community centers.

**Exercise Science Project Idea #3:**

Description: Research the benefits (and risks!) of exercise with a specific focus such as how it lowers stress, helps reduce the risk for certain diseases, leads to better health and overall wellness, etc. Create materials for a specific age group.

Deliverable: An informational campaign distributed through materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, food pantries, homeless shelters, nursing homes, specific programs and/or centers assisting at-risk populations.

**Exercise Science Project Idea #4:**

Description: Research safe exercise techniques (with or without basic equipment) and create safety resources for a specific age group.

Deliverable: A safety campaign distributed through materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, food pantries, homeless shelters, nursing homes, specific programs and/or centers assisting at-risk populations.

**Exercise Science Project Idea #5:**

Description: Research how to train muscles, bones, connective tissue, etc. as well as common injuries to your area of focus and basic treatment for them. Create informational and safety resources for a specific age group.

Deliverable: An informational/safety campaign distributed through materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, food pantries, homeless shelters, nursing homes, specific programs and/or centers assisting at-risk populations.

**Film:**

**Film Project Idea #1:**

Description: Work with a community partner to produce a video that best fits their needs. This could be a general promotional video for the organization, a promotional video for a specific event or fundraiser, etc.

Deliverable: A video that has been fully produced and edited and can be used and disseminated by the community partner.

Possible Types of Community Partners to Work With: Any interested community partner.

**Film Project Idea #2:**

Description: Research a social issue and produce a short documentary on the issue, which can be shown in relevant courses.

Deliverable: A video that has been fully produced and edited and can be used and disseminated by the Office of Service Learning and Community Engagement.

Possible Types of Community Partners to Work With: The Office of Service Learning and Community Engagement.

**History:**

**History Project Idea #1:**

Description: Create an oral history of an individual by interviewing a resident (or residents) of an assisted living facility, nursing home, or adult day center or a family member, friend, neighbor, etc. to document their personal experiences during a major historical period or event. Possible period or events could include the Great Depression, World War II, the Korean War, the Vietnam War, the Space Race, the Cold War, etc.

Deliverable: A written oral history interview report that is presented to the subject as a legacy gift.

Possible Types of Community Partners to Work With: Adult day centers, assisted living facilities, nursing homes.

**History Project Idea #2:**

Description: Research the history of philanthropy and the nonprofit sector in America, then conduct an interview with and/or research a local nonprofit agency and how they serve and contribute to the community in order to create an overview of the organization.

Deliverable: A written overview that will be provided to the organization for their use and dissemination.

Possible Types of Community Partners to Work With: Any (Ex: The Arc of Somerset County serving individuals with disabilities, the Martin Luther King Youth Center serving at-risk youth, the Raritan Headwaters Association serving the North and South Branch Raritan watershed, etc.).

**History Project Idea #3:**

Description: Research local historical places, events, or people and write a short article about the topic or use the research to write a local cultural journal to document unique historical aspects of the local community.

Deliverable: A written article or journal that will be submitted to The RVCC Record and/or a local newspaper for potential publishing.

Possible Types of Community Partners to Work With: Local community newspapers, The RVCC Record.

**History Project Idea #4:**

Description: Research an important historic or cultural site in the state of New Jersey and write a letter or article to advocate for its preservation

Deliverable: A written letter or article to be submitted to the appropriate individual (lawmaker, organization, newspaper, etc.) and/or the community partner for dissemination.

Possible Types of Community Partners to Work With: Historical societies, historic sites, museums, preservation organizations.

**History Project Idea #5:**

Description: Contact a local historical society, historic site, museum, or preservation organization to identify projects suitable for a volunteer.

Deliverable: Depends on what is requested by the organization, but may include research needed for historic properties, helping to complete a National Register of Historic Places nomination, etc.

Possible Types of Community Partners to Work With: Historical societies, historic sites, museums, preservation organizations.

**Political Science:**

**Political Science Project Idea #1:**

Description: Research the legislative process of your local, county, or state government and identify a bill or piece of legislation that you are interested in and try to affect the issue. If there is something that you are passionate about that does not have a bill or piece of legislation related to it, advocate for it!

Deliverable: Produce a written evaluation of your efforts, with a specific focus on if the issue was affected by your work.

Possible Types of Community Partners to Work With: Local, county, or state government bodies and/or officials.

**Political Science Project Idea #2:**

Description: Develop a questionnaire that asks students why they do not get involved with voting and use it to interview students. Evaluate the findings and develop a plan that will motivate more students to vote.

Deliverable: A questionnaire and well as a civic engagement plan that will be presented to the Office of Service Learning and Community Engagement. Also, help implement the plan to the best of your capacity.

Specific Community Partner to Work With: The Office of Service Learning and Community Engagement.

**Political Science Project Idea #3:**

Description: Research why it is important that students—and young adults in general—vote and become involved in democratic engagement.

Deliverable: Create a podcast episode or video or write an article that will be presented to the Office of Service Learning and Community Outreach for dissemination.

Specific Community Partner to Work With: The Office of Service Learning and Community Engagement.

**Political Science Project Idea #4:**

Description: Research the different aspects of government and create age-appropriate educational materials that can be used to teach students at a local childcare center or afterschool program.

Deliverable: Age-appropriate educational materials such as a PowerPoint, recorded lesson, podcast, worksheets, etc.

Possible Types of Community Partners to Work With: Afterschool programs, childcare centers.

**Political Science Project Idea #5:**

Description: Research a specific issue in your community, its history, and possible solutions to the problem. Use your work to contact a local politician or policy maker to better inform them of the issue and potentially work towards a solution.

Deliverable: A written overview of your chosen issue, its history, and possible solutions as well as an evaluation of your efforts and work with the politician or policy maker.

Possible Types of Community Partners to Work With: Local or county government bodies and/or officials.

**Political Science Project Idea #6:**

Description: Research the history of and factors that cause and sustain homelessness in your local community, as well as efforts that have been made to combat it.

Deliverable: A written report of your findings, which can be presented to local homeless shelters, social service agencies, or government bodies to help them better serve the homeless and understand the cause of the issue.

Possible Types of Community Partners to Work With: Homeless shelters, local or county government bodies and/or officials, social service agencies.

**Political Science Project Idea #7:**

Description: Get involved and assist with voter registration efforts on campus and/or in your community!

Deliverable: A written reflection on the apathy, involvement, and/or general attitude of the public regarding voter registration. Include suggestions on how to improve voter registration and/or engagement with the population you worked with.

Specific Community Partner to Work With: The Office of Service Learning and Community Engagement, voter registration efforts on campus and/or in your community.

**Political Science Project Idea #8:**

Description: Research a candidate(s) running for local, state, or federal political positions. Look into their voting histories, associations, finances, issues, affiliations, etc. If interested, have a conversation with them!

Deliverable: Prepare an unbiased report that provides the background on your chosen candidate(s) so that voters can make a truly informed decision. Submit your report to the Office of Service Learning and Community Engagement for dissemination to the RVCC community.

Specific Community Partner to Work With: The Office of Service Learning and Community Engagement.

**Political Science Project Idea #9:**

Description: Choose a petition that you support that is currently promoted by a human rights organization of your choosing and sign it. Research the history of the issue that is being addressed by the petition in relation to political science. Also, raise awareness for the issue.

Deliverable: Confirmation of your signature on the petition and a written report detailing the history of the issue addressed in relation to political science. Regarding raising awareness, possible deliverables could be social media posts, videos, etc.

Possible Types of Community Partners to Work With: Human rights organizations.

**Science (Anatomy and Physiology, Human Biology, Medical Assisting, Nursing, Nutrition, Occupational Therapy Assistant):**

**Science Project Idea #1:**

Description: Research different exercise routines suitable for a specific age group and develop an exercise program while also explaining its benefits.

Note: For Senior Wellness Center at Hillsborough, the deliverable will be a 50-55-minute live presentation/demonstration via Zoom on Friday, April 23rd at 11:00 a.m.

Deliverable: An exercise program distributed through materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, food pantries, homeless shelters, nursing homes, soup kitchens.

Specific Community Partners to Work With: Academic Excellence, Quail Brook Senior Center, Senior Wellness Center at Hillsborough

**Science Project Idea #2:**

Description: Research a specific health topic (diabetes, heart disease, cancer, etc.) and its preventative measures to develop an informational campaign for a specific age group.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, food pantries, homeless shelters, nursing homes, soup kitchens.

Specific Community Partners to Work With: Academic Excellence, Quail Brook Senior Center

**Science Project Idea #3:**

Description: Research the pathology of a communicable illness (influenza, pneumonia, AIDS, STDs, COVID-19, etc.) and create an awareness campaign and plan of preventative measures for a specific age group in their respective environments.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, food pantries, homeless shelters, nursing homes, soup kitchens.

Specific Community Partners to Work With: Academic Excellence, Quail Brook Senior Center

**Science Project Idea #4:**

Description: Research the importance of handwashing as well as proper handwashing techniques and common mistakes to share with a specific age group.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, food pantries, homeless shelters, nursing homes, soup kitchens.

Specific Community Partners to Work With: Academic Excellence, Quail Brook Senior Center

**Science Project Idea #5:**

Description: Research the changes that take place in the human body as individuals grow older in order to create a “What’s Happening to My Body?” informational campaign for a specific age group.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, homeless shelters, nursing homes.

Specific Community Partners to Work With: Academic Excellence, Quail Brook Senior Center

**Science Project Idea #6:**

Description: Research the link between stress and an illness or disease (heart disease, diabetes, obesity, Alzheimer's, cancer, depression, anxiety, dementia, etc.) to create an awareness campaign including stress-reducing practices and other stress-related preventative measures for a specific age group.

Note: For Senior Wellness Center at Hillsborough, the deliverable will be a 50-55-minute live presentation/demonstration via Zoom on Friday, April 23rd at 11:00 a.m.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, food pantries, homeless shelters, nursing homes, soup kitchens.

Specific Community Partners to Work With: Academic Excellence, Quail Brook Senior Center, Senior Wellness Center at Hillsborough

**Science Project Idea #7 (*Nutrition Focused.* Not for Medical Assisting Students):**

Description: Research the nutritional needs of different types of pets to create useful handouts to be distributed to new pet owners about the animal that they are adopting.

Deliverable: Develop materials such as fact sheets, infographics, informative social media posts, pamphlets, flyers, or similar types of products that can be shared with the animal shelter or rescue and new pet owners.

Note: Also, memes or quirky images for Somerset Regional Animal Shelter to share on social media.

Possible Type of Community Partners to Work With: Animal rescues, animal shelters.

Specific Community Partners to Work With: Somerset Regional Animal Shelter

**Science Project Idea #8 (*Nutrition Focused*):**

Description: Research low-cost, healthy dishes and meals that can be made from canned and boxed food commonly found in food pantries and compile a small collection of different recipes.

Note: For Refugee Assistance Partners, the goal for culturally relevant recipes is ideal.

Deliverable: Develop a small collection of different recipes and create recipe booklets, fact sheets, brochures, step-by-step recipe PowerPoint presentations, step-by-step recipe videos, or similar types of products that can be shared with a community partner and its clients.

Possible Type of Community Partners to Work With: Food pantries, homeless shelters, soup kitchens.

Specific Community Partners to Work With: Refugee Assistance Partners

**Science Project Idea #9 (*Nutrition Focused*):**

Description: Research healthy nutrition practices and their benefits for a specific age group in order to create a program to teach that age group about these practices.

Note: For Quail Brook Senior Center, project information must be approved by a Registered Dietician.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, food pantries, homeless shelters, nursing homes, soup kitchens.

Specific Community Partners to Work With: Academic Excellence, Quail Brook Senior Center

**Science Project Idea #10 (*Nutrition Focused*):**

Description: Research easy, nutritional recipes and create step-by-step cooking tutorials appropriate for a specific age group with varying skill levels.

Note: For Quail Brook Senior Center, project information must be approved by a Registered Dietician.

Deliverable: Develop materials such as fact sheets, brochures, step-by-step recipe PowerPoint presentations, step-by-step recipe videos, or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, food pantries, homeless shelters, nursing homes, soup kitchens.

Specific Community Partners to Work With: Academic Excellence, Quail Brook Senior Center

**Science Project Idea #11 (*Nutrition Focused*):**

Description: Research food deserts in the Somerset and Hunterdon county regions and develop an informational campaign for a specific location and/or age group on the nutritional dangers of food deserts and offer solutions.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, childcare centers, food pantries, homeless shelters, soup kitchens, specific community partners located within a food desert.

Specific Community Partners to Work With: Academic Excellence

**Science Project Idea #12 (*Nutrition Focused*):**

Description: Research different types of foods that help prevent and/or fight a specific illness (cancer, dementia, heart disease, diabetes, depression, anxiety, etc.) to create an informational campaign that addresses one of the following topics:

* + How the food you eat can give you higher levels of energy, more restful sleep, and/or a clearer mind
  + How you can assess your current food choices and change them to make more informed choices for you and your family
  + And much more!

Note: For Quail Brook Senior Center, project information must be approved by a Registered Dietician. Also include the statement: Always Check with Your Current Health Provider.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, food pantries, homeless shelters, nursing homes, soup kitchens.

Specific Community Partners to Work With: Academic Excellence, Quail Brook Senior Center

**Science Project Idea #13 (*Nutrition Focused*):**

Description: Research a specific popular diet (vegetarian, vegan, pescatarian, keto, paleo, etc.) to determine its nutritional and health benefits (and any risks) and how following it may make an impact on industrial agriculture and the health of our plant.

Note: For Quail Brook Senior Center, project information must be approved by a Registered Dietician.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, food pantries, homeless shelters, nursing homes, soup kitchens.

Specific Community Partners to Work With: Quail Brook Senior Center

**Social Sciences (Philosophy, Psychology, Sociology) & Human Services:**

**Social Sciences & Human Services Project Idea #1:**

Description: Research the instances of inclusion and exclusion that individuals living with disabilities face (in general or a specific context) and develop a public awareness campaign that includes a plan to reduce exclusionary practices.

Deliverables: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, homeless shelters, nursing homes.

Specific Community Partners to Work With: Academic Excellence, PIONEER Family Success Center (EmPoWER Somerset), Quail Brook Senior Center

**Social Sciences & Human Services Project Idea #2:**

Description: Research best practices of a specific life skill (money management, time management, parenting skills, etc.) to create documentation teaching and detailing the life skill (can be tailored to specific population working with).

Note: For Refugee Assistance Partners, skills could also include how to detect scams and how to keep personal information safe and private (when to share, how to share, and when not to share).

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, homeless shelters, nursing homes, specific programs and/or centers assisting populations that can benefit from the specific skill.

Specific Community Partners to Work With: Academic Excellence, Literacy Volunteers of Somerset County, PIONEER Family Success Center (EmPoWER Somerset), Refugee Assistance Partners, Quail Brook Senior Center

**Social Sciences & Human Services Project Idea #3:**

Description: Research social isolation and feelings of loneliness that elderly individuals may face as well as their causes in order to create a public awareness campaign, including a plan on how to better combat social isolation.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, assisted living facilities, homeless shelters, meal delivery programs, nursing homes.

Specific Community Partners to Work With: Quail Brook Senior Center

**Social Sciences & Human Services Project Idea #4:**

Description: Virtually interview an elderly individual in an adult day center, assisted living facility, or nursing home to help ease their social isolation as well as document their personal histories for that individual and their families and/or use them as a subject for a case study project.

Deliverable: Create a personal history for your interviewee, which can be a Word document, PowerPoint presentation, or video and/or develop a case study project.

Possible Types of Community Partners to Work With: Adult day centers, assisted living facilities, nursing homes.

Specific Community Partners to Work With: Quail Brook Senior Center

**Social Sciences & Human Services Project Idea #5:**

Description: Research local and/or national hotlines and social services agencies or resource centers based on a specific topic (food insecurity, homelessness, domestic violence, mental health, legal services, etc.) to create documentation that can be shared with individuals in need.

Note: For Refugee Assistance Partners, a focus on legal services for newer refugees is beneficial.

Deliverable: Develop materials such as fact sheets, infographics, informative social media posts, pamphlets, posters, flyers, or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Food pantries, homeless shelters, soup kitchens, specific programs and/or centers assisting at-risk populations.

Specific Community Partners to Work With: Literacy Volunteers of Somerset County, PIONEER Family Success Center (EmPoWER Somerset), Refugee Assistance Partners

**Social Sciences & Human Services Project Idea #6:**

Description: Research a specific social issue (food insecurity, homelessness, domestic violence, mental health, legal services, etc.) to create an informational campaign on the topic.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Food pantries, homeless shelters, soup kitchens, specific programs and/or centers assisting at-risk populations.

Specific Community Partners to Work With: Literacy Volunteers of Somerset County, PIONEER Family Success Center (EmPoWER Somerset), Refugee Assistance Partners

**Social Sciences & Human Services Project Idea #7:**

Description: Research a specific effective financial habit (budgeting, couponing, etc.) to create documentation teaching and detailing that financial habit to a specific age group.

Note: For Refugee Assistance Partners, habits could include budgeting, online banking, maintaining a traditional bank account, responsible credit card use, and how to improve and/or fix your credit, all of which would pertain to refugees/non-citizens who may have no financial or credit history.

Deliverable: Develop materials such as fact sheets, PowerPoint presentations, infographics, informative social media posts, videos, pamphlets, posters, flyers, virtual presentations or similar types of products that can be shared with a community partner and its clients.

Possible Types of Community Partners to Work With: Adult day centers, afterschool programs, assisted living facilities, childcare centers, food pantries, homeless shelters, nursing homes, soup kitchens, specific programs and/or centers assisting populations that can benefit from the specific habit.

Specific Community Partners to Work With: Academic Excellence, Literacy Volunteers of Somerset County, Refugee Assistance Partners, Quail Brook Senior Center

**Social Sciences & Human Services Project Idea #8:**

Description: Research a basic technology and/or device that can be used by elderly individuals to improve their quality of life—specifically when it concerns communication with others—and create a simple lesson that can be taught to these individuals.

Deliverable: Prerecord the lesson or present it virtually! PowerPoint presentations, step-by-step instructional videos, infographics, handouts, or similar types of products to act as reference materials may be beneficial.

Possible Types of Community Partners to Work With: Adult day centers, assisted living facilities, nursing homes.

Specific Community Partners to Work With: Quail Brook Senior Center

**Social Sciences & Human Services Project Idea #9:**

Description: Set up and run a virtual food and/or other necessities drive benefitting a specific community partner and addressing its clients' needs.

Deliverable: Items donated to the selected community partner, either sent via mail (such as with an Amazon Wishlist) or dropping off donations.

Possible Types of Community Partners to Work With: Food pantries, homeless shelters, soup kitchens, specific programs and/or centers assisting at-risk populations.

**Social Sciences & Human Services Project Idea #10:**

Description: Research why individuals should choose to adopt pets rather than buy them. Specific information can include reasons why people adopt, why animals end up in shelters (rescued from dog fighting rings, abuse, hoarding situations, given up by owner due to job loss, lack of understanding of responsibility, etc.) and/or how to learn more about pet adoptions.

Deliverable: Create electronic brochures with photos and resources that can be shared with visitors of shelters and/or animal rescues. Also requested is the development of memes or quirky jpegs that can be shared as social media posts.

Possible Types of Community Partners to Work With: Animal rescues, animal shelters.

Specific Community Partners to Work With: Somerset Regional Animal Shelter