COLA 1500: 1010: Introduction to PLAN 1010: E Food and Culture **Environmental Sciences Environmental** V Lisa Shutt **Thomas Smith** Planning F 11 – 12:15 Tu/Th 2 - 3:15S Tim Beatley M/W 3:30 - 4:45 COLA 1500: C 1020: Practical Concepts Ethics and in Environmental Science SOC 3700: Environment Linda Blum Corin Fox E 1 credit 50 minute class Th 3:30 - 4:45 Tu/Th 2 - 3:15offered M/T/W/Th/F V S 1080: Resources and the **RELG 2210:** ENLT 2526: Environment American \mathbf{C} **James Galloway Environmental** Global Fiction Environment M/W/F 12 - 12:50Mary Kuhn Willis Ienkins E Tu/Th 9:30 -Tu/Th 9:30 =1450: An Inconvenient 10:45 V Truce: Climate, You and ENSP 3559: PHIL 3652: CO₂ S Plants and Empire **Animals and Ethics Deborah Lawrence** Mary Kuhn Sahar Akhtar Tu/Th 11 - 12:15 Tu/Th 12:30 -C Tu/Th 9:30 -1:45 10:45

 $\begin{array}{c} HIME\ 1501: Introductory\ Seminar\ in\ Middle\ East\\ History\ (Water/Energy\ in\ Middle\ East)\\ W\ 3:30-6 \end{array}$

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Sustainability Related Classes for Your First Semester

With over 30 CIOs related to sustainability, there's something for everyone at UVA. Check out a sampling of the clubs below:

Want to help and lead sustainability related projects on Grounds and in Charlottesville?

Green Grounds does that! Contact Stephanie Durham (sjd9hb) or Rachel DiBenedetto (rmd5xb) for more information.

The Sustainability Committee of Student Council focuses on sustainable policies at UVA. Contact Jakob Weitzman (jkw7dk) or

(rmd5xb) for more information. Megan Routbort (mcr3zc) to learn more.

Interested in political advocacy? Reach out to Brian Cameron (bpc3h) to join

Also check out Madison House Animals and Environment, Morven Kitchen Garden, UVA Community Garden, Net Impact, Greens to Grounds and Outdoors Club.

the Climate Action Society.

Excited about promoting sustainability in your residence hall? Join the **Sustainability Advocates** who lead these efforts. Contact program leader Dom Ong (dho9nt) for more information.

Interested in advocating for human health, sustainability, and good food? Contact Rachel McGill (rem2ye) to join Veggies of Virginia.

Be ready for Energize UVA, in October when 1ST year residence halls compete to reduce energy and learn about sustainability at UVA. (Yes, there will be prizes involved as well!) Outside of UVA, be sure to check out all that Charlottesville has to offer including the Saturday local Farmer's Market, free Charlottesville city buses, and beautiful parks.



Get Involved In Sustainability Around Grounds



And much more!

The above is just an overview of ways to engage with sustainability at UVA. If you want to learn more about UVA's sustainability efforts, like or follow Sustainable UVA on Facebook, Instagram and Twitter, e-mail sustainability@virginia.edu, or check out www.sustainability.virginia.edu.



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•Tips for a Green Dorm Room •

UVA has pledged to significantly reduce waste and energy consumption. These tips will lead to a greener and more efficient dorm while <u>saving money</u> and <u>lightening the load</u> of your move in.



Shop at the Reusable Office Supply Exchange (ROSE)

- Free, quality school supplies
 - Paper & ink
 - Pens & pencils
 - Notebooks & binders
 - Located in the stores warehouse on Leake Drive (near Alderman/ McCormick intersection), open M-F 8am-3pm

Green Packing List

- □LED/CFL bulbs for lamps
- ☐ Brita water filter & reusable bottle
 - Smart power strip
 - ☐ Hand towel to save paper towels
- ■Warm blanket to minimize heating needs
 - Reconsider mini-fridge/ microwave (or share with a roommate)
- ☐ For moving, use bags or reusable crates instead of carboard boxes



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Seek Reused Furniture

- Students donated 37,000 pounds of personal belongings during the "Hoos Reuse" donation drive in May 2017. (Remember to donate when you move out!)
- Most belongings are used for only a year.
- Complete the recycling circle by buying dorm furnishings at Goodwill or other resale shops.







Minimalism Tips

- Most dorm rooms are on the smaller side, and having less stuff and clutter at college can help make students more productive.
- •Marie Kondo provides good tips in her book *The Life-Changing Magic of Tidying Up* as does the award winning documentary *Minimalism*.

More green tips for your student: www.sustainability.virginia.edu



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