

1 Article

2 **Sustainability literacy on campus and abroad: the influence of course**  
3 **content and type.**

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15 **Abstract:** As human environmental impacts have increased, so has the desirability of sustainable  
16 practices in multiple dimensions and at multiple scales. In this context, sustainability literacy has  
17 become a desirable outcome of higher education, driving the advance of sustainability as a core  
18 component of higher education institutions' missions at local, regional, and global scales. However,  
19 little is known about the efficacy of different types of higher education courses in delivering  
20 desired outcomes of sustainability education. This study employed a quasi-experimental design to  
21 explore the relative influence of different course types (study abroad/ home campus and  
22 sustainability/non-sustainability) on growth of sustainability literacy among university students.  
23 Within each course setting (study abroad or home campus) studying sustainability was associated  
24 with higher sustainability literacy scores than studying non-sustainability. However, studying  
25 non-sustainability courses abroad showed comparable growth in students' sustainability literacy  
26 scores compared to studying sustainability on home campus. These results support not only the  
27 idea that sustainability can be taught but also that study abroad, regardless of course content, may  
28 be at least as effective at increasing sustainability literacy as home campus sustainability courses.

29 **Keywords:** sustainability literacy; study abroad; quasi-experimental; sustainability education;  
30 higher education  
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32 **1. Introduction**

33 The social, economic, and environmental challenges facing humanity are global in scope [1,2].  
34 Climate change, biodiversity loss, and water scarcity threaten the sustainability of both human and  
35 natural systems [3]. Rising to meet these challenges as a society may be facilitated by a populace  
36 informed of the global consequences of their consumer choices, as well as the role that they play  
37 within the broader system of social and economic production [4,5].

38 For example, with the acquisition of sustainability literacy, individuals may be better equipped  
39 to engage in environmental citizenship. While sustainability literacy and knowledge do not  
40 necessarily have a direct influence on behavior, they may augment attitudes and behavioral  
41 intentions towards related issues. Hungerford and Volk [6] suggest that environmental citizenship  
42 behaviors (pro-environmental) are a function of intent, personal empowerment variables including  
43 in-depth knowledge of issues and personal investment, and more distal dimensions of ecological  
44 knowledge, values, and worldviews. Thus, if actors are uninformed about the tenets of

45 sustainability, they will likely struggle to achieve it, even if they possess altruistic values and  
46 positive attitudes toward sustainability. Scholars have termed this paradox the value-action gap [7].

47 Sustainability education has a role to play in closing the value-action gap by providing students  
48 with the in-depth knowledge needed to act constructively on positive attitudes and intent toward  
49 issues of social, environmental, and economic concern [7,8,9]. This raises the possibility that  
50 sustainability literacy may act as a moderator in the attitude-behavior relationship [10].

51 Sustainability education is global in nature because environmental problems and solutions are  
52 often unrestricted by national boundaries. Thus, there is an inherent connection between global  
53 citizenship and sustainability education, i.e., the greater literacy an individual possesses with respect  
54 to sustainability, the more likely they are to possess attributes characteristic of the prototypical  
55 “global citizen”. A global citizen is someone for whom the issues of justice, environment, and civic  
56 obligations are key determinants of citizenship [11]. The environmental consciousness and  
57 dedication to social justice that are found in sustainability echo these criteria for global citizenship.

58 The definition of sustainability literacy remains nebulous, perhaps because of the breadth of the  
59 term ‘sustainability’. Stibbe and Luna’s [12] broad approach regards a sustainability literate person  
60 as possessing the ‘skills, attitudes, competences, dispositions, and values’ required to implement a  
61 sustainable world. Parkin et al.’s [13] narrower view characterizes sustainability literacy as the  
62 ‘knowledge, skills and understanding required to fashion a more sustainable future’. However, two  
63 core elements emerge from the various definitions. Firstly, sustainability literate individuals possess  
64 the knowledge and understanding to differentiate sustainable practices from the unsustainable.  
65 Secondly, they also have the skills and competencies required to implement sustainable practices  
66 [13,14]. Individuals literate in sustainability should be able to negotiate life in a manner that reduces  
67 the unsustainable impacts their decisions may have on human and non-human others in the present,  
68 in the future, and at multiple scales.

69 Sustainability has emerged as an important component of liberal education [15,16]. The  
70 university setting is a natural context for students to be exposed to, and gain competence in,  
71 sustainability related concepts through experience and education [17,18]. However, little is known of  
72 the influence of different modes of instruction, or different pedagogies, on students’ sustainability  
73 literacy. Using a quasi-experimental design, this study tests the influence of sustainability-focused  
74 university curricula, study abroad programs, and the combination thereof on growth in students’  
75 sustainability literacy.

## 76 *Sustainability and Sustainability Literacy*

77 Sustainability is defined broadly as an idealized state of human-environment interaction where  
78 the needs of present and future societies are met without eroding the natural capital that supports  
79 them, and basic human rights remain attainable by all [19,20]. This definition encompasses social,  
80 economic, and environmental dimensions – the so called “three legged stool” or “triple bottom line”  
81 [21,22]. Realizing the transition to a sustainable society requires citizens able to critically evaluate  
82 consumer, political, and development decisions in a variety of contexts with respect to impacts on  
83 these three domains and the interrelationships among them [19]. More recently, a fourth component,  
84 ethics/social justice, has led to the quadruple bottom line conceptualization of sustainability [23].

85 Sustainability literacy can be defined as ‘competence in and knowledge of’ sustainability  
86 concepts [24]. Therefore, when attempting to measure sustainability literacy care should be taken  
87 to ensure that measures do not include assessment of values, attitudes and behaviors, which may be  
88 related, but should be considered independently [24]. Coyle [25] argues that ‘literacy’ should be  
89 ‘distinct from simple awareness... because of its depth of information’. Due to the integrative nature  
90 of sustainability as a concept, assessing literacy according to these criteria is not a simple task.  
91 Measures of sustainability literacy must assess sustainability knowledge, interrelationships of  
92 sustainability domains, and the depth of information integration. As such, sustainability literacy  
93 measures can be complex, lengthy and face difficulty assessing skills and competence through  
94 simple formats such as multiple choice. On the other hand, a primary criticism levelled at many

95 existing instruments has been the lack of equal assessment of all dimensions in the triple bottom line  
96 and the interrelationships among them [24]. Balancing these factors is a significant challenge.

97 One of the most comprehensive instruments for the assessment of sustainability literacy is the  
98 ASK (Assessment of Sustainability Knowledge) [26]. The final version of the ASK retained the  
99 sixteen most discriminating questions but has received criticism for lacking questions that integrate  
100 all three elements of the triple bottom line [24]. Researchers at the University of North Carolina  
101 (UNC) also developed an instrument for the assessment of sustainability literacy. Shorter than the  
102 ASK, with thirteen questions focused on sustainability literacy, it incorporates questions requiring  
103 integration of knowledge from social, environmental, and economic domains at some depth [27].  
104 However, the psychometric properties of the UNC measure have not been reported.

#### 105 *Course Content*

106 Although many authorities suggest that sustainability literacy can be inculcated via direct  
107 instruction (see [28,29,30,31,32]), few studies have tested that supposition quasi-experimentally.  
108 College major has a mixed relationship with sustainability literacy [26]. Horvath and colleagues [33]  
109 found the number of sustainability related courses a student reported completing had a non-linear  
110 relationship with sustainability literacy using a measure of their own making. These authors  
111 reported a threshold effect. Students who completed 1-2 sustainability related courses were not  
112 significantly more knowledgeable than those who completed no sustainability courses, while  
113 students who completed 3 or more sustainability related courses were more knowledgeable than  
114 students in either of the other categories.

115 Fisher and McAdams [34] looked at the influence of sustainability coursework type and  
116 number of sustainability courses on how students conceptualized sustainability along four indices;  
117 ecosystems and nature, eco-efficiency, community and well-being, and systemic change and  
118 innovation. They found course content influenced the way students conceptualized sustainability  
119 within these indices, rather than the number of sustainability courses. For example, taking natural  
120 science subjects was related to higher scores on the ecosystems and nature index. However, it should  
121 be noted this study examines the relative importance students assign to aspects of sustainability  
122 rather than sustainability literacy per se. It is mentioned here to add context to Horvath et al.'s [33]  
123 findings.

#### 124 *Mode of Delivery*

125 Literature examining the impact of study abroad on sustainability literacy is limited. However,  
126 there is evidence that participation in international education may positively influence students'  
127 understanding of the interconnections among social, economic, and ecological systems; topics  
128 germane to sustainability education [35,36,37,38,39]. For example, consider the interdisciplinary  
129 concept of global citizenship as a demonstrated outcome of study abroad programs focused on  
130 studies of society and the environment [40,41,42,43,44]. Reysen and Katzarska-Miller [45] define  
131 global citizenship as 'awareness, caring, and embracing cultural diversity while promoting social  
132 justice and sustainability, coupled with a sense of responsibility to act'. Sustainability is thus  
133 regarded as a subset of global citizenship and the relationship between the two depends on the  
134 context of all other subsets.

135 Educational travel abroad where faculty guide students through learning experiences in the  
136 field, as opposed to studying abroad in traditional classroom settings, is regarded as having strong  
137 potential to deliver transformational learning experiences for students [46,47], as is experiential  
138 learning in and of itself [48]. This may be an influential approach in situations where sustainability  
139 education challenges a student to significantly alter their conceptualization of the balance between  
140 social, environmental, and economic facets of life. Bell et al. [47] looked at 150 US university students  
141 that had completed highly experiential programs in the South Pacific. Using qualitative analysis of  
142 reflective responses to open-ended questions, they identified four themes associated with  
143 sustainability and transformative learning:

144 1. A new socio-cultural understanding,

- 145 2. A new connection with the natural world,
- 146 3. Economic considerations,
- 147 4. And making changes.

148 The first three themes resonate strongly with the tenets of sustainability and the triple-bottom  
149 line, while the fourth is arguably a function of the recognition of the response social justice/ethics  
150 demands once understanding of the first three themes is acquired.

151 A number of studies have found an association between participation in study abroad and  
152 learning outcomes related to sustainability literacy, such as sustainability education in tourism  
153 [41,43], ethics [49], and global citizenship [50,51]. However, quantitative research solely focused on  
154 sustainability literacy and its relationship to instructional design is scarce, despite many universities  
155 having offered formal certification in sustainability for some time. More explicit research on  
156 outcomes in these programs, as in may lead to targeted interventions that significantly improve  
157 educational goal achievement.

### 158 *Purpose and Hypotheses*

159 There has been little experimental exploration of the relationships between study abroad  
160 pedagogy, sustainability content, and sustainability literacy in the literature to date. With this gap in  
161 mind, our purpose in conducting this study was to test the influence of content (sustainability) and  
162 delivery mode (study abroad) commonly employed in the university setting to convey sustainability  
163 concepts using a quasi-experimental, pre-test/post-test design. Specifically, we hypothesize that:

- 164 1. Students engaged in study abroad programs in non-sustainability-focused courses will  
165 show greater growth in sustainability literacy from pre-test to post-test than students  
166 completing non-sustainability courses on home campus during the same term.
- 167 2. Students engaged in studying sustainability-focused courses on home campus will show  
168 greater growth in sustainability literacy from pre-test to post-test than students engaged in  
169 non-sustainability-focused courses, whether through study abroad or on home campus, in  
170 the same term.
- 171 3. Students engaged in educational travel in sustainability-focused courses will show greater  
172 growth in sustainability literacy from pre-test to post-test than students studying in all  
173 other courses combined (home campus sustainability, home campus non-sustainability,  
174 and study abroad non-sustainability courses) during the same term.

## 175 **2. Materials and Methods**

### 176 *Data Collection and Sample Demographics*

177 The study took place at the University of Georgia, a large public university in the southeastern  
178 United States. Surveys were administered to students enrolled in Sustainability Educational Travel  
179 courses (SETss; N=769), Sustainability Home Campus courses (SHC; N=175), Non-Sustainability  
180 Study Abroad courses (NSSA; N=236), and Non-Sustainability-Focused Home Campus courses  
181 (NSHC; N=523) settings during the spring and summer terms of 2014, 2015, and 2016. Courses  
182 considered “sustainability-focused” were listed on the university Office of Sustainability website as  
183 applicable to a certificate in sustainability (26 classes over the period 2014-2016), i.e. pertained  
184 primarily to sustainability topics. Sustainability courses included topics in ecology, public health,  
185 sustainable development, and marine sciences among others, conducted both on campus, in  
186 traditional classroom study abroad settings, and field-based educational travel study abroad  
187 settings. The educational travel study abroad programs surveyed included at least three credit hours  
188 of Field Studies in Natural Resources and were all delivered using a modular experiential  
189 educational travel pedagogy that moves students through multiple locations exploring relationships  
190 between societies and the environment.

191 Non-sustainability courses included topics in sociology, law, language, and history; again,  
192 including both on campus and study abroad courses (24 classes over the period 2014-2016). Surveys

193 were administered in a pretest/posttest design commencing on the first and last day of the class.  
194 Participants provided informed consent and generated a unique identifier used to anonymously  
195 match pretest and posttest instruments. 68.4% of participants identified as female. Participants  
196 varied in class standing with 10.9% first year students, 28.2% sophomores, 35.3% juniors, 23.2%  
197 seniors, and 2.4% graduate students.

### 198 *Measures*

199 The measure of sustainability literacy was a knowledge test. Items measured were drawn  
200 from sustainability literacy scales previously administered at the University of North Carolina at  
201 Chapel Hill [27] and Ohio State University [26]. For the purpose of this study, three questions in each  
202 of the three dimensions of sustainability (environmental, economic, and social) were selected from  
203 these studies for inclusion in the sustainability literacy scale. The questions were selected to reflect  
204 sustainability concepts that inform individual choices about human–environment interactions, and  
205 to include questions requiring synthesis of knowledge, concepts, and processes.

206 Questions were presented in a multiple-choice format, for which there were five answer  
207 choices, including “Don’t Know.” Each item had a single correct answer. The score on this test was  
208 the number of correct answers selected, giving a range of scores from 0-9.

### 209 *Sustainability Literacy Scale Validation*

210 The psychometric properties of the proposed sustainability literacy scale were explored using  
211 confirmatory factor analysis. Measurement models were tested in the lavaan package [52] for the R  
212 statistical software v3.3.1 [53]. We hypothesized that the sustainability literacy scale measures a  
213 single latent construct reflected by the nine items described earlier (Appendix A). Since the data are  
214 dichotomous (correct or incorrect), and therefore do not conform to the normality assumptions of  
215 maximum likelihood, we used the diagonally weighted least squares (DWLS) estimator with the  
216 asymptotic covariance matrix to estimate model parameters. Acceptable model fit was assessed  
217 following the recommendations of Hu and Bentler [54] (Root Mean Square Error of Approximation  
218 RMSEA < 0.08; Non-Normed Fit Index NNFI, and Comparative Fit Index CFI > 0.95). Convergent  
219 validity [55] was assessed via Composite Reliability ( $\geq .7$ ) and the Average Variance Explained ( $\geq .5$ ),  
220 at cutoffs recommended by Fornell and Larcker [56], and Rykov [57]. Measurement models were  
221 tested independently at both pretest and posttest.

### 222 *Hypothesis Testing*

223 Hypotheses were tested using a factorial repeated measures analysis of variance (ANOVA).  
224 Participants were nested in combinations of context (home campus versus abroad) and subject  
225 matter (+/-sustainability) and crossed with the repeated measure, time of testing (pretest versus  
226 posttest). ANOVA models were estimated using the statistical software SPSS version 25.0 [58].  
227 Planned Helmert contrasts were implemented to test a priori hypotheses. Post-hoc Bonferroni  
228 pairwise comparisons were carried out to further explore results.

## 229 **3. Results**

### 230 *Scale Validation: Construct Validity, Model Fit, and Reliability.*

231 An initial test of the measurement model (at pretest) demonstrated an adequate fit for the data.  
232 However, upon inspection of item factor loadings and modification indices, the item SL2 (Appendix  
233 A) failed to load adequately ( $\lambda \leq .3$ ) on the factor and was subsequently dropped from the analysis  
234 [56].

235 Results indicated that the hypothesized scale was valid and reliable when measured at both  
 236 pretest ( $\chi^2 = 33.49$ ,  $df = 20$ ,  $p = 0.03$ ; RMSEA = 0.02; CFI = 0.99; NNFI = 0.98) and posttest ( $\chi^2 = 33.25$ ,  
 237  $df = 20$ ,  $p = 0.03$ ; RMSEA = 0.02; CFI = 0.99; NNFI = 0.99). The eight-item sustainability literacy scale  
 238 demonstrated acceptable reliability (Composite Reliability = 0.87pre/0.91post) [57]. However, the  
 239 average variance explained by the latent factor was slightly lower than is recommended, with values  
 240 of 0.33 and 0.41 at pretest and posttest respectively. A complete summary of model fit can be found  
 241 in Table 1.

242 Table 1. Summary of Model Fit and Reliability for Sustainability Literacy Scale

Model	$\chi^2$	df	<i>p</i> -value	C.R.	AVE	RMSEA	CFI	NNFI
Pretest	33.49	20	0.03	0.87	0.33	0.02	0.99	0.98
Posttest	33.25	20	0.03	0.91	0.41	0.02	0.99	0.99

243

244 C.R. = Composite Reliability; AVE = Average Variance Explained; RMSEA = Root Square Mean Error  
 245 of Approximation; CFI = Comparative Fit Index; NNFI = Non-Normed Fit Index; df = Degrees of  
 246 Freedom

247 *ANOVA Models*

248 Cell means for sustainability literacy by Time (pre-test, and post-test) and Context  
 249 (Sustainability Educational Travel, Sustainability Home Campus, Non-Sustainability Study Abroad ,  
 250 and Non-Sustainability Home Campus) are presented in Table 2. Results of the ANOVA model  
 251 reveal a significant within subjects effect for Time x Context but with a small effect size ( $F = 9.162$ ,  $df$   
 252  $= 3$ ,  $p < 0.01$ ,  $\eta^2 = 0.016$ ).

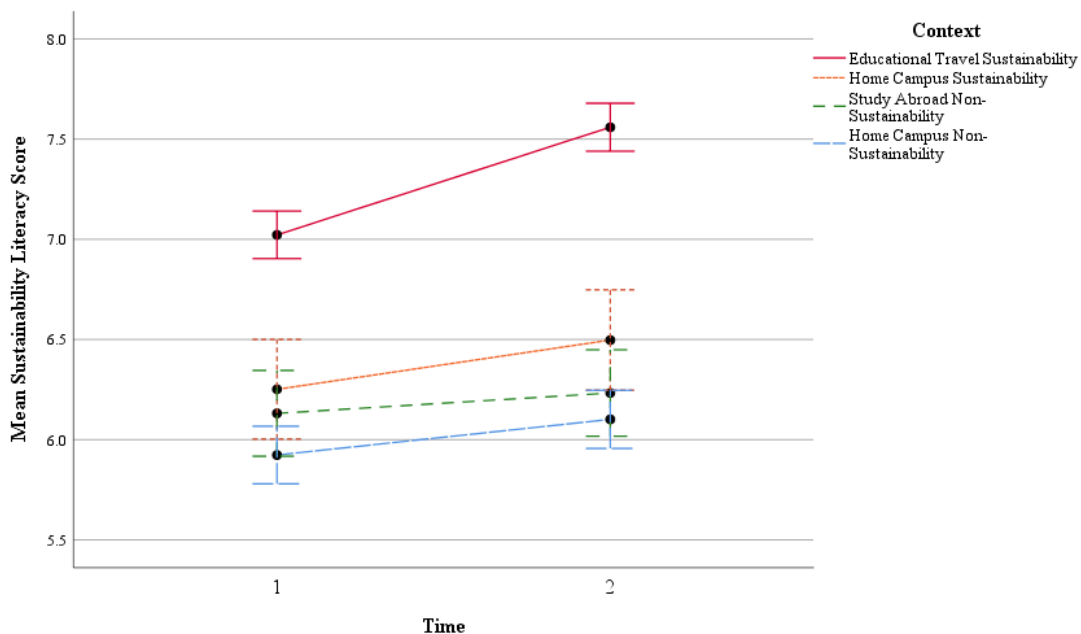
253

254 Table 2. Mean and Standard Deviation for Sustainability Literacy at Pretest and Posttest  
 255

Condition	Pretest M	S.D.	Posttest M	S.D.	N
Educational Travel Sustainability	7.02	1.40	7.56	1.26	769
Home Campus Sustainability	6.25	1.94	6.50	1.99	175
Study Abroad Non-Sustainability	6.13	1.76	6.23	1.92	236
Home Campus Non-Sustainability	5.92	1.91	6.10	2.00	523

256 Planned contrasts show no significant difference for gain in sustainability literacy score  
 257 between NSSA and NSHC (Difference estimate = 0.17, S.E. = 0.12,  $p > .05$ ), and we find no support for  
 258 H1 on that basis. SHC students showed greater gains in sustainability literacy score compared to  
 259 NSSA and NSHC students combined (Difference estimate = 0.28, S. E. = 0.13,  $p < .05$ ), supporting H2.  
 260 SETss students showed greater gains in sustainability literacy score compared to SHC, NSSA, and  
 261 NSHC students combined (Difference Estimate = 1.1, S.E.=0.08,  $p < .001$ ), supporting H3. These results  
 262 support the hypotheses that participation in sustainability-focused coursework will yield greater  
 263 growth in sustainability literacy than participation in non-sustainability coursework (Figure 1), and  
 264 that participation in educational travel focused on sustainability will yield greater growth in  
 265 sustainability literacy than all other modes of instruction examined in this study (Figure 1).

266



267

268 Figure 1. Mean Sustainability Literacy Scores at Pretest and Posttest by Context (error bars  
 269 represent 95% C.I.).

270 Bonferroni post-hoc analysis offers greater resolution on the relationship between individual  
 271 context categories. SETss students show significantly greater gain in sustainability literacy scores  
 272 than any other category (Table 3). The relationship between SHC, NSSA and NSHC is also

273 illuminated. SHC students show significantly greater gain in sustainability literacy score than NSHC  
 274 students, but not in comparison to NSSA students (Table 3).

275 Table 2.3. Pairwise Comparisons for Differences in Mean Sustainability Literacy Score Gain.

276

277 Note: differences = Column-Row; \* $p < .05$  after Bonferroni adjustment; SETss = Sustainability

SETss	SETss	SHC	NSSA	NSHC
SHC	0	0.92*	1.11*	1.28*
NSSA	-0.92*	0	0.19	0.36*
NSHC	-1.11*	-0.19	0	0.17

278 Educational Travel *sensu stricto*; SHC = Sustainability Home Campus; NSSA = Non-sustainability  
 279 Study Abroad; NSHC = Non-sustainability Home Campus.

#### 280 4. Discussion

281 Our results demonstrate that educational travel focused on sustainability is an effective means  
 282 of promoting growth in students' sustainability literacy over and above non-study abroad  
 283 sustainability and non-sustainability education. Students studying abroad in the field and  
 284 undertaking coursework recognized as contributing to campus sustainability initiatives  
 285 demonstrated significantly greater growth in sustainability literacy compared to contemporaries  
 286 engaged in more traditional courses of study. These results reflect the growth potential in a single  
 287 term of studying sustainability abroad and are, thus, a lower bound estimate in assessing the efficacy  
 288 of potential sustainability education efforts on campus. It remains to be seen what longer exposure  
 289 to sustainability focused educational travel may yield.

290 The link between educational travel and support for environmental policies has already been  
 291 established [59,36]. The acquisition of sustainability knowledge through experiential learning on  
 292 study abroad programs has already been investigated to some degree [47]. While post-program  
 293 evaluations of experiential learning programs report qualitative themes of sustainability, scales such  
 294 as the one employed here will allow us to acquire quantitative evidence for increases related to  
 295 so-called transformational programs. In addition, it is of interest whether aspects of the educational  
 296 travel model, e.g. experiential learning or reflective practices, are as effective at increasing  
 297 sustainability literacy if integrated into other curricula.

298 This research suggests studying abroad in the absence of sustainability-focused pedagogy may  
 299 provide similar benefits in terms of gains in sustainability literacy as studying sustainability on  
 300 home campus, although the differences are relatively small. It is plausible that this may be the  
 301 results of exposure to differing worldviews, to relationships formed within and with other cultures,  
 302 or to the experience of negotiating the complexities of unfamiliar societies. This result begs further  
 303 investigation within the context of sustainability education.

304

#### 305 Limitations

306 Although we feel that the results are promising, several limitations should be noted. First, the  
 307 sustainability literacy scale was comprised of a relatively low number of items. This was a deliberate  
 308 action in order to aid in the administration of the instrument (and correspondingly in the speed of  
 309 assessment delivery). A larger scale may enable better discrimination of scores and may improve the  
 310 overall ability of the scale to judge sustainability literacy. However, a tradeoff exists in item number  
 311 and cognitive burden in survey administration.



312 Second, we sampled only one type of sustainability study abroad program. Results from similar  
313 research on other sustainability study abroad approaches may differ from those presented here.  
314 Third, our sample consisted of undergraduate students at a southeastern university that may not be  
315 representative of the university population at large. Certainly, for study abroad programs,  
316 self-selection is always a concern with regards to randomization. Furthermore, the observation that  
317 SETss students started programs with sustainability literacy scores above other groups, and  
318 demonstrated greater gains, may be evidence for self-selected SETss students being pre-disposed to  
319 the subject matter of the course and thus more influenced by it.

320 Fourth, there is wide variability in the amount of sustainability-related material taught in the  
321 courses involved in this study. Quantification of the degree of program fidelity, and of the types and  
322 ratios of teaching/learning occurring in each course (e.g. experiential versus reflective), would  
323 increase the resolution of conclusions. Fourth, and intimately related to the previous point,  
324 instructor bias is a confounding variable whose effects are unknown.

## 325 5. Conclusions

326 As the world's population has increased, and competition for scarce resources has become more  
327 salient, sustainability has moved to the forefront of international and domestic discourse. It is now  
328 incumbent on higher education institutions to prepare graduates that can follow, understand, and  
329 meaningfully participate in that discourse. Many are making significant moves in that direction in  
330 curricula and in on-campus policy.

331 Institutions dedicated to sustainability education, and sustainability itself, can benefit from the  
332 ability to identify what type of content and pedagogy best deliver desired learning outcomes. In  
333 assessing students' functional knowledge regarding the social, economic, and environmental  
334 dimensions (Triple Bottom Line) of sustainability, this study provides some context for designing  
335 instructional programs that optimize or promote sustainability literacy (as a specific learning  
336 outcome). For example, study abroad programs are increasingly incorporating reflective exercises to  
337 promote engagement – designing programs that encourage student reflection with sustainability  
338 topics that have been learned/addressed in the field/overseas could yield promising functional  
339 knowledge outcomes.

340 However, education is only the tip of the sustainability iceberg. Giving students the required  
341 literacy, knowledge, and tools to engage with in the sustainability discourse is a small, but important  
342 step on the path to a populace capable of making wise decisions regarding the sustainability of the  
343 choices they make in their personal, and professional, lives.

344 **Author Contributions:** For research articles with several authors, a short paragraph specifying their individual  
345 contributions must be provided. The following statements should be used “Conceptualization, M. Tarrant and  
346 S. Ling.; methodology, M. Tarrant; validation, S. Ling and A. Landon; formal analysis, S. Ling, A. Landon.;  
347 investigation, S. Ling.; data curation, S. Ling and A. Landon; writing—original draft preparation, S. Ling.;  
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## 352 Appendix A

353 Survey instrument – Correct answers in bold, origin of question in parentheses (OSU=Ohio State  
354 University, UNC=University of North Carolina).

355

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356 Select the best answer from the following questions. Please check only one box.

---

357

358 SL1. What is meant by the term “carbon footprint”? (UNC)

- 359  The age of an item found at an archeological site  
360  The carbon left on the ground each time you take a step  
361  The size of the carbon chain in a given quantity of gasoline  
362  **The greenhouse gasses released by burning fossil fuels**  
363  Don't know

364

365 SL2. What is the term used for the technique to assess environmental impacts associated with all  
366 stages of a product's life from cradle to grave (resource extraction through usage and disposal or  
367 reuse)? (UNC)

- 368  An energy audit  
369  A cost-benefit analysis  
370  **A life-cycle assessment**  
371  A thermal system analysis  
372  Don't know

373

374 SL3. Which of the following is an example of sustainable forest management? (OSU)

- 375  Setting aside forests to be off limits to the public  
376  **Never harvesting more than what the forest produces in new growth**  
377  Producing lumber for nearby communities to build affordable housing  
378  Putting the local communities in charge of forest resources  
379  Don't know

380

381 SL4. Which of the following is the most commonly used definition of sustainable development?  
382 (OSU)

- 383  Creating a government funded system that ensures universal access to education,  
384 healthcare, and social services  
385  Setting aside resources for preservation, never to be used  
386  **Meeting the needs of the present without compromising the ability of future**  
387 **generations to meet their own needs**  
388  Building a neighborhood that is both socio-demographically and economically diverse  
389  Don't know

390

391 SL5. Workers around the world face a variety of social injustices, including low wages, poor  
392 working conditions, and lack of access to education. Of the following, what is the best way to help  
393 improve conditions for these workers? (OSU)

- 394  Purchase products from companies that do not allow workers to join labor unions  
395  Buy the newest products to keep factories around the world open  
396  **Learn about how companies conduct business prior to purchasing their products**  
397  Support large corporations because they generally have more money to pay their workers  
398  Don't know

399

400 SL6. Of the following, which would be considered living in the most environmentally sustainable

401 way? (OSU)

402  Recycling all recyclable packaging

403  **Reducing consumption of all products**

404  Buying products labeled “eco” or “green”

405  Buying the newest products available

406  Don’t know

407

408 SL7. Which of the following is the most commonly used definition of economic sustainability?  
409 (OSU)

410  Maximizing the share price of a company’s stock

411  **Long term profitability**

412  When costs equal revenue

413  Continually expanding market share

414  Don’t know

415

416 SL8. What is included when corporations report their triple bottom line? (UNC)

417  Three forms of financial reporting

418  **Environmental, social, and financial performance**

419  Offering health, dental, and vision care to employees

420  Incorporating community, labor, and government representatives on the board of directors

421  Don’t know

422

423 SL9. In order to support a local economy, which of the following is the best place to purchase  
424 goods? (OSU)

425  At large chain stores that may employ workers from the local community

426  Online from discount retailers

427  **From stores that sell locally-produced goods**

428  From second-hand/thrift stores

429  Don’t know

## 430 References

431 References must be numbered in order of appearance in the text (including citations in tables and legends)  
432 and listed individually at the end of the manuscript. We recommend preparing the references with a  
433 bibliography software package, such as EndNote, ReferenceManager or Zotero to avoid typing mistakes  
434 and duplicated references. Include the digital object identifier (DOI) for all references where available.

435

436 Citations and References in Supplementary files are permitted provided that they also appear in the  
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440 for example [1], [1–3] or [1,3]. For embedded citations in the text with pagination, use both parentheses  
441 and brackets to indicate the reference number and page numbers; for example [5] (p. 10), or [6] (pp.  
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