

# MARCH MEATLESS MONDAYS

*"MMM is...delicious"*

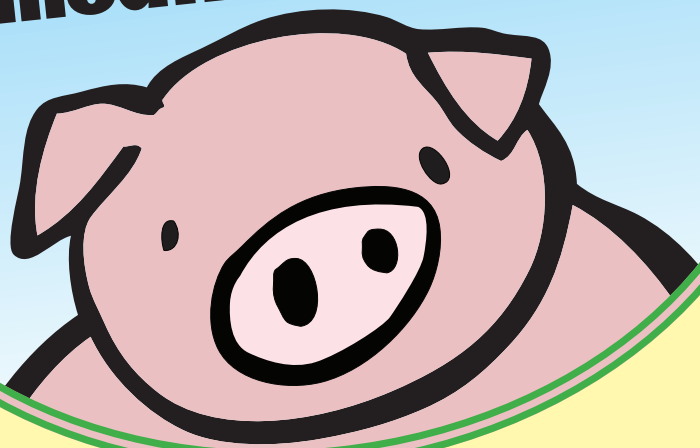
First three Mondays of March

## March 5, 12 & 19

Center Building Food Court, Main Campus

Veggie items will be discounted at every food station

**Take a  
big fat break—  
go meatless Monday**



Why:

**1. Health**

Reduce risk for: cancer, heart disease, diabetes, obesity

**2. Environment**

Reduce: Your carbon footprint, water usage, fossil fuel dependence

**3. Economy**

Save money by buying less meat products.

How:

By committing to have a meat free day every Monday of the year.

**\$.50 OFF**

- Veggie Breakfast Burrito
- Meatless Pizza Slice

**\$1 OFF**

- Black Bean Burger
- Meatless Burritos
- Nachos or Bean and Rice Bowls
- Meatless Made to Order Salad

**••• \$4 March Special •••  
Veggie Burger with Fries**

 **Lane**  
Community College <sup>SM</sup>

To request accommodations that will facilitate your full participation in this event contact the Center for Accessible Resources at least one week in advance at (541) 463-5150 or [accessibleresources@lanec.edu](mailto:accessibleresources@lanec.edu).