

2020 GOOD CENT\$ WELLNESS INCENTIVE PROGRAM

Get Healthy. Stay Healthy. Live Better.

The Bryant Good Cent\$ Wellness Incentive Program is designed to reward eligible BCBSRI members who adopt and maintain healthy behaviors as a way of life. Eligible Faculty and Staff who participate in designated wellness programs in 2019 can accumulate points in order to save \$300 dollars on their 2020 health care premiums!

Participation is tracked on the BCBSRI Virgin Pulse Portal.

Also, employees who meet certain levels will be entered into a quarterly raffle to win prizes!

Employees ➔ \$300 discount on 2020 BCBSRI Annual Premium

Spouse ➔ \$100 premium credit to employee's paycheck in March 2020

Requirements	Employee	Spouse/ Domestic Partner
Annual Well Visit Points	5,000	5,000
Additional Wellness Incentive Points	5,000	3,000
TOTAL POINTS NEEDED	10,000	8,000

WAYS TO EARN POINTS FOR 2020 WELLNESS INCENTIVE PROGRAM

***AS A BONUS, EMPLOYEES AND SPOUSAL/DOMESTIC PARTNERS ARE ELIGIBLE TO PARTICIPATE IN QUARTERLY INCENTIVE RAFFLES**

Level 1	500 points	\$25 gift card
Level 2	5,000 points	\$50 gift card
Level 3	10,000 points	\$75 gift card
Level 4	15,000 points	\$100 gift card

5000

ANNUAL WELL VISIT - PRIMARY REQUIREMENT

(COMPLETED BETWEEN OCT 1, 2018 - SEPT 30, 2019)

2500

DENTAL EXAM (COMPLETED BETWEEN OCT 1, 2018 - SEPT 30, 2019)

1500

HEALTH ASSESSMENT (COMPLETED BETWEEN FEB 1, 2019 - NOV 30, 2019)
(Found on Virgin Pulse portal)

1000

NICOTINE FREE AGREEMENT (Found on Virgin Pulse portal)

500

WELLNESS CLINIC PARTICIPATION (November 6, 2019 Unistructure)

500

VISION EXAM (ONLY VALID THRU BCBSRI - IF USE VSP, PLEASE SEE HR)

300

ON-SITE WELLNESS SEMINARS

100

10,000 STEPS A DAY

100

COMPANY CHALLENGE PARTICIPATION

100

WEBINAR PARTICIPATION

Employee Incentive will be applied to premium deductions from January 2020 to December 2020.

PLEASE NOTE: Only the names and dates of service of eligible members who participated in the Bryant Good Cent\$ Wellness program will be shared with Bryant University. The Health Insurance Portability and Accountability Act (HIPAA), signed into federal law in 1996, sets national standards regarding security and privacy of a person's health information and defines provisions for electronic data interchange.