

# Sustainable Event Planning at Knox College

Choose five or more of these actions to make your next event more sustainable.

## Food & Drinks

Caterers/Food Trucks

- Choose a caterer or food source that supports sustainable options, like <u>Bon Appetit</u> at Knox.
- Communicate with your caterers about how and why you would like to host a more sustainable event.

#### Menu options

- Create a plant-powered menu with primarily vegetarian and vegan options.
- □ Provide fresh and healthy menu options, including **local** & seasonal produce grown or produced within 150 miles. If catering through Bon Appetit, ask about the possibility to use Knox farm produce.
- □ Look for <u>eco-certified labels</u> to serve more sustainable foods, like certified organic, free-range, fair trade. For reference, look at these guides from <u>EcoWatch</u> or <u>Spruce Eats</u>

#### Packaging

- Choose to serve food & beverages plated or buffet-style to avoid individually packaged items.
- Avoid offering individual single use bottles of water and other items with lots of packaging. Encourage people to bring their own beverage containers or provide cups from the <u>RE-USE</u> kit that people can refill in nearby water filling stations.

#### Serviceware

- Avoid single-use disposable utensils/dishes (paper, plastic, styrofoam) and/or encouraging attendees to bring their own reusable beverage bottles, utensils, and containers.
- Choose the <u>RE-USE kit</u> provided by the Office of Sustainability. The <u>RE-USE KIt</u> can accommodate 60 individuals and includes reusable plates, bowls, cups, and utensils).
- Request caterer or delivery service to not include disposable items like utensils, cups, plates, and condiments. Request other options.
- ☐ If single use utensils/dishes are needed, use <u>BPI certified compostable</u> materials and ensure you are providing and managing compost receptacles at the event (more information in the waste section).
- ☐ If reusables and compostables aren't accessible for your event, buy dishes and/or utensils recyclable in Galesburg or made from 100% recycled content.

#### Food Waste/Food Recovery

- Avoid over-ordering food by requiring event registration
- □ Recover any leftover food
  - □ Encourage attendees to take home leftover food that hasn't been put out.
  - Communicate with the Office of Sustainability to get a food scrap compost bucket and/or choose to participate in the <u>Community Scale Composting Program</u>
  - Event organizers should contact FRN or the <u>Office of Sustainability</u> if leftover food is anticipated. Individually box/wrapped foods and potentially buffet-style foods can be accepted. Alternatively, Knox's Free Food GroupMe allows event organizers to quickly advertise unexpected leftover food to students.
- Participate in the Community Scale Composting Program at Knox farm.

## **Event Marketing & Communication**

#### Before event (requests)

- □ Request in pre-event communication that event attendees bring their own reusable plates, mugs, cups, utensils, etc. (if reusables are not being provided)
  - o Example: "In an effort to reduce single-use waste at this event, we encourage everyone to consider bringing their own reusable [insert item] to enjoy the food and beverages."
- Request in pre-event communication that event attendees bring their own reusable food containers to take home leftover food.
- □ Inquire into attendee dietary restrictions and accessibility needs during event registration.

#### Before event (advertising)

- Promote using only paper-free marketing methods, including listservs, events calendars, social media, digital screens, chalk, word of mouth, etc.
- □ Ensure any printed material is on 100% recycled content or FSC-certified paper
- Reduce paper use. Use half/quarter sheets or printing double-sided when appropriate, then recycle all paper flyers after the event (avoid laminating so you can recycle it).
- □ Visit the <u>Share Shop</u> for acquiring decorations and/or donate your decorations after your event.
- □ Purchase reusable materials like banners & tablecloths. Avoid including one-time dates or slogans on materials so materials can be reused. Donate used items to Share Shop.

#### During event (announcements)

- Avoid individual programs by encouraging attendees to take photos of centralized programs on tables or near entrances (e.g. poster-sized), and/or use digital programs
- Announce instructions at the beginning of the event for how to manage materials: landfill, recycle, and organics/food scrap collection at the venue

# Purchasing

Choosing items

- Replace material prizes (i.e. swag, giveaways, or low-quality and single use plastic merchandise) with experiences, services, reusable items or gift certificates to campus vendors or local businesses
- Ensure any purchased items are durable and useful to attendees over time
- Purchase items that are eco-certified and ethically made (e.g. climate pledge friendly, Fair Trade)

### Choosing companies

Select vendors with a public commitment to sustainability, transparent working conditions, and ethical sourcing practices

# Waste/Material Stream

- □ For small events, (under 75 people), work with your caterer or the Office of Sustainability to pick up appropriate waste receptacles (including food scrap bins, compost receptacles, and/or recycling bins).
- Secure event monitors to ensure guests understand how to sort their waste/materials and avoid contamination. Ask people participating in your event to volunteer for this.
- Post appropriate signage above waste bins for guests to reference when sorting their waste into bins. Request appropriate signage from the caterer. Contact the Office of Sustainability to request a pdf of signage for Organic Recycling/Compostables, Recycling, and Landfill.
- □ For large events, request proper landfill and recycling bins from Facilities. Work with Bon Appetit and/ or the Office of Sustainability to provide a management plan for food scrap bins and composting bins. This can only be done if there is available staff and may be an additional cost with Bon Appetit.
- □ Confirm that the caterer will recycle and/or appropriately manage all materials.