

## ABOUT THE WELL WORKPLACE AWARDS INITIATIVE

To advance an aggressive national worksite wellness agenda, WELCOA has developed the Well Workplace Awards initiative. The Well Workplace Awards initiative is driven by a rigorous set of criteria. Since its inception in 1991, approximately 1,000 corporations, healthcare systems, public agencies, and educational institutions—employing over one million people—have met those criteria and been recognized as some of America's Healthiest Companies.



#### ABOUT THE WELLNESS COUNCIL OF AMERICA

The Wellness Council of America is one of North America's most trusted voices on the topic of worksite wellness. With over two decades of experience, WELCOA is widely recognized and highly regarded for its innovative approach to worksite wellness. Indeed, through their nationally recognized *Well Workplace* awards initiative, WELCOA has helped hundreds of companies transform their corporate cultures and improve the health and well-being of their most valuable asset—their employees.

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Lawrence University



# HOW YOUR COMPANY MEASURES UP

Capturing CEO Support (28 PTS POSSIBLE)

The first benchmark of a results-oriented wellness program is strong CEO-level leadership. Indeed, it has been our experience at WELCOA that when the CEO gets behind the wellness initiative things begin to change. Based on the answers and documentation provided in your submitted Well Workplace Application, your organization's score for Benchmark 1 is:

YOUR POINT TOTAL

28

2 Creating Cohesive Wellness Teams (28 PTS POSSIBLE)
The second benchmark of a results-oriented wellness program is a cohesive wellness team.

Indeed, history is replete with the stories of companies whose wellness programs have failed because they did not engage multiple constituents within the organization. Based on the answers and documentation provided in your submitted Well Workplace Application, your organization's score for Benchmark 2 is:

27.67

3 Collecting Data to Drive Health Efforts (28 PTS POSSIBLE)
The third benchmark of a results-oriented wellness program is collecting data to drive

health efforts. Data collection may very well be the most important benchmark in the entire Well Workplace process. Based on the answers and documentation provided in your submitted Well Workplace Application, your organization's score for Benchmark 3 is:

28

4 Crafting An Operating Plan (24 PTS POSSIBLE)
The fourth benchmark of a results-oriented wellness program is the crafting of an operating plan. The operating plan is the central document that serves as the key piece of communication that defines what your wellness program expects to accomplish. Based on the documentation provided in your submitted Well Workplace Application, your organization's score for Benchmark 4 is:

24

Choosing Appropriate Interventions (24 PTS POSSIBLE)
The fifth benchmark of a results-oriented wellness program is choosing the appropriate health

promotion interventions. Because your interventions are based on the data you collected, your program is much more likely to succeed. Based on the answers and documentation provided in your submitted Well Workplace Application, your organization's score for Benchmark 5 is:

23.57

Creating A Supportive Environment (24 PTS POSSIBLE)
The sixth benchmark of a results-oriented wellness program is creating a supportive, healthpromoting environment. A supportive environment will lend a "helping hand" to employees who are looking to change behaviors for the better. Based on the answers and documentation provided in your submitted Well Workplace Application, your organization's score for Benchmark 6 is:

24

Consistently Evaluating Outcomes (24 PTS POSSIBLE)

The seventh benchmark of a results-oriented wellness program is consistently evaluating outcomes. Evaluation is the key benchmark that holds the other six areas accountable for outcomes. Based on the answers and documentation provided in your submitted Well Workplace Application, your organization's score for Benchmark 7 is:

24

**PLATINUM** 179+

**GOLD** 174-178

**SILVER** 168-173

**BRONZE** 162–167

TOTAL SCORE:



## WELL WORKPLACE AWARD YOUR COMPANY'S LEVEL OF DESIGNATION



#### Platinum (179+ PTS)

Platinum Well Workplaces have distinguished themselves as leaders and innovators in the workplace health promotion arena. Platinum Well Workplaces have demonstrated exemplary implementation of all seven benchmarks.



YOUR DESIGNATION



#### **Gold** (174–178 PTS)

Gold Well Workplaces are companies that have successfully built comprehensive worksite wellness initiatives and are demonstrating and documenting concrete outcomes.

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### **Silver** (168–173 PTS)

Silver Well Workplace Award Winners have demonstrated that their workplace is supportive of employees' efforts to modify health risks and improve overall health and well-being.

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#### **Bronze** (162–167 PTS)

Bronze Well Workplace Award Winners are recognized because they have created a solid foundation which will allow wellness initiatives to grow and flourish in the vears ahead.





## Your Application Needs Revision(s)

Your Well Workplace Award Application did not meet the requirements as set forth by the guidelines and reviewers of WELCOA. We encourage you to revise your application and to resubmit it during the next review cycle.



### WELL WORKPLACE AWARD VERIFICATION:

I certify that this organization has met the requirements for WELCOA's Well Workplace Award and shall be recognized among the elite group of America's Healthiest Companies. This certification shall remain current for 36 months from the time of this designation.



10/12/2018

Ryan Picarella Wellness Council Of America (WELCOA) Date