

# RESOURCES FOR LGBTQ STUDENTS

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“ Hope will  
never be  
silent.”  
-Harvey Milk  
First openly gay  
person elected  
to public office,  
1977



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## CLUBS, ORGANIZATIONS, RESOURCES

### Eric Rofes Multicultural Queer Resource Center

Warren House 53  
[therc@humboldt.edu](mailto:therc@humboldt.edu)  
[www.humboldt.edu/erc](http://www.humboldt.edu/erc)

Aims to create a focus of learning about issues facing the queer community and to bring students, faculty, and staff together for advocacy and education. Four paid student positions available each year.

### Gender Neutral Bathrooms

[www.humboldt.edu/qweerss/neutral.html](http://www.humboldt.edu/qweerss/neutral.html)

### Gender Neutral Housing

[housing@humboldt.edu](mailto:housing@humboldt.edu)  
[www.humboldt.edu/housing/communities.html#gender](http://www.humboldt.edu/housing/communities.html#gender)  
(707) 826-3451

Intentional living community affirming the cultural experiences of LGBTIQ residents and their allies.

### HSU Safe Space

[safespace@humboldt.edu](mailto:safespace@humboldt.edu)  
[www.humboldt.edu/safespace](http://www.humboldt.edu/safespace)

A welcoming, supportive and safe environment for LGBT community members, offering trainings on what it means to be an ally for the LGBT community.

### Q&A (Queers & Allies) Residence Hall Organization

[housing@humboldt.edu](mailto:housing@humboldt.edu)  
(707) 826-3451

### Queer Student Union

[qsu@humboldt.edu](mailto:qsu@humboldt.edu)

Aims to create a safe, open, and confidential atmosphere where persons of all sexual and gender identities can gather to discuss important issues and make new friends. Allies welcome!

## COMMUNITY ORGANIZATIONS AND RESOURCES

### College of the Redwoods Queer Student Union

[tyuhas205@gmail.com](mailto:tyuhas205@gmail.com)  
[www.facebook.com/groups/2149153445289700](http://www.facebook.com/groups/2149153445289700)

Meets every Monday at 4:30 in Creative Arts (CA) room 109 at College of the Redwoods.

### Del Norte GLBT

[www.lesbiansatorio.org/DN.html](http://www.lesbiansatorio.org/DN.html)

Resources for the gay and lesbian community of Del Norte County.

### Dyke Hike

Monthly hikes. For more information, call Sue at (707) 822-3405.

### Eureka Sisters of Perpetual Indulgence

[sisterfawn@eurekasisters.org](mailto:sisterfawn@eurekasisters.org)  
[www.eurekasisters.org](http://www.eurekasisters.org)

Monthly meetings every 3rd Sunday, 9-11 am, Community Wellness Center conference room, 908 7th St, Eureka.

### GenderQueer Coffee

[legato.blues@gmail.com](mailto:legato.blues@gmail.com)

Meets on 1st and 3rd Tuesday of every month, 7pm, Old Town Coffee and Chocolates, 211 F Street, Eureka. All welcome.

### Girls' Space

[www.facebook.com/ravenproject](http://www.facebook.com/ravenproject)  
(707) 443-7099

A safe space for young women (ages 10-21) to explore, empower, and express themselves. Meets Wednesdays from 6:30-8:30pm at Raven, 523 T Street, Eureka.

### Humboldt Pride

[www.humboldtpride.org/](http://www.humboldtpride.org/)  
[www.facebook.com/humboldtpride](http://www.facebook.com/humboldtpride)  
(707) 223-2591

Strives to educate the public about issues concerning lesbian, gay, bisexual, transgender, and sexually ambiguous persons to eliminate discrimination and prejudice.

## Humboldt Unity Transgender Discussion Group

[karin.redcrow@gmail.com](mailto:karin.redcrow@gmail.com) or  
[imalive505@gmail.com](mailto:imalive505@gmail.com)

Karin at (707) 307-3988 or Loren at  
(707) 476-0758

A support group for transgender, intersex, and questioning individuals, their allies, families and loved ones. Online forum is also available.

## The L-Word

[www.lword.mamajudy.com](http://www.lword.mamajudy.com)

A monthly publication written by and for local queers, highlighting local and international events and hot topics.

## PFLAG (Parents and Friends of Lesbians and Gays)

[shap28@gmail.com](mailto:shap28@gmail.com)  
(707) 768-3287

Meets at 6:30pm every second Monday, First Congregational Church, 900 Hodgson Street, Eureka.

## Safe Space National LGBTQ Resources

[www.humboldt.edu/safespace/national.html](http://www.humboldt.edu/safespace/national.html)

Links to national LGBTQ resources on a variety of topics.

## Trikone

[www.trikone.org](http://www.trikone.org)

Serves as a resource and an advocate for the South Asian LGBTQ community. Based in the Bay Area.

## Queer and Ally Alike Open Mic

Every Saturday, 2:30 to 4:00pm,  
at Couple Cups, 1603 G Street,  
Arcata.

“ A flower cannot blossom without sunshine, and man cannot live without love.”

**-Max Muller**  
German educator

## Queer Humboldt

[info@queerhumboldt.org](mailto:info@queerhumboldt.org)  
[www.queerhumboldt.org](http://www.queerhumboldt.org)

Humboldt County's resource for the queer community.

## Queer Night Out

Dinner and social fun every Thursday, 6:30-9pm at The Alibi, 744 9th Street, Arcata. Look for us at the back tables.

## Queer Youth Coffeehouse

<http://rcaa.org/division/youth-service-bureau/program/raven-project-street-outreach-program>  
[www.facebook.com/ravenproject](http://www.facebook.com/ravenproject)  
(707) 443-7099

A safe space for youth (ages 10-21) who are queer, questioning, or allied to hang out and have fun. Meets Tuesdays from 6:30-8:30pm at Raven, 523 T Street, Eureka.

## HEALTH/WELLNESS MEDICAL SERVICES

### Jennifer Saffen, Marriage and Family Therapist (Arcata)

To schedule an appointment, call (707) 616-7141 or e-mail [jes@humboldt1.com](mailto:jes@humboldt1.com)

Specializing in sexual orientation, coming out, and other issues for the queer community.

### Stuart Altschuler, Marriage and Family Therapist (Ferndale)

[stuart@mfcc.com](mailto:stuart@mfcc.com)  
(707) 786-9727

Stuart has a holistic approach that integrates individual emotional, psychological, and spiritual needs. He has extensive experience with the queer community.

### North Coast AIDS Project (NorCAP)

529 I Street, Eureka  
[humboldt.gov.org/192/Department-of-Health-Human-Services](http://humboldt.gov.org/192/Department-of-Health-Human-Services)  
(707) 268-2132

AIDS education and prevention, direct services for people living with HIV/AIDS.

## Transgender Health Clinic

770 10th Street, Arcata  
(707)826-8610  
[humboldtprojecthealth@gmail.com](mailto:humboldtprojecthealth@gmail.com)

At the Humboldt Open Door Clinic,  
1:30-4:30pm, 1<sup>st</sup> Tuesday of every  
month.

## LGBTQ-FRIENDLY FAITH ORGANIZATIONS

(as listed on [humboldtpride.org](http://humboldtpride.org))

### Arcata Zen Group

[www.arcatazengroup.org](http://www.arcatazengroup.org)

A Zen Buddhist group which wel-  
comes anyone to participate with  
them in sitting & walking meditation.  
Regular group meditations in  
Arcata, Eureka, and Westhaven.

## Arcata United Methodist Church

1761 11th Street, Arcata  
[arcataumc@sbcglobal.net](mailto:arcataumc@sbcglobal.net)  
[www.arcataumc.org](http://www.arcataumc.org)  
(707)822-1963

## Cavalry Lutheran Church

716 South Ave, Eureka  
[www.calvaryeureka.com/#!contact/ckdp](http://www.calvaryeureka.com/#!contact/ckdp)  
(707) 443-1575

## DignityUSA

[www.dignityusa.org](http://www.dignityusa.org)

National organization working for  
respect and justice for people of  
all sexual orientations, genders,  
and gender identities in the  
Catholic Church.

## Eureka 1st Congregational United Church of Christ

Services Sunday at 10:30am.  
900 Hodgson, Eureka  
[www.eurekaucc.org](http://www.eurekaucc.org)  
(707) 445-5488



I'm not going to die because I failed as someone else.  
I'm going to succeed as myself."

**-Margaret Cho**  
Comedian/author/actress

## Eureka Mindfulness

First Christian Church,  
730 K Street in Eureka.  
(707) 442-2824

Mindfulness meditation and dharma discussion. Meets 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of each month.

## Evangelicals Concerned

[ECHumboldt@aol.com](mailto:ECHumboldt@aol.com)  
(707) 826-0518

A non-denominational, evangelical community that is a safe place for gay, lesbian, bisexual and transgender Christians to reconcile and integrate their faith and sexuality.

## Humboldt Unitarian Universalist Fellowship

24 Fellowship Way (off Jacoby Creek Road), Bayside  
[www.huuf.org](http://www.huuf.org)  
(707) 822-3793

Gay-friendly, non-denominational church.

## St. Alban's Episcopal Church

1675 Chester Avenue, Arcata  
[www.stalbansarcata.org](http://www.stalbansarcata.org)  
(707)-822-4102

## Temple Beth El

Hodgson and T Streets, Eureka  
[templebetheeureka.org](http://templebetheeureka.org)  
(707)-444-2846

Affiliated with the Union of Reform Judaism (URJ), with members from a variety of Jewish backgrounds. Services and events attempt to accommodate all members.

## BROADCAST/RADIO STATIONS

### The QWIRE

[www.facebook.com/pages/QWIRE-Radio-Show/478627595470](http://www.facebook.com/pages/QWIRE-Radio-Show/478627595470)

A local discussion segment on LGBTQ issues.

## **COURSES/DEPARTMENTS/ MAJORS**

### **Critical Race, Gender & Sexuality Studies (CRGS) Major**

[www.humboldt.edu/crgs](http://www.humboldt.edu/crgs)

### **Multicultural Queer Studies Minor**

[www.humboldt.edu/crgs/minors.html](http://www.humboldt.edu/crgs/minors.html)

ANTH 315/WS 315: Sex, Gender  
& Globalization

ANTH 430/WS 430: Queer  
Across Cultures

COMM 309B/WS 308B: Gender &  
Communication

CRGS 108: Power/Privilege:

Gender and Race, Sex, Class

EDUC 318/WS 318: Gay &  
Lesbian Issues in Schools

PSYCH 436/WS 436: Human  
Sexuality

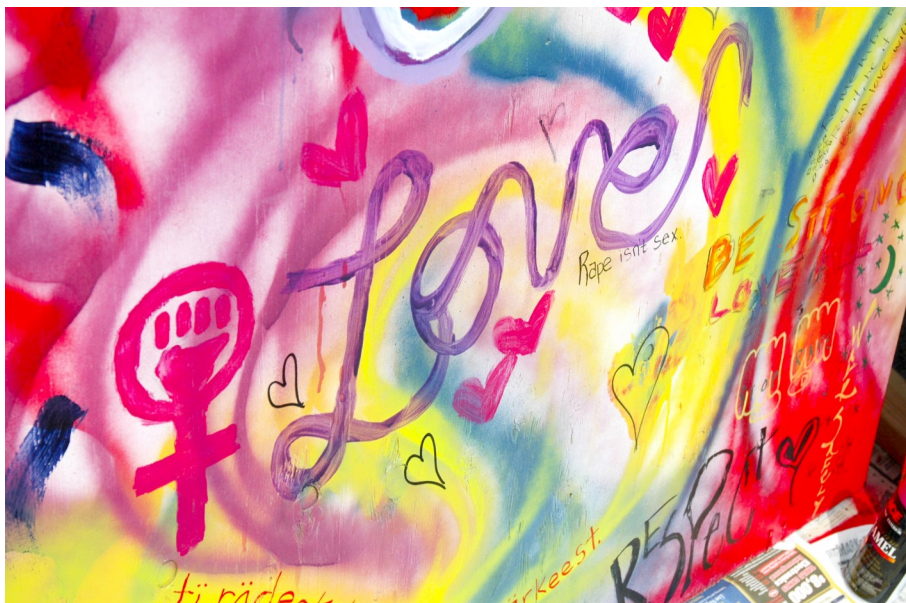
SOC 316/WS 316: Gender &  
Society

WS 306/FREN 306/GERM 306/

SPAN 306: Sex, Class & Culture:

Gender & Ethnic Issues in  
International Short Stories

WS 370: Queer Women's Lives





# EVENTS CALENDAR

LGBTQ Community

For a more extensive listing of multicultural events on campus, please refer to the events calendar in the Resources for All Students section of this resource guide.

## SEPTEMBER

### Multicultural Convocation

Annual event that aims to help students get acquainted with cultural clubs and social justice programs; meet supportive staff, faculty, and administrators; meet new and returning students; and begin building community at HSU.

Coordinated by: MultiCultural Center  
[www.humboldt.edu/multicultural](http://www.humboldt.edu/multicultural)  
(707) 826-3364

### Creating Community Receptions

An opportunity for students to connect, make friends, build community, and meet supportive faculty and staff within a given cultural group. Receptions are usually held for the Asian/Pacific Islander, Black/African American, Latin@, Native American, and Queer communities. Events are open to all who identify with and/or support each community.

Coordinated by: MultiCultural Center  
[www.humboldt.edu/multicultural](http://www.humboldt.edu/multicultural)  
(707) 826-3364

## OCTOBER

### Q-Fest (The Qross Cultural Queer Film Festival)

A film festival event focused on promoting ongoing dialogue about sexuality.

Coordinated by: MultiCultural Center, Eric Rofes Multicultural Queer Resource Center, Queer Student Union, and Women's Resource Center  
[www.humboldt.edu/multicultural](http://www.humboldt.edu/multicultural)  
(707) 826-3364

### National Coming Out Day

Celebrates individuals who identify as LGBTQ, or who are allies to individuals from the LGBTQ community, and provides a venue for students to connect with queer-friendly resources and support.

Coordinated by: The Eric Rofes Multicultural Queer Resource Center, Queer Student Union, The Multicultural Center, Student Health Center, and the Critical Race, Gender, & Sexuality Studies Dept.  
[www.humboldt.edu/multicultural](http://www.humboldt.edu/multicultural)  
(707) 826-3364

## NOVEMBER

### Campus Dialogue on Race

Series of workshops, events, discussions, and film screenings that seek to enhance mutual understanding of issues surrounding race, gender, sexuality, ability and class.

*Academic credit available.*

Coordinated by: MultiCultural Center

[www.humboldt.edu/dialogue](http://www.humboldt.edu/dialogue)

(707) 826-3364

## MARCH

### Social Justice Summit

The Social Justice Summit is a 2-day event that promotes social change through workshops, discussions, speaker panels, and presentations.

*Academic credit available.*

Coordinated by: Multicultural Center

[www.humboldt.edu/multicultural](http://www.humboldt.edu/multicultural)

(707) 826-3364

## National Day of Silence

An internationally observed civil awareness day celebrating LGBTQ individuals who publically identify as gay, lesbian, bisexual, transgender and/or queer.

HSU students, clubs, staff, faculty and community members come together to “break the silence” about sexual orientation and/or gender identity in the Art/UC Quad.

Coordinated by: Eric Rofes

Multicultural Queer Resource Center, and the Queer Student Union

[theerc@humboldt.edu](mailto:theerc@humboldt.edu)

[www.humboldt.edu/erc](http://www.humboldt.edu/erc)

## MAY

### Cultural Graduation Celebrations

Graduation celebrations for the various communities on campus. Celebrations are usually held for the Asian/Pacific Islander, Black/African American, Latin@, Native American, and Queer communities.

Coordinated by: MultiCultural Center

[www.humboldt.edu/multicultural](http://www.humboldt.edu/multicultural)

(707) 826-3364

# Community Contacts (HSU Staff and Faculty)

*Each individual listed has expressed interest in serving as a resource for students, and has granted us permission to include their contact information on these pages.*

## Jana Ashbrook

Housing

[jana.ashbrook@humboldt.edu](mailto:jana.ashbrook@humboldt.edu)

## Jennifer Eichstedt

Sociology/Diversity and Inclusion

[jennifer.eichstedt@humboldt.edu](mailto:jennifer.eichstedt@humboldt.edu)

## Eliot Baker

Recreation and Wellness Center

[Eliot.Baker@humboldt.edu](mailto:Eliot.Baker@humboldt.edu)

## Mira Friedman

Health Center

[Mira.Friedman@humboldt.edu](mailto:Mira.Friedman@humboldt.edu)

## Sue Buckley

Housing

[Susan.Buckley@humboldt.edu](mailto:Susan.Buckley@humboldt.edu)

## Bella Gray

Office of the Registrar

[bella@humboldt.edu](mailto:bella@humboldt.edu)

## Loren Cannon

Philosophy/CRGS

[loren.cannon@humboldt.edu](mailto:loren.cannon@humboldt.edu)

## Jan Henry

Recreational Sports

[Jan.Henry@humboldt.edu](mailto:Jan.Henry@humboldt.edu)

## Rob Christensen

Associated Students

[robert.christensen@humboldt.edu](mailto:robert.christensen@humboldt.edu)

## Nathan Meints

Housing & Dining

[Nathan.Meints@humboldt.edu](mailto:Nathan.Meints@humboldt.edu)

## Pat Comella

Facilities

[pat.comella@humboldt.edu](mailto:pat.comella@humboldt.edu)

## Clint Rebik

Office of the Registrar

[clint.rebik@humboldt.edu](mailto:clint.rebik@humboldt.edu)

## Tay Triggs

Student Engagement  
and Leadership

[tay.triggs@humboldt.edu](mailto:tay.triggs@humboldt.edu)

## Nicki Viso

Housing

[nicki.viso@humboldt.edu](mailto:nicki.viso@humboldt.edu)

## Janet Winston

English/CRGS

[winston@humboldt.edu](mailto:winston@humboldt.edu)



Someone missing? Should you or someone you know be included on this list?

Please email us at [diversity@humboldt.edu](mailto:diversity@humboldt.edu)