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To: AASHE STARS Program Committee
From: Stacy Connell, Associate Director, University Recreation
Subject: Letter of Affirmation – Innovation Credit
Date: December 7, 2015

NC State University charged the first University Wellness Task Force this past summer to create and maintain a culture that supports and promotes the overall wellness of NC State students, faculty and staff. This group is working as quickly as possible to build a solid foundation for the campus's wellness efforts.

The charge of the University Wellness Task Force is to complete the following initiatives:

- Conduct a formal audit of wellness programming and develop plans to improve coordination and promotion of those efforts
- Develop a wellness website to serve as the virtual hub for all wellness related content
- Establish NC State targets for Healthy Campus 2020 objectives based on current data
- Establish a campus culture of wellness through programming and environment development that fosters healthy decision-making

NC State is focusing on the areas of career, physical, financial, emotional, social and community wellness.

Currently, the University Wellness Task Force has completed a thorough audit of all wellness initiative boasting over 100 existing wellness programs, services, events on campus. This audit is being used to determine requirements for the wellness domain of the new co-curricular transcript for students. Additionally, the audit is serving as the bulk of the content for the wellness website.

The University Wellness Task Force formed a subcommittee to begin the initial planning for the new wellness website. This website will serve as the central clearinghouse for all campus wellness related information. Website content has been determined and has now entered the design phase. It is expected that this website will go live at the end of summer 2016.

The formation of the University Wellness Task Force has allowed for NC State to place resources that demonstrate the commitment to the health and wellness of the campus community. The foundation is being built and NC State is confident that wellness is being elevated as campus priority.