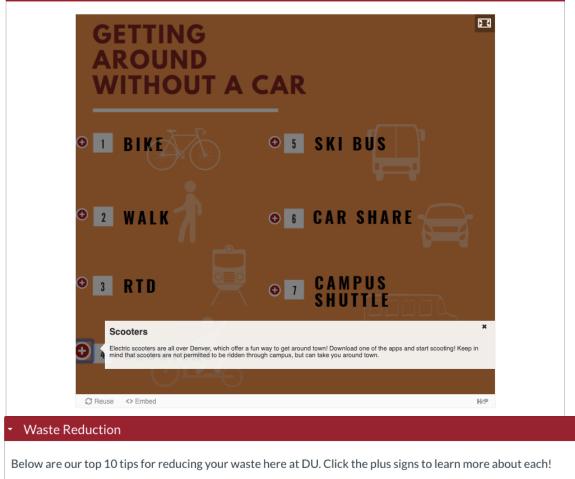
Screenshots from the internal orientation materials that all students had to complete as a part of their orientation.

Mindful Mobility



Top 10 tips for reducing	
your waste	
⊕ 1 Reusable bags	Only take what you'll eat
O Reusable water bottles ○	Ditch straws
G 3 Reusable coffee mug G 8	Double-sided printing
• Reusable plates and silverware	Use cloth hand towers
Get some reusable plates and silverware for your on the disposable stuff, and keep a bunch of trash the DU thirft store!	
© Reuse → Embed	H-P

S Zoom In: Environmental Well-being



Taking care of ourselves and others also means understanding how our actions impact the environment and others locally and around the world. We each directly affect our air and water quality, climate, plant and animal biodiversity, and our amazing public parks and greenspaces. These are all valued components of the Colorado lifestyle; personal and environmental wellness that we hope to preserve for everyone. At DU we recognize sustainability as a core University value and one of the greatest challenges of our time to ensure a just and sustainable future for all. Click here ω to learn more about DU's commitments to sustainability.

There are many ways that YOU as an individual can help the University with its sustainability goals. Take a look at our waste reduction and mindful mobility sections below, where you will learn some smart packing tips to think about as you prepare for coming to campus.

🔊 How DU can help you reduce your footprint

The University is committed to helping you reduce your environmental impact which is why we offer:



- <u>RTD</u> *e* passes for every student and staff member, so you can utilize the Denver public transportation system free of charge - so feel free to leave your car at home! (and save on parking passes).
- The Campus Bike Shop in the basement of Nagel, where we will tune your bike for free if it is registered with Parking and Mobility Services (<u>Do this now!</u> a).
- A reusable grocery bag for you to keep, that will double as your check-in bag provided at Discoveries Orientation.
- A Thrift Store at Discoveries Orientation, so you can save your dollars and reduce consumption by purchasing commonly
- needed, lightly-used dorm room items that have been donated from last year's students.
- Water refill stations for your water bottles in nearly every building on campus and discounts at on-campus coffee shops if you bring your own travelers mug.
- Ski Buses to the mountains every weekend in winter so you can share a ride with your friends and reduce your impact on our Colorado mountains.