

# Sustainability

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The Office of Sustainability works in collaboration with the MacEwan community to advance the economic integrity, cultural vitality, social equity, and ecological responsibility of our institution as a whole. Our holistic approach to sustainability aims to develop well-being and resilience throughout academics, operations, and the broader public. The Office of Sustainability will work with you to improve the overall sustainability of your office or department. There are also a number of other opportunities to get involved, either through events, projects, and campus initiatives.

## Tips for Practicing Sustainability at Work

- Cycle to work and store your bike in secure bike lock stations in the underground parkades
- Carpool to work with colleagues who live nearby
- Turn off computers and monitors at the end of the day
- Schedule meetings and events in MacEwan's LEED certified buildings
- Choose to reuse! Bring your own mug and borrow a reusable container in the food markets for discounts on beverages and meals (at participating businesses)
- Recycle your plastics, paper, aluminum in the recycling bins located around campus
- Ask for preferred pronouns during introductions at meetings and events
- Take part in programming offered by the Aboriginal Education Centre
- Participate in the Global Awareness Week programming offered each year in January
- Manage your time well and be sure to take meaningful wellness breaks - this could mean stepping away from your desk to stretch, going for a walk, or even getting outside!

## Get Involved!

If you're looking for opportunities to get involved, sign up your department or team for Green Impact. This program offers guidance and support for offices and clubs to improve the sustainability of their everyday actions at work and school. Earn points to achieve bronze, silver, or gold certification to celebrate your accomplishments and the impact you've had!

Click [here](#) to sign up for our monthly newsletter to keep up to date with job and volunteer opportunities, news and stories, and updates on sustainability initiatives across the university.

## Staff Onboarding 2016/17

### **Sustainability at MacEwan University**

<http://www.macewan.ca/sustainability>

Sustainability at MacEwan involves the entire campus community with innovative practices and opportunities to manifest the economic integrity, cultural vitality, social equity, and ecological responsibility of the university as a whole. Through collaborative projects, advocacy, and educational opportunities, the Office of Sustainability works with and for staff, faculty and students to improve resilience and wellbeing campus-wide. Learn about the various initiatives taking place and find sustainability at work in operations, academics, and campus at large by attending events and participating in our programs.

Some of our projects include:

- Green Impact - annual year-long, team-based sustainability challenge
- The Urban Beekeeping Project
- The Sustainability Speaker Series
- Earth Hour Race (March)

Our partners include:

- Departments like Facilities and Campus Services at MacEwan University
- Paths for People

### **Resources on Campus**

The Office of Sustainability supports the campus community to improve the sustainability of their everyday operations by

- Partnering for events
- Collaborating on projects
- Sponsoring innovations

As well, there are a number of departments, organizations, and initiatives that enable you to live a more sustainable lifestyle at work and at home! Check out the following resources for your sustainability needs.

#### *Electronics Recycling*

- Ink cartridge recycling and battery collection is available in SAMU centre and Residence
- Battery collection in the University Services Centre

- Electronic waste like computers, monitors, mobile devices, and sound equipment can be recycled through the Electronics Recycling blitz'. Contact [sustainability@macewan.ca](mailto:sustainability@macewan.ca) to find out upcoming dates.

#### *Green Event Planning*

- Work with [Conference and Event Services](#) to plan your next Green Event

#### *Pogo Carshare*

- Skip the parking fees and sign up with Pogo Carshare for all your quick commutes. For more information visit [pogocarshare.com](http://pogocarshare.com)

#### *Wellness*

- Staff and faculty can access confidential support through the employee family assistance program by calling 1-866-644-0326.

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Sign up for our monthly newsletter to keep up to date with job and volunteer opportunities, news and stories, and what sustainability initiatives are currently taking place at MacEwan. [\(link\)](#)

### **Tips to Practice Sustainability at Work**

Travel	<ul style="list-style-type: none"> <li>• Take part in the ETS to go for a discounted rate on monthly transit passes</li> <li>• Cycle to work and store your bike in secure bike lock stations in the underground parkades</li> <li>• Carpool to work with colleagues who live nearby</li> </ul>
Energy	<ul style="list-style-type: none"> <li>• Turn off computers and monitors at the end of the day</li> <li>• Schedule meetings and events in MacEwan's LEED certified buildings: Robbins Health Learning Centre and MacEwan Residence</li> </ul>
Waste	<ul style="list-style-type: none"> <li>• Choose to reuse! Bring your own mug and borrow a reusable container in the food markets for discounts on beverages and meals (at participating businesses)</li> <li>• Recycle your plastics, paper, aluminum in the recycling bins located around campus</li> </ul>
Diversity and	<ul style="list-style-type: none"> <li>• Ask for preferred pronouns during introductions at meetings and events</li> </ul>

Inclusion	<ul style="list-style-type: none"><li>● Take part in programming offered by the Aboriginal Education Centre</li><li>● Participate in the Global Awareness Week programming that takes place in January</li></ul>
Wellness	<ul style="list-style-type: none"><li>● Sign up for one of the many programs offered by the Sports and Wellness Centre to take advantage of your MacEwan employee benefits</li><li>● Manage your time well and be sure to take meaningful wellness breaks - this could mean stepping away from your desk to stretch, go for a walk, or even get outside!</li></ul>