

# SUNY New Paltz

# Green Living Guide

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## Tips for Residence Hall Living

- **Water-saving Tips:**
  - Wash clothes in cold water - this reduces energy use by 90% and makes clothes last longer!
  - Use an eco-friendly detergent, like Tide Purclean or Seventh Generation Free and Clear
  - Skip the dryer sheets
  - Wash only full loads of laundry
  - Use a reusable water bottle - there are over 50 water bottle refill stations on campus!
  - Take shorter showers - even shaving off a few minutes can save lots of water
- **Electricity-saving Tips:**
  - Unplug! Get into the habit of unplugging electronics that aren't in use
  - Turn off appliances that aren't in use.
  - Go to your computer settings and put it on "sleep" mode to save energy!
  - Turn off the lights when you leave your room/suite.
- **Waste:**
  - If you write your notes, try to use the entire page, both back and front!
  - At the end of the year, or whenever you please, donate your clothes. Your clothes can go to someone in need. Drop off your clothes in town at our Salvation Army or put them in the yellow Planet Aid bins by your residence hall!
- **Reuse:**
  - Use your green reusable container when you head to the dining hall.
  - Invest in a reusable water bottle or mug.
  - Bring a reusable bag! Shops in town do not offer plastic bags according to the NYS Bag Waste Reduction Law. To learn more click here:  
<https://www.dec.ny.gov/chemical/50034.html>

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## Sustainable Shopping in New Paltz

Find thrifted gems at:

- Twice Blessed - 92 Huguenot St
- The Salvation Army - 61 N Chestnut St
- Rock Candy Vintage - 77 Main St
- Antique Barn - Water Street Market

Sustainable Eats:

- Karma Road - 11 Main St
- Lagusta's Luscious Commissary - 11 Church St
- Health and Nutrition Center - 15 New Paltz Plaza
- Farmer's Market every Sunday on Church St
- Wallkill View Farm Market

\*Also, check out the "New Paltz Bartering Community" Facebook page for local trades and bargains!\*

## Get Involved

Student Organizations

- [The Environmental Alliance](#)
- [New Paltz Outing Club](#)
- [NYPIRG at New Paltz](#)
- [United Nations Association](#)

Office of Campus Sustainability

- [Become a Sustainability Ambassador!](#)
- Follow [@sustainablenewpaltz](#) to connect with the Office of Campus Sustainability!

Sustainability Majors and Minors

- [Environmental Studies](#)
- [Environmental Geochemical Sciences Major](#)
- [Geography with an Environmental Concentration Major](#)
- [Sustainability Track in the Management Major](#)
- [Biology](#)
- [Geology Major/Minor](#)

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## Get Outside

- Wallkill Valley Rail Trail\*
- Bird Sanctuary - 133 Huguenot St\*
- River to Ridge Trail - 41 Springtown Road\*
- Millbrook Preserve - 70 N Manheim Blvd\*
- Balsam Lake
- Mohonk Preserve
  - Visit this Website to learn about **free admission** to Mohonk Preserve:  
[Highland Public Library](#)
- Minnewaska State Park
- Walkway Over the Hudson
- Joppenbergh Mountain

\*Within walking distance of campus

## Further Resources and Media

Check out this link to a document of resources to dive deeper into the world of sustainability:

[Beyond Plastics Resource Sheet](#)