



ABP

ALTERNATIVE BREAK PROGRAM

**2021
2022**

TRIP PREVIEW PACKET

URBAN POVERTY NEW YORK CITY, NEW YORK

ENVIRONMENTAL PRESERVATION HOMESTEAD, FLORIDA

SUSTAINABLE GROWTH ATHENS, GREECE

REFUGEE RESETTLEMENT* ATLANTA, GEORGIA

WOMEN'S EMPOWERMENT HYBRID

MICROFINANCE DETROIT, MICHIGAN

WATER & SUSTAINABILITY* COSTA RICA

PRISON REFORM* WASHINGTON DC

SOCIAL ENTREPRENEURSHIP* OAXACA, MEXICO

CULTURAL PRESERVATION* SOUTH DAKOTA

TRIPS WITH * ARE LOOKING FOR SITE LEADERS: APPLY AT IUABP.ORG

Providing Companionship & Nourishment to New Yorkers in Need

New York City, New York

November 17 - November 25, 2021

Trip Preview

Food insecurity has become one of the largest components going hand in hand with poverty recently affecting 1 in 10 US households. 15.1% of Manhattan residents and 19% of children in Manhattan are food insecure. Being food insecure means that a person or household cannot regularly put good, nutritious meals on the table for all of its members (source: City Harvest, Hunger in NYC). Citywide, 1.4 million people live in a food-insecure household that has at least one person working. Nearly 40% of the food pantries in New York say they would benefit from more volunteers to serve their clients directly.

With the rising costs of living in New York City, many citizens facing food insecurity won't be able to maintain their living standards. They are quickly realizing there aren't enough food service programs or policies available to help with poverty-driven hunger. This trip encourages education awareness, meal delivery volunteers, and advocacy for nourishing those in need.

Hunger Free America

Hunger Free America is a national organization based in New York that is dedicated to providing both direct service and advocacy for people experiencing food insecurity. They were founded in 1983 to provide support beyond that offered by a traditional soup kitchen and to coordinate the efforts of various emergency food providers. Since then they have expanded to also focus on legislative advocacy and on other communities outside of New York. They also directly help families facing food insecurity secure government benefits and access to private food resources

Your Site Leaders



Dever Kemme Nash

My name is Dever and I'm a sophomore majoring in Management and Computer Science from Fort Wayne, Indiana. In my free time I enjoy Hiking, Rock Climbing, Playing Magic: The Gathering, and reading non-fiction. Last year as a participant, I took part in a (virtual) trip to DC where I worked with CURE, a nonprofit that advocates for people who are incarcerated. This year as a site leader I hope to lead others to learn more about important social issues and have the same great experience I had.



Shay Saha

My name is Shayoni Saha and I am a sophomore at the Kelley School of Business majoring in Economic Consulting and Business Analytics. I grew up in Naperville, Illinois and some of my hobbies include cooking, dancing, and music festivals. I have been with ABP my freshman year where I got to work with diverse non-profit organizations locally and nationally. I hope to inspire and spread knowledge on social issues to create a further connected and benefitted community. It is my responsibility as a site leader to guide you through your ABP experience to make a true difference.



Environmental Ethics & Our Commitment to the Non-Human World

Homestead, Florida

January 1 - January 9, 2022

Trip Preview

The ecosystems located in Florida are some of the most unique places in the world. From the marshes of the Everglades, to the pine forests of northern Florida, and the beaches on the coast, it's amazing how the geography can change with a short drive in any direction within the state. Millions of people have chosen Florida as their home and permanently altered the landscape through urbanization, water usage, and development. This has driven policymakers to reexamine the importance of protecting wildlife there. By 2018, 30% of the land in Florida was used for conservation of these ecosystems from further harm. The state is also extremely vulnerable to the effects of climate change, as seen through the damage of Hurricane Irma, making it all the more important to be conscious of the effects human activities are having on the world around us.

National Park Service

NPS is a federal agency that works to protect and conserve national parks, monuments and other protected landmarks. We will be working with Biscayne National Park and the Everglades which are located near Miami, Florida. Both parks protect areas of water, islands and coral reef, along with many endangered and rare species. While over a million people visit these locations each year it takes a lot of work to maintain and preserve these amazing environments. We are so excited to learn more about each of these organizations and contribute to their lasting legacy.



Your Site Leader



Olivia Campbell

Hi! My name is Olivia (she/her) and I am a junior studying Geography and International Studies. I am from Angola, Indiana, and I enjoy traveling, camping & hiking, and trying new foods! Two years ago, I traveled to New York City with ABP to help alleviate food insecurity over Thanksgiving break. Working alongside Hunger Free America and City Meals on Wheels allowed me to witness how organizations can make change on the ground. This year, I am so excited to be a site leader on the Environmental Ethics & Preservations trip to advocate for environmentally conscious practices and learn more about NPS!



Fostering Sustainable Urban Growth & Integration in Europe

Athens, Greece

January 1 - January 9, 2022

Trip Preview

Greece, suffering under both an economic crisis and a historic refugee influx, is facing major and pressing social issues. The refugee population in Greece currently totals upward of 50,000. This population has been displaced by violence in their home countries of the Middle East, as well as South and Central Asia. Greece has become one of the only countries that they can turn to for asylum. These refugees have also been the target of discrimination and are sometimes forced to live in inadequate living conditions without access to proper care and services. In addition to these structurally unemployed refugees, native Greeks struggle with unemployment as a result of economic turmoil.

Organization Earth

Organization Earth is a non-profit in Greece whose mission is to focus on fulfilling the Sustainable Development Global Goals, created by the UN. One of the main ways the organization does this is through educating the community on how to be more sustainable in their lives and helping them to develop these skills. The organization has three different initiatives, each of which focuses on its own projects. The first, Center Earth, focuses on educational activities and training, and has courses available for the community to help raise awareness. The Aephoria initiative focuses on businesses and providing programs that help them to become more sustainable and environmentally friendly. The final initiative, Earth Refugee, focuses on helping refugees and asylum seekers in Greece integrate into a sustainable society. The initiative provides programs and services to the refugees to help improve their living conditions, and also spreads awareness on the refugee issue in hopes of diminishing discrimination towards them and helping to protect their rights.



Your Site Leaders



Marcos Duarte

My name is Marcos Duarte and I am from South Bend, IN. I am going into my fourth year at IU with majors in International Studies and Spanish, and a minor in Studio Art. Some of my favorite things to do include hanging out with my friends, traveling to new places, and ceramics. This is my third year with ABP, and in recent years I have gone to Atlanta, GA on a trip that focused on refugee resettlement, and on a virtual trip with an organization in Dupree, SD that focused on revitalization of endangered native cultures. I have been educated on many social issues through ABP as well as been given the opportunity to make impacts in different areas. Working with a team to make a difference and bring about change has been one of my favorite parts of ABP, and I've met some of the best people doing it! I am looking forward to doing it all again this year.



Rachel Bockman

My name is Rachel Bockman and I am a junior studying Accounting and Finance. I am from Plymouth, IN and I enjoy traveling, hanging out with friends, and going to IU football and basketball games. Freshman year I went on the New York trip to learn about urban poverty. It was an incredible experience with unique opportunities and many new friendships. The memories made on that trip will last a lifetime and I can't wait to make more memories in Athens, Greece fostering sustainable growth. to guide you through your ABP experience to make a true difference.



Refugees in America: Providing Community and Continuity*

Atlanta, Georgia

January 1 - January 9, 2022

Trip Preview

The United States has a long tradition of sheltering those fleeing conflict and persecution. When refugees arrive in Atlanta, their initial need is a sense of home. The IRC in Atlanta focuses on providing a safe place to live, a furnished apartment, access to quality health care services, English and job skills classes, and employment services, all as a way to ensure refugees feel welcome and secure. The IRC in Atlanta partners with community members who make these services available to the refugee community through financial donations, in-kind contributions, and volunteering.

Refugees' contribution to the metro Atlanta region is considerable. Not only do refugees bring with them the skills, talents and educational backgrounds that address the needs of Atlanta's booming economy, they also add enormous cultural capital that encourages entrepreneurship and small business development. In fact an estimated 31 percent of small enterprises and "Main Street" businesses in Georgia are started and maintained by immigrants to our area. Over 85% of refugee households in Georgia are economically self-sufficient within six months of arrival; one of the best rates of any state. Refugees in Atlanta are an essential part of the continued diverse growth of the metro area economy.

International Rescue Committee

The IRC assists people involved in the world's worst humanitarian crises. They focus on the health, safety, education, and economic wellbeing of these refugees. In Atlanta, they help refugees settle into furnished apartments, access to healthcare, and educational sessions. The IRC partners with community members who make these services available. To the wider community they provide access to the Board of Immigration and classes that teach English or prepare for the US Civics Test. We will be working with IRC to learn more about the issues they solve and assisting with a variety of tasks related to the refugees.



Transforming Lives: Women's Empowerment Across the Globe

Hybrid

January 1 - January 9, 2022

Trip Preview

In addition to virtually spending 2 days with Global Mamas, this trip will be partnering with and traveling to another organization within the US that focuses on women's empowerment. Here, participants will continue to learn more about women's empowerment and how women are progressing all across the globe.

Global Mamas has made it their mission to provide women with sustainable employment to assist them in achieving economic independence. Global Mamas works with women specifically because gender inequality is an extremely pressing issue in both Ghana and in Africa as a whole. Women are rarely given the opportunity to work, and the ones that are lucky enough to find jobs spend their days in horrible conditions with little to no compensation for their efforts. This level of discrimination makes it nearly impossible for a woman in Ghana to support her family, especially if she is a single mother.

On this trip, we will virtually meet with the workers of Global Mamas in hopes of learning more about their efforts to help African women and their families create a life of prosperity that they deserve. In addition, we will fully immerse ourselves in the Cape Coast culture and hear firsthand how Global Mamas have helped their workers.

Global Mamas

In 2003, Global Mamas started out with 6 founding members. The organization has since grown to have nearly 600 producers in 9 different communities. Global Mamas provides steady work in addition to equitable opportunities for women entrepreneurs in order for them to obtain the education, technology and capital they need in order to meet their personal and professional goals. Global Mamas has found that empowering women through income generation and continuing education enhances both their self-esteem and their ability to participate in decisions that affect them within the home and community. They are committed to making positive impacts in the lives of women and their families all over the Cape Coast of Africa, and we can't wait to be a part of the incredible work they do.

Your Site Leader



Maura Heneghan

My name is Maura Heneghan and I am so excited to be the site leader for the Transforming Lives: Women's Empowerment trip! I will be a junior this fall studying Accounting and International Business with a minor in Environmental and Sustainability Studies. I am from the suburbs of Chicago and love spending time both there and here in Bloomington. I love trying new restaurants, running, cooking, and playing sports with friends. My freshman year I went on a trip to Puerto Rico focused on sustainable farming, and it was the highlight of my experience at IU so far! I also led the Providing Companionship & Nourishment trip virtually last year. I am very excited to continue planning this Women's empowerment trip and meeting you all very soon!



URBAN REVITALIZATION: EMPOWERING ENTREPRENEURS THROUGH EDUCATION

DETROIT, MICHIGAN

March 12 - March 20, 2022

Trip Preview

Individuals in low-income communities have a difficult time pursuing entrepreneurial opportunities because of lack of resources and financial support. Many Black and Latino entrepreneurs face barriers when trying to build a successful business, which could include having few to no options for bank loans and mortgages for their businesses, whether that be because of low credit scores or discriminatory practices. Promoting an environment that supports entrepreneurship is essential to a more prosperous community with more job opportunities, higher wages, and economic mobility. For example, “Black entrepreneurs have 12 times more net worth than their peers who work for an employer” (Entrepreneurship as a Pathway to the American Dream). LaunchDetroit focuses on expanding these opportunities for low-income individuals to create a better life for themselves and their communities. This trip to Detroit is designed to offer participants a hands-on experience with the difficulties of being an entrepreneur when there is a lack of financial support. Participants will work alongside LaunchDetroit staff as well as the local entrepreneurs to create value for small enterprises and to foster an equitable and lasting relationship. This work will be a practical application of structural and organizational business skills to enhance the lives and businesses that LaunchDetroit supports.

Launch Detroit

LaunchDetroit is a project of Rotary members in Michigan that provides microloans and free business education to local entrepreneurs - an approach to economic development that has been effective in developing countries. In addition to microloans, LaunchDetroit participants receive a mentor from the community, networking opportunities, and up to thirty hours of free small business training. On this service-learning trip, we will be assisting one or multiple entrepreneurs as they tackle their business challenges with loans from LaunchDetroit.

Your Site Leaders



Julia Magrini

My name is Julia Magrini and I am a sophomore majoring in Accounting with a minor in Public Finance. I am from Los Angeles, California and I enjoy travelling, cooking, going on outdoor adventures, and playing sports. Last spring, I had the opportunity to participate in a virtual trip to Greece with Organization Earth that focused on sustainability and social issues that are affecting Greece. Even though it was all online, I learned about a new culture, the refugee crisis, and how Organization Earth is promoting sustainability and the importance of education. As a site leader working with LaunchDetroit, I am excited to connect with staff and entrepreneurs that they support and see how our work can impact communities.



Laura Reznar

My name is Laura Reznar and I am from Chicago, Illinois. I am currently a sophomore majoring in Accounting and Finance with a minor in Sport Marketing and Management. I enjoy traveling, working out, baking, and going to concerts. Last year I participated in the same virtual trip to Greece with Organization Earth as Julia did. During this trip I learned more about sustainability along with some social and economical issues challenging Greece and how these issues are all related. At the end of the trip, we researched and presented fundraising platforms, foundations, and networks that would be beneficial for Organization Earth to get in contact with. I am excited to learn more with the upcoming trip to Detroit.



LANGUAGE CONSERVANCY*

DUPREE, SOUTH DAKOTA

March 12 - March 20, 2022

TRIP PREVIEW

The loss of ancient languages around the world increases each year. Indigenous languages have been the victims of especially destructive historical pressures whose effects are only now starting to be fully realized. In North America alone, 196 languages are extinct, 91 languages are on their last breath, and 46 are struggling to survive. In particular with Native American languages, if no restoration efforts are put forth then an estimated maximum of only 20 Native languages will be spoken in 2050. These numbers are saddening since it indicates that thousands of people every year will never have the opportunity to know where they came from or who they were. They will never be granted the honorable sense of deep belonging and understanding of their ancestry, leaving future generations robbed of a unique and irreplaceable resource of ideas, customs, and viewpoints years in the making.

SIoux YMCA

In 1879 Thomas Wakeman and a few other Dakota people set out to create an association with the goal to teach and encourage the Lakota values of Wawokiye, Woksape, Ohitika, and Wa o'hola (Generosity, Wisdom, Bravery, and Respect). In 1885 the association was officially recognized and renamed the Sioux YMCA with the additional goal of teaching the Y values of Caring, Honesty, Respect, and Responsibility. Today, even though the organization is small, the Sioux Y is tasked with the important mission to develop and strengthen the children and families in the reservation communities. The profound impact of the Sioux Y on the children in the reservation is further bolstered by the organization's focus on engaging academic, athletic, and artistic programming. The Sioux Y serves and provides a safe place where the youth of the reservation on site, in the Tribal schools, in communities, and through YMCA Camp Marrowbone can learn, grow, and have fun. The Sioux YMCA allows the community to come together and sustain their cultural values, including their language.



PRISON REFORM*

WASHINGTON DC

MARCH 12-20, 2022

TRIP PREVIEW

Prison reform is gaining a lot of political attention recently, but what exactly needs to be reformed? The US has the highest incarceration rate of any country in the world. About 2.2 million people are incarcerated in the US, which is higher than the fifth largest city in the US. The mass majority of incarcerated individuals are held in state and local prison systems rather than federal systems. Many individuals in the system never get convicted, but they remain in the system because of an inability to post bail, and those who have been previously incarcerated are more likely to go back to prison again. Racial makeup of inmates within the US is drastically different from what the country's population shows; African Americans account for about 14% of the country's population but make up 33% of the prison population.

Some sources claim that the "war on drugs" is why the US has such a high prison population, when in reality only about 20% of incarcerations are nonviolent drug offenses. Some also blame private prisons, but only 8% of the prison population is housed in private facilities. On average, incarcerated individuals earn between \$0.86 and \$3.45 per day for the work they do inside the system. For more statistics about the prison system in America, visit <https://www.prisonpolicy.org/reports/pie2019.html> to learn.

On our trip to the nation's capital, we will discuss all of these topics. This trip is still fairly new to ABP, so in addition to our work with Thrive DC, there is potential that we will also partner with other organizations and meet people who can tell us more about prison reform. This is a service learning trip, so we will be both volunteering and learning about the cause.

THRIVE DC

Thrive DC makes a big impact in the DC community by helping fight homelessness in the area. They serve meals to over 250 people per day and offer programming to help get people back on their feet. We have a relationship with the organization that allows us to work with them on a multitude of different social issues, including prison reform, which is the focus of this trip. Thrive has been making a difference in DC since 1979, so they have plenty of resources and connections for us to learn about prison reform in the US and do some service to make an impact.



SOCIAL ENTREPRENEURSHIP*

OAXACA, MEXICO

MARCH 12-20, 2022

TRIP PREVIEW

When families, especially single mothers- have a reliable source of income, the profits benefit both the children, the mother, and the community. In southern Mexico, the state of Oaxaca has been discovering this phenomenon through an organization called En Via for the past 9 years. Oaxaca currently has a poverty rate of 61.9%, which is one of the highest in the country.

The definition of social entrepreneurship can change based on the situation and environment in which it is practiced, but En Via uses the term to encompass their three main operatives: microfinance, responsible tourism, and education. Social entrepreneurship in this case is the act of giving the opportunity for women to apply for microloans to start their own businesses, usually with the intent of selling a product to tourists. Another necessary component is the business classes necessary to help the women invest their money and create sustainable, independent income sources. These businesses draw in tourism, allow women to support their families, and give them a self-sufficient identity and confidence to move forward with their business acumen. Our team will be helping with these microfinance and education programs by assisting entrepreneurs as they go through the process. Additionally, we will participate in cultural experiences such as cooking, painting, and hiking to gain a greater appreciation of the culture and the women who make it great. Social entrepreneurship is not just giving out resources and then stepping away from people in need, but rather involves building a relationship with an aspiring business owner while setting achievable goals and expectations along the way.

EN VIA

En Via was created in the Tlacolula Valley in Oaxaca Mexico in 2009. They believe in empowering women, their families, and their communities through social entrepreneurship. Thus far, En Via has given out over 2 million dollars in loans to 556 women. Their payback rate has been 99.6%. Each year they offer 16 business classes, as well as free English classes to all community members. They believe that by fostering responsible tourism in Oaxaca can help all visitors understand more about the women in their program's culture and history, as well as open a discussion about change and equality.

FOSTERING FINANCIAL LITERACY IN CLASSROOMS*

Philadelphia, Pennsylvania

MARCH 12-20, 2022

TRIP PREVIEW

Get ready to foster work-readiness, entrepreneurship, and financial literacy skills as we head over to Philadelphia, Pennsylvania! Over the course of Spring Break, we will be working with Junior Achievement to prepare young children on how to efficiently manage their finances. Financial literacy is extremely important, but many children are never taught any of these basic skills. This topic is much more than dollars and cents; it's about setting up a successful lifestyle and career, whether that be college, starting a trade, or opening a business. Among many other items, financial literacy includes how to save for retirement, establishing credit, looking at needs and wants, and understanding opportunity costs.

93% of high school graduates agree it is important to learn about finances at an early age, but:

63% of students believe their parents are responsible for teaching them about money management, while 26% of parents feel prepared to educate their children on finances.

Only four U.S. states require at least a semester-long course devoted to financial literacy, and less than half of states require any form of personal finance to be taught.

JUNIOR ACHIEVEMENT OF SOUTHEASTERN PENNSYLVANIA

As mentioned above, we will be working with Junior Achievement of Southeastern Pennsylvania on our trip. Their website says *"Junior Achievement's purpose is to inspire and prepare young people to succeed in a global economy. JA of Southeastern Pennsylvania impacts the lives of over 34,000 each year."*

Additionally, they are guided by the following core values:

- Belief in the Boundless Potential of Young People
- Commitment to the Principles of Market-Based Economics and Entrepreneurship
- Passion for What We Do and Honesty, Integrity, and Excellence in How We Do It
- Respect for the Talents, Creativity, Perspectives, and Backgrounds of All Individuals
- Belief in the Power of Partnership and Collaboration
- Conviction in the Educational and Motivational Impact of Relevant, Hands-on Learning



WATER AND SUSTAINABILITY*

COSTA RICA

MARCH 12-20, 2022

TRIP PREVIEW

Sustainable water means a nation that can be water self-sufficient: ensuring there is enough water to meet multiple needs, from agriculture to municipal and industrial. It also means water supply will remain consistent, despite climate change impacts, such as a lack of rainfall and drought, or too much rain and being flood resilient. Sustainable water also means that the economics stack up in matching supply and demand and the water delivery process is as efficient as possible. Water sustainability, meanwhile, can also mean energy neutrality by coupling traditional water treatment technologies with renewable energies.

Sustainable water management means the ability to meet the water needs of the present without compromising the ability of future generations to do the same. Achieving sustainable water management requires a multidisciplinary and holistic approach in which technical, environmental, economic, landscape aesthetic, societal and cultural issues are addressed. This trip will be focused on providing sustainable water access to Costa Rica through hands-on infrastructure projects.

XYLEM

Xylem is a leading water technology company committed to "solving water" by creating innovative and smart technology solutions to meet the world's water, wastewater and energy needs.

In a world of ever-growing challenges, Xylem delivers innovative water technology solutions throughout the cycle of water.

Our technological strength across the life cycle of water is second-to-none. From collection and distribution to reuse and return to nature, our highly efficient water technologies, industrial pumps and application solutions not only use less energy and reduce life-cycle costs, but also promote sustainability.