

Let's Talk PrEP!

What is PrEP?

- PrEP = Pre-exposure prophylaxis
- A pill, this if taken correctly is 99% effective at preventing HIV (even when having sex without condoms)
- Two ways to take it:
 - 1x/day - every day
 - Only take it when you have sex [2-1-1 method]
- PEP= post-exposure prophylaxis
 - Taken for one month after an exposure to HIV

Who might want to take it?

- Anyone who thinks this would be good for them!
- Someone with a sexual partner who is living with HIV
- Someone who has anxiety about being exposed to HIV
- Someone who injects drugs/shares injection or snorting equipment
- Someone who engages in sex work

How do I get it?

- First things to think about:
 - How will you pay for it?
 - Who will be your doctor that you check in with every 3 months?
- There are many places where you can talk to someone about getting on PrEP and get answers:
 - HeyDenver's PrEP Navigator is the best place to start
 - Tessa Owens- call or text to ask questions: 720-248-8170

Other Info:

- You don't need to be on your parent's health insurance to get PrEP- you have options!
- Some people report side effects that last for about a week when you start the medication
- PrEP doesn't protect against other STIs other than HIV
- If you are curious, ask! There is no pressure to start taking it. Just get informed so you can make the best decision possible.