

Arlington/Alexandria • It's **read** all over!

November 2012

Zebra



Magic Carpet Man

ALSO INSIDE: THE FORGOTTEN BATTLE ■ GENON'S CLEAN-UP ■ MIGHTY MONARCHS ■ SIPPING WITH SALENTIN ■ AND MORE!



Happy Thanksgiving

— From Christine Roland Garner

BEVERLY HILLS



\$974,900

Spacious 4/5 bedroom, 4 bath home with a fabulous Great Room and Master Suite addition with over 3,100 sq ft of living space. Gourmet kitchen, breakfast room and home office. Custom built-ins throughout, rooftop deck & rear stairs. Lower level recreation room, fenced yard with wrap around deck and off street parking.

OLD TOWN



\$834,000

Beautifully updated 3 bedroom 3.5 bath end townhouse with over 2,500 sq ft of living space. Desirable open floor plan with refinished wood floors, 2 fireplaces and spacious lower level family room with wet bar and French doors to the fenced back yard with a patio & large custom shed. Blocks to METRO, shops and restaurants.

Under Contract

SEMINARY



\$550,000

Wonderfully updated and surprisingly spacious 5 bedroom, 3 bath home with a new kitchen, 3 season sunroom and 3 finished levels. Beautiful yard, (approx. 10,000 sq ft) with patio & off street parking. Close-in neighborhood just minutes to Old Town, Arlington & D.C.

SEMINARY



\$964,900

Spacious 4 bedroom, 2.5 bath Arts & Crafts home with a fabulous Great Room and Master Suite addition, 2 fireplaces and 3 finished levels. Fenced yard with deck, patio, mature landscaping and off street parking.

THE ECLIPSE



\$559,000

Luxury 2 bedroom, 2 bath condo with balcony and garage parking located just blocks from Crystal City, METRO & Potomac Yards. Open floor plan with split bedrooms for maximum privacy. Kitchen with 42" Cherry cabinets, SS appliances and granite counters. Abundant amenities including concierge service, on site Harris Teeter, fitness center, pool, rooftop deck and community club.

\$8,000 Closing Cost Credit

MT. VERNON GROVE



\$549,000

Awesome opportunity! Spacious 5 bedroom, 2.5 bath home on over 1/3 acres across from the Mansion House Swim and Tennis Club. Generous room sizes, 2 wood burning fireplaces, main level family room and recently finished lower level with high ceilings. Upper level with 5 bedrooms including a Master Suite with sitting room and fireplace. Hardwood floors, attached garage and lots of potential.

FAIRFAX HOMES



\$349,000

Charming 4 bedroom, 2 bath rambler on nearly 1/2 acre close to shopping & restaurants in Kingstowne & Rosehill. Living room with picture window and dining room. Large kitchen with newer appliances, ample counter and cabinet space and an adjacent mud room with access to the yard. Sundrenched family room with new windows looking out to the beautiful yard with a manicured lawn, patio and mature trees. Gleaming wood floors throughout, new AC & Heat!

CAMERON STATION



\$385,000

Sophisticated 2 bedroom, 2 bath condo with desirable split bedroom configuration. Open floor plan with living room dining room combination, bay window and open balcony. Spacious kitchen with 42" Cherry cabinets, granite counters, breakfast bar and SS appliances. Two bedroom suites each with private baths. Two full size garage spaces and numerous amenities including an on-site fitness center open 24/7.

SOLD!

Weichert Realtors®

121 NORTH PITT STREET • ALEXANDRIA, VA 22314
CGHOMES@HOTMAIL.COM

CHRISTINE GARNER • 703.587.4855 • WWW.CHRISTINEGARNER.COM



I sell more because I do more!





If you see Publisher Mary and assistant Lucy around town, be sure to say hello!



INSIDE

Living Legends Dorothy Turner and Gwen Menefee-Smith.....	6
Community Updates.....	8
Coffee with Ginger	13
Z Pick of the Month.....	13
On Watch.....	14
The Covert Letter	15
Civil War Series	16
Explore the Monarch Butterfly.....	18
Ask Dr. Knapp	19
Backyard History	20
Hypnotic Focus	21
School News	22
Let's Talk Cars.....	23
Vino Vixen	24
Adoptable Pets.....	29
Z Events	30

want to go back to the days when Christmas trees made their way into the landscape after Thanksgiving. We hardly get out of Halloween costumes before the major retailers don twinkly lights and plastic pines and start pushing the holiday guilt upon all of us. I heard Target for the first time is opening its doors Thanksgiving at midnight, instead of waiting for what I always thought was the excruciating hour of 6am on “Black Friday.”

All I can say is, consider going back to the basics and shop the Mom and Pop stores in our own neighborhoods. Small retailers are the backbone of this country and need your support. They all have families to support and rent and insurance to pay, and want to give you special prices and excellent service in ways the big box stores simply cannot.

And let's remember to give thanks this month too. I'd like to share heartfelt gratitude to Becky Arnold, who lost her battle to cancer this past October. She was a dear friend to me and to *Zebra*, and since our inception, was a monthly advertiser and contributor who shared the Home Sales of every month with you. She will be sorely missed by us and by the whole community.

And my thanks to all of you who continue to support us through advertising and readership.

— Mary Wadland, Publisher



November 2012
The Zebra
2331 Mill Rd.
Arlington, VA 22314
703-224-8911
thezebra.org

Publisher/Editor-in-Chief
Mary Wadland
mary@thezebra.org

Advertising Director
Mary Wadland
mary@thezebra.org

Features Writer
Chuck Hagee
cg.hagee@comcast.net

Circulation Director
Ellis Spencer
circulation@thezebra.org

Cover photo: Harry Merritt

Contributing Writers
John Arundel
Glenda Booth
Harry Covert
Marcus Fisk
Robert Knapp
Jason Linett
Mari Stull
Dennis Whitestone

Photographers
Greg Knott
Harry Merritt

Social Media Editor
Wayne Hulehan
waynehulehan@comcast.net

Distribution

25,000 copies delivered by hand each month to households and businesses in the following neighborhoods and high-traffic areas:

Arlington	Crystal City	Park Fairfax
Alexandria	Del Ray	Rosemont
Alexandria West	Fairlington	Seminary Hills
Beverly Hills	Mount Vernon	Shirlington
	Old Town Alexandria	

Publication Dates

Zebra is printed monthly.

Deadlines

The deadline for the receipt of all new advertising materials is 5:00 p.m. Wednesday, seven days prior to publication. Materials and space reservations will be accepted for proofed unchanged camera ready repeat ads until 5:00 p.m. Friday, the week before publication. Cancellations and changes cannot be accepted after Monday, the week of publication and no refunds will be made after that time. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication.

For advertising information call 703-919-7533

©2012 Zebra Media, LLC
The *Zebra* is an independent monthly publication providing news, information and entertainment for readers in Northern Virginia. The publication is published by Zebra Media Solutions, LLC, which is responsible for the form, content and policies of the publication. The *Zebra* does not espouse any political belief or endorse any product or service in its news coverage. Articles and letters submitted for publication must be signed and may be edited for length or content. The *Zebra* is not responsible for any claims made by advertisers.

Zebra's Spotted in CAMBODIA!



STUART STONE sent in this photo of Zebra being read at the east gate entrance to Angkor Thom, Siem Reap, Cambodia.

If you have a photo of Zebra taken on your travels, please send it in to mary@thezebra.org and when we have a chance to publish it, we'll send you a \$25.00 gift certificate to an area retailer or restaurant.

Catch our Mistakes

JAMES ROBINSON in Falls Church has won for a second time! He sent us a marked-up copy of the September Zebra through the mail and found 11 spelling and/or grammatical mistakes we had made. Well spotted! Mr. Robinson's gift certificate is on the way as he caught the most.

We know we make mistakes, so to make a game of it, please send us your corrections and the one with the most catches, wins. Feel free to mail them or send via email to mary@thezebra.org.

SUCCESS HAS A NAME – HADEED

BY CHUCK HAGEE

Their slogan is “If you stand on it, Joe Hadeed stands behind it.” That now resonates from the Washington/Baltimore Metropolitan Area to Richmond and the Tidewater area of Virginia Beach.

As of last December, the Hadeed Rug Cleaning Restoration And Repair firm owns plants in Alexandria and Richmond, Virginia, when Joe Hadeed became the owner of the Mercer and Victory rug cleaning enterprises as the winning bidder at an auction. His bid of \$1,250,000 not only acquired the two firms but also three buildings comprising an area of 30,000 square feet.

“Our trucks now cover the entire length of Virginia and westward as far as Charlottesville,” Joe Hadeed stated. The business, which was started by his father, Michael Hadeed, in 1955 in his driveway in Alexandria’s Del Ray section now serves eight regions stretching from Baltimore, MD, to Virginia’s Tidewater area.

Joe went to work for his father when he was 19 and bought the business in 1990. His younger brother Michael, a lawyer, joined him in the business three years ago after practicing law for 25 years.

The firms recently purchased in Richmond were owned and operated by George Mercer who died at the age of 92 last year, according to Hadeed. “He went to work at his plants everyday until the week before he died,” Hadeed said.

Mercer was an insurance salesman in the 1920’s who worked part-time for Victory Rug Cleaners



“That’s the only way to really clean oriental rugs properly and our customers know it.”

plant in Alexandria where everything is done by hand. That’s the only way to really clean oriental rugs properly and our customers know it,” Joe emphasized.

“Machines pump the rugs through in about 30 minutes, but there is no way to tell if they are absolutely clean. Our quality cleaning process, done by hand and thoroughly inspected before they go back to the customer, is one hundred percent better. Only about two percent of the rug cleaning companies in the country do it the way we do it,” he declared.

Since Hadeed took over in April 2012 he has moved the former Mercer employees to administrative positions, operating the phones, and handling pick up and deliveries. He also offered

Joe stands behind it.

which had been started in 1892. By 1936 rug cleaning had become a fulltime occupation for Mercer so he built his own plant and started Mercer Rug Cleaning. In the late 1930’s he bought the business of his former employer Victory Rug Cleaners.

Following Mercer’s death the firm went on the auction block and Joe Hadeed was the successful bidder. “At the time they had 16 employees. We kept them all and added six. We’ve already tripled the business they were doing,” Hadeed said.

However, that’s not to say Hadeed didn’t make changes. “We shut their cleaning plants because they were all automated. The only thing the employees were doing was watching over the machines. And, they didn’t offer any rug repair work as we do here with our staff of skilled professionals in the delicate art of repairing and restoring oriental carpets,” he said.

“We moved the entire cleaning process to our

a long time Alexandria employee the opportunity to serve as Vice President of Operations in Richmond, working alongside Mercer’s former general manager at the new company now known as Hadeed-Mercer.

But, Joe and Michael Hadeed have not stopped with expanding their operations to the Richmond. They have recently initiated a maid service for both residential and commercial clientele, including many Washington embassies.

“One of the biggest complaints I’ve heard over my 36 years in this business is from maids about how their equipment damages the fringe on good carpets,” Hadeed said.

So they started a well-trained maid service operating out of 10 vehicles that employs approximately 14 maids assisted by estimators and supervisors. “We work in private homes,

▼ See JOE on page 5



“They didn’t offer any rug repair work as we do here with our staff of skilled professionals in the delicate art of repairing and restoring oriental carpets.”



▲ JOE from page 4

commercial offices and embassies throughout the day and evening hours,” he explained.

“Every employee in this operation goes through rigorous testing by USHII, United States Homeland Investigations, Inc. They are screened as to their eligibility to legally work in this country, any criminal background, and tested for any drug use. We are part of EVarify, a computer network connected to the federal government,” Hadeed stated.

In order to increase overall revenues, Hadeed Oriental Rug Cleaning has also re-entered the retail rug sale business, which they closed in 2006, with the opening two months ago of a new 2,000 square foot showroom/sales office at 535 West Maple Ave. in Vienna, VA. It has a \$3 million inventory of exquisite oriental rugs, some of which are “embassy size” and displayed by hanging from the building’s 30 foot ceiling.

Hadeed Oriental Rug Cleaning now

boasts an annual revenue flow of \$15 million and a staff of more than 220 employees between the Alexandria and Richmond operations, the new maids division, and their new retail store, according to Joe.

“Our rug cleaning has actually increased throughout the recession. We are now cleaning between 4,000 and 5,000 rugs per month. We offer in-home and in-office cleaning as well as bringing the rugs into our plant for cleaning,”

he said. This is accomplished through a 48 truck fleet, 13 of which do on-site rug and hardwood floor steam cleaning as well as heatduct ventilation and tile cleaning.

And, to top it all off on August 30 Joe’s wife, Valerie, gave birth to their first child, Samira Louise. “She’s named for my mother Samira and my wife’s grandmother Louise. I also have a 10 year old stepson named Michael which is my father’s and brother’s name,” Joe said.

Hadeed Oriental Rug Cleaning Restoration and Repair has shown spectacular growth during the past 18 months, a time when many business enterprises have experienced a significant downturn, with some even vanishing from the landscape. In recognition of this accomplishment the Alexandria Chamber of Commerce last year named the firm its Overall Business of the Year.

Andre Dumas the Elder in his 1854 work *Auge Pitou* stated, “Nothing succeeds like success.” Of that, Joe Hadeed, his company, and his life are living proof.



restaurant

4231 duke street
alexandria, va
703. 370. 7900
call for hours & reservations
www.temporestaurant.com

“european and california cuisine consistently hits the high notes.”
—mid-atlantic magazine

“By way of nourishment, not by way of knowledge.”
— Rabbi Isaac the Blind

Anne Alden
Kabbalistic Healer

Kabbalistic Healing is an alternative to psychotherapy that uses a model of the human psyche that is derived from Kabbalah, Jewish Mysticism that has been used for centuries for achieving wholeness.

It is a transformational process that teaches us that we are whole in our brokenness and allows us to love and respect our true self.

It is appropriate to issues that would bring one to counseling, including relationship difficulties and self-esteem issues. It also addresses the mind body connection.

Sessions can be in person or over the phone.
Call 703 521 4898.

HISTORIC JIGSAW PUZZLES

U.S. Capitol 1861
Mount Vernon 1874
New York & Brooklyn 1870

PUZZLES MADE FROM ORIGINAL 19TH CENTURY PRINTS
HANDCOLORED BY TODD HEALY – \$25.00

MOVING AFTER 25 YEARS!

TAKE ADVANTAGE OF 50% OFF ORIGINAL HEALY DRAWINGS AND FRAMED WORKS, AS WELL AS EVERYTHING IMAGINABLE FOR HOLIDAY GIFT GIVING. THE STORE IS PLUMP WITH ONCE IN A LIFETIME BARGAINS.

Todd Healy, Artist & Framemaker
320 King Street • Old Town Alexandria • 703-549-7883



CIGAR PALACE

**Humidors, Lighters, Ashtrays
and of course ... CIGARS!**

**4815 Eisenhower Avenue • Alexandria
703-751-6444
www.cigarplace.com**

Aches and pains?
Stop suffering today!

An Invitation
... to acquaint you with all that Chiropractic Care has to offer and to introduce myself and my newly opened practice. This ad entitles you or another member of your family to a no obligation, private appointment and examination. (Value between \$150-\$200) R.S.V.P.

No obligation on your part whatsoever!!
If you or a family member need to ✓ one or more below, come in and let me do the checking.


- ☐ Headaches/Dizziness
- ☐ Neck pain
- ☐ Shoulder pain
- ☐ Upper mid back pain
- ☐ Lower back pain
- ☐ Hip and leg pain
- ☐ Numbness in hands and feet
- ☐ Nervousness/tension
- ☐ Tiredness/Exhaustion
- ☐ Stomach and digestive disorders

Dr. Robert M. Knapp
Advanced Alexandria Chiropractic Office
Alexandria Medical and Professional Plaza
2837 Duke Street, Building #2 • Alexandria, Virginia 22314
703-823-2201

Does not apply to Medicaid patients

Make an appointment for the HEALTH of it!

Darn good.



Gadsby's Tavern
Fine dining since 1770.

138 North Royal Street
Old Town Alexandria
703-548-1288
gadsbystavernrestaurant.com



Dorothy Turner and Gwen Menefee-Smith helped found the Alexandria Tenants Council more than forty years ago with the primary goal of working with City officials and the Alexandria Redevelopment and Housing Authority to establish non-discriminatory and fair regulations regarding housing policies.

PHOTO BY NINA TISARA

Dorothy Turner & Gwen Menefee-Smith

NBY DIANE BECHTOL

Asserting that Alexandria public housing tenants have basic rights too, community activists Dorothy Turner and Gwen Menefee-Smith embarked on a mission to assure that their peers would be treated fairly and with respect. In their decades-long journey for justice, each woman felt the pain imposed on unpopular crusaders, but were ultimately uplifted as those who struggled to do good for others.

The two women, both public housing tenants themselves earlier in life, worked tirelessly to improve the quality of living for Alexandria low income and minority residents. In the 1960s and 1970s, Alexandria was not in compliance with federal Housing and Urban Development guidelines and there was a pervasive attitude of disrespect, intimidation and unfair practices against people of color, Menefee-Smith says.

Similar to many communities at the height of nationwide racial unrest, though Alexandria public housing had just been integrated, African American tenants were not treated equally. A subjective high moral standard was imposed as a condition of residency, Turner said, especially upon single mothers or mothers of multiple children.

"The administrators were so disrespectful and rude and intrusive in your personal life when people just needed a safe, decent place to live," agreed Menefee-Smith. The feelings of oppression extended beyond housing issues, she asserted. There was no encouragement for higher education, job training or civic involvement. "One administrator said to me, 'Your course has already been charted. You have made your bed now and you have to lie in it.'"

"Just because you're in public housing, it does not need to be a death sentence. We were taxpayers, law-abiding decent citizens and we had a right to have voices in how and where we lived."

Turner and Menefee-Smith joined with other tenants to bring about change. Working with the Urban League, the National Association for the Advancement of Colored People, churches, local civil rights attorneys and advocacy organizations,

the two helped found the Alexandria Tenants Council more than forty years ago. Their primary goal was to work with City officials and the Alexandria Redevelopment and Housing Authority to establish non-discriminatory and fair regulations regarding housing policies. They also sought to provide legal, economic, social and educational support for tenants, and for the preservation of allotted numbers of public housing units in the city after some apartments were demolished.

Turner and Menefee-Smith broadened their efforts to organize voter registration drives and non-partisan grassroots support of city, state and federal candidates for office. "We had to get tenants out to vote. We looked at politicians who didn't respect us and worked for their opposition. We can't blame people for needing the services. Politicians are supposed to do the right thing," Menefee-Smith recalls.

Dorothy Turner was born and raised in Del Ray and is a descendant of one of the oldest African American families in the city. She attended St. Joseph's Elementary School and Parker -Gray High School. In 1968, she moved into the John Roberts public housing complex, where she lived for 13 years with her husband and children. She recalls that public housing had just been integrated and that an African American, Nelson Greene, was on the City Council. At the time, housing officials tried to deny unwed mothers space in public housing, a major point of contention within the black community. It was a burning source of her discontent and therefore time, she said, to "fight for something due to us." Turner said she was also inspired by her brother, one of five young men who had been arrested for protesting separate, but unequal public library facilities.

In addition to improving housing conditions and policies, she, Menefee-Smith and others pushed for increased black representation on City Council, commissions, and on the housing authority board. They worked the polls and picketed Yellow Cab, which would not hire black drivers. They also saw a newly established community center on Wythe Street become a meeting space, wedding venue

▼ See LEGENDS on page 7

▲ LEGENDS from page 6

and gathering place for teenagers. Soon sewing, typing and preparation classes for the Civil Service exam were offered. “We just did a lot of things and other people started helping us,” said Turner.

One of her proudest moments, she reflected, was the successful sit-in campaign to offer black history classes at T.C. Williams High School.

Although not a native of Alexandria, Menefee-Smith became acquainted with the town at an early age. Her grandfather worked in Alexandria, and during summers she stayed in the house he purchased. In the early 1960s, she moved to Alexandria with her military husband and reared three children. The marriage didn’t last, the couple separated, then divorced, and she wanted to stay in the area to be close to family. As a single mother Menefee-Smith had limited resources after leaving her husband and eventually ended up in a public housing apartment. She felt the scorn of housing officials due to her divorced and single mother status, she recalls. By knocking on neighbors’ doors, Menefee-Smith confirmed they felt the same intimidation and fear of being ejected from their apartments for unfair moral standards imposed upon them. “They were traumatized and scared to death,” she asserted. It was at a meeting organized by the Urban League that she met Dorothy Turner, who had just moved into public housing herself. “Word got arranged that local lawyers and the NAACP were interested in what was going on. The church was filled and it became a time of personal growth. It led

me to get involved with other tenants.” Meanwhile, Menefee-Smith had other personal obstacles to overcome. She bristled when a housing administrator denigrated her educational goals and career potential. “Your chances are very slim and you need to come to terms with that,” she was told. Instead, she attended Northern Virginia Community College, then George Mason University to get her undergraduate degree in Social Welfare, using a patchwork of scholarship, daycare and transportation assistance. She attended Howard University for her master’s degree with scholarship help,

to remove her from her job. Menefee-Smith was fingerprinted, and the case went to hearings, and then the grand jury before she was cleared. Public housing tenants picketed the police chief’s house and one “alleged witness who gave false testimony” committed suicide. The FBI was called in to investigate. Despite her eventual vindication, Menefee-Smith switched to a job in Washington, DC to provide health care for the elderly. “That did not stop me from being involved with Alexandria tenants.”

Menefee-Smith and Turner expanded their crusade for the disadvantaged and

or if they have had limited schooling themselves. Education will always be the best means for a person to improve him or herself, Turner said, so it is critical that poor families get the support they need from the community. Menefee-Smith added that it is their continuing concern that Alexandria is losing young people – potential community leaders – who can’t afford to live in here. Education makes the different in getting better paying jobs.

“I will always be an advocate for poor people,” says Menefee-Smith. She repeated her intent to keep working for the dignity and rights of minorities and the economically challenged. “You just can’t walk away from them.”

Turner agrees. At 83, she uses a walker and does not have the physical vigor she once had, but she still campaigns for disadvantaged families. “I’ve lived a full life and am blessed the Lord let me live so long to help people.”

“I’ve lived a full life and am blessed the Lord let me live so long to help people.”

working 20 hours a week while attending classes.

However, her path was still not cleared for easy success. She, Turner and others were very concerned when the Housing Authority proposed destruction of blocks of public housing units without provision for displaced families. More than 30 years later, Menefee-Smith recounted how her increased activism led to false criminal charges that she had stolen money from an elderly resident. As a Housing Authority employee at the time, the action was prompted, she asserted,

elderly by advocating for senior citizens, especially in the arenas of affordable health care and affordable housing. The women are currently working to improve the well-being of mentally challenged persons, especially African American and Hispanic at-risk special education students.

Turner explained that some parents need guidance to navigate the complex rules surrounding individualized education plans for special education students. It is especially true when English may not be their first language

Living Legends of Alexandria is an ongoing 501(c)(3) photo-documentary project to identify, honor and chronicle Alexandria’s Living Legends. The project was conceived by artist-photographer Nina Tisara to create an enduring artistic record of the people whose vision and dedication make a positive, tangible difference to the quality of life in Alexandria. This is one of a series of profiles that will appear this year. Platinum and Gold sponsors this year are the Alexandria Commission for the Arts, Club Managers Association of America, Dominion Foundation, Erkiletian Real Estate Development, Goodwin House, Inc., John McEneaney in memory of Ginny, Renner & Company, CPA, P.C. and the Rotary Club of Alexandria.

facebook

twitter





GREENSTREET GARDENS
FLOWERS & GIFTS

Pansies • Ornamental Cabbage and Kale
Christmas Lights • Holiday Gifts and Accents
Home Decor • Fresh and Permanent Trees and Greens



391 West Bay Front Road, (Route 258) Lothian, Maryland 20711 • 410-867-9500
1721 West Braddock Road • Alexandria, VA 22302 • 703-998-3030
www.greenstreetgardens.com

November 2012

THE ZEBRA

7

UPDATE:



City Retains Wales Alley in case against Old Dominion Boat Club

The Circuit Court for the City of Alexandria has ruled in the City’s favor in the case between Alexandria and the Old Dominion Boat Club involving Wales Alley. The case had been remanded back to the Circuit Court for further proceedings after the City and the owner of 106 South Union Street had successfully appealed an earlier ruling to the Supreme Court of Virginia.

The court’s order finds that when the alley was implicitly dedicated and accepted by the City as a public way, whatever residual interest or easement the Boat Club may have had was extinguished.

The order has been posted on the City’s website, alexandria.gov.

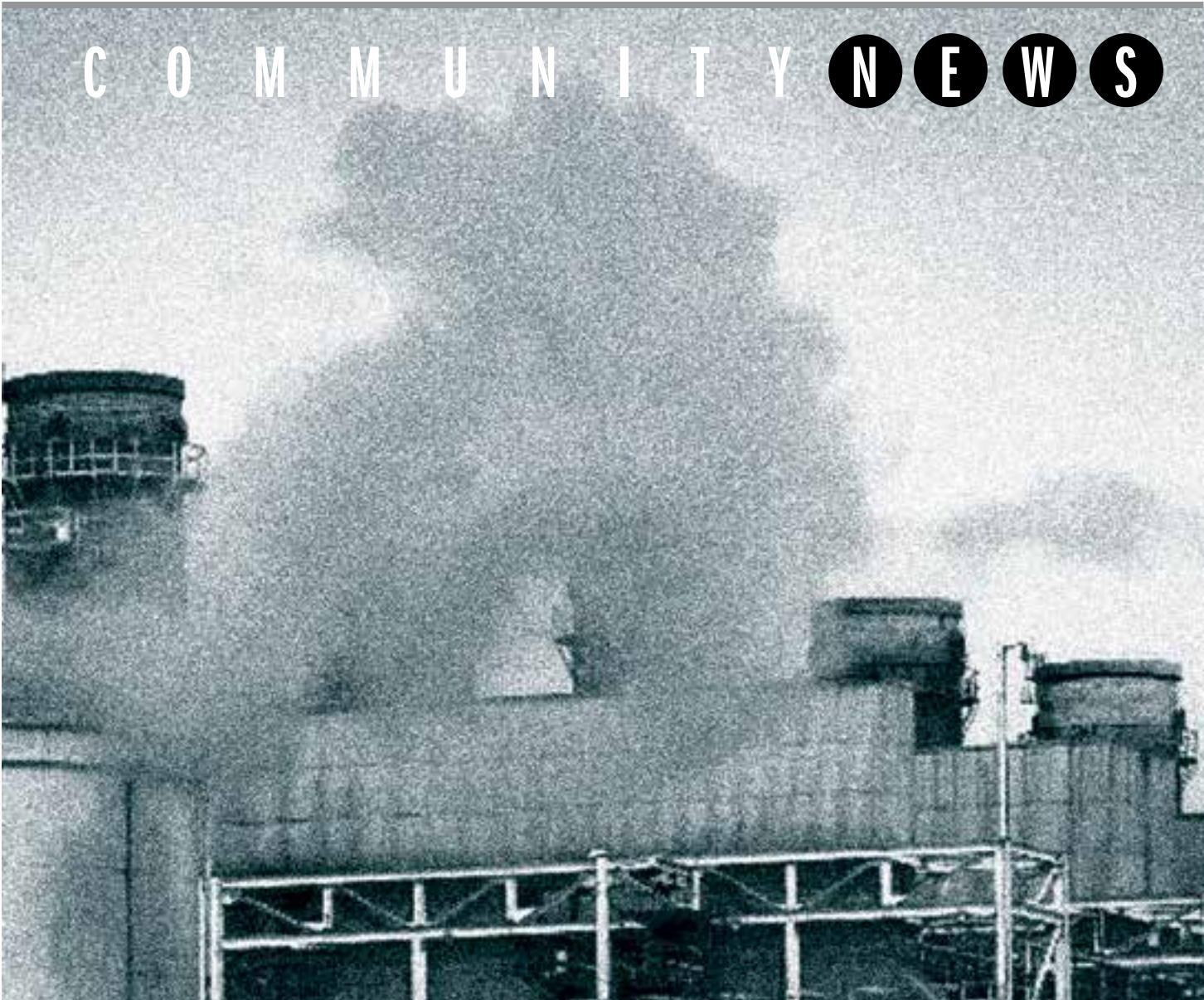
New Left Turn Restrictions on Washington Street

As the result of a 2011 safety study of the Washington Street corridor, which was approved by the City’s Traffic and Parking Board on November 28, 2011, it was found there was an elevated accident rate for vehicles making left turns during HOV hours, in the morning from 7 a.m. - 9 a.m., and in the evening from 4 p.m. to 6 p.m. Protected left turns, where vehicles can turn left on a green traffic signal arrow, have been added for southbound left turning vehicles at Washington Street at Wythe Street, as well as Washington Street at Princess Street from 7 a.m. to 9 a.m. Similarly, in the afternoon, protected left turns have been added to northbound Washington Street at Wythe Street, as well as Washington Street at Queen Street, from 4 p.m. to 6 p.m. The implementation of the left turn restrictions and protected left turns is an important recommendation of the safety study, and will assist in decreasing the number of left turn accidents on Washington Street. All other existing regulatory restrictions remain in effect.

ACVA Announces new leader from Philadelphia

The Alexandria Convention & Visitors Association announced Patricia R. Washington as the organization’s new

▼ See UPDATE on page 11



Press Conference Heralds Plant’s Closing

BY CHUCK HAGEE

For the first time in 63 years Alexandrians awoke Monday morning, October 1, with no air pollutants emanating from the stacks at the Potomac River Generating Station at the north end of Old Town. The GenOn Power plant had officially shut down at 12:01 A.M.

That long awaited event was marked by a press conference headed by Alexandria Mayor William “Bill” Euille just outside the plant’s main entrance at the intersection of North Royal Street and Bashford Lane. A large crowd of elected officials, city employees and involved citizens applauded as Euille announced, “Today marks the permanent closing of GenOn. For decades this has been the single most polluter in Northern Virginia. That ends today.”

Among the crowd were two people to which this event culminated more than a decade’s work, perseverance, dedication, and fact/statistical driven tenacity that often pitted them against a combined corporate/ governmental bulwark that was determined to break their spirit. Elizabeth Chimento and Poul Hertel commenced their crusade against Pepco, owner of the PRGS, in the spring of 2001 after noticing a grey soot residue on their homes and vehicles.

But, their greatest fear was that the residue was probably also creeping into their lungs and those of their neighbors with every breath they took as North Old Town residents. Those fears were confirmed by several studies undertaken by scientists retained by them and eventually Alexandria City government.

“For the first time since the late 1940’s the people in these adjacent neighborhoods can now breath without downwash (a term for airborne pollutants sinking instead of rising). This plant has long been a mistake that needed to be corrected,” Hertel said following the press conference.



Old Town Alexandria residents Poul Hertel (rt) and Elizabeth Chimento received special praise for their leadership in initiating the efforts to bring about the closure of the GenOn power plant during a press conference called by Alexandria Mayor William Euille to mark the historic event.

PHOTO BY CHUCK HAGEE

“This has been a long time coming. But, in the end we prevailed. The job is done. There were many issues in this process that few people are fully aware of. And, there was no way of avoiding the politics, particularly at the state level,” Chimento said.

Euille praised the pair’s initiative in his opening remarks noting, “They came to us and said “This needs to happen,” referring to the closing of this plant. “Today is a great example of the community and local government working together,” Euille stated.

He was followed by U.S.Representative James Moran (D-8) who gave a full litany of all the various air pollutants that have been spewing from GenOn stacks over the past six plus decades. “This is a hard fought and well-earned victory for this community. This event is due to citizen involvement,” Moran said.

“Mirant was forced to cut back and make adjustment to the plant that caused them to not be able to compete in the market

place. The example of what Alexandria has accomplished should be used by communities all over this nation that are suffering from coal fired power plants,” he emphasized.

“Power plants rarely get along with their surrounding communities but Mirant had particular problems. Overall there are 264 power plants nationally that are presently exempt from the Clean Air Act. Those communities need to do what Alexandria has done. There have been 95 votes in the House of Representatives in the last year alone to weaken the Clean Air Act,” Moran told the audience assembled on the parking lot facing the antiquated power plant.

“The future of this site will be a community process. The city is presently in discussions with GenOn as to the various phases of the decommissioning process,” said City Councilman Paul Smedberg (D) who, along with City Councilwoman Redella “Del” Pepper (D), co-chairs The Mirant Community Monitoring Group.

Pepper summed up the overall reaction to plant’s closing with her declaration, “It’s over. It’s closed. We can now all take a deep breath.”

Although the plant is now silent it is not quite over. There is the decommissioning process and the removal of the large coal pile that covers the ground just beyond the railroad tracks coming into the 25 acre site.

The Monitoring Group along with the Virginia Department of Environmental Quality and citizen activists such as Chimento and Hertel will continue to oversee this process. As an element of the formal shut down the City will return to GenOn the \$34 million it has held in escrow as part of the 2008 agreement for pollution control efforts.

Pepco continues to own the site with GenOn holding a 99-year lease. They have indicated that no “business decisions” will be made about the site until all aspects of the decommissioning process are complete.



OLD TOWN COMMONS

AN EYA NEIGHBORHOOD



FALL IN LOVE

with

OLD TOWN COMMONS

Discover Smart City Living at EYA's newest neighborhood in Old Town Alexandria.

Old Town Commons is just steps to historic King Street, Braddock Road Metro, and the waterfront. These new homes offer spacious open floor plans with gourmet kitchens, and reserved parking.

New condominiums from the \$300s
New townhomes from the \$700s

EYA.com

Model homes open daily | Call **571-312-8910**
735 N. ALFRED STREET, ALEXANDRIA, VA 22314

THE NEIGHBORHOODS OF
EYA *life within walking distance®*

Prices subject to change without notice.





Hundreds of coat donations to benefit local children

Hadeed Carpet Cleaning, Inc., a family-owned and -operated business and staple in the metro-DC community, will be holding their 7th annual Hadeed Coat Drive the weekend before Thanksgiving in an effort to gather 1,800 coats for the Washington Area Chapter of ChildHelp, a national non-profit organization.

“My wife Valerie and I are strong believers in charity, and now that we’re on the Board of Advisors for ChildHelp, we’ve made it a mission to aid this great cause in any way we can,” Joe Hadeed, CEO of Hadeed Carpet, said. “This charity really just has our hearts.”

Donators are welcome to schedule coat donation pick-ups from November 1 through November 17 by calling Hadeed Carpet offices at (703) 836-1111. Homes and offices must be in Hadeed Carpet’s delivery zone area.

- When:** Culminating event is on Saturday, November 17, 2012 from 8:00AM through 5:00PM
- Where:** 3206 Duke Street, Alexandria, VA 22314
- What:** Finale donation event, with food, drinks and DJ for entertainment
- Who:** Hadeed Carpet team and representatives from ChildHelp

For further information and media inquiries about the event, please call Agatha Wolkowicz at (571) 255-7054 or visit HadeedCarpet.com and [facebook.com/hadeedcarpet](https://www.facebook.com/hadeedcarpet).

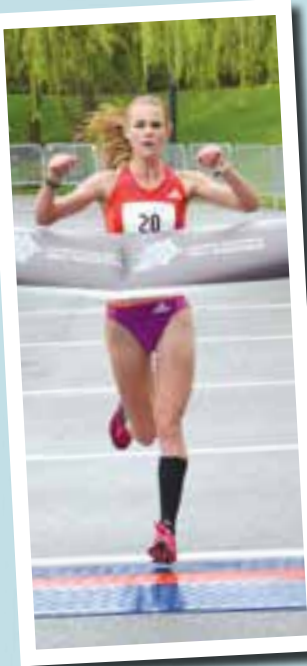


37th Annual Marine Corps Marathon

Faced with strong winds and cold, damp weather the 37th Annual Marine Corps Marathon was a complete success. Thirty thousand runners participated in this, the fourth largest marathon in the United States. US Army Specialist Augustus Maiyo won the run with a time of 2:20:17.

PHOTOS BY HARRY MERRITT

M A R A T H O N M O N T H



Kellyn Johnson flies across the women’s winner 73 mins and 24 seconds.

Ndereba, Johnson Survive Rain, Hills to Capture Third Woodrow Wilson Bridge Half Marathon

Samuel Ndereba and Fernando Cabada ran head-to-head for much of the third edition of the Woodrow Wilson Bridge Half Marathon on October 7. As all of their battles have ended, it was Ndereba who got the best of Cabada on a cool drizzling day.

It took Ndereba, a staple on the U.S. road race circuit, 65 minutes and 15 seconds to win the point-to-point 13.1-mile race which begins at the Mount Vernon home of George Washington, crosses the famous Woodrow Wilson Bridge and concludes at this modern resort called National Harbor. Cabada trailed by 45 seconds.

Kellyn Johnson, on the other hand, made quick work out of the women’s race, becoming the first American woman to triumph here. She took a commanding lead from the start and earned her victory by a margin of exactly two minutes in 1:13:24. For the 26-year-old from the adidas-McMillan Elite training group in Flagstaff, the \$5,400 in prize money was her largest payday by far.

“I was definitely excited to win,” said Johnson, who broke the tape just 13 seconds off her personal best from the Houston Half in January and 40 seconds off the course record set last year by Bekelech Bedada of Ethiopia. “I haven’t won a race in a long time, granted I’ve been running in mostly big races. I was hoping to run faster, to break that course record.”

PHOTOS PROVIDED BY STEVE NEARMAN



Samuel Nderebra crosses finish line in 65 mins and 11 seconds.

D U T Y F I R S T

Wreath Laying Ceremony at Air Force Memorial

Secretary of the Air Force Michael Donley, Chief of Staff of The Air Force Gen. Mark Welsh, Air Force Association Sandy Schlitt and Chief Master Sgt. of the Air Force Denise Jelinski-Hall placed a wreath at the Air Force Memorial in Arlington honoring Air Force personnel who have died in the past year. Photo by Harry Merritt



They Will Never Forget

As Hurricane Sandy dumped rain and heavy winds in Arlington and Alexandria, this photo went internet viral showing the Arlington Cemetery guards of the Tomb of the Unknown Soldier. Though actually taken during a heavy rainstorm in September 2012 by K.L. Marker, it shows the resolve and dedication of the soldiers to guard and protect the tomb regardless.

Second Annual Advent Calendar Art Celebration

Alexandria's holiday landmark, The Christmas Attic has partnered once again with area schools, churches, businesses and community groups to help produce a temporary exhibition featuring illuminated canvases of art to be revealed on their building for its 2nd Annual Holiday Advent Calendar Art Celebration. The event is a creative holiday activity that helps celebrate the "magic & wonder" of the holiday season, while giving back to the community.

Starting December 1 through December 24, 2012 each day at sundown, the store will reveal "advent art" featuring a variety of local organizations and artists holiday creations. All art will be placed either in the windows or on the brick of the building on the front side facing Union Street.

At the closing of the Advent Calendar event, the canvases of advent art will be available for auction at a post-event celebration. Proceeds from the auction will go to the Make-A-Wish Mid-Atlantic. Make-A-Wish Mid-Atlantic grants



the wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength and joy.

Srea schools, organizations and/or businesses that are participating in making advent creations include: St. Anthony's Day School, Good Shepherd Church, Old Presbyterian Meeting House, Christ Church and SixHalf Dozen. Special thank you to local construction firm Manthey Construction Services for sponsoring the install of the artwork.

▲ UPDATE from page 8

President & CEO. Washington's start date is November 13, 2012. She is the third person to lead ACVA since its inception 16 years ago.



Patricia Washington

Washington currently serves as the Vice President of Cultural Tourism at the Greater Philadelphia Tourism Marketing Corporation (GPTMC). Washington brings a wealth of experience in cultural tourism, marketing, arts management, fundraising and grant making. She has demonstrated savvy in orchestrating cross-sector collaboration to execute an impressive roster of large-scale initiatives that promote economic growth.

"We are so pleased to welcome such a dynamic and innovative leader," said Jody Manor, chair of the ACVA Board of Governors. "Patricia is joining a strong organization and a booming tourism economy - Alexandria has seen a 22 percent growth in visitor spending in the last five years. We know it will take a truly exceptional candidate to take the power of the ACVA to the next level, and Patricia showed us she has the fire to do it."

"Patricia impressed us with her energy, creativity, and knack for tourism development," said Mayor William D. Euille. "Her deep understanding of the role of

culture and heritage in a tourism brand and her track record of leveraging collaborations will benefit Alexandria."

"I am thrilled to be joining the ACVA as its new President & CEO," said Washington. "The ACVA has a built a strong foundation of sustained economic growth promoting the city as a stellar cultural destination. I look forward to working collaboratively with the city and other stakeholders to continue that great work."

The Alexandria Convention & Visitors Association recently announced an 8.1 increase visitor spending for 2011, to total \$711 million, generating city tax revenue of \$23.1 million. Alexandria's 22 percent increase in five years dramatically outpaced increases for Virginia and Northern Virginia, both at 9 percent.

New West End Fire Station Breaks Ground

The project is part of the City's Capital Improvement Program. The new fire station, which was approved by City Council in 2008, will provide enhanced emergency response time to Alexandria's West End. The station will provide additional Fire Department classroom and training facilities, and community meeting space. Funding for this \$16 million project also supports the improvement of the City Impound Lot located at Eisenhower Avenue and the addition of a new impound lot at 3000 Business Center Drive. Construction of Fire Station 210 is estimated to be completed in the winter of 2013-2014.

Chamber Honors Chef Cathal Armstrong and Alexandria Businesses

Chef Cathal Armstrong, co-owner of Eat Good Food Group, was honored on November 13, 2012 as the 2012 Alexandria Chamber of Commerce Business Leader of the Year during its annual Business Awards Event held at the Rachel M. Schlesinger Concert Hall & Arts Center, presented by the Land Rover of Alexandria.



Chef Cathal Armstrong of Restaurant Eve and the Eat Good Food Group is the 2012 Alexandria Chamber of Commerce Business Leader of the Year.

COURTESY PHOTO

Chef Armstrong was selected for the Chamber's top business award as a result of the enormous respect he receives within the business community for his dedication and exemplary leadership. The Eat Good Food Group, is an Alexandria, VA based restaurant group, created by Chef Cathal Armstrong and his wife/business partner Meshelle.

As well as paying tribute to Chef Armstrong, outstanding businesses in the following categories received awards: Association/Non-Profit of the Year, Eco-Business of the Year, Small Business of the Year, Medium Business of the Year, and Overall Business of the Year.

"The Alexandria Chamber of Commerce is proud to honor Chef Cathal Armstrong and include him among the distinguished list of recipients of our annual Business Leader of the Year Award. Alexandria is extremely fortunate to have a chef and business leader of his caliber based in the City, as he shares his renowned culinary expertise in our community. In addition, our 2012 business award recipients, and all of our nominees, represent a diverse and thriving business community that reflects the City that we serve" stated Andrew Palmieri, Alexandria Chamber of Commerce Chairman of the Board.

This Year's Business Award Recipients are:

Association/Non-Profit Business of the Year – ACT for Alexandria

- Eco-Business of the Year – Marstel Day, LLC
- Small Business of the Year – American Advertising Distributors of North America
- Medium Business of the Year – Commonwealth One Federal Credit Union
- Overall Business of the Year – Grant Thornton LLP

After the awards presentation, guests were treated to tastings from Chef Armstrong's restaurants including consisting of Restaurant Eve, The Majestic, Virtue Feed and Grain, Society Fair, Eamonn's A Dublin Chipper, PX, and Bar TNT.

"The professionalism of our event, honorees and the exceptional cuisine brought great excitement to the business community" stated John T. Long, Chamber President & CEO.



New Street Signs in Crystal City

Arlington county employee Jacque, replaces Old Jefferson Davis Hwy sign with new Long Bridge Drive sign. Long Bridge Park at the North end of Crystal City has become a great gathering place for sports and plane/train watching.

PHOTO BY HARRY MERRITT



**READ
ALL OVER!**

Zebra

Call 703.919.7533 today for advertising rates or email mary@thezebra.org



A privately-owned ultra modern complete small animal dental, surgical and medical facility.

By way of exceptional loving care, our staff will provide for your pet a safe haven.

1221 Belle Haven Road, Alexandria, VA
703-721-0088 • www.bhamc.com

ARTIST PHOTOGRAPHER GREG KNOTT



AM WITH THE KIDS & PM WITH THE KIDS



WWW.GREGKNOTT.COM

GREG@GREGKNOTT.COM 202-255-3222



Craftsmanship • Quality • Service
We wouldn't have it any other way.
Why should you?

Bradlee Shoe Repair
3636 King Street • Alexandria
(703) 937-9210



OCTOBERFEST

2012

Capitol City Brewing Company Hosts Thirteenth Annual Mid-Atlantic Oktoberfest Beer Festival

Thousands descended on Shirlington's Campbell street for the 13th Annual Mid-Atlantic Oktoberfest. With over 100 different types of beers, ales and lagers from 75 breweries participants found numerous ways to quench their thirst. Along with the brews, bratwurst and pretzels visitors were entertained with music and dancing. The lines were long, but the crowds appeared to really enjoy the day.

PHOTOS BY HARRY MERRITT



OK - here's an insane concept:



Let's take the biggest, most visible thing in our home; the WALLS and let's not only paint them, but paint them a solid color and (here's the insane part)... let's make-believe that we're going to be able to keep them clean !

Why do we do this to ourselves when any fool would know that the slightest peanut butter smear, wet dog shake, vacuum cleaner crash, or insect squash is going to result in a mark, print, or splatter? You might as well upholster the TV room sofa in a Vera Wang Bridal silk and insist that it has to be kept immaculate.

It ain't gonna' happen !

Let's get real, and admit to ourselves that :

A: the walls are going to take a lot of punishment and

B: we have better things to do with our lives than scrub walls.

So, what's the solution? Well, my friends... I'll tell you !

One solution is something you may not know exists: washable vinyl wall paper !

It's almost like plasticizing your walls! I can hear you now:

"Vinyl wallpaper... it must look tacky."

Oh no it does not ! It is not shiny, looks just like the standard paper wallpapers, and is available in a vast variety of patterns and colors.

"I'd be afraid to try to hang wall paper!"

Oh no you wouldn't! Look for choices like WallSmart, who's new generation of kid friendly wallpaper is designed for easier hanging with the paste going on the wall, not on the paper.

"Where I would need it is in the bathroom and it will peel-off in there !"

Oh no it won't ! Today's wall coverings are much more advanced that they used to be; apply it according to directions and it will do fine - even around steam. Try a bold, beachy stripe in the bathroom to add the impression of height, and you'll have a great new, easy-care look.

Washable wallpaper is ordinary wallpaper that is coated with a thin



glaze of polyvinyl acetate (PVA), or is printed with water resistant inks. It gives an easy to wipe surface and is particularly suitable for high-mess areas and is long-lasting if applied correctly.

I don't know about you, but my kid is not going to stop smudging anytime soon, the dogs are not going to stop mud-slinging, but I'm not going to mind. An effortless swipe of a damp sponge will maintain my walls in a state of constant perfection!

Ginger Rodriguez is an interior designer who owns West Bay Interiors in Alexandria

Z

PICK OF THE MONTH!

Safeway Delivers!

Is there a fight in your household each week about the grocery store? Who's going? What's being bought? And when you get there, it's at least an hour enduring crowded aisles and long checkout lines. Then the car has to be loaded...and unloaded. And let's not forget the gas to get there and back. So next time, as you pad around your warm home, insulated from the wind, rain and snow, clad in your favorite flannel pajamas, you can say your grocery shopping is being done - because it actually is - by a Safeway personal shopper!

Go to safeway.com and click "Grocery Delivery" to shop by aisle, by product or by history (displaying every item you've ever bought at Safeway with your Club Card). They even deliver beer and wine with proper identification. Use promo code "EASY7" to get free delivery on your first order. Subsequent delivery rates range from \$3.95 to \$12.95, based on delivery time selected and order size, and you can even include instructions (per item) for your personal shopper.

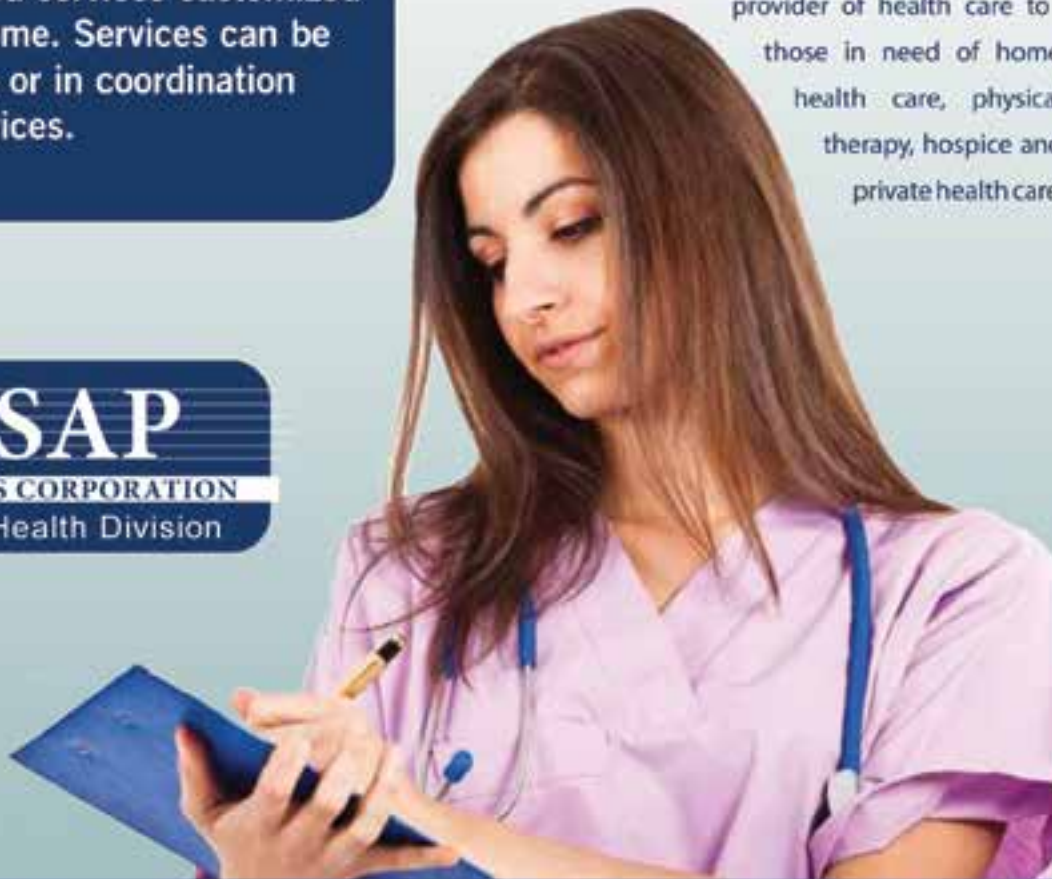
Zebra staff tried it, ordering everything from eggs and avocados to sodas and frozen foods. The delivery arrived on time, and, without exception, every item was exactly what we ordered. No dented cans; no crushed boxes; no broken eggs; hard, un-ripened avocados (as specified to our personal shopper); no defrosting issues; and long expiration dates.

Will we do it again? **Absolutely.**

ASAP Home Health Care provides a variety of skilled services customized to your own home. Services can be provided alone or in coordination with other services.



ASAP is proud to be a quality provider of health care to those in need of home health care, physical therapy, hospice and private health care.



Compassion. Commitment. Excellence.

ASAP HOME HEALTH CARE

- **NURSING SERVICES** Administer nursing care to individuals who are ill, injured, immobilized, or in recovery. *Excludes enterostomal, infusion therapy, and mental health
- **HOME HEALTH AIDE SERVICES** Assist individuals with personal hygiene tasks such as bathing, dressing, and grooming.
- **PERSONAL & HOME CARE AIDE SERVICES** Help with homemaking activities such as making beds, doing laundry, washing dishes and preparing meals.
- **PHYSICAL THERAPY** Assist in alleviating pain, improving balance, mobility and strength, and impeding deformity caused by injury or illness.
- **OCCUPATIONAL THERAPY** Help restore independence through daily living skills at work and/or home.
- **SPEECH THERAPY** Evaluate and treat individuals with speech ailments.
- **DIET/NUTRITIONAL THERAPY** Plan food/nutritional programs to control disease and encourage good health.
- **MEDICAL SOCIAL SERVICES** Provide advise, counseling, educational materials and referrals to help individuals cope with incurable illnesses.

WE BRING
HEALTHCARE HOME.



ASAP SERVICES

visit us online:

www.asapservicedc.com

or call us: 202.293.2931

Capture this to visit our website!



Hypnosis Works Fast!



VirginiaHypnosis

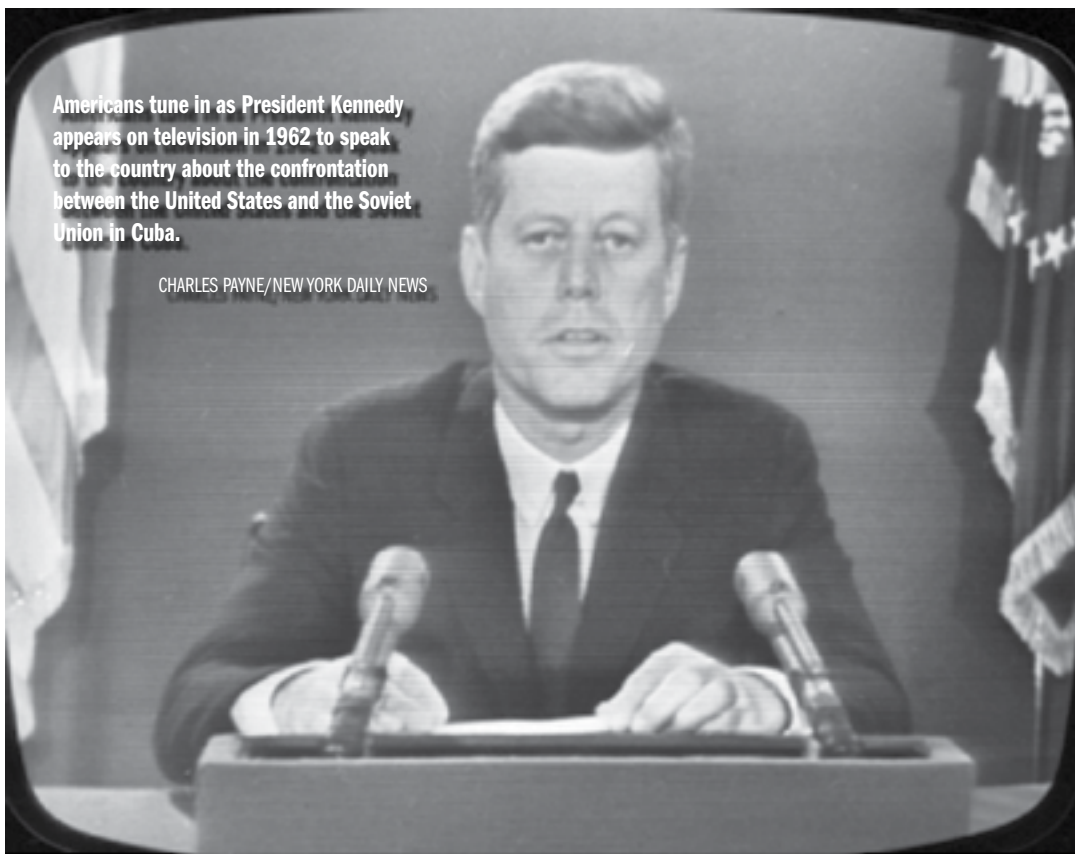
Stop Smoking • Lose Weight
Reduce Anxiety • Overcome Fears
Improve Confidence • Relieve Pain

Call (703) 360-0534
for Your Free Confidential Consultation

www.VirginiaHypnosis.com

Americans tune in as President Kennedy appears on television in 1962 to speak to the country about the confrontation between the United States and the Soviet Union in Cuba.

CHARLES PAYNE/NEW YORK DAILY NEWS



War-Wearry Warriors

October 50 years ago was the coldest month in the Cold War. Many of you reading this have absolutely no concept of what the Cuban Missile Crisis was but to characterize it -- we were 'at war' with what was then called the Soviet Union. You are fortunate that you'll never have to endure the anxiety of those thirteen dangerous days when the world virtually stood at the brink of annihilation.

Since the end of World War II the US and the USSR could best be described as two angry boys on the playground about to duke it out. The USSR flexed its' muscles threatening to cut-off Berlin from the rest of the free world on three separate occasions. It kept pushing our buttons by supporting Communist uprisings in Europe, South America, Asia, and Africa and in late October 1962, the USSR installed inter-continental ballistic missiles on the island nation of Cuba. Today, that may seem insignificant, but in 1962 those warheads could have hit targets in virtually any major metropolitan area east of the Mississippi River. Had that happened, the 9/11 attacks on New York and Washington DC would have paled in comparison.

I was an eight year old kid then living at FT. Bragg, NC, where my Dad served with the 7th Special Forces Group. One day after work I remember him hurrying home, packing uniforms and other gear into a duffle bag, and then after a quick dinner, we turned on the television to watch President Kennedy address the nation on what would become known as the Cuban Missile Crisis.

In those days many homes across the US had bomb shelters in the backyard filled with supplies in the event of an 'atomic attack' and we practiced 'duck-and-cover' drills at school in the event of an incoming Soviet missile. Kennedy's address appeared to be the real deal and later that evening my Dad headed off down to his Group HQ. He disappeared for about a week and it was only after the Crisis was averted and he came home did we learn he was in a staging area in Florida for an invasion of Cuba had that been necessary. It was that event in October 1962 that changed my appreciation of what my Dad did for a living; I finally understood just how serious his 'job' really was.

Our fathers were members of the 'Greatest Generation.' Dad had quit High School and joined the Navy in WWII just like so many of his peers. After the war, he finished high school and college on the GI Bill, taught High School for a semester and then went into the Army Reserve as a Second Lieutenant. He spent the next 20 years on active duty pulling duty in Laos, Germany, Thailand, and



ON WATCH BY MARCUS FISK

Vietnam. His generation had endured the Depression and a World War so the concept of duty was in the DNA of his generation. He retired in 1976 with 26 years of service; and all of it on active duty as a Reservist.

In 1986 I had grown weary of boating around the world in the Navy so I decided to give the civilian world a try. I transferred to the Navy Reserve and figured that in the event of anything really rotten happening in the world, they could give me a call and I would show up. Dutifully, once a month I would muster at a Reserve Center and train with my unit. Once a year I would do my 'Annual Training' and I'd get to sink my teeth into some real-world operational stuff. Operation Desert Storm changed all that. Analysts, stock brokers, construction workers, HVAC technicians, school teachers, bank Presidents, and a book store owner, the guys in my unit -- we were the second string -- the Minor Leagues. But in January 1991 when the call came, we all showed up ready to go to 'the Show.' We were in the Major Leagues now and we made sure we didn't disappoint. At the end of Desert Storm we knew we would be sent back to the Minors where we would stay until the call came again for us to pitch, field, or pinch hit.

In 2003, I watched my brother Nelson, a Marine Reservist leave his civilian job on Wall Street, kiss his bride and nine-month old daughter good-bye, and head off to Iraq-Iran border. I followed suit and spent a year in Iraq through February 2007. This past May my nephew Rawley, a Navy Corpsman with the Marines, returned from a nine-month deployment to Afghanistan. Must be in that DNA!

In October 1962 people stood on street corners, in restaurants, and in taverns all across the country watching TV to see the latest news of the potential nuclear holocaust. Reservists left their jobs, their homes, their families, and mustered at their respective Reserve Centers, ready to go to the 'Show' once again, to help out the team.

Winston Churchill once referred to a Reservist as being 'twice a citizen' -- someone who has a career but also wears the cloth of the nation as a Reservist -- ready to answer the call.

Nearly 50 years after those bleak October days of the Cold War we are again at war, this time in Afghanistan. It has become our Longest War. Let's hope that both the Majors and the Minors soon get to enjoy a well-deserved off season.

Marcus Fisk is a retired Navy Captain, Naval Academy graduate, sometime actor, sculptor, pick-up soccer player, and playwright. He and his wife Pamela live in Alexandria.

**Call for
BaCkup!!**



West Bay
INTERIORS
GINGER RODRIGUEZ

Design Dilemma?
Interior Emergency?
Domestic Decorating Dispute?

We're here to help and accepting new clients.
A simple call or email will provide you
with our expert assistance.

703-943-7400

mail to: info@westbayinteriors.com

Christopher Paul Schewe
ATTORNEY AT LAW

Legal Services

NO CHARGE for First Consultation

32 years experience

Former Alexandria City Attorney

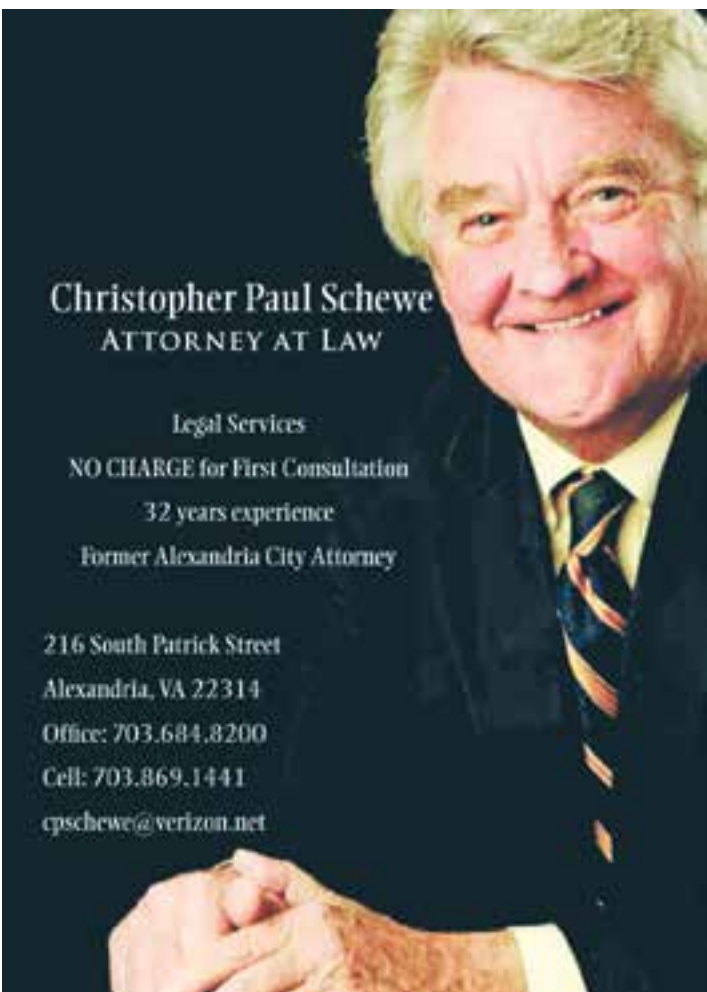
216 South Patrick Street

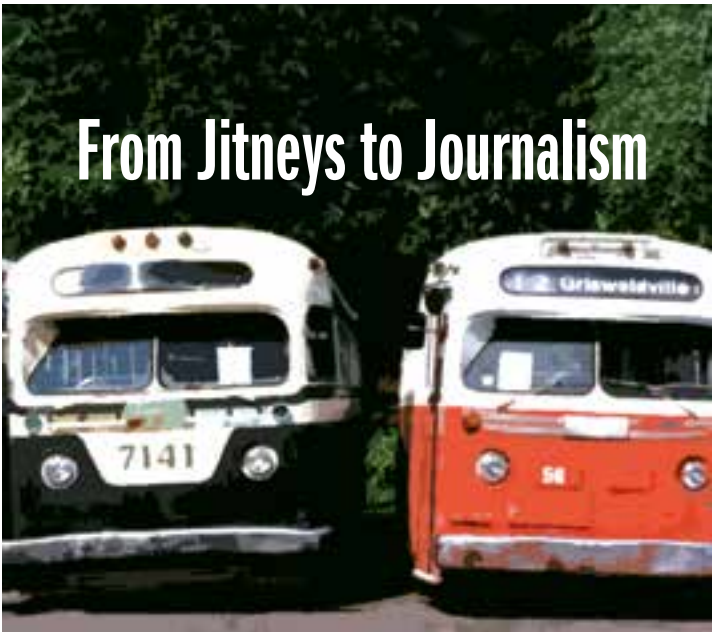
Alexandria, VA 22314

Office: 703.684.8200

Cell: 703.869.1441

cpschewe@verizon.net





BY HARRY COVERT

Back in the gentle days of my childhood it was fun riding the city bus, from the stop near my house to the end of the route and back. Gosh, it was a joy and, no kidding, the five year old wasn't in danger of being attacked or abused by the friendly driver.

In those formative years the dream was to be a bus driver, wearing the blue-grey uniform and cap and carrying a silver change carrier which I have to this day and transfers. It was pleasant practicing driving using an upside-down piano bench as a steering wheel and blissfully weaving down the route.

Mr. Brackett, the driver, let me ride the last few miles of his course at least once a week and we remained friends through my teen years. A recent suggestion to use public transportation for schools recalled my love for the buses. It also is proof that the way to kill a proposal is to study it to death and it seems that this style isn't lost on local officials.

As it was previously mentioned I was blessed to grow up when students attended their neighborhood schools, walked to schools and weren't fearful of being assault by unkempt, unruly and unschooled brats. I never rode a yellow school bus in my life and I'm glad.

It's not unreasonable for school boards or city and county leaders to think about using public transportation. The local governments have already invested millions in the buses, the routes and the ancillary requisites to operate. Bureaucracy is at its best when it can make fun or criticize suggestions to use existing facilities. Why duplicate services?

The question is why not consolidate similar services? City buses could certainly be utilized for public schools. Bus drivers, if need be, could be sworn as special police officers to maintain discipline on the jitneys if and when any of the student riders decided to be bullies and pains in the posterior. I was reminded that Alexandria schools used Metrobuses in the 1970s before Metro was finished.

I admit society has changed in these days and governments must be careful in dealing with social matters. It's a little late for this idea but I've never thought school boards should be elected. Politicizing education is not



good and is harmful. School superintendents and school boards should answer to boards of supervisors, city councils, and, not to the courts.

Taxing powers belong to city and county governments which provide funds for schools, administrators and teachers and the responsibility for local education should lie with them. I know, I know, a lone voice in the wilderness on this matter.

The old GMC buses were beautiful vehicles. Nowadays they are built to kneel with all sorts of other modern amenities – air conditioning, wireless availability and cords to buzz when riders arrive at stops. I've never cared for the yellow Blue Bird buses probably because I'm a traditionalist.

To help defray the costs of the buses, local businesses could sponsor them. Use salesmanship to sell rights to city and county buses and transport the boys and girls to schools.

Opportunities to enter the bus driving business sort of faded for me as the lure of newspapers got stronger. Our city's bus drivers organized a union after several of them were shot during their working hours. They threatened to strike, an unheard of thing in those days and finally drivers were given permission to carry side arms and given raises. Our paper was having difficulty getting the "inside" facts on the problem.

Just so happened that Mr. Brackett, my early mentor, remembered me after reading some sports stories carrying my byline (his grandson had done well in a little league baseball game). It was smooth sailing after that and my hopes for a career jumped from jitneys to journalism.

One day recently I figured it would be fun to do a part-time effort maybe as a tour bus driver. While I may still think I'm a late teenager, the facts are the superannuated stage is not a good time to pretend on city and county streets.

"Here is our cat, Harriet. She'll curl up in any old cardboard box faster than she will do anything else! Thought you'd enjoy. We love the monthly feature and if we get any more good pictures, we'll send those in too!"

--Katie and Mark,
Springfield, VA

Send your Cat in the Box photos to mary@thezebra.org and we'll get them published as soon as we can.

Visit us now for all your decorating and entertaining needs

Unique gifts abound

THE CHRISTMAS ATTIC
THE URBAN ATTIC
 125 S. Union St. • Alexandria, VA 22314
703-548-2829

Monday - Saturday 10:00 a.m.- 9:00 p.m.
 Sunday 11:00 a.m.- 9:00 p.m.

BLACK FRIDAY SPECIAL

(Zebra readers can take advantage of our Black Friday Special now through December 14, 2012)

Buy one complete pair of glasses and get ANOTHER complete pair 50% off.

Some restrictions apply

Brahm & Powell

Family-owned. Serving Alexandria eyes since 1956.

113 NORTH WASHINGTON STREET - ALEXANDRIA, • PHONE: (703) 549-2828
WWW.BRAHMPOWELL.COM
 MONDAY – FRIDAY 9:30 – 6:00 - SATURDAY 9:30 – 4:00



The Forgotten Battle

BY CHUCK HAGEE

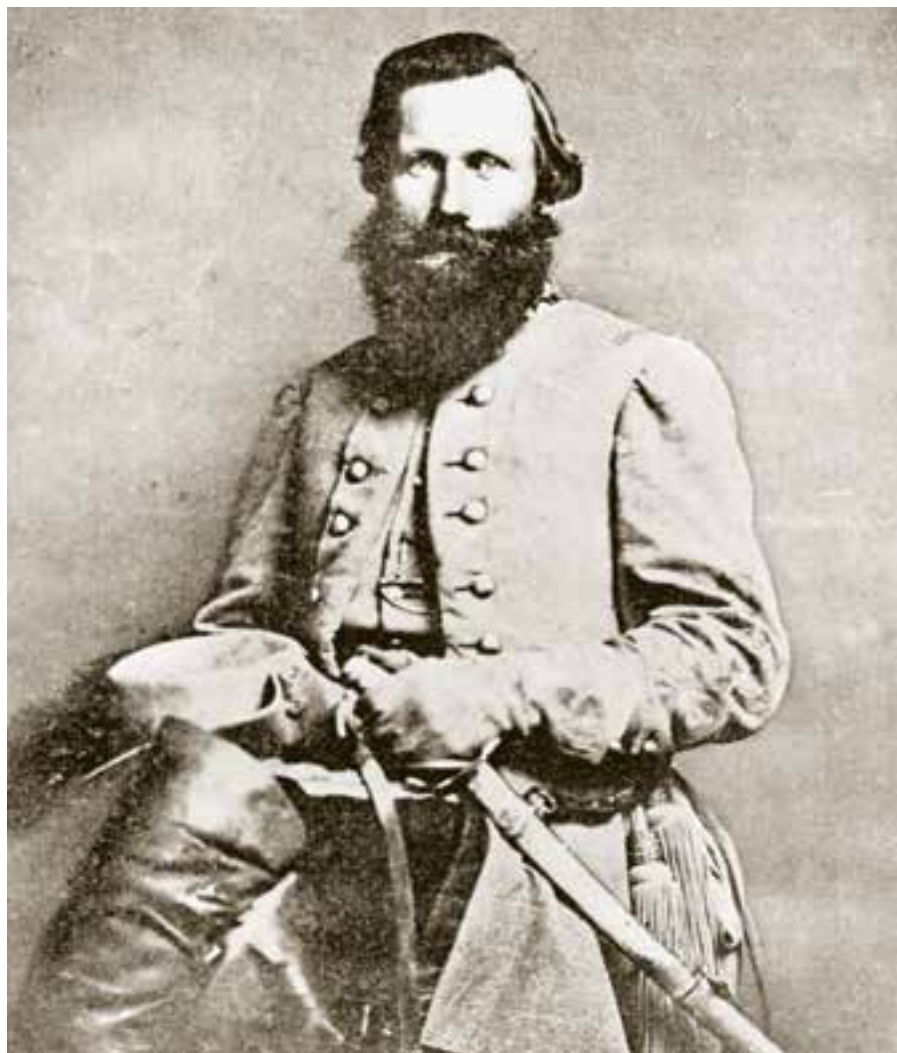
October 1862 found both the Union and Confederate armies exhausted and somewhat disheartened following the devastating battle at Antietam --the bloodiest single day in American military history. 23,000 dead and wounded with no clear victor.

Although the north claimed victory because the Confederate army withdrew to the south following the slaughter, that claim was more for political than military purposes. It enabled President Abraham Lincoln to issue his Emancipation Proclamation under the aegis of a Union victory, as advised by Congress and members of his cabinet.

Conversely, issuing that proclamation also served to strengthen the resolve of those sympathetic to the Confederate cause. In their eyes, the proclamation was proof that the war was being waged to end slavery and not to preserve the Union. This point of view was exacerbated by the fact that the emancipation was not to take effect until January 1, 1863 and would only apply to those states or portions of states still in rebellion against the United States at that time.

However, this did not mean that October 1862 saw no battlefield action or bloodshed. It was just that the battles fought were less costly to both sides and were more localized skirmishes than major forces coming face-to-face. The most costly were in Kentucky and Tennessee.

One of the most significant of the so-called "skirmishes" came to be known as "The Forgotten Battle of Unison," a small northern Virginia village in Loudoun County. It also proved to be another glaring example of Union General George McClellan's ability to thwart Lincoln's



Confederate General J.E.B. Stuart.

PHOTO COURTESY OF LIBRARY OF CONGRESS

plans to end the war through his overly cautious attitude. Ultimately, this proved to be his military career death knell.

When the 20 acre village was established by the Virginia General Assembly in 1813 it was known as "Union." Then it was discovered that there was another Virginia settlement known as Union so the name

was changed to Unison in 1829. In the interim it had also been known locally as Greenville and Butterland.

Ironically, the first settlers of Unison were Quakers who settled in the area between Leesburg and the Blue Ridge Mountains in the early 1700's. As pacifists, the Quakers would not participate in the

military or vote.

By the time the Civil War came to Unison the Quaker population had diminished considerably. But, those that remained played an active role in the underground railroad helping slaves escape to the north.

In the late 1700's new settlers in Unison were primarily Methodists. They built their first church there in 1785 -- an oak log structure. It was replaced in 1832 by a brick church using slave labor. It was around this structure and throughout the small village beginning on October 31, 1862, that Confederate General Robert E. Lee bought the time to thwart Lincoln's plan to bring the war to an early conclusion.

Following Antietam, McClellan had most of his army encamped near Harper's Ferry strategically positioned between Lee's Army and the nation's capital. This positioning gave Lincoln the idea of having McClellan use his strategic location, of being closer to Richmond than Lee and having nearly double the fighting force, coupled with the exhaustion of Lee's troops, to make a push toward Richmond cutting off Lee's retreat to the Confederate capital and thus, hopefully, bringing an early end to the conflict.

On October 4 Lincoln visited McClellan at his headquarters in Maryland to brief him. The President followed up this face-to-face with an October 13 communique detailing his plan.

But, as usual it took McClellan another week to finally acquiesce to Lincoln's proposal. On October 24 McClellan gave the march order to get his army across the Potomac into eastern Loudoun County.

When Lee got word of the Union troop movement he immediately figured out

▼ See UNISON on page 17



Unison Battlefield was finally added to the National Historic Register on October 29, 2011. COURTESY MAP

▲ UNISON from page 16

what they planned and began to move his troops. He also knew he needed to buy some time. He counted on McClellan's hyper cautiousness to acquire that precious battle commodity.

On October 28 Lee dispatched Confederate General J.E.B. "Jeb" Stuart with 1,000 troops and horse artillery to the village of Unison to delay the Union forces. Stuart set up his artillery near and around the Methodist church.

The morning of October 31, Stuart sent his artillery officer, John Pelham, with a small troop contingent to seek out the Union forces. They did so when they encountered about 100 Union advance pickets just ahead of an estimated 90,000 Union troops and firepower.

They harassed them to Aldie, VA, and then broke off contact. The next morning, November 1, Stuart was ready. He engaged the Union forces with artillery fire and a few small ground skirmishes -- just enough to give the impression of a much larger Confederate force.

General Alfred Pleasanton, commanding the Union forces, took the bait and relayed a request to McClellan for reinforcements. McClellan obliged with cavalry, infantry and a full artillery battery. Awaiting these reinforcements put a hold on the Union advancement.

At dawn on November 2 a Union force of more than 2500 marched toward Unison behind a brass band. When they got within a mile of the village they spread out for battle.

But, by this time Stuart had already positioned his troops to protect his flanks and moved Pelham's artillery to a dead-on position against the advancing Union forces. Then he slowly withdrew southward drawing Pleasanton in pursuit.

The assault on Unison was underway with bombardments from Union artillery answered in-turn by Pelham's Confederate guns. This was accompanied by cavalry and infantry engagement by both sides. The village itself became an inferno.

The battle went on until November 5 when Stuart's vastly outnumbered force retreated in earnest while still harassing the opposition as McClellan's entire army advanced. Confederate long range rifles fired down on advancing Union cavalry from

the hillsides causing them to proceed with excessive caution allowing Stuart and his troops to make it safely through Ashby's Gap.

McClellan was now in a position to continue to Richmond but the tactical advantage envisioned by Lincoln had been lost. Stuart had achieved his goal and Lee's army was now in Culpeper preparing for the Battle of Fredricksburg.

November 5, 1862, proved to be the day of McClellan's final undoing as a military commander. Lincoln, infuriated by his Commanding General's timidity and blown opportunities to end the war, signed the order reliving him of command. McClellan received the official word on November 7 that General Ambrose Burnside was his replacement. As a result, Lincoln had two and one half more years of bloody combat to face during his presidency.

General J.E.B. Stuart, prior to his display of superior military cat and mouse at Unison, had proven his audacity and cunning on October 10, 1862 by breaching Union lines with a raid in Pennsylvania at Chambersburg, the first such attack north of Maryland. He arrived with his cavalry and brought forth a bloodless surrender of the town since no one had expected it and there were no defending Union forces. The people of Chambersburg found it useless to resist Stuart's incursion.

At the time it was described, and even heralded by the press, north and south alike, as "the most daring adventure of the war" up to that point. It was not just a show of bravado however, Stuart had a very serious mission -- to gather intelligence as well as supplies and horses for the Confederacy.

Upon exiting Chambersburg the next day Stuart made sure the Union would know he had been there. His "Raiders," as they came to be known for their hit and run tactics, burned warehouses containing Federal government supplies and ammunition.

Union forces were dispatched to capture the Raiders but to no avail. Stuart and his men made it safely back to Virginia totally evading their Union pursuers with their cache of both goods and intelligence which would serve them well just three weeks later in a Virginia Quaker village known as Unison.

LANDMARK PRINTING

"Putting it all together"

Letterheads, Envelopes, Brochures, Signs.
ALL your printing needs.

21 years experience serving an array of businesses.
Highly competitive with other "franchise" printers.
Long-term relationships serving our customers.

703.823.0080
Fax: 703.333.5888
www.landmarkprinting.net
richard@landmarkprinting.net

FIRST NIGHT ALEXANDRIA®

DECEMBER 31, 2012

An Old Town New Year's Eve Party

18 indoor venues with live music,
dancing, and family entertainment

FIREWORKS ON THE POTOMAC

PLUS afternoon adventures with
the Fourth Annual Fun Hunt and
new creative and culinary activities
all around town

Don't miss the area's largest, safest,
family-friendly, budget-friendly New
Year's Eve celebration!

Children 12 and under, and
active military are **FREE**

Badge and schedule information at
FirstNightAlexandria.org

The Fireworks are Back!

The Miraculous, Migratory Monarchs

BY GLENDA C. BOOTH

RJP150 is now zigging and zagging south for the winter. Weighing 598 milligrams or one-fifth the weight of a penny, he is fluttering to central Mexico's trans-volcanic mountains, to the states of Michoacan and the state of Mexico, to join millions more kindred monarch butterflies (*Danaus plexippus*), some that flew 2,000 miles from Canada to cluster like grayish beards on oyamel fir trees at nine to 11,000 feet for the winter. "This is one of the most extraordinary annual migrations on our planet," says monarch expert Dr. Lincoln Brower of Sweet Briar College. "This amazing migration eludes explanation."

RJP150 is a bright orange and black male monarch butterfly with a polypropylene tag weighing .01 of a gram affixed to his left hind wing, a tissue-thin membrane measuring 54.5 millimeters. The tag was placed on the underside of his hind wing in the Occoquan Bay National Wildlife Refuge in northern Prince William County on September 6.

Burke resident Larry Brindza spends several hours daily in the refuge scanning the goldenrod, tickweed sunflowers, snake root and Joe Pye weed in September and October and tagging monarchs, an insect that he sees as "one of the most fascinating critters." They peak in Virginia in September and October when huge flocks traverse North America. Destination: Mexico by November.

English colonists named this featherweight creature a "monarch" in the 17th century after British royalty because the tiger-like orange and black colors reminded them of the prince of Orange, later King William III. Males have two black spots on their hind wings; females do not. The monarch is the only butterfly that regularly has a two-way migration.

Monarchs east of the Rocky Mountains are known as the eastern population and winter in Mexico. The western population winters in California.

Life Cycle

Butterflies have four life stages. A female monarch lays one egg the size of a period (.) on the underside of one leaf. In the spring, each female can lay 500 to 700 eggs under optimal conditions. Then the parents die.

After the egg hatches, the larva or tiny caterpillar eats the egg shell and begins to fatten up by eating milkweed leaves. "Their job is to eat," said Brindza, "and that's all they do – eat, eat, eat." The monarch caterpillar, sporting bright yellow, black and white stripes, outgrows its outer skin or exoskeleton several times and if not eaten by a predator, attaches itself to a support by a silky adhesive substance and becomes a pupa, a green, bag-like

milkweed sap is poisonous to small vertebrates, like birds. When the sap becomes part of the caterpillar's and butterfly's bodies, the compounds offer protection from predators that are repulsed by the taste and toxicity.

Spring Journey

As spring temperatures rise in Mexico and nectar sources become available, monarchs mate and head north. After the



How to Help

Plant common milkweed as host plants for the caterpillars. You can buy seeds from Monarch Watch.

Plant nectar plants for food sources for adult monarchs, such as goldenrods, Joe Pye weed and ironweed.

Support Monarch Watch, <http://www.monarchwatch.org/>.

Create a monarch waystation, <http://www.monarchwatch.org/waystations/>.

Support the National Wildlife Refuge system and other natural areas. For information on Occoquan Bay refuge, visit <http://www.fws.gov/refuges/profiles/index.cfm?id=51611>.

female lays eggs, she lives only around 30 days. The eggs become adults and this new generation flies north, mating along the way. The next generation does the same. During warm years, a few of the migrants from the mid-latitudes of the U.S. are fifth generation monarchs. The monarchs that make the fall migration live the longest, nine months. They return to the same place their ancestors overwintered.

Dr. David Gibo, a Toronto zoologist, estimates that if a six-foot human made the equivalent transcontinental odyssey as the monarch, it would be 11 times around the world. "Not bad for a bug weighing about half a gram," he commented.

Troubling Signs

What Brower calls "one of the most extraordinary annual migrations on our planet," he also calls an "endangered phenomenon." Several serious threats bode ill for the monarch:

Pesticides, herbicides and development are destroying breeding habitat and milkweed plants. Chip Taylor, Director of the University of Kansas-based Monarch Watch, says, "Monarch butterfly populations are declining due to loss of habitat." He estimates that monarch habitat is vanishing at 6,000 acres a day and that the overuse of herbicides along highways and elsewhere is creating grassy areas that support few species. Conservation and restoration of milkweeds needs to become a national priority," stresses Taylor.

Locals value Mexico's oyamel trees for lumber. Clear-cutting of trees destroys the butterflies' roosts and removes protection and warmth. "The Mexican government has made strides in stopping the massive illegal logging," says Brower, "but there is still substantial and damaging logging occurring on a smaller scale that must be stopped."

The future of the monarch butterfly is especially precarious because of two factors: First, common milkweed is the primary and, in most cases, only food of the larvae. Less milkweed means less food. Second, each wintering site in Mexico is a few hectares in size. Millions of monarchs are hard wired to go there and only there in the winter, to cling to the trees and survive the winter huddled together. This high concentration of butterflies in a few small sites means that any adversity, like serious cold or a severe storm there or on the way, can have a large impact.

Millions overwinter in Mexico, but counting individuals is nearly impossible because they clump together so closely. Scientists estimate the size of the monarch population each winter by measuring the area of the forest occupied by overwintering monarchs. Wintering monarch butterflies in 1996-1997 covered over 20 hectares (a hectare is 2.47 acres) in Mexico. In the winter of 2011-2012, they covered only 2.89 hectares. According to Brower, "The 2011-2012 overwintering season in Mexico had the third lowest numbers over 18 years. The best estimate is that this is about 40 million monarchs."

▼ See MONARCHS on page 19

▲ MONARCHS from page 18

This year has been particularly harsh for monarchs. The drought, especially in the Midwest, has hammered milkweed plants and wildflowers on which they nectar. Brower says the “prognosis for 2012–2013 is not good.”

“Monarchs deserve everyone’s attention,” says Alexandria naturalist Jim Waggener. “In addition to their striking appearance in all phases of the metamorphosis from egg, colorful caterpillar, jewel-like chrysalis and conspicuous adult, there is the nearly unbelievable story of their life cycle. Then, there’s the very real concern that environmental changes are putting the very future of this extraordinary species at risk.” Waggener has conducted butterfly surveys in northern Virginia for 15 years.

The Precision of a Surgeon

Brindza hones in on a black-orange flutter among the flowers and grasses. He squishes through shoulder-high vegetation, swishes his net and presto! swoops up an unsuspecting monarch. To avoid injury, he only snags them when they are nectaring, not flying. (His butterfly net is made of aircraft aluminum.)

He gently removes the insect and puts it in a glassine envelope, like those used by stamp collectors. He measures the left forewing and weighs the butterfly on a scale.

Then, with surgical forceps, he meticulously attaches a tiny, round sticker to the underside of the left hind wing, and always there, only there on every butterfly he tags. The polypropylene plastic tag, nine millimeters in diameter, weighs one one-hundreth of a gram and is a self-adhesive made by 3M especially for Monarch Watch. “The tags have been wind tunnel tested,” Brindza explains. “They will not harm the butterfly.” He limits his processing time to ten minutes.

Brindza has been measuring and weighing monarchs since 2002 and tagging since 1996 from the back of his carefully packed Volvo, his “laboratory.” When monarchs are abundant, he can catch 10 in five to 10 minutes. He has tagged 4,169 in 16 years and weighed, measured and tagged 1,894 since 2002. He consistently follows the same methodical process with each capture, always measuring at precisely the same spots on the body to eliminate any possibility of bias.

In Mexico, the reserves’ guards earn \$5 for each tagged butterfly “recovered.” His recovery rate of monarchs tagged at the Occoquan Bay refuge and found in Mexico is .002 percent. He works also on the Eastern Shore and had ten recoveries between 2004 and 2012 or a recovery rate of .003 percent.

Why care about monarch butterfly tagging and recoveries? “Recoveries tell us the geographic distribution, where they go,” explains Brindza, “and how long it takes them to get to a destination.” With such a low recovery rate, how can he keep going? “The first one recovered was like winning the lottery. I was tickled pink,” he enthused.

From Fat-Burning Belts To Fat-Burning Exercise Help Or Hype?

It is fairly obvious from the non-stop advertisements for fat burning pills, fat burning waist belts, and the myriad of other “instant miracle” products promising a leaner, more muscular you, that fat burning is the newest health rage. But what’s fact and what’s hype?

Can muscle building and fat burning occur at the same time? You probably have seen ads for various fat burning waist belts and wondered if they really worked. It just seems so easy, doesn’t it? Strap on a belt, forget about fat burning exercise, and watch those firm, beautiful muscles magically appear. Unfortunately, when it comes to fat burning and basic good health, there is just no substitute for a good exercise program.

If the great outdoors is just not your thing, many exercise machines can provide an excellent fat burning workout. Stair climbers offer great resistance training, burning calories while



ASK DR. KNAPP

toning up your leg and butt muscles. However, for lower impact and less stress on your knees and ankles, a good treadmill machine may be your best choice. You can set your own pace, burn those pesky calories and fat, and still get a great aerobic workout.

Get Hot With a Warm-Up Routine

So, how should you get started on a leaner, healthier you? Your fat burning workout should always start with some basic warm-up exercise routines. Be very cautious about aggressive stretching, though. Those wonderfully limber runners pulling their legs impossibly up against their backs are probably doing more harm than good. Why? Because muscles need to warm up before they are pliable enough to be safely stretched. Try something simple, like an arm circle or leg swing. You will find your muscles respond better and faster to any exercise, including fat burning, when you start with this type

of dynamic stretching. Your next step in burning fat is consistency. The old saying “no pain, no gain” should actually be “with pain, there is no gain”. You really do your body more harm than good when your workout is so intense that you become a stiff, sore couch potato for days at a time. The key is to listen to your body. Don’t push through the pain, asking your body to do something akin to torture.

Ladies, Tap Into Your Hidden Strength

When it comes to weight and resistance training, men definitely do not have a corner on the market. Women may have smaller body structures than men, but strength is not defined by gender. While most women do not want to look like muscle-bound bodybuilders, the female physique can realize a great deal of benefit in moderate weight and resistance training. Not only does this type of fat burning exercise help your body burn calories and fat, it also is fantastic for healthy bones. Osteoporosis is a very real threat to women, and weight and resistance training effectively fights this crippling disease, keeping you youthful and energetic with healthy, strong bones.

So are you ready for a brand new you? With a little bit of willpower and persistence, a beautiful new world of good health, increased energy, and of course, a fantastic, trim body, is within your grasp. So get up, get active, and get ready to be amazed!



No Job Too Big or Too Small!

Call European Patrick

Carpentry and Painting

ALL House Work

ALL Garden Work

ALL ODD JOBS

202-497-2997

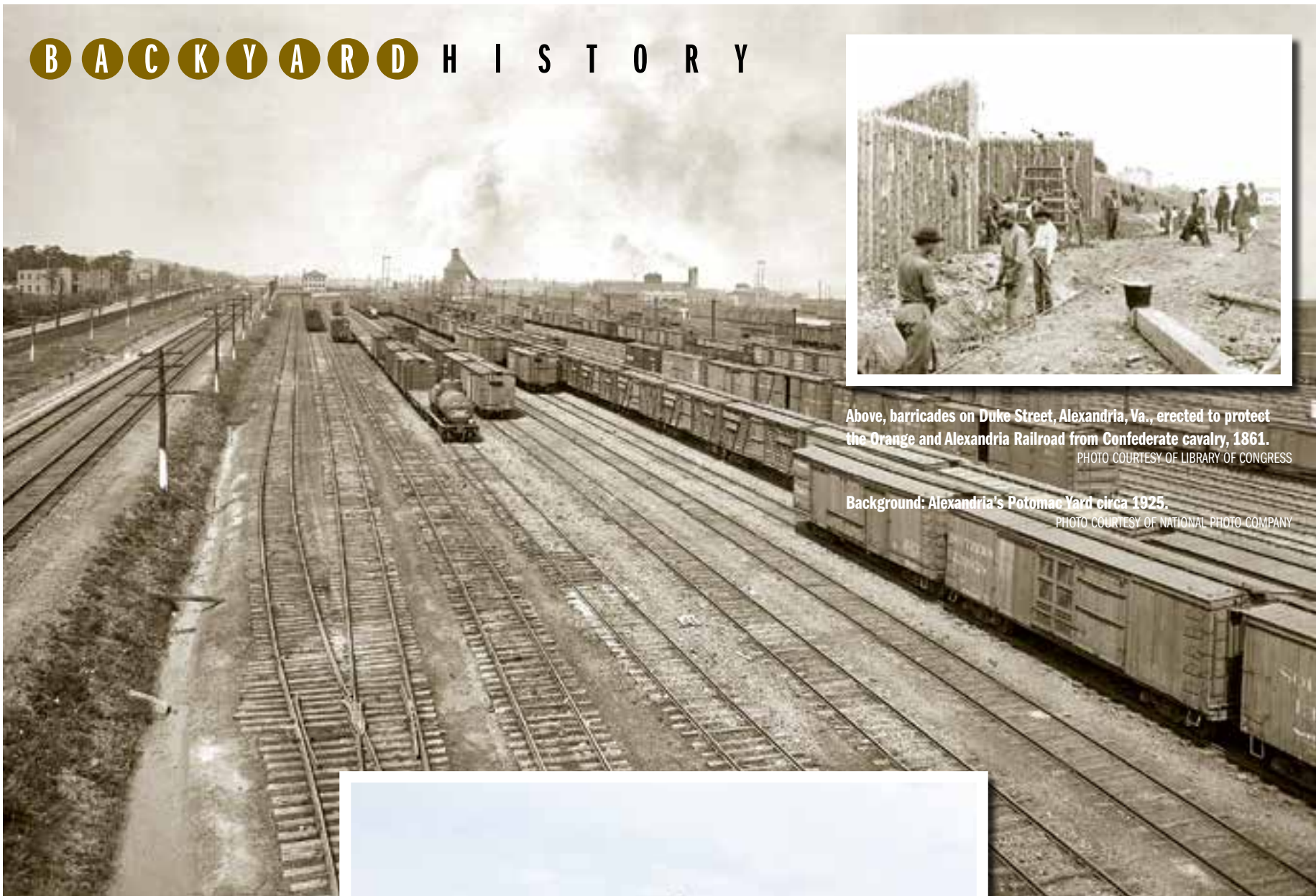
The Birchmere

America's Legendary Music Hall

DECEMBER 2012

3701 Mount Vernon Avenue
Alexandria, VA 22305
(703) 549-7500
www.birchmere.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
November 25 DUNCAN SHEIK Sunset Sessions Tour 2012 w/ Courier 7:30pm \$29.50	November 26 JAMES FORTUNE & JESSICA REEDY 'Celebrate Christmas' 7:30pm \$29.50	November 27 Graham Parker & The Rumour Reunion 7:30pm \$35.00	Birchmere Box Office is open 5:00 - 9:00pm on SHOWDAYS ONLY!! A \$4.50 per ticket service charge will apply.	November 29 An Evening with Will Downing 7:30pm \$69.50	November 30 CHRIS SMITHER w/ Andy Friedman 7:30pm \$25.00	1 CHRIS SMITHER w/ Andy Friedman 7:30pm \$25.00
2 Blood, Sweat & Tears 7:30pm \$49.50	3 TBA 7:30pm \$49.50	4 THE ROBERT GRAY BAND with Daryl Davis 7:30pm \$49.50	5 An Evening with Phil Vassar 7:30pm \$45.00	6 A Peter White Christmas w/ Windi Abar & Rick Braun 7:30pm \$49.50	7 1964 THE TRIBUTE 7:30pm \$35.00	8 J.D. Crowe & The New South 'Farewell Tour!' 7:30pm \$35.00
9 An Intimate Holiday Evening with Raul Malo w/ Seth Walker 7:30pm \$29.50	10 A John Waters Christmas! (Command Performance) 7:30pm \$49.50	11 Big Bad Voodoo Daddy's Wild & Swingin' Holiday Party 7:30pm \$35.00	12 Judy Collins 'Christmas Show' 7:30pm \$55.00	13 Howard Hewett with special guest Avery Sunshine 7:30pm \$35.00	14 Four Bitchin' Babes 'Jingle Babes!' featuring Sally Fingerett, Debi Smith, Deldre Flint, Marcy Marxer 7:30pm \$35.00	15 Four Bitchin' Babes 'Jingle Babes!' featuring Sally Fingerett, Debi Smith, Deldre Flint, Marcy Marxer 7:30pm \$35.00
16 Candy Dulfer 7:30pm \$35.00	17 JENNIFER KNAPP & MARGARET BECKER 'The Rhythms of Christmas Tour' 7:30pm \$25.00	18 ticketmaster® Ticketmaster.com 800.745.3000 Find a retail outlet near you Ticketmaster.com/outlets	19 Chatham County Line 'Elektrik Holiday Tour' 7:30pm \$22.50	20 Carbon Leaf 'Holiday Show' w/ Seth Giler 7:30pm \$27.50	21 Pieces of a Dream 7:30pm \$35.00	22 Bill Kirchen's Honky Tonk Holiday Show! w/ special guests 7:30pm \$29.50
23 Christine Lavin & Uncle Bonsai 'Just One Angel' 7:30pm \$25.00	24 TBA 7:30pm \$25.00	25 MERRY CHRISTMAS! The Birchmere Presents GREAT BIG SEA 20th ANNIVERSARY TOUR April 17, 2013, QM of Warner Theatre, Wash DC https://www.merlinian.com/ Shows on sale via the Ticketmaster app or call 1(800)838-3000	26 A Tribute to John Denver featuring Ted Vigil w/ special guest Steve Weisberg 7:30pm \$25.00	27 18th Annual HANK WILLIAMS TRIBUTE feat. Gully Pink & Mandy Mercer 301 Kirchen, Banks & Linda Williams & Their Pine Group w/ Richie Stephens & Mark Schatz 7:30pm \$29.50	28 Southside Johnny & The Asbury Jukes 7:30pm \$39.50	29 Southside Johnny & The Asbury Jukes 7:30pm \$39.50
30 TANK 7:30pm \$55.00	31 New Year's Eve with The Seldom Scene, The Hot Seats, Tim Finch & Eastman String Band 8pm \$39.50	Presented by The Birchmere Presents & AM Productions THE BRAND NEW CHRISTMAS PARTY December 4, 2012, 8pm Music Center at Strathmore 5301 Tuckerman Lane, North Bethesda, MD http://www.brianstetson.com 2012 US Tour Tickets on sale now thru www.Strathmore.org or call (301) 581-3100	January 3, 2013 'The 12 Days of Solstice' OCEAN ORCHESTRA & WASHINGTON REVELS' SINGERS 7:30pm \$25.00	January 4, 2013 PAT MCGEE BAND Reunion Show 7:30pm \$35.00	January 5, 2013 PAT MCGEE BAND Reunion Show 7:30pm \$35.00	January 5, 2013 PAT MCGEE BAND Reunion Show 7:30pm \$35.00



Above, barricades on Duke Street, Alexandria, Va., erected to protect the Orange and Alexandria Railroad from Confederate cavalry, 1861.
PHOTO COURTESY OF LIBRARY OF CONGRESS

Background: Alexandria's Potomac Yard circa 1925.
PHOTO COURTESY OF NATIONAL PHOTO COMPANY

BY CHUCK HAGEE

It may be known as a seaport town, but Alexandria also enjoys a long history with the primary mass transportation means that joined this nation from the Atlantic to the Pacific -- the railroad. Well before the Civil War Alexandria was known as an important rail center. In 2005 the city's Union Station at 110 Callahan St. marked its 100th birthday. When it was opened in 1905 by the Richmond-Washington Company, Union Station was actually located in Fairfax County, on the outskirts of what was then the city limits. It was part of a large railroad complex that encompassed a roundhouse at Duke and Henry streets and one of the largest switching yards in the nation -- Potomac Yards.

"Union station has played a very important part in this city's history, both socially and economically. As someone who has lived her all my life I have both played at the station as a child and used it for transportation as an adult. It remains a very important spoke in the city's continued development," Alexandria Mayor William D. Euille said at that 100th birthday celebration.

However, there was a time when some wanted to replace it with nothing more than an historic marker. But their efforts were stymied by then City Manager Vola Lawson. It was during her tenure than the combined efforts of the City, railroad, and developers came together to restore and preserve the historic structure.

When it was originally built it served as a full service passenger station for the area. At that time Alexandria's West End was just beginning to develop, but there was already an extensive railroad complex all along Duke street.

It was in that complex that President Abraham Lincoln's private railcar was built. However, he only got to use it once, when it carried his body back to Illinois for burial after his assassination.

During the anniversary celebration City Architect Al Cox, AIA, described



Alexandria's Union Station, first opened in 1905, underwent a total renovation prior to its 100th birthday celebration in 2005.

PHOTO BY CHUCK HAGEE

All Aboard for the Next 100 Years

the building's history and architectural significance as "The most visible example of the dominant passenger and freight transportation system in the city between 1851 and the 1930's."

But, as noted in a 1996 article published in the Historic Alexandria Quarterly, "Physical evidence of the railroad's influence on the growth and development of Alexandria is rapidly disappearing. Although the Wilkes Street tunnel and Hoof's Run bridge are protected, very soon none of the railroad roundhouses or switching yards will remain to illustrate Alexandria's 18th and 19th century history as Northern Virginia's industrial and transportation center." Unfortunately, that has come to

pass.

One of the primary contributors to Alexandria's demise as a rail passenger center was the development of the George Washington Memorial Parkway which heralded the rise of the automobile as THE primary means of passenger transportation. This demise was further exacerbated by the modernization of switching yard technology and freight route changes that lead to the obsolescence of Potomac Yard.

But, then, in the spirit of "all things old are new again," came the rise in computer rail. It has reinvigorated Union Station as well as the rail lines that it serves.

In 1992 Union Station was nominated by the City to the National Register of Historic Places. That was followed by an

application to the Virginia Department of Transportation for enhancement funds to renovate and restore the station to its original glory under the federal Intermodal Surface Transportation Efficiency Act.

The application received approval for 80 percent funding of the \$840,000 budget estimate. The remaining 20 percent came from the RF&P Corporation and Amtrack with each providing 10 percent.

The proposed scope of work to restore Union Station to its heyday elegance included the following:

- . Complete functional and aesthetic restoration/renovation of both the interior and exterior of the main building including the glass enclosure connecting the lobby with the adjacent storage building.
- . Rehabilitation of the passenger area: ticket sales areas as well as construction of new restrooms to bring them compliance with ADA requirements.
- . Replacement or updating of all existing mechanical, electrical and plumbing components.
- . All architectural elements were to be restored to their original appearance and materials.
- . Restoration of the original portico, removed in 1982, which covered the front of the building and stairway leading to the pedestrian tunnel to the east of the platform for the Virginia Railway Express.
- . Planting additional native landscaping to screen service areas and adding historically appropriate site lighting.
- . Construction of a new parking lot and other improvements to bring the entire station area into compliance with ADA guidelines.

All of this has made Alexandria's Union Station not only a tribute to the city's railroad past but also a present day symbol of its role as a continuing hub of 21st century rail travel. Through all the trials and tribulations of both the 20th century and the beginning of the 21st century, Union Station stands as symbol of continuity in a social landscape that, all too often, seems to react more than act to challenges and opportunities.

When your goal is to lose excess weight, the first muscle you may consider exercising might be a bit of a surprise to you: your brain.

Setting proper and attainable goals is a great step toward your health success. A bit of research and thought will tell you if you should be tracking pounds, inches, or even clothing sizes. For the person wishing to reduce fat and build muscle, there are a variety of low-cost methods of tracking body fat and muscle percentages.

A bit of creativity may go a long way. I once had a diabetic client whose initial inquiry was for weight loss. She expressed that her real challenge was her sweet tooth. Once in my office, she came up with a better strategy for success. By taking control of the foods she ate, she would achieve the proper blood sugar levels suggested by her doctor. In her words, by taking control of this behavior, “by accident” she would lose weight. She quickly achieved her goal.

You can also make use the Law of Concentrated Attention. You may have also encountered this as the Law of Attraction. We easily find ourselves gravitating to those things we wish to attain when you focus your mind on what you want rather than what you don’t want. A way do this is to live as if you’ve

already achieved your goal. For example, if your goal would be to fit into a smaller clothing size, go buy something in that size, and hang it somewhere at home where you will see it every day. You could use an item you already own, though the action step of buying something new and meaningful helps to solidify the goal as something real.

Eating for many has become a subconscious mind activity. They “zone out” while watching TV, reading a book, or playing on their smartphones. Consider instituting a new rule of eating slowly and consciously. Enjoy every mouthful of food, putting down your knife and fork between mouthfuls, and chewing slowly.

Turn off the electronics, and focus fully on your food. This increased awareness of the foods you consume may surprise you as you discover yourself feeling satisfied with the proper sized portion.

Many of my clients also report that by turning their eating into a conscious mind activity their choice of foods improve. Perhaps you may find yourself choosing healthier whole foods as you put more thought in the foods you eat.

Research also supports the use of profound relaxation to assist the metabolic processes of the body when releasing unwanted fat. Consider the animal in the wild eating grass. A predatory creature approaches, and the possible prey goes

into its natural fight-or-flight response and flees the scene. In this moment of escape, the internal digestive systems actually slow down to direct more energy to the extremities. When the animal is safe, it does something rather profound: it goes back to eating grass. A human in a similar experience has the tendency to remain in a stressed or anxious state. Learning better stress relief strategies has been linked to a properly functioning metabolism.

When we relax, daydream, meditate, or practice hypnosis, our brainwave frequencies ease down from Beta waking state into Alpha and Theta frequencies.

Dr. Bruce Lipton, a professor at the University of Wisconsin and Stanford Schools of Medicine was one of the first to write about the power of positive suggestion toward behavior change while the mind and body are relaxed.

You really can think yourself thin!

Jason Linett is a Board Certified Hypnotist and the Director of Virginia Hypnosis, a solution-oriented hypnosis practice in Old Town Alexandria. For more information, visit www.VirginiaHypnosis.com or call (703) 360-0534 for a free confidential consultation.



THINK YOURSELF THIN

BY JASON LINETT, BCH, CI

“

The pilgrims made seven times more graves than huts... nevertheless, set aside a day of thanksgiving.

– H. W. Westermeyer

”

Authentic Indian Cuisine.
Serving you since August 1994.
We look forward to welcoming you at Aroma Indian Restaurant!
Also available for in-house parties, banquets, weddings, and outdoor caterings for private and corporate functions.

Open Daily
11:30 am until 10:00 pm

Open Friday and Saturday
until 10:30 pm

Aroma

Shirlington | 4852 Campbell Avenue, Arlington, VA 22206 | 703-575-8800
DC | 1919 I Street Northwest, Washington, DC 20006 | 202-833-4700
COMING SOON | 9429 Lorton Market Street, Lorton, VA 22079 | 703-372-1888

Fern Street Gourmet
Your neighborhood wine shop

We carry more than 1,200 varieties of fine wine and the cheeses to match them.

Drop by and meet Andy, the new owner, and let him help you choose a special wine for your holidays.

- Weekly wine tastings
- Gift Baskets for the last minute

Fine Wine • Beer • Cheese • Bakery • Gourmet Foods
Fern Street Gourmet
Next to Ramparts • 1708 Fern Street • Alexandria, VA 22302
Mon - Sat • 10:00am - 8:00pm | Sunday Noon - 5pm
202 • 409 • 4817

BI Students Earn AP Scholar Honors

Sixty-eight students at Bishop Ireton High School have earned AP Scholar Awards in recognition of their exceptional achievement on AP Exams.

The College Board’s Advanced Placement Program (AP) provides willing and academically prepared students with the opportunity to take rigorous college-level courses while still in high school, and to earn college credit, advanced placement, or both for successful performance on the AP Exams. About 18 percent of the more than 1.9 million students worldwide who took AP Exams performed at a sufficiently high level to also earn an AP Scholar Award.

The College Board recognizes several levels of achievement based on students’ performance on AP Exams.

At Bishop Ireton High School seventeen students qualified for the AP Scholar with Distinction Award by earning an average score of at least 3.5 on all AP Exams taken, and scores of 3 or higher on five or more of these exams.

These students are Catherin Addington ‘12, Helena Barber ‘12, Noah Brooksher ‘12, Alexander Caraballo ‘13, Matthew Dubow ‘12, Mia Finley ‘12, James Fonda ‘12, Brittany Harris ‘12, Stephanie Heredia ‘12, Robert LaRose ‘12, Nicholas Manzek ‘12, Tamra Nebabu ‘13, Liam O’Connor ‘12, Ciana Puglise ‘12, Jacob Ramey ‘12, Christine Snyder ‘12 and Stephen Washington ‘12.

Eleven students qualified for the AP Scholar with Honor Award by earning an average score of at least 3.25 on all AP Exams taken, and scores of 3 or higher on four or more of these exams.

These students are Catherine Babiec ‘13, Jacob Bisnett ‘13, Melanie Blower ‘12, Catherine Burgin ‘12, Madeline Caballero ‘12, Jessica Mairena ‘13, Emily Masi ‘13, Matthew McShea ‘12, Katie Necochea ‘13, Jessica Taylor ‘12 and Kaitlyn Wagner ‘12.

Forty students qualified for the AP Scholar

Award by completing three or more AP Exams with scores of 3 or higher.

The AP Scholars are Patrizia Adriazola ‘13, Celina Amados ‘13, Andrew Baehre ‘12, Andrew Bladen ‘12, Clara Bouquet ‘13, Brendan Bowe ‘12, Aberdeen Bowman ‘12, Sara Brisson ‘12, Daniel Burns ‘12, Fiona Carroll ‘12, Dylan Connor ‘12, Carlos Daing ‘12, Aida-Stephanie Dohou ‘12, Kateri Donovan ‘12, Justin Estevez ‘12, Katherine Fogarty ‘12, Paige Foley ‘12, Devon Gaffey ‘12, Nicholas Galdos ‘12, Gabrielle Gonzalez ‘12, Suzanne Johnson ‘13, Stephanie Kapllani ‘13, Matthew Krause ‘12, Michael Ly ‘12, Allyn Melliza ‘13, Edmond Moreno ‘12, Michaela Mulokey ‘13, Veronique Nguyen ‘13, Sandie Nunez ‘13, Bryan Phan ‘13, Karla Ponciano ‘12, Elizabeth Schaefermeier ‘12, Karen Shufflebarger ‘12, Carl Shumate ‘12, Courtney Skolnick ‘13, Elisabeth-Rose Smith ‘12, Nicholas Warner ‘12, Ronald Wiltse ‘13, Makeda Yohannes ‘13 and Madelyn Zeigler ‘12.

Through 34 different college-level courses and exams, AP provides willing and academically prepared students with the opportunity to earn college credit or advanced placement and stand out in the college admission process. Each exam is developed by a committee of college and university faculty and AP teachers, ensuring that AP Exams are aligned with the same high standards expected by college faculty at some of the nation’s leading liberal arts and research institutions. More than 3,800 colleges and universities annually receive AP scores. Most four-year colleges in the United States provide credit and/or advanced placement for qualifying exam scores. Research consistently shows that AP students who score a 3 or higher on AP Exams (based on a scale from 1 to 5, with 5 being the highest) typically experience greater academic success in college and have higher college graduation rates than students who do not participate in AP.

St. Stephen’s & St. Agnes School Host “Students for Sustainability” Conference

Approximately 100 high school and middle school students from the Greater Washington area, along with 30 students visiting from Asia, joined forces to make their schools a “greener”

place at the fifth-annual Students for Sustainability Conference (S4S), hosted by St. Stephen’s & St. Agnes School. The conference was a day of education, discussion, and planning where students learned to make a difference for environmental sustainability in their schools and communities.

During the day, students experienced 12 breakout sessions where they could: explore two kinds of electric cars; observe live birds of prey and learn why they’re important to the environment; learn how their classrooms can become 100% paperless; and much more. The conference was also joined



by 30 students from five Asian nations who traveled with the East West Exchange Center to study sustainability in American schools.

The S4S Conference exposes students to some of the many ways they can apply their respect for the environment at their schools and in future careers. They see the passion that other youth and adults have for sustainability, and how they can make a difference.”

Since its inception in 2008, S4S has received great support from our community. The 2012 conference has received letters of recognition from U.S. Sen. Mark Warner and Congressman Jim Moran of Virginia. In past years, it has received a letter of recognition from former Vice President Al Gore, and Alexandria Mayor William Euille proclaimed the day “St. Stephen’s & St. Agnes School Students for Sustainability Day.”

AWARDS & HONORS

Bishop Ireton High School Announces National Merit Semifinalist



Rapp

Mr. Tim Hamer, principal of Bishop Ireton High School, announced that senior Anna Rapp has been named a National Merit Semifinalist. Anna was selected from a pool of more than 1.5 million high school students who took the 2011 Preliminary SAT/National Merit Qualifying Test (PSAT/NMSQT). The nationwide pool of Semifinalists, which represents less than one percent of the U.S. high school seniors, includes the highest-scoring entrants in each state. Anna will apply to be a Finalist in the 2012 competition

Camille Weber ‘13 Wins Positive Coaching Alliance Scholarship Award

Bishop Ireton proudly announces that Camille Weber ‘13 of Springfield, VA won the 2012 Positive Coaching Alliance Triple-Impact Competitor® Scholarship Award in a ceremony at Georgetown University on October 11, 2012. She was among 10 winners of the \$2,000 scholarship. Hundreds of juniors in the DC Metro area apply for this award, and Camille and Tommy Kelly ‘13 of Alexandria were named finalists last summer, along with 24 other student-athletes. The PCA awards post-secondary education scholarships to high school athletes in selected geographic regions: Chicago, Eastern Massachusetts, Houston, New York City Tri-State Area, Northern California, North Texas and Washington, D.C.



Weber

Catherine Babiec ‘13 named USRowing Academic All American



Babiec

Bishop Ireton Senior rower, Catherine Babiec, was among fifty-five student athletes placed on the 2012-13 USRowing Scholastic Honor Roll, while another 73 student-athletes earned honorable mention honor roll recognition, the association announced mid-October. She is the daughter of Dr. and Mrs. Dan Babiec of Alexandria, Virginia.

The USRowing Scholastic Honor Roll recognizes high school seniors who have excelled in both academics and rowing. Applicants must be USRowing members, have rowed or coxed at least one year, and successfully competed at or above the league or regional level. In total, more than 222 nominations were received from 94 rowing organizations.

Catholic Athletes for Christ

Bishop Ireton announces that seniors Catherine Babiec and Tommy Kelly were awarded the Catholic Athletes for Christ High School Award. Two student athletes from each of Arlington Diocese’s four Catholic High Schools were awarded this honor at a ceremony Tuesday, October 9 in Arlington, VA. They received the award because of their commitment to their teams, to sportsmanship, and to their faith.



Kelly and Babiec

Krotine wins Fairfax County Athletic Council “Champions of Character” Award



County Chairman of the Board of Supervisors, Sharon Bulova (left) with Bishop Ireton freshman Amy Krotine, at the “Champions of Character” Award ceremony.

COURTESY PHOTO

Fairfax County’s Athletic Council has selected Bishop Ireton freshman Amy Krotine as an honoree in their 10th annual Fairfax County Champions of Character Awards presented on Oct 23rd at a ceremony at the Fairfax County Government Center. The Cardinal soccer player is a varsity goalkeeper on the 2012 team as well as an active member of a travel team in Alexandria. She was selected as a female athlete from the Lee District of Fairfax County. Amy is the daughter of Mr. and Mrs. Michael Krotine of Alexandria.

Council’s award recognizes many of the same principles embraced at Bishop Ireton, according to athletic director, Bill Simmons. “When you look at our Salesian approach to living and our athletic commitment to the tenets of the Positive Coaching

Alliance, you can see that Amy has grown up with family values and team values that reflect those principles and values. She is not only an exceptional teammate, but clearly a tremendous representative of our school and her family. They are proud of her on her club team, and we are very proud of her as well.”



BY DENNIS WHITESTONE

Have you included a new car into the budget? No? Then don't ignore the timing belt. If it goes you could be looking at repair bills that would make replacing the car a more viable option.

The timing belt is one of the most essential items in a vehicle's operation. It keeps the camshaft and crankshaft in sync with one another. If they go out of sync it could damage both the pistons and valves which could mean a large repair bill.

Unfortunately, there is no forewarning to when a timing belt is nearing the end of its life. It's not like the commercials on television where customers offer their animated versions of weird noises being made by their cars. There is no noise, no weird sensations, no visible loss of fluids -- it just breaks.

When it goes the car stops. That is followed by the delay, frustration, and expense of being towed to the repair garage. But, that could only be the beginning of the ultimate cost.

An engine fires several thousand times a minute with the valves and pistons operating in perfect sequence to keep them from striking one another. That is the primary job of the timing belt.

However, because the engine is firing so rapidly, when the timing belt goes several firing sequences could still occur before shut down allowing the piston and valve to strike one another. This can result in bent valves and/or a punctured piston or both. And, that means a major engine rebuilding or replacement.

There are two types of internal combustion engines on the market today -- interference engines and non-interference engines. Your local garage or auto dealership can tell you which type of engine is in a particular car.

You must be very careful with the interference engine because it is this type engine where the pistons and valves occupy the same space micro seconds apart during the firing sequence. With the non-interference engine that is not the case. The pistons and valves are in separate enclosures. If the timing belt breaks in a non-interference engine its not as big a deal -- other than the inconvenience of taking an unwanted tow truck ride.

The service manual for each vehicle usually states a suggested milage for replacement of the timing belt just as it does for all other service items such as oil changes, transmission fluid, brakes,

coolant, etc. But, it's safer not to push it right to that outside limit.

A non-interference engine normally calls for the timing belt change at approximately 90,000 mile. But with the interference engine, in my opinion, that milepost is reached at 75,000 miles.

There are basically two choices to be made when replacing a timing belt. One is to replace the belt only. However, most garages will not guarantee a belt replacement only. There are just too many other things that can go wrong that have not been addressed by this limited repair.

The second approach will normally result in a guarantee of the work completed. It calls for not only replacing the timing belt but also the crankshaft and camshaft seals as well as any belt tensioners that are worn. It is also wise to replace the water pump at the same time -- if it is driven by the timing belt. This second approach will "guarantee" the mechanical long life of the vehicle.

Some cars might have a timing chain as opposed to a timing belt.

The difference being that a timing chain is similar to the mechanism of a bicycle -- there is a chain that interacts with a set of gears. The replacement of a timing chain on pre-1995 cars is an estimated 125,000 miles. On newer cars replacement is usually "as needed," according to the owner's manual. Most vehicles with timing chains instead of belts have non-interference engines -- thus the longer milage advisory.

As for cost, that differs from garage to garage or dealership to dealership. But, it is one of the more expensive maintenance items to keep your car running. It is also definitely one of the more essential elements of responsible maintenance.

Unfortunately, there is no way to check on the need for replacement without doing it. By the time the effort is invested in checking on the timing belt the major cost, labor, has been incurred because of where it is located within the engine. Therefore, it is essential to adhere to the mileage replacement recommendation and even have the work done before that recommended mileage limit is reached.

The old adage "a stitch in time saves nine" was never more appropriate to the care and maintenance of your vehicle than in the case of the timing belt. This stitch in time could save you many times over a multiplier of nine in either repair bills or adding a new car to the budget.



Intelligent Office®

Work Anywhere...Professionally



Now you can operate like a bigger company without spending like one.

- > Flexible office and professional meeting space on an as-needed base.
- > Our prestigious corporate address become your company address.
- > Professional reception and executive assistant services

Receptionist Service **\$49**

1 Month of full time Receptionist Service for your business. Reg. \$200 - \$2000 (New customers only)

2331 Mill Road, Suite 100, Alexandria, VA 22314
703-224-8800 « www.alexandria.intelligentoffice.com

AUTOMOTIVE SERVICE GARAGE

"Quality Is Our Main Concern"

www.automotiveservicegarage.com

Complete Auto Repairs Including Auto Body & Painting



100% Customer Satisfaction by Check Book Magazine

Rated #1 in Alexandria by Washingtonian Magazine

3 Blocks From Braddock Road Metro
7:30am - 6:30pm
M-F



Services Include:

- ENGINE REPAIR
- TUNE-UP
- BRAKES
- CERTIFIED EMISSIONS REPAIR
- ELECTRICAL SERVICE
- AIR CONDITIONING
- TOWING
- FRONT END REPAIR
- COMPUTER SYSTEMS REPAIR



500 N. FAYETTE ST.,
OLD TOWN • ALEXANDRIA
703.549.4770

“ If we all did the things we are capable of doing, we would literally astound ourselves. ”

– Thomas Edison

Tisara Photography
Creating Tomorrow's Heirlooms Today



Gift Certificates Available
Portraits · Weddings · Special Events
1607 King Street · www.tisaraphoto.com · 703-838-8098

We make traditional hearing aids a thing of the past

Intelligent. Unrivaled. Wireless.

ReSound Alera® delivers a rich surround sound experience and clarity that you'll really appreciate when you're deep in conversation and there's a lot going on around you.

- Understand speech better, even in noisy environments
- Automatically adjusts to your listening situation
- Experience a phone call or a hug without whistling or buzzing in your ear
- A truly wireless hearing aid that connects you directly to your TV, cell phone and other audio devices

ASK ABOUT
ReSound Delta® Mini Microphone
The newest accessory for Alera.

Meet the audiologist...
Mark Gustina MS CCC-A

Mark Gustina graduated from the University of Hawaii with his master's degree in Audiology. After working with the U.S. Military's finest at Tripler Army Hospital, Mark moved to Pittsburgh. There he opened Greenberry Hearing and Balance Center. He has built a team most recently recognized as the Best Hearing Aid Center in the region for four consecutive years. Mark's expertise with the smallest, most sophisticated hearing aids and his ability to customize solutions to each individual's lifestyle separates him from his peers. Now he brings his knowledge and commitment to helping people with hearing loss to northern Virginia. In that convenient location, people from the Washington, D.C. area can visit Cosmetic Hearing Solutions, meet Mark, and leave hearing better than they had in years!

Call us TODAY to schedule a free hearing screen.
Offer good to Zebra readers thru 12/15/2012

Hearing Solutions
by Cosmetic Hearing & Balance

6715 Little River Turnpike, Suite 201, Annandale, VA 22003
703-942-5844

434 South Washington Street, Alexandria, VA 22314
571-312-7345
cosmeticaudiometry.com

Lyric
Invisible. Effortless. 24/7



A Chat with Argentine Wine Maker Jose Galante

Formerly with Catena Zapata for thirty years (the Robert Mondavi of Argentine wines), Winemaker Jose Galante has now aligned his talents with distant Mendoza neighbor, Bodegas Salentein. The Vixen raises a glass or two with don Jose and chats about his first Salentein vintage and finds a few Vino Vixen Values worthy of their Argentine Pesos...

Argentina and Her Wines – In Argentina, Mendoza means wine. Producing over 70% of her grapes, 370,000 acres of vineyards, and hosting over 1000 wineries, Mendoza is the most influential and important wine region in Argentina. 700 hundred miles west of Buenos Aires lies the Andes, with Mendoza and her five wine subregions nestled next to the mountain range. The highest of these subregions is Uco Valley and home to Bodegas Salentein.



Serendipity Salentein – As much good fortune in life often is, Salentein was founded by unfortunate accident. Dutch entrepreneur, tycoon, and avid sailor, Mijndert Pon was stranded in the Caribbean while his vessel was being serviced during a sailing jaunt in the region. At an invitation of an Argentine friend, Pon bided his time down in Mendoza enjoying the time

as bon vivant millionaires are apt to do – sipping wine and living the good life. Pon fell in love with Argentina, Mendoza, and the Uco Valley. And when a millionaire falls in love, money shall be spent on that object of affection. Hiring one of the most innovative architectural firms in Argentina, Bormido and Yanzon (see the beautiful coffee table book *Adventurous Wine Architecture* By Michael Webb,) Pon built a “field of dreams”

▼ See GALANTE on page 25

2011 KILLKA

Torrontes
Uco Valley, Mendoza
SRP- \$15

I'm a huge fan of Torrontes. I think of it as the Pinot Grigio killer – if you're a fan of a fresh, lighter style, fruit forward wine, try this one. The nose is floral and feminine. On the palate, taste light white pear and a hint of grapefruit. Because of the altitude of these grapes, you won't get the very extracted fruit flavors inherent in many Mendoza Torrontes. And I like that – it's a softer and more sophisticated Torrontes. Check out the label...“Gente a La Espera de Una Cita de Amor or “People Searching for a Love Tryst” by Argentinean artist Antonio Segui (1934). It's a hookup scene! I think it would make a perfect pattern for an Hermes tie...

2011 SALENTEIN RESERVE

Chardonnay
Uco Valley, Mendoza
SRP \$20

Notes of vanilla and hints of caramel. Through using only a partial malolactic fermentation, Gallante controlled the overt butter, which is a good thing. But, the wine lacks the depth and nuances I've found in other \$20 Chardonnays. I'd buy this at \$15, but underwhelmed at \$20.

2010 SALENTEIN NUMINA

Malbec, Cabernet Sauvignon, Merlot, Petit Verdot, Cabernet Franc
Uco Valley, Mendoza
SRP \$41

Clearly, Gallante enjoys working with his reds. The color is deep and dark – beautiful in the glass. On

the palate, the Cabernet Sauvignon seems to overtake the Malbec just a hint more than it should, because that Malbec is amazing. The Cabernet Sauvignon is a bit herbaceous and needs to settle down. I expect some bottle aging will do just that. Interesting wine with excellent layers and complexity. It was hard to put this down, as it changed in the glass with each sip. Try this one if you can find it under \$37 – it's worth the peso.

2010 SALENTEIN RESERVE

Malbec
Uco Valley, Mendoza
SRP- \$20
VINO VIXEN VALUE.

A blend of Malbec from two different high-altitude vineyards. Malbec's normally a pretty acidic wine, but Galante really tamed the acidity and combined it with very soft tannins. And the result is simply stellar. Fruit is intense (I thought he may have had a late harvest) and rich with black cherry, ripe raspberry. Aged 18 months in French oak, giving it some nice non-fruit lovelies like tobacco. This is a winner at any price and a VVV at \$20.

2010 SALENTEIN PRIMUM

Malbec
Uco Valley, Mendoza
SRP- \$65

My first sip's reaction “Where are the tannins?” This wine is so soft and mellow that it's lacking the umph and textures I expect at this price. It's lovely and very drinkable filled with juicy cherry fruit and violet nose that fills the room. But, at \$65 I need more. I was happy, very happy, drinking the \$20 Malbec Reserve next to this.

winery, restaurant, hotel, gallery, and even a chapel in the remote slopes of the Andes – over an hour from the bustle of Mendoza.

The Acquisition – Pon acquired beautiful art for his Salentein’s Killka Gallery, filling it with paintings from the 19th and 20th century Dutch Masters and contemporary Argentine artists. He acquired additional vineyards from three distinct valley fincas of varying altitudes. And finally Pon acquired Jose Pepe Galante, one of Argentina’s most notable winemakers.


With over thirty years with experience as head winemaker of Bodega Catena and working with wine legend Nicolas Catena, Jose Galante has what it takes to be Pon’s number one draft pick and bring Salentein wines to new international heights. Currently Salentein is the 46th largest exporter of Argentine wines, and Catena is number 4, so you may not be so familiar with Salentein. However, as Galante was an instrumental force behind Catena’s ascent in exports and understands well the “Robert Parker-esque” international winemaking style, you may start noticing Salentein in more wine shops and on more wine lists. So let’s get ready for them...

Salentein Wine Line-Up – Like many wineries now, Salentein has their consumer-friendly brand (inexpensive- usually fun looking labels), premium brand (mid-expensive – usually serious looking labels with winery image of logo) and icon brand (crazy expensive, heavy bottles, embossed labels). I tasted and reviewed a selection from Salenteins consumer-friendly and premium wines. (Galante is working on his icon brand now – the juice is still in the barrel and is expected to be over \$100/bottle).

Killka – Andean word that means “entry or gateway”, which is a (probably unintentionally) appropriate name for their entry wine. The labels are all images from their modern art collection of Argentinian artists hanging in the winery’s art collection – the Killka Gallery.


As I mentioned, Gallante is working on his icon wine now, which will be a blend of Malbec and Cabernet Sauvignon. He has a reputation riding on this one, as well as the pressure of first release Icon Wine. I think I would prefer to save back the \$65 Primum ticket price and put it towards his new Icon.

– Cheers,VV



WASHINGTON NATIONALS & THE ALEXANDRIA CHAMBER BUSINESS OF BASEBALL EVENT

THURSDAY, DECEMBER 6 • 11:30 - 1 P.M.





Join the front office of the Washington Nationals for a behind-the-scenes look at the nuances of running a Major League Baseball franchise.

**HILTON MARK CENTER
5000 SEMINARY ROAD
ALEXANDRIA, VA 22311**

**\$45 FOR CHAMBER MEMBERS
\$65 NON-CHAMBER MEMBERS**

nationals.com

For more information , contact:
BRITT KROLL
703.549.1000 | bkroll@alexchamber.com





Residential & Commercial Electrical Service

Class A VA Contractor · Licensed/Insured

We install
**FULL HOUSE
GENERATORS**

Contact us
**703.314.1287
info@AllegroLLC.net**



**FREE
ESTIMATES**

Hadeed

ORIENTAL RUG CLEANING & IN-HOME SERVICES

Grand Opening of Our New Showroom!

\$3 Million Dollar Inventory!

Every Size Available! 2x3 All the Way to Embassy Size!

From... **30% - 50% Off!**

To see our full Inventory, visit our photo gallery at **hadeedcarpet.com**
535 W Maple Ave • Vienna, VA
703-836-1111



USHII
UNITED STATES HOMELAND INVESTIGATIONS INC.
All our employees go through a rigorous background screening!

FREE! Estimates

You Could Be Our Grand Prize Winner! Enroll In The ...

Hadeed BUCKS!

SAVINGS PROGRAM

All Loyalty Cards Come Preloaded with \$50-\$3000!

HADEED MAID SERVICE!

25% Off Your First Cleaning

or **50% Off** with 6-Time Service Pkg.

*Hurry offer expires 11/30/12. Not valid with any other offers.

3206 Duke Street Alexandria, VA **866-423-3331**
HadeedCarpet.com

See Back Page for Our Full Ad and Our Complete Suite of Fall Specials!

GO GREEN

With mini spiral bulbs!

Save money by using less electricity than the old type bulbs — and they last up to 10 times longer!

Come in and start saving today!

AVAILABLE IN:

11 watt = 55 watt	18 watt = 75 watt
13 watt = 60 watt	26 watt = 100 watt
15 watt = 65 watt	And 3-way!

The Lamplighter
Serving Alexandria for 70 Years
1207 King St., Old Town, Alexandria, VA
(between Payne and Fayette St.)
703.549.4040 www.lamplighterlamps.com




You need it but don't know where to start?

Is Social Networking Driving You Crazy?

You started it, but now have no time to keep it up?

Don't Worry!!!
I can help immediately!

Call me today for friendly service and reasonable rates.

- Photography
- Consulting
- Social Media
- Marketing

Office: 703.548.7962
Cell: 703.216.4256

waynehulehan@comcast.net
www.linkedin.com/in/waynehulehan
www.facebook.com/waynehulehan
www.twitter.com/waynehulehan

Wayne Hulehan





Chez Andree
Restaurant, Bar and Lounge
703-836-1404

\$29.99 Dinner for Two
Plus a bottle of Wine!
Mondays and Tuesdays

House Specialties Include:
Duck A L'orange, Sweetbreads,
Chicken Livers, Cal's Liver, Trout
Almondine, Steak Au Poivre,
Oysters Rockefeller, and Frog Legs.

HOURS
Lunch
Tues-Fri: 11am-2:30pm
Dinner
Mon-Thurs: 5pm-9pm
Fri & Sat
5pm-9:30pm

Open for Brunch and Dinner on Sunday
Sunday Hours
Lunch: 11:30am-3pm
Dinner: 4pm-8pm

NEW OUTDOOR DINING AREA/PATIO
Group Rates and Private Room
Available for Parties

(703) 836-1404 • chezandree.com • 10 East Glebe Road Alexandria, VA





Living Legend Bill Kehoe.

PHOTO BY NINA TISARA

Living Legends 2012 at City Hall

BY TRUDI VAN DYKE

I have a digital camera...it's easy to take pictures... I set it on "idiot proof" and shoot portraits to capture special people in my life. Some end up in "the cloud"; lots still live on my camera.

But, somewhere along the line I've missed the talent gene and its even more obvious that years of study and hard work marks the huge difference between what I produce and true photographic art.

There is a timely opportunity to visit the Alexandria City Town Hall to view the photographic portraits of the 2012 Living Legends. The foyer space is aligned now with the exceptional black and white portraits of the honorees. Choosing the format of black and white challenges the photographer to find ways to bring forth the personality of the subject without relying on color. Professional art photographer Nina Tisara whose poignant portrait work is well known and widely exhibited and collected has shot the majority of the work.

The continuing concept of Living Legends is to photograph each awardee in their own environment. Tisara feels that finding a comfortable place for her subjects will enhance their relaxation and help provide the natural quality and personality that she wants to evoke. Indeed her hours of planning, shooting, and choreographing each shoot has again created a panoply of artistic excellence.

There are no happy accidents when the Living Legends are photographed. Among the most moving is Bill Kehoe as he stands in front of the fire department that has so influenced his "give back" to his community. It is carefully composed

so that the flawless composition swirls around the subject and the viewer is inadvertently drawn into the pride and genuine quality of the subject.

Bud Hart's portrait is more casual. A man in the midst of his sharing what he loves. His hands-on work in the community is taken at face value as his hands are reflected in the hands reaching out to him.

Steven Halperson, also a talented artist, provided back up to Tisara as he has done in previous years and photographed Joe Shumard. In addition it needs to be noted that Halperson's contribution of flawless matting and framing lends a flow to the exhibition. Individual remarks about each legend are placed within the double mat and artfully manages to enhance the work without distraction for those who take the time to read them. However, the quality of the beautiful art stands on its own without need of verbiage.

Always giving back to the community itself, founder Nina Tisara and Steven Halperson worked closely to incorporate the opportunity for NOVA student Joe Bleach to be mentored in the project. Bleach's work on two of the thirteen legends is included in the well-lit and presented exhibition.

Alexandria citizens should take the opportunity to go to town hall for more than paying their taxes. Plan on spending a few extra minutes perusing this art exhibition. You don't have to know the subjects when you arrive but the artistic quality of the photographs will make you feel like they are old friends when you leave.

The 2012 Legend portraits may be seen in the Market Square Lobby of City Hall through February. Photograph portraits of ten past year's Legends are on view at Barnes & Noble, 3651 Jefferson Davis Highway in Alexandria.

Thanksgiving dinners take eighteen hours to prepare. They are consumed in twelve minutes. Half-times take twelve minutes. This is not coincidence.

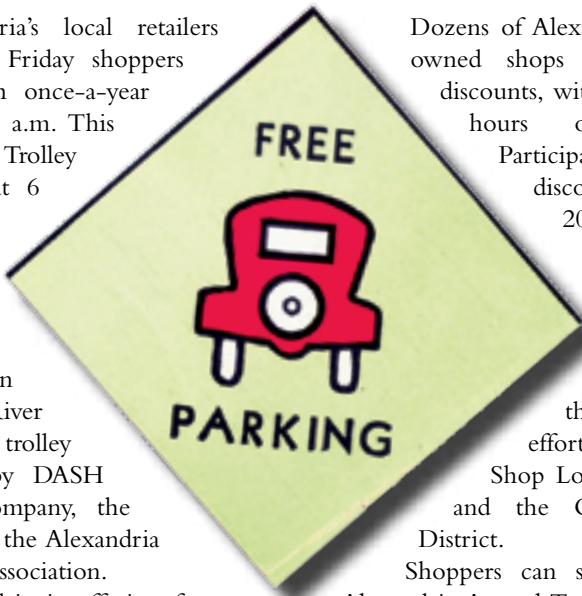
- Erma Bombeck

City Offers Free Parking and Trolley on Black Friday

Old Town Alexandria's local retailers are set to lure Black Friday shoppers on November 23 with once-a-year discounts starting at 6 a.m. This year, the free King Street Trolley will begin operating at 6 a.m. Shoppers can board a trolley every 15 minutes and hop on and off at 20 stops between the King St/Old Town Metro Station and the Potomac River waterfront. The early trolley hours are presented by DASH Alexandria Transit Company, the City of Alexandria, and the Alexandria Convention & Visitors Association.

The City of Alexandria is offering free parking at parking meters and in all City-owned garages and parking lots as a special incentive for shoppers to visit Old Town to make their holiday purchases. The following garages and lots are opening at 6 a.m., with free parking all day:

- Market Square Garage, 108 North Fairfax St.
- Courthouse Square Garage, 111 South Pitt St.
- Thompson's Alley Garage, 10 Thompson's Alley
- North Union Street Garage, 220 North Union St.
- South Henry Street Lot, 112 South Henry St.
- Cameron/St. Asaph Street Lot, 210 North St. Asaph St.



Dozens of Alexandria's independently owned shops are offering special discounts, with early and extended hours on Black Friday. Participating stores offer 30% discounts from 6 to 8 a.m., 20% from 8 to 10 a.m., and 10% starting at 10 a.m. Additional shops will be offering sales and special promotions throughout the day. This effort is coordinated by the Shop Local Alexandria project and the Old Town Boutique District.

Shoppers can stay for the City of Alexandria Annual Tree Lighting Ceremony at 7 p.m. on Market Square, at 301 King St. As the official kick-off to the holiday season in Alexandria, the ceremony includes a performance from Santa's Frosty Follies, a special visit from Santa Claus, and community caroling.

Families can get classic photos with Santa throughout the season with the Santa Claus is Coming to Old Town event. Starting November 24, Santa and Mrs. Claus will take pictures with children every Saturday and Sunday between Thanksgiving and Christmas at One Wales Alley, the location of Bike and Roll Alexandria. The cost for pictures is \$15 for a 5 x 7 print. The event is presented by the Old Town Boutique District, in partnership with the City of Alexandria and Bike and Roll Alexandria and with the support of area businesses.



- Our highly-skilled, European-trained Craftsmen have supported the design trade with only the finest in custom development and production, in everything from specialized window treatments to unique custom furniture.
- Our reputation for only the highest caliber of workmanship encompasses the discerning clientele in Washington D.C. and all around the world.
- We specialize in Custom Furniture and Wall Upholstery, Custom Bedding, Pillows and Accessories, Table Forms and Coverlets, and Handmade Drapery with Special Hardware.



Phone: 703.212.0404 or 703.671.1800 fax: 703.212.0505
Alexandria VA • Rehoboth Beach DE • Washington DC
Horst's Email: horst@horstb.com

HISTORIC OLD TOWN HOME

AVAILABLE OCTOBER 1

UNFURNISHED 6-12 MONTH LEASE



HOUSE DETAILS:

4 bedroom (one is nanny/guest suite) 3 1/2 bath
150+ year old townhouse just a block from the Old Town marina, and a block from King Street with all her fabulous restaurants and shops.

...

Granite & stainless gas kitchen with French doors leading to your private brick walled patio, original heart of pine flooring, fireplace in LR, high ceilings (even upstairs), 300 bottle cellar, bar enclave with wine/beverage fridge, excellent storage, walled courtyard with dining deck, jacuzzi bath.

...

Your master bedroom overlooks the historic gardens of the Carlyle Mansion. Look out your front door and you'll see the Potomac River - you're a block away. Your street is so quiet, you'll forget you're just a block from King Street. That is, until you're ready to enjoy all it has to offer this evening. Farmers market is about 100 yards from your front steps.



Perfect home for entertaining and enjoying the Old Town experience. May be perfect home for you and your family...\$4,000 a month.

HistOldTown@gmail.com

NEW ART GALLERY IN OLD TOWN! BEALL AND BRUMBAUGH 215 KING STREET



A charming gallery in renovated warehouse space in the heart of Old Town. The artists/owners are Lelia Troup Beall, a native of Old Town, and Martha D. Brumbaugh, a well-known artist who has exhibited her paintings throughout the US. The gallery has a wide selection of art, including floral paintings, paintings of ancient cave walls located in France and Spain, paintings of NASA's Hubble and Spitzer photos of Outer Space, magnificent bronze statuary forged in Mexico, as well as a wide variety of traditional and modern paintings.



Lelia and Martha welcome you to stop by and perhaps catch them working in their on-site studio. Open Wednesdays through Sundays (or by appointment at 703-706-5791)

WWW.BEALLANDBRUMBAUGH215.COM



GIVING THANKS



Always
more meaningful
with tableware
handcrafted by
fairly paid artisans
at Ten Thousand
Villages.

20% OFF any item with this ad!

(excludes rugs, gift cards)

Exp 12/15

Zebra1112



TEN THOUSAND
VILLAGES

915 King Street
Old Town, Alexandria
703-684-1435

Shopping Has Never Done so much GOOD!



Shoppers at Ten Thousand Villages can also support their favorite charities this holiday season, because a portion of their purchase on certain evenings will be donated to the following non-profit organizations:

November 17, 5-7 pm: **Phoenix Bikes**
www.phoenixbikes.org

November 27, 6-8 pm: **Shelter House**
www.shelterhouse.org

December 1, 7-9 pm: **Computer C.O.R.E.**
www.computercore.org

December 2, 4-6 pm: **Give to the World**
www.givetotheworld.org

December 3, 6-8 pm: **Green America**
www.greenamerica.org

December 6, 7-9 pm: **Luke's Wings**
www.lukeswings.org

December 11, 6-8 pm: **Latin America Working Group Education Fund**, www.lawg.org

December 13, 7-9 pm: **Haiti-Micah Project**
www.Haiti-Micah.org



TEN THOUSAND
VILLAGES

915 King Street, Old Town
703-684-1435

42nd Annual

Scottish Christmas Walk Weekend

Scottishchristmaswalk.com

facebook.com/scottishchristmaswalkweekend



Consistently ranked by the Southeast Tourism Society as one of the Top 20 Events in the South, each year the Scottish Christmas Walk Weekend draws as many as 30,000 participants and families to the City of Alexandria. Over the years, the Scottish Christmas Walk Weekend has grown from a small, informal parade to an entire weekend filled with events and festivities. Today, in addition to the Scottish Walk Parade, weekend events include a children's craft party with Santa, a marketplace, heather and greens sales, the Holiday Designer Tour of Homes, and a scotch tasting—the Taste of Scotland. The Scottish Christmas Walk Weekend is the largest fundraising activity for The Campagna Center. The Center has partnered with the Scottish Government to celebrate the 42nd year of this time honored tradition.

Friday Nov. 30th:

Deck the Halls with Santa, 1-3pm

Santa Claus will greet children at this special holiday craft party. Adults \$30, Children 11 and under \$15.

Taste of Scotland, 7-10pm

Attended by nearly 450 guests, an evening of top shelf Scotch Whiskey tastings, Scottish ales sampling, full bar and Scottish fare at the George Washington Masonic Memorial. Wear your best festive Scottish or holiday attire. Patron Pub 7-8:30pm \$175 per person \$275/couple (access to the finest Scottish Whiskeys and full bar) General admission 8-11p \$100/person (access to Scottish Whiskeys, Scottish Ales and full bar)

*the Christmas Marketplace and Heather & Greens sale will be open 7pm-10:30pm for guests of this event only

Scottish Christmas Marketplace, 9am-5pm

All day shopping event at the George Washington Masonic Memorial dozens of boutique and speciality merchants for all your holiday shopping needs

Heather & Greens sale, 9am-5pm

Try a touch of heather and greens to enhance your holiday decorations with a Scottish flair.

Purchase fresh heather bundles or a variety of wreaths, garlands, flatwoods, paperwhites, and much more.

Saturday Dec. 1:

Holiday Designer Tour of Homes, 11am-4pm

Stroll through lovely properties dressed up for the holidays by acclaimed interior designers and local florists. This year's Tour features the following six exclusive properties in Old Town Alexandria. Advance tickets \$30, day of \$35.

Heather & Greens sale, 8am-4pm

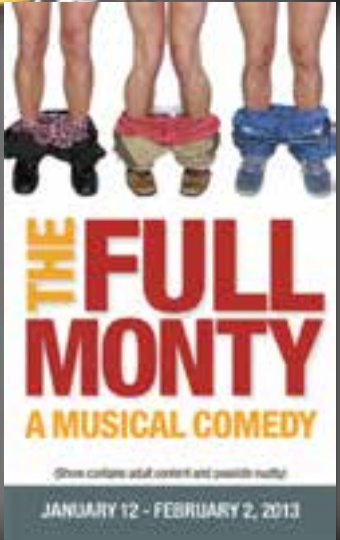
Try a touch of heather and greens to enhance your holiday decorations with a Scottish flair.

Purchase fresh heather bundles or a variety of wreaths, garlands, flatwoods, paperwhites, and much more.

42nd Scottish Christmas Walk Parade, 11am-1pm

Over 100 Scottish Clans, pipe and drum bands, Scottish dancers, re-enactment groups, Scottie dog groups, dignitaries and, of course, Santa Claus will march through the streets of Old Town.

Route: Beginning at the corner of Wilkes and South Saint Asaph Streets in Old Town and ending at King and Royal Streets



600 Wolfe Street | Alexandria

703-683-0496 | thelittletheatre.com

Sick
clock?

Call or email
for a free
consultation.



WADLAND'S Clock Repair

Est. 1912

Manchester NH (603) 668-8860

philwadland@gmail.com

“

Gratitude is a quality
similar to electricity:
it must be produced
and discharged and
used up in order to
exist at all.

– William Faulkner

”

A FH is always in need of foster homes!

It is fun and rewarding. Without enough foster homes we can't save as many pets. Since AFH tries hard to not use boarding facilities, we cannot accept new, deserving animals into our program without ready foster homes. If you are interested in making your home available for a deserving pet, please drop us an email at Foster@aforeverhome.org.



Annie

(Female) • Breed: Shepherd Mix • Age: 13 Months • Weight: 30 Pounds • History: Shelter

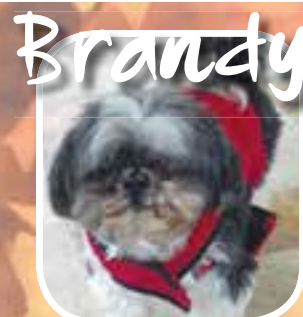
Annie has just arrived with her pups. She is a shepherd mix, but on the small side. Right now her pups are very young.



Annie's Angels

(Mixed Gender) • Breed: Shepherd / Labrador Retriever Mix • Age: 3 Weeks
History: Shelter

Annie's pups have just arrived. Their eyes are not yet open, but they are plump and active. They will be ready for adoption mid-December.



Brandy

(Female) • Breed: Shih Tzu • Age: 8 Years
History: Breeder

Brandy is a pure-bred Shih Tzu given up by a breeder. She enjoys being in your lap and does not mind sharing it with her friend Marigold. She loves toys and likes to hide them under her towel. She is very sweet and appears to be housebroken.



Coda

(Male) • Breed: Yellow Labrador Retriever • Age: 9 Years
History: Owner Release

Meet Coda! Purebred yellow lab, purely a good boy. AFH was asked to help Coda due to his former family's financial difficulties. Even though he is 9 he is still very playful, OBSESSED with tennis balls, and loves to swim. He listens well, is housetrained, well socialized, and gets along well with our 3 dogs. He loves children, and has quickly bonded with my 6 year old son.

A FOREVER-HOME RESCUE FOUNDATION is a non-profit dog rescue group located in Chantilly, Virginia that operates in the Northern Virginia / Washington Metropolitan area. We strive to make quality dogs available for adoption and do our best to match prospective adopters with the right animal!

Because AFH is a 100% volunteer-run organization, we cannot function without your help. In particular, we need: foster homes, transporters for adoptions and vet visits, handlers at adoption days, and helpers at fundraising events. If you think you would like to help, e-mail: volunteer@aforeverhome.org



For more information about adoption, call 703-961-8690 or visit us online at www.aforeverhome.com

This page is sponsored by ...

For Pets' Sake

All Breed Dog/Cat Grooming

1537 N. Quaker Lane Alexandria, VA 22302
703.931.2600 • Facebook: For Pet's Sake Inc.
www.forpetssakeofalexandria.com

"If your pet's not becoming to you, then YOU should be coming to US!"



Located on Quaker Lane for 34+ years!



Goose

(Male) • Breed: Dachshund Mix
Age: 9 Years • Weight: 45 Pounds
History: Owner Release

Goose is a sweet, 8 year old Doxie mix. He is wonderful with other dogs, people, and children. He is crate trained and housebroken. He loves to go for walks and to play with his ball. He doesn't bark a lot and is really happy to see you when you come home. He would be a great addition to any family.



Hodges

(Male) • Breed: Hound • Age: 7 Months
History: Shelter/ Owner Release
Hodges came to AFH with his brother Hickock. He is a very sweet, loving boy.

(Male) • Breed: Yorkshire Terrier Yorkie Mix • Age: 9 Years
History: Owner Release



Mickey

My name is Mickey and I'm a 9 yr old Yorkie Terrier with diabetes Now, don't let this be a deterrent, because all I need is 1 easy shot twice a day, and I don't even whimper! I have the best disposition, and I am housebroken.

Patch the Hound

(Female) • Breed: Hound / Beagle
Age: 7 Years • History: Confiscation case



Patch is a sweet, loving girl that gets along very well with humans and other dogs. She has blended into her new foster family amazingly well! She wags her beautiful tail back and forth to greet you and looks at you with loving and grateful eyes.

Zevents

UPHEAVAL FOTOWEEK EXHIBIT

Now Thru December 2

Target Gallery

Torpedo Factory

105 North Union Street

Alexandria

Torpedofactory.org/target

This media-specific exhibition examines how photographers interpret the theme of Upheaval – whether in their personal lives dealing with illness, divorce, death of a parent – or on a more global level with subjects such as climate change, political unrest, and natural disasters.



A BROADWAY CHRISTMAS CAROL

November 15 – December 23

MetroStage

1201 N Royal Street

Alexandria

Metrostage.org

This legendary production returns to MetroStage for the third straight year featuring Tracey Stephens from the Capitol Steps, Russell Sunday, and Michael Sharp as Scrooge. Laugh out loud, roll in the aisles funny. Perfect for the holidays. Ticket time and prices vary.



TAVERN TODDLERS

November 19 – April 30

10:30 am – 12 pm

Gadsby's Tavern Museum

134, North Royal Street

Gadsbystavern.org

703/746-4242

A special program for toddlers (walkers through 36 months) and their caregivers, featuring a weekly open playtime in the historic ballroom on Mondays, excluding Federal holidays, through the end of April. Craft changes weekly. \$7 for a group of three, which must include one adult, or purchase a 5-week pass for \$30. No reservations necessary.



CANDLELIGHT TOURS

November 23 – December 9

Saturdays and Sundays

5 – 8 pm

Mount Vernon Estate

End of GW Parkway

Mountvernon.org

Enjoy candlelight tours, fireside caroling, hot cider, ginger cookies, merry music, and characters from Washington's world guiding visitors through the first and second floors of the home, adding ambiance and authenticity to a traditional Christmas evening.

SANTA CLAUS IS COMING TO TOWN

November 24 – December 23

Every Saturday and Sunday

Bike and Roll Alexandria

One Wales Alley

Alexandria

Santa and Mrs. Claus are back in Old Town Alexandria to take pictures with children every Saturday and Sunday between Thanksgiving and Christmas. The cost for pictures is \$15 for a 5x7 photo print, with other photo packages available on site. Presented by the Old Town Boutique District in partnership with the City of Alexandria and Bike & Roll Alexandria and area businesses.

BOOK FAIR

BOOK FAIR FOR DEL RAY ARTISTANS

November 26

Barnes and Noble Potomac Yard

3651 Jefferson Davis Highway

Alexandria

9 am – 11 pm

TheDelRayArtisans.org/Bookfair

Percentage of purchases made using bookfair ID

10878452 benefit Del Ray Artisans. Free gift-wrapping

4:30 – 11 pm.

FENCING CLASSES

November 27

7:30 pm – 9:30 pm

Gadsby's Tavern Museum

134 North Royal Street

Alexandria

Gadsbystavern.org

703/746-4242

Learn the art and historical importance of 18th century fencing in classes taught by sword master Peter M. Ryan. Content will include basic position, preparations on the blade, attack combinations, lunge, lateral and parries, disarming, special movements and more! Meets the second and fourth Tuesday of every month. Participants must be at least 11 years old. Equipment may be rented with advance notice. Admission is \$15 per person.

TORPEDO FACTORY OPEN HOUSE

November 29

6 – 9 pm

Torpedo Factory

105 North Union Street

Alexandria

Torpedofactory.org/target

Get into the holiday spirit at this longstanding annual bash! Shop for one-of-a-kind gifts as you enjoy live music and festive treats. Free!

DEL RAY ARTISANS' 17TH ANNUAL HOLIDAY MARKET

November 30 - December 16

2704 Mount Vernon Avenue

Alexandria

TheDelRayArtisans.org/HolidayMarket

Offers handmade work from local artists, a children's table where little ones can shop for family members, and handmade ornaments. Bake Sale benefits the non-profit Computer CORE. Market dates: Nov 30 - Dec 2, Dec 7-9, Dec 14-16. Fridays 6-9pm (reception), Saturdays 10am-4pm, Sundays 12-4pm.



CHRISTMAS IN CAMP

December 8

Noon – 4 pm

Fort Ward Museum & Historic Site

4301 W. Braddock Road

Alexandria

Fortwardmuseum@alexandriava.gov

703/746.4848

Join a Civil War Santa-era at this family-fun holiday event that explores how Christmas was observed during the Civil War. The program features living-history interpreters, a Victorian Christmas tree, period music, refreshments, readings of "The Night Before Christmas" and a patriotic Santa Claus inspired by Thomas Nast's Civil War cartoon. Guided tours of the fort, weather permitting. Suggested donation of \$2 for adults, \$1 for children.

ANNUAL HISTORIC ALEXANDRIA

Candlelight Tour

December 8 - 9

6 pm – 9 pm

Gadsby's Tavern Museum

134 North Royal Street

Alexandria

Gadsbystavern.org

703/746-4242

Take a break from the fast pace of the season and enjoy the unique charm and history of Old Town at Alexandria's most popular holiday event. Tour Gadsby's Tavern Museum, Carlyle House, Lee-Fendall House and the Bank of Alexandria building by candlelight and enjoy seasonal decorations, entertainment and light refreshments. \$20 for adults, \$15 for seniors (65 and older), and \$5 for children (ages 6-17). These pre-sale discount prices are available before December 1.

sign&drive.

AT ALEXANDRIA TOYOTA WITH
nothing out of pocket
TAX, TAGS, FEES, THEY'RE ALL INCLUDED.

I ♥ ALEXANDRIA TOYOTA/SCION

\$25 donation
for every 'like' on Facebook 
to benefit the Parkinson Foundation of the National Capital
area. Going on throughout the entire month of November. TM



PARKINSON FOUNDATION
OF THE NATIONAL CAPITAL AREA
A COMMUNITY OF EDUCATION AND SUPPORT

PARKINSON
FOUNDATION

0% APR
FINANCING
ON SELECT NEW MODELS³

\$1,500
OVER BLACK BOOK⁴
VALUE FOR YOUR TRADE

SIGN & DRIVE
WITH ABSOLUTELY ZERO
MONEY OUT OF POCKET.

BRAND NEW 2013 TOYOTA COROLLA L

\$0 DUE AT SIGNING
\$239 PER MONTH¹
4DR, 4-SPD AUTO.



0% APR
FOR 60 MONTHS³

\$999 DOWN

\$209 PER MO.²

\$1999 DOWN

\$179 PER MO.²

\$2999 DOWN

\$159 PER MO.²

BRAND NEW 2012 TOYOTA CAMRY LE

\$0 DUE AT SIGNING
\$279 PER MONTH¹
4DR, 6-SPD AUTO.



0% APR
FOR 36 MONTHS³

\$999 DOWN

\$249 PER MO.²

\$1999 DOWN

\$219 PER MO.²

\$2999 DOWN

\$199 PER MO.²

BRAND NEW 2012 TOYOTA RAV4 4X4

\$0 DUE AT SIGNING
\$289 PER MONTH¹
4DR SUV, ELECTRONIC 4-SPD AUTO.



0% APR
FOR 60 MONTHS³

\$999 DOWN

\$259 PER MO.²

\$1999 DOWN

\$229 PER MO.²

\$2999 DOWN

\$209 PER MO.²



The Best New Cars Make The Best Used Cars

- 7YR/100K MILE ROADSIDE ASSISTANCE PLAN[†]
- 160 POINT QUALITY ASSURANCE INSPECTION^{††}
- CARFAX VEHICLE HISTORY REPORT
- 1.9% APR FINANCING AVAILABLE^{†††}
- 12 MO./12K MI COMPREHENSIVE WARRANTY
- 7 YR./100K MI LIMITED POWERTRAIN WARRANTY



ToyotaCare

Complimentary maintenance plan
with roadside assistance.
*Covers 2 years or 25k miles, Oil and Filter - Tire Rotation - Multi-Point Inspection[†]



**WELCOME TO
THE FAMILY**
BRINGING THE
SPORT BACK TO
THE CAR



THE ALL NEW FR-S
\$1,000 MILITARY REBATE⁸

0% APR FINANCING
AVAILABLE ON NEW 2012 PRIUS PLUG-IN⁹



PRIUS FAMILY IN-STOCK NOW
prius goes plural



\$1,000

**REBATE FOR RECENT
COLLEGE GRADS⁶**

\$500

**MILITARY REBATE
INCENTIVE FOR
ACTIVE MILITARY
PERSONEL⁷**



**WELCOME TO
THE FAMILY**

BRAND NEW 2012 SCION iQ
\$0 DUE AT SIGNING
\$159 PER MO.
FOR 36 MONTHS¹



Jack Taylor's
ALEXANDRIA
TOYOTA / SCION

ALEXANDRIA TOYOTA/SCION
3750 JEFFERSON DAVIS HWY.,
ALEXANDRIA, VA 22305

1-866-616-8420
ALEXANDRIATOYOTA.COM

(1) OFFERS INCLUDE VA TAX, FREIGHT, \$399 PROCESSING FEE, ACQUISITION FEE AND \$0 SECURITY DEPOSIT. 36-MONTH LEASE WITH 12K PER YEAR. (2) TOTAL DOWN PAYMENT PLUS TAX, TAGS, FREIGHT AND \$399 PROCESSING FEE DUE AT SIGNING. (3) 0% APR FINANCING AVAILABLE FOR 36 MONTHS ON NEW 2012 CAMRYS. 0% APR FINANCING AVAILABLE FOR 60 MONTHS ON NEW 2013 COROLLAS. OFFERS FOR WELL QUALIFIED BUYERS WITH APPROVED TIER1+ CREDIT THROUGH TFS. EXCLUDES \$399 DEALER DOC FEE. (4) BASED ON BLACK BOOK TRADE VALUE MINUS EXCESS MILEAGE AND RECONDITIONING. (5) COVERS NORMAL FACTORY SCHEDULED SERVICE FOR 2 YEARS OR 25K MILES, WHICHEVER COMES FIRST. THE NEW VEHICLE CANNOT BE PART OF A RENTAL OR COMMERCIAL FLEET. SEE PARTICIPATING DEALER FOR COMPLETE PLAN DETAILS. VALID ONLY IN THE CONTINENTAL UNITED STATES AND ALASKA. (6) TOYOTA FINANCIAL SERVICE COLLEGE GRADUATE PROGRAM IS AVAILABLE ON APPROVED CREDIT THROUGH A PARTICIPATING TOYOTA DEALER AND TOYOTA FINANCIAL SERVICES. NOT ALL APPLICANTS WILL QUALIFY. REBATE OFFERED BY TOYOTA MOTOR SALES, U.S.A., INC. REBATE WILL BE APPLIED ON LEASE CONTRACTS, FIRST TOWARD THE AMOUNTS DUE AT LEASE SIGNING OR DELIVERY WITH ANY REMAINDER TO THE CAPITALIZED COST REDUCTION OR TOWARD THE DOWN PAYMENT ON FINANCE CONTRACTS. ONE REBATE PER LEASE OR FINANCE TRANSACTION. (7) REBATE OFFERED BY TOYOTA MOTOR SALES, U.S.A., INC. REBATE WILL BE APPLIED ON LEASE CONTRACTS, FIRST TOWARD DUE AT SIGNING OR DELIVERY, WITH ANY REMAINDER TO THE CAPITALIZED COST REDUCTION OR TOWARD THE DOWN PAYMENT ON FINANCE CONTRACTS. ONE REBATE PER FINANCE OR LEASE TRANSACTION. NOT COMPATIBLE WITH THE TOYOTA COLLEGE GRADUATE REBATE PROGRAM. SEE DEALER FOR COMPLETE DETAILS. (8) ELIGIBLE CUSTOMERS MUST BE IN CURRENT ACTIVE DUTY STATUS IN THE U.S. MILITARY. (9) 0% APR FINANCING AVAILABLE FOR 36 MONTHS ON PRIUS PLUG-IN FOR QUALIFIED BUYERS. (†) WHICHEVER COMES FIRST FROM DATE OF TCUV PURCHASE. (††) FROM DATE OF TCUV PURCHASE. (†††) 1.9% APR FINANCING ON ALL CERTIFIED PRE-OWNED VEHICLES FOR UP TO 60 MONTHS WITH APPROVED CREDIT ON SELECT MODELS THROUGH TFS. \$399 DEALER DOC FEE. SEE DEALER FOR COMPLETE FINANCING DETAILS. (††††) UP TO \$5,000. ALL OFFERS EXPIRE 11/30/12.

Hadeed



RUG CLEANING & IN-HOME/OFFICE SERVICES

Grand Opening of Our New Showroom!

- \$3 Million Dollar Inventory!
- Every Size Available! 2x3 All the Way to Embassy Size!

From... **30% - 50% OFF!**

- To see our full Inventory, visit our photo gallery at www.hadeedcarpet.com

535 W Maple Ave • Vienna, VA • 703-836-1111



FREE!
Estimates

Maid Service!

25% OFF*
Your First Cleaning
or **50% OFF**
with 6-Time Service Pkg.

*Hurry offer expires 11/30/12. Not valid with any other offers.

You Could Be Our
Grand Prize Winner!
Enroll In The ...

**Hadeed
BUCKS!**
SAVINGS
PROGRAM

**All Loyalty Cards Come
Preloaded with \$50-\$3000!**

15% OFF*

In-Plant Rug Cleaning

*Hurry offer expires 11/30/12. Not valid with any other offers.

10% OFF*

In-Plant Rug Repair & Restoration

*Hurry offer expires 11/30/12. Not valid with any other offers.

Any 3 Areas (400 sf) ... **\$99***
4 to 7 Areas (600 sf) ... **\$169***
8-10 Areas (1000 sf) ... **\$269***

Wall-to-Wall Steam Cleaning

*Basic Steam Cleaning. Hurry offer expires 11/30/12. Not valid with any other offers.

\$85 OFF*
Whole House
Air Duct Cleaning

*Clogged Dryer Vents Cause Fires!
Is Your Dryer Vent Clean?*
Dryer Vent Cleaning only...\$95

*Hurry offer expires 11/30/12. Not valid with any other offers.

25% OFF*

Hardwood Floor Polishing

*Hurry offer expires 11/30/12. Not valid with any other offers.

**Free Pickup
& Delivery**

**Includes Moving
Furniture, Rolling
and Relaying
Your Rugs!**

Available in DC, MD, & VA

» In-Home Maid Services

- » All our employees are drug-tested and go through a rigorous background screening by the United States Homeland Investigations.



» Cleaning, Restoration and Repair

- » Wall-to-Wall Steam Cleaning
- » Tile & Grout Cleaning/Sealing
- » Air Duct Cleaning
- » Hardwood Floor Polishing
- » Upholstery Steam Cleaning

703-836-1111

3206 Duke Street | Alexandria, Virginia 22314
Visit hadeedcarpet.com for convenient drop-off locations.

*A trusted resource since 1955
for cleaning, repair, and
restoration of the regions
finest carpets & rugs.*

*If you stand on it,
Joe Hadeed stands behind it*

**Call
Now for
Same-Day
Service!**

WWW.HADEEDCARPET.COM