BLACK AND WHITE AND READ ALL OVER

FOODIE NEWS
RESTAURANT WEEK

RICH BACH
THE ARTIST

CIVIL WAR
ALEXANDRIA

JANUARY
FRANKENSTORM PHOTOS
Christine Garner
It’s Not Just My Business, It’s My Neighborhood

OLD TOWN

$2,550,000
Elegant 4 bedroom, 3.5 bath brick semi-detached townhouse with 34 off-street parking located just steps from historic King St. and the waterfront. Circa 1815 with approximately 4,400 sq. ft. of living space featuring generous room sizes, original random width wood floors, high ceilings, tall windows, exquisite woodwork and architectural details throughout. A 4.5 level sun-room offers views of the spacious walled garden and patio. Lower level walk-out to the garden and features a gourmet kitchen with center island, breakfast area and adjoining family room with fireplace.

OLD TOWN

$1,725,000
Historic 4 bedroom, 3.5 bath home on “Camaro’s Row” 1 block off King Street and 2 blocks from the river. Extensive restoration with nearly 3,000 sq. ft. of living space featuring spacious light filled rooms with 10’ ceilings, beautiful moldings, original wood floors and 2 fireplaces. Eat-in kitchen with exposed beams and rear stairs to upper level. Main level bedroom with full bath plus half bath for guests. Upper level with 3 bedrooms and 2 baths including the Master suite with en suite bath. Unfinished lower level with tall ceilings and heat, back porch, roof top deck and fenced yard with pergola and Koi pond.

ALEXANDRIA/CHAPEL HILL

$1,499,000
Fabulous 7 bedroom, 5.5 – 6 bath custom home with approximately 7000 sq. ft. of living space on 3 acres with a 3 car garage. Great home for entertaining with a dramatic 1 story field stone fireplace in the living room and formal dining room with French doors to a large covered porch. Spacious gourmet kitchen with adjoining breakfast and family room. Master suite with 20 ceilings and luxury bath. Fenced yard with deck and a sports court. Steps to Olde Pauquin Park!

DEL RAY

$1,099,000
Beautifully expanded 3 bedroom, 3.5 bath colonial with 3 finished levels and off street parking. New front porch, living room with fireplace and formal dining room. Gourmet kitchen with large center island adjoining breakfast room and family room. Upper level with 3 bedrooms including the Master suite with vaulted ceilings and luxury en suite bath. Lovely fenced yard with patio. Blocks to shops and restaurants on "the avenue!"

PORTO VECCHIO

$875,000
Fabulous renovation and expansion of this 4 bedroom, 2 bath home on a large corner lot. Tall ceilings, abundant windows and rich hardwood floors throughout. Living room with above fireplace opens to dining room. Sleek kitchen with granite counters, SS appliances & heated floor. Two main level bedrooms and 2 upper bedrooms including the Master suite with balcony ample closet space, dressing room and en suite bath with jetted tub and separate shower. Coveted "wine cellar" plus an additional storage unit and 2 garage parking spaces convey.

OLD TOWN/PARKER-GRAY

$759,900
Awesome 5 year "young" 2 bedroom, 2.5 bath detached home just a few blocks from Shops, shops and restaurants! Rich in architectural details including tall ceilings with beautiful moldings, open floor plan with light-filled rooms and gleaming hardwood floors on both levels. Gourmet kitchen with center island and adjoining family room with gas fireplace and custom built-ins. French doors open to a profession-ally landscaped yard with deck, flagstone patio and shed. Convenient side entry to mud room. Upper level with 2 bedroom suites including the Owner’s suite with luxury en suite bath with granite topped double vanity, oversized shower and heated floors. 

LONG BRANCH ESTATES

$475,000
Gorgeous 5 bedroom, 4.5 bath home with 3 finished levels on 1/2 acre. Convenient location close to Historic Downtown Fredericksburg, University of Mary Washington and the Regional Health Centers. Loads of builder upgrades with vaulted ceilings, hardwood floors and custom built-ins. Desirable floor plan with 3 bedrooms on the main level including the private Owner’s suite. Wired throughout for the telecommuter with multiple home offices!

$1,299,000
Rarely available 3 bedroom, 3 bath unit with unparalleled views of the river from every room! Resort like living with fab-ulous amenities. Over 2100 sq. ft. of living space with light filled rooms and a large glass solarium where you can enjoy watching the abundant wildlife and activity along the river. Spacious formal living room and dining room make this home perfect for entertaining. Private Master suite with balcony ample close-space, dressing room and en suite bath with jetted tub and separate shower. Coveted “wine cellar” plus an additional storage unit and 2 garage parking spaces convey.

$475,000
Gorgeous 5 bedroom, 4.5 bath home with 3 finished levels on 1/2 acre. Convenient location close to Historic Downtown Fredericksburg, University of Mary Washington and the Regional Health Centers. Loads of builder upgrades with vaulted ceilings, hardwood floors and custom built-ins. Desirable floor plan with 3 bedrooms on the main level including the private Owner’s suite. Wired throughout for the telecommuter with multiple home offices!

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PUBLISHER’S NOTE

Time to say thank you. Zebra is an effort of our whole village. Photos that readers submit and moments our own volunteer photographers capture, unpaid dedicated columnists always on time and enthusiastic, friends who have come to our rescue when we’ve needed to borrow a computer, get advice or even cover expenses in a pinch, and a design team making it all pop off the page — it’s a true compilation of a group of people committed to always bringing the good news to the forefront and celebrating the community where we live and work. Our success depends on our valued readership and our supportive advertisers, most of whom have partnered with us since our beginning in 2010, and the newer business members of our Zebra family who join us along the way. Please remember to patronize the businesses you see here in every edition—they are the ones who make it possible to keep our vision alive, one we are pretty sure you share, too. Anyway, this is your paper. If you want us to write about something, let us know. If you have a business you think could use a spotlight, let us know. We’re open 24 hours a day.

WHAT BUGS ME

We just recently finished Winter Restaurant Week in Alexandria and DC. Am I wrong to expect a sampling of a restaurant’s menu? I always thought that the goal of restaurant week was to introduce new customers to the wonderful offerings they could expect to find if they were to return. Instead, my friends and I found several places where the items offered were not on the menu and were really not all that special. If they were on the menu, they were the least expensive choices, and maybe, not on the menu and were really not all that special. If they were ever again. A sharps pencil, send your catches to debbyc@thezebrapress.com

CATCH OUR MISTAKES

We proofread, but occasionally we make mistakes, so to make a game of it, we encourage you to find the errors we missed. The entrant who finds the most wins a gift certificate from an area retailer or restaurant.

Barbara Juszczak in Alexandria caught more than 35 typos in our January 2016 issue, and has earned a $25 gift card from TEAISM, a tea seller and critically acclaimed restaurant in Old Town Alexandria.

If you have a keen eye and a sharp pencil, send your catches to editor@thezebrapress.com.
January 30 was a crisp and sunny Saturday, barely a week after the two-foot snowstorm that brought the Metro area to its knees. At the Del Ray Methodist Church in Alexandria, the Cub Scouts of Pack 135, with their family and friends, surged into Lunceford Hall, the church’s big, open facility for community events. But on that day, 80 Cub Scouts, ages 7 to 10, seemed to fill the space with energy alone—enough to light up half the city, if needed. And all in anticipation of the Pinewood Derby.

The Pinewood Derby is a stock car race, but the cars are 7 inches long, weigh 5 ounces, and are powered by gravity. They’ve been handmade by millions of Cub Scouts since the first Pinewood Derby was held in Manhattan Beach, California, in 1953. What began as one Cubmaster’s way to encourage father-son bonding grew into a highlight of the scouting year for packs nationwide. That includes most or all of the nearly 20 Cub Scout Packs in Alexandria and close-in Arlington.

Cub Scouting is a Family Affair

Boy Scouts and Cub Scouts are both part of Boy Scouts of America, but they are very different programs. Cub Scouting is family-oriented, designed specifically to address the needs of boys in the first through fifth grades, or seven to ten years of age. Most adult leaders have one or more sons in the pack, although that is not required.

Within a Cub Scout pack, each age group comprises a den and each den can be identified by a different color of hat and kerchief: 1) Tiger Den – orange; 2) Wolf Den – yellow; 3) Bear Den – blue; 4, 5) Webelos I, II – yellow; blue and red plaid. (Webelos is an acronym for We’ll Be Loyal Scouts.)

Pack 135 is sponsored by the Maury Elementary School PTA and most of its 82 scouts live in the Del Ray and Rosemont area, according to Committee Chairman Kevin Jahns. But he notes that kids are not restricted by where they live, and can join any pack.

Cub Scouting introduces young boys to many new, usually fun, activities. The Pinewood Derby is just one of several throughout the year. By BSA rules, Cub Scouts cannot go camping overnight as a den. Pack 135 “turned that around,” says Jahns, “so we do family camping.” The pack provides the food and equipment; the scouts come with a member of their family.

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camping trips each year: two in spring, two in fall, and one in winter. The spring and fall outings are tent camping to places like Round Hill in Loudon County and Prince William Forest Park. Winter outings are to weather-appropriate destinations like a snug cabin on the Appalachian Trail and to an “old boat in Maryland that the kids sleep over on,” says volunteer leader Seth Bolte. The old boat is a decommissioned Coast Guard cutter, the USCGC Taney, that after 50 years’ service in four oceans and two wars, was retired to a dock in Baltimore Harbor.

On February 15, Pack 135 will join several other packs, along with local Boy Scouts, Girl Scouts, and Brownie Scouts, to march in Alexandria’s George Washington Birthday Parade. And on February 27, their annual Blue and Gold Banquet will celebrate the birthday of Boy Scouts of America, founded February 8, 1910. That evening will include the Crossing the Bridge ceremony, when scouts aging out of Webelos II will graduate to Boy Scouts.

Current Cubmaster Rob Macubbins will leave at the end of February as his son crosses the bridge. Seth Bolte will assume Cubmaster duties in March. It’s a voluntary position with no set term of service. Kevin Jahns points out that 135 has been “very lucky with volunteers.” There is a waiting list for most of the leadership positions.

“The Derby ended at noon, but it felt like a full day.” And on Pinewood Derby Day, volunteers were essential. Lunceford Hall filled with at least 160 people, half of whom were excited elementary school boys. The noise level was powerful.

Specifications for Pinewood Derby cars haven’t changed in 63 years, but almost everything else has. With workshops conducted by local businesses like Old Town Ace Hardware and Lowe’s, scouts fashion wild designs while sticking to strict specifications. Each car registered for the race was weighed and measured, then whisked away to a secure holding room until post time. The cars ran four abreast on a smooth metal track to a computerized finish line that calculated speeds to the fraction of a second.

Each four racing partners were organized by computer, keeping age groups together. In addition to divisions by den, there was a family division for entries that family members helped build. It was all very 21st century—except for the cars and their makers.

Leading the crowd in the Pledge of Allegiance, with each scout saluting, was 9-year-old Avery Evans, from the Bear Den. Avery is no stranger to public presentations. In December he was a cast member in the Little Theater of Alexandria’s production of A Christmas Carol.

“I picked Avery because I knew he’d be comfortable with it,” says Jahns. “When I asked him to do it, he stepped back at first, and then his face lit up. He was ready.”

And then it was underway. Twenty heats, with every car’s performance recorded. Ribbons, medals, and trophies were awarded to den and to the overall pack, based on speed and design. All of it started with a piece of wood, four wheels, and four nails.

Almost every Cub Scout Troop nationwide does Pinewood Derby,” says Kevin Jahns. “Technically, there are badges that require you to build something out of wood, so a scout could use the car that way. But Pinewood Derby—you build the car with your family and race. We don’t do much more with it. It’s just for fun.”

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WOULD YOU LIKE TO BE A CIVIL WAR REENACTOR?

Learn about the popular field of Civil War reenacting on Saturday, February 27, 2016, when Fort Ward Museum presents “Civil War Recruiting Day.”

Soldiers and civilians of the 3rd U.S. Regular Infantry Company K, will be on hand between 1 p.m. and 4 p.m. to talk about period clothing and equipment, present drill demonstrations, and explain the variety of roles that military and civilian interpreters can portray. Visitors can also inquire about how to join local reenactment units and learn what kind of clothing and equipment a novice reenactor requires.

Admission is free. The snow date is Saturday, March 5.

Nearly 50,000 men, women and children across the United States enjoy the hobby of Civil War reenacting. As individuals, couples and families, reenactors take on the roles of persons who fought as soldiers between 1861 and 1865, or were part of the civilian home front. In addition to learning more about their national heritage, Civil War reenactors can employ dramatic and interpretive skills, converse with the public, and perform activities such as campfire cooking, drilling, medical care, setting up camp, and portraying civilians from almost any 19th-century walk of life.

Fort Ward is the best preserved fortification in the Defenses of Washington, an extensive system of Union forts built to protect the Federal capital during the Civil War. The Museum offers exhibits, tours, and interpretive programs throughout the year. Fort Ward Museum & Historic Site is located at 4301 West Braddock Road in the City of Alexandria.

SONS OF THE AMERICAN REVOLUTION AWARD SERGEANT O’DELL LAW ENFORCEMENT COMMENDATION MEDAL

On National Law Enforcement Appreciation Day, the George Washington Chapter of the Sons of the American Revolution honored Sheriff’s Sergeant Chris O’Dell with the Law Enforcement Commendation Medal for his outstanding service to the Sheriff’s Office and for his life-saving actions involving a suicidal inmate. Chapter President Greg Bodge joined Public Safety Awards Coordinator John Blair as he presented Sergeant O’Dell with the award during a luncheon at Belle Haven Country Club on Saturday, January 9.

Sheriff Dana Lawhorne, Captain Mavis Thomas, Lieutenant Monique Rea and Sergeant Waraphan Srikongyos also attended the luncheon. Sheriff Lawhorne proudly spoke of Sergeant O’Dell’s many accomplishments and his dedication to duty, but said he was most impressed and inspired by Sergeant O’Dell’s genuine concern for and commitment to others.

Sergeant O’Dell joined the Sheriff’s Office in 1994, was promoted in 2013, and is currently assigned as a supervisor at the William G. Truesdale Adult Detention Center. He has served as a member of the Honor Guard, Sheriff’s Emergency Response Team and Crisis Intervention Team, as well as an instructor certified in

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WHOO BABY!

Alexandria Police Officer Michael Garcia delivered a baby on the morning of January 28.

At around 2 a.m., APD Officer Garcia observed a vehicle driving erratically in the 2800 block of Duke Street. When he pulled the car over, he was informed that a woman was in a labor and the family was traveling to the hospital. Less than a minute later, Officer Garcia helped deliver a baby boy on the side of the road.

Officer Garcia has been with APD for three and a half years and this is his first delivery. Mom and baby are doing well; this is her third child.

Alexandria City Academy Now Accepting Applications

The Alexandria City Academy is now accepting applications for its spring session. The 9-week program begins on Thursday, March 10. The City offers the program to provide residents with an opportunity to gain exposure and learn about City government through first-hand experience with a wide range of government functions, services, activities and issues.

Classes will take place on Thursdays from 6:45 to 9 p.m. at various locations throughout the City. The program is open to City residents ages 18 and over, and to the owners of businesses located within the boundaries of the City of Alexandria.

Class size is limited to 22 students and space fills up quickly! To request an application, visit alexandriava.gov/CityAcademy, call 703.746.4317 to have the application faxed to you, or pick up a copy at City Hall, 301 King St., Room 1900. Deadline for registration is Wednesday, February 17.

Completed applications may be submitted four ways: Hand-delivered to 301 King St., Room 1900; by mail to 301 King St., Room 1900; by fax to 703.838.6426 or by completing an online application.

City Camps Registration is Now Open

Registration for 2016 summer camps offered by the Department of Recreation, Parks and Cultural Activities will begin 3 weeks early this year to allow more time for summer planning. Registration for summer camps will begin at 9 a.m. on Wednesday, February 24 for Alexandria residents and on Friday, February 26 for nonresidents. Register online or in-person at the Lee Center, 1108 Jefferson St.
The dream of no more cramped-leg, red-eye flights to Vegas, or harrowing road trips up I-95 in the middle of the night for table action at Horseshoe Casino Baltimore, is about to become a reality.

Sometime later this year, MGM Resorts International will cut the ribbon on its $1.3 billion MGM National Harbor Resort & Casino in Prince George's County, just four miles from Alexandria. This stands to open up a world of nocturnal possibilities for lads looking to scratch that midnight itch to play Blackjack with their buddies, catch a heavyweight boxing match worthy of HBO, or feast on a culinary program led by several of the nation’s most renowned chefs.

In January, the casino reached a construction milestone when MGM executives topped off the 24-story concrete structure at National Harbor, Md. by placing a small tree at the highest point. The next day, MGM held a giant job fair – nearly 8,000 job seekers showed up – to fill nearly 3,600 positions for bellmen, front desk clerks, cocktail waitresses, blackjack dealers and other positions, for training that begins in May.

“Today, we commemorate an important construction milestone for MGM National Harbor,” said MGM Resorts Chairman and CEO Jim Murren, “as our vision for building the finest luxury resort on the East Coast continues to come to fruition.”

That vision will encompass a “contemporary and progressive design” inspired by the historic area, including the national icons and natural landscapes of Maryland, Virginia and the District, he said. Nothing about the one million square foot gaming complex comes in small portions.

MGM plans to build out a 125,000 square-foot gaming floor with 3,600 slot machines and 36 table games, 308 guestrooms and villas, a luxury spa, 25,000 square feet of meeting space, a 5,000 square foot parking garage, a 3,000-seat entertainment theater (for concerts, fights and shows), and 18,000 square feet of branded, high-end retail.

“Looking at the project now, it is clear that we are well on our way to delivering on that vision.”

Dining stands to be top-notch, with 12 restaurants expected with culinary masters José Andrés, Marcus Samuelson and Bryan and Michael Voltaggio planning to open outposts at the new resort. “They’ll help make us a culinary destination in the DMV area,” vowed MGM National Harbor General Manager Bill Bossberg.

Nearly 2,000 workers from Whiting-Turner, Berlin Steel, Schuster Concrete and other construction firms are on site, often braving blustery winds, snow and cold rain to work in an almost frantic dash to get the huge project completed by the end of the year.

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I am proud to announce that one of our favorite advertisers, Celtic House, 2500 Columbia Pike, was named best Irish bar in Northern Virginia by Yelp! If you haven’t been there, check them out on St. Patrick’s Day. They will be celebrating all weekend. Live Oak, 1603 Commonwealth Ave., is taking over the Monno’s space. Executive chef duties will go to Justin Frank, whose resume includes Fiola in Georgetown, Copperwood Tavern, and Penrose. Chef Frank is planning to charm the neighborhood with a Charleston-inspired menu. New owners are Frank, Jeremy Baber, and Tun Irwin. You may remember Irwin from Evening Star Cafe. Baber was the general manager, and Irwin the bar manager at Del Maré Grill and Eventide.

Mike Anderson confirmed that he will be opening PTO Sea Food LLC at 333 John Carlyle St. Plans include seating for 95, a mini bar, oyster bar, and patio. It’s official, Mancini’s is becoming Junction Bakery & Bistro. 3508 Mt Vernon Ave. The name recalls the time when the area was dominated by the railroad. Noe Lundini says they’ll preserve what Mancini started, at least in spirit. Junction will be an American bistro serving three meals a day, while also being a commercial bakery.

Pines of Italy at 3111 Columbia Pike is becoming Purple Ethiopian Restaurant & Lounge. No word yet on when it will open. And, if you haven’t heard, Hank’s Pasta Bar, 600 Montgomery Ave., is now open. Nicolas Flores is leading the kitchen with a menu of seasonal Italian comfort fare including pastas, risottos, meats, and seafood. There is also a 20 seat lounge/bar.

I highly recommend trying their Let’s Meat on the Avenue, 2403 Mt Vernon Ave. This neighborhood butcher shop features pasture-fed, free range, and hormone-free meats and poultry. I recently tried their ground chuck. The meat is ground from a single animal rather than scraps of meat from multiple animals as you find in the grocery store. The meat was flavorful and moist. Try some for your next round of burgers or meatballs.

It’s been a great month for dining out. I hope everyone enjoyed Alexandria’s Winter Restaurant Week. A group of Zebras went to three restaurants: Vermillion, 1120 King St., where Chef William Morris served up a wonderful three course meal. The chef accommodated one diner’s special needs with grace and imagination. We tried everything on the menu. We were first presented with an amuse bouche of crostini topped with crème fraiche and chopped tomatoes. The first course consisted of a cream of broccoli soup with shaved ham, pimento cheese, and spiced croutons. This was not your mother’s cream of broccoli soup. The flavor was fresh and light. We were tempted to wipe up the bowl with the wonderful Parker House rolls. Speaking of Parker House rolls, these little one-bite wonders are a not to be missed treat. The winter chichory salad with thinly sliced pears, walnuts, pecorino cheese, and walnut vinaigrette was crisp and refreshing. The coconut braised pork belly with stone ground grits and charred scallions was rich with a crispy skin. The second course favorite of the table was the pan roasted rainbow trout served with spinach, fingerling potatoes, and lemon-caper brown butter. If it is on the menu, I highly recommend you order it. The blending of flavors was uncommonly good. The other two entrees were also delightful and included a seared bistro filet with mashed potatoes, trumpet mushrooms, Brussels sprouts, and a red wine jus. I would have a liked a better sear on the beef but it was still tasty. The bucatini pasta was equally delicious with a sauce of roasted garlic cream wild mushroom ragout, and charred peppers. The third course presented us with an Oreo silk pie with a vanilla ice cream and vanilla macaropone. One serving of this rich chocolate dessert was enough for four people to share. Our favorite was the poppyseed ricotta fritters with a berry compote, vanilla ice cream, and vanilla bean macaronpne. One serving of this rich chocolate dessert was enough for four people to share. Our favorite was the poppyseed ricotta fritters with a berry compote, vanilla ice cream, and vanilla bean macaronpne.
Eve Pan Roasted Chesapeake Rockfish which highlighted his talents with locally created a wonderful combination of dishes Virginia blackberry Pavlova with mascarpone last long on the plate. Also amazing was the pecans, and butterscotch ice cream did not the tartness of the yoghurt. The warm sweet heavenly combination of chocolate offset with gateau with cocoa nib frozen yoghurt was a present us with three delights from Joshua flavored lentils were a perfect counterpoint to mustard, and cumin was amazing. The lemon pork belly with Du Puy lentils, pommerey morsel was perfection. The confit of Cheshire polenta, lobster butter, and Swiss chard. Each Our main courses brought a beautifully pan pickled ginger was so good I hated to share it. hamachi with house-made ponzu, wasabi, and dark rye bread was a revelation. The sashimi of large and over the top delight. Each bite on the restaurant roasted lemon peel. The Old Fashioned included house- made bitters and marinated cherries. Our meal began with a delightful amuse bouche of fennel made bitters and marinated cherries. Our meal needs were met. We ordered cocktails and found that even the most common drinks were made extraordinary with special touches. Manhattan were garnished with restaurant roasted lemon peel. The Old Fashioned included house-made bitters and marinated cherries. Our meal was offered on the regular menu. Our meal was extraordinary with special touches. Manhattans were garnished with a lemon confit and fresh black pepper. The soup was a wonder. I hope it is offered on the regular menu. Our meal was accompanied by crumbly crusty house-made rustic bread. You have to be careful not to fill up on this delicious bread if you plan to eat dinner. The first course brought a salad of heirloom beets with pickled cipollinis and feta yoghurt. Even a non-beet person like me found it to be delicious. The sweet tartette with house-made rye bread and a Worcestershire emulsion was a delicious. The steak tartare with house-made rye bread was a generous portion and not a drop was left. The happy wife dessert brought the best you can find in New Orleans. The café au lait ice cream was perfect. Our table was four beignets that could compete with the best beignets that you will want to return to eat again and again.

The final stop for the Zebras was Magnolia’s on King, 703 King St. Open since July 2015, the restaurant is a work in progress. The dining room on the main floor is beautifully appointed. We were seated upstairs in the Palm Lounge which features a beautiful fireplace. The room was loud as it is used as a bar lounge area. Our server, Simone, was attentive and worked diligently to provide us with a lovely experience. Executive Chef Brian Rowe offers contemporary twists on Southern classics. We started our meal with potato leek soup garnished with candied bacon. The soup was rich and creamy, everything you would want in a soup. The grilled Carolina prawns with garlic grits arrived with three large shell-on, head-on prawns. The prawns were well seasoned and justified licking one’s fingers. The garlic grits were so good we wished there were more. We also wished we had been given a finger bowl or damp towel to clean our hands. Chef Rowe accommodated one diner’s request to substitute the mashed sweet potatoes for the macaroni and cheese offered with the house smoked fried chicken. The bone-in half chicken turned out to be a whole poussin, a very young chicken that looks like a Cornish hen. The breading was crispy and crunchy which enhanced the moist chicken meat. The sweet potatoes were smooth, creamy, and rich with cinnamon, nutmeg, clove, and molasses. The macaroni and cheese was moist with a rich cheesy sauce. The braised short rib pappardelle with pecorino cheese, red wine, and San Marzano tomatoes was a generous portion and not a drop was left in its serving dish. Our third course brought a cointreau bread pudding with marshmallow ice cream. This bread pudding with lovely bits of melting chocolate was the hit of the table. The ice cream had the wonderful flavor of melted marshmallow. The happy wife dessert brought four beignets that could compete with the best you can find in New Orleans. The café au lait ice cream was perfect. Our table was served by Chef Rowe and Trish Wheeling, the Service Director. Both are working very hard to make Magnolia’s a favorite destination for Alexandrians. Would you like our Foody Newz Editor to visit your establishment, please email: editor@thezebrapress.com

**CONTINUED FROM PAGE 8**

From the time we entered until the time we left, we felt pampered and well taken care of. Our servers, Megan and Emily made sure all of our needs were met. We ordered cocktails and found that even the most common drinks were made extraordinary with special touches. Manhattans were garnished with a lemon confit and fresh black pepper. The soup was a wonder. I hope it is offered on the regular menu. Our meal was accompanied by crumbly crusty house-made rustic bread. You have to be careful not to fill up on this delicious bread if you plan to eat dinner. The first course brought a salad of heirloom beets with pickled cipollinis and feta yoghurt. Even a non-beet person like me found it to be delicious. The sweet tartette with house-made rye bread and a Worcestershire emulsion was a delicious. The steak tartare with house-made rye bread was a generous portion and not a drop was left. The happy wife dessert brought the best you can find in New Orleans. The café au lait ice cream was perfect. Our table was four beignets that could compete with the best beignets that you will want to return to eat again and again.

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**QUOTABLES**

“We must wear our hearts on our sleeves. They stick out in the cold.” —Tim Robbins as Griffin Mill

*The Player, 1992*
DASHING THROUGH THE BLIZZARD OF 2016

BY SANDY MODELL AND ALLYSON TEEVAN

Mother Nature’s Blizzard of 2016 delivered a record-breaking snow storm to our area that shut down the City of Alexandria, and the entire region. As a result, Alexandria’s DASH bus system suspended service for three days. Suspending service is not a decision that Alexandria Transit Company (DASH) makes lightly. In the last 32 years of DASH operations, we can count on one hand the number of times the system had to actually shut down completely. People rely on public transit, especially in inclement weather. However, safety is DASH’s number one priority. If road and weather conditions impact the safety of our riders and our employees, closing down the entire system until the roads are passable is certainly an option.

Before any decisions to alter service can be made, DASH’s Operations Team traverses the city streets to assess conditions long before the sun rises to determine if the buses can maneuver safely through Alexandria’s neighborhoods. Many areas of the city, especially Alexandria’s historic district, have narrow streets that already provide a daily challenge even to the experienced professional DASH bus operator. When coupled with two feet of snow, the streets can quickly become treacherous for larger vehicles to navigate safely. Once the DASH road supervisors and managers complete their assessment of the routes, a decision is made by DASH’s top management as to what level of service is safe to operate.

DASH buses are parked overnight indoors in a bus storage area at DASH transit facility. Although they can be started up and ready to depart the facility at a moment’s notice after a major weather event, the amount of snow that fell made it impossible for the buses to get out. During extreme weather events, DASH may be called on by Alexandria’s emergency responders to assist with everything from firefighter transport to providing warming bases for residents who may be without power or heat. To ensure that DASH buses are ready for anything, it is critical that the snow is moved away from the exit doors and a path is plowed so that the buses can be driven out of the building. As soon as the snow stopped on Sunday, the DASH emergency response team made up of operations and maintenance staffs converged on the facility to start the process of digging out.

During the Blizzard of 2016, almost all transit bus service was suspended from Saturday through Monday. On Tuesday, following the blizzard, the Federal and local governments remained closed. The City was asking residents to not drive. Since DASH was dug out, it was able to provide a limited Sunday service, operating modified snow routes on the City’s primary streets only, which are the first to be plowed. By running limited service on a shorter span of hours, DASH was able to safely transport people where they needed to go while still being able to get the buses off the street and back to the garage before the roads refreeze.

On Wednesday, as the roads started to become more passable, more service was restored. By Thursday, DASH was operating full service on all of its routes. And, although the world has returned to normal, DASH is already preparing for the next big one should there be a next one. After all, winter is still with us.

Please refer to the DASH Ride Guide for routes and schedules and stay tuned-in to DASH promotions, service alerts, route schedule changes, events and more! DASH eNews: www.dashbus.com/eNews Like DASH on Facebook: www.facebook.com/DASHBuses Follow DASH on Twitter: twitter.com/DASHBuses Visit DASH online at: www.dashbus.com

BY ALLYSON TEEVAN

ALLYSON TEEVAN

The Animal Welfare League of Alexandria (AWLA) held an impromptu Shelter Snow-A-Thon until the departure of winter storm Jonas. AWLA staff were camped at the shelter for the entire duration of Jonas taking care of nearly 150 animals currently housed at the shelter.

“We have two dedicated Animal Care Attendants, Demetrias and Kathryn, remained at the shelter through the storm to insure all of our “residents” were safe and well taken care of,” said Megan Webb, Executive Director of the AWLA.

“Our work here at the shelter was even more important in light of the blizzard conditions we experienced this weekend,” said Webb. Webb cited an example of the AWLA being contacted by an Alexandria resident at about 10:30 one night during the storm. According to Webb, “The individual was very worried because she had lost her 13 year old dog. We were able to respond immediately and determined we had him here! She was so relieved. While she couldn’t pick the dog up until the storm was over - she knew her dog was safe and secure at the shelter.”

SHelter WoRkers stick OuT snow-A-thON

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LIVING LEGENDS OF ALEXANDRIA
2016 Living Legends are Chosen

Living Legends of Alexandria announced the selection of the Living Legends for 2016. The work of these twelve individuals contributed to the community of Alexandria in arts and music, community services for seniors, youth and children, civic rights, historic preservation, and literacy and writing programs. “We are honored to acknowledge this year’s legends for their vision, hard work, and accomplishment,” notes Living Legends of Alexandria President, Jennifer Ayers. “Their unique and significant contributions have and will continue to benefit the community for years to come.”

Every year, Living Legends of Alexandria invites the community to nominate neighbors they know or citizens they admire for recognition by the community as a whole. The projects, philanthropy and work these individuals do help move Alexandria forward to the future. The community is invited to meet the 2016 Legends at a Meet the Legends Reception on March 15th at the United States Patent and Trademark Office in Carlyle. Tickets and information can be found at www.2016Legends.eventbrite.com.

The Board of Directors of Living Legends of Alexandria announces the following 2016 Living Legends:

Elizabeth “Betsy” Anderson
Betsy Anderson was nominated by the Art League, Torpedo Factory Artists’ Association and Torpedo Factory Art Center Board for significant contributions to Alexandria arts. Simultaneously with demanding volunteer duties, Anderson has sustained an impressive career as a painter with works represented in private and corporate collections nationally and internationally. She lives her vision nurturing the arts and artists enriching Alexandria.

Janet Barnett
Following her 32-year career with Alexandria’s Department of Recreation, Parks and Cultural Activities, Janet Barnett served as executive director of Senior Services of Alexandria where she created their Friendly Visitors Program, expanded the Meals on Wheels Program and Speakers Series. She is president of Old Town Business and Professional Association and serves on the board of the Police Foundation, the Board of Lady Managers, and Agenda Alexandria.

Herman Boone
Coach Herman Boone built a cohesive and cooperative high school football team from rival Alexandria teams, when a single new high school was built to be completely integrated. He led that team to the 1971 Virginia state championship. He also sought out and obtained college athletic scholarships for more than 50 black athletes.

Diane Charles
Diane Charles has lived and worked in Alexandria for over 30 years. She has recognized community needs and found ways to make positive change. As Director of Stop Child Abuse Now (SCAN) for 11 years and currently leading ALIVE!, she has grown and strengthened programs and staffing and lead by example as a citizen-volunteer.

Ruth and Bill Cleveland
Ruth and Bill Cleveland have been involved in community activities for years with Bill becoming a first black Republican on Council where he served 15 years, 6 as Vice Mayor. They are actively involved with the nonprofit organization, The Untouchables, serving young men 5 to 18 years old. Participants in The Untouchables learn civic responsibility while giving back to the community.

Wanda Dowell
Wanda Dowell began work at Fort Ward in 1965, rose through the ranks and served as site director for more than 20 years, attaining Museum accreditation and a designation on the National Register of Historic Places. Dowell said, “Just because you are a small museum, there is no reason you can’t be a quality museum.”

H. Warrren Foley and William McNamara
Because of their positions of leadership at American Legion Post 24 over many decades, it is recognized that the gift of historic Gadsby’s Tavern and adjacent City Hotel buildings to the citizens and City of Alexandria would never have happened without Warden Foley and Bill McNamara.

Lorraine Friedman
“The Dream Dog story. See a Need, Create a Program!” So says, and does, Lorraine Friedman, attorney/mom/volunteer/ songwriter/teacher whose creative programs reach broadly and deeply into Alexandria. Since 2002, the DreamDog Foundation has served thousands of children and adults with innovative literacy, creative writing, performing arts and empowerment programs and has put 250,000 books on shelves for children in their neighborhoods.

Oystes James
As Music Director of the Washington Metropolitan Association (WMPA), Oystes A James is a Legend to Alexandria’s classical music audiences. In his 31 years of leadership, presenting 28-30 annual events, James’ impact has been extraordinary. The City of Alexandria and the Arts community have been and will be for many years to come, the beneficiaries of his years of service.

Kim Allen Kluge
Kim Allen Kluge has served as Music Director of the Alexandria Symphony Orchestra for 28 years.

George Ate Here
The founding fathers worked up a real appetite gaining our country’s independence. So chances are, they knew a thing or two about where to eat. Come dine where history took place and live on today.

GADSBY’S TAVERN
Open daily for lunch and dinner
www.gadsbystavernrestaurant.com
138 N. Royal Street
703/348-1288
Everyone has heard of Art Impressionism. Rick Bach's art could be called, *Impressivism*. He calls it Modern. It’s a lot of every good thing about art – traditional, contemporary, modern and very contemporary. Bach’s art is also classically contemporary. His larger works appear timeless. He showed me some photos of completed and installed sculptures and murals that were monumental in size and scope.

Bach has been in the business of art for over 22 years, many working outside of the Washington area but hoping to do a lot more here in the coming years. He has been designing and fabricating architectural metal/fine art for restaurants and commercial spaces. As a full time artist, Rick works from his apartment/studio in Shirlington, Virginia and a larger studio in an upcoming Southeast Washington neighborhood. His harvest of riveting paintings and sculptures in both locales have an immediate impact on the senses. One main composition subject is the “skull,” the human skull, that frontal bone that carries the elements of the face and head. It carries some of the features of Bach’s art i.e., seeing, hearing, speaking, frowning and smiling. Bach’s striking numerous renditions of the face show his rigorous use of few linear strokes, broad but fine, swirling to indicate expression and character. His use of acrylics in bold colors, instead of pastels, gives his facial formations more serious countenances. They correspond to his cartoon-like figure drawings that have more whimsical and musical energy. There is no missing Rick’s solid rock music background which plays out in just about everything I saw. His lyrical lines and juxtaposition of compositions give heavy proof of an intensive, hands-on life in improvisational music scores. As I leafed through several of his remarkable, dramatic sketchbooks of a lifetime of drawings and conceptual plans for projects, I found clippings from his own rock band days in Western Pennsylvania and New York. Rick’s work has a large audience and legacy in the Pittsburgh area where he has another working studio. Bach’s paintings on aluminum, paper, canvas and board reflect one of the dualities in his prolific work over several decades that express a kind of sobering awareness of a fear and tension linked with an exuberant vitality – connecting all beings of his own creation. Many skull renditions glaze at you with anguished startling facades coupled with an extraordinary burst of humanity. They do not necessarily project gloom but a tested perceptibility that one can only recognize as a very personal, transforming actuality. His intricate color-line portrait version of his dog speaks to Bach’s passion for an effective art form that spoke at once to me.

In his Virginia studio I was amazed at several versions of Bach’s steel/metal heads, free standing and wall pieces – all sizes, intricately laced steel, some round and open-worked, others solid and angular. I believe he said these were being prepared for a gallery. There were some table-sized silhouettes in steel on pedestals resembling work by Matisse and Picasso. The open-laced steel or metal maintains the plasticity and pliability giving Bach’s sculptures a notion of...
Jim Baugh is a unique individual. He is not only the author of the semi-autobiographical book Hooked, but also the host of a long running outdoors TV show. Now, Jim is actively fulfilling another dream by using his talents to transform Hooked into a screen play.

Generally it takes a while for readers to become invested in a new book by a new author, usually 30 to 40 pages; not with Hooked. In the third line of his introduction I grabbed the butt when he describes a woman he is dating as DC Nympo. While at dinner, he and Miss DCN devise a mid-life crisis comedy game show, ‘Meet My Match Game.’ Right there I sat back and imagined ‘Hooked’ as a crisis comedy game show, Right while at dinner, he and DC Nympho.

Jim Baugh is a native Virginian and has been graced with celebrities and regulars. He introduces a never ceasing deluge of characters. The encounters included many familiar scenes played out in our own lives. I am certain many of us have had ‘that’ uncles. You know the one who is the life of the party in all too many ways, the kind who makes even grown men blush. The judgmental elder, you know the one always looking for the worst possible side of anything we did. Some of us also have had ‘that’ romance; you know the one we elect not to talk about, except with our closest same gender friends.

Hooked – Line and Sinker

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And of course our passions, in Hooked 2nd, it is clear Jim has accomplished both. He told me he never had so much fun as when writing this book and he is equally enthusiastic about the screen play he wishes him nothing but success.

Jim Baugh Outdoors. The photos in the Aftermath are fun. After looking at them, I was talking like a pirate and with a yen for BBQ. Thanks Jim!

One of the most captivating elements of the book is Jim’s use of quotation’s to frame each chapter. Benjamin Franklin’s quip says it all, “If you would not be forgotten as soon as you are dead and rotten, either write things worth reading or do things worth writing.” After reading Hooked 2nd it is clear Jim has accomplished both.

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And of course our passions, in Hooked 2nd, it is clear Jim has accomplished both. He told me he never had so much fun as when writing this book and he is equally enthusiastic about the screen play he wishes him nothing but success. Jim Baugh is a native Virginian and has been producing television shows since 1987. Programs include: Award winning Jim Baugh Outdoors TV (200+ episodes), Ski East, Classic Fishing with the Bassmasters, Fishing Virginia and BY Times. Broadcast include: The Family Channel, The Outdoor Channel, The Sportman Channel, Fox Sports, America One and NBC Universal the Comcast Network. Jim also holds a Bachelor’s Degree in Electronic Music and a minor in Piano from Virginia Commonwealth University.

He writes, performs, and engineers all the soundtracks for his television productions and regularly performs solo live jazz piano concerts.
FEBRUARY 15

Acting for TV
9:00-5:00 am
Heritage Presbyterian Church
8501 Fort Hunt Rd.
John Winkbon and Dan Evans will team up and offer the opportunity to share the stage with themselfs and learn to watch the playback to see exactly how acting translates from one medium to another. $75
http://www.mwct.org/

FEBRUARY 16

Birthright Banquet & Ball
5:30-11:00 pm
Gadsby’s Tavern Museum
134 N. Royal St.
You are invited to the re-creation of this famous celebration of Washington’s Birthday set in the year 1790. The evening includes an 18th century banquet, English country dancing, dessert, conversation, character re-enactment, and General and Mrs. George Washington. Period costume optional; “after five” attire encouraged. To attend the Ball only, please arrive at 9:00 pm. Ticket pricing. Advance reservations required. Register at http://www.alexandriava.gov/GadsbysTavern

FEBRUARY 17

10th Annual Birthday Parade
9:00-4:00 pm
Mt. Vernon Estate
3200 Mount Vernon Hwy
Celebrate the national observance of George Washington’s birthday by visiting his home and burial site, 1775. This year: Afrobeats and take an unforgettable photograph with props in the Donald W. Reynolds Museum and Education Center, viewing iconic Louisiana portrait of Washington as a backdrop. The traditional wreath laying ceremony at Washington’s Tomb takes place at 10:00 am followed by patriotic music and military performances on the Bowling Green at 11:00 am. Visitors can mingle with costumed characters from George Washington’s world from 11:00 am to 1:00 pm. “General Washington” is on the grounds to greet visitors and receive birthday wishes all day. Listen to a special musical tribute for the first president from 1:00 pm to 1:30 pm. At 1:45 pm take part in Mount Vernon’s largest ever 18th century dancing demonstration with costumed characters on the Bowling Green. Re-enactors gather with visitors to share selected stories from “George Washington” at 2:00 pm. At 3:00 pm James P. Moran, Jr., former U. S. Representative and Mayor of Alexandria, (703) 829-6640. Free

FEBRUARY 8

Wings from Chains
FEBRUARY 8-MARCH 13
Wings from Chains Thur., Friday and Sunday 12:00-4:00 pm,
Saturdays 1-4:00 pm
The Afternoon Gallery
201 Prince St.
This exhibit features the work of artists selected from throughout the region whose entries represent woman overcoming traditionally or stereotypically heterosexual feminine responsibilities and turning them into something liberating. Wings from Chains is a feminine spin on the old adage about when given limes, make lemonade. This show is generously sponsored by TIR | Sotherby’s International Realty. A portion of all sales will benefit the Women’s Center of Art, Free.

FEBRUARY 28

All aboard Art Exhibit
Thur. 12:00-6:00 pm, Fri. 12:00-9:00 pm,
Sat. 10:00 am to 9:00 pm, Sun. 12:00-5:00 pm
Colinas Center
3200 Mount Vernon Ave.
All aboard! exhibit takes patrons on a journey around Del Ray Artisans’ gallery to view works of eight board members: Ron Bank, Michele Reddy Cook, Kim S. Joy, Stephen Lilly, Martin Lord, Elizabeth Gurrey Meals, Kathy Turner, and Joan Woodward. Artists showcase work in unique mediums, with two a like. Patrons take artwork home when purchased! Reception Friday, February 5, 7:00 pm-9:00 pm. Free

FEBRUARY 14, 21, 28
“Walking with Washington”
FEBRUARY 20-21

Tea with Martha
Gadsby’s Tavern Museum
3:00–4:30 pm
134 N. Royal St.

Ever wonder how the First Lady entertained her guests? What is the proper way to hold a teacup with no handle? Here is your chance to experience history as Lady Washington demonstrates 18th century tea customs as well as clothing of the period. The 18th century tea includes the museum’s special blend of tea, pound cake, dried fruit, and a assortment of cookies. Ideal for Girl Scout groups (etiquette helps meet some badge requirements) and families with children 2nd grade and older. Attery, email to request. $20 per person for groups of 5 or more (table seat up to 10); smaller groups are $25 each.

FEBRUARY 20

From Slavery to Freedom Tour
1:00 pm
Lee-Fendall House
614 Oronoco St.

This special tour interprets the Lee- Fendall House from the perspective of its enslaved inhabitants, exploring the unique experiences of slavery in the city. Hear her the true stories of “contrabands,” as seen in the PBS television series and those of the world of the mansion to celebrate the final season of “Downton Abbey. Discover real life connections between people and places within the world of the television series and those of the Lee-Fendall House. The tour features the service wing, which is not normally open to public view. Tickets in advance $10 through the museum’s Online Store, or for $12 at the door. Free for members.

FEBRUARY 24

“A Extraordinary Young Man: The Early Years of George Washington”
7:30 pm
Gadsby’s Tavern Museum
134 N. Royal St.

Relatively little is known about George Washington’s youth, and it has led to many myths and misrepresentations. Professor Hemings will closely examine the lore we do know about George Washington’s first 21 years of life. While no one could have imagined the unique role that he was to play in our nation’s founding, Professor Hemings demonstrates that Washington was an ordinary young man. $12 per person, $10 for Society members and volunteers. (703) 744-4232-Reservations online at www. alexandriaca.gov/GadsbySeminars

FEBRUARY 27

George Washington’s 284th Birthday
9:00 am–4:00 pm
Mt. Vernon Estate
3000 Mount Vernon Rd

Visit Mount Vernon on George Washington’s actual birthday for special wreath laying ceremonies throughout the day and watch as newly naturalized Americans take the oath of citizenship, be the first to see the restored Nelly Custis Bechamber, which will reopen today after months of conservation and restoration work. Join George Washington”s birthday cake at 3:00 pm. Free

by popular demand, beer ice cream during dessert course of The Daisy Gastrodore. Reservation required. $15 per person inclusive.

MARCH 6

Winter Warmer Tea with Rebecca Ramsey Reese
Settling at 3:30 and 3:45 pm; arrive early for the 2:30 or 2:45 included tour before your tea Gadsby’s Tavern Museum
134 N. Royal St.

Enjoy the warmth and hospitality of the 19th century with choice of a variety of 18th-century desserts while sipping John Gadsby’s special blend of teas, and take a cup of tea, milk and sugar with your Heritage Chocolate. In honor of Women’s History Month, historic guest Rebecca Ramsey Reese, who was a major figure in preserving Alexandria in the early 20th century, will be visiting tables during the tea. $15/person inclusive and including tour of museum; reservations required. tickets online: www.shop.alexandriaca. gov

FEBRUARY 22, MARCH 7

Women of Alexandria, from Antebellum to the 20th Century
7:00 pm
The Athenaeum
201 Prince St.

Alexandria spent four years as an occupied city. During that time, daily life and events were different for many residents who remained in the city, and in many cases, the war changed the course of women’s lives. Women of Alexandria, from Antebellum to the 20th Century will illuminate an important side of the city’s history that we have been under-investigated: the effect of the Civil War on the lives of the women of Alexandria. The evening continues as guests will dance to the sounds of Brothers Plus One. 703-861-1912

FEBRUARY 22

From Slavery to Freedom Tour
1:00 pm
Lee-Fendall House
614 Oronoco St.

A special “Downtown Abbey” themed tour of the museum to celebrate the final season of “Downton Abbey. Discover real life connections between people and places within the world of the television series and those of the Lee-Fendall House. The tour features the service wing, which is not normally open to public view. Tickets in advance $10 through the museum’s Online Store, or for $12 at the door. Free for members.

FEBRUARY 28

How Does Noise Affect Bird Communication?
2:00 pm
Sherwood Regional Library
2505 Sherwood Hall Lane

Join the Friends of Dyke Marsh for a presentation by Dr. David Luther, biology professor at George Mason University. He researches ecology, evolution, conservation biology and animal behavior, and will discuss how biological and human-made noises like traffic affect acoustic communication of birds in urban areas. His talk will cover animal behavior, and will discuss how biological and human-made noises like traffic affect acoustic communication of birds in urban areas. His talk will cover animal behavior, and will discuss how biological and human-made noises like traffic affect acoustic communication of birds in urban areas. His talk will cover animal behavior, and will discuss how biological and human-made noises like traffic affect acoustic communication of birds in urban areas. His talk will cover animal behavior, and will discuss how biological and human-made noises like traffic affect acoustic communication of birds in urban areas. His talk will begin with Festivities and a Silent Auction in the lobby of the Museum at 6:00. Dinner is served in the Ballroom and is followed by a live Auction where guests can bid on one of a kind of items. The evening continues as guests will dance to the sounds of Busters Plus One. 703-861-1912

FEBRUARY 22

7:30 pm
George Washington Masonic Memorial
101 Callahan Drive

Join the Friends of Dyke Marsh for a presentation by Dr. David Luther, biology professor at George Mason University. He researches ecology, evolution, conservation biology and animal behavior, and will discuss how biological and human-made noises like traffic affect acoustic communication of birds in urban areas. His talk will cover animal behavior, and will discuss how biological and human-made noises like traffic affect acoustic communication of birds in urban areas. His talk will cover animal behavior, and will discuss how biological and human-made noises like traffic affect acoustic communication of birds in urban areas. His talk will begin with Festivities and a Silent Auction in the lobby of the Museum at 6:00. Dinner is served in the Ballroom and is followed by a live Auction where guests can bid on one of a kind of items. The evening continues as guests will dance to the sounds of Busters Plus One. 703-861-1912

MARCH 4

March Mélée! Art Exhibit Gala
ArtYards Potomac Yard
2704 Mount Vernon Ave.

This exhibit features artists’ bolded and wackiest art, Melée implies a brave and mortality means nonsense, so let those terms guide your expectations. Consider Roald Dahl’s words, “A little nonsense now and then is relished by the wisest [wo] men.” Reception: Friday, March 4, 7:00-9:00 pm. www. thebelleviertspurs.com/show/

MARCH 4

Historic Beer Dinner
7:00 pm
Gadsby’s Tavern Museum
134 N. Royal St.

Enjoy historic-inspired beers with historic inspired food in a perfect historic setting. This delectable dinner features the Alexis of the Revolution from Yards Brewhouse, authentically crafted by the 18th century recipes of founding fathers Washington, Franklin, and Jefferson. Guests will enjoy period-inspired food and, back
Alexandria City School Redistricting Process Extended

The Alexandria City School Board voted to extend the redistricting process into the fall of 2016 in order to be able to deliver accurate details around the location of the new West End school, School Board policies that will affect redistricting and finalization of the ACPS and City budgets before new school boundaries are drawn.

Both the location of a new school in the West End and whether the City will be able to fund it will not be known until late May. Decisions around moving pre-K to a new central location will also be finalized around the same time.

Staff will also use the same period between February and May to determine the site of the West End school, the location of a centralized pre-K program and the location of any zoning space that may be required.

The Redistricting Review Committee will be updated on the final criteria in June, and will then begin the GIS work required to draw new boundaries in earnest in the fall. The School Board has amended the criteria for membership of the Redistricting Review Committee to allow those currently serving to continue into the next school year to ensure continuity.

Alexandria City Public Schools (ACPS) serves more than 14,000 students who hail from more than 325 countries and speak 87 languages. ACPS has 16 schools, including two middle schools, one pre-K school and the internationally recognized T.C. Williams High School. ACPS is committed to ensuring that each and every student succeeds.

Visit us on the web at www.acps.k12.va.us and follow us on Twitter, Facebook and YouTube.

Architect Chosen for Patrick Henry Project

Alexandria City School Board has approved the selection of Moseley Architects to design the new Patrick Henry school and recreation center.

Moseley Architects has the experience of working in Alexandria City and was responsible for the design of T.C. Williams High School, which was completed in 2007.

The decision to use Moseley was made jointly by staff from both the City of Alexandria and Alexandria City Public Schools. The architect will be tasked with designing the new school and new recreation center to meet the minimum of LEED Silver standard.

T.C. Williams High School is honoring the two football coaches that made the school famous in Remember the Titans by making them honorary members of the Alexandria City Athletes Hall of Fame.

Coaches Herman Boone and Bill Yoast will be honored alongside Coach Glenn Furrman, their assistant coach when the Titans won the State Championship in 1971.

Five athletes will also be inducted into the Hall of Fame at the event before the T.C. Williams and WT Woodson High School basketball game on Friday, February 12.

Doe Talbert, T.C. Williams High School graduate and outstanding athlete, who was the first Alexandrian to be killed in Operation Iraqi Freedom in 2004, will also be honored.

Coach Boone took the position at T.C. Williams when he was told that the town of Williamson in North Carolina was not ready for a black head coach. He was appointed as T.C. Williams’ head coach when the City integrated its high schools. Working alongside Yoast, a legendary coach at the all-white Francis C. Hammond High School with several years seniority and a steadfast City following, the two coaches put aside personal pride and pulled together tosolidify a diverse coaching staff and team into the most successful team in the state in 1971.

In December 1971, President Richard Nixon was quoted in the Washington Post as saying: “The Titans of Alexandria saved the City of Alexandria.”

Five athletes will also be honored at the event in February.

John Kemper, a basketball player from the George Washington High School Class of 1964, will be honored as one of the greatest all around athletes to come out of the City of Alexandria.

Kemper, who went on to have a distinguished career in engineering and construction, was awarded nine varsity letters in football, basketball and baseball. He was named All Met in football in 1963, Alexandria’s Outstanding High School Athlete in 1963 and 1964 and All Northern Region in basketball in 1963. In 1999, he was honored as one of Alexandria’s 100 all-time greatest athletes and in 2003 he was given the Alexandria Sportsman’s Club Gene Bode Memorial Hall of Fame Award.

Michael Casey, T.C. Williams High School Class of 1971, is the second basketball player to be inducted into the Hall of Fame this year. He played professionally in Venezuela and then went on to earn his Masters and Doctoral degrees while serving as a career educator both in the District of Columbia and Alexandria. One of the premier post players in T.C. Williams history, Casey was selected First Team All-Region in basketball and football.

Four seniors signed National Letters of Intent Wednesday, February 3. These binding commitments are for our student-athletes who wish to continue playing in college.

CONTINUED ON PAGE 17
**EXPEDITION**

Imagine exploring the Great Wall of China or visiting the bottom of the sea—all in the span of 45 minutes. Well, that is exactly what St. Stephen’s & St. Agnes Upper School faculty and students experienced through Google Expeditions. It allows teachers to take their classes on immersive virtual explorations to places otherwise impossible through field trips.

SSSAS welcomed two Google Local Guides to campus who helped our faculty with this innovative teaching experience. Teachers were provided with a tablet to control their selected expedition that is best aligned with the curriculum.

**COACHES**

Continued from page 16

Wiliams High School Class of 1992, is one of the most outstanding track athletes ever to compete for T.C. Williams High School. She earned an unprecedented five state titles during her junior and senior years, winning individual titles indoors in the 1,000 meters in 1991 and 1992 and running a leg of the championship 800-meter relay for the 1991 team that earned the school’s first team title. Mercer, who went on to compete for Georgetown University where she graduated second in her class, capped her high school career finishing second in the nation in the 1-mile run.

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CIVIL WAR ALEXANDRIA—AN ARMED CAMP

BY KRIS GILBERTSON

While Alexandria was a bustling medical center during the Civil War, with more than 30 large and small Union hospitals, the city also was heavily fortified to repel an attack on Washington.

When the firing on Fort Sumter started the war in spring 1861, Fort Washington, 12 miles down the Potomac River from Alexandria on the Maryland shore, was the lone defense of the Capital at DC. The fort was a vitally important defense against a river attack, but when it became clear that the war would not be over in months (as had been widely believed), Maj. Gen. John Barnard of the Corps of Engineers was directed to build the Defenses of Washington.

Basing his design on an 1836 textbook title “A Treatise on Field Fortifications,” Barnard planned to encircle the National Capital with earthen forts and batteries. By 1865, the corps had constructed 68 enclosed forts, 93 batteries for field guns, and 7 block houses, plus 20 miles of rifle pits and 30 miles of military roads. At least 5 installations were built within Alexandria City. Washington was the most heavily guarded city in the Western Hemisphere at the time.

When the war ended, these forts and batteries were dismantled, some by the army, others by local residents scavenging materials to build homes and businesses. African American communities formed on and near the grounds of the former forts, including Fort Ward on Braddock Road.

The National Park Service, with American University, has begun a project to document the local history of African American communities formed during or after the Civil War and associated with eight Civil War defense sites in the District. To learn more, go to www.nps.gov/cwdw/learn/historyculture/aacwd_study.htm

Organized efforts to document and preserve the sites didn’t begin until the 1960s and 70s, by which time there was little or nothing left of most of them.

Fort Ward was an exception. Fort Ward was the fifth largest of all the defenses and, although extensive rehabilitation was needed, there was much to work with. Today, Fort Ward Park is a dynamic center for Civil War education and exhibits, welcoming scores of students, tourists, and reenactors.

It turned out that the Confederate Army never attempted a river assault and Fort Washington never fired a shot. Neither did most of the new installations. The only Confederate attack to penetrate the Capital took place at Fort Stevens in NW Washington, DC. When President Lincoln later visited the fort, he narrowly missed being shot by a Confederate sniper.

Fort Ellsworth stood on Shuter’s Hill, now the site of the George Washington Masonic Memorial. This view illustrates how few trees there were in the city and surrounding area at the time. Troops at Fort Ward could see Confederate encampments at Bailey’s Crossroads.

Giclée print of Alexandria Virginia, the backdrop for the PBS series “Mercy Street”

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CONTINUED FROM PAGE 7

Christmas. After originally estimating the price tag at $800 million, MGM officials recently boosted the estimate of cost of construction to $1.3 billion. Murren attributed the $500 million spike to more elaborate interior design, as well as to redesigning the theater, moving more infrastructure underground, building it to LEED specifications and doubling the number of specialty restaurants.

In December 2013, Maryland voters approved MGM Resorts International for the six license to operate a casino in Prince George’s County, and construction commenced in May 2014. “We told the voters that if given the opportunity we would build something special along the banks of the Potomac,” Murren said. “The voters voted and we began our journey of 1000 miles.”

Lorenzo Creighton, the president and chief operating officer of MGM National Harbor, said the project is personal to him given that he attended law school at nearby Loyola of Maryland, before setting off on a gaming career which took him to Iowa, Mississippi, Nevada and Virginia before “coming home.”

The former gambling regulator is a veteran of the gaming industry having served as president and COO of the New-York-New York Hotel & Casino in Las Vegas and MGM Grand Detroit during a previous

CONTINUED FROM PAGE 17

to their current curriculum or lessons of study. The class can only view one expedition at a time as it is controlled by the teacher.

Each student was provided with a Google Cardboard viewer that is prepared with a phone already installed. Once all of the students have the viewers, the teacher controls what the students see.

Teachers can point out spots of interest that will come up on the viewers with arrows to follow. There is information that is already preloaded with information to those spots. Teachers can add class information in these spaces. There are also questions of varying difficulty available after each image. What an adventure!

“I want my work to be taken seriously, even though I didn’t have a fine art background. Today, however, we are a modern fine art, Bach’s Art, that goes beyond traditional terms.”

It’s worth focusing on something else from that article by Gagliano. It’s Rick’s own outlook on all of this artistry. “Playing music is such a primal release, you know? Standing there and screaming at the top of your lungs. It’s so immediate. And ‘painting’ it’s just as satisfying when you do something that is already preloaded with information to those spots. Teachers can add class information in these spaces. There are also questions of varying difficulty available after each image. What an adventure!

Several students are drawn to the Matisse-influenced tendencies to construct subutility with the lyrical (musical) contours. Altogether Rick’s “modern” style runs toward a rhythm of movement. Like Marvine and Picasso, his paintings and three – dimensional pieces are absorbed by the spectra of reds, oranges, blues, yellows and green that shout out for attention. The metal, aluminum and steel work seems light in a texture of aluminum and steel work out for attention. The metal, blues and yellows that shout out for attention. The metal, blues and yellows that shout out for attention. The metal, blues and yellows that shout out for attention.

ART BEAT

Today, we are a modern fine art, Bach’s Art, that goes beyond traditional terms. It’s worth focusing on something else from that article by Gagliano. It’s Rick’s own outlook on all of this artistry. “Playing music is such a primal release, you know? Standing there and screaming at the top of your lungs. It’s so immediate. And ‘painting’ it’s just as satisfying when you do something that is already preloaded with information to those spots. Teachers can add class information in these spaces. There are also questions of varying difficulty available after each image. What an adventure!

“Modern,” he says, when asked again about his style. I am attracted to the Matisses- like work in Rick’s two- dimensional pieces in their simple and free forms. I recognize also Picasso-like tendencies to construct subutility with the lyrical (musical) contours. Altogether Rick’s “modern” style runs toward a rhythm of movement. Like Marvine and Picasso, his paintings and three – dimensional pieces are absorbed by the spectra of reds, oranges, blues, yellows and green that shout out for attention. The metal, aluminum and steel work seems light in a texture of aluminum and steel work out for attention. The metal, blues and yellows that shout out for attention. The metal, blues and yellows that shout out for attention. The metal, blues and yellows that shout out for attention.
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— Rabbi Isaac the Blind

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SERVICE DIRECTORY
The 2016 Summer of Smiles Summer Camps Guide is available online at www.alexandriava.gov/Recreation and free printed brochures are available at City Hall, recreation centers, and public libraries located throughout the City. The Summer of Smiles Summer Camps Guide contains a variety of camps available to youth ages 2-17, including sports, dance, creative arts, computer, chess, enrichment, nature, adventure, Out of School Time (residents only) and classic camps. To make summer planning even easier, an index lists camps available by week offered and age group.

Registration for all other Spring and Summer programs, including activities, classes and leagues occurring April through August 2016, will begin as usual on Wednesday, March 16 for Alexandria residents and Friday, March 18 for nonresidents. The Spring and Summer Program Guide will be available online and in City facilities beginning Wednesday, March 2. Request a Free Subscription to receive future issues by mail or call 703-746-5414.

Space is still available and registration is currently being accepted for Spring Break Camps taking place March 21-25. Register Online Today!

For more information, contact the Registration and Reservation Office at 703-746-5414, Monday through Friday, 9 a.m. to 7 p.m.

Affordable Signs & Banners Inc. Finds a New Home

Del Ray’s Affordable Signs & Banners is excited to announce they are moving to 2100 Jefferson Davis Highway, Alexandria, VA on February 15, 2016. Longtime customers and individuals curious about what they have to offer are encouraged to visit their new facility, meet the staff and discuss the latest in signage materials and methods.

The inevitable development of the Oakville Triangle was the catalyst for the move from Calvert Ave. where they have been for the past ten years. According to owner, Ken Boland, “We are deeply imbedded in our community and wanted to stay in Alexandria and specifically in Del Ray, but because of residential development pressures, industrial space in the area is now almost non-existent. We thought for sure we would end up in Lorton or Springfield or even be forced to close our doors for good. Searching for a new location was hard enough but our current lease is structured in such a way that any day now we could receive a notice to vacate within nine months. It is only by happenstance that this new space, just four blocks away, became available and I knew we had to jump on it now.”

For over 26 years, Affordable Signs & Banners has built a solid and dedicated following based on providing excellent customer service, expert advice and quality products. In their new location, with expanded capabilities and state of the art equipment, personalized solutions and customer satisfaction will remain Affordable Signs & Banners’ number one priority.

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Call Megan at 202 270 3654 or email at megan@thegotogirlsinvia.com

CONTINUED FROM PAGE 6

Firearms, Emergency Vehicle Operations, First Aid and CPR, and Defensive Tactics. He has also supervised the Critical Care Mental Health Unit, a housing unit in the Detention Center for inmates with mental illness.

Sergeant O’Dell received a life-saving award in 2015 from the Alexandria Chamber of Commerce.

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CONTINUED FROM PAGE 6

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Sergeant O’Dell received a life-saving award in 2015 from the Alexandria Chamber of Commerce.
Starting plants from seed is a great way to garden mid-winter. You are able to get your hands dirty, see the soil turn green and enjoy the simple satisfaction of growing your own plants from seed to harvest.

Starting seeds indoors is not difficult, but seeds have basic needs for good germination and healthy growth. This column runs through those basics to get you started growing. If you’re a first-time seed-starter, begin by learning with just three or four seed varieties. It doesn’t look like much, but each seed packet is capable of producing dozens of little seedlings.

Before it’s time to move them outside, which is usually our last frost date (April 11th, 2016), read the seed packet to find out how many weeks each as one of only two cities for her Orchestra in Residencies program in 2012, the Washington Post heralded it as “a major coup” for Kluge, the ASO and Residencies program in 2012, the Washington Post heralded it as “a major coup” for Kluge, the ASO andResidencies program in 2012, the Washington Post heralded it as “a major coup” for Kluge, the ASO andResidencies program in 2012, the Washington Post heralded it as “a major coup” for Kluge, the ASO andResidencies program in 2012, the Washington Post heralded it as “a major coup” for Kluge, the ASO andResidencies program in 2012, the Washington Post heralded it as “a major coup” for Kluge, the ASO andResidencies program in 2012, the Washington Post heralded it as “a major coup” for Kluge, the ASO andResidencies program in 2012, the Washington Post heralded it as “a major coup” for Kluge, the ASO andResidencies program in 2012, the Washington Post heralded it as “a major coup” for Kluge, the ASO andResidencies program in 2012, the Washington Post heralded it as “a major coup” for Kluge, the ASO andResidencies program in 2012, the Washington Post heralded it as “a major coup” for Kluge, the ASO andResidencies program in 2012, the Washington Post heralded it as “a major coup” for Kluge, the ASO and

Kluge transformed a fledgling community orchestra into a professional one of national acclaim. When world renowned violinist Midori selected Alexandria as her benefit area charities.

Living Legends of Alexandria is a non-profit organization dedicated to honor and chronicle individuals who have made significant contributions to the quality of life in Alexandria. An annual Living Legends Catalog documents the work of this year’s class of Legends through photography and journalism, and is collected by the Virginia Library the Library of Congress. A Photography Exhibition of Living Legends will open in March in the Lobby of Alexandria City Hall. Attendees of the 2016 Meet the Legends Reception will receive the current Living Legends Catalog publication. Living Legends Exhibitions are archived by the Office of Historic Alexandria.

Continued from Page 11

Visually Impaired Half-Marathon Championships to benefit area charities.

Jodie Smolik

Jodie Smolik came in 1997 to The Winkler Preserve, 45 acres of native plants and wildlife near I–395. She created innovative science education programs offered free to all Alexandria City Public School students, built the structures to sustain them, and defended the preserve when it was threatened by highway construction in 2010, an effort successful with support of parents, teachers and the children.

Steve Neuman couldn’t change things for every young person, but hoped to help one child to take the better fork in the road. Between 1999 and 2015 he volunteered and led the Child & Family Network Centers, which provides preschool for at-risk children. An avid runner, he created the Woodrow Wilson Bridge half-marathon and the Visual Impaired Half-Marathon Championships to benefit area charities.

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If you have ever taken the time to walk down King Street in Old Town Alexandria, you would know that Alexandria, VA takes its “Pet Friendly” city very seriously. A majority of the businesses have dog bowls with treats and water out for our pets as we shop, dine and enjoy the company of our friends and family. Why is it important to have Alexandria listed as one of the most pet friendly cities in America? Because if you haven’t noticed the pet industry in the U.S. and many other countries is booming. According to the American Pet Product Association (APPA), in 2016 pet owners in the U.S. are expected to spend $66+ billion in pet-related products and services, up from $47 billion in 2010. 62% of all households have a pet of some kind. The pet industry is nearly recession-proof with pets in 1 out of 3 homes in the U.S. Americans own more pets than ever before and pet parents are becoming a norm, including daycare, dog training, boarding services, pet supplies, dog/pet food, grooming and waste removal. The bottoms line: people increasingly view their pets as part of the family and are willing to spend even during difficult economic times. For this reason sites such as www.fittingfido.com have popped up everywhere, allowing you to find and plan your next vacation but only if your pet can come along with you. What this means for Alexandria homeowners is that living in a pet-friendly city and having a pet-friendly home and using a pet-friendly realtor may just sell your home faster than those homes around you. To know exactly how to promote and market this aspect of your home, city and neighborhood, you would need to discuss your home with the right real estate professional and find out the absolute prime locations to market your home to bring you immediate interest, offers and results. This does not mean you have to have an animal to market to those who do. The key here is extreme niche marketing to those who want to live, work and play (with their little furry friend) in an environment that promotes, encourages and accepts animals as part of the family. We are not the first real estate professionals who work with military relocation, buyers from outside the country and those coming from other areas who travel with their animals, and the first thing they are concerned with is “Will my pet enjoy the new home and city as much as I will?” This is not a fad! For this reason REALTOR® Sarah Syversson, a Real Estate Agent for FORBZ Real Estate Group, specializes in Pet-Friendly Real Estate, as well as Active Senior Communities in Alexandria, VA. Sarah knows exactly where to tell incoming buyers to stay regarding hotels, where to go to find the nearest dog parks, who to call to have their animal watched, walked, babysat or where to take them to get a special treat. stanley_cup_playoffs. The rapid unraveling of fan passionate interest sweeping in four games by the Detroit Red Wings, and have traditionally been ’iced out’ in the first or second round of the playoffs ever since. With great fanfare, Abe Pollin’s Capitals had their inaugural home game on October 15, 1974, right off the Beltway at the then brand-new Capital Centre, in Landover, Maryland, they played the Los Angeles Kings to a 1-1 tie. Their record after the game was 1 win, 2 losses, and 1 tie. That was, unfortunately, their best hockey, after just four games, as the Caps would finish the season with the NHL’s still worst-ever record of 8-6-7-5. Caps fans endured many miserable long losing seasons during the team’s first eight years, and as the team’s fortunes on the ice ‘went south’, attendance and fan support did as well. When the Capital Centre organist would orchestral pipe the diry for “LET’S GO CAPS!” frustrated fans often angrily stood up and throned at the top of their lungs, “HANDBY-CAPS!” The rapid unraveling of fan support was not unnoticed by Pollin. He reached a pinnacle of his frustration in the summer of 1982, when he publically announced that he had lost $20 million since 1974, and that he was prepared to sell, merge or completely disband the franchise unless...
concessions were made for him to keep the team.

Pollin, who courted and secured a group of investors to help him stave off his financial bleeding, gave notice to four of what he deemed were “fair and certainly achievable” benchmarks that had to be achieved for him to keep the Capitals; fans buy 7,500 season tickets, up from 4,200, the previous season; rent for the Capital Centre (which he owned) had to be lowered from fifteen to ten percent of the net after taxes, which was subject to approval from his chief bond holder which helped to finance construction of the facility, Equitable Life Assurance, Co.; the team’s first ten home games of the 1982-83 season had to be complete guaranteed sellouts; and the amusement tax levied by Prince George’s County had to be lowered from an almost then league-high ten, down to one-half of one percent, gradually increasing over the next four years.

A ‘Save the Caps’ campaign sprang up from a group of the team’s season ticket holders, passionately extolling the virtues of keeping the team in our area, who descended, en masse, all over Maryland, D.C., and Virginia, pleading their case with flyers of Pollin’s demands in hand, even passing them out to thousands of fans at RFK Stadium during exhibition games and the start of the Redskins 1982 season.

Many home-grown Washington baseball fans that had deep roots in D.C. and the suburbs, knew all too well what Caps fans were going through, as they had their team, the Washington Senators, ‘stolen’, by a Minnesota trucking magnate, Bob Short, who almost ten years prior moved the team to Arlington, Texas, ending 68 years of continuous Major League Baseball in our Nation’s Capital.

At the end, the ‘Save the Caps’ campaign was deemed as a great success as three-out-of-four of Pollin’s checklist were achieved, one which came just short of his goal of 7,500 season tickets sold, but it was enough for him to know that fans ‘stood tall’ and solidly had his back for him to keep the team.

Today, Caps fans are still very much a force to be reckoned with as they ‘ROCK THE RED’, filling the Verizon Center to capacity, standing proudly to eagerly join the team’s long-time legendary public announcer, our one-and-only, Wes Johnson, as they collectively ‘UNLEASH THE FURY!’

If you haven’t been to a game to unleash your ‘inner fury’ this season, what are you waiting for? Please get your ‘Red’ on and join me at an upcoming Caps game at ‘The Phone Booth’, very soon!

Pat Malone is a second-generation Washington sports fan, born at Georgetown University Hospital, and can be emailed at malonemarketing@gmail.com.

"Why do they have these things so early? I mean, no woman can look good at five o’clock in the afternoon…except, possibly, Tatum O’Neal."

—Maggie Smith as Diana Barrie on the Academy Awards
California Suite, 1978

"Quotables"
FEBRUARY PUZZLERS

ANSWERS ON PAGE 30

To solve the Sudoku puzzle, each row, column and box must contain the numbers 1 to 9.

```
 1 4 7 2 3 5 6 9 8
 2 5 3 4 1 6 9 7 1
 7 9 6 3 4 2 1 8 5
 3 1 6 8 2 4 9 7 5
 5 2 3 7 1 6 9 8 4
 6 4 7 2 3 5 8 9 1
 1 7 5 6 9 4 2 3 8
 8 3 4 5 7 1 6 2 9
 9 8 2 1 5 3 7 4 6
```
Washington (the original George “W”) was the first President to have “saved the country” and established the union. According to historians, his presidency served as a precedent for others: Jackson (preserved the union), Lincoln (Dixie Civil War), FDR (Great Depression & WWII), Kennedy (nuclear annihilation), and Ford (healing after Watergate) to name a few. Back in 1800 the country celebrated “Washington’s Birthday” on February 22nd as a day of national remembrance. And for good reason.

George Washington had just died two months earlier in December 1799 and we were still reeling in grief and confusion over the vacuum following his earthly departure. Like FDR would be to Americans a century later a half a year, most people were left sitting around the tavern table dumbfounded, not knowing what to gossip about now that Washington was gone. He had been around for so long, they simply didn’t know what to do now that the former Commander-in-Chief of the Continental Army, President of the U.S., and President of the U.S. had succumbed to a nasty case of Quinine while riding his horse around his Mount Vernon estate early one morning. Washington was so beloved in this country that his picture was on the walls in every home, office, schoolroom, and church – so unlike John Lennon – he may well have been more popular than Jesus.

In any event Washington had it had enough with Quinine when wouldn’t you know it, who turned-up at his frosty door at Mount Vernon, but his old Army buddy and local Alexandria surgeon, Dr. James Craik. Craik bid the former President three times that morning and then had him gargle with the former President three times that morning and then had him gargle with the former President three times that morning and then had him gargle with the former President three times that morning and then had him gargle with the former President three times that morning and then had him gargle with the former President three times that morning and then had him gargle with the former President three times that morning and then had him gargle with the former President three times that morning and then had him gargle with the former President three times that morning and then had him gargle with the former President three times that morning and then had him gargle with

1. The disease is an aggressive form of tonsillitis and not to be confused with President John Quincy Adams. Both were very troubling some politicians even claiming the latter was more deadly than the former.
2. Jefferson was the “Father of the Declaration of Independence” so he was really into anyone who was also a “Father” and ‘Author’ like he was.
3. The two of them standing side-by-side would probably have been a sight, Jefferson at 6’3” and weighing-in at 180 lbs.

* Check out the Lewis & Clark Expedition. Jefferson thought it was a terrific expedition and they kept sending neat stuff back to Jefferson like bones, skulls, and other goodies that he proudly displayed at his home, Monticello.

Years passed and by the time President Lincoln died there was concern that February was becoming really crowded with Presidential birthdays to be recognized. It was such a short month anyway with a number of holidays filling up February, so Congress figured that unless something was done, the entire Federal Government might not even bother showing up for the entire month. Sure that would help rush hour in the Metro DC area but the rest of the country might notice how quiet it was.

So in 1968 Congress did what many would consider an impossible feat in today’s climate – they passed a bill. In 1971 the Uniform Monday Holiday Act took effect and from then on all federal holidays would henceforth fall on a Monday and give workers a three-day weekend. Retailers absolutely loved it. Government workers thought it was a good deal. Even labor unions supported it.

Today, we celebrate what has become known as “Presidents’ Day” – a day in which we recognize and pay tribute to all our Presidents. Incidentally, Congress was created by the Constitution to act as a check-and-balance against a potentially totalitarian President. Well, the Constitution got it right – Presidents now have less power and virtually no ability to affect any change whatsoever today at any time in our history. Seeing the current crop of candidates in this election year, that’s probably a saving grace, huh?

But on Presidents’ Day’ weekend, as they have done every year since 1971, car dealerships and shopping malls will dress up their employees as Washington or Lincoln and really do it up right, adding just the right touch of reverence and pomp to our cherished national holiday. It’ll be “Vroomman.”

Happy Presidents’ Day!

Marcus Fisk is a retired Navy Captain, Naval Academy graduate, sometime actor, sculptor, pick-up cover player, playwright. He and his wife Pamela are former residents of Alexandria and currently live in Connecticut where they own a B&B.

“Henry Fonda didn’t die on you. Henry Fonda just died.”
—Carol Burnett as Mary Catherine Castelli to Elizabeth Taylor as Deborah Shapiro Between Friends, 1983

ON WATCH

BY MARCUS FISK

IT’S PRESIDENTS’ DAY FOR A GOOD REASON

1. The disease is an aggressive form of tonsillitis and not to be confused with President John Quincy Adams. Both were very troubling some politicians even claiming the latter was more deadly than the former.
2. Jefferson was the “Father of the Declaration of Independence” so he was really into anyone who was also a “Father” and ‘Author’ like he was.
3. The two of them standing side-by-side would probably have been a sight, Jefferson at 6’3” and weighing-in at 180 lbs.

* Check out the Lewis & Clark Expedition. Jefferson thought it was a terrific expedition and they kept sending neat stuff back to Jefferson like bones, skulls, and other goodies that he proudly displayed at his home, Monticello.

Years passed and by the time President Lincoln died there was concern that February was becoming really crowded with Presidential birthdays to be recognized. It was such a short month anyway with a number of holidays filling up February, so Congress figured that unless something was done, the entire Federal Government might not even bother showing up for the entire month. Sure that would help rush hour in the Metro DC area but the rest of the country might notice how quiet it was.

So in 1968 Congress did what many would consider an impossible feat in today’s climate – they passed a bill. In 1971 the Uniform Monday Holiday Act took effect and from then on all federal holidays would henceforth fall on a Monday and give workers a three-day weekend. Retailers absolutely loved it. Government workers thought it was a good deal. Even labor unions supported it.

Today, we celebrate what has become known as “Presidents’ Day” – a day in which we recognize and pay tribute to all our Presidents. Incidentally, Congress was created by the Constitution to act as a check-and-balance against a potentially totalitarian President. Well, the Constitution got it right – Presidents now have less power and virtually no ability to affect any change whatsoever today at any time in our history. Seeing the current crop of candidates in this election year, that’s probably a saving grace, huh?

But on Presidents’ Day’ weekend, as they have done every year since 1971, car dealerships and shopping malls will dress up their employees as Washington or Lincoln and really do it up right, adding just the right touch of reverence and pomp to our cherished national holiday. It’ll be “Vroomman.”

Happy Presidents’ Day!

Marcus Fisk is a retired Navy Captain, Naval Academy graduate, sometime actor, sculptor, pick-up cover player, playwright. He and his wife Pamela are former residents of Alexandria and currently live in Connecticut where they own a B&B.

“Henry Fonda didn’t die on you. Henry Fonda just died.”
—Carol Burnett as Mary Catherine Castelli to Elizabeth Taylor as Deborah Shapiro Between Friends, 1983

ON WATCH

BY MARCUS FISK

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Happy Presidents’ Day!
by Sandy Modell

Spring may be around the corner but it is not here yet. Rain, snow, sleet, or hail are good reasons to stay inside. Although you may be able to sit around the shabby and relax, read a good book, or watch TV, your dog may find these activities kind of boring. When boredom sets in, dogs may turn to behaviors to get our attention or because they just want some action, such as demand barking or stealing items of value to you because they smell them like you or smell like food, or just have the right chewy texture. They’re not being “bad” dogs, just going a little stir crazy and looking for something fun to do. To prevent unwanted behaviors, preserve that happy little dog feeling, and make fun indoor activities and training that can work their mind, provide needed mental stimulation, and give your dogs the exercise they need, try these out so the two of you can just chill on those chilly cold and rain or snowy days too.

Play Hide and Seek – Hide and seek is a great way to exercise your dog’s mind and body and teach them skills. Both family member stocks up on some tasty treats. Small softer treats that you can break apart to the size of half of your hand or teach your dog to the right.

Tug and Fetch – Tug and fetch are classic dog games that do not require a lot of room. Hallways tend to be great for fetch games, and tug can be played virtually anywhere. Playing tug with your dog for 10 minutes can really burn some good energy. The tug game can offer great training opportunities in impulse control and good behaviors. Teach your dog to give you the tug toy on cue and then wait for a calm behavior such as sit or stand quietly before tugging again. Remember to give your dog a release word, such as “all done” when you want to end the training session, so they understand that it’s break time. Then go back to shoveling a little more snow or sit down and relax with a hot toddy, and fry a frozen Kong (for your pup), or take a nap! I promise you, your dog will be ready for one too!

These are just a few activities that you can do with your dog that help give them the exercise they need and moving when you are stuck inside. And don’t forget to do a little body handling and massage to really help your pup relax and just chill. Have fun with your dog!
Because we are a free-roaming facility, you can come visit cat-exclusive, no-kill rescue facility in Alexandria, Va. Saturday and Sunday from 1:30 to 4:30 p.m.

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**COOKIE**
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Female, age 2
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**TYCO**
Male, age 6 years
Extremely sweet, very affectionate family boy has gorgeous green - and blue! - eyes

**THELMA**
Female, age 3 years
Soft, silky beauty will be your sweet, mellow “one and only” best friend

**PUDDY CAT**
Male, age 8
Gorgeous boy with mountain lion looks so desperately wants an enclosed porch with sun puddles

**OUR ADOPTION OPEN HOUSES ARE EVERY SATURDAY AND SUNDAY FROM 1:30 TO 4:30 P.M.**

King Street Cats is proud to be the only all-volunteer, cat-exclusive, no-kill rescue facility in Alexandria, Va. Because we are a free-roaming facility, you can come visit with the “cat-friendliest cats” in town.

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**RABBITS MAKE GREAT PETS TOO!**

BY ADRIENNE HERGEN, DVM

February is the ASPCA’s Adopt a Rescued Rabbit month. Rabbits can make great pets for people of all ages. They provide companionship, tend to be engaging, and can get along well with other pets in the household. Locally there are always rabbits available for adoption at the Arlington and Alexandria Animal Welfare Leagues.

Let’s review some basics about rabbits so that you can be well prepared if you decide to welcome one into your family. Rabbits generally have a lifespan of 8-10 years so it is a serious commitment when you make the decision to adopt. Rabbits have teeth that grow continuously and it is therefore important that they always have things available to chew on. It is important for them to get daily exercise. If you let them out in the house make sure that they are supervised and that your house is rabbit-proofed because they do like to chew on wires and could be accidentally electrocuted. They can also damage baseboards and wooden structures. You can also purchase an exercise pen for them to play in to keep them safe and to avoid damage to your house.

They have very delicate skeletons that account for only 8% of their body weight. Therefore, rabbits should never be picked up by their ears. Support their front limbs with one hand and the back limbs with the other hand. Carry them like a football with their head tucked under your arm. Always place rabbits back into their cage near end first. This discourages them from jumping from your arms and risking a broken spine or limbs.

Young, growing rabbits under 8 months of age should be fed alfalfa based pellets and hay because they are higher in protein and calcium which is necessary for skeletal development. Rabbits over 8 months of age should be fed timothy based pellets and hay. These are lower in protein and calcium and higher in fiber. They are intended to prevent obesity, bladder stones, and gastric stasis. The diet should primarily consist of free fed hay, a small portion of pellets, and small amounts of fresh fruits and vegetables. Never feed your rabbit iceberg lettuce as this can lead to diarrhea. Until your rabbit is fully grown (around 6 months of age), they can have all the pellets they want. After that, pellets should be limited to 1/8 to 1/4 cups per day per five pounds of body weight. Do not feed pellets that contain seeds, nuts, or colored tidbits. They should always have access to fresh water. This can be offered in a bowl or water bottle.

Rabbits can be litter trained. You want to avoid wood chips as the substrate though because these can release fumes into the air that can cause liver disease. Care should also be taken if using clumping litter because this can cause an intestinal obstruction if ingested. Rabbits shed and should be brushed daily because they can get hairballs which can also cause an intestinal obstruction. Rabbits consume soft fecal pellets overnight. These special night dropings contain high levels of vitamin B and K and twice the protein and half the fiber of hard feces.

We recommend that you get your rabbit spayed or neutered. This will help to deter undesirable behaviors and to prevent uterine cancer in does and, less commonly, testicular cancer in bucks. Since rabbits are a prey species in the wild, they mask illness well in an attempt to not show weakness. Your rabbit should be eating and defecating constantly. If you notice that this is not the case you should seek veterinary care.

**CONTINUED ON PAGE 30**
Neighborhood Dog Walking and Pet Care

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Mr. Campana:
"We just wanted to tell you how much our dog, Meghan, loves her Sti/f_l  e Brace. We were referred to you by Animal Hospital of Waynesboro. I'm not sure what I expected but it is very comfortable for her and when we take it off she gets upset because she wants to leave it on. Great work and design."

— Bill and Nickie Aldridge

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CROSSWORD

You Had Me At Woof!

By Ellen Epstein

Prince the Golden Retriever puppy and his sister Sophia make a lovely family photo, don’t they? There’s nothing better than a snow day with showcase! Photos by Ellen Epstein

Oh, what fun they all had while their Moms and Dads spent their days shoveling snow and digging their cars out after Snowzilla!

Some of the puppies we take care of were seeing their very first snow storm and after a bit of puzzlement they all seemed delighted with all the white stuff! I noticed that they were particularly happy to bound around outside in the cold weather, with not a care in the world!

And the dog parks were the venue of choice for the big dogs, especially the black Labs who were a striking sight against the clean fresh-fallen snow.

I’d like to remember it like that, fresh and white, even when the slush takes its place and the mounds of snow disappear. It was a fun vacation for Bow Wow Meow, our walkers and all our pups, and we will think fondly of Snowzilla for a long time.

ANIMAL TALES

Continued from page 28

care immediately. A life threatening illness could be developing. Rabbits can be prone to a number of medical conditions including dental disease, gastrointestinal illness, upper respiratory infections, and neurologic conditions. If you have any concerns about your bunny you should make an appointment with your veterinarian.

The purpose of this article was to provide you with some general information about rabbits and their care. Hopefully you will consider bringing a rescued rabbit into your household. I would love to meet your new furry addition when you do!

Quotables

“I can’t tell ya how encouraging a thing like this is.”
Ruth Gordon — on winning the Best Supporting Actress Oscar for Rosemary’s Baby, 1969

The purpose of this article was to provide you with some general information about rabbits and their care. Hopefully you will consider bringing a rescued rabbit into your household. I would love to meet your new furry addition when you do!
SAVE THE TAILS!

NIVENS
Hola Nivens! This adorable bunny has been here quite some time and is long overdue for a new home of her own. As it happens too often with rabbits, Nivens was found as a stray but we can’t imagine how anyone could lose track of this sweet girl! Nivens has become a staff favorite here because of her friendly demeanor and playfulness, and while we love having her here, it’s definitely time for her to get a permanent family to play with her!

PEPE
This handsome guy is Pepe! Pepe may be older, but he hasn’t lost any of his spunk. He is a special guy who will need a lot of love and attention in his forever home. Pepe has intervertebral disc disease, but he does not let that get him down! He is a big attitude in a little body and will never fail to make you laugh. If you’re looking for an older gentleman to spend your days with, come by and meet Pepe!

SABI
Meet Sabi! Sabi is a great hound with a nose for adventure. He was raised on a big plot of land and because of that he has developed a taste for nature and exploration. Sabi is a dog that would definitely do best with an adult family who can handle his hard-headedness and is of the adventurous type like he is. If you think you have what it takes to give Sabi a great home, stop by and visit him today!

EMMA
This beautiful cat is Emma! She’s a sweet girl who is very outgoing and friendly, and she loves to talk to you to let you know what she wants. Emma prefers to have all of your attention to herself, so a home where she can be the only child would be ideal. Emma is eager to find her forever home -- will it be with you? She hopes so!

It’s a risk-free way for you to see the care and special attention we give to each pet at VCA Old Town Animal Hospital.

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May 1, 2016:
Alexandria’s Walk for Animals

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Old Town, Alexandria
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