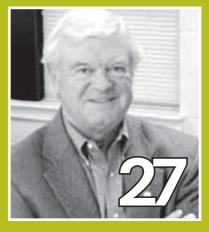


JANUARY '15









CLOSING THE GREAT (BANANA) SPLIT

HONOR CODE Adopted by ACPS

WINE WELL WORTH THE DRIVE

A PASSIONATE ADVOCATE FOR THOSE IN NEED

ristine Garner

"It's not just my business, it's my neighborhood"

One of Old Town's more distinctive residences located in the Heart

of Old Town with a DETACHED GARAGE & ELEVATOR. This detached

4 bedroom, 3 bath brick Victorian sits back from the street behind

an ornamental iron fence surrounded by walled gardens. Notable

architectural features include a turret, unique stained glass panels

over the front windows, curved staircase with hand carved balusters,

10' ceilings with generous mouldings and gorgeous hardwood floors

throughout. A vestibule entry opens to the foyer and welcomes you

to the living room with adjoining study and library with a 2 sided

fireplace that can be enjoyed in the living room as well. Formal dining

room and sunroom with glass doors that open to the gardens. Back

stairs take you to the 4th bedroom in the carriage house with full

bath. Three upper level bedroom including the Master suite with en

suite bath and dressing room. Spiral stairs take you to the finished

\$2,175,000

OLD TOWN

\$2,200,000

Historic 4 bedroom, 3.5 bath home on "Captain's Row" 1 block off King Street and 2 blocks from the river. Extensive restoration with nearly 3,000 sq. ft. of living space featuring spacious light filled rooms with 10' ceilings, beautiful moldings, random width wood floors and 2 fireplaces. Eat-in kitchen with exposed beams and rear stairs to upper level. Main level bedroom with full bath plus half



bath for guests. Upper level with 3 bedrooms and 2 baths including the Master suite with en suite bath. Unfinished lower level with tall ceilings and heat, back porch, roof-top deck and fenced yard with pergola and Koi pond.

QUAKER RIDGE

\$1,195,000

Elegant 4 bedroom, 3.5 bath brick colonial with an attached 2 car garage was designed for graceful entertaining and comfortable living. Two story center hall entry, formal dining room and living room with French doors to the study. Fabulous great room boasts a gourmet kitchen with granite center island and adjacent Butler's Pantry with wet bar, casual dining area and family room with gas fireplace. Upper level with 4 bedrooms and 2 baths including the



Master suite with luxury bath and 2 walk-in closets. Unfinished lower level with 1,600 sq. ft. has 9'+ ceilings, rough-in bath and walk out stairs, ideal for future expansion. Professionally landscaped fenced yard with stone retaining walls, large patio and brick walk-ways.

fenced yard with patio and shed. Kitchen with center island and SS appliances. Upper levels with 4 bedrooms, office and renovated baths, Main level bath and finished lower level with recreation room, half bath and lots of storage

POTOMAC GREENS

\$949.000

Spectacular 3 bedroom, 3.55 bath townhouse with attached 2 car garage with over 3,400 sq. ft. of luxury living. Desirable open floor plan featuring 9' ceilings, crown moulding and wainscoting, 2 sided fireplace and gleaming hardwood floors on main and lower levels. Chef's kitchen with granite center island and breakfast area. Upper level with 3 bedrooms and 2 full baths including the Master suite with 2 walk-in closets and luxury en suite bath. The 4th level has a spacious family room with full bath and access to a roof top deck! Entry level with foyer, recreation room and study. Convenient to parks and playground, shops and restaurants 2 lights to D.C.!





DEL RAY

\$1,099,000

Spacious 5 bedroom, 3 bath home with approx. 3,500 sq. ft. of living space on 3 levels. Versatile floor plan, handsome wainscoting, crown mouldings and hardwood floors on 2 levels. Gracious foyer has French doors to the dining room with fireplace and living room. Spacious eat-in kitchen with breakfast bar and window seat with access to the yard. Upper level with 4 bedrooms and 2 full baths including the Master with large walk-in closet. Main level bedroom with full bath is ideal for guests. Lower level recreation room, ample storage and closet space. Professionally landscaped yard with stone patio and 2 CAR GARAGE! Blocks from METRO, shops and restaurant.

OLD TOWN/ABINGTON ROW

ROSEMONT

OLD TOWN

\$1,150,000

upper level with turret room!

Expanded 4 bedroom, 2.55 bath brick colonial with 4 finished levels. Located on one of Rosemont's most desirable streets just a few blocks from the King St. METRO. Formal living room with gas fireplace and dining room, both with access to an inviting screened-in porch. Family room addition with wood burning fireplace, custom built-ins and access to the large



\$599,000

Deceivingly spacious 4 bedroom, 3 bath brick home with a large fenced yard and off street parking. Living room with fireplace and picture window. Dining room opens to kitchen with granite counters, breakfast bar and SS appliances. Fabulous screened-in back porch with skylights and grilling area overlooks the vard. Main level with 3 bedrooms including the Master suite with walk-in closet and en suite bath. Huge walk-



out lower level with tall ceilings features recreation room, 4th bedroom, 3rd full bath and large storage room. Large deck with hot tub, 1 Year Warranty

SEMINARY

\$429,000

Luxury 1 bedroom 1 bath condo in boutique building with 2 GARAGE parking spaces! Ideally located just a couple blocks from the river, shops and restaurants in north Old Town. The condo features tall ceilings and windows with gleaming natural wood floors. Open floors plan with living dining area and spacious gourmet kitchen with granite counters and center island with SS appliances. Bedroom with walk-in closet with designer closet system, stacked washer dryer and bath with granite topped vanity and natural stone tile. Roof-top deck with grill is perfect for entertaining!



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ALEXANDRIA SELECTED FOR "SAFE + SMART CITIES" PILOT PROJECT JINKS APPOINTED ALEXANDRIA'S ACTING CITY MANAGER **CITY SELLS GENERAL OBLIGATION BONDS AT LOW INTEREST RATE** WORLD POLICE & FIRE GAMES FEATURED AT CHAMBER BREAKFAST STAY AT HOME ALEXANDRIA MOM WINS AT JEOPARDY **"DASHING WORDS IN MOTION" CALL TO THE COMMUNITY SPECIAL NEEDS TROOP 2005 CELEBRATES 10 YEARS VOLUNTEER ALEXANDRIA RECEIVES HOLIDAY GIFT** CLARK, NAMED 2015 CHAIRMAN OF THE ALEXANDRIA CHAMBER OF COMMERCE WEBA RECOGNIZES MEMBERS AT NETORKING MEETING

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Publisher's Note January 2015

Let's talk about twohour school delays. During the past few weeks, winter has surely shown itself. Not in a glorious, white-washing splendor



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NEWS FOR FOODIES.....14-17

FOODIE NEWS MIDDLEBURG VINTER WORTH THE DRIVE WHAT HAPPENED TO FINE DINING IN DC?

ACPS ADDS 22 COURSES TO CURRICULUM STRONG SHOWING BY LATIN STUDENTS IN RICHMOND HONOR CODE ADPTED BY ACPS SCHOOL POLICY NOW EXTENDS TO BUS STOPS

stitute can even get to the school, and at what risk? In efforts to keep everyone safe, I think we do

more damage. Students, parents, bus drivers and teachers can't get a night's rest worrying whether or not their school will be on the list. Televisions and laptops and smartphones stay close. Anxiety itself blankets any potential slumber. By the time the "crawler" says school is delayed two hours, now



JANUARY '15

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Fairlington Front Royal Great Falls Leesburg McLean Middleburg Mount Vernon

Old Town Alexandria Park Fairfax The Pentagon Reston Rosemont Seminary Hills Shirlington

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DEADLINES

The deadline for the receipt of all new advertising materials is 5:00 p.m. Wednesday, seven days prior to publication. Materials and space reservations will be accepted for proofed unchanged camera ready repeat ads until 5:00 p.m. Friday, the week before publication. Cancellations and changes cannot be accepted after Monday, the week of publication and no refunds will be made after that time. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication.

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CATCH OUR MISTAKES

We proofread, but occasionally we make mistakes, so, to make a game of it, we encourage you to find the errors we missed. The entry who finds the most wins a gift certificate from an area retailer or restaurant.

of sled-able inches and annoying snowdrifts, but in a sneaky way. One day warmish, another day positively arctic. Warnings of life-threatening wind chills and

snow dustings and freezing rains have arrived without predictable patterns, and most of us have spent sleepless nights watching local television spots eye-balling the "crawler" segment of our television monitors, wondering, "Is my kid's school closed? Is it delayed? Is my office closed? What now?"

It's a nightmare! I say, if in question at all, let's just make the decision by midnight, not wait until 5:30 or 6 am. Has anyone considered the reality of what happens during a "delayed" school day for an average parent, or call me crazy, what happens for a teacher or a bus driver or a cafeteria employee? Do they trumpet the substitutes? Who says that a sub-

I think the emergency system senselessly puts tens of thousands of unusually tired kids and adults on the road during extreme weather conditions just to preserve a "snow day." Insanity.

If you'd like to weigh in, please send your opinion to our new "Letters to the Editor" section debuting next month. Address your notes to editor@thezebrapress.com and we will print what space allows on this topic or any other you may submit.

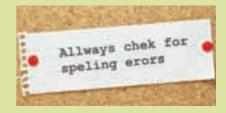
On a proud note, our cover man from last month, Kevin Spacey, was just handed the Golden Globe's Best Actor award for his role in the Washington, DCbased Netflix drama series, House of Cards.

Please enjoy our January features and a continued thank you for your steady readership, advertising and support.

> — Winter Cheers. Mary Wadland, Publisher

If you have a keen eye and a sharp pencil, send your catches to editor@ thezebrapress.com.

TODD HEALY of Alexandria caught the one we were cited for many times this month, but he caught it first-the same afternoon the papers hit the streets. We erroneously published a photo of Gadsby's Tavern where one of the Stabler-Leadbeater Apothecary Museum should have been. He wins a \$25 gift certificate from Greenstreet Gardens in Alexandria.



HIPSTER: hipstér (n)

A person who does not believe in today's pop culture because it is too "mainstream". However, a good hipster would not admit to being a hipster because hipsterism itself would be considered too mainstream.

Your complete guide to locating, identifying and avoiding the elusive urban hipster.

BY MIKE SALMON

Along Wilson Boulevard in Clarendon, everyone is a hipster, and yet no one is a hipster.

Sure, there are signs of "hipsterism" everywhere - skinny jeans, fedora hats and facial hair, and yet no one labels themselves a hipster, as if it's not cool anymore.

Arlington resident Maureen Chenot knows hipsterism, and even sports a pair of flowered Keds, but stops short of considering herself a hipster, talking in third person."They think they aren't doing the trendy thing, but they really are," she said.

Fellow Arlington resident Elaliza was in the same boat more or less. "I don't know about hipsters, but I'm pretty hip," she said. Her friend Sandy, who



was older than the hipster demographic of "sub 25," called them "Gen-Y," which are post-Gen X. Hipsters think, "it's cool to be different," she said, but actually considering yourself a hipster "is almost passé."

And so unfolds the Catch-22 of being a hipster, a rare dilemma that pops up in society every once in a while where a trend starts out small amongst a certain group, and then becomes popular, almost mainstream, so the members who were the core group give it up and move on to the next social fad. It's been compared to the "preppy" fad in the mid-1980s with Izod shirts and

☐ You think plaid shirts are so 2011.

You think that plaid shirts are due a

sweaters tied around the neck.

"Tasian," a barista at Northside Social Coffee & Wine (northsidesocialarlington.com) on Wilson Boulevard in Arlington, has a roommate that fits the hipster bill. "Everything she buys is something you'd never see in a store," which is common for hipsters, she said. Her roommate "wouldn't admit it though," Tasian added. She did note one hipster of fame, Cosmo Kramer from Seinfeld, who was labeled "hipster doofus," in one episode, bringing the hipster label to the forefront. "Hipsterism is overplayed,"Tasian said, and went out of style two years ago.

You have a job in a startup tech company.

- You have a job in the music industry.
- You have a top knot. You have a job that no one else understands.

Your top knot is very messy.

Check off everything that applies to you.

You have a beard.

You have a big beard.

You have a moustache, but no beard, because everyone else has a beard.

You have glasses.

You have large glasses.

You have large, expensive glasses.

You have large glasses you just found in a vintage shop or in your dad's drawers or something.

You wear large glasses even though you don't need them.

You wear skinny jeans.

You wear jeans so skinny you have to jump to get in and use gravity to help you out.

You have a plaid shirt.

You have a collarless plaid shirt.

You have a collarless shirt.

comeback.

You don't have a collarless plaid shirt, but now you want one.

☐ Most of your clothes are vintage.

They're not vintage, they're just second-hand!

Your coat is fashionable, but not very practical.

☐ Your shoes aren't waterproof.

You thanked the lord the day you discovered that trainers were both trendy and waterproof.

You own dungarees.

You wear crop tops regularly.

You have cut a T-shirt to make it a crop top.

You've worn a tattoo choker in the last year.

You have a job in the media.

You're a bartender, but are trying for one of these jobs.

You're doing something arty.

You are actually an artist.

You have more Twitter followers than Facebook friends.

You have more Instagram followers than Facebook friends.

You don't use social media.

You don't use social media because you don't want THE MAN stalking you.

You're in a band.

You want to be in a band.

You cycle a lot.

You own a road bike.

You own a vintage road bike.

You own a fixie bike.

You own a vintage fixie bike.

You want to make your top knot messier.

You want a vintage fixie bike, and spend a lot of time on eBay looking at

Collin Cogan, one of the managers

at Northside, didn't want to label any

group that frequents the coffee shop, a

popular hangout. When trying to de-

scribe the hipster attitude, he had "no

idea; maybe I'm one of them," he said.

"I still really don't know what that

At another coffee shop down the

street, the manager was in touch with the hipster crowd. "Someone whose

hip isn't afraid to make a statement.

There's a lot of elements to being a

hipster," he said. His shop, the Boc-

CONTINUED ON PAGE 5

means," he added.

You have a bowl cut.

You have a very short fringe.

You have a man bun.

Lt's not a man bun, it's an edgy Mulan!

You are working on growing your hair so you have have a man bun.

You love your man bun more than some of your relations.

Key:

50+

40-49

30-39

30 or le

them.

	Countoon Buzzfood o
ess	You're a poser
	You are slightly ironic
	You are very ironic
	You are totally ironic

Courtesy Buzzfeed.com

HIPSTERS CONTINUED FROM PAGE 4

cato Rustic Gelato Lounge (gelatoarlingtonva.wix.com/boccato), has an "international flair that lends itself to international hipsters as well," he said.

When looking for hipster fashions, all signs seem to point at Urban Outfitters (urbanoutfitters.com), the mecca for the hipster culture, with racks and shelves of skinny jeans, flannel shirts, knit stocking caps and tennis shoes that appear secondhand. Nicole, the team leader in the Urban Outfitters Men's Department at Tysons Corner, almost considers herself a hipster. At least she talks in first person when discussing it. "We know it when we are one," she said. Nicole, age 28, lives off Wilson Boulevard where the hipster culture is run amok.

Within Urban Outfitters, Nicole pointed out the hipster fashions. "Cammo is very in style, and women like skinny jeans," she said, adding that female hipsters wear "maxi" dresses that go to the floor and chunky sweaters," which are oversized and made out of thick yarn. Ethnic prints are also in. "Pretty much anything that is mismatched in clothing and vintage stuff," she said. Nicole was dressed in a dark, flowery dress and "booties" she called them, which resembled "granny" boots that were once chic in the 1980s punk world. "Hipsterism is a unique style," she said. Hipsters are into photography as well as art and music, Nicole said, noting the cool iPhone app to have is "Instagram" for arranging photos.

Like Urban Outfitters, Free People (freepeople.com) in Clarendon has a full supply of hipster fashions as well.

Hipsters surely have a ballad they go by or some favorite musicians that sing their theme song, right? The manager at the CD Cellar (cdcellarva.com/) in Arlington was at a loss when asked to name anything hipster. He pointed out a website, pitchfork.com, and the Pitchfork Festivals that cater to the hipster crowd.

This fall, one of the Pitchfork Festivals is in Paris, featuring bands with names like Warpaint, Hot Chip, Blood Orange and Iceage. Not mainstream by any means.

At Revolution Cycles (revoluntioncycles.com), a popular place in Clarendon for the eco-conscious side of hipsterism, "We're definitely seeing a hipster contingent," said the manager Andrew. Black, single-speed models are what the hipsters are riding, he added.

The Hipster Handbook (2003), by Robert Lanham, Bret Nicely and Jeff Bechtel, is a satirical guide to hipster culture that lists a few hipster terms such as "deck," which means "cool," and "fin," which means "not so cool" as well as chapters that describe and explain all that which makes up a hipster. A quiz in the back of the book rates readers on their level of hipsterdom, rewarding high scores to those who answer the questions. The handbook defines a hipster as one who possesses tastes, social attitudes and opinions deemed cool by the cool, or "deck" as they say. The hipster walks among the masses in daily life, but is not a part of them, and shuns or reduces to kitsch anything held dear by the mainstream. A hipster ideally possesses no more than 2 percent body fat, which enables them to wear skinny jeans.

How to Dress Like a Hipster

Feeling out of place in your local coffee shop? Wondering if you dress like a hipster? Planning a trip to Portland in the near future? Or are you just looking for a little change in your day to day style? While being a hipster is much more complicated than simply dressing like one, this article will help get you on your way to becoming "totally deck."

Being a Hipster Girl

1. RAID MOM'S CLOSET FOR VINTAGE TEES

Ha, that's a funny way of saying "Go to any store that sells clothes for young adults." Never shop at "mainstream" stores (like Hollister, American Eagle, Aeropostale...) Have

you not noticed the

prevalence of pseudo-vintage tees everywhere? To be more, what's the word, authentic, shop at vintage stores, secondhand shops, or go around begging relatives. (Goodwill, Urban Outfitters, Miracle Hill) Surely one of them has an old Reading Rainbow tee in a box somewhere from when they were 12.

You want your tee to be either too small- chop off the bottom and make it a crop top, then throw it over that tank top/cami you hate- or too large,- tuck it into those high waisted pants you found at a garage sale- if at all possible. But if you found a gem of a Davy Jone's tee from your favorite aunt that fits you just right, by all means. Davy's worth it.

2. KEEP YOUR HIP-STARDOM INTACT WITH A SCARF

The great news here is that scarves go with everything. EVERYTHING. Wearing a tank top? Scarf. Wearing a wedding dress? Scarf. Is it 95° out? Scarf.

Familiarize yourself with at least a dozen ways to tie your scarf. If in doubt, just drape it nonchalantly around your neck, wrapped around once. You don't care what it looks like. You just love the comfy neck feeling, right? (Hipsters don't give a flip about anyone or anythings' opinion.)

3. GET FLOWERY WITH DRESSES

Sometimes you like a healthy breeze down there, don't you? Dresses can be straight up more comfortable. But just like a good tee, your dresses should evoke a feeling from a different era. Flowery, vintage, and old-school is a safe bet. The flowery, the better.

Did you find the perfect dress somewhere that's just a bit too big to be legal? Or maybe you found a dress that's too conservative and the sleeves need to be chopped off. This is the exact purpose neon bras and bandeaus were invented. Not kidding. Look it up.

Too cold for a dress? Ha, good one! Have you not heard of wool tights? Wool, patterned, neon tights? If that doesn't solve all your problems, nothing will. Plain black tights under thick hiking socks is another great look, too.

4.THROW OUT ALL YOUR BOOT CUT OR FLARED JEANS

We know you have several pairs. You've been buying them since you were 10, apart from that one time around 2006 when skinnies made a brief appearance on the scene, only to slingshot to the other side of the spectrum with disco-esque flares. After that really confusing year, you just gravitated back to the safe boot cut. We all did. It's fine. But now you've gotta throw those out. It's skinnies all the way. Nothing else. Your ankles don't need to breathe!

Have some jeans you like that don't make the cut (haha, puns)? Turn 'em into shorts. The higher-waisted and more mom-ish, the better.



Being a Hipster Guy

1. WEAR YOUR SISTER'S Jeans

But no, seriously. If you can, do it. The skinnier the better. You want grip from groin to toe. And don't worry about "not pulling it off." That's part of the idea. In not pulling it off, you will be pulling



it off. It's like opposite day back in sixth grade.

You want them to fit snug on your waist all the way down. In other words, tighty whities it is!

2. GET NOSTALGIC

Anything that reminds you of when you were 5 should be part of your closet. Or anything that reminds your dad of when he was 5, too. If it's vintage, it meets the cut. The only, only logos in your closet should be ones of brands or industries that no longer exist. Excluding American Apparel, of course.

It doesn't have to fit well. More on this later, but if it's too tight or too loose, cool. Size should be just about the last thing on your mind.

3. FAKE BAD VISION

If you want everyone's hipster-dar (hipsdar?) to go off, wear thick, black-rimmed glasses. If you want everyone's hipsdar to reach decibels only dogs can hear, wear thick, black-rimmed glasses with the lenses popped out. Hey, you just like the added comfort of knowing your ears are still there. Nothing wrong with that.

This style of glasses is reaching levels of overkill, so to be a bit more unique, opt for a different vintage-y style or a pair of outrageously colored Ray Bans. You can hardly go wrong with Ray Bans.

5. BE HALF BUSINESS, HALF PARTY

If you read the girl section above, you'll know that mismatching trends is part of the hipster look. In the same manner that you would mix up decades and styles, mix up levels of, for lack of a better word, swag. Under that Armani blazer of yours, throw on a TMNT tee (that makes the Armani okay somehow) with a knitted, plaid scarf, skinny jeans, and a pair of old, worn out penny loafers. Is he going to an interview? Is he going on a Pabst beer run on his bicycle right now? No one will know.

Don't shy away from outrageously loud prints. Plaids, gingham, checkered, paisley – anything that would make a girl reading Cosmo scream is a solid decision. You have a plaid tweed jacket and a striped cowboy shirt? Obviously those two go together.

6. GO FOR LAYERS

If the weather allows it, layers are a good way to work in combinations, as discussed above. Cardigans can go on top of anything, for the record. Sweaters, long sleeves, it all gives more options to be ironic. A scarf on top of a tee under a trench coat? Sure, why not?

7. THINK ABOUT YOUR CONVERSE.

5. PILE ON THE ACCESSORIES.

Literally. Grab a pile and put them on. Play it like the claw game at the arcade (only you'll win every time). Did you end up with a wooden tribal bracelet, your grandma's ruby necklace, and a lace choker? Great. That works. It's all about haphazard combos.

What may be outrageous to others is probably standard to you. A giant flower chilling on top of your head? Sure. A totally distracting enormous neon yellow hair clip? ...Why not?

6. MIX UP YOUR PAST LOOKS.

Since you were twelve, you've gone through (in order) a Hello Kitty phase, an N*SYNC phase, an emo phase, a prep phase, a flannel phase, a grunge phase, and now you're here. Wonderful – now grab a piece from each look and combine them. Tada! Instant hipster. As easy as cheese in a can. Alright, folks, let's get real here: Everyone and their brother wears converse. It's not ironic, hipster, or making any statement anymore. All it says is, "Hey, I went to the Converse store and spent \$40 on my shoes all while not caring about my image." So unless they're 15 years old and have molded to the shape of your foot, consider branching out into different realms of footwear.

Doc Martens are a good place to start. Cowboy boots, old school Reeboks, Keds, and vintage-y loafers are decent, too. Just say no to flip flops.

8. GRAB A MESSENGER BAG.

Do a quick Google search for "Hipster messenger bags" and you'll be amazed. The freakin' things are CALLED hipster bags. That's just society not being creative (as usual), but take it for what it's worth: To carry around your gear, you need a messenger bag.

You might run into a few people that ask you about your "murse." That's a man-purse, by the way. That's fine. Let them. Your hands are free thanks to your bag to poke them in the eye. They deserve it for being so close-minded and ignorant.





ALEXANDRIA SELECTED FOR "SAFE + SMART CITIES" PILOT PROJECT

The City of Alexandria has been selected by the Chesapeake Crescent Initiative (CCI) for its second "Safe + Smart Cities" pilot program, which provides free services to help localities harden their resiliency and maximize their operational performance through the efficient use of technology. In particular, the program supports the City's existing "safe and smart" goals of being a safe and secure community with an effective and well-managed government.

"The CCI pilot project in Alexandria will provide valuable information and unbiased recommendations that can help enhance our communities' resilience, quality of life, and economic growth through technology and innovation," said Governor Terry McAuliffe.

Local officials echoed the Governor's sentiment: "Alexandria is pleased and honored to be selected as a participant in CCI's Pilot Program," said Mayor William D. Euille. "We believe the benefits we will gain in collaboration and partnership with the consulting team will enable our city to enhance its sustainability, resilience, and commitment toward our future growth and success."

CCI is a public-private collaborative founded in 2008 to support technological innovation. Its Safe + Smart Cities coalition comprises a group of world-class experts from technology industries, academia, non-governmental government, organizations (NGO), the law, and the financial sector. Through its pilot projects, the coalition provides probono expertise and recommendations to selected municipalities in the mid-Atlantic region. Recommendations are intended to provide pragmatic and feasible options to help visionary urban communities achieve or exceed their "Safe & Smart" objectives while also increasing global competitiveness, sustaining regional economic growth, and improving the lives of residents.

The Alexandria pilot project will kick off with a collaborative discovery process to better understand the City's technological maturity, particular risks and vulnerabilities, infrastructure status, and tools available to help implement the City's goals. The process culminates in a collaborative workshop between the City and the coalition. Based on the workshop and additional research, the team will produce a Safe + Smart City "blueprint," which will outline major recommendations for improving and integrating critical hard and soft infrastructure functions such as buildings, public safety, energy, transportation, water, wastewater, and information and communication technologies.

CCI's Safe + Smart Cities Coalition includes the Woodrow Wilson International Center for Scholars; the law firm of Holland & Knight; academic institutions such as Virginia Tech, the University of Maryland, and the University of Delaware; technology firms such as Cisco, Schneider Electric, AtHoc, Verint Systems, Inc., and Priority 5; the investment firm National Standard Finance; and federal and state government agencies such as the U.S. Department of Homeland Security.

The ultimate objective of this pilot project is to develop a tangible, actionable and comprehensive Safe + Smart Cities program to improve local governments' routine and crisis operations; expand urban data analysis; create new linkages between community residents; expand participation in government; and model public-private collaboration.

DRBA Members Donate Coats to Needy Kids

The Del Ray Business Association, the American Hospital Association, Singhal & Company, and the Fairfax County Firefighters and Friends provided new winter coats to 175 preschool students and their parents at The Child & Family Network Centers (CFNC) on Thursday, December 18th at the CFNC classrooms located at 3700 Wheeler Avenue, Alexandria, VA 22304.

"Alexandrians are extremely giving people and this project reflects that," said Pat Miller, member of the Del Ray Business Association and coat drive organizer. "By letting the child choose their coat color we know they are not only getting something they need, but also something that will make their day a little brighter," she said.

The annual coat drive is part of CFNC's comprehensive programming to provide low income families in Alexandria with the resources they need to succeed in school and life. Since its opening, CFNC along with community partners have given away more than 2,500 new winter coats.

CFNC's interim CEO, Lee Jackson, is very pleased with the coat drive's success, "For CFNC children, getting a new coat can be life changing and free up their parents' resources to concentrate on other needs. We are so grateful for the support of the Del Ray Business Association, the American Hospital Association, Singhal & Company, the Fairfax County Firefighters and Friends, and companies, individuals and foundations like them who are working to make a positive change in the lives of the at-risk children in Alexandria."



At its regular meeting on December 13, 2014, City Council unanimously appointed Mark B. Jinks as Acting City Manager for the City of Alexandria, effective January 2, 2015. Jinks will succeed City Manager Rashad M. Young, who is resigning to accept appointment as the City Administrator for the Government of the District of Columbia.

"Mark has played a key role in many of the City's most significant accomplishments over the last 15 years," said Mayor William D. Euille. "His keen understanding of the City's finances and operations has stood Alexandria in strong stead during complex project implementations and challenging economic times. I'm confident that Mark's leadership will provide continuity as City Council begins discussing the process for selecting a permanent City Manager." Jinks joined the City in 1999 as Chief Financial Officer, responsible for the City's budget, finance programs, and information technology services. He served for 10 years in that role before becoming a Deputy City Manager. He currently oversees the City's land use planning, zoning, historic preservation, transportation, environmental protection, code administration, affordable housing, parks, recreation, cultural activities, and museums. His responsibilities include the areas of economic development, project finance, and project implementation. Prior to



New City Manager Mark Jinks. Courtesy Photo.

his time in Alexandria, Jinks served as the Director of Management and Finance and Budget Director for Arlington County,Va. an alumnus of executive education programs at the John F. Kennedy School of Government at Harvard University, the University of Virginia, and Syracuse University. Jinks has taught public finance and budgeting at universities in the United States and abroad, and has served as an economic development and financial management consultant to the cities of Warsaw and Krakow in Poland.

involvement in Jinks' local government began when he was a teenager and helped establish a new regional transit authority in State College, Pa. He is now a member of the Regionalism Council of the Urban Land Institute Washington, the Board of Directors of the Alexandria Economic Development Partnership, the Board of Directors of the Alexandria Transit Company, and the Board of Governors of the Alexandria Convention and Visitors Association. Additionally he served as the Chair of the Alexandria-Arlington Waste-to-Energy facility board, and on the boards of public pension funds for both Arlington County and the City of Alexandria. Jinks also served as a member of the Washington Metropolitan Area Transit Authority Joint Development Task Force and the Client Advisory Board for Prudential Retirement, and was a Governor's appointee in 1993 to the Joint Legislative Subcommittee that reformed Virginia's business license tax system.

"I am humbled and honored to take on this role at a particularly important time in Alexandria," said Jinks. "I look forward to presenting City Council with a responsible budget in March, and keeping the City moving forward on major development and infrastructure initiatives. I am excited to work with our outstanding City staff and partner agencies to ensure that Alexandria continues to be a safe, attractive, and welcoming community for everyone who lives, works, and visits here."

Jinks holds a bachelor's degree in political science and a master's degree in public administration from Pennsylvania State University. He is



CFNC staff give a special gift of winter coats to each of CFNC's 175 students. Special thanks to of the Del Ray Business Association, the American Hospital Association, Singhal & Company, the Fairfax County Firefighters and Friends for their generous donations.

CONTINUED NEXT PAGE



CITY SELLS GENERAL OBLIGATION BONDS AT HISTORICALLY LOW INTEREST RATE

The City of Alexandria recently sold \$36 million in general obligation bonds at one of the lowest interest rates in modern history. The proceeds of the bonds will be used for schools, parks, Metro and other transportation improvements and infrastructure, and public buildings. The savings over a higher interest rate is realized over the life of the debt and can be used to fund other programs and services. "We are very pleased at the exceptional interest rate we were able to achieve on these bonds," said Mayor William D. Euille. "This rate is a reflection of the market's high level of confidence in Alexandria's fiscal management and economic health."

On November 20, 2014, the bonds sold at a true interest cost of 2.7191%. "True interest cost" represents the total cost of the debt, and

includes interest payments, fees, and other components. By comparison, the City issued bonds in 2013 at a true interest cost of 3.27%. For the 2014 issuance, the City received seven bids ranging from 2.7191% to 2.89%. The winning bid was from Robert W. Baird & Co., Inc.

Also last month, the Standard & Poor's and Moody's Investor Service, Inc. credit rating agencies reaffirmed the City's "AAA" and "AAA" credit ratings, respectively. These ratings describe the City's repayment obligations as being "extremely strong," and "of the highest quality," which signals to investors that purchasing an Alexandria bond has very low risk. This results in a correspondingly low interest rate, which saves taxpayers significant cost over the repayment period of the bonds.

WORLD POLICE & FIRE GAMES FEATURED AT CHAMBER BREAKFAST

The December Mount Vernon Lee Chamber Business Breakfast at Belle Haven Country Club, featured an informative presentation from Barry Biggar, President & CEO of Visit Fairfax about the upcoming 2015 World Police & Fire Games, starting June 26.

Members and guests got to hear firsthand and share the excitement about what this event means to Fairfax County and the surrounding area, and ways that local businesses can participate in the festivities. The primary objective is to honor and celebrate community heroes – public safety officers from around the world – by delivering an amazing athlete experience and fully engaging the community to produce the best Games possible.

Notably, this spectacular international sporting event will bring about 15,000-30,000 visitors to Fairfax County, Northern Virginia and Washington DC for the 10-day event, creating an exciting and rewarding communitywide sporting and cultural event. Over 12,000 professional, public safety athletes from 70 countries will be competing in more than 60



Left to Right: Sean O'Connell, Chamber President; Barry Biggar, President & CEO Visit Fairfax; George Ksenics, Chamber VP

sports to qualify for over 1,600 medal events. To register, volunteer or donate, visit: www. fairfax2015.com.

Stay at Home Alexandria Mom Wins at Jeopardy

On a Jeopardy game that aired December 19, 2014, Allison Fraser, a stay at home Alexandria mom took home a two-day winning total of \$40,901 in winnings, plus a \$2,000 additional nugget for placing second on her third night, despite leading after the double jeopardy segment. The category of the final round was Word Origins. The question: In the mid-1960s, a decade after it first appeared in a holiday tale, this word came to be used for any mean killjoy. Allison bet big on "Scrooge" and lost to challenger Avishai Gebler, who correctly penned, "Grinch."



Alexandria resident Allison Fraser wins big on Jeopardy. Photo by Mike Salmon

ALEXANDRA CELEBRATES 25 YEARS OF ARCHAELOGY PROTECTION



-Margaret Thatcher



In 2014, the City of Alexandria celebrated the 25th anniversary of the passage of the Archaeology Protection Code, which has served as a preservation model for local jurisdictions across the nation. The code has resulted in the investigation and preservation of numerous sites which would have been lost to development and enabled the recovery of information about the full range of human activity in Alexandria, from Native American occupation through the early 20th century. The sites excavated highlight the wharves and ship-building activities on the waterfront; the city's commercial and industrial establishments, including potteries, bakeries, and breweries; life in rural Alexandria; the Civil War; cemetery analysis and preservation; and African Americans and the horrors of enslavement.

By the late 1980s, development in Alexandria was proceeding at a rapid pace, and large open

spaces, such as the two abandoned rail yards, were slated for change. Concern for threatened sites across the City led the Archaeological Commission to recognize the need for a local protection ordinance to identify and preserve buried resources threatened by this myriad of development projects. The Commission sought input from the business community, especially developers and their lawyers, thereby bringing new players into partnership with archaeology. As a direct result of the Commission's vision and commitment, City Council adopted the Alexandria Archaeology Protection Code on November 18, 1989. Not only was Alexandria's code one of the first local ordinances in the country; it also remains one of the few local jurisdictions to consider archaeological preservation across an entire city, not merely in a historic district.

Red Arrow Diner located in Manchester is the place to go if you plan on being the next President of the United States. During every election, you are bound to see the candidates squeezed in around the counter, having a cup of coffee and talking to the locals about politics. The Z has made its way there being held here by one of its regular daily breakfast patrons, Rod Condon.

Send photos of Zebra read around the world, and we'll publish them as well as send you a gift certificate from an area restaurant or retailer. Submit to editor@thezebrapress.com with a caption.



I have no way of knowing how people really feel, but the vast majority of those I meet could not be nicer. Every once in a while someone barks at me. My New Year's resolution is to not bark back.

-Tucker Carlson



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SPECIAL NEEDS SCOUT TROOP 2005 CELEBRATES 10 YEARS

Boy Scout Troop 2005 celebrated its 10th Anniversary Reunion on December 18th. The troop serves scouts who are fully capable of achievement in the Boy Scout program, but have various learning or social differences that need accommodation for them to enjoy the full experience scouting has to offer. Although BSA has a policy for inclusion of Youth with Disabilities, and many mainstream troops include scouts with moderate disabilities who do well, one size does not fit all. Troop 2005 provides an alternative setting for scouts to be successful.

Scouts in Troop 2005 have differences such as high-functioning autism, mild to moderate learning disabilities, ADHD, or anxiety that make them a poor fit with a mainstream troop. They might feel on the fringes, like they are not keeping up with the pace, that they lack leadership responsibilities, or are just missing out on the social connections they see around them. In Troop 2005, Scouts receive the acceptance and individualized support they need to succeed in scouting. Troop 2005 has produced three Eagle Scouts. The scouts also thrive in other ways. They mature, overcome



Boy Scout Troop 2005 on a canoeing and camping trip on the Shenandoah River.

Photo by Brad Ashton

aspects of their disabilities and form genuine, lasting friendships.

Troop 2005 meets at Church of the Resurrection in Alexandria. The weekly meetings are hands-on and the troop stresses camping and outdoor adventure. It interacts with other troops through Merit Badge Jamborees and Camporees. For more information about Troop 2005 contact Assistant Scoutmaster Brad Ashton at wbashton2002@yahoo.com.

VOLUNTEER ALEXANDRIA RECEIVES HOLIDAY GIFT

On December 17, Volunteer Alexandria received a gift of \$7,000 from the CommonWealth One Federal Credit Union's 70th Anniversary Community Challenge.

"We are thrilled that the CommonWealth One Federal Credit Union has selected us as a beneficiary and thank all of the employees who made this happen. All of them have been working hard to reach their goal and I hope that they know that the impact of their efforts are enormous. This donation helps us to continue the important work of connecting people six and older with the many needs in our community, "said Marion Brunken, Executive Director, Volunteer Alexandria.

The Community Challenge kicked off in June when CommonWealth One set a goal to save community members a total of \$700,000 in loan interest in honor of its 70th anniversary. When a person refinanced a loan to a lower rate, that savings was added to the total savings goal. CommonWealth One committed to donating \$7,000 each to two local charities once the goal had been reached.

We are very excited about surpassing



Marion Brunken, Executive Director Volunteer Alexandria, Frank Fannon, President Volunteer Alexandria, and Charlotte Cash, President and CEO CommonWealth One Federal Credit Union.

Courtesy photo

our goal before the end of the challenge," stated Charlotte Cash, President/CEO of CommonWealth One "Not only were we able to help people save on their loans, but we will also be able to donate \$7,000 to Volunteer Alexandria and Skyline Literacy. This is a big accomplishment for our community."





ZEBRA PRESS



Mr. Campana

"We just wanted to tell you how much our dog, Meghan, loves her Stifle Brace. We were referred to you by Animal Hospital of Waynesboro. I'm not sure what I expected but it is very comfortable for her and when we take it off she gets upset because she wants to leave it on. Great work and design."

DERRICK CAMPANA Director of Orthotics (703)474-6204 www.animalorthocare.com

- Bill and Nickie Aldridge 4508 Upper Cub Run Drive, Chantilly, VA 20151



The West End Business Association has a newly elected Board and busy agenda for 2015. Photo by Melinda Sigal.

WEBA RECOGNIZES MEMBERS AT NETWORKING MEETING

WEBA held its Annual Membership Meeting at Tempo Restaurant on Friday, December 12, 2014, with a gourmet breakfast prepared by founding member Wendy Albert. This meeting had a networking-centric, two-fold purpose: to elect the 2015 Board and for minor bylaw changes.

WEBA President, Peter Baldwin, and Board Members gave an overview of WEBA's extraordinary 2014 initiatives and accomplishments, and then presented highlights of what they are working on for 2015, including the 2nd Annual Food Truck Rodeo.

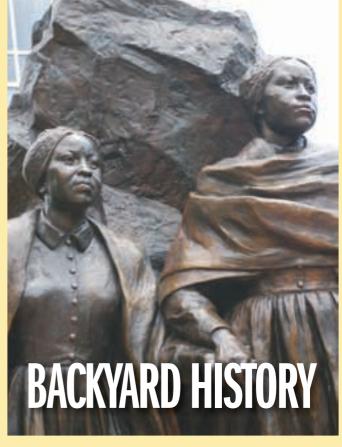
Two recognition plaques were presented to two department Board Members: Dave Gimbel, Owner of Signs by Tomorrow/Alexandria and Faiqa Clark, Director of Sales, Comfort Inn & Suites/Alexandria.



Dave Gimbal of Signs by Tomorrow was recognized for his contributions during 2014. Photo by Melinda Sigal



Kippy got word his friends had been published, so he jumped in a box, said "CHEESE" and rushed us his photo. Submitted by Celie



Dedicated in 2010, a ten-foot tall bronze sculpture by Erik Blome stands in the shadows of the Federal-style brick building at the 1700 block of Duke Street, a place that was once the Bruin Slave Jail, the cruel pen that held Mary and Emily Edmonson, young sisters who fought against and eventually won their freedom from slavery. One of the Edmonson sisters is pointing southward towards the African American Heritage Park, just down the road along Holland Lane. And down Duke at the 1300 block lies the Freedom House, where slaves were sold. Courtesy Photo.

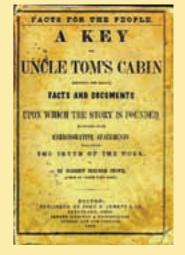
SISTERS ESCAPE ATTEMPT MADE HISTORY IN ALEXANDRIA

Emily and Mary Edmonson were African-American slaves who tried to make a daring escape to freedom in Alexandria.

Born to a free father and an enslaved mother in Maryland, the Edmonson sisters tried to escape slavery by boarding a ship called The Pearl. The Pearl was stranded in the Potomac at the time, and the sisters knew it would carry them to freedom. However, the girls were captured and taken to the Bruin Jail at 1707 Duke Street. Attractive and in their early teens, the Edmonson sisters were destined to leave Alexandria for New Orleans where they would become "fancy girls," or prostitutes.

In Alexandria, the sisters remained under control of slave trader Joseph Bruin, while their father tried to raise money to buy their freedom. Abolitionists including Harriet Beecher Stowe learned of the girls' story. They launched a fundraising campaign and bought the girls' freedom. Mary Edmonson and Emily Edmonson were emancipated on November 4, 1848.

Stowe later shared and Emily Mary's remarkable account in an 1853 book, The Key to Uncle Tom's Cabin. The story proved the inhumanity of slavery as it was portrayed in her bestseller, Uncle Tom's Cabin. freedom, In the Edmonson sisters fought against slavery. In 1850, they attended the Slave Law Convention, an anti-slavery meeting



of Alexandria, VA and Edgewater, MD.

The truth is the truth. Cats love exploring boxes. The next time your kitty finds his or her way into a cardboard predicament, snap a photo and send it to us and if yours is the cutest, you will be published. Be sure to include your name and neighborhood as well as your cat's moniker. Please send photos and copy to mary@ thezebrapress.com.

where Frederick Douglass spoke. The girls studied at Oberlin College in Ohio through the support of Stowe's brother, but Mary died of tuberculosis within a year.

At age 18, Emily returned to the Washington, DC, area and continued her studies. Among her longtime friends was fellow abolitionist Douglass. Emily married and raised a family in Maryland and died in 1895.

CLARKE NAMED 2015 CHAIRMAN OF THE ALEXANDRIA CHAMBER OF COMMERCE

BY MELINDA SIGAL

Walter C. Clarke, a Vice President at Burke & Herbert Bank, brings his commitment to servicing the Alexandria community and growing the Chamber's footprint, as the new Board of Directors Chairman of the Alexandria Chamber of Commerce. His previous roles in the Chamber have included: Board of Directors Chairman Elect, 2014; Board of Directors Vice Chair/Finance Committee, 2013; a member of the Business Awards Committee, 2010; and helping team build membership. He initially joined the Chamber in 2005/2006.

John T. Long III, President & CEO of the Alexandria Chamber, in describing how fortunate our community is to have Walter Clarke serve as 2015 Chair, commented, "Many people are good at talking about what they are doing, but in fact do little. Others do a lot but don't talk about it; they are the ones who make a community live."

Over the last decade, Clarke has been involved with many other community organizations as well. His service has also included community involvement and achievements with: The Salvation Army Alexandria Advisory Board. Alexandria where he currently services as Chairman; the Southeast Fairfax Development Corporation where he is currently President/Board of Directors; the West End Business Association (WEBA), Board of Directors, 2011-2012; the Northern Virginia Black Chamber of Commerce Board of Directors/Treasurer, 2012; First Night Alexandria Board of Directors, 2012; Omega Psi Phi Fraternity, Inc. Social Action Committee Chairman, 1997-2000; and the Mortgage Bankers Association of Metro Washington, 2006 Gold Award. Additionally he is very engaged with his local church as a member of the Board of Trustees.

One of Clarke's most exciting upcoming opportunities will be the night he takes over as Chairman, on January 22, 2015, from 6-9 PM at Reagan Airport Historic Terminal A. He and the Chamber will be hosting the Chairman's Community Reception & Annual Meeting. Clarke noted,



Changing of the Chairs United Way Worldwide Chief Operating Officer Joseph V. Haggerty (2014), left and Walter C. Clarke, a VP Burke & Herbert Bank (2015). Photo by Melinda Sigal.

"One of the goals of our annual event this year is to introduce the 2015 team and the Chamber staff to our members and guests, as an organization that has evolved into a Chamber without boundaries, that advocates, educates, and promotes business in Alexandria, from K Street to King Street, so if you do business in Alexandria, you should be a member." Members, spouses and guests are being asked to wear a bow tie or pearls.

Additionally in 2015 Clarke and his team will be initiating communitybased programs to support a stronger quality of life in our community. Examples include: Disconnected Youth with City & Public School Young Entrepreneurs Academy (YEA); Start-Up Academy; Minority Program; and Young Professionals Program, while continuing strong programs like the Valor First Responder Luncheon and Business Leader & Awards Reception.

Over the last two years, the Chamber has recruited a stronger professional staff and established an amended regional vision: To set the standard as one of the finest Chambers in the country. The new evolving mission is to: Ensure a climate that grows and strengthens business in Alexandria. Recently the Chamber initiated a GOVCON Council, Non Profit/Association Academy, Armed Forces Valor Awards Breakfast, Power Roundtable, and Business Competiveness Summit. Also the Chamber has incorporated an enlarged board to include major leaders in the region including CEO's of Campagna Center, Northern Virginia Urban League, American Bankruptcy Institute, and advisory members from Northern Virginia Black Chamber, American Asian Chamber, and Mid-Atlantic Hispanic Chamber. Furthermore the Alexandria Chamber adds strong retail presence partnering with local business and professional associations in the Old Town, Del Ray, Eisenhower, West End and the Boutique District, as well as forming a restaurant association in partnership with ACVA.

During the day, Clarke, a Vice President at Burke & Herbert Bank, assists businesses in Alexandria with their banking, borrowing and investing needs. He brings over 25 years of banking and financial experience to the position. He is a graduate of Virginia State University, has worked in various capacities including mortgage, wealth management, and business banking for two national banks in the region. He has developed expertise in assisting emerging businesses with the challenges gaining access to capital and managing cash flow, as they navigate this complex economy.

Clarke has worked for Burke & Herbert Bank for a little over 4 years. Burke & Herbert Bank is a local Northern Virginia bank with a proud history of serving generations of individuals, families and businesses in the Northern Virginia area. In fact, Burke & Herbert Bank is one of Virginia's oldest banks, owned and operated by members of the Burke Family since 1852. The Bank's success, over the last 162 years, lies in their customer service, conservative approach to banking and ability to mix old-fashioned values with modern technology. Burke & Herbert Bank's core values include: customer focus, excellence, reliability, team unity, and trust. This epitomizes how Clarke functions as a business banker and community leader and added, "I'm passionate about helping businesses save money and make money."

Clarke has a BS in Business Administration with a concentration in management from Virginia State University. He initially started working in accounting and then went to work for a finance company doing government relocation work at Associates First Capital where he was Assistant Vice President of Real Estate Acquisition, and responsible for auditing 2,000+ property acquisitions per year to insure profitability and to minimize risk.

He is married to Kellye C. Clarke, Esq., a real estate settlement attorney and Co-owner of Hometown Title & Escrow Company with offices in Alexandria, and Vienna. They have a daughter Kameron (14) and son Clayton (11) who provide additional excitement through their activities in church, track, basketball, baseball, and lacrosse. Clarke enjoys vacationing in OBX, FL, and Jamaica, riding his bike, golf, and playing basketball. He also likes watching his son and godson (O'Kelly) play baseball, and daughter and goddaughter (Kelsey) playing LAX.

Seen at the Chamber's Merry Membership Meeting

Alexandria Chamber of Commerce held its annual Merry Membership Business After Hours event at Stratford University at 2900 Eisenhower Avenue, Alexandria, on Thursday, December 11, 2014. The program featured the new Stratford's Culinary School and Hospitality campus, its faculty, students and staff. Attendees watched the students prepare their delicious holiday dishes and toured the new kitchen and event space. This included seeing ice cream being made with liquid nitrogen. Also at this event, the Chamber handed out its 2014 awards: Member of the Year, Robert Shea (Grant Thornton); Committee Chair of the Year, Dak Hardwick (Aerospace Industries Association); Board Member of the Year, Gin Kinneman (Kinneman Insurance); Chairman's Award winner, John Altman (Beyer Automotive); Rising Stars Aldo Bellow (Mind & Media), and Dustin Hamilton (Missing Link Security); and Staff Awards to Walter Clarke (Burke & Herbert Bank), Matt Hurlburt (Hotel Monaco/Kimpton Hotels), and Jack Liztenberger (Suntrust Bank).



— Photos by Melinda Sigal.

John T. Law, III, CEO/President Alexandria Chamber of Commerce, Virginia (Gin) Kinneman, VP-Membership/Board of Directors and Owner Kinneman Insurance with with Walter Clarke, New Chairman of the Board of Directors.

Former Governor James S. Gilmore III, Free Congress Foundation (Chamber Board Member) ; Robert Shea, Grant Thornton LLP (Chamber Chair-Elect)



John J. Renner, Renner and Company, CPA (Past Chamber Chair) ; Charlotte Hall, Potomac Riverboat Company (Chamber Board Member) ; Val Hawkins, Alexandria Economic Development Partnership, Inc.



Dak Hardwick, Aerospace Industries Association (Chamber Board Member) : Walter C. Clarke, Burke & Herbert Bank (2015 Chamber Chairman)



WHAT DO YOU THINK?

What do you want for Eisenhower West Area? The City of Alexandria wants citizens to weigh in on its website.

The City of Alexandria is seeking input from the public regarding draft conceptual land use options for the Eisenhower West Small Area Plan. The four options were derived from studies of existing conditions in Eisenhower West, feedback received at community meetings, Steering Committee meetings, online engagement, and general principles of good planning. Relevant citywide goals, such as improved mobility choices, economic development, and standards for open space were also taken into account in drafting the concepts. Which concept has the best big idea? What do you like or dislike about each concept? Which individual elements (such as nodes/ centers, green spaces, land uses, and school locations) of each concept is the strongest?

Background Information

The FY2014 Interdepartmental Work Program approved by City Council on May 29, 2013 identified the Eisenhower West Small Area Plan (SAP) as the major planning effort to begin in FY 2014. The small area planning process began in early 2014 and is anticipated to be complete 18 months later in fall 2015. Large community meetings have focused on issue identification, visioning, and the plan framework. Online engagement

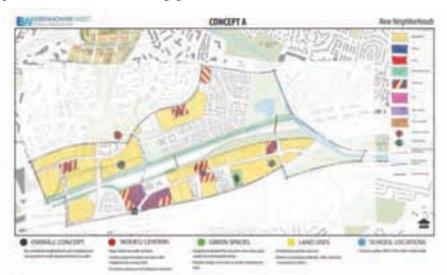


An aerial view of the Eisenhower section in question

plays an integral role in updating the public on the progression of the planning process, and providing a platform for polling, comments, and feedback on specific questions.

The planning process also includes the City Council appointed Eisenhower

West Steering Committee, which provides guidance on process related issues, including review and input on the proposed engagement process, tools and strategies for engagement, agenda setting, community outreach and communications, among other tasks. They also weigh in on technical content elements, such as the project scopes and development scenarios for consideration in the transportation study. For more information, please visit www.alexandriava.gov/ EisenhowerWest.



Concept A: New Neighborhoods

The overall concept features new residential neighborhoods with neighborhood-serving retail in small, dispersed mixed use nodes. A major node is located at the Metro, with smaller neighborhood-scaled nodes dispersed throughout the new neighborhoods. A secondary node is located at the Clermont interchange in the eastern part of the study area. This concept shows Backlick Run straightened to become an active, linear park. Pedestrian/bike bridges over the railroad tracks are located near Boothe and Brenman Parks to create increased connectivity to these amenities. The land use is mostly residential with some mixed use including residential, office, and retail concentrated at the Metro station. This concept also suggests a possible school west of the multimodal bridge.

EM TELEPTIC CONCEPT C	Ginal Street
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Concept B: Recreation and Natural Resources

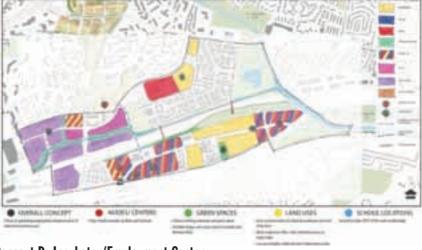
This concept focuses on a mixed use activity center linking Pickett Place (proposed in the Landmark/Van Dorn Corridor Plan) to the Metro station and Eisenhower Avenue. This major mixed use residential, office, and retail node is surrounded primarily by residential development. "Green fingers" knit the existing and future green spaces together along with multiple pedestrian/bike bridges over the railroad tracks. In this concept, Backlick run is naturalized and enhanced and a new park is proposed at the west end of the plan. A school is suggested east of the proposed multimodal bridge.

BATTELECONTRACT	CONCEPT D	Insulator Simplaument Center



Concept C: Great Street

This concept depicts Eisenhower Avenue as a great boulevard lined with ground-floor retail and mixed use nodes anchoring both ends of the street at the Metro station and Clermont Avenue. A smaller node is also located at the Trade Center on South Pickett Street. Office is located in the nodes, at Victory Center and in the far southwest corner of the plan area, with residential filling in the rest of the plan area. In this option, a school is proposed west of the multimodal bridge. Backlick Run is enhanced west of Boothe Park with new parks and a storm water management feature shown on the western end of the plan area. Two pedestrian/bike bridges are proposed over the railroad tracks to Boothe and Brenman Parks.



Concept D: Incubator/Employment Center

This concept turns Eisenhower West into an area that generates employment and preserves industrial/warehouse uses with major mixed use nodes located at the Metro and Clermont Avenue. Existing waterways and green spaces are enhanced and pedestrian/bike bridges are located over the railroad tracks to Boothe and Brenman Parks. The land uses in this concept preserve industrial/warehouse uses west of Van Dorn Street with mixed residential, office, retail, and institutional uses at the major nodes and a civic use at the highly visible Van Dorn-Pickett intersection. A school is proposed west of the multimodal bridge for this concept.

И





GREEN WALLS. AREOGATION. PHYTOREMEDIATION. BIG WORDS, SIMPLE CONCEPT

I'm going to switch it up for the New Year and not write the typical gardening tips article. As you're reading this, likely on a cold, dreary January day in a closed up space with stale air, here's to a breath of fresh air.

You may have heard of these dynamic interior green walls, or perhaps seen one in your travels. The concept is not new. Even in early civilization, gardens and plantings were used on interior walls, both for aesthetics and as additional garden space for growing crops. Today, the use of plantings on vertical spaces not only provides a striking design feature on a stark, blank wall; green walls have proven economic value and positive health benefits for the building's occupants.

In the 1970's, NASA conducted studies in the use of plants to clean air in the International Space Station. The science was based on the premise that as the plant transpires, it would take in carbon dioxide (CO2) and other airborne volatile compounds and respire oxygen (O2) - thus "remediating" dirty air. The studies gave birth to the "plants for clean air" campaign, promoting the use of indoor plants to help clean air in old "tight" buildings with little air flow and air exchange. Today the term "phytoremediation" is used to describe the process. The development of phytoremediation systems as a process to reduce VOC's (volatile organic compounds) and CO2 in the air of enclosed buildings has been an exciting new frontier for architects and horticulturalists.

wall as a bio-filter, forcing old air through the plant root systems where it is cleansed and then re-circulated into the building space. This active bio air filtration has a number of benefits to building owners and occupants. Regulations require the introduction of "fresh" outside air into a building's HVAC (heating, ventilation and air-conditioning) network and the venting of the old air out. The "fresh air" - which is sometimes dirtier than the building air - has to be either heated or cooled based on the season. Filtering and recirculating already heated or cooled interior air has significant cost savings. As important, studies have shown that dirty air - or "sick building" syndrome - is detrimental to the health and mental well-being of the building occupants. Green walls using the Areogation system result in fewer sick days and productivity actually increases, both from the clean air health benefits and the intrinsic comfort of having

plant material in the work space. The green wall is easily tied into a

existing HVAC system, which, using Aerogation, gently and silently forces air into the plant roots. The air is cleaned of airborne pollutants and recirculated back into the room. A green wall using the Aerogation system will transform the look, feel, and health of an interior space. Although the sheer volume of living plants on a wall is impressive, a green wall is actually made of many modular pots which are easy to replace or change. The entire structure is completely self-contained, so there is absolutely no mess or chance of water leakage, and it is nearly maintenancefree.

There is an incredible amount of flexibility when it comes to both the actual green wall structure, as well as the kinds of plants that are used. In fact, plants can be switched out seasonally without much effort.

2015 is the year to breathe deep, breath clean, breathe healthy with a green wall. For more information: www.greenstreetgreenwalls.com.

Greenstreet Growers Named Exclusive Vendor and Installer of AgroSci Greenwalls

Greenstreet Growers has been selected by AgroSci, the country's leading manufacturer of Greenwall systems, as their exclusive vendor and installer in the mid-Atlantic market. This new product line will work in tandem with Greenstreet Growers existing production division, using their plant products in installations.

Greenstreet Growers will be targeting homeowners, businesses, and property management firms in offering several variations of modular vertical gardens, which has become a growing trend in building design. The current product line includes both interior and exterior greenwalls, designed for lowmaintenance aesthetics, and Living Air greenwalls, which are active systems built for air filtration. This product line will become the latest division of Greenstreet Growers, Inc. which currently includes a wholesale growing division and rooting station, a landscaping department, and three retail centers in Maryland and Virginia.

"Greenstreet Growers is both proud and excited to be the exclusive vendor of Greenwalls," says Ray Greenstreet, President of Greenstreet Growers. "AgroSci has been at the forefront of living wall technology for years and we are impressed by their innovative research and development. Their Greenwalls, combined with our growing product, will produce a high-quality and efficient solution for customers looking for new approaches to architectural design."

The Greenwall system is a closedirrigation system that uses 90% less water than previous products, and is low-maintenance, requiring little care. The walls use a proprietary modular system that allows for easy installation and replacement of plants, which can facilitate quick seasonal changes. Living Air Greenwalls is not only an attractive interiorscaping feature, but an active air-filtration system that is retrofitted to existing HVAC systems to efficiently clean the inside air by way of phytoremediation. Exterior Green-wall systems are customdesigned and are built to cover walls from a few feet to several stories in height.

I'm excited about a new process that combines the aesthetics of a green wall plant system and the process of phytoremediation – and kicks it all up a notch. It's called Aerogation.

Aerogation uses the plants in a green

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The green wan is easily fied into an www.greenstreetgreenwans.com.



Greenstreet Growers, Inc. has been one of the country's premier retailer and growing garden centers since 2000. The Maryland location is located at 391 West Bay Front Road in Lothian, and the newest locations, which opened in spring of 2012, are at 1721 West Braddock Road in Alexandria, Virginia and 1503 Mt Vernon Ave, Alexandria, Virginia.



ALEXANDRIA AREA HOMES SALES

1111 ORONOCO ST S #PH 30 1111 ORONOCO ST #130 402 COMMONWEALTH AVE #106 1100 QUAKER HILL DR #116 4627 31ST RD S 3313 WYNDHAM CIR #2208 1010 PRINCE ST #1 4638 31ST RD S 1111 ORONOCO ST #230 114 MEADOWS LN 310 BRADDOCK RD E 4922 GARDNER DR 2702 DARTMOUTH RD #3 414 JEFFERSON ST 535 COLUMBUS ST N 222 FAIRFAX ST 2713 ARLINGTON RIDGE RD 400 COMMONWEALTH AVE #203	899900 599750 349900 290000 434950 209900 350000 357500 629750 530000 575000 247000 740000 1075000 2100000	899900 580000 340000 282000 425000 200000 355000 355000 615000 515000 642000 570000 241000 705000 750000 1950000	THE HENRY THE HENRY ROSEMONT STATION QUAKER HILL FAIRLINGTON VILLAGES POINTE AT PARK C COURTS FAIRLINGTON VILLAGE THE HENRY TOWNES AT CAMERON PARKE DEL RAY CAMERON STATION SEMINARY WALK YATES GARDENS	Transitional Transitional Colonial Colonial Colonial Colonial Traditional Transitional Traditional Transitional Colonial Colonial Colonial Traditional Colonial Colonial Other	Mid-Rise 5-8 Floors Mid-Rise 5-8 Floors Garden 1-4 Floors Garden 1-4 Floors Townhouse Garden 1-4 Floors Other Townhouse Mid-Rise 5-8 Floors Townhouse Townhouse Townhouse Garden 1-4 Floors	3 2 2 2 1 1 1 2 3 4 3	2 2 1 2 2 1 1 1 2 2 2 3 3 3 2	1 0 0 0 0 0 0 0 0 1 1	2008 2008 1938 1991 1944 1990 1814 1944 2008 2000 1997
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414 JEFFERSON ST 535 COLUMBUS ST N 222 FAIRFAX ST 2713 ARLINGTON RIDGE RD	740000 1075000 2100000	705000 750000	YATES GARDENS		DATUED 1-4 FIGORS	2	1	0	1959
535 COLUMBUS ST N 222 FAIRFAX ST 2713 ARLINGTON RIDGE RD	1075000 2100000	750000		Colonial	Townhouse	3	1	1	1941
222 FAIRFAX ST 2713 ARLINGTON RIDGE RD	2100000		CARRIAGE WORKS	Colonial	Detached	3	2	0	1870
2713 ARLINGTON RIDGE RD			OLD TOWN	Federal	Detached	5	4	0	1898
	031000	890000	ARLINGTON RIDGE	Colonial	Detached	5	3	0	1950
400 COMINIONWLALITTAVL #203	375000	367000	ROSEMONT STATION	Colonial	Garden 1-4 Floors	2	1	0	1938
2005 WOODDOW ST	399500	399500				2	2	0	1938
3085 WOODROW ST			FAIRLINGTON	Colonial	Townhouse				
501 FRANCIS CT	729900	689000	CARRIAGE WORKS	Colonial	Detached	3	2	1	1988
112 ROBERTS LN #201	349500	349500	FORT ELLSWORTH	Contemporary	Garden 1-4 Floors	2	2	0	1974
5340 HOLMES RUN PKWY #719	159900	159900	PAVILION ON THE PARK	Contemporary	Hi-Rise 9+ Floors	1	1	0	1967
3309 WYNDHAM CIR #4186	289900	284000	POINTE AT PARK C	Other	Garden 1-4 Floors	2	2	0	1990
197 MARTIN LN #199	499900	490000	CAMERON STATION	Colonial	Townhouse	3	2	1	1999
909 COLUMBUS ST S	549900	545000	HUNTING CREEK	Colonial	Townhouse	2	2	0	1942
604 BASHFORD LN #2122	255000	245000	RIVERTON	Contemporary	Garden 1-4 Floors	1	1	0	1940
224 MONROE AVE E	534000	512185	DEL RAY	Bungalow	Detached	2	1	0	1925
3001 FULTON ST	524990	521000	DEL RAY	Colonial	Attach/Row Hse	3	2	0	1943
5500 HOLMES RUN PKWY #1502	197000	197000	PLACE ONE	Contemporary	Hi-Rise 9+ Floors	1	1	1	1974
3315 WYNDHAM CIR #2234	209000	207000	POINTE AT PARK C	Traditional	Garden 1-4 Floors	1	1	0	1990
43 TAYLOR RUN PKWY E	515000	502500	TAYLOR RUN PKWY	Traditional	Duplex	4	2	1	1954
26 AUBURN CT #D	274900	272500	AUBURN VILLAGE	Colonial	Garden 1-4 Floors	2	1	0	1939
2301 25TH ST S #4-405	389900	385000	THE GROVE AT ARLINGTON	Contemporary	Garden 1-4 Floors	2	2	0	2003
5313 TANEY AVE	540000	520000	BROOKVILLE	Cape Cod	Detached	4	2	1	1960
404 ROYAL ST S	1039000	1034000	OLD TOWN	Victorian	Townhouse	3	2	1	1861
634 PAYNE ST N	859000	852000	OLD TOWN	Colonial	Townhouse	3	2	2	1990
305 BUCHANAN ST	520000	516000	BAGGETT TRACT	Colonial	Attach/Row Hse	3	2	0	1940
2800 FARM RD	869000	842000	BRADDOCK HEIGHTS	International	Detached	4	2	2	1937
724 ROYAL ST S	609000	609000	YATES GARDENS	Colonial	Townhouse	2	2	0	1941
5053 KILBURN ST	589000	577000	CAMERON STATION	Colonial	Townhouse	3	2	1	2001
1001 JANNEYS LN	2995000	2820000	JANNEYS LANE	Farm House	Detached	6	6	2	1840
414 COLUMBUS ST S	619900	615000	OLD TOWN	Colonial	Townhouse	2	1	1	1975
300 COMMONWEALTH AVE #1	325000	325000	ROSEMONT	Colonial	Garden 1-4 Floors	2	1	0	1940
3820 JAY AVE	385000	375000	FAIRLINGTON TOWNE	Colonial	Townhouse	3	1	1	1954
1641 KENWOOD AVE	324999	330000	BEVERLY HILLS	Contemporary	Attach/Row Hse	2	2	0	1975
4950 BRENMAN PARK DR #113	299000	299000	CAMERON STATION	Other	Other	2	1	1	2004
1125 20TH ST S	729900	715000	ADDISON HEIGHTS	Dutch Colonial	Detached	3	2	0	1938
8 ASHBY ST #C	279000	279000	AUBURN VILLAGE	Colonial	Garden 1-4 Floors	2	1	0	1939
11 CANTERBURY SQ #401	199000	199000	CANTERBURY SQUARE	Contemporary	Garden 1-4 Floors	3	2	0	1965
102 N. FLOYD ST	738800	725000	QUAKER PARK ESTATES	Craftsman	Detached	5	4	0	2014
115 CAMERON PARKE PL	509900	498000	TOWNES AT CAMERON PARKE	Colonial	Townhouse	3	3	1	2000
726 ALFRED ST S	519000	500000	PATRICK HENRY	Traditional	Attach/Row Hse	2	1	0	1941
2181 JAMIESON AVE #2011	400000	390000	CARLYLE TOWERS	Contemporary	Hi-Rise 9+ Floors	1	1	1	2001



Let my talents as a real estate agent work on your behalf whether buying, selling or renting.

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Bastille is moving to the cormer of North Fayette and Pendleton

BY DEBBIE CRITCHLEY

Bastille grows into new location

Chefs Christophe and Michelle Poteaux officially announced the relocation of their contemporary French restaurant, Bastille, to a larger location within Old Town, and introduced a casual everyday concept, Bistrot Royal, in its place. The transition will take place mid-January 2015 after eight years at 1201 N. Royal St. Bastille's new home will be at the corner of North Fayette and Pendleton in the new apartment building, The Asher. This larger venue will seat 75 in two dining rooms, 25 in the bar and cafe, and an additional 40 on the courtyard patio. You will have the opportunity for private dining, an all-day café menu, and an enhanced kitchen. Expect the seasonal menus sourced from sustainably produced,

local ingredients. Craft cocktails and beers will also be featured in the new Bar Bastille.

... and waiting in the wings

Bistrot Royal will open in the old location. Bistrot Royal will be an everyday neighborhood restaurant where guests can enjoy a quick lunch, casual date or a family meal. The space will accommodate 42. Another 24 seats are available al fresco on the stone patio, weather permitting. The menu will feature French comfort dishes such as steak frites, croque monsieur, salads, and patés

ALDI opens in West End

Hello West End. We know that the former Safeway/Magruder's site is becoming an ALDI grocery that will open in November 2015. The chain store is known for offering discounts. The reason prices are so low is that about 90 percent of the brands in the store are ALDI brands. They also keep costs down by not accepting credit cards. Expect to bag your own groceries and to rent your grocery cart for a quarter. They give you back your quarter if you bring back the cart. Bring your own bags or you have to pay for theirs. If this store is like their store in Chantilly, expect a no frills experience: no music, no bank and no pharmacy.

Safeway doesn't impress in Bradlee

Let's talk about the new Safeway store in Bradlee. Opinions on the local listservs are mixed but trend to the negative. One shopper who could not find parking at the new store parked at Bradlee to walk over only to find her car towed. I visited the second week after it opened at 7 pm and was able to find parking. Once inside, I felt like the aisles seem narrow and closed in. The only brightly lit areas are the health and beauty aisles where the shelves are back-lit giving an eerie glow to the products. The fish at the fresh fish counter looked old and dry. The butcher shop display was crowded and did not impress. The salad bar had a very limited selection. There were plenty of prepackaged options that should please the 'I don't have time to



The new Harris Teeter story on St. Asaph.

cook' crowd. There is a nice café area for eating if you don't want to eat your meal at home.

... So try Harris Teeter instead

The Harris Teeter on St. Asaph in Old Town is much different. The store is brightly lit with high ceilings and wide aisles. They offer a nice selection of fresh fish and meats in side-by-side displays. The deli offers a variety of freshly made foods. They also offer a salad bar with lots of selections. The

hot bar is also nice. There are different items every day including Chinese and Indian options. I especially like the breakfast bar where they offer a variety of eggs, frittata, and breakfast meats, both turkey and pork. The best part of the store is the Harris Teeter people. They are always there to help.

Don't lose track of Atlantis

I visited an old friend last week, Atlantis in the Bradlee Center. They offer choices that will suit everyone. They accommodated my friend's request for ground beef on her pizza. My souvlaki was every bit as good as I remembered it to be. After seeing the size of his platter, another friend commented that he understood why I only ordered the sandwich size. This



The new Harris Teeter story on St. Asaph.

is not gourmet food but tasty and satisfying. And that's why we all keep coming back to them.

Going south?

Check out District Taco on South Washington Street in the old Chicken Out location. I had their burrito bowl, much like the Chipotle bowl. Both have





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MIDDLEBURG VINTER WORTH THE DRIVE

BY DEBBIE CRITCHLEY

Driving through the countryside on a cold, dreary, and rainy Saturday afternoon is not my idea of fun but what I found at the end of my drive made it all worthwhile. I had the good fortune to visit Greenhill Winery & Vineyards for a book signing and wine tasting. Chef Cathal Armstrong of Restaurant Eve presented his new cookbook and a wonderful assortment of tastings while the winery outdid itself in the accompanying wines. We know he is an amazing chef but I want to introduce you to Greenhill Winery and Vineyards. And, disclaimer, I need to tell you that my wine knowledge is not the best but I know what I like.

David Greenhill is creating some amazing wines with the help of his his winemaker, Sebastien Marquet ,who was born in Burgundy France. David purchased the 128-acre property house circa 1762, and most importantly, 11 acres of breathtaking vineyards in the newly inducted Middleburg American Viticulture Area. The estate at Greenhill Winery and Vineyards consists of 11 acres of mostly vitis vinifera vineyards set against the stunning backdrop of the Blue Ridge Mountain range. They also own and farm Naked Valley Vineyards located in Amherst County Virginia, where another 12 acres of Vitis vinifera is cultivated and harvested to produce their wines.

We tasted three wines, Bubbly,

REVIEW

Voignier, and Philosphy. David's wine naming reflects his graduate degree in Philosophy and Theology from Yale. Bubbly was wonderful. Am I allowed to say I had three tasting glasses of it? It was light and refreshing and not too dry. As a rule, I'm not a white drinker but I would happily have their Voigner any time. It was deliciously full bodied and best of all, not a Chardonnay. In my opinion, the Voigner would be a standout with pork or poultry. And finally, the Philosophy, a red wine that brought tears to my eyes. This red had a heavy tannic presence but such a delightful fruitiness; I could drink it all the time. I was ecstatic to be able to take a bottle home with me.

Greenhill wines have won many awards including a Virginia-Gold for their 2009 Blanc de Blancs, Virginia-Bronze for the 2009 Philosophy, and Virginia-Bronze for the Vidal Blanc from the 2014 San Francisco Chronicle Wine Competition. At the Grand Harvest Awards, the 2010 Philosophy (which I tasted) won the Virginia - Double Gold and Best of Class, the 2013 Greenhill Viognier received the Virginia - Silver, and the 2012 Greenhill Chardonnay won the Virginia - Bronze. The bad news is they have sold out on the 2012 Philosophy but the good news is the 2011 will be available this month. More good news is the availability of



Greenhill Winery is worth the trip to Middleburg.

Superstition, another great red wine available now.

Greenhill Wine The Club Membership is offered to guests who wish to benefit from additional experiences with Greenhill Winery and Vineyards. The historical, prerevolutionary stone house on the estate serves as a private tasting house, surrounded by serene gardens, and a peaceful pond overlook exclusively for Club Members. The facilities may be reserved, or rented by club members who wish to gather with friends, hold meetings or other intimate events. The Greenhill Wine Club membership features access to historic Club House on the Estate, complimentary tastings for member

and one guest, 15% discount on all bottled wine purchases, and exclusive invitations to Release Parties, and other special events for members only.

The tasting room is open daily noon until sunset (closed Thanksgiving Day, Christmas Day, and New Year's Day). The Greenhill Winery & Vineyards is located at 23595 Winery Lane Middleburg, VA 20117, phone: 540-687-6968. Dogs on leash are welcome in the outdoor areas and green spaces. Greenhill Winery & Vineyards' email is: info@greenhillvineyards.com and website is: http://greenhillvineyards.com.



over

26 HD

January is ROASTED CHICKEN Month

Herb-brined half chicken, oven-roasted and finished on the grill, brushed with an orange and



bourbon glaze, served over cheddar-chive mashed potatoes and bacon-braised Brussel sprouts with carrots.

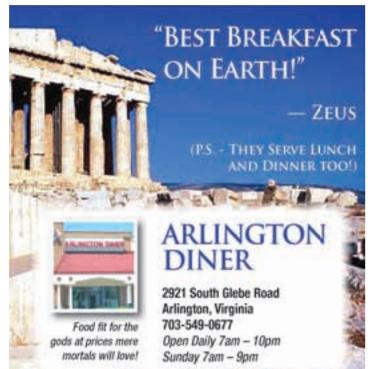
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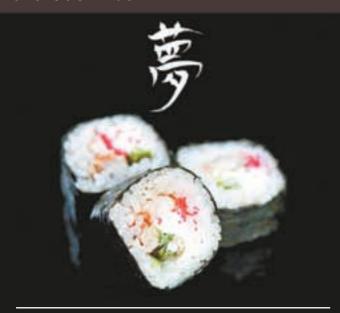
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To succeed in life, you need two things: ignorance and confidence. -Mark Twain



LIVE LONG & ROCK IT ON.

WHAT HAPPENED TO **FINE DINING IN ALEXANDRIA?**

BY MIKE SALMON

The brick and mortar colonial look on King Street in Alexandria screams fine dining, but a look inside many of the restaurants and bistros reveals a different story. Fine dining is being edged out, not only here in Alexandria, but across the nation as a casual lifestyle seems to be the preferred setting in recent times.

Claire Mouledoux, Director of Communications at Visit Alexandria pointed out a couple of exclusive Old Town restaurants that opened second locations in a less-dressy motif. "We have seen two of our fine French restaurants opening second concepts that are more casual. Bastille is moving to a new Old Town location in January with an everyday concept, Bistro Royal, opening at the former Bastille address. La Bergerie also opened a second location with a more relaxed atmosphere - Del Ray Café," Mouledoux said.

"It's dying out in terms of being able to be affordable," said Charles Smith, the culinary manager at Bertucci's on King Street in Old Town, Alexandria. "The industry is leading more towards the quick, casual," he added.

Quick casual is the motif across the street at Nando's Peri Peri. Manager Rodrigo Perez was pondering the fine dining question when a patron came in to be seated. "We're going to eat in here, really fast, give us a take-out box too," she said. Nando's interior screamed casual with round steel tables and a booth or two. "People want different styles. Price and quality would be a major factor," Perez said.

Brittany Lancaster, the Marketing & Communications Coordinator at the Restaurant Association Metropolitan Washington (RAMW) has seen "casual" seep into the restaurants downtown as well. "While there are fewer fine dining restaurants now in DC than there once were, they do still exist and are still opening. We think they will always have a place and purpose," she said via email. "There is still a place for fine dining as shown by recent restaurant openings with for-

AT A GLANCE

- \$683.4 billion Restaurant industry sales.
- · 3.6% Restaurant industry sales increase in nominal terms.
- · 1.2% Restaurant industry sales increase in real (inflation-adjusted) terms.
- · 990,000 Restaurant locations in the United States.
- 13.5 million Restaurant industry employees.
- · 10% Restaurant workforce as part of the overall U.S. workforce.
- · 47% Restaurant industry share of the food dollar.
- Eight in 10

Restaurant owners who started their industry careers in entry-level positions.

• Nine in 10

Salaried restaurant employees who started as hourly workers.

• Nine in 10 Restaurants with fewer than 50 employees.

> Source – National Restaurant Association

mal and excellent service like The Oval Room, Le Diplomate, DBGB, etc.," Lancaster added.

Each year, the RAMW has an awards program, the "RAMMYS," and one of the categories' is

CONTINUED ON PAGE 17

Homegrown Hospitality Comes to Del Ray

The Rock It Grill sticks a defiant finger-in-the-eye to the creeping tide of upscale establishments lining the elegant streets of Alexandria. - Neal Learner, The Washington Post

HAPPY HOUR DAILY 3 – 7 P.M.



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FINE DINING CONTINUED FROM PAGE 16

fine dining. The Formal Fine Dining Program of the Year nominee is a restaurant that demonstrates a high standard of excellence in food, service and atmosphere and shows dedication to sophisticated culinary techniques in a fine dining environment. The 2014 fine dining winner was Fiola Mare on K Street in Washington, DC.

Alexandria resident Brooke Branom didn't think the price was a big deal for certain people in this area. "The fancy restaurants will always have people going there, I know a lot of foodies who go out for good food," she said.

Many want the intimate, candlelit interiors without loud music or a television tuned into ESPN. The hostess at Columbia Firehouse in Old Town wasn't afraid to point out their higher prices and the noise level in the restaurant as factors that may attract a more formal crowd. "Better food quality, little bit quieter," said the hostess. Prices of their main dishes range from \$19 to \$52.

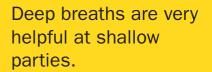
There are special occasions that particularly attract the fine dining crowd. In fact, some people "come to Old Town specifically for an upscale dining experience - to impress a date or celebrate a special occasion, including President Obama and the First Lady," Mouledoux said. During prom season, limos and teens in tuxedos

are looking for fine dining so they can dust off their manners and whip out their parents credit cards.

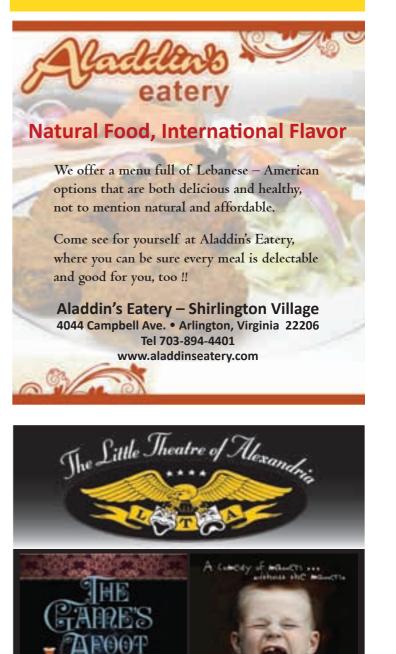
Trummer's on Main in Clifton, Virginia, is a fine dining restaurant where it's more than the food or dining room ambiance. "There's an art to it, more than just a minimum," said restaurant co-owner Victoria Trummer. "Fancy," is not the label she used. "There's a lot of care into all aspects of the dining experience, [people] are looking for a heightened experience," she said. That heightened experience is described on their menu as "a playground of memorable cuisine" and a "stunning ambiance await at Trummer's on Main."

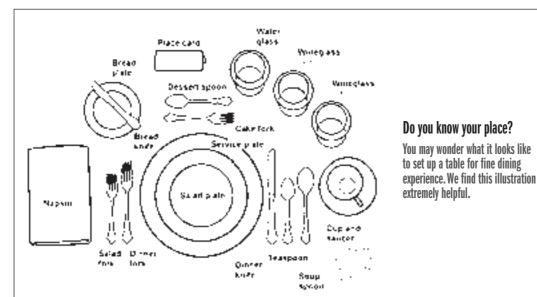
The menu at Trummer's has a formal touch, and is toned to occasions such as the holiday season. For example, on the December or fall menu, coffee & chicory crusted beef short rib (\$35), duck foie gras & pumpkin (\$34) and half dozen Rappahannock River oysters (\$17) with an optional wine pairing. These dishes scream exclusive, and Trummer knows it's the special occasions that bring her customers in. "People don't eat at fine dining restaurants every day," she said.

With the daily diner in mind, more chain restaurants and quasi-fast food places are appearing on the landscape. Opening and operating a fine dining restaurant takes some dedication. "There are very few fine dining restaurants opening, people are less and less willing to take it on," Trummer said.



-Barbara Walters





FOODIE NEWZ CONTINUED FROM PAGE 14

good things to offer. I prefer the brown rice option at Chipotle but the cilantro lime rice was nice. District Taco was more generous with their 'protein' portion and they charge the same price regardless of beef, pork, or chicken. I also like the grilled vegetables they offered as a topping. Their pico de gallo also tasted much fresher. Look for their salsa bar where you can get a variety of heat levels from their red and green choices. My coworkers liked the tacos, loaded with lots of good stuff. One disappointment - when ordering the corn tortilla taco, expect a soft tortilla (Mexican style) rather than a crunchy shell (American style).

will be evaluating my options and perhaps look for other space in Del Ray. I don't really know what the future will hold, but I do want to say that my years in Del Ray have been so very meaningful and important to me. When I did have the

store there and I would leave my house to go to the store, I felt that I was going "home." Thank you for such a great experience. I would love to see any and all of you at the Carlyle store. Please stop by for a visit. I am there almost every day."



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JANUARY 17 - FEBRUARY 7, 2015

Nine-time Grammy Award Winner Sheryl Crow and Academy Award-winning original screenwriter Barry Levinson makes a stunning debut with the world premiere musical adaptation of the landmark movie Diner.



Lastly, I received this email from Eric Nelson of Artfully Chocolate.

"It is with deep sadness, that I have to announce that I will not be reopening the store at 2003a Mt. Vernon Ave. As I had announced a little while back, my intention was to reopen the location in February 2015... After the holidays I

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17



THE ENFORCEABILITY (OR NOT) OF EMPLOYEE NON-COMPETITION AGREEMENTS

One of the most hotly contested areas in business law is whether non-compete provisions in employment agreements are enforceable. Businesses take risks by hiring, training, and promoting among their customer base particular employees, who, upon termination, seek to compete with the former employer directly or through employment by a competitor. The usual question is whether the language in the employment agreement is overbroad and thus unenforceable.

In Virginia, the Supreme Court has trended over the last twelve years to vigorously examine restrictions on postemployment competitive activities by the former employee such that the use of broadly restrictive language will likely cause the agreement to be deemed overbroad and unenforceable.

The three-prong test applicable to covenants not to compete as established by the Court is as follows:

Is the restraint, from the standpoint of the employer, reasonable in the sense that it is no greater than is necessary to protect the employer in some legitimate business interest?

From the standpoint of the employee, is the restraint reasonable in the sense that it is not unduly harsh and oppressive in curtailing his/her legitimate efforts to earn a livelihood?

Is the restraint reasonable from the standpoint of a sound public policy? (Home Paramount Pest Control Case, 282, Va. 415). In considering over broadness and enforceability Courts will examine time period limitations (3 years, e.g.), geographic limitations, and product/service limitations together. One such agreement was invalidated where a cigar importing company barred its former employee from engaging in "any similar business" even though the employer only imported one type of cigar. The agreement also had no geographic limit. The Court invalidated a similar agreement where the business was involved in the sale of specialized motors, stating that there were potentially a wide range of businesses involved in the sale of



"Upset at you for breaching the non-compete? Of course not."

motors unrelated to the business of the former employer.

Other agreements have been invalidated where the agreement barred the employee from working "in any capacity" for a competing company because the language was not limited to employment that would be in competition with the former employer.

In 2011, the Supreme Court made its ruling in the Home Paramount case with respect to a former employee who went to work for Connor's Pest Control after termination from Home Paramount. The language in the non-compete agreement prohibited employment for a two year period with a similar company in any county or city where the employee was assigned or worked during the two years immediately preceding the termination of employment. Although the Court enforced this language in 1989, in 2011, the court ruled that the language was not enforceable. The Court overruled its prior holding on the same language for the same company, Home Paramount. The trend toward invalidating non-compete agreements was totally validated by this decision.

If a covenant not to compete is to be enforceable, it must be written with great care; wide sweeping boiler plate language will likely not be enforced. An employer must define its vital business interests, and protect those interests. There is no standard agreement or language which is universally useable; each situation will depend on specific facts like what type of work the employee performed while working for the employer, geographic limits will be scrutinized, and duration of the limitation must be based on data and analyses. The burden is on the employer to prove the need for the specific restrictions sought to be enforced.

In conclusion, as the Court stated in the Home Paramount case: an employee noncompetition agreement is "enforceable if it is narrowly drawn to protect the employer's legitimate business interest, is not unduly burdensome on the employee's ability to earn a living, and is not against public policy. The employer bears the burden of proving each of these factors. When evaluating whether the employer has met that burden, the function, geographic scope, and duration of the restriction will all be considered."

(Disclaimer: the foregoing is not intended as legal advice but for informational purposes only.) (By: Michael Hadeed Jr., Esq., Hadeed Law Group, PC) Should you have a question concerning the law, please write directly to michael@hadeedlaw.com.





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HOW WILL YOUR CHILD'S FACE LOOK AS THEY GET OLDER?

BY DANIEL F. BABIEC, DMD, MAGD, FICOI

Will your child have "buck" teeth? Will his/her lower chin "melt" into his/her neck? Will his nose unnaturally protrude? The answers to these questions depend on "oral posture." Correct oral posture will ensure that a child's face will grow in a balanced way. It will also open their airways so they won't snore or have other breathing or sleep disorders as they grow to adulthood. Their teeth and jaws will be properly aligned and their facial shape will not be distorted.

Correcting oral posture takes more than just traditional orthodontics. Bradlee Dental Care offers an orthodontic technique called Biobloc Orthotropics®. If you are a parent concerned about your child's facial and oral development, you should know that your child may be able to benefit from the Biobloc Orthotropics® treatment.

Correct oral posture means that when the child is in a resting state (not eating, drinking or speaking), their teeth are together, their lips are together and their tongue is touching the roof of their mouth. With this oral posture the face and teeth will grow correctly. Without it the face won't grow properly and the child will be at risk for all the conditions described above. In addition, any attempt at traditional tooth straightening will be less stable.

Blocked or restricted airways can cause a long list of problems for both children and adults. Proper growth is adversely affected when the body

Before



Before



After

After

doesn't get the oxygen it needs. Conditions such as obstructive sleep apnea, snoring, crooked teeth and abnormal facial symmetry are just some of the maladies that can result from poor airway health. A 2007 study demonstrated Biobloc Orthotropics® can improve airway volume by 30%. Currently Biobloc Orthotropics® is the only known method to increase the size of the airway for growth guidance.

Airway health is directly related to how the face grows. Facial symmetry

and growth is influenced by genetics and tongue position. Favorable growth is considered more horizontal than vertical growth. Vertical growth results in elongation of the face, tooth crowding, narrowing of the palate, recessed chins, increase in airway restrictions and other conditions.

Biobloc Orthotropics® helps the face grow to its genetic potential by eliminating growth restrictions caused by poor oral posture. It allows both jaws to develop correctly in a forward



and horizontal direction. When this happens the base of the tongue comes forward with the face which moves it out of the airway space allowing more air flow from the nose to the lungs.

The Biobloc Orthotropics[®] procedure uses a series of retainers to guide the growth of the jaws to a more forward position. The retainers are comfortable to wear and are not visible making it desirable for the patient. This treatment works best in children between ages 5 and 8. It is at this age when the upper jaw grows the most. Treatment time varies depending on the child's age and severity of the condition. The end goal of treatment is to improve oral posture, increase favorable and more aesthetic facial growth and improve airway volume.

To learn more, and to find out if your child is a candidate for Biobloc Orthotropics®, contact Dr. Babiec at 703-820-0809 to arrange a consultation.

Daniel F. Babiec, DMD, MAGD, FICOI is a partner at Bradlee Dental Care, 3690 King Street, Suite KL in the Bradlee Shopping Center in Alexandria. For more information about the content outlined in this article go to: http:// bradleedentalcare.com/biobloc_orthotropics_ alexandria_va.html.

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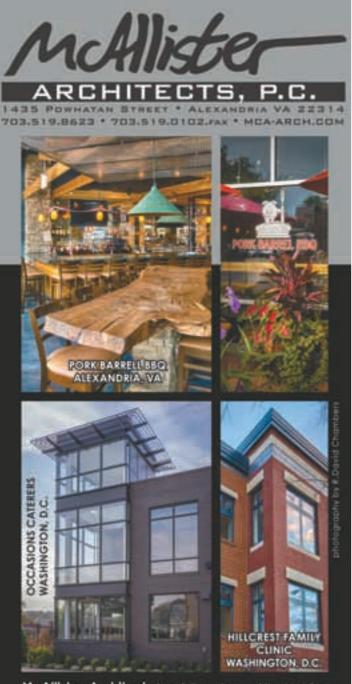
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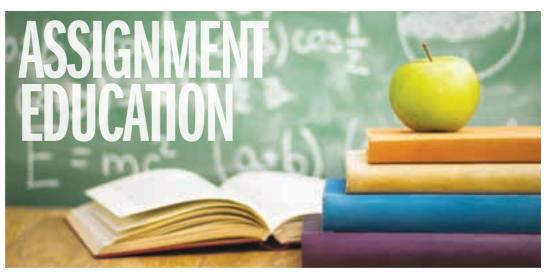


People ask me what I do in winter when there's no baseball. I'll tell you what I do. I stare out the window and wait for spring. -Rogers Hornsby



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ACPS ADDS 22 COURSES TO ITS CURRICULUM

Alexandria City School Board approved adding 22 new courses to expand high school and middle school offerings for the 2015-16 academic year. Five are high school courses, one is an addition for middle school and 16 are new online courses.

In addition, the school board approved adding honors courses for the 2016-17 school year. The number and subject areas of the courses will be recommended by Alexandria City Public Schools (ACPS) staff.

"I am delighted that we are expanding the courses that we are able to offer our students. We are looking at what they want to study and trying to accommodate them wherever possible," said Superintendent Alvin L. Crawley.

Beginning in September 2015, T.C. Williams High School will offer Virginia and U.S. Government - We the People; STEM Explorations III; Dual Enrollment Urban Alliance Internship/College Success Skills; AP Advanced Topics in German Language and Culture VI; and AP Advanced Topics in French Language and Culture VI. One of these courses, Virginia and U.S. Government, was previously offered, but was not listed in the course catalog. Only one of these courses, STEM Explorations III, requires additional staffing.

The remainder of the new classes will be offered online. They include two courses in World History and Geography; AP Human Geography; Art History; AP Calculus; and Probability and Statistics. There will also be classes in Online Learning and Digital Citizenship; Credit Recovery Algebra; Personal Finance; and Literacy and Comprehension.

The Program of Studies was put together over a

two-month period, during which a committee of administrators and guidance staff from each of the middle and high schools analyzed every course to assess its value. Its purpose is to provide families with a list of course offerings, along with course requirements and expectations. It also defines graduation requirements and outlines supports offered to students.

The committee focused its work in two areas: providing families with a comprehensive list of course options offered by ACPS and ensuring t all students have an opportunity to explore a wide range of course offerings.

worked Committee members with various departments in each school to solicit recommendations for course revisions, additions and deletions that incorporate trends in student interest and demand, as well as ensure that the division is meeting new and revised course and graduation requirements from the Virginia Department of Education.

During October and November, the Honors Review Committee reviewed the 2014-15 Program of Studies and made content, language and course recommendations. They brainstormed individual and collective ideas about the current ACPS honors program and areas in need of enhancement or modification. The majority of their recommendations were accepted.

The Program of Studies will be published on the ACPS website and printed in hard copy for distribution to students, parents, guardians and school staff by the end of January 2015. This will allow staff and students plenty of time to begin to plan for each student's course registration for the 2015-16 school year.











Over 52 delegates from St. Stephens and St. Agnes Middle and Upper Schools attended the convention in Richmond and many took home notable awards. Courtesy photo.

STRONG SHOWING BY LATIN STUDENTS IN RICHMOND

A large delegation of talented Saints took home numerous awards. A large group of St. Stephen's & St. Agnes School classics students took home a number of awards at the annual Virginia Junior Classical League (VJCL) state convention, held in Richmond November 23-24. The annual convention brings together delegations from independent, public, and home schools across the state for competition and camaraderie. During the convention, Ann Bailey '16 was elected VJCL secretary, becoming the fourth state officer in a row from SSSAS.

With the third-largest delegation in attendance, consisting of 52 creative and enthusiastic Middle and Upper School students, Saints Latin placed first in the spirit competition in extralarge delegations, placed third in the VJCL Publicity Contest, and received recognition for the "best print media article" for a student blog of the 2014 SSSAS spring trip to Greece.

Latin 5 student Will Siegmund '15 earned best in show on both Roman History and Latin Literature, and placed first in Roman Life and Pentathlon. Latin 4 student Ann earned first place in both Vocabulary and Grammar. Latin 3 student Malcolm Reynolds '17 placed first in Reading Comprehension and second in Derivatives. Latin 3 student JP Wilusz '17 placed on all six tests he took including second in History, third in Geography, fourth in Reading Comprehension, and fifth in Pentathlon.

Students also did well in graphic and creative arts. Andrew Revers '18 received first place for his small model, Sylvie Howton '15 placed second for a drawing of Medusa, and Gabe Rudasill '17 placed third for his bust of Faunus. In addition, Lucas B. '19 placed first in English Oratory and Cammie G. '19 placed second in Latin Oratory.

Congratulations to all Saints Latin students on such a successful convention! In fact, one third of the delegation this year was attending their first VJCL state convention. Gabe said, "This was my first time at the Latin Convention and it was a lot busier than I expected. It was an exhausting experience but I had lots of fun! I am excited and looking forward to next year's convention so I can participate in some events time did not allow for this year."

Several days prior to the VJCL state convention, Saints Latin students participated in a fun-filled, joint field trip with the SSSAS drama club, Stage One Players, to see Shakespeare Theater's "Julius Caesar" at Folger Theatre. Seventeen students and four adults saw a chilling rendition of the play.



"A slip of the foot you may soon recover, but a slip of the tongue you may never get over."

- Benjamin Franklin



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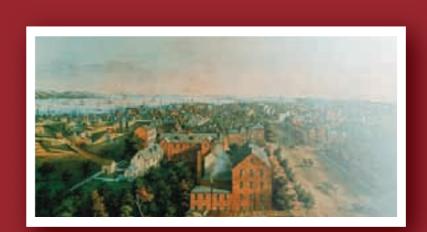
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21

HONOR CODE ADOPTED BY ALEXANDRIA PUBLIC SCHOOLS

The Alexandria City School Board has finally approved an honor code for all secondary schools within Alexandria City Public Schools (ACPS). It is the first time any formal honor code has been adopted in the history of ACPS.

Students at all ACPS middle and high schools will be required to sign the agreement, which bans plagiarism and cheating. They may also be required to sign the agreement again before major tests or essays.

Any student who violates the code will receive a zero on the assignment, with no chance of correction or retake.

"We believe it is necessary to have in place standards and expectations to which students will be held accountable throughout the learning process. Our ultimate goal is to develop well-rounded students who are prepared to succeed beyond the classrooms of ACPS," said Superintendent Alvin L. Crawley.

The purpose behind the honor code is to demonstrate to students that they are expected to assume responsibility for their own learning. The honor code



encourages students to play a part in monitoring their own progress. It reads: to plagiarize is [1] to steal and pass off as one's own; [2] use without crediting the source [3] to commit literary theft. To cheat is to give answers to others, copy assignments, imagery or tests from others, or look at the tests, coursework, teach materials of others. If a student attempts to claim the work of another Crawley here engaged with students in Alexandria considers the passing of the new honor code standard a milestone for local students. Courtesy photo.

as his or her own he or she is in violation of this Honor Code.

In creating a culture of college and career readiness, ACPS believes it is the responsibility of the faculty and leadership to prepare students to be ethical in the production of their work. Additionally, ACPS believes it has a responsibility to help students develop

a level of accountability that will be expected of them at any future place of employment or college. Failure to adhere to ethics can result in dismissal from employment and expulsion from college.

Under the code, students will promise to perform honestly in the production of their own work and demonstrate respect for the belongings and rights of others. They will promise not to cheat, plagiarize or knowingly make false statements with respect to assigned schoolwork or tests, or provide another student the opportunity to do so.

Dr. Crawley stressed the importance that the Honor Code places on teaching and re-teaching the correct way to cite sources.

"That's why we have expanded what started as a high school idea to the middle schools. It is at middle school where discussions about ethics and training in using sources and citations really take off," Dr. Crawley said.

ACPS Coordinator of Strategic Planning and Policy Michael Korff acknowledged that the Honor Code could be expanded to include other topics in the future.

School Policy Now Extends to Bus Stops

The Alexandria City School Board recently amended several studentrelated policies.

Among the changes, the Board decided to extend to bus stops, its policy related to the consequences of engaging in gang activity; expanded its policy on concussions to include a "return to learn" protocol in addition to the "return to play" procedures that were already in place; and added safeguards and complaint procedures for students who believe they have been subject to discrimination based on race, national origin, disability, religion, gender, gender identity, gender expression, sexual orientation or marital or parental status.

The Board is engaged in a comprehensive policy

A Different Kind of Family Portrait



"Crabs at Dogfish"

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acrylic on canvas



review, and the current focus is on the student policies. In January, the Board will take up a review of policies related to the instructional program.

To provide opportunities for the community to comment on proposed changes to the various policies, the Board has established a special webhttp://www.acps. site, k12.va.us/board/manual/ policy-review.php which includes an opportunity to comment on individual policies.

Tobey Frederick wanted to surprise Joe with a special 15th anniversary gift. She had been following Dave Cochran's ads and admired how he interpreted the likeness and personality of his clients, so she finally contacted him.

She learned that he worked from photos (NO sittings!) and that she could be involved in determining the background. Dave came to her home to help determine the best size for the painting and to look through photos of her family members. Tobey wanted to depict all seven dogs that she and Joe had since they were married (past and present). In the foreground, Dave painted the family's beloved bulldog, Chopper, who is constant entertainment and fun loving, just like her blended family.

The background that Tobey chose was the beautiful home they built on Plaindealing Creek in Easton, MD. It reflects many of the activities that the family loves, such as eating crabs, messing with dogs and boating.

This 4ft x 5ft painting was ready and unveiled on their anniversary. Joe was completely taken by surprise and rendered speechless by this thoughtful and very personal gift.

Tobey now worries what she possibly can do for their next anniversary.

Giclée prints of this painting were given to various family members.

Email: cochranstudios@aol.com Studio: 703.684.7855 Web: www.davidcochran.com

The Perfect Anniversary Gift







String Students Transform in Biggest Rock Concert Held at ACPS

Three hundred and seventy talented student string players rocked the house and brought the audience to its feet at Francis C. Hammond Middle School on January 7th when they staged the biggest rock concert Alexandria City Public Schools has ever seen. The high energy event, complete with rock concert style sound and lighting, transformed the way that the students traditionally view playing a string instrument. Trans-Siberian Orchestra electric violinist Mark Wood led the program with music by Aaron Copeland, Jimi Hendrix, Led Zepplin and The Beatles.



Did You Know...

Douglas MacArthur Elementary School students produce MACTV, a morning show broadcast live daily. Student anchors make announcements, recite the Pledge of Allegiance and observe the Moment of Silence. The program also highlights student artwork. The show sometimes includes special guests and visitors, such as ACPS Superintendent Alvin L. Crawley, who appeared on Thursday's program. MAC TV has been a part of MacArthur for more than 15 years.





"Courage is being scared to death but saddling up anyway."

– John Wayne

"By way of nouríshment, not by way of knowledge."

— Rabbi Isaac the Blind



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WINTER Z-EVENTS

JANUARY 15

Alexandria City

42nd Annual Martin Luther King, Jr. Memorial Program

7:30 pm First Christian Church 2723 King Street Alexandria, VA The program, "Moving the Dream Forward," will be presented by the Martin Luther King, Jr. Memorial Planning Committee, and will include welcome remarks by Mayor William D. Euille, a keynote address by Alexandria Circuit Court Judge Nolan B. Dawkins, and music by the St. Joseph Catholic Church Gospel Choir.

JANUARY 15

Wynonna Judd and Friends: Stories and Songs

7:30 pm Admission: \$55 Birchmere 3701 Mount Vernon Avenue 703-549-7500

Everyone has a story to tell. And, for Wynonna Judd, those stories have been told through song with one of the most influential and important voices of our generation. Come experience the timeless tales of her unparalleled artistry as she takes you on the revolutionary journey of her 30 year platinum career. Hear the stories that inspired her to record the songs, create the tours and make recording history while inspiring countless friends along the way. Joined by her 3-piece band including her husband, producer and award-winning artist Cactus Moser, they will take you inside the hits and history of this iconic artist.

JANUARY 17

Caregiver Support

9:30 am - Noon Immanuel Church on the Hill 3606 Seminary Road Senior Services of presents a very informative session for those serving as caregivers and their loved ones. Participants will hear from local experts on topics including the



FEBRUARY 16

George Washington Birthday Parade

1:00-3:00pm

King Street at Royal Street • Old Town Alexandria VA 22314 •703-539-2549 The largest parade celebrating Washington's birthday in the USA marches a one-mile route through the streets of Old Town Alexandria. The Reviewing Stand is on Royal Street at King Street. With nearly 3,500 participants, this community parade honors one of the City's favorite sons. Admission is free. The George Washington Birthday Celebration Parade begins at the corner of Gibbon St. and S. Fairfax St. The parade travels north on S. Fairfax St. and then turns west on Queen St. After one block, the parade continues south on S. Royal St, ending on Wilkes St. For information about the status of all George Washington Birthday Celebration Events go to washingtonbirthday.net/status or by telephone (703) 829-6640.

importance of making a plan, how caregivers can take care of themselves, in-home services available, and more. There will be participants from AARP, Mediation Works, Griswold Home Care and Mt. Vernon Rehabilitation Center. Light refreshments will be served. Register online at www.seniorservicesalex.org or call 703-836-4414. Free

JANUARY 17 - FEBRUARY 07

The Game's Afoot

Wed-Sat at 8 pm, Sunday at 3 pm Little Theatre of Alexandria 600 Wolfe Street

Also known as "Holmes for the Holidays," this comedy/thriller by Ken Ludwig is murderously funny, witty and fast-paced! It's 1936 and Broadway star William Gillette, admired the world over for his leading role in the play Sherlock Holmes, has invited his fellow cast members to his Connecticut castle for a weekend of revelry. But when one of the guests ends up dead, the festivities in this isolated house of tricks and mirrors quickly turns dangerous. Gillette takes it upon himself to assume the persona of his beloved Holmes, to track down the killer before his next victim appears. The danger and hilarity are nonstop in this glittering whodunit. Tickets: www. thelittletheatre.com / 703-683-0496

CLOSING JANUARY 18

Eisenhower West Small Area Plan

Voice your opinion

Weigh in on the Eisenhower West Small Area Plan! Which concept has the best big idea? What do you like/dislike about each concept? Which individual elements (nodes/ centers, green spaces, land uses, school locations) of each concept is the strongest? You are invited to answer these questions by visiting AlexEngage -- a new online forum and a tool of the What's Next Alexandria civic engagement initiative. AlexEngage will allow you to express your opinion for decisionmakers to read, see what other residents are saying, and discuss important issues in the City. http://engage.alexandriava.gov/

portals/191/2366

JANUARY 22

When the United States Spoke French

7 pm The Lyceum

The Alexandria-Caen Sister City Committee presents a lecture with François Furstenberg Professor of History, Johns Hopkins University Book Signing with Wine and Dessert Reception to follow. 202-203-0177. Free

JANUARY 22

The Noctonals

8 pm Athenaeum 201 Prince Street Contemporary a cappella music performed by recent graduates from the University of Virginia, Virginia Tech, and Wheaton College. \$15

JANUARY 23 - FEBRUARY 1

Alexandria Winter Restaurant Week

60 Alexandria restaurants offer a \$35 threecourse dinner or a \$35 dinner for two. New this year, more than two dozen restaurants are offering lunch specials at \$10, \$15 or \$20 per person in addition to the dinner. Choose from a range of locales, from fine dining establishments to casual neighborhood favorites. Alexandria Winter Restaurant Week showcases the inventiveness of local chefs in neighborhoods throughout the city, including Old Town, Del Ray and the West End. Guests will savor the flavors of Alexandria's distinctive collection of eateries. http://www.visitalexandriava.com/ restaurants/restaurant-week/

JANUARY 29- FEBRUARY 12

Birthnight Ball Dance Classes

Every Thursday, 7:30-9:30 PM Gadsby's Tavern 105 North Royal Street In preparation for the Birthnight Ball on Feb. 14, learn 18th century English country dancing from expert dance instructors. Tickets online: www.Shop.alexandriava.gov. \$12 per class or \$30 for series







OBAMA AND CASTRO: CLOSING THE GREAT (BANANA) SPLIT

BY MARCUS J. FISK

FOR THE LAST 50 YEARS AMERICANS AND CUBANS HAVE LOOKED ACROSS THE 90 MILES OF WATER THAT SEPARATE OUR TWO COUNTRIES WITH MUTUAL SUSPICION AND CONTEMPT. In the Cuban corner was Fidel Castro and on our side it was Eisenhower, Kennedy, Johnson, Nixon, Ford, Carter, Reagan, Bush, Clinton, Bush and Obama respectively. Over five decades these leaders would call each other nasty names on television, give speeches about how mean the other was, and then not give it another thought.

Why? Once upon a time Columbus ran into Cuba so Spain owned it. They were happy being an empire and allowed American businessmen to come on down and do what Americans do best - stimulate the economy. After a while some malcontent workers got their knickers in a twist and started rebelling against the Spanish, wanting their own country, of all things. We understood a bit about independence, having kicked up a little dust ourselves a century back, so we sent the USS MAINE down there to keep a lid on things and watch over U.S. "interests". Then wouldn't you know it, the USS MAINE exploded and over half the crew died. That cinched it. President McKinley declared war on Spain and Teddy Roosevelt ran up San Juan Hill because he looked good in khakis and riding boots and liked shooting things. What seemed like barely a week later Spain surrendered and gave us the Philippines and Cuba. They threw in Guam, too (I'm not sure why). We also captured Puerto Rico just to make sure that Roberto Clemente and Jennifer Lopez would be Americans and Chita Rivera could win a Tony Award for West Side Story so we'd have awesome bragging rights. Things went pretty well for a while and Cuba was happy to have the United Fruit Company there and nearly everyone in Cuba worked for them. Somewhere along the line someone decided we needed to have casinos, too, and Ernest Hemingway started writing articles about this terrific party place called Cuba. Pretty soon it became the playground of the Americas with us Americans being the biggest kid on the playground, laying in the sun, sport fishing, spending oodles of cash, drinking Rum and Cokes, and breaking all the furniture and glasses in the casinos.



DESOTO, STUDEBAKER, HUDSON, NASH AND PONTIAC ARE BEING RESURRECTED TO MEET THE CUBAN MARKET DEMAND AND CARMAX HAS STARTED INTERVIEWING 60-80 YEAR OLD RETIRED MECHANICS FOR THEIR NEW SERVICE DEPARTMENTS IN CUBA.

Guevara got upset about all those Americans making so much money and partying 'til the cows came home, so they had another revolution and kicked us all out, saying Cuba was for Cubans, and we left so fast we didn't have time to ship our 1950s vintage Detroit cars back to the states.

Later on 1,400 CIA-trained Cuban counter-revolutionaries tried to invade their homeland at the Bay of Pigs to take it back from Castro. He was a late sleeper and kind of grumpy when awakened out of a dead sleep so when all the shooting started, he sent his army of 20,000 to the town where the Expats came ashore to quiet them down and send them to jail for disturbing the peace. They did. President Kennedy went on NBC, CBS, ABC, and radio and apologized and said it was his responsibility because it "happened on his watch." Then he sent a memo to Arthur Schlesinger the White House Historian and said that Eisenhower had really planned it because he was a general and liked invasions. After all, look how well Normandy came out. Except for a few Cuban businessmen who got out of Cuba just ahead of the people's revolution with as much cash they could squeeze into a suitcase and a bunch of college professors (revolutionaries don't much care for professors because they're smart and cause a lot of trouble for revolutionaries after a revolution), Cubans came to the U.S. and started assimilating. Assimilating is our word for being American, speaking "American," getting low-wage jobs

and buying Chryslers and televisions and microwaves then, later on, getting better professional jobs or marrying future Governors and paying taxes, especially taxes. That's what Americans like most about assimilation — people who immigrate here paying taxes instead of real Americans paying taxes. Other people paying your taxes, that's the American Dream.

Anyway, the great divide between Cuba and the U.S. was like two teenage boys at the beach kicking sand in each others eyes. The bulk of Americans didn't even know where Cuba was until Khrushchev planted a bunch of nuclear missiles there in October 1962 and started rattling his sabers (its much easier rattling sabers than trying to rattle nuclear missiles. They're much too big and if they rattle, it's a bad thing). So for 50 years the only thing we knew about Cuba during the Great American Yuppie Epoch in the 80s was cigars. They were HUGELY fashionable but were illegal. Somehow they found their way into corporate boardrooms, brokerage firms, and yacht clubs, and when corporate executives weren't snorting cocaine back then, they were finding ways to get Cuban cigars, bragging about having them, and giggling like boys in the bathroom while smoking their 'Cubans.'

Tahoe or Miami or Kings Dominion — just fly because the friendly skies were friendly again, Obama has opened the door to Cuba. When Wall Street heard that the stock market shot up above 14 billion points for a nanosecond or two, economists began chattering about how great this will be for the "World Economy," and venture capitalists, investors, and businessmen started pulling their assets out of Delaware (the Switzerland of corporate U.S.), found Cuba in Google Maps and began salivating.

Contrary to all the accusations that Obama is a socialist, he has set the stage for business to flourish in a 'new' Cuba. Neocons allege opening the doors to Cuba is just the democrats trying to capture the Latino vote in 2016. The President however, is simply following the tried-and-true, all-American philosophy we have followed for years -- that corporate America knows what's good for America. Soon GS-12s at the Commerce Department will see applications in their in-boxes for new 'Cuban' subsidiary corporations. McDonalds will announce new franchises with a new menu - plantain chips instead of French Fries. DeSoto, Studebaker, Hudson, Nash, and Pontiac are being resurrected to meet the Cuban market demand and CarMax has started interviewing 60-80 year old retired mechanics for their new Service Departments in Cuba.

In the financial industry new creative spinoff corporations such as Fidel-Ity Investments and Chiquita Banana Investments ("Our stocks split regularly - Now that's appealing.") are being planned in country club dining rooms in the Hamptons and in Aspen. Based on the success of its venture into France in the 1990s, Disney has announced that it will open the Disney Guantanamo Bay Casino & Resort in the near future. In anticipation of the former Florida residents who will likely migrate to the new Cuba, Disney has signed an agreement with Havanagila Kosher Caribbean Foods for all its catering operations at the resort. Starbucks has announced their new "Pina Colada" Mucho Mocha Latte with Starbucks on every corner in Havana. And Major League Baseball has just announced a new franchise the Havana Bananas. If you think this is just me being silly, Barrett-Jackson has already sent an advance team to Havana. And you know what cars mean to Americans.

After a while Fidel Castro and Che

But I digress....

Now President Obama has announced that Cuba is open again. Just as President George "Dubya" Bush announced shortly after 9/11 that Disneyworld was open and we should fly to Orlando or Las Vegas or Lake

JUST FOR FUN

HEY KIDS!

Clip the cartoon below and make your own hipster!



JANUARY CROSSWORD

ACROSS

- 1. Genie's domicile
- 5. Squad car
- 9. People with their pants on fire?
- 14. Pastiche
- 15. Badgered 16. TV puppet
- 17. Far out
- 20. Pamplona pal
- 21. Pueblo crock pot
- 22. Like some automobiles
- 23. Card game
- 25. Legal tender
- 27. Far out
- 34. Sherlock's Blue Carbuncle, for one
- 35. Leave on the grill too long
- 36. Golfer with an ''army"
- 37. Like fine wines
- 39. Preferred invitees
- 42. Wistful thinking?
- 43. Overpowering terror
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Q: Why did the hipster burn his tongue?

A: Because he ate his food before it was cool.

Q: How many hipsters does it take to screw in a lightbulb? *A: You wouldn't know, it's kind of an*

obscure number

Q: How do you drown a hipster? *A: In the mainstream.*

Q: Why did the hipster leave his oceanside mansion? *A: It was too current.*

Q: How much does a hipster weigh? *A: An instagram.*

Q: Why did the hipster burn his tongue? A: He drank low fat non whip frapp

before it was cool.

Q: What do you get if you cross a hipster with a vampire? *A: Count swagula.*

Q: Who was the First Hipster? A: You've probably never heard of him.

Q: Why do hipsters love ice? *A: Because ice was water before it was cool.*

Q: Why do hipsters only use the microwave.

A: They don't like conventional ovens.

Q: How many hipsters can you get into a phone booth?

A: One, any more and it would be too mainstream.

Q: Why do hipsters love using the subway?

A: Because its underground.

Q: What was the hipster doing at the computer?

A: Looking in the recycling bin for something retro.

Q: What do you get when you combine a Starbucks and Yoga class?

A: I don't know, but there's probably a hipster close by.

Q: What do you get if you cross a fridge and a hipster playlist? *A: Cool music!*

Q: Why are farmers cooler than Hipsters? *A: Farmers can go a day without their Pitchfork .*

Q: What happens when a Hipster falls? *A: They Tumblr*

45. Go to the mall 47. Barnum and 109, e.g.

48. Far out

52. General Bradley

53. Where one might find three men

in a tub

54. Tyler novel, ''If Morning ____ Comes"

57. Bygone big birds

60. Posed a question

64. Far out

67. Sorceress of Colchis

68. Boat's bow

69. Like some proportions

70. Judge's decision, perhaps

71. Planted

72. Slippery site

DOWN

City in Ecuador
 Astringent
 'La Boheme" role

4. Child's toy

5. Mantel piece 6. NASA scratch 7. Golden calf, e.g. 8. Slippery surface 9. Sided antecedent 10. Not what it appears to be 11. Despondent comment 12. Dish sometimes made in a minute 13. It's for the birds 18. Architectural order 19. Diller's spouse, affectionately 24. Plant safety grp. 26. Emissions tester, briefly 27. Animal lover of sorts? 28. Square things? 29. Holbrook of "The Firm" 30. Like Yeats 31. All thumbs 32. Last inning, typically

33. A Durbeyfield

34. Open-mouthed stare

38. Chaos

40. "____ Believes in Me"

41. Little piggies?

44. Internet address ending, typically

46. Southern fruit tree

49. Fortune partner

50. Military men

51. Serving of bacon

54. Thompson in "Dead Again"

55. Vista

56. Scandinavian literary collection

58. Hendrix hairstyle

59. Chilly powder?

61. De Gaulle's one-time hat

62. Thomas Moore's homeland

63. Flatten

65. Terhune title character

66. Possess

If a tree falls in the woods, and nobody's around to hear it, will a hipster buy the soundtrack?

If a hipster does something, but doesn't instagram it, did it really happen?

Two hipsters walk into a bar. The first one did it before it was cool, and the second one did it ironically.

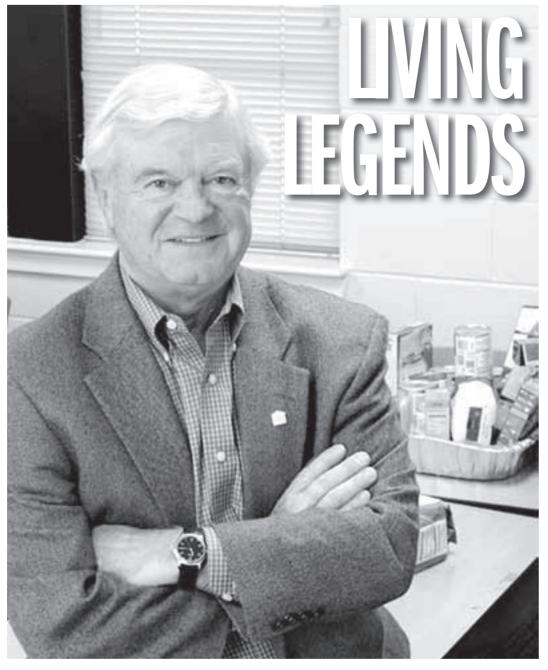
So a hipster walks into a bar and, well, you've probably never heard of it.

What came first the hipster or the mainstream?

Hipsters wear jackets in the summer, before it's cool.

Hipsters hate rivers. Too mainstream.





CARSON LEE FIFER, JR.

BY JOSEPH S. SHUMARD

When you ask Lissette Bishins (Executive Director of the Carpenter's Shelter) about Lee Fifer, she will tell you that he "is a lifelong Alexandrian who is a passionate advocate for those in need. His touch is all over Alexandria. He loves this city and the people in it; he is philanthropic and drives others to follow his lead."

Although recently retired, his professional career started when he joined the law firm of

Boothe, Prichard and Dudley (now McGuireWoods) in 1972. He maintained a practice focused on land use and environmental law, real estate law, affordable housing and sports law. He managed numerous residential, commercial, industrial and institutional projects including regional malls, corporate parks and planned communities and has guided projects that have produced thousands of residenappointed Fifer to the Mayor's Multi-modal Task Force, which studied transportation issues, including Metrorail. Fifer subsequently served on the board of the Northern Virginia Transportation Alliance, which focuses on transportation issues for Northern Virginia. For almost 20 years he was the general counsel of this organization and is a life member of the board.

Fifer's irrepressible interest is in housing. He is a founder and former chair of AHOME (Affordable Housing Opportunity Means Ev-

" ... a lifelong Alexandrian who is a passionate advocate for those in need."

eryone) and the AHOME Foundation. This regional organization, started in 1985, promotes workforce housing development and affordable housing. Fifer served on the board and was treasurer of the George Mason Foundation for nine years helping to establish a masters degree program in real estate development at George Mason University. For more than four years he served on the board of HomeAid, the charitable organization associated with the Northern Virginia Building Industry Association. It helps homeless shelters and similar charities with building projects. In 1994, the Carpenter's Shelter, one of only a few establishments for the homeless in Alexandria, was on the verge of going out of business. It could not pay its staff or its rent; its spaces needed improvement as well. It was about then that Lee Fifer joined the board. His first assignment was to lead a fundraising effort, where (as he will tell you) with the help of many others, he raised \$600,000 in six months. That gave Carpenter's Shelter the money it needed to move and improve new facilities and carry on its business. He was chairman of that board for ten years and is still serving on it to this day. The impact of Lee Fifer on life in Alexandria should probably be measured in truckloads. His generosity and service are almost overwhelming ... and legendary.



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tial units. Fifer co-authored the first affordable housing ordinance in Virginia and has authored subsequent enabling legislation.

Fifer has made significant contributions to the Alexandria community. He has been chairman of the Alexandria Chamber of Commerce (1987), chairman of the board of governors of St. Stephen's & St. Agnes School, and served on the vestry and strategic planning committee of Christ Church.

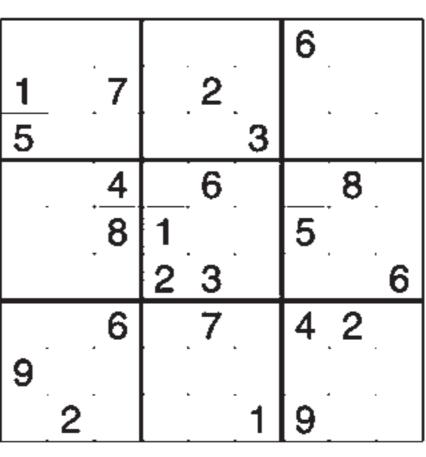
Fifer, along with Bill Perkins of the Old Dominion Printing Company, helped found the Alexandria Volunteer Bureau In the early 1980s. Fifer served as chair for five years, helping to hire its first executive director, Marian Van Landingham. Two years ago he was a cochair of the "Spring for Alexandria" Philanthropy Summit organized by Volunteer Alexandria, the successor to the Alexandria Volunteer Bureau.

In the early 80s, then Mayor Charles Beatley



JUST FOR FUN





STRANGE FACTS

- There are 18 different animal shapes in the Animal Crackers cookie zoo.
- There are no clocks in Las Vegas gambling casinos.
- The Mona Lisa has no eyebrows. It was the fashion in Renaissance Florence to shave them off.
- Every day 20 banks are robbed. The average take is \$2,500.
- The most popular first name in the world is Muhammad.

Bristlr - a social network for beard lovers

Bristlr is an app that promises to connect "those with beards to those who want to stroke beards."

It was created by 28-year-old John Kershaw, who says he came up with the idea as a joke, but now it's "a real thing being made."

Least Competent Criminals

(1) Three women, whose ages ranged from 24 to 41, were charged with larceny on Black Friday in Hadley, Mass., when they were caught in the Walmart parking lot loaded down with about \$2,700 worth of allegedly-shoplifted goods. The women had moments earlier begged a Walmart employee for help getting into their car-because they had locked themselves out. (2) Michael Rochefort, 38, and Daniel Gargiulo, 39, were merely burglary "suspects" in Palm Beach County, Fla., on September 25th, but sheriff's deputies' case against them soon strengthened. While being detained in the back seat of a patrol car (and despite a video camera pointed at them), they conversed uninhibitedly about getting their alibis straight. [The Republican (Springfield), 11-29-2014] [South Florida Sun-Sentinel, 12-8-2014]

Phone Book Art

Artist Stephen Wischer has found a use for all those Yellow Pages

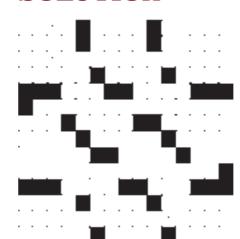
JANUARY SUDUKO SOLUTION

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phonebooks that still get delivered to people, even though they've long been rendered pointless on account of the Internet. (The Yellow Pages are still periodically dumped at my front door and go straight from there into the recycling bin.) Wischer has stacked up 3000 of them in a display at the Plains Art Museum titled "In Crypt: On New Worlds Re-Ordered."

Says Amy Richardson of the museum: "When people come into the museum and this is right in our entrance area they stop and they're astonished, because at first they think it's a huge wall of bricks or wood and then they realize it's phone books." [wdaz.com, plainsart.org]

JANUARY CROSSWORD SOLUTION



HIPSTER SPEAK

Here are some helpful translation tips for speaking 'hipster."

BRONSON - BEER

Sentence: "I drank a sixer of bronsons last night while watching the game."

Origin: Watching Charles Bronson movies while drinking beer is deck. The term spawned from this ritual.

BUST A MOBY - TO DANCE

Sentence: "Let's go to the Tunnel and bust a moby." "Did you see her moves at the party last night? She really knows how to bust a moby."

CHIPPER - A WOMAN WHO'S EASY

Sentence: "She's a real chipper and will sleep with anyone after one bronson."

CLOTHESLINE - THE GOSSIP THAT IS ON THE SCENE

Sentence: "Yo, I heard on the clothesline that she is sleeping with Billy. She is such a chipper."

CRONKITE - BOY

Sentence: "Have you seen Anne's new cronkite? She met him at the cafe and he is such a frado."

DECK - TO BE DECK IS TO BE UP ON THE LATEST TRENDS, CUTTING EDGE, AND/OR HIP

Sentence: "That tassel we met at the gallery opening sure looked deck in her cowboy boots."

FIN - THE OPPOSITE OF Something that is fin is bad or undesirable. Sentence: "How can you like that Vin Diesel movie? Every film he's ever starred in has been fin."

FRADO - AN UGLY GUY WHO THINKS HE'S GOOD-LOOKING

Sentence: "Bill thinks all the girls love him, but they all know he's a frado."

THE FRIGIDAIRE - THE COLD SHOULDER

Sentence: "I don't know what her problem is, but she gives me the frigidaire every time I see her."

JERRY - A STONER OR HIPPIE

Sentence: My pits smell ishtar. I feel like a total jerry.

JUICER - A LADIES' MAN. AN INDIVIDUAL WHO HAS UNDENIABLE SEX APPEAL.

Sentence: "I wish he would ask me out, he's such a juicer."

JUG - A 40 OUNCE BOTTLE OF DOMESTIC BEER.

Sentence: "Tassels respect me. I can drink a whole jug and still bust a mean moby."

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ZEBRA PRESS



Jazz is an energetic, affectionate, happy dog who will thrive in an active home! This sweet beauty came to the AWLA from a rescue in West Virginia. She is a spayed female Labrador Retriever mix, estimated to be about four years old. She loves to get moving, and would make an excellent jogging partner. Jazz would do best in a dog-experienced home, as she can get mouthy and jumpy when excited. Because of her tendency toward exuberance, this cutie would do best in a home without young children. Jazz loves nothing better than a good long game of fetch, and after expending some energy, she is affectionate and enjoys cuddling. If you're looking for a playful, lively dog, Jazz is your match! *I am a SHELTER SNOWFLAKE: My adoption fee is waived!*



OSCAR

We know what you're thinking that Oscar is the most handsome and unique-looking dog you've ever seen in your whole entire life! He is a neutered male Labrador Retriever and Dachshund mix, estimated to be about three years old. Oscar may have a big head, but not in the metaphorical sense; he's totally down-to-earth and wants to please everyone! While Oscar simply adores people, he would prefer to be the only dog in the household and may take some time to make doggie-friends. We hope you'll come and see for yourself that Oscar would make a great addition to your family!



WESLEY

Hi, there! My name is Wesley and I'm looking for a family who will take me on strolls through the neighborhood, play fetch and other games with me, and give me lots of belly rubs at the end of the day. I am a neutered male Tree Walker Hound, estimated to be about four years old. My favorite place to be is outside, whether we're going on a hike, playing frisbee, or just catching some rays laying in the grass, I love breathing in the fresh air! If you love being outdoors as much as I do, come to the AWLA and meet me today! *Thanks to a generous sponsor, my adoption fee has been paid!*

SAVE THE TAILS.



MALCOLM

Malcolm is a firm believer that bigger is better when it comes to cats, because there's more of him to love! This handsome feline is a neutered male Domestic Shorthair, estimated to be about seven years old. He's a big old love bug, always eager to get pets on his head and rub up against you. If you're looking for a sweet, bodacious cat to cuddle up on the couch with, Malcolm is your match!



SMOKEY

If you are looking for a loving, mellow pet to brighten up your life, come to the shelter to meet Smokey! Smokey is a neutered male Domestic Shorthair, estimated to be about five years old. He is a friendly feline looking for a new best friend to snuggle up on the couch with during these cold winter months. Smokey also loves playing with toys, getting chin rubs, and snacking on cat treats. This kind kitty would like you to know that he is declawed, so he would never tear up your carpet. Welcoming Smokey into your home would be a sure-fire way to warm your heart, so come adopt him today!



KENDRA

Hello there! If you're looking for a fun-loving, smile-inducing, snuggle-extraordinaire, your search stops here! I'm Kendra and I fit all those expectations and more! I may not look like much since I'm such a little thing, but trust me, there's a big personality in here waiting to shine through! I'll be there for you through thick and thin, always by your side in every adventure. I hope you'll come see me today!

I am a SHELTER SNOWFLAKE: My adoption fee is waived!



Croutons can make any salad more delightful, and we think this lovely rabbit would make your life much more delightful too! This awesome critter is a spayed female shorthaired rabbit, estimated to be about one year old. She is as social as any dog or cat- she comes right up to you for pets and snuggles as soon as you open her cage. Her affectionate, extroverted personality never fails to brighten up everyone's day here at the shelter. If you are looking for a sweet, loving pet to bring your family some extra joy this holiday season, Crouton could be the perfect companion for you! Just spend a few minutes stroking her soft fur and you'll be hooked on Crouton!



CHARMER

There's a reason that this rabbit has the name that she does: because she is nothing but charming! Charmer is a spayed female Agouti Shorthair rabbit, estimated to be about nine months old. She loves eating fresh veggies and apples, choreographing her hops, and being admired for her beauty and charisma. Charmer is hoping to find a family who will give her all the love and attention she deserves. Come to the AWLA and let her enchant you today!

4101 Eisenhower Ave. Alexandria, VA (703) 838-4774



Animal Welfare League of Alexandria (70



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King Street Cats is proud to be the only all-volunteer, cat-exclusive, no-kill rescue facility in Alexandria, Va. Because we are a free-roaming facility, you can come visit with the "cat-friendliest cats" in town.

> To meet a King Street Cat, please email contact@kingstreetcats.org.



KITTY Female, Age 1 People-loving cutie wants to be your one and only best friend!



SAWYER Male, Age 10 months Little orange boy is a complete cuddle bug!



PUMPKIN Female, Age 3 Calico girl has lovely personality to match her lovely looks!



MARTIN Male, Age 1 Silky young boy loves people, seeks his own person to love!



IUNIOR Male, Age 8 months Gorgeous long-haired kitten is affectionate and playful



THE COVERT REPORT

BY HARRY M. COVERT

IN CELEBRATION **OF AGING**

Admiration for artists of all stripes is marvelous. In my case, I've never been able to draw by pencil, ink or other forms, even doodles. Editorial cartooning escaped me too much to my chagrin through years of journalistic endeavors.

I can report that my paternal grandmother was a wonderful water colorist. Two of her paintings have remained in my possession for more than a half-century, cleaned by masters and displayed prominently. They remain first class and in honored exhibition.

This attachment to illustrated excellence leads me to Carol Siegel, an Alexandria artist celebrated as one of the nation's most Beautiful Minds and a wonderful example to those of us superannuated still making lives exciting.

Last fall, Carol Siegel of Alexandria was chosen for national honors for her active and creative lifestyle. She stays busy at the age of 75 through diet and nutrition, physical health, mental health and social well-being.

I might add that Ms. Siegel was one of nine honored adults over 55 honored for achievements. And, she is the only Virginian honored in the nationwide campaign "Celebrating Beautiful Minds." This effort is part of the National Center for Creative Aging's (NCCA) ongoing national health education campaign, "Beautiful Minds: Finding Your Lifelong Potential."

Ms. Siegel "loves tackling new artistic challenges" and continues to do so. "Drawing from my career as a professional photographer, I now teach art and poetry workshops at adult day care centers."

She enjoyed "a satisfying career that included teaching photography to young people, I decided to pursue my passion of enabling people to express themselves through art. At 55 I returned to school, where I earned a master's degree in expressive therapies."

Ms. Siegel is a "teaching artist at Arts for the Aging." This group provides arts and engagement programs to people in nursing homes and adult day care centers. She said, "I've had wonderful experiences teaching art and poetry workshops to these seniors, including taking them to see an anniversary showing of one of my earlier photography exhibits at the Alexandria Black History Museum."



"I feed my mind by helping others discover the joys of artistic expression I feed my mind by helping others discover the joys of artistic expression."



SCUDA Female, Age 7 Sweet, shy tortie girl wants to be your "one and only" lifelong friend!

Our adoption open houses are every Saturday and Sunday from 1:30 to 4:30 p.m.

KING STREET CATS 25 Dove Street · Alexandria, VA 22314 www.kingstreetcats.org

"This is a wonderful honor for a wonderful lady," said Janet Barnett, a friend and respected expert on seniors' lifestyles. "Carol sets such a powerful example for all of us."

The Beautiful Minds campaign finalists included people from 58 to 90. One of the inspiring stories is about an 81-year-old who bikes nine miles to work, an 84-yesr-old champion swimmer and a 90-year-old Chinese opera singer.

Siegel said, "I feed my mind by helping others discover the joys of artistic expression. I feed my body by eating nutritious foods. I stay active by practicing yoga five times a week, swimming twice a week and walking my dog."

Many physicians and experts on the aging

process say "the graying of America" is truly the second American Revolution. Maintaining good brain health, according to Dr. Gay Hanna, executive director of NCCA, "is easier than most people realize."

Founded in 2001 the NCCA promotes creative expression as vital to healthy aging though education, research, advocacy through technical assistance in health and wellness.

Carol Siegel is certainly an inspiration to everyone, not just the aging and age-less. I would not be a good artistic student. I can design and layout printing pages but I'm going to leave the water colors and oils to Ms. Siegel. It's easier for me to admire her good work and keep trying to put words on paper.

Carol is a magnificent asset, especially to northern Virginians.





DOGS DESERVE BETTER is a nonprofit organization dedicated to freeing the chained and penned dogs and bringing our 'best friend' into homes and family. Our chapter in the Washington metropolitan area is part of the national website, www. dogsdeservebetternova.org.

We are a voice for chained and penned dogs, whose sadness speaks only through the eyes. As the days become years, many of these dogs sit, lay, eat, and defecate within the same 10-foot or less radius. They exist without respect, love, exercise, social interaction, and sometimes even basic nourishment. They live as prisoners, yet long to be pets. These dogs have love to give and want only to be part of a family. Once rescued, there is nothing but love to share with people. Dogs live in the moment and do not think about the past which is why dogs really are man's best friend.

www.dogsdeservebetter.org

is getting braver each day while watching her world from there. Toys and bones are left out to lure her outside of her crate. As a result, she is staying outside the crate and interacting in her foster home a little more each day. Her perfect home would be one that is quiet with a safe area for her training and play times. Do you have the time and patience needed to care for a shy girl? She needs a person or family with whom she can grow up and grow old. Can you provide Caroline with the forever home she deserves? She will brighten your life with her happy smile and undying affection.



Chase **Breed: Male Beagle mix** Approximate Weight: 44 lbs Approximate Age: 5 years old Meet your new best pal Chase! He is a wonderful guy who just wants to hang out with his person. Chase enjoys meeting children in public, but prefers not to have children living full-time in his home. His favorite activities

are going on long walks around the neighborhood, accompanying you on car rides, or just sleeping by your feet. Chase also greets even the most simplistic tasks with enthusiasm. When it is time to check the laundry or wash dishes, he is right there with you. If you want to go to the dog park, he will beat you to the door. He is so cute that everyone wants to give him lots of hugs and belly rubs. Having his own dog bed, good food, and treats makes Chase very happy. Chase plays well with other dogs in day care and at the dog park. However, he would prefer to be the only dog in his home so he gets all of the attention. Chase wants to love and be loved by someone. Do you think that this happy, upbeat guy could be the dog for you? He will repay you with cuddles, kisses, and tail wags for life.



Dottie **Breed: Female Dalmatian mix** Approximate Weight: 40 lbs Approximate Age: 7 years old Dottie is every bit as sweet as her nhotos. Those dotted ears are just adorable. She was a stray who wound up in a rural VA shelter.

Luckily, she was seen there by a

rescuer who took her out of the shelter and got her the attention she needed. Her next step is to find a brand new life with a loving adoptive person or family. This pretty girl is a socialite who adores people and other dogs. Dottie loves to sit with her head in a lap so she can get her ears rubbed. She is very energetic and likes to play hard. At meal times, Dottie will sprint into the house to eat. Her ideal home would be with an active person or family and a dog pal(s) who will give her the vigorous exercise and/or playtime she needs every day Dottie has so much love to give. She will brighten your days, warm your nights, and love vou endlessly.

is a happy, energetic boy who likes people. Since he has been living outdoors, he will need work on his basic manners and leash walking. Jimmy is at a good age to continue his training and bond with a new person or family. His new home must be an indoor home. He needs an active person or family who can ensure that he gets the additional training and daily exercise he needs. It would also be great if his new home has a large yard where he can play off-leash. This sweet guy needs to find a special person or family to give him the new life he deserves. Can you please give this lovable lug the home he needs? He will repay you by snuggling in your lap, kissing away your tears, and loving you wholeheartedly!



Squirrel **Breed: Female Terrier/** Chihuahua mix Approximate Weight: 10 lbs Approximate Age: 1 year old This super sweet little dog is Squirrel. Her owners turned her in to a rural SC high-kill shelter after she had one stillborn puppy and her labor was not progress ing. She was rushed in for an

emergency C-Section. Sadly, all of her puppies died. We could not leave a darling girl with such a sad story in a shelter. She is friendly and likes people. Squirrel is a great little girl who needs a new home where she can spend her time with a loving person or family. Because of her small size, Squirrel probably should not be placed in a home with children under the age of 10. Since she comes from a rural area, she might need a refresher course in house manners and leash walking. Will she find a forever home with you? She will repay you with happy smiles, warm snuggles, and undying love.



Tinsel **Breed Female Terrier Mix** Approximate Weight: 10 lbs Approximate Age: 2 years old Tinsel and other animals were seized by Animal Control from a hoarder/breeder. She had 27 dogs and cats living in her home. Most of the animals were undernourished and all of them suffered from neglect. The

dogs then spent a year living at an outdoor shelter. They were housed in a trailer where they sweltered during the summer and froze in the winter. Due to her lack of socialization and having had no exposure to children, Tinsel would do best in an adult-only home. Tinsel will need a little extra love and attention to get used to living indoors and dealing with people on a daily basis. She needs to learn her potty manners, leash walking, and basic obedience. Tinsel will love learning that she will get tasty meals every day and have a warm bed to sleep in every night. She loves to play and, given time, might become an accomplished cuddlebug.



Beanie **Breed: Male Rat Terrier Mix** Approximate Age: 2 years old Beanie is an adorable and feisty little guy. His smile is so sweet and winning. This cutie has more energy than a Mexican jumping bean and loves to play. Beanie gets along with other dogs. He has had some obedience training but could use some more to

reinforce what he has learned. He is young and smart, so he should learn his lessons quickly. Since he is a very adept escape artist, Beanie must go to a home where he is not left unsupervised in a fenced yard or tied/chained up. His ideal home is with someone who will provide him with daily vigorous exercise and/or plavtime. Won't you make his dream of becoming the best friend of someone special come true? Beanie will repay you with cuddles, kisses, and lots of love!



Billy Breed: Male Chihuahua/ Dachshund

Approximate Weight: 12 lbs Approximate Age: 2 years old Billy is a nice little fellow who likes to be around people. Since Billy loves to play follow the leader, he follows his people wherever they go. He likes to play with both big and little dogs.

While he likes to be petted, he prefers that you pet him under his chin and not on his head. Because of his small size, he could live anywhere. He needs to find a new person or family to call his own. Can you provide Billy with the loving home that he needs? He will bring joy and laughter to those he loves



Bowser Breed: Male American Staffordshire Terrier mix Approximate Weight: 65 lbs Approximate Age: 2 years old **DONATIONS NEEDED:** Bowser required surgery to remove a large othematoma from his ear. Please sponsor him by making a tax-deductible donation to help pay for Bowser's surgery and

other medical care at http://www.razoo.com/story/Bowser-Needs-Your-Help.

Bowser is a handsome, friendly guy. Unfortunately, his owner didn't take care of him. Poor Bowser was forced to live outside on a chain and had never been to a vet. When Bowser developed a really really bad ear infection, some neighbors saw how much pain he was in. Luckily, they were finally able to intervene to save him. He required surgery to remove a large othematoma from his ear. Despite the 'cone of shame,' Bowser is now loving life. Bowser has settled in nicely with his foster family. He loves people and other dogs. Bowser must have an indoor home with a warm bed and regular meals. He would do fine as a single dog or with a doggy friend/playmate in his new home. Bowser will be a wonderful companion for some lucky dog lover. Are you the kind person or family Bowser needs to adopt him so he can start a new life? He will repay you with wiggles, hugs, and sloppy doggy kisses!





Sweet Caroline is super sweet, but super shy. She is a pretty girl with the cutest freckles on her nose and legs. Rescued from a hoarding situation with limited interaction with people, Caroline

has come a long way in a short time. Now, she needs to find an adopter who is patient and understanding to help her learn to trust people. Since she previously lived outdoors in a rural area, Caroline is still getting used to urban life. She is working on her house manners and leash walking. The crate is her safe place where she willingly stays most of the time. But Caroline



Jimmy Breed: Male Lab mix Approximate Age: 2 years old Jimmy had been living on a chain in rural VA since he was 8 months old. Unfortunately, his family did not give him the time and attention he needs. So they decided to surrender Jimmy to a rescue so he can find a new home. He

Dogs Deserve Better is in need of foster homes with extra love and patience to help shy dogs learn how to be brave and happy dogs. There is nothing like the delight you will feel when your foster dog feels safe and begins to enjoy life!

If you are interested in making your home available and are willing to help a dog in need, contact info@doqsdeservebetter.org.

Breed: Female Yorkie mix Approximate Weight: 10 lbs Approximate Age: 2 years old Twinkle and other animals were seized by Animal Control from a hoarder/breeder. She had 27 dogs and cats living in her home. Most of the animals were undernourished and all of them suffered from neglect. The dogs then

spent a year living at an outdoor shelter. They were housed in a trailer where they sweltered during the summer and froze in the winter. Due to her lack of socialization and having had no exposure to children, Twinkle would do best in an adult-only home. She will need a little extra love and attention to get used to living indoors and dealing with people on a daily basis. Since she came from a rural shelter, she will need to learn house manners, leash walking, and basic obedience. Twinkle will also need time to get used to the noise and bustle of urban life. She loves to play and, given time, Twinkle might become the snuggly lapdog that you have been seeking.

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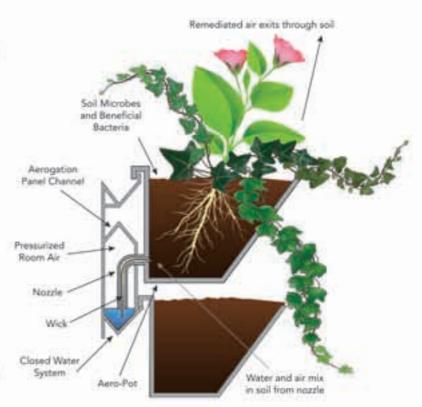
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