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T.C. WILLIAMS FOOTBALL STADIUM MAY SOON HAVE LIGHTS

On October 2 Alexandria City School Board voted 8-1 in favor of moving ahead with the process of installing lighting on the Parker-Gray Memorial Stadium field at T. C. Williams High School. The next step is to see the project go through the City of Alexandria's planning process.

SEE PAGE 6

HAWKINS, FITZGERALD, WHITE, WALSH AND YAZIJI ARE RECOGNIZED FOR SERVICE

Volunteer Alexandria has announced the winners of its annual awards, recognizing individuals in the community for their dedication and service to the city of Alexandria.

SEE PAGE 6

MUMS THE WORD

Where'd it go? Summer is fast becoming a fond memory and the scent of fall is creeping in. It is time to bid adieu to petunias and geraniums, replacing them with cool season mums...the perfect companions to pumpkins. One of the most popular for the late season color, mums are commonly referred to as "hardy" or "garden" mums. Their proper botanical name is Dendranthema. Say that fast after eating a popsicle.

SEE PAGE 13

PROSTHETICS FOR PETS

Let's face it, pets can be a real part of the family and if an infection or tumor deems a limb inoperable, many pet owners do what it takes to fix it. Derrick Campana saw this need and launched Animal Ortho Care, a unique business that makes 'mobility devices for pets,' as his website stated. Or in layman's terms, braces and prosthetic legs and arms for pets who lost them in one way or another.

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Chez Andree owner Steve Lecureux and Jessica Fudge seated with Mark Barrett and Chef Ahmed standing.



Bon appétit!

CELEBRATING
50 YEARS OF
TRADITION AND
D'AMOUR

4



Christine Garner

*“It’s not just my business,
it’s my neighborhood”*

OLD TOWN



Coming Soon

One of Old Town's more distinctive residences located in the Heart of Old Town with a carriage house & elevator. This detached 4 bedroom, 3 bath brick Victorian sits back from the street behind an ornamental iron fence surrounded by walled gardens. Notable architectural features include a turret, unique stained glass panels over the front windows, curved staircase with hand carved balusters, 10' ceilings with generous mouldings and gorgeous hardwood floors throughout. A vestibule entry opens to the foyer and welcomes you to the living room with adjoining study and library with a 2 sided fireplace that can be enjoyed in the living room as well. Formal dining room and sunroom with glass doors that open to the gardens. Back stairs take you to the 4th bedroom in the carriage house with full bath. Three upper level bedroom including the Master suite with en suite bath and dressing room. Spiral stairs take you to the finished upper level with turret room!

OLD TOWN



\$2,200,000

Historical 4 bedroom, 3.5 bath plaqued semi-detached townhome on "Captain's Row" a block off King St. and the riverfront. Extensive restoration with nearly 3,000 sq. ft. of living space featuring spacious light filled rooms with 10' ceilings, beautiful mouldings, woodworking, original random width wood floors and 2 fireplaces. Main level bedroom with full bath plus half bath for guests. Upper level with 3 bedrooms and 2 full baths including the Owner's suite with en suite bath and walk-in closet. Unfinished lower level with heat and high ceiling. Back porch, rooftop deck and fenced yard with patio pergola and Koi pond.

OLD TOWN

\$2,100,000

Unique opportunity to own a detached home on one of Old Town's more prestigious blocks with a DOUBLE LOT! Circa 1898 this 5 bedroom, 4 bath brick Federal style home 1 block off King St. has approx. 5,200 sq. ft. of living space on a 4,500 sq. ft. lot. Spacious rooms, high ceilings, original wood floors, 3 fireplaces, side porch and sunroom. Two staircases to access upper level with 5 bedrooms and 3 baths including the Master suite with en suite bath, fireplace and side porch. Spacious fenced yard with brick patio and off street parking.



QUAKER RIDGE

\$1,195,000

Elegant 4 bedroom, 3.5 bath brick colonial with an attached 2 car garage was designed for graceful entertaining and comfortable living. Two story center hall entry, formal dining room and living room with French doors to the study. Fabulous great room boasts a gourmet kitchen with granite center island and adjacent Butler's Pantry with wet bar, casual dining area and family room with gas fireplace. Upper level with 4 bedrooms and 2 baths including the Master suite with luxury bath and 2 walk-in closets. Unfinished lower level with 1,600 sq. ft. has 9'+ ceilings, rough-in bath and walk out stairs, ideal for future expansion. Professionally landscaped fenced yard with stone retaining walls, large patio and brick walk-ways.



DEL RAY



\$1,099,000

Spacious 5 bedroom, 3 bath home with approx. 3,500 sq. ft. of living space on 3 levels. Versatile floor plan, handsome wainscoting, crown mouldings and hardwood floors on 2 levels. Gracious foyer has French doors to the dining room with fireplace and living room. Spacious eat-in kitchen with breakfast bar and window seat with access to the yard. Upper level with 4 bedrooms and 2 full baths including the Master with large walk-in closet. Main level bedroom with full bath is ideal for guests. Lower level recreation room, ample storage and closet space. Professionally landscaped yard with stone patio and 2 CAR GARAGE! Blocks from METRO, shops and restaurant.

DEL RAY/COBBLESTONE



\$1,049,000

Stately 4 bedroom, 3.5 bath colonial located in a small enclave of elegant homes. Two story foyer entry, living room with palladium windows and formal dining room. Desirable open concept kitchen with granite island and breakfast bar, casual dining area and family room with fireplace. French doors open to the private back yard with patio, lawn and gardens. Upper level with 4 large bedrooms, and 2 full baths including the Master suite with vaulted ceilings and new luxury bath. Lower level with tall ceilings and access to the yard features a recreation room with fireplace, large bar area, full bath and bonus room, perfect for guests. Convenient to shopping & restaurants on "The Avenue".

OLD TOWN/ RIVERTON

\$255,000

Charming 1 bedroom, 1 bath condo with off street parking in North Old Town just 2 lights from D.C.! Located on the 2nd floor with a secure entry this updated condo has a desirable open floor plan. Living/dining combination opens to kitchen with 42" Maple cabinets, SS appliances and sleek black granite counters and breakfast bar. Nice size bedroom, updated bath, washer/dryer and 1 year warranty. Riverton amenities include outdoor pool and fitness center. Blocks to the riverfront, bike path, shops and restaurants.



POTOMAC GREENS

\$949,000

Spectacular 3 bedroom, 3.55 bath townhouse with attached 2 car garage with over 3,400 sq. ft. of luxury living. Desirable open floor plan featuring 9' ceilings, crown moulding and wainscoting, 2 sided fireplace and gleaming hardwood floors on main and lower levels. Chef's kitchen with granite center island and breakfast area. Upper level with 3 bedrooms and 2 full baths including the Master suite with 2 walk-in closets and luxury en suite bath. The 4th level has a spacious family room with full bath and access to a roof top deck! Entry level with foyer, recreation room and study. Convenient to parks and playground, shops and restaurants. 2 lights to D.C.!



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Hello Alexandria and Arlington!

Circumstances have opened the opportunities to again start publishing the community's most beloved source of good news only, a product unmatched in circulation within the most desirable demographics inside the beltway. As the new owner of the Zebra Press, I am excited to start sharing good news of our community. I hope that you will feel free to send us your story ideas and keep us informed of how we are doing.

Our mission is to give you a forum to showcase your kids, your businesses and your heritage.

Our greatest thanks go out to the advertisers and readers who have supported us through this transition. We promise to make you proud by providing a quality Zebra Press.

Sincerely,
Linda Hill

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| | |
|---|---|
| Publisher/Editor-in-Chief Mary Wadland mary@thezebrapress.com | Ray Greenstreet Michael Hadeed Robert Murray Mike Salmon |
| Contributing Writers Harry Covert Debby Critchley Donna Drejza Marcus Fisk | Photographers Greg Knott Harry Merritt |

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Contact

The Zebra
2331 Mill Road, Suite 100
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editor@thezebrapress.com

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ZEBRA SPOTTED IN ...

This guy may have gone to the extreme, but it earned him a \$50 gift certificate. If you take the Zebra with you on a trip and take a picture with it someplace interesting, we will publish it and give you a prize.

Send entries to:
editor@thezebrapress.com
along with your name and location
photo was taken.



CATCH OUR MISTAKES

We proofread, but occasionally we make mistakes, so, to make a game of it, we encourage you to find the errors we missed. The entry who finds the most wins a gift certificate from an area retailer or restaurant.

If you have a keen eye and a sharp pencil, send your catches to editor@thezebrapress.com or to Zebra, 2331 Mill Road, Suite 100, Alexandria, VA 22314.



Celebrating Fifty Years of Tradition & Love

The minute I walked into this “Year in Provence” yellow restaurant, I felt love. Since Alexandria’s Chez Andrée opened in 1964, many a marriage was sparked in this romantic slice of France. Indeed, the lovely namesake Andree met Stanley Lecureux who would become her husband. Their son Steve met his wife when she worked there. He now carries the torch for the restaurant as Chez Andree celebrates its 50th year.

Before I tell the story, imagine yourself on an early autumn afternoon having Oysters Rockefeller and a glass of Pouilly Fuisse on the sun-splashed terrace.

The senior Lecureuxs were urban pioneers before the phrase had even been coined. The place was full of beer-drinking railroad-workers when it opened. It is hard to imagine going from that dreary spectacle, to this little French find. I think it had everything to do with the mystical beauty of this woman — the Cleopatra of the neighborhood. Men were drawn to her — to the point of shoot outs — one right through the heavy old metal cash register, which Mr. Lecureux said saved his life.

Andree, had worked in restaurants in Paris where she had to cook for the Germans during the occupation of France. Later she would work in a chocolate factory, which frankly sounds much nicer. In the late 1950’s, she left with her five children from an early marriage and came to the U.S. Here she started the roadside bar at this very location. Each night a handsome man, Stanley Lecureux would come in and order from her. Andree and Stanley eventually married and opened the French restaurant — cooking what were her grandmother’s recipes.

Back then, the neighborhood was not the best —

and I’m putting that nicely. The pair faced robberies, riots, and a flood. In 1972 Hurricane Agnes stormed through the restaurant and the wine cellar, washing away all the labels from their French wines, including their supply of vintage 1969 Château Lafite Rothschild wines. Through out the bumps in the road, the pair worked side by side bonding their deep long love. While Andree lives on, Stanley, sadly has “ Il mourut et alla au paradis.”

I found all this out when I met with Steve Lecureux, the natural son of both Andree and Stanley. One can see the hint of German and English that he inherits from his father’s side, with his dark hair, blue eyes and ready dimples. Steve and his wife, who originates from Honduras, have a total of five children, some of whom work at Chez Andree on school breaks. The third generation is taking over this family establishment, with Steve’s niece, Jessica Fudge, as manger.

It’s easy to find at 10 E. Glebe with the Dijon colored exterior. I walked past an outdoor terrace with wrought iron tables and flowers. Once inside I felt the lively “Cheers” friendly bar. The main dining room is adorned with old French with paintings by Renoir and Cezanne, and little tables with lace table cloths. It is not a trendy Euro décor, instead it’s a step back in

CONTINUED NEXT PAGE

STORY BY DONNA DREJZA, PHOTOS BY GREG KNOTT



CHEZ ANDREE: HERE’S TO ANOTHER FIFTY:

There is a trend of cool people vowing to keep independent places alive, otherwise the world will devolve into a sea of soulless Olive Gardens. The legacy of Chez Andree is one romantic ember we need to keep burning. Go there with someone you love—or go there and find love.

FOOD:

I’ve saved the best for last —the food. For dinner, how about starting with Oysters Rockefeller? The gooey cheese and hint of Pernod make it special; or try the Mussels Provençale with Prince Edward mussels baked with garlic broth. This savory broth was so good, I went through three pieces of bread.

The dinner entrees include: Chicken livers with mushrooms, shallots and red wine sauce for \$15.95; Veal Sheri with mushrooms, cream and sherry for \$21.95. Seafood crepes with crab, shrimp and scallops in a Chardonnay cream sauce. Duck a l’orange; Filet mignon aux Béarnaise wrapped in bacon; Steak A u Poive, Rack of Lamb, are a few more. The Sweetbreads with Marsala and mushrooms were by far the best I’ve ever had.

Lunches are also quite reasonable with a Caesar salad only \$5.75; A half pound burger for \$7.50; other examples are the Salmon salad \$13.95 or Grilled Salmon Hollandaise \$13.95.

SPECIALS:

They offer a few specials as added enticement, but please check times and days of week when making reservations; I don’t want people mad at me because they were too late for early bird.

Chez Andree offers a two-course Dinner for two and a bottle of wine \$39.95. There are too many options to list here, but I think I’d have French onion soup and the Roast pork; or the Caesar salad and the poached salmon.

Brunch features entrees such as eggs Benedict for \$9.95 and Chesapeake eggs Benedict with lump crab meat for \$12.95. Mimosa or bloody Mary are only \$3.50. See, it’s like going back in time.

An Early Bird special, which includes: appetizer, entrée and dessert is offered for \$26.95 per person. (A wonderful choice would be the Escargot du Bourgogne, followed by the Trout Almandine, and finally Mousse au Chocolat.)

SERVICE:

The professional waiter and manager Mark, has been here for over 20 years. He says if it weren’t for the excellent food, he never would have stayed on that long. That and the Lecureux family, whom he clearly adores. He adds that Steve keeps the staff and clients happy.

WINES:

Here is the secret to this little French treasure: the wine prices are well below market. (Hurry and go before Steve reads this!)

Okay I’ll start with Veuve Clicquot for only \$89. The rest of the DC metro area charges \$120 to \$170.

Yes, they have American wines, like the Raymond Chardonnay for \$34 per bottle, but you can get that anywhere. This is an opportunity to go to France, if only in your head. A full bottle of Chateau Fleur de Rigaud, Superior Cuvee Prestige, Bordeaux is only \$22. They could charge that just for having to have type that many words in the menu.

The most expensive French red is a Chateau Lanlande, St. Julian, Bordeaux for \$71. Who are these people? Have they been over the Memorial Bridge? Okay now for the French whites: A Macon Lugny “Les Charmes,” Burgandy is \$25 for an entire bottle. The top is a 2007 Merusault , La Boure Roi, “Les Chevaliers” Burgandy for \$75.

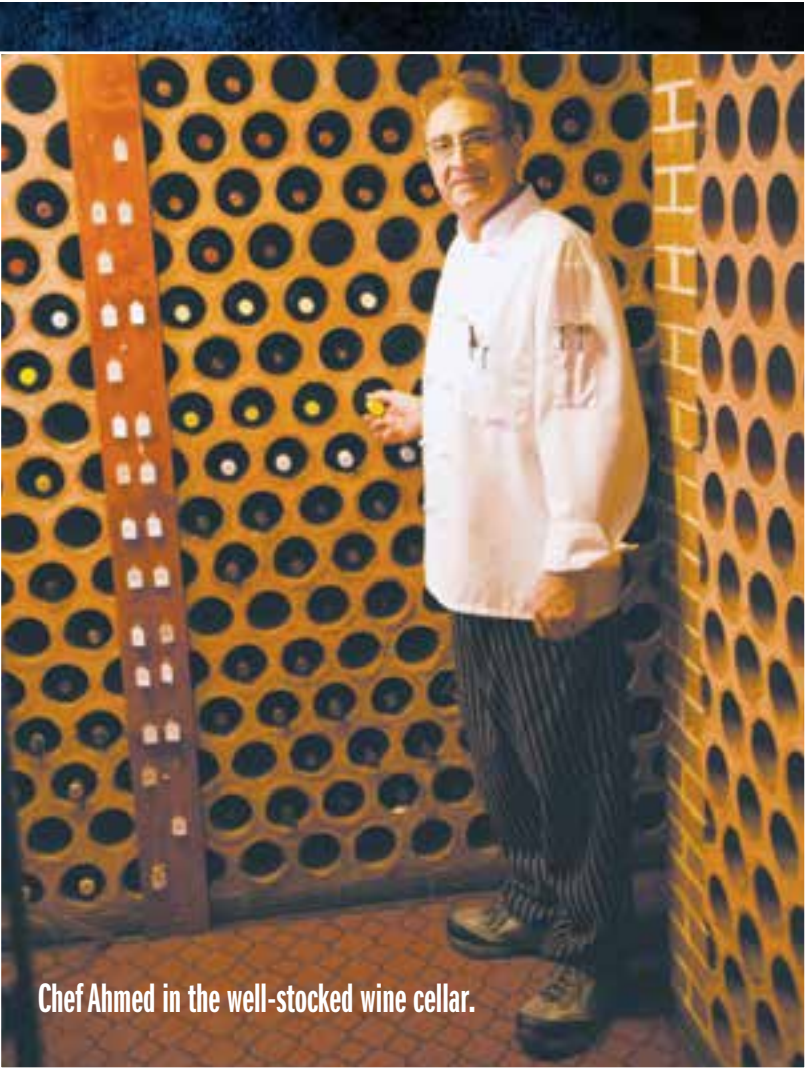
Glasses start of wine start at \$7.25 (Yes there is a less expensive wine, but I suggest they keep it a secret and in the basement, like a crazy aunt.) The top wine by the glass is \$8.95 for a Region 1 Reserve Malbec. If you know nothing about wines, at least know there is rarely a bad Malbec and the Wine Spectator gives this one 87 points.

DESSERTS:

Most of the desserts are made in house. Save room for butterscotch bread pudding or the Profiteroles. Don’t miss the home-made creme brûlée — it was warmer, creamer and crunchier than any other place.



Regular customers Tim and John take advantage of the fine weather on the patio.



Chef Ahmed in the well-stocked wine cellar.

FROM PAGE 4

time— and that’s a good thing.

You can practically hear Edith Piaf singing in the bar. They do play her from time to time, but there is a limit to the number of times the friendly staff can hear “La Vie En Rose”, without becoming “completement fous.”

The experience reminded me of the winter I drove from Heidelberg to Paris with my sister. It was our first time in Europe, 1994, and well before cell phone and the Euro. We had a little guide to French inns, and just pulled up and asked for a room. The magical part was the fine little French Mom & Pop restaurants connected to the inns. We had mussels, and pate and little glasses of French wine for a song. To me, Chez Andree is like going back to that time. My trip to Paris was twenty years ago, but oddly the prices at Chez Andree are about the same. A glass of wine is \$7.25 and so is the duck pate. It is hard to believe it is 2014.

Some snowy night, leave the kids with the baby sitter and visit Chez Andree. Have the Coquie a vien and a glass of wine from the Pomerol region. You’ll probably pay the babysitter more than than for the wine. With Washington DC restaurants entering the stratosphere of New York and London prices, I was amazed at being able to order an entire bottle of French wine for \$22. This is what people are paying for a glass of wine in Downtown DC.

Get an Uber car and tell them to drive you to France; no rush, just get there by 1964. Chez Andree: It’s the chance you missed to go to France with the one you love.

— Donna Drejza is the author of *Palm Beach Busybodies*, and *Soul Mates and the 102*.



CHEZ ANDREE

10 E Glebe Rd, Alexandria, VA 22305
(703) 836-1404
Now Open for Sunday Brunch

Hours:
Lunch: Tues - Fri: 11:30 – 2:30 pm, Lunch / Brunch: Sun: 11 am - 3 pm
Dinner: Mon - Thurs: 5 – 9 pm, Fri & Sat: 5 – 9 pm • Sun: 4 – 8 pm

LET THERE BE LIGHT(S)

T.C. WILLIAMS FOOTBALL STADIUM MAY SOON HAVE LIGHTS

On October 2 Alexandria City School Board voted 8-1 in favor of moving ahead with the process of installing lighting on the Parker-Gray Memorial Stadium field at T. C. Williams High School.

The next step is to see the project go through the City of Alexandria's planning process. "While there are many steps to realizing lights at Parker-Gray Stadium, this first step is important in order to allow ACPS to plan field and property improvements on the T. C. Williams site. My colleagues carefully considered the facts around this effort, and we will now proceed through the city's public planning process," said School Board Chair Karen Graf.

In making this decision, the School Board took into consideration the fact

that as Alexandria's population continues to grow, more recreation space is needed to maintain quality modern facilities for students. Lighted fields extend the use of the City's limited open and recreational space. There is no room for new parks and fields and, as such, the City and School Board are aware that they need to maximize investments for the residents as a whole. Given such restrictions, they had difficulty justifying open space that cannot be appropriately utilized because of a lack of lighting.

Additionally, in the period since the original T. C. Williams High School was built in the 1960s, light and sound technology has advanced to the point where spillover can be controlled and managed to limit disruption for neighbors.

T. C. Williams is the only high school in Northern Virginia without lighting at its football stadium. Although some believe an



agreement was made in the 1960s – when the original high school was built – to not install lighting on the football stadium, documentation of such an agreement has not been found. In 2004, when building began for the new T. C. Williams High School facility, a condition was added to the DSUP citing that permanent lighting

would not be allowed on athletic facilities on the property.

School Board Vice Chair Christopher Lewis said, "Our Board has been very pragmatic about this decision, providing extra time for community feedback and working hard to ensure that T. C. Williams is working to be the best neighbor it can be."

ALEXANDRIA DECLARED FAIR TRADE TOWN

October happens to be Fair Trade Month and just in time, the Alexandria City Council passed Resolution # 2639, which declares Alexandria, Virginia to be a Fair Trade Town.

The resolution reads, in part, "Whereas the City of Alexandria has the opportunity to present a model of social responsibility for other towns and cities to follow throughout the Commonwealth of Virginia and these United States ... encourages City Council to designate the city of Alexandria as a Fair Trade Town."

The Council also adopted language governing its own actions: "Be it resolved ... to establish a policy to consider purchasing local and Fair Trade products when procuring goods for the City in so far as such goods are readily available and comparably priced..."

"The designation is a wonderful validation of a two-year effort by the fair trade town working group, Fair Trade Alexandria, a truly dedicated and hardworking group of citizens and business leaders," said Kate McMahon, Executive Director of Ten Thousand Villages National Capital Area. "Special thanks must go to co-founder of Fair Trade Alexandria, Ariel Bramble, who always kept us focused and on task," she said.

"The Alexandria Convention and Visitors' Center has already contacted us for advice on carrying fair trade items," she said. "This designation and its enthusiastic adoption by City leaders demonstrate how far fair trade has come in just a short time," she continued. "Only a few years ago the term was hardly known outside a small circle. Now, fair trade is as important to conscientious shoppers as 'organic' or 'sustainable.' Alexandrians can be proud that their global social responsibility has made this designation possible."

The designation is a wonderful validation of a two-year effort by the fair trade town working group, Fair Trade Alexandria.



IN VIRGINIA, SEE SOMETHING, SEND SOMETHING

The Virginia State Police (VSP) have launched See Something, Send Something, a free app for iPhone and Android, which enables users to report suspicious or criminal activity by photo or note to the Virginia State Police.

"The fundamentals of investigating and solving a crime haven't changed," said Major Rick A. Jenkins, deputy director of the VSP Bureau of Criminal Investigation. "But keeping the public engaged with us through the crime-solving, tip-sharing process has evolved, and now so have we. This app is simply the 21st century version of the traditional telephone crime tip line or hotline."

The application includes information on what to look for and when to report suspicious activity. "The app does not replace 911 and should not be used for someone needing immediate police action or to report an emergency," Jenkins said.



ALEXANDRIA RENEW CLEANS WATER AND STRENGTHENS LOCAL ECONOMY

Alexandria Renew Enterprises held its annual open house on Saturday, September 20th at its campus located at 1500 Eisenhower Avenue. With the theme, “Water Works for Alexandria,” visitors enjoyed tours of the facility, giveaways, educational exhibits and demonstrations that helped explain how their monthly investment turns dirty water into clean, sparkling, odorless renewable water and how families and individuals can help improve the health of their local waterways like Hunting Creek and our state gem, the Chesapeake Bay Watershed. Alexandria Renew is the former Alexandria Sanitation Authority.

“We really look forward to this annual event,” said Alexandria Renew Enterprises CEO Karen L. Pallansch following the open house. “We love to showcase our state of the art, award-winning water resource recovery operation and some of the investments we are making that better the water returning to Hunting Creek while making our operations even more sustainable. It also gives our customers a first-hand look at

““ WE CONTINUALLY INVEST OUR CUSTOMERS’ DOLLARS INTO OUR LOCAL CLEAN WATER ENVIRONMENT ...

their monthly investments in clean water,” she said.

The AlexRenew CEO also described the takeaway for visitors. “We hope that the open house will provide our neighbors and visitors a better understanding about Alexandria Renew’s holistic approach to protecting our communities’ local waterways, as well as the Bay and spurring job creation and economic growth. We continually invest our customers’ dollars into our local clean water environment so that our community stays thriving, healthy and vibrant,” the Alex Renew CEO said.

Visitors also got a demonstration from the City on how to make a rain barrel.

LandDesign and Master Gardeners of Northern Virginia showed how to design and construct a rain garden that can help prevent potentially dangerous stormwater runoff.

There were also a number of other activities housed in three tents on the 33-acre campus. Alexandria Renew hosted one where visitors could get customer service help and information on bill charges as well as how to do business with the water utility. Virginia Department of Labor and Industry and Urban Alliance provided valuable information about green jobs and internships for high school students.

Friends of Dyke Marsh gave their first-hand knowledge of the amazing freshwater tidal marsh just south of the City and how to take advantage of the Friends’ educational activities. The Alexandria Seaport Foundation provided information on its important mission to help disadvantaged youth and hands-on activities for kids, while Clark-US had a display of the massive upgrade underway at Alexandria Renew and tours of the construction site.



AlexRenew CEO Karen Pallansch

““ QUOTABLES

“You know you’ve got a problem when you’re buying wine glasses in the vase department of Bloomingdale’s.”

– Elaine Stritch



A Different Kind of Family Portrait



“Crabs at Dogfish” size 4’ x 5’ acrylic on canvas



Tobey Frederick wanted to surprise Joe with a special 15th anniversary gift. She had been following Dave Cochran’s ads and admired how he interpreted the likeness and personality of his clients, so she finally contacted him.

She learned that he worked from photos (NO sittings!) and that she could be involved in determining the background. Dave came to her home to help determine the best size for the painting and to look through photos of her family members. Tobey wanted to depict all seven dogs that she and Joe had since they were married (past and present). In the foreground, Dave painted the family’s beloved bulldog, Chopper, who is constant entertainment and fun loving, just like her blended family.

The background that Tobey chose was the beautiful home they built on Plaindealing Creek in Easton, MD. It reflects many of the activities that the family loves, such as eating crabs, messing with dogs and boating.

This 4ft x 5ft painting was ready and unveiled on their anniversary. Joe was completely taken by surprise and rendered speechless by this thoughtful and very personal gift.

Tobey now worries what she possibly can do for their next anniversary.

Giclée prints of this painting were given to various family members.

Email: cochranstudios@aol.com Studio: 703.684.7855
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The Perfect Anniversary Gift

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Pictured is Dr. Hopkins along with a group of teachers including Edith Allen, Connie Chissel and others who continued the nursery by volunteering their time and homes over 75 years ago.

Courtesy photo, Hopkins House

REVOLUTIONARY NURSERY SCHOOL CELEBRATES 75 YEARS

In the late summer of 1939, with war raging in Europe and President Franklin D. Roosevelt slashing the federal budget, nine teachers and community leaders gathered to discuss the loss of federal funding of a nursery in Alexandria. The loss of this nursery was important to families because it meant not only that some parents would have nowhere to leave their children while they worked but also that these children would not have the early preparation so important for achievement in kindergarten. The group decided to use their own resources to keep the nursery going. And, on August 9, they voted to establish Hopkins House, named in memory of the much loved Alexandria physician, J. Milton Hopkins.

Connie Chissell, an experienced social worker and educator, was hired as the organization's first director. She expanded the nursery by adding sewing, cooking, and shop classes for older children. She and other members of the founding group persuaded the Alexandria City Council to allocate an initial \$95.67 to the organization, followed soon after by a second grant of \$500. The Alexandria Community Chest (precursor to today's United Way) awarded the organization its first "major" grant of \$1,335.

A year later, the organization formally incorporated as a settlement house. In the decades that followed, its programs expanded further to include services for veterans returning from World War II, college scholarships for high school graduates, after-school tutoring and mentoring, community banking, employment services, assistance to the elderly, AIDS/HIV prevention outreach, and social policy advocacy.

In 1999, the organization downsized and refocused its programs on education services for children, youths, and families.

That same year, the organization's trustees launched a capital campaign to raise \$1 million to expand its facilities.

In 2007, having exceeded its \$1 million capital campaign goal by more than \$2 million, Hopkins House added a campus in Fairfax County and in 2009, on the occasion of its 70th anniversary, with a \$250,000 federal grant secured by Congressman James P. Moran, launched the Early Childhood Learning Institute, a new program in collaboration with Northern Virginia Community College that helps teens and young adults earn a college degree and career in early childhood education.

This year, on the occasion of its 75th anniversary, Hopkins House expanded again with the addition of a third campus, located in the Town of Herndon. It serves 420 children, youths, and adults on three campuses in Northern Virginia, and maintains a growing list of applicants seeks to enroll in its programs.

Reflecting the excellence of its programs and staff, its preschool academies are nationally accredited and Virginia star rated, its Early Childhood Learning Institute has been studied by nationally renowned Brookings Institution and featured by the Clinton Global Initiative, it has partnered with Rand Corporation, a prestigious national think-tank, to study and develop new program innovations, and it has attracted some of the most prominent and influential individuals in the region to serve on its Board.

To mark this special occasion, Hopkins House will host a two-day anniversary celebration beginning on Friday, October 31 with community fun days on each of its three campuses, and a Venetian masquerade ball on Saturday, November 1, to raise funds for preschool scholarships.


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QUOTABLES

"The trouble with the rat race is that even if you win, you're still a rat."

– Lily Tomlin

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VOLUNTEER ALEXANDRIA ANNOUNCES ANNUAL AWARD WINNERS

VAL HAWKINS, MARYA FITZGERALD, DONALD WHITE, JIM WALSH AND YAHYA YAZIJI ARE RECOGNIZED FOR THEIR SERVICE

Volunteer Alexandria has announced the winners of its annual awards, recognizing individuals in the community for their dedication and service to the city of Alexandria. Val Hawkins was selected for the Marian Van Landingham Lifetime Achievement Award. Three individuals received the Grass Roots Volunteer Service Award: Marya Fitzgerald, Donald White and Jim Walsh. The Youth Volunteer Service Award went to Yahya Yaziji.

“Val, Marya, Donald, Jim and Yahya are being recognized for their outstanding volunteer service and leadership within the Alexandria community. They have gone above and beyond the call of duty. These awards are being given in appreciation of their hard work and dedication to organizations within Alexandria,” said Marion Brunken, Executive Director of Volunteer Alexandria.

Val Hawkins, the recipient of the Marian VanLandingham Lifetime Achievement Award, has dedicated much of his life to helping improve the lives of Alexandria residents. He has been a member of the community for more than 30 years and championed many different causes. Val currently serves on the board for three different organizations: Carpenter’s Shelter, ACT For Alexandria, and the Art League

of Alexandria. He previously served on the Board of Advisors at the Woodlawn & Frank Lloyd Wright’s Pope Leighey House and co-chaired Volunteer Alexandria’s Annual Business Philanthropy Summit.

Marya Fitzgerald was awarded the Grass Roots Volunteer Service Award for her extensive work with Alexandria Archaeology and the Alexandria



Don White



Marya Fitzgerald



Val Hawkins

Archaeology Adventure Lessons program, where she helped school-aged children learn about archaeology with hands-on activities. In addition to teaching lessons, Marya serves as museum docent, newsletter editor and board member of Friends of Alexandria Archaeology. She has logged more than 3,800 hours of community service, averaging around 350 hours every year. Marya has also volunteered for the Folger Shakespeare Library and

Smithsonian.

Donald White also received the Grass Roots Volunteer Service Award for his work with the Alexandria Volunteer Fire Department, of which he has been a member since 1974. Donald has volunteered for many other organizations as well, including the American Red Cross’ Alexandria Chapter, Alexandria Community

Emergency Response Team (CERT), Alexandria Citizen Corps Council (CCC), Alexandria Sheriff’s Office, Alexandria Community Action Team (ACAT) and the Alexandria Medical Reserve Corps. He has proven his dedication to the community in a variety of roles, particularly with his emergency response work.

The final recipient of the Grass Roots Volunteer Service Award was Jim Walsh. After retiring from Raytheon, Jim decided

to offer his skills to SCAN, a non-profit in Alexandria with a mission for every child to grow up in a safe, stable and nurturing home. Since 2005, Jim has dedicated more than 200 hours of information technology services to the organization each year. He regularly runs security checks on SCAN’s computers, updates software, and sets up and manages email accounts. His ability to identify problems early on and make recommendations, as well as his ability to replace individual parts rather than replace complete systems has kept SCAN’s IT budget low, while ensuring staff members have access to functioning equipment to do their work.

Yahya Yaziji received the Youth Volunteer Service Award in honor of his outstanding work with groups like the Alexandria Campaign on Adolescent Pregnancy (ACAP) and the Substance Abuse Prevention Coalition of Alexandria (SAPCA). Yahya played an important role in ACAP’s KeepIt360 program, which brought together teens, parents and members of the Alexandria community to discuss adolescent pregnancy issues. He also spoke at SAPCA’s Kick Butts Day Kick-

Off, which educated young people on the dangers of smoking. Yahya stands out among his peers as a young leader who invested his time, talents and energy to make a positive impact on the community.

About Volunteer Alexandria

Volunteer Alexandria, a nonprofit organization, strives to build a better community by inspiring and mobilizing people to volunteer.

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RICH HONORED AS BUSINESS LEADER OF THE YEAR

Lonnie C. Rich, Partner at Rich Rosenthal Brincefield Manitta Dzubin & Kroeger , LLP will be honored on October 22nd as the 2014 Alexandria Chamber of Commerce Business Leader of the Year during the Chamber’s annual Business Awards Reception. This year’s event, commencing at 6PM at theGeorge Washington Masonic National Memorial, will also honor Alexandria businesses in the following categories: Large Business, Medium Business, Small Business, Association/Non-Profit and overall Business of the Year. 2012 Business Leader Honoree Chef Cathal Armstrong will once again cater the event.

“The Alexandria Chamber is deeply proud to honor Lonnie Rich and have him join an exceptional list of business leaders as a recipient of our Business Leader of the Year Award,” stated Joe Haggerty, 2014 Chamber Board Chairman.

Mr. Rich began his legal career in 1974 with the Federal government. In 1981, he “hung his shingle” for the solo practice of law in the City of Alexandria. In 1986, he joined a partnership with Ed Rosenthal and others. His current firm started in 2008 with five attorneys and has grown to eleven attorneys.

Over the past 25 years, Mr. Rich’s practice has concentrated on business formations and transactions; wills, trusts & estates; and real estate and land use. Others in the firm handle real estate, commercial litigation, family law and criminal defense.

Mr. Rich has long been a highly respected leader in the civic and community affairs of the City of Alexandria, having served as an elected member of the City Council from 1991 through 2000.

In recent years, he served as a Board member of the Alexandria Chamber of Commerce, including a term as



Business Leader of the Year Lonnie Rich

Board Chair in 2006, and Chairman of The Campagna Center in 2011. From 2006–2010, he served on the Alexandria Mayor’s Economic Sustainability Work Group. He currently serves as an active member of the Chamber’s Government Relations Committee.

Mr. Rich was born in Baton Rouge, Louisiana and graduated from Central High School in Memphis, Tennessee. He received his BA, History (1970) and JD (1974) from the University of Memphis. He served in the United States Marine Corps Reserve from 1970 to 1976.

Mr. Rich commented, “I do very much appreciate this honor of being named “Business Leader of the year. It really is an honor to be recognized by others in the business community for whom I have so much respect. It is an even greater honor to be included in the list of all those in the past who have been named business leader of the year. ”



BRING IT CLEANTECH!

ON OCTOBER 22 AND 23, ENTREPRENEURS, INVESTORS, POLICYMAKERS, FORTUNE 500 MANAGERS, AND ACADEMICS WILL CONVERGE ON ALEXANDRIA FOR THE THIRD ANNUAL CLEANTECH OPEN SOUTHEAST REGIONAL INNOVATION SUMMIT.

The Cleantech Open is a non-profit that runs the world’s largest accelerator program for cleantech startups in the green and clean technology sectors. “Cleantech” refers to technology, products and services that generate commercial benefits to customers while addressing significant environmental concerns. The City of Alexandria is a sponsor of the Summit, which will showcase cleantech innovations and convene key stakeholders. Mayor William D. Euille will serve as keynote speaker for the Summit’s welcome reception, greeting participants

and addressing efforts to implement Alexandria’s Eco-City Charter and sustainability initiatives that are improving the quality of life in Alexandria. The reception, which will be held October 22 at the Crowne Plaza Old Town Alexandria (901 N. Fairfax St.), is sponsored by the Alexandria Emerging Technology Center (AETC). AETC is a business incubator that supports innovators and entrepreneurs focused on solving urban challenges of sustainability, energy and resilience. The reception is open to the public.

The mission of Cleantech Open is to find, foster and fund entrepreneurs with the big ideas that address today’s most pressing environmental and economic challenges. Since its inception in 2006, more than 900 companies in Cleantech Open’s training, mentoring and funding programs have raised more than \$900 million in external capital and created thousands of jobs.

This reproduction of an 1877 map of Alexandria Virginia is available exclusively at Gallery Lafayette.

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IN THE DIRT

BY RAY GREENSTREET

MUMS THE WORD

Where'd it go? Summer is fast becoming a fond memory and the scent of fall is creeping in. It is time to bid adieu to petunias and geraniums, replacing them with cool season mums...the perfect companions to pumpkins.

One of the most popular for the late season color, mums are commonly referred to as "hardy" or "garden" mums. Their proper botanical name is *Dendranthema*. Say that fast after eating a popsicle.

By any name, these lovely mounding plants are available in a wide selection of colors, flower types, shapes and sizes. They are low maintenance, easy to grow in either containers or in the garden. Mums are drought resistant, but that doesn't mean they don't need water. They should never be allowed to wilt... especially newly transplanted plants. Check newly planted mums every other day for watering until you get to know them and their needs, particularly during dry spells. Be sure to thoroughly water-in your new transplants.

Mums thrive in full sun, but they will survive with a half day of sunshine. For the best performance, plant mums in well-



drained soil. Poorly drained soil – like heavy clay – is the kiss of death. Either amend the soil with compost, or stick with containers. In the garden, young plants should be planted 18-24 inches apart so they have room to grow. Mature plants can be planted at any desired spacing providing they are planted no closer than just touching their neighbor. If you are planting mums in containers, make sure there is a drainage hole at the bottom. Use high quality potting soil (not garden soil or compost) and remember that containers require watering more often than plants in

the garden, especially when they are in full sun.

We're often asked in the garden center if and/or how mums can be over-wintered. Our answer is "you can try, sometimes they make it, sometimes they don't." But there are a few tricks that up the chances of winter survival.

Mums need to be planted in the ground before the first hard frost. Water them well, and water as necessary until freezing temperatures persist. After several hard frosts, the plant will look like it has died; it'll be almost black. Cut

it back to about an inch high. Come spring, when you (hopefully) see new green leaves on the plant, remove any old remaining stems and begin a fertilization routine. To encourage branching and compact bushy growth it is important to pinch the plants in the early spring. Once the plant has reached 4- 6 inches, remove 1-2 inches of the new growth on every shoot. Keep up with the pinching routine after every 3-5 inch growth spurt. Come July, stop pinching – and fertilizing – and let them do their thing. If you've been successful, you'll see flower buds start to form in mid to late August. Mums can be divided every two years in early spring.

Mums are great in containers. For immediate gratification, purchase mums that are fully in bloom. To stretch out their growing season, choose plants with a lot of buds that have yet to open. Sunshine and enough water will get them blooming within a week.

Pair mums with sedum, pansies, grasses, trailing ivy, and ornamental kale and cabbage for a traditional fall design. Potted in similar containers in the same color scheme and clustered on a front porch along with a big ol' pumpkin or two is a warm seasonal welcome that will take you right up to Thanksgiving. Happy Fall!

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BROKEN TEETH: ARE THEY WHAT THEY ARE CRACKED UP TO BE?

BY DR. DANIEL BABIEC

“Mrs. Jones, you have a cracked tooth, and we need to make an appointment to fix it.” “But it doesn’t hurt!”

These words are replayed many times on a daily basis. Fractured teeth happen all the time, but they don’t always need to be treated. The key issues is where the fracture occurs.

Fractures occur for many reasons, but the two most common are an inadvertent meeting with a hard object, and plain old wear and tear.

Teeth are put into function, chewed on, millions of times by the time an adult hits their 40’s. Material fatigue would be the most common way to think about why teeth crack. I am willing to bet that we can find a crack in every tooth in a 45 year old male or female, but most do not need to be treated.

Nature has created teeth with a very hard crystalline structure, enamel, on the outside. Dentin, which makes up the bulk of the tooth, has a significant organic component which supports the enamel. It is not as hard as enamel and will bend with pressure. When you bite into something hard, the dentin “gives” and the pressure of the bite is absorbed in the dentin. This prevents you

from cracking off a piece of tooth every time you bite into something. However, sometimes you’ll exceed the pressure that the tooth can absorb, and the enamel will crack. The cracks in most cases do not extend into the underlying dentin, and are often called “craze lines”. These cracks usually do not need to be treated unless you start to see discoloration caused by further fracturing along these craze lines.

In back (posterior) teeth, fractures are most common, and those in the 12 o’clock (between the teeth and closest to the front of the mouth) and 6 o’clock (back end) are the most commonly treated. Fractures seen in the enamel should be treated in most cases. Due to the dynamics of chewing, these fractures are subject to a lot of spreading forces which tend to cause the fractures to expand. Many of these teeth have fillings in them already, which makes a tooth weaker to begin with, and these fillings can hide the extent of the fracture. Teeth with fractures into the body of the tooth should be treated with crowns or similar restorations which help to prevent “spreading of the tooth when chewing. If it is in enamel only, then a simple filling may be appropriate, as these craze lines can look like superhighways” to bacteria that cause cavities.

In rare cases, these fractures will extend into the roots of the teeth and these teeth will need to be extracted. (photo #3) I personally had a tooth fracture when I bit into something hard and it split almost into half, and I never had a filling in it.

Endodontic (root canal) treatment is necessary in a much higher percentage of times in teeth with fractures than without. If there are symptoms, such as pain on biting or temperature sensitivity, then removal (root canal treatment) of the internal tissue, which is the source of the pain, is indicated. Likewise the presentation of the fracture, age of the patient and history of prior treatment might also indicate the need for treatment even in cases where no current discomfort is noted. Many patients hesitate to get treatment in the absence of pain. However, in the absence of pain, there is no absolute technique to determine whether a tooth requires root canal treatment or not in cases of fractured teeth, this is the area which causes most problems in dentist/patient relationships. Specialists themselves can’t always agree on this and they themselves often “guess” wrong.

Insurance companies will often deny crown treatment for fractured teeth on the grounds that they do not cover treatment for “craze



lines”, or they can’t see anything on the x-ray. By definition, (photo #4) craze lines are only found in enamel. Fractures into the body of the tooth, the dentin, are NOT craze lines, and should not be used as the basis for denial. X-rays often will not show fractures unless they line up with the direction of the beam. Photographs are perhaps the best way to document the problem.

Bottom Line: Get your teeth and gums checked regularly. If you have cracked teeth get them checked out and treated appropriately.

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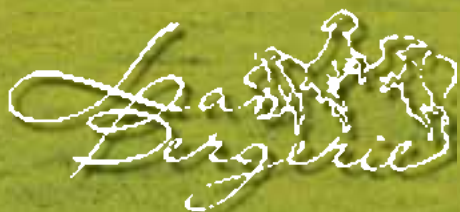


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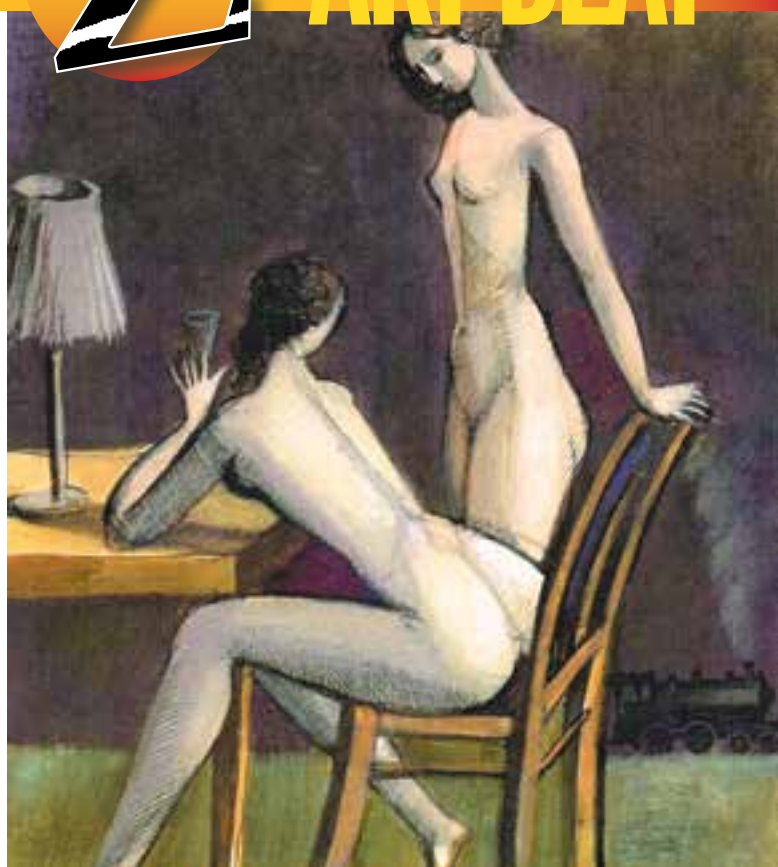
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ART BEAT



"Girl Leaning on Table" by Yury Kokoyanin.

MODERN ICON PAINTER – YURY KOKOYANIN

BY ROBERT F. MURRAY

The reference to icon painting is an attempt to describe Yury Kokoyanin's style. It is mysterious in its appeal, almost other worldly in its clean simplicity. His figures glow in their humanity with a freshness as though the oil and acrylic (sometimes used in combination) have just reached the canvas. His architectural forms are precisely edged against their backgrounds of skies like the pale light of the fabled white nights. Yury obviously has his visions for how he sees each subject matter and he transfers them to paper and canvas with his own unique sophistication. His paintings are stunning to see, often a challenge to interpret.

Coming out of the intense, thorough and storied Russian world of art, Yury concentrated his earlier talents in the glass, ceramic and porcelain creations a Saint Petersburg atelier, then Leningrad. In his Alexandria studio there are select pieces of ceramic work bearing similar iconic figures he carried onto paper, board and canvas. The color and glazed texture of all his work expresses wonderful technical skill, intricate senses of color tone, edges that finely transition varying in textures. And, no doubt, Yury's wit and humor and his ability to smile at human nature define his classicism unlike no one else. There is a lot of fun and joy in a Kokoyanin painting. Its meaning is something you have to discover for yourself.

There is an infinite variety in the way Yury expresses the human form. He depicts women more than men. He does so well in each work in the simplifying of the human form, taking away its explicit sexuality by defining the form again with his own vision of beauty in style and grace. Yury's brush has a certain touch that glides the mundane into a new light. He viewer sees someone or something, differently. You can comprehend and artistic sense of genius that transforms the worldly into an awakened spiritual reality.

Yury's painting career spans continents of galleries with remarkable success in Barcelona as well as here on our East Coast of America. At present, collectors may reach him through The von Brahlér Ltd./Gallery (vbpromo@aol.com) or 703.798.8686.

“ QUOTABLES

My theory on housework is, if the item doesn't multiply, smell, catch fire, or block the refrigerator door, let it be. No one else cares. Why should you?

– Erma Bombeck

IS YOUR BUSINESS “LEGALLY FIT?”

THE CASE OF THE PIERCED VEIL

BY MICHAEL HADEED

A new year begins with resolutions. Common resolutions are to lose weight or exercise more, both focused on improving one’s health. An annual physical exam by the doctor is common to assess and identify health areas in need of improvement. Likewise, the health of a business can be improved by having its health checked annually. Most would agree, a healthy business is one which is increasing revenues and saving costs by improving operations. Taking time to address the legal health of your business will increase the value of your business, while identifying concerns to prevent risks from turning into actual problems. As Benjamin Franklin famously stated, “An ounce of prevention is worth a pound of cure.”

As an attorney focusing on business and commercial law, I am pleased to provide this first in a series of monthly columns on the topic of the benefits of a legal health check-up. We will highlight cases actually decided by the Courts to show what happened to others who neglected or protected the health of their business so you can take advantage of what happened or did not happen to others. We will focus on identifying issues, both positive and negative, common mistakes or oversights, to assess, identify and offer solutions, with the hope of protecting you and your business from risks, while reducing costs and increasing revenues. This first column will begin with the most basic of concepts, advice given by most business lawyers to their clients, “observe corporate formalities to avoid personal liability for debts or obligations of your corporation,” the concept of the corporate veil of protection.

Business owners who have incorporated their business need to stay aware that shareholders (owners) may be held legally responsible for the liabilities of the corporation. Virginia law allows creditors or claimants to “pierce the corporate veil” under certain circumstances and hold owners personally liable. There may well be over 50 reasons Courts can pierce the corporate veil, some of the most common being:

- Failure to maintain corporate records, including minutes of shareholders’ and directors’ meetings held at least annually;
- Failure to comply with requirements of stock issuance;
- Undercapitalization, allowing the corporation to be financially dependent on shareholders for working capital;
- Failure to maintain separate financial records;
- Failure to document loans made and repayments between the corporation and its owners;
- Failure to keep the corporation in good standing;
- Failure to sign documents in the corporate capacity, or failure to identify the business as a corporation; and
- Verbally assuring corporate creditors that you will personally take care of corporate obligations if the corporation is unable to do so.

The Virginia Supreme Court considered a case on appeal when the trial court pierced the corporate veil and assessed personal liability against the two owners for a judgment against the corporation in the sum of \$98,267.92 (VA Supreme Court Record No. 030450). The case involved a joint venture between a building owner and general contractor who renovated a building together to convert it to a condominium. Due to on-going problems with the roof, the two owners sought the advice of an attorney who advised “they would have decreased liability if they formed a corporation.”

At trial the owners proved that the corporation maintained corporate records, bylaws, minutes of shareholder meetings, annual reports and tax returns. The Supreme Court noted “no single rule or criterion can be applied to determine whether piercing the corporate veil is justified,” and noted disregarding the corporate entity is usually warranted only under extraordinary circumstances. The Supreme Court upheld the personal judgment against the owners based on three factors:

- The corporation was formed simply to evade liability for the defective roof;
- After forming the corporation the owners conducted business on this renovation and others in the same manner as they had done prior to forming the corporation, even using bank accounts established prior to the corporation’s formation still in their own names; and
- The corporation was undercapitalized; the owners were found to have deliberately failed to convey any assets or funds to the corporation from which it could repair or replace the defective roof.

The lesson is, creation of a corporation for purposes of avoiding an obligation is improper. Simply maintaining corporate formalities is insufficient. You should always operate in a manner such that if your corporation is sued, assume you may be personally sued as well, and take comfort that you will be shielded from personal liability because you maintained the sacred veil of protection.

(Disclaimer: the foregoing is not intended as legal advice but for informational purposes only.) (By: Michael Hadeed Jr., Esq., Hadeed Law Group, P.C.)



IN MEMORY OF ...

HOLLY VICTORIA BURNETT

(1965—2014)

Holly Victoria Burnett, 49, a diagnosed “brittle” diabetic who struggled for many years to battle the irregularities of her blood glucose readings, passed away quietly in her Arlington home on July 19, 2014.

A career woman all of her life, Holly spent 14 years at the American Diabetes Association in Alexandria, and another 9 years at the American Builders and Contractors Association in Arlington. She was the wind beneath most people’s wings, and was proud to support whomever she was helping, without asking for any credit. Of course, she could also tell you every husband of Elizabeth Taylor’s as well as the film credits of most any actor you could imagine, and do a mean Carol Channing and Edith Bunker impersonation!

A kid whose Dad taught her about movies and took her to Broadway shows, Holly spent all her days studying actors and actresses, reading their biographies and watching their films and live theater performances.



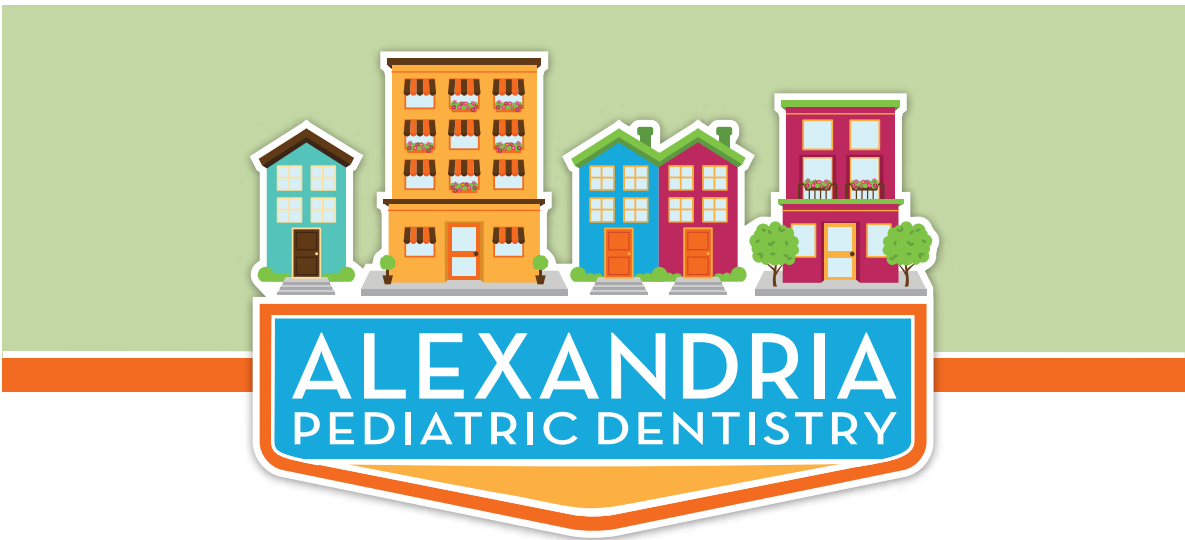
As a freshly graduated film major settling into Arlington, Virginia in 1988, Holly was fortunate to feed her passion with part-time summer jobs teaching film classes at the most prestigious private schools within the Washington area from 1989 thru 1997, including Episcopal High School on Quaker Lane, St. Stephens/St. Agnes in Alexandria and The Potomac School in McLean. For many years, she was the proud hostess of an annual Academy Awards party in her Arlington residence.

Holly Burnett freelanced for many publications within the Washington Metropolitan area over the last 25 years and developed a following for her feature pieces as well as her food and theater reviews in the *Alexandria Gazette Packet*, the *Alexandria Times*, the *Old Town Crier* and the *Zebra*.

Born in Tallahassee, Florida, Holly spent most of her youth in California mapping the celebrity homes and lunching and shopping in Beverly Hills. She was an honors graduate of the Westridge School for Girls in Pasadena, California and held a B.A. and Masters in English, Creative Writing and Film from Hollins College in Roanoke, Virginia.

Holly is survived by her father, Joe A. Burnett, 85, of Lanark Village, FL, her sister and brother-in-law Wendy and Park Randall Miller of Tallahassee, FL, her niece Holly Randall Miller, also of Tallahassee, her longtime friend Mary Wadland of Arlington, VA, and their two little dogs, Teddy and Toddler.

Zebra Press has particularly felt Holly’s loss. She was an integral part of the publication and spent hours and hours editing, writing and developing stories and ideas. She will be sorely missed.



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Z PICK OF THE MONTH

IT'S A KICKBALL! IT'S AN ICE CREAM MAKER!

With all the ice cream makers on the market, it's clear you don't need a fancy machine to make your favorite flavor. But Hammacher Schlemmer, the mail-order catalog company, has found a way to combine ice-cream-making with good old-fashioned kickball.

The new kickball ice cream machine is blue and shaped like a kickball. It has two sides including a food-safe sealed compartment for the ice cream ingredients, and another for ice and rock salt.

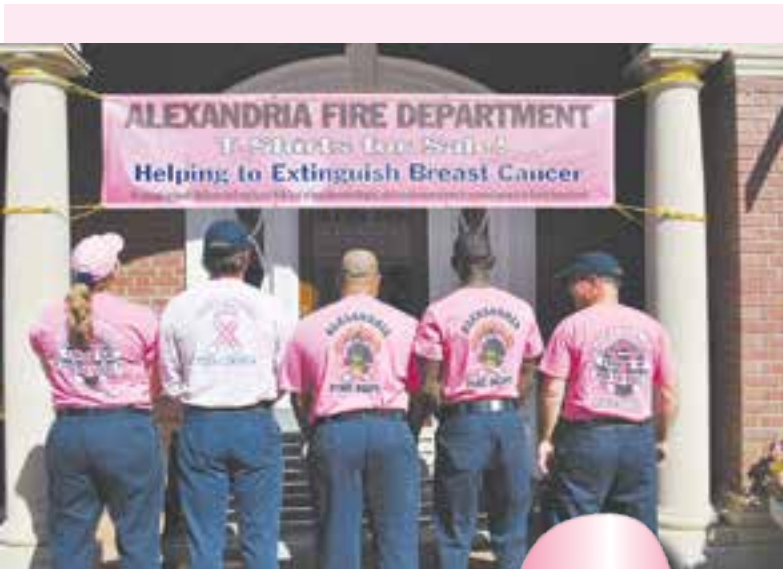
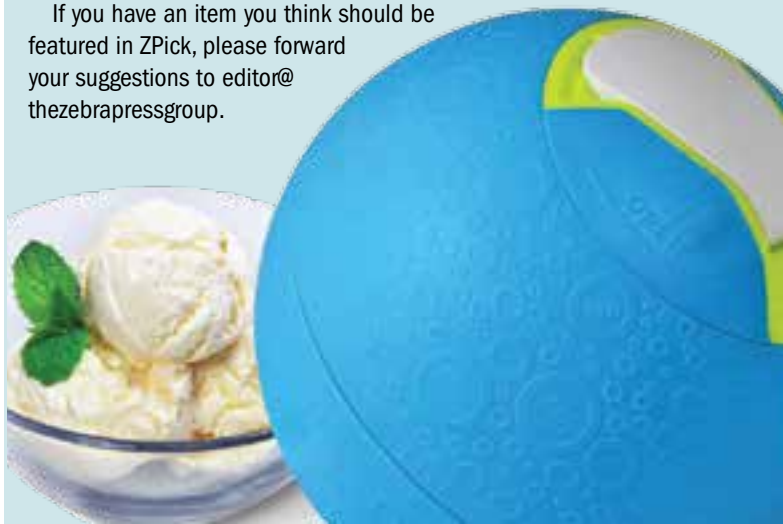
To use, fill the food-safe side with cream, sugar, vanilla and all the ingredients you'll need to make your ice cream. Fill the other compartment with ice and rock salt.

Once the compartments are filled and sealed, start kicking, spinning or rolling the ball around for 20 minutes to make the ice cream. The ball's soft, rubber exterior is able to withstand repeated kicks and rolls. When the ice cream is ready, you can open the compartment and either eat, or scoop the ice cream straight out of the ball. The ball makes about one pint of ice cream and weighs about four pounds.

The ice cream maker is for sale on the Hammacher Schlemmer website or in the catalog for \$34.95.

Well, that's one way to promote exercise.

If you have an item you think should be featured in ZPick, please forward your suggestions to editor@thezebrapressgroup.com.



GET FIRED UP FOR THE CAUSE!

Throughout the month of October, you can support the Vola Lawson Breast Cancer Memorial Fund by purchasing a pink Breast Cancer Awareness t-shirt from the Alexandria Fire Department. All proceeds from the t-shirt sales will be donated to the Fund, and all Alexandria Fire Department employees will wear the shirts as part of their uniform every day in October. Shirt sizes range from Adult S-XXX; short-sleeve shirts sell for \$15 and long-sleeve shirts sell for \$20. Stop by Station 201 (317 Prince St) anytime to purchase your shirt.

All proceeds from the shirts support the Alexandria Foundation's Vola Lawson Breast Cancer Memorial Fund (formerly the Walk to Fight Breast Cancer Fund), which has helped thousands of uninsured Alexandria women receive free mammograms and other diagnostic screenings since its inception in 1994.



AUTHOR MICHAEL LEE POPE REVEALS THE HIDDEN HISTORY OF HAUNTED ALEXANDRIA

BY MICHAEL LEE POPE

It's a question I've come to despise: Do you believe in ghosts? I've thrown a million of words at elections, and not once has anyone ever asked me if I believe in democracy. What difference would it make if I did anyway?

I recognize it's an institutional pitfall, being a ghost-tour guide and the author of *Ghosts of Alexandria*. And yet I find the answer irrelevant, as if it had some sort of bearing on merit what I've written or the magnitude of what I'm about to tell you. It doesn't. And it never will. You either believe in ghosts or you don't. I'm certainly not out to persuade you one way or the other.

Instead I wanted to leave readers with a sense that, as William Faulkner once observed, "The past is never dead. It's not even past."

Old Town is full of ghosts. That's what drew me here. Every crooked brick on every hidden sidewalk in every back alley has a story to tell. Some are tragic. Others are comical. A few are profound. Every now and then, a story from the distant past is instructive about the modern condition.

Take the Alexandria waterfront, recently the subject of heightened anxiety and raised voices. There was a time, not long ago, when floating brothels once docked along the shoreline. Because the long arm of the law stopped at the bulkhead, ladies of the night need only float a few feet into the Potomac to find themselves beyond the reach of prosecution.

Does that mean that prostitution haunts the waterfront? The land-use attorneys might scoff at that suggestion. And elected officials tend to roll their eyes when you start talking about things that happened before they assumed the reigns of power. But it's worth venturing into the night to see if the perfume of ill repute is still redolent in the air outside the Torpedo Factory. As my boss at Connection Newspapers once said in a different context, "some of this stuff matters."

It matters that an immigrant from Honduras opened a candy shop in the same building where a German immigrant operated a confectionary. It matters that George Washington may or may not have partied in Yates Gardens. And it certainly matters that City Hall has a devil bat lurking in the old clock tower that looms over Royal Street. All of these stories are featured in the book, although I didn't approach them as ghost stories.

In my mind, they are merely stories about the past — the same as any waterfront prostitute taking money as her houseboat sails away from the commonwealth. The ghosts are incidental; the story and its characters are what's important. That's why I've spent the better part of my adult life telling stories. From back alleys of the distant past to the front parlor of today's headlines, the past isn't dead. It's not even past.

That's a lesson that was reinforced over drinks at Martin's Tavern in Georgetown one afternoon with one of my professors for Florida State University. He was in town for a conference, and we met for a couple of cocktails in a booth where much of the New Deal was crafted over Scotch and soda. It didn't take long for me to start telling ghost stories — not the kind where the rocking chairs start to move on their own or some woman in a prom dress appears at the side of the road.

The ghost story that was on my mind that afternoon was the one revealed by the map of the District of Columbia. Its boundaries seem to imply a perfect diamond shape, but that's not how the narrative unfolds. Instead it seems as if moths have eaten the southern half of the diamond. Perhaps the story was that of a slave dealer who marched his human capital to Louisiana. Or maybe it was a Whig stump speaker who plied voters with liquor to rock the vote.

Following up on *Ghosts of Alexandria*, I wanted to tell a different kind of ghost story. *Hidden History of Alexandria, D.C.* is about the half century that Alexandria was part of the District of Columbia, from 1801 to 1847.

I suppose it's unlikely that anyone will ask me if I believe in George Washington or James K. Polk. But that doesn't mean that I don't believe their ghosts have a story to tell. Or that it's not worth listening to what they have to tell us, either about the ghosts of Alexandria or the hidden history of its federal period.

Yes, it's true. I believe in ghosts. Don't you?

Michael Lee Pope an award-winning journalist who reports for the Alexandria Gazette Packet and WAMU 88.5 News. He is also author of Ghosts of Alexandria and Hidden History of Alexandria, D.C., and Shotgun Justice: One Prosecutor's Crusade Against Crime And Corruption In Alexandria & Arlington [This article isreprinted from Zebra, October 2011]

“

QUOTABLES

I love the fall. I love it because of the smells that you speak of; and also because things are dying, things that you don't have to take care of anymore, and the grass stops growing.”

– Mark Van Doren



The Torpedo Factory then and now.

COURTESY PHOTOS



THE TORPEDO FACTORY ARTS CENTER

“If our country is worth dying for in time of war let us resolve that it is truly worth living for in time of peace.” Hamilton Fish

By Jeff WInter

In a city like Alexandria, full of American history and historic sites, it is not often that you find something as special and as unique as the Torpedo Factory Arts Center. It is the only place that combines both a long historic past with a growing and highly respected contemporary timeframe. The Torpedo Factory, and its 1974 renovation from a federal government-owned munitions factory to a state-of-the-art community arts center, has become one of Old Town Alexandria’s most visible and distinct focal points.

For many years, native Alexandrians remember the old buildings located on Union Street in the heart of Old Town as not only an eye sore, but a place where vandals, vagrants and teenagers would wonder its lonely, eerie long ramps and large open spaces. It was a place to look away from, not a place to look at, and certainly not a place to honor or revere. It finally took one of Alexandria’s most prominent citizens, Marian Van Landingham, with a strong vision and an extraordinary imagination to take the first steps to alter the old torpedo factory and mark its prominence forever. Not only to restore the old building into a place where artists of all kinds could

work and display their hearts passions, but to remind us all of what the building was actually constructed for, and the thousands of people that worked there tirelessly beginning after the end of World War I.

The U.S. Navy began construction on the original building on November 12, 1918, ultimately becoming the U.S. Naval Torpedo Station, ironically the day after Armistice Day. For the next five years it was responsible for the manufacture and maintenance of torpedoes. When work stopped, the facility served as a munitions storage area until World War II. Production of a submarine borne torpedo called the Mark XIV, and the Mark III aircraft torpedo then resumed at an astounding rate. It is said that men and women worked around the clock and were given only two days off a year. As production needs increased, ten additional buildings were added to the complex.

According to the Torpedo Factory’s historic documents, the green torpedo currently displayed in the main hall was actually made here in 1945. This Mark XIV torpedo is painted bright green so that the Navy could find it in the water when it was tested. Its log book, in the exhibit case, tells its history and lists the submarines on which it traveled.

At the end of World War II, work at the torpedo factory to construct war munitions stopped forever. After some time, the U.S. government decided to use the buildings for

storage space. The military kept German war films and records in sealed vaults, Congress stored documents, and the Smithsonian stored art objects, and valuable dinosaur bones.

Marian Van Landingham proposed a project that would renovate the building into working studio spaces for artists, several years after the City of Alexandria bought the complex from the federal government in 1969. Van Landingham was President of the Art League at the time, and her proposal was unanimously endorsed by the Commission. With Van Landingham’s experience in the arts, she was the obvious choice to become the first city-employed Director of the Art Center and the Torpedo Factory Artists’ Association. In 1974, work began on the building with artist volunteers and City personnel working together to remove 40 truckloads of debris, and studio walls were built, and electricity and plumbing were installed and the entire exterior was repaired and repainted. By July, the artists had converted the huge space into a complex of beautiful, bright beaming studios. On September 15, 1974, the Torpedo Factory Art Center opened to the public.

The building underwent a major renovation from 1982 to 1983, as part of the City’s waterfront development plan. According to the Torpedo Factory Art Center, today, it is home to over 160 professional artists who work, exhibit, and sell their art. Along with

over 1,000 cooperative gallery members and some 2,000 art students, the Torpedo Factory Art Center draws artists from across the region, and attracts visitors from around the world who are welcome to visit with no admission fee. “It’s like coming into a museum in some ways,” said Dejan Jovanovic, a jewelry artist. “In our case, you not only get to see the fine, high quality art work, but you can walk in on say a Saturday and get to watch artists working on their latest piece and talk with them. There aren’t that many places in the world that you can do that.” Another artist, Lisa Schumaier, commented, “everyone here recognizes what a unique opportunity we have here at the Torpedo Factory and I think with that knowledge, we all push ourselves to do our best work, to really stretch our imagination.”

The Torpedo Factory Art Center has indeed become something truly stunning to look at, not to look away from, and a wonderful place to venture in and walk its now vibrant hallways and visit its culturally diverse artist studios. As the Torpedo Factory Arts Center promotes, it is truly “a working example of how the arts can revitalize a community and serves as a prototype for visual arts facilities throughout the world,” and it also embraces its long historical past, never letting us forget the thousands of men and women that worked there to help do their part during one of the most difficult periods in history.

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LOISTIOS IS THE REAL DEAL

BY DEBBY CRITCHLEY

After a few days in Texas recently, I was still looking for Mexican food. Los Tios, 2615 Mt. Vernon Ave., in the Del Ray section of Alexandria filled the bill. I'm no expert but having lived in Colorado and spending time in Arizona and New Mexico has educated my palate as to what to expect. Los Tios has been at that location for almost eight years and is going strong. There is lots of seating inside. The walls are painted in warm earthy colors and there are enough sombreros and beautiful Mexican art to please everyone. If you pick the right night, there may be live music playing as there was the previous week I was there. The rooms are loud but not too loud to hold a conversation with your friends at the table. Did I mention kid friendly? I was delighted to see so many well behaved children chowing down on Mexican food! Start 'em young, I always say.

German Mejia, the owner, is Salvadoran but knows Mexican food. He greeted us warmly to the restaurant. We told him we didn't want any special treatment; just treat us like any other customer. I can tell you that he treats all of his customers as special. Oscar, our waiter, started our meal with complimentary chips and salsa. The chips were warm and the salsa chunky. They were so good that we had to remind ourselves that we had to save room to eat dinner.

We also decided to try the red sangria. I am quite glad the laws were changed to allow sangria to be served in Alexandria because it was so good; we had to get a second one. The sangria was made with good red wine and was loaded with fruit. Next time I want to try the white sangria. I had a margarita, on the rocks, no salt. I also ordered my favorite tequila, Hornitos.



Chicken and Steak Fajitas are popular and mouth-watering.

COURTESY PHOTO

If I didn't have to drive home, I too would have had another. Los Tios offers a wide variety of tequilas and I highly recommend you try some of them on your next visit. You can taste the difference. They also have a wide variety of beers available too.

We decided against fajitas – too Tex-Mex – even though there were two specials; lamb, or spicy beef. Instead, we started with tamales. These tamales were the real thing. The masa was creamy and rich, obviously made with lard as only the best tamales are. Don't back away because of the lard, you will miss one of the best and authentic dishes offered. Eat those grilled jalapenos decorating the plate. Grilling makes them sweet and you will be very happy when you taste them. They are better than cebolitas! The tamales were filled with moist, tender, and flavorful pork. I

CONTINUED NEXT PAGE

BITS & PIECES24

Life is good. **SEVA CAFÉ** on Mt. Vernon Ave. is now **BON VIVANT CAFÉ AND FARM MARKET**. They are featuring farm to table, locally grown food and offer a wide variety of gluten-free items. One piece of advice? Try the brownies! Making life even better is the reopening of the **BOMBAY CURRY COMPANY** after it closed in 2011. It's the best thing to happen in Del Ray in a long time. The food is every bit as delicious as it was in its old location. I recommend everything.

Bradlee is changing too. **FRESH MARKET** opened in the old Giant location. It's a beautiful store with an interesting mix of food stuffs for sale. It's not quite Whole Foods and not quite Balducci's and it is definitely not Giant. The service is sometimes lacking but give them time. Everyone is looking forward to the new Safeway opening in December. No exact date yet. There should be lots of parking available. **CHICKEN OUT** is gone. The **BAGEL BAKERY** is gone.

Old Town has so much to offer. You can get a great bowl of Pho at **CAPHE BANH MI** on Cameron St. They also have excellent Banh Mi sandwiches. Try the Imperial rolls – they are delicious. **BREUGGER'S BAGELS** offers more than just bagels and a schmear. They have lots of great sandwiches at lunchtime. I also had lunch at **TEAISM**. I was a bit worried that I might go away hungry but I was wrong. The red miso glazed Salmon Bento Box with brown rice was wonderful. The spicy cucumbers were just that, spicy! My companion is not a vegetarian but never orders anything but the Vegetarian Naan Sandwich with bean pate, roasted beets, goat cheese, and shaved fennel & herbs. **THE CHART HOUSE** provides a beautiful view of the Potomac. The food is tasty, the service quite good. I didn't enjoy waiting until all of my party arrived to be seated when the restaurant was empty. The salad bar was a costly addition to a lunch entrée but had a nice assortment of fresh salad ingredients including caviar and anchovies.

Next month, West End.

— Debby Critchley



HEAVY SEAS BRINGS BEER-CENTRIC DINING TO ROSSLYN

Heavy Seas Alehouse aims brings a “beer-centric dining experience” to Arlington with its new location in Rosslyn. Executive Chef Matt Seeber says he’s put on a couple of pounds testing out new recipes for the menu at Heavy Seas Alehouse, an upscale casual restaurant now open in Arlington.

“We have that thread of the Heavy Seas line of beer woven through the entire experience,” he said. “It’s not exclusive to every dish. But if there’s a way I can cook with beer to accentuate the dish, and bring it to another level, then I’m going to give it a shot,” Seeber said.

Heavy Seas is a brewery in Baltimore that started about 16 years ago under the name Clipper City Brewing. A one-off beer called Heavy Seas proved to be enormously popular — so much that it became

the company’s brand. Heavy Seas craft beer is now available in 13 states, and the Rosslyn location is the second Heavy Seas Alehouse.

“It’s not a Coors Light. It’s not an Anheuser-Busch beer product. It’s a craft beer,” Seeber said. “There’s a specific type of person who drinks craft beer. And they’re usually into good food. With the kind of culinary background I have...I’m not interested in doing a ‘Subway-style sandwich.’”

The Heavy Seas Alehouse menu in Baltimore includes grilled Angus flat-iron steak, braised rabbit fettuccine, cumin spiced salmon and Prince Edward Island mussels.

Seeber said some of the dishes translate to the Arlington location, while the rest of the menu are new recipes he’s developed.



Los Tios has an extensive sidewalk patio to savor the fall weather.

LOSTIOS FROM PAGE 18

was transported to Tucson on Christmas Eve where we would traditionally eat tamales and green chili at midnight.

Next came beef taquitos. My taquito expert said they were the best she had ever had. They were crunchy on the outside and just the right amount of spicy beef on the inside. We had a cheese enchilada filled with Monterrey jack and cheddar cheese. Creamy and delightful. The chili relleno exceeded my expectations. A real roasted poblano chili filled with a similar cheese filling was a star. The beef burrito was filled with chopped skirt steak. It was so tender and flavorful I thought it might have been brisket. The chicken chimichanga was virtually greaseless and filled with tender and tasty shredded chicken. I often find chicken fillings to be underwhelming but this filling could stand on its own, it tasted that good. Our plates were filled out with guacamole, sour cream, pico de gallo, rice, and beans. Good beans are hard to find and these brought back more memories. The guacamole was both chunky and smooth, a cool counterpoint to

the food we were eating. All delicious. Our final dish was the bistec con camarones, grilled skirt steak with grilled shrimp. I must admit that it was so tasty I didn’t want to share. The meat was medium rare as ordered and tasted of marinade and grill.

The table was cleared and here came dessert. Sopapillas were puffy fried triangles dusted with cinnamon. Oh my. Fried bananas? Crispy on the outside, creamy on the inside and accompanied by a strawberry sauce and ice cream. The piece de resistance for me was the flan. It was dense but not too rich. What put it over the top was the hint of cardamom. I kept sneaking little bites trying to make it last longer.

German now has three restaurants, Los Tios in Alexandria and Leesburg and Dos Tequilas also in Leesburg. He told us he always wanted to cook for people and now he does. He and his wife of 25 years, Maria live in Leesburg so you may not always see him in Del Ray. But, even without him there, you will find delicious food and friends.

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QUOTABLES

“A slip of the foot you may soon recover, but a slip of the tongue you may never get over.”

– Benjamin Franklin

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Diary of a Local Nursing Student



Kate LaFarge attending to one of the sick patients in Brazil.

BY KATE LAFARGE

The air is different. I am different. My observations are way more detailed than before. Maybe it isn't out of my reach to make a difference, at least to start small and be able to grow. I'm looking for a place to start. My surroundings have changed in ways these words can't begin to explain. How far can medical knowledge go in circumstances where the access to the usual resources as a student nurse are unavailable? Has everything I studied for the last two years as a nursing student mattered?

The truth is, I learned more in two weeks than the last two years in school. Now, I do not discredit my education, but the lessons I learned about caring for those in need—the true nature of nursing—have allowed me to grow in ways I can't bring to explain on paper. Day two in Salvador, Brazil I worked in a 107 bed wound care unit. Patient rooms consisted of approximately 6 beds per room, a much different approach to the United States 1 bed per room approach that has become so familiar to me. Open windows to the outside were the only way to get any air movement in their rooms. The sticky humid air stuck to my skin in anticipation for the first wound that I was going to clean and redress. My hands shaky from the unknown, I started to slowly unwrap the gauze from his day old dressing, not knowing what to expect. The only

warning sign was the smell that seeped through my mask. I looked into his eyes, and he looked at me with a warm smile. To my surprise, every patient I came in contact with, no matter how old, how sick, how sad, or how alone, never gave up the chance to thank me for the care I gave them. It was enough to bring tears to my eyes every day. Most times, in the quiet of the night, once my day was over, I lay in bed wishing there was more I could do for these patients.

And, maybe, this was the point. To learn that sometimes medical care can only go so far, and caring for someone goes deeper than the medicine we give them, the procedures we put them through, the needles we stick them with, and the silence we leave them in. Nurses in Salvador do not have access to equipment that we do here, however, they know how to make things work for their patients and their teamwork and collaboration is like nothing I had ever seen before. It doesn't come down to the equipment we use. The focus of care is the person behind the diagnosis and I would like to challenge every healthcare provider to always look into the eyes of their patients and remember why we chose to be in this field.

Salvador, Brazil, you have forever changed me. I promise to give back to nursing what you gave to me.

Kate LaFarge is a (waiting for this bit)



PHOTO MISSING ...

The team from left to right:
Bianca Lewis, Deanna Bassette,
Bonnie Brown, Haydee Torres,
Jackie Mazur, Jorge Cervantes,
Chassidy Jenkins

Front row left to right: Instructor
Germielynn Melendez, Laura
Macias, Jazmin Garcia, Jaeme
Cruz, Instructor Stella Sarmento,
Kate LaFarge, Giana Melendez.



IT'S JUST GOOD BUSINESS

PROSTHETICS FOR PETS: A SPECIALTY FOR FAIRLINGTON RESIDENT

BY MIKE SALMON

Let's face it, pets can be a real part of the family and if an infection or tumor deems a limb inoperable, many pet owners do what it takes to fix it. Derrick Campana saw this need and launched Animal Ortho Care, a unique business that makes 'mobility devices for pets,' as his website stated. Or in layman's terms, braces and prosthetic legs and arms for pets who lost them in one way or another.

"Pets are living longer, orthopedic problems are going to occur," he said.

His patients have included "Hero" the cow, goats, sheep, dogs, cats and a gazelle. A gazelle for a pet? "I didn't ask," Campana said, "I was doing it locally but now I'm worldwide."

Bristow resident Juli Richardson knows how invaluable a prosthetic brace of Campana's can be when a tumor was discovered in her dog "Chalalis's" leg. "It's absolutely a quality of life thing," she said. Richardson heard about the prosthetics from her vet who discovered the tumor, so she called Animal Ortho Care to see if anything could be done. "He came out to our house and did the casting," she said. The cast covers the leg and the spot where the tumor is, and after one day of wearing the device, Chalalis's positive reaction "was really significant," Richardson said.

Fuzzy Bear, a rescue dog that is part Border Collie, part German Sheppard "was born without a paw," said Alexandria owner Lindsay Marti. The rescue dog group initially took a collection to get the first paw, and then a second as he grew out of the first prosthetic that Campana built. "The new one is amazing," said Marti, "it acts as a brace."

In fact, Campana's most common prosthetic is a knee brace, "like RGH's," he said, referring to the Washington Redskin quarterback who played with

a black brace wrapped around his knee. When a paw, hoof or leg is amputated somehow, he does have a prosthetic to strap on, similar to a human prosthetic. All he needs is a plaster cast and he takes it from there. "I hand sculpt it," he said.

Campana, an Arlington resident, started out working on human prosthetics after graduating from Northwestern University. A veterinarian came to him with a dog that needed a prosthetic, and he branched off to become one of the few people in the world to build animal prosthetics. Dogs are the most common.

A brace will run in the \$500 range, while surgery can run up to \$5,000. "Some insurance will pay for this," he said.

One case from Ukraine involved front paws for a dog, so Campana requested a plaster mold from the owners and went to work. "We send out a kit for how to make a cast," Campana said.

"I was so worried that we would have to wait for weeks till the time he would get used to them, but he almost ran at the moment he tried his 'new paws'!!!" These are the first prosthetics for dogs in Ukraine as far as I know and Timur is the happy owner!" wrote the dog owner from the Ukraine who got his dog front-paw prosthetics.

He's had some push-back from animal rights groups who feel that this is too much, but Campana is not concerned.

Campana shown his craft at a pet event at the Dulles Expo and at another national conference. He is also in contact with many vets including his wife's father, who is a surgeon at the Dominion Animal Hospital in Herndon. "I'm a consultant," Campana added.

His smallest case was a Chihuahua that weighed about seven pounds. "If you can cast it, I can make it," he said.



This corgi walks normally again with help of a custom prosthetic.



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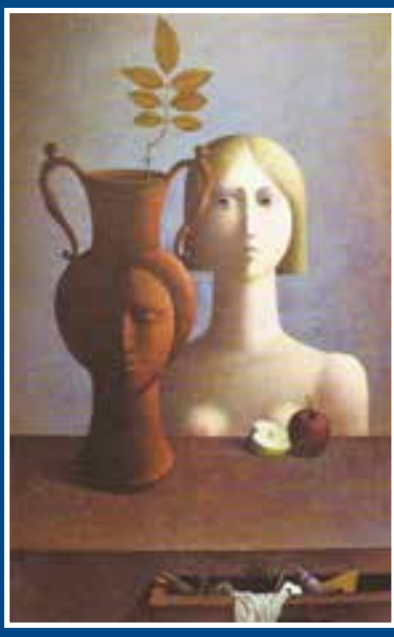
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ROWERS PUT DOWN THEIR OARS TO CLEAN UP THE SHORE

Sixty-two T.C. Williams High School rowers, parents and other volunteers for the Alexandria Crew Boosters (ACB) gathered at Oronoco Bay Park in Old Town on Sept. 20 to participate in the Annual Waterfront Cleanup Day. Held as part of the Ocean Conservancy's 29th Annual International Coastal Cleanup campaign and the Clean Virginia Waterways initiative, the cleanup took place in conjunction with the City of Alexandria's Department of Transportation and Environmental Services. Approximately 100 people from the area participated in the cleanup effort.

Karen Lemke, a past ACB president who organized the cleanup for the Crew Boosters, recruited a strong and enthusiastic group of volunteers, who scoured the waterfront, removing more than 75 bags of trash from the waters and the shores. They disposed of bottles, shoes, bags, foam, straws, bottle caps and many types of plastic that littered the shoreline.

"We are really proud of the 62 ACB participants in the cleanup. They worked incredibly hard and left the shores of Oronoco Bay looking great," Lemke said.

Jeremy Hassen, the acting division chief for maintenance in the City of Alexandria's Transportation and Environmental Services Stormwater and Sanitary Infrastructure Division, helped coordinate the day's event. He commended the strong turnout of volunteers across the board. He said this was one of the largest groups he has seen.

Student and adult rowers, along with families and friends, pitched in to clean up the banks of the Potomac River around Oronoco Bay Park. According to Natasha Magallon, a junior at T.C. Williams who rows with the Old Dominion Boat Club (ODBC) Select Fall Crew program, "As a member of ODBC, this cleanup is of importance because this is the water we put our boats in, practice in and even race in. Taking care of the river



is the same as taking care of our oars and our boats. The river is a part of our equipment."

Crew parent Matt Shuster, participating with his father and children Shaan and Rania, made it a family affair. He said, "It was great to have three generations out on a beautiful day for a great cause."

According to Lemke, this was the third year the Alexandria Crew Boosters have participated in the waterfront cleanup at Oronoco Bay Park, which is adjacent to the city's premier rowing facility, the Dee Campbell Boathouse. ACB organized a lunch for the volunteers at the boathouse after the cleanup and gave out volunteer certificates to students who participated.

ISL ESTABLISHES AWARD HONORING COACH WAY

The Independent School League has established the Marsha Way Leadership "Way to Go" Award, recognizing Coach Way for her 35+ years of leadership at St. Agnes and St. Stephen's & St. Agnes and within the league as a whole. Coach Way served as SSSAS head varsity field hockey coach for 35 seasons and has also served as athletic director for girls, P.E. teacher, Middle School coach, ISL commissioner, and ISL treasurer. She continues to serve as a faculty member at SSSAS. In establishing the award, the ISL wrote that Coach Way has been instrumental in shaping girls' athletics: "Her positive approach to coaching, her passion for athletics, and her dedication to her players served as an enduring example for other coaches in the league."

The award will be given annually to one ISL varsity coach who exemplifies the qualities and leadership that Coach Way so firmly believes in and demonstrates. The first recipient will be selected in spring 2015.



SSSAS Field Hockey Coach Marsha Way.

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— John Wayne

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MARCHING TITANS BRING HOME TROPHY FROM VIKING INVITATIONAL

T.C. Williams High School's Marching Titans earned third place in their class at the Woodbridge Viking Invitational Sept. 20 at Woodbridge Senior High School. Although the Marching Titans, with their show "Personality Dialysis," did not win or place in any of the six specific categories, their overall score earned them third place in the six-band AA class of bands with 40-60 members. Director of Bands Carlos Gonzalez said the overall score indicates that the band did many things well. He is looking forward to their next practice, when they will review the judges' feedback and look for



ways to improve the performance. The six specific categories rated are Drum Major, Color Guard (Auxiliary), Percussion, Marching, Music and General Effect.



PROGRAM AT MAURY TARGETS HUNGER

Matthew Maury Elementary School Principal Lucretia Jackson packed food bags with City of Alexandria Mayor William D. Euille this morning to kick off Maury's Blessings in a Backpack program, part of a national mayoral initiative to stop childhood hunger. The mayor and principal packed the first of 50 food bags that will feed 50 students who are in need of food on the weekends



T.C. WILLIAMS OFFERS SAT PREP CLASSES IN OCTOBER

T.C. Williams is offering two SAT prep classes, both beginning on Saturday, Oct. 18. "SAT Boot Camp" includes 12 hours of classroom instruction, two full-length practice exams and unlimited access to online resources. The classes meet on Saturday mornings and the cost is \$150 (\$25 with proof of free/reduced lunch eligibility). "SAT Complete" includes 18 hours of classroom instruction, four full-length practice exams and unlimited access to online resources. Classes meet on Tuesday and Thursday evenings (practice exams on Saturday mornings). The cost is \$300 (\$50 with proof of free/reduced lunch eligibility).

ACPS RECEIVES SECURITY GRANT FROM DOE

ACPS is among 100 school divisions to receive a School Security Equipment Grant from the Virginia Department of Education (VDOE), which announced the awards Sept. 25. The grants will pay for video monitoring systems, metal detectors, classroom locks, electronic-access controls, visitor-identification systems, direct communications links between schools and law enforcement agencies, and other security upgrades in 373 schools and other buildings. ACPS received \$41,668 for John Adams, Charles Barrett and Williams Ramsay elementary schools, Jefferson-Houston School and Cora Kelly School for Math, Science and Technology.

"By way of nourishment, not by way of knowledge."

— Rabbi Isaac the Blind



Anne Alden
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— Bill and Nickie Aldridge

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OCTOBER EVENTS

NOWTHROUGH NOV 2 “METAMORPHOSIS” JURIED ART

Thurs noon-6 pm, Fri and Sat noon-9 pm, Sun noon-6 pm
Del Ray Artisans Gallery
2704 Mt Vernon Ave.
www.TheDelRayArtisans.org

Metamorphosis implies a distinct transformative change from one form to another, the key word being ‘change’. The artwork featured in this show demonstrates how change can be positive, negative, frightening, or enlightening; metaphorical or physical.



NOWTHRU OCT 26 “ALL CREATURES GREAT AND SMALL”

Mon-Thur, noon-7 pm, Fri and Sat noon-9 pm, Sat-Sun, noon-5 pm
Vola Lawson Animal Shelter
101 Eisenhower Ave
www.alexandrianimals.org
The Animal Welfare League of Alexandria (AWLA) has opened the “Alexandria Animal Art Gallery.” The first exhibit, “All Creatures Great and Small” is a partnership between AWLA and Del Ray Artisans. This is animal themed, fundraising exhibit. Both nonprofit organizations receive a percentage of each sale. TheDelRayArtisans.org/AWLA

OCT 11, 2014 FIREFIGHTING HISTORY WALKING TOUR

1:00 pm - 2:30 pm
Friendship Firehouse Museum
107 S. Alfred St.
www.alexandriava.gov/FriendshipFirehouse

Explore Alexandria's firefighting history on the “Blazing a Trail: Alexandria's Firefighting History” tour. Participants learn about volunteer firefighting in early Alexandria, three devastating fires, and the five volunteer fire companies. The tour begins at the historic Friendship Firehouse, goes east on Prince Street, and returns to Friendship via King Street. For age 10 and older. \$6 for adults, \$4 ages 10-17. Reservations are required as space is limited. Tickets can be purchased at The Lyceum and other City museums, or at <https://shop.alexandriava.gov/Events.aspx>



OCT 24-26 FALL HARVEST FAMILY DAYS

9:00 am – 5:00 pm
Mount Vernon
3200 Mount Vernon Memorial Highway
www.mountvernon.org
Mount Vernon celebrates the autumn season with Fall Harvest Family Days! The entire family enjoys autumn activities including wagon rides, wheat treading in the 16-sided barn, 18th century dancing demonstrations, a straw bale maze, farrier (blacksmithing) demonstrations, apple-roasting, corn husk dolls demonstrations and early-American games and music. Potomac River sightseeing cruises are half-price this weekend only. Seniors \$17, Adults 12 and older \$18, Youth 6-11 \$9, Children under 5 \$0

ESPECIALLY FOR HALLOWEEN!

NOWTHRU OCT 18, 2014 MASK-ERPIECE SILENT AUCTION

Thurs noon-6 pm, Fri and Sat noon-9 pm, Sun noon-6 pm
Del Ray Artisans Gallery
2704 Mt Vernon Ave.
TheDelRayArtisans.org/
Artists took blank, wearable masks and created mask-erpieces! These artful masks will be sold at silent auction. This is a fundraiser, and 100% of the proceeds from the sale of these masks will be used to support Del Ray Artisans, a 501(c)(3) nonprofit organization.



OCT 11 SLAVE COMMEMORATION CEREMONY

11:00 am – 12:00 pm
Mount Vernon
3200 Mount Vernon Memorial Highway
www.mountvernon.org
The Mount Vernon Ladies' Association joins Black Women United for Action to honor the enslaved peoples who lived and worked at Mount Vernon with a program and wreath laying ceremony at the Slave Memorial. This public event features dramatic readings, performances, and uplifting music in recognition of the slaves' sacrifices and contributions to the early formation of this nation. Visitors are invited to place a boxwood sprig on the Slave Memorial's stone steps emblazoned with “Faith, Hope, Love.”



OCT 19 MAD SCIENCE!

1:00 pm - 4:30 pm
Stabler-Leadbeater Apothecary Museum
105-107 S, Fairfax St.
www.apothecarymuseum.org
What do super heroes, crazy animals, and explosions have in common? A mad scientist probably made them! Come to the Stabler-Leadbeater Apothecary Museum to explore where real science and mad science collide. 45-minute tours start every 30 minutes between 1 and 4:30 p.m. and feature historic medicines with surprising side effects. Upstairs, meet the Museum's very own mad scientist bringing to life some crazy concoctions and the science behind them. Reservations recommended. \$6 per person ages 5 and up. Tickets can be purchased online at The Alexandria Shop, at <https://shop.alexandriava.gov/Events.aspx>

Do you have an event that you'd like featured in our calendar? If so, send to:
editor@thezebrapress.com



OCTOBER 24 - 25 HALLOWEEN PUMPKIN HUNT

Fri-Sat/5:30 p.m.
Lee-Fendall House Museum & Garden
614 Oronoco St.
www.leefendallhouse.org
Alexandria's ghosts and goblins will fill the Lee-Fendall House garden with hundreds of colorful toy-filled Halloween pumpkins for local children to discover. Other activities include crafts, refreshments, spooky stories, and a costume parade. \$12 children age 1-12, \$5 infants age 0-1, \$5 age 13+



OCT 24 GHOST & GRAVEYARD SPECIAL HALLOWEEN TOUR

7:00 am to 9:00 pm
Gadsby's Tavern Museum
134 N. Royal Street
www.gadsbystavernmuseum.us
For one night only, Alexandria Colonial Tours will end its special Halloween tour in the very room where one of Alexandria's most mysterious women became a ghost. Weave your way through some of Alexandria's most haunted locations hearing tales of this historic city's past and end in the bedroom of the “Female Stranger” at Gadsby's Tavern Museum. Tours will run every 15 minutes. Reservations are suggested and tickets can be purchased in person or at <http://alexcolonialtours.com>. Partial proceeds benefit Gadsby's Tavern Museum. 15/adults, \$7/ages 7-17

OCT 25THRU NOV 15 THE ROCKY HORROR SHOW

Wed-Sat at 8 pm, Sun at 3 pm
Little Theatre of Alexandria
600 Wolfe Street
www.thelittletheatre.com
See this classic, campy musical that inspired the classic cult film, The Rocky Horror Picture Show. Meet innocent couple, Brad and Janet, as they seek shelter at a mysterious old castle on a dark and stormy night. They meet a mad scientist who has been experimenting with creations of his own. Get ready for a night of fun, frolics, and frivolity in this spoof of old-time horror flicks. This interactive musical is nothing less than a glitter rock, horror, comedy, alien circus! Toast! Toast! · Warning: Adult themes, language, and sexuality. Not recommended for children. Tickets at www.thelittletheatre.com

OCT 26 18TH ANNUAL DEL RAY HALLOWEEN PARADE

2:00 pm -3:30 pm
www.visitdelray.com
Mount Vernon Ave. - south of Bellefonte Ave.
Don your best Halloween costume and march in the 18th Annual Del Ray Halloween Parade. Adults, children, and dogs are all welcome to join.

OCT 30 AND OCT 31 POE IN ALEXANDRIA

8 - 9:15 pm
The Lyceum
201 S. Washington St.
www.alexandriava.gov/Lyceum
Actor David Keltz returns to The Lyceum to re-create Edgar Allan Poe's visit to Virginia in 1849, shortly before he died. Keltz performs varying selections each year, but the program always includes a chilling story or two such as “The Black Cat,” “The Cask of Amontillado,” or “The Tell-Tale Heart,” along with well-known poems “The Raven” and “El Dorado.” \$15 per person, available by calling The Lyceum at 703-746-4994 or <https://shop.alexandriava.gov/SelectEvent.aspx>



OCT 31 THE HALLOWEEN BALL

8 pm – 11 pm
Del Ray Artisans Gallery
2704 Mt Vernon Ave.
www.TheDelRayArtisans.org
An evening of merriment, mystery and madness among art. This fun Halloween event is the culmination of the Metamorphosis show and will entertain you with music, food, drink, silent movie, amazing art, and amusing company. Costumes required, and free entry to those who purchase (and wear) one of the artist-decorated masks. (Adults only preferred) Tickets: \$5 each or 5 for \$20. Info at <http://thedelrayartisans.org/HalloweenBall>

OCT 31 TRICK OR TREAT AT MOUNT VERNON

3:30 pm - 6:30 pm
Mount Vernon
3200 Mount Vernon Memorial Highway
www.mountvernon.org/
A historic treat! Mount Vernon opens its doors for the first time to trick-or-treaters! Join the costumed cast of interpreters for a special opportunity to trick-or-treat in the historic area. A special scavenger hunt is available for our more adventurous guests. All trick-or-treaters are invited to join in the children's costume parade around the Mansion at 6 p.m. Prizes will be awarded for the best “George” and “Martha” costumes! Participate in a Halloween craft activity in the greenhouse. Special trade demonstrations, like 18th-century wool spinning and laundry washing, will take place in the historic area. Listen to Halloween-themed stories in the straw bale amphitheater, enjoy colonial games and dancing demonstrations, and take a wagon ride. Admission: \$10 for adults; \$5 for child



THE END OF AN ERA

Today, more so than any time in recent memory, the world seems to be in a constant state of chaos. This would seem to be the ideal time to comment on the atrocities of the Islamic State of Iraq and the Levant (ISIL), or the unconscionable actions of the wannabe cowboy from Russia – Vladimir Putin – and his attempt to lasso the Ukraine. But in December our father passed away. I could not write this column myself, so like many things in our life growing up as Army brats, this was a family effort – my sister Emily and me. If he were around today, no doubt he would be in the thick of the commentary on current events.

Dad was 88 when he died and to us he was the greatest of the ‘greatest generation.’ As was the case with many of his contemporaries who lived through the Depression, he joined the Navy and served with the Seabees in the South Pacific during World War II. This was the beginning of his life-long love of the sea. After the war he attended Bowling Green State University on the GI Bill, graduating in 1951. Always dramatic, he was proud of being a founding member of the Huron Playhouse, a theatre company that flourishes today. Later that same year he was commissioned a Lieutenant in the Army, and served in both the 101st Airborne Division and the Ohio National Guard during the Korean War. In 1960 he was again recalled to active duty, promoted to Captain, and served with the 7th Special Forces Group, commanding an A-Team in Laos. His Army career was as atypical as he was: tanks in Germany, special projects in Thailand, then public affairs at the Pentagon. From 1970-71 he was Chief of News in Vietnam and was the official spokesman for Military Assistance Command Vietnam (MACV) and was responsible for the daily press briefings called the “Five O-Clock Follies.” He worked routinely with many of the leading journalists of the time, and personally announced the U.S. military invasion into Cambodia in 1971. We used to scan the Washington Post daily just in case there was a quote from Dad, thus letting us know that he was still okay. His final tour as Public Affairs Officer for the 4th Infantry Division took the Fisk clan back to Colorado, our adopted home.

Contemporaries and many of his former soldiers sent condolences that provided additional glimpses and added dimensions to the man we knew as ‘Dad.’ How we cherish these!

“Seems like Stan was always at the center of events. I see him now as clear as day. Snappy, energetic, always stepping out to the next thing.”

“We worked pretty hard but had fun while we did. I treasure the time spent with a bunch of great guys doing something important. Rest in Peace Stan – well done.”

“Suddenly, the world got less bright and cheerful.”

“He was one of the finest officers that I ever served with and treated everyone with respect.”

“Captain Fisk, from an enlisted man’s point of view, emanated a sense of decency that few officers I met had (and I met many working in Battalion Headquarters).”

As his children, our view of him obviously differed slightly, but echoed that of his professional ‘reviews.’ He was the embodiment of the word ‘enthusiasm,’ and his encouragement of those around him was unrivaled. He was always learning

about something new, and excited about it. He could tell and appreciate a good joke, and there was no finer storyteller... ever. The things our Dad loved, we love... his approach became ours’ too, in many ways. Our interests, joys, and loves became his as well. He was our biggest fan.

One son became a Marine Officer, a father of three, and pursues his avocation as a stand-up comedian.

One daughter attended the Huron Playhouse in its 25th anniversary season, arriving by motorcycle cross-country. How’s that for drama, Dad? Her greatest joy is her family.

Another daughter went to Clown College, received her blue ribbon at the Institute for Culinary Education, worked as a NYC chef, wrote and published a cookbook called ‘Sneaky Veggies,’ and became a Buddhist nun. Dad’s take on it? – “Some of my best friends are Buddhists.”

And another son, compiling these bits and pieces, enjoyed a long career as a Naval Officer. Extra-curricular activities include writing, performing and writing theatre, and the recent addition of sculpture.

Dad loved the theatre and loved to relate the following story of seeing the great actor Paul Robeson on stage at the Cleveland Playhouse in the late 1940s. Robeson was doing a one-man show and one vignette he performed was the closing scene of Shakespeare’s Othello.

Dad’s eyes would glisten as he described how Robeson cupped his hand to his mouth, and with perfect, crisp, powerful diction, dramatically recited this passage. It captures our Dad, too.

“Soft you – a word or two before you go. I have done the state some service, and they know’t.

No more of that. I pray you, in your letters, when you shall these unlucky deeds relate,

Speak of me as I am. Nothing extenuate, nor set down aught in malice.

Then must you speak of one that loved – not wisely, but too well...”

– Emily Fisk Kornman works for Children’s Services in Eureka, CA. She and her husband Robert have two sons – an architect and a Navy Corpsman. Marcus Fisk is a retired Navy Captain, Naval Academy graduate, sometime actor, sculptor, pick-up soccer player, and playwright. He and his wife Pamela live in Connecticut.



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- 1) Name the hit HBO TV show featuring vampires in the southern US?
- 2) Which of these is NOT a typical vampire ability: hypnosis, shape changing, or time travel?
- 3) Who plays Bella Swan in the Twilight movies?
- 4) Which Hungarian American actor became famous for playing Dracula in 1931?
- 5) Which Stephen King novel and subsequent movie, set in New England, features vampires?
- 6) Can you name both actors who played Buffy the Vampire Slayer? Score one point for each.
- 7) Name the four major stars of the 1994 movie Interview With The Vampire? Score one point for each.

- 8) Chloe Moretz plays a young-looking female vampire in which 2010 remake of a Swedish movie?
- 9) Name the five ways vampires can traditionally be destroyed? Score one point for each.
- 10) Which modern-day European country is the traditional state of Transylvania part of?
- 11) What must a vampire receive before it may enter a dwelling?
- 12) Who plays Blade in the hit movie series?
- 13) Jason Patrie, Corey Haim and Keifer Sutherland were among the cast of which cult 1987 vampire movie?
- 14) Which 1996 vampire movie co-stars Quentin Tarantino?
- 15) Which Victorian author created Count Dracula?



HORROR MOVIES

ACROSS

5. The classic 1922 Vampire movie which brought horror into the silent movie era.
6. Her baby turned out to be the son of the devil, but she still loved him in this 1968 movie.
12. The pint-sized monster from the Child's Play series (first movie 1988).
14. 1982 haunting movie in which a gifted child can detect the coming of ghosts through TV interference.
15. The name of a fictional heroine gave the title to this 1990 Stephen King-penned movie about an author held captive and tortured by a terrifying nurse.
16. The virus responsible for wiping out most of England in 2002's 28 Days Later.
17. Director of many cult horror classics, including 1982's The Thing.
19. Drowned in a well, resurrected through a haunted video tape, this long-haired brunette Japanese monster killed by pure terror in 1998's Ringu (The Ring).
20. They did this in the deep south with chainsaws in 1974.

DOWN

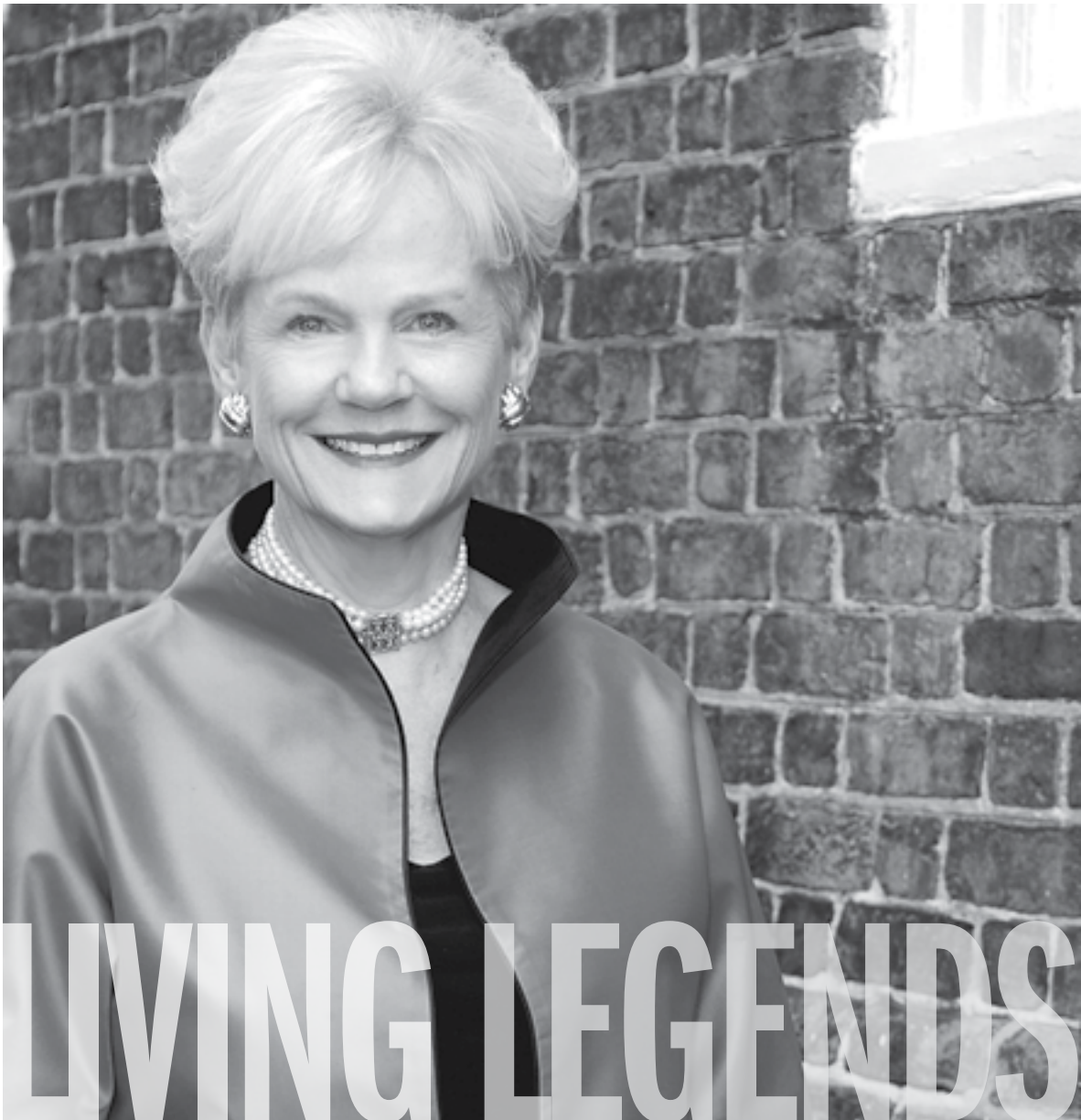
1. Surname of the man who directed many suspense and horror movies, including the 1963 classic, The Birds.
2. Pinhead was the charming anti-hero in this gross 1987 flick about a box that opens the abyss.
3. Legendary director of dozens of movies, including the 1980 adaptation of Stephen King's novel, The Shining.
4. Actor Jeff played a human-insect hybrid in the 1986 flick, The Fly.
7. The, considered by most to be the best horror movie ever made, from 1973.
8. This kind of monster came to England's capital in 1981.
9. Wes Craven directed this 1996 movie about a ghost mask-wearing murderer terrorizing teens.
10. Freddie, the horrifically burned janitor who hunts teens in their dreams in this 1984 classic.
11. The cannibalistic Doctor played by Anthony Hopkins in Silence of the Lambs.
13. The shower scene from this 1960 movie is among the most famous in cinematic history.
18. This 2004 low-budget hit was creepy, gross and violent and forced the unwitting protagonist to make some awful choices to survive.

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Sudoku

Fill in the bland squares so that each row, each column and each 3-by-3 block contain all of the digits, 1 thru 9. If you use logic you can solve the puzzle without guesswork.





LIVING LEGENDS

DONNAN (DONNIE) CHANCELLOR WINTERMUTE

BY BARBARA HOLLEB

Donnan Chancellor Wintermute (known to most as Donnie) takes great pleasure in transforming lives, whether in her professional services as vice president of Coldwell Banker Residential Brokerage or in her many volunteer activities fueled by her sustained commitment to giving from the heart. Over the years, her philanthropic achievements have had a major impact on the quality of life in Alexandria for children, the elderly and the sick, as well as for the arts, education and community services.

In helping low-income children and families, Wintermute has served on the board of directors of The Campagna Center (1988–2000) which offers educational and social development programs for children, teens and adults. She chaired the Center’s Circle of 1000 (2002–2005) and, in 1995, she was honored by earning The Campagna Center Award, which is the highest honor bestowed by the organization.

As founder and chair of the Campagna Center’s Business Leadership Council (2000 and 2001), she put her mission into action by increasing corporate awareness and financial support for the needs of Alexandria’s less fortunate.

Believing that the elderly should be revered and receive the best possible care, Wintermute has contributed to the community in many outstanding ways. She was president of the board of directors of Senior Services of Alexandria (1985–86). She currently serves on Goodwin House Foundation Board of Trustees (2011–present) and as the vice chairman of Inova Alexandria Hospital Board of Trustees (2010–present). In addition, she has made lasting gifts with great impact on INOVA Alexandria Hospital by generously donating the Rehabilitation Gymnasium in 2012. She also donated a patient room in 2005, in her mother’s memory.

Wintermute is passionate about giving back to the community in many ways. She has served on the board of governors of Saint Stephen’s and Saint Agnes School (1989–1992); the board of trustees of the College of William and Mary Foundation (2009–present); and the board of trustees of Hampden-Sydney College (2000–2012); from which her son graduated.

In her work with foundations, Wintermute frequently finds herself on the “asking” end, doing “lots of fundraising.” While others may find this uncomfortable, Wintermute doesn’t mind making the ask when her heart is behind the gesture.

Along with serving as vice president, Alexandria

Symphony Orchestra (2005–present), Wintermute was the 2013 honorary chair for the Historic Alexandria Homes Tour, sponsored by Twig, the Junior Auxiliary of Inova Alexandria Hospital. This year’s fundraising proceeds will support their pledge of \$1 million dollars for the Twig Surgical Center, a 24 private patient room unit for post-surgical care.

Wintermute currently serves on the board of trustees of the Christ Church Foundation. Her work helps restore, support and maintain the building and grounds of the historic church in Alexandria.

Beyond her local efforts at Christ Church, Wintermute has gone on four missions to San Pedro Sula, Honduras, for 10-day trips to Our Little Roses. This long-term Christ Church mission, which has been operating for more than 20 years, supports a home for 56 young girls, ranging in age from 18 months to 18 years. All have been abandoned, abused, and lived in extreme poverty. As part of the mission team, Wintermute has brought joy and happiness to these girls. Showering them with lots of love, warm hugs, and friendly smiles, the team also brings clothing, health supplies and books.

Born and raised in Alexandria, Wintermute has lived in the Rosemont, Clover, Old Town and Vicar Lane neighborhoods. A graduate of Saint Agnes Episcopal School, Wintermute earned her BA in political science from the College of William and Mary. While at William and Mary, she was the women’s tennis singles champion and was captain of the varsity tennis team for three years. Following graduate study in Urban and Regional Planning at George Washington University, she was a city planner for the City of Alexandria before entering the real estate field.

Wintermute has had a distinguished 35-year career in real estate and was the president of Wintermute, Jackson and Donatelli (WJD Associates). She sold her 100-agent firm in 1996 to Pardoe and Graham, which is now Coldwell Banker Residential Brokerage, where she is vice president. Selected from 14,000 Realtors, Wintermute was named the Realtor of the Year in 1996, which is the highest honor conferred by the Northern Virginia Association of Realtors. Additionally, Wintermute was honored in 1997 as the Alexandria Chamber of Commerce Business Leader of the Year.

Wintermute’s son Peter is a Realtor who works with his mother at Wintermute and Associates at Coldwell Banker Residential Brokerage. He and his wife, Jenny, have a one-year old son, Carson, and five-year old daughter, Kinsley.

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ESTIMATES**

HOT PICK

It has been a while since I've done a review and I thought I would introduce something for the fall season while the weather is perfect for hiking in the northern Virginia area. Beef Jerky is a great way to get the boost of energy.

I discovered Grass Run Farms beef jerky this month. I tried the Hot and Spicy beef jerky. Grass Run Farms was founded and is still run by Ryan and Kristine Jepsen, a regional meat company representing sustainable family farms in the bluff country of Northeast Iowa and across the Upper Midwest. You can check them out and order their products at grassrunfarms.com.

The jerky and other products offered are one hundred percent grass fed beef and are gluten, antibiotic, hormone and MSG free. Very healthy. Grass Run Farms won their second Value-Added Producer Grant by the US Department of Agriculture - Rural Development, and will soon launch several fully cooked, grab-and-go items such as smoked beef brisket in barbecue sauce and beef bacon.

As for the hot and spicy it did not hit the hot spot. You can taste a hint of the chili pepper and black pepper. I have been accused of lacking taste buds so I shared this jerky with a friend of mine and she agreed it was not hot or spicy. On the heat scale I would rate this as less than one. However, it is a good product and had a lot of taste.

This jerky was sweeter more than hot and spicy. Also, unlike most commercial brands this jerky was soft and moist. I found this to be a nice change. I could see using this jerky in some dishes that need a sweet chewy texture such as a salad or dicing it into small bits to add to a marinade.

5 4 3 2 **Meh 1**

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PUZZLERS ON PAGE 26

1) Name the hit HBO TV show featuring vampires in the southern US? True Blood. The show is the most watched HBO series since The Sopranos

2) Which of these is NOT a typical vampire ability: hypnosis, shape changing, or time travel? Time travel. While vampire powers vary widely from one story or movie to another, most vampires can enthrall victims using hypnosis, and most employ shape changing to become a wolf or bat

3) Who plays Bella Swan in the Twilight movies?

Kristen Stewart. The actress, born in 1990, was first nominated for a young actor's award for her role in Panic Room alongside Jodie Foster

4) Which Hungarian American actor became famous for playing Dracula in 1931? Bela Lugosi. The actor struggled to break into mainstream roles after being typecast in horror, due to his look and foreign accent. He died in 1956 and was buried in a Dracula costume

5) Which Stephen King novel and subsequent movie, set in New England, features vampires? Salem's Lot. It was made into two TV mini series, most recently in 2004, with roles played by Donald Sutherland and Rutger Hauer

6) Can you name both actors who played Buffy the Vampire Slayer? Score one point for each. Kristy Swanson starred in the movie in 1992, and Sarah Michelle Gellar made the role her own for the TV series, which began in 1997 and ended in 2003.

7) Name the four major stars of the 1994 movie Interview With The Vampire? (one point for each) Tom Cruise, Brad Pitt, Antonio Banderas and Kirsten Dunst

8) Chloe Moretz plays a young-looking female vampire in which 2010 remake of a Swedish movie? Let Me In. The movie is a remake of the critically-acclaimed Swedish movie Let The Right One In

9) Name the five ways vampires can traditionally be destroyed? (one point for each) Stake through the heart, exposed to sunlight, sprayed with holy water, burned in fire, beheaded

10) Which modern-day European country is the traditional state of Transylvania part of?
Romania. Tourists can visit Bran Castle, which is billed as the home of Count Dracula

11) What must a vampire receive before it may enter a dwelling? An invitation from somebody who lives there

12) Who plays Blade in the hit movie series?
Wesley Snipes. Blade was created as a Marvel comic in 1973. Its creator, the amusingly-named Marv Wolfman, sued Marvel for \$50m damages because he was not credited for the Blade movie sequels or TV series. His lawsuit

was unsuccessful

13) Jason Patric, Corey Haim and Keifer Sutherland were among the cast of which cult 1987 vampire movie? The Lost Boys. Two sequels, Lost Boys: The Tribe and Lost Boys: The Thirst, have been made. Both went straight to DVD. Corey Haim died in 2010

14) Which 1996 vampire movie co-stars Quentin Tarantino? From *Dusk Till Dawn*. The movie starts off like a typical crime drama, and explodes into horror territory, when the occupants of a strip bar in Mexico turn out to be vampires

15) Which author created Count Dracula?
Bram Stoker. The novel was published in 1897. His widow, Florence Stoker, sued the producers of the original vampire movie, Nosferatu, made in 1922. She did not receive a request for permission to use the character, or royalties, and demanded that all copies were destroyed. A few prints survived, and it is now landmark in horror movie history.

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QUOTABLES

“Winter is an etching, spring a watercolor, summer an oil painting and autumn a mosaic of them all.”

– Stanley Horowitz

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| September 28 Ralph Stanley & The Clinch Mt. Boys 7:30pm \$35.00 | The Birchmere Presents GLADYS KNIGHT Sat. Oct. 25, 2014, 8pm The Warner Theatre, Washington, DC <small>photoknight.com w/ emma beth lee</small> Tickets on sale now thru Ticketmaster.com, 800-745-3000, or at the Warner Theatre Box Office. | 2CELLOS Fri. Apr. 24, 2015 Washington, DC <small>www.2cellos.com</small> Tickets on sale now thru Ticketmaster.com, 800-745-3000, or at the Warner Theatre Box Office. | PUSS N BOOTS featuring Norah Jones, Sasha Dobson, Catherine Papper w/ Van Hayride 7:30pm \$25.00 | Lori McKenna & Carrie Rodriguez 7:30pm \$25.00 | Hangtown Dancehall starring Eric Brann & Karl Strub with special guests Kelly Willis, Peter Cooper, Alan MacEwen, Trent Wagler, Mark Kinn, Robert Aubrey Davis & more! 7:30pm \$29.50 | Keiko Matsui 7:30pm \$39.50 | |
| 5 in the FlexStage JARABE DEPALO 7:30pm, Doors 6pm \$39.50 | 6 THE PIANO GUYS A FAMILY AFFAIR Dec. 11, 2014, 8pm The Maymont Symphony Hall, Baltimore, MD <small>www.pianoguys.com</small> | 7 Macy Gray 'The Way Tour 2014' w/ Cary Nokey 7:30pm \$49.50 | 8 Esperanza Spalding 'Thank You October' 7:30pm \$65.00 | 9 Michael Franks 7:30pm \$45.00 | 10 Bob Schneider (Band) w/ Lexi Peto 7:30pm \$29.50 | 11 Phil Vassar 7:30pm \$45.00 | |
| 12 The Whispers 7:30pm \$75.00 | 13 Herb Alpert & Lani Hall 7:30pm \$59.50 | 14 Jake Shimabukuro 'Uke Nation Tour' 7:30pm \$45.00 | 15 | 16 AMERICA w/ Louise Mosrie 7:30pm \$69.50 | 17 Gaelic Storm 7:30pm \$35.00 | 18 DAVID'S NIGHT SciFi Phantasm Ballyhoo, variety & more! 7:30pm \$25.00 | |
| 19 An Evening with Andy McKee 7:30pm \$25.00 | 20 An Acoustic Evening with Robert Earl Keen in the Music Hall 7:30pm \$49.50 | 21 in the FlexStage Robert Earl Keen 'Request Show' 7:30pm, Doors 6pm \$39.50 | 22 THE MARSHALL LUCKER BAND 7:30pm \$45.00 | 23 John Jorgenson Bluegrass Band feat. John Jorgenson, Herb Pedersen, Jon Randall, Mark Fain w/ Nathan McLean 7:30pm \$25.00 | 24 Steep Canyon Rangers 7:30pm \$29.50 | 25 Mary Black 'Last Call Tour' w/ Roisin O. 7:30pm \$45.00 | |
| 26 BETH HART 7:30pm \$49.50 | 27 THE BIRCHMERE PRESENTS BRIAN SETZER ORCHESTRA Christmas Rocks Extravaganza Wed. Nov. 26, 2014, 7pm The Music Center at Strathmore, North Bethesda, MD <small>Tickets on sale now. www.strathmore.org or call 301-457-1000.</small> | 28 in the FlexStage Todd Rundgren 7:30pm \$45.00 | 29 LOS LOBOS performing their Grammy winning record LA PISTOLA Y EL CORAZON 7:30pm \$49.50 | 30 Laurie Anderson 'Language of The Future' 7:30pm \$39.50 | 31 Gerald Albright 7:30pm \$35.00 | November 1 SINÉAD O'CONNOR 'I'm Not Bossy, I'm The Boss' 7:30pm \$69.50 | |



PEKING

Little Peking used to have a broken heart but thanks to the people at the AWLA and supporters Peking is all better and ready to find her forever home! Peking has a special story, she came to the AWLA with her brothers and sisters and while all of her siblings were romping around and playing Peking seemed to be a little more tired than the rest. We had Peking looked at and discovered a heart murmur. Peking received excellent care from heart specialists and even got surgery to fix her broken heart. Since her surgery, Peking has blossomed, playing, going for long walks and enjoying every second! Peking is a sweet, happy girl that would love to find her perfect forever home. Peking will need routine follow ups with her doctors but will live a happy, healthy life!



DIVA

Diva is a bit shy and fearful when you first meet her, but in the time that she has been at the shelter she has started to warm up to some of the staff members here, and we can tell you that once you win her over, she is the sweetest thing on four legs! She would really do best in a quiet, adult-only home where her new owners can really get to know her in a low-stress environment. She would also do great in a home with other small dogs, as she has been housed with other chihuahuas here at the shelter and done very well with them. Diva is ready and waiting for her new family, so we hope to see you soon!



ABE

He doesn't have a long beard or a top hat, but this Abe Lincoln would love to be the President of your heart! Abe is a goofy, fun-loving dog who was transferred to the AWLA from a shelter in southern Virginia. Just like his famous counterpart, Abe is a country boy at heart, always ready for a long walk so he can sniff around to his heart's content. He will need some help learning the ways of an indoor dog, so make sure you've got enough time to teach him his manners. He'll be ready for dinner at the White House in no time!



NIA

You can't spell "nice cat" without "Nia!" She is a very sweet and affectionate cat, although she is a shy girl who needs some time to get to know you before opening up. Once you become acquainted with Nia, you will fall head over tail in love with her as the kind kitty that she is! Nia always enjoys being around her people, even if she is just sitting there looking pretty. This beauty of a cat would also like you to know that she is the queen cat- she does not like to share the spotlight with other cats. Nia will, on the other hand, allow dogs to share her spotlight! Come in and meet this lovely lady to find out how great she is!

SAVE THE TAILS!



PASCAL

Pascal is a seasoned cat who enjoys long prowls around the house, finely prepared meals, singing symphonies of meows, and being admired for the good-looking cat that he is. This cuddly cat is as sweet as can be; Pascal is always distracting our staff with his refined charm! He loves rubbing up against people for snuggles and pets and he is very fun to hang out with. Pascal is looking for a loving home where he can meet some new pals to give him the praise and attention he deserves!



FRANKLIN

This handsome feline's good looks are exceeded by only one thing...and that is his shining personality! Franklin always greets our staff with friendly meow's (when he's not snoozing in the volunteer lounge), he loves to play, and he seeks people out for plenty of snuggles and pets! Franklin the cat, unlike the cartoon turtle character, is never afraid to come out of his shell. Whether you are lounging around watching TV or playing games, Franklin will be happy to keep you company because he just loves being around people! Bring him home to your loving family today!



ALICE AND BOPPITY

Alice is a beautiful white bunny with the most adorable gray ears! Alice came to the AWLA from the Humane Society of the United States, she travelled a long way to get here to find a better life and a forever home. Alice was living in a pen in our cat room and her neighbor Boppity was in a pen next door. One morning, staff came in and found that Boppity had hopped over his pen and hopped into Alice's to be closer to her! Don't worry, Alice is spayed and Boppity is neutered! We put Boppity back in his pen and staff continued to find them together. We decided that this was true love and left Alice and Boppity to be together forever! Alice has come out of her shell since Boppity has entered her life and enjoys pets and people's company! Since Alice and Boppity are soulmates they must be adopted together!



POWDER

Doesn't Powder remind you of beautiful, white, powdery snow? It's a no brainer how Powder got his name! Powder is a sweet and slightly shy guinea pig looking for his forever home! Powder might be a little shy at first but once he gets to know you he is a sweet guinea pig that will give you lots of squeaks! If you are looking for a beautiful guinea pig to join your family, come to the AWLA and meet Powder today!



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BY HARRY M. COVERT

THE COVERT REPORT



POLL TAXES, PIES AND ELECTIONS

One of the most exciting days of the year for me has always been Election Day. I consider it a High Holy Day. This day is not only the climax of political campaigning and campaigners but back in my fledgling days it was somewhat of a social event, really a fun day.

On the day I reached 21 years of age, I proudly and innocently marched down to the city's voter registration office. There in the old Elizabeth City County courthouse Mrs. Inez Ashe, Hampton's Registrar, had a few questions for me. Was I a property owner? Had I paid my taxes? How long had I lived in the city? I also produced a copy of my birth certificate and my draft card, which I still have, all brown with age and showing 1-A. I never burned it and was never called up.

At the moment Mrs. Ashe's questioning seemed akin to being interrogated by the city police. All I wanted to do was vote. I did what I was told, signed the form. I was excited and eagerly anticipated the next election. I missed out on the Kennedy-Nixon battle. Then Mrs. Ashe sprung on me, "You gotta pay the poll tax." No one had alerted me about more taxes. But a tax to vote? I put up a small argument but Mrs. Ashe didn't crack a smile. Firmly as a prison matron, she said, "if you want to vote you have to pay the \$1.50 poll tax." I had a dollar bill and at least 50 cents in assorted change. I just made it.

In today's world I chuckle hearing about people who have trouble casting ballots, mostly by computer. In my early days you just marked the ballot with a pencil, paid the poll tax and kept the receipt just in case a challenge arose. You couldn't pay the tax the day before the election or the day of the voting.

In the Commonwealth of Virginia, several things were important in elections. It was advantageous to be a big D democrat. It was smart to be a supporter of Winchester's Harry Flood Byrd, Senior, and also the local members of the Byrd Machine. Whatever office you wanted to run for had to have the Byrd blessing. Of course, you had to be a public Democrat, too.

Now \$1.50 was quite a high fee for a lot of people in the Fifties and Sixties. I was such an innocent it was only then I realized the reason for the poll tax: to keep "some" people from voting. No one wanted to admit it but those "some" people were primarily black families and poor whites all over the Commonwealth and throughout the south. I didn't know I was in the deprived category.

I started working the polls. In those days the

Commonwealth allowed everybody to get a driver's license at age 15. Applicants had pass written, driving and then the parking tests. This was quite intimidating for a 15-year-old. The reason? A uniformed and armed Division of Motor Vehicles agent, dressed similar to the State Police, was the tester. You had to drive around the block, give hand signals out of the window and then park between two imaginary cars without bumping the curb. I passed the test in January. For the record, my family didn't have a car.

In the spring, there came the primary elections. A "machine" friend offered me an Election Day job. I couldn't vote, but I could drive people to the polls. I loved it. The pay was five bucks and lots of tips. We managed to get many people safely to the voting booths and no one complained.

Precincts were fun to be around. We'd pick up the voters, drive to the proper voting places and wait. While waiting we could enjoy all kinds of homemade cakes and pies and sandwiches. I liked the chocolate meringue, apple and coconut pies, similar to those featured around Alexandria, Arlington and other delectable bakeries. Political talk then as now, was simply enthralling.

Sometimes, we had to make late rides because closing time was nearing and the candidate or candidates needed an extra bit of help.

I didn't know the difference between the parties in those days. There weren't any because there was just one, Byrd Democrats. We pretty well knew who was going to win on all levels. You couldn't even be a local precinct leader of the local Democratic executive committee unless you had permission and the approval of Senator Byrd's team.

Obviously times have progressed, mercifully. The matter was settled for all elections – local, state and federal – when in 1966 the U.S. Supreme Court ruled the poll tax was unconstitutional.

In today's world we voters are a bit more sophisticated, some even superannuated. We have real voting rules, mainly no \$1.50 poll tax and 18-year-olds can vote. Fifteen-year-olds can't have a full-fledged driver's license.

This year, we don't know who's going to win local elections beforehand. Even the so-called experts can't honestly predict but will be guessing.

I'm going to vote again, I've never missed and I'll be attending some non-poll tax receptions. The food will be good and the orations will be fun, informative and important.

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It is fun and rewarding. Without enough foster homes we can't save as many pets. Since AFH tries hard not to use boarding facilities, we cannot accept new, deserving animals into our program without ready foster homes. If you are interested in making your home available for a deserving pet, please drop us an email at Foster@foreverhome.org.

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is a non-profit dog rescue group located in Chantilly Virginia that operates in the Northern Virginia / Washington Metropolitan area. We strive to make quality dogs available for adoption and do our best to match prospective adopters with the right animal!

Because AFH is a 100% volunteer-run organization, we cannot function without your help. In particular, we need: foster homes, transporters for adoptions and vet visits, handlers at adoption days, and helpers at fundraising events. If you think you would like to help, e-mail: volunteer@foreverhome.org.



For more information about adoption, call **703-961-8690** or visit us online at www.aforeverhome.com

Barbie the Beagle

Breed: Beagle
Age: 3 years
Gender: Female

Barbie is a lovely, beagle who never met a stranger. She walks well on a leash, is crate trained and housetrained and doesn't beg at the table. Barbie loves to cuddle teddy bears, and absconds with them every chance she gets. She's is a big cuddle bug and will curl up beside you any time you let her. She also loves loves loves going for walks and if you're a runner, she'd love to go for a run with you. Barbie is an all around great girl and would make someone or some family a great companion.



Coco Cabana

Breed: Shepherd Mix
Age: 3 years
Gender: Female
Coco Cabana was originally abandoned at a water tower until picked up by animal control. She is an angel. She is SO good with other dogs. She's so cuddly and so nurturing. Hard to imagine a dog like this so down on her luck. This poor girl came to us pregnant. She had 11 pups on 9/15/2014.



Jane

Breed: Shetland Sheepdog
Sheltie / Collie Mix
Age: 10 years
Gender: Female
Jane is a very nice, friendly, and smart girl. She is housetrained, crate trained and walks well on a leash. She knows all of her basic commands. Jane loves other dogs and people. If you're looking for a readymade companion, Jane would be the dog you're looking for.



Cody (Sampson)

Breed: Australian Shepherd / Labrador Retriever Mix
Age: 4 years
Gender: Male (Neutered)
Cody is a wonderful herding dog. If you have a herd, he will take care of getting it where you want it to go. If he is not herding, he is on duty but relaxed. Cody likes to communicate and does a good job of letting you know if he needs to go out. He doesn't like being crated. Other than that, he is an easy going perfect companion. He sleeps but always with one ear up for what his human may need or where his human may go. He can easily be left in the house alone as he does no damage to the house. He would do well in a house where someone is home during the day and where there are other dogs to bond with. He is a great companion dog. He never jumps up and he knows basic commands.



Daisy

Breed: Labrador Retriever / Shepherd Mix
Age: 8 years
Gender: Female
Daisy was returned to AFH after 8 years because of changes in her family. Daisy is a friendly girl. She loves being around her humans and going for walks in the woods or through the neighborhood. She loves being brushed but does not like the water. She loves being given treats and will shake, lay, sit, and stay for them. Daisy also knows how to heel and come when called. Daisy is housebroken and is crate trained but does not enjoy her crate with the door shut. She much rather sleep on her dog bed and loves to play with her stuffed toys. Daisy is good in the car has traveled a lot with her original family. She does well with cats and other dogs, but is happy by herself as well.



Tuff

Breed: Chihuahua / Italian Greyhound Mix
Age: 5 years
Gender: Female
Tuff came from a rural WV shelter. Tuff is an appropriate name for her. She's a tough tiny thing with the spirit of a German shepherd. Amazingly she rules over the foster's big dogs. She is a snuggler, and when she's not guarding the premises, she's quite content to be curled up on a lap (preferably under a fuzzy blanket). She sleeps in bed, under the covers, warming someone's feet. It took her several weeks

to bond with her foster, but when she did it was with the strength of super glue. She looks like a fawn, especially when she's curled up in a tiny ball. Because she has so little fur, she's always cold and likes her little sweaters. She's not too fond of very young kids, but loves them when they're old enough to treat her like the lady she is, instead of a squeak toy.



Saint Bernard

Breed: Saint Bernard
Age: 6 years
Gender: Male
This boy is a pure-bred Saint Bernard. He was born October 31st 2007 but does not have papers. He's house trained, does well with cats and both small and large dogs. In his original home he adored their cat, and gets along well with a Chihuahua, and the neighbors female lab. He also did well with the little boy in the home who also loves him dearly. His owner said that he's supposed to be dry mouth but he does drool some. They gave him up because they moved and their new back yard is way too small for him.

Lady Jane

Breed: Beagle Mix
Age: 6 years
Gender: Female
Lady is looking for a new home because her adopters are moving and can't afford to take her with them. She's housetrained, crate trained and is very good with other dogs. She loves people.



Sam

Breed: Border Collie
Age: 6 years
Gender: Female
Sam is a beautiful, pure-bred Border Collie. She is pretty, perky and sweet. She gets along with children and other dogs. She was given up to a shelter because they had too many dogs.



Teddy

Breed: Terrier / Beagle Mix
Age: 7 months
Gender: Male
Looking for a new best friend... then look no further! Teddy will be your best friend forever. He is equally friendly with dogs and children. He is curious about cats, and probably will do well with them over time. Teddy has such a nice disposition that if he has something in his mouth, you can just stick your hand in there and remove it with no fears of his growling or biting. Give him a belly rub, and he will never leave your side. He loves to fetch things and play hide and seek.



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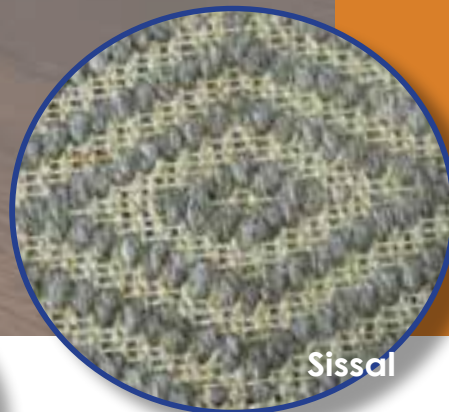
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