



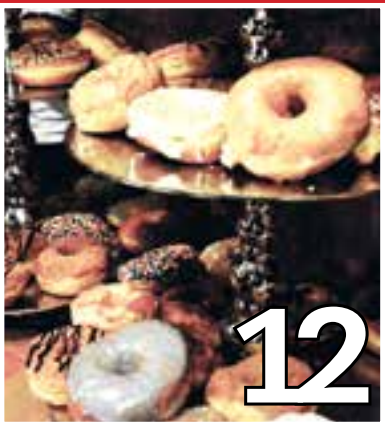
Meggrolls

A creative concept keeps on rolling

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MAY '15

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ALEXANDRIA'S WALK FOR THE ANIMALS A SUCCESS



Christine Garner

*It's Not Just My Business,
It's My Neighborhood*

OLD TOWN

\$2,200,000

Historic 4 bedroom, 3.5 bath home on "Captain's Row" 1 block off King Street and 2 blocks from the river. Extensive restoration with nearly 3,000 sq. ft. of living space featuring spacious light filled rooms with 10' ceilings, beautiful moldings, random width wood floors and 2 fireplaces. Eat-in kitchen with exposed beams and rear stairs to upper level. Main level bedroom with full bath plus half bath for guests. Upper level with 3 bedrooms and 2 baths including the Master suite with en suite bath. Unfinished lower level with tall ceilings and heat, back porch, roof-top deck and fenced yard with pergola and Koi pond.



OLD TOWN

\$2,175,000

One of Old Town's more distinctive residences located in the Heart of Old Town with a DETACHED GARAGE & ELEVATOR. This detached 4 bedroom, 3 bath brick Victorian sits back from the street behind an ornamental iron fence surrounded by walled gardens. Notable architectural features include a turret, unique stained glass panels over the front windows, curved staircase with hand carved balusters, 10' ceilings with generous mouldings and gorgeous hardwood floors throughout. A vestibule entry opens to the foyer and welcomes you to the living room with adjoining study and library with a stone fireplace that can be enjoyed in the living room as well. Formal dining room and sunroom with glass doors that open to the gardens. Back stairs take you to the 4th bedroom in the carriage house with full bath. Three upper level bedroom including the Master suite with en suite bath and dressing room. Spiral stairs take you to the finished upper level with turret room!



DEL RAY

\$1,187,000

A spacious 2 story addition has transformed this beautiful 5 bedroom, 4.5 bath 1930's home. Set back from the road with perennial gardens and a manicured lawn. Gracious living room with fireplace and formal dining room. Kitchen with granite counters and breakfast bar with adjoining sunroom and family room with vaulted ceilings, wet bar and fireplace. Glass doors open to a fabulous screened porch and deck with stairs to the yard. Upper level with 4 bedrooms including the Master suite with vaulted ceiling, walk-in closet and a luxury bath. Finished attic with bedroom and full bath plus a lower level guest/nanny suite with kitchen!



COLLEGE PARK

\$1,075,000

Gorgeous 5 bedroom, 4 bath craftsman home with approx. 3,500 sq. ft. of well designed living space on a large professionally landscaped lot with extensive hardscape. Foyer entry welcomes you to the living room with stone fireplace and formal dining room with wet bar. Gourmet kitchen and adjoining family room with French doors to the beautiful patio, ideal for outdoor entertaining. Main level bedroom with full bath and 2nd level with 3 bedrooms including a fabulous Owner's Suite with sitting area, 2 walk-in closets and luxury en suite bath. Spacious 3rd level with full bath is ideal for a 5th bedroom or 2nd family room.



DEL RAY

\$1,049,000

Spacious 5 bedroom, 3 bath home with approx. 3500 sq. ft. of living space, a 2 car detached garage and ideal location! Lot's of 1920's charm with handsome wainscoting, crown molding and custom woodwork throughout. Gracious foyer entry with French doors to the dining room with fireplace and dining room. Large eat-in kitchen with breakfast bar and Palladian window looking out to the lovely fenced yard with elliptical stone patio. Main level bedroom with full bath and 4 upper level bedrooms with 2 full baths. Lower level recreation room, ample closet and storage space.



POTOMAC GREENS

\$949,000

Spectacular 3 bedroom, 3.55 bath townhouse with attached 2 car garage with over 3,400 sq. ft. of luxury living. Desirable open floor plan featuring 9' ceilings, crown moulding and wainscoting, 2 sided fireplace and gleaming hardwood floors on main and lower levels. Chef's kitchen with granite center island and breakfast area. Upper level with 3 bedrooms and 2 full baths including the Master suite with 2 walk-in closets and luxury en suite bath. The 4th level has a spacious family room with full bath and access to a roof top deck! Entry level with foyer, recreation room and study. Convenient to parks and playground, shops and restaurants. 2 lights to D.C.!



ROSEMONT - COMING SOON

\$899,000

Lovely 3 bedroom, 2 bath expanded bungalow ideally located just blocks from METRO, shops and restaurants in Del Ray and Old Town. Spacious living room with fireplace and adjacent family room. Dining room with coffered ceiling, kitchen with granite counters and 42" cherry cabinets with sunny breakfast room. Upper level with 3 bedrooms and 2 full baths including Master suite with en suite bath. Unfinished lower level, large fenced yard with patio and arbor. Off street parking.



DEL RAY

\$799,500

Wonderfully updated 2/3 bedroom, 2.5 bath bungalow with off street parking just blocks from 2 Metro stations. Lots of "Old World" charm yet updated with today's modern amenities. Welcoming front porch and foyer entry with half bath. Light filled living room and formal dining room with adjoining sunroom and kitchen. Kitchen features granite counters and breakfast bar, SS appliances and 42" Maple cabinets and has access to the driveway for easy unloading of groceries. Upper level with 2 bedrooms and gorgeous bath with heated floors, double vanity and oversized shower. Lower level with tall ceilings, full bath and walk-in closet is perfect for a family room or guest suite. Large fenced yard with huge shed and patio.



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MAY '15

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DISTRIBUTION

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Alexandria West	Fairlington	The Pentagon
Beverly Hills	Great Falls	Rosemont
Braddock	Mount Vernon	Seminary Hills
Heights	Old Town	Shirlington

PUBLICATION DATES

Zebra is printed monthly.

DEADLINES

The deadline for the receipt of all new advertising materials is 5:00 p.m. Wednesday, seven days prior to publication. Materials and space reservations will be accepted for proofed unchanged camera ready repeat ads until 5:00 p.m. Friday, the week before publication. Cancellations and changes cannot be accepted after Monday, the week of publication and no refunds will be made after that time. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication.

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CATCH OUR MISTAKES

We proofread, but occasionally we make mistakes, so to make a game of it, we encourage you to find the errors we missed. The entrant who finds the most wins a gift certificate from an area retailer or restaurant.

If you have a keen eye and a sharp pencil, send your catches to editor@thezebrapress.com.

BARBARA JUSZCZYK caught the most – AGAIN! Barbara wins a \$25 gift certificate from Greenstreet Gardens!



PUBLISHER'S NOTE

I notice there are hardly any clocks out in public anymore. Out of habit, when I am curious about the time I look up at a wall. I was in a place with a younger friend the other day, and he said, “What are you looking at?” I said I was just looking for the time. He seemed dumbfounded. For his generation, the time is on the phone or the computer, not on a wall. I had not thought about it until I had this interaction, but apparently, that’s another thing lost to the generations behind me.

Well, as for me, I still have clocks on my living room, kitchen and bedroom walls. Moreover, it’s time to get this issue to the printer. We’ve added a few nifty things, like Pat Malone’s SportsTalk column, the Alexandria Aces schedule and even more



community and school news than the past. As always, please contact me directly with ideas or criticisms, and join us at the Food Truck Rodeo on June 5!

Cheers,
Mary Wadland

WHAT BUGS ME

You don’t know me, but I am the driver that let you merge into traffic from the “on” ramp. I am also the driver who pulled over to one side on a narrow street to let you pass. I also make sure I do not block the side street or driveway of the fast food restaurant so you can pull out onto the street. Would it be too much to ask for you to wave your hand as you

go by to thank me? You do not have to stick your hand out the window, just wave your right hand by the rearview mirror so I can see it. And, better yet, why don’t you pay it forward and let someone else merge?

Tell me what bugs you and see your name in print, debbyc@thezebrapress.com.

— Debby Critchley



Zebra Spotted in Colonial Beach, VA!

Jamie Pummill was caught catching some rays and reading through her copy of the April Zebra in Colonial Beach, VA.

Send photos of Zebra read around the world, and we’ll publish them as well as send you a gift certificate from an area restaurant or retailer. Submit to editor@thezebrapress.com with a caption.

Jamie just picked up a \$25 gift certificate from Greenstreet Gardens!

ROBINSON TERMINAL PLAN MOVING FORWARD

City Council voted 5-1 to approve the redevelopment of the Robinson Terminal South warehouse into a mixed-use development including up to 96 townhouses and condominiums, as well as 11,500 square feet of retail space. The project is an early step in the long-term revitalization of Alexandria's Waterfront, which will include new parks and open space, civic facilities, utility improvements, and flood mitigation infrastructure.

"This is yet another exciting milestone on the path to an enhanced Waterfront that provides benefits to our entire community," said Mayor William D. Euille.

City Council's approval followed a unanimous recommendation by the Planning Commission on April 9, and an evaluation by City staff of the costs and impacts of trucking versus barging at this particular site. The approved plan requires developer EYA to use barges, rather than trucks, to remove the fill material required to raise the site above the



Architectural rendering of the proposed Robinson Terminal. Image provide Alexandria City,

floodplain and the excavation material required to construct a below-grade parking garage – the equivalent of approximately 7,000 truckloads. Demolition debris and other construction materials – less than 90% of all material -- will be transported by truck. EYA has agreed to monitor closely the remaining truck operations to reduce noise, traffic impacts, and soil erosion. This barge-truck hybrid arrangement is consistent with the consensus of the Ad Hoc Monitoring Group, which City Council appointed

in 2014 to proactively address the construction impacts of waterfront redevelopment.

"We appreciate all the community input we received on this issue, the diligent work of the Ad Hoc Monitoring Group on Waterfront Construction and City staff, and EYA's cooperation," said Euille. "We're pleased that City Council could approve a responsive and responsible plan for this important project to enhance Alexandria's Waterfront."

CITY BRIEFS

The Alexandria Transit Store is Going Mobile!

The location at 1775-C Duke Street (on Diagonal Road across from the King Street Metrorail Station) will be closing on June 19, 2015. A mobile transit store will travel throughout the City, bringing transit and transportation information directly to residents and employers of Alexandria. Visit the DASH website for more information.

Lee Center Basketball Court Renovations

The City of Alexandria's Department of Recreation, Parks and Cultural Activities is renovating the existing basketball court located at the Lee Center, 1108 Jefferson St. The basketball court surface will be repaired and recolored. In addition, installation of new accessible play equipment, to be located within same court area, will be completed concurrently with the court renovation. The play equipment will include accessible swings, outdoor music instruments, sensory play components, and soft rubber tile surfacing. The play equipment was funded in partnership with the Miracle League of Alexandria and the Kelley Cares Foundation to provide accessible outdoor play at the Lee Center.

Work is scheduled to take place until June 10. The court will be closed during construction.

Ellen Pickering Environmental Excellence Award Goes to Maury Green Team Leader



Courtesy photo

Pete Raack, Matthew Maury Elementary School Green Team Leader, is this year's winner of the Ellen Pickering Environmental Excellence Award. The award was presented by Alexandria Renew Enterprises and the City of Alexandria Environmental Policy Commission during Alexandria Earth Day 2015 at Ben Brenman Park. A tree was planted in his Raack's honor.

Pete's "endless energy and creativity demonstrated an unwavering commitment to protecting the environment at Maury and throughout the City of Alexandria, and has inspired and raised awareness among countless Maury students and parents," said Mr. Raack's nominator Brittany Fraser.

Mr. Raack champions the Maury Green Team's Compost Captains program, which helps educate students on the importance of composting. He serves as the multi-year leader of the Maury Environmental Kids' Club after-school program to teach students the importance of keeping Maury green. The school's garden is thriving, and rain barrels are at work, thanks to Pete. He involves kids and parents in stream



CRWC President Susan Yonts-Shepard and board members present a \$500 donation to Casa Chirilagua. Left to right: Jane Ring, Debbie Ackerman, President Susan Yonts-Shepard, Kamila Lipowska-Torrez, Adriana Cabrera, Eileen Brackens, Maria Cabrera, and Dawnielle Miller. Courtesy photo.

LATINO NEIGHBORHOOD ORGANIZATION RECEIVES CHECK

On Thursday, April 23, at the Lyceum on Washington Street in Old Town Alexandria, some sixty people, members and guests of the Commonwealth Republican Women's

Club of Alexandria, attended its annual membership event. This annual meeting

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CONTINUED ON PAGE 6

Plan Ahead. Pay it Forward.



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ALEXANDRIA 101 LAUNCHED



Alexandria business leaders gathered at the Alexandria Visitors Center during the launch of Alexandria 101. Photo provided by Visit Alexandria.

Visit Alexandria celebrated National Travel & Tourism Week with the launch of Alexandria 101, a free resource and tourism training for frontline staff throughout Alexandria that will include quarterly workshops and monthly one-on-one sessions to help businesses maximize revenue from tourism and provide visitors with extraordinary service.

The first workshop at City Hall provided member businesses with an orientation to Alexandria history, its dining scene, top attractions and tours, hotels, parking and transportation information, and concluded with a walking tour of Old Town.

Visit Alexandria staff also presented an overview of the impact of the city’s tourism industry.

“Just look at the numbers. Travel supports 15 million jobs in America, including 6,000

jobs right here in Alexandria,” said Patricia Washington, president and CEO of Visit Alexandria. “With the launch of Alexandria 101, we’re celebrating what travel means to our community and helping local businesses to continue to provide visitors with an extraordinary experience, from the moment they book their trip to the time they check out of our hotels.”

In Alexandria, tourism generates \$24 million in city tax revenue, contributes \$5,000 per resident in economic activity, and saves Alexandria households an average of \$300 per year in property taxes.

According to a 2014 study, for every dollar spent by the City of Alexandria on campaign advertising, \$171 was generated in visitor spending at local businesses and \$6 came back to the city in tax revenue.

PUBLIC SAFETY HEROES HONORED AT THE 2015 VALOR AWARDS

BY MARY WADLAND

Surrounded by their friends and families, business leaders, and elected officials, a select group of public safety officers were given substantial recognition on April 30 during a celebration hosted by the Alexandria Chamber of Commerce.



Canine Xig-Xag was honored along with his partners. Photo by Melinda Sigal

Each outstanding performance was highlighted in detail, and the narratives surrounding each achievement were impressive examples of “going above and beyond the call of duty.” **Officer Michael Nugent**, along with the help of a concerned citizen on the scene, Mamie Doyle, saved the life of a woman threatening suicide by jumping off the bridge at the I-495 overpass on South Patrick Street; Officers **Erik Nygren**, **Ryan Waple**, **Carlos Rolon** (and canine partner **Xig Xag**) and **Steven Escobar** responded to the scene of a suspicious package, which proved to include a firearm, gas mask, explosives, handcuffs, fireworks and ammunition. They secured the scene, evacuated residents and located a

man hiding in a ghillie suit, potentially saving many lives that day; **Assistant Fire Marshall Andrea Buchanan** faced a hostile crowd and a collapsing ceiling at a local hotel event and had to perform life-saving measures on an unconscious woman in spite of the potential risk to her personal safety and without the protection of any backup law enforcement; **Sergeant Chris O’Dell** used his quick wits and deftly quelled a situation at the jail in which an inmate threatened to stab himself in the neck with an ink pen; **Firefighters Michael Ambrose**, **Joseph Porcelli** and **Michael Lyons** responded to MacArthur Elementary School and saved a child passed out in the cafeteria suffering from pediatric cardiac arrest; **Sergeant Nick Ruggiero**, **Officers William Rutz** and **Matthew O’Malley** saved a pedestrian’s life who was trapped beneath the debris of a building which had fallen upon her as a result of a high-speed vehicle crash; **Firefighters Michael Faber** and **Daryoush Hematti** subdued an out-of control man high on PCP who was endangering, himself and his family; and **Officer Daniel Canniff** faced life-threatening risks in a Hazmat incident while effectively evacuating residents and maintaining safety.

All of these amazing stories are documented in detail on the City of Alexandria website, and over 30 photos from the event are posted on The Zebra’s Facebook page.

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QUOTABLES

Be kinder than necessary, for everyone you meet is fighting some kind of battle.

–Anonymous

Hey, Daddy-o!

Sunday,
June 21



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cleanups—no matter the weather.

The award is named to honor the late Ms. Pickering and her lifelong dedication to City preservation and conservation. She helped create the Mount Vernon Trail between Alexandria and Washington, DC, and urged the adoption of the City's Open Space Plan. Mrs. Pickering also implemented the planting of 1,000 citizen-donated cherry trees during her tenure as Chair of the Alexandria Beautification Commission. She was a member of the Alexandria Sanitation Authority's Board of Directors and served on the Alexandria City Council and numerous boards and commissions.

Dog Park Gets Lights

The City of Alexandria's Department of Recreation, Parks and Cultural Activities installed lights in the dog park at Eugene Simpson Stadium Park, 426 E. Monroe Ave. Three new lights were installed in the dog park and operate through an on-demand button located in the dog park.

Mexican Celebration at Durant Center

The "Taste of Cinco de Mayo" was held at the Durant Center as part of the "First Fridays" Series. The Series is a project of the Office of the Arts, a division of the Department of Recreation, Parks and Cultural Activities. The evening included a wonderful dinner of Mexican food from South Austin Grill, Los Toltecos, Los Cuates, and Dos Amigos. Entertainment was



The crowd was enchanted by these members of the dance ensemble. Photo by Debby Critchley.

provided by the Quetzales Mexican Dance Ensemble, Northern Virginia's premier Mexican folkloric performing company. They performed dances from several regions of Mexico to the delight of the audience. Ocho de Bastos, a Latin rock and jazz band followed with a selection of lively and beautiful music. Milton, the band's lead singer and manager said the band performs at many community oriented events.



Stephanie Landrum named new CEO. Courtesy photo.

Landrum Named CEO of Alexandria Economic Development Partnership

When Val Hawkins recently retired, Stephanie Landrum was promoted from AEDP chief operating officer to acting president and CEO, but that title is now official. Enthusiasm has been heralded for Landrum since taking over six weeks ago, and she has

worked for the agency for a decade.

"Given her track record, her network and her obvious familiarity and competence with respect to the Partnership's mission and ongoing initiatives, we are confident economic development for the benefit of the entire city won't miss a beat," Chris Hartman of SunTrust Bank, the board chairman, said in March.

In her new role, Landrum will focus on local business formation and branding efforts throughout the city, with a particular focus on "the newer Alexandria neighborhoods of Carlyle, Potomac Yard and Landmark," according to a release. The AEDP also announced that one of two executive level positions within the organization will be eliminated, allowing Landrum "to redeploy existing internal staff to updated roles, and to hire several individuals for new positions" geared toward research and strategic initiatives.



A creative concept keeps on rolling

BY KRIS GILBERTSON

Meghan Baroody, owner and driving force behind Meggrolls is a native Alexandrian, part of a "giant family" of Lebanese/Irish/English heritage. "My dad was born and raised in Alexandria as well," she says, "and Mom was born in Southeast DC. She's the oldest of five; Dad is youngest boy of eight; I am the youngest of six. All my siblings have 'normal' jobs, like teachers, lawyers, business developers, mothers, fathers—all my siblings have children. I have Meggrolls."

What are Meggrolls?

Meggrolls are eggrolls with personality, says the website. They come to you in a brilliant blue truck and with a good back-story. Megg Baroody didn't set out to start a food business. She studied art in college and worked at "freelance painting, commissioned pieces, painting murals on little kids' walls," she says, and at one point branched out into voice acting.

She paid the bills by tending bar at restaurants in

Alexandria and Arlington, work that she considers was invaluable to her current business. "Right after college, I'm working at Tallula Eat Bar in Arlington and I'm learning how to have conversations with people and how to network. Looking back, I learned a lot about how to communicate with people, which is a huge



"My name is Megg and I make eggrolls—so it's Meggrolls"

asset to me now."

In 2009, Baroody's boyfriend, Jules Julio, was also tending bar but at a different restaurant. On her off nights, Megg made late night snacks and took them to share with Jules and his regulars.

"I love to cook. It's been my hobby since I was a little kid. I'd take out the *Joy of Cooking* and just pick

something," she says. "One night I made Chinese egg rolls, passed them out, and everybody loved them. Jules said these are awesome. You should put like a cheeseburger in one of these things. You could put different meals in these things. So I give Jules credit that he gave me that zinger lightning bolt of an idea, but Lord knows I took it and ran with it."

"My name is Megg and I make eggrolls—so it's Meggrolls."

From hobby to serious business

For two years while working shifts at Chadwicks and Ramparts in Alexandria, Baroody worked at home to develop up to 30 new flavors and a menu. "It was just a fun experiment in my kitchen, a creative concept," she says. "At least once, maybe twice a week, I'd come up with new recipes, bring them up to work late, like 12:30 at night, and hand them out to people just to see what they thought of them."

"But from the moment I had this idea, I would speak

CONTINUED ON PAGE 10



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FOODIE

NEWS

BY DEBBY CRITCHLEY



Carluccio's Caffè, Restaurant & Italian Market is opening sometime in May in Old Town at 100 King St. Carluccio's is a European café, restaurant, and Italian market. This will be the first location in the US. According to their Craigslist posting: We provide an authentically Italian experience for our customers, serving rustic, regional cuisine. Our food is freshly prepared using high-quality ingredients and offered at an incredible value. Our service style is friendly and informal, but very efficient. We consistently ensure our customer's experience is special whether they drop in for a quick espresso or enjoy a leisurely 4-course meal. We are also an Italian style market & deli that offers prosciuttos, salamis, cheeses, cakes and pastries, prepared dishes for carry-out, and many imported retail products for sale as well. Sounds like a real win for Alexandria.

Jamie Leeds, chef and owner of **Hank's Oyster Bar**, is opening **Hank's Pasta Bar** according to papers filed with the City Planning office. The new restaurant will feature Italian cuisine

at the corner of Montgomery and N. Saint Asaph streets in the Old Town North neighborhood in the former location of Villa d'Este. Renovations will be made to the interior, and the kitchen equipment will be upgraded, according to a special use permit application. **BRABO by Robert Wiedmaier** restaurant, led by Chef Harper McClure, is hosting



Jamie Leeds, chef and owner of Hank's Oyster Bar

a series of guest chefs through October. Chefs will join McClure in the kitchen where they will make culinary magic. "It's a reunion of sorts for chefs who once cooked at Vidalia, like RJ, Nick, and John," McClure recently told Bisnow. There are currently 6 dinners scheduled including May 13: **RJ Cooper** (Rogue 24, Gypsy

Soul), June 10: **Nick Sharpe** (After Peacock Room), July 8: **Erik Bruner-Yang** (Toki Underground, Maketto), Aug. 12: The Wiedmaier Group, Sept. 9: **Todd Gray** (Equinox), Oct. 14: and **John Melfi** (The Oval Room). Make reservations at events@braborestaurant.com or by calling (703) 894-3440


The owners of A-Town and Don Tito are beginning work with their third offering, **Barley Mac**. It will open in the former Red, Hot & Blue space in Rosslyn, according to ARLNOW. Expect Italian-American food, beer, and bourbon. The owner says he is

CONTINUED ON PAGE 9

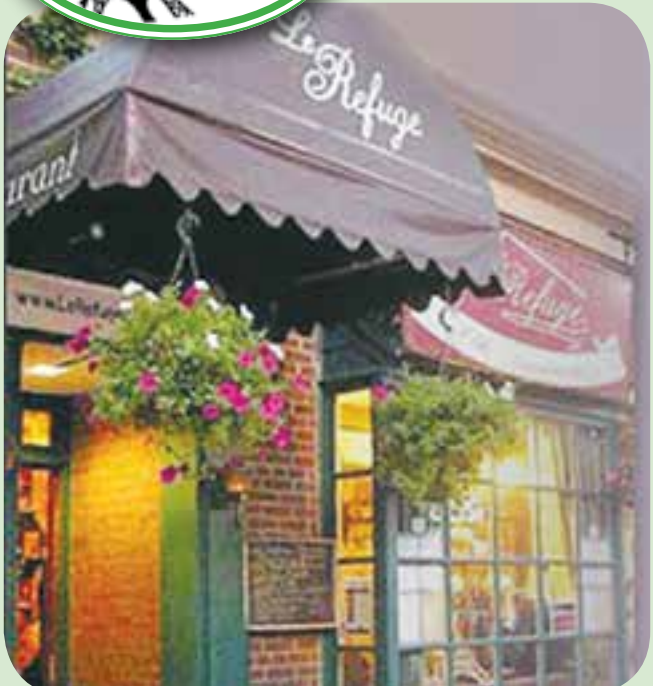
Wegman's Opening Soon

Mark your calendars. **Wegmans** opens at **7 am Sunday, June 14** in Kingstowne. Expect huge crowds and wonderful food choices. The 126,000-square-foot store will anchor the Hilltop Village Center, a 350,000-square-foot retail and office complex at Telegraph Road and Beulah Street. This store will be the seventh Wegmans Food Markets in Virginia and the first in the state to feature a full-service restaurant called The Pub.





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FOODIE NEWS ...
CONTINUED FROM PAGE 8

going after an older crowd than his previous establishments, according to the report. An opening could come in November or December.

Have you been to The Four Mile Run Farmers & Artisans Market (4MRMarket)? It is open every Sunday from 9 am to 1 pm through November in Four Mile Run Park at 4109 Mt Vernon Ave. 4MRMarket brings fresh, nutritious food to people of all income levels, provides an opportunity for local artisans and producers of goods to bring their wares to market, strives to reflect the diversity of the community, and improves the quality of life for Arlandria residents and visitors.

Right now is the season for flowers, herbs, and vegetable plants. C&T Produce, a locally family-run farm in Stafford, has an array of hanging baskets, herbs, veggie starts, and produce—lots of root vegetables, greens, and cut herbs. She Peppers is backyard gardeners who have turned the peppers, vegetables, and herbs that they grow into delicious and unique BBQ sauces, pepper



The Four Mile Run Farmers & Artisans Market

sauses, hot sauces, dips, and rubs. She Peppers also sells seeds and seedlings of the various types of peppers, tomatoes, and herbs for patrons. Tom's Amish Cheese Store from Lancaster, PA features artisan cheese and yogurt, farm-fresh eggs, and Pennsylvania honey. Tom is also carrying all his great cave-aged cheeses at 4MRMarket. St. Elmo's Coffee Pub brings freshly brewed coffee, tea, and always a nice selection of sweets. Sweet 'N Savory of Alexandria is a local Bulgarian baker!. They bring savory and sweet breads, breakfast pastries, fruit pies, breadsticks, and granola. Great Harvest Bread serves up a variety of fresh baked breads, muffins, and other treats. With generous samples, you'll be happy before you even get your loaves back to your kitchen. Whole Health has a wide variety of organic teas and body scrubs. Felicity's Handcrafted Soaps will be at the market every other Sunday with hand-made soaps and knitted items. Sun & Moon Accessories has handmade jewelry from mostly natural products (seeds, gems, etc.), hand sewn articles of clothing, scarves, and baby boots and hats. Other crafters will make appearances throughout the season. You can bring your compost buckets to the Market as part of the city program.

A festive atmosphere is provided each week with live music on the Market stage. Some of the performers include Matt Buchanan- May 10 and June 14, Ian Kraft-May 17, Libby Weibel-May 24, Matt Tarka-May 31, Janna Audey-June 7, and Dan Barry-June 21.

Moreover, as a final foodie news flash, Bugsy's Pizza Restaurant, opened by Bryan Bugsy and his wife in 1983 after he retired from the NHL has transferred ownership to Bartolome Paz. And, the good news to some and bad news to others: no more smoking allowed in the upstairs bar. Aside from the lack of smoke in the air, the word is all else should remain status quo for good food and great service.

Finally, Thai Hut on Van Dorn is becoming Chicken Pollo.

HOT PICK
BY MIKE SADE

I love hot sauce and salsa. Some too hot to share with others. Stonewall Spicy Corn Relish is a must have for your kitchen "got to have."

I know I've been off the hot sauce track lately, but there are so many options for adding spice to your dishes now that we are into the spring season. With so many salads to make and opportunities to expand your taste buds, I am encouraging you to try this corn salsa.

The Ingredients include Corn, Pure Cane Sugar, Onions, Cider Vinegar, Red Bell Peppers, Chilis, Jalapenos, Salt, Guar and Xanthan Gum, Mustard Seed, Black Pepper, Cayenne Pepper, Celery Seed, Turmeric, Gluten Free. You can find this salsa locally at most grocery stores.

Consider it a simple side for chips or as a condiment for burgers, salads or mixed into your favorite recipes. I just made a chicken salad with this salsa and it added the right amount of sweet and spice. Try it on any greens and it will light up your salad with the glee of your attendees.



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—Dudley Moore
Arthur, 1981

QUOTABLES

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MEGGROLLS

CONTINUED FROM PAGE 6

about it very confidently, I would say this is the next big thing...even though, my knees were shaking. I kept speaking about it largely, so it would stick in people’s heads.”

And it did. As word of Meggrolls quickly spread, random people from the restaurants she and Jules worked in started asking for more. Then family and friends would call to say, “I’m having a baby shower [or whatever], could you make me a couple of dozen Meggrolls?”

Baroody admits that her rapidly growing success was scary, but “I’d say *absolutely*, and how many would you like? Looking back to four or five years ago, my first few orders of making three dozen Meggrolls was overwhelming, but now—400 Meggrolls at an event is no big deal.”

Meggrolls hits the road

A food truck was not in Meghan’s original plan. As her business picked up speed, she viewed the future as a brick and mortar location. Three years ago she met a local investor who was interested in franchising a first Meggrolls shop. It was not the right time for such a deal but led her to research what would go into opening a shop on her own. The needed capitalization of some \$500,000 was overwhelming. An interim step was needed, and that is where the truck came in.

“I said, I don’t want a food truck, but Meggrolls needs a food truck to get the product out there. It was a higher platform than just selling Meggrolls out of my MINI Cooper. I could sell hot, fresh Meggrolls to individuals, as opposed to the only way you can get a Meggroll is at a party I’m catering.”

Buying a box truck and retrofitting it to fry Meggrolls could have cost \$150,000, but the food truck sensation



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was firmly established in the District and Arlington by then. People had tried and failed with food trucks, or tried and succeeded but moved on to brick and mortar. With an inventory of food trucks for sale on Craigslist, Baroody found the perfect unit for a third of the cost of buying new. She applied for licensing in Arlington, a process that requires patience and set up (or parked) her shop. Unlike the District, with 300 closely regulated food trucks, in Arlington a licensed vendor can park and sell from any legal parking space.

A day in the life of Meggrolls

A single Meggroll can have a dozen or more ingredients. Baroody does the prep work and cooking in commercial kitchens late at night, sometimes working until 4:00 or 5:00 a.m., only to get up at 8:30 to get ready to serve.

Last year, the distinctive blue Meggrolls truck could be found on the streets of Arlington three or four days a week. Regular spots were in Ballston and Courthouse.

This year, catering and deliveries have increased and cut into days on the street, although Megg plans to be on the road regularly over the summer. “I’m getting kind of overwhelmed with my weekends, but I need time to prep. I feel bad about leaving my regulars on the streets of Arlington in the dust, but I’m still learning.

“This last year and a half hasn’t been about building revenue; it hasn’t been about making tons of money. It’s been about getting the product into

people’s mouths, getting the name out there. And within that short year and a half, thanks to [a Meggrolls regular], I was named one of *Washingtonians Top 25 Food Trucks*.”

Baroody continues to have conversations with investors.

The Meggrolls Support Network

Megg gives Jules much credit. “We’re both very strong and very patient people. A couple of years ago he said to me, ‘I didn’t really go out and follow my dream. I’m going to help you follow yours.’ And every once in a while I’ll look at him and think, I could not do this without you. Thank you so much.”

Strong family ties also play a large role. “We are Lebanese. In April, I went to the Arab American Institute’s Khalil Gibran Spirit of Humanity Awards at the Omni Shoreham Hotel. My dad, Michael Baroody, received an award for his work in public service. Five of my six siblings were there; also my mom, and aunts and uncles. It was a great night.

“Salma Hayak was there also to receive an award. I’m looking at Salma Hayak talking about what she’s done for humanity. Like me, she is half Lebanese. She pursued her creative passions in early adulthood, to her 30s and 40s, and now she uses that success to help humanity.

“That is exactly what I want to do someday. I want to follow my passion, reach that height and then use that overflowing success to help other people, or animals, someday. It doesn’t end at Meggrolls—Meggrolls will be a catalyst for so many more things.”

GEORGE WASHINGTON HIGH SCHOOL ALUMNI GATHER TO CELEBRATE THE CLASS OF 1945

BY JESSICA MCKAY

On Wednesday, April 29th, nearly 50 alumni from George Washington (GW) High School gathered at Greenspring retirement community in Springfield, Va. to celebrate the 70th anniversary of the class of 1945. GW's 1944-1950 Reunion Committee hosted the event, which welcomed alumni spanning more than 20 years in graduation dates from the class of 1941 through the class of 1962. Nearly half of the GW alumni attendees for the event are currently residents at Greenspring.

According to the history detailed on GW's alumni website, GW first opened in Alexandria in 1935, merging the city's two high schools: Alexandria High School and George Mason High School. During the 1960s, the City of Alexandria was planning for the integration of the public schools and in 1965, T. C. Williams High School opened. GW was integrated and remained a four-year high school



Mary Sue Garner ('61) and her sister Margaret Bell ('62).

until 1971 when the city's secondary schools were reorganized. In 1979, GW became a junior high until finally being restructured as a middle school in 1993, as it remains today.

While many famous alumni attended GW, such as Willard Scott ('51) and Jim Morrison ('61), many of those alumni who attend the event on April 29 are notable in their own right. Some of the alumni are couples who met at GWHS and are still married today like Austin ('43) & Barbara Murray ('44) and Zander ('48) and Nancy Wilke ('48); Nancy Wilke is the Chairman of GW's 1944-1950 Reunion

Committee and largely assisted with the coordination and registration for the April 29th event. Both the Murrys and Wilkes currently live at Greenspring, along with Mary Sue Garner ('61) who was joined by her sister Margaret Bell ('62) at the event. Garner was an educator in Alexandria City Public Schools for 45 years before retiring in 2010. Six members of the class of 1945 were in attendance at the 70th anniversary event including Richard and Eleanor Schoen, Elizabeth O'Sullivan, Frances Dudley, Jimmy Herbert, and Ralph Mills.

When asked what they remember most, many GW alumni say simply, the "Old Oaken Bucket," which was a trophy received from an annual Thanksgiving Day GW vs. Washington-Lee football game. Today, alumni Austin and Barbara Murray still keep an Old Oaken Bucket replica in their kitchen.

Photos by Jessica McKay



Barbara ('44) and Austin ('43) Murray.



Judith and Bobby ('44) Bregman.

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THE GRILLE AT MORRISON HOUSE WINS OVER THE PEOPLE

BY DEBBY CRITCHLEY

Twenty-three restaurants provided delicious dishes, exciting items were auctioned, and one of Carpenter's former clients talked about the help they received. Thanks to over 500 attendees who came out for the Carpenter's 13th annual Cook-Off on April 26, over \$82,000 was raised to go towards Carpenter's programs and services for homeless men, women, and children.



Sugar Shack's Delicious display had the kids running wild. Photo by Darlene Christianson.



2015 Cook-Off Winners (Left to right) Javier Santiago of Grille at Morrison House, Carter Batey of Sugar Shack, Andrew Carlson of Jackson 20, Natasha Granados of Red Rocks. Photo by Darlene Christianson.

Zebra publisher, Mary Wadland and I attempted to try every restaurant offering. Some of our favorites included the People's Choice Award and our first choice, **The Grille at Morrison House** with an espresso rubbed pork belly. **Dishes of India** provided our second place choice with a plate of rice topped with vegetarian paneer makhani (veggies and tofu in a creamy tomato-based sauce) and murg saag (chicken in curried spinach). **Del Ray Pizza** offered three different

CONTINUED ON PAGE 13

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—Scarlett Johansson
I Bought a Zoo, 2011

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28TH ANNUAL TASTE OF ARLINGTON ON MAY 17

The 28th Annual Taste of Arlington, hosted by the Ballston Business Improvement District (BID) and presenting sponsor Rent Dittmar will benefit the Arlington Food Assistance Center (AFAC), will showcase more than 50 diverse and delectable restaurants; a “best dish” contest; Girls on the Run 5k open to public participation; live music; an extensive beer and wine garden; World Pup Tournament with a guest appearance from HOT99.5’s

Intern John and Olympic goalkeeper Briana Scurry; and an exclusive VIP Pavilion wine and beer tasting experience. General admission is free. To taste restaurant offerings, guests may purchase a book of 10 Taste tickets for \$35, discounted tickets are available on the BallstonConnect app. The event happens on Sunday, May 17 from noon to 6 pm, rain or shine, with a World Pup tournament between 1 and 3 pm.

This year’s charity beneficiary is the Arlington Food Assistance Center (AFAC), a community-based non-profit that provides supplemental groceries to Arlingtonians in need. AFAC serves approximately 1,600 families each week, including elders, children, the unemployed and the under-employed. More than 80% of AFAC’s funds and 65% of the food AFAC distributes is donated. Visit www.afac.org for more information.

FOOD TRUCK RODEO JUNE 5

Between 11 am and 8 pm, June 5, food trucks will again roll into the parking lot at Southern Towers Apartments at 4901 Seminary Road in Alexandria’s West End neighborhood for the Second Annual “Go West! West End Business Association Food Truck Rodeo” in partnership with the DC Food Truck Association. Visitors can look forward to favorite trucks boasting Thai, Vietnamese, Mexican, Latin American, seafood, BBQ and sweet treats. And for the little cowgirls and boys, activities and a watermelon seed spitting contest. For the older hands, sips from local Port City Brewing Co. and Fabbioni Cellars as well as visit fashion-focused trucks and non-food vendors.



Last summer’s 2014 Food Truck Rodeo. Photo courtesy of WEBA.

Sponsorships are still available. A portion of the day’s proceeds will benefit Alexandria students with a donation to The Scholarship Fund of Alexandria. Contact www.alexandriaweba.com for more information.

MORRISON

CONTINUED FROM PAGE 12

pizza rolls. Blue crabs were well represented with **Fireflies** offering a spicy crab dip, **The Chart House** providing a creamy milder version, and **Joe Theismann’s** presented a delicious crab salad with an incredible cornbread crouton. Several versions of pulled BBQ was available including a pork slider on a jalapeno biscuit from **Columbia Firehouse**, a zingy pork BBQ from **Sweet Fire Donna**, and a duck confit

BBQ from **City Kitchen**. A most delightful dish was an arancini made of macaroni and cheese from **Cheesetique** and a Rhode Island Mussel Salad from **Brabo**. The cake offered by **Jackson 20** was more than worthy of Best Sweet Dish. The 2015 winners determined by the judges were Best Sweet Dish: **Jackson 20**, Best Savory Dish: **Red Rocks Neapolitan Bistro** and Kid’s Choice Award: **Sugar Shack**. The People’s Choice Award went to **The Grille at Morrison House**.

Christine Garner to Sponsor Rosemont Movie Nights

In an effort to give back to her own beloved Rosemont neighborhood, Christine Garner, a Weichert realtor serving the community for almost 30 years, is starting Rosemont REEL nights. Family, friends and neighbors are welcome to the Maury School Playground at 7 pm for free outdoor movie nights throughout the summer. The first film is *Shrek* on May 23. Garner is a bonafide animal lover herself, but for movie night, four-legged friends are asked to stay home.



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— Neal Learner, *The Washington Post*

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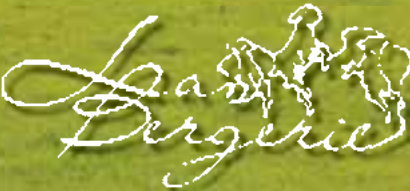


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THE 296 PROJECT, MORE THAN AN ART SPACE

BY ROBERT F. MURRAY,
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It’s a lot about the art itself, what it represents, whom it represents, what it does for the artist and the viewer and why for all of it in the first place. The 296 Project is, for one, a real place, an art space in the up and coming Art Underground in Crystal City, Arlington, Virginia. The 296 Project, more importantly, is a unique art therapy program created by Dr. Scott Gordon, a psychologist, with a passionate dedication to helping veterans and their families confront and deal with PTSD and TBI.

Scott Gordon’s 296 Project got under way in October, 2013 and now has a promising future and goals that are absorbing and will need backing. His education, application, and outlook pave a more open and clearer road for veterans with PTSD, one out of every five, returning from deployments. Gordon will soon launch “Operation Tarheal,” that will change people by therapy that will deliver onsite art-based trauma recovery units to locations where they are needed.

I felt the 296 Project’s positive environment in the various mediums of art, well-displayed in their modern, efficient space in the heart of the retail gallery world of the Crystal City Underground. The art, the painting, and the sculpture carry multiple messages, the many reactions,



“Trident” by Navy SEAL and Maryland 5D Congressional Candidate, Kris Beck

sentiments, grievances, the quiet heroism that many men and women carry deep inside their personas. There is certain strangeness to the beauty you’ll experience unlike in any other art gallery. It may be about war in general, but it brings out that shadowed side of humanity provoked to the surface by the horrors of human conflict, perhaps “subhuman” conflict to many in uniform. Through the use of art, the images and devastating damage and impressions left traumatically in one’s head has the chance get out, to be actualized, to be seen, to be dealt with in a way it has not been before. Dr. Gordon and his Deputy Director, Meg Yamato, have the opportunity to assist the veteran to adjust to normal society and deal with the variety of resultant conditions, like substance abuse and alcoholism as well

as a host of other problems trapped in a PTSD or TBI sufferer.

This is a place for everyone to experience, military or other. Anyone can go there during regular business hours to take a look, hang out for awhile, have some dialogue about what is happening. Art teachers can get involved in workshops or set up to help out in individual ways. This 296 Project is a very positive place. The realities and vestiges of war are encompassing but presented as “artworks” and, like art, are therapeutic like nothing else so far manages to be in the same ways.

An acquaintance of mine told me of time he spent in jail. He said some former inmate had scratched into the wall, “*The nightmare is....*” It seems to me that the nightmares of the PTSD conditions when

CONTINUED ON PAGE 15



“Iwo” by Meg McKenzie



BOOK OF THE MONTH

The Innkeeper's Diary

Former Alexandria resident Pamela Collins-Fisk, wife of Zebra columnist Marcus Fisk, has published her first novel, *The Innkeeper's Diary*, and it's one of those books you will not want to put down. Based on Collins' real life, it is the story of a single mother struggling to save an inn that she opened on a whim after being besieged by a string of life's worst tragedies, including domestic violence.



You will joyfully journey with Collins through her unusual struggles, triumphs and finding love and renewed hope. Many people who have watched Collins' life unfold remark, "You can't make this stuff up."

Her raw determination becomes an education on living: If you learn to release whatever you have and simply be thankful for all that remains, the beauty of life finds you. Collins' strong narrative is immediately engaging,

drawing you into her soul.

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—Mary Wadland

ALEXANDRIA LIBRARY WINS REMEMBERING THE 1939 LIBRARY SIT IN

The Virginia Public Library Directors Association (VPLDA) awarded the Alexandria Library the "Outstanding Public Relations Award" for the 75th Anniversary of the 1939 Alexandria Library Sit-In public awareness campaign.

The 75th Anniversary of the 1939 Alexandria Library Sit-In public awareness campaign spotlighted the historic peaceful protest in 1939 by five African American men, who were charged with civil disobedience for quietly reading books after being denied library cards. Last fall, a culminating event was held on August 21, 2014 – where the protest took place exactly 75 years ago – at the Kate Waller Barrett Branch on Queen Street in Alexandria, Virginia.

The present-day Barrett Branch Library on Queen Street was the only library building in a city with a population of 33,000, built in 1937 with money donated by the family of Kate Waller Barrett (1857-1925). However, as with many public services in the country financed by the community's taxpayers, the library was only available to whites. African Americans, though they voted and paid taxes, were not allowed to use the library.

Samuel Wilbert Tucker (1913-1990), who grew up only two blocks from the Barrett Branch, then known as Alexandria Library, graduated from Howard University and prepared for the field of law. He passed Virginia's bar exam at age 20, but Tucker, an outstanding student, was too young to be sworn in. A year later, he took the oath. Tucker tried for several years to establish equal access to community resources, but the white community, including the Alexandria Library Board, remained unswayed.

In the summer of 1939, Tucker, now 26, developed a strategy by preparing a select group of African American men for a deliberate act of civil disobedience. Ranging in age from 18 to 22 years, these Alexandrians challenged the status quo.

On Friday, August 21, 1939, Alexandria Library staff and patrons watched as a young African American entered and asked to register



Alexandria Library Sit In.

for a library card. When he was refused, he picked up a book, took a seat, and began to read. Minutes later, another well-groomed and polite young adult repeated these actions. This continued until William Evans, Otto L. Tucker (the attorney's brother), Edward Gaddis, Morris Murray and Clarence Strange occupied five tables. Each one sat in silence and read a book.

Flustered library staff called the police. As planned, Robert Strange (his older brother Clarence was one of the silent protestors) ran to Tucker's law office to let him know that the police were on their way. Officers arrived and escorted the protestors from the library, arresting them for "disorderly conduct." Samuel Tucker had called a photographer, who took a photo, and then quickly arranged for their release. He planned to challenge the city in court on the grounds that all citizens were entitled to equal access to public services. But the city, in an effort to resist integration, stalled the process with intense negotiations.

CONTINUED ON PAGE 19

296 PROJECT

CONTINUED FROM PAGE 14

juxtaposed against the therapy that the 296 Project offers can turn this deeply felt emotional freeze into a Spring, into a Summer. The process of art creates an awakening in the doing and, often, in the result of visualizing feelings that could not be seen before.

All artworks created here are

not meant for sale. Some are not all displayed, but there are certain ones that are displayed and can be purchased directly from the person who created it. Better to say that the 296 Project place is not a hiding or a selling place, it is a "finding" place. It is a non-profit and does need funding.

If there was no other reason to go to the 296 Project gallery, "Winnie," Gordon's 3-year old canine assistant will make the entire experience a wagging

joy. She is therapy with a tail. I feel pretty inadequate trying to relate in words what I found at 296. Since I am a visual arts character, I can at least prompt the reader to visit this place, see the art and what all is behind it. Words alone cannot express what you will observe and understand. It is more than an educational thing. Take a look at some of the "Artworks from Project 296" shown here. Hopefully, you'll see what I mean.



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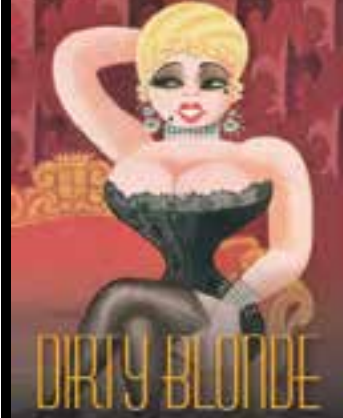
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FACEBOOK LEADS NEW YORK TIMES BESTSELLER COKIE ROBERTS TO CHOOSE OLD TOWN ARTIST FOR BOOK COVER

BY MARY WADLAND

Harper Collins found Healy via Facebook. Spotting a hand-colored bird’s-eye view of Washington, D.C. with the Capitol in the foreground (circa 1861) on Healy’s www.capitolartifacts.com site, they asked his permission to use it for an upcoming book cover’s jacket. Cokie Roberts was penning a new tome, and they thought it was a perfect fit.

“It’s such a privilege to have my work featured on Cokie Roberts’ new book,” Healy said. “She is a national treasure, incredible writer and historian, and I’m humbled she is using one of my drawings.” Healy said.

Healy’s image is a rare and stunning drawing of the Capitol under construction, colored to convey the busy seat of government against a backdrop of farm country in the early



Todd Healy and Cokie Roberts at the National Archives in April. Courtesy photo.

stages of the city’s development.

“When I started Capitol Artifacts,

it was my intention to bring to life

some of the national landmarks of this

important era,” Healy said. “I’m thrilled more people will get to see the 1861 image, thanks to Cokie’s book.”

Capital Dames, The Civil War and the Women of Washington, 1848-1868, is a companion to Roberts’ New York Times best-selling works, *Founding Mothers* and *Ladies of Liberty*. Roberts marks the sesquicentennial of the Civil War by offering a riveting look at Washington, D.C. and the experiences, influence, and contributions of its women during this momentous period of American history.

Healy met Roberts late last month at a book signing at the National Archives. Healy, a staple in Old Town for over 35 years, is the owner of Gallery Lafayette and Framing Studio in Old Town, Alexandria.

Prints of the image used can be purchased at Gallery Lafayette, 130 S Royal Street in Alexandria.

A Different Kind of Family Portrait



“Crabs at Dogfish”

size 4’ x 5’

acrylic on canvas



Joe



Toby



John



Chris



Gracie



Gates



Teach



Flash



Hank



Chopper

Tobey Frederick wanted to surprise Joe with a special 15th anniversary gift. She had been following Dave Cochran’s ads and admired how he interpreted the likeness and personality of his clients, so she finally contacted him.

She learned that he worked from photos (NO sittings!) and that she could be involved in determining the background. Dave came to her home to help determine the best size for the painting and to look through photos of her family members. Tobey wanted to depict all seven dogs that she and Joe had since they were married (past and present). In the foreground, Dave painted the family’s beloved bulldog, Chopper, who is constant entertainment and fun loving, just like her blended family.

The background that Tobey chose was the beautiful home they built on Plaindealing Creek in Easton, MD. It reflects many of the activities that the family loves, such as eating crabs, messing with dogs and boating.

This 4ft x 5ft painting was ready and unveiled on their anniversary. Joe was completely taken by surprise and rendered speechless by this thoughtful and very personal gift.

Tobey now worries what she possibly can do for their next anniversary.

Giclée prints of this painting were given to various family members.

The Perfect Anniversary Gift

“I paint from photos to create a completely unique family portrait, frequently presented for an anniversary or special event. Call or Email me with your questions or ideas.”



ALWAYS WANTED TO BE AN ARCHAEOLOGIST?

This two-week intensive field school, offered through Alexandria Archaeology & George Washington University, provides hands-on experience in excavation and laboratory study of an archaeological site in Old Town Alexandria. The city has several historic districts and developed the first community archaeology program in America. It is the perfect place to investigate the Shuter’s Hill plantation site and to learn about artifact identification and analysis at the Alexandria Archaeology Museum. This summer’s institute focuses on the excavation and study of an area of the site associated with enslaved African Americans. Working with the City of Alexandria’s Archaeologists, students will also discuss public heritage values and issues resulting in a public interpretive tour and Family Dig Day. The sessions run May 18-22 & May 26-30, 2015.

For additional information and to register, go to: <http://summer.gwu.edu/historical-archaeology-field-institute>

PRINCESS FOR AN EVENING: PROM DRIVE

BY ROWAN CECHE

Prom. Ok, take a deep breath, you are almost there. Senior year is almost over, maybe an SAT or two left, but really, stop worrying because you are just hurting your head. (Side note: don't tell my parents that I said that)

Anyway, it's only a couple weeks before prom and everyone is starting to work on that checklist. First on the list, a prom date. Who are you going to spend that fun night with? Guys, if you haven't asked that special someone yet, that clock is ticking. Ok, next up on our list is the dress. Only there is a slight problem here. Prom is not cheap. Prom dresses also are not cheap, and some of my friends can't afford one. The night just wouldn't be the same without them there, just because they couldn't afford a nice dress.

At first, I just didn't know what I could do to help them. But then I was checking my email and saw something interesting from T.C., Williams High School talking about a Prom Drive. I was instantly intrigued, and wanted to find out more about it. So I decided to give the person in charge a call and learn a little bit more



about the program and how I could help. I ended up chatting with Terry Wright, one of the women who helps put the T.C. Prom Drive together.

So, you are probably thinking, okay, so the dresses are just in a pile and handed out or whatever. But honestly, half the fun of getting a prom dress is being able to go shopping for one. I can say this from prior experience. Everyone at Prom Drive decided that these girls should get a chance to do that as well. So every year before prom, they transform T.C.'s dance studio into a fun and fabulous boutique, filled with dresses, shoes, accessories, you name it.

The Prom Drive was started 7 years ago by Eleanor Muse, a member of the T.C. staff who decided that enough was enough. From that point on, more and more staff members joined together to help make it a magical night for all students, regardless of need. On average, over the past few years, Prom Drive has helped 150 girls find their perfect fit. But of course, they don't just stop at dresses, they also fundraise to help the guys rent out a tuxedo or nice suit.

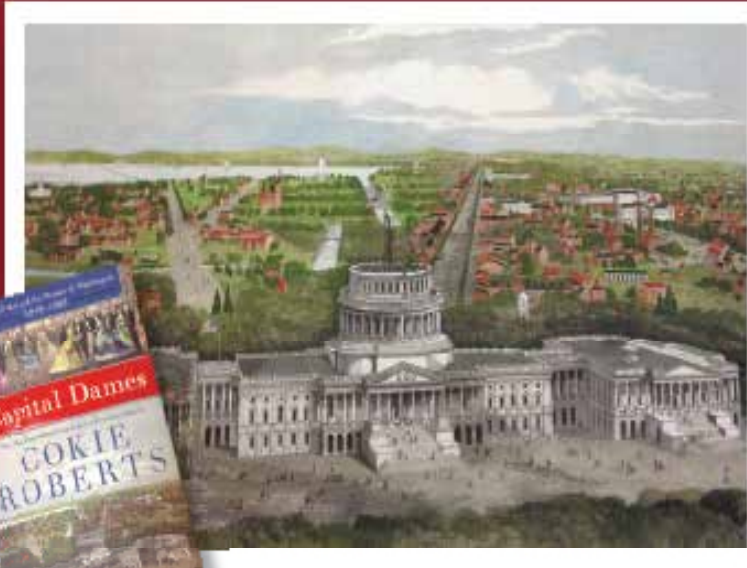
During my interview with Terry Wright, I asked her to describe her favorite memory of the Prom Drive. She said that she couldn't just pick one, but one of her favorite things to see is when a girl tears up when she finds that perfect dress. According to Terry, there is nothing better than the feeling of helping these girls reach their dreams. Believe me, I am going for the first time myself and am super excited. So if you have that dress hanging in your closet, you know the one, the one that you haven't worn since your senior prom 20 years ago, donate it! That way you have space to buy something new, and you can help give over a hundred girls a chance to make their dreams come true too. Just saying.

If I have convinced you to help out, please contact either Samantha Christian at aamantha.christian@acps.k12.va.us, or Terry Wright twright@acps.k12.va.us. They would be happy to receive dresses, accessories, shoes, money, and almost anything else you could think of to help turn these T.C. Williams prom dreams into reality.

Emma's Espresso and Wine Bar Officially Open

The Del Ray Business Association and Alexandria community officially welcomed the long-awaited Emma's Espresso and Wine Bar. Located at 104 Hume Avenue, at the intersection where Commonwealth & Mt. Vernon Avenue meet, this wonderful new addition was named for the 1925 Emma P. Hume subdivision where the business resides. Local architect Bob Larson did a great job of developing this building which also houses several apartments.

Owners Connie Desrosiers and her daughter Jackie, hosted a cheerful crowd which included elected officials Mayor "Bill" Euille, Del Pepper and John Chapman.



Capital Dames by Cokie Roberts

Cokie used Todd Healy's colored rendering of an 1861 print of the Capital during reconstruction. Come in TODAY and purchase your own copy of the amazing Healy-colored print Cokie Roberts loved so much she wrapped her words within it!



Todd Healy
Artist & Framemaker
130 South Royal St.
Old Town Alexandria
www.capitolartifacts.com
703-549-7883

CHECK

CONTINUED FROM PAGE 4

celebrates the women and men of Alexandria who contribute year round to the CRWC's activities, welcomes newcomers to the Club and explains what the CRWC does. A highlight of the meeting is the presentation of a donation to a local charitable organization; this year's beneficiary was Casa Chirilagua which is Christian faith-based, non-profit organization of people "learning together to love their neighbors as themselves" in a Latino neighborhood in Alexandria, Virginia.

Casa Chirilagua was represented by Dawnielle Miller and Maria Cabrera. Ms. Miller explained that Casa Chirilagua (casachirilagua.org) is a Latino neighborhood organization in Alexandria that improves the lives of the people especially children and young adults in the neighborhood through mentoring, after-school programs, and Christian outreach. Ms. Cabrera said that the Casa Chirilagua was founded to help refugees from Chirilagua, El Salvador but that it has expanded to serve multiple Latino groups and now has 100 weekly volunteers who serve 80 grade-school children and their families.

Homegrown Hospitality Comes to Del Ray

From the owners of La Bergerie, good neighbors serving great local, natural and organic foods.

Visit us today for Breakfast, Brunch, Lunch or Dinner.



205 E. Howell Avenue
703-717-9151



OLD TOWN BUSINESS MAY SOON BE ON PRIME TIME

Striker Pierce Investigations, with its main headquarters in Old Town Alexandria, has recently been approached by a Hollywood production team in order to explore the possibilities of a prime time, non-fiction series about their work, team, and history. The show will be filmed mainly in Alexandria, though will also follow the Striker Pierce team on some of their international assignments.

The crew used local residents during the filming, with King Street and the Striker Pierce offices as a backdrop. The content and production team are currently remaining anonymous due to the competitive nature of the entertainment field as they wish to be first to the market with the concept. However, the Team, who spent the weekend of April 26-27 at the Striker Pierce offices with a film crew, stated, “they are very excited about the prospects that Striker Pierce offers in terms of important and entertaining programming for a variety of viewers.”

“This is not reality television,” one of the Striker Pierce team said, “nor will we ever breach the confidentiality of our clients or the subjects of any investigations or projects. This is more about how we do our work, the team dynamics, and the impact this work has had on those in the community and involved with the cases.”

Brian O’Shea, founder and CEO of Striker Pierce, has recently been grabbing headlines across the United States, Canada and Europe for a



Striker Pierce CEO Brian O’Shea, Alexandria Chamber VP Shari Bolouri and Russell O’Shea during recent filming in Old Town. Photo provided by Alexandria Chamber of Commerce.

variety of projects, seminars, and training in for everyone from large corporations, law firms, and even human rights’ activist groups. Through his international presence as well as some recent consulting he provided to a major Hollywood director and producer, is what brought him the attention of numerous production companies.

Additionally, the entertainment community has become fascinated with the concept of a local, seemingly innocuous investigations firm, with a humble office on the corner of Alfred and King Streets, actively connected with some of the largest cases in U.S. history as well as having interactions with world-renowned names such as Gary Kasparov, Pussy Riot, Yang Jianli, and Fleming Rose.

Incorporating a family dynamic, it does not hurt that, Brian’s right hand man and second in command is his brother, Russell O’Shea, who leads his research team and his

“solutions” projects around the world.

In addition to television, O’Shea already has several offers on a book proposal as well as a potential documentary on a new foundation. O’Shea refused to reveal the content of the show or the potential book (citing non-disclosure agreements that have been put in place) but did state the following about the projects, the company, and his team, “We are that firm that you call when you have a problem that no one else can solve. Whether it’s a lost loved one, a crazy ex-employee harassing your family, a company stealing your secrets, or even someone needing protection in Nairobi, we have the network, the skill, experience and talent to provide a solution. The point of the show is to let the public become more aware of how to solve difficult problems while allowing them to realize that there are others out there with similar problems...and a firm that can fix them.”



DO YOU HAVE THE COURAGE?

An 8 feet tall x 20 feet wide chalkboard has been hand-created by local business leader, Nancy Belmont on the 2200 block of Mount Vernon Avenue in Alexandria, Virginia. At the top of the board reads the statement, “I Wish I Had The Courage To...” with blank lines below for passersby to fill-in.

Asked why build the wall, Belmont, a life coach, answers directly on her website, “Pretty much every transformational coaching session boils down to this: naming a fear and declaring a courageous action to overcome it. For many, the fear lies under the surface. It’s not even on the radar that the force of fear is at play. But

digging deeper, it is usually at the root of feeling trapped, unhappy and powerless. Fear is underneath the stress that makes us eat too much, drives us to fill every waking moment with noise and robs us of being our best selves.”

The board was unveiled May 7, and the blanks following, “I wish I had the courage to:” are already filled with things like, “go get that job,” “sneak a cat into my apartment building,” and “ride a two-wheeler.”

As Nelson Mandela put it, “I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear.”



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2331 Mill Road, Suite 100, Alexandria, VA 22314

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Burke and Herbert Donates Loose Change

Burke and Herbert Bank urged customers during the month of April to donate their loose change to benefit child advocacy group, SCAN, during the month of April and the results have been tallied. According to Jane Lichter, Branch Marketing and Community Relations Director, “The amount has been confirmed. The total raised is \$2476.05 including the \$1000 matching funds from Burke & Herbert Bank.”

Stop Child Abuse Now (SCAN) of Northern Virginia is a non-profit organization whose mission is to promote the well-being of children, improve parent-child relations and prevent child abuse and neglect by educating the community about the scope, nature and consequences of child abuse and neglect and the importance of positive, nurturing parenting; providing direct parent education; and advocating for children in the community, the legislature and the courts.



SIT-IN

CONTINUED FROM PAGE 15

Virtually ignored by most newspapers, the case continued to be widely reported in the African American press across the country. Tucker became seriously ill and was unable to pursue the case. In 1940, community leaders proceeded without the young attorney's

involvement and accepted the promise of a "separate but equal" library. Tucker was infuriated. The Alexandria Library Board quickly approved the construction of the Robert H. Robinson Library, appropriated funding for books, and hired an African American librarian. On February 13, 1940, Samuel Tucker replied to a letter from Librarian Katharine A. Scoggins inviting him to

apply for a library card at Robinson Library. His strongly worded reply demonstrates Tucker's commitment to equal protection under the law: "I refuse and will always refuse to accept a card to be used at the library to be constructed and operated at Alfred and Wythe Streets in lieu of [a] card to be used at the existing library on Queen Street for which I have made application." Samuel W. Tucker remained

a leader in the war against segregation and intolerance. He argued groundbreaking civil rights cases across the state. He served as the lead lawyer for the National Association for the Advancement of Colored People (NAACP) in Virginia, appeared before the U.S. Supreme Court four times, and was a founding partner in the prominent Richmond law firm, Hill, Tucker, and Marsh. "We are delighted and

honored to have won the Virginia Library Director's Association Award for the 75th Anniversary of the Alexandria Library Sit-In," said Director of Libraries, Rose Dawson. "As the earliest known library sit-in, I am especially pleased that my peers recognized the value and importance this event holds in the history of public libraries," Dawson added.

THE GI FILM FESTIVAL PRESENTS

Cinematic, Edge-of-Your Seat

Awesomeness!



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COMING TO THE ANGELIKA FILM CENTER

SEE THE CINEMATIC STORIES OF MILITARY
SONS DAUGHTERS MOTHERS SISTERS HUSBANDS FATHERS WIVES AND BROTHERS



GI FILM FESTIVAL

THE 9TH ANNUAL GI FILM FESTIVAL
GIFF15.COM



MAY Z-EVENTS

NOW THRU MAY 31

Paws and Claws for Art
Monday-Thursday 12:00 - 7:00 pm, Saturday and Sunday 12:00 - 5:00 pm
Vola Lawson Animal Shelter
4101 Eisenhower Ave.
Del Ray Artisans and Animal Welfare League of Alexandria teamed up to present this animal-themed, fundraising exhibit. Both nonprofits receive a percentage of each sale. Also showing, but not for sale, will be UpCycle's Fur-Vor project community-based student-recycled dog art. Free
www.TheDelRayArtisans.org/GWW



“Pleased to Meet You” by Cathy Messina

NOW THRU MAY 31

MIX: Adventures in Mixed Media
Thurs & Sun 12:00 – 6:00 pm;
Fri-Sat 12:00 – 9:00 pm
Del Ray Artisans Gallery
2704 Mount Vernon Ave.
Del Ray Artisans and Artistic Artifacts collaborate to present this juried, multi-media exhibit that promises to “SHAKE UP”



Untitled by Kathryn Avila-Reyes. 8” x 10”
Media: Hand painted silk cocoon and rod, feathers, glass beads, paper, hand dyed lace and fabric, novelty threads, aluminum can and more.

ROOTSTOCK: A RIVERFRONT CELEBRATION OF OUR REGION’S FINEST FOOD, DRINK, AND MUSIC

June 6
Noon – 6:00 p.m. (11:00 am -noon VIP Hour)
Oronoco Bay Park
100 Madison St.
The first annual Rootstock Food Festival will feature no fewer than 100 different beers, ciders, and wines from more than 40 different craft beverage brands, as well as 30 regional craft food purveyors to sample and shop from. Attendees will enjoy locally-sourced dishes from 12 of the region's best farm-to-plate restaurants and acclaimed local chefs, plus live music all day long and plenty of family-friendly activities including a pie eating contest, cake walk and more farm-related activities provided by Arcadia Center for Sustainable Food & Agriculture. \$10 for attendees 12 and over; General admission with 25 food/beverage tickets \$30; VIP early admission \$50



the imagination and explore the mixed media art movement. Prizes for guests in “mix and do-not-match” attire. Get your plaid and stripes out of your closet and MIX it up. Free
www.TheDelRayArtisans.org

NOW THRU MAY 31

Eunsook Lee: Dispersed Family
Daily/10:00 am - 6:00 pm;
Thurs/10:00 am - 9:00 pm
Torpedo Factory Art Center
105 N. Union St.
Korean artist Eunsook Lee transforms Target Gallery with her site-specific work, Dispersed Family. With this installation, Lee explores what it means to be family, maintaining connections across the globe. She uses black-light-sensitive



threads, resulting in a dramatic fluorescent palette. The glow-in-the-dark threads represent relationships that are both continuous, yet free in their own space. She weaves them together with layers of letters, photographs and seeds to represent the hope for possibilities and regrets of separation. Free 703-838-4565



NOW THRU OCT. 27

Doggy Happy Hour
5:00 pm – 8:00 pm
Jackson 20
480 King Street
Join us in the Hotel Monaco courtyard every Tuesday from April through October, weather permitting, for specials on handcrafted cocktails and beers plus treats and water for canine companions.

MAY 2 – MAY 30

Attic and Alleys Tours

Saturdays, 9:00 am – noon
Gadsby's Tavern
134 Royal St.
Visit rarely seen spaces at four of Alexandria's historic sites in this 3-hour walking tour of Gadsby's Tavern Museum, the Stabler-Leadbeater Apothecary Museum, Lee-Fendall House, and Carlyle House Historic Park. Tickets are limited, and advance reservations are required. Choose Lee-Fendall House or Gadsby's Tavern as your starting point. The tour goes rain or shine and includes stairs, access to confined spaces, and walking over many city blocks. Photography welcome. \$35 Tickets online at Shop.Alexandriava.gov. 703-746-4242



MAY 9, JUNE 13, JULY 11, AUGUST 8, SEPTEMBER 12

Canine Cruise
11:00 am
Potomac Riverboat
Virginia Dock
Come out and join us for a local favorite with

The Birchmere America's Legendary Music Hall		3701 Mount Vernon Avenue Alexandria, VA 22305 (703) 549-7500 www.birchmere.com	MAY 2015	 BLUEGRASS COUNTRY 105.5 FM	ticketmaster® Ticketmaster.com 800.745.3000 <small>Find a retail outlet near you Ticketmaster.com/outlets</small>	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
April 26 Alan Doyle 'So Let's Go Tour' 7:30pm \$25.00	Birchmere Box Office is open 5:00 - 9:00pm on SHOWDATES ONLY!! A \$5.50 per ticket service charge will apply.	April 28 MARC ROBERGE 7:30pm \$35.00	April 29 WAR 7:30pm \$55.00		1 Will Downing 7:30pm \$75.00	2 DR. RALPH STANLEY with Family & Friends featuring Nathan Stanley and the Clinch Mt. Boys 7:30pm \$35.00
3 	4 	5 	6 	7 Vince Gill 7:30pm \$89.50	8 Delbert McClinton w/ Brian Dunne <small>Rescheduled from 4/24. All 4/24 tickets honored. Refunds at place of purchase thru 5/1.</small> 7:30pm \$45.00	9 Gary Taylor 7:30pm \$35.00
10 	11 	12 	13 TBA	14 TODD RUNDGREN 'GLOBAL TOUR 2015' 7:30pm \$49.50	15 Iris Dement 7:30pm \$39.50	16 An Evening with Ian Tyson 7:30pm \$35.00
17 Rising Appalachia 7:30pm \$20.00	18 Bob James '75th Anniversary' 7:30pm \$39.50	19 Johnnyswim 7:30pm \$29.50	20 	21 Alex Bugnon 'In Byrdland' featuring Tom Browne & Elan Trotman 'A Tribute to Donald Byrd' 7:30pm \$35.00	22 Eric Roberson w/ Carolyn Malachi 7:30pm \$39.50	23
24 	25 MEMORIAL DAY	26 	27 THE SECRET SISTERS & STRIKING MATCHES 7:30pm \$22.50	28 Down to the Bone 7:30pm \$35.00	29 Jonatha Brooke w/ Jo Lawry 7:30pm \$29.50	30 Walter Beasley 7:30pm \$45.00
31 ROAMFEST 2015  7pm \$15.50	June 1 JOE ELY w/ Lucette 7:30pm \$25.00	June 2 Samantha Fish & Andy Poxon 7:30pm \$25.00	June 3 Marc Broussard 7:30pm \$35.00	June 4 THE LONESOME TRIO featuring Ed Helms, Ian Riggs and Jacob Tilove 7:30pm \$20.00	June 5 Ottmar Liebert & Luna Negra 7:30pm \$35.00	June 6 The Seldom Scene w/ Shannon Whitworth & Barrett Smith 7:30pm \$25.00

MAY Z-EVENTS



or without a four-legged friend for this hour-long cruise of Alexandria's Seaport. Dogs ride free. Advance ticket purchases are strongly recommended. Dogs must be on a 6ft flat leash at all times.

MAY 12

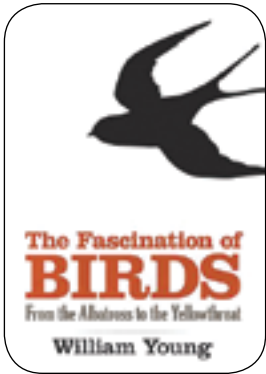
2015 Excellence in Aging Awards

6:00 pm – 7:00 pm
Vola Lawson Lobby at Alexandria City Hall
301 King St.
Each year, the Excellence in Aging Awards are given to individuals and organizations that have shown exemplary efforts in helping the City's senior residents maintain their independence and live their lives to the fullest. This year's award winners are Jane King, Annie B. Rose Lifetime Achievement Award; Mitch Opalski, Lois Van Valkenburgh Excellence in Aging Award for an Individual; Senior Services of Alexandria, Excellence in Aging Award for an Organization; and Terah Chamberlin, Public Service Award. Bob Brink, Deputy Commissioner, Virginia Department for Aging and Rehabilitative Services, will be making remarks at this year's awards ceremony. Refreshments will be served. Free 703-746-5694

MAY 13

Fascinating Birds

7:30 pm
Norma Hoffman Visitor's Center
Huntley Meadows Park
3701 Lockheed Blvd
The Friends of Dyke Marsh hosts William Young, who will give a presentation titled "99 Reasons to be Fascinated by Birds," based on his book, *The Fascination of Birds: from the Albatross to the Yellowthroat* (Dover Publications, 2014). He will explore the connections between birds and subjects such as biology, ecology, literature, music, history, politics, economics, religion, geography, physics, chemistry, linguistics, the visual arts, the performing arts, sports, and comedy. 703-768-2525 Free



MAY 14

Caregiver Support Group

6:30 pm
Immanuel Church-on-the-Hill
3606 Seminary Rd.
Family caregiving is a great responsibility and can bring out many emotions that are difficult or impossible to share with those receiving care. Share your experiences with others in similar situations and benefit from their support. Occurs the second Thursday of every month. Free 703-739-2273

MAY 14

Second Thursday Live: *Flight*

7:00 pm
Athenaeum
201 Prince St
An Evening of Soaring Dance, Poetry, and Music, featuring Persephone's Circle in the rare and historical repertory of Isadora Duncan, mother of modern dance; poet Rose Solari, reading her original poetry; and John Becker, on the acoustic guitar. \$15

MAY 14

Ascension Day Choral Evensong

7:30 pm
St. Paul's Old Town
228 S. Pitt St.

Grant Hellmers, Organist-Choirmaster of St. Paul's Episcopal Church in Alexandria, will direct the Adult Choir in music by Marenzio, Archer, William Smith, Stanford, and Near. Donations of non-perishable foods will be accepted for St. Paul's Lazarus Ministry, raising hope for those in need. 703-549-3312, grant@stpaulsalexandria.com.



MAY 16

Dare to Live Fully

8:00 pm
Schlesinger Center
Concert Hall
3001 N. Beauregard St.
Maestro Kim Allen Kluge guides the professional orchestra through critically

acclaimed performances full of passion and power. Five concerts Sept.-May. This concert features Amy Horn, French Horn, featuring Heritage Signature Chorale and The Metropolitan Chorus, Strauss: Horn Concerto No.1, Beethoven: Symphony No.9.

MAY 16

Trace Monotype Workshop

10:00 am – noon
Del Ray Artisans Gallery
2704 Mount Vernon Ave.
Join us for the Trace Monotype Workshop at Del Ray Artisans gallery on Saturday, May 16 from 10am-Noon. Artist Katherine Rand will teach you the basics of this printmaking technique that transforms line drawings into prints with unique textural effects. No experience is necessary. \$35 for Del Ray Artisans members and \$45 for non-members, plus a \$6 supplies fee. www.TheDelRayArtisans.org/Monotype



MAY 17

Alexandria's Historic Breweries Guided Tour & Tasting

1:00 pm - 4:00 pm
Old Town Alexandria
Join Alexandria's Historic Breweries author, Garrett Peck, and Portner Brewhouse co-founder, Cat Portner, on a guided walking tour around Old Town Alexandria exploring the foundations of local brewing. The tour includes highlights from the print brochure, a Portner Brewhouse beer sampling and culminates at one of Alexandria's current Hops Stops. \$20

MAY 20

Zip through a Tight Space

7:00 pm
Schlesinger Center Concert Hall
3001 N. Beauregard St.
Join us this spring for an evening of live performance at our annual benefit. Dynamic

TASTE OF DEL RAY IS JUNE 7

1:00 - 3:00 PM

Behind United Bank
(Mount Vernon and Oxford Ave.)

\$10 in advance, \$15 the day of event

Mark your calendars, clean your palates and prepare to sample some of the yummiest flavors at the 7th Annual Taste of Del Ray, sponsored by the Del Ray Business Association (DRBA) on June 7. Over a dozen neighborhood restaurants will participate in the outdoor competition that will name the 2015 Judge's Choice and People's Choice awards. Live entertainment and "farm to fork" exhibitors will be showcased throughout the event.



performances feature a new intergenerational dance work performed by former Jane Franklin Dance company members and their young children, live music by Brian Pagels and Erin Ryan in a premier collaboration, live music by NSO and Eclipse Chamber Orchestra members Alice Weinreb & Truman Harris in a new collaboration, and performances by Forty+, a group of performers past the age of 40. A catered reception and silent auction precede the performance. Jane Franklin Dance provides courtesy parking in the Beauregard Street Garage adjacent to the theater. A Pop-Up Art Exhibition entitled "Future Perfect" will be on display in the forum in conjunction with the gala performance. The benefit will support Jane Franklin Dance's successful flagship programs and artistic projects including Forty+ projects, dance education for youth and artistic projects for the 2015-2016 season including performances at the Capital Fringe Festival. \$40-\$100 (VIP) Discounts available Info: 703.933.1111

MAY 21 AND MAY 31

RARA AVIS Artists' Talk: a Guided tour of the *Winged Bestiary* with Langley Spurlock and Martin Tarrat

3:00 pm
Athenaeum
201 Prince St
The Winged Bestiary folio includes Scarts, Urks, Ockers, the Wall Street Ninnybot, and the rare Barcafungle. There are 35 unique avians, imagined and real, funny and sad. Each illustration is combined with by a couplet. Exhibit generously sponsored by TTR | Sotheby's International Realty.

MAY 22

The Retrocessionists

7:30 pm
Athenaeum
201 Prince St
An evening of off-the-cuff improv comedy. Cash bar starts at 7:30, performance at 8pm. Make suggestions that this talented group will turn into

scenes and games, for your enjoyment. \$15.

THURSDAY, MAY 28

Fiery Run Concert

7:00 pm
Athenaeum
201 Prince St
Fiery Run is an acoustic, folk-rock trio out of the northern Shenandoah Valley. \$15.

MAY 30

Symphonic Tap with Capitol Tap

7:00 pm
George Washington Masonic Memorial
101 Callahan Drive.
Don't miss this unique experience! Tap dance is usually done to music, but what about when the tap is part of the music itself? In this unique performance, SONOVA partners with Capitol Tap including the renowned Bakaari Wilder (from "Bring in da Noise, Bring in da Funk" on Broadway). The show will include a tap dance concerto in which the dancer is the solo instrumentalist. \$15 adults pre-sale; \$10 seniors/students pre-sale. 202-487-8876



MAY 31

Lafayette in Alexandria Day with Museum Open Houses

1:00 pm
Market Square
Tides of Revolution: The Hermione Game
301 King Street
Before the French tall ship, L'Hermione arrives in

CONTINUED ON PAGE 30

MOUNT VERNON'S SPRING WINE FESTIVAL & SUNSET TOUR

May 15 – 17

6:00 pm - 9:00 pm
George Washington's Mount Vernon
3200 Mount Vernon Memorial Hwy
This tour celebrates the history of wine in Virginia with exclusive evening tours of the Mansion and cellar, appearances by "George and Martha Washington", and live jazz on the east lawn overlooking the scenic Potomac River. Visitors can bring a blanket and relax on the lawn as they sample wines from 16 Virginia wineries. During tours of the Mansion, interpreters will discuss Washington's attempts at creating a vineyard and highlight various wine-related items inside the Mansion, including the basement's brick vaults where Washington stored his wine. Friday, May 15: \$40. Saturday, May 16: \$46. Sunday, May 17: \$36. 703-780-2000



SCHOOL BRIEFS

John Adams, Charles Barrett Teachers, Honored

Twenty teachers from John Adams and Charles Barrett Elementary Schools have completed the Kennedy Center’s Changing Education through the Arts (CETA) Certificate of Study and were honored at a special awards ceremony and reception on April 24 at the Kennedy Center. Only 116 Washington, D.C., metropolitan area teachers earn this honor. Teachers listed below:

Charles Barrett Elementary School: Amelia Abd, Lisa Ana Rodriguez Dols, Erin Waldeck, Courtnay Weitekamp; John Adams Elementary School: Alexandra Nicole Bender, Dawn M. Bingman, Julita Brown-Dunn, Nicole J. Demski, Lemore Amir Fritz, Ellen Gallagher, Andrea Nicole Handel, Sandra Intrator, Wesley McCune, Katharine McGinn, Kimberly Mott, Lindsey Serrao, Emily Smith, Kelsey Tappendorf, Susan Tremblay, Carlos A. Yancy.



Photo provided by Bishop Ireton.

Drew Smith, B.I. Class of 2015, honored by National Football Foundation

Drew Smith, Bishop Ireton’s record-breaking wide receiver, was selected by the National Football Foundation and College Football Hall of Fame as the National Capital Region’s top scholar-athlete for 2015. Smith, along with teammates Josh Ammon and Nigel Bullard, was among 25 nominees feted at a dinner at the Army-Navy Country Club on April 19, 2015. The National Capital Region Chapter includes more than 125 schools in the District of Columbia, Northern Virginia, and Prince George’s and Montgomery Counties in Maryland. Smith, one of the five student-athletes awarded a \$1,000 scholarship, was recognized as the Student-Athlete of the Year and the Chapter’s nominee for the Foundation’s Eastern Region Award. He becomes the second Cardinal, first since Andrew Rodriguez in 2008, to be the Chapter’s Eastern Region nominee. Bishop Ireton is one of only three schools to have student-athletes feted in each of the Chapter’s first nine years.

Drew has been a model of excellence and consistency on the field, in the classroom and the community. The Foundation scholar-athlete program considers football achievements (40%), academic excellence (40%) and citizenship (20%) in evaluating nominees. Drew led the Cardinals to the 2014 Virginia Independent School Athletic Association Championship Game, catching a school-record 57 passes for more than 1,000 yards and 16 touchdowns. He was selected first team all-state and ranked in the top 7 in all wide receiver categories in the Washington Post. Drew was honored as team Most Valuable Player and was a team captain as well. Drew has maintained a “straight A” academic average throughout his four years at Bishop Ireton. He has served as a Kairos retreat leader, serves as an usher at his parish and has served volunteer hours at a senior center and Christ House in Alexandria. Drew recently committed to attending Villanova University and playing football for the Wildcats. He plans to major in Business and Finance.

Josh Ammon and Nigel Bullard, stalwarts on the Cardinal defense in 2013 and 2014, were also honored by the Foundation. Josh was a two-time All VISAA linebacker, earning first team honors in 2014. He led the team in tackles for his two years in Alexandria, maintained a grade point average above 3.0 and will attend Hobart – William Smith College next year. Josh is the Statesmen’s top linebacker recruit. Nigel Bullard has been an exceptional teammate, defensive end and student since he arrived at Bishop Ireton two years ago. His 19 tackles against

CONTINUED ON PAGE 28

ASSIGNMENT EDUCATION



Photo courtesy of ACPS.

T.C. WILLIAMS SATELLITE CAMPUS AND CHANCE FOR CHANGE ACADEMY STUDENTS TOURED THE GROUNDS OF MONTICELLO

On Monday, April 13, students from the T.C. Williams Satellite Campus and Chance for Change (CFC) Academy had the opportunity to visit Monticello, home of U.S. President Thomas Jefferson. At the annual Founder’s Day event, students watched as U.S. Representative John Lewis (D-Ga) received the Thomas Jefferson Foundation Medal in Civil Leadership. Following the event, students toured the grounds and learned about the rich history of Monticello. The field trip focused and connected students’ prior learning with

experiencing how history and other content areas can come alive. This trip also extended February’s learning opportunity of viewing the film “Selma.” To view “Selma,” students from both CFC and Satellite campuses marched from campus to the theater and back to symbolize the historic march to Selma. Monday’s field trip concluded with a visit to the University of Virginia (UVA), where students had the opportunity to meet with UVA students and admissions officers, tour the campus and inquire about the application process.

FOUND PLAQUE COMMEMORATES PARKER-GRAY HIGH SCHOOL

Exactly 50 years after the desegregation of Parker-Gray High School, Alexandria City Public Schools unveiled a commemorative plaque honoring its place in the city’s history.

Close to 100 Parker-Gray alumni, the Mayor, City Council members and members of the Alexandria City School Board gathered in front of the ACPS offices at Braddock Place. Some alumni had the chance to connect with people they had not seen since graduation.

“The dedication of the plaque was a beautiful event. It meant a lot to me, and I am sure it meant a lot to my classmates as well. It was wonderful to see classmates that I had not seen since high school graduation,” said LaVerne Herbert Spencer, Parker-Gray Class of 1946.

Guests were treated to a reflection of life at the all-



Courtesy photo.

black high school through a collection of photographs dating from 1920 to 1965 compiled by the Alexandria Black History Museum. The pictures revolved in a slideshow throughout the event, while printed versions were arranged in vases with blue and white flowers. Tents were decked out in ribbons and balloons of blue and white, the colors of

Parker-Gray.

The event, sponsored by Washington REIT — which owns the ACPS Central Office building — came about when developers discovered an old plaque commemorating the Parker-Gray High School. The original plaque was attached to the front of a building on

CONTINUED ON PAGE 25

HAPPY TRAILS WITH ROY AND DALE

BY MARCUS FISK

Nearly everyone has had encounters with notable persons, celebrities, or those of greatness or fame. Over the years I have been fortunate to meet and talk with President Carter, President (then Major) Zia-al-haq of Pakistan who ate dinner at our home, chat with former Cleveland Indian pitcher Bob Feller, with Elizabeth Taylor in the Bahamas airport customs line, and spend about ten minutes with Peter O’Toole on the set of ‘Stuntmen’ (He had served in the Royal Navy, so we had lots in common). Rear Admiral John D. Bulkley spent a week on my ship. He was the PT Boat skipper who spirited General Douglas MacArthur off Corregidor, dodged Japanese patrols, and safely delivered him to Australia. As a young Naval Academy Midshipman, I even tried to pick up Dorothy Hamill at the World Arena in Colorado Springs during Christmas Leave 1975. I had no clue who she was -- I just thought she was cute.

However, all these pale in comparison to meeting Roy Rogers and Dale Evans.

Any man my age will likely agree. Roy Rogers, the King of the Cowboys, had no equals. On his television show he fought bad guys, rode a cool horse named Trigger, his sidekick Pat Brady drove around in his jeep ‘Nellybelle’ and Roy and Dale would round up rustlers, ne’er-do-wells, bandits, and the like. He was our hero.

We were stationed in Gelnhausen, Germany near the then-East German border and on Saturday mornings, most prepubescent dependents would go to the Post Theater for the Saturday Matinee at 10:00 am. The films included a cartoon, a serial, and a feature. Moreover, the features WE (my buddies and me) LOVED – were the Roy Rogers movies. Nothing like a western to provide a touch of back home.

The 3rd Armored Division had had a celebrity soldier back in 1958 – SGT Elvis Presley. But when dad came home one day and told me that one of the new soldiers in his command was a John “Sandy” Rogers – an adopted son of Roy Rogers and Dale Evans – I was in awe.

His fellow soldiers liked Rogers and so when Rogers



Roy Rogers and Dale Evans entertaining troops on a C-130 during the Vietnam War. Photo courtesy – the USO.

was promoted to Specialist 4 (E-4), they took him to the movies and then out into town to drink and toast his newly attained rank. Rogers was unaccustomed to drinking. After returning to the barracks late that November night in 1965, John ‘Sandy’ Rogers became very sick and died in his bunk having choked on his vomit. As his commanding officer, my dad had to write the Rogers of the unfortunate death of their son. He explained to them that John was a good tanker, a good soldier, and a good kid, and they could be reassured they had raised a fine young man. The Rogers responded in kind, thanking my dad for his letter and kind words, and said that in the event we were ever in their area, to please come visit.

Barely six months later we were transferred and it was on a cross-country trip en route to Thailand that we saw signs for ‘Roy Rogers’ Apple Valley Inn” in Victorville, CA. We stopped in front of the main complex with a huge stagecoach out front. The six of us walked into the lobby and there stuffed for eternity was Trigger, also in the lobby. Dad went up to the front desk to leave a message for Mr. and Mrs. Rogers saying that he was there in the event they wanted to discuss their son John with him. The manager assured him the message would get to the Rogers. Then dad inquired about room rates. When the manager informed him that a room for six (2 adults and 4 children) – would be \$200 a night, dad blanched (this was 1966), then asked what other hotels were in the area and let

the Rogers know where we were staying. The manager told dad to wait and went to the back. A minute later he emerged and said, “Mr. Rogers said that you will be staying in the Guest Cottage courtesy of the Rogers and that you Major Fisk and Mrs. Fisk should join them for dinner at 8PM in the dining room.”

After unloading our car, we moved into the ‘Guest Cottage.’ It was huge, rambling, stone and wood, with western décor, three bedrooms, a fireplace, a swimming pool, and luxuries of luxuries – a color TV set. Clearly, we were in heaven.

Mom and dad went off to dinner to meet Roy and Dale, and we kids gathered in front of the color TV and saturated ourselves with this new wonder. About 9:00 pm the room phone rang. It was mom checking in. She then said, “If you put on something presentable and comb your hair, you and your sister can join us for dessert.”

WOW!!! Unbelievable!!! Dee Dee and I dressed, washed our faces, combed our hair and walked over into the main building. As we entered the dining room, I stopped to ask the Maître d if they knew where our parents were sitting. He smiled and ushered us into a private dining room where my dad and mom sat smiling. I looked to my left and at the head of the table sat ROY ROGERS! To my right at the other end was Dale Evans! Dad introduced my sister and me to the Rogers, and we all shook hands. A waiter asked us what we wanted for

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POLLINATOR GARDENS

Pollinators are critical to our environment. For the fruit and seeds of plants to develop, pollen has to be transferred between two flowers of the same species which fertilizes it and enables the production of seeds. This is the work of pollinators. Without them, there would be no seed production and plants could not naturally reproduce. Moreover, US agriculture would be in serious trouble – and so would all of us. It is estimated that at least a third of the crops grown for food in the United States require pollination, and 80 percent of all flowering plants rely on pollinators for survival.

Honeybees are probably the most well-known pollinators. These little buggers are responsible for the production of more than \$19 billion in food crops each year. However, they do not go it alone; bats, birds, ants, beetles, flies, butterflies, moths, wasps, and even small mammals are all pollinators.

Today scientists are waving a red flag, concerned about the serious threats to pollinators and their habitats. As native

vegetation is replaced by roadways, manicured lawns, crops and non-native gardens, pollinators lose the food and nesting sites that are necessary for their survival. Many pollinators are migratory – and increased development means they have to travel further and further to reach their destination, putting enormous stress on the pollinator and in cases, threatening their survival.

We can take steps in our yards, gardens, and neighborhoods to create pollinator-friendly habitats to enable and sustain healthy populations of these critters that are crucial to our survival.

A pollinator garden can be grown just about anywhere – from pots and flower boxes to flowerbeds and meadows. Pollinators are attracted to flowers by their color and scent, not by where they are planted. Choose plants that flower at different times of the year to provide nectar and pollen sources throughout the growing season. Plant smaller plants, like perennials or annuals, in clumps (3 or more of each plant) rather than a single plant to better attract pollinators. Go with a variety of flower colors and shapes to attract different pollinators. Flowers with bright colors, especially blue, yellow, red, and violet, are attractive to pollinators, and during the night, flowers fragrances are alluring.

And don't forget trees and shrubs – like maples, redbuds, roses and crape myrtles. Pollinators need water for survival and providing a source of water for them means they don't have to travel as far to get a drink. This reduces their stress and increases the time available for pollination. A bird bath or dish of water set in a shady area is all that's needed. Give insects a place to land – place corks that will float on the surface or rocks that provide a surface just above water level. Cleaning and refilling the water bowl on a regular basis will help keep it from becoming a mosquito breeding ground.

If possible, keep a few areas of your yard “wild” – such as along a hedge row or other edge habitat that isn't heavily used. This allows pollinators to make their homes without being disturbed. If you do not have much yard space – or none at all – create “pollinator pots” with flowering perennials and annuals.

Overzealous pesticide use, especially in yards in urban areas, contributes to the decline of pollinators, so applying any pesticide should be done sparingly, and only after researching what the least harmful varieties are for your situation. Use these products only when necessary, and use the minimum amount required to be effective.



Don't forget the trees. Spring flowering cherries and our native Eastern redbuds attract pollinators.



Hardy blue Baptisia is a win/win for the garden: The late spring/early summer blue blossoms attract pollinators AND adds a beautiful accent to the landscape.



Pollinators love purple coneflower. This lovely perennial is adaptable to moist or dry gardens and containers, it blooms throughout the season, and as an bonus, finches flock to feed on its seed-heads.

- Here are a few suggestions of trees, shrubs and flowers that attract pollinators and do well in our area:
- Trees and shrubs:

Blackberries, blueberries, and raspberries
Crabapple
Crape Myrtles
Fruit Trees
Laurel
Linden
Maples
Oaks
Roses
Redbuds
Viburnum
Willows
- Perennials and Annual Flowers:

Aster
Bee balm
Black Eye Susan
Cardinal flower
Coneflower
Cosmos
Fuchsia
Geranium
Lantana
Lavender
Mint (best planted in a container!)
Nasturtium
Phlox
Sage
Shasta Daisy
Sunflower
Verbena

PLAQUE

CONTINUED FROM PAGE 22

Wythe Street that was about to be demolished, near the site of the original high school at Charles Houston Recreation Center.

They rescued the plaque and intended to have it reinstalled, but found that the information on the plaque was inaccurate. Instead, Greg Geisler of Washington REIT offered to pay to have a new plaque made and installed in front of 1340 Braddock Place — the site of the second Parker-Gray High School and the current location of ACPS Central Office.

“Washington REIT was very fortunate and honored to partner with ACPS to correct a mistake of historical importance,” said Geisler.

Audrey Davis, director of the Alexandria Black History

Museum, took on the job of compiling the history of the school in order to get the facts accurate on the new version of the plaque.

“We are losing historically important African American sites all the time. While the buildings for Parker-Gray do not exist anymore, we have a legacy of the people, and this should be treasured,” said Davis.

Davis told the audience that almost every African American has stories about their experience with the school which would not fit with today’s idea of education.

Her aunt, who walked to school, was asked to leave the school system when she wanted to take action to stop other children verbally abusing her as their school bus passed. She was dismissed as she was viewed as a radical who was trying to advocate for change.

Before Parker-Gray added

high school classes in 1932, students who wanted a secondary education had to travel to Washington, D.C. on the bus every day and then walk considerable distances just to get to school.

“It is so good to see so many of the Parker-Gray community here. Those who played a part in the past are now playing a part in the future of our schools,” said Crawley.

Parker-Gray opened as an elementary school on the site of the current Charles Houston Recreation Center on Wythe Street in 1920 and added high school classes in 1932. The first high school class graduated in 1936. Then, in 1950, the new high school was built at what is now Braddock Place. In 1965, Parker-Gray High School closed and began the transition to becoming a middle school during desegregation. It closed its doors for good in 1979.



Photo by Susan K. Hamon

FIRST GRADERS TAKE OVER STARBUCKS

First-grade students at St. Stephen’s & St. Agnes School worked at Starbucks as part of the annual Town Fair. First graders have been learning all year about communities – how they are planned, what makes them different, how they change over time, and the occupations and businesses that make them work. The culminating activity is the Town Fair, where parents, teachers, and classmates visit as first graders operate the various businesses like an Apple Store, veterinarian clinic, government center, movie theater, and a chapel.

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The winners included Kitty Porterfield, John Carney, Bill Blackburn and John Porter. Photos by Melinda Sigal

ALEXANDRIA'S 17TH ANNUAL BUSINESS SUMMIT A SUCCESS

BY MARION BRUNKEN

Volunteer Alexandria's 17th Annual Business Philanthropy Summit, emceed by Rebecca Cooper, WJLA/ABC 7 and Channel 8, was all about investing in our community and over 250 business and community leaders registered to be part of it. Chris Hartman, SunTrust Bank, was one of the magnificent examples how businesses can get involved in our community followed by Congressman Don Beyer, who encouraged us nonprofit leaders in the audience to cherish its donors, so they keep

investing in our causes. Four awards were given this year, and we

congratulate the following 2015 Awardees:

Carney, Inc., John Carney, President & CEO received the Large Business Philanthropist of the Year; The Del Ray Business Association, Bill Blackburn current President received the Small Business Philanthropist of the Year; Kitty Porterfield, Board Member of the Literacy Council of Northern Virginia received the Board Leader of the Year; John Porter, CEO & President of ACT for Alexandria was given the Nonprofit Leader of the Year.

As Winston Churchill said, we make a living by what we get, but we make a life by what we give.



Congressman Don Beyer urged the audience to cherish donors.

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HAPPY TRAILS

CONTINUED FROM PAGE 23

dessert. I ordered chocolate ice cream. To this day, I cannot remember what Dee Dee ordered because it is still a blur to me. I just remember that these two people were so totally warm, sincere, and pleasant, and both of them engaged us in conversation like we were their own kids. After a polite 15 minutes of dessert conversation, I could feel the adults wanted to continue their discussion so I asked if we could be excused. I shook Dale Evans' hand. Then I turned to Roy Rogers, offered my hand and said, "It has been a real pleasure meeting you, sir. Thank you for dessert." Then Roy Rogers said, "You're welcome and happy trails."

My sister and I virtually floated back to our room on a high I had never experienced. Few events in life can compare to being 11 years old and that magical night with the "King of the Cowboys."

Marcus Fisk is a retired Navy Captain, Naval Academy graduate, sometime actor, sculptor, pick-up soccer player, playwright. He and his wife Pamela are



former residents of Alexandria and currently live in Connecticut where they own a B&B.

2015 LIVING LEGEND OF ALEXANDRIA – FRED PARKER

BY DIANE BECHTOL

Frederic Goodfellow Parker is recognized for his pioneering spirit and the economic value it contributed to upper King Street and the entire City of Alexandria.

Prior to 1980, someone with a hankering for a “bowl of red” on upper King Street would have had a hard time of it. There were few restaurants or attractions and many tired buildings needed rehabilitation.

“It was a rough area,” recalls Parker. When he and his now deceased brother and business partner Jim picked this location for their legendary chili parlor Hard Times Café, early customers sometimes had their cars broken into while dining inside. “But they kept coming back.” Thirty-five years later, they’ve served an estimated 1.1 million bowls of chili. Aside from the Alexandria location, the Hard Times brand has been franchised to include 15 more venues. Parker manages chili products sales on the company website and stars in YouTube videos to spread his passion to the online world.

James Beard and Julia Child have tasted and praised Hard Times chili. The *Zagat* restaurant rating guidebook named it “Best Chili in the Cosmos” and in 2005, *USA Today* declared it “One of the Ten Best Places” in the country for a bowl of chili. The Parker family has earned more than 100 chili-cooking competitions awards, and Fred is an advisory board member of the International Chili Society and on the judging panel of the World’s Championship Cook-off. Fred still judges local chili competitions. One of Fred’s proudest chili booster moments occurred when the chili lobby was founded at Hard Times Café with the mission of making chili America’s official food. A copy of the “Chili Bill” with a picture of its sponsor hangs in Hard Times.



Fred Parker in front of the Hard Times Café in Alexandria.

LIVING LEGEND

Concurrently, Upper King Street grew a Metro station, brick sidewalks, a park, sleek office buildings, elegant hotels, small businesses and national associations, and an array of quality shops and restaurants that make it a desirable destination for locals and tourists, and an income generator for the City.

How chili became the Parkers’ medium for change for Alexandria renewal derives from a family legacy, their Texas grandfather’s cattle drive chili recipe. In the 1940s, Aunt Irma tweaked and perfected it for her Oklahoma roadhouse and passed the passion for western cuisine to her nephews. Their father’s vintage

ranch life photographs decorate Hard Time Cafés walls, including the restaurant’s logo of a boy in a tin washtub. The iconic picture was taken during the Depression and symbolizes the hard times of the past and hope for a better future, Parker explained.

Parker, born in Pensacola, Fla., was named “Goodfellow” in honor of his chuck wagon cook grandfather Ira Goodfellow. He attended Wakefield High School in Arlington but looked to Alexandria for entertainment. He’d catch a bus to King Street to hang out, and patronized Alexandria’s library and public swimming pool. Later, he attended the University of Arizona and became a graphic designer. While working at the National Gallery of Art on the temporary exhibitions staff, Parker met his future wife, Carol Christiansen, a painting conservator. Today, the couple lives in Alexandria’s Jefferson Park neighborhood in a Spanish Colonial house “that looks like the Alamo.”

While working at the National Gallery, Fred and his accountant brother Jim gravitated to a popular District chili parlor that featured a Texas style recipe. They befriended one of the squabbling owners and nine years after the place eventually shut down, they decided to listen to “opportunity knocking” and establish their own pioneering restaurant at 1404 King Street, using their own carpentry and renovation sweat equity.

Just as the menu has grown beyond the Texas-style chili to Cincinnati style (made with cinnamon, allspice and cloves), Terlingua Red (recipe perfected by his brother Jim for competition) and vegetarian varieties, plus chicken dishes, burgers, sandwiches and salads, so has the vitality of the neighborhood in the passing three and a half decades.

Fred joined the King Street Metro Enterprise Team and is now a board member of its

CONTINUED ON PAGE 32



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SCHOOL BRIEFS
CONTINUED FROM PAGE 22

Benedictine in the VISAA championship game were a team high in 2014, and he was honored as a second-team all-state defensive lineman. Nigel has maintained a grade point average above 3.9 and, like Drew Smith, is a member of the National Honor Society.

Nigel recently decided to attend Penn State University where he plan to major in Biomedical Engineering.

Price of School Lunches to Rise by 20 Cents

The price of a school lunch at Alexandria City Public Schools will rise by 20 cents in September, in line with a federal regulation that

mandates the cost of the paid meals in schools. The cost of lunch in elementary schools will rise to \$2.65 while the cost of a secondary school lunch will be \$2.85. Breakfast costs will remain the same.

“The federal regulations provide us with a lunch equity tool to establish our paid meal prices, and we have to align with those regulations,” said ACPS Director of Nutrition Services Cynthia Hormel.

Federal guidelines for the paid meal provision were established under the Healthy, Hunger-Free Kids Act of 2010, which states that all public schools participating in the National School Lunch Program are required to provide the same lunches for students who pay full price as for students eligible for free and reduced-price meals.

This means that Alexandria City Public Schools must gradually increase the full price of lunches until the school division is charging the same amount that the federal government reimburses for free lunches. The federal reimbursement rate is currently \$3.06 per lunch for students eligible for free school meals.

The increase in the price of ACPS school lunches will not affect any child currently receiving free or reduced school lunches.

The raise was given initial approval in February by the Alexandria City School Board as part of the FY 2016 Combined Funds Budget and is pending final approval by the School Board once the City of Alexandria confirms

its allocation of funds to the schools on May 28, 2015.

Hormel, who was appointed director of nutrition services for ACPS in October, is currently revising menu options for high school, middle school, and elementary school meals. She is exploring new menu options to include fresh fruit and vegetable stations and other healthy options that will be kid-tested and parent-approved.

Lindsey Serrao selected by Yale

Recently, John Adams Elementary School music teacher Lindsey Serrao was selected as a Yale Distinguished Music Educator. The honor is bestowed on 38 music education partnerships every year, and Serrao was selected as one of the music educators to be honored by the Yale School of Music. She will attend the Yale Symposium on Music in Schools, receiving her award as well as one for the ASO Sympatico program, the intensive music education partnership between the Alexandria Symphony Orchestra and ACPS.

Lyles-Crouch Wins Local Recycling Contest

Congratulations to Lyles-Crouch Traditional Academy, which won the Trex Plastic Film Recycling Challenge in Alexandria. Students collected an average of 1,508 pounds per student and a total of 648.5 pounds of plastic film and bags to be recycled. Every year hundreds of schools across the nation compete to recycle the greatest amount of plastic

film. In addition to gaining a better understanding and appreciation of the importance of recycling, Lyles-Crouch students have been awarded a high-performance composite Trex bench for the school.

Jefferson-Houston Student Wins Rotary Club Essay Contest



Trinity Battle won the 4-Way Essay Contest. Courtesy photo.

The Campagna Center is proud to announce Jefferson-Houston seventh grader Trinity Battle as the 2015 winner of the Alexandria Rotary Club’s “4-Way Test” essay contest. Trinity is a student in the 21st Century Community Learning Center (CLC) that operates at Jefferson-Houston. Her essay demonstrated her understanding of the Rotary’s Ethical Principles, called the 4-Way Test. Trinity’s winning essay described what the 4-Way Test means to her, how she uses the 4-Way Test in her daily life, and why the 4-Way Test is important to her. Trinity’s accomplishment was recognized at a luncheon held on April 14, where she also received an award of \$100.

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Photo courtesy of ACPS.

BUTTERFLY GARDEN BUILT AT CHARLES BARRETT

Recently 11 fifth-grade Girl Scouts planted a beautiful new butterfly garden at Charles Barrett Elementary School. This is the culmination of a year of planning, and the school community is excited to see it grow and flourish. The girls chose to rehabilitate the garden as their Bronze Award project, the highest honor a Junior Girl Scout can earn. It is now the home of a multitude of butterfly-friendly plants including milkweed, goldenrod, asters, blazing stars, coneflower, bee balm and joe-pye among others. As a result, this space is now certified as an official Monarch Waystation with the hope that migrating monarchs will find the resources they need to survive their long journey. In addition to the plantings, the girls designed and decorated signs, bird and butterfly houses, garden posts, and a rain barrel.

ALEXANDRIA AREA HOMES SALES APRIL 1 TO APRIL 30, 2015

STATUS	ADDRESS	LIST PRICE	SUBDIVISION	TYPE	BRS	BA	HBA	FP
22301								
SOLD	121 MAPLE ST W	1085000	ROSEMONT	Detached	4	2	2	2
SOLD	2306 LA GRANDE AVE	694900	DEL RAY	Detached	4	2	0	1
SOLD	402A RAYMOND AVE E	539900	DEL RAY	Duplex	2	3	1	0
SOLD	206 SPRING ST E	699000	ROSEMONT PARK	Detached	3	1	0	1
SOLD	432 LURAY AVE E	874900	DEL RAY	Detached	3	2	0	1
SOLD	32 LINDEN ST E	849000	ROSEMONT	Detached	3	2	1	3
SOLD	14 CATON AVE W	1169900	ROSECREST	Detached	6	4	0	1
SOLD	557 NELSON AVE E	574900	LINDEN GARDENS	Townhouse	2	1	1	0
SOLD	5 CATON AVE W	510000	GROVES MT	Duplex	2	1	0	0
SOLD	17 SPRING ST E	1100000	ROSEMONT	Detached	4	3	1	1
SOLD	27 E HOWELL AVE	649888	CAYLOR-SPAULDING	Duplex	3	2	1	0
SOLD	309 BELLEFONTE AVE E	609900	DEL RAY	Townhouse	3	2	0	0
SOLD	403A NELSON AVE E	699900	POTOMAC MEWS	Townhouse	3	3	1	1
SOLD	305 SUMMERS DR	959990	MOUNT VERNON PARK	Detached	4	2	1	1
SOLD	720 CUSTIS AVE E	1059900	POTOMAC YARD	Townhouse	4	3	1	1
SOLD	8 HOWELL AVE W	949000	DEL RAY	Detached	3	2	0	1
SOLD	206 UHLER TER	689900	GROVES	Detached	3	2	0	1
SOLD	1806 LESLIE AVE	479900	RIVER TERRACE	Townhouse	2	2	0	0
SOLD	708A MOUNT VERNON AVE	614990	MOUNT VERNON GATE	Townhouse	3	3	1	1
SOLD	1004 RUSSELL RD	1299000	MOUNT VERNON PARK	Detached	5	3	2	3
SOLD	104 CUSTIS AVE	569000	DEL RAY	Duplex	2	1	1	0
SOLD	517 EAST CUSTIS AVE	514900	DEL RAY	Townhouse	2	2	0	0
SOLD	309 MYRTLE ST W	1050000	ROSEMONT	Detached	3	2	1	1
22302								
SOLD	305 COLUMBIA RD	1499000	JEFFERSON PARK	Detached	4	4	1	1
SOLD	2607 VALLEY DR	674000	BRADDOCK HEIGHTS	Detached	3	2	1	1
SOLD	3534 GEORGE MASON DR #29	494999	SKYLINE VILLAGE	Townhouse	3	2	2	13
SOLD	3604 GREENWAY PL	334999	PARKFAIRFAX	Townhouse	2	1	0	0
SOLD	3745 KELLER AVE	415000	FAIRLINGTON TOWNE	Townhouse	2	2	0	0
SOLD	3737 JASON AVE	386000	FAIRLINGTON TOWNE	Townhouse	2	1	1	0
SOLD	2517 DEARING ST N	389900	FAIRLINGTON TOWNE	Townhouse	2	1	1	0
SOLD	1757 PRESTON RD	325000	PARKFAIRFAX	Attach/Row Hse	2	1	0	0
SOLD	636 TIMBER BRANCH PKWY W	814500	TUCKAHOE	Detached	4	3	1	2
SOLD	1307 QUINCY ST	549900	MCKENZIE LEWIS PROPERTY	Detached	3	1	0	1
SOLD	1933 QUAKER LN	319000	PARKFAIRFAX	Attach/Row Hse	2	1	0	0
SOLD	2706 CENTRAL AVE	675000	BRADDOCK HEIGHTS	Detached	4	2	0	0
SOLD	1400 OAKCREST DR	800000	DYES OAKCREST	Detached	4	3	1	1
SOLD	2605 VALLEY DR	837000	BRADDOCK HEIGHTS	Detached	4	3	0	1
SOLD	1677 KENWOOD AVE	365000	BEVERLY HILLS	Townhouse	3	2	1	0
22304								
SOLD	1328 IVANHOE ST	699000	WEST OF OLD TOWN	Detached	5	3	0	2
SOLD	1241 VAN DORN ST N	295000	PARKSIDE AT ALEXANDRIA	Townhouse	2	1	1	0
SOLD	3820 VERMONT CT	443000	SOCIETY HILL	Townhouse	3	2	1	1
SOLD	3 CARRIAGE HOUSE CIR	435000	COLONIAL HEIGHTS	Townhouse	2	2	1	1
SOLD	389 LIVERMORE LN	629900	CAMERON STATION	Townhouse	3	2	1	2
SOLD	90 GORDON ST N	450000	DALECREST	Detached	4	3	0	0
SOLD	6260 MASEFIELD CT	650000	LANDMARK MEWS	Townhouse	4	3	2	3
SOLD	5164 BRAWNER PL	679900	CAMERON STATION	Townhouse	3	3	1	1
SOLD	3525 GODDARD WAY	744900	QUAKER RIDGE	Townhouse	3	2	2	1
SOLD	166 BARRETT PL	623500	CAMERON STATION	Townhouse	3	2	1	1
SOLD	5106 GRIMM DR	599900	CAMERON STATION	Townhouse	3	2	1	1
SOLD	11 FRENCH ST	350000	QUAKER PARK ESTATES	Detached	3	1	0	0
SOLD	148 INGLE PL	450000	DUKE STREET SQUARE	Townhouse	3	2	1	1
SOLD	311 CAMERON STATION BLVD	464900	CAMERON STATION	Townhouse	2	2	1	1
SOLD	311 CLOUDES MILL DR	459500	MILL STREAM	Townhouse	4	2	2	1
SOLD	1005 HARDEE PL	899000	SEMINARY RIDGE	Detached	4	2	1	1
SOLD	5088 DONOVAN DR	479000	CONDOS AT CAMERON BLVD	Townhouse	3	2	1	1
SOLD	104 GORDON ST N	709900	DALECREST	Detached	6	4	0	0
SOLD	299 CAMERON STATION BLVD	470000	CAMERON STATION	Townhouse	2	2	1	1
SOLD	5012B BARBOUR DR	567500	CAMERON STATION	Townhouse	3	2	1	1
SOLD	4308 DUKE ST	325000	WAKEFIELD	Duplex	2	1	0	0
SOLD	14 FRENCH ST S	365000	DUKE GARDENS	Townhouse	3	2	1	0
SOLD	5150 CALIFORNIA LN	754999	CAMERON STATION	Townhouse	3	2	2	1
SOLD	5006 RHOADES PL	499950	SEMINARY VALLEY	Detached	4	2	0	1
SOLD	1200 GAILLARD ST N	1049000	VAUXCLEUSE	Detached	4	3	1	1
22314								
SOLD	807 FRANKLIN ST	515900	OLD TOWN	Townhouse	2	2	1	0
SOLD	7 WILKES ST	1449000	HARBORSIDE	Townhouse	3	3	1	2
SOLD	217 PITT ST N	947500	OLD TOWN	Townhouse	3	2	1	2
SOLD	315 VASSAR RD	1248365	CLOVER	Detached	4	4	1	2
SOLD	214 FRANKLIN ST	1125000	OLD TOWN	Townhouse	2	2	1	3
SOLD	110 PATRICK ST N	1295000	PARKER GREY	Townhouse	5	4	0	4
SOLD	969 POWHATAN ST	770000	OLD TOWN GATEWAY	Townhouse	3	3	1	1
SOLD	306 MONCURE DR	524999	GLENMORE	Detached	3	2	0	1
SOLD	909 PARKER GRAY SCHOOL WAY #DUNCAN	999900	OLD TOWN COMMONS	Townhouse	3	3	1	2
SOLD	1104 FAIRFAX ST N	859000	HEARTHSTONE	Townhouse	3	3	1	1
SOLD	309 PITT ST N	749000	OLD TOWN	Townhouse	2	1	1	2
SOLD	15 ALEXANDER ST	1398000	FORDS LANDING	Townhouse	3	3	1	2
SOLD	1529 ORONOCO ST	629000	COLECROFT	Attach/Row Hse	2	2	1	2
SOLD	819 LEE ST S	848000	YATES GARDENS	Townhouse	3	3	1	2
SOLD	11 WHARF ST	1950000	FORDS LANDING	Townhouse	4	3	2	3
SOLD	606 PENDLETON ST	549000	SHAD ROW	Townhouse	2	2	0	1
SOLD	1123 COLONIAL AVE	625000	WESTOVER	Townhouse	3	2	1	0
SOLD	119 HARVARD ST	569999	SARAH BAGGETT	Attach/Row Hse	2	1	0	0
SOLD	118 MONTGOMERY PL	1069000	RIVERGATE	Townhouse	3	2	1	1
SOLD	1245 PORTNER RD	605000	NETHERGATE	Townhouse	2	2	1	2
SOLD	1613A POTOMAC GREENS DR #A	485000	OLD TOWN GREENS	Townhouse	2	2	0	1
SOLD	413 GREEN ST	795000	YATES GARDENS	Townhouse	3	3	0	1
SOLD	321 COLUMBUS ST N	1665000	OLD TOWN	Townhouse	4	3	2	1
SOLD	1811 POTOMAC GREENS DR	890000	POTOMAC GREENS	Townhouse	3	3	1	1
SOLD	309 COLUMBUS S ST	729900	BURGES SQUARE	Townhouse	2	1	1	1
SOLD	1811 POTOMAC GREENS DR	890000	POTOMAC GREENS	Townhouse	3	3	1	1
SOLD	309 COLUMBUS S ST	729900	BURGES SQUARE	Townhouse	2	1	1	1



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SCHOOL BRIEFS

CONTINUED FROM PAGE 28

Juvenile Detention Center Teacher Wins Fulbright Scholarship to Study in India

An art teacher at the Northern Virginia Juvenile Detention Center School has won a Fulbright scholarship to conduct research in India next year. Kathleen Fitzpatrick will study new ways to link



Kathleen Fitzpatrick will study new ways to link yoga into her art program while in India. Courtesy photo.

yoga into her art program at the Juvenile Detention Center, inspire her students and fulfill their emotional and creative needs.

Fitzpatrick, who won The Washington Post Agnes Meyer Outstanding Teacher of the Year Award in 2013, will spend four months from January to April adapting aspects of her current lesson plans so that they are suitable for students in Indian schools. She will then bring her new art curriculum back to Alexandria where her students at the Juvenile Detention Center will benefit.

“This is a very exciting opportunity. I will be creating cross-curriculum lesson plans that link yoga and art. I already teach my yoga and art curriculum called Creative Connections, but I want to take this even further, and what better place to do it than in India,” said Fitzpatrick.

Fitzpatrick is not an ordinary art teacher, as she believes that yoga has a place in the classroom alongside the art. The reaction of her students

perspective on things. I love it. It makes me feel relaxed. Physically it makes my head feel clearer,” one student told Attorney General Holder and Secretary Duncan.

Student artwork from the regular art classes also lines the Detention Center walls.

Fitzpatrick will find out exactly where she will be based in India closer to the time of her departure. She will be attached to a university where she will have a mentor and be able to participate in graduate classes.

“If you are immersed in a culture you get to know more about people and their daily lives. Through art you get to learn their particular values and culture,” said Fitzpatrick.

The Fulbright program also requires that she undertake her own research. She will be required to implement and hone her research at schools in India before bringing it back to the classroom in Alexandria.

She will adapt her existing curriculum and turn it into a series of presentations and tools so that art educators in India can support their underserved population. She will help build programs in Indian schools by designing art curriculum suitable for their environment and then will revise her curriculum for use at the Juvenile Detention Center. This may include learning miniature painting and new yoga techniques that will help her class explore their creativity.

Much of her work will be done by conducting surveys and interviews in India with experts in their fields.

“Whenever any of our teachers receive such an accolade as this, their success reflects back on all our students and teachers. Additionally, whenever any teacher goes abroad, it enriches them and develops them professionally, which has a significant impact on all of us, students, and staff, alike. The more we can bring parts of our outside world into this facility, the better we become,” said Jeannette E. Allen, principal of the Northern Virginia Juvenile Detention Center School.

Much of Fitzpatrick’s childhood was spent in other countries such as Uruguay, Germany, and South Africa. As a young teacher, she spent two years teaching at an international school in Egypt.

Fitzpatrick is one of the 49 U.S. citizens who will travel abroad through the Fulbright Distinguished Awards in Teaching Program in 2015–16. Recipients of the grants are selected on the basis of academic or professional achievement and leadership potential in their field.

The Fulbright Program is the flagship international educational exchange program sponsored by the U.S. government and is designed to increase mutual understanding between the people of the United States and the people of other countries.

Since its establishment in 1946 under legislation introduced by the late U.S. Senator J. William Fulbright of Arkansas, the Fulbright Program has given approximately 360,000 students, scholars, teachers, artists and scientists the opportunity to study, teach and conduct research, exchange ideas and contribute to finding solutions to shared international concerns. The program operates in more than 160 countries.

The Fulbright Distinguished Awards in Teaching Program is



Students filled in the blank with where they will be going to college and then decorated and added signatures. Courtesy photo.

administered by the Institute of International Education.

T.C. Williams High School Celebrates National Decision Day

T.C. Williams High School celebrated National Decision Day on Friday, May 1st, to honor seniors and their plans for life after high school. The annual event recognizes seniors for their college and career plans and encourages underclassmen to begin planning early for post-secondary education.

T.C. Williams’ Decision Day celebration is a collaboration of the Scholarship Fund of Alexandria, the Virginia College Advising Corps, and the T.C. Williams College and Career Center. The event was held in the cafeteria during all student lunches. Seniors each received a shirt that read, “Decision Day. I’m going to _____” and volunteers were available with fabric markers to help students decorate the shirts.

Decision Day corresponds with First Lady Michelle Obama’s initiative, “Reach Higher”, and is designed to mimic athletic signing day events – promoting higher education as a goal worthy of praise and celebration with their college and career plans.

CONTINUED ON PAGE 37

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EVENTS

CONTINUED FROM PAGE 21

Alexandria, start off the celebration with free tours and Lafayette himself! The day of adventure begins at Market Square at 1 p.m. with the launch of Tides of Revolution: The Hermione Game, a virtual, web-based game providing a first-person experience of fun! Then head out to tour the Alexandria museums open for free: · Carlyle House Historic Park · Gadsby’s Tavern Museum · Old Presbyterian Meeting House · Stabler-Leadbeater Apothecary Museum · Alexandria Archaeology Museum · The Lyceum · Alexandria History Museum · Friendship Firehouse Museum · Alexandria Black History Museum · Lee-Fendall House Museum A complimentary shuttle will be available to transport visitors to The Lyceum, Alexandria Black History Museum, and Lee-Fendall House

Museum. Lafayette will be visiting with guests to Alexandria throughout the day.

JUNE 5

Fostering the Future

7:00 pm
Hotel Monaco Alexandria
480 King St
Palm trees and an early summer night’s breeze await you. Join us for “An Island Affair” at the Hotel Monaco, 480 King Street, on June 5 at 7 p.m. You will enjoy an evening of mingling, live music and dancing courtesy of The Kate Moran Band, hors d’oeuvres, drinks, silent auction, raffle for a St. Croix



Island vacation and more. ALL proceeds benefit children in foster

care or at-risk of abuse and neglect. \$85 at the Door, \$75 for Early Birds 703-746-5663

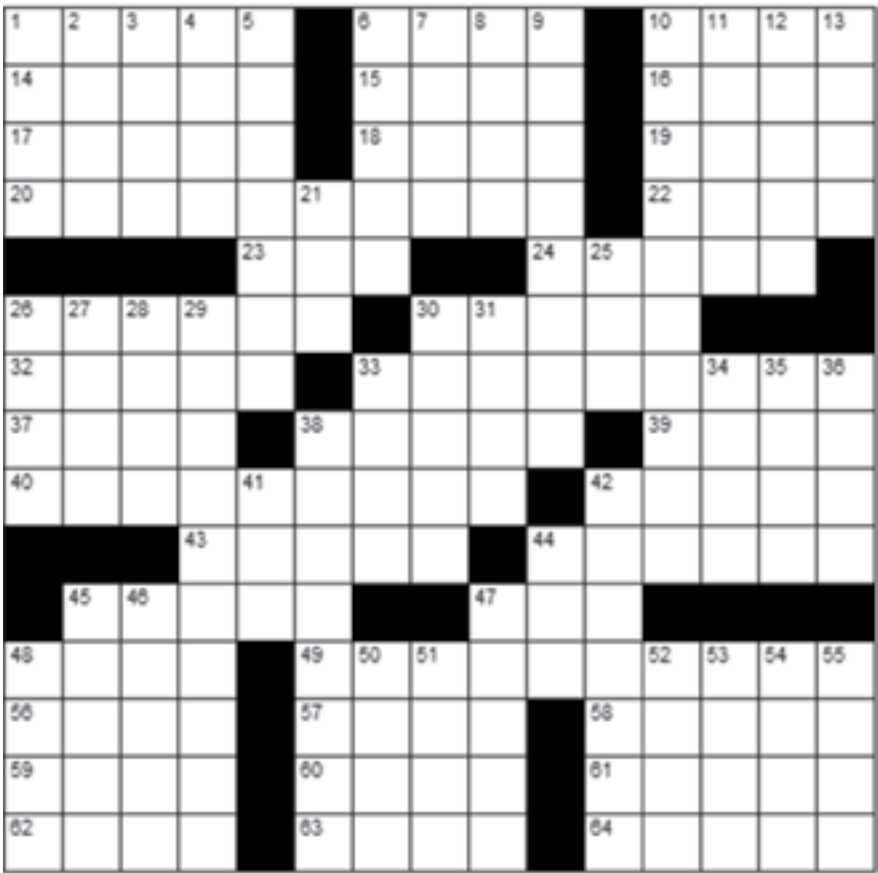
ACROSS

1. Recurring theme
6. Banner
10. Hindu princess
14. Muse of love poetry
15. Magma
16. Quaint outburst
17. Become narrower
18. Ends a prayer
19. Relocate
20. Primary
22. Mining finds
23. Female sib
24. Wall painting
26. Summit
30. Swerves
32. Habituate
33. Wholesalers
37. Cocoyam
38. Small boat
39. Half of ten
40. A fictitious name
42. Whines
43. Aquamarine
44. Yield
45. Dishes of shredded cabbage
47. 2,000 pounds
48. Potato
49. Communicative
56. Meal in a shell
57. Not false
58. Large Asian country
59. Beige
60. Acquire deservedly

61. Valleys
62. Equal
63. Not the original color
64. Excrete

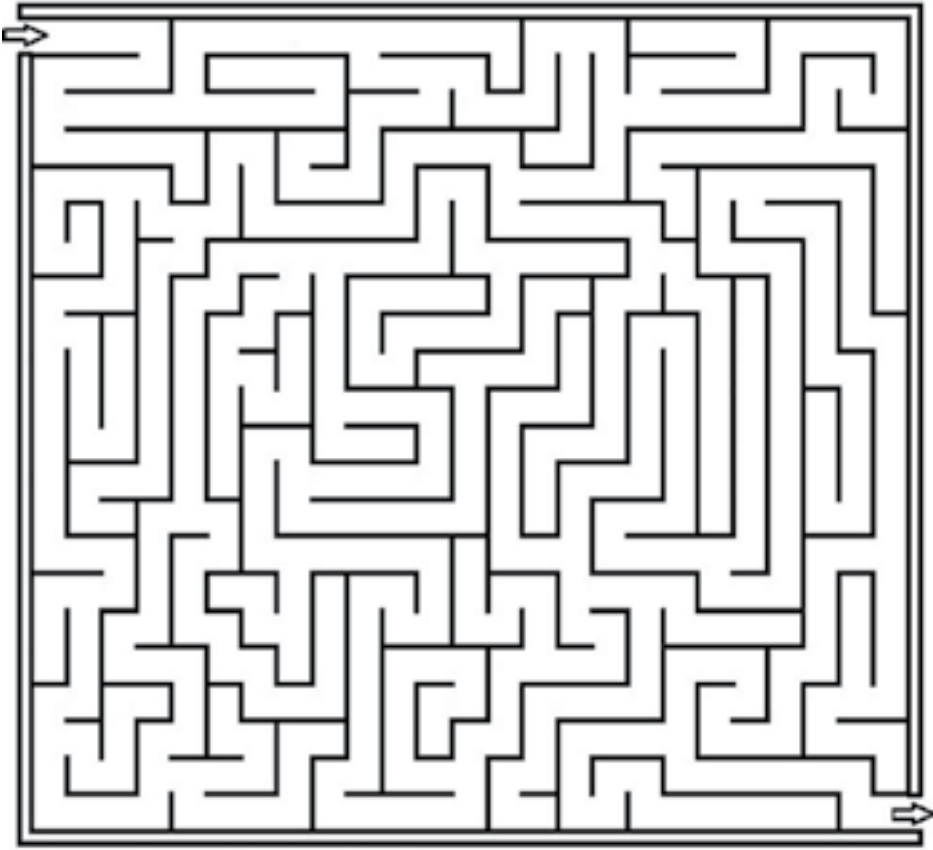
DOWN

1. Distribute
2. By mouth
3. Adhesive strip
4. Bit of gossip
5. Anticipate
6. Apartments (British)
7. Tibetan monk
8. Affirm
9. A moon of Jupiter
10. Repentant
11. Ancient Greek marketplace
12. Belly button
13. Midmonth date
21. Veto
25. Website address
26. Vice President
27. Terminates
28. Boorish
29. Minstrel
30. A type of plastic
31. Anagram of "Dome"
33. Numerous
34. 5280 feet
35. Not odd
36. Where a bird lives
38. Anagram of "Escorted"
41. Morning moisture
42. Contemplative
44. Caviar



45. "The Final Frontier"
46. Ill-gotten gains
47. Inclination
48. Stair
50. Roentgen ray
51. Unadulterated
52. Catch
53. Doing nothing
54. Contends
55. Where the sun rises

IT'S A-MAZE-ZING



SUDOKU

				6				1
		7	2	4				
		2			8			
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						9	1	6
4	3							
9			3			4		
3				1	6			
					7		2	



PARKER
CONTINUED FROM PAGE 27

successor, the Old Town Business and Professional Association, with which he has been associated with for more than ten years. He is a former board member of Friends of the Torpedo Factory and First Night Alexandria, the New Year's Eve community party of family-friendly entertainment. Other civic involvements include driving his 73-year-old reddish-brown pickup truck ("the same age as me") in the George Washington Birthday Parade. The life-size fiberglass horse mounted in the truck bed came from a saddle/tack shop in Laurel, Md. that was going out of business. The "horse with no name" - Parker never gave it a moniker - is routinely decked out in patriotic emblems or seasonal decorations, such as a wreath around its neck at Christmas. The beloved truck has been banged up by a few motorists but is carefully maintained and gets limited mileage.

During the 1980s, the Parkers began organizing and cooking for chili festivals benefiting the National Kidney Foundation. Hard Times Café regularly donates food to the Rotary Club of Alexandria's Taste for Giving and the Living Legends of Alexandria's Meet the Legends reception, and to the Carpenter's Shelter Cook-off. The restaurant also donates gift cards and benefit nights to schools and other local non-profits. A proponent of Alexandria since his teens, Parker says giving back with personal commitment is the way to better a community.

Recently, Hard Times Café reestablished "Open Mike" nights on King Street, after neighboring Tiffany Tavern closed, to maintain a tradition of live music in the neighborhood. Parker plays in a band of former colleagues from the National Gallery of Art, including his wife Carol and characterizes the genre as "geriatric rock and roll". His brother Jim was a musician, as are his two adult sons Jonathan and Ned (Edward). Jonathan, a graduate of Oberlin, is a jazz sax player who works as a paralegal to support his music. He plays in a band and has just released a critically acclaimed CD. Ned, a graduate of Lynchburg, who studied mathematics and physics, previously



The vintage truck with the giant American flag flapping in the breeze and the life-sized plastic horse in the back have become a fixture in front of the restaurant

worked at the Naval Research Laboratory. Currently, Ned is on a travel adventure working on an organic farm in Costa Rica. He plays the guitar and writes his own songs.

Parker says his restaurant is a chili parlor museum, and he relishes perpetuating the chili parlor as an American icon. Although in his early seventies, he isn't inclined to separate himself from the business anytime soon. He is not in front of the stove or washing dishes anymore, but has turned his energy and interest to overseeing the burgeoning mail order business of Hard Times Café chili products. Parker stars in a "YouTube" video parody as a patriotic pitchman for chili spices, endearing customers nationwide and spreading the gospel of the home-grown cuisine. He enjoys the recognition when out-of-towners tell him they know his award-winning restaurants and food. Patrons include members of Congress and high-ranking government officials, and national sports and music figures, but mostly hometown folks, tourists, and families looking for reasonably priced,

authentic food dine here. Parker is proud of his "chili slinger" employees, two of them with him since 1980. He says they have mentored him, instead of the other way around though Parker admits to indoctrinating them in legendary chili parlor stories, family history, and Western Swing music. "Over the years, all these young people have made me feel like I haven't aged since 1980. "I have found them to be great mentors in keeping me young." Staff have gone on to become doctors, dentists, airline pilots, lawyers, stockbrokers, and politicians. "I'm sure they have found Hard Times on their resumes to have been helpful. Many have raised families, and now their kids are customers."

One of Parker's favorite stories is about a cook who became an airline pilot. "Whenever the airport was shut down because of weather, he would come by and pick up an evening shift. One time the following morning as he was greeting passengers to his plane a man looked at him and said, 'you look familiar,' to which the pilot replied, 'I served you a chili mac last night.'"

Stroll inside the King Street restaurant and cowboy crooner Roy Rodgers is lyrically pouring out of the glowing Wurlitzer jukebox. Sepia tone photographs on the wall depict dusty ranches and spare landscapes and hard-working, determined westerners. Glasses clink among convivial patrons. From the open kitchen, the smell of meat and onions frying whet appetites for a hearty meal that any campfire cook would be proud to serve. Up next, a female country western singer tells you she is capable of breaking a few hearts. The front door opens, and patrons glance up, feeling as though a true cowboy with a few quarters in his hand will clomp his hard-worn boots to the back to where the music machine plays. No spurs will drag across the red brick tile floor and no lassos hang from the coat hooks - but they could, patrons just presume they could, because they are immersed in western legend and lore the moment they slide into one of the wooden booths or hunker down at a rustic table.

MAY ANSWERS

PUZZLES ON PAGE 26

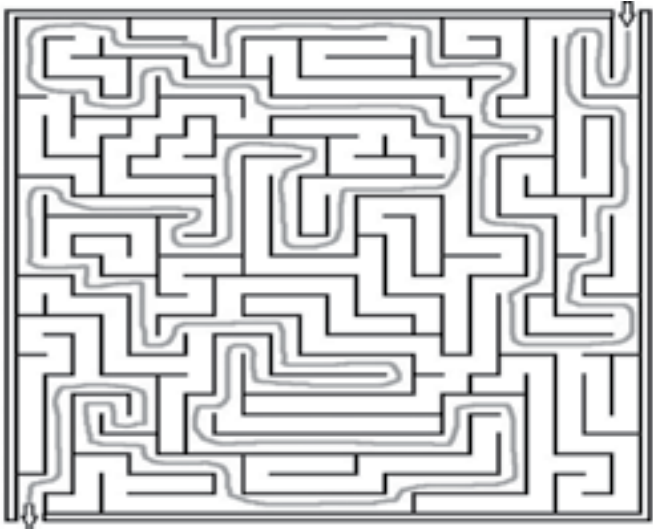
CROSSWORD

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SUDOKU

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4	3	6	8	9	1	7	5	2
9	7	1	3	8	2	4	6	5
3	2	5	4	1	6	8	9	7
6	8	4	9	5	7	1	2	3

IT'S A-MAZE-ZING





KEEPING UP WITH DAVE JOHNSON

He's all over the place, from his home in Annapolis, to the 'glass-enclosed nerve center of WTOP', to the studios of either Comcast Sports Net, or Monumental Sports and Entertainment, to doing the play-by-play for the Washington Wizards, and D.C. United, the Energizer Bunny couldn't begin to think about keeping up with Dave Johnson, who's the hardest working man covering D.C. area sports.

Wizards' fans have joined Dave on the 'Radio Party', the past few seasons, as he and Glenn Consor call their games both home and on the road, sometimes late into the evening, on west coast trips, and D.C. United fans have keenly listened to his every word, but no matter where he is, or how much sleep he might have missed, Dave still rolls with the punches on the air from 5:00 to 10:00 am, at WTOP.

I recently had a chance to catch up with Dave, during a quick trip with him getting a cup of coffee, where he generously took the time to answer a few questions for me.

Pat: You've seen the maturation and transformation of the Wizards over the past three years of Randy Wittman's program, which has produced a complete defensive mindset that the current roster has bought into. Covering the team, as you do, at what point did you start to see results start to take place on the court?

Dave: When Randy Wittman took over it was under very difficult circumstances, and he made it clear from the start he was going to coach his way. I think John Wall especially appreciated the challenge of playing for Wittman. Wittman is fair but demanding. He wants his players to be accountable. The Wizards team that made four consecutive playoff appearances a decade ago was about outscoring the opponents, but now can win games on defense. Certainly with the 2012/2013 season, it was clear the Wizards were heading in the right direction and would have made the playoffs had John Wall not missed the first 33 games with a knee injury.

Pat: The Wizards seem to have developed a stronger fan base over the past few years, even more so than the days they played at the Capital Centre. Do you feel that fans have come out to support the Wizards more so this season, which has helped to amp up the Verizon Center?

Dave: DC is a great basketball city period. The fans are knowledgeable and passionate. I think the city environment of Verizon Center adds to the electric atmosphere, but I have fond memories of the Capital Centre.

Pat: Much like what Randy Wittman has done with the Wizards, Barry Trotz seems to have also changed the mindset of the Capitals. Do you see similar traits between both coaches?

Dave: Trotz and Wittman are two coaches who are very comfortable in their own skin and can draw on decades of experience. Both have core



cutline?

principles they believe in and know how to get their messages through to players. I think fair and honest applies to both and players appreciate and respect that.

Pat: For years the Redskins have dominated the local D.C. area sports landscape, but that all seems to be changing a bit, with the Wizards, Capitals, Nationals, and D.C. United all seemingly developing a winning formula with their franchises. Are you surprised by the shift of interest by local fans towards other professional teams, besides the Redskins?

Dave: The Redskins still command the most support and attention in this town. It is a credit to the fiber of Redskins' fans that they stayed committed through disappointment. I think in general DC has become a better sports town, and that is reflected by an interest in more sports. Interest in hockey has surged. Baseball is back, and this is a great soccer town.

Pat: When you can sit back and be a 'fan', what's your favorite sport and what's your favorite sports team?

Dave: I know sounds like I am avoiding it, but I enjoy it all. Naturally teams I am more invested with like D.C. United and the Wizards are my favorites.

Pat: Isn't it a lot of fun watching your son, Pierce, grow up and play sports? How often do you and your wife,

Diane, get to his games?

Dave: It is the best. I go to every practice, every scrimmage, and every game. If I can, I change my travel schedule, so I limit what I miss.

Pat: What was the most significant game, to date, that you've either broadcast or witnessed in person?

Dave: World Cup final 2006 Italy vs France in Berlin. I was broadcasting the game for XM Radio. The venue was the Olympic Stadium in Berlin. It was an amazing night from the venue to the magnitude of the game.

Pat: La Barra Brava, Screaming Eagles, La Norte, and District Ultras really have locked on to becoming strong supporting fan clubs for D.C. United. How much vibe do you get from them in the booth when you're covering D.C. United games?

Dave: It is like having a hard rock band behind you. You cannot be at RFK Stadium and not feel their energy and passion. They have created a real sense of community with the club. It is a family.

Pat: Just as Nationals Park has become a jewel of a ballpark for the Nationals, how much of a difference do you think it will be for D.C. United, both on and off the field, if and when they get their new stadium built at Buzzard Point?

Dave: The stadium will be built, and the fans richly deserve

CONTINUED ON PAGE 36



ALEXANDRIA ACES BASEBALL IS A 'HOME RUN'!

The Alexandria Aces are set to play our eighth season at Frank Mann Field, this summer, and we want you to be a part of the action! Some of our nation's top collegiate baseball players will be coming to play for the Aces to try to catch the eye of a major league scout, but, more than ever, and we really need you to help cheer them on to victory! We are 'all-in' for Alexandria in 2015, and we know you are, too!



Photo by Mark Briscoe

Alexandria Aces 2015 Home Schedule

2015 HOME OPENER - Gaithersburg Giants @ Alexandria Aces – Thursday, June 4, 7:00 pm

D.C. Grays @ Alexandria Aces – Friday, June 5, 7:00 pm

Vienna River Dogs @ Alexandria Aces – Saturday, June 6, 7:00 pm

Baltimore Redbirds @ Alexandria Aces – Wednesday, June 10, 7:00 pm

Baltimore Dodgers @ Alexandria Aces – Saturday, June 13, 7:00 pm

Bethesda Big Train @ Alexandria Aces – Thursday, June 18, 7:00 pm

Rockville Express @ Alexandria Aces – Friday, June 19, 7:00 pm

Silver Spring-Takoma Thunderbolts @ Alexandria Aces – Sunday, June 21, 7:00 pm

Herndon Braves @ Alexandria Aces – Monday, June 22, 7:00 pm

D.C. Grays @ Alexandria Aces – Friday, June 26, 7:00 pm

Gaithersburg Giants @ Alexandria Aces – Saturday, June 27, 7:00 pm

Rockville Express @ Alexandria Aces – Monday, June 29, 7:00 pm

Baltimore Redbirds @ Alexandria Aces – Wednesday, July 1, 7:00 pm

Herndon Braves @ Alexandria Aces – Friday, July 3, 7:00 pm

Bethesda Big Train @ Alexandria Aces – Thursday, July 9, 7:00 pm

Silver Spring-Takoma Thunderbolts @ Alexandria Aces – Sunday, July 12, 7:00 pm

Vienna River Dogs @ Alexandria Aces – Thursday, July 16, 7:00 pm

Baltimore Dodgers @ Alexandria Aces – Sunday, July 19, 7:00 pm

Vienna River Dogs @ Alexandria Aces – Wednesday, July 22, 7:00 pm

D.C. Grays @ Alexandria Aces – Thursday, July 23, 7:00 pm

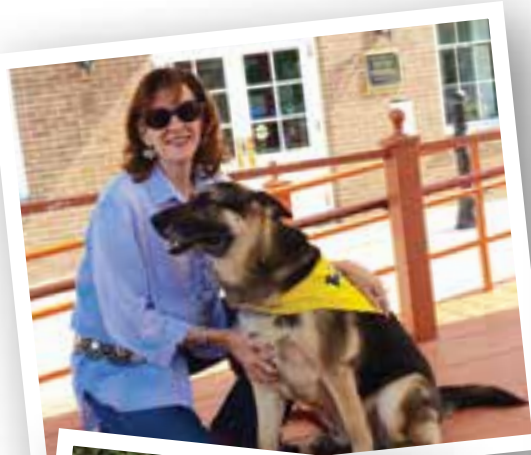
\$5.00 for adults, \$3.00 for children, in the City of Alexandria, is very affordable fun family entertainment!

Since our inaugural season in 2008, the Alexandria Aces have been a 501(c)(3) not-for-profit corporation that is firmly dedicated to enriching the experience of youth baseball in the City of Alexandria, Arlington County, Fairfax County, and surrounding jurisdictions.

For more information on the Aces, please go to our official website at www.alexandriaces.org.



**Alexandria Aces
Where Legends Begin**

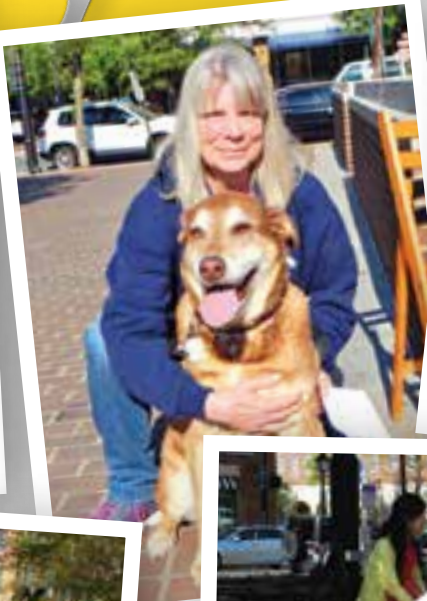


ALEXANDRIA'S WALK FOR THE ANIMALS HUGE SUCCESS!

On Sunday, May 3 Market Square in Old Town was brimming with four-legged participants and their owners visiting 32 vendor tents, listening to remarks from generous donors and elected officials and embarking on a scenic mile-long walk along the waterfront and through the streets of Old Town. There were over 400 actual participants who walked, but many hundred more who added to the festivities by enjoying the sheer sights and sounds of canine happiness.

Over \$35,000 was raised on the day, and they are still tallying the total results! There were definite winners who topped the charts in fundraising: Best Adult Team: Team Yamamoto raised \$6,580, Best Youth Team: The Lyles-Crouch Animal Crusaders raised \$4,410; Most Creative Team: Team Vinnie raised \$695; Best Adult: Sandy Yamamoto raised \$4,100; and Best Youth: Brooke Barnes raised \$1,100!

Photos by Harry Merritt and Melinda Sigal





ADELAIDE

Meet Adelaide! She is a spayed female Staffordshire Bull Terrier mix, estimated to be about two years and six months old. Adelaide is a very energetic girl who would love an active home with owners willing to provide her with lots of fun and enrichment. Adelaide has an enthusiasm for learning and is always ready to play! She loves attention and would benefit from ongoing, enrichment-based training and spending lots of time with her human!



GUCCI

Introducing Gucci! Gucci is a neutered male Labrador Retriever mix, estimated to be about six years old. This big guy has had quite the journey across the country and is looking to end it here in Alexandria with a loving family! Gucci is a smart and playful dog, but like everyone he has his quirks. Gucci can be cantankerous around young children, so a family with older or grown children is recommended. While he has lived with another dog previously, Gucci may not get along well with all dogs. With these traits in mind, if you're looking for a loyal and sensitive companion, Gucci could be the man for you!



BUTTERFLY

Here's Butterfly! She is a beautiful spayed female Siberian Husky and Golden Retriever mix, estimated to be about six years old. This sweet girl is as outgoing as her name suggests, and she is always excited to enjoy the great outdoors with her people! While she is very social with people, she is a bit of a diva when it comes to meeting other dogs. Butterfly has gained a few extra pounds over this snowy winter, so she will need an owner who is excited to get her on a weight-loss plan to get back to a healthy size! Think Butterfly might be the dog for you? Trust us, one look into her gorgeous blue eyes, and you'll fall in love.

****Thanks to a generous sponsor, Butterfly's adoption fees have been paid!****



BOBBY

Hello Bobby! This striking young man is looking for an active and loving home that can smooth out some of his rough edges. He is a neutered male German Shepherd mix, estimated to be about one year and four months old. Bobby is a very energetic dog who loves to play and be outdoors, but his playing style can be a bit rough for other dogs, so a single dog family would be best. He'll also need a supportive family that can lovingly provide training and give him plenty of exercise per day! If you relish the opportunity to work to make a dog's life better, stop in and see Bobby today!

SAVE THE TAILS!



SISI

Say hello to Sisi! She is a spayed female Domestic Shorthair, estimated to be about eight years old. Sisi has been through a lot since she arrived at the AWLA in January and she has made a dramatic transformation! She can be timid when you first meet her, but once she opens up to you it's impossible not to fall in love with her. Sisi is living in an office area here at the shelter where she supervises productivity and keeps our laps warm. Ask us about Sisi and let her steal your heart today!



SNOOPY

Snoopy is a big kitty with a big personality to match! He is a neutered male Domestic Shorthair, estimated to be about three years old. Much like Snoopy the beloved cartoon character, this Snoopy is playful and marches to the beat of his own drum. He LOVES to pretend he's a hunter, always ready to pounce on his toys! If you're looking for an adventurous kitty who will keep you on your toes, come adopt Snoopy today!



MOZART

Mozart is a kitty as passionate and unique as his iconic namesake musician! He is a neutered male Domestic Shorthair, estimated to be about ten years old. This handsome boy is gentle, affectionate, and always eager to snuggle up to new friends. Around the shelter, he is famous for composing inspirational and relaxing symphonies- his melodic purr is the only instrument he needs! Mozart truly has a heart of gold, just let him give you a few Eskimo kisses and you'll be sold!



BRINKY

Are you looking for a friendly bunny to brighten up your life? If you answered "yes," then Brinky might be the perfect pet for you! He is a neutered male Shorthair Rabbit, estimated to be about two years old. Brinky is affectionate and playful, and he's ready to find his new family! Come adopt this bundle of joy today!

Starting the week of April 13th, the shelter will be closed on Wednesdays and open on Fridays.

Monday, Tuesday, Thursday, Friday:
12-7 for Visitation/Adoption, 9-7 for Business
Saturday, Sunday: 12-5 for Visitation/Adoption,
11-5 for Business



Animal Welfare League of Alexandria

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Alexandria, VA
(703) 838-4774**



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Sponsoring this page to help pets locate foster caregivers



THOSE PESKY TICKS AND CANINE LYME DISEASE

BY DANA CARR, DVM

Lyme disease is caused by the spirochete *Borrelia burgdorferi*. It is carried and transmitted to a host through feeding ticks. Therefore, tick control is the most effective means to prevent infection. Disease prevalence is increasing and expanding as the tick population grows. The Northeast U.S., including Alexandria and Arlington, is an endemic area where most dogs are at risk, and the disease threat is high. Luckily, there are several effective tick control products and a vaccine available for our canine companions. Because every dog's lifestyle and environment varies, discussing

individual risk factor and tailoring a preventative plan suited specifically for your dog with your veterinarian is the first step to protecting your pet from a potentially devastating disease. The first thing to recognize regarding Lyme disease infection is that it manifests differently in dogs compared with humans. After being bitten by a tick that has transmitted *Borrelia burgdorferi*,



80% of humans go on to develop a rash and/or flu-like symptoms and within a few weeks develop joint pain. A smaller percentage of people develop neurologic abnormalities (15%) and a heart rhythm disturbance called A-V block (5%). Weeks to months after infection about 60% of people experience intermittent arthritis attacks, and 5% develop chronic neurologic issues. Overall, in humans Lyme disease has the potential for serious long-term sickness.

In dogs, illness may never occur. Most exposed dogs harbor the organism and never get sick, as the *Borrelia burgdorferi* organism is well-suited to live within the canine body without causing too much trouble. When a dog does become infected with Lyme disease, symptoms do not begin to develop for weeks to months after infection. At this time, arthritis symptoms and possibly fever are noticed. Thankfully, heart and neurologic manifestations are very rare, and the most classic symptoms of Lyme disease respond rapidly to a proper course of antibiotics. However, it is still very important not to overlook Lyme disease. Especially in endemic areas like the Northeast U.S. it can be a cause of chronic joint pain and a serious long-term consequence called glomerular disease. This is a type of kidney damage that occurs when the immune system is stimulated over a long period by the presence of a latent infectious organism. Therefore, early diagnosis is very important. Luckily, we have specialized tests to screen for this potential complication



Dr. Dana Carr, DMV

in our Lyme positive patients. As with many diseases, prevention is easier than diagnosis and treatment. When it comes to prevention, there is nothing controversial about tick control. It is crucial in Lyme endemic areas, like ours, to use tick-controlling products. It is also recommended to avoid highly infested areas (i.e. tall brush, wooded areas, and wildlife areas). The Lyme vaccine is another added measure of protection that should be considered. Owners and veterinarians should be on guard for clinical signs consistent with Lyme disease. Contact us right away if your dog exhibits loss of appetite, inactivity, fever, enlarged regional lymph nodes, painful and/or swollen joints, walking stiffly (possibly with an arched back), and recurrent acute arthritis with shifting leg lameness.

Dr. Dana Carr, DVM practices at Shirlington Animal Hospital, 2770 S. Arlington Mill Dr., Arlington, VA 22206, (703) 570-6600, shirlingtonanimalhospital.com.

JOHNSON

CONTINUED FROM PAGE 33

to have the best. There is a lot to love about RFK Stadium, and United supporters are so true and genuine they would support the club regardless of the stadium's age. Still, it is going to mean so much to them and the team to have a home.

Pat: What's your most favorite stadium or arena that you've been to?
Dave: The thrill of entering a stadium or arena still has not gotten old. I am still like an eight-year-old kid. I am excited by it all no matter what city we are in.
Pat: What advice would you tell someone looking to get into the business of covering sports?

Dave: Be ready to say yes. Embrace challenges and figure out how you can make an impact on whomever you are working for and not what can someone else do for you. Make the sacrifice first and the benefits will follow.
Pat: What has been your most favorite experience covering collegiate sports?
Dave: Spending three years broadcasting play-by-play of

sports at the Naval Academy when I was Sports Director at WNAV Radio in Annapolis. It is an amazing place, and it was an honor to be around the midshipmen. They are truly special people.
Pat: With your schedule, covering sports for WTOP, how often do you get a chance to think back to when you first started in the business, and how much has it changed, over the years?

Dave: The biggest change has been technology. I can broadcast from hotel rooms, and it sounds like I am in the studio. When I first started traveling with the Wizards, while doing morning at WTOP, I would have to call the morning editor to find out scores, etc. Now we have laptops. On the radio we can do so much more with sound because of digital editing. So technology has had a dramatic impact, but the heart of broadcasting remains the same. It is my intent to make a connection with the listener or viewer.
Pat: What's your favorite song from Frank Sinatra's extensive repertoire?
Dave: Summer Wind
Pat: My personal Sinatra favorite is 'New York, New York', but then again that's because I'm a die-hard Yankees fan.

Dave: Thanks, Pat. I'm heading over to Verizon to talk to Ernie Grunfeld (General Manager of the Washington Wizards).
Pat: You're welcome, Dave, and thanks for helping me kick off my very first 'Sports Talk' column for Zebra. I'll see you soon.
(Pat Malone is Alexandria's 'everyman's everyman', a good friend to many around town, Air Force veteran, baseball entrepreneur, sports-lover, and life-long raconteur, who seemingly knows everyone, everywhere he goes. Pat was a Contributing Writer and Editor-In-Chief of the 'Baltimore Football Weekly', a very successful Robert L. Smith-owned tabloid which extensively covered the Baltimore CFLs/Stallions' 1995 championship-winning season, where the 'Charm City' expansion franchise became the first, last, and only American team to ever win a highly-coveted Canadian Football League Grey Cup; and Pat was a Contributing Writer, Marketing Director, and Circulation Director for 'SportsFan Magazine', published by legendary rock musician, successful author, and very close friend, James J. Patterson, of Bethesda, Maryland.)



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SCHOOL BRIEFS

CONTINUED FROM PAGE 30



Campbell Reid is a local superhero in the food needs battle. Photo courtesy of SSSAS.

Junior Kindergartner Launches Food Drive to Help Fight Hunger

Campbell Reid, a five-year-old junior kindergartner at St. Stephen’s & St. Agnes School, is making a difference in his community! At school, he is learning about the food needs of people in his city and the importance of serving others. He was so impacted by what he learned that he asked his parents if he could set up a stand to make food available for those in need. With the help of Safeway, he opened up Campbell’s “More Than Soup” Food Drive at Safeway (3526 King Street, Alexandria) on April 4. He made his own signs, and teachers and friends at SSSAS helped rally the school community.

In his first weekend, Campbell collected \$300 and received five grocery carts full of donations. His stand closed on May 2. He plans to bring the donated food to ALIVE (Alexandrians InVolved Ecumenically) and toiletry items to Carpenter’s Shelter.

New T.C. Williams High School Principal Announced

Alexandria City Public Schools Superintendent Alvin L. Crawley has announced the appointment of Jesse Dingle, Ed.D., an experienced educator with a reputation for attaining the best possible outcome for his students, as the new principal of T.C. Williams High School.

Dr. Dingle, currently serving as a high school principal in the Winchester City School District, is experienced at leading schools to full accreditation by implementing remediation and enrichment programs during the school day. His focus is to support all students, especially those who struggle academically and those who need greater challenges.

“I want to meet the learning needs of what is an incredibly unique and diverse population. I intend to do this by getting to know the school

community and understanding where the needs are and what the needs are and working together with staff, faculty and community to make things happen,” Dr. Dingle said.

Dr. Dingle has experience in developing long-term strategies for enhancing the professional development of teachers in school districts. He also has experience in creating and implementing effective School Improvement Plans, increasing graduation rates and turning schools into state-recognized Schools of Excellence.

“We have found a wonderful new principal for T.C. Williams, who will be a strong addition to our leadership team and build on the good work that has led to many successes at T.C. Williams. Dr. Dingle brings sound leadership qualities and a genuine passion for helping students, teachers and staff be the very best they can be. We are delighted to welcome him to ACPS,” said Dr. Crawley.

Dr. Dingle, who will assume his new post on July 1, said that when he first read about the opening at T.C. Williams he was genuinely excited and felt like this was the type of school he wanted to lead.

Dingle believes that his past experiences, as a teacher for 11 years, a principal of two elementary schools in Raleigh, N.C., and a middle school principal in Apex, N.C., have helped him develop the necessary skills, talents and aptitude to lead a school such as T.C. Williams. He was also principal of Chapel Hill High School in Chapel Hill, N.C., before leading John Handley High School in Winchester, Va.

Dr. Dingle spent three weeks in Japan as a Fulbright Memorial Scholar, two weeks in South Korea on a Korean Workshop Award in 2008 and was part of the Brazil Exchange Program in 2011. He also currently sits on the Board of Directors for the United Way of the Shenandoah Valley and the Shenandoah Valley Boy Scouts of America. He has sung in community choirs in Winchester and Reston.

Dr. Dingle completed his doctorate at the North Carolina State University in 2005, becoming the first person in his family to achieve this level of education. His doctoral thesis was on cultural competency training for pre-service teachers of all races and ethnicities.

“I set high expectations for myself as well as those around me. I believe my role in helping others exceed their expectations is to be a bedrock of support. It is this attitude and work ethic I will bring to T.C. Williams,” Dr. Dingle said.

As Director of Talent Management and



Dr. Jesse Dingle is anxious to be the ne principal for T.C. Williams. Courtesy photo.

Development for the North Carolina Department of Public Instruction, he was a pioneer in the development of a statewide teacher evaluation process. He helped North Carolina become one of the first states to base teacher effectiveness and evaluation on teaching standards, a system that is now regularly used in many states across the United States.

“I am dedicated to empowering people. Over the years, I have come to understand, appreciate and embody the philosophy of the Chinese poet Lao Tzu that a leader is best when people barely know he exists. When his work is done, his aim fulfilled, they will say: we did it ourselves. This is the type of leader I strive to be. This is what I can bring to T.C. Williams,” Dr. Dingle said.

Now Open!



We are a full service small animal hospital in the heart of Shirlington Village. Located next to Dogma Bakery and across the stream from the Shirlington Dog Park.

We look forward to meeting you and your furry companions very soon!

Dana Carr, DVM & Adrienne Hergen, DVM



Find us on Facebook

M-F • 8 am–7 pm
Sat: 8 am – 2 pm • Sun: 10 am – 2 pm
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Shirlington Animal Hospital

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— Bill and Nickie Aldridge



QUOTABLES

If you bungle raising your children, I do not think whatever else you do well matters very much.

—Jacqueline Kennedy Onassis

MAY 2015

THE ZEBRA PRESS

37



King Street Cats is proud to be the only all-volunteer, cat-exclusive, no-kill rescue facility in Alexandria, Va. Because we are a free-roaming facility, you can come visit with the “cat-friendliest cats” in town.

To meet a King Street Cat, please email contact@kingstreetcats.org.



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Female, Age 5
Sweet, quiet soul wants to be your one and only girl!



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Female, Age 8
Affectionate, talkative tabby will greet you at your door!



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Female, Age 5
This quiet sweetheart has the most adorable little ears and bright eyes.



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Our adoption open houses are every Saturday and Sunday from 1:30 to 4:30 p.m.

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SHIRLINGTON WELCOMES NEW VETERINARIAN OFFICE

BY KRIS GILBERTSON

Even the most casual visitor to the Village at Shirlington will tune into the pet-friendly atmosphere of this South Arlington neighborhood nestled up to I-395 and Quaker Lane. Did you know that Shirlington was the first large shopping center to open in the Washington, DC, suburbs and one of the earliest in the United States? It was 1944, and it was nothing like it is today.

Since 2005, Shirlington has seen massive residential construction and commercial expansion, with a booming population of owners and renters, and furry family members.

Now the cats and dogs of Shirlington and surrounding neighborhoods like Fairlington, Parkfairfax, and Nauck can practically walk to see their vet because, on March 9, the Shirlington Animal Hospital opened for business.

SAH (Shirlington Animal Hospital) is located on the lower level between Dogma Bakery & Boutique and the Bungalow Sports Bar. The unit that formerly housed a dentist’s office has been transformed with calming, neutral colors and bright lighting into a welcoming environment for humans and pets alike.

Leading the hospital are veterinarians Dr. Dana Carr and Dr. Adrienne Hergen, whom both bring extensive experience and multiple areas of specialization to the practice. Dr. Carr graduated from Michigan State University College of Veterinary Medicine. She came to the DC area in 2006 as an intern at Friendship Hospital for Animals in the District, then joined the Friendship staff.

Dr. Hergen is an Alexandria native who studied at UNC-Chapel Hill and Ross University School of Veterinary Medicine. She practiced at Del Ray Animal Hospital from 2008 until joining SAH. Dr. Hergen calls herself a local sports fan, mainly the Redskins, Orioles, Capitals, and the Tarheels (UNC). “I will watch (the Nationals),” she says, “but they were not here while I was growing up, so my allegiance is really to the Orioles.”

Drs. Hergen and Carr are supported by a



friendly and capable staff of veterinary assistants including George Montenegro, Charity Feit, and Caitlin O’Fallon, plus receptionists Kristen Melita and Ashley Swain.

Although space is constrained, the hospital is equipped with two exam rooms, treatment areas, a glass-walled surgery suite, pharmacy, and laboratory, and accommodations for pets sized from small cats to giant Great Danes. (The hospital lodges patients when medically necessary, but does not board healthy pets.) The “large dog exam room” sports a combination table and scale that sinks to the floor, then elevates to a level that is ergonomically correct for both dog and doctor.

Cutting-edge technology includes digital x-ray and ultrasound with immediate output, and equipment to run tests such as blood chemistry and clotting profiles in just 15 minutes. Networked patient records can be accessed in any part of the clinic or outside.

Both veterinarians and their staff are committed to serving the neighborhood. “These communities are very pet-friendly generally speaking, and all of the businesses in Shirlington are very pet-friendly as well,” says Dr. Hergen.

SAH is a sponsor of the Shirlington Dog Park along Four Mile Run; volunteers with the Animal Welfare Leagues of Arlington and Alexandria, and partners with Lucky Dog Animal Rescue, a local foster group that finds homes for strays from other locations, particularly states to the south.

The hospital website (www.shirlingtonanimalhospital.com) maintains a comprehensive list of links to information and assistance with veterinary issues. In addition, clinic staff are happy to help clients learn about and complete pet insurance forms.

Moreover, patients are happy. After less than two months in operation, Shirlington Animal Hospital gets rave reviews from grateful pet parents on social media and by word of mouth. Convenient and loving, SAH is new to the neighborhood but is rooted in tradition, skill and commitment.

Shirlington Animal Hospital
2770 S. Arlington Mill Road
Arlington, VA 22206
703-570-6600
www.shirlingtonanimalhospital.com

Find SAH on Facebook

Hours:
Monday – Friday: 8:00 a.m. – 7:00 p.m.
Saturday: 8:00 a.m. – 2:00 p.m.
Sunday: 10:00 a.m. – 2:00 p.m.

New patients will be scheduled quickly. The clinic has pre-set estimates for services and customized estimates after examination so that clients know what to expect. “We want to accommodate every owner,” says Dr. Hergen.

Big Kitty

“Big Kitty loves any box, but we had to laugh when we saw how she had wiggled her way through this beverage box!”
—Submitted by Julia Carmona and family from Clewiston, FL.

The truth is the truth. Cats love exploring boxes. The next time your kitty finds his or her way into a cardboard predicament, snap a photo and send it to us and if yours is the cutest, you will be published and win a prize. Be sure to include your name and neighborhood, as well as your cat’s moniker. Please send photos and copy to mary@thezebrapress.com.

The Carmona Family wins a \$25 VISA gift card from The Zebra Press.





Amelia

Breed: Hound/Pit Bull Terrier Mix • **Aprox. Age:** 1

Amelia is a very sweet, quiet, and calm. She is a smart girl and learns quickly. Amelia loves to play with other dogs and would make a loving addition to your family.

Banjo
Breed: Pug Mix
Aprox. Age: 6

Banjo was found as a stray in rural WV. He is a very loving boy that loves to play with people and other dogs! He would love a family that will take him on long walks, play with him, and cuddle with him in the evenings before bedtime.



Taffy
Breed: Siamese Tabby
Aprox. Age: 6 months

Meet adorable Taffy, an adorable shy sweet Siamese mix looking for a special home. Taffy needs a home with a feline companion to help her feel safe and comfortable.



Frita and Shelia

Breed: DSH/Tabby/Tortie
Aprox. Age: Mom 2 years, Baby 4 months

This bonded pair would love to be adopted together. Frita took little Shelia in when she was an orphan kitten. They sleep, cuddle, and groom with each other. Please help this adorable pair find a loving home

Hillary
Breed: Hound Mix
Aprox. Age: 3

Hillary was found in awful condition as a stray and hardly had a hair on her body. Today, she has been nursed back to health thanks to a shelter caretaker who fell in love with her sweet demeanor. She is quiet, very playful and good with other dogs. Hillary loves attention and will make a fun companion for some lucky family.



Marky Mark and Donny
Breed: DSH
Aprox. Age: 2

This wonderful pair has never known a forever home and now they are losing their foster home. They are sweet, funny adorable boys who will make their new family very happy!



Micky
Breed: Min Pin
Aprox. Age: 10

Micky is looking for a new home. He was surrendered to a rural shelter when his owner moved to a home that wouldn't allow pets. Micky is a super sweet boy who is good with other dogs and has lived with kids. He is also good with cats. Micky loves attention and doesn't look or act his age.

Can you be the forever home this gentleman is dreaming of?



Scotty
Breed: Mastiff/English Bulldog Mix
Aprox. Age: 4

Scotty is looking for a new home through no fault of his own. He was a wonderful family companion and can't wait to start a new life. Scotty is wiggly and super friendly, happy-go-lucky fellow. He gets along well with other dogs and is crate trained.

Dexter
Breed: Border Collie Mix
Aprox. Age: 2

Dexter had a rough start at life. He was abandoned in a snow storm and is still learning how to trust people. Despite being timid, he is a sweet boy that blossoms around other dogs and people. He loves belly rubs and giving kisses.



Virginia
Breed : DSH/Tabby • **Aprox. Age:** 1

Virginia is a sweet petite girl who would love a home of her own. She is great with other cats and dogs. Virginia is quiet and calm and great with her litter box and a very easy kitty to be around.

About Us:

Homeward Trails seeks to find permanent adoptive homes in the Mid-Atlantic Region for dogs and cats from high-kill shelters or whose owners can no longer care for them. In so doing, we seek to reduce the rate of euthanasia of adoptable animals through the rescue and placement of homeless animals; to support proactive spay/neuter practices; to promote positive and ongoing behavioral training; and to educate the public about how to care for their animals in a humane way. Homeward Trails not only facilitates adoptions from local shelters, but also supports a large network of foster care providers who take homeless dogs and cats into their homes, care for them, rehabilitate them when needed, and prepare them for their permanent adoptive homes.

There are many ways to get involved with Homeward Trails, from becoming a foster parent to helping us plan events or assisting with administrative tasks. Go to our page about volunteering or contact our Volunteer Coordinator: volunteer@homewardtrails.org

Want to foster a dog or cat?

Go to our page about fostering or contact one of our Foster Program Coordinators directly:

Dog Foster Program: fosterdog@homewardtrails.org

Cat Foster Program: fostercat@homewardtrails.org

www.homewardtrails.org





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