MAY ’15

THE GRILLE AT MORRISON HOUSE WINS
ALEXANDRIA REMEMBERS 1939 LIBRARY SIT IN
FRED PARKER LIVING LEGEND
ALEXANDRIA’S WALK FOR THE ANIMALS A SUCCESS

BLACK AND WHITE AND READ ALL OVER

Meggrolls
A creative concept keeps on rolling
See page 6

GOOD NEWS IN ALEXANDRIA & ARLINGTON
FOUNDED IN 2010
FREE
$2,200,000
Historic 4 bedroom, 3.5 bath home on “Captain’s Row” in Old Town! 2 blocks off King Street and 3 blocks from the Potomac River. Extended basement to the Crawlspace. Large screened-in front porch and 2nd floor rear deck. 4 upper level bedrooms and 3 full baths including the Master suite with en suite bath, vaulted ceiling, walk-in closet and luxury bath. Finished rec area with plenty of storage and access to the garage and driveway. Fully fenced yard with pergola and additional parking for 3 cars.

$1,187,000
A spacious 2 story addition has transformed this beautiful 5 bedroom, 4.5 bath 1930’s home. Set back from the road with perennial gardens and a manicured lawn. Gracious living room with fireplace and formal dining room with crown woodwork and black and white marble floors. Breakfast room with adjoining sunroom and kitchen. Backyard with swimming pool and patio. 2 car detached garage and off street parking. Perfect for entertaining and outdoor living.

$1,049,000
Spacious 5 bedroom, 3 bath home with reports 3000 sq. ft. of living space, a 2 car detached garage and ideal location. Lots of 1920’s charm with hand-carved doors and coffered ceilings. Hardwood floors throughout. Gracious living room with fireplace and formal dining room with crown woodwork and custom woodwork throughout. Gracious foyer entry with French doors to the dining room with fireplace and dining room. Large eat-in kitchen with breakfast bar and family room. Glass doors lead to a lovely fenced yard with elliptical stone patio. Main level bedroom with full bath and 4 upper level bedrooms with 2 full baths. Lower level recreation room, ample closet and storage space.

$949,000
Spectacular 3 bedroom, 3.55 bath townhouse with attached 2 car garage with over 3,400 sq. ft. of luxury living. Desirable open floor plan featuring 9’ ceilings, crown moulding and wainscoting. 2 sided fireplace and gleaming hardwood floors on main and lower levels. Chef’s kitchen with granite center island and breakfast area. Upper level with 3 bedrooms and 2 full baths including the Master suite with 2 walk-in closets and luxury suite bath. 4th level has a spacious family room with full bath and security access. Ideal for outdoor entertaining. Main level bedroom with full bath and 2nd level with 3 bedrooms and 2 full baths including a fabulous Owner’s Suite with sitting area, 2 walk-in closets and luxury en suite bath. Spacious 3rd level with full bath is ideal for a 5th bedroom or 2nd family room.

$899,000
Lovely 3 bedroom, 2 bath expanded bungalow ideally located just blocks from METRO, shops and restaurants in Del Ray and Old Town. Spacious living room with fireplace and adjacent family room. Dining room with coffered ceiling, kitchen with granite counters and 42” cherry cabinets with antique breakfast room. Upper level with 3 bedrooms and 2 full baths including Master suite with en suite bath. Unfinished lower level, large finished yard with patio and off street parking.

$799,500
Wonderfully updated 2/3 bedroom, 2.5 bath townhouse with off street parking just blocks from 2 Metro stations. Lots of “Old World” charm yet updated with today’s modern amenities. Welcoming front porch and foyer entry with half bath. Light filled living room and formal dining room with adjoining sunroom and kitchen. Kitchen features maple counters and breakfast bar. SS appliances and 42” maple cabinets and access to the kitchen for easy unloading of groceries. Upper level with 2 bedrooms and fluffy bath with heated floors, double vanity and separate shower. Lower level with full baths, full bath and walk-in closet is perfect for a family room or guest suite. Large finished yard with Raised bed and patio.
PUBLISHER’S NOTE

I notice there are hardly any clocks out in public anymore. Out of habit, when I am curious about the time I look up at a wall. I was in a place with a younger friend the other day, and he said, “What are you looking at?” I said I was just looking for the time. He seemed dumbfounded. I had not thought about it until I had this interaction, but apparently, that’s another thing lost to the generations behind me.

Well, as for me, I still have clocks on my living room, kitchen and bedroom walls. Moreover, it’s time to get this issue to the printer. We’ve added a few nifty things, like Pat Makone’s SportTalk column, the Alexandria Aces schedule and even more community and school news than the past. As always, please contact me directly with ideas or criticisms, and we make mistakes, so to make us catch our mistakes, we encourage you to find the errors we missed. The deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, and no refunds will be made after that time. For repeat ads until 5:00 p.m. Friday, the week before publication. Cancellations and changes cannot be accepted after Monday, the week of publication. Materials and space reservations will be accepted for proofed unchanged camera ready materials is 5:00 p.m. Wednesday, seven days prior to publication. Materials and space reservations will be accepted directly with ideas or criticisms, and no refunds will be made after that time. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publicatio...
ROBINSON TERMINAL PLAN MOVING FORWARD

City Council voted 5-1 to approve the redevelopment of the Robinson Terminal South warehouse into a mixed-use development including up to 96 townhouses and condominiums, as well as 11,300 square feet of retail space. The project is an early step in the long-term revitalization of Alexandria’s Waterfront, which will include new parks and open space, civic facilities, utility improvements, and flood mitigation infrastructure.

“This is yet another exciting milestone on the path to an enhanced Waterfront that provides benefits to our entire community,” said Mayor William D. Euille.

City Council’s approval followed a unanimous recommendation by the Planning Commission on April 9, and an evaluation by City staff of the costs and impacts of trucking versus barging at this particular site. The approved plan requires developer EYA to remove the fill material required to raise the site above the floodplain and the excavation material required to construct a below-grade parking garage – the equivalent of approximately 7,000 truckloads. Demolition debris and other construction materials – less than 90% of all material – will be transported by truck. EYA has agreed to monitor closely the remaining truck operations to reduce noise, traffic impacts, and soil erosion. This barge-truck hybrid arrangement is consistent with the consensus of the Ad Hoc Monitoring Group, which City Council appointed in 2014 to proactively address the construction impacts of waterfront redevelopment.

“We appreciate all the community input we received on this issue, the diligent work of the Ad Hoc Monitoring Group on Waterfront Construction and City staff, and EYA’s cooperation,” said Euille. “We’re pleased that City Council could approve a responsive and responsible plan for this important project to enhance Alexandria’s Waterfront.”

CITY BRIEFS

The Alexandria Transit Store is Going Mobile!

The location at 1775-C Duke Street (on Diagonal Road across from the King Street Metrorail Station) will be closing on June 19, 2015. A mobile transit store will travel throughout the City, bringing transit and transportation information directly to residents and employers of Alexandria. Visit the DASH website for more information.

Lee Center Basketball Court Renovations

The City of Alexandria’s Department of Recreation, Parks and Cultural Activities is renovating the existing basketball court located at the Lee Center, 1108 Jefferson St. The basketball court surface will be repaired and recolored. In addition, installation of new accessible play equipment, to be located within same court area, will be completed concurrently with the court renovations. The play equipment will include accessible swings, outdoor music instruments, sensory play components, and soft rubber tile surfacing. The play equipment was funded in partnership with the Miracle League of Alexandria and the Kelley Cares Foundation to provide accessible outdoor play at the Lee Center.

Work is scheduled to take place until June 10. The court will be closed during construction.

Ellen Pickering Environmental Excellence Award Goes to Maury Green Team Leader

Pete Raack, Matthew Maury Elementary School Green Team Leader, is this year’s winner of the Ellen Pickering Environmental Excellence Award. The award was presented by Alexandria Renew Enterprises and the City of Alexandria Environmental Policy Commission during Alexandria Earth Day 2015 at Ben Brenman Park. A tree was planted in his Raack’s honor.

Pete’s “endless energy and creativity demonstrated an unwavering commitment to protecting the environment at Maury and throughout the City of Alexandria, and has inspired and raised awareness among countless Maury students and parents,” said Mr. Raack’s nominator Brittany Fraser.

Mr. Raack champions the Maury Green Team’s Compost Captains program, which helps educate students on the importance of composting. He serves as the multi-year leader of the Maury Environmental Kids’ Club after-school program to teach students the importance of keeping Maury green. The school’s garden is thriving, and rain barrels are at work, thanks to Pete. He involves kids and parents in stream
ALEXANDRIA 101 LAUNCHED

Alexandria business leaders gathered at the Alexandria Visitors Center during the launch of Alexandria 101. Photo provided by Visit Alexandria.

Visit Alexandria celebrated National Travel & Tourism Week with the launch of Alexandria 101, a free resource and tourism training for front line staff throughout Alexandria that will include quarterly workshops and monthly one-on-one sessions to help businesses maximize revenue from tourism and provide visitors with an extraordinary service.

The first workshop at City Hall provided member businesses with an orientation to Alexandria history, its dining scene, top attractions and tours, hotels, parking and transportation information, and concluded with a walking tour of Old Town.

Visit Alexandria staff also presented an overview of the impact of the city’s tourism industry. “Just look at the numbers. Travel supports 15 million jobs in America, including 6,000 jobs right here in Alexandria,” said Patricia Washington, president and CEO of Visit Alexandria. “With the launch of Alexandria 101, we’re celebrating what travel means to our community and helping local businesses to continue to provide visitors with an extraordinary experience, from the moment they book their trip to the time they check out of our hotels.”

In Alexandria, tourism generates $24 million in city tax revenue, contributes $5,000 per resident in economic activity, and saves Alexandria households an average of $300 per year in property taxes.

According to a 2014 study, for every dollar spent by the City of Alexandria on campaign advertising, $171 was generated in visitor spending at local businesses and $6 came back to the city in tax revenue.

PUBLIC SAFETY HEROES HONORED AT THE 2015 VALOR AWARDS

BY MARY WADLAND

Surrounded by their friends and families, business leaders, and elected officials, a select group of public safety officers were given substantial recognition on April 30 during a celebration hosted by the Alexandria Chamber of Commerce.

“Each outstanding performance was highlighted in detail, and the narratives surrounding each achievement were impressive examples of ‘going above and beyond the call of duty’,” Officer Michael Nugent, along with the help of a concerned citizen on the scene, Mamie Doyle, saved the life of a woman threatening suicide by jumping off the bridge at the I-495 overpass on South Patrick Street; Officers Erik Nygren, Ryan Waple, Carlos Rolon (and canine partner Xig Xag) and Steven Escobar responded to the scene of a suspicious package, which proved to include a firearm, gas mask, explosives, handcuffs, fireworks and ammunition. They secured the scene, evacuated residents and located a man hiding in a ghillie suit, potentially saving many lives that day; Assistant Fire Marshall Andrea Buchanan faced a hostile crowd and a collapsing ceiling at a local hotel event and had to perform life-saving measures on an unconscious woman in spite of the potential risk to her personal safety and without the protection of any backup law enforcement; Sergeant Chris O’Dell used his quick wits and deftly quelled a situation at the jail in which an inmate threatened to stab himself in the neck with an ink pen; Firefighters Michael Ambrose, Joseph Porcelli and Michael Lyons responded to MacArthur Elementary School and saved a child passed out in the cafeteria suffering from pediatric cardiac arrest; Sergeant Nick Ruggiero, Officers William Rutz and Matthew O’Malley saved a pedestrian’s life who was trapped beneath the debris of a building which had fallen upon her as a result of a high-speed vehicle crash; Firefighters Michael Faber and Darynoush Hernatti subdued an out-of-control man high on PCP who was endangering, himself and his family; and Officer Daniel Canniff faced life-threatening risks in a Hazmat incident while effectively evacuating residents and maintaining safety.

All of these amazing stories are documented in detail on the City of Alexandria website, and over 30 photos from the event are posted on The Zebra’s Facebook page.
cleanups—no matter the weather.

The award is named to honor the late Ms. Pickering and her lifelong dedication to City preservation and conservation. She helped create the Mount Vernon Trail between Alexandria and Washington, D.C., and urged the adoption of the City’s Open Space Plan. Mrs. Pickering also implemented the planting of 1,000 citizen-donated cherry trees during her tenure as Chair of the Alexandria Beautification Commission. She was a member of the Alexandria Sanitation Authority’s Board of Directors and served on the Alexandria City Council and numerous boards and commissions.

Dog Park Gets Lights

The City of Alexandria’s Department of Recreation, Parks and Cultural Activities installed lights in the dog park at Eugene Simpson Stadium Park, 426 E. Monroe Ave. Three new lights were installed in the dog park and operate through an on-demand button located in the dog park.

Mexican Celebration at Durant Center

The “Fiesta de Cinco de Mayo” was held at the Durant Center as part of the “First Fridays” Series. The Series is a project of the Office of the Arts, a division of the Department of Recreation, Parks and Cultural Activities. The evening included a wonderful dinner of Mexican food from South Austin Grill, Los Toltoces, Los Cactus, and Dos Amigos. Entertainment was provided by the Quetzales Mexican Dance Ensemble, Northern Virginia’s premier Mexican folkloric performing company. They performed dances from several regions of Mexico to the delight of the audience. Ocho de Bastos, a Latin rock and jazz band followed with a selection of lively and beautiful music. Milton, the band’s lead singer and manager said the bands performs at many community-oriented events.

Landrum Named CEO of Alexandria Economic Development Partnership

When Val Hawkins recently retired, Stephanie Landrum was promoted from AEDP chief operating officer to acting president and CEO, but that title is now official. Enthusiasm has been heralded for Landrum since taking over six weeks ago, and she has worked for the agency for a decade.

“Given her track record, her network and her obvious familiarity and competence with respect to the Partnership’s mission and ongoing initiatives, we are confident economic development for the benefit of the entire city won’t miss a beat,” Chris Hartman of SunTrust Bank, the board chairman, said in March.

In her new role, Landrum will focus on local business formation and branding efforts throughout the city, with a particular focus on “the newer Alexandria neighborhoods of Carlyle, Potomac Yards and Landmark,” according to a release. The AEDP also announced that one of two executive level positions within the organization will be eliminated, allowing Landrum to “redeploy existing internal staff to updated roles, and to hire several individuals for new positions” geared toward research and strategic initiatives.

BY KRIS GILBERTSON

Meghan Baroody, owner and driving force behind Meggrolls, is a native Alexandrian, part of a “giant family” of Lebanese/Irish/English heritage. “My dad was born and raised in Alexandria as well,” she says, “and Mom was born in Southwest DC. She’s the oldest of five; Dad is youngest boy of eight; I am the youngest of six. All my siblings have ‘normal’ jobs, like teachers, lawyers, business developers, mothers, fathers—all my siblings have children. I have Meggroll.”

What are Meggrolls?

Meggrolls are egg rolls with personality, says the website. They come to you in a brilliant blue truck and with a good back-story. Meghan Baroody didn’t set out to start a food business. She studied art in college and worked at “freelance painting, commissioned pieces, painting murals on little kids’ walls,” she says, and at one point branched out into voice acting. She paid the bills by working at restaurants in Alexandria and Arlington, work that she considers invaluable to her current business. “Right after college, I’m working at Tallula Eat Bar in Arlington and I’m learning how to have conversations with people and how to network. Looking back, I learned a lot about how to communicate with people, which is a huge asset to me now.”

In 2009, Baroody’s boyfriend, Jules Julio, was also tending bar but at a different restaurant. On her off nights, Megg made late night snacks and took them to share with Jules and his regulars. “I love to cook. It’s been invaluable to her current work that she considers was something,” she says. “One night I made Chinese egg rolls, passed them out, and everybody loved them. Jules said these are awesome. You should put like a cheeseburger in one of these things. You could put different meats in these things. So I give Jules credit that he gave me that zinger lightning bolt of an idea, but Lord knows I took it and ran with it.”

“My name is Megg and I make eggrolls—so it’s Meggrolls.”

From hobby to serious business

For two years while working shifts at Chadwicks and Ramparts in Alexandria, Baroody worked at home to develop up to 30 new flavors and a menu. “It was just a fun experiment in my kitchen, a creative concept,” she says. “At least once, maybe twice a week, I’d come up with new recipes, bring them up to work late, like 12:30 at night, and hand them out to people just to see what they thought of them.”

“But from the moment I had this idea, I would speak

CONTINUED FROM PAGE 10

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JOIN US FOR A SUNDAY FUNDAY!

28TH ANNUAL TASTE OF ARLINGTON

MAY 17
NOON - 6PM
WILSON BLVD.
BY BALLSTON METRO

FOOD * LIVE BANDS
BEER & WINE GARDEN
VIP TASTING PAVILION
KIDZONE * BARKPARK

FREE ADMISSION!
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FOR DISCOUNTED TASTE TICKETS

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Ballston
Connect
Carluccio's Caffè, Restaurant & Italian Market is opening sometime in May in Old Town at 100 King St. Carluccio's is a European café, restaurant, and Italian market. This will be the first location in the US. According to their Craigslist posting: We provide an authentically Italian experience for our customers, serving rustic, regional cuisine. Our food is freshly prepared using high-quality ingredients and offered at an incredible value. Our service style is friendly and informal, but very efficient. We consistently ensure our customer's experience is special whether they drop in for a quick espresso or enjoy a leisurely 4-course meal. We are also an Italian style market & deli that offers prosciuttos, salamis, cheeses, cakes and pastries, prepared dishes for carry-out, and many imported retail products for sale as well. Sounds like a real win for Alexandria.

Jamie Leeds, chef and owner of Hank's Oyster Bar, is opening Hank's Pasta Bar according to papers filed with the City Planning office. The new restaurant will feature Italian cuisine at the corner of Montgomery and N. Saint Asaph streets in the Old Town North neighborhood in the former location of Villa d'Este. Renovations will be made to the interior, and the kitchen equipment will be upgraded, according to a special use permit application.

BRABO by Robert Wiedmaier restaurant, led by Chef Harper McClure, is hosting a series of guest chefs through October. Chefs will join McClure in the kitchen where they will make culinary magic. "It’s a reunion of sorts for chefs who once cooked at Vidalia, like RJ, Nick, and John," McClure recently told Bisnow. There are currently 6 dinners scheduled including May 13: RJ Cooper (Rogue 24, Gypsy Soul), June 10: Nick Sharpe (After Peacock Room), July 8: Erik Bruner-Yang (Toki Underground, Maketto), Aug. 12: The Wiedmaier Group, Sept. 9: Todd Gray (Equinox), Oct. 14: and John Melfi (The Oval Room). Make reservations at events@braborestaurant.com or by calling (703) 894-3440.

The owners of A-Town and Don Tito are beginning work with their third offering, Barley Mac. It will open in the former Red, Hot & Blue space in Rosslyn, according to ARLNOW. Expect Italian-American food, beer, and bourbon. The owner says he is

CONTINUED ON PAGE 9

Wegman's Opening Soon
Mark your calendars. Wegmans opens at 7 am Sunday, June 14 in Kingstowne. Expect huge crowds and wonderful food choices. The 126,000-square-foot store will anchor the Hilltop Village Center, a 350,000-square-foot retail and office complex at Telegraph Road and Beulah Street. This store will be the seventh Wegmans Food Markets in Virginia and the first in the state to feature a full-service restaurant called The Pub.

Old Town's Longest Running Family-Owned French Restaurant

Known for Fine Country French Cuisine since 1964

10 East Glebe Road • Alexandria, Virginia 22305

703-836-1404

chezandree.com

BY DEBBY CRITCHLEY

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chezandree.com
The Four Mile Run Farmers & Artisans Market (4MRMarket) is open every Sunday from 9 am to 1 pm throughout November in Four Mile Run Park at 4109 Mt Vernon Ave. 4MRMarket brings fresh, nutritious food to people of all income levels, provides an opportunity for local artisans and producers of goods to bring their wares to market, strives to reflect the diversity of the community, and improves the quality of life for Arlandria residents and visitors. It is part of an overall vision to expand and improve Four Mile Run Park and the surrounding neighborhood.

Right now is the season for flowers, herbs, and vegetable plants. CAT Produce, a locally family-run farm in Stafford, has an array of hanging vegetable plants, herbs, veggie starts, and produce—lots of root vegetables, greens, and cut herbs. She Peppers is backyard gardeners who have turned the peppers, vegetables, and herbs that they grow into delicious and unique BBQ sauces, peppers, hot sauces, dips, and rubs. She Peppers also sells seeds and seedlings of the various types of peppers, tomatoes, and herbs for patrons.

Tom’s Amish Cheese Store from Lancaster, PA features artisan cheese and yogurt, farm-fresh egg, and Pennsylvania honey. Tom is also carrying all his great cage-less aged cheeses at 4MRMarket. St. Elmo’s Coffee Pub brings freshly brewed coffee, tea, and always a nice selection of sweets. Sweet ‘N Savory of Alexandria is a local Bulgarian baker! They bring savory and sweet treats, breakfast pastries, fruit pies, breadsticks, and granola. Great Harvest Bread serves up a variety of fresh baked breads, muffins, and other treats. With generous samples, you’ll be happy before you even get your leaves back to your kitchen.

Whole Health has a wide variety of organic teas and body scrubs. Felicity’s Handcrafted Soaps will be at the market every other Sunday with hand-made soaps and knitted items. Sun & Moon Accessories has handmade jewelry from mostly natural products (seeds, gins, etc.), hand sewn articles of clothing, scarves, and baby boots and hats. Other crafters will make appearances throughout the season. You can bring your compost buckets to the Market as part of the city program.

A festive atmosphere is provided each week with live music on the Market stage. Some of the performers include Matt Buchanan-May 10 and June 14, Ian Kraft-May 17, Libby Weibel-May 24, Matt Tarka-May 31, Janna Audey-June 7, and Dan Barry-June 21. Moreover, as a final foodie news flash, Bugsy’s Pizza Restaurant, opened by Bryan Bugsy and his wife in 1983 after he retired from the NHL has transferred ownership to Bartolome Paf. And, the good news to some and bad news to others: no more smoking allowed in the upstairs bar. Aside from the lack of smoke in the air, the others: no more smoking allowed in the upstairs bar. And, the good news to some and bad news to others: no more smoking allowed in the upstairs bar. Aside from the lack of smoke in the air, the word is all else should remain status quo for good food and great service.

Finally, Thai Hut on Van Dorn is becoming Chicken Pollo.
MEGGROLLS

CONTINUED FROM PAGE 6

about it very confidently. I would say this is the next big thing…even though, my knees were shaking. I kept speaking about it largely, so it would stick in people's heads.”

And it did. As word of Meggrolls quickly spread, random people from the restaurants she and Jules worked in started asking for more. Then family and friends would call to say, “I’m having a baby shower [or whatever], could you make me a couple of dozen Meggrolls?”

Baroody admits that her rapidly growing success was scary, but “I’d say absolutely, and how many would you like? Looking back to four or five years ago, my first few orders of making three dozen Meggrolls was overwhelming, but now—400 Meggrolls at an event is no big deal.”

Meggrolls hits the road

A food truck was not in Megan’s original plan. As her business picked up speed, she viewed the future as a brick and mortar location. Three years ago she met a local investor who was interested in franchising a first Meggrolls shop. It was not the right time for such a deal but led her to research what would go into opening a shop on her own.

The needed capitalization of some $500,000 was overwhelming. An interim step was needed, and that is where the truck came in.

“I said, I don’t want a food truck, but Meggrolls needs a food truck to get the product out there. It was a higher platform than just selling Meggrolls out of my MINI Cooper. I could sell hot, fresh Meggrolls to individuals, as opposed to the only way you can get a Meggroll is at a party I’m catering.”

Buying a box truck and retrofitting it to fry Meggrolls could have cost $150,000, but the food truck sensation was firmly established in the District and Arlington by then. People had tried and failed with food trucks, or tried and succeeded but moved on to brick and mortar. With an inventory of food trucks for sale on Craigslist, Baroody found the perfect unit for a third of the cost of buying new. She applied for licensing in Arlington, a process that requires patience and set up (or parked) her shop. Unlike the District, with 300 closely regulated food trucks, in Arlington a licensed vendor can park and sell from any legal parking space.

A day in the life of Meggrolls

A single Meggroll can have a dozen or more ingredients. Baroody does the prep work and cooking in commercial kitchens late at night, or 5:00 a.m., only to get up at 8:30 to get ready to serve.

Last year, the distinctive blue Meggrolls truck could be found on the streets of Arlington three or four days a week. Regular spots were in Ballston and Courthouse.

This year, catering and deliveries have increased and cut into days on the street, although Megg plans to be on the road regularly over the summer. “I’m getting kind of overwhelmed with my weekends, but I need time to prep. I feel bad about leaving my regulars on the streets of Arlington in the dust, but I’m still learning.”

“This last year and a half hasn’t been about building revenue; it hasn’t been about making tons of money. It’s been about getting the product into people’s mouths, getting the name out there. And within that short year and a half, thanks to [a Meggrolls regular], I was named one of ‘Washingtonian’s Top 25 Food Trucks.’”

Baroody continues to have conversations with investors. The Meggrolls Support Network Megg gives Jules much credit. “We’re both very strong and very patient people. A couple of years ago he said to me, ‘I didn’t really go out and follow my dream. I’m going to help you follow yours.’ And every once in a while I’ll look at him and think, I could not do this without you. Thank you so much.”

Strong family ties also play a large role. “We are Lebanese. In April, I went to the Arab American Institute’s Khalil Gibran Spirit of Humanity Awards at the Omni Shoreham Hotel. My dad, Michael Baroody, received an award for his work in public service. Five of my six siblings were there; also my mom, and aunts and uncles. It was a great night.”

“Salma Hayak was there also to receive an award. I’m looking at Salma Hayak talking about what she’s done for humanity. Like me, she is half Lebanese. She pursued her creative passions in early adulthood, to her 30s and 40s, and now she uses that success to help humanity.”

“That is exactly what I want to do someday. I want to follow my passion, reach that height and then use that overflowing success to help other people, or animals, someday. It doesn’t end at Meggrolls—Meggrolls will be a catalyst for so many more things.”
George Washington High School Alumni Gather to Celebrate the Class of 1945

By Jessica McKay

On Wednesday, April 29th, nearly 50 alumni from George Washington (GW) High School gathered at Greenspring retirement community in Springfield, Va., to celebrate the 70th anniversary of the class of 1945. GW’s 1944-1950 Reunion Committee hosted the event, which welcomed alumni spanning more than 20 years in graduation dates from the class of 1941 through the class of 1962. Nearly half of the GW alumni attendees for the event are currently residents at Greenspring.

According to the history detailed on GW’s alumni website, GW first opened in Alexandria in 1935, merging the city’s two high schools: Alexandria High School and George Mason High School. During the 1960s, the City of Alexandria was planning for the integration of the public schools and in 1965, T. C. Williams High School opened. GW was integrated and remained a four-year high school until 1971 when the city’s secondary schools were reorganized. In 1979, GW became a junior high until finally being restructured as a middle school in 1993, as it remains today.

While many famous alumni attended GW, such as Willard Scott (’51) and Jim Morrison (’61), many of those alumni who attend the event on April 29 are notable in their own right. Some of the alumni are couples who met at GWHS and are still married today like Austin (’43) & Barbara Murray (’44) and Zander (’48) and Nancy Wilke (’48); Nancy Wilke is the Chairman of GW’s 1944-1950 Reunion Committee and largely assisted with the coordination and registration for the April 29th event. Both the Murrays and Wilkes currently live at Greenspring, along with Mary Sue Garner (’61) who was join by her sister Margaret Bell (’62) at the event. Garner was an educator in Alexandria City Public Schools for 45 years before retiring in 2010. Six members of the class of 1945 were in attendance at the 70th anniversary event including Richard and Eleanor Schoen, Elizabeth O’Sullivan, Frances Dudley, Jimmy Herbert, and Ralph Mills.

When asked what they remember most, many GW alumni say simply, the “Old Oaken Bucket,” which was a trophy received from an annual Thanksgiving Day GW vs. Washington-Lee football game. Today, alumni Austin and Barbara Murray still keep an Old Oaken Bucket replica in their kitchen.

Mary Sue Garner (’61) and her sister Margaret Bell (’62).

Judith and Bobby (’44) Bregman.

Mary Sue Garner (’61) and Austin (’43) Murray.

Barbara (’44) and Austin (’43) Murray.

Mary Sue Garner (’61) and her sister Margaret Bell (’62).

Barbara (’44) and Austin (’43) Murray.

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May 2015

The Zebra Press
THE GRILLE AT MORRISON HOUSE WINS OVER THE PEOPLE

BY DEBBY CRITCHLEY

Twenty-three restaurants provided delicious dishes, exciting items were auctioned, and one of Carpenter’s former clients talked about the help they received. Thanks to over 500 attendees who came out for the Carpenter’s 13th annual Cook-Off on April 26, over $82,000 was raised to go towards Carpenter’s programs and services for homeless men, women, and children.

The secret to talking is listening.

–Scarlett Johansson
I Bought a Zoo, 2011


Zebra publisher, Mary Wadland and I attempted to try every restaurant offering. Some of our favorites included the People’s Choice Award and our first choice, The Grille at Morrison House with an espresso rubbed pork belly. Dishes of India provided our second place choice with a plate of rice topped with vegetarian paneer makhani (veggies and tofu in a creamy tomato-based sauce) and murg saag (chicken in curried spinach). Del Ray Pizza offered three different beer from Port City Brewing Co.

Specialty fashion trucks
Activities for little cowgirls & cowboys
Prize drawings hourly
20 vendor tables

CHOW DOWN ON EXCEPTIONAL OFFERINGS FROM SOME OF THE AREAS TOP FOOD TRUCKS

DougTheFoodDude  Big Cheese
Borinquen  DC Slices  Popped Republic
Red Hook Lobster Truck  And many more!

Event made possible through the support of the Alexandria Marketing Fund.

CONTINUED ON PAGE 13

ZEBRA PRESS  MAY 2015
28th ANNUAL TASTE OF ARLINGTON ON MAY 17

The 28th Annual Tast of Arlington, hosted by the Ballston Business Improvement District (BID) and presenting sponsor Rent Dittmar will benefit the Arlington Food Assistance Center (AFAC), will showcase more than 50 diverse and delectable restaurants; a “best dish” contest; Girls on the Run 5k open to public participation; live music; an extensive beer and wine garden; World Pup Tournament with a guest appearance from HOT99.5.

FOOD TRUCK RODEO JUNE 5

Between 11 am and 8 pm, June 5, food trucks will again roll into the parking lot at Southern Towers Apartments at 4901 Seminary Road in Alexandria’s West End neighborhood for the Second Annual “Go West! West End Business Association Food Truck Rodeo” in partnership with the DC Food Truck Association. Visitors can look forward to favorite trucks boasting Thai, Vietnamese, seafood, BBQ and sweet treats. And for the little cowgirls and boys, activities and a watermelon seed spitting contest. For the older hands, sips from local Port City Cellars as well as visit fashion-focused trucks and non-food vendors.

Christine Garner to Sponsor Rosemont Movie Nights

In an effort to give back to her own beloved Rosemont neighborhood, Christine Garner, a Weichert realtor serving the community for almost 30 years, is starting Rosemont REEL nights. Family, friends and neighbors are welcome to the Maury School Playground at 7 pm for free outdoor movie nights throughout the summer. The first film is Shrek on May 23. Garner is a bonafide animal lover herself, but for movie night, four-legged friends are asked to stay home.

MORRISON CONTINUED FROM PAGE 12

BBQ from City Kitchen. A most delightful dish was an arancini made of macaroni and cheese from Cheesetique and a Rhode Island Mussel Salad from Brabo. The cake offered by Jackson 20 was more than worthy of Best Sweet Dish. The 2015 winners determined by the judges were Best Sweet Dish: Jackson 20; Best Savory Dish: Red Rocks Neapolitan Bistro and Kid’s Choice Award: Sugar Shack. The People’s Choice Award went to The Grille at Morrison House.

We’re on our way to LaBergerie.

See you there.

Whether you are visiting us for the first time or are one of our treasured and faithful regulars, we are committed to providing you with a unique dining experience in a relaxed and intimate setting.

Griley Warehouse, Second Floor • 218 North Lee Street • Alexandria 703.683.1007 • www.LaBergerie.com
BY ROBERT F. MURRAY, THE VON BRAHLER LTD.

It’s a lot about the art itself, what it represents, whom it represents, what it does for the artist and the viewer and why for all of it in the first place. The 296 Project is, for one, a real place, an art space in the up and coming Art Underground in Crystal City, Arlington, Virginia. The 296 Project, more importantly, is a unique art therapy program created by Dr. Scott Gordon, a psychologist, with a passionate dedication to helping veterans and their families confront and deal with PTSD and TBI.

Scott Gordon’s 296 Project got under way in October, 2013 and now has a promising future and goals that are absorbing and will need backing. His education, application, and outreach pave a more open and clearer road for veterans with PTSD, one out of every five, returning from deployments. Gordon will soon launch “Operation Tarheal,” that will change people by therapy that will deliver onsite art-based trauma recovery units to locations where they are needed.

I felt the 296 Project’s positive environment in the various mediums of art, well-displayed in their modern, efficient space in the heart of the retail gallery world of the Crystal City Underground. The art, the painting, and the sculpture carry multiple messages, the many reactions, sentiments, grievances, the quiet heroism that many men and women carry deep inside their personas. There is certain strangeness to the beauty you’ll experience unlike in any other art gallery. It may be about war in general, but it brings out that shadowed side of humanity provoked to the surface by the horrors of human conflict, perhaps “subhuman” conflict to many in uniform. Through the use of art, the images and devastating damage and impressions left traumatically in one’s head has the chance get out, to be actualized, to be seen, to be dealt with in a way it has not been before. Dr. Gordon and his Deputy Director, Meg Yamato, have the opportunity to assist the veteran to adjust to normal society and deal with the variety of resultant conditions, like substance abuse and alcoholism as well as a host of other problems trapped in a PTSD or TBI sufferer.

This is a place for everyone to experience, military or other. Anyone can go there during regular business hours to take a look, hang out for awhile, have some dialogue about what is happening. Art teachers can get involved in workshops or set up to help out its individual ways. This 296 Project is a very positive place. The realities and vestiges of war are encompassing but presented as “artworks” and, like art, are therapeutic like nothing else so far manages to be in the same ways.

An acquaintance of mine told me of time he spent in jail. He said some former inmate had scratched into the wall, “The nightmare is …..” It seems to me that the nightmares of the PTSD conditions when "Iwo" by Meg McKenzie "Trident" by Navy SEAL and Maryland 5D Congressional Candidate, Kris Beck

CONTINUED ON PAGE 15

The Lamplighter

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The Lamplighter
1207 King Street
Alexandria, VA
703-549-4040
ALEXANDRIA LIBRARY WINS REMEMBERING THE 1939 LIBRARY SIT IN

The Virginia Public Library Directors Association (VPLDA) awarded the Alexandria Library the “Outstanding Public Relations Award” for the 75th Anniversary of the 1939 Alexandria Library Sit-In public awareness campaign.

The 75th Anniversary of the 1939 Alexandria Library Sit-In public awareness campaign spotlighted the historic peaceful protest in 1939 by four African American men, who were charged with civil disobedience for quietly reading books after being denied library cards. Last fall, a culminating event was held on August 21, 2014 — where the protest took place exactly 75 years ago — at the Kate Waller Barrett Branch on Queen Street in Alexandria, Virginia.

The present-day Barrett Branch Library on Queen Street was the only library building in a city with a population of 33,000, built in 1937 with money donated by the family of Kate Waller Barrett (1857-1925). However, as with many public services in the country financed by the community’s taxpayers, the library was only available to whites. African Americans, though they voted and paid taxes, were not allowed to use the library.

On Friday, August 21, 1939, Alexandria Library Sit In.

Samuel Wilbert Tucker (1913-1990), who grew up only two blocks from the Barrett Branch, then known as Alexandria Library, graduated from Howard University and prepared for the field of law. He passed Virginia’s bar exam at age 20, but Tucker, an outstanding student, was too young to be sworn in. A year later, he took the oath. Tucker tried for several years to establish a law practice. But he remained unswayed.

In the summer of 1939, Tucker, now 26, developed a strategy by preparing a select group of African American men for a deliberate act of civil disobedience. Ranging in age from 18 to 22 years, these Alexandrians challenged the status quo.

On August 21, 1939, Alexandria Library staff and patrons watched as a young to be sworn in. A year later, he took the oath. Tucker tried for several years to establish a law practice. But he remained unswayed.

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Facebook Leads New York Times Bestseller Cokie Roberts to Choose Old Town Artist for Book Cover

BY MARY WADLAND

Harper Collins found Healy via Facebook. Spotting a hand-colored birds-eye view of Washington, D.C. with the Capitol in the foreground (circa 1861) on Healy's www.capitolartifacts.com site, they asked his permission to use it for an upcoming book cover's jacket. Cokie Roberts was penning a new tome, and they thought it was a perfect fit.

“It’s such a privilege to have my work centered on Cokie Roberts’ new book,” Healy said. “She is a national treasure, incredible writer and historian, book,” Healy said. “I’m humbled she is using one of my drawings.”

Healy's image is a rare and stunning drawing of the Capitol under construction, colored to convey the busy seat of government against a backdrop of farm country in the early stages of the city's development. “When I started Capitol Artifacts, it was my intention to bring to life some of the national landmarks of this important era,” Healy said. “I’m thrilled more people will get to see the 1861 image, thanks to Cokie’s book.”


Healy met Roberts late last month at a book signing at the National Archives. Healy, a staple in Old Town for over 35 years, is the owner of Gallery Lafayette and Framing Studio in Old Town, Alexandria.

Prints of the image used can be purchased at Gallery Lafayette, 130 S Royal Street in Alexandria.

A Different Kind of Family Portrait

Tobey Frederick wanted to surprise Joe with a special 15th anniversary gift. She had been following Dave Cochran's ads and admired how he interpreted the likeness and personality of his clients, so she finally contacted him.

She learned that he worked from photos (NO sittings!) and that she could be involved in determining the final painting. They purchased at Gallery Lafayette, 130 S Royal Street in Alexandria.

Healy, a staple in Old Town for over 35 years, is the owner of Gallery Lafayette and Framing Studio in Old Town, Alexandria. Healy and Cokie Roberts at the National Archives in April. Courtesy photo.

This two-week intensive field school, offered through Alexandria Archaeology & George Washington University, provides hands-on experience in excavation and laboratory study of an archaeological site in Old Town Alexandria. The city has several historic districts and developed the first community archaeology program in America. It is the perfect place to investigate the Shuter's Hill plantation site and to learn about artifact identification and analysis at the Alexandria Archaeology Museum. This summer's institute focuses on the excavation and study of an area of the site associated with enslaved African Americans. Working with the City of Alexandria's Archaeologists, students will also discuss public heritage values and issues resulting in a public interpretive tour and Family Day. The sessions run May 18-22 & May 26-30, 2015. For additional information and to register, go to: http://summer.gwu.edu/historical-archaeology-field-institute

The Perfect Anniversary Gift

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I wanted to create a completely unique family portrait, especially presented for an anniversary special event. Call or e-mail now with your questions or offer."

Giclée prints of this painting were given to various family members.

A Different Kind of Family Portrait

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She learned that he worked from photos (NO sittings!) and that she could be involved in determining the background. Dave came to her home to help determine the best size for the painting and to look through photos of her family members. Tobey wanted to depict all seven dogs that she and Joe had since they were married (past and present). In the foreground, Dave painted the family's beloved bulldog, Chopper, who is constant entertainment and fun loving, just like her blended family.

Tobey now worries what she possibly can do for their next anniversary.
PRINCESS FOR AN EVENING: PROM DRIVE

BY ROWAN CECH

Prom. Ok, take a deep breath, you are almost there. Senior year is almost over, maybe an SAT or two left, but really, stop worrying because you are just hurting your head. (Side note: don’t tell my parents that I said that.) Anyway, it’s only a couple weeks before prom and everyone is starting to work on that checklist. First on the list, a prom date. Who are you going to spend that fun night with? Guys, if you haven’t asked that special someone yet, that clock is ticking. Ok, next up on our list is the dress. Only there is a slight problem here. Prom is not cheap. Prom dresses also are not cheap, and some of my friends can’t afford one. The night just wouldn’t be the same without them there, just because they couldn’t afford a nice dress.

At first, I just didn’t know what I could do to help them. But then I was checking my email and saw something interesting from T.C. Williams High School talking about a Prom Drive. I was instantly intrigued, and wanted to find out more about it. So I decided to give the person in charge a call and learn a little bit more about the program and how I could help. I ended up chatting with Terry Wright, one of the women who helps put the T.C. Prom Drive together.

So, you are probably thinking, okay, so the dresses are just in a pile and handed out or whatever. But honestly, half the fun of getting a prom dress is being able to go shopping for one. I can say this from personal experience. Everyone at Prom Drive decided that these girls should get a chance to do that as well. So every year before prom, they transform T.C.’s dance studio into a fun and fabulous boutique, filled with dresses, shoes, accessories, you name it.

The Prom Drive was started 7 years ago by Eleanor Muse, a member of the T.C. staff who decided that enough was enough. From that point on, more and more staff members joined together to help make it a magical night for all students, regardless of need. On average, over the past few years, Prom Drive has helped 150 girls find their perfect fit. But of course, they don’t just stop at dresses, they also fundraise to help the guys rent out a tuxedo or nice suit.

During my interview with Terry Wright, I asked her to describe her favorite memory of the Prom Drive. She said that she couldn’t just pick one, but one of her favorite things to see is when a girl tears up when she finds that perfect dress. According to Terry, there is nothing better than the feeling of helping these girls reach their dreams. Believe me, I am going for the first time myself and am super excited. So if you have that dress hanging in your closet, you know the one, the one that you haven’t worn since your senior prom 20 years ago, donate it! That way you have space to buy something new, and you can help give over a hundred girls a chance to make their dreams come true too. Just saying.

If I have convinced you to help out, please contact either Samantha Christian at samantha.christian@acps.k12.va.us, or Terry Wright twright@acps.k12.va.us. They would be happy to receive dresses, accessories, shoes, money, and almost anything else you could think of to help turn these T.C. Williams prom dreams into reality.

CHECK

CONTINUED FROM PAGE 4

Casa Chirilagua was represented by Dawnwille Miller and Marta Cabrera. Ms. Miller explained that Casa Chirilagua (casachirilagua.org) is a Latino neighborhood organization in Alexandria that improves the lives of the people especially children and young adults in the neighborhood through mentoring, after-school programs, and Christian outreach. Ms. Cabrera said that the Casa Chirilagua was founded to help refugees from Chirilagua, El Salvador but that it has expanded to serve multiple Latino groups and now has 100 weekly volunteers who serve 80 grade-school children and their families.
DO YOU HAVE THE COURAGE?

An 8 feet tall x 20 feet wide chalkboard has been hand-created by local business leader, Nancy Belmont on the 2200 block of Mount Vernon Avenue in Alexandria, Virginia. At the top of the board reads the statement, “I Wish I Had The Courage To…” with blank lines below for passersby to fill-in.

Asked why build the wall, Belmont, a life coach, answers directly on her website, “Pretty much every brave man is not he who does not feel afraid, but he who conquers that fear.”

The board was unveiled May 7, and the blanks following, “I wish I had the courage to:” are already filled with things like, “go get that job,” “tell my husband it is over,” “sneak a cat into my apartment building,” and “ride a two-wheeler.”

As Nelson Mandela put it, “I learned that courage was not the absence of fear, but the triumph over it.” The brave man is not he who does not feel afraid, but he who conquers that fear.

Striker Pierce Investigations, with its main headquarters in Old Town Alexandria, has recently been approached by a Hollywood production team in order to explore the possibilities of a prime time, non-fiction series about their work, team, and history. The show will be filmed mainly in Alexandria, though will also follow the Striker Pierce team on some of their international assignments.

The crew used local residents during the filming, with King Street and the Striker Pierce offices as backdrop. The content and production team are currently remaining anonymous due to the competitive nature of the entertainment field as they wish to be first to the market with the concept. However, the team, who spent the weekend of April 26-27 at the Striker Pierce offices with a film crew, stated, “they are very excited about the prospects that Striker Pierce offers in terms of important and entertaining programming for a variety of viewers.”

“This is not reality television,” one of the Striker Pierce team said, “nor will we ever breach the confidentiality of our clients or the subjects of any investigations or projects. This is more about how we do our work, the team dynamics, and the impact this work has had on those in the community and involved with the cases.”

Brian O’Shea, founder and CEO of Striker Pierce, has recently been grabbing headlines across the United States, Canada and Europe for a variety of projects, seminars, and training in for everyone from large corporations, law firms, and even human rights activist groups. Through his international presence as well as some recent consulting he provided to a major Hollywood director and producer, is what brought him the attention of numerous production companies.

Additionally, the entertainment community has become fascinated with the concept of a local, seemingly innocuous investigations firm, with a humble office on the corner of Alfred and King Streets, actively connected with some of the largest cases in U.S. history as well as having interactions with world-renowned names such as Gary Kasparov, Pussy Riot, Yang Jianli, and Fleming Rose.

Incorporating a family dynamic, it does not hurt that, Brian’s right hand man and second in command is his brother, Russell O’Shea, who leads his research team and his “solutions” projects around the world.

In addition to television, O’Shea already has several offers on a book proposal as well as a potential documentary on a new foundation. O’Shea refused to reveal the content of the show or the potential book (citing non-disclosure agreements that have been put in place) but did state the following about the projects, his company, and the team, “We are that firm that you call when you have a problem that no one else can solve. Whether it’s a lost loved one, a crazy ex-employee harassing your family, a company stealing your secrets, or even someone needing protection in Nairobi, we have the network, the skill, experience and talent to provide a solution. The point of the show is to let the public become more aware of how to solve difficult problems while allowing them to realize that there are others out there with similar problems...and a firm that can fix them.”

OLD TOWN BUSINESS MAY SOON BE ON PRIME TIME

Burke and Herbert Bank urged customers during the month of April to donate their loose change to benefit child advocacy group SCAN during the month of April and the results have been tallied. According to Jane Lichter, Branch Marketing and Community Relations Director, “The amount has been confirmed. The total raised is $2476.05 including the $1000 matching funds from Burke & Herbert Bank.”

Stop Child Abuse Now (SCAN) of Northern Virginia is a non-profit organization whose mission is to promote the well-being of children, improve parent-child relations and prevent child abuse and neglect by educating the community about the scope, nature and consequences of child abuse and neglect and the importance of positive, nurturing parenting, providing direct parent education, and advocating for children in the community, the legislature and the courts.

Burke and Herbert Donates Loose Change

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Virtually ignored by most newspapers, the case continued to be widely reported in the African American press across the country. Tucker became seriously ill and was unable to pursue the case. In 1940, community leaders proceeded without the young attorney’s involvement and accepted the promise of a “separate but equal” library. Tucker was infuriated. The Alexandria Library Board quickly approved the construction of the Robert H. Robinson Library, appropriated funding for books, and hired an African American librarian.

On February 13, 1940, Samuel Tucker replied to a letter from Librarian Katharine A. Scoggins inviting him to apply for a library card at Robinson Library. His strongly worded reply demonstrates Tucker’s commitment to equal protection under the law: “I refuse and will always refuse to accept a card to be used at the library to be constructed and operated at Alfred and Wythe Streets in lieu of [a] card to be used at the existing library on Queen Street for which I have made application.”

Samuel W. Tucker remained a leader in the war against segregation and intolerance. He argued groundbreaking civil rights cases across the state. He served as the lead lawyer for the National Association for the Advancement of Colored People (NAACP) in Virginia, appeared before the U.S. Supreme Court four times, and was a founding partner in the prominent Richmond law firm, Hill, Tucker, and Marsh. “We are delighted and honored to have won the Virginia Library Director’s Association Award for the 75th Anniversary of the Alexandria Library Sit-In,” said Director of Libraries, Rose Dawson. “As the earliest known library sit-in, I am especially pleased that my peers recognized the value and importance this event holds in the history of public libraries,” Dawson added.
MAY-Z EVENTS

NOW THRU MAY 31
Paws and Claws for Art
Monday-Thursday 12:00 - 7:00 pm, Saturday and Sunday 12:00 - 5:00 pm
Vola Lawson Animal Shelter
4101 Eisenhower Ave.
Del Ray Artisans and Animal Welfare League of Alexandria teamed up to present this animal-themed, fundraising exhibit. Both nonprofits receive a percentage of each sale, also showing, but not for sale, will be UPcycle’s Fur-Vor project community-based student-recycled dog art. Free. www.TheDelRayArtisans.org/GWW

NOW THRU MAY 31
Eunsook Lee: Dispersed Family
Daily/10:00 am - 6:00 pm; Thurs/10:00 am - 9:00 pm
Torpedo Factory Art Center
109 N. Union St.
Korean artist Eunsook Lee transforms Target Gallery with her site-specific work, Dispersed Family. With this installation, Lee explores what it means to be family, maintaining connections across the globe. She uses black-light-sensitive threads, resulting in a dramatic fluorescent palette. The glow-in-the-dark threads represent relationships that are both continuous, yet free in their own space. She weaves them together with layers of letters, photographs and seeds to represent the hope for possibilities and regrets of separation. Free 703-838-4565

NOW THRU OCT. 27
Canine Cruise
11:00 am
Potomac Riverboat Company
Come out and join us for a local favorite with ROOTSTOCK: A RIVERFRONT CELEBRATION OF OUR REGION’S FINEST FOOD, DRINK, AND MUSIC
June 6
Now – 6:00 p.m. (11:00 am -noon VIP Hour)
Onoress Bay Park
100 Madison St.
The first annual Rootstock Food Festival will feature no fewer than 100 different beers, ciders, and wines from more than 40 different craft beverage brands, as well as 30 regional craft food purveyors to sample and shop from. Attendees will enjoy locally-sourced dishes from 12 of the region’s best farm-to-table restaurants and acclaimed local chefs, plus live music all day long and plenty of family-friendly activities including a pie eating contest, cake walk and more. Farm-related activities provided by Arcadia Center for Sustainable Food & Agriculture. $10 for attendees 13 and over. General admission with 25 food/beverage tickets $30; VIP early admission $50

NOW THRU MAY 31
Mix: Adventures in Mixed Media
Thur & Sun 12:00 - 6:00 pm; Fri-Sat 12:00 - 9:00 pm
Del Ray Artisans Gallery
2704 Mount Vernon Ave.
Del Ray Artisans and Artistic Artifacts collaborate to present this juried, multi-media exhibit that promises to “SHAKE UP” the imagination and explore the mixed media art movement. Prizes for guests in “mix and do not match” attire. Get your plaid and stripes out of your closet and MIX it up. Free www.TheDelRayArtisans.org

NOW THRU MAY 31
“Pleased to Meet You” by Cathy Messina
8” x 10”
Media: Hand painted silk cocoon and red, feather, glass beads, paper, hand dyed lace and fabric, novelty threads, aluminum can and more.

NOW THRU OCT. 27
Doggie Happy Hour
5:00 pm – 8:00 pm
Jackson 20
480 King Street
Join us in the Hotel Monaco courtyard every Tuesday from April through October, weather permitting, for specials on handcrafted cocktails and beers plus treats and water for canine companions.

MAY 2 – MAY 30
Attic and Alleys Tours
Saturdays, 9:00 am – noon
Gadsby’s Tavern Museum, 134 Royal St.
Visit rarely seen spaces at four of Alexandria’s historic sites in this 3-hour walking tour of Gadsby’s Tavern Museum, the Shaker-Leadbetter Apothecary Museum, Lee-Fendall House, and Carlyle House Historic Park. Tickets are limited, and advance reservations are required. Choose Lee-Fendall House or Gadsby’s Tavern as your starting point. The tour goes rain or shine and includes stairs, access to confined spaces, and walking over many city blocks. Photography welcome. $35 Tickets online at Shop.Alexandriava.gov. 703-746-4242

MAY 9, JUNE 13, JULY 11, AUGUST 8, SEPTEMBER 12
Canine Cruise
11:00 am
Potomac Riverboat Company
Come out and join us for a local favorite with "Pleased to Meet You" by Cathy Messina

NOW THRU MAY 31
Untitled by Kathryn Avila-Reyes
8” x 10”
Media: Hand painted silk cocoon and red, feather, glass beads, paper, hand dyed lace and fabric, novelty threads, aluminum can and more.
MAY Z-EVENTS

MAY 12
2015 Excellence in Aging Awards
6:00 pm – 7:00 pm
Volta Lawtown Lobby at Alexandria City Hall
301 King St.
Each year, the Excellence in Aging Awards are given to individuals and organizations that have shown exemplary efforts in helping the City’s senior residents maintain their independence and live their lives to the fullest. This year’s award winners are Jane King, Annie B. Rose Lifetime Achievement Award; Witch O’Toole, Lois Van Valkenburgh Excellence in Aging Award for an Individual; Senior Services of Alexandria, Excellence in Aging Award for an Organization; and Sharon Charlotte, Public Service Award. Bob Brink, Deputy Commissioner, Virginia Department for Aging and Rehabilitation Services, will be making remarks at this year’s awards ceremony. Refreshments will be served. Free 703-746-5694

MAY 13
Fascinating Birds
7:30 pm
Conference Board Room, Virginia Commonwealth University, 3301 King Street
Huntley Meadows Park
3701 Lockleed Blvd
The Friends of Dyke Marsh hosts William Young, who will give a presentation titled “90 Reasons to be Fascinated by Birds,” based on his book, The Fascination of Birds: from the Whatever to the Yearbitter (River Publications, 2014). We will explore the connections between birds and subjects such as biology, ecology, literature, music, history, politics, economics, religion, geography, physics, chemistry, linguistics, the visual arts, the performing arts, sports, and comedy. 703-769-2525 Free

MAY 14
Caregiver Support Group
6:30 pm
Immanuel Church on-the-Hill
3600 Seminary Rd.
Family caregiving is a great responsibility and can bring out many emotions that are difficult or impossible to share with those receiving care. Share your experiences with others in similar situations and benefit from their support. Occurs the second Thursday of each month. Free 703-739-2273

MAY 14
Second Thursday Line: Flight
7:00 pm
Athenaeum
201 Prince St
An Evening of Soaring Dance, Poetry, and Music, featuring Pete Serrato and the professional musicians Drawn to Flight and celebrated poet and dancer Karen Reimann. $15 adults, $10 seniors, $8 students pre-sale. 202-487-8876

MAY 15
MAY 16
Taste of Del Ray is June 7
1:00 – 2:00 pm
Behind United Bank (Mount Vernon and Oxford Ave.)
$10 in advance, $15 the day of event
Mark your calendars, clean your palates and prepare to sample some of the yummiest flavors at the 7th Annual Taste of Del Ray, sponsored by the Del Ray Business Association (DRBA) on June 7. Over a dozen neighborhood restaurants will participate in the outdoor competition that will name the 2015 Judge’s Choice and People’s Choice awards. Live entertainment and “Farm to Fork” exhibits will be showcased throughout the event.

MAY 16
Dare to Live Fully
6:00 pm
Schlesinger Center Concert Hall
3001 N. Beauregard St.
Maestro Kim Allen Hughizes the professional orchestra through critically acclaimed performances full of passion and power. Five concerts Sept. May. This concert features Amy Horn, French Horn, featuring Heritage Signature Clarinet and the Metropolitan Chorus, Strassus Horn Concerto No.3., Beethoven: Symphony No.9.

MAY 16
Trace Monotype Workshop
10:00 am – noon
Del Ray Arts Council
2704 Mount Vernon Ave.
Join us for the Trace Monotype Workshop at Del Ray Arts council on Saturday, May 16 from 10am-Noon.
Artist Katherine Rand will teach you the basics of this printmaking technique that transforms line drawings into prints with unique textural effects. No experience is necessary. $30 for Del Ray Arts council members and $45 for non-members, plus $6 supplies fee. www.thedelrayarts.org/ Monotype

MAY 17
Alexandria’s Historic Breweries Guided Tour & Tasting
1:00 pm – 4:00 pm
Old Town Alexandria
Join Alexandria’s Historic Breweries author, Garrett Peck, and Porter Brehmke co-founder, Cat Potter, on a guided walking tour around Old Town Alexandria exploring the foundations of local brewing. The tour includes highlights from the print brochure, a Porter Brehmke beer sampling and culminates at one of Alexandria’s current Hops Stops. $20

MAY 20
Zip through a Tight Space
7:00 pm
Schlesinger Center Concert Hall
3001 N. Beauregard St.
Join us this spring for an evening of live performance at our annual benefit. Dynamic performances feature a new intergregational dance work performed by former Jane Franklin Dance company members and their young children, live music by Brian Pagels and Erin Ryan in a premier collaboration, live music by NRO and Eclipse Chamber Orchestra members Alice Weverb & Truman Harris in a new collaboration, and performances by Forty+, a group of performers past the age of 40, a cabaret reception and silent auction proceed the performance. Jane Franklin Dance provides courtesy parking in the Beauregard Street Garage adjacent to the theater. A Pop-up Art Exhibition entitled “Future Perfect” will be on display in the forum in conjunction with the gala performance. The benefit will support Jane Franklin Dance’s successful flagship programs and artistic projects including Forty’s projects, dance education for youth and artistic projects for the 2015-2016 season including performances at the Capital Fringe Festival. $40 – $100 (VIP) Discounts available Info: 703.933.1111

MAY 21 AND MAY 31
RAVA ARTISTS’ Talk: A Guided tour of the Winged Bestiary with Langley Spurlock and Martin Tarat
3:00 pm
Athenaeum
201 Prince St
The Winged Bestiary folio includes Scarts, Urks, Cockers, the Wall Street Wymouth, and the rare Barcaukes. There are 35 unique avians, imagined and real, funny and sad. Each illustration is combined with a couplet. Exhibit generously sponsored by TIB and Sotheby’s International Realty.

MAY 22
The Retrosenators
7:30 pm
Athenaeum
201 Prince St
An evening of off-the-cuff improvised comedy. Cash bar starts at 7:30, performance at 8pm. Make suggestions that this talented group will turn into scenes and games, for your enjoyment. $15.

THURSDAY, MAY 28
Fiery Run Concert
7:00 pm
Athenaeum
201 Prince St
Fiery Run is an acoustic, folk rock trio out of the northern Shenandoah Valley. $1.

MAY 30
Symphonic Tap with Capital Tap
7:00 pm
George Washington Masonic Memorial
105 Callahan Dr.
Don’t miss this unique experience! Tap dance is usually done to music, but what about when the tap is part of the music itself? Is this unique performance, SUNDA partners with Capital Tap including the renowned Bakaan Widner (from “Bring in da Noise, Bring in da Funk on Broadway”). The show will include a tap dance concert in which the dancer is the solo instrumentalist. $15 adults pre-sale; $10 seniors/ students pre-sale. 202-487-4676

MAY 31
Lafayette in Alexandria Day with Museum Open Houses
1:00 pm
Market Square
Tides of Revolution: The Hermione Game
303 King Street
Before the French tall ship, Hermione arrives in Alexandria. CONTINUED ON PAGE 30

MOUNT VERNON’S SPRING WINE FESTIVAL & SUNSET TOUR
May 15 – 17
7:00 pm
Athenaeum
201 Prince St
May 15 – 17
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Athenaeum
201 Prince St

Grant Helmken, Organist-Chairman of St. Paul’s Episcopal Church in Alexandria, will direct the Adult Choir in music by Marmont, Archer, William Smith, Stanford, and Hess. Donations of non-perishable foods will be accepted for St. Paul’s Lazarus Ministry, raising hope for those in need. 703-549-3512, grant@spaulsal.com.

1:00 pm
Athenaeum
201 Prince St
A Winged Bestiary tap dance concerto in which the dancer is the solo instrumentalist. $15 adults pre-sale; $10 seniors/ students pre-sale. 202-487-4676
Drew Smith, B.I. Class of 2015, honored by National Football Foundation

John Adams, Charles Barrett Teachers, Honored

SCHOOL BRIEFS

Twenty teachers from John Adams and Charles Barrett Elementary Schools have completed the Kennedy Center's Changing Education through the Arts (CETA) Certificate of Study and were honored at a special awards ceremony and reception on April 24 at the Kennedy Center. Only 116 Washington, D.C., metropolitan area teachers earn this honor. Teachers listed below:


Found Plaque Commemorates Parker-Gray High School

Exactly 50 years after the desegregation of Parker-Gray High School, Alexandria City Public Schools unveiled a commemorative plaque honoring its place in the city's history.

Close to 100 Parker-Gray alumni, the Mayor, City Council members and members of the Alexandria City School Board gathered in front of the ACPS offices at Braddock Place. Some alumni had the chance to connect with people they had not seen since graduation.

The dedication of the plaque was a beautiful event. It meant a lot to me, and I am sure it meant a lot to my classmates as well. It was wonderful to see classmates that I had not seen since high school graduation,” said LaVerne Herbert Spencer, Parker-Gray Class of 1946.

Found Plaque commemorates Parker-Gray High School. Photo courtesy of ACPS.

CONTINUED ON PAGE 26
MAY 2015               THE ZEBRA PRESS
Rogers and so when Rogers
son of Roy Rogers and Dale
“Sandy” Rogers – an adopted
in his command was a John
that one of the new soldiers
home one day and told me
back in 1958 – SGT Elvis
provide a touch of back
Nothing like a western to
the Roy Rogers movies.
and me) LOVED – were
the features WE (my buddies
serial, and a feature. Moreover,
films included a cartoon, a
Matinee at 10:00 am. The
Post Theater for the Saturday
mornings, most prepubescent
border and on Saturday
delivered him to Australia.
Japanese patrols, and safely
off Corregidor, dodged
Boat skipper who spirited
John D. Bulkley spent a week
common). Rear Admiral
Navy, so we had lots in
(Had served in the Royal

BY MARCUS FISK

Nearly everyone has had
counters with notable
persons, celebrities, or
of greatness or fame. Over the
years I have been fortunate
to meet and talk with President
Carter, President (then
Major) Zia-al-haq of Pakistan
who ate dinner at our home.
chat with former Cleveland
Indian pitcher Bob Feller,
with Elizabeth Taylor in the
Bahamas airport customs
with Elizabeth Taylor in the
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Pollinators are critical to our environment. For the fruit and seeds of plants to develop, pollen has to be transferred between two flowers of the same species which fertilizes it and enables the production of seeds. This is the work of pollinators. Without them, there would be no seed production and plants could not naturally reproduce. Moreover, US agriculture would be in serious trouble – and so would all of us. It is estimated that at least a third of the crops grown for food in the United States require pollination, and 80 percent of all flowering plants rely on pollinators for survival.

Honeybees are probably the most well-known pollinators. These little bugs are responsible for the production of more than $19 billion in food crops each year. However, they do not go it alone; bats, birds, ants, beetles, flies, butterflies, moths, wasps, and even small mammals are all pollinators.

Today scientists are waving a red flag, concerned about the serious threats to pollinators and their habitats. As native vegetation is replaced by roadways, manicured lawns, crops and non-native gardens, pollinators lose the food and nesting sites that are necessary for their survival. Many pollinators are migratory – and increased development means they have to travel further and further to reach their destination, putting enormous stress on the pollinator and in cases, threatening their survival.

We can take steps in our yards, gardens, and neighborhoods to create pollinator-friendly habitats to enable and sustain healthy populations of these critters that are crucial to our survival.

A pollinator garden can be grown just about anywhere - from pots and flower boxes to flowerbeds and meadows. Pollinators are attracted to flowers by their color and scent, not by where they are planted. Choose plants that flower at different times of the year to provide nectar and pollen sources throughout the growing season. Plant smaller plants, like perennials or annuals, in clumps (3 or more of each plant) rather than a single plant to better attract pollinators. Go with a variety of flower colors and shapes to attract different pollinators. Flowers with bright colors, especially blue, yellow, red, and violet, are attractive to pollinators, and during the night, flowers fragrances are alluring.

And don’t forget trees and shrubs – like maples, redbuds, roses and crape myrtles. Pollinators need water for survival and providing a source of water for them means they don’t have to travel as far to get a drink. This reduces their stress and increases the time available for pollination. A bird bath or dish of water set in a shady area is all that’s needed. Give insects a place to land – place corks that will float on the surface or rocks that provide a surface just above water level. Cleaning and refilling the water bowl on a regular basis will help keep it from becoming a mosquito breeding ground.

If possible, keep a few areas of your yard “wild” – such as along a hedge row or other edge habitat that isn’t heavily used. This allows pollinators to make their homes without being disturbed. If you do not have much yard space – or none at all – create “pollinator pots” with flowering perennials and annuals. Overzealous pesticide use, especially in yards in urban areas, contributes to the decline of pollinators, so applying any pesticide should be done sparingly, and only after researching what the least harmful varieties are for your situation. Use these products only when necessary, and use the minimum amount required to be effective.

Here are a few suggestions of trees, shrubs and flowers that attract pollinators and do well in our area:

**Trees and shrubs:**
- Blackberries, blueberries, and raspberries
- Crabapple
- Crape Myrtles
- Fruit Trees
- Laurel
- Linden
- Maples
- Oaks
- Roses
- Redbuds
- Viburnum
- Willows

**Perennials and Annual Flowers:**
- Aster
- Bee balm
- Black Eyed Susan
- Cardinal flower
- Coneflower
- Cosmos
- Fuchsia
- Geranium
- Lantana
- Lavender
- Mint (best planted in a container!)
- Nasturtium
- Phlox
- Sage
- Shasta Daisy
- Sunflower
- Verbena

Don’t forget the trees. Spring flowering cherries and our native Eastern redbuds attract pollinators.

**Hardy blue Baptisia in a way/veg for the garden:** The late spring/early summer blue blossoms attract pollinators AND adds a beautiful accent to the landscape.

Pollinators love purple coneflower. This lovely perennial is adaptable to moist or dry gardens and containers, it blooms throughout the season, and as an bonus, flowers flock to feed on its seed-heads.
Wythe Street that was about to be demolished, near the site of the original high school at Charles Houston Recreation Center.

They rescued the plaque and intended to have it reinstalled, but found that the information on the plaque was inaccurate. Instead, Greg Geisler of Washington REIT offered to pay to have a new plaque made and installed in front of 1340 Braddock Place — the site of the second Parker-Gray High School and the current location of ACPS Central Office.

“Washington REIT was very fortunate and honored to partner with ACPS to correct a mistake of historical importance,” said Geisler.

Audrey Davis, director of the Alexandria Black History Museum, took on the job of compiling the history of the school in order to get the facts accurate on the new version of the plaque.

“We are losing historically important African American sites all the time. While the buildings for Parker-Gray do not exist anymore, we have a legacy of the people, and this should be treasured,” said Davis.

Davis told the audience that almost every African American has stories about their experience with the school which would not fit with today’s idea of education.

Her aunt, who walked to school, was asked to leave school system when she wanted to take action to stop other children verbally abusing her as their school bus passed.

She was dismissed as she was viewed as a radical who was trying to advocate for change.

Before Parker-Gray added high school classes in 1932, students who wanted a secondary education had to travel to Washington, D.C. on the bus every day and then walk considerable distances just to get to school.

“It is so good to see so many of the Parker-Gray community here. Those who played a part in the past are now playing a part in the future of our schools,” said Crawley.

Parker-Gray opened as an elementary school on the site of the current Charles Houston Recreation Center on Wythe Street in 1920 and added high school classes in 1932. The first high school class graduated in 1936. Then, in 1950, the new high school was built at what is now Braddock Place. In 1965, Parker-Gray High School closed and began the transition to becoming a middle school during desegregation. It closed its doors for good in 1979.

PLAQUE
CONTINUED FROM PAGE 22

FIRST GRADERS TAKE OVER STARBUCKS

First-grade students at St. Stephen’s & St. Agnes School worked at Starbucks as part of the annual Town Fair. First graders have been learning all year about communities — how they are planned, what makes them different, how they change over time, and the occupations and businesses that make them work. The culminating activity is the Town Fair, where parents, teachers, and classmates visit as first graders operate the various businesses like an Apple Store, veterinarian clinic, government center, movie theater, and a chapel.
Example of an estate ring redesigned and made more contemporary. Before, adding the baguettes and final redesign. Schedule an appointment to discuss the design possibilities with our Award Winning Designer, Mary Ehlers, featured in National Geographic’s book entitled, HOW THINGS ARE MADE. Currently one of her presentation gift pin commissions is touring and on display at the major art museums across the nation in the Madeleine Albright READ MY PINS EXHIBIT.

Mary is in Old Town Alexandria, but is working as a private jeweler. By Appointment Only. Please contact her at 703-548-3010. You’ll be glad that you did!

The Nugget JEWELERS • GEMOLOGISTS • GOLDSMITHS
Call for an appointment - 703-548-3010
nuggetjewelers@aol.com • www.thenuggetjewelers.com

Volunteer Alexandria’s 17th Annual Business Philanthropy Summit, emceed by Rebecca Cooper, WJLA/ABC 7 and Channel 8, was all about investing in our community and over 250 business and community leaders registered to be part of it. Chris Hartmann, SunTrust Bank, was one of the magnificent examples how businesses can get involved in our community followed by Congressman Don Beyer, who encouraged us nonprofit leaders in the audience to cherish its donors, so they keep investing in our causes. Four awards were given this year, and we congratulate the following 2015 Awardees:

Carney, Inc., John Carney, President & CEO received the Large Business Philanthropist of the Year; The Del Ray Business Association, Bill Blackburn current President received the Small Business Philanthropist of the Year; Kitty Porterfield, Board Member of the Literacy Council of Northern Virginia received the Board Leader of the Year; John Porter, CEO & President of ACT for Alexandria was given the Nonprofit Leader of the Year.

As Winston Churchill said, we make a living by what we get, but we make a life by what we give.

HAPPY TRAILS CONTINUED FROM PAGE 23
dessert. I ordered chocolate ice cream. To this day, I cannot remember what Dee Dee ordered because it is still a blur to me. I just remember that these two people were so totally warm, sincere, and pleasant, and both of them engaged us in conversation like we were their own kids. After a polite 15 minutes of dessert conversation, I could feel the adults wanted to continue their discussion so I asked if we could be excused. I shook Dale Evans’ hand. Then I turned to Roy Rogers, offered my hand and said, “It has been a real pleasure meeting you, sir. Thank you for dessert.” Then Roy Rogers said, “You’re welcome and happy trails.”

My sister and I virtually floated back to our room on a high I had never experienced. Few events in life can compare to being 11 years old and that magical night with the “King of the Cowboys.”

Marcus Fisk is a retired Navy Captain, Naval Academy graduate, sometime actor, pickup soccer player, playwright. He and his wife Pamela are former residents of Alexandria and currently live in Connecticut where they own a B&B.
Frederic Goodfellow Parker is recognized for his pioneering spirit and the economic value it contributed to upper King Street and the entire City of Alexandria.

Prior to 1980, someone with a hankering for a “bowl of red” on upper King Street would have had a hard time of it. There were few restaurants or attractions and many tired buildings needed rehabilitation.

“It was a rough area,” recollects Parker. When he and his now deceased brother and business partner Jim picked this location for their legendary chili parlor Hard Times Café, early customers sometimes had their cars broken into while dining inside. “But they kept coming back.” Thirty-five years later, they’ve served an estimated 1.1 million bowls of chili. Aside from the Alexandria location, the Hard Times brand has been franchised to include 15 more venues. Parker manages chili products sales on the company website and stars in YouTube videos to spread his passion to the online world.

James Beard and Julia Child have tasted and praised Hard Times chili. The Zagat restaurant rating guidebook named it “Best Chili in the Cosmos” and in 2005, USA Today declared it “One of the Ten Best Places” in the country for a bowl of chili. The Parker family has earned more than 100 chili-cooking competitions awards, and Fred is an advisory board member of the International Chili Society and on the judging panel of the World’s Championship Cook-off. Fred still judges local chili competitions. One of Fred’s proudest chili booster moments occurred when the chili lobby was founded at Hard Times Café with the mission of making chili America’s official food. A copy of the “Chili Bill” with a picture of its sponsor hangs in Hard Times.

Concurrently, Upper King Street grew a Metro station, brick sidewalks, a park, sleek office buildings, elegant hotels, small businesses and national associations, and an array of quality shops and restaurants that make it a desirable destination for locals and tourists, and an income generator for the City.

How chili became the Parkers’ medium for change for Alexandria renewal derives from a family legacy, their Texas grandfather’s cattle drive chili recipe. In the 1940s, Aunt Irma tweaked and perfected it for her Oklahoma roadhouse and passed the passion for western cuisine to her nephews. Their father’s vintage ranch life photographs decorate Hard Time Café walls, including the restaurant’s logo of a boy in a tin washtub. The iconic picture was taken during the Depression and symbolizes the hard times of the past and hope for a better future, Parker explained.

Parker, born in Pensacola, Fla., was named “Goodfellow” in honor of his chuck wagon cook grandfather Ira Goodfellow. He attended Wakefield High School in Arlington but looked to Alexandria for entertainment. He’d catch a bus to King Street to hang out, and patronized Alexandria’s library and public swimming pool. Later, he attended the University of Arizona and became a graphic designer.

While working at the National Gallery of Art on the temporary exhibitions staff, Parker met his future wife, Carol Christiansen, a painting conservator. Today, the couple lives in Alexandria’s Jefferson Park neighborhood in a Spanish Colonial house “that looks like the Alamo.”

While working at the National Gallery, Fred and his accountant brother Jim gravitated to a popular District chili parlor that featured a Texas style recipe. They befriended one of the squabbling owners and nine years after the place eventually shut down, they decided to listen to “opportunity knocking” and establish their own pioneering restaurant at 1404 King Street, using their own carpentry and renovation sweat equity. Just as the menu has grown beyond the Texas-style chili to Cincinnati style (made with cinnamon, allspice and cloves), Terlingua Red (recipe perfected by his brother Jim for competition) and vegetarian varieties, plus chicken dishes, burgers, sandwiches and salads, so has the vitality of the neighborhood in the passing three and a half decades.

Fred joined the King Street Metro Enterprise Team and is now a board member of its...
Drew Smith, is a member of average above 3.9 and, like state defensive lineman. Nigel honored as a second-team all-team high in 2014, and he was Benedictine in the VISAA.

Benedictine scholarship is pending final approval by the school board once the combined funds budget and other healthy options that will be kid-tested and parent-approved.

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BUTTERFLY GARDEN BUILT AT CHARLES BARRETT

Recently 11 fifth-grade Girl Scouts planted a beautiful new butterfly garden at Charles Barrett Elementary School. This is the culmination of a year of planning, and the school community is excited to see it grow and flourish. The girls chose to rehabilitate the garden as their Bronze Award project, the highest honor a Junior Girl Scout can earn. It is now the home of a multitude of butterfly-friendly plants including milkweed, goldenrod, asters, blazing stars, coneflower, bee balm and joe-pye among others. As a result, this space is now certified as an official Monarch Waystation with the hope that migrating monarchs will find the resources they need to survive their long journey. In addition to the plantings, the girls designed and decorated signs, bird and butterfly houses, garden posts, and a rain barrel.

Jefferson-Houston Student Wins Rotary Club Essay Contest

Trinity Battle won the 4-Way Essay Contest. Courtesy photo.

The Campagna Center is proud to announce Jefferson-Houston seventh-grader Trinity Battle as the 2015 winner of the Alexandria Rotary Club’s “4-Way Test” essay contest. Trinity is a student in the 21st Century Community Learning Center (CLC) that operates at Jefferson-Houston. Her essay demonstrated her understanding of the Rotary’s Ethical Principles, called the 4-Way Test. Trinity’s winning essay described what the 4-Way Test means to her, how she uses the 4-Way Test in her daily life, and why the 4-Way Test is important to her. Trinity’s accomplishment was recognized at a luncheon held on April 14, where she also received an award of $100.

Price of School Lunches to Rise

The price of a school lunch at Alexandria City Public Schools will rise by 20 cents in September, in line with a federal regulation that mandates the cost of the paid meals in schools. The cost of lunch in elementary schools will rise to $2.65 while the cost of a secondary school lunch will be $2.85. Breakfast costs will remain the same.

“Federal regulations provide us with a lunch equity tool to establish our paid meal prices, and we have to align with those regulations,” said ACPS Director of Nutrition Services Cynthia Hormel.

Federal guidelines for the paid meal provision were established under the Healthy, Hunger-Free Kids Act of 2010, which states that all public schools participating in the National School Lunch Program are required to provide the same lunches for students who pay full price as for students eligible for free and reduced-price meals.

This means that Alexandria City Public Schools must gradually increase the full price of lunches until the school division is charging the same amount that the federal government reimburses for free lunches. The federal reimbursement rate is currently $3.06 per lunch for students eligible for free school meals.

The increase in the price of ACPS school lunches will not affect any child currently receiving free or reduced school lunches.

The raise was given initial approval in February by the Alexandria City School Board as part of the FY 2016 Combined Funds Budget and is pending final approval by the School Board once the City of Alexandria confirms its allocation of funds to the schools on May 28, 2015.

Hormel, who was appointed director of nutrition services for ACPS in October, is currently revising menu options for high school, middle school, and elementary school meals. She is exploring new menu options to include fresh fruit and vegetable stations and other healthy options that will be kid-tested and parent-approved.

Lindsey Serra selected by Yale

Recently, John Adams Elementary School music teacher Lindsey Serra was selected as a Yale Distinguished Music Educator. The honor is bestowed on 38 music education partnerships every year, and Serra was selected as one of the music educators to be honored by the Yale School of Music. She will attend the Yale Symposium on Music in Schools, receiving her award as well as one for the ASO Sympatico program, the intensive music education partnership between the Alexandria Symphony Orchestra and ACPS.

Lyles-Crouch Wins Local Recycling Contest

Congratulations to Lyles-Crouch Traditional Academy, which won the Trex Plastic Film Recycling Challenge in Alexandria. Students collected an average of 1.508 pounds per student and a total of 648.5 pounds of plastic film and bags to be recycled. Every year hundreds of schools across the nation compete to recycle the greatest amount of plastic film. In addition to gaining a better understanding and appreciation of the importance of recycling, Lyles-Crouch students have been awarded a high-performance composite Trex bench for the school.

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**ALEXANDRIA AREA HOMES SALES APRIL 1 TO APRIL 30, 2015**

Information provided by area Metropolitan Regional Systems. It may include sales running businesses as well as member NVAR Multi-million Dollar. I will personally guide you through the entire process of:

- **SELLING**
- **STAGING**
- **CONTRACTS**
- **MARKETING**
- **NEGOTIATIONS**
- **CLOSING**

**DON'T FORGET VA LOANS ARE A GREAT OPPORTUNITY FOR FINANCING IF YOU QUALIFY.**

I can offer you my unique expertise whether buying or selling by using my background ranging from residential & hotel construction development to running businesses as well as a realtor!

I will personally guide you through the entire process of:

- **SELLING**
- **STAGING**
- **CONTRACTS**
- **MARKETING**
- **NEGOTIATIONS**
- **CLOSING**

Jim Larsen, Realtor®
Member NVAR 2014 Multi-million Dollar Club Coldwell Banker Residential Brokerage 310 King Street Alexandria, Virginia 22314 703-380-5645 (Cell) 730-518-8300 (Office)

Call or email me for details on sales prices, days on market, seller subsidies and also receive a free evaluation of your property!
Wins Fulbright Scholarship to Study Juvenile Detention Center Teacher

Kathleen Fitzpatrick, an art teacher at the Northern Virginia Juvenile Detention Center School, has won a Fulbright scholarship to study in India next year. Kathleen Fitzpatrick will study new ways to link yoga into her art program while in India. Courtesy photo.

“You gave me a new perspective on things. I love it. It makes me feel relaxed. Physically it makes my head feel clearer,” one student told Attorney General Holder and Secretary Duncan.

Student artwork from the Juvenile Detention Center School.

“Whenever any of our teachers receive such an accolade as this, their success reflects back on all our students and teachers. Additionally, whenever any teacher goes abroad, it enriches them and develops them professionally, which has a significant impact on all of us, students, and staff, alike. The more we can bring good into the outside world and into this facility, the better we become,” said Jeannette E. Allen, principal of the Northern Virginia Juvenile Detention Center School.

Much of Fitzpatrick’s childhood was spent in other countries such as Uruguay, Germany, and South Africa. As a young teacher, she spent two years teaching at an international school in Egypt. Fitzpatrick is one of the 49 U.S. citizens who will travel abroad through the Fulbright Distinguished Awards in Teaching Program in 2015-16. Recipients of the grants are selected on the basis of academic or professional achievement and leadership potential in their field.

“The Fulbright Program is the flagship international educational exchange program sponsored by the U.S. government and is designed to increase mutual understanding between the people of the United States and the people of other countries,” said Fitzpatrick.

“Since its establishment in 1946 under legislation introduced by the late U.S. Senator J. William Fulbright of Arkansas, the Fulbright Program has given approximately 360,000 students, scholars, teachers, artists and scientists the opportunity to study, teach and conduct research, exchange ideas and contribute to finding solutions to shared international concerns. The program operates in more than 160 countries. The Fulbright Distinguished Awards in Teaching Program is administered by the Institute of International Education.

T.C. Williams High School Co-sponsors National Decision Day

T.C. Williams High School co-sponsored National Decision Day on Friday, May 1st, to honor seniors and their plans for life after high school. The annual event recognizes seniors for their college and career plans and encourages underclassmen to begin planning early for post-secondary education.

T.C. Williams’ Decision Day celebration is a collaboration of the Scholarship Fund of Alexandria, the Virginia College Advising Corps, and the T.C. Williams College and Career Center. The event was held in the cafeteria during all student lunch periods. Seniors each received a shirt that read, “Decision Day I’m going to...” and volunteers were available with fabric markers to help students decorate the shirts.

Decision Day corresponds with First Lady Michelle Obama’s initiative, “Reach Higher”, and is designed to mimic athletic signing day events – promoting higher education as a goal worthy of praise and celebration with their college and career plans.

EVENTS

CONTINUED ON PAGE 37

Museum. Lafayette will be visiting with guests to Alexandria throughout the day.

JUNE 5

Feathering the Future

7:30 pm
Hotel Monaco Alexandria

Alexandria, start of the celebration with free tours and Lafayette himself! The day of adventure begins at Market Square at 1 p.m. with the launch of Tides of Revolution: The Hermione Game, a virtual, web-based game providing a first-person experience of fun!


A complimentary shuttle will be available to transport visitors to The Lyceum, Alexandria Black History Museum, and Lee-Fendall House.

CONTINUED FROM PAGE 21

Students filled the black with where they will be going to college and then decorated and added signatures. Courtesy photo.

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**ACROSS**
1. Recurring theme
6. Banner
10. Hindu princess
14. Muse of love poetry
15. Magma
16. Quaint outburst
17. Become narrower
18. Ends a prayer
19. Relocate
20. Primary
22. Mining finds
23. Female sib
24. Wall painting
26. Summit
28. Whines
30. Swerves
32. Habituate
33. Wholesalers
34. Cocoyam
35. Cobweb
36. Where a bird lives
37. Mineral
38. Half of ten
39. Relocate
40. Primary
41. Bit of gossip
42. Whines
43. Aquamarine
44. Yields
45. Dishes of shredded cabbage
47. 2,000 pounds
48. Potato
49. Communicative
50. Roentgen ray
51. Unadulterated
52. Catch
53. Doing nothing
54. Contends
55. Where the sun rises

**DOWN**
1. Distribute
2. By mouth
3. Adhesive strip
4. Bit of gossip
5. Anticipate
6. Apartments (British)
7. Tibetan monk
8. Affirm
9. A moon of Jupiter
10. Repentant
11. Ancient Greek marketplace
12. Belly button
13. Midmonth date
14. Muse of love poetry
15. Magma
16. Quaint outburst
17. Become narrower
18. Ends a prayer
19. Relocate
20. Primary
22. Mining finds
23. Female sib
24. Wall painting
26. Summit
28. Whines
30. Swerves
32. Habituate
33. Wholesalers
34. Cocoyam
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50. Roentgen ray
51. Unadulterated
52. Catch
53. Doing nothing
54. Contends
55. Where the sun rises

**IT'S A-MAZE-ZING**

**SUDOKU**

ANSWERS ON PAGE 28
successor, the Old Town Business and Professional Association, with which he has been associated with for more than ten years. He is a former board member of Friends of the Torpedo Factory and First Night Alexandria, the New Year’s Eve community party of family-friendly entertainment. Other civic involvements include driving his 73-year-old red-brown pickup truck (“the same age as me”) in the George Washington Birthday Parade. The life-size fiberglass horse mounted in the truck bed came from a saddle/tack shop in Laurel, Md. that was going out of business. “The horse with no name” – Parker never gave it a name – is routinely decked out in patriotic emblems or seasonal decorations, such as a wreath around its neck at Christmas. The beloved truck has been banged up by a few motorists but is carefully maintained and gets limited mileage.

During the 1980s, the Parkers began organizing and cooking for chili festivals benefiting the National Kidney Foundation. Hard Times Café regularly donates food to the Rotary Club of Alexandria’s Taste for Giving, the Carpenter’s Shelter Cook-off. The restaurant also donates gift cards and benefit nights to schools and other local non-profits. A proponent of Alexandria since his teens, Parker says giving back with personal commitment is the way to better a community.

Recently, Hard Times Café reestablished “Open Mike” nights on King Street, after neighboring Tiffany Tavern closed, to maintain a tradition of live music in the neighborhood. Parker plays in a band of former colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art, including his wife Carol and colleagues from the National Gallery of Art. Currently, Ned is on a travel adventure working on an organic farm in Costa Rica. He plays the guitar and writes his own songs.

Parker says his restaurant is a chili parlor museum, and he relishes perpetuating the chili parlor as an American icon. Although in his early seventies, he isn’t inclined to separate himself from the business anytime soon. He is not in front of the stove or washing dishes anymore, but has turned his energy and interest to overseeing the burgeoning mail order business of Hard Times Café chili products. Parker stars in a “YouTube” video parody as a patriotic pitchman for chili spices, endearing customers nationwide and spreading the gospel of the home-grown cuisine. He enjoys the recognition when out-of-towners tell him they know his award-winning employees, two of them with him since 1980. He says they have mentored him, instead of the other way around though Parker admits to indoctrinating them in legendary chili parlor stories, family history, and Western Swing music. “Over the years, all these young people have made me feel like I haven’t aged since 1980. I have found them to be great mentors in keeping me young.”

Staff have gone on to become doctors, dentists, airline pilots, lawyers, stockbrokers, and politicians. “I’m sure they have found Hard Times on their resumes to have been helpful. Many have raised families, and now their kids are customers.”

One of Parker’s favorite stories is about a cook who became an airline pilot. “Whenever the airport was shut down because of weather, he would come by and pick up an evening shift. One time the following morning as he was greeting passengers to his plane a man looked at him and said, ‘you look familiar,’ to which the pilot replied, ‘I served you a chili mac last night.”

Smroll inside the King Street restaurant and cowboy crooner Roy Rodgers is lyrically pouring out of the glowing Wurlitzer jukebox. Sepia tone photographs on the wall depict dusty ranches and spare landscapes and hard-working, determined westerners. Glasses clink among convivial patrons. From the open kitchen, the smell of meat and onions frying whet appetites for a hearty meal that any campfire cook would be proud to serve. Up next, a female country western singer tells you she is capable of breaking a few hearts. The front door opens, and patrons glance up, feeling as though a true cowboy with a few quarters in his hand will clomp his hard-worn boots to the back to where the music machine plays. No spurs will drag across the red brick tile floor and no lassos hang from the coat hooks — but they could, patrons just persuade they could, because they are immersed in western legend and lore the moment they slide into one of the wooden booths or hunker down at a rustic table.
He’s all over the place, from his home in Annapolis, to the ‘glass-enclosed nerve center of WTOP’, to the studios of either Comcast Sports Net, or Monumental Sports and Entertainment, to doing the play-by-play for the Washington Wizards, and D.C. United, the Energizer Bunny couldn’t begin to think about keeping up with Dave Johnson, who’s the hardest working man covering D.C. area sports.

Without fans have joined Dave on the ‘Radio Party’, the past few seasons, as he and Glenn Consor call their games both home and on the road, sometimes late into the evening, on west coast trips, and D.C. United fans have keenly listened to his every word, but no matter where he is, or how much sleep he might have missed, Dave still rolls with the punches on the air from 5:00 to 11:00 am, at WTOP.

I recently had a chance to catch up with Dave, during a quick trip with him getting a cup of coffee, where he generously took the time to answer a few questions for me.

Pat: You’ve seen the maturation and transformation of the Wizards over the past three years of Randy Wittman’s program, which has produced a complete defensive mindset that the current roster has bought into. Covering the teams as you do, at what point did you start to see results start to take place on the court?

Dave: When Randy Wittman took over it was under very difficult circumstances, and he made it clear from the start he was going to coach his way. I think John Wall especially appreciated the challenge of playing for Wittman. Wittman is fair but demanding. He wants his players to be accountable and for Wizards fans that made four consecutive playoff appearances a decade ago was about outstanding the opponents, but now can win games on defense. Certainly with the 2012/2013 season, it was clear the Wizards were heading in the right direction and would have made the playoffs had John Wall not missed the first 33 games with a knee injury.

Pat: The Wizards seem to have developed a stronger fan base over the past few years, even more so than the days they played at the Capital Centre. Do you feel that fans have come out to support the Wizards more so this season, which has helped to amp up the Verizon Center?

Dave: DC is a great basketball city period. The fans are knowledgeable and passionate. I think the city environment of Verizon Center adds to the electric atmosphere, but I have fond memories of the Capital Centre.

Pat: Much like what Randy Wittman has done with the Wizards, Barry Trotz has also changed the mindset of the Capitals. Do you see similar traits between both teams that you appreciate and respect that.

Dave: For years the Redskinks have dominated the local D.C. area sports landscape, but that all seems to be changing a bit, with the Wizards, Capitals, Nationals, and D.C. United all seemingly developing a winning formula with their franchises. Are you surprised by the shift of interest by local fans towards other professional teams, besides the Redskinks?

Pat: The Redskinks still command the most support and attention in this town. It is a credit to the fiber of Redskinks’ fans that they stayed committed through disappointments. I think in general DC has become a better sports town, and that is reflected by an interest in more sports. Interest in hockey has surged. Baseball is back, and this is a great soccer town.

Dave: When you can sit back and be a ‘fan’, what’s your favorite sport and what’s your favorite sports team?

Pat: Isn’t it a lot of fun watching your son, Pierce, grow up and play sports? How often do you and your wife, Diane, get to his games?

Dave: It is the best. I go to every scrimmage, and every game. If I can, I change my travel schedule, so that I can miss. Pat: What was the most significant game, to date, that you’ve either broadcast or witnessed in person?

Dave: World Cup final 2006 Italy vs France in Berlin. I was broadcasting the game for XM Radio. The venue was the Olympic Stadium in Berlin. It was an amazing night from the venue to the magnitude of the game.

Pat: La Barra Brava, Screaming Eagles, La Norte, and District Ultras really have locked on to becoming strong supporting fan clubs for D.C. United. How much vibe do you get from them in the booth when you’re covering D.C. United games?

Dave: It is like having a hard rock band behind you. You cannot be at RFK Stadium and not feel their energy and passion. They have created a real sense of community with the club. It is a family.

Pat: Just as Nationals Park has become a jewel of a ballpark for the Nationals, how much of a difference do you think it will be for D.C. United, both on and off the field, and when they get their new stadium built at Buzzard Point?

Dave: The stadium will be built, and the fans richly deserve principles they believe in and know how to get their messages through to players. I think fair and honest applies to both and players appreciate and respect that.

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ALEXANDRIA’S WALK FOR THE ANIMALS HUGE SUCCESS!

On Sunday, May 3 Market Square in Old Town was brimming with four-legged participants and their owners visiting 32 vendor tents, listening to remarks from generous donors and elected officials and embarking on a scenic mile-long walk along the waterfront and through the streets of Old Town. There were over 400 actual participants who walked, but many hundred more who added to the festivities by enjoying the sheer sights and sounds of canine happiness.

Over $35,000 was raised on the day, and they are still tallying the total! There were definite winners who topped the charts in fundraising: Best Adult Team: Team Yamamoto raised $6,580, Best Youth Team: The Lyles-Crouch Animal Crusaders raised $4,410; Most Creative Team: Team Vinnie raised $695; Best Adult: Sandy Yamamoto raised $4,100; and Best Youth: Brooke Barnes raised $1,100!

Photos by Harry Merritt and Melinda Sigal
**SAVE THE TAILS!**

Meet Adelaide! She is a spayed female Domestic Shorthair mix, estimated to be about eight years old. Adelaide is a very energetic girl who would love an active home with owners willing to provide her with lots of fun and enrichment. Adelaide has an enthusiasm for learning and is always ready to play! She loves attention and would benefit from ongoing, enrichment-based training and spending lots of time with her human!

Introducing Gucci! Gucci is a neutered male Labrador Retriever mix, estimated to be about six years old. This big guy has had quite the journey across the country and is looking to end it here in Alexandria with a loving family! Gucci is a smart and playful dog, but like everyone he has his quirks. Gucci can be cantankerous around young children, so a family with older or grown children is recommended. While he has lived with another dog previously, Gucci may not get along well with all dogs. With these traits in mind, if you’re looking for a loyal and sensitive companion, Gucci could be the man for you!

Meet Adelaide! She is a spayed female Siberian Husky and Golden Retriever mix, estimated to be about ten years old. Bobby is a very energetic dog who loves to play and be outdoors, but his playing style can be a bit rough for other dogs, so a single dog family would be best. He’ll also need a supportive family that can lovingly provide training and give him plenty of exercise per day. If you relish the opportunity to work to make a dog’s life better, stop in and see Bobby today!

Say hello to Sisi! She is a spayed female Domestic Shorthair, estimated to be about eight years old. Sisi has been through a lot since she arrived at the AWLA in January and she has made a dramatic transformation! She can be timid when you first meet her, but once she opens up to you it’s impossible not to fall in love with her. Sisi is living in an office area here at the shelter where she supervises productivity and keeps our laps warm. Ask us about Sisi and let her steal your heart today!

Snoopy is a big kitty with a big personality to match! He is a neutered male Domestic Shorthair, estimated to be about three years old. Much like Snoopy the beloved cartoon character, this Snoopy is playful and marches to the beat of his own drum. He LOVES to pretend he’s a hunter; always ready to pounce on his toys! If you’re looking for an adventurous kitty who will keep you on your toes, come adopt Snoopy today!

Here’s Butterfly! She is a beautiful spayed female Siberian Husky and Golden Retriever mix, estimated to be about six years old. This sweet girl is as outgoing as her name suggests, and she is always excited to enjoy the great outdoors with her people! While she is very social with people, she is a bit of a diva when it comes to meeting other dogs. Butterfly has panned a few extra pounds over this snowy winter, so she will need an owner who is excited to get her on a weight-loss plan to get back to a healthy size! Think Butterfly might be the dog for you? Trust us, one look into her gorgeous blue eyes, and you’ll fall in love.

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**Thanks to a generous sponsor, Butterfly’s adoption fees have been paid!**

Are you looking for a friendly bunny to brighten up your life? If you answered “yes,” then Brinky might be the perfect pet for you! He is a neutered male Shorthair Rabbit, estimated to be about two years old. Brinky is affectionate and playful, and he’s ready to find his new family! Come adopt this bundle of joy today!

**Thanks to a generous sponsor, Butterfly’s adoption fees have been paid!**

**Assess, Identify, Solve**

510 King Street, Suite 400, Alexandria, VA 22314
703-962-7452 • Michael@HadeedLaw.com
“Assess, Identify, Solve”

Sponsoring this page to help pets locate foster caregivers

Animal Welfare League of Alexandria

**Five Days Left to Adopt Without a Fee!**

Meet Mozart! Mozart is a kitty as passionate and unique as his iconic namesake musician! He is a neutered male Domestic Shorthair, estimated to be about ten years old. This handsome boy is gentle, affectionate, and always eager to snuggle up to new friends. Around the shelter, he is famous for composing inspirational and relaxing symphonies—his melodic purr is the only instrument he needs! Mozart truly has a heart of gold, just let him give you a few Eskimo kisses and you’ll be sold!

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4101 Eisenhower Ave. Alexandria, VA (703) 838-4774
THOSE PESKY TICKS AND CANINE LYME DISEASE

BY DANA CARR, DVM

Lyme disease is caused by the spirochete Borrelia burgdorferi. It is carried and transmitted to a host through feeding ticks. Therefore, tick control is the most effective means to prevent infection. Disease prevalence is increasing and expanding as the tick population grows. The Northeast U.S., including Alexandria and Arlington, is an endemic area where most dogs are at risk, and the disease threat is high. Luckily, there are several effective tick control products and a vaccine available for our canine companions. Because every dog’s lifestyle and environment varies, discussing individual risk factor and tailoring a preventative plan specifically for your dog with your veterinarian is the first step to protecting your pet from a potentially devastating disease. The first thing to recognize regarding Lyme disease infection is that it manifests differently in dogs compared with humans. After being bitten by a tick that has transmitted Borrelia burgdorferi, 80% of humans go on to develop a rash and/or flu-like symptoms and within a few weeks develop joint pain. A smaller percentage of people develop neurologic abnormalities (15%) and a heart rhythm disturbance called A-V block (5%). Weeks to months after infection about 60% of people experience intermittent arthritis attacks, and 5% develop chronic neurologic issues. Overall, in humans Lyme disease has the potential for serious long-term sickness.

In dogs, illness may never occur. Most exposed dogs harbor the organism and never get sick, as the Borrelia burgdorferi organism is well-suited to live within the canine body without causing too much trouble. When a dog does become infected with Lyme disease, symptoms do not begin to develop for weeks to months after infection. At this time, arthritis symptoms and possibly fever are noticed. Thankfully, heart and neurologic manifestations are very rare, and the most classic symptoms of Lyme disease respond rapidly to a proper course of antibiotics. However, it is still very important not to overlook Lyme disease. Especially in endemic areas like the Northeast U.S. it can be the cause of chronic joint pain and a serious long-term consequence called glomerular disease. This is a type of kidney damage that occurs when the immune system is stimulated over a long period by the presence of a latent infectious organism. Therefore, early diagnosis is very important. Luckily, we have specialized tests to screen for this potential complication in our Lyme positive patients.

As with many diseases, prevention is easier than diagnosis and treatment. When it comes to prevention, there is nothing controversial about tick control. It is crucial in Lyme endemic areas, like ours, to use tick-controlling products. It is also recommended to avoid highly infested areas (i.e. tall brush, wooded areas, and wildlife areas). The Lyme vaccine is another added measure of protection that should be considered. Owners and veterinarians should be on guard for clinical signs consistent with Lyme disease. Contact us right away if your dog exhibits loss of appetite, inactivity, fever, enlarged regional lymph nodes, pain and/or swollen joints, walking stiffly (possibly with an arched back), and recurrent acute arthritis with shifting leg lameness.

JOHNSON

CONTINUED FROM PAGE 33

to have the best. There is a lot to love about RFK Stadium, and United supporters are so true and genuine they would support the club regardless of the stadium’s age. Still, it is going to mean so much to them and the team to have a home.

Dr. Dana Carr, DVM practices at Shirlington Animal Hospital, 2770 S. Arlington Mill Dr., Arlington, VA 22206, (703) 570-6600, shirlingtonanimalhospital.com.

Pat: What’s your most favorite stadium or arena that you’ve been to?
Dave: The thrill of entering a stadium or arena still has not gotten old. I am still like an eight-year-old kid. I am excited by it all no matter what city we are in.
Pat: What advice would you tell someone looking to get into the business of covering sports?
Dave: Spending three years broadcasting play-by-play of sports at the Naval Academy when I was Sports Director at WNAV Radio in Annapolis. It is an amazing place, and it was an honor to be around the midshipmen. They are truly special people.

Dave: What has been your most favorite experience covering collegiate sports?
Pat: With your schedule, covering sports for WTOP how often do you get a chance to experience when you first started in the business, and how much has it changed, over the years?
Dave: The biggest change has been technology. I can broadcast from hotel rooms, and it sounds like I am in the studio. When I first started traveling with the Wizards, while doing morning at WTOP. I would have to call the morning editor to find out scores, etc. Now we have laptops. On the radio we can do so much more with sound because of digital editing. So technology has had a dramatic impact, but the heart of broadcasting remains the same. It is my intent to make a connection with the listener or viewer. Do you want to hear any of Frank Sinatra’s extensive repertoire?

Dave: Summer Wind
Pat: My personal Sinatra favorite is ‘New York, New York,’ but then again that’s because I’m a die-hard Yankee fan.

Pat: What’s your favorite song from Frank Sinatra’s extensive repertoire?

Dave: Thanks, Pat. I’m heading over to Verizon to talk to Ernie Grunfeld (General Manager of the Washington Wizards).

Pat: You’re welcome, Dave, and thanks for helping me kick off any very first ‘Sports Talk’ column for Zebra. I’ll see you soon.

(Pat Malone is Alexandria’s ‘everyman’s everyman,’ a good friend to many around town, Air Force veteran, baseball entrepreneur, sports-lover, and life-long on-air personality, who seemingly knows everyone, everywhere he goes. Pat was a Contributing Writer and Editor-In-Chief of the ‘Baltimore Football Weekly’, a very successful Robert L. Smith-owned tabloid which extensively covered the Baltimore CFLs/Stallions’ 1995 championship-winning season, where the ‘Charm City Cats’ expansion franchise became the first, last, and only American team to ever win a highly-coveted Canadian Football League Grey Cup trophy. Pat and I was a Contributing Writer, Marketing Director, and Circulation Director for The Baltimore Magazine published by legendary rock musician, successful author, and very close friend, James J. Patterson, of Bethesda, Maryland.)
Help Fight Hunger

Junior Kindergartner Launches Food Drive to Help Fight Hunger

Campbell Reid, a five-year-old junior kindergartner at St. Stephen’s & St. Agnes School, is making a difference in his community! At school, he is learning about the food needs of people in his city and the importance of serving others. He was so impacted by what he learned that he asked his parents if he could set up a stand to make food available for those in need. With the help of Safeway, he opened up Campbell’s “More Than Soup” Food Drive at Safeway (3526 King Street, Alexandria) on April 4. He made his own signs, and teachers and friends at SSSAS helped rally the school community.

In his first weekend, Campbell collected $300 and received five grocery carts full of donations. His stand closed on May 2. He plans to bring the donated food to ALIVE (Alexandrians InVolved Ecumenically) and toiletry items to Carpenter’s Shelter.

New T.C. Williams High School Principal Announced

Alexandria City Public Schools Superintendent Alvin L. Crawley has announced the appointment of Jesse Dingle, Ed.D., as an experienced educator with a reputation for attaining the best possible outcome for his students, as the new principal of T.C. Williams High School.

Dr. Dingle, currently serving as a high school principal in the Winchester City School District, is experienced at leading schools to full accreditation and has helped North Carolina become one of the first states to base teacher effectiveness and evaluation on teaching standards, a system that is now regularly used in many states across the United States.

“I am dedicated to empowering people. Over the years, I have come to understand, appreciate and embody the philosophy of the Chinese poet Lao Tzu that a leader is best when people barely know he exists. When his work is done, his aim fulfilled, they will say: ‘We did it ourselves. This is the type of leader I strive to be. This is what I can bring to T.C. Williams,’” Dr. Dingle said.

Dr. Dingle is anxious to be the new principal for T.C. Williams. Courtesy photo.
SHIRLINGTON WELCOMES NEW VETERINARIAN OFFICE

BY KRIS GILBERTSON

Even the most casual visitor to the Village at Shirlington will tune into the pet-friendly atmosphere of this South Arlington neighborhood nestled up to I-395 and Quaker Lane. Did you know that Shirlington was the first large shopping center to open in the Washington, D.C., suburbs and one of the earliest in the United States? It was 1944, and it was nothing like it is today.

Since 2005, Shirlington has seen massive residential construction and commercial expansion, with a booming population of owners and renters, and furry family members.

Now the cats and dogs of Shirlington and surrounding neighborhoods like Fort Worth, Park Fairfax, and Nauck can practically walk to see their vet because, on March 9, the Shirlington Animal Hospital opened for business.

SAH (Shirlington Animal Hospital) is located on the lower level between Dogma Bakery & Boutique and the Bungalow Sports Bar. The unit that formerly housed a dentist’s office has been transformed with calming, neutral colors and bright lighting into a welcoming environment for humans and pets alike.

Leading the hospital are veterinarians Dr. Dusa Carr and Dr. Adrienne Hergen, whom both bring extensive experience and multiple areas of specialization to the practice. Dr. Carr graduated from Michigan State University College of Veterinary Medicine. She came to the DC area in 2006 as an intern at Friendship Hospital for Animals in the District, then joined the Friendship staff.

Dr. Hergen is an Alexandria native who studied at UNC-Chapel Hill and Ross University School of Veterinary Medicine. She practiced at Del Ray Animal Hospital from 2008 until joining SAH. Dr. Hergen calls herself a local sports fan, mainly the Redskins, Orioles, Capitals, and the Tarheels (UNC). “I will watch the Nationals,” she says, “but they were not here while I was growing up, so my allegiance generally speaking, and all of the businesses in Shirlington are very pet-friendly as well,” says Dr. Hergen.

SAH is a sponsor of the Shirlington Dog Park along Four Mile Run; volunteers with the Animal Welfare Leagues of Arlington and Alexandria, and partners with Lucky Dog Animal Rescue, a local foster group that finds homes for strays from other locations, Animal Rescue, a local foster group that finds homes for strays from other locations.

Both veterinarians and their staff are committed to serving the neighborhood. “These communities are very pet-friendly and commitment.”

Moreover, patients are happy. After less than two months in operation, Shirlington Animal Hospital gets rave reviews from grateful pet parents on social media and by word of mouth. Convenient and loving, SAH is new to the neighborhood but is rooted in tradition, skill and commitment.

Shirlington Animal Hospital
2770 S. Arlington Mill Road
Arlington, VA 22206
703-570-6600
www.shirlingtonanimalhospital.com

Find SAH on Facebook

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Hours:
Monday – Friday: 8:00 a.m. – 7:00 p.m.
Saturday: 8:00 a.m. – 2:00 p.m.
Sunday: 10:00 a.m. – 2:00 p.m.

New patients will be scheduled quickly.

The clinic has pre-set estimates for services and customized estimates after examination so that clients know what to expect. “We want to accommodate every owner,” says Dr. Hergen.

The hospital website (www.shirlingtonanimalhospital.com) maintains a comprehensive list of links to information and assistance with veterinary issues. In addition, clinic staff are happy to help clients learn about and complete pet insurance forms.

Our adoption open houses are every Saturday and Sunday from 1:30 to 4:30 p.m.

KING STREET CATS
25 Dove Street · Alexandria, VA 22314
www.kingstreetcats.org

BYRON
Male, Age 5 months
Biscuit—making baby boy is a poor machine! (Ask about his fabulous siblings)

JELLYBEAN
Female, Age 8
Affectionate, talkative taddy will greet you at your door!

COOKIE
Female, Age 5
This quiet sweetheart has the most adorable little ears and bright eyes.

JUNIOR
Male, Age 1
Silky sweetheart is a gentle loving!

ONO
Female, Age 11 months
2ndiet girl is a gentle little soul

FETTUCINE
Female, Age 5
Sweet, quiet soul wants to be your one and only girl!

JELLYBEAN
Female, Age 1
Silky sweetheart is a gentle lovebug!

OXO
Female, Age 11 months
Quiet girl is a gentle little soul

OXO
Female, Age 1
Silky sweetheart is a gentle little soul

BIG KITTY
“Big Kitty loves any box, but we had to laugh when we saw how she had wiggled her way through this beverage box!"
—Submitted by Julia Carmona and family from Clewiston, FL.

The truth is the truth. Cats love exploring boxes. The next time your kitty finds his or her way into a cardboard predeterminant, snap a photo and send it to us and if yours is the cutest, you will be published and win a prize. Be sure to include your name and neighborhood, as well as your cat’s moniker. Please send photos and copy to mary@thezebrapress.com. The Carmona Family wins a $25 Visa gift card from The Zebra Press.
About Us:
Homeward Trails seeks to find permanent adoptive homes in the Mid-Atlantic Region for dogs and cats from high-kill shelters or whose owners can no longer care for them. In so doing, we seek to reduce the rate of euthanasia of adoptable animals through the rescue and placement of homeless animals; to support proactive spay/neuter practices; to promote positive and ongoing behavioral training; and to educate the public about how to care for their animals in a humane way. Homeward Trails not only facilitates adoptions from local shelters, but also supports a large network of foster care providers who take homeless dogs and cats into their homes, care for them when needed, and prepare them for their permanent adoptive homes.

There are many ways to get involved with Homeward Trails, from becoming a foster parent to helping us plan events or assisting with administrative tasks. Go to our page about volunteering or contact our Volunteer Coordinator: volunteer@homewardtrails.org

Want to foster a dog or cat?
Go to our page about fostering or contact one of our Foster Program Coordinators directly:
Dog Foster Program: fosterdog@homewardtrails.org
Cat Foster Program: fostercat@homewardtrails.org

www.homewardtrails.org

Dexter
Breed: Border Collie Mix
Aprox. Age: 2
Dexter had a rough start at life. He was abandoned in a snow storm and is still learning how to trust people. Despite being timid, he is a sweet boy that blossoms around other dogs and people. He loves belly rubs and giving kisses.

Banjo
Breed: Pug Mix
Aprox. Age: 6
Banjo was found in a snow storm. He is a very loving boy that loves to play with people and other dogs! He would love a family that will take him on long walks, play with him, and cuddle with him in the evenings before bedtime.

Frita and Sheila
Breed: DSH/Tabby/Tortie
Aprox. Age: Mom 2 years, Baby 4 months
This bonded pair would love to be adopted together. Frita took little Sheila in when she was an orphan kitten. They sleep, cuddle, and groom with each other. Please help this adorable pair find a loving home.

Marky and Donny
Breed: DSH
Aprox. Age: 2
This wonderful pair has never known a forever home and now they are losing their foster home. They are sweet, friendly boys who will make their new family very happy!

Micky
Breed: Mini Pins
Aprox. Age: 10
Micky is looking for a new home. He was surrendered to a rural shelter when his owner moved to a home that wouldn’t allow pets. Micky is a super sweet boy who is good with other dogs and has lived with kids. He is also good with cats. Micky loves attention and doesn’t look or act his age. Can you be the forever home this gentleman is dreaming of?

Hillary
Breed: Hound Mix
Aprox. Age: 3
Hillary was found in awful condition as a stray and hardly had a hair on her body. Today, she has been nursed back to health thanks to a shelter caretaker who fell in love with her sweet demeanor. She is quiet, very playful and good with other dogs. Hillary loves attention and will make a fun companion for some lucky family.

Frita and Sheila
Breed: DSH/Tabby/Tortie
Aprox. Age: Mom 2 years, Baby 4 months
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Taffy
Breed: Siamese Tabby
Aprox. Age: 6 months
Meet adorable Taffy, an adorable shy sweet Siamese mix looking for a special home. Taffy needs a home with a loving companion to help her feel safe and comfortable.

Virginia
Breed: DSH/Tabby
Aprox. Age: 1
Virginia is a sweet petite girl who would love a home of her own. She is great with other cats and dogs. Virginia is quiet and calm and great with her litter box and a very easy kitty to be around.

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