

It's **read** all over!
Vol. 1, No. 10
October 2011

Zebra

Sharing the Lifestyle of Northern Virginia

**Alexandria's
Ghostly Past**
Alive by Lantern Light

See page 4

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I get an awful lot of questions about our quirky little publication. Why is it called Zebra? Are you a newspaper, or a magazine, or what?

Well, initially I was going to call it The Sunburned Zebra because of the old newspaper joke that asks, “What is black and white and read all over?” But during two years of behind-the-scenes market research and business development preparing to launch this little publication, I noticed we all kept shortening the name, and soon enough, it was just the Zebra. Plus, we thought it was pretty catchy and we could design a pretty neat logo, and we might grab enough attention by being different.

I never intended Zebra to be anything but a fun, easy read for those times you are waiting at the dentist, or for your table to be ready or for your roast to cook. But we have always hoped we would definitely be on your monthly “must read” list. We are not a “news” paper, but we do like sharing good news and positive stories, telling you about interesting businesses and people, tossing in a bit of area history here and there, and of course, including everything we can about pets. We’re probably a little too tilted when it comes to the animals, but then again, that’s why we’re different.

And it seems a tad haughty to call ourselves a magazine when we can’t afford those fancy, glossy pages like real magazines have, so maybe we are a “maga-paper”, some sort of lively modern hybrid casually showcasing current lifestyles and community happenings. I think we got it right. I hope we did.

Feel free to let us know as always what you like and don’t like, and enjoy our October issue filled with Alexandria’s ghosts, the continuing Civil War series, the area arts, restaurants, entertainment and of course, the furry felines and canines that will always be included.

Enjoy the leaves falling,

Mary Wadland

Zebra

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For advertising information call 703-919-7533

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Publisher's Assistant and Zebra mascot Lucy Wadland welcomes you to the October issue, and says, "At last, it's sweater weather!"

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On Cover: Alexandria Colonial Tours' Old Town's Ghost and Graveyard Tour passes through the gates of the Carlyle House. Photo by Greg Knott.



INBOX

HOW TO GIVE US FEEDBACK

If you would like to send us a comment, send your mail to mary@thezebra.org or Zebra, PO Box 6504, Arlington, VA 22206. Submission of a letter constitutes permission to publish it. Letters may be edited for reasons of space and clarity.

Kudos on your new paper! I love all the things you have in there each month, and particularly the Civil War Series. However, I have to tell you your proofreader really messed up this time. Whole paragraphs were omitted and I was sorry not to be able to read the article in its entirety. Other than that, keep up the good work!

Roger Billingsstone, Alexandria

[Editor's Note: Mr. Billingsstone (as well as others who wrote and called) is correct. We did make a mess of a couple of columns, and apologize. The article, Civil War Series 4: September 1861 Private Brink's Long Journey by Chuck Hagee will be posted correctly this month on our website, thezebra.org. Our apologies.]

A GHOSTLY WALKING HISTORY OF ALEXANDRIA

PHOTO BY GREG KNOTT

*When the night wind howls in the chimney cowls, and the bat in the moonlight flies,
And inky clouds, like funeral shrouds, sail over the midnight skies –
When the footpads quail at the night-bird's wail, and black dogs bay at the moon,
Then is the spectres' holiday – then is the ghosts' high-noon!*

**Sir Roderic, Ruddygore, 1887
a comic opera by Gilbert and Sullivan**

BY CHUCK HAGEE

High noon it is for the spectres, or, rather, ghosts of Old Town Alexandria. Not only at night, but also in the light of day, at various venues throughout the city and its environs, ghosts of this seaport's past walk amongst us.

Just ask Wellington Watts, owner of Alexandria Colonial Tours, whose flagship event, Alexandria's Ghost & Graveyard Tour, introduces residents and visitors alike to Laura Schafer and her flaming prenuptials, the Gadsby's Tavern mysterious female stranger and other apparitions who find it hard to depart the quaint harbor. Indeed, Old Town's streets are alive with the dearly departed who mingle with small bands of the living, traipsing along the cobblestone streets on the heels of one of Watts' costumed and charismatic tour guides as if following a pied piper.

A native of Glassboro, New Jersey, Watts arrived in the Washington area in 1994 to work for a pub-

lishing company after receiving his bachelor's degree in history and master's degree in public relations from Rowan University.

At that time, Old Town's Ghost & Graveyard Tour was then offered by Doorways to Old Virginia, a tour company owned and operated by Ed and Stella Michals. A history enthusiast with a keen memory for facts, Wellington became one of their tour guides. "I started doing the ghost tours part-time and really loved it. After about two years of being a guide, I asked the Michals about the possibility of going into the tour business full time," Watts explained. And they responded, "How would you like to own this business?" "They had decided that they wanted to retire and return to the Midwest," Watts recounted.

So in the summer of 2001, Watts took over and changed the name to Alexandria Colonial Tours while also expanding the company's tour offerings. In addition to the 23-year-old Ghost & Graveyard Tour, he added the Alexandria African-American History Tour, a Christmas Tour of Washington & Old Town Alexandria, the Haunted Dine Around of Old Town (extremely popular with the epicurean crowd), plus an array of special offerings for wedding parties, students and those wanting private tours, not to mention Halloween tours unique to the Alexandria landscape.

However, what Watts did not count on as a new business entrepreneur was September 11, 2001, which brought tourism in and around Washington to a virtual standstill. Ghosts of the present crowded out those of the past. Since then, Watts stated, "It has been a rebuilding process. But, it has rebounded. We are busy almost every evening in the spring and fall. Business usually drops off some in the summer because that's primarily family tourist time."

Walking tours range from 60 to 90 minutes, covering about six city blocks and usually number about 25 people each. Each guide carries a period oil lantern to light the way while spinning tales of ghosts and their "appearances" throughout the

streets and buildings of Old Town. "Each ghost story was thoroughly researched by the Michals over 30 years ago. And the stories all have been written about in both the local press and some in books," Watts explained.

Two of the most enchanting, yet tragic, tales involve couples – one pair well known and respected throughout Alexandria while the other duo mysteriously appeared on the local docks one day and left just as surreptitiously – except not together.

Alexandria residents Laura Schafer and Charles Tenneson had been a couple for several years and were to be married on June 29, 1868. Laura's father owned a confectionery store at 107 North Fairfax Street with living quarters upstairs.

As with most brides, Laura wanted to try on her wedding gown the night before her nuptials to make sure everything was just right. In the process, however, the dress was accidentally ignited by a kerosene oil lamp. In a state of panic, Laura, her dress and hair ablaze, rushed toward the stairs of her 18th-century home and tumbled down, engulfed in flames. Family and rescue personnel tried to douse the inferno, but she was severely burned and all the knowledge of a local physician could not save her. Laura died of her injuries the next day – the day she was to marry the love of her life.

Tenneson, so distraught over the loss of Laura, wandered down Ramsey Alley, just several doors north of the Schafer home. Consumed by grief, he shot himself and died that very same afternoon. They were buried together, defying the vows they would have taken that day – "until death do us part."

After going through a series of reincarnations, including a stint as Wharton Realty during which the owner and her agents claimed to hear Laura running down the staircase when they worked in the office at night, 107 North Fairfax Street is once again a confectionery store, Candi's Candies, owned by Candida Kreb. And, it seems, Laura Schafer is still in residence. Although no adult has ever admitting seeing her, many have attested that, every now and then, they feel a strange heat go by them, according to Watts. "Children, on the other hand, have attested to the fact that they have seen Laura in her wedding dress," he added.

▼ See WALKING TOUR on page 5



107 North Fairfax House, original home of Laura Schafer, who died in a tragic accident in 1868.
PHOTO COURTESY OF ALEXANDRIA COLONIAL TOURS



PHOTOS: GREG KNOTT

▲ WALKING TOUR from page 5

When she has been in the store alone, Kreb has experienced her presence in the sense of smelling faint smoke when there was none, Watts explained. “But perhaps one of the strangest things to happen lately occurred about a year and a half ago at Easter time. A woman came in to buy some candy. After getting her purchase, she handed Kreb a credit card. Kreb rang it up and handed the card back to the woman. The customer signed and left. As Kreb began to file the receipt, she noticed the signature – Laura Schafer,” Watts revealed with a smile.

The story of the other couple is not nearly so romantic, but far more mysterious. The two arrived at the Alexandria docks in late September 1816. The woman was ill of an undiagnosed disease. They took a room at Gadsby’s Tavern, and the woman was administered to by local physicians and a nurse for the next three weeks. However, none could bring about any cure to her malady, Watts related.

Throughout that time, her male companion lived well – dining and drinking without paying any bills.

That included the woman’s medical care as well as room and board at Gadsby’s. “In fact, he had everyone swear to not reveal their names,” Watts stated.

In October, the woman succumbed to her disease at age 23 and eight months. Her companion, assumed to be her husband as noted on the tombstone in St. Paul’s Cemetery, which was placed there by him (and also not paid for according to Watts), promptly got on another ship and left Alexandria with all his benefactors left holding the proverbial bag. No grief-driven bullet to the head for him as with Tenneson. He was probably off to the next damsel – hopefully someone healthier this time.

“Since they had all sworn to not reveal the couple’s name, they made no effort to track him down to collect their money,” Watts said. Thus is the story of Gadsby’s Tavern mysterious female stranger. She still visits both Gadsby’s Tavern Restaurant and Museum, according to local folklore, and is one of the apparitions visited on the Ghost & Graveyard Tour.

She does make appearances,

Watts insisted. “A couple of years ago, there was a college student working in the restaurant during the summer. She went to pick up an order, and when she turned around, she claimed to be staring straight at the mysterious female stranger,” he said. “She let out a blood-curdling scream, dropped the entire order on the floor and fled out the door. She never came back to work nor would go into Gadsby’s again,” Watts emphasized.

Alexandria Colonial Tours presently has about two dozen tour guides. They are all independent contractors who are paid on a per tour basis. “In addition to our public tours, which operate spring, summer and fall, clients can book private tours at any time. The spring is particularly busy when students make their annual trips to Washington,” Watts stated.

Watts’ tours receive raves from Alexandria residents and visitors alike and the Ghost & Graveyard Tour has become one of the most popular of the city’s historical attractions. There is just something about following a colonial-clad guide swinging a lantern down a

brick sidewalk in the dark, with fallen leaves crunching under your shoes and the sweet smell of the autumn night air caressing your collar, which makes you believe there are ghosts around every corner, and, according to Wellington Watts, there just might be. Happy Hauntings!

Ghost & Graveyard Tour Prices:
Adults-\$12; Ages 7 to 17-\$6; Age 6 and Under-Free; discounts for military, law enforcement and seniors. Tickets are available from the tour guides directly before tours or may be purchased in advance at *The Christmas Attic, Candi’s Candies or Alexandria Cupcake*. You may also reserve tickets by telephoning 703/519-1749. Ghost tours are held nightly, October 1-31, at 7:30 PM, and a 9:30 PM tour is conducted throughout October on Friday and Saturday evenings. For further information, visit alexcolonial-tours.com.



OTHER ALEXANDRIA COLONIAL TOURS

Haunted Dine Around of Old Town

A three and a half-hour adventure combining local cuisine with ghost stories, legends and folklore. Strolling from restaurant to restaurant, participants learn about historic sites and ghostly hauntings throughout the city. The price is \$75 per person. For reservations call 202/683-8847.



Alexandria African-American History Tour

For groups of 20 or more, this journey takes participants from slavery to freedom, segregation to equality, and hardship to triumph. Beginning at the Alexandria Black History Resource Center, highlights include Market Square, which once served as a slave market; “the mansion of a prosperous and powerful merchant who relied on 30 slaves to maintain his life style;” the business of an abolitionist Quaker; and other sites of pre-Civil War Alexandria. It can also be done as a combination walking/bus tour. Prices vary depending on type of tour chosen. Call 703/519-1749 for specifics.

Christmas Tour of Washington & Old Town Alexandria

This bus tour focuses on the holiday magic of both the nation’s capital and Old Town. It includes a trip to DC to see the White House and congressional trees. In Alexandria, tour participants see historic buildings decorated in Colonial and Victorian styles and visit historic Christ Church. It is capped off with dinner at The Fish Market. Advance reservations are required. Call 703/519-1749 for reservations, prices and details. Tours begin the second Thursday after Thanksgiving and end December 22.

FAIRLINGTON:

A National Treasure of Living History



BY CHUCK HAGEE

From a Native American Indian village, to a colonial plantation, to a Civil War fortification site, to upscale housing for federal employees during World War II, to a unique enclave of multiple architectural offerings. All of these iterations are encapsulated within what is known today at Fairlington.

Bounded by Quaker Lane, King Street extended (Rt.7), Interstate 395, and Shirlington, this sliver of Arlington County that hugs Alexandria City is a living, breathing testament to an urban planner’s definition of “community.” Fairlington’s 340 acres contain 484 buildings that collectively encompass 32 building types characterized by varying roof shapes, bay windows and door styles, and the number of units in each building.

With dual access to Shirley Highway, I-395, today’s Fairlington was created by order of President Franklin D. Roosevelt for defense workers and their families flooding the Washington environs in response to World War II civilian and military mobilization. In order to accomplish this mission Roosevelt summoned Hous-ton architect Kenneth Franzheim.

Franzheim joined with fellow architect Alan B. Mills to create the proposed housing project. They were also given the best skilled workers available and first dibs on scarce building materials.

Roosevelt saw to it that the federal government came through with the money



to create first-rate homes. Their average construction cost was \$10,300 at a time when a \$3,000 home in a metropolitan area was considered expensive. Constructed between 1943 and 1945 by the federal Defense Homes Corporation (DHC), the homes were designed as priority housing for military officers and top ranking government employees.

But, the parcel of land’s history dates back to before the arrival of the pilgrims. Then it was part of a Necostin Indian village.

First owned by William Struttfield, one of the original landowners of what is now Arlington County, in the early 18th century, it became part of the land holdings of Colonel John Carlyle, a resident of Alexandria City and close friend of General George Washington.

He built Carlyle House, a present day historical site that stretches between North Fairfax and North Lee Streets in Alexandria. The latter was then known as Water Street due to the fact that it was on the banks of the Potomac River.

Carlyle and his heirs maintained ownership of the parcel for 150 years. About 1770, Carlyle established a plantation on the site and commenced construction of a large white mansion originally known as Torthorwold which he later changed to Morven. The primary purpose of Carlyle’s plantation was as a stud farm.

After construction of the plantation house commenced, Washington purchased a land grant that included a portion of Carlyle’s acreage near today’s Abingdon Elementary School. Washington used Carlyle’s on-site grist mill to process his grain.

Fairlington was the largest project financed by Defense Homes Corporation and the nation’s largest apartment complex at that time.



In 1790, with the establishment of “the federal district” following the Revolutionary War, as called for in the 1788 ratification of the new United States Constitution, land north of today’s Columbus Street became part of the new national capitol. Congressional jurisdiction officially began in 1801, removing that portion of what was then known as Alexandria, County, from Virginia and making it part of the newly created District of Columbia.

Following the death of Colonel Carlyle’s grandson, Carlyle Whiting, in 1831, the plot was subdivided among the heirs with Whiting’s son, Charles, receiving all of the present day Fairlington. He maintained ownership throughout the Civil War.

From 1861 to 1865, two Civil War fortifications, part of Lincoln’s circle of security for the District of Columbia, were constructed on the Fairlington plot. Fort Reynolds was built next to the present North Fairlington and Battery Garesche occupied land next to what is now the intersection of South Abingdon Street and 30th Road. Historic plaques mark the spots today.

Construction of Fort Reynolds, the larger of the two defenses, commenced in September 1861, shortly after hostilities began. It’s primary purpose was to control the approach to Alexandria through the Four Mile Run valley.

Battery Garesche was built later that same year to oversee the high ground and protect Fort Reynolds. Between the two fortresses, the Union Army had 20 gun emplacements that defied any attack by Confederate forces.

Following the end of military occupation, the land area was consolidated in 1879 by land owner Hawkins Smith. He remodeled and renamed Carlyle’s Morven to Hampton. Under his son, Hawkins Smith II, it once again became a signature horse farm until it was sold in 1926.

Following that sale, the land was subdivided into smaller plots, many operated by sharecroppers. An airfield operated in an area that is now South Fairlington until the mid-1930’s.

With the United States entrance into World War II, housing for the expanding federal government became a top priority. Franzheim and Mills rapidly turned the 340-acre site into 3,439 apartments at 10 units per acre with the aid of builder Thompson-Starett.

Unlike many other wartime projects, Fairlington, a garden apartment complex, was intended to remain a permanent part of the landscape after the war’s end. The overall cost in 1943 dollars was approximately \$35 million. The first occupants arrived in May 1943 and it grew from there.

The federal government managed the Fairlington apartment complex until 1947 when it was purchased by Leo

Corrigan and Leland Fikes. When they dissolved their partnership in 1959, Fikes got the project and Corrigan took \$4 million in cash.

Fikes made one of his executives, Walter J. Hodges, the community’s general manager, a position he held until 1968 when Fike’s estate was settled following his death in 1966. As part of that settlement, Fairlington was sold to Hartford Fire Insurance Company and Hodges, along with J.D. Lee, another former Fike’s executive, became minority stockholders.

Fairlington was sold again in 1972 to Chicago Bridge and Iron Corporation. This time Hodges and Lee were not only minority stockholders but also officers of a newly formed organization known as CBI-Fairmac Corporation.

Hodges, as president of CBI-Fairmac, and Lee as executive vice president and treasurer, began Fairlington’s conversion into seven condominium villages. That was the birth of today’s Fairlington.

Its long and varied history was officially recognized on December 2, 1998 when Fairlington was recognized in the Virginia Landmarks Register. That was followed on March 29, 1999 when it took its place in the National Register of Historic Places.

Both of these accomplishments can be directly attributed to the unrelenting efforts of Fairlington resident Lorraine Drolet. Through her marshalling efforts, the seven condominium associations, Fairlington Citizens’ Association, local businesses and various individuals donated time, effort and dollars.

October 30, 1999 saw the unveiling of two historic markers at the Fairlington Community Center honoring the state and national recognitions of Fairlington as an historic community. These markers note Fairlington “was the largest project financed by Defense Homes Corporation and the nation’s largest apartment complex at that time.”

“The name Fairlington combines Fairfax and Arlington, the counties in which the project was located,” according to the historical marker located at the corner of Quaker Lane and South 32nd St.

A number of sources provide information on Fairlington history. Two of the most recognized are the late Catherine D. Fellows’ Fairlington At 50: May 1943 –May 1993 – The 60th Anniversary Edition and Drolet’s Fairlington Captures the Best of a Small Town.

Maybe one of the best descriptions of Fairlington would be: The American can-do spirit represented by bricks, mortar and slate roofs.



Robert E. Lee's Boyhood Home

ORIGINAL WATERCOLOR BY TODD HEALY

STROLLING BY HISTORY

Robert E. Lee left this home at 607 Oronoco Street that he loved so well to enter West Point. After Appomattox he returned and climbed the wall to see if the snowballs were in bloom. George Washington dined here when it was the home of William Fitzhugh, Lee’s kinsman and his wife’s grandfather. Lafayette visited here in 1824. Virginia Historic Landmarks Commission 1968

From 1967 to 2000, the house was open to the public but now this is a private residence and not open for tours. How in the world did this one get away from the city of Alexandria?

Limited editions of this print are available at Todd Healy's Studio at 320 King Street in Alexandria, 703-549-7883. Todd is also available for private commissions.



David Hellmuth of Passport MINI and Brenda Davis, Director of Retail Marketing (Crystal City Shops) pose with Jovella Barnett, winner of a 2011 Mini Cooper car. During this promotion, participants had to write down three of the six weekly passwords posted on the car and web site to have their entry placed in a drum for the drawing.

PHOTOS BY HARRY MERRITT

Passport MINI of Alexandria Gives Away a 2011 Mini Cooper in Crystal City



David Hellmuth of Passport MINI presents keys to the Crystal City MINI Cooper winner Jovella Barnett. Over 16,000 entries were received. During each of the six weeks of the contest, the car was moved from one location to another in the Crystal City Shops. Jovella Barnett was very excited to win the car and was reported to have put in only one entry form.

Christine Roland Garner

National Breast Cancer Awareness Month



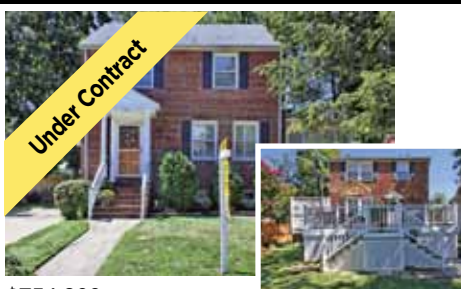
Rosemont



\$1,025,000

Lovely 4 bedroom, 4.5 bath expanded colonial with 3 finished levels and an attached garage. Beautiful courtyard with Koi pond can be enjoyed from the formal living room, sunroom and family room. Upper level with 4 spacious bedrooms including the Master Suite. Block to King St METRO, shops & restaurants.

Rosemont



\$754,900

Beautiful 3 level brick colonial with 3 bedrooms, 2 baths just blocks from the METRO, shops and restaurants in Old Town and Del Ray. Entry foyer welcomes you to a spacious living room with a gas fireplace and adjacent den. Formal dining room is open to a gorgeous updated kitchen. Large finished lower level family room with full bath. Freshly painted rooms, wood floors and ample storage. Great fenced yard with large deck and off street parking.

Old Town

\$739,000

Fabulous DETACHED home circa 1870 with huge deep yard in the desirable S.E. Quad! 3 bedrooms, 1.5 baths, hardwood floors, arched doorways and mouldings throughout! Entry foyer, living room with fireplace and formal dining room with butler's pantry. Spacious updated kitchen with breakfast niche. Outdoor entertaining at its best with a custom stone patio, lush lawn and gardens. Close to river, bike path, shops & restaurants!



Old Town



\$635,000

Perfect In-Town Home with 3 levels, 3 bedroom & 1.5 baths. Beautifully updated with spacious kitchen, bath with double vanity, fireplace, skylights and 2 porches. 1 block off King St and just 3 blocks from METRO!

Del Ray



\$695,000

Lovely 3 level, 3 bedroom Bungalow with 2 (new) baths and a large kitchen addition with breakfast room. Refinished wood floors, off street parking and large fenced yard with deck.

Del Ray

\$513,500

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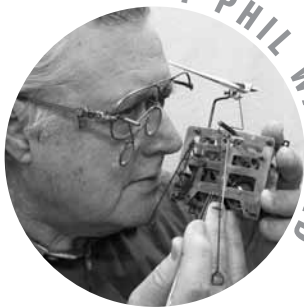
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ASK THE CLOCKMAN

BY PHIL WADLAND



Q: I have a Seth Thomas Banjo clock with no pendulum and I don't know if it works. Can you also tell me how old this clock is and if it is an antique?

A: Let's start with Seth Thomas. Seth Thomas was born in Wolcott, Connecticut, in 1785. He became an expert carpenter. At 22 years old, he went to work for clockmaker Eli Terry in Northbury, Connecticut. He took to the art of clockmaking and prospered, so much so that in 1810 he bought out Terry's factory with a partner. Three years later he bought out another clockmaking business in Plymouth Hollow and relocated. He began making clocks

under the Seth Thomas name, priding himself on the quality of his work. Seth Thomas clocks soon became known all over the country for their quality and high level of craftsmanship.

In 1930 the Seth Thomas Clock Company merged with the Western Clock Company under the auspices of a holding company, General Time Instruments. The new company continued to produce fine clocks, but the luster of the Seth Thomas marquee was somewhat dimmed. The Seth Thomas factory was badly damaged by a flood in 1955. Movement manufacturing was subsequently phased out, with the company instead importing movements from Germany. In 1968, General Time was bought out by Talley Industries; 11 years later the headquarters was moved to Norcross, Georgia.

General Time went out of business in 2001. The Colibri Group acquired Seth Thomas, while the company's collection of historical records, drawings, photos, documents and other

items was acquired by the National Association of Watch and Clock Collectors. The Colibri Group went into receivership in January 2009 and laid off all of its 280 employees, but in March a company called Alliance Time, a distributor of brand name and designer jewelry, watches and accessories and based in New York, bought the Colibri Group assets and announced its intent to resume production.

Now let's address your clock. The banjo style, which yours is, happens to be one of my favorite clocks. The classic styling that Seth Thomas achieves is just beautiful. The exact model you have is called the "Brookfield." There is a label on the back of the clock that states "General Time Corp." Based on what we know of the corporate history of Seth Thomas that puts your clock's manufacturing date between 1930 and 1968. I was able to figure out it was made in June of 1947, because your clock is marked 4706 on the back. Your clock is 64 years old.

So, it's not an antique. When it comes to furniture and clocks the standard rule is 120 years. Therefore, no one can buy actually buy something new and hold on to it long enough for it to become an antique. The word being used by dealers to sell something like this is "vintage." I recently checked on E-Bay to gather current market values and there were five Brookfields up for auction ranging in price from \$100 to \$450. If your clock was in a retail store for sale, I would expect it to be priced at \$900. The pendulum can be replaced and the movement cleaned and overhauled and brought back to life. My estimate for total restoration would be around \$200.

Phil Wadland is a third-generation clockmaker and horologist, residing in Manchester, New Hampshire. If you have questions for the Clockman, email clockman@thezebra.org

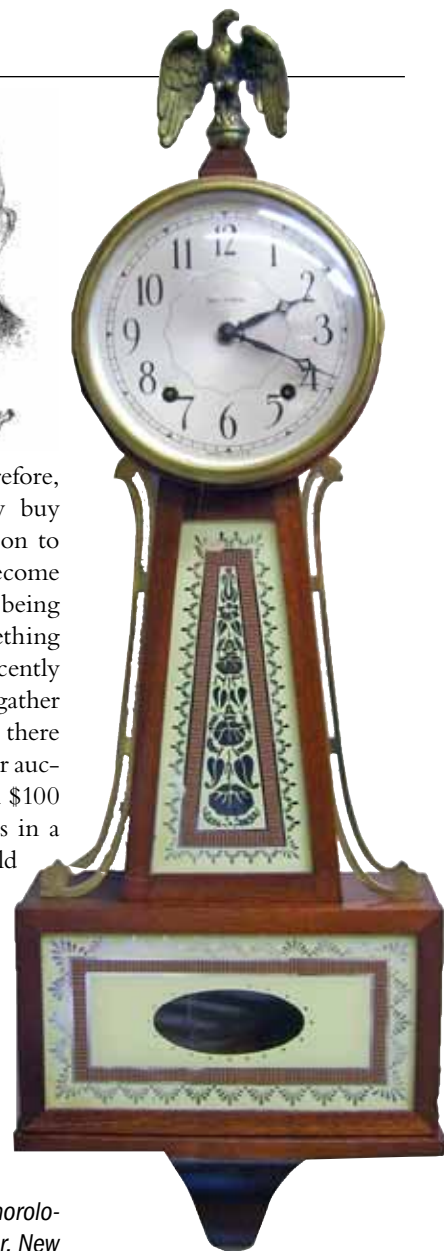


PHOTO BY PHIL WADLAND



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Want to See a Live Firing Civil War Re-enactment?

Fort Ward Museum Hosts Artillery Day on October 29



Learn about army life for Union artillerymen stationed in the Defenses of Washington at Fort Ward Museum's living history program, "Civil War Artillery with the 1st Connecticut Heavy Artillery." This free event will be held on Saturday, October 29 from 10 a.m. to 4 p.m. The program is weather dependent.

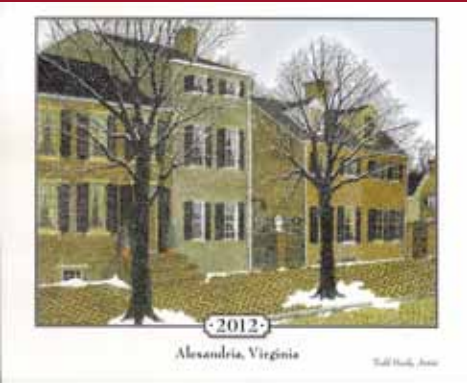
The re-enactors of the 1st Connecticut Heavy Artillery portray the duties and soldier life of a regiment that was stationed at Fort Ward during the Civil War. Featured activities include an artillery equipment display, camp life scenarios and cannon firing demonstrations featuring a 3-inch ordnance rifle and a 24-pound Coehorn mortar.

Visitors can also view original artillery equipment, ammunition and personal gear worn by Union artillerymen in the Museum exhibit, "Artillerymen in the Defenses of Washington."

Fort Ward Museum & Historic Site is located at 4301 West Braddock Road in Alexandria. It was the fifth largest installation within the extensive network of forts known as the Defenses of Washington, which was built to protect the Federal capital during the Civil War.

1st Connecticut Heavy Artillery at Fort Richardson.

PHOTO COURTESY OF THE LIBRARY OF CONGRESS



Pre-Order your 2012 Calendars Now!

Todd Healy's much-anticipated 2012 Alexandria calendar, a project he has completed with new artwork for over 30 years, is now available for order. Healy's original watercolors of historic Old Town buildings and homes follow the seasons and grace the feature pages of each month.

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Top 13 Life Lessons You Should Have Learned from Watching Horror Movies



BY HOLLY BURNETT

The horror film genre, not unlike children’s fairy tales, is historically predicated on the belief that every life experience is a cautionary tale, and bad things can be avoided if you do not “stray down the garden path.” So see if you recall the movies, and, in some cases, their sequels, that imparted these life lessons:

1. Avoid acting on lust – anywhere at any time – especially if you are a teenager.
2. Do not look under the bed, the closet or behind a pulled shower curtain (especially if the water is running).
3. If you approach a front door that is open (or opens for you), do not go inside. Turn around and run!
4. Never agree to take care of other people’s children – either as a babysitter or a camp counselor.
5. Do not name your child Damien.
6. Avoid immature acts that could result in mutilation or dismemberment, such as walking on railroad tracks or putting your hand down a garbage disposal...as it never ends well.
7. If someone suggests, “Let’s split up and meet back here,” don’t! Bad idea.
8. Never stop at a roadside motel – even if its name is not Bates.
9. Avoid curiosity. If you are told to “stay here” or “keep to the main road,” there is a good reason.
10. Don’t get lost in the woods. In fact, don’t go into the woods at all.
11. Know the location of your circuit breaker BEFORE the lights go out!
12. And remember, villains never die the first time. Remain far enough away so they cannot grab your ankle as they resurrect from their gunshot wounds between the eyes.
13. Lastly, be leery of people who know too much about horror movies as they believe they can outsmart you – and we can...

QUOTABLE:

“The Founding Fathers knew a government can’t control the economy without controlling people. And they knew when a government sets out to do that, it must use force and coercion to achieve its purpose. So we have come to a time for choosing.”

Ronald Reagan
(October 27, 1964)

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Want To Know The Scoop On Craft Shows?

BY ANNE ALDEN

Do you want to find unique, artistic gifts for those on your gift list? Try shopping at the areas many craft shows.

My friend Dan is impossible to shop for. He has several of everything. Long ago, I despaired of finding something for him, until I discovered craft shows. I have successfully found gifts that he has really liked. If you have a “Dan” in your life, check out these fun and interesting shows.

You will be amazed at the number of creative, artistic items that can be found there. You can find wearable items such as jewelry, scarves, clothing, and leather goods. You can find decorative items such as furniture and other wooden items, decorated boxes, dried flower arrangements, linens, ornaments, art glass, photographs and paintings, sculpture, cards and stationary, pottery, and much more.

There are many kinds of shows. There are large shows that sell high-end items by professional artists from all over the world. These shows are generally held in convention centers, museums or

other large public venues. There are shows that specialize in local artists whose items range from fine art to very creative amateur offerings. These shows are held in schools and community centers. Many local shows are benefits and by shopping there, you are helping good causes.

All high ends shows are juried, and most local shows are too. To get really handcrafted unique items, stay away from shows that allow items that are not made by the vendors involved. Some shows allow items that are purchased by the vendor and resold. Often these items are mass-produced overseas and are of poor quality. Shows produced by organizations such as the Northern Virginia Handcrafters Guild have crafter only rules, which mean that all items sold must be made by hand by the crafters. One can call the shows promoters to find the answer to this question.

Many shows have food available, but be sure to check first. At large shows, crafters usually take credit cards. At smaller shows, I recommend that you bring cash or checks. Most shows occur in the fall, but there are shows all year around.

If you have some artistic skills that you might

like to turn into a business, consider becoming a crafter at shows. It is fun and satisfying to create beautiful things that others enjoy and even pay you for. There are guilds of crafters that are all inclusive and generalized and some that are organized around specific crafts. Attend several shows of various kinds to get an idea of price points and booth set up. Most crafters are very generous and will guide you.

Some of the best upcoming shows are the Northern Virginia Handcrafters Guild Fall Festival, Northern Virginia Community College, Annandale Campus, 8333 Little River Turnpike, Annandale, VA, Sat Oct. 8 - 10 to 5 and Sun. Oct 9 - 11 to 4; Northern VA Handcrafters' Guild South Run Rec Center Annual Arts and Crafts Show, 7550 Reservation Drive, Springfield, VA 22153, Sat. Oct. 22 - 9 to 4 and Sun. Oct 23 - 11 to 4; Fairfax High School, 3501 Rebel Run, Fairfax VA, Sat. Nov. 19 - 10 to 5 and Sun. Nov. 20 - 10 to 3; and Vienna Community Center, 120 Cherry Street, Vienna, VA, Fri. and Sat., Nov. 25 and 26 - 10 to 5 and Sun. Nov. 27 - 11 to 4.

THE GODSPEED RETURNS TO ALEXANDRIA

The Godspeed, a re-creation of one of the three ships that brought America's first permanent English colonists to Virginia in 1607, will host public tours and school field trips in Alexandria October 4-9. The ship, from Jamestown Settlement living-history museum in Virginia's Jamestown-Williamsburg-Yorktown “Historic Triangle,” last visited the city in 2008.

The Godspeed will be docked at the north end of the Alexandria City Marina, adjacent to Founders Park near the intersection of North Union and Queen streets, and will be open for free tours from 3 to 6 p.m. October 4-7, from 10 a.m. to 1 p.m. October 8, and from 10 a.m. to 6 p.m. October 9. Visitors will be able to explore the ship and talk with historical interpreters about the 1607 voyage and 17th-century sailing, navigation and shipboard life. Prescheduled educational programs for fourth-grade students from Alexandria City Public Schools are planned for October 4-7.

The Godspeed will depart from Jamestown Settlement, a state-operated museum that tells the story of 17th-century Virginia through gallery exhibits and living history, on September 28. From Alexandria, the ship will sail to Yorktown, where

it will be docked October 14-19 in conjunction with events celebrating the 230th anniversary of the decisive victory of the American Revolution.

During the Godspeed's absence from Jamestown Settlement, visitors will have the opportunity to board the Susan Constant and Discovery, re-creations of the other two 1607 ships, and the Elizabeth, representing a vessel that made several voyages to Virginia between 1613 and 1625.

The Susan Constant, Godspeed and Discovery have been designated by the Virginia General Assembly as “the official fleet of the Commonwealth.” The original Godspeed carried a total of 52 people, including crew, on the 1607 voyage and was captained by Bartholomew Gosnold, a principal organizer of the Virginia Company of London that sponsored the Jamestown colony.

The Godspeed is sailed by a crew of Jamestown-Yorktown Foundation staff and volunteers, and its voyages are supported with private donations.

For more information about Jamestown Settlement and the ships, call (888) 593-4682 toll-free or (757) 253-4838 or visit www.historyisfun.org.

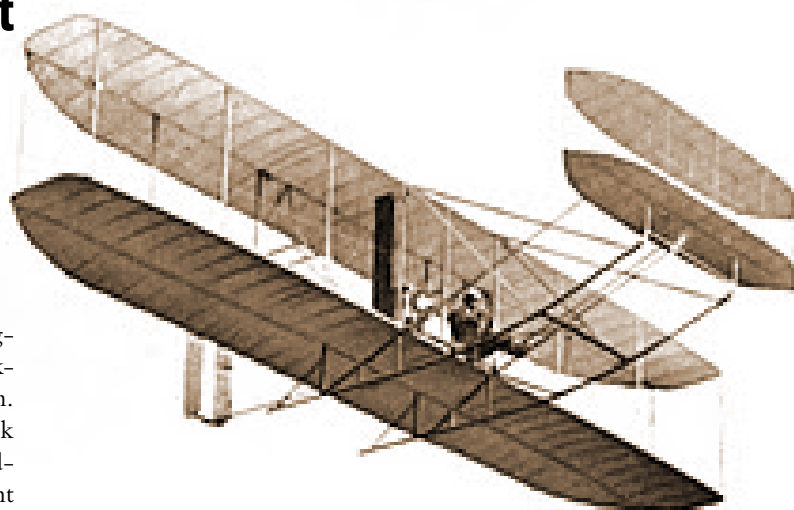


D I D Y O U K N O W

Orville Wright conducted the first military test flight in our own backyard? Go see the spot on October 12

The Arlington Historical Society and Arlington Heritage Alliance will be presenting a walking tour of historic Fort Myer, Virginia, at 5 p.m. Wed., Oct. 12, 2011. It will be an exclusive look at some of the base's most famous sites, including the parade grounds where Orville Wright conducted the first military test flight, the base stables, home to the Caisson Platoon that serves military funerals at Arlington National Cemetery, and more.

Fort Myer, now part of Joint Base Myer-Henderson Hall, boasts a rich history that dates to the Civil War. It is home to the Chairman of the Joint Chiefs of Staff and is listed on the National Register of Historic Places. The walking tour will be conducted by base historian Kim



The Wright Brothers tested their flyer at Fort Myer from 1908 to 1909 and were awarded a contract by the Army for their flyer in 1909 making Fort Myer the birthplace of military aviation.



The monument honoring Brigadier General Albert Myer was dedicated at Whipple Field in 1932. The woman in the photograph is his daughter Gertrude A. Myer.

PHOTOS COURTESY OF ARLINGTON HISTORICAL SOCIETY



It's Virginia Archaeology Month and Alexandria Offers Plenty

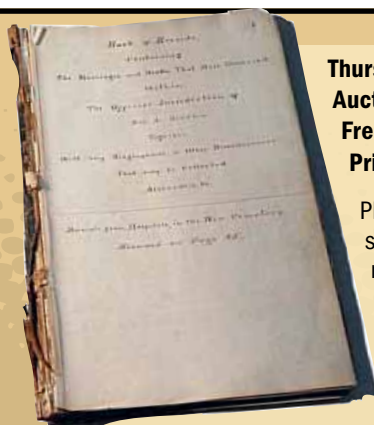
Throughout October, the Alexandria Archaeology Museum will be offering several programs in conjunction with Virginia Archaeology Month. This year's statewide theme is "Between the Battles: The Life of a Civil War Soldier," and many of Alexandria's activities will explore the Civil War.

Wednesday, October 5, 7:30 p.m. to 8:30 p.m.
"A Visual Tour of Civil War Alexandria" Lecture
The Lyceum, 201 South Washington Street

See what Alexandria looked like during the Civil War through the eyes of photographers who documented it! Wally Owen, Assistant Director of Fort Ward Museum and co-author of *Mr. Lincoln's Forts: A Guide to the Civil War Defenses of Washington*, will present an illustrated lecture featuring 3-D images and rare photographs, including many that have never been published. Tickets are \$10 per person and advance reservations are required. For more information or to make reservations, call 703.746.4994.

Saturday, October 8, Noon to 4 p.m.
Arts Safari & Museum Open House
Alexandria Archaeology Museum,
105 North Union Street, #327

The Torpedo Factory Art Center hosts its annual Alexandria Arts Safari, a festival of hands-on arts and crafts activities for kids and their families. The Potter's Art activity presented in the Alexandria Archaeology Museum is designed for kids of all ages! Learn to identify 19th-century Alexandria potters from the designs applied to salt-glazed stoneware pottery, and create your own take-home drawing at this free family event.



Library of Virginia and must be completely unbound, cleaned, stabilized, and rebound, a process that is estimated to cost more than \$1,500. This volume is the only source of the names of the people buried at Freedmen's Cemetery, names that will appear on the Memorial. Minimum suggested donation to attend the reception is \$10.

Thursday, October 27, 6:30 p.m. to 9 p.m.
Auction and Reception to Benefit
Freedmen's Record Book
Principle Gallery, 208 King Street

Please join Alexandria Archaeology at this benefit event to support the Contrabands and Freedmen's Cemetery Memorial and the historic book of records linked to the cemetery. Proceeds from this reception and silent auction will support the restoration of the original book listing marriages and deaths of hundreds of African Americans who came to Alexandria seeking refuge during and after the Civil War. The extremely fragile book is at the



Located on the current grounds of the George Washington Masonic Memorial, is Shuter's Hill, which had played a significant historical role during the Civil War. There were two forts on the hill: Fort Dahlgren and Fort Ellsworth, which became part of the ring of more than 160 forts and batteries built to protect the capital. Shuter's Hill was a commanding position, providing defense of the two major arteries, King and Duke Streets. The outline of the northeast bastion of Fort Ellsworth is still visible on the grounds of the Memorial.

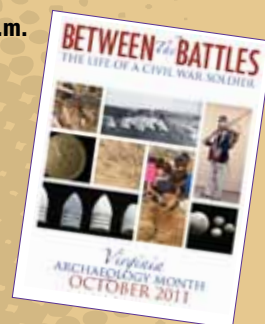
PHOTO COURTESY OF THE LIBRARY OF CONGRESS

Saturday, October 22, 1:30 p.m. to 3 p.m.
Archaeology Day at Shuter's Hill Site
Grounds of the George Washington Masonic Memorial,
101 Callahan Drive

Archaeologists from Alexandria, Mount Vernon, and Fairfax County will offer site tours and hands-on archaeology fun at Shuter's Hill, once home to an 18th-century plantation and a later estate occupied by Union troops. Find out what discoveries archaeologists have made this year before the site is closed for the season. This event is free but reservations are required, so call 703.746.4399 to save your spot.

Saturday, October 29, 10 a.m. to 11 a.m.
"Historic Alexandria"
Lecture and Book Signing
Alexandria Archaeology Museum,
105 North Union Street, #327

Author, historian, and member of the Alexandria Archaeological Commission Ted Pulliam will explore key events and people that make up the Alexandria story, with a special focus on the Civil War. Ted's lecture will be based on his new book, *Historic Alexandria: An Illustrated History*, which will be available for purchase and signing following the free lecture. Sponsored by the Friends of Alexandria Archaeology (FOAA).



In addition to the above events, at the Archaeology Museum each Sunday from 1 p.m. to 5 p.m., explore the Civil War in Alexandria with "Civil War Sundays":

A free showcase of an original, May 26, 1861, edition of the New-York Tribune detailing Colonel Elmer Ellsworth's death in Alexandria, a Peeps diorama illustrating Ellsworth's death, a TimeTravelers Passport exhibit featuring the Civil War drummer boy, diorama of a heating system constructed in Alexandria to warm Civil War hospital tents during the winter of 1861, a cocked and loaded Wickham musket discarded in a privy during the 1860s, and an exhibit on the Lee Street Site during the Civil War.

For more information, visit www.alexandriarchaeology.org or call 703-746-4399.

BY MARCUS FISK



Lessons of the SILVER SCREEN

It was typical of the dinner parties my parents gave at our house in Fairfax back in the summer of 1972. The eclectic mix attending were my parents' Army friends, some of our neighbors and an assortment of mine and my sister's friends from Fairfax High School and their parents. Included in that fascinating backyard group assembled was then-Brigadier General Charles "Charlie" Simmons, my dad's former battalion commander from Germany. I was planning on attending the Naval Academy, and General Simmons engaged me in conversation about my future. He was an interesting man, and during our chat a light bulb went on in my head. Why not ask Simmons what leadership advice he might have for a young guy like me? He's been there.

His answer came out of left field. Looking back on it from 20/20 hindsight however, it was spot-on.

"Years ago, I saw the movie *Captain Horatio Hornblower*," he said. "It was so good that I went back and read the entire *Hornblower* series by C.S. Forrester. To me, it is the best series ever written on leadership. Every event in the books and the movie are leadership lessons. That's what I'd recommend."

This recommendation of a Navy story coming from an Army general was like a curve ball. I was intrigued. I had never seen the film, so when it popped up in TV Guide on a late show movie night about a year later, I settled in for my leadership tutorial. It exceeded all expectations.

As a young officer, we all had to participate in a continuing education program called Leadership, Management Education and Training (LMET). The courses were sometimes painful since they tended on the simple side, but it did get us off the ship or off the flight line for a week. Case studies and role playing aside, we were required to watch several films that augmented the curriculum and provided leadership examples that we had to then dissect and identify traits. The film we watched then was *Twelve O'Clock High*, and, to this day, I can't watch it without a subliminal labeling of 'autocrat' or 'democrat' on Gregory Peck, Gary Merrill or Dean Jagger. I realized then that the Charlie Simmons leadership program, watching movies for leadership content, really worked, and he was probably onto something years before the Navy ever was.

Over the course of my career, there were other films that had a marked influence on how I handled the challenges either onboard ship, while I was 'boots on ground,' or on a staff. As a young shipboard officer, *Mister Roberts* inspired me to look out for the welfare of my sailors. The film's leadership lessons were helpful when I had to do battle with a tyrannical executive officer on the USS HAYLER. It got to the point where we met nose-to-nose over what I thought amounted to corporal punishment of my crew, and I was threatened with a court martial. In the back of my head, I heard Roberts' words, "How

did you ever get in the Navy? How did you wind up on our side?"

The *Bridge on the River Kwai* is another film with lessons to impart. It vividly paints the picture of a commanding officer whose adherence to regulations and principles nearly cost him his life, but earns the deep loyalty of the men under his command. His intransigence, however, becomes skewed and, by the end of the film, he realizes that his inflexibility undermines a higher principle.

Then there are the films that provided a glimpse into the lives of enlisted sailors. These films about their existence were a primer to me. Jack Nicholson as Signalman 1st Class Buddusky in *The Last Detail* captured the perfect swagger and impish smile of a sailor I met time and again in the fleet. His famous line, "My name's Buddusky. Signalman 1st. But they call me Badass," could well have been spoken by any sailor on my first ship, the USS SAN BERNARDINO. The film's story was told with dark humor. Nicholson is on temporary shore patrol and is escorting an apprentice seaman off to the Portsmouth Naval Prison (the "brig") for stealing \$13. The film depicts Nicholson and another petty officer showing the young man a great time on liberty before he starts his decade-long prison sentence.

Another master film that tells the story from the enlisted man's point-of-view is *The Sand Pebbles*. Steve McQueen doesn't play Petty Officer Jake Holman — he *IS* Jake Holman. The story, written by a retired Navy chief engineer, not only provides an intimate view of the life of a sailor on a gunboat in China, but also accurately captures the deep loneliness of Americans stationed so far away and the character traits required to endure the hardships there. It too was from another time, but the film's look at the lives of sailors gave me an appreciation for the thoughts, motivations and emotions likely coursing through the veins of my crews.

There are dozens of other films that carried me throughout my career. *Henry V* with Kenneth Branagh, *Breaker Morant*, *We Were Soldiers*, *Full Metal Jacket*, *In Harm's Way* and many others are not only great stories of courage, but carry the lessons of leadership not found at the Wharton School of Business.

The list is endless and far too long to fit here. However, suffice it to say that the Charlie Simmons leadership curriculum gave me a hell of a leg-up on the competition.

So, as fall wraps its arms around us and we settle in for what's ahead, a good book? Nope. I'll probably run the BBC/A&E *Horatio Hornblower* series again — for old times' sake.

Marcus Fisk is a retired Navy Captain, Naval Academy graduate, sometime actor, sculptor, pick-up soccer player, and playwright. He and his wife Pamela live in Alexandria.



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Alexandria Sheriff's Association Awards Five College Scholarships

Five children of Alexandria Sheriff's staff members have received the 2011 Veronica Mitchell Scholarship in memory of Marleen Venter. Sgt. Chris O'Dell, president of the Alexandria Sheriff's Association, presented the awards named for Chief Deputy Veronica Mitchell who retired after 30 years in 2009. Ms. Venter, Accreditation Manager for the Sheriff's Office, died on Jan. 7 of this year.



Students receiving the awards were:

- Joshua T. Barnes of Mitchellville, Md., son of Deputy Sheriff LaTonya Covington.
- Alexis Simone' Pitts of Suitland, Md., daughter of Deputy Sheriff Marvin Pitts.
- Nattachat Srikongyos of Springfield, daughter of Deputy Sheriff Waraphan Srikongyos.
- Taylor R. Wise of Alexandria, daughter of Records Director Rony Wise.
- Alexis J. Herring of Annandale, Va., daughter of Deputy Sheriff Kim Evans.

The Scholarship committee, composed of Chief Deputy Tony Di Cesare, Chief Deputy Tim Gleeson and Sgt. Deborah Vaughan, selected

Veronica Mitchell Scholarship 2011 recipients (left to right) Joshua T. Barnes, Alexis Simone' Pitts, Nattachat Srikongyos, Taylor R. Wise and Sgt. Chris O'Dell. Missing is Alexis J. Herring.

COURTESY PHOTO

the recipients on 500-word essays in which they wrote of the parent's work in the Sheriff's Office and its importance to the community; how their parent's work influenced them; their courses of study planned in college; and their community involvement.



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Olde Towne Dogge Walke

Hundreds of men, women, and children took to the streets of Old Town Alexandria Sunday morning for the 5th Annual Olde Towne Dogge Walke. With their beloved four-legged friends in tow, walkers navigated through Founder's Park on the 1.5 mile course through the city.

PHOTO BY SHANNON MAHONEY

Old Town Crier Welcome

In his first unofficial city appearance, the new Old Town Crier, Benjamin Fiore-Walker, welcomed the masses and their four-legged companions to the 5th Annual Olde Towne Dogge Walke. Presented by Capitol Heel, this year's walk raised close to \$38,000, with all proceeds benefiting the Animal Welfare League of Alexandria.



PHOTO BY JOHN HICKEY

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Go to www.mayisland1.com for complete menu.



COURTESY PHOTO

36th Marine Corp 10k Marathon is Full at 10,000 Entries

The MCM10K presented by Aetna, held simultaneously with the 36th Marine Corps Marathon (MCM) on Sunday, Oct. 30, has registered runners for all 10,000 available entries. The event has filled to capacity one day earlier than it sold out in 2010.

The MCM10K includes 10,000 registered runners from every state and 27 countries. Participants will run the 6.2 mile course from the start of the event on the National Mall in Washington, D.C., across the scenic Potomac River into Crystal City around the Pentagon and to the finish at the Marine Corps War Memorial in Rosslyn, VA. The event starts at 8 a.m. at 12th and Jefferson Streets near the Smithsonian Castle.

“Runners not only enjoy the scenic start in the nation’s capital and entertainment along the course, they also have the opportunity to participate in all of the excitement of MCM Weekend and enjoy a truly spectacular finish that is unique to 10K events,” says Rick Nealis, MCM Director.

Returning this year is 2010

champion Mark Pepple, 31, of Albuquerque, NM, who completed the MCM10K in 33:41. “I’m looking forward to the event this year and I would like to try and defend my title,” he says.

Voted the best marathon for families, the Marine Corps Marathon honors the dedication, sportsmanship and patriotism of its participants. Runners from all walks of life participate in the largest marathon not to offer prize money, earning the name, “The People’s Marathon.” The MCM is the fifth largest marathon in the United States and the ninth largest in the world. The MCM10K presented by Aetna is sponsored by Arlington County, Navy Federal Credit Union and “The Examiner.” No federal or Marine Corps endorsement is implied.

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Susan Hand with her dogs Bailey and Toby hosted the Dog "PAWTY" event.



Gerard Pieger has his dog Zorro go through the tube obstacle at the park.



Julie Vallante and Tara Denicolas of the Washington Humane Society handed out literature and information on being a volunteer for the society.



Neighbors dogs pose for group shot.


Neighborhood dog "Pawty" was recently held at Fort Scott Park in Arlington. The brainchild of realtor Susan Hand, the day brought together those who wanted to meet neighbors sharing a common interest in our furry friends. The well attended event had representatives from dog training schools, humane societies and pet resorts/kennels. Treats were available for both dogs and humans alike.

PHOTOS BY HARRY MERRITT


Cool Hand Luke poses with a treat on his nose.



The event was well attended by neighbors with and without dogs.



THE RULES OF Golf




Question: Bill Duffer is struck by a ball played by a player in the following group. In anger, Bill hits the ball back towards the group. Has Bill played a practice stroke or a wrong ball?

Answer: No.

However, in equity (Rule 1-4), Bill should incur the general penalty of loss of hole in match play or two strokes in stroke play.

Each year, the United States Golf Association and the Royal and Ancient Golf Club of St. Andrews, Scotland receive thousands of phone calls and letters regarding clarification of the Rules of Golf. In order to help millions of golfers around the world better understand how these detailed rules are applied and interpreted, the USGA and R&A developed the comprehensive Decisions on the Rules of Golf.

—Mary Wadland



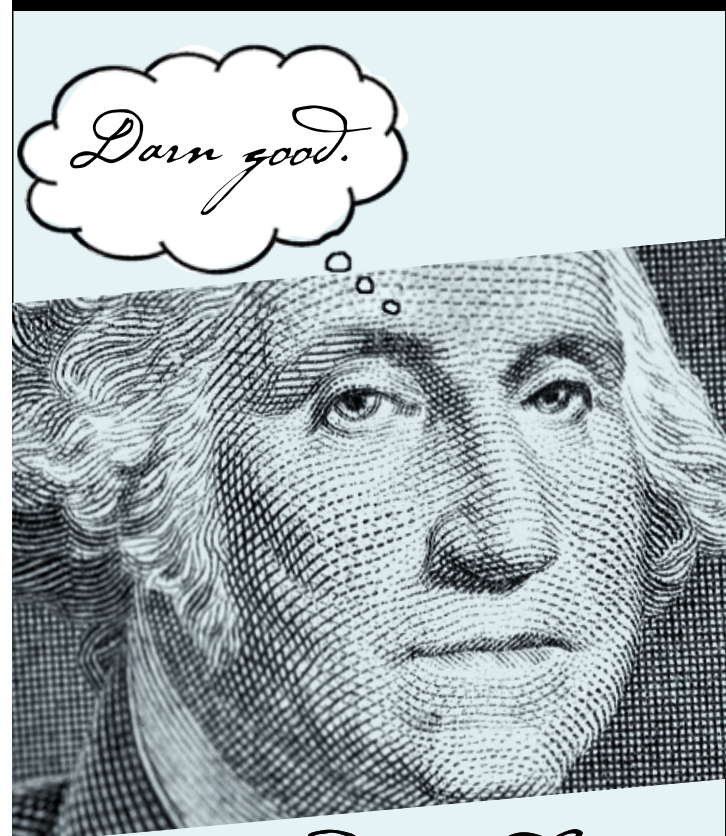
Z HOT SAUCE PICK OF THE MONTH



Yet another Habanero sauce that brings some heat. The first place winner of the 2005 Fiery Food Challenge, in the Habanero Hot Sauce with Extract Category, The Beast hot sauce hails from Costa Rica, and is among the hottest in the basket. Along with the heat of the habanero and pepper extracts, the addition of citrus juice makes this a great addition to your favorite barbecue sauce recipe or just to add to your favorite off-the-shelf collection.

You have got to try it. It is available on the web through many online hot sauce sources. Be judicious with the first taste and adjust to your personal heat tolerance. You'll love it!

Contributed by Mike Sade



Darn good.

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Alexandria Chamber of Commerce President Tina Leone addresses 75 gathered at the first mixer of the Alexandria Chamber of Commerce's Professional Women's Network gaining mighty traction from within the organization, co-chaired by Alexandria Chamber Board Member Caren Camp of Helms Briscoe.



September Professional Networking Breakfast featuring Alexandria City Mayor Bill Euille speaking to over 80 morning networkers at the Lorien Hotel.

THE ALEXANDRIA CHAMBER CORNER

As always, The Alexandria Chamber of Commerce had a busy month providing numerous professional networking and social opportunities around town.

The primary purpose of the Chamber of Commerce is to act as an advocacy group for the business community. The Alexandria Chamber of Commerce consists of 850 professional businesses and was established in 1908.

PHOTOS BY JAY PALERMINO



September Business After Hours at European Country Living at 1006 King Street featured catered delectables by The Majestic and Las Tapas Restaurant.



Chamber's Government Contractors Consortium Meeting hosted by Committee Chairman and Intelligent Office owner Matt Whitaker.



Alexandria Chamber Professional Women's Network planning session at Intelligent Office in advance of the September 15th Mixer at Decorium Home.



Vice President Shirley Carey of Cardinal Bank at 1737 King Street holding court at the newest Alexandria Chamber of Commerce Welcome Center...equipped with Who's Who Membership Directories and ways to reach the Chamber.



Tents for vendors line Mount Vernon Avenue, as thousands attend the 16th annual "Arts on the Avenue" festival.

Jordan Manbert and Emiley Holt complete a sand painting project at the George Washington Middle School grounds.

David Cutlip of Canada purchases one of Cynthia Goldner's (Makin' Time Computer Clocks) unique clocks made from computer, sub-assembly parts.

At Twinkle, Peggy and Amy Desrosiers look at baby clothes with store owner and designer Julie Riedy.

Linda Stratton of Saint Stephen's and Saint Agnes School purchases artwork from Xiong Tan if Capital Art,.

ART on the AVENUE

Del Ray's Grand Multicultural Show

On the first Saturday in October, Mount Vernon Avenue is transformed into a multicultural festival for all to enjoy. The annual event showcases arts, crafts, food and entertainment highlighting a unique neighborhood spirit in the

Del Ray section of Alexandria. Despite less than perfect weather the event was well attended. Children played in the nearby playgrounds, arts and crafts sales were brisk and barbeque was voraciously consumed.

PHOTOS BY HARRY MERRITT



Plenty of fine food was available for all to savor, including fruit smoothies, crepes and tantalizing Asian fare.



Unique crafts and accessories were available for both children and adults.



Confessions of a Ghost Writer

Author Michael Lee Pope reveals the hidden history of haunted Alexandria.

BY MICHAEL LEE POPE

It's a question I've come to despise: Do you believe in ghosts? I've thrown a million of words at elections, and not once has anyone ever asked me if I believe in democracy. What difference would it make if I did anyway?

I recognize it's an institutional pitfall, being a ghost-tour guide and the author of "Ghosts of Alexandria." And yet I find the answer irrelevant, as if it had some sort of bearing on merit what I've written or the magnitude of what I'm about to tell you. It doesn't. And it never will. You either believe in ghosts or you don't. I'm certainly not out to persuade you one way or the other.

Instead I wanted to leave readers with a sense that, as William Faulkner once observed, "The past is never dead. It's not even past."

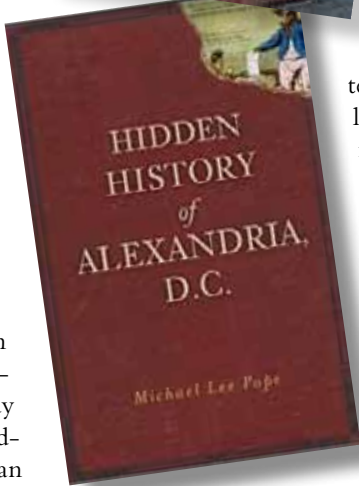
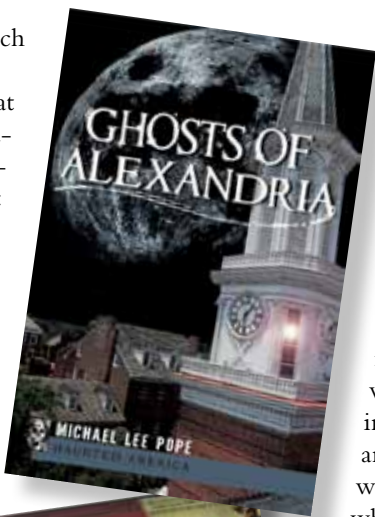
Old Town is full of ghosts. That's what drew me here. Every crooked brick on every hidden sidewalk in every back alley has a story to tell. Some are tragic. Others are comical. A few are profound. Every now and then, a story from the distant past is instructive about the modern condition.

Take the Alexandria waterfront, recently the subject of heightened anxiety and raised voices. There was a time, not long ago, when floating brothels once docked along the shoreline. Because the long arm of the law stopped at the bulkhead, ladies of the night need only float a few feet into the Potomac to find

themselves beyond the reach of prosecution.

Does that mean that prostitution haunts the waterfront? The land-use attorneys might scoff at that suggestion. And elected officials tend to roll their eyes when you start talking about things that happened before they assumed the reigns of power. But it's worth venturing into the night to see if the perfume of ill repute is still redolent in the air outside the Torpedo Factory. As my boss at Connection Newspapers once said in a different context, "some of this stuff matters."

It matters that an immigrant from Honduras opened a candy shop in the same building where a German immigrant operated a confectionary. It matters that George Washington may or may not have partied in Yates Gardens. And it certainly matters that City Hall has a devil bat lurking in the old clock tower that looms over Royal Street. All of these stories are featured in the book,



although I didn't approach them as ghost stories.

In my mind, they are merely stories about the past — the same as any waterfront prostitute taking money as her houseboat sails away from the commonwealth. The ghosts are incidental; the story and its characters are what's important. That's why I've spent the better part of my adult life telling stories. From back alleys of the distant past to the front parlor of today's headlines, the past isn't dead. It's not even past.

That's a lesson that was reinforced over drinks at Martin's Tavern in Georgetown one recent afternoon with one of my professors for Florida State University. He was in town for a conference, and we met for a couple of cocktails in a booth where much of the New Deal was crafted over Scotch and soda. It didn't take long for me to start telling ghost stories — not the kind where the rocking chairs start to move on their own or some woman in a prom dress appears at the side of the road.

The ghost story that was on my mind that afternoon was the one revealed by the map of the District of Columbia. Its boundaries seem to imply a perfect diamond shape, but that's not how the narrative unfolds. Instead it seems as if moths have eaten the southern half of the diamond. Perhaps the story was that of a slave dealer who marched his human capital to Louisiana. Or maybe it was a Whig stump speaker who plied voters with liquor to rock the vote.

Following up on "Ghosts of Alexandria," I wanted to tell a different kind of ghost story. And so this month marks the release of my new book, "Hidden History of Alexandria, D.C." It's about the half century that Alexandria was part of the District of Columbia, from 1801 to 1847.

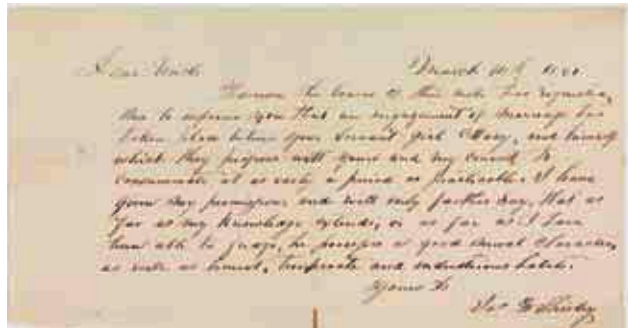
I suppose it's unlikely that anyone will ask me if I believe in George Washington or James K. Polk. But that doesn't mean that I don't believe their ghosts have a story to tell. Or that it's not worth listening to what they have to tell us, either about the ghosts of Alexandria or the hidden history of its federal period.

Yes, it's true. I believe in ghosts. Don't you?

Michael Lee Pope an award-winning journalist who reports for the Alexandria Gazette Packet and WAMU 88.5 News. He is author of the 2010 book "Ghosts of Alexandria" and the recently released "Hidden History of Alexandria, D.C."



Ambrotype of unidentified African American woman.



1861 letter from James William Shirley to John Billups Larue about marriage of two slaves.

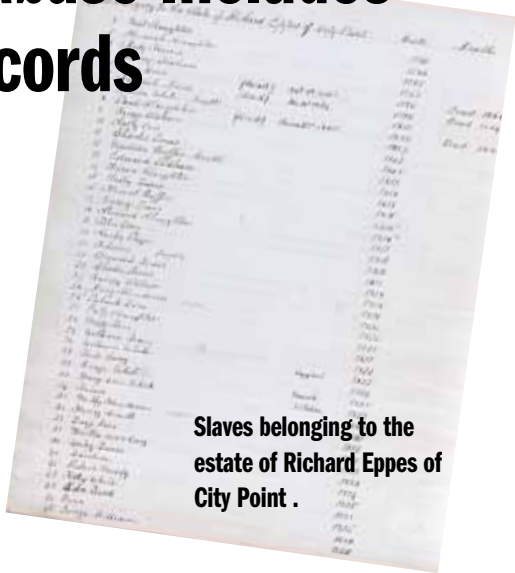
PHOTOS COURTESY OF VIRGINIA HISTORICAL SOCIETY

Virginia Historical Society Launches Slave Database Free Searchable Database Includes More Than 1,500 Records

On September 15, 2011, The Virginia Historical Society (VHS) launched Unknown No Longer: A Database of Virginia Slave Names, now accessible via the VHS website, www.wahistorical.org. The creation of the Unknown No Longer database was made possible by a \$100,000 grant from Dominion Resources and the Dominion Foundation. The grant was awarded to the Virginia Historical Society in January 2011.

Unknown No Longer makes important African American resources available to researchers across the globe free of charge. The database includes names of enslaved African Americans culled from letters, bonds, wills, deeds, court records, inventory lists, receipts, registers, and other paper-based materials in the Virginia Historical Society collections. Unknown No Longer is searchable through the use of a variety of keywords, such as name, gender, location, occupation, and plantation.

The VHS is launching this free educational resource with more than 1,500 names, higher than the 1,000 names that the VHS anticipated being in the database at its launch this month. Each name entered is connected to the digital copy of the original primary source document from which it was extracted. At this point, there are approximately 250 different digital images in the database. Unknown No Longer is unique in design and approach. Existing databases profile specific plantations and ship manifests with African names of their human cargo or other forced migratory information.



Unknown No Longer is the first database to include names that relate back to plantations or places of work across all of slaveholding Virginia that were extracted from a huge collection of unrelated documents. The database does not contain names that may appear in published sources at the society or in unpublished sources located in museums and libraries other than the VHS.

It could take years to scour the more than eight million documents in the VHS collection. Rather than wait to find all of the names of enslaved people, the VHS is launching Unknown No Longer as a work in progress. Information in the database will be updated as relevant material in the VHS manuscript collection is processed and new documents come into the society's possession.

DOGS AT WORK

>>> Remember if you take your dog to work, send us your photos! Send to mary@thezebra.org and we will be sure to publish them as soon as we can.



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October 8-9
10:00 a.m. – 7:00 p.m. Sat.
10:00 a.m. – 5:00 p.m. Sun.
Cameron Station & Ben Brenman Park

"A Taste of the West End"

Park and Shuttle Bus to Ben Brenman Park

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- Alley Cat Restaurant 2 South Whiting Street
- Dunya Banquet Restaurant 3951 Stevenson Ave.
- Van Dorn Metro

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"This publication was made possible through the support of the Alexandria Marketing Fund."

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Pet Photo
Contest**


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| ticketmaster® Ticketmaster.com 800.745.3000 find a retail outlet near you Ticketmaster.com/outlets | | September 27 In the Bandstand! X "The Unheard Music" & "Los Angeles" X will be showing their movie "The Unheard Music," and then performing their entire album "Los Angeles" along with other X hits. (All Standing, Doors 6pm) 7:30pm \$29.50 | September 28 STANLEY JORDAN CANCELLED. Returns at place of purchase thru 10/12. 7:30pm \$29.50 | September 29 Stanley Jordan (Solo) 7:30pm \$35.00 | September 30 JERRY JEFF WALKER & BAND 7:30pm \$55.00 | 1 Herman's Hermits featuring Peter Noone 7:30pm \$45.00 |
| 2 Bonnie Prince Billy w/ Phantom Family Halo 7:30pm \$25.00 | 3 An Evening with MARY CHAPIN CARPENTER 7:30pm \$85.00 | 4 | 5 Eric Roberson 'CD Release Show!' 7:30pm \$29.50 | 6 Hot Rize with special guest Red Knuckles & The Trail Blazers 7:30pm \$37.50 | 7 Brian Culbertson 7:30pm \$53.50 | 8 |
| 9 In the Bandstand! Spin Doctors performing 'Pocket Full of Kryptonite' w/ James Maddock (All Standing, Doors 6pm) 7:30pm \$25.00 | 10 STEPHEN STILLS (BAND) w/ Josh Hisle 7:30pm \$69.50 | 11 Boyz n the Men 7:30pm \$59.50 | 12 | 13 David Sanborn with Joey DeFrancesco 7:30pm \$45.00 | 14 Karla Bonoff & David Mallett 7:30pm \$35.00 | 15 PAULA POUNDSTONE 7:30pm \$39.50 |
| 16 Birchmere Box Office is open 5:00 - 9:00pm on SHOWDATES ONLY!! A \$4.50 per ticket service charge will apply. | 17 Keiko Matsui 7:30pm \$39.50 | 18 STEPHEN STILLS (BAND) w/ Josh Hisle 7:30pm \$69.50 | 19 Baaba Maal 'Tales from the Sahel' 7:30pm \$35.00 | 20 Chely Wright & Lucy Wainwright Roche 7:30pm \$27.50 | 21 BELLY HORROR 2011 7:30pm \$29.50 | 22 Suede & Vickie Shaw 7:30pm \$29.50 |
| 23 DOC WATSON with David Holt 7:30pm \$35.00 | 24 Bob Schneider w/ Jonathan Mudd (Solo) 7:30pm \$25.00 | 25 LALAH HATHAWAY 7:30pm \$59.50 | 26 Matthew Sweet '20th Anniversary Girlfriend Tour' w/ The Shadowboxers 7:30pm \$29.50 | 27 TBA | 28 Gerald Albright 7:30pm \$35.00 | 29 RED HORSE feat. John Gorka, Lucy Kaplansky, Eliza Gilkyson 7:30pm \$35.00 |
| 30 David Cassidy 7:30pm \$49.50 | 31 RAY MANZAREK ROBBY KRIEGER OF THE DOORS with vocalist Dave Brock 7:30pm \$59.50 | November 1 Rachael Yamagata w/ Mike Viola 7:30pm \$25.00 | November 2 Anthony David w/ Jay Hayden 7:30pm \$25.00 | The Birchmere Presents at The Warner Theatre, Washington, DC ESPERANZA SPALDING 'Chamber Music Society' www.esperanzaspalding.com Sunday October 16, 2011, 8pm LEDISI Pieces of Me Tour w/ special guest TIMOTHY BLOOM www.ledisi.com Friday October 21, 2011, 8pm Tickets on sale NOW through Ticketmaster.com ! | | |



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MATCH GAME
Horror Movie
Unknowns Who Hit It Big!

BY HOLLY BURNETT

Match the now well-known actor in the left column to the horror movie he appeared in before becoming famous. Correct answers will be revealed in our November issue. Enjoy the game!

| | |
|---------------------|---|
| John Travolta | The Blob (1958) |
| Kevin Bacon | The Return of the Texas Chainsaw Massacre |
| Ted Knight | Die! Die! My Darling! |
| Ty Burrell | Hush...Hush, Sweet Charlotte |
| Jack Nicholson | He Knows You're Alone |
| George Clooney | A Nightmare on Elm Street (1984) |
| Bill Paxton | Blow Out |
| Steve McQueen | Scream |
| Donald Sutherland | Aliens |
| Liev Schreiber | Carrie |
| Johnny Depp | Return of the Killer Tomatoes! |
| Tom Hanks | The Raven (1963) |
| John Lithgow | Psycho (1960) |
| Matthew McConaughey | Friday the 13th (1980) |
| Bruce Dern | Dawn of the Dead (2004) |

September Match Game Answers:
 Liz McIntyre/Room 222; Miss Crabtree/The Little Rascals; George Feeny/Boy Meets World; Connie Brooks/Our Miss Brooks; Helen Crump/The Andy Griffith Show; Mr. Collins/The Wonder Years; Cathy Jamison/The Big C; Miss Canfield/Leave It to Beaver; Gabe Kotter/Welcome Back, Kotter; Miss Beadle/Little House on the Prairie; Professor Charles W. Kingsfield, Jr./The Paper Chase; Charlie Moore/Head of the Class; Edna Krabappel/The Simpsons; Professor Roy Hinkley/Gilligan's Island; Madame Le Mond/I Love Lucy.



18th Annual

PUMPKIN SALE

October 2 - 31, 2011
10:00 a.m. - 8:00 p.m. Daily
Immanuel Church-on-the-Hill
 3606 Seminary Road
 (Corner of Seminary Rd & Quaker Lane)
 Alexandria, VA 22304

WE KEEP NO PROCEEDS FROM this annual fundraiser that benefits mainly local charities, including Child & Family Network Centers, ALIVE!, Carpenter's Shelter, and many more. We also sell jewelry for the Montana's Crow Indians, and all proceeds go to them. Autumn crafts and cookies, brownies, cake, candy, hearty soups, gourds, mini pumpkins, apple crisps, Indian corn and cornstalks are also available. In 2009 we were so successful that we placed

5th in all 1500 sites and 47 states. This fundraiser also benefits Navajo Indians of New Mexico, where the pumpkins are grown on irrigated tribal lands, using controlled farming conditions that make for a superb yearly crop available at modest prices. Prices are set by the Navajo, who send a set of "model" pumpkins for the church to use in sizing the ones we sell are priced by size, ranging from \$1-\$30.

THE VINTAGE RECIPE BOX

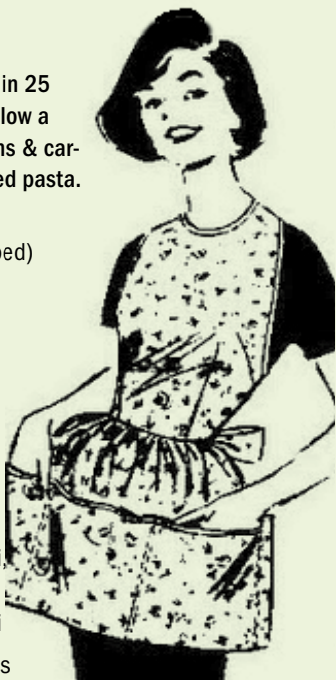
Quick & Easy Minestrone

With a microwave, this can be made in 25 minutes; for stovetop preparation, allow a little more time for cooking the onions & carrots and simmering with the uncooked pasta.

- 2 Tbsp. butter
- 1 tsp. basil (or fresh leaves, chopped)
- ½ C. sliced carrots
- 1 tsp. parsley (or fresh, chopped)
- ½ C. chopped onion
- 1 tsp. salt
- 2 C. chicken broth
- 1 can kidney beans, drained
- 1 can chopped stewed tomatoes
- 1/3 cup pasta or broken spaghetti, uncooked
- 1 C. shredded cabbage or zucchini

1. In a 3-quart casserole, cook onions & carrots in the butter (micro 5-6 minutes on high).
2. Add broth, tomatoes, cabbage & seasonings, and cook (micro 7-8 minutes on high).
3. Add kidney beans and pasta; cook (10-11 minutes on high, stirring once, microwave). Let stand covered for 10 minutes to let pasta become tender before serving. Serves 4.

Contributed by Melanie McDonald of Falls Church, VA



If you have a tried and trusted recipe that is quick and easy and gets rave reviews, please share it with us by emailing recipes@thezebra.org.



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A S K D R . K N A P P

BY ROBERT KNAPP



Chiropractic Scores Top Spot In Consumer Report Survey

Robert Knapp, noted Doctor of Chiropractic, discusses a new Consumer Reports survey, which reveals chiropractic's remarkable patient satisfaction rating in the area of back pain relief.

Alexandria, Virginia, September 13, 2011— A Consumer Reports Health Ratings Center survey that was released in the May 2009 issue of Consumer Reports Magazine reveals exciting news for back pain sufferers.

According to this new survey, 58 percent of those who tried chiropractic care for the relief of back pain were “completely” or “highly” satisfied with the results of such treatment, placing chiropractic securely at the top of the list as a result-driven treatment option.

Other health care professionals included in this survey were primary care physicians, specialists, physical therapists, and acupuncturists. Although respondents tried, on average, a variety of five or six different treatments during the course of one year, these health care options consistently scored below chiropractic in terms of patient satisfaction.

Says Dr. Knapp, “Chiropractic is firmly grounded in science and is a great way to eliminate pain without drugs or surgery. While treatment does not directly treat pain, a symptom rather than a disorder in and of itself, it corrects the structural or neurological problem that is the true underlying cause of the pain. By correcting the root cause of the pain, many patients enjoy a marked relief from back pain immediately after treatment. The recent survey results reported by Consumer Reports certainly attest to these positive results.”

Over 80 percent of the American population will experience disabling back pain more than once during their lifetime, many enduring painful episodes lasting two weeks or more. Subsequently, back pain has become the second most common reason for doctor visits, outnumbered only by upper respiratory infections.

“Chronic back pain impedes healthy sleep patterns, thwarts efforts to maintain a healthy weight, and even hampers a healthy sex life. This drives sufferers to seek out a variety of treatment options, including prescription medications and even surgery, with sometimes negligible or even negative results. However, chiropractic is a unique method of complementary medicine that has consistently provided remarkably satisfying results,” reports Dr. Knapp.

The chiropractic approach to healthcare began in 1895, and today it is the largest and most popular drug-free healthcare system in the world.

As more and more back pain sufferers choose chiropractic's natural form of back pain relief, Dr.



Knapp sees evidence that patients are becoming more educated regarding the potentially harmful effects of prescription pain relievers. “Clinical trials have shown about half of the people who take prescription painkillers such as opioids suffer adverse effects that can include drowsiness, respiratory depression, and gastrointestinal symptoms such as constipation, reflux, heartburn, cramping, nausea, and vomiting. Plus, opioids and other prescription drugs designed to relieve pain actually present the risk of heightened pain sensitivity. The possibility of severe allergic reactions should also be considered”.

Dr. Knapp graduated from Wesleyan University with a Bachelor of Science degree, followed by a Doctor of Chiropractic degree from New York Chiropractic College. He received his C.C.S.T. degree from Life University in 1995. His post-graduate work has exceeded 600 hours. These hours have included study in spinal curvature, disc disease, arthritis, nutrition, headaches, sports injuries, and carpal tunnel syndrome, just to name a few. Currently, Dr. Knapp is taking courses at the prestigious Carrick Institute of Neuroscience. He is also a contributory author of Neck Pain, Neck Pain – You Don't Want It, You Don't Need It. Since his arrival in Alexandria in 1989, Dr. Knapp has been involved in many civic associations, as well as serving as chiropractor for the Kennedy Center and Shakespeare Theatres. His hobbies include kayaking, strength training, biking, art, and literature, just to name a few. If you have a question, please email him at dr.knapp@aachiropractic.com or call his office at 703-823-2201.



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Up to date news, events and special deals around town!!

QUOTABLE:

“ Bittersweet October. The mellow, messy, leaf-kicking, perfect pause between the opposing miseries of summer and winter. ”

Carol Bishop Hipps



Great Label. I'll Take it.

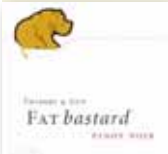
The Marketing of Merlot (and other fermented grape juice)

Here's the nasty little truth that all us wine-ohs are loathe to admit. We have, on at least one occasion, been suckered into buying a wine based on label alone. I confess. I've done it and often. Sometimes it's because the label is a lovely piece of artwork, other times the label looks "serious" and I assume the wine is, too. And on occasion, it's simply because the label makes me howl. And I'm an absolute push-over for any thing or any one that moves me to laughter. Moved so much, I'm gonna write a column about it... Shelf these in the Fabulous Labels Section

Sin Zin

Love it. The original label had a nude woman feeding grapes to the reclining man. US Government regulatory authorities (the big, bad Bureau of Alcohol, Tobacco, Firearms, and Explosives) deemed her too naughty for the adults over 21 who sip wine.

Fat bastard



You've seen this wine in about every wine shop you visit. You've probably even sipped it. But, you likely don't know it's story. Fat bastard's winemaker, a renowned French winemaker was tasting an experimental batch of Chardonnay with a buddy. It was good, not great. He left the wine overnight on the lees (yeast cells) over night and tried it again the next day. Upon first sip Thierry exclaimed "now zat iz what you call eh phet bast-ard"! And so the name stuck.



Bitch

I may be going to therapy because of this wine. Someone gave me a bottle. And he wasn't laughing...

Boarding Pass

Robert Parker gives the juice 92 pts. The VINO Vixen gives the label 93 pts. I win.

Lazarus



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B Frank Wine

In Vino Veritas.



Cheers, vv!

The VINO Vixen™ is a syndicated wine writer whose musings appear in over 25 publications nationwide. She's also a correspondent on Wine Taste TV (WineTasteTV.com), national and international wine judge, and Wine Critic to WinesTilSoldOut.com - one of the Internet's largest (and cheapest) source of fabulous wines. Have a question or wine tip for The Vixen?

Email her on VinoVixen@VinoVixen.com.

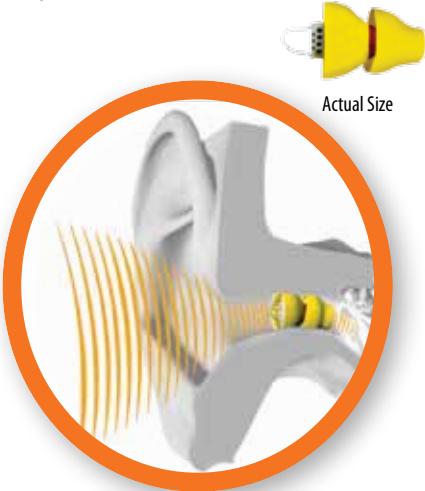


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*Individual replacement needs may vary. Placed by a Lyric hearing professional during a routine office visit. Lyric is not appropriate for all patients. See your Lyric hearing professional to determine if Lyric is right for you.
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- No daily hassles – no batteries to change or daily insertion or removal required

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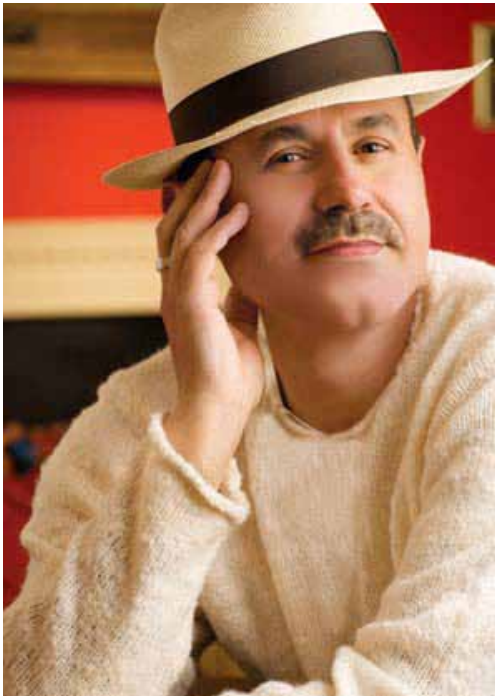


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A Promise to Pets



Edwin Fontanaz

BY MICHAEL GRYSOSKI

Puerto Rico native Edwin Fontáñez is already known for his books of poetry and illustrations inspired by his homeland. For his first nonfiction work, entitled “I Promise You”, Fontáñez decided to focus on an issue that has long been close to his heart: fighting animal cruelty. As with his poetry works, Fontáñez drew his inspiration from the mother country.

“I was born on the very small and beautiful island of Puerto Rico that many people consider a near-paradise, but it wasn’t so for me after witnessing the many abandoned animals that roam the streets,” said Fontáñez in an interview with the Zebra.

A brutal mass killing of animals in the Puerto Rican town of Barceloneta in 2008 was the deciding event that led him to begin researching and writing “I Promise You.” The 64-page illustrated book offers basic steps for prop-

erly treating animals and is meant as a read for children and adults, the home and the classroom.

“After so many years of writing for children, I’ve come to realize the themes I love to write about are ones that help heal the soul,” said Fontáñez, “when a theme chooses me, I pour my soul and resources into my work if I feel it can help others (and children) see themselves and connect with my vision.”

In keeping with his efforts to help tackle the problem of animal abuse, a portion of the proceeds of each purchased copy of “I Promise You” will be donated to help local “No-Kill Shelters”, which only euthanize animals who are either too ill to be treated or too vicious. Proponents of these shelters also believe in the Trap-Neuter-Release, or TNR program as a solution to the issue of feral cats.

Though much work needs to be

done, Fontáñez believes the Commonwealth of Virginia is a “shining example” for other states regarding the animal protection.

“I truly feel proud to be part of this community, even more so now that Arlington County has initiated a new program with the Animal League of Arlington where funds are allocated to help control the proliferation of stray cats and protect the communities of feral ones,” said Fontáñez.

“The moment someone brings an animal into their home, whether they realize it or not, they are making a pledge to the animal for its safety and well-being. Pets—as it has been proven over and over—improve the quality of our lives exponentially, so they deserve our love, care, and protection. Loving and caring for a pet can take away many of the anxieties and worries we experience on a daily basis. I know they have for me.”

Kipkosgei, Bedada Smash Event Records At Woodrow Wilson Bridge Half Marathon Presented By Willpower Sport & Wellness

Four Americans Nail U.S. Olympic Marathon Qualifiers



Bekelech Bedada wins WWB Half-1338.jpg



Moses K Kipkosgei wins WWB Half-1316.jpg

NATIONAL HARBOR, MD, October 2, 2011 - Moses Kigen Kipkosgei flew to America from his homeland of Kenya for just one reason - to win the second annual Woodrow Wilson Bridge Half Marathon presented by WillPower Sport & Wellness.

He triumphed in huge fashion, riding perfect weather conditions of upper 40s with little humidity in between a weekend of chilling rain showers.

After breaking from defending champion Derese Deniboba by three miles, the 28-year-old Eldoret resident training for next month’s New York City Mara-

thon kept Deniboba at bay and crossed the finish line in 1:02:37, knocking 2:07 off Deniboba’s event record time from last year.

Deniboba tried to reel in Kipkosgei throughout the 13.1-mile footrace from Mount Vernon, Va., to National Harbor, Md., ending up second in 1:02:56.

“The first 3K was a little bit slow,” said Kipkosgei, who was third in the New York City Marathon last year. “But from 5K I decided to just go for time. The course was good – I like the ups and downs.”

Bekelech Bedada, a New York City resident from Ethiopia, was not to be outdone by Kipkosgei. The 19-year-old broke away from Kenyan Gladys Asiba by three miles as well and broke Catherine Ndereba’s event re-

cord by 33 seconds in 1:12:44. Asiba placed second in 1:15:58.

Both Kipkosgei and Bedada earned \$1,000 for the win and \$300 for the time bonus.

In fact, the top seven men all earned time bonuses for sub-1:05 while the top four Americans – Jordan Horn and Danny Mercado of Team USA Arizona in Flagstaff, AZ, Bobby Mack of Raleigh, NC, and Ricky Flynn of Lynchburg, VA – each ran personal bests and earned an additional \$1,000 for qualifying for the U.S. Olympic marathon trials in Houston in January. In an extremely competitive race for the Americans, Horn was third overall in 1:03:53, also earning \$1,000 for top American, while Mercado was fifth overall in 1:04:03, banking another \$500.

Michelle Miller of Damascus, Md., was top American woman in 1:19:43. Amy McDonough from Irmo, SC, a 34-year-old visually-impaired athlete who earlier in the year won the Flying Pig Marathon in Cincinnati, led 11 athletes in the NIB Visually-Impaired National Half Marathon Championship in 1:24:00. Defending champion Matthew Rodjom of Alexandria, VA, was next in 1:24:23.

Laura Greeson of Alexandria, VA, and Patrick Kuhlmann of Arlington, VA, took the masters honors in 1:14:14 and 1:30:33, respectively.

Ultramarathoner Michael Wardian of Arlington and Kara Christenson of Alexandria were winners of the Potomac Valley Association /USA Track & Field Half Marathon Championship, earning \$300 apiece. Alex Hetherington of Vienna and Joann Johnson of Herndon were top PVA masters.

Just seven hours before the start of the Woodrow Wilson Bridge Half Marathon, 15 U.S. servicemen completed the WWBH Shadow Race at four Iraqi locations- Baghdad, Ramadi, Fallujah, and East Baghdad. The races were organized by Major Shannon Way, who ran the inaugural Woodrow Wilson Bridge Half Marathon last year prior to being deployed to Iraq.

“Sometime during the night, 15 runners crossed a self-monitored finish line,” Major Way reported. “Runners in Baghdad calling out to other runners who had GPS’s to find out if they had completed the run. They congratulated each other and then shared a moment for photos with their latest addition to their race trophies -the Wilson Bridge Half finishers medal.”

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EVENTS

If you would like your event listed, please send an email to events@thezebra.org

“Visual Tour of Civil War Alexandria”

October 5
The Lyceum
201 South Washington
Alexandria
703/746-4848
alexandriahistory.org

An illustrated lecture featuring 3-D images and rare photographs, including many that have never been published. 7:30 pm. \$10.



“GET SPARKED!”

October 7 - 30
Del Ray Artisans Gallery
2704 Mount Vernon Avenue
Alexandria
DelRayArtisans.org
703/407-6992

Art inspired by writing” art exhibit. Each participating artist received one written inspiration piece, then created new art using the assigned story or poem as a jumping off point. Also, Greenbriar East Elementary students created artwork inspired by selected writers. FREE!

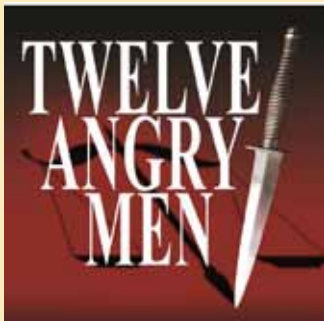


Alexandria Arts Safari

October 8
Torpedo Factory Art Center
Target Gallery
105 North Union Street
Alexandria
torpedofactory.org
703/838-4565
Children will enjoy The Clay Experience, Arts Safari Painting, Fabric Collage, Origami Art, Giant Paper-Mache Animal, and much more! The Art League will present their popular Gallery Scavenger Hunt. The Alexandria Archaeology Museum, located on the third floor of the Torpedo Factory, will once again present the Potter’s Art. Kids will learn to identify 19th-century Alexandria potters from the designs applied to salt-glazed stoneware pottery and create their own take-home drawing. Children should arrive with big imaginations and wearing clothing that can get a little dirty. Most activities are appropriate for children kindergarten age and above with parent supervision. 12 – 4 pm. FREE!

Alexandria Library Fall Book Sale

October 12 - 15
Duncan Branch
2501 Commonwealth Avenue
Alexandria
703/746-1705
alexandria.lib.va.us
Wednesday, October 12, from 6 to 9 pm (Friends Preview Night: \$10 entrance fee for non-Friends); Thursday, October 13, from 10:30 am to 7 pm; Friday, October 14, from 10:30 am to 6 pm; and Saturday, October 15, from 10:30 am to 4 pm.



“Twelve Angry Men”

October 14 - 30
Aldersgate Church Community Theatre
1301 Collingwood Road
Alexandria
acconline.org
703/660-2611

A taut engrossing drama in which eleven jurors believe the defendant in a capital murder trial is guilty, while one juror stands up for what he believes is justice and tries to persuade the others to his way of thinking. Ticket prices and times vary.

“Tea and Story Time with Mrs. B”

October 15
The Grille at Morrison House
116 South Alfred Street
Alexandria
703/838-8000
storytime@morrisonhouse.com
Rebecca Czarniecki, better known as Mrs. B, has taught and offered guidance to children in everyday etiquette and manners since 2006, incorporating these lessons into fun activities and tea time celebrations. Mrs. B has planned the next three months of Story Time Tea to feature educational themes composed of activities, dress-up, and books along with underlying etiquette lessons. 2 to 4 pm. \$38 Adults; \$28 children. Reservations required.

“Blazing a Trail: Alexandria’s Firefighting Past” Walking Tour

October 15



Friendship Firehouse
109 South Saint Asaph Street
Alexandria
friendshipfirehouse.net
703/746-4994
As they walk through Old Town, participants will learn about volunteer firefighting in early Alexandria and stop at historic buildings that once served

as fire stations. They will also learn how three major fires devastated Alexandria and discover how the Union occupation during the Civil War affected local firefighting. Tickets are \$6. Reservations required.



“Isle of Hope, Isle of Tears -- Ellis Island”

October 18
Mount Vernon Genealogical Society
Hollin Hall Senior Center Room 112
1500 Sheandoah Road, Alexandria
703/360-0920
MVGenealogy.org
More than twelve million immigrants were processed at Ellis Island. Today people have an almost “romantic fantasy” about their ancestors passing through its doors, even though we know the voyage from the old country was a long, trying ordeal. This presentation will explore typical experiences of immigrants processed through Ellis Island, the background of the building of the reception center, what records may have been lost and how to find those that still exist. 1 pm. FREE!



“Exploring Watercolor and the Figure” Workshop

October 19
Del Ray Artisans Gallery
2704 Mount Vernon Avenue
Alexandria
DelRayArtisans.org
703/407-6992
Join local artist Diana Gamerman as she demonstrates painting the figure in watercolor. A short talk on different types of watercolor paint, mediums, paper and brushes will be followed by a chance for participants to experiment with these different materials as we paint from a nude model. Ideal for beginners and those who want a refresher on using watercolor. 2-5pm. All supplies provided. Register in advance.



Fall Harvest Family Days

October 22 – October 23
Mount Vernon Estate
George Washington Parkway
703/780-2000
Alexandria-mountvernon.org
The entire family will enjoy autumn activities including horse-drawn wagon rides, wheat treading in the 16-sided barn, a straw bale maze, early-American games and demonstrations. In addition to meeting “George Washington”, visitors can also learn 18th-century dance steps. \$15 adults; \$14 seniors; \$7 children 6-11; free for children under 5. 9 – 5 pm.

3rd Annual Bishop Ireton 5K Race

October 23
4001 Eisenhower Avenue
Cameron Run Water Park
703/799-8778 Alexandria
cardinal5krace.com
Mail-in and on-line registration at www.cardinal5krace.com. Check payable to BI Athletic Boosters. Entry fees: \$30 through Oct 21, and \$35 on Race Day. Bring a canned food item to donate to United Community Ministries

2011 NOVA Fire & Rescue Appreciation Day

October 29, 2011
Bull Run Regional Park Special Events Center
7700 Bull Run Drive, Centreville VA
Donations will be collected at entry gate. Sponsored by Chick-fil-A and Coca-Cola Northern VA Bottling Co. Bands will play throughout the event. Silent Auction and raffles will take place. Food and drink will be available with all proceeds going to Fallen Fire Fighters Memorial Fund. 11am - 3pm.



“Del Ray Dozenz Photography Show”

November 4 - 27
Del Ray Artisans Gallery
2704 Mount Vernon Avenue
Alexandria
DelRayArtisans.org 703/407-6992
All-photography show highlights the skills of DRA members. This builds on the success of the previous photography shows with an expanded cadre of participants. Join us at the reception (Friday, November 4, 7-10pm). A variety of subjects (from landscapes, abstracts to florals) and different approaches to photography (digital and macro, traditional color and black & white photography). FREE!



Second Chance”

November 15 – December 11
Signature Theatre
4200 Campbell Avenue, Arlington
571/527-1860
signature-theatre.org
A man still mourning the loss of his wife. A woman, newly divorced. Both are seated next to one another at a New York dinner party – and rediscover love when they least expect it. Tickets \$41.



What Happens If I Die Without a Will?

I am often asked questions regarding the effects of dying without a will. Specifically, the questions more often deal with “who will inherit my real estate holdings and items of personal property if I die without a will?” Also, “what if anything will I inherit if a relative dies without a will?” The short answer is that it will be your “Heirs” who inherit your real and personal property. By definition the term “Heir” is someone who inherits from someone dying without a will. The terms “Heirs at Law”, “Rightful Heirs”, and “Legal Heirs”, are also oftentimes used. Technically, if you inherit through a will you are not by definition an “Heir”. If the will is otherwise valid then you inherit as prescribed in the will. In addition, if there is no will, there is no “Executor” since there was no instrument (a will) to appoint one. Therefore, an “administrator” must be appointed by the Court

after he or she qualifies. In essence, if you die without a will your estate will go to individuals listed by law and your estate will be distributed by someone not of your choosing. When someone dies without a will, they have died “Intestate”.

In Virginia the law as it relates to wills and decedent’s estates provides the list of heirs and prescribes the order that they will inherit your estate. This is referred to as “Intestate Succession”. Without being totally exhaustive as to the course of decent, I will briefly outline the initial heirs which will inherit your estate dependant on who survives you. Firstly, if you die and are married the entire estate will go to your surviving spouse. If one or more of the children surviving you are from a previous marriage or are otherwise not related to your surviving spouse, then all the children share 2/3 of your estate and your surviving spouse will receive

1/3. This provision is to prevent step-children from being disinherited by operation of law. Secondly, if you die without a surviving spouse the whole estate shall go to your children and their descendants. Thirdly, if you have no surviving spouse or children then to your father and mother or whichever one has survived the other. Fourthly, if there is no surviving spouse, children, or parents at your death then to your brothers and sisters.

Had enough?
The list goes on to eleven classes of heirs and the people who inherit become more and more obscure. Needless to say, it is much better to have a valid will. Although, I don’t recommend it, you can write out your own will (in your handwriting/can not be typewritten) and it will be valid. This is called a Holographic Will. I have seen numerous people lately who use the internet to draft their will or to

draft one for a family member. Many of these people are disappointed in the long run. I do not recommend this method either. When I was growing up I used to hear the expression “Just because it’s in the newspaper, does not mean it’s necessarily true”. This same logic holds true for the internet, “Just because it’s on the internet, does not mean it’s right”. The best way to protect your family and friends is to retain a lawyer and after full and complete discussion he/she can prepare the proper will reflecting your desires.

Christopher Paul Schewe is a former City of Alexandria attorney and has been practicing over 32 years specializing in personal injury and DUI/DWI cases. If you have a question for Chris, please email him at cpschewe@verizon.net or call his office at 216 South Patrick Street, Alexandria at 703-684-8200.

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| Alexandria / Shirlington / National Harbor (703) 751-1005 3230 Duke St. (Intersection of Quaker Lane Across from Panera Bread) | Herndon / Reston / Sterling / Ashburn (703) 787-8001 1060 Elden St., Herndon (Across from Pizza Hut & McD's, next to Fuddruggers & Bloom) |
| Baileys X-roads / Arlington / Falls Church (703) 845-7999 5520-A Leesburg Pike (Across from Toys-R-Us, next to Party City) | Springfield / Burke / Fairfax Station (703) 569-9596 6347 Rolling Rd. (Corner of Rolling Rd. & Old Keene Mill behind Einsteins Bagels & 7-11) |

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QUOTABLE:

“ A grandmother pretends she doesn’t know who you are on Halloween.”

Erma Bombeck

Catch Our Mistakes

Laura Sykes of McLean, VA caught the most with 4 typos and our omission of whole sentences in the Civil War piece last month. Congratulations Laura who wins a \$25 gift certificate to Target.

We know we make mistakes, and to make a game of it, we welcome your catches. Please send them to info@thezebra.org for a chance to win a \$25 gift certificate from an area retailer, restaurant or cruise line!



TWO BATTLES TWO REACTIONS NO WINNERS

BY CHUCK HAGEE

October 1861 was marked by a battlefield death that had never occurred before nor since in American history. It was that of a sitting United States senator. He was also a personal friend of President Abraham Lincoln — the second of that status to pay the ultimate price in this very young conflict.

Although a minor clash in terms of bloodshed to be spilled over the next four years, the Battle of Ball's Bluff in Northern Virginia, just 40 miles from Washington, DC, would prove to be a major flashpoint between Lincoln and Congress. In typical Congressional fashion, as we are all too familiar with some 150 years later, it triggered the formation of a committee and investigation.

The battle took place on a bluff overlooking the Potomac River and was a disaster for Union Forces led by Colonel Edward D. Baker, a popular senator from Oregon. Prior to moving to Oregon, Baker had practiced law in Illinois, as had Lincoln. In fact, they were such close friends that Lincoln's son Edward had been named after Baker.

At the commencement of the Civil War, Baker was commissioned as a colonel in the Union Army, although he had little military training and was pretty much an amateur soldier. He was known to wear his uniform to the senate chamber at times.

In mid October 1861, rumors circulated that Confederate troops were pulling out of Leesburg. Union commanders saw this as an opportunity to secure a strategic location on the banks of the Potomac River thereby denying Confederate forces the opportunity for a potential flanking movement on Washington.

On October 21 Brigadier General Charles P. Stone decided that this would be an opportune



time to have some of his troops cross the Potomac from Maryland where he was conducting training exercises and to flush out the Confederate troops. He assumed it was only a small Confederate force and no match for his troops, although he had no verifiable intelligence to buttress that assumption. He put Colonel Baker in charge of the Union troop movement.

Coming across in boats, the Union troops landed at the base of what was known locally as Ball's Bluff. From there they had to climb a steep path to reach the point of conflict approximately 100 feet above the river. Instead of finding the small Confederate contingent they had anticipated, they ran directly into four Confederate regiments of battle-hardened troops, many of whom had fought at Bull Run. Although the Union forces under Baker's command outnumbered the Confederates, they were no match in either training or experience and were at a total disadvantage in strategic positioning.

Baker's 2,000 Union troops were exposed on the top of the bluff while the Confederate troops were situated in the woods and at other protected positions. Union troops had their backs to the river and were perfect targets for Confederate marksmen who began picking them off like sit-

ting ducks.

One of the Confederate bullets found its mark when it cut down Baker with a shot to the head. That's when three regiments of Confederate troops, primarily from Virginia and Mississippi, emerged from their secure areas and began to advance on the now leaderless Union troops.

Baker's 2,000 Union troops were exposed on the top of the bluff while the Confederate troops were situated in the woods and at other protected positions. Union troops had their backs to the river and were perfect targets for Confederate marksmen who began picking them off like sitting ducks.

The result was chaos and panic. As the Union troops tried to retreat, many fell off the bluff and landed either in the river or on the rocky shoreline. The result was that more than 200 Union troops died and another 700 were captured and wounded. Those losses increased with a large number missing and presumed drowned.

Confederate losses totaled only 36 and the Confederate military commander, Nathan Evans, was honored as a battle hero. The Confederacy maintained their



control at that crucial juncture.

Lincoln learned of Baker's death while receiving reports of the battle at the War Department. After the death of Colonel Elmer Ellsworth in Alexandria just five months earlier, Baker's loss was a devastating emotional blow to Lincoln.

The haplessness of the battle, coupled with the loss of one of their own and fueled by outrage throughout their northern constituencies, brought forth a congressional uproar. Congress created a special committee to

investigate the conduct of the war and the decision making process behind it.

Known as The Joint Congressional Committee on the Conduct of the War, it commenced holding secret hearings on the battle and hunting for a scapegoat. They had General Stone, who sent Baker on his fatal mission, arrested and imprisoned.

However, he was never charged with anything and after six months he was returned to active duty. The Committee, on the other hand, became

one more headache for Lincoln, causing ever increasing tension between the military and civilian leadership.

It is interesting to note that on the same day as the Ball's Bluff disaster, Union forces in Missouri waged a successful battle against Confederate forces suffering only minor losses and securing a vital, strategic position. However, this went unheralded by Congress and its leadership in their rush to political combat.

The Battle of Fredericktown in Madison County, Missouri, enabled Union forces to consolidate their control over the southeastern portion of that area. It also showed good military planning and execution of a critical mission.

It commenced with Missouri State Guard Brigadier General M. Jeff Thompson leading a Confederate force of 1,500 troops into southeastern Missouri to burn the Iron Mountain Railroad Bridge over the Big River. In the process Thompson captured the bridge guards.

Hearing of this action, two columns of Union troops were dispatched to engage and stop Thompson. One column under the command of Colonel Joseph B. Plummer numbered 1,500 and the other under the command of William P. Carlin totaled 3,000 troops.

Learning of the advancing Union troops, Thompson decided he would set a trap. However, he had no idea of the size of the union forces.

Positioning the majority of his troops and artillery in wooded high ground, Thompson hoped to draw the Union troops into a "U" shaped ambush. As bait, he positioned an infantry regiment under the command of Colonel Aden Lowe in a cornfield backed up by a 12-pounder cannon and three 6-pounders.

▼ See **TWO BATTLES** on page 28

BY STUART STONE



1. Library of Congress. Cataloging Division.
 2. Cataloging – History.
- (020/.94/4, Dewey Decimal Classification)

It is a museum piece that will never be in a museum. It currently lives in a hallway on the sub-basement level of the Madison Building of the Library of Congress, and not in a public viewing area. It lines the wall that separates the north side of the sub-basement from the underground parking garage. It is one block long and it turns the corner at the east end and at the west end of the building ... running from 1st Street to 2nd Street and then some. It is called the OCAT.

Containing 100's of card catalog drawers, each full of 100's of catalog cards, the information within this wooden masterpiece represents the catalogers' "official" catalog for over a century of cataloging at the Library of Congress. It was in this time period that the Library of Congress, principally through international agreements with Britain and Canada, helped to lead the way in establishing the state-of-the-art cataloging record for all forms of stored information. Of course, books were the principle form of stored knowledge for a long time and these cards show the evolution of descriptive cataloging and the development of the subject headings that made the Library of Congress the master of this science and of the profession.

As you walk along the card catalog in the hallway you see the alphabetical labels for the drawers showing the span of card headings contained in each drawer. Some of you may even remember what a card catalog looks like ... and you'll remember the wooden shelf that is usually contained somewhere near the middle of the card catalog case. A researcher could pull it out and put the drawer that was being referenced by the researcher at that moment on it. When the bibliographic information that was needed had been jotted down by the researcher, the drawer would be put back in its place and the shelf pushed back into the card catalog case.

But, let there be no doubt ... the treasure is in the drawers. The cards, themselves, represent the history/evolution of cataloging rules and cataloging sophistication. The intellectual

content and precision that went into each card in an effort to give the researcher the needed insight into the book being represented by the cataloging is amazing.

It is an art form that we can no

printed catalog cards that were distributed to the nation's libraries as one of the Library of Congress' services to our school and public libraries. These bring us up to 1975.

My favorites are the hand-

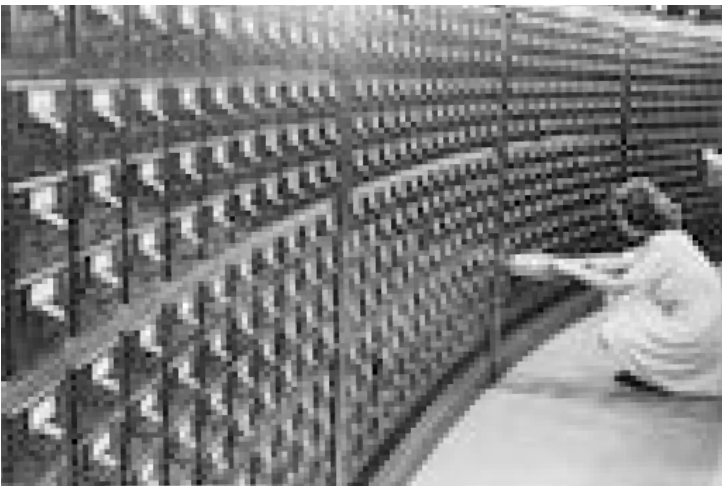


Photo courtesy Library of Congress Prints and Photographs Div.

longer afford. The time it takes to catalog a book is sometimes the most expensive part of the acquisition process of the average book. The cataloger's notes are being excluded to save time and the computer is being asked to fill the gap in the researcher's needs for insight into the contents and subject matter of the item.

While many contend that the computers will fill this void caused by the exclusion of fuller cataloging due to its being cost-prohibitive, there is one aspect of this catalogers' Official Catalog that cannot be replaced. The cards themselves reflect the evolution of the printed word from around the late 1800's until 1975 when the catalog was closed against the inclusion of new records. Between 1970 and 1975 the Library of Congress was making its transition from the manual card catalogs to the online card catalog and by 1975 no more cards were being put into the catalogers' Official Catalog or into the Main Reading Room's reference catalog.

When one pulls out a drawer of the "O" Cat in the sub-basement of the Madison Building, one sees handwritten cards from 1889, and early typewritten cards from 1912. Mixed with these are cards made by later models of typewriters that many of us would recognize. Then there are the early professionally

written ones with their x-ref's (cross references) from variant forms back to the catalog established form, i.e. from an author's pen name, corporate name abbreviations, older names of a place or building, etc.

The penmanship is fascinating. The precision of the printing and the beauty of the script, depending on the cataloger, are reminiscent of historical documents we all studied in American history class.

It is truly a museum piece. The Library of Congress is slowly digitizing the name authority cards so that the online catalog will have all of the authors and non-author authority headings. The book cards may not be saved. I've never heard of any plans for them. If you ever get a chance to see this, you will note that some of the drawers have been removed over the last 30-some years. And, even a few of the card catalog cases are gone. Slowly, this museum piece will fade away.

Stuart Stone is a 26 year veteran of trench warfare at the Library of Congress, currently a Luso-Hispanic Acquisitions Specialist (Portugal, Brazil, Colombia, Bolivia, and Ecuador) and the Gaelic Recommending Officer for Scots Gaelic. Bruidhinn riumse 'sa Ghàidhlig! He bikes to work, weather permitting, and frequently stops at stop signs.

QUOTABLE :

“ Ghosts, like ladies, never speak till spoke to.”

Richard Harris Barham

▲ TWO BATTLES from page 27

Their mission was to engage the advancing Union columns in a minor skirmish and then retreat drawing the Union forces into the jaws of Thompson's trap. They were not to engage in a full shootout.

As Plummer and his troops came into view, first contact was made. At first it went as planned — a skirmish. Then the main line of the 17th Illinois infantry entered the battle. They were followed by the 20th Illinois and 11th Missouri Union troops.

Lowe found himself and his troops caught in a pincer movement. He had waited too long to disengage and draw the Union troops into Thompson's ambush.

Lowe was killed by a head shot and his troops suffered heavy casualties as they retreated. Union

forces continued to advance, captured the 12-pounder and caused Thompson to retreat.

When the battle smoke cleared Thompson had lost 25 dead, 40 wounded, and 80 captured. Union casualties amounted to seven killed and approximately 60 wounded.

It was clearly a victory for the Union forces, including those Missouri forces fighting for the Union against the Confederate Missouri Guard. However, there is no indication that Congress weighed this victory in juxtaposition to the defeat at Ball's Bluff.

Congressional reactions to these two battles on the same day only serve as a true reminder of the old adage: "The more things change the more they remain the same."

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— Rabbi Isaac the Blind

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|----------------------------|-------------|-------------|-----------|----|----|----|-------|------|------|------|-----|------------------------|--------------|
| OLD TOWN | | | | | | | | | | | | | |
| 501 SLATERS LN #1204 | \$249,900 | \$245,000 | 9-Sep-11 | 1 | 1 | 0 | | 1 | No | 354 | | MARINA TOWERS | Contemporary |
| 508 COLUMBUS ST N | \$689,000 | \$675,000 | 8-Sep-11 | 3 | 3 | 1 | | 3 | Yes | 44 | | OLD TOWN | Federal |
| 520 JOHN CARLYLE ST #204 | \$315,000 | \$310,000 | 21-Sep-11 | 1 | 1 | 0 | 1 | 1 | No | 178 | | CARLYLE SQUARE | Contemporary |
| 801 PITT ST N #602 | \$124,900 | \$127,000 | 13-Sep-11 | 0 | 1 | 0 | | 1 | No | 14 | | PORT ROYAL | Traditional |
| 309 HOLLAND LN #327 | \$260,000 | \$260,000 | 9-Sep-11 | 1 | 1 | 0 | 1 | 1 | No | 141 | | ROYALTON | Traditional |
| 1006 VERNON ST | \$375,000 | \$350,000 | 20-Sep-11 | 3 | 1 | 1 | | 3 | Yes | 95 | | WESTOVER | Colonial |
| 500 HENRY ST S | \$539,000 | \$527,000 | 16-Sep-11 | 3 | 1 | 1 | | 3 | Yes | 21 | | OLD TOWN | Colonial |
| 513 PRINCESS ST | \$865,000 | \$825,000 | 12-Sep-11 | 3 | 3 | 1 | | 3 | Yes | 63 | | BULFINCH SQUARE | Colonial |
| 1101 POWHATAN ST | \$460,000 | \$455,000 | 22-Sep-11 | 3 | 1 | 1 | | 3 | Yes | 58 | | VIRGINIA VILLAGE | Colonial |
| 724 ALFRED ST S | \$519,000 | \$510,000 | 16-Sep-11 | 2 | 2 | 0 | | 3 | Yes | 58 | | PATRICK HENRY | Colonial |
| 305 SAINT ASAPH ST N | \$585,000 | \$535,000 | 12-Sep-11 | 1 | 1 | 0 | | 2 | No | 23 | | OLD TOWN | Colonial |
| 112 DUKE ST | \$659,900 | \$628,000 | 16-Sep-11 | 2 | 1 | 1 | | 3 | Yes | 19 | | OLD TOWN | Federal |
| 501 SLATERS LN #724 | \$369,000 | \$364,000 | 19-Sep-11 | 2 | 2 | 0 | 1 | 1 | No | 11 | | MARINA TOWERS | Other |
| 120 CAMERON #CS-205 | \$365,000 | \$348,000 | 22-Sep-11 | 1 | 1 | 0 | | 1 | No | 0 | | TORPEDO FACTORY | Victorian |
| UPPER BRADDOCK | | | | | | | | | | | | | |
| 1200 STONNELL PL | \$1,160,000 | \$1,110,000 | 20-Sep-11 | 5 | 3 | 1 | 2 | 3 | Yes | 102 | | SHERWOOD FOREST | Colonial |
| 3751 JASON AVE #68 | \$374,900 | \$367,500 | 16-Sep-11 | 3 | 1 | 1 | | 2 | No | 67 | | FAIRLINGTON TOWNE | Colonial |
| 3754 VALLEY DR #501-37 | \$354,999 | \$350,000 | 9-Sep-11 | 3 | 1 | 0 | | 2 | No | 83 | | PARKFAIRFAX | Colonial |
| 506 RICHARDS LN | \$1,000,000 | \$960,000 | 12-Sep-11 | 5 | 4 | 1 | 2 | 3 | Yes | 21 | | WINDSOR OAKS | Colonial |
| 3452 GUNSTON RD #727-34 | \$309,950 | \$305,000 | 14-Sep-11 | 2 | 1 | 0 | | 2 | No | 81 | | PARKFAIRFAX | Colonial |
| 1225 MARTHA CUSTIS, #617 | \$219,900 | \$210,000 | 19-Sep-11 | 2 | 2 | 0 | | 1 | No | 13 | | PARKEAST | Other |
| 3309 WYNDHAM CL #3185 | \$288,785 | \$285,000 | 16-Sep-11 | 2 | 2 | 0 | 2 | 1 | No | 51 | | POINTE AT PARK C | Other |
| 521 JANNEYS LN | \$799,000 | \$790,000 | 16-Sep-11 | 3 | 2 | 1 | | 3 | Yes | 0 | | MAPLE GROVE | Colonial |
| DEL RAY/ ROSEMONT | | | | | | | | | | | | | |
| 900 LITTLE ST | \$829,000 | \$794,000 | 20-Sep-11 | 4 | 3 | 0 | 2 | 3 | Yes | 90 | | ROSEMONT PARK | Bungalow |
| 2210 RANDOLPH AVE | \$490,000 | \$470,000 | 21-Sep-11 | 4 | 2 | 0 | | 3 | Yes | 70 | | DEL RAY | Bungalow |
| 2406 KING ST | \$1,295,000 | \$1,250,000 | 16-Sep-11 | 4 | 4 | 0 | 2 | 4 | Yes | 52 | | GEORGE WASHINGTON PARK | Colonial |
| 2405 TERRETT AVE | \$695,000 | \$655,000 | 20-Sep-11 | 3 | 2 | 0 | | 3 | Yes | 59 | | DEL RAY | Bungalow |
| 107 UHLER AVE | \$537,500 | \$530,000 | 9-Sep-11 | 3 | 1 | 0 | | 3 | Yes | 49 | | DEL RAY | Bungalow |
| 410 NELSON AVE E | \$739,900 | \$725,000 | 16-Sep-11 | 4 | 2 | 0 | 1 | 2 | No | 40 | | DEL RAY | Cape Cod |
| 310 BELLEFONTE AVE E | \$689,000 | \$680,000 | 15-Sep-11 | 3 | 1 | 1 | | 3 | Yes | 26 | | DEL RAY | Farm House |
| 215 NELSON AVE E | \$959,000 | \$975,000 | 9-Sep-11 | 4 | 2 | 1 | 2 | 3 | Yes | 8 | | BRENTON | Farm House |
| 300 HOWELL AVE E | \$645,000 | \$630,000 | 21-Sep-11 | 2 | 2 | 1 | | 3 | Yes | 13 | | DEL RAY | Victorian |
| ARLINGTON | | | | | | | | | | | | | |
| 2465 ARMY NAVY DR | \$269,900 | \$260,000 | 8-Sep-11 | 1 | 1 | 0 | | 1 | No | 162 | | GROVE AT ARLINGTON | Colonial |
| 2919 BUCHANAN ST S #B2 | \$239,500 | \$237,000 | 9-Sep-11 | 1 | 1 | 0 | | 1 | No | 125 | | FAIRLINGTON VIL | Other |
| 3612 WAKEFIELD ST | \$399,900 | \$385,000 | 15-Sep-11 | 2 | 2 | 0 | | 3 | Yes | 104 | | FAIRLINGTON MEWS | Colonial |
| 2800 ABINGDON ST S #B | \$399,900 | \$394,000 | 8-Sep-11 | 2 | 2 | 0 | | 3 | Yes | 68 | | FAIRLINGTON VIL | Colonial |
| 2633 WALTER REED DR S #B | \$265,000 | \$260,000 | 19-Sep-11 | 2 | 1 | 0 | | 1 | No | 114 | | THE ARLINGTON | Colonial |
| 4606C 28TH RD S #C | \$344,000 | \$330,000 | 9-Sep-11 | 3 | 2 | 0 | | 2 | Yes | 97 | | THE ARLINGTON | Traditional |
| 3096 WOODROW ST S | \$409,900 | \$396,910 | 9-Sep-11 | 2 | 2 | 0 | | 3 | Yes | 45 | | FAIRLINGTON VIL | Colonial |
| 2414 WALTER REED DR S #B | \$459,000 | \$459,000 | 12-Sep-11 | 3 | 3 | 1 | | 3 | Yes | 10 | | WINDGATE OF ARL | Colonial |
| 4612 30TH RD S #1895 | \$399,900 | \$365,000 | 20-Sep-11 | 2 | 2 | 0 | | 3 | Yes | 11 | | FAIRLINGTON VIL | Colonial |
| 2925 WOODSTOCK ST S #F | \$299,000 | \$299,000 | 19-Sep-11 | 2 | 1 | 0 | | 1 | No | 4 | | COURTBRDGE I&II | Traditional |
| 2208 CULPEPER ST | \$499,900 | \$528,700 | 8-Sep-11 | 4 | 2 | 0 | | 3 | Yes | 8 | | CLAREMONT | Cape Cod |
| 3346 WAKEFIELD ST S #A2 | \$369,000 | \$362,000 | 19-Sep-11 | 2 | 2 | 0 | | 2 | Yes | 8 | | FAIRLINGTON COMM | Colonial |
| 4306 36TH ST S | \$535,000 | \$535,000 | 8-Sep-11 | 3 | 3 | 0 | | 3 | Yes | 1 | | FAIRLINGTON ARBR | Colonial |
| 3650 GLEBE RD S #652 | \$425,000 | \$425,000 | 16-Sep-11 | 2 | 2 | 0 | 2 | 1 | No | 13 | | ECLIPSE* | Contemporary |
| 1300 ARMY NAVY DR #618 | \$232,000 | \$228,000 | 8-Sep-11 | 1 | 1 | 0 | | 1 | No | 76 | | HORIZON HOUSE | Contemporary |
| 1301 ARLINGTON RIDGE, #307 | \$287,000 | \$278,000 | 16-Sep-11 | 1 | 1 | 0 | | 1 | No | 71 | | RIDGE HOUSE | Contemporary |
| 2768 FORT SCOTT DR S | \$850,000 | \$850,000 | 20-Sep-11 | 3 | 3 | 1 | 2 | 3 | Yes | 66 | | AURORA HILLS | Contemporary |
| 1209 OAKCREST RD | \$720,000 | \$737,500 | 12-Sep-11 | 3 | 3 | 0 | 1 | 3 | Yes | 4 | | AURORA HILLS | Colonial |
| 2651 FORT SCOTT DR | \$789,900 | \$765,000 | 20-Sep-11 | 3 | 3 | 0 | 1 | 3 | Yes | 22 | | AURORA HILLS | Tudor |
| 1300 ARLINGTON RIDGE, #506 | \$250,000 | \$250,000 | 22-Sep-11 | 2 | 1 | 0 | | 1 | No | 8 | | THE CAVENDISH | Traditional |
| 3600 GLEBE RD S #611W | \$275,000 | \$275,000 | 9-Sep-11 | 1 | 1 | 0 | 1 | 1 | No | 0 | | ECLIPSE ON CENTER PARK | Colonial |



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BY GINGER RODRIGUEZ



"Special needs kid"

What a quaint phrase... **Hello!** Does ANY one have a kid who is not "special needs" these days? Don't they ALL have their individual requirements and preferences? Whether it's how many fractions of inches the bedroom door must be left open, all the way to accommodating medical equipment. Many of us have specifics we have to work around to create a perfect haven for our little ones.

As a professional designer, I'm often called-upon to work with clients with "special needs kids", including my own. Although my son is super mobile, he does have special needs and periods of confinement to his room when he is not well. I want to celebrate the delightful aspects of his magical age as much as possible. At the same time, everything in his room must be carefully considered regarding layout, furnishings, and toys, as well as medical factors.

Here are some tips and highlights and a glimpse at the "light at the end of the hallway"...

A child with disabilities will probably spend much more time in his/her bedroom than other children, so make it fabulous for them! Consider amazing artwork. I asked talented, local artist Jenny Burgei to create a cheerful aviation mural.

Make surfaces washable! A great choice for kid-friendly paint is Benjamin Moore Soft Sky (807) Natura. It's odorless and zero-VOC.

Integrate (or disguise) the furniture and equipment necessary - be sure to make it a bedroom, not a hospital room.

Make everything easy to use and reach and flexible and adjustable: switches, handles, shelving, etc.

Organization is essential. My Closet Organizer System is by far my favorite. It's flexible and you can expand or reconfigure it as your child grows. No drilling and it hangs from your existing rod. Sling bookshelves with storage bins are also a must to hold favorite toys and display books face up for easy access.

Lighting must be reachable and functional. Lower light



An organized closet with every-thing in its place by My Closet Organizer System.

switches. Nightlights to make it easier if they have to get up during the night. Dimmer switches are wonderful. Lamp-store.com has the most adorable kid's lamps. I chose an airplane and bulldog lamp for the room.

If your child has a wheelchair, or will need one in the future, it will require a five foot radius to turn around. There should be a clear path to the bathroom, room under tables and desks and non-slip flooring.

The bed: A foam wedge can help with reflux. Handrails are great if your child has problems getting in and out, or falls out of bed. I chose Hide-Away Bed Safety Rails. Seated on the bed, your child's feet should be able to reach the floor. What fun to have a race car bed, a castle or even a tree house bed,



Completed room with mural by Jenny Burgei.

PHOTOS BY KAWSHIQ CHOWDHURY OF VIZION | PHOTOWORKS

just like their friends! We fell in love with a bright red bed from PoshTots and dressed it with their Jakes Plaid Bedding with a dog throw. The rich, simple layers are gorgeous and the quality is superb! Make sure the bed is placed so that your child can enjoy looking out the window. To frame the window and soften a room, add custom panels. We used DraperyAndBedding.com. They are far more superior than anything you'll pick up at Crate & Barrel, etc.

Entertainment: Be sure to customize the room so that it provides entertainment, namely the TV, during time-consuming treatments and therapy - you'll get much more cooperation if you don't have a bored kid!

I know, from my own, firsthand experiences with my son, what it's like to cope with a physically challenged child. I am here to help you and would love to make their world, and your life, more cheerful, comfortable, and functional.

Shopping Guide: Bed (priced according to size) Jakes Plaid Bedding (\$350), Lab Throw (\$123) poshtots.com, 866-POSHTOT; My Closet

Organizer System (priced according to size, Sling bookshelf w/Storage Bins (\$49), onestepahead.com 800-274-8440); Airplane and Gunnison Bulldog lamp (\$60.00-\$70.00, lampstore.com 888-874-2676); Aviation Mural (priced according to size, jennyburgei.com 703-740-6666); Benjamin Moore Soft Sky (807) Natura (\$53.00/gal, benjaminmoore.com 888.236.6667); Drapery Panels (priced according to size, draperyandbedding.com 866-232-4436; Lilly Lamb print (\$37.00, www.annajamesphotography.com 304-496-7313).

For more information and photos of this project visit www.westbayinteriors.com/blog

A Virginia native, Ginger shares her experiences: some personal, some professional, in her light-hearted Blog Coffee With Ginger (www.westbayinteriors.com/blog) and teaches monthly design seminars (The Alexandria Design Dilemma Meetup Group) FREE to the community. She lives in Alexandria with her husband and two sons. Have a design dilemma or question you want answered in the Zebra? Email: info@westbayinteriors.com.



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**Bella Bichon Babies
(Mixed Gender) - Available**

Breed: Bichon Frise / Bichon Frise Mix

Age: 9 Weeks

History: Shelter

Description: Brittany and her brothers came to AFH with their mom. Brittany is white, Blaster is black, Bandit white/brown, and Blitzter is multicolored. Mom is a Bichon, but no word on dad. When they are 8 weeks old, they can go to their forever home. Bandit has been adopted.

**Betty, Bozo, and more (Mixed Gender)
- Available**

Breed: Labrador Retriever

/ Retriever Mix

Age: 15 Weeks

History: Shelter

Description: Brutis, Bertha, Betty, Beauty, Bozo are Lab Retriever mixes. They love to play and are cute little ones. Their foster mom is having trouble getting them to sit still long enough to take good pictures so that you can see how beautiful they are. They are very trusting and sweet and are just adorable. Beauty, Brutus and Bertha has been adopted. Betty is pictured.



Boo (Susie) - (Female) - Available

Breed: English Springer Spaniel / Black Labrador Retriever Mix

Age: 8 Years

History: Owner Release

Description: Boo and Buddy recently lost their home due to their family breaking up. Susie is a playful girl and loves the water. She is a very confident girl and would do best in a home with another dog that will let her be the leader.

Chompers - (Male) - Available

Breed: Dachshund Mix

Age: 18 Months

Weight: 20 Pounds

History: Owner

Release

Description:

Hi, my name is Chompers. I don't know why they named me that except that I was a very little puppy when I got the name. I don't even know if my baby teeth were

in yet. Anyway, I am a gorgeous, handsome brindle dachshund mix. I am really a low riding dog but I can still jump into your lap if permitted. I love playing with my friends at my foster house and I am obedient (I even have my graduation cap). I weigh about 20 lbs and have had some obedience training. My favorite thing to chew on is my big, juicy knee bone. The family I was with had many, many small children coming and going and sometimes it would make me really nervous. I would like a family whose children are school age and understand that doxies love to run and chase and play. I also like to sit with my foster and sometimes even play with her kitten. All in all, I will be a great addition to your household if you would like me to be part of your family.



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Denver (Chelsea N Sibs) - (Male) - Available

Breed: Labrador Retriever / Shepherd Mix

Age: 13 Months Weight: 46 Pounds

History: Shelter

Description: Denver originally came from a litter of 5 golden retriever/ shepherd mixes. In his foster home, he lived with two large shepherd mixes and loved to run and play with them. He gets along great with dogs of all sizes and is very gentle with children of all ages. Denver has his moments of high, puppy energy but they're always followed by naps on the couch snuggled up to one or both of his foster parents. He spends the day in his crate while his foster parents are at work but is so well behaved that he can sleep out of his crate at night with the big dogs. Denver knows his basic commands, such as sit and come. He just learned paw and is very gentle when taking treats. He enjoys playing fetch, taking car rides and being outdoors. Denver is a very loving and obedient puppy looking for a forever home where he can spend quality time with his new family doing fun and exciting things or just snuggling up to watch a movie.

**George and Bryson - (Mixed Gender)
Available Breed: Shepherd Mix**

Age: 13 Weeks

History: Shelter

Description: Bryson, Elise, George, Hector are Shepherd mixes. Elise is such a sweet girl. She currently has a pending application. Hector has white paws and white on the tip of his tail. He loves tug of war and drops his toy at your feet

to play. Bryson is the most playful. He bounces everywhere. He is also the most adventurous and is the first to check out everything. George is the cuddliest. He is happiest snuggled close. They go bouncing out the back door with minimal coaxing. They are completely crate trained and doing well with house training. All three would rather love than eat!! They love, LOVE meeting and playing with everyone. They been around children of all ages and older dogs. Hector and Elise has been adopted



Pearl/Sponge Bob Gang - (Mixed Gender) - Available Breed: Dalmatian Mix

Age: 5 Months History: Shelter

Description: SpongeBob, Plankton, Mr. Krabs, Squidward, Sandy, and Pearl are Dalmatian mixes. This is a very fun loving litter. SpongeBob loves everyone. Mr. Krabs is the boss and loves to bark orders. Plankton is always wrestling with Mr. Krabs or just looking for something to get into.

Squidward loves to have his belly rubbed and often gets into a tiff with SpongeBob. Sandy and Pearl love to play together. These pups like to be petted and held for a short time but then they're off. The like to explore new things. They just want to go, run, and check things out. They do not bark much. The most vocal one is Mr. Krabs and he is just wants to talk to you.



Sam I Am - (Male) - Available

Breed: Beagle Mix

Age: 10 Years

Weight: 42 Pounds

History: Shelter -

Nassau Humane

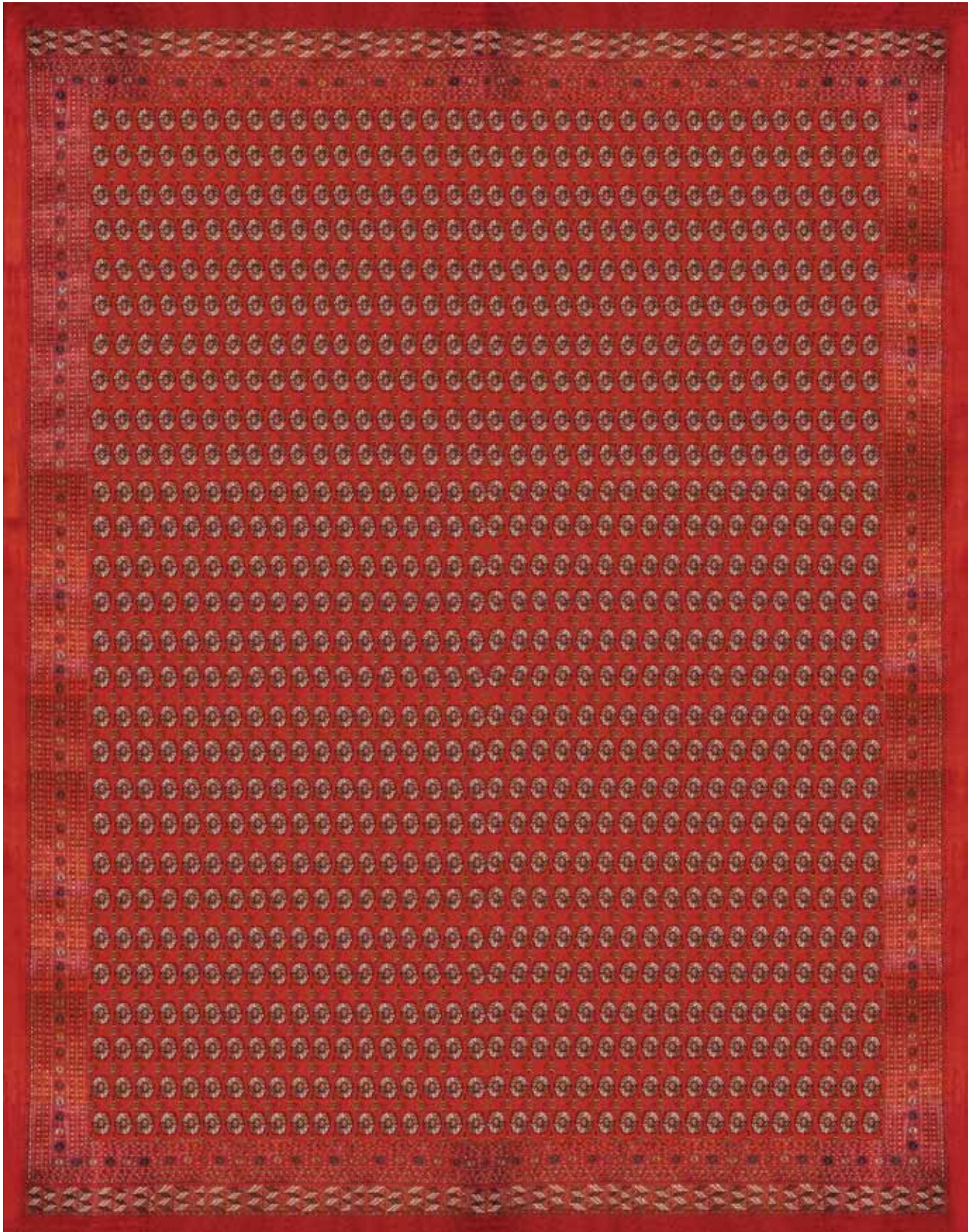
Description: Sam is 150% beagle with a personality to match! He is a sweet boy and loves

to curl up with you on the sofa. He LOVES going for walks and just being out-and-about. He is an expert at "sit" and "down" and just about everything that earns a treat. He is just looking for a laid back home where he can relax and take in the scenery and food-- lots of it! He has the sweetest eyes and will often just look at you from across the room and you just melt. Sam is housebroken and on occasion he will let out that beagle bark, but mostly is a quiet boy. He is just looking for his forever home, could that be yours?



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