

It's **read** all over!
Vol. 1, No. 7
August 2011

Zebra

Making Alexandria Glow for Over 65 Years:

THE LAMPLIGHTER'S
Lillian Vasilas turns 90!

See page 4

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When I was a little kid, I remember Saturday and Sunday mornings when the sun’s rays broke through my bedroom curtains at maybe 5:30 or 6:00 am, and I’d bolt out of bed with one mission in mind: GO FISHING! A friend and I would meet, carrying Glad sandwich bags filled with bait – slices of white bread and bacon (if we were lucky) – and we’d plant ourselves under the biggest shade tree at Morris Lake, named after the old man who owned it, and cast our lines. We’d watch our bobbers go up and down – wondering if their movements signified just a ripple in the water or an actual strike. Then one of us would jerk the rod and pull, hoping we had snagged the elusive large-mouthed bass we neighborhood kids had nicknamed Bruiser.

Summer reminds me of those days, and how long it has been. But my heart is still right there, and I’d give anything to turn back the hands of time and climb out my Florida window and think only of catching fish.

Yet, here I am, a grown-up lady publishing a community magazine. And summer now brings different achievements. Zebra is proud to have joined the Alexandria Chamber of Commerce this month, accepted an invitation to be a sponsor of the 1st Annual West End Wine and Arts Festival, and created a partnership with Fairfax County’s Job Discovery organization, which will help us with our expanded home delivery program.

Fish or no fish, the break of day still makes my heart thump – time to get going and moving and making a difference. I hope you’ll agree, Zebra is doing all of that. And who knows? Perhaps Bruiser is still dodging the hook in Morris Lake, creating a summer of memories for other little girls.

Mary Wadland
Owner/Publisher

PS: Please let us know if you want your particular neighborhood to receive home delivery. Just email circulation@thezebra.org or call our offices at 571/522-0215.

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Beverly Hills	Leesburg	Rosemont
Braddock Heights	McLean	Seminary Hills
Crystal City	Middleburg	Shirlington

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The deadline for the receipt of all new advertising materials is 5:00 p.m. Wednesday, seven days prior to publication. Materials and space reservations will be accepted for proofed unchanged camera ready repeat ads until 5:00 p.m. Friday, the week before publication. Cancellations and changes cannot be accepted after Monday, the week of publication and no refunds will be made after that time. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication.

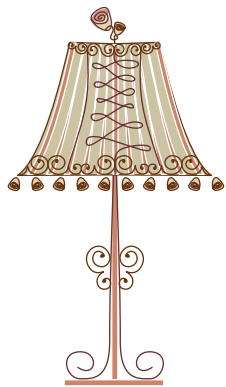
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Publisher's assistant Lucy and slumber-party friend Toby eagerly await the expanded home circulation of Zebra

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On Cover: Lamplighters Lillian Vasilas

Alexandria does benefit from tourism

To the Editor:

As President & CEO of the Alexandria Convention & Visitors Association, I was pleased to see discussion about the economic impact of visitor spending in the July issue of Zebra. The Tourism Marketing Summit brought together Alexandria citizens, businesses and policy makers who did answer the question, “Who benefits from tourism in Alexandria.” Alexandria residents and taxpayers benefit. Alexandria welcomes more than 3.3 million visitors annually, benefiting our businesses with \$616 million of spending, and generating \$22 million in city tax revenue – that equals 7 cents on the property tax rate. On average, visitors spend more than \$800 per party per visit in shops, restaurants, attractions and hotels. In the coming year, ACVA’s

advertising will reach 100 million households -- including residents and neighbors of Alexandria -- generating more than 1 million visits to VisitAlexandriaVA.com to plan a getaway or daytrip to “Shop, dine and celebrate on Alexandria’s historic main streets.” The city’s investment in tourism promotion returns \$4 in city tax revenue for every \$1 that is spent. The city’s independently owned shops and restaurants are a significant draw to visitors. This distinctive characteristic was cited when the city received the prestigious Distinctive Destinations designation from the National Trust for Historic Preservation, and when Money magazine rated Alexandria as one of the “Best Places to Live” among small cities. I am delighted that new shops are being added to the retail mix,

▼ See INBOX on page 10



INBOX

HOW TO GIVE US FEEDBACK
If you would like to send us a comment, send your mail to mary@thezebra.org or Zebra, PO Box 6504, Arlington, VA 22206. Submission of a letter constitutes permission to publish it. Letters may be edited for reasons of space and clarity.



Lighting The Way — Human And Tangible



BY CHUCK HAGEE

She has left the light on for Alexandrians for 65 years. On August 1, she turned 90 years young. And, the glow can still be seen in both her and her Old Town Alexandria institution. “She” is Lillian Vasilas, owner of The Lamplighter at 1207 King Street, which she and her late husband Emanuel, “Manny,” founded 65 years ago. Prior to it becoming a lamp and shade store, it was a radio shop owned and operated by Manny, the bachelor, and his partner commencing in 1935.

That all changed with America’s entrance into World War II and Manny’s enlistment in the U.S. Coast Guard as a radio technician. Twenty-one year old Lillian Spaulding from Corry, Pennsylvania, also enlisted in the Coast Guard and reported to boot camp in Florida.

“It was early 1942 and the snow in Northwestern Pennsylvania can get very heavy along Lake Erie. Also, everyone wanted to get into the war effort and serve,” Lillian said.

“I was assigned as a driver in Florida after boot camp but my commander said there

was no money in being a driver and they needed radio operators more. I told him I didn’t particularly want to go to radio school which didn’t go over so well,” Lillian said.

Finding out that one doesn’t get to pick and choose in a wartime military, Lillian was sent to radio school in Atlantic City, New Jersey. “I actually discovered that I loved being a radio operator,” she recalled.

Lillian was then assigned to U.S. Coast Guard Headquarters in Washington, DC. There was only one problem — headquarters had teletype but no radios.

She was then transferred to the Coast Guard station on Telegraph Road in Fairfax County as a radio operator where she met a certain radio technician of Greek heritage from Brooklyn, NY, who co-owned a radio store in Alexandria. They were released from active duty in May 1946, got married the next day and came to Manny’s radio store in Alexandria.

“We bought out his partner who had run the radio shop, known as “The Radio Hospital” throughout the war years,” she said. That first shop was located at 1021 King St. and Lillian, who also had a substantial collection of phonograph records, opened a record store next to the Waffle Shop. Next they bought a building in the 400 block of King Street and relocated the Radio Hospital. “However, we were eventually urban ‘renewaled’ out of there,” she stated.

“When that happened we decided to take

a trip to Europe. We bought a Volkswagen camper, packed up our three boys, and decided to see Europe — particularly Greece,” Lillian said. “Although Manny was Greek he had never been there.”

They enrolled their children in school and took turns making sojourns to visit various sites. “He’d travel and I’d stay with the kids. Then I’d take trips and he’d take care of the kids,” she explained.

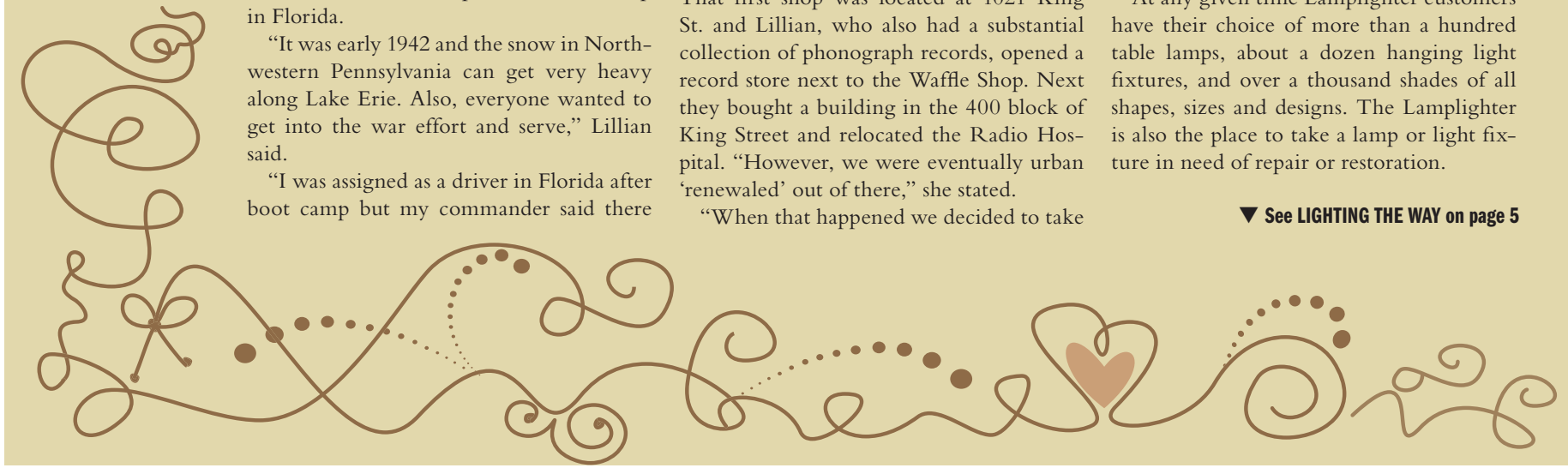
Following their return from Europe, the couple bought the building that currently houses The Lamplighter. Originally, it consumed only the center building. In the 1970s, they acquired 1205 King Street and in 1996 added 1209. Unfortunately, Manny died that same year.

Today, the store’s day-to day operations are run by two of their sons, Roger and Steven. “I’m just the hired help now,” said Lillian.

Well, not quite. She is there every day except Fridays waiting on customers and giving advice on their lighting needs. And, that can cover a wide array of choices.

At any given time Lamplighter customers have their choice of more than a hundred table lamps, about a dozen hanging light fixtures, and over a thousand shades of all shapes, sizes and designs. The Lamplighter is also the place to take a lamp or light fixture in need of repair or restoration.

▼ See LIGHTING THE WAY on page 5





PHOTOS: GREG KNOTT

▲ Lighting the Way from page 4

“Most of our income today is from repairs. People are tending to keep lamps and fixtures longer and they often have items that are no longer available that they like and want to keep,” Roger said.

“I try to stay away from real high-end lamps. Our prices range from \$39 to \$3,000. But, we only have one at \$3,000,” he emphasized.

In the 1980’s, The Lamplighter kept as many as 3,000 lamp shades in stock. “That isn’t necessary today because of the warehousing. We can get most any shade within a day or two now. That did not used to be the case,” Roger explained.

The wide variety of lamps and shades coupled with the family’s expertise at restoration, repair and workmanship has created a huge customer base, many of whom have been with them for years. One of those extremely satisfied customers is Vick Patrick, former owner of “Patrick’s Different by Design.”

“I began dealing with The Lamplighter in 1984 and they have been just wonderful. No matter what the need they can get it done. I believe



Lillian and Manny Vasilas.

they could create a lamp out of shoe leather if that’s what you wanted,” Patrick said.

“It’s basically the only game in town for those kinds of services and expertise. They helped me become a success in Alexandria when I had my business,” he emphasized. “Patrick’s Different by Design” closed three years ago.

The Vasilas’ customers are not limited to Alexandria and its immediate environs, but instead they are spread throughout the metropolitan area and in some cases the nation. Peter Grey’s design-build business is located in the District of Columbia. He has relied on the Vasilas family for lighting, shades and wiring needs for more than 20 years.

“I always have a ball when I go



The Lamplighter at its present location at 1207 King Street in the early days.

COURTESY PHOTOS FROM THE LILLIAN VASILAS COLLECTION.

there and talk with Lillian. You would never guess she is going to be 90. She is just true blue and always tells it like it is,” Grey exclaimed.

Lillian is often recognized by her clientele no matter where she is in the world. “I was walking across the Acropolis in Greece one day and a lady called out “Hi Mrs. Lamplighter.” I can rarely go anywhere without someone recognizing me,” Lillian said.

In addition to running the Old Town shop over the years, “Mrs. Lamplighter” is also a collector of antique oil lamps. “I have over 100 in all shapes and sizes,” she noted.

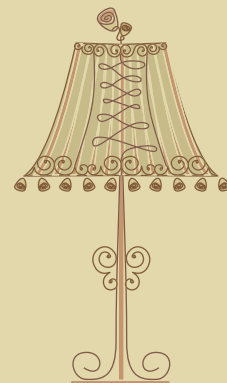
She also keeps quite active — 90 or no 90. “Over the years I’ve done a lot of ice skating and swimming. I still go swimming four times a

week. That’s probably why I got so old. Maybe, exercise really is the answer to longevity,” she speculated.

However, there was one form of exercise where she drew the line — shoveling that lake effect snow that tends to literally bury cities and towns along the Great Lakes where she grew up. “I knew it was time to leave Corry when my dad said I was old enough to shovel snow,” Lillian admitted.

Leaving Corry proved not only to be a plus for the nation, given her service during World War II, but also for her many customers, friends and admirers throughout Alexandria and the entire Washington Metropolitan Area.

Happy Birthday Lillian! “The Lamplighter” and you are still burning bright.





Parkfairfax: Defense Housing That Stands the Test of Time

What do the Empire State Building, Franklin Delano Roosevelt, Gerald Ford, and steel have to do with Parkfairfax? Built for \$8.5 million dollars by Metropolitan Life Insurance Company (MetLife) from 1941 to 1943, this garden-style condominium complex has a history so rich it is listed as a historic district on the National Register of Historic Places and on the Virginia Landmarks Register. Tucked into the rolling hills of the North Ridge section of northwest Alexandria, Parkfairfax fans out across 132 acres near the Alexandria-Arlington border. The community is bounded by Quaker Lane, Interstate 395, Beverly Drive, Wellington Road, Gunston Road, Valley Drive, Glebe Road, and Four Mile Run.

The Birth of Parkfairfax

Parkfairfax’s location near the Pentagon offers the key to its conception. In the early 1940s, just prior to World War II, the Washington, D.C. area experienced an acute housing shortage as the federal government expanded to prepare for war, hiring thousands of defense and military workers. Roosevelt’s New Deal also created federal jobs. According to rumor, President Roosevelt requested help from his friend Frederick Ecker, the Chairman of the Board for Metropolitan Life Insurance Company (MetLife), in building “defense housing” to alleviate the housing crisis. Already a player in the rental housing market, MetLife engaged architect Leonard Schultze and Associates, landscape architects Gilmore D. Clarke and Michael Rapuano, and builder Starrett Brothers and Eken. A top-notch team, Schultze had served as Chief of Design for New York’s Grand Central Station, and Starrett Brothers and Eken had constructed the Empire State Building and the Lincoln Memorial.

Materials shortages during the war posed a challenge to building Parkfairfax’s 1,684 townhouse-style apartments, housed in 285 buildings. Originally the design of the buildings called for reinforced concrete; however, the steel reinforcing rods were delivered just after the ban on steel that prohibited the use of steel except for high priority projects. The rods went unused, only to be sold as scrap metal after the war. Though the buildings of Parkfairfax are all in the Colonial Revival style and appear similar, they vary considerably



PHOTO COURTESY OF PARKFAIRFAX UNIT OWNERS ASSOCIATION.
Gerald Ford, the thirty-eighth U.S. president, at home in Parkfairfax with his wife Betty and two of their four children. The Fords lived in Parkfairfax from 1951 to 1955.



PHOTO BY MEG PETERS
A view of Colonial Revival building fronts on Mount Eagle Place, the street that crowns Parkfairfax at its highest point.



PHOTO BY MEG PETERS
Elegant signs proclaiming that Parkfairfax is a historic district grace its major entrances. This sign stands at Quaker Lane and Preston Road. Photo by Meg Peters, July 2011.

in materials, in design, and in architectural details. Various types of brick were spread evenly throughout the neighborhood: some buildings consist of red clay fired brick, while some are sand brick. Clearly the builders and architects had to be resourceful and flexible. The design philosophy behind Parkfairfax yielded similar communities such as Fairlington, located next to Parkfairfax, Colonial Village in Arlington, and McLean Gardens in Washington, D.C. Parkfairfax’s “low-rise” two- to three-story buildings back to open, park-like areas, with the kitchens and bathrooms in the front and the primary living spaces facing the back, emphasizing privacy and views of the outdoors. Parkfairfax has 13 apartments per acre, set gently into the landscape with abundant open space. At the time of its creation, the neighborhood had few trees. The winding streets were intended to limit speeds to 25 miles per hour. The name “Parkfairfax” derives from the Fairfax fam-

ily, affluent eighteenth century Virginia landowners; however, the land for Parkfairfax was no longer part of Fairfax County after 1801. Parkfairfax belonged to Arlington County (formerly Alexandria County) until the City of Alexandria annexed it in 1929.

The Early Days

Initially MetLife employed 80 people to care for the grounds and buildings of Parkfairfax. Upon its completion in 1943, the community filled up immediately, with a waiting list hundreds long. Original rents averaged \$61.25 for a one bedroom, \$78.75 for a two bedroom, and \$90.00 for a three bedroom. The management strongly preferred families and did not rent to single tenants except for widows. Apartment size was based on family size. Married couples with a child could not stay in a one bedroom apartment: they were required to move to a two bedroom. Rules were strict: no dogs, no cats, and no vegetable gardens, which were popular at the time. Like many similar apartment communities, Parkfairfax did not rent to African Americans or Jewish people.

Famous Residents

Nicknamed the “cradle of presidents,” Parkfairfax was home to Gerald Ford (resided there 1951-1955) and Richard Nixon (resided there 1943-1944 and 1947-1951) while both men served in Congress. Other well-known residents include Dean Rusk, Secretary of State under John F. Kennedy; Bobby Baker, aide to Lyndon Johnson; Sherman Adams, aide to Dwight Eisenhower; Edward White, astronaut; and Sandar Vanocur, NBC newscaster.

Parkfairfax Today

Now a condominium complex, the last Parkfairfax renter moved out in 1979, completing the conversion to condominiums by PIA/IDI Corporation. PIA/IDI bought Parkfairfax in 1977 from MetLife and from Arlen Realty, the New York company that had purchased the Parkfairfax buildings and leased the land from MetLife in 1968. The condominium conversion trend swept through many similar apartment rental communities in the 1970s as people sought affordable, high-

quality housing in metropolitan Washington – a tough market, as in the 1940s. Today Parkfairfax’s prime location still draws the “defense workers” that keep the federal government ticking, and the community has matured into a beautiful landscape graced with almost 100 species of trees that add shade and color to Parkfairfax.

Meg Peters is a web designer, a history buff and a contractor at the Library of Congress. Formerly a resident of Arlington, she now lives in Alexandria, just over the boundary line.

QUOTABLE:

“Be slow in choosing a friend, slower in changing.”
 –Ben Franklin



ORIGINAL WATERCOLOR BY TODD HEALY

STROLLING BY HISTORY

The Seven-Foot “Spite” House

At a whopping seven feet wide and boasting only 325 square feet, the two-story gem at 523 Queen Street has often been called “The Spite House” because legend has it that it was built in 1830 by adjoining neighbor John Hollensbury just to keep horse-drawn wagons and loiterers out of his alley. **Limited editions of this print are available at Todd Healy’s Studio at 320 King Street in Alexandria, 703-549-7883. Todd is also available for private commissions.**

Z - HOT SAUCE PICK OF THE MONTH

Apocalyptic! The name says it all.

This sauce packs a hearty punch with a smooth flavor. One thing I really like about this sauce is it is not heavy on the vinegar. This sauce is great for adding flavor and a kick to any dish. Most folks stand back when I add this to a creamy soup or sauce with a meal because it makes their eyes water.

Contributed by Mike Sade



In Remembrance

BY HARRY MERRITT

It is with great sadness to hear of the passing of longtime Alexandria resident and First Lady Betty Ford. In my 40-plus years as a photographer, I have been lucky enough to work and meet with many famous people. In 1976, I was on assignment in the White House and had a private photo session with Mrs. Ford, who was an Honorary Chairwoman of a Hospitalized Veterans Bicentennial event. The photo session went very well. At the end of the shoot, Mrs. Ford turned to me and graciously asked "Would you like to be photographed with me?" I said sure and gave my camera to her secretary. To this day, I think what a wonderful gesture. She expressed infinite qualities of kindness and consideration for others. In my mind, she would be the First Lady even if she had never lived in the White House. She was that special.



HARRY MERRITT COLLECTION

First Lady Betty Ford and ZEBRA staff photographer Harry Merritt.



Christine Roland Garner I SELL MORE BECAUSE I DO MORE!

Beverly Hills



\$1,125,000
Spacious 4 bedroom, 4 bath Arts & Crafts home with over 4,000 sq ft of well designed living space. Wonderful open floor plan, 2 fireplaces, 3 finished levels and an attached garage.

Rosemont



\$1,095,000
Lovely 4 bedroom, 4.5 bath expanded colonial with 3 finished levels and an attached garage. Beautiful courtyard with Koi pond can be enjoyed from the formal living room, sunroom and family room. Upper level with 4 spacious bedrooms including the Master Suite. Block to King St METRO, shops & restaurants.

Old Town Greens



\$829,000
Spacious garage townhome with 4 finished levels, 4 bedrooms and 3.5 baths. Wonderful open floor plans, with wood floors on main level, high ceilings and tall windows. Community pool & tennis, minutes to Old Town, Arlington & D.C.

Del Ray



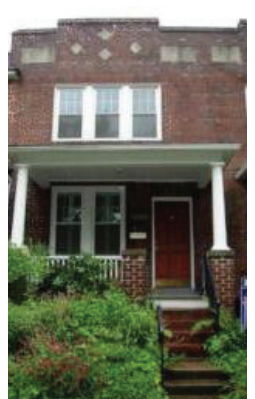
\$695,000
Lovely 3 level, 3 bedroom Bungalow with 2 (new) baths and a large kitchen addition with breakfast room. Refinished wood floors, off street parking and large fenced yard with deck.

Old Town



\$619,000
Charming 3 level, 2/3 bedroom, 1.5 bath end townhouse in Carriage Works with off street parking. Open floor plan, fireplace, rich hardwoods throughout and a private Georgetown patio. Blocks to METRO, shops & restaurants.

Old Town



\$635,000
Perfect In-Town Home with 3 levels, 3 bedroom & 1.5 baths. Beautifully updated with spacious kitchen, bath with double vanity, fireplace, skylights and 2 porches. 1 block off King St and just 3 blocks from METRO!

Del Ray



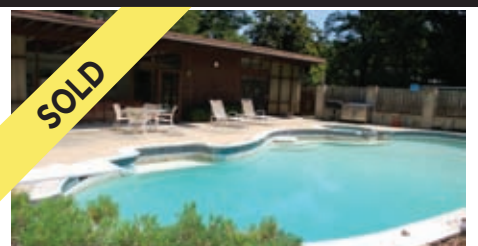
\$669,000
Updated & charming 3 bedroom, 2 bath home with 2 finished level and off street parking. Blocks to shops & restaurant on "The Avenue".

Del Ray



\$525,000
Light filled 3 bedroom 2 bath end townhouse with 3 finished levels. Updated kitchen with breakfast bar opens to dining room. Large deck & off street parking. Blocks to METRO shops & restaurants.

Mt. Vernon/Woodley Hills



\$449,000
Located on .97 acres with an inground pool. Vaulted ceilings, walls of windows, 3 bedrooms, 2 baths, 2 fireplaces and endless opportunities!

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ASK THE CLOCKMAN



BY PHIL WADLAND



Gilbert table clock exterior.



Gilbert one-day wind-up movement inside.

Q: I have an old Gilbert table clock that has been in my family forever. It has not worked in years. Can you fix it and tell me about this clock. Rick A.

A: It's a little of good new bad news when it comes to this clock. The company was founded in 1871 by William L. Gilbert (1806-1890). Your clock is pre-World War II and is only a one-day wind with an alarm. I can restore your old clock movement but the repairs to the clock would total about \$80. This clock is not a collector's dream and is only worth about \$5.00 in its current condition. After a full restoration it

would be worth maybe \$100. I would suggest converting it to a quartz battery unit. The appearance of the clock would be the same as it is now. I would use your old dial and hands. The clock would then run for a year on a single AA battery. To make the conversion I charge \$40.

Q: I have a Howard Miller Grandfather clock and my wife says I cannot set the hands backwards because if I do, I'll damage the clock.

A: The clocks made today have a special slipping lever that allows them to be set backwards. However, most clocks made

before 1920 that strike the hours CAN NOT be set backwards. In fact, there are some French clocks made in the 1800's where setting the hands backwards just a few minutes can cause hundreds of dollars in damage. So, tell your wife the Clockman says it's "OK to turn the hands backwards" on your modern Howard Miller.

Phil Wadland is a third-generation clockmaker and horologist, residing in Manchester, New Hampshire. If you have questions for the Clockman, email clockman@thezebra.org

PHOTOS BY PHIL WADLAND

PHOTOGRAPHER • GREG KNOTT
202 E. OAK ST. ALEXANDRIA, VA 22301



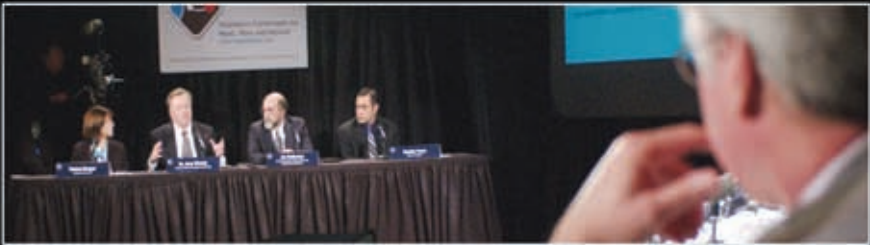
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—Jack Weston as Danny
The Four Seasons, 1981



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HOLLY BURNETT

Signature Theatre’s 22nd season kicks off by making musical theatre history with its American Musical Voices Project: Next Generation “World Premiere Repertory Series” – the first time in the history of the American theatre that two world premiere musicals will be presented in rotating repertory, in full production. The eight-week series, beginning previews on August 23rd, will produce *The Hollow* (book by Hunter Foster; music and lyrics by Matt Conner), to be directed by Signature Theatre’s Associate Artistic Director

Signature Theatre Makes Musical Theatre History

Matthew Gardiner; and *The Boy Detective Fails* (book by Joe Meno; music and lyrics by Adam Gwon), directed by Signature Theatre Artistic Associate Joe Calarco. Both musicals have been commissioned by Signature Theatre as part of its groundbreaking American Musical Voices Project: The Next Generation.

“It is essential for Signature to continue to break new ground in the production of new musicals for the American theatre,” Signature’s Artistic Director Eric Schaeffer said. “Producing this Repertory Series is a significant step forward in the work we are doing with some of the best writers working in musical theater today. It is a tremendous challenge that is both exciting and important for the future of the American musical.”

Each production will run in

rotating repertory, with performances of both shows on every Saturday and Sunday to provide audience members the opportunity to see both in one day.

“With our extensive history of developing new musicals, we are proud that this first-time repertory will have its home at Signature,” Schaeffer continued. “This is sure to be a major theatrical event in Washington this fall.” Managing Director Maggie Boland added, “With more than \$780,000 in direct support



having been awarded to musical theater artists through our American Musical Voices Project to date, Signature is very proud to extend our commitment to these Next Generation composers to include full production of their extraordinary new works.”

The Hollow is a distinctive reinterpretation of Washington Irving’s classic tale *Sleepy Hollow* as created by Hunter Foster and Matt Conner. Following *Nevermore* and *Partial Eclipse*, this is Conner’s third musical composition production at Signature Theatre. “I am so thrilled and honored to be a part of this historical project,”

said Conner. “New works come to life thanks to the leadership and vision of Eric Schaeffer along with the generous support of Ted and Mary Jo Shen. Their dedication to the theatre gives rise to opportunities for works that otherwise may be left on a shelf.” Foster recently wrote *Summer of ’42* as well as the new musical *Bonnie and Clyde*; among his many performing credits is the role of Molina in Signature’s production of *Kiss of the Spiderwoman*.

The Boy Detective Fails is based on the popular Joe Meno novel of the same name. In the twilight of a childhood full of wonder, Billy Argo, “boy detective,” is brokenhearted to discover his young sister and crime-solving partner, Caroline, has committed suicide. Ten years later, Billy, age thirty, returns from an extended stay at St. Vitus’ Hospital for the Mentally Ill to discover a world full of unimaginable strangeness. The score is by Adam Gwon, who most recently premiered *Ordinary Days* for Roundabout Theatre Company.

Signature Theatre is located at 4200 Campbell Avenue in Shirlington. For tickets and more information, call 571-527-1860, or visit signature-theatre.org.



If you hear a voice within you say
“You cannot paint”
Then by all means,
paint and that voice
will be silenced.

— Vincent Van Gogh

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Q U O T A B L E :

“Be slow in choosing a friend, slower in changing.”
—Ben Franklin



Hosted by the Christmas Attic and other Union Street Retailers, Alexandria had a joyous and slightly early Christmas event. Free slushees, Christmas cookies and snacks were available to the public. Mr. and Mrs. Santa Claus were there for pictures and entertainment. The local retailers really got into the spirit and put up Christmas decorations inside and outside their establishments to add to the festivities. Family-friendly events were held for all ages. Across from The Christmas Attic live bands performed providing great music for all to hear. A portion of the proceeds generated from this event was donated to the MAKE-A-WISH-FOUNDATION of the Mid-Atlantic.

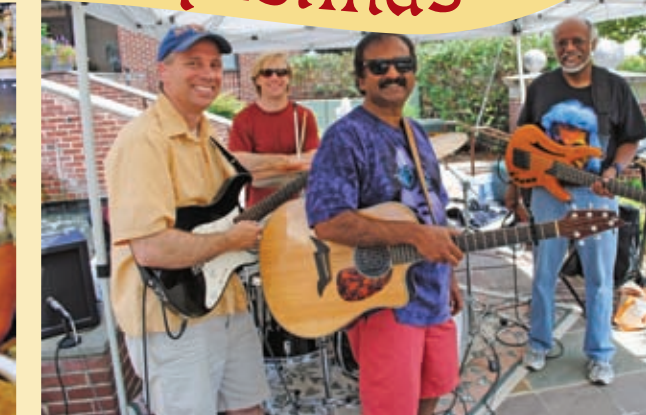
PHOTOS BY HARRY MERRITT

Maura Harty, President and CEO of MAKE-A-WISH-FOUNDATION of the Mid-Atlantic poses with Mr. and Mrs. Santa Claus in their beach attire (aka JR and Sharon Aruthur).

Alexandria Celebrates Christmas in July



With suggestions from Santa, Alexa Hafner and her Aunt Kirstin Dufrene paint nutcrackers for the holidays.



The Mars Rodeo band of Fox Vernon, Tom Coyle, Nandan Kankeremath and Hollis Williams provided great music for the audience on Union Street.



Susan Geroch trims her Christmas tree at Zoe Boutique.



Mike Gilbert of Velocity Bicycles provided pedicab bike ride for sisters Julie and Jackie Wharam.



Architectural Ceramics, Barbara Eberle and Tim White ham it up with a Christmas cookie.



Cheri Hennessy and sister Fay Carter (not shown) owners, The Christmas Attic, provided the focal point the Union Street Christmas in July celebration.

INBOX

▲ Continued from page 3

of the “Best Places to Live” among small cities.

I am delighted that new shops are being added to the retail mix, including independently owned Beautyfull Boutique, Pretty People Vintage, Olio Tasting Room, Lou Lou, Zoe Boutique, Three Sisters and Bishop Boutique (opening soon).

The ACVA is proud to represent the city’s dynamic collection of shops, restaurants, museums, attractions and hotels, and to contribute significantly to the city’s tax base, supporting the high quality of life enjoyed in Alexandria.

Stephanie Pace Brown

Print is NOT dead

To the Editor:

As a column writer, I know what you mean-is anybody reading print? Well, I read yours. Back in Arlington for my 35th reunion and picked up a copy of Zebra. As an owner of 5 dogs, love all the photos.

Just finished running from GW Parkway up Four Mile Run. Then of course read Meg’s article. I remember all those floods. That water always seemed to smell. Nice to see it making a comeback.

Pass on an ‘atta girl to Meg Peters too!

Keep up the good work.

Joe Schuster

▼ See INBOX on page 10



ORIGINAL DRAWING BY PAT PALERMINO

The Christmas Attic Seeks Artists

The Christmas Attic is seeking 25 qualified artists to help produce a temporary exhibition featuring illuminated canvases of art to be revealed in each of the store's windows for The Christmas Attic's Holiday Advent Calendar Event – part of the store's 40th Anniversary Celebration.

All art designs must be seen from a distance and weather- proofed. Artist participation submissions/concept sketches are due, October 3, 2011, with artist selections announced on October 17, 2011. Individuals can download the Call for Artist information and application at www.christmasattic.com.

From December 1 through December 25, 2011 each day at sundown, the store will reveal “advent art” featuring a variety of local artists' holiday creations. All art will be placed either in the windows or on the brick of the building on the front side facing Union Street. At the closing of the Advent Calendar event, the canvases will be available for auction at a post-event celebration (to be scheduled). Proceeds from the auction will go to the Make-A-Wish Foundation of the Mid-Atlantic. The Make-A-Wish Foundation of the Mid-Atlantic grants the wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength and joy.

Alexandria Fall Arts Jubilee

Spectrum of events celebrates the arts of the ‘Third Best Arts Destination Among Mid-Size Cities’

With dozens of art events throughout the fall, Alexandria's Fall Arts Jubilee is a true celebration of the arts – and a delightful time to enjoy the town voted ‘Third Best Arts Destination Among Mid-Size Cities’ by *AmericanStyle* magazine readers.

The Fall Arts Jubilee features a spectrum of signature events throughout the city, from outdoor art festivals to indoor performances, exhibitions, and films.

The 9th annual King Street Festival of the Arts transforms Old Town into an outdoor art gallery with original fine artwork by over 200 artists from the US and abroad, plus live music and the interactive Alexandria Art Experience which includes artist demos, hands-on activities, and a sale of ceramic ice cream bowls made by local artists.

Del Ray's 16th annual Art on the Avenue includes over 350 juried artists

stretched along 10 blocks of Mount Vernon Avenue with four stages for music plus American and ethnic food and kids' art activities.

Kaleidoscope focuses on visual and performing arts in Alexandria with theater, music and dance performances as well as art exhibitions throughout the city.

The West End Art & Wine Festival features more than 90 juried artists, crafters, a Taste of the West End, a wine garden featuring award-winning DelFosse Vineyards and Winery, entertainment, children's activities, and more.

The 5th annual Alexandria Film Festival brings high-quality short and feature length films, documentaries, filmmaker panels, and arts presentations to venues throughout Alexandria.

Round out an Alexandria art experience with a visit to the world-famous



COURTESY PHOTO

Torpedo Factory Art Center and shopping at antique boutiques and independent galleries. Pop into a café or dine in one of the city's acclaimed eateries, enjoy a glass of wine or craft beer and take

in the nightlife, and book a hotel night for a cool-season vacation or staycation.

For a complete list of art events and much more, go to www.VisitAlexandriaVA.com.

Fall Arts Jubilee Signature Events:

September 5 – October 31, 2011

Kaleidoscope

An initiative of the Alexandria Arts Forum and Access through the Arts, focusing on visual and performing arts in Alexandria from Labor Day to Halloween. Enjoy theater, music and dance performances as well as art exhibitions at locations throughout the city. Dates and admission prices vary. www.ArtsKaleidoscope.com or www.ArtsEventsAlexandria.com

September 10 – 11, 2011

Alexandria's King Street Festival of the Arts

Old Town Alexandria's King Street from Washington Street to the waterfront is transformed into an outdoor art gallery with original fine artwork by over 200 artists from the US and abroad at this 9th annual event. The Alexandria Art Experience features hands-on projects, artist demos, and a sale of artist-made ceramic ice cream bowls, presented by The Art League and the Torpedo Factory Art Center. Saturday 10 a.m. to 7 p.m., Sunday 10 a.m. to 5 p.m. Free admission. 703-746-3301 www.VisitAlexandriaVA.com

October 1, 2011

Art on the Avenue in Del Ray

The 16th annual festival includes over 350 juried artists stretched along 10 blocks of Del Ray's Mount Vernon Avenue with four stages for music

plus American and ethnic food and numerous kids' art activities. 10 a.m.-6 p.m. Mount Vernon Avenue in Alexandria's Del Ray neighborhood. Free admission.

www.ArtontheAvenue.org

October 8 – 9, 2011

Alexandria West End Art & Wine Festival

Cameron Station and Ben Brenman Park are transformed into a spectacular destination event featuring more than 90 juried artists; 25 enchanting crafters; a “Taste of the West End” teasing the taste buds with culinary delights from 15 ethnic restaurants; a wine garden featuring award-winning DelFosse Vineyards and Winery; captivating local entertainment; children's activities and sponsor booths. Saturday 10 a.m.-7 p.m. Sunday, 10 a.m.-5 p.m. Admission: art festival - free; wine garden - \$5. 703-751-6455 www.WestEndArtandWineFestival.com

November 3 – 6, 2011

Alexandria Film Festival

This 5th annual festival brings high-quality short and feature length films, documentaries, filmmaker panels, and arts presentations to venues throughout Alexandria. The four-day celebration of film highlights the talents of local, national, and international filmmakers. Locations throughout Alexandria. AlexandriaFilm.org



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Back to Basics – Fighting Pirates

The U.S. military is going through its next national security strategy review right now trying to cut costs and still meet our commitments around the world. These mental gymnastics allow policy folks, academics, gray beards, military officers and other prophets to grapple with what they think the potential threats are to our national security and then look at what arrows we need in our quiver to meet those threats.

These strategic soothsayers write meaty articles for publication, blah-blah-blah endlessly on the Sunday morning talk shows, and espouse creative phrases guaranteed to fog your brain. It's fun to watch Generals and Admirals doing the drinking bird, nodding their approval to the latest catchy Pentagon phrases.

The problem with these made-up phrases is they don't defeat an enemy. You can't give a soldier, marine, sailor or airman a pithy word or phrase and ask him or her to defeat al-Qaeda. It just doesn't pack the same punch.

As we try to wrap Afghanistan into a tidy little package and look for the next 'Peace Dividend' to pay our bills, we realize that the Department of Defense acquisition program has reared two entire generations with champagne tastes. Now we're asking these trust fund babies of the military-industrial complex to exist on a beer budget.

During these tough fiscal times it helps to go back to basics. Perhaps all the services need to look at what their purpose in life is, what their priorities are, and then actually put

their money where their mouth is. Trouble is, for Congress, the real threat to our national security doesn't require major league, high cost, and gold-plated gizmos, no matter how many jobs and dollars it means for their districts. Fighting tomorrow's enemy carrying an AK-47 automatic rifle or a homemade suicide bomb vest doesn't require Millennium Star fighters. The bad guys of the future aren't going to meet us toe-to-toe on the field of battle with any state-of-the-art weapon. They are going to fight us the way we defeated the most powerful empire on earth 235 years ago – they will fight us as we did the British -- simple and dirty.

So being a Navy man, I'd like to go back to basics for the U.S. Navy. What is the mission of the U.S. Navy? Pundits say we need to watch out for China or North Korea. Some point ominously to Iran. Others say that we need to protect our shores and borders from *everyone*. I'm a simple guy who adheres to the KISS principle -- *Keep It Simple Stupid*.

Article I Section 8 of the Constitution is pretty clear when it says,

The Congress shall have Power....To define and punish Piracies and Felonies committed on the high Seas, and Offences against the Law of Nations... make Rules concerning Captures on Land and Water.... And To provide and maintain a Navy;

Being a simple man, I would argue that although China, North Korea, and Iran are major pains-in-the-you-know-what it seems to me that the Navy should be taking care



U.S. NAVY PHOTO ILLUSTRATION/RELEASED

WASHINGTON (Nov. 4, 2010) A composite photograph of the littoral combat ships USS Freedom (LCS 1), top, and USS Independence (LCS 2) provided by Naval Surface Forces, U.S. Pacific Fleet shows the two ships underway.

of the pirates anywhere they threaten our commerce around the globe. As altruistic as we Americans like to believe we are, our Navy's *raison d'être* when John Adams advocated creating a Navy was to protect our commerce on the seas. We did it in the 1800s and today we find ourselves doing it again off the Horn of Africa (Somalia) and in the Indian Ocean. Interesting to note that of the three potential adversaries mentioned above, China and Iran are also fighting pirates alongside us off Africa. Hmmm.

So why are we building great big ships, designed to travel in a large task force, that cost an arm and a leg? I really don't know. I guess it is our natural affinity to Texas-size everything we touch just to make sure. I know it means big dollars and jobs for congressional districts, but even our newest, most advanced Navy combat ship, the



U.S. NAVY PHOTO ILLUSTRATION/RELEASED

An artist rendering of the Zumwalt class destroyer DDG 1000, a new class of multi-mission U.S. Navy surface combatant ship designed to operate as part of a joint maritime fleet, assisting Marine strike forces ashore as well as performing littoral, air and sub-surface warfare.

USS INDEPENDENCE is corroding – and it's less than a year old. If we don't start looking at reality and quit allowing defense contractors and Congress to decide what ships to build and instead let sailors help decide what we truly need out there in the big, cruel, world – it's going to get a lot crueler for our country.

Fancy ships means that we're going to have to cut costs somewhere and that usually means sailors. Remember the slash-and-burn, merger-and-acquisition frenzy in the 1990s? Soon that will mean lots of Sailors out on the streets so we can afford the next Tiffany Class Destroyer or Lauren (Ralph) Class Submarine.

Getting back to basics means maybe -- just maybe-- we shouldn't worry about what's going on in China and focus instead on kids around the world with no jobs and too much time on their hands, living in tiny, lawless, profane, and mis-

directed countries in mud huts or seedy inner city apartments. Its kids like these that really mess up our quiet, orderly lives.

The Navy needs to get back to its roots and fight the little fights. You meet the pirate threat, merchant ships sail, goods get delivered, money changes hands, and the world goes 'round and round.' But if we don't get that right and get back to basics then worrying about the Chinas, the North Koreas, and the Irans is really taking our eye off the ball. Instead of being in the big leagues we may well find ourselves on the bench in the Bush League with the Royal Navy – remembering the good old days.

Marcus Fisk is a retired Navy Captain, Naval Academy graduate, sometime actor, sculptor, pick-up soccer player, and playwright. He and his wife Pamela live in Alexandria.

Congressman Jim Moran Holds Budget Exercise at Ballston Commons



Congressman Moran addresses the participants of the budget exercise, acknowledging that this is great feedback for him and that all congressmen should hold similar events.

Nearly 300 residents of Northern Virginia participated in a "how would you balance the national budget exercise", sponsored by Congressman Jim Moran (D-VA 8th District) and hosted by the Concord Coalition. Groups of 7 to 10 people evaluated the national debt, discussed fiscal issues and voted on what they thought the best course would be to solve the national debt, similar to what a congressional committee would do. Members from Concord Coalition team and Congressman Moran's staff went around to each table and helped facilitate the process. The exercise focused on major funding issues and was very spirited at times.

More than just an academic exercise, at the end of the night some serious issues were addressed. To the surprise of some, many people felt there should be a freeze on defense spending and eventually an elimination of mortgage deductions when the economic recovery allows. Also, since people are living longer, raising the retirement age to collect social security should be considered. Congressman Moran acknowledged this was great feedback for him personally and that all representatives should hold similar exercises with their constituents. The bottom line, all agreed upon was that the current fiscal situation is unsustainable.



Congressman Moran meets with Laura Koschnyu, Cedar Dvorin, Patricia McGrady, Maya Atkinson and Julia Rachiele to get their thoughts on the budget exercise.

PHOTOS BY HARRY MERRITT

Ever Wonder about Old Town Alexandria's Historic Downspouts?

The Friends of Alexandria Archaeology (FOAA) and the Athenaeum are co-sponsoring an illustrated lecture about Alexandria's historic cast iron downspouts. The lecture will be held on Saturday, September 3, at 10 a.m. at the Athenaeum, 201 Prince Street. Archaeologist Mark Michael Ludlow will present The Mid-Nineteenth Century Decorative Cast Iron Downspouts of Old Town Alexandria: Decorative and Functional Architectural Statements of Social Status and Their Connection to the Two T.W. & R.C. Smith Foundries, the Early Hugh Smith Family, and Alexandria's Early Locomotive Manufacturers. Ludlow, a PhD candidate in

archaeology at the University of Wales, Trinity Saint David, estimates there are 36 residences in Old Town with these downspouts. The lecture is expected to last about 45 minutes, and audience members will have an opportunity to ask questions at the end. The lecture is free and open to all, but reservations are required. To make a reservation, contact Paul Nasca at Alexandria Archaeology at paul.nasca@alexandriava.gov or 703.746.4399. The Athenaeum is home to the Northern Virginia Fine Arts Association (NVFAA). The NVFAA strives to establish premier arts programs that enrich the cultural life of Northern Virginia and beyond. Constructed between



PHOTO BY MARK MICHAEL LUDLOW
One of only 36 estimated cast iron downspouts in Old Town Alexandria.

1851 and 1852, it began as the Bank of the Old Dominion. The bank was the source of capital and financing of various businesses – being strategically situated at the head of “Captain’s Row,” a block of 18th-century houses still facing the original cobblestone street. Visit www.nvfaa.org to learn more about the Athenaeum.

Alexandria Lingerie Shop wins Best U.S. Concept Store

Alexandria based, European bra fitting salon, *The Full Cup*, received the prestigious industry award for *Best U.S. Concept Store* at the *2011 International Best of Intima – Best Shop Awards Gala* held July 31st in New York City. With over 150 nominations submitted and only 25 finalists selected for four award categories, this industry event celebrates retail excellence, leading innovators, and valuable specialty stores in the lingerie industry. Best of Intima honors the best lingerie stores from across the country, placing this event as one of the top American lingerie events. The Best Concept Store award recognizes a boutique with a clear, defined, and powerful theme that carries a variety of high-end merchandise paired with impeccable customer service. The store’s brand, marketing and products must be in perfect harmony



Francesca Carrasquillo, buyer for The Full Cup, accepts the Intima award.

with the store’s theme and appeal to targeted customers.

“First and foremost, I thank our Heavenly Father for allowing us the privilege to serve the women in our communities,” said Frances Crespo, Founder & Owner of The Full Cup. “It is a ministry of our heart and we are humbled to be able to have their trust and confidence in us. I am thankful to our wonderful staff, they are the soul of our business, to our vendors for working with us, and to our family for believing in us.”

The Full Cup is dedicated to educating women on the benefits of wearing the proper fitting bra but most importantly to teach women how to acknowledge and take care of their breasts. The store specializes in lingerie for women who wear band sizes 28-48 and cup sizes A-K. The boutique is also very active in the local community by giving back and participating in various breast cancer events and other local women’s charity organizations.

INBOX

▲ INBOX continued from page 10

How insensitive!

To the Editor:

Ms Wadland, for all you know, one of the “little boy’s” parents could have gotten very bad news that day in the waiting room.. Also I don’t think you should speak for the other people in the waiting room. For all you know it brightened their day to see an innocent “little boy” (who has no concept of insensitivity) have some fun with a toy placed there for just that purpose. For all you know he could have been scared, you have no Idea why he and his sister were there. You must be a real hoot to hang out with—you’re the one that needs to be throttled!

Regards,
Michael Primeau

What makes you sing
Yeah! Yeah! Yeah!

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AUGUST 2011



The Chinquapin Garden picnicers pose for a group photo.

CHINQUAPIN ORGANIC GARDENS

Community PICNIC

Early in August the Chinquapin Organic Gardens group held their annual community picnic. Creative dishes of fresh fruits and vegetables from the nearby gardens delighted the participants. Almost 200 plots of land make up the Chinquapin Gardens, which are leased to the public by the City of Alexandria. The Chinquapin Organic Gardens Committee acts as an educational and regulatory group to assist the gardeners. This marks the 13th year for the community picnic. Awards for Best Garden – Vegetables, Best Garden – Flowers, Best Melon Patch and other categories added to the event. Excellent food and fellowship was the mainstay of the picnic. Graced by good weather, a good time was had by all.

PHOTOS BY HARRY MERRITT



Marlin Lord, Chairman of the Chinquapin Organic Garden Committee preps the fire.



Lori Hartman assist Brian Sotkowski as grill master for the picnic.



Alexandria's Councilwoman Del Pepper helped hand out awards. Here Maxine Sorenson receives Best Garden – Use of Flowers award.



Picnickers fill up their plates.



Dana Damico, Tobias, Desmond, Esme and Josephine examine the tomato entries for the various and unique vegetable categories.



Jim Torretti stirs the pot of fresh vegetables from his garden.

New Hope Housing Rock and Stroll Mini Walk

(Acacia Federal Rock & Stroll)

**Saturday,
September 10,
12:30 p.m.
Cameron Run
Park**
Join us in service to
neighbors in need.

Pay tribute to the heroes, victims, and survivors of 9/11.

On Saturday, September 10th, you can participate in the **Acacia Federal Rock & Stroll** at Cameron Run Park, a community service and fundraising event to end homelessness. Wesley Housing is joining together with homeless service providers including **ALIVE!, Arlington-Alexandria Coalition for the Homeless, Carpenter's Shelter, Community Lodgings and New Hope Housing** to host the event on Service Saturday, a time of national service.

Bring your family, friends, youth group, faith community, and co-workers to join this **Help the Homeless Mini-Walk**, learn more about the causes of homelessness, and enjoy a BBQ lunch with entertainment by "**Frank Solivan and Dirty Kitchen**", games, and prizes. The easy stroll to the lake is just right for all ages and is wheelchair accessible.

Registration for the **Acacia Federal Rock & Stroll** is \$20 for youth to age 25 and \$30 for adults. Fee includes picnic lunch, entertainment, Walk registration, and T-shirt.

For more information, contact Michelle Jannazo by email or phone **703.799.2293**.

Join with millions of Americans who will be honoring the 9/11 heroes, victims, and survivors with a time of service and hope. **Make a difference - help us end homelessness.**



August 19-28, 2011



Pick up the check for less during Summer Restaurant Week in Alexandria

BY MARY WADLAND

Certainly there are those restaurants you have heard about and wondered if you would like, but were maybe afraid to make a large commitment to a hefty dinner check, just on a whim. Well, now is the time to take advantage of the price breaks and indulge your foodie curiosities by hitting as many of Alexandria's participating restaurants as you can this August during Summer Restaurant Week, August 19-28, 2011.

62 restaurants throughout the city will feature a \$35 prix-fixe three-course dinner or \$35 dinner for two. Savor the flavors of Alexandria's distinctive collection of eateries, from fine dining establishments to casual neighborhood favorites, with special offers available exclusively during this event.

Restaurant Week menus and online reservations are available on VisitAlexandriaVA.com. Food lovers can feast their eyes on the full list of participants, which includes OpenTable Diners' Choice Winners La Bergerie, A la Lucia, Tempo, the Grille at Morrison House, and the Wharf, plus restaurants from Washingtonian 'Best' lists, including Cheese-tique, Bastille, Jackson 20, and Grape + Bean.

With more than two dozen participating restaurants offering outdoor dining, Alexandria is a lovely setting to dine alfresco and bask in the glow of late summer evenings. Paired with a stroll through the neighborhood and a variety of night-life choices, a dinner out becomes a whole night to remember.





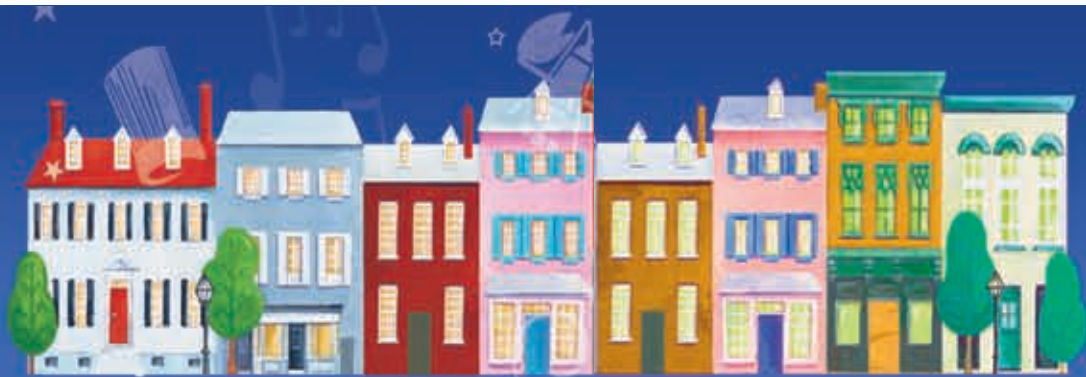
Participating Restaurants

\$35 Three- Course Prix Fixe Dinner

A la Lucia
Bastille
Bilbo Baggins Restaurant
The Carlyle Club
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Murphy's Irish Pub
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DOGS AT WORK

Meet Disco, the therapy dog. Disco is a 10-year-old, pet-therapy-certified, Jack Russell Terrier who has been going to work at the dental office of Dr. Lawrence Singer, DMD at NOVA Smiles at 809 Cameron Street in Alexandria five days a week for most of his life. A typical day for Disco involves greeting each patient as they come through the door, making sure their waiting room experience is enjoyable, and easing their nerves as they sit in the dentist's chair.



Disco sunbathing on the sofa at lunch time.



Disco with Dr. Singer and a patient.



If you have fun pictures of your dogs hard at work in your life, please send them to mary@thezebra.org. We will be happy to try and get them published as soon as we are able.

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It's Personal Now

BY HOLLY BURNETT

While eBay is known for connecting people with “things,” primarily in three categories – of the necessary utilitarian, unnecessary splurging and sentimental – many sellers are now using an item’s auction description to share their stories of why they are selling on eBay. I have well over 75 automatic searches established on eBay for which an email is sent to me each time a new item listing matches one of my search criteria, so I read several hundred auction descriptions a week. And over the past several months, a genuine shift has taken place. Well before some sellers describe the item they are trying to sell, they provide several paragraphs of often times personal information as to why they are selling on eBay – why they need the money.

While it is somewhat annoying to sift through the lengthy diatribes, especially those like the seller who rants and raves about his/her bad experience with Bank of America and actually provides the personal correspondence sent to the financial institution, I am utterly heartbroken by some stories of folks trying desperately to keep their homes, maintain hospice care for a dying loved one or raise funds to provide surgery to a sick animal. While reading these provides much insight into the state of our country... and our economy, it also reminds me of the basic principles that our forefathers’ built their lives upon – the barter system. I will give you eggs from my chickens if you give me milk from your cow. Well I will gladly give you \$20 for a used



Hudson

blouse if it is going to help save a dog’s life.

Just yesterday, in reading the auctions that matched my criteria for bathrobes from Anthropologie, I met Laura, whose 16-year-old Husky Malamute passed away in December. “I took it hard. I knew him longer than my husband,” she explained in an email. She promptly went to a Los Angeles County shelter, which happened to be a high-kill facility, and found Hudson, a young Husky who couldn’t stand because his nails were overgrown and curled under and was suffering from kennel cough, a serious upper respiratory infection. She just couldn’t leave him there. He would never survive, so she and her husband adopted him and fell instantly in love with their new family member. But Hudson has chronic bronchitis and bilateral laryngeal paralysis, so she is telling her story on eBay to raise funds for a much needed surgery. If you would like to help Hudson, check out his mother’s auctions by searching listings for seller “lekibutterfly” or, if you are so inclined, you can make a direct donation through PayPal to athousandshadows@hotmail.com. Any assistance, bidding or otherwise, will be much appreciated.



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MATCH GAME Classic Dramas



BY HOLLY BURNETT

Match the characters at left to their classic dramas in the right column. Correct answer will be revealed in our September issue. Enjoy the game!

Miss Ellie
Lt. Colonel Henry Blake
Laura Palmer
Willie Loomis
Margaret Pynchon
Kate Lawrence
Leo McGarry
Desmond Hume
Angela Channing
Victoria Barkley
Dr. Mark Greene
Krystle Carrington
Rosalind Shays
Jerry Espenson
Miles Drentell
Lt. Bert Samuels
Holling Vincoeur
Dr. Victor Ehrlich
Dixie McCall, RN
Joyce Davenport

The West Wing
Lou Grant
Cagney & Lacey
Northern Exposure
thirtysomething
M*A*S*H
Dynasty
St. Elsewhere
The Big Valley
Dark Shadows
LOST
L.A. Law
Boston Legal
Emergency
Falcon Crest
ER
Family
Hill Street Blues
Twin Peaks
Dallas

July Match Game Answers:

Mr. Baxter/Hazel; Miss Beadle/Little House on the Prairie; Carolyn Appleby/I Love Lucy; Mrs. Naugatuck/Maude; Sam Drucker/Green Acres; Uncle Joe/Petticoat Junction; Ike Godsey/The Waltons; Mr. French/Family Affair; Mrs. Garrett/Facts of Life; Dr. Zachary Smith/Lost in Space; Mike Stivic/All in the Family; Dr. Bombay/Bewitched; Hoss/Bonanza; Mr. Bentley/The Jeffersons; Floyd/The Andy Griffith Show; Alex P. Keaton/Family Ties; Murray Slaughter/The Mary Tyler Moore Show; Dorothy Zbornak/Golden Girls; Alan Brady/The Dick Van Dyke Show; Miss Kitty/Gunsmoke.

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BY ROBERT KNAPP



To Keep Your Children Safe In The Family Vehicle, Give Them A Boost

Dr. Robert Knapp speaks out about the unique dangers children face during auto collisions, and offers a straightforward guide on child booster seats.

In the United States, auto accidents are the leading cause of death for children between one and fourteen years of age. And although marketing for the majority of new vehicles is positioned toward the family, very few modern cars, trucks or vans are built with any consideration for the specific safety needs of children.

Robert Knapp, Doctor of Chiropractic practicing in Alexandria, VA, wants people to realize that this dangerous oversight puts children at risk for serious, even fatal, injuries.

Says Dr. Knapp, “Child safety advocates have, for years, recommended seatbelt-positioning booster seats for all children who have outgrown traditional child safety seats.”

Indeed, many parents and caregivers make the mistake of assuming a child is properly restrained and, therefore, protected if he is secured using an adult-sized seatbelt. Unfortunately, seatbelts are designed to protect adults. They do so by distributing the force of impact across the bony pelvis area during a collision. When a child is restrained with the same seatbelt, however, the belt straddles the soft abdomen. In a collision, this can result in internal injuries such as life-threatening intestinal wounds, as well as serious spinal dislocations.

Compounding this problem is the fact that such internal and spinal injuries are frequently



overlooked during routine examination.

According to Dr. Knapp, “The other significant problem I see with securing children in vehicles by using an adult-sized restraint system is the shoulder harness. It’s designed to fit across an adult’s shoulders, crossing the middle part of the collarbone. But this is not the case when a child uses the same shoulder harness. Instead, the shoulder strap rides dangerously close to the neck which, in an accident, can crush vital arteries. It also puts the child’s upper spine at significantly increased risk of serious damage.”

To avoid the enormous hazards associated with using adult-sized seatbelts on child-sized bodies, always secure your children in age- and size-appropriate booster seats. Adds Dr. Knapp, “There are a few very

easy ways to determine whether your child should be using a booster seat or not. The first is height. If your child is under fifty-seven inches tall, he should use a booster seat every time he gets into a vehicle.

But if your child is this height or taller and cannot sit all the way back against the back seat with his knees bent over the edge of the seat, he still needs a booster seat. Another thing to look for are the positions of the seat belt and shoulder harness. If the seat belt rides across the abdomen instead of the lower pelvic area, or if the shoulder harness rides close to the neck instead of across the middle portion of the collarbone, the child should be secured in a booster seat.”

There are two basic types of booster seats currently on the market, but they are certainly not created equal. The first is a simple backless booster seat. Although the National Highway Traffic Safety Administration endorses this type of child booster seat, Dr. Knapp strongly advises against their use.

Per Dr. Knapp, “Backless booster seats, in actuality, are just as dangerous to a child as an adult-sized restraint system. A much better, safer choice is a high-back booster. This style of booster seat provides a child with the benefit of head re-

straint during a collision. Plus, it offers the additional benefit of head restraint on both sides of a child. This is particularly important when you consider the tremendous risk of long-term whiplash injury. In fact, I just read a study that found high-back booster seats reduced collision-related injuries by an amazing seventy percent.”

It is also wise to check your state’s laws regarding child passengers. Several states have laws that require children to be secured in a booster seat until the ages of six or seven.

“The bottom line is this,” says Dr. Knapp “Don’t allow your child or grandchild to become another tragic statistic. Always make sure that he is properly secured in a high-back booster seat. Before ever backing out of your driveway, make your child’s safety and well-being your number one priority.

Dr. Robert Knapp constantly strives to improve and update his knowledge in the field of chiropractic medicine; he participates in advanced orthopedic post-graduate courses and numerous seminars across the country. If you have a question for Dr. Knapp, please email him at dr.knapp@aachiropractic.com or call his Alexandria office at 703-823-2201.

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Senator Dick Saslaw (D) and Chamber President Tina Leone



Delegate Charniele Herring (D) and Walter Clarke, Vice President, Burke and Herbert Bank

Chamber Corner

The Alexandria Chamber of Commerce hosted an event on July 27 at Clyde’s in the Mark Center which introduced the Chamber and WEBA memberships to the new Senate district starting in November. On hand was the current Senator George Barker (D) and one of his potential Republican challengers, Scott Martin. They both spoke for a few minutes about what defines them as a candidate and their small business platform. Also present were Senator Dick Saslaw (D), Delegate Charniele Herring (D), Vice-Mayor Kerry Donley (D), and Councilman Frank Fannon (R).

COURTESY PHOTOS



Senator George Barker (D) and challenger Scott Martin (R)



Senator George Baker (D) and Chamber President Tina Leone

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The Stabler-Leadbeater Apothecary Museum is offering \$1 off the regular admission fee for each person presenting a ticket stub from "Harry Potter and the Deathly Hallows, Part 2." Visitors will discover the real



For those desiring an even more magical experience, the Apothecary is offering an hour-long “Potions and Lotions” program to groups. Visitors tour the museum and

The Stabler-Leadbeater Apothecary Museum in Old Town Alexandria is noted for its outstanding collection of medicinal herbs, shop furnishings, apothecary bottles and equipment, many still in their original location. It also has a spectacular collection of archival materials, including journals, letters and diaries, prescription and formula books, ledgers, orders and invoices. The names of famous customers appear in the documents, including Martha Washington, Nelly Custis, and Robert E. Lee.

For more information about the Apothecary Museum, visit www.apothecarymuseum.org or call 703.746.3852.



**Vino Vixen is on Vacation!!
Her wise advice on wines
shall return in
September's
issue.**



“It’s my feeling that God lends you your children until they’re about eighteen years old. If you haven’t made your points with them by then, it’s too late.”

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<p>Birchmere Box Office is open 5:00 - 9:00pm on SHOWDAYS ONLY!! A \$4.50 per ticket service charge will apply.</p>	<p>1 MERLE HAGGARD 7:30pm \$79.50</p>	<p>2 DAVID GRISMAN SEXTET 7:30pm \$35.00</p>	<p>3 Joan Osborne (Acoustic) w/ Kris Jacobs (of The Brigsbyes) 7:30pm \$35.00</p>	<p>4 TANK 7:30pm \$39.50</p>	<p>5 POCO & (Band) FIREFALL (Acoustic) 7:30pm \$35.00</p>	<p>6 SUZY BOGGUSS 7:30pm \$29.50</p>	
<p>7 Full Band Electric Fountains of Wayne w/ Nicole Atkins 7:30pm \$29.50</p>	<p>8 Full Band Acoustic Eric Johnson w/ Moreland & Arbuckle 7:30pm \$35.00</p>	<p>10 TBA</p>	<p>11 Chrisette Michele 7:30pm \$59.50</p>	<p>12 Euge Groove 7:30pm \$35.00</p>	<p>13 Steve Earle & The Dukes (4 Duchesses) feat. Allison Moorer 7:30pm \$59.50</p>		
<p>14 Steve Earle & The Dukes (4 Duchesses) feat. Allison Moorer 7:30pm \$59.50</p>	<p>15 10,000 Maniacs '30th Anniversary Tour' 7:30pm \$35.00</p>	<p>16 </p>	<p>17 John Jorgenson & Albert Lee Band AND Bill Kirchen & Too Much Fun 7:30pm \$35.00</p>	<p>18 Norman Brown & Richard Elliot 7:30pm \$55.00</p>	<p>19 Kindred The Family Soul w/ Jay Hayden 7:30pm \$35.00</p>	<p>20 Justin Townes Earle w/ Shovels & Hope (Gary Ben Hurst & Michael Tress) 7:30pm \$25.00</p>	
<p>21 </p>	<p>22 Raul Malo (Band) w/ very special guest Jimmy Webb 7:30pm \$29.50</p>	<p>23 Voices of the Wetlands All-Stars feat. TAB BENNETT, CYRIL NEVILLE, Ashley Osborne, Johnny Vaccaro, Johnny Sansone, Wesley Thibodeau, and Big Chief Monk Brodhead!</p>	<p>24 Don Williams w/ Amy Spence 7:30pm \$55.00</p>	<p>25 </p>	<p>26 THE OUTLAWS & BLACKBERRY SMOKE 7:30pm \$35.00</p>	<p>27 Kim Waters 7:30pm \$29.50</p>	
<p>28 Three Dog Night 7:30pm \$69.50</p>	<p>29 The Birchmere Presents ESPERANZA SPALDING 'Chamber Music Society' www.esperanzaspalding.com Sunday October 16, 2011, 8pm The Warner Theatre, Washington DC Tickets on sale NOW at Ticketmaster.com & LiveNation.com</p>		<p>31 </p>	<p>ticketmaster® Ticketmaster.com 800.745.3000 find a retail outlet near you Ticketmaster.com/outlets</p>			<p>September 3 & 4 MAYSA '20th Anniversary Celebration' 7:30pm \$45.00</p>

Icebox Cherry Cream Cheese Pie

Here's a quick Labor Day dessert that will become a family favorite.

- 1 graham cracker pie crust
- 1 can Comstock cherry pie filling
- 1 large block of Cream Cheese
- 1 can Eagle Brand condensed milk
- ½ cup lemon juice
- 1 tsp vanilla

Using a hand or stand mixer, combine cream cheese, condensed milk, lemon juice and vanilla until smooth. Pour into pie crust. Put in freezer for at least 45 minutes. Top with cherry pie filling just before serving. Store in refrigerator.

Submitted by Wendy Miller

If you have a tried and trusted recipe that is quick and easy and gets rave reviews, please share it with us by emailing us at recipes@thezebra.org.



BY MARY WADLAND

Dr. Lawrence D. Singer, DMD, PC, the owner of DC Smiles, a comprehensive dental, oral health practice of providing patient care from two locations; DC Smiles in Washington, DC and NOVA Smiles in Alexandria, VA, partnered with Sonitus Medical of San Mateo, and a Washington, DC team of physicians in the release of a virtually invisible, in-the-mouth and behind-the-ear hearing system, offering a non-surgical solution to single sided deafness.

The new solution, appropriately named

Alexandria Dentist Helps Patients Regain Hearing

SoundBite, fits like a retainer to the teeth and communicates through a controlled magnetic frequency with a corresponding behind-the-ear device, delivering clear sound to the inner ear. Even more impressive, the sound waves travel via bone-conduction; from the teeth, through the bone, to the cochlea of the inner ear. Furthermore, power emitted from the SoundBite is less than one ten-thousandth (1/10,000) that of a cell phone, is harmless to surrounding tissue, and is FDA approved.

Sonitus Medical has currently hand-selected only twelve physician teams across the country in



The Soundbite device as seen on tooth model.

the SoundBite pre-pilot implementations. These groups, labeled alpha providers, will have exclusive prescribing authority throughout the pre-pilot launch, expected to last through December, 2011.

Included in the nine million people affected by SSD is Singer's 5-year-old son, Max. Born with both microtia and atresia (no external ear or ear canal), Max's treatment options thus far have been less than desirable; the aforementioned bone-anchorage implant, or a visible headband with a box attached.

"When Sonitus approached me with the opportunity of a partnership, I couldn't believe how close to home this hit for me," said Singer. "I'm excited to be the one of the first dentists to work with a product that may not only change my son's life, but the lives of millions."

For more information on Dr. Singer and DC Smiles, please contact Amanda Mitchell at dc.nova.smiles@gmail.com.

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Z P I C K O F T H E M O N T H



Bag the Bottle in Local Art!

These days, with the frequency of cocktail parties and summer gatherings, we all need inventive hostess gifts as we walk in the door. Most of us go with the quick and easy answer, swinging by our local wine shop to pick up a good red or white before heading to the party.

But instead, STOP!

Make your wine *THE* special gift by wrapping it in classic Todd Healy artwork. Featuring images of either Mount Vernon (pictured) or Old Town, envelop your Cabernet or Chardonnay in this delightful woven cotton sack adorned with a black ribbon. Trust me, your potent potable will stand out from the rest.

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Mary Wadland

AUGUST

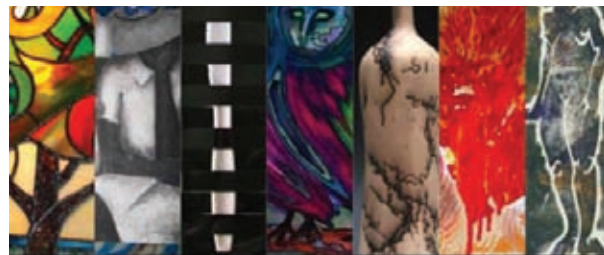
ACTIVITIES AND EVENTS



Second Thursday Art Night

August 11
Torpedo Factory Art Center
Target Gallery
105 North Union Street
Alexandria
torpedofactory.org
703/838-4565
Hop on your bike and head to the Torpedo Factory this sultry summer night! Enjoy live music from

the Petrol-Free Gypsy Carnival Tour and bring in your bike for a free tune-up by VeloCity Bicycle Cooperative. Target Gallery hosts a special designer's reception, The Art League Gallery hosts the reception for 'Scapes, and visitors can view work from this summer's Visiting Artist Program at the reception for Synergy.6-9pm. Free!



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August 5-28, 2011

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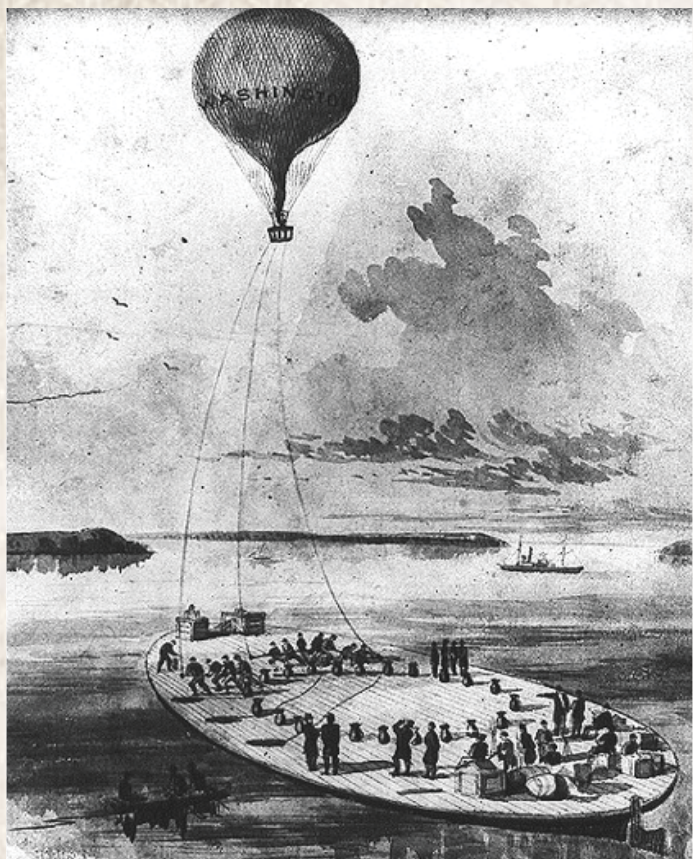
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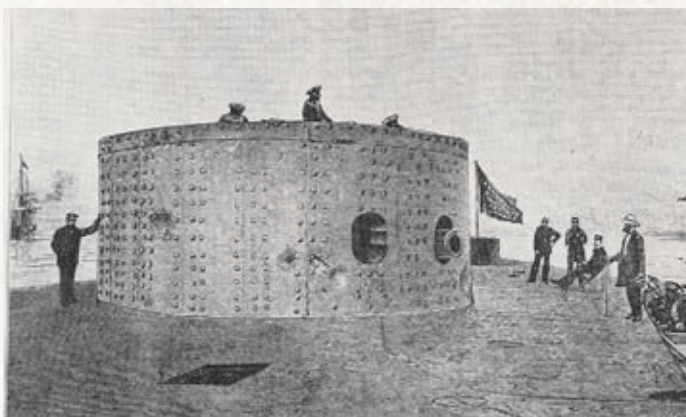


carry out his plan to attack the retreating Union Army from the rear and take Washington, DC, the Civil War might have been a one battle campaign.

Thwarting Davis' desire was the weariness of his troops due to the prolonged battle at Manassas and the capability of crossing the Potomac by boat. This changed Lincoln's mind on who should be commanding the Union forces and he summoned General. George B.

August 1, adoption of Scott's plan to seize the mouth of the Mississippi, to cut off supplies, and drive Confederate forces out of Missouri.

To accomplish this grand plan McClellan requested 225,000 men to form 250 regiments. He envisioned crushing the Confederacy in one fell swoop. This vision was exacerbated by McClellan's other vision -- seeing himself as an American Napoleon.



Civil War Series/Part 3

August 1861 – Civility Leaves the Civil War

BY CHUCK HAGEE

August of 1861 served serious blows to the leadership of both the North and the South. The Battle of Bull Run, as it was known in the North, or First Manassas, as designated by the Confederacy, in late July was a wake-up call for both sides.

For President Abraham Lincoln it highlighted the dysfunctionality of his military command structure. For Confederate President Jefferson Davis it pointed up the critical material shortages and maneuverability restrictions faced by the Confederacy in their break-away efforts from the Union.

August 1861 also ushered in two elements of The Civil War least recognized over the past 150 years -- organized objection to secession and a permanent change in naval warfare.

On August 1, the U.S.S. Minnesota captured the schooner Sally Mears at Hampton Roads, Virginia, thus initiating the naval portion of the conflict. That feat was accompanied by the first balloon ascent from a naval ship in history when a Union naval officer floated skyward in a tethered balloon to serve as an observer of the Hampton Road area.

On that same date, the Confederate vessel Petrel exposed the vulnerability of the Union navy when it managed to slip through the Union blockade at Charleston, SC. One day later, August 2, 1861, the U.S.S. Carolina initiated a blockade of



Galveston, TX.

On August 6, the second session of the Second Wheeling Convention convened in Wheeling, western Virginia, to consider the establishment of a new state in opposition to secession by Virginia. It adjourned August 21. West Virginia was admitted to the Union in 1863, directly because of their citizens' objection to secession by Virginia.

But, perhaps one of the most significant events of that fateful August was the decision-making process President Lincoln faced in his efforts to establish a successfully functioning military command while navigating the ego-driven protocols of the military hierarchy. General-in-chief of the Army Winfield Scott expected all decisions concerning Army structure to flow through him and his chain of command.

Lincoln had other ideas. Especially, as a result of the Union retreat at First Manassas. If Jefferson Davis had been able to

McClellan to Washington.

Upon his arrival on July 24 at the White House, Lincoln placed the city and all troops "in the vicinity" under his command. Lincoln also asked McClellan to attend the upcoming cabinet meeting. For Scott, this added insult to injury and he prevented McClellan's attendance. McClellan agreed with Scott on this action since he too was a product of military protocol -- President or no President.

But, as a result of McClellan's elevation by Lincoln, the relationship between McClellan and Scott deteriorated to the point that Scott resigned. On August 2, McClellan, now free of protocol restrictions, presented Lincoln with a plan for defeating the Confederacy.

His plan was to mobilize The Army of the Potomac and march upon Richmond -- the Confederate capital. It also called for Army movements in Tennessee, which had seceded

Throughout the early part of the war this became Lincoln's greatest problem -- finding a commanding general who could truly lead the Union Army to victory without becoming a military dictator. That would not happen until he finally settled upon Ulysses S. Grant.

In Richmond, Davis had a different problem. Confederate troops were exhausted from Manassas One. There were too few of them to take on the fortifications protecting Washington and they had no means to cross the Potomac from Manassas.

On August 21, Davis met with his Generals Pierre Beauregard and Joseph Johnston at Fairfax Courthouse to discuss again the possibility of invading Washington. Again both advised against it given the number of troops needed, an estimated 60,000, and the Confederacy's lack of weapons and ammunition.

Robert E. Lee was not in charge of troops in the field at this time. He was assigned to Richmond as an aide to Davis directing troop training and field assignments. However, he left Richmond in late July to travel to western Virginia to stop the bickering between Generals Henry Wise and John Floyd and coordinate their mission to stop Union troops from advancing on the Virginia-Tennessee Railroad, the main rail line to Richmond.

By late August, Lee had advanced the troops of Wise and Floyd to within striking distance of Union troops at Huttonville, Beverly and Cheat Mountain. But, he was thwarted by bad weather; the constant rain had made the roads impassable mud beds for supplies, and there was devastating attack of measles on his troops, which was exacerbated by the rains.

As an alternate plan, Lee set up a line of defense that pre-

vented the Union forces from advancing into the Shenandoah Valley. On August 31, Davis named Lee third in seniority of his five top senior generals.

Lincoln, on the other hand, remained ensnared by McClellan and others-- so-so generals that frustrated him and would ultimately cause the war to drag on until he and Grant forged their alliance for victory. That alliance actually commenced, although not fully comprehended by the President at the time, on August 28 when Grant was given command of Union forces in Southern Illinois and South-eastern Missouri.

August 1861 also marked a number of Civil War naval events that included the following:

The U.S.S. Dana captured Confederate sloop Teaser in Nanjemoy Creek, Maryland.

Confederate ship Jefferson Davis captured the Union vessels John Welsh and Enchantress off Cape Hatteras.

Two floating Confederate torpedoes, the forerunner of mines, were captured by the U.S.S. Resolute in the Potomac River. (However, over the course of the war some 40 Union ships were destroyed or damaged by these new weapons of naval warfare.)

John LaMountain began balloon reconnaissance missions from Fort Monroe.

But, the most significant naval event occurred on August 18 when Confederate Secretary of the Navy reported that the Union frigate Merrimack had been raised, docked and was undergoing repairs and refitting. The Merrimack, renamed the C.S.S. Virginia, had been scuttled when Union forces abandoned the Norfolk Navy Yard at Portsmouth, VA, at the commencement of The Civil War.

Her refitting consisted of four inch iron "placed at such angles as to render her ball-proof." She was armed with the heaviest ordinance available at the time and sent against "the enemy (Union) fleet."

This action initiated modern naval warfare using "ironclads" rather than wooden warships and laid the groundwork for the most famous naval battle of The Civil War -- the Confederate Merrimack (C.S.S. Virginia) against the Union ironclad "Monitor" on March 8, 1862 at Hampton Roads. The battle was a standoff. But, naval warfare was forever changed.

August 1861 ended what many conceived, at the outset of The Civil War, a so-called gentleman's conflict. By its conclusion, it was the bloodiest, most brutal and costly war, financially and destructively, as well as in terms of human sacrifice -- dead, wounded and displaced -- ever fought on American soil. It remains so to this day.



I’m often asked what someone should do when involved in an automobile accident when the property damage to the vehicles is not visually extensive and the drivers do not feel as if they are severely hurt at the scene.

This is a difficult question. The issue as to the damage to the vehicles is controlled by the technology regarding safety, particularly bumpers and other safety innovations. The most frequent accident of this sort is the rear-end collision or known as the “rear-ender”. The present technology regarding bumpers and driver protection often prevents property damage which would otherwise be depicted and show a serious impact.

In addition, many people

do not feel severely hurt at the scene of an accident, but often times they have severe problems later in the evening of the day of the accident or the next morning. It has been explained to me by numerous health care providers that the lack of complaints at the scene of the accident may be due to high adrenalin levels experienced by someone otherwise hurt in the accident and very anxious as a result of the accident. Less than \$2,500 damage to your vehicle will be considered by most insurance companies to be “minor damage”. Due to the minimum property damage to your vehicle and a minor injury apparent at the scene, the case will be resisted by the insurance company for the driver who is at fault. Many people who

should be compensated are not, under these circumstances.

The question is: What do you do to protect yourself if you are involved in such an accident?

At the scene of the accident, you should of course get absolute identification from the other driver and his/her insurance information as well. If the police appear, get a copy of the information gathered by the police officer, and be sure to get his information as well. Also get the case number from him if at all possible and ask if there will be an accident report filed and how to get it. If you are able, photograph the vehicles involved. This is usually pretty easy since most cell phones now have cameras. Of course, if you feel hurt at the scene you should

go ahead and ask for assistance to protect yourself.

If you do not feel that injured at the scene of the accident, pay particular attention to how you feel later that day or the next day or so. If you experience discomfort such as this, you should seek treatment to be on the safe side. Keep in mind, that in my experience physical symptoms from this type of impact will often surface later and be significant in many cases.

More often than not, the injuries I see are to the neck. Although I dislike the term, these injuries are often referred to as “whiplash” injuries. Health care providers have advised me that this is often the case since the structures in the neck are delicate and support the head which weighs approximately as

much as a bowling ball. I have even demonstrated this before a jury by actually using a bowling ball with the medical expert testifying.

In conclusion, the steps I suggest may seem daunting but they will be well worth it should your injury be more serious then you expected and you need to retain an attorney.

Christopher Paul Schewe is a former City of Alexandria attorney and has been practicing over 32 years specializing in personal injury cases. If you have a question for Chris, please email him at cpschewe@verizon.net or call his office at 216 South Patrick Street, Alexandria at 703-684-8200.

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Catch Our Mistakes

Stuart Stone, our Dewey Corner columnist caught the most, discovering we had erroneously run June's Table of Contents in the July issue, as well as 8 other typos in the body of the issue. Congratulations Stuart, who wins 2 tickets on the Potomac Riverboat Tours Water Taxi between National Harbor and Old Town.

We know we make mistakes, and to make a game of it, we welcome your catches. Please send them to info@thezebra.org for a chance to win a \$25 gift certificate from an area retailer, restaurant or cruise line!

“By way of
nourishment,
not by way of
knowledge.”

— Rabbi Isaac the Blind



Anne Alden
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D E W E Y C O R N E R

1. United States – Armed Forces – Biography
2. Veterans – United States – Biography
3. Oral history.

(355.0092 22, Dewey Decimal Classification)



I have worked in libraries off and on since my sophomore year in high school and have been lucky to mix my love of history and Romance languages with the fields of teaching and library services. One of the earliest personally satisfying experiences that I had in my library experience was in helping library patrons in St. Louis County register for and receive the Library of Congress’ Talking Books service. I was introduced to this service because of my father’s needs, a World War II veteran, who was losing his eyesight as one of the consequences of the advancing cancer that he fought for over 10 years. My father’s love of reading was in danger of ending and this program kept his love of books alive even as his eyesight waned. The tapes, the recorder, and free postage were all supplied by the Library of Congress through public libraries across the nation. I remembered this vividly when I first applied for a job at the Library and then remembered it again in the year 2000 when this new oral history project was begun. Unfortunately, my father is no longer here and I cannot interview him now, but I want others to know of this effort before their veterans are no longer able to share their experiences. I am considering submitting copies of many of his pictures from WWII and his unit’s annual reunion booklet to the project.

The following information is taken from the Library of Congress’ website and the online link is given at the end of the article. I hope you will consider participating. Everything you need to know is on the website and can be printed out. In this technologically advanced decade, 40 years after my father’s

experience with the Talking Books in the 1960’s, the Library has found it to be unnecessary to supply the equipment (blank tapes, recorder, etc.) and this has not diminished the response



from the American public.

The Veterans History Project of the American Folklife Center collects, preserves, and makes accessible the personal accounts of American war veterans so that future generations may hear directly from veterans and better understand the realities of war.

Stories can be told through Personal Narratives (audio and video-taped interviews, written memoirs), Correspondence (letters, postcards, v-mail, personal diaries), Visual materials (photographs, drawings, scrapbooks)

The Project collects first-hand accounts of U.S. Veterans from the following wars: World War I (1914–1920); World War II (1939–1946); Korean War (1950–1955); Vietnam War (1961–1975); Persian Gulf War (1990–1995); Afghanistan and Iraq conflicts (2001–present).

In addition, those U.S. citizen civilians who were actively involved in supporting war efforts (such as war industry workers, USO workers, flight instructors, medical volunteers, etc.) are also invited to share their valuable stories.

How did the Veterans History Project start? The United States Congress created the Vet-

erans History Project in 2000. The authorizing legislation (Public Law 106–380), sponsored by Representatives Ron Kind, Amo Houghton, and Steny Hoyer in the U.S. House of Representatives and Senators Max Cleland and Chuck Hagel in the U.S. Senate, received unanimous support and was signed into law by President William Jefferson Clinton on October 27, 2000. The Veterans History Project is made possible by the generous support of the United States Congress.

How to Participate in the Project? A participant may be a veteran, an interviewer, or person donating a veteran’s collection. Students in the 10th grade and above may also participate and there are special resources for educators and students.

Take These Five Easy Steps...

1. Register using our online form;
2. Print the Veterans History Project Field Kit (required forms);
3. Prepare for the interview;
4. Conduct the interview;
5. Send your collection to the Library of Congress (Keep a copy for yourself!)

The PDF files require Acrobat reader, freely available on the Web. RealAudio files require RealPlayer, freely available on the Web.

Source:

The Veteran’s History Project website / The Library of Congress
(<http://www.loc.gov/vets>)

Stuart Stone is a 26 year veteran of trench warfare at the Library of Congress, currently a Lusohispanic Acquisitions Specialist (Portugal, Brazil, Colombia, Bolivia, and Ecuador) and the Gaelic Recommending Officer for Scots Gaelic. Buidhinn riomse ‘sa Ghàidhlig! He bikes to work, weather permitting, and frequently stops at stop signs.

RESCUED



PHOTO BY GERA CLARK

Rosie and Sebastian aka Seabass

Both rescued locally by Gera Clark and Brian O’Dwyer
If you have heart-warming or funny story about adopting a pet, please submit it to mary@zebra.org and we will try and publish it as soon as we are able.

C A T I N A B O X



Our cat Smokey still loves boxes, even though he’s often too big to fit inside them these days! He tries anyway, as you can see. Brother Domino looks at the effort and sighs.

SUBMITTED BY THE GRAHAM FAMILY OF ARLINGTON.

Please feel free to capture your cats in boxes on film and send them to mary@thezebra.org. We will try to get them in for you.

Food Donations Urgently Needed

United Community Ministries’ food pantry depends on community donations and its shelves are becoming increasingly bare this summer! Canned meat and fish are greatly needed, as well as canned soups, fruits and vegetables. You can help by dropping off food donations at UCM’s main office, located at 7511 Fordson Road, Alexandria, VA, 22306. UCM’s food pantry accepts food donations Monday – Friday, from 9 am to 5:30 pm and the first Sunday of the month from 9:30 am to 1:00 pm. For families who are struggling, summer is a particularly difficult time. Households need more food because children do not receive free or reduced meals each day at school. Without help, many families face the long days of summer without enough food in their cabinets, and children go hungry. Fortunately, with the community’s help, UCM provides a dependable source of food to get families in need through the long, hot months.

United Community Ministries (UCM) is a community-based non-profit human services provider in Fairfax County, established in 1969. UCM provides some of the most comprehensive assistance programs for low-income individuals, families, and neighborhoods in Fairfax County. The organization helps people fight poverty, hunger, and homelessness and become self-reliant members of the community. UCM’s programs include emergency services, job skills training and job placement, professional child care services, youth development, the Creekside and Sacramento neighborhood development centers, a highly successful child abuse and neglect prevention program, two-year transitional housing programs for the homeless, and the Back Porch thrift store. In its fiscal year ending June 30, 2011, UCM provided life-changing assistance to more than 12,400 people in Fairfax County.



MONTHLY HOME SALES RECAP

through July 28 2011

What’s happening with home sales in your neighborhood?

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OLD TOWN													
51 SKYHILL RD #203	\$274,472	\$272,500	25-Jul-11	3	1	1		1	No	291		SEMINARY WALK	Traditional
1308 DUKE ST	\$799,900	\$795,000	20-Jul-11	3	3	1	3	3	No	239		THE DUKE @ OLD TOWN	Colonial
900 WASHINGTON ST N #202E	\$479,900	\$479,900	13-Jul-11	2	2	0	1	1	No	216		900 N WASHINGTON ST CONDOS	Traditional
402 ROYAL ST S	\$674,990	\$660,000	15-Jul-11	3	1	1		2	No	212		OLD TOWN	Victorian
501 SLATERS LN #405	\$325,000	\$320,000	18-Jul-11	1	1	0		1	No	217		MARINA TOWERS	Contemporary
110 ROBERTS LN #100	\$299,950	\$290,000	11-Jul-11	2	1	0		1	No	110		FORT ELLSWORTH	Contemporary
38 WOLFE ST #25	\$1,199,000	\$1,150,000	22-Jul-11	2	2	2	2	4	No	68		HARBORSIDE	Colonial
309 HOLLAND LN #207	\$298,000	\$290,000	21-Jul-11	1	1	0	1	1	No	110		THE ROYALTON	Contemporary
543 SAINT ASAPH ST S	\$599,000	\$599,000	20-Jul-11	3	2	1		3	No	91		TANNERY YARD	Colonial
2121 JAMIESON AVE #703	\$630,000	\$630,000	20-Jul-11	3	2	1	1	1	No	104		CARLYLE TOWERS	Contemporary
1115 QUAKER HILL CT	\$655,000	\$645,000	27-Jul-11	3	2	1	2	3	Yes	17		QUAKER HILL	Colonial
2151 JAMIESON AVE #1601	\$750,000	\$730,000	11-Jul-11	3	3	1	2	1	No	53		CARLYLE TOWERS	Contemporary
732 ROYAL ST S	\$589,000	\$580,000	19-Jul-11	2	1	0		3	Yes	55		YATES GARDENS	Colonial
314 LEE ST S	\$769,900	\$744,000	14-Jul-11	2	2	1		3	Yes	23		OLD TOWN	Colonial
600 SECOND ST #301	\$1,050,000	\$1,015,000	22-Jul-11	3	2	1	2	1	No	14		LIBERTY ROW	Traditional
306 COMMERCE ST	\$629,900	\$623,000	21-Jul-11	3	2	1		3	No	65		CHELSEA	Colonial
419 OLD TOWN CT	\$549,000	\$535,000	21-Jul-11	2	3	1		3	Yes	44		OLD TOWN STATION	Colonial
309 HOLLAND LN #317	\$414,300	\$405,000	15-Jul-11	2	2	0	1	1	No	22		THE ROYALTON	Contemporary
17 WHARF ST	\$1,850,000	\$1,633,750	27-Jul-11	3	3	2	2	4	No	52		FORDS LANDING	Colonial
1020 POWHATAN ST	\$499,000	\$499,000	22-Jul-11	2	1	1		2	No	19		OLD TOWN	Colonial
319 FAYETTE ST S	\$799,000	\$785,000	15-Jul-11	3	3	1	2	4	No	48		OLD TOWN VILLAGE	Federal
1511 ORONOCO ST #3-6	\$369,000	\$355,000	14-Jul-11	2	1	0		1	No	61		COLECROFT	Colonial
916 PENDLETON ST	\$619,900	\$615,000	18-Jul-11	3	2	1		3	No	24		CARRIAGE WORKS	Other
719 FAYETTE ST N	\$749,250	\$743,000	20-Jul-11	3	2	1	2	4	Yes	38		BRADDOCK LOFTS	Colonial
539 SAINT ASAPH ST S	\$649,900	\$650,000	11-Jul-11	4	2	1		3	No	14		TANNERY YARD	Colonial
1856 POTOMAC GREENS DR	\$720,000	\$710,000	15-Jul-11	3	3	1	2	4	No	34		POTOMAC GREENS	Traditional
562 SAINT ASAPH ST #562	\$499,900	\$481,900	27-Jul-11	2	1	1	1	4	Yes	52		SHAD ROW	Colonial
1600 PRINCE ST #403	\$539,000	\$562,500	20-Jul-11	2	2	0	1	1	No	5		1600 PRINCE STREET	Contemporary
1253 QUAKER HILL DR	\$509,900	\$499,000	22-Jul-11	3	2	2	1	3	Yes	28		QUAKER HILL	Colonial
916 BERNARD ST	\$535,000	\$517,500	26-Jul-11	2	2	0		3	Yes	32		BASHFORD LANE CLUSTER	Colonial
1004 VASSAR RD	\$795,000	\$760,000	19-Jul-11	2	3	0		2	Yes	17		COLLEGE PARK	Rambler
409 QUEEN ST	\$675,000	\$675,000	15-Jul-11	2	1	1		3	Yes	2		OLD TOWN	Colonial
212 LEE ST S	\$995,000	\$950,000	19-Jul-11	3	3	1		3	Yes	14		OLD TOWN	Colonial
410 JEFFERSON ST	\$695,000	\$713,000	22-Jul-11	3	3	0		3	Yes	6		YATES GARDENS	Colonial
1012 PENDLETON ST	\$569,000	\$552,000	25-Jul-11	2	1	0		2	No	19		OLD TOWN ALEXANDRIA	Colonial
526 GIBBON ST	\$574,900	\$612,000	20-Jul-11	2	2	1		2	No	7		OLD TOWN	Colonial
406 HENRY ST N	\$425,000	\$435,000	28-Jul-11	2	1	1		2	No	7		OLD TOWN	Colonial
720 HENRY. ST N	\$729,900	\$720,000	27-Jul-11	3	3	2		4	No	4		BRADDOCK LOFTS	Contemporary
UPPER BRADDOCK													
3101 HAMPTON DR #812	\$299,900	\$287,900	22-Jul-11	3	2	0	2	1	No	55		NORTHAMPTON PLACE	Colonial
1713 MAPLE HILL PL	\$735,999	\$640,000	26-Jul-11	4	3	0	2	2	No	176		MAPLE HILL	Contemporary
618 KINGS CLOISTER CIR	\$1,525,000	\$1,500,000	15-Jul-11	5	4	1	2	3	Yes	218		KING'S CLOISTER	Colonial
1109 BEVERLEY DR #116-11	\$279,999	\$270,000	14-Jul-11	2	1	0		2	No	107		PARKFAIRFAX	Colonial
3311 WYNDHAM CL #1197	\$197,500	\$189,000	21-Jul-11	1	1	0	1	1	No	84		POINTE AT PARK C	Contemporary
1707 CRESTWOOD DR	\$699,900	\$699,900	15-Jul-11	5	3	0	1	3	Yes	38		DYES OAKCREST	Cape Cod
1665 KENWOOD AVE #A	\$365,000	\$365,000	15-Jul-11	3	2	1		2	No	0		BEVERLY HILLS	Other
2500 VAN DORN ST N #919	\$115,000	\$99,000	12-Jul-11	1	1	0		1	No	62		PARK PLACE	Contemporary
1032 VALLEY DR #604-10	\$265,900	\$263,500	19-Jul-11	1	1	0		1	No	51		PARKFAIRFAX	Colonial
2809 RIDGE ROAD DR	\$785,000	\$746,250	20-Jul-11	3	2	1		3	Yes	54		BRADDOCK HEIGHTS	Colonial
1772 DOGWOOD DR #C	\$225,000	\$200,000	18-Jul-11	2	2	0		1	No	43		BEVERLY HILLS	Colonial
3544 VALLEY DR #934-35	\$262,999	\$258,500	15-Jul-11	1	1	0		1	No	20		PARKFAIRFAX	Colonial
3310 WYNDHAM CL #316	\$280,000	\$277,000	11-Jul-11	2	2	0		1	No	9		POINTE AT PARK C	Other
601 WOODLAND TER	\$899,900	\$880,000	22-Jul-11	3	4	0	1	3	Yes	14		JEFFERSON PARK	Colonial
1433 MARTHA CUSTIS DR #403-14	\$229,999	\$220,000	26-Jul-11	1	1	0		1	No	1		PARKFAIRFAX	Colonial
908 ELDON DR	\$789,900	\$789,900	22-Jul-11	4	2	1	1	3	Yes	0		BEVERLY HILLS	Colonial
DEL RAY/ ROSEMONT													
402 LURAY AVE E	\$719,000	\$710,000	14-Jul-11	4	2	0	1	3	Yes	81		DEL RAY	Colonial
7 WYATT AVE W	\$649,000	\$630,000	22-Jul-11	2	1	1		2	Yes	90		DEL RAY	Bungalow
314 HUME AVE #B	\$499,999	\$490,000	21-Jul-11	3	1	1		2	No	50		DEL RAY	Colonial
12 CATON AVE W	\$579,900	\$579,900	18-Jul-11	2	1	0	1	2	Yes	2		DEL RAY	Bungalow
116 BELLEFONTE AVE	\$549,900	\$535,000	22-Jul-11	2	2	0		3	Yes	24		DEL RAY	Colonial
ARLINGTON													
2430 OAKLAND ST	\$225,900	\$225,900	25-Jul-11	3	2	0		3	Yes	119		FORT BARNARD HEIGHTS	Colonial
1432 DINWIDDIE ST	\$879,500	\$865,000	14-Jul-11	5	4	1	3	3	Yes	217		BARCROFT FOREST	Colonial
2614D ARLINGTON MILL DR S #4	\$309,900	\$312,000	19-Jul-11	2	1	0		1	No	177		WINDGATE OF ARLINGTON	Contemporary
2528 WALTER REED DR S #E	\$465,000	\$447,000	18-Jul-11	3	2	1		3	Yes	153		WINDGATE OF ARL	Colonial
2860 BUCHANAN ST S #A1	\$410,000	\$405,000	15-Jul-11	2	2	0		2	Yes	80		FAIRLINGTON	Colonial
2918 BUCHANAN ST S #A1	\$365,000	\$365,000	22-Jul-11	1	2	0		1	No	0		FAIRLINGTON VIL	Contemporary
3400 25TH ST S #22	\$85,900	\$86,000	14-Jul-11	1	1	0		1	No	80		VALLEY HEIGHTS	Contemporary
2649 WALTER REED DR S #C	\$289,000	\$287,500	15-Jul-11	2	1	0		2	No	27		THE ARLINGTON	Traditional
2586B ARLINGTON MILL DR S #2	\$264,900	\$255,000	15-Jul-11	1	1	0		1	No	30		WINDGATE OF ARL	Colonial
2903B WOODSTOCK ST S #2	\$409,000	\$409,000	11-Jul-11	3	2	1		3	No	49		COURTBRDGE I&II	Contemporary
4845 27TH RD S #2490	\$389,900	\$385,000	14-Jul-11	2	2	0		3	Yes	43		FAIRLINGTON VIL	Colonial
4904 29TH RD S #B2	\$250,000	\$245,000	15-Jul-11	1	1	0		1	No	30		FAIRLINGTON VILLAGE	Colonial
2959 COLUMBUS ST S #2820	\$399,900	\$395,000	27-Jul-11	2	2	0		3	Yes	31		FAIRLINGTON VIL	Colonial
3823 FOUR MILE RUN DR	\$202,000	\$205,000	15-Jul-11	2	1	0		3	Yes	12		FORT BARNARD HEIGHTS	Colonial
3316 WAKEFIELD ST S #3316	\$265,000	\$272,000	20-Jul-11	1	1	0		1	No	12		FAIRLINGTON COMM	Colonial
2720 ARLINGTON MILL DR S #50	\$390,000	\$385,000	14-Jul-11	1	2	0	1	11	No	10		SHIRLINGTON VILLAGE	Other
2055 26TH ST S #5-408	\$265,000	\$265,000	20-Jul-11	1	1	0	1	1	No	3		GROVE AT ARLINGTON	Contemporary
1300 CRYSTAL DR #1709S	\$725,000	\$615,000	18-Jul-11	3	2	1	1	1	No	333		CRYSTAL GATEWAY	Contemporary
3650 GLEBE RD S #664	\$369,900	\$360,000	25-Jul-11	1	1	0	1	1	No	193		ECLIPSE ON CENTER PARK	Contemporary
3113 HIGH ST S	\$389,900	\$365,400	15-Jul-11	2	1	1		3	Yes	27		OAKCREST	Colonial
3015 GRANT ST S	\$625,000	\$585,000	13-Jul-11	3	1	1		4	Yes	82		OAKCREST	Colonial
935 26TH ST S	\$795,000	\$798,000	22-Jul-11	3	2	1	1	3	Yes	51		AURORA HILLS	Colonial
1805 CRYSTAL DR #608	\$525,000	\$495,000	22-Jul-11	2	2	0	2	1	No	42		CRYSTAL PARK	Contemporary
714 22ND ST S	\$814,000	\$788,000	15-Jul-11	4	3	0		3	Yes	29		ADDISON HEIGHTS	Cape Cod
1200 ARLINGTON RIDGE RD S #501	\$280,000	\$280,000	15-Jul-11	2	1	0		1	No	46		THE CAVENDISH	Contemporary
720 21ST ST S	\$592,000	\$613,000	15-Jul-11	4	1	1		3	Yes	3		ADDISON HEIGHTS	Cape Cod

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If You Decorate It, They Will Come

I'm sorry – it just drives me crazy. It *shouldn't* drive me crazy, but it just *does* when folks spend money to decorate their home to the nines – and then fail to get around to entertaining. *It's like buying Jimmy Choos and never wearing them in public!* It's just wrong, people !
Step 1: Make your home lovely
Step 2: Show it off
How hard was THAT?

Your house WANTS to look lovely and it wants to be shown-off and enjoyed. (trust me, I'm an Interior Designer, *I know these things* !)

And there are hidden benefits to entertaining.
Benefit: The Deadline! Set a date for a party and now you have a deadline. This is THE way to get yourself to DO your TO-DO list! Always make your deadline be ONE full week before your party (you will always need that extra time).
Benefit : Entertaining forces you to get your house clean and neat. For many



PHOTO BY GINGER RODRIQUEZ

of us, it is only under the pressure of “company coming” that we get our house in order.

Benefit: We get to enjoy the glory of our home at its best and enjoy the fruits of our decorating labor.

I can hear your objection:

“Costs too much Money“ Entertaining does not mean spending a lot of money.

You know, people didn't always live in the opulence we have adopted in recent times.

But they still entertained – probably more.

Some ideas are Desert Party, Cocktail Party, Cocoa Party in winter, Charades Party or Dinner Party.

“Hosts did not used to provide for every dietary variation of each and every guest. Believe it or not, according to etiquette, it's perfectly fine to offer ONE meal, ONE form of cocktail, ONE beverage with meal and/ or ONE desert. You do NOT have to devise an offering that is gluten-dairy-nut-shellfish-fat-free Macrobiotic Vegan. *No, you don't.*

Too much Effort“

You plan your party. You plan your food. You offer what you offer.

And your guests are supposed to act appreciative of it. When served food they can not, or will not consume, they are to discreetly keep it to themselves, eat and drink what they can, and not ask you for anything that was not provided.

One final reason to entertain: reciprocation!

Another point of etiquette that has

been sadly forgotten these days. Reciprocation means that when you invite someone over, then they are supposed to invite you to something in the next few weeks or months. So then you can go to their house and be wined and dined and enjoy their lovely home. And PLEASE, keep your allergies, food sensitivities, quirks and dietary eccentricities to yourself and be a well-behaved, gracious guest!

On the other hand, Should your friends fail to reciprocate, it might mean that they really just don't like you! Or, more likely, their home's interior isn't up to par and they need direction with a freshening-up project. If which case – let them know “you have contacts in the Interior Design world”...ME!

A Virginia native, Ginger shares her experiences; some professional, some personal, in her light-hearted Blog, <http://westbayinteriors.com/blogCoffeeWithGinger> and teaches monthly design seminars (The Alexandria, Design Dilemma Meetup Group) FREE to the community. She lives in Alexandria with her husband and two sons. Good News! We are taking new clients for this Fall 2011! If you'd like help creating a home that fills your spirit with delight as you step in the door ... come step into ours.... <http://westbayinteriors.com/> WestBay Interiors 703-943-7400 Have a design dilemma or question? Email me @ info@westbayinteriors.com



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These furry friends (and many others) are looking for loving homes ...



Ah Wallie - (Male) - Available

Breed: Poodle

Age: 7 Years

Weight: 19 Pounds

History: Shelter

Description: Hi, I'm Wallie! I am such a sweet, loving boy. I am a white poodle that loves to give kisses, chill out and go for casual walks. I know I am gorgeous now, but you should have seen me before AFH - my previous owners took horrible care of me. They let me get so badly matted that I could hardly walk and could not see a thing. To make matters worse they took me to the shelter and literally threw me out of the car window and drove off. Now I am doing so well that all of that is just a memory to me. Because of my poor care, I do have cataracts, but I can get around with some guidance. I am fully potty trained and wait at the door to go out and enjoy lounging outside. I look forward to finding a great home where I will be loved and I will be able to give all the love in me!

Bailey - (Male) - Available

Breed: Shih Tzu / Maltese Mix

Age: 22 Months

Weight: 15 Pounds

History:

Shelter

Description: Bailey is a 1 1/2 year old Shih Tzu, Maltese mix. He has a docked tail and weighs about 15 lbs. He was left at the shelter by his owner because their kids were allergic to him. He is

very sweet and friendly. He is good on leash, seems to do well with other dogs, children. Update: Bailey had surgery on Monday, 7/18, to correct an issue with his back leg. The surgery went well, and Bailey is now home recuperating. He has to stay very quiet in a crate for the next few weeks, but he is still sore, so that seems to be okay with him for now. In a few weeks, the doctor will have him start stretches and exercises. But for now it's just rest and eat! Fortunately, he loves his bed!



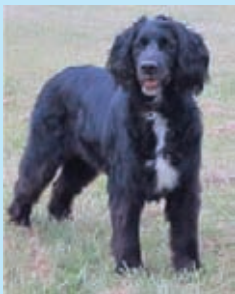
Boo (Susie) - (Female) - Available

Breed: English Springer Spaniel / Black Labrador Retriever Mix

Age: 8 Years

History: Owner Release

Description: Boo and Buddy recently lost their home due to their family breaking up.



Buddy - (Male) - Available

Breed: Border Collie / Spaniel Mix

Age: 5 Years

History: Owner Release

Description: Buddy and Boo lost their home due to their family breaking up.



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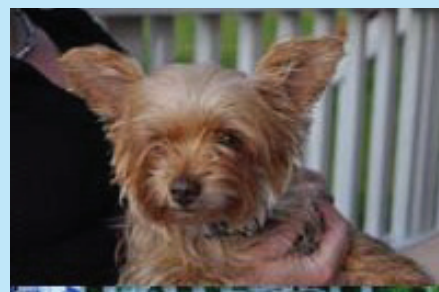
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Juliet from Roane - (Female) - Available

Breed: Yorkshire Terrier Yorkie

Age: 16 Months

History: shelter

Description: Juliet is a pure-bred gold colored Yorkshire Terrier. She is a very sweet little dog that just loves affection. Juliet delivered 4 beautiful pups on 6/6/11. The father is a purebred Pekingese named Romeo. You can see him on our website. Once her pups have been weaned, Juliet will be ready to look for a new home.

Juliet's Pups (Roane) - (Male) - Available

Breed: Yorkshire Terrier Yorkie / Pekingese Mix

Age: 8 Weeks

History: Born AFH's Care

Description: Here we are ...debut for the world to see. We are

adorable YORKINESE pups. Mom is pure golden yorkie and dad was pure white pekingese. We are so very adorable. We are all boys and are

beginning to "wake up" to the world around us. We are doing great so far and enjoying the puppy life. We are already half way to being ready for our new homes and still have a lot to learn ...we will not be able to be seen at foster home until we have our 1st shots at 6 weeks...but already people are interested.. please send an application in ASAP in order to get in the queue to meet us...You WILL miss out BIGTIME if you are not quick.



Kia - (Female) Available

Breed: York-shire Terrier Yorkie Mix

Age: 3 Years

History:

Shelter

Description: Kia is a Yorkie mix. She was given up to the shelter because her owner could no longer care for her. She is a housebroken and a lovely dog.



Tenchi - (Male) - Available

Breed: Corgi / Shetland Sheepdog Sheltie Mix

Age: 5 Years

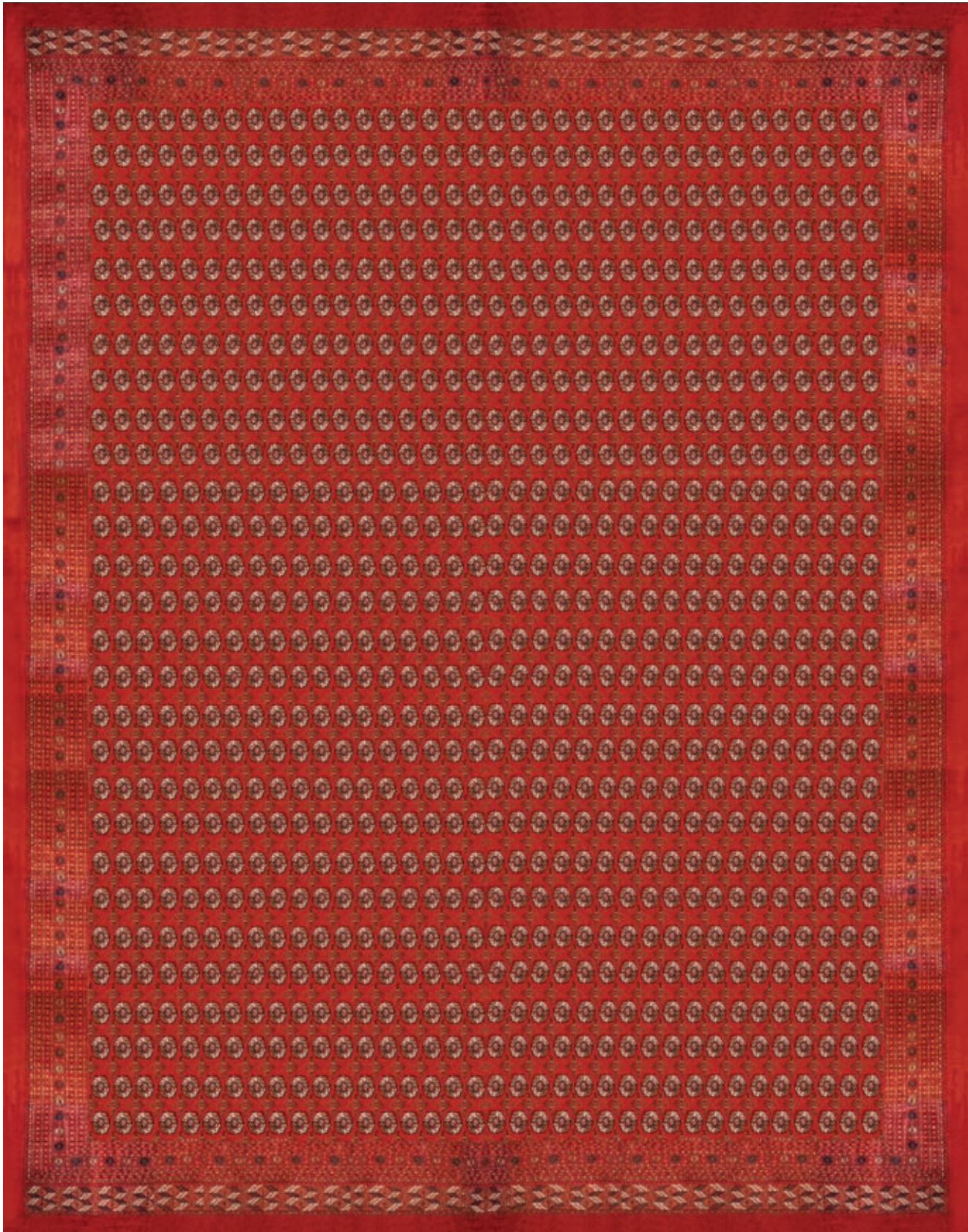
History: Owner Release

Description: Tenchi is a great dog. He is housetrained and crate trained. He likes other dogs and walks well on a leash. He does not chew and is a super dog.



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