



It's  
Swinging  
at The  
Carlyle  
Club

See Page 4

APRIL '16

BLACK AND WHITE AND READ ALL OVER



EASTER IN  
ALEXANDRIA



ART & ANTIQUES AT  
EVOLUTION HOME



TC WILLIAMS'  
NEW FOOTBALL COACH



LIVING LEGENDS - A  
NIGHT TO REMEMBER





# Christine Garner

*It's Not Just My Business,  
It's My Neighborhood*

## OLD TOWN

**\$1,645,000**

Historic 4 bedroom, 3.5 bath home on "Captain's Row" 1 block off King Street and 2 blocks from the river. Extensive restoration with nearly 3,000 sq. ft. of living space featuring spacious light filled rooms with 10' ceilings, beautiful moldings, random width wood floors and 2 fireplaces. Eat-in kitchen with exposed beams and rear stairs to upper level. Main level bedroom with full bath plus half bath for guests. Upper level with 3 bedrooms and 2 baths including the Master suite with en suite bath. Unfinished lower level with tall ceilings and heat, back porch, roof-top deck and fenced yard with pergola and Koi pond.



## ALEXANDRIA/CHAPEL HILL

**\$1,399,000**

Fabulous 7 bedroom, 5.5 + .5 bath custom home with approximately 7000 sq. ft. of living space on .5 acres with a 3 car garage! Great home for entertaining with a dramatic 3 story field stone fireplace in the living room and formal dining room with french doors to a large screened porch. Spacious gourmet kitchen with adjoining breakfast and family room. Master suite with 20' ceilings and luxury bath. Fenced yard with deck and a sports court. Steps to Chinquapin Park!



## BRADDOCK HEIGHTS

**\$854,000**

Fabulous renovation and expansion of this 4 bedroom, 2 bath home on a large corner lot. Tall ceilings, abundant windows and rich hardwood floors throughout. Living room with stone fireplace opens to dining room. Sleek kitchen with granite counters, SS appliances & heated floor. Two main level bedrooms and 2 upper bedrooms including the Master suite with luxury bath. Fenced back yard with patio, manicured lawn and irrigation system.



## IVY HILL

**\$849,000**

Expanded 3 bedroom, 3 bath colonial on a quiet dead end street just 1 mile from the King St. METRO. Living room with fireplace has access to an inviting screened in porch. Formal dining room and kitchen with granite counters and ample cabinet space. Light filled family room with wet bar, built-ins and breakfast area. Upper level with 3 bedrooms and finished lower level with recreation room, full bath, laundry room and storage. Fenced yard with patio, lawn and off street parking.



## BRADDOCK COVE

**\$799,000**

Spacious 4 bedroom, 3.5 bath colonial with many recent updates including a fabulous new kitchen! Formal living room and dining room with bay window. Kitchen with granite counters & SS appliances open to a sunny breakfast room and family room with fireplace. Upper level with 4 bedrooms including the Master suite with en suite bath. Huge lower level with recreation room, full bath and storage room. Located in a quiet cul de sac less close Ft. Ward Park, shopping & restaurants.



## BRADLEE HOMES

**\$599,000**

Deceptively spacious 4 bedroom, 2 bath home on a dead end street just a few blocks from the Bradlee Shopping Center & Ft. Ward Park. Living room with fireplace and custom built-ins. Dining room opens to kitchen with granite counters, breakfast bar, SS appliances and oak cabinetry. 3 main level bedrooms with an updated bath. Huge lower level family room and 4th bedrooms with full bath. Fenced yard with deck, patio and manicured lawn.



## OLD TOWN/PARKER-GRAY

**\$749,900**

Awesome 5 year "young" 2 bedroom, 2.5 bath detached home just a few blocks from Metro, shops and restaurants! Rich in architectural details including tall ceilings with beautiful moldings, open floor plan with light-filled rooms and gleaming hardwood floors on both levels. Gourmet kitchen with center island and adjoining family room with gas fireplace and custom built-ins. French doors open to a professionally landscaped yard with deck, flagstone patio and shed. Convenient side entry to mud room. Upper level with 2 bedroom suites including the Owner's suite with luxury en suite bath with granite topped double vanity, oversize shower and heated floors.



## ROSEMONT

**\$614,000**

This 3 bedroom, 2 bath townhouse is located just a few blocks from 2 METRO stations, shops and restaurants in Del Ray and Old Town! Updated kitchen with granite counters opens to the dining room and family room with exposed brick and 2 skylights. Upper level with 3 bedrooms and an updated bath. Lower level recreation room, 2nd bath and storage with access to the fenced yard with a large deck.



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APRIL '16

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## DISTRIBUTION

30,000 copies delivered by hand each month to households and businesses in the following neighborhoods and high-traffic areas:

Arlington	Crystal City	Park Fairfax
Alexandria	Del Ray	Rosemont
Alexandria West	Fairlington	Seminary Hills
Beverly Hills	Mount Vernon	Shirlington
Braddock	Old Town	
Heights	Alexandria	

## PUBLICATION DATES

Zebra is printed monthly.

## DEADLINES

The deadline for the receipt of all new advertising materials is 5:00 p.m. Wednesday, seven days prior to publication. Materials and space reservations will be accepted for proofed unchanged camera ready repeat ads until 5:00 p.m. Friday, the week before publication. Cancellations and changes cannot be accepted after Monday, the week of publication and no refunds will be made after that time. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication.

## CONTACT

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For advertising information call 703-919-7533

## CATCH OUR MISTAKES

We proofread, but occasionally we make mistakes, so to make a game of it, we encourage you to find the errors we missed. The entrant who finds the most wins a gift certificate from an area retailer or restaurant.

**Barbara Juszczuk in Alexandria did it again and caught more than 28 typos in our February 2016 issue, and has earned a \$25 gift card from The Celtic House, Arlington's BEST Irish Restaurant and Sports Bar.**

If you have a keen eye and a sharp pencil, send your catches to editor@thezebrapress.com.



## PUBLISHER'S NOTE

I have space in this little block each month to maybe share 150 words with you synopsisizing the happenings inside our current issue and relaying the general mood and temperature of our village we call home. Well, there's no question Spring is upon us, and our hearts soar each time we see a tulip poke its head up through the soil or watch the trucks of fresh produce unload at our local farmers markets. Company-wise, we are pleased to highlight the Carlyle Club on our cover, and give a nod to the Big Band days of the romanticized years of well-groomed men in dinner jackets gliding high-heeled, well-jeweled women across dance floors to the swinging sounds of trumpets, clarinets and saxophones. It's all alive and well

at the Carlyle and I suggest you book a table for the next show as soon as you can dial their number. On a personal note, I have recently been battling a life threatening situation which has caused me to have an emergency liver transplant and be hospitalized since February 21, where I remain still, typing this note to you from under crisp white sheets at Georgetown University Hospital. Special thanks go to so many who have been pulling me through, and perhaps in May, I'll dedicate some space inside to tell you the whole story. For now, know *Zebra* carries on, and I am grateful for our hard-working staff, loyal readers and advertisers, and the many friends who have called, written and sent all forms of inspiration and encouragement. Indeed there is a new Spring upon



us—a season of change and color and hope—in more ways than you might ever know. My best always, Mary Wadland

P.S. I went over my 150 words. Onward!

## ZEBRA SPOTTED IN OCEAN CITY!!

Our Potomac Riverboat issue was spotted in Ocean City, MD a while back and we are just getting around to publishing it, so even though you send yours in, fear not, it is probably in a stack to be published. Turns out that after 6 years, we never had archived a shot in OC. Africa, Cambodia, Brussels and other locales, but never Ocean City. Soon we'll show a global view and you readers can start ticking off the places we don't have yet. This shot was submitted by Maureen Grobe, photographed here with Frank Schneider, who has been bartending at BJ's On the Water in Ocean City for over 30 years! Maureen just picked up a \$25 gift certificate to Celtic House Irish Pub and Restaurant in Arlington! Send photos of *Zebra* read around the world to editor@thezebrapress.com and we'll publish them and send you a gift card from an area retailer or restaurant!



On the cover, Chelsea and Chris Cervinski celebrate their August 2015 wedding at the Carlyle Club. (Photo: Annette Labrozzi)

## WHAT BUGS ME

BY DEBBY CRITCHLEY

It's tough when someone is in the hospital. If it's the breadwinner of the family, there are bills that need to be paid and no income. Add in the hospital costs that are beyond belief, and I don't think I know anyone who has insurance that pays for everything. There are deductibles and non-acceptable charges you have to pay for out-of-pocket. To add insult to injury, you go to pop in on your loved one and you get hit again with parking charges. It's expensive enough to be hospitalized, why must friends and family have to pay another \$5-10 to visit? Come on hospitals, give us a break!







Just married, Kenneth and Amy Wolfe dance to music from the Eric Felton Orchestra. (Photo: Annette Labrozzi)

# The Carlyle Club – Alexandria’s Premier Supper Club

*Swing Era elegance, Art Deco beauty, and the best entertainment today*

BY KRIS GILBERTSON

When their now college-age children were very young, a friend approached Alexandrians Brennan and Sharon Reilly about joining a group of investors to lease the restaurant operation in Gadsby’s Tavern. They did, and Brennan, an attorney, negotiated the lease with the City. This was the Reilly’s introduction to the restaurant business.

Then that friendly advisor bought a bar outside of Baltimore and the Reillys bought Yesterday’s All-American Café, a restaurant and deli on the boardwalk in Rehoboth Beach. “But after four or five seasons,” says Sharon Reilly, “the

children were growing up and wanting to do urban kid stuff during summers.”

So the Reillys sold Yesterday’s, returned to Alexandria, and sank the proceeds into an Art Deco entertainment and event venue, the first **Carlyle Club**, which opened in 2007 at 411 John Carlyle Street, in the developing Carlyle District, between Duke Street and Eisenhower Avenue in Alexandria.

### Why Art Deco?

“There wasn’t any place for us to go out, to see a show, to dance, to listen to music,” Sharon Reilly says. “The clubs are for young people, they’re not for older people—so we felt like there

“The clubs are for young people, not older people—so we felt like there was a need. And Brennan always loved the Art Deco period, the glory days of Hollywood and all that.”

was a need. And Brennan always loved history, especially the Art Deco period, the glory days of Hollywood and all that.”

“There are lots of music places out there, but they’re not intimate,” she adds, “and you don’t have a dining experience. We do white table dining.”

At the Carlyle Club, a person can enjoy dinner and watch a show. A lot of shows are “listening experiences, or dancing experiences,” says Sharon. “Glenn Miller is coming soon; we just had the Sinatra tribute to mark his 100<sup>th</sup> year. When Martha Reeves was in town for President Obama’s first inauguration, she did one show at the Carlyle Club.”

Businesses and associations like the Tennessee Board of Trade can also book the club to treat their clients and/or employees and they often bring in celebrity entertainers like Dirks Bentley and Joe Nichols.

The club is equipped with professional sound and lighting—a real theater/stage experience. “We can support whatever music needs to be up

there,” says Sharon, “even an 18-piece orchestra.”

### Law, accounting, and herding fifth graders

Brennan and Sharon Reilly met at Virginia Tech and have been together for 35 years, married for 25. Their oldest two children are in college (Creighton University and Xavier University); the third attends Bishop Ireton High School in Alexandria.

Brennan has degrees in both law and accounting, which Sharon points out is very helpful when running a restaurant. Sharon was a stay-at-home mother for years and then taught second, fourth, and fifth grade in the Fairfax County school system. Six years ago, she took the sabbatical without end.

“My skill set,” she says, “is organization and attention to detail.” Her creative outlet comes as the club’s wedding coordinator and event planner. The club is a venue for a lot of wedding receptions and, says Sharon, “herding wedding parties is a lot like herding fifth graders.”



The Satin Doll Trio at the Carlyle Club in 2015. (Courtesy Carlyle Club).



The Carlyle District

The original Carlyle Club opened nine years ago at 411 John Carlyle Street and stayed there for eight years. In a 2008 media interview, Brennan Reilly predicted that “by the end of this year or next, the Eisenhower Valley off Duke Street will be teeming with tourists, restaurant-goers and night shoppers, and will become one of the region’s next hot spots, along the lines of Clarendon, Ballston or Shirlington.” It hasn’t happened yet. In daylight, the area is a dynamic center of government and business activity, including the U.S. Patent & Trademark Office, Eastern District of Virginia Court, multiple business offices, and future home of the

National Science Foundation, but it’s a different story after office hours. The original plans for the Carlyle district required two-story retail space in the new buildings. Then the recession hit and, notes Reilly, the City allowed developers to redesign with retail spaces becoming one story. “This meant big companies like Crate & Barrel couldn’t come in,” she says. Small businesses couldn’t attract enough foot traffic and, as a result, many struggled and then closed. “We were supposed to be like Clarendon and have the Pottery Barns, Cheesecake Factories, and all that—we were supposed to be a destination,” says Sharon Reilly. She lists some of the casualties: A

chocolate company gone. Yoga studio struggling. Daycare center. “A daycare center—that’s like the end of the world,” Reilly says. In fact, it was the daycare center’s need for two units (one already occupied by the club) that precipitated Carlyle Club’s move to Ballenger Street and a fast-paced construction to minimize down time. The new Carlyle Club “I would not wish a commercial build-out on anybody,” says Sharon. “It was a nightmare. What should be done in a year was done at the club’s new location in five months, and that was not enough time.” Reilly was on site

CONTINUED ON PAGE 10



Guests will relish white tablecloth service in a nightclub reminiscent of the Big Band era at Alexandria’s Carlyle Club. (Photo: Annette Labrozzi)



**The Carlyle Club**  
**2050 Ballenger Street**  
**Alexandria, VA 22314**  
**703-548-8899**

[www.thecarlyleclub.com](http://www.thecarlyleclub.com)

For special events, the Carlyle Club books groups from 20 to 350. For shows, couples and individuals are warmly welcomed. Information about upcoming shows, ticket purchases, and views of the club’s facilities are on the website. On street parking is plentiful in the Carlyle district after office hours and there’s access to two parking garages around the corner on Elizabeth Lane.

The Del Ray Business Association and community want to extend its best wishes for a speedy and complete recovery to Zebra’s favorite editor Mary Wadland. We can’t wait to see her back on the Avenue at one of the following events:



April

- 7 First Thursday – Theme - Hats Along the Avenue • 6 pm – Dark
- 30 Mt. Vernon Community School Big Flea • 7 am - Noon



May

- 5 First Thursday – Theme - Dog Days in Del Ray • 6 pm – Dark
- 7 Del Ray Home & Garden Tour – DRCA • 11 am – 5 pm
- 14 La Bella Strada-An Italian Street Painting Festival • 9 am – 4 pm
- Alexandria’s Tot Rock Festival • 9 am – 1 pm
- 21 Cinema Del Ray – Inside Out • Dusk

June

- 2 First Thursday – Theme - Paint Del Ray • 6 pm – Dark
- 5 A Taste of Del Ray • 1-3 pm
- 18 Cinema Del Ray – Peanuts • Dusk
- 25 Well Ray - Outdoor Celebration of Health & Wellness 9 am – 1 pm



July

- 7 First Thursday – Theme - Red White & Blue • 6 pm – Dark
- 16 Cinema Del Ray – Toy Story • Dusk
- 23 Del Ray Music Festival • 3 pm – 8 pm



August

- 2 National Night Out – DRCA
- 4 First Thursday – Theme - Music & Dance on the Avenue • 6 pm – Dark
- 20 Cinema Del Ray – Aladdin • Dusk



September

- 1 First Thursday – Theme - Health & Wellness on the Ave. • 6 pm - Dark
- 17 Cinema Del Ray - Kung Fu Panda 3 • Dusk

October

- 1 21<sup>st</sup> Annual Art on the Avenue • 10 am – 6 pm
- 30 20<sup>th</sup> Annual Del Ray Halloween Parade • 2 pm

November

- 3 3<sup>rd</sup> Annual Del Ray Aglow Lantern Walk • 6:30 pm
- 24 41<sup>st</sup> Annual Turkey Trot • 9:00 am



December

- 3 Holiday Tree Lighting & Luminarias • 6 pm
- 31 First Night Alexandria

Every Saturday, year round, is the Del Ray Farmer’s Market from 8 am to Noon at the Pat Miller Neighborhood Square at Mt. Vernon & E. Oxford.  
**For more information, go to [www.VisitDelRay.com](http://www.VisitDelRay.com)**



# COMMUNITY news

## VOLUNTEERS, SPONSORS, AND HOMEOWNERS NEEDED ALEXANDRIA'S NATIONAL REBUILDING DAY ON APRIL 30

Rebuilding Together Alexandria is seeking limited income, elderly, veteran, and disabled homeowners who need help maintaining their homes for repair projects during National Rebuilding Day as well as volunteers and sponsors to help fix and maintain the homes of these vulnerable Alexandria, Va. residents. More than 800 volunteers will restore and upgrade homes for residents during this nationwide Rebuilding Together initiative.

With the help of funders and volunteers, Rebuilding Together Alexandria works to stabilize and revitalize the Alexandria community by providing free, safe, and healthy home repairs that help preserve housing affordability. These upgrades are important since most of Rebuilding Together Alexandria's clients live near



CONTINUED ON PAGE 9



Brooke Curran, Founder/CEO of RunningBrooke (front), and 2016 Charity Partners. (Photo by Naomi Hernandez.)

## RUNNINGBROOKE AWARDS \$70,000.00 TO 12 ALEXANDRIA NON-PROFITS

RunningBrooke, an Alexandria, VA nonprofit, recently gave its 12 Charity Partners for 2016 an aggregate of \$70,000.00. The selected charities are: Alexandria Police Foundation, Alexandria Seaport, Alexandria Tutoring

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## CITY BRIEFS

### ALEXANDRIA MUSEUM DIRECTOR AUDREY DAVIS APPOINTED TO STATE BOARD

Virginia Governor Terry McAuliffe announced his appointment of Audrey P. Davis, Director of the Alexandria Black History Museum, to the State Historical Records Advisory Board. The Board serves as the central advisory body for historical records planning and related projects developed and carried out by the state, and promotes an understanding of the role and value of historical records.



Audrey P. Davis

Davis was hired by the City of Alexandria in 1993 and has served as the Alexandria Black History Museum's Director since 2014. In 2004, Virginia Governor Mark R. Warner appointed Ms. Davis to the board of the Virginia Foundation for the Humanities (VFH). In 2007, Virginia Governor Timothy Kaine reappointed her to the VFH Board for a second term.

Davis is the former President of the Alexandria Historical Society (AHS) and currently serves as the AHS Vice President. Most recently, Ms. Davis has served as a consultant to PBS on the historical drama series, *Mercy Street*, which spotlights Alexandria during the Civil War.



### Speed Limit Changes along Seminary and Quaker

Changes came to the speed limits along Seminary Road between I-395 and Quaker Lane, as well as Quaker Lane between Duke Street and Braddock Road. As recommended by the Alexandria Traffic and Parking Board in February, City Manager Mark Jinks approved a request to reduce the speed limits from 35 mph to 25 mph on these segments.

The change was initiated after neighbors raised concerns about pedestrian and vehicular safety. The City conducted a study and concluded vehicles on both Seminary Road and N. Quaker Lane routinely travel in excess of 45 mph and each street has experienced more than 60 crashes over a five-year period. More than 250 residents signed a petition in support of the speed limit changes. Staff will perform a follow-up study this fall to evaluate compliance and the impact the reductions have made.

The speed limit change took effect on Friday, March 25, followed by increased enforcement. Variable message boards alerting drivers of the change have been placed on both Seminary Road and Quaker Lane. Speed indicator signs will also be installed along these corridors this spring.

## Plan Ahead. Pay it Forward.



Use your SmartTrip®  
Card to ride DASH







This summer you might potentially be hosting a future major league player, such as Kyle Zimmer (University of San Francisco ‘12), pictured above, as an example, who played for the Aces during the summer of 2010 and was selected as the fifth overall pick in the 2012 Major League Baseball Draft, by the Kansas City Royals, (<https://www.youtube.com/watch?v=hzt1sVISrsw>) and is projected be in their pitching rotation some time during the summer.

## Can you host a future Major League Ball Player?

Your *Alexandria Aces* will be playing their ninth season in Port City this year, and are actively seeking host families for the upcoming 2016 season! Do you have a spare bedroom with access to a washer or dryer during the upcoming months of June, July, and early August? Do you have a son or daughter who plays baseball and you might like to have a live-in coach during this summer? As an IRS-deemed 501(c)(3) not-for-profit Alexandria community-based organization, host families are critically important to the Aces, and we sincerely thank you in advance for taking the opportunity to host a player, this summer.

families in the past, and, it could happen to you in 2016! Here’s how to do it: please contact Amy Goodrich ([amy\\_goodrich@comcast.net](mailto:amy_goodrich@comcast.net)) for this upcoming season. Amy will connect you with a player for you to host who will be coming to Alexandria to play ‘lights out’ baseball at Frank Mann Field.

As an IRS-deemed 501(c)(3) not-for-profit Alexandria community-based organization, host families are critically important to the Aces, and we sincerely thank you in advance for taking the opportunity to host a player, this summer.

## Learn More About Fair Housing Compliance

In recognition of Fair Housing Month, the City of Alexandria and Arlington County are pleased to offer a two-hour training, Fair Housing Compliance in Your Condominium Community. This training, scheduled for April 18, will introduce key concepts of fair housing practices and is intended to educate community association board members, prospective homebuyers, homeowners, property managers and other professionals on ensuring compliance with the requirements of the federal Fair Housing Act. The training will be held at the Charles Houston Recreation Center, 901 Wythe Street, in Alexandria from 7:00 pm to 9:00 pm. To register, please email Shane Cochran at [shane.cochran@alexandriava.gov](mailto:shane.cochran@alexandriava.gov) or call the Office of Housing at 703.746.4990. This training is offered at no cost to participants and is one of a series of workshops on condominium ownership sponsored by the City and Arlington County, with the support of the Virginia Housing Development Authority (VHDA).

Charles Houston Recreation Center, 901 Wythe Street, in Alexandria from 7:00 pm to 9:00 pm.

To register, please email Shane Cochran at [shane.cochran@alexandriava.gov](mailto:shane.cochran@alexandriava.gov) or call the Office of Housing at 703.746.4990. This training is offered at no cost to participants and is one of a series of workshops on condominium ownership sponsored by the City and Arlington County, with the support of the Virginia Housing Development Authority (VHDA).

# “IN-STEP WITH HISTORY”

Remember when the ship was unearthed recently while a new hotel was digging a giant hole to make room for parking? It’s opened loads of new information and exhibits for Alexandria (please see our Events calendar in this issue for complete list) and opportunities for the community to further preserve the ship itself and the findings.

Among the ‘fun to see’ exhibits is this one of 18th century leather shoes recently excavated from the 220 South Union Street site. The exhibit is ongoing at the Alexandria Archaeology Museum, 105 North Union Street, #327 at the Torpedo Factory Art Center in Old Town.

Check out the sizes and styles worn by early Alexandrian residents: from tiny pointed soles made for children to large rounded men’s varieties. Plus, learn how early shoes were made without a right or left!





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Your community news is sponsored by DASH Bus





BY DEBBY CRITCHLEY

# FOODIE

NEWZ



Another iteration of the Majestic Café is coming. The restaurant closed March 14 for eight weeks of renovations. Chef/Proprietor Gaby Hakman will lead a new culinary direction in the kitchen. Expect a May opening.

We are so lucky to live in this area. We have all sorts of wonderful choices including at least 6 farmer's markets on the weekends. One of my favorites is the **4 Mile Run Market** on Mt. Vernon Ave. on the Alexandria side of South Glebe. The 4MRMarket is



currently indoors but will be moving back outside by the end of April. Bring your compost tubs and empty them at the market every week. Visit some of the wonderful vendors including **Captain Xan's Fishy Business**. Xan provides wild caught Alaskan salmon straight from the nets to your table from "the most sustainable fishery on earth!" His fish is flash frozen and never thawed for firmness and taste. He won't be here too much longer because he will be returning to his boat when fishing season starts in May. **Felicity's Handcrafted Soaps** are a beautiful and natural alternative to store bought soaps. She also has wonderful and soothing skin creams. Do you need tea or potpourri? Visit **Whole Health** organic teas, potpourris, and body scrubs. **Tom's Amish Cheese Store** provides artisan cheese and yogurt, farm-fresh eggs, and Pennsylvania honey. Ask about his great cave-aged cheeses. **L & J Edelen & Family's Homestead Farm** in Faulkner, MD brings pesticide free, GMO seed free natural produce. **Savory 'N Sweet**



is a local Bulgarian baker providing savory and sweet breads, breakfast pastries, fruit pies, breadsticks, and granola. Rebecca of **Second Rising Bakery** bakes delicious breads and cookies that are egg-free and made with real butter, honey, and whole grains. Once this new business is up and running, it will help provide women that have been victimized by the sex trade a second chance. **She Peppers** are backyard gardeners who have turned the peppers, vegetables, and herbs they grow into delicious and unique BBQ sauces, pepper sauces, hot sauces, dips, and rubs. She Peppers also sells seeds and seedlings of the various types of peppers, tomatoes, and herbs for patrons. And let us not forget **Bagel Uprising**. Chad offers authentic handmade bagels—boiled and baked in small batches—that will satisfy your craving for the real thing. Each bagel is a work of love for Chad and it shows. Add a schmear of cream cheese – what more would you want.

Every month I get the opportunity to cook up something wonderful from **Let's Meat on the Avenue**, 2403 Mt. Vernon Ave. I grilled some of their lamb rib chops recently. This is Australian lamb which is less fatty than American lamb. A bit of lemon

juice, oregano, and garlic for a marinade and a quick toss on the grill – they were heaven on the bone. Just down the block, **The Happy Tart**, 2307A Mt. Vernon Ave. is changing. Emma Cech is closing the shop this summer to turn it into a crepe restaurant. You will still find a wonderful selection of your favorite gluten-free treats when they reopen. In the meantime, head to their Falls Church location if you need a gluten-free fix.

As to other happenings in the 'hood, include the opening of **ShakeShack**, 1100 S. Hayes St., in Pentagon City Mall. If all goes as planned, they will be open by the time you are reading this. **Ashlar**, 116 S. Alfred St., is the new restaurant at the Kimpton Hotel. According to the website, "Rustic style meets fine-dining elegance at Ashlar,



Bobby Surdam, Kimpton's Ashlar New Chef

an upscale Old Town tavern where veteran DC chef Bobby Surdam crafts dishes rooted in Mid-Atlantic history." The name is a nod to this area's

## LIVE LONG & ROCK IT ON!

The Rock It Grill sticks a defiant finger-in-the-eye to the creeping tide of upscale establishments lining the elegant streets of Alexandria.

— Neal Learner, *The Washington Post*

HAPPY HOUR DAILY  
3 – 7 P.M.



1319 King Street • Alexandria  
844-325-4458  
www.rockit-grill.com



Goodies from the Happy Tart



## In Memoriam



Four Mile Run Market lost their good friend **Karl Simpson** on March 10, 2016. Karl had been very ill for quite a while but never let anyone know. He was always there with a smile and helping hand. Karl ran Tom's Amish Cheese Shop stall and so much more. He was the first to arrive each Sunday and, after helping everyone else pack up, the last to leave. Karl particularly loved to entertain the kids that came to market and took pleasure in bringing gifts or treats for them. He always had a kind word for everyone. His sly and sometimes silly sense of humor will be missed.

Karl Ashby Simpson II, 69 of Temple Hills, Maryland is survived by his loving family. Karl was buried with Military Honors on March 24, 2016 at the Maryland Veterans Cemetery in Cheltenham, MD 20623

## FOODIE NEWS

CONTINUED FROM PAGE 8

Masonic history. Expect tavern classics including blue crab fritters, bass and shellfish in a smoked tomato broth, and pork cheeks braised with local Port City beer. Other openings and changes to watch for in the coming months include **Live Oak**, 1603 Commonwealth Ave., the new restaurant replacing Monroe's will feature a Southern style menu. **Junction Bakery & Bistro**, 1508 Mount Vernon Ave should be open in May. Mike Anderson is working hard to bring **Whisky and Oyster** to 333 John Carlyle St. The restaurant will feature 95 seats and include an oyster bar. **ALDI**, 425 E. Monroe, is remodeling and renovating the former Giant store. No word yet on when it will open. **Cava Grill** will be coming to the Foxchase Shopping Center on Duke St. and **LongHorn Steakhouse** is coming to the Bailey's Crossroads with a possible late April opening in the Crossroads Place Shopping Center at Leesburg Pike and S. Jefferson St. **Dolce and Bean**, 2003A Mount Vernon Ave, filed paperwork with the city to open in the former home of Artfully Chocolate.



### Don Taco

They propose serving coffee, tea, lattes, ice cream and other sweet treats. **Casa Felipe**, 835 N. Royal, is changing from Mexican to Thai with its change of ownership in early March. And one of my favorites, **Cheesetique #3** will open in Ballston at 800 N. Glebe.

**Don Taco**, 808 King St., has been open since March in Old Town but just celebrated its grand opening on April 2. This is the Alexandria cousin to Arlington's Don Tito. The bi-level restaurant and tequila bar features a fresh take on Mexican cuisine including tacos, ceviche, lomo saltado, chopped salad, and nachos at lunch, dinner, brunch or late night. **Palette 22**, 4053 Campbell Ave., has been open several weeks now to good

reviews. It's an interesting concept with artists in residence while patrons dine on Tacos Vampiros composed of skirt steak, serrano rajas, avocado, chipotle salsa and queso cotija; wild mushroom flatbread pizza (baked in the Marra Forni oven), and churros served with Mexican hot chocolate and strawberries.

On a sad note, **Teaism**, 682 N. St. Asaph, is closing on April 24. The menu featured non-GMO, locally sourced ingredients in a calming, Asian environment. Please stop by for lunch or dinner before they close and enjoy some of my favorites like the chicken curry or the Roseda beef tacos. The three DC locations will remain open.

Until next time, eat well and enjoy!

thousands.

Sponsor and volunteer deadline is April 10 for this April 30, 2016 event for locations all over Alexandria.

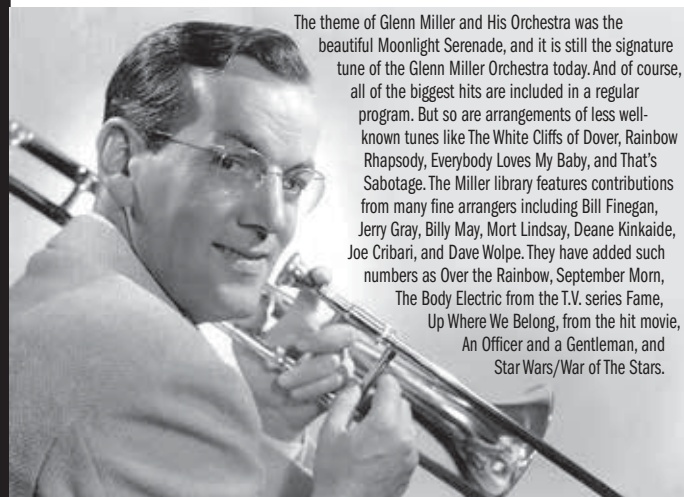
Teams of volunteers will make home improvements, such as repairing windows and doors, replacing cabinets, installing grab bars and safety

rails, painting, doing yard work, installing smoke detectors, building raised vegetable gardens, and weatherizing.

To volunteer or apply to have a home fixed, contact Rebuilding Together Alexandria at 703-836-1021 or visit [www.RebuildingTogetherAlex.org](http://www.RebuildingTogetherAlex.org).



## The Glenn Miller Orchestra



The theme of Glenn Miller and His Orchestra was the beautiful Moonlight Serenade, and it is still the signature tune of the Glenn Miller Orchestra today. And of course, all of the biggest hits are included in a regular program. But so are arrangements of less well-known tunes like The White Cliffs of Dover, Rainbow Rhapsody, Everybody Loves My Baby, and That's Sabotage. The Miller library features contributions from many fine arrangers including Bill Finegan, Jerry Gray, Billy May, Mort Lindsay, Deane Kinkaide, Joe Cribari, and Dave Wolpe. They have added such numbers as Over the Rainbow, September Morn, The Body Electric from the T.V. series Fame, Up Where We Belong, from the hit movie, An Officer and a Gentleman, and Star Wars/War of The Stars.

**Book Your Seats Today!! - Friday, May 6 - Tickets \$35**

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## REBUILDING

CONTINUED FROM PAGE 6

the poverty level. Rebuilding Together Alexandria has worked on more than 1,800 projects in Alexandria since its inception nearly 30 years ago, improving the lives of





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(202) 638-6010 • 877-8TEAISM

## CARLYLE CLUB

CONTINUED FROM PAGE 5

every day, all day, “watching every nail being screwed into the wall.”

Add to this the level of coordination needed with city agencies: health, fire, planning, zoning, special use permit, and an ABC license application that must be printed in two different publications and posted on the front door for eight weeks.

But Reilly gives city

Club kitchen for 8 years, after 15 years at Clyde’s. The club employs about 30 people in front and back of the house. “We’re not a five-star restaurant,” says Sharon Reilly. “We’re traditional—a very good American cuisine restaurant.”

### Bridal showcases and weddings

Carlyle Club stages two Bridal Showcases a year, in January and September, each attracting from 300 to 500 attendees. The club partners with Visit Alexandria to bring

percent entertainment events. “And it’s not just receptions,” says Reilly, “but ceremonies, too. Bring your own officiant, cake, the music you want—Carlyle Club does the rest.”

But not wedding cakes. Reilly says they are “too personal,” although upon occasion, when clients are not local, she has arranged to have the cake created.

### Looking to the future

Asked what she foresees in the future, Sharon Reilly points out that “to become a

**“The City of Alexandria was great to work with. I think they worked with us because we are one of the few entities that has been successful in Carlyle.”**

government high marks. “The City of Alexandria was great to work with. I think they worked with us because we are one of the few entities that has been successful in Carlyle.”

### The event becomes the destination

If the Carlyle district is not yet a destination, the Carlyle Club is a destination unto itself. This is not a regular restaurant. It has no set hours, and opens only if a show or event has been booked. Anyone going there is going for a reason, not dropping in for a drink or a bite.

The price of admission varies. Ticket prices are based on the nature and size of the show, and are gauged to cover the cost of presenting that show. Beyond that is the \$25 minimum per person for food and/or drink, although in the circular bar, with limited sight line to the stage, there is no minimum.

Chef Ibrahim Koroma has controlled the Carlyle

wedding business into the city. At each event, the entire club is set up with supplier exhibits and displays. Clients can talk directly to vendors, like an expo on a small scale.

“It’s not overwhelming like an expo at Dulles that’s so big and with so many people that you can’t really talk and make decisions,” says Sharon. “Here, a person could plan their whole wedding in one day, if they wanted to.”

Reilly brings in “a lot of vendors I’ve worked with over the years. They’re good, leaders in their professions, with good price points—it makes it easy for the buyer.”

Carlyle Club staged 58 weddings from March through December last year. (The club was closed January and February 2015). They have 56 weddings already booked for the upcoming season, with more expected. At this time, the club’s business runs about 60 percent weddings/40

restaurant district, you need restaurants—three or four, or five or six, to choose from—so you become a restaurant area, like Shirlington.”

Carlyle Club partners with two hotels, the Westin Alexandria, which gives a preferred rate for Carlyle Club event guests, and Marriott Residence Inn on Hill Road. But the Carlyle area is deserted after dark and there isn’t a comparable restaurant nearby. “During a three- or four-day conference at one of the hotels,” says Reilly, “guests will come across the street here for dinner and we’ll have a show or something.”

Still, the club is dark several nights a week. Reilly wants to expand corporate private events, even corporate happy hours, and do more music shows. “I’d like to be *not* dark,” she says, “I’d like to be open six nights a week doing something. So we’re going to be doing more of the same.”

## RUNNINGBROOKE

CONTINUED FROM PAGE 6

Consortium, ALIVE!, Center for Alexandria’s Children, Child & Family Network Center, Community Lodgings, Friends of Huntley Meadows, Girls on the Run NoVa, Jane Franklin Dance, QuinTango, and YoKid.

Since 2009, RunningBrooke has granted \$447,351.00 to Alexandria nonprofits, funding playgrounds, early childhood education and literacy, and activities that get kids outside

and moving. Kids that move more are better learners in school.

Brooke Sydnor Curran founded RunningBrooke in May 2009. Brooke pledged in Phase One to run a marathon on each of the 7 continents, in each of the 50 states, and the 5 world marathon majors. She ran at least a marathon-a-month to raise awareness, raise money, and thoughtfully identify — and fill — the gaps.

Brooke continues her monthly-marathon pledge until she reaches 100 marathons — she has run 93 marathons to date —and

raises \$1 Million, on track for EOY 2016. Brooke completed her second IRONMAN in November 2015.

Brooke was the first place finisher in the Easter Island marathon, the Antarctica marathon, and the ONU Indoor Track marathon in Ohio. She twice finished within the top 5 in her age group (Marine Corps Marathon), and placed (came in 2nd) in the Eagle Creek Trail marathon in Indiana. These accomplishments are in spite of her asthma and exercise-induced asthma.



QUOTABLES

**I believe that if life gives you lemons, you should make lemonade... And try to find somebody whose life has given them vodka, and have a party.**

—Ron White

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# SHOUT OUT TO SUGAR SHACK!!

Rob Krupicka, owner of Sugar Shack Donuts in Old Town Alexandria (and now also Arlington!), recently donated two dozen of their specialty donuts to the nurses and techs on the transplant floor at Georgetown University Hospital in a gesture of thanks for “taking care” of Mary Wadland, Zebra Publisher during the recovery period following her emergency liver transplant surgery in late February. Pictured are Mary Wadland on left in pajamas, and Zebra Food and Calendar Editor, Debby Critchley on right, along with part of the nursing staff. Thanks Rob, and the whole team at the Old Town Sugar Shack location!



# George Ate Here



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# Easter in Alexandria

The sky was a bit cloudy and rain threatened and a few drops of rain fell lightly on the scene, but the Easter Bunny was hopping gladly at City Councilman John Chapman's 4<sup>th</sup> Annual Community Easter Egg Hunt held on March 19 at Angel Park in Alexandria. Though no official count was tallied, the event was crowded by parents and kids celebrating Easter and the impending spring, which connecting with neighbors, city officials and local organizations. Well over 1,500 eggs were hidden and there were relay races, art tables and a bunny petting area sponsored by the Animal Welfare League of Alexandria. (Photos by Harry Merritt)



City Councilman Chapman addresses the crowd celebrating the 4th Annual Easter Egg Hunt.



Madeline Booz prepares to dye her Easter egg.



Riley Scanlon carefully carries his egg during the relay race.



Community group gather for the events.



Isaiah Sitton pets rabbit. All the rabbits were available for adoption.



Christopher Chavez with assistance from a volunteer prepares to dye his Easter egg.



Camilo and Lydia Escobar pose with large bunny, above.

Haily Kerr pets a bunny, far left.

City Councilman Chapman coordinates with Lashawn Summons and a volunteer, left.



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"Landscape with Angel"  
Oil, Vladimir Oychinnikov



## EVER-CHANGING ART & ANTIQUES AT EVOLUTION HOME

Evolution Home, located at 6239 Shields Avenue in Alexandria, evolved from a decade-old established antiques store in the Alexandria neighborhood of Del Ray, off Mount Vernon Avenue, and its adjoining consignment shop called Not Too Shabby. In August 2013 the two merged inside a former bowling alley to create a huge one-of-a-kind store with a retail side comprised of approximately 25 dealer spaces and a consignment warehouse with merchandise that is discounted monthly.

Both operations offer vintage, antique and modern furniture and home accessories in all styles and price ranges. Several of the dealers have been with the shop since its inception, and there is an ever-growing waiting list of dealers who wish to rent space. Some have certain specialties, such as original art, mid-



**Art comes and goes quickly at Evolution Home, and at good prices. Photo by Leif Siegrist.**

century furniture, jewelry, and Americana.

On the consignment side, the inventory runs the gamut and occasionally includes the more funky and eclectic, such as an antique goat cart or a reproduction sleigh. Name brands like Kittenger, Baker, Henredon, and Ethan Allen are not unusual among the furniture on consignment.

often priced at a considerable discount. Mindful of the small rooms typical of Alexandria and Arlington homes, the consignment warehouse's manager favors smaller scale pieces, which are often difficult to find in many furniture stores catering to McMansions.

Framed original artwork

**CONTINUED ON PAGE 27**



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<p>Birchmere Box Office is open 5:00 - 9:00pm on <b>SHOWDATES ONLY!</b> A \$5.50 per ticket service charge will apply.</p>	<p>March 28</p> <p style="text-align: center; font-size: 2em;"><b>MUSIQ SOULCHILD</b></p> <p>7:30pm <span style="float: right;">\$65.00</span></p>	<p>March 29</p> <p style="text-align: center; font-size: 2em;"><b>GOAPELE</b></p> <p>w/Carolyn Malachi 7:30pm <span style="float: right;">\$35.00</span></p>	<p>March 30</p> <p style="text-align: center; font-size: 2em;"><b>KEB' MO' BAND</b></p> <p>with special in-band guest <b>Gerald Albright</b> 7:30pm <span style="float: right;">\$89.50</span></p>	<p>1</p> <p style="text-align: center; font-size: 2em;"><b>BOB SCHNEIDER (Solo)</b></p> <p>w/ Karen Jonas 7:30pm <span style="float: right;">\$29.50</span></p>	<p>2</p> <p style="text-align: center; font-size: 2em;"><b>TOM RUSH</b></p> <p>7:30pm <span style="float: right;">\$45.00</span></p>	
<p>3</p> <p style="text-align: center; font-size: 2em;"><b>RIDERS in the SKY</b></p> <p>7:30pm <span style="float: right;">\$25.00</span></p>	<p>4</p> <p style="text-align: center; font-size: 0.8em;">The Birchmere Presents</p> <p style="text-align: center; font-size: 1.2em;"><b>THE AVETT BROTHERS</b></p> <p>with special guest <b>BRETT DENNEN</b> Sunday May 15, 2016 - 7:30pm EagleBank Arena (formerly Patriot Center) George Mason University/ Fairfax, VA <small>Tickets on sale now through <a href="http://Ticketmaster.com/800-745-3000">Ticketmaster.com/800-745-3000</a>!</small></p>		<p>6</p> <p style="text-align: center; font-size: 1.5em;"><b>Ry Cooder, Sharon White, Ricky Skaggs</b></p> <p>7:30pm <span style="float: right;">\$69.50</span></p>	<p>7</p> <p style="text-align: center; font-size: 2em;"><b>Don McLean</b></p> <p>'American Troubadour Tour' 7:30pm <span style="float: right;">\$55.00</span></p>	<p>9</p> <p style="text-align: center; font-size: 2em;"><b>Keiko Matsui</b></p> <p>7:30pm <span style="float: right;">\$45.00</span></p>	
<p>10 An Evening with</p> <p style="text-align: center; font-size: 2em;"><b>Branford Marsalis</b></p> <p>7:30pm <span style="float: right;">\$35.00</span></p>	<p>11</p> <p style="text-align: center; font-size: 2em;"><b>TBA</b></p>	<p>12</p> <p style="text-align: center; font-size: 2em;"><b>ROBIN TROWER</b></p> <p>7:30pm <span style="float: right;">\$49.50</span></p>	<p>13</p> <p style="text-align: center; font-size: 1.5em;"><b>jj grey &amp; mofro</b></p> <p>w/ The Record Company 7:30pm <span style="float: right;">\$35.00</span></p>	<p>14 An Evening with</p> <p style="text-align: center; font-size: 2em;"><b>the church</b></p> <p>7:30pm <span style="float: right;">\$35.00</span></p>	<p>15</p> <p style="text-align: center; font-size: 1.5em;"><b>Average White Band</b></p> <p style="text-align: center;"></p> <p>7:30pm <span style="float: right;">\$45.00</span></p>	
<p>17</p> <p style="text-align: center; font-size: 1.2em;"><b>Charles Ross' One Man Dark Knight: A Batman Parody</b></p> <p>7:30pm <span style="float: right;">\$35.00</span></p>	<p>18</p> <p style="text-align: center; font-size: 2em;"><b>JAKE SHIMABUKURO</b></p> <p>7:30pm <span style="float: right;">\$45.00</span></p>	<p>19</p> <p style="text-align: center; font-size: 2em;"><b>TOWER OF POWER</b></p> <p style="text-align: center; font-size: 0.8em;">EST. 1968</p> <p>7:30pm <span style="float: right;">\$55.00</span></p>	<p>20</p> <p style="text-align: center; font-size: 1.2em;"><i>The Time Jumpers</i></p> <p style="text-align: center; font-size: 0.8em;">featuring</p> <p style="text-align: center;">Vince Gill, Kenny Sears, "Ranger Doug" Green</p> <p>7:30pm &amp; more! <span style="float: right;">\$59.50</span></p>	<p>21</p> <p style="text-align: center; font-size: 1.5em;"><b>Karla Bonoff &amp; Jimmy Webb</b></p> <p>7:30pm <span style="float: right;">\$35.00</span></p>	<p>22</p> <p style="text-align: center; font-size: 2em;"><b>MARC COHN</b></p> <p>7:30pm <span style="float: right;">\$45.00</span></p>	
<p>24</p> <p style="text-align: center; font-size: 1.2em;"><b>GUITAR ARMY</b></p> <p style="text-align: center; font-size: 0.8em;">feat. Robben Ford, Lee Roy Parnell, &amp; Joe Robinson</p> <p>7:30pm <span style="float: right;">\$29.50</span></p> <p style="text-align: center; font-size: 0.8em;">Carpenter's</p> <p style="text-align: center; font-size: 1.5em;"><b>COOK OFF</b></p>	<p>25</p> <p style="text-align: center; font-size: 2em;"><b>ANDY MCKEE</b></p> <p>7:30pm <span style="float: right;">\$25.00</span></p>	<p>26</p> <p style="text-align: center; font-size: 1.2em;">An Acoustic Evening with</p> <p style="text-align: center; font-size: 2em;"><b>JOHN HIATT</b></p> <p>w/ Rick Brantley 7:30pm <span style="float: right;">\$55.00</span></p>	<p>27</p> <p style="text-align: center; font-size: 2em;"><b>Najee</b></p> <p>7:30pm <span style="float: right;">\$45.00</span></p>	<p>28</p> <p style="text-align: center; font-size: 2em;"><b>The Hot Sardines</b></p> <p>7:30pm <span style="float: right;">\$29.50</span></p>	<p>23</p> <p style="text-align: center; font-size: 2em;"><b>Lloyd Cole</b></p> <p>7:30pm <span style="float: right;">\$25.00</span></p>	
		<p>29</p> <p style="text-align: center; font-size: 2em;"><b>THE WAIFS</b></p> <p>w/ Ruby Boots 7:30pm <span style="float: right;">\$35.00</span></p>				



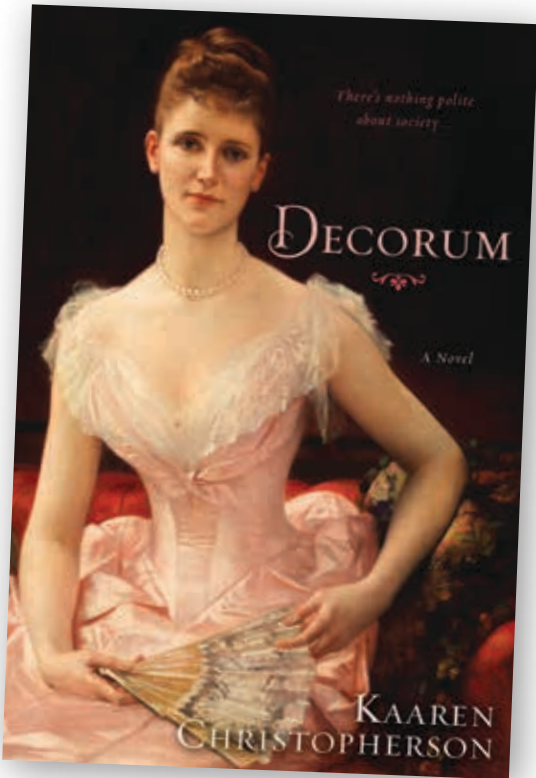


# DECORUM – LONG FORGOTTEN RECIPES

BY RALPH PELUSO,  
LITERARY EDITOR

The bubbly author, Kaaren Christopherson, writer and editor of over twenty-five years provided an interesting historical backdrop to the development of her marvelous period novel. Her love of writing about history began during a family vacation to the battlefields at Gettysburg when she was an impressionable ninth grader. Gettysburg, the bloodiest of all the conflicts in the war against northern aggression, or Civil War, depending one’s vantage point, is emotional and fascinating.

Christopherson knew there were stories, many of which were yet untold. She found one in Jenny Wade, the only civilian killed at Gettysburg. But she took it a step further. The straightforward story would have been to celebrate the bravery of Jenny while nursing wounded soldiers as the battle raged on every side of her. Or, the fact that she was engaged to a Union soldier who was risking his life to ensure all Americans were in fact free, who was most likely destined not to return. She could have told of Jenny’s fearlessness as she knelt next to a fatally wounded Union soldier, helplessly watching as he bled out, ignoring the bullets whizzing dangerously close until one tragically cut her life short. But no, she composed the portrait from the perspective



Kaaren Christopherson

*Decorum*, Christopherson began to have repeated visualizations about two characters dressed in attire of the late 1800s. There was a man dressed very elegantly, including top hat and silver-handled cane, fixed in front of an equally stylish woman. The pair, standing in front of a hotel, was absorbed in an overheated argument. A hansom cab was

about the era and development of two of the characters in *Decorum*.

She began to imagine other scenes including the female (Francesca) singing as the male (Connor) energetically played the piano. Set in New York City during its gilded age, the scene and character development are meticulously careful, particularly of her four critical characters. Riches aren’t enough for Casey O’Connor, a millionaire New Yorker of Irish descent, who seeks to build a legacy. Francesca Lund is beautiful and equally

wealthy. As much as she tried to avoid the trappings that came with affluence, she couldn’t, or wouldn’t resist the allure of wealthy well-dressed gentleman. An ill-matched engagement to the very dapper Edmund Tracy forces her to acknowledge that the rich, including herself, are not exempt from the deadly sins. Then mix in a siren named Blanche and you have yourself a plot.

The author utilized her

grandmother’s recipes about proper etiquette as a preamble to each chapter. Whenever her writing stalled, she’d seek advice for the characters from the etiquette book, finding a rule not followed. I found the decorum rules applicable for today’s society in both

CONTINUED ON PAGE 26

*Decorum – Long Forgotten Recipes*

**Review:** Decorum

**Author:** Kaaren Christopherson

**Publisher:** Kensington Publishing Group, New York, New York

**Reviewed by:** Ralph Peluso, Literary Editor

**Zebra Rating:** 4.5 Stripes

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MOCKINGBIRD

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“Kaaren knew there were many stories, many of which were yet untold. She found one in Jenny Wade, the only civilian killed at Gettysburg.”

of Jenny’s sister who witnessed the heartbreaking scene. In writing about how she felt, the fourteen-year old painted a story that drew from a young woman’s emotions who saw the unfortunate and unnecessary death of her altruistic sister.

In the development of

a few feet away with a top hat-wearing driver, holding the reigns tightly to calm his restless steed. Other carriages passed in the background. Christopherson had no idea what the argument was about, or what the dress of the 1890s was but she launched full bore into a period of discovery

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# APRIL Z-VENTS

## CIVIL WAR SUNDAYS

**Weekly on Sundays, 1:00 pm to 5:00 pm**  
**Alexandria Archaeology**  
**105 N. Union Street, Torpedo Factory Art Center, #327**

Explore the Civil War in Alexandria. Exhibits include: an original May 26, 1861, edition of The New-York Tribune detailing Colonel Elmer Ellsworth's death in Alexandria; a Peeps diorama illustrating Ellsworth's death; TimeTravelers Passport exhibit featuring the Civil War drummer boy; diorama of a heating system constructed in Alexandria to warm Civil War hospital tents during the winter of 1861; cocked and loaded Wickham musket discarded in a privy during the 1860s; and an exhibit on a Lee Street archaeological site relating to the Civil War. Take the museum's History Scavenger Hunt and try your hand at crossmending artifacts.

## MARCH 29 – MAY 15



**Around the Next Corner**  
**Vola Lawson Animal Shelter**  
**Weekdays 12-7pm (closed Wednesday) and weekends 12-5pm**  
**4101 Eisenhower Avenue**

Artworks by Del Ray Artisans depict what might be waiting “around the next corner”. Free. [www.TheDelRayArtisans.org/GWW](http://www.TheDelRayArtisans.org/GWW)

## MARCH 29 – APRIL 15

**Partnerships in Art**  
**Daily**  
**VCA Alexandria Animal Hospital**  
**2660 Duke Street**

“Partnerships”, an art exhibit exploring the bond between humans and animals, is presented by Del Ray Artisans’ Gallery Without Walls program and Veterinary Clinics of America Alexandria Animal Hospital. The exhibit runs from January 31-May 15, 2016 at the animal hospital (2660 Duke Street, Alexandria, VA). An open house is planned for April 2016 by VCA Alexandria; artists featured in the exhibit will be available to discuss their artwork. Free. (703) 838-4827 [www.TheDelRayArtisans.org/GWW](http://www.TheDelRayArtisans.org/GWW)



## MARCH 30 – APRIL 24

**Georgia Nassikas / Oils and Encaustics**  
**Daily, 12:00 pm - 4:00 pm**  
**Athenaeum**  
**201 Prince Street**

In her wax and oil paintings, artist Georgia Nassikas explores the intersection of the abstract and the representational. She focuses on the elemental lines, shapes, and colors that define at core of the natural world. The resulting calm luminous quality of her compositions urges inner reflection and outward preservation of earth's beautiful balance. Over the past decade, in parallel with her organic beekeeping and gardening, she has refined her use of the ancient art of encaustic painting, prevalent in ancient Greece, Egypt, and Italy. She heats and mixes wax from her honeybees with natural pigments and damar crystals. Painting from a hot palette, she manipulates her multi-layered surfaces through marking, scoring, scraping, and burning. These paintings on wood panels present a surface tension and figurative complexity different from the traditional flow of oil as a medium. Free

## MARCH 30 – APRIL 30

**“The Journey to Be Free: Self-emancipation and Alexandria’s Contraband Heritage”**  
**Daily**  
**Alexandria Black History Museum**  
**902 Wythe Street**

During the Civil War, thousands of African Americans escaping slavery sought refuge behind Union lines in Alexandria, Virginia. The fugitives found freedom in Alexandria, but also a city under siege. The influx overwhelmed the city. Rampant disease and deprivation took their toll on the freedmen. A cemetery was created for those who had survived slavery, but did not live long in freedom. “The Journey to Be Free” shows the legacy of Alexandria’s Contraband community and the amazing story of their burial ground that was lost and rediscovered.

## MARCH 30 – MAY 1

**Green Family Exhibit**  
**Daily**  
**Stabler-Leadbeater Apothecary Museum**  
**105-107 S. Fairfax Street**

The Stabler-Leadbeater Apothecary remained open and operational when Alexandria was occupied during the Civil War. The Green Family and Union Quartermaster staff shopped there to purchase everything from Laudanum to Cologne. Today, visitors can take a guided tour and experience the historic space where occupied Alexandria came to shop. The exhibit will feature the purchases and stories of the Green Family and the Union Quartermaster.

## MARCH 30 – JULY 31

**Alexandria’s Nurses & Hospitals During the Civil War**  
**Daily**  
**Lyceum**  
**201 S. Washington Street**

The Lyceum mounts an exhibit on the life of Clarissa Jones, a nurse at The Lyceum hospital during the Civil War. It will bring home to visitors the true story of an actual nurse in Alexandria during the war, drawing parallels with characters portrayed in the PBS drama “Mercy Street.” It will include references to the experiences of other Alexandria nurses at that time, such as Anne Reading, who actually worked in the Mansion House hospital, and Jane Woolsey, who served at the Fairfax Seminary Hospital.

## MARCH 30 – DECEMBER 31

**Who These Wounded Are: Extraordinary Stories of Mansion House Hospital**  
**Daily**  
**Carlyle House**  
**121 N. Fairfax Street**

James Green purchased Carlyle House and the adjacent Bank of Alexandria in 1848. While living in Carlyle House with his family, he converted the Bank Building into the successful Mansion House Hotel. The hotel thrived, and Green expanded it in the 1850s. In November of 1861, the Union Army took over both the hotel and the mansion, turning the hotel into a hospital and the house into doctor and officer housing. The Union occupied the site

until the war ended in 1865. The new exhibit tells the true stories of those who lived and worked here during the war. This is where Mercy Street really happened. \$5, includes a tour of Carlyle House.

## APRIL 1 – MAY 1



**Creatures from the Sea**  
**Thursdays noon - 6 pm; Fridays noon- 9 pm; Saturdays 10 am - 9 pm; Sundays 12 noon - 6 pm**  
**Colasanto Center**  
**2704 Mount Vernon Avenue**

This exhibit features everything from realistic to imaginative interpretations of sea life, ranging from magical human/aquatic hybrids to Sirens, Tritons, Naiads, and their fellow aquatic travelers from oceans, rivers, and lakes. Free. [www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org)

## APRIL – OCTOBER 8

**Medical Heroism in Alexandria Tour (Land and Water)**  
**2nd Saturday and 4th Friday of each month**  
**Potomac Riverboat Company**  
**1 Cameron Street**

Inspired by the PBS miniseries “Mercy Street,” explore the story further by land and by water on this guided tour of Civil War Alexandria. Accompany a trained military historian from DC Military Tours by boat through Alexandria’s 19th-century seaport and then by land for an inside access look at period sites depicted on Mercy Street, including a Civil War hospital and other parts of the city’s Civil War landscape. \$24/person

## APRIL 7 – JUNE 30



**Baseball Boat to National’s Park Home Game Dates**  
**Potomac Riverboat Company**  
**1 Cameron Street**

The Potomac Riverboat Company offers baseball enthusiasts the chance to avoid the crowds and take a leisurely cruise from Old Town Alexandria to Nationals Park along the scenic Potomac River. Online-ticket purchases include free parking. Boats returning to Alexandria depart 20 minutes after final pitch. Boat operates for 80% of Nationals games – check website for specific available dates. One-way \$20, Round-trip \$25 Monday-Thursday;

Round-trip \$28 Friday-Sunday

## APRIL 9

**Uncovering the Past: Alexandria’s African American Civil War History**  
**10:00 - 11:00 am**  
**Alexandria Contrabands & Freedmen Cemetery Memorial**  
**1001 South Washington Street**

Join City Archaeologist Fran Bromberg and Alexandria Black History Museum Director Audrey Davis as you learn about the history of contrabands (escaped slaves) buried in the cemetery, the fascinating archaeology behind its rediscovery, and how the site became a memorial. Reservations encouraged. (703) 746-4399 or (703) 746-4356

**Uncovering the Past: ‘What a Photograph Tells Us: 11 Black Soldiers’ Fight for Equality on the Battlefield and in the Hospital**  
**2:00 - 3:00 pm**  
**Alexandria Black History Museum**  
**902 Wythe Street**

Learn how Charles Joyce traced the history of Francis Snow’s historical photograph of United States Colored Troops (USCT) at L’Ouverture Hospital in Alexandria. Images of USCT soldiers are uncommon, and remarkably, each man is identified on the back of this albumen photograph. These names provide an unusual opportunity to determine what happened to the men after the Civil War. Reservations encouraged. (703) 746-4356

## APRIL 9

**Braddock Day: The French and Indian War at Carlyle House**  
**12:00 pm - 4:00 pm**  
**121 N. Fairfax Street**

Spring, 1755: Major General Edward Braddock, Commander-in-Chief of His Majesty’s Forces in North America convened a meeting of five colonial governors at John Carlyle’s Alexandria home. Among Braddock’s objectives was to secure funding for his upcoming campaign against the French. Carlyle called this gathering “the Grandest Congress ... ever known on the Continent. Step back in time to Braddock’s visit and learn more about the French and Indian War. Meet General Braddock and enjoy the sights and sounds of 18th-century! Costumed interpreters will be on site to answer your questions. Free. Suggested donation \$1/person. [www.novaparks.com](http://www.novaparks.com).



## APRIL 11 & 25

**The Art of Ballroom Dance**  
**7:00-7:45 pm and 7:45-8:30 pm**  
**Athenaeum**  
**201 Prince Street**

Learn the Fox Trot, Waltz, Tango, Swing, Salsa, Meringue, Rumba, Cha-Cha, & Samba. Come with or without a Partner. Beginning and advanced dancers welcome. Both classes are invited to practice from 8:30 - 9:00. \$15/class. (703) 505-5998

## APRIL 14 – APRIL 16



**Save Our Ships Tour**  
**Daily**  
**Alexandria Archaeology**  
**116 South Quaker Lane**

Special behind-the-scenes tours are being offered of our 18th-century ship, before it is moved

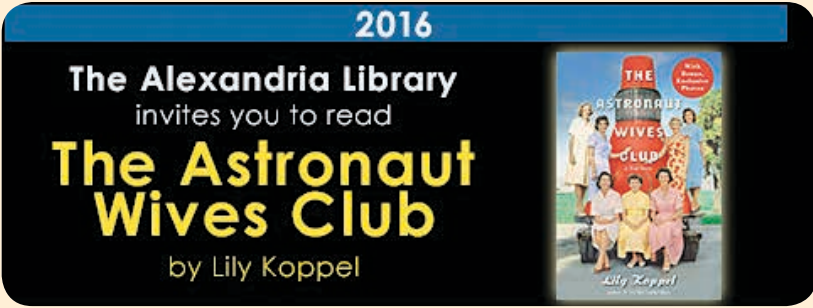


# APRIL Z-VENTS

## APRIL 11

### Alexandria Library's All Alexandria Reads 5005 Duke Street

All Alexandria Reads, Alexandria Library's signature community program is designed to create shared experiences through reading. Everyone is invited to read the featured title, *The Astronaut Wives Club* by Lily Koppel. Beginning April 11 and throughout the month of May, events and discussions related to the themes of *The Astronaut Wives Club* will be happening at various branches. The Alexandria Library will be hosting dozens of events to celebrate All Alexandria Reads. They include children's storytimes and science programs, film screenings, live music,



space exploration expert presentations and book discussions. [https://www.alexandria.lib.va.us/client/en\\_US/home/?rm=AAR+20160||1||0||true&dt=list#.Vvvvz-Ztes8](https://www.alexandria.lib.va.us/client/en_US/home/?rm=AAR+20160||1||0||true&dt=list#.Vvvvz-Ztes8)

to a conservation facility. Reservations for the 30-minute tours are required and available while supplies last from <https://shop.alexandriava.gov/SelectEvent.aspx>. Select Alexandria Archaeology Save our Ship Tours to make a reservation. Minimum donation of \$10 to Save Our Ship through <https://spring2action.razoo.com/Saveourship>. Space is limited.

## APRIL 14

### 2nd Thursday Live: Jane Franklin Dance – Forty+ 7:00 pm - 8:30 pm Athenaeum 201 Prince Street

A mixed repertory performance by *Forty+* features new works by Andie Ligon de Vault, Emily Crews, and recent works by Jane Franklin. Andie Ligon de Vault's "Just Wear a Scarf" comments on the appropriateness of suitable attire for the "well-dressed woman." Ms. Crews' "Dance Squared" is just that, a fun and energizing romp that twists the traditional square dance form. "Thanks and Please Pass the Potatoes" by Ms. Franklin brings up the politeness, and distance, of a polite holiday dinner. The music is by Truman Harris of Eclipse Chamber Orchestra, an Alexandria based music ensemble. \$15. (703) 548-0035

## APRIL 14

### USAF Band Spring Chamber Series: An Evening of Chamber Music for Strings 7:30 pm to 9:00 pm Lyceum 201 S. Washington Street

Features members of the Air Force Strings. <http://www.usafband.af.mil/>, free and open to the public, no reserved seats, first-come, first seated.

## APRIL 17

### Vocal Awards Competition (Finals) 1:30 pm Lyceum 201 S. Washington Street

PARTNERS for the Arts holds its fourth vocal awards competition (Finals), in search of opera's rising stars. It consist of a preliminary round and a final round. The judges come from prominent opera companies that are partnering with us. Free. (703) 241-5496. [partners4thearts@aol.com](mailto:partners4thearts@aol.com). [www.partners4thearts.org](http://www.partners4thearts.org)

## APRIL 17

### Washington Metropolitan Philharmonic Spring Concert 3:00 pm George Washington Masonic Memorial 101 Callahan Drive

Maestro James leads us into April with the familiar and beloved Appalachian Spring by Aaron Copland. Originally orchestrated for only 13 instruments, the Philharmonic will perform Copland's rich and colorful full orchestra version. Nest is Danish Composer Carl Nielsen's enchanting "Springtime in Funen," performed by the acclaimed NOVA Community Chorus conducted by Dr. Mark Whitmire. Funen, the third largest island of Denmark and the composer's birthplace, is the inspiration for his lyrical tribute to the joy of springtime. Full of pastoral light, dancing, folk tunes, and humor, it is Nielsen's most popular choral work. Finally, the Philharmonic will showcase Robert Schuman's joyful and lyrical "Spring" symphony, his Symphony #1. This beloved romantic work captures the joy and freshness of spring after the trials of winter. 20.00, children under 18 free

## APRIL 17

### Music in the Gallery: Min Flute and Guitar Duo 2:00 pm to 3:00 pm Athenaeum 201 Prince Street

The music of the contemporary flute and guitar duo *MIN* features the artistry of flutist Saïs Kamalidiin and guitarist extraordinaire Rick Peralta performing a very diverse chamber music program. Compositions performed will be selected from works by Schubert, Beethoven, Ellington, Wonder, Villa-Lobos, Coltrane, Carulli, Klugh, Musarurwa, Piazzolla, Gates, Hooker and many others. The music of *MIN* is representative of music styles from across America and from around the world. Expect the unexpected. Free. (703) 548-0035

## APRIL 21

### USAF Band Spring Chamber Series: Tuba and Euphonium 7:30 pm to 9:00 pm Lyceum 201 S. Washington Street

Features members of the ceremonial Brass, concert 7:30 – 9:00 pm. <http://www.usafband.af.mil/>. Free and open to the public, no reserved seats, first-come, first seated.

## APRIL 23

### Civil War Surgeon & Field Hospital Program 11:00 am - 4:00 pm Fort Ward Museum & Historic Site 4301 West Braddock Road

Learn about surgical procedures and medical care of the Civil War period at a special living history program at Fort Ward Museum & Historic Site. The program is presented by Civil War medical historian and living history interpreter Von Barron, who will portray a regimental surgeon in a field hospital setting that features a variety of medical tools and equipment of the era. Visitors can also meet Civil War African American nurse Susie King Taylor, who will be portrayed by Heather Butts, author of the book *African-American Medicine in Washington, D.C.: Healing the Capital during the Civil War Era*. The Museum exhibit, "Medical Care for the Civil War Soldier" is on view, which includes information on Alexandria's vital role as a hospital center for the Union Army.

## APRIL 23

### 83rd Annual Alexandria Historic Homes & Garden Tour 10:00 am - 4:00 pm Carlyle House Historic Park 121 N. Fairfax Street

Overlooking the Potomac River and within view of our Nation's Capital, Alexandria was established in 1749. Tour includes five homes and gardens in the historic district and refreshments at St. Paul's Episcopal Church. Boutique shopping and fine dining are just steps away. Be sure to stop by the Marketplace at the Athenaeum at 201 Prince Street. Ticket price also includes admission to these nearby sites, making for a full day of touring: The Carlyle House Historic Park, Lee-Fendall House Museum and Garden, George Mason's Gunston Hall and George Washington's Mount Vernon Estate and Gardens. Advance ticket price: \$40; Day of tour \$45

## APRIL 23

### Carlyle House Garden Day, Herb & Craft Sale 8:00 am - 4:00 pm

Celebrate spring with the Friends of Carlyle House's Annual Garden Day Herb & Craft Sale. An exciting mix of herbs and other plants from Mount Vernon and Layng & Company will be available for purchase. Listen to performances by area musicians throughout the day, bring your garden questions to our Master Gardeners, and shop for items made by local artisans and crafters. This event is free, however admission for the House tour is \$5 for adults; \$3 for children 5-12 years old; free for children 4 & under or free with your Alexandria Garden Day ticket. Pre-sale of plants only on Friday, April 17 from 11 am - 3 pm.

## APRIL 24

### Annual George Washington Parkway Classic 10 Mile, 5k and Kids Dash 8:00 am Sugar Shack Kids Dash - 10:30 am Various starting points

This course, renowned for lush scenery and gorgeous river views, takes runners down the GW Parkway and through the iconic brick buildings lining the streets of Alexandria. With the colors of spring in bloom as a backdrop, and scores of spectators cheering along the way, this course offers a one-of-a-kind experience and makes the

Parkway Classic the perfect race to kick off your running season! \$10 - \$80  
[www.runpacers.com/race/parkway-classic/](http://www.runpacers.com/race/parkway-classic/)

## APRIL 24

### An Evening of Poetry and Music with California Poet Laureate, Dana Gioia and the US Army Chorus 5:00 pm Christ the King Anglican Church 1801 N. Quaker Lane

An Evening of Poetry and Music with California Poet Laureate, Dana Gioia, and the choral works of Morten Lauridsen sung by The U.S. Army Chorus; guest soprano Nancy Scimone. Gioia will read from his new collected works, 99 Poems: New & Selected. Book signing to follow. Free. (703) 535-6815

## APRIL 24

### Britain on the Green 9:30 am - 3:00 pm Gunston Hall 10709 Gunston Road

See the northwest pasture at Gunston Hall transformed into a show field for Capital Triumph Register's annual British car show, Britain on the Green. \$10/person. (703) 550-9220



## APRIL 27

### AHS Alexandria History Awards 7:30 pm - 8:45 pm Lyceum 201 S. Washington Street

Join the members of the Alexandria Historical Society for an evening celebrating achievement in local history. The T. Michael Miller Alexandria History Award will be presented as well as awards to local high school students. Free for members/ Non-members \$5. Sponsored by the Alexandria Historical Society.

## APRIL 29

### Art on the Rocks 7:00 pm - 10:00 pm The Art League 105 North Union Street

The Art League challenges mixologists from local restaurants to each select a piece of artwork as inspiration to whip up a new, artistic cocktail & pair it with a delicious appetizer. For \$65 (\$55 for early bird ticket purchasers), guests may enjoy the artwork/ cocktail/appetizer trifectas and help The Art League select a new Art on the Rocks champion.



## APRIL 30

### Civil War Ball 8:00 pm - 11:00 pm Gadsby's Tavern 134 N. Royal Street



Enjoy the opportunity to dance in Alexandria's City Hotel, a tourist attraction for soldiers during the Civil War and quarters for Unionist Gov. Francis

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## SCHOOL BRIEFS



T.C. Williams High School senior Isabella Lovain Photo courtesy of ACPS.

### T.C. Williams High School Senior Wins Salute to Women Award

The Alexandria Commission for Women has recognized Isabella Lovain, a T.C. Williams High School senior, with a Salute to Women Youth Community Services Award for the significant impact that her volunteer service has had on the women and girls of Alexandria. Lovain, a student representative on the School Board, was one of a dozen women and businesses honored in a ceremony last week.

Lovain comes from a volunteering family — her parents met at what is now Volunteer Alexandria. She and her two younger siblings have volunteered with her parents as a family activity. In her sophomore year, Lovain began to explore volunteer opportunities on her own.

“It felt really meaningful to get involved in the community and meet amazing groups of people in Alexandria,” said Lovain.

At about the same time she began volunteering, she became interested in theater and began volunteering through Art Stream. Each week she worked with adult actors with intellectual disabilities, learning disabilities and Autism Spectrum Disorders. In addition to the volunteer service, Lovain liked the consistency of working with the same group of adults and volunteers each week and the friendships she developed as a result. It’s also what drew her to making and serving breakfast on Thursday mornings to under-served populations through Open Table.

“I meet people through Open Table who sleep on the street and are a lot more cheerful and grateful than I can be at times. It helps to put things in perspective,” said Lovain.

Lovain’s passion is social justice. She was recently chosen by the Network for Teaching Entrepreneurship (NFTE) to represent the NFTE D.C. Region as a 2016 Global Young Entrepreneur for her work creating a series of customized curricula for schools to help teach students about economic, racial and gender disparities. Her latest business venture is an app to help promote political engagement among youth.

“I want to engage teenagers and give them an easy way to understand current issues, find the local representatives and learn how and where to register to vote,” said Lovain.

She was also recognized as a Daily Point of Light by the Points of Light Foundation earlier this year for her efforts in organizing a voter registration drive at T.C.

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## SCHOOL NURSE HONORED WITH CITY PUBLIC HEALTH AWARD

Althea Huggins, School Nurse at John Adams Elementary School, has been named as the recipient of the Flora Krause Casey Public Health Award for the significant impact her work has had on the health and well-being of ACPS students, their families and the greater Alexandria community.

Huggins has been a school nurse with ACPS for the past eight years. A nurse since 1984 with a background in public health and hospice care, she began her school nursing career as a substitute nurse, going wherever there was a need. She passionately continues this work because of the critical role that school nursing plays in community health.

The award honors Flora Krause Casey (1904-1991), a longtime resident of Alexandria whose life work improved the health of Alexandria’s most needy and vulnerable residents. It is in her honor that the Public Health Advisory Commission continues her legacy by seeking and recognizing other individuals of like purpose, devotion, community advocacy and leadership.

“School nursing is really about community health. Through the schools we are able to identify needs for health and dental care, coordinate resources for those in need and connect families with



Althea Huggins, school nurse at John Adams Elementary School, receives distinguished public health award. Photo courtesy of ACPS.

services, such as insurance, of which they may not be aware or know how to obtain,” said Huggins.

Huggins works in partnership with organizations such as the Alexandria Health Department, the Partnership for Healthier Kids, Alexandria Neighborhood Health and Care Connection to coordinate care for children, especially those with multiple health needs. School nurses collaborate with health care providers throughout the community, building bridges between families and the services they need. School nurses do their best to help families manage their health care needs, from getting transportation to and from appointments to arranging home health services, to

obtaining shoe vouchers and eye glasses and coordinating other wrap-around services.

“I really like working with the children and with the children come their families. And, I really love my co-workers. The hardest working group of nurses I’ve ever worked with are in ACPS. There are so many people deserving of the award. I am honored and humbled that I would be considered and chosen. It is so wonderful a school nurse would be selected and it is great to see school nurses recognized as real partners in community health,” said Huggins.

Huggins and her co-recipient, Dr. Charles Konigsberg, will be recognized on Tuesday, April 26 at City Hall.



**There are lots of people who mistake their imagination for their memory**

**—Josh Billings**



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# LOCAL SENIOR RECEIVES PRESIDENT’S OBAMA’S VOLUNTEER SERVICE AWARD

Bishop Ireton High School senior Isabel Anderson has been awarded for her exemplary volunteer service with a President’s Volunteer Service Award. The award, which recognizes Americans of all ages who have volunteered significant amounts of time to serve their communities and their country, was granted by The Prudential Spirit of Community Awards program on behalf of President Barack Obama. Bishop Ireton nominated Isabel for national honors this fall in recognition of her volunteer service.

Isabel started the Charity through Medicine Club at Bishop Ireton. Club members visit and hold events for sick children at Georgetown University Hospital. She has also traveled to Ghana twice and to Costa Rica in the summer to do volunteer medical work. She wants to study public health in college in order to work on issues such as sanitation and health precaution in third world countries.

Mrs. Denise Tobin, Principal, Bishop Ireton High School, said, “Isabel truly represents



Bishop Ireton senior Isabel Anderson and Principal Denise Tobin celebrate Isabel's recognition by President Barack Obama. Photo courtesy of Bishop Ireton.

the very best at Bishop Ireton. Her commitment to helping those in need is exemplary and an inspiration for other students. We are very proud of her accomplishments and know that she will continue to advance always in her chosen field.”

The Prudential Spirit of Community Awards, sponsored by Prudential Financial in partnership with the National Association of Secondary School Principals (NASSP), recognizes middle

level and high school students across America for outstanding volunteer service.

Prudential Spirit of Community Award applications were distributed nationwide last September through middle level and high schools, Girl Scout councils, county 4-H organizations, American Red Cross chapters, YMCAs and HandsOn Network affiliates. These schools and officially-

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## HAPPY CHINESE NEW YEAR!

St. Stephen’s & St. Agnes Lower School celebrated the Chinese New Year with an interactive presentation from Wong People of Washington, D.C. Students learned the cultural meanings of the Chinese New Year, and students and faculty were encouraged to wear red, symbolizing good luck.

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# APRIL Z-VENTS

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Pierpont. This evening from the 1860s includes live music, desserts, and a cash bar. Period attire (either civilian or military) is encouraged, or after-five wear. A ladies' changing room is available with prior request. \$45; reservations required; tickets available online at [www.shop.alexandriava.gov](http://www.shop.alexandriava.gov)

## APRIL 30

**Torpedo Factory Art Center Spring Preview**  
1:00 pm - 4:00 pm

**Torpedo Factory Art Center**  
105 N. Union Street

The Torpedo Factory Art Center is having a party sponsored by DC Modern Luxury Magazine and food and beverages will be available. Select artists will be having Open Studios showcasing new spring work.



## MAY 4 - JUNE 5

**Nancy McIntyre: Rhythms of Time**  
Monday-Saturday, 10:00 am-6:00 pm; Thursdays 10:00 am-9:00 pm; Sunday, 12:00 noon-6:00 pm



**Art League, Inc.**  
105 N. Union Street

Nancy McIntyre's silkscreens and paintings "treasure the local, the small-scale, the eccentric, the ordinary." Her solo show, "Rhythms of Time," focuses on different scenes over varying periods of time—over the course of a day, or across decades. Some of the places have hardly changed; others are almost unrecognizable. The silkscreening process is particularly suited to McIntyre's focus on the passage of time: some of her more complicated pieces can comprise a hundred layers and take up to a year. Free.

## MAY 5

**Lecture: "An Extraordinary Young Man: The Early Years of George Washington"**  
7:30 pm - 8:30 pm  
Gadsby's Tavern Museum

## 134 N. Royal Street

Join Washington scholar and Professor of History Emeritus at George Mason University Dr. Peter Henriques to examine George Washington's little-known early years and the myths and extraordinary life that followed. \$12, \$10 for Gadsby's volunteers and GTMS members. Tickets at [www.shop.alexandriava.gov](http://www.shop.alexandriava.gov)

## MAY 5

**USAF Band Spring Chamber Series: Clarinet Lyceum**  
201 S. Washington Street

An Evening of Music for Clarinet featuring members of the USAF Clarinet Quartet. Free and open to the public, no reserved seats, and first-come, first seated.

## MAY 6 - 29



**Surrealism: A Photography Exhibition**  
Thursdays, noon - 6 pm; Fridays, noon - 9 pm; Saturdays, 10 am - 9 pm; Sundays, noon - 6 pm

**Del Ray Artisans**  
2704 Mount Vernon Avenue

The disassociated nature of work can lead to some stunning compositions, but requires the artist to see beyond what's physically there to create the pictures of the imagination. Opening Reception: Friday, May 6 from 7:00 pm -9:00 pm. [www.TheDelRayArtisans.org/shows/](http://www.TheDelRayArtisans.org/shows/)

## MAY 7

**Alexandria Symphony Orchestra's "The Transformative"**  
8:00 pm  
George Washington Masonic Memorial  
101 Callahan Drive

Featuring Thomas Pandolfi on piano, conducted by Kim Allen Kluge. The program includes: Copland's "Rodeo," Gershwin's "An American in Paris," the world premiere of Kluge & Kluge's "The American Concerto for Piano & Orchestra," and Zimmer's "Concert Suite from The Dark Knight."



# NURSE

CONTINUED FROM PAGE 16

Williams High School.

Lovain appreciates the sense of community she has gained, the friendships she has developed and relationships she has built. She also appreciates the sense of purpose that volunteer work brings and the gratitude that it generates.

"In high school, there is a great push to get volunteer service on your resume. But once you start doing it for the sake of doing it, it makes you appreciate a lot more and feel more fulfilled and content with your life," said Lovain.

Lovain, a 2015-16 Alexandria City School Board student liaison, has also been recognized with a Youth Community Services Award by Volunteer Alexandria and

was nominated for the 2016 Governor's Volunteerism Award.

After graduation, Lovain will attend the College of William and Mary where she will participate in a joint degree program with the University of St. Andrews in Scotland where she will study International Relations.

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## Maury Students Enjoy White House Egg Roll Despite the Rain

Maury students, staff and parents braved the dark, rainy morning to participate in the White House Easter Egg Roll activities. As you can see, the weather was no match for this energetic bunch who made the most of the day and enjoyed a fun start to the week.

# AWARD

CONTINUED FROM PAGE 17

designated local organizations nominated Local Honorees, whose applications were advanced for state-level judging. In addition to granting President's Volunteer Service Awards on behalf

of President Barack Obama, The Prudential Spirit of Community Awards selected State Honorees, Distinguished Finalists, and Certificate of Excellence recipients. Volunteer activities were judged on criteria including personal initiative, creativity, effort, impact, and personal growth.





Bishop Ireton National Merit finalists Catherine Green and Erin Markle with Principal Denise Tobin. Photo courtesy of Bishop Ireton.

## TWO NATIONAL MERIT SCHOLARSHIP FINALISTS NAMED

Bishop Ireton High School seniors Catherine Green, daughter of Robert and Mary Green, and Erin Markle, daughter of Stephen and Patricia Markle, have been named finalists in the 2016 National Merit Scholarship Program.

The National Merit Scholarship Competition begins with the PSAT in the fall of junior year. Of the 1.5 million entrants, some 50,000 with the highest PSAT/NMSQT® selection index scores (critical reading + mathematics + writing skills scores) qualify for recognition in the National Merit® Scholarship Program. Of the 50,000 students who qualify for the competition, there are 15,000 finalists. Becoming a finalist is the result of high test scores on the PSAT and SAT, outstanding academic

achievement, and strong participation in extracurricular activities.

Finalists will be notified in the spring if they are selected to receive one of the National Merit post-secondary scholarships, which are supported and awarded by the National Merit Scholarship Corporation, businesses, and colleges and universities nationwide.

Principal Denise Tobin said “Bishop Ireton High School congratulates Catherine and Erin, and their families, for achieving this distinguished honor. We are so proud of the standard they set for excellence in rigorous academic coursework and outstanding service to their school and community. We are blessed to work with students who exemplify the mission of our school.”

## QUOTABLES

**I hate housework! You make the beds, you do the dishes and six months later you have to start all over again**

**—Joan Rivers**

# Se Habla Español

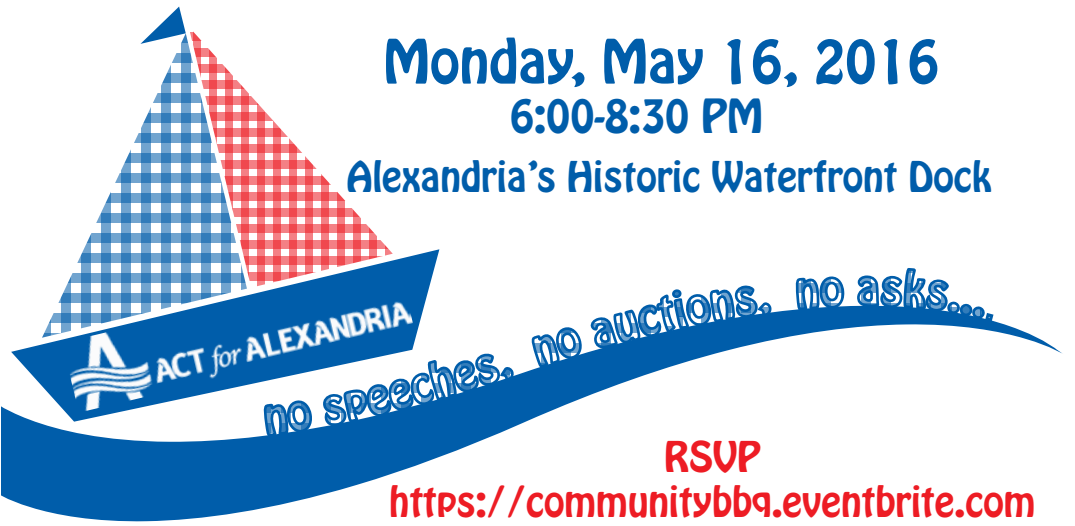
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# T.C. WILLIAMS HIRES NEW HEAD FOOTBALL COACH

James Longerbeam, moved from Panama City, Florida for the role, starting as Head Coach at T.C. Williams on February 16. Longerbeam previously taught at Bay High School in Panama City, where he led the Bay High football team to an 8–3 record and Bay County Champions. He was recently named 2015 Panhandle Coach of the Year.

“T.C. has a long and important history of athletic success and our football team is particularly important to us as it has helped to give T.C. its reputation. We are very excited to welcome Coach Longerbeam and hope he will be very happy with us. We wish him every success,” said Athletic Director Steve Colantuoni.

Longerbeam has experience rebuilding football teams. When he took over the program at Bay High School he was the third coach in four years and the team had not had a winning season since 2004. Prior to Bay High School, he



T.C. Williams High School senior Isabella Lovain Photo courtesy of ACPS.

coached at Loris high School in South Carolina, which had not had a winning season in more than a decade. By his fourth season, they had back to back winning seasons. They also made the playoffs and were the district runner-ups.

“My coaching philosophy is building the program from the bottom up. I believe in establishing relationships with local leagues, middle school feeder programs as well as at the high school level. My firm belief is that players have to work constantly to get bigger, faster and stronger. However, while I want our students to succeed out on the field, they have to be students first,” said Longerbeam.

T.C Williams’ program won state titles in 1971, 1984 and 1987, but also experienced a 22–year postseason drought. The Titans made the playoffs in 2013 for the first time in more than two decades, but followed the historic season with a 2–8 record the following year.

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## YARD-TO-TABLE

Perhaps you’ve heard the term “farm-to-table” – meaning the food has bypassed the middle man (chain grocery stores, cross country trucking or cargo planes, etc.) and instead was made available to you directly from the farmer, via farmer’s markets or other similar venues. Well then, how about “yard-to-table” – where you are the only thing standing between the tomato on the vine and your kitchen? Growing your own food is easier than you may think. You don’t need a tractor, you don’t need to plant acres or 20 varieties of lettuce to be a successful food producer.

When deciding how big of a garden you want, consider your skill level and make an honest assessment of the time you will be able to – and think you’ll

like Lobster Compost, which is filled with calcium-rich lobster shells and is ideal for conditioning beds, vegetables gardens, herbs, etc. and will help get your plants off to the best start.

Your garden’s planted, you’re watering as needed, and anxiously awaiting harvest. That’s it? Not quite. Like us, plants need regular “meals” to be healthy and grow strong. So don’t skip meals – put your garden on a regular feeding schedule. Espoma Organic products like “Tomato Tone” are specially formulated for tomatoes but are good for all vegetables. And if you are gardening organically, make sure to choose an organic fertilizer versus a synthetic fertilizer. As always, follow directions for use on the package. If you have questions or are

uncertain which fertilizer is right for you, ask a knowledgeable sales person at the garden center.

Now the fun part: What to plant? To reap the most bounty, consider harvest times – start with cool weather crops like lettuce – and plant a variety to extend your garden’s cycle. If you’re planting from seed, read the information on the packet – especially weeks to maturity – and plant accordingly. Have fun planning your garden and think about your



want to – spend in the garden. One of the most common mistakes that put a damper on your success is planning a garden that is too big for you to maintain. So start small, six by eight feet or so is a decent amount of space for beginners. Pick a sunny spot with at least six hours of daily sun, the more the better – and site the garden close to a water source. Come July you are not going to be happy lugging jugs of water over hill-and-dale to your thirsty tomatoes. Raised beds are popular with gardeners; they reduce the some of the need to “bend over” too far and make it easier to control weeds.

Good planting starts with good soil. Once you’ve removed any existing vegetation, till the soil well, using a hand tool or, if one’s available, a rototiller. Don’t just scratch the surface; you want to go down a good eight to ten inches. This is the time to add soil amendment,

favorite meals. Love Mexican food? Then plant a salsa garden. You’ll need onions, garlic, tomatoes, hot peppers and cilantro – all easy crops to grow. Is your family big on pasta? Throw in some sweet peppers and basil. These are also key ingredients to homemade pizza! Just add the dough and cheese.

Vegetable gardening is a great family project. Are your kids picky eaters? Do they wrinkle their noses at the mere mention of vegetables? They might be happy to eat those vegetables if they’ve had a hand in the growing and harvesting. Peas may not make their favorite list – until they’ve had the fun of popping their peas out of the pods. Or pulling a carrot out of the ground, rinsing off the dirt right then and there, and chomping down. And summer wouldn’t be summer without watermelons. These easy to grow favorites are fun to monitor for



ripeness, thump by thump.

And speaking of watermelons, garden-to-table can easily include fruit: Melons, blueberries, raspberries, blackberries and strawberries are all easy to crow crops. You do need to give cane fruit – like blackberries – ample room to grow. If you’re short on space, “Brazelberries” are a brand of smaller blueberries and raspberries that have been bred to grow in containers.

If you don’t have enough yard to garden, you can still enjoy garden-to-table bounty. Almost all vegetables and herbs can be grown in containers. Make sure the containers are properly

sized – tomatoes will need a bigger pot than parsley – and have drain holes. Plant with quality potting soil and just like gardens in the ground, don’t forget the importance of sunshine, water, and regular feedings.

Start small, and I’m pretty certain you’ll be hooked. Next year, grow the garden to the next size.

And don’t forget, Veggiemanía is April 30<sup>th</sup> and May 1<sup>st</sup> at Greenstreet Gardens in Alexandria, VA and Lothian, MD. We’ll have over 190 varieties of tomatoes that were grown on our farm plus plenty of other vegetables and herbs. See you then!





If you are reading this column, I am guessing you care about sports, have a favorite team, and you might even have a favorite memory of a game that brings a smile to your face. For me, one memory seared into my mind is me attending the 1982 NFC Championship game, between the Dallas Cowboys and the Washington Redskins, with my uncle, Ed Malone, on Saturday, January 22, 1983, at RFK Stadium.

The rivalry between the Cowboys and Redskins has been legendary. It even goes back to the 19th century out in the burgeoning West, right? Needless to say, there certainly is no love lost between Dallas and Washington fans when it comes to football, which was even more apparent going to the game with my uncle, Ed Malone.

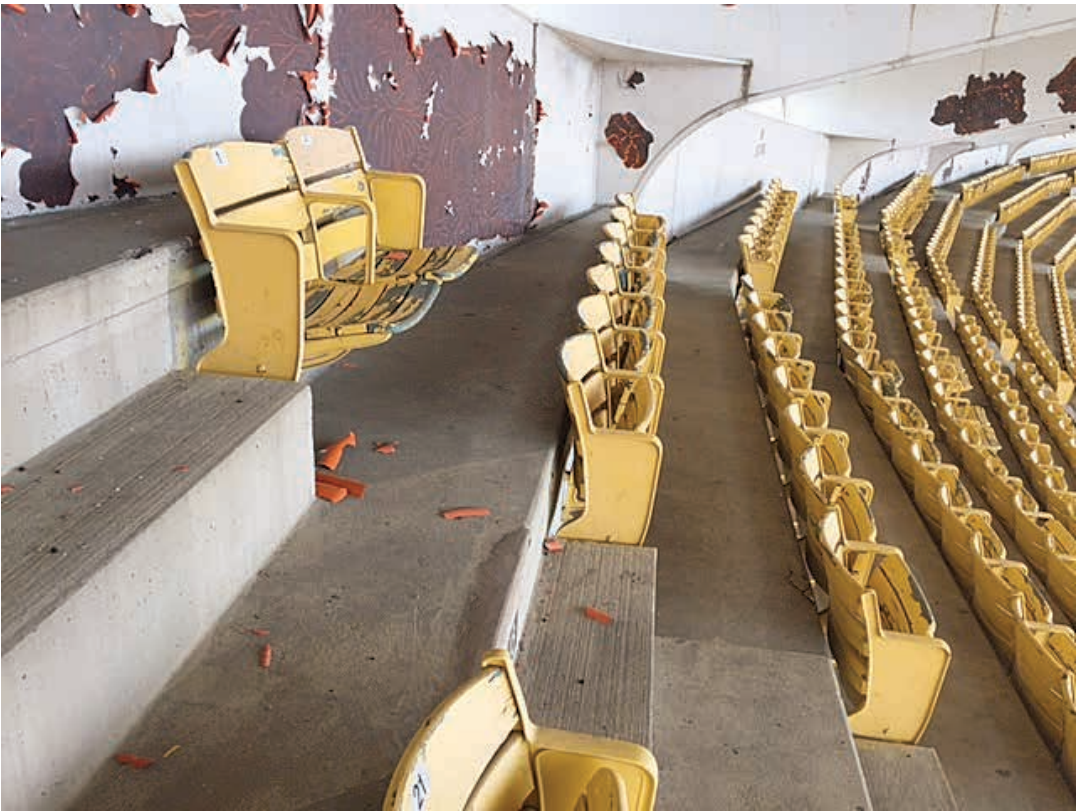
‘Big Ed’, as we in our family called him, was a ‘fan’s fan’ when it came to D.C. sports. For the most part during his life, D.C. had only two sports teams, the Senators, with a habitually dreadful record, and the Redskins, who had also had a long stretch of losing seasons for many decades, as well. While Big Ed and I had our love of thoroughbred racing at Charles Town and Laurel, we shared our passion for the ‘Burgundy and Gold’ with every pass, punt and kick of their games.

The Redskins had finished 1982 with a record of 8-and-1, after a strike-shortened season that pitted the NFL Players Association against owners and management. During what was deemed as the ‘Super Bowl Tournament’ in the playoffs, the Redskins had beaten both the Detroit Lions and the Minnesota Vikings leading up to the NFC Championship match-up against the Dallas Cowboys. The Redskins released a small amount of seats to the general public for the game and I had waited in line, overnight, for the chance to buy two tickets the next morning.

Yes, I stood in line at RFK, in the bitter cold, for 18 hours, just for the opportunity to buy tickets for a game between



# GREAT D.C. SPORTS MEMORIES: THE REDSKINS, THE COWBOYS, AND MY UNCLE, “BIG ED” MALONE



RFK Stadium, Section 529, Row 19, Seats 1 & 2, where ‘Big Ed’ and Pat watched the 1982 NFC Championship Game.’ - Photo by Andrew Harrington/Events DC - Sports & Entertainment.

“Yes, I stood in line at RFK, in the bitter cold, for 18 hours, just for the opportunity to buy tickets for a game between the Redskins and the ‘hated’ Cowboys.”

the Redskins and the ‘hated’ Cowboys. I had arrived early at RFK the night before, so there were not too many people in front of me waiting to buy tickets. When the ticket office opened at nine o’clock, myself, and others, all eagerly anticipated the opportunity to get tickets for the NFC Championship. The Redskins were one win from a chance to go to Super Bowl XVII and I wanted to be at RFK to yell,

scream and cheer on my team. The line for tickets moved very fast and I was one of the lucky few to buy two tickets and a cameraman from CBS shot a video of me waving my tickets in hand as I walked from RFK. 18 hours, no sleep, bitter cold, led to many interesting conversations in line that I had with other fans. ‘Big Ed’ was the first person I called to let him know that I had tickets to the NFC Championship.

He quickly accepted my offer of going to the game with me and I told him that I would come by and pick him up Saturday morning. Plans were set, but what ensued would be, for me, a fond memory that I will never forget. It was a brisk but beautiful

Saturday morning as ‘Big Ed’ and I walked to RFK among tailgaters. Throughout the parking lot, he talked about his memories of going to games with my grandfather, Harold Malone, at Griffith Stadium. ‘Big Ed’ told me that he had a good feeling about the Redskins, that morning, sensing that they were going to have a ‘big win’ over the Cowboys, on their way to going to Super Bowl XVII. From the time the game started, to the last second of the fourth quarter, the Redskins virtually ‘owned’ the Cowboys, and after Dexter Manley ‘made Danny White cry’, ‘Big Ed’ jumped up and shouted at the top of his lungs, “WE WANT DALLAS!” Fans amongst us followed “Big Ed’s” lead, with a cascading effect that I will never forget, rippling across RFK. Within minutes, the entire stadium rippled with thundering louds boastful shouts of “WE WANT DALLAS! WE WANT DALLAS! WE WANT DALLAS!” and ‘Big Ed’ turned to me, gave me a hug of excitement, and jokingly said to me, “Now THAT is how you whip up a crowd!”

‘Big Ed’, for the most part, was a very quiet man, but when it came to his Redskins, they were very much a part of his heart and soul. Sadly, ‘Big Ed’ passed away, thirty years ago, this upcoming December, but when I watch the Redskins, either at home, or at FedEx, a part of his love and passion for the team carries on with me. ‘Big Ed’ helped to make me the Washington sports fan that I am, today, so when I cheer on the Redskins, Nationals, Capitals, Wizards, D.C. United, Georgetown, and any other of our local area teams, a part of him echoes on with me that I have shared with my son, Brian, as well. If you have a sports memory that you would like to share, please drop me an email at malonemarketing@gmail.com. Thanks and I will see you at a game sometime soon!



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# LIVING LEGENDS 2016

## A Fun and Glamorous Night in a Stunning Venue

Living Legends of Alexandria, a nonprofit 501(c) (3) organization, was founded in 2006 by artist-photographer Nina Tisara and dedicated to honoring individuals who are making significant contributions to the quality of life in Alexandria. Their stories are shared with children and adults to serve as role models.

Special thanks go to the people and businesses who donated their time and products to make this night happen:

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Parking for the event was donated by Colonial Parking (garage) and Speck-Caudron Investment Group (valet).

Thanks also to the Officers, Board, and multitude of volunteers without whom Living Legends could not do its important work.



(standing L-R) Herman Boone, Bill Cleveland, Warden Foley, Congressman Don Beyer, Janet Barnet, Mayor Allison Silberberg, Ulysses James, Jodie Smolik, Steve Nearman, Councilwoman Del Pepper. (sitting L-R) Ruth Cleveland, Wanda Dowell, Elizabeth "Betsy" Anderson and Diane Charles. (Photo: Harry Merritt)

### BY KRIS GILBERTSON

If you haven't yet stepped inside the U.S. Patent & Trademark Office, put it on your list. The 10-story PTO atrium is breathtaking and if it makes you feel like a first-time tourist in NYC, go ahead and gawk. I did. It gave the guards a chuckle.

The evening of March 15 was still chilly with winter threatening to return, but the Living Legends of Alexandria 2016 reception on the PTO's lower level was a site of warm hospitality, good conversation, and fine music. Some 300 Alexandrians, including Mayor Silberberg and Congressman Beyer, came to honor this year's 12 Living Legends, and have a good time doing it.

Living Legends President Jennifer Ayres and Master of Ceremonies John Porter



Nina Tisara, the founder and guiding spirit of Living Legends of Alexandria (Photo: Harry Merritt)

recognized each for his or her contributions to Alexandria. Over the years, these 12 Legends (actually 14, as there are two duos) have made vital contributions in wide-ranging areas:

- visual arts, music, and creative potential
- history and innovative science programs

- youth sports programs and civic engagement
- child abuse prevention and family support networks
- senior services

To read the profile of each 2016 Living Legend, go to the January issue of Zebra ([thezebra.org](http://thezebra.org)) and search on 2016 Living Legends.

One of the group, Maestro Kim Allen Kluge, was unable to attend in person, but joined the party via a special video, "Live from Los Angeles."

The night's festivities included two auctions: One silent, with 47 items including food and wine, collectables, art in many genres, theater and recreation experiences, and even an oil change. And one live (and quite lively) auction offered Nationals tickets with stadium parking, a drone, and a

CONTINUED ON PAGE 26

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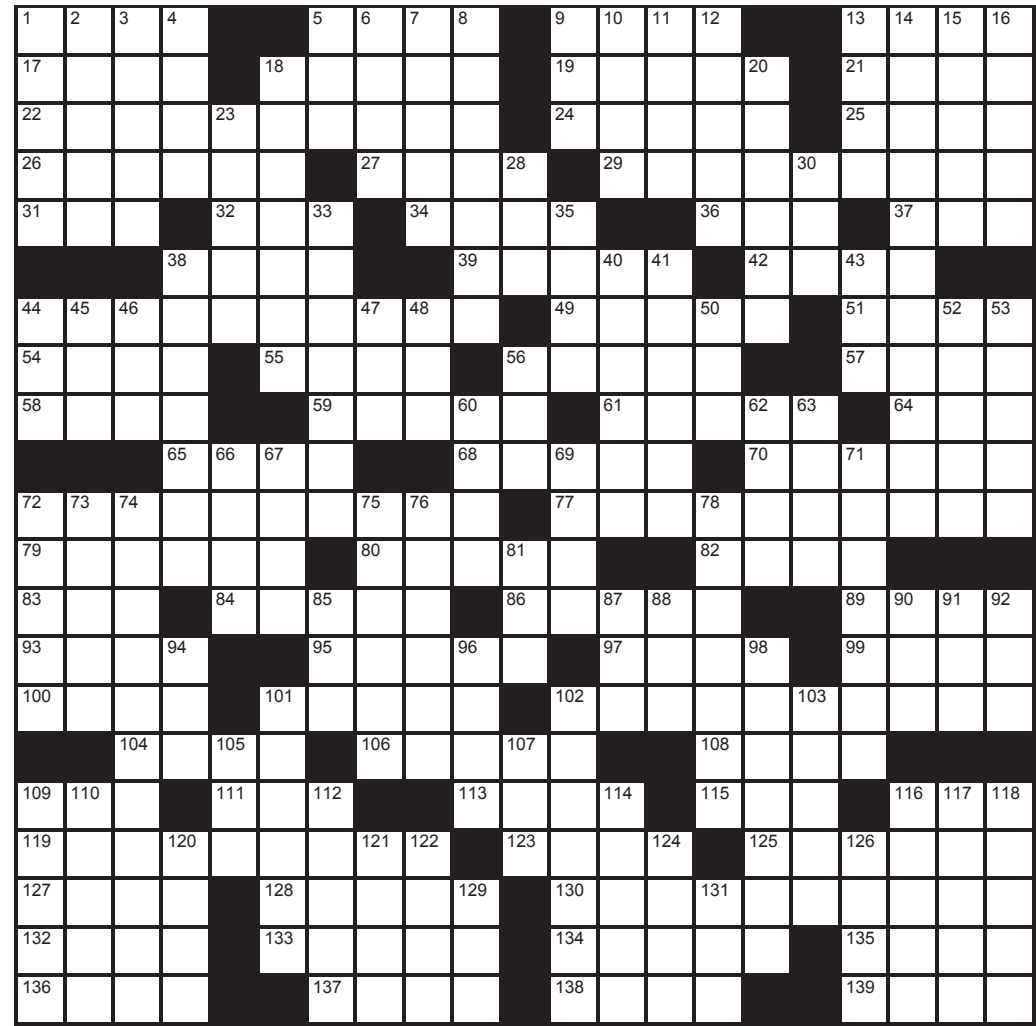
Music was provided by the George Washington Middle school orchestra (L-R) Leah Nickelsburg, Mia Lunati, Jonathon Morgan Petrini, Paul Ostesmann-Healey, Julie Mills-Cizek, Eliza Medearis, Noah Sapp, Thomas Haynes, Crispin Enges and Kristian Dillon (Photo: Harry Merritt)



Archetypes

Across

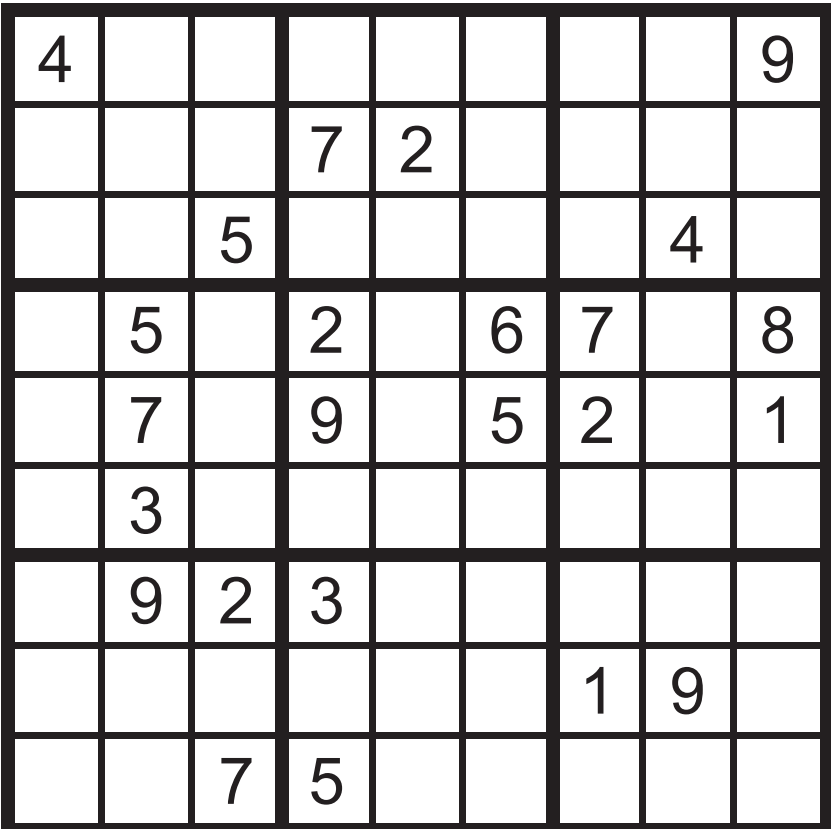
- 1 Quarrel
- 5 Type of ant or drill
- 9 Caribbean island
- 13 Shade of blue
- 17 Dwarf buffalo
- 18 Nobleman
- 19 Goads
- 21 Smooch
- 22 Jim Davis or Walt Kelly, e.g.
- 24 Kind of committee
- 25 Scornful cries
- 26 Apprentice
- 27 Belgrade native
- 29 City or town, e.g.
- 31 Pipe joint
- 32 Actress Balin or Claire
- 34 After harp or fur
- 36 Biblical high priest
- 37 Give it a whirl
- 38 Ode or haiku, e.g.
- 39 Novelist Jong
- 42 Hamburg’s river
- 44 Newton and Bacon, e.g.
- 49 Passengers
- 51 Implements of war
- 54 Ananias was one
- 55 Garment for 58 Across
- 56 Staff symbols
- 57 Assist illegally
- 58 Hindu royal
- 59 Beautiful, in Ireland
- 61 “Norwegian Wood” instrument
- 64 King preceder
- 65 Like an oxeye window
- 68 Sanctuary
- 70 World Cup sport
- 72 Wasabi and chutney, e.g.
- 77 Elgin or Gruen, e.g.
- 79 Black Sea port
- 80 Gladiator’s place
- 82 Cut the crop
- 83 Without precedent
- 84 Opus
- 86 Demean
- 89 Trident part
- 93 Two tablets, maybe
- 95 Burgundy grape
- 97 Energy source
- 99 Comic Sandler
- 100 Blue moon axiom starter
- 101 Hard close-grained wood
- 102 Jenner and Schweitzer, e.g.
- 104 Kyrgyzstan range
- 106 Hindu deity
- 108 Muscat’s land
- 109 Nine-sound signal
- 111 An Everly brother
- 113 Paddles
- 115 Land parcel



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- 116 Bottom line
- 119 Shepherd or Ride, e.g.
- 123 Kind of cut
- 125 Predicament
- 127 Stead
- 128 Cay
- 130 Bolshoi or Palais Garnier, e.g.
- 132 Hop, skip or jump, e.g.
- 133 Walking sticks
- 134 Knight fights
- 135 Dill seed
- 136 Gaelic language
- 137 Light source
- 138 Store sign
- 139 Vermin
- 9 Busy bee in Apr.
- 10 Pakistani tongue
- 11 Danish physicist
- 12 Building material
- 13 “Dancing Queen” pop group
- 14 Montana or Tittle, e.g.
- 15 Wedding helper
- 16 Analyze
- 18 After sun and war, e.g.
- 20 Justice symbols
- 23 Lover of Eos
- 28 Obstacle
- 30 Zilch
- 33 Friendly
- 35 Long sentence
- 38 Stone age and Bronze age, e.g.
- 40 Medicinal shrub
- 41 Duchamp or Arp, e.g.
- 43 Flock sound
- 44 Camera type, briefly
- 45 Spy org.
- 46 Golfer Woosnam
- 47 Box office sign
- 48 Bolivian export
- 50 Ultimate ending
- 52 Free-for-all
- 53 Beatles name
- 56 Swedish shag rug
- 60 Plane part
- 62 Connors contemporary
- 63 Capital of Italia
- 66 Workbench attachment
- 67 Part of a Latin trio
- 69 Q-Tip
- 71 Kidd or Bligh, e.g.
- 72 Complex unit
- 73 Classic theater
- 74 Rather and Blitzter, e.g.
- 75 Depths
- 76 Ditch
- 78 Coal tar liquid
- 81 Jazzman Adderley
- 85 Wire service inits.
- 87 Sound of relief
- 88 Hog haven
- 90 Gilbert & Sullivan princess
- 91 Thai river
- 92 German resort
- 94 Reef dweller
- 96 Home to Columbus
- 98 Touch-me-nots
- 101 Type of man?
- 102 Lory and kea, e.g.
- 103 \_\_\_\_-22
- 105 Rumpus
- 107 Hoover, informally
- 109 Soothing ointment
- 110 Basket material
- 112 Kind of spray
- 114 Old photo color
- 116 Steam room
- 117 Overturn
- 118 Track events
- 120 Yokel
- 121 Radius neighbor
- 122 Swarm
- 124 Water source
- 126 Engine sound
- 129 Recipe amt.
- 131 Map abbr.

To solve the Sudoku puzzle, each row, column and box must contain the numbers 1 to 9.



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ANSWERS  
ON PAGE  
26



LIVING LEGENDS
CONTINUED FROM PAGE 24

memorial brick.
In closing comments, Ayres remarked that the universal reaction when a new Legend is notified is gratitude to be

chosen while still alive. "They feel that they are just doing what they were supposed to do," she said. "They have a vision, they take action and responsibility, and they don't need recognition—but they deserve it."
Then she turned the

audience loose on an array of offerings from five Alexandria restaurants presenting diverse cuisines, and background music provided by 12 musicians from the George Mason Middle School orchestra. The 2016 Living Legends were honored with a rousing good time.

DECORUM
CONTINUED FROM PAGE 13

social settings and in the business workplace. "Avoid opposition and argument when in conversation." I have seen family dinners and business meetings deteriorate when emotion takes over. The Republican candidates for presidential nomination

should take this rule to heart. "Cautiousness and the check of habitual self-control should accompany the mind of everyone who lashes out in an animated conversation."
Christopherson invested a tremendous amount of time in writing Decorum, spending countless hours studying old photographs and reading the accompanying information. Her diligence pays off for the readers. For example, the

masquerade ball scene attended by Blanche and Connor came from hours studying a photo of an impressionist work by Mary Cassatt published in Harper's Weekly.
A graduate of Central Michigan University, Kaaren Christopherson is still very active in Alexandria, Virginia, where she lives with her two cats, Archie and Sammy.
I give in 4.5 stripes! A must read.

As a child my family's menu consisted of two choices: take it or leave it.
—Buddy Hackett

APRIL ANSWERS
CROSSWORD
T I F F F I R E C U B A A Q U A
A N O A B A R O N P R O D S B U S S
C A R T O O N I S T A D H O C B A H S
I N T E R N S E R B U R B A N A R E A
T E E I N A S E A L E L I T R Y
P O E M E R I C A E L B E
S C I E N T I S T S F A R E S A R M S
L I A R S A R I R E S T S A B E T
R A N I B O N N Y S I T A R A L A
O V A L O A S I S S O C C E R
C O N D I M E N T S W A T C H M A K E R
O D E S S A A R E N A R E A P
N E W E T U D E A B A S E T I N E
D O S E P I N O T A T O M A D A M
O N C E B I R C H P H Y S I C I A N S
A L A I S H I V A O M A N
S O S D O N O A R S L O T S U M
A S T R O N A U T C R E W S C R A P E
L I E U I S L E T O P E R A H O U S E
V E R B C A N E S T I L T S A N E T
E R S E L A M P S A L E R A T S
SUDOKU
4 2 3 1 5 8 6 7 9
6 8 9 7 2 4 5 1 3
7 1 5 6 9 3 8 4 2
9 5 1 2 4 6 7 3 8
8 7 4 9 3 5 2 6 1
2 3 6 8 1 7 9 5 4
5 9 2 3 6 1 4 8 7
3 6 8 4 7 2 1 9 5
1 4 7 5 8 9 3 2 6
PUZZLES ON PAGE 25

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30,000 18,000 12,000 12,000 11,000 10,000 10,000
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March 2016 February 24
April 2016 March 30
May 2016 April 27
June 2016 May 30
July 2016 June 29
August 2016 July 27
September 2016 August 31
October 2016 September 28
November 2016 October 26
December 2016 November 30
Zebra Flower Power On the Rivah! Get A Grip!



Our family doctor, beginning in the late 1930s, who took care of my grandfather, father, mother, great aunt, brother, and me, and whose office was at 109 South Columbus Street in Old Town Alexandria (back then it wasn't called Old Town it was just an old town) was a legend in our minds – and still is. He was born in 1910 and passed away in 1993, but I can still hear his voice and see his face all these years later. Oh sure there are the same legends in all fields of Alexandria's medical practices, from ophthalmology to general medicine to surgery to dentistry, and Alexandria's legendary names come up all the time in family stories.

My Great Aunt Mary remembered Dr. Moneymaker and Dr. Hogshead who had a hog's head printed on his checks and Dr. Blood. Who could forget Dr. Martin Delaney or Dr. Sidney Abramson? Dentists like Dr. Bogiges and McCloskey, Ophthalmologist Dr. Kruger and Surgeon Dr. Monroe. The list goes on and on. But for us and many Alexandrians, our family stories circle around Dr. George P. Lemeschewsky.

My older brother Bill remembers a home visit with Dr. Lemeschewsky in the 1940s: "When I was about five, I had a bad stomach ache for a few days and he made a house call. He started squeezing my stomach and said 'this boy's stomach feels like a big ball of dough.' After a few doses of milk of magnesia I was as good as new. As an aside a house call was \$5."

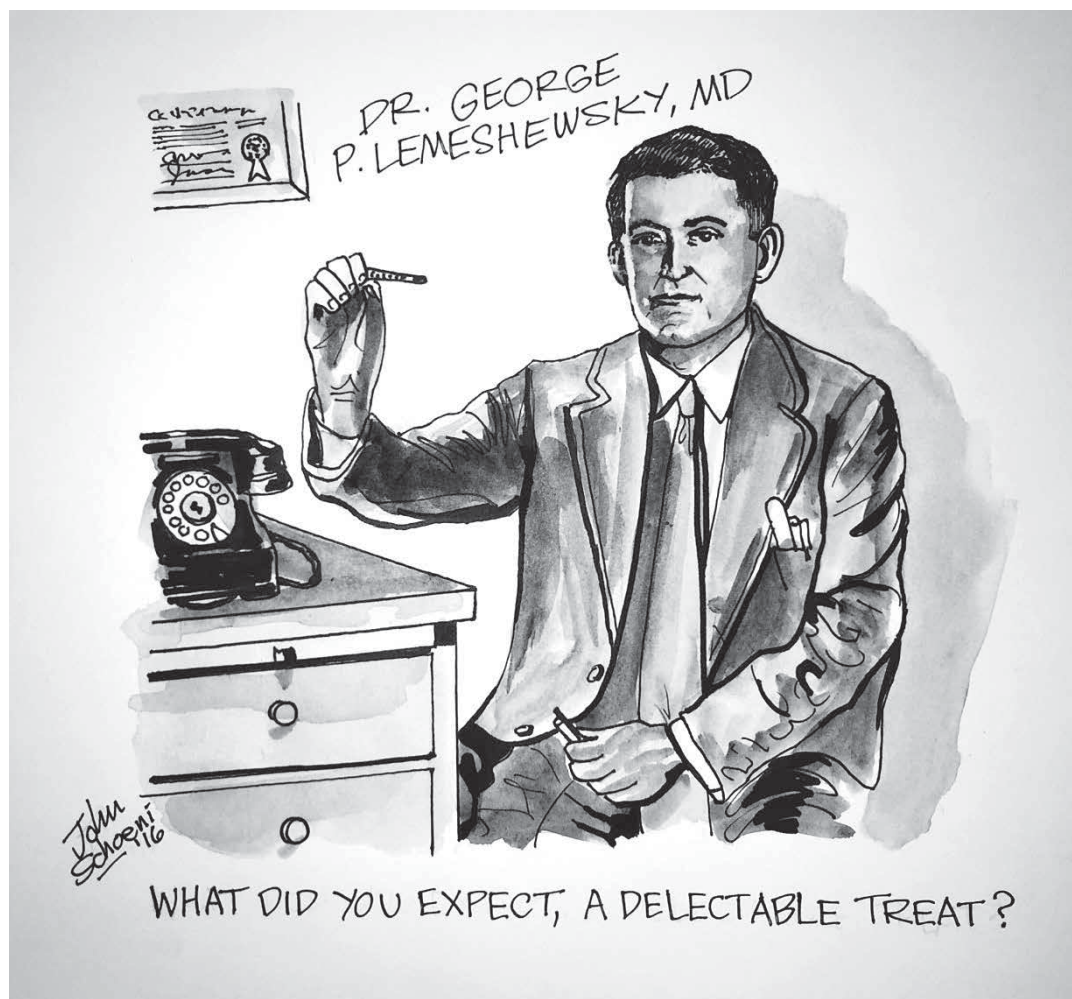
I remember when he visited me at home in the late 1940s when I was a little shaver coloring in my book at the foot of the steps pretending I didn't know he was there,

## MY OLD ALEXANDRIA

BY JOHN C. SCHOENI



# A DELECTABLE TREAT



and didn't know him, and I was completely ignoring his presence, knowing that he was there to first look into my mouth with a tongue depressor which always made me gag. Once that was over he checked my eyes, ears, nose and proclaimed a simple diagnosis. I remember the compulsion to say impure language I had heard during moments of stress by my grandfather and father and blurted out the naughty word "s\*\*\*"! Dr. Lemeschewsky

politely ignored it and I think I remember him saying "the boy is learning words he ought not be hearing."

He always had samples of medicine in his desk drawers and the desk always smelled like vitamins every time he opened it. He had pockets full of tongue depressors and he always wore a white shirt and tie and had a jacket hanging on the hook. His trusted assistant was his nurse, Mrs. Spittle, who was always there it seemed, from the beginning to the end

of his practice. His Ukrainian accent always reminded us of Lawrence Welk but we paid no attention to it. It was simply another part of him that we liked and respected.

Must've had his refrigerator upstairs because whenever he needed a medicine he barreled up the steps two at a time and we always said as we watched him in the lobby, "that can't be good for a person's heart." Later we heard that he had had a heart event but soon recovered and was back to his

old self although he stopped flying up the stairs. And he lived to be 83 years young.

One day in the 1950s my mother went to his office for a visit because she felt rundown and tired all of the time. If you were a homemaker in the 1940s and 50s, washing clothes, packing up my father's dress shirts (he worked at the headquarters of the Southern Railway System at 15th and K Streets, NW in Washington, DC) for the Manhattan Laundry pickup for starching and ironing, preparing for the Thompson's Honor Dairy pickup and delivery, dishes to wash by hand, basic everyday clothes to wash in the Servel semi-automatic washing machine and hang on the line to dry, breakfasts to prepare, lunches to pack for the kids, dinner to prepare for the family in the evening, groceries to buy at the Safeway on Mount Vernon Avenue including walking to and from as we had no car back then, ironing, dusting, scrubbing floors, washing windows, making beds, taking care of my Great Aunt Mary and ministering to the needs of her father-in-law, my grandfather, Charles H. "Buck" Schoeni, and her list went on and on.

When she told Dr. Lemeschewsky she was run down he immediately prescribed a tonic to be taken twice a day and then to return in a month to see if she was back to normal. When she visited him 30 days later she immediately said, "that tonic worked great but it sure tasted horrible." And he responded with a straight, serious face as he always did, "what did you expect, Mrs. Schoeni, a delectable treat?"

## EVOLUTION

CONTINUED FROM PAGE 12

and print reproductions draw many art collectors on a regular basis. New artwork arrives on consignment daily and fills the entire back wall of the shop. One longtime dealer attends auctions weekly and sells artwork at extremely competitive prices.

For retirees looking to downsize, adult children inheriting a houseful of furnishings, would-be Craigslisters wishing to avoid strangers in their home, and residents moving out of the area, the consignment warehouse is a godsend, enabling them to sell furnishings that are too valuable to donate. Consignors have come from as far away as Haymarket to sell their wares.

Consignor furniture is stored downstairs until space opens up on the floor and it can be brought upstairs for sale.

Furniture and home accessories are showcased for three months and are discounted by 10% after the first month and again after the second. Sales are split 50-50 between the consignor and the shop. If a consignment fails to sell, the consignor is free to take the item back.

Most of the downstairs is occupied by Market Ready, a home staging company under the same ownership as Evolution Home. This cavernous space is filled with a huge collection of mostly contemporary furniture and decorative accessories as artwork, lamps, and carpeting, which can be rented by realtors and homeowners wishing to transform their sale properties from blah to *House Beautiful*. For an extra fee, those without the decorating gene may opt to have Market Ready's design team stage their property for them.

For several years I have followed Chris Daly, one of EH's more notable antique

and art dealer from his many years in Del Ray. It has been incredible finding especially collectible, vintage paintings and prints at very affordable prices. Chris is often on site to let his clients know the history, provenance or some peculiar aspect of a print, painting or one of the many other collectibles on hand.

Chris takes in as many yard and estate sales he can manage and it's obvious he has an eye for the artistic and the unusual. As he told me, "I find a bargain, you get a bargain." He says he moves as many as 150 pieces of art a month which is astounding in the business of art anywhere these days. I've heard it said that the extent of your imagination determines how exciting your life is. With that in mind, a visit to Evolution Home will put your life of art and antique hunting over the top. Evolution Home is open Tuesday through Saturday, 10 to 6 and Sunday 11 to 5.



Evolution Home has its origins in Del Ray, and its expansion reflects what modern buyers want and need these days. Photo by Leif Siegrist.





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# WHAT IS CLICKER TRAINING?

BY SANDY MODELL

Clicker training is an effective and exciting way of communicating with and training animals using science-based positive reinforcement. From dolphins in Hawaii to television and movie animal stars, the clicker or “marker” technique is a powerful training tool for all animals, and, in particular, dogs! Dogs are really good at making associations, both good and bad. With the clicker method and positive reinforcement training, we focus on reinforcing the good behavior that we want. All living things will repeat behaviors that are rewarding and avoid behaviors that are not. We address the “bad” but very normal dog behaviors by not giving them the attention that the dog wants. Instead we interrupt with a clap or a “hey” and redirect them to behaviors that are acceptable in the human home and in our community. Management of the dog’s environment is also a critical part of the training process. We want to set the dog up for success and avoid having the dog practice the bad behaviors that we don’t want.



The clicker method is a very effective behavior training tool for teaching puppies and dogs of all sizes and ages new skills. Living happily and calmly in a congested urban area, with lots of people and other dogs, fire trucks, ambulances, buses, and the like, is an acquired skill for most dogs. Puppies can be desensitized early on to these noises and environmental stimuli by taking the clicker and treats with you on walks and marking and rewarding every time you observe or

hear something that may be concerning to your puppy.

The unique sound of the clicker lets your dog know that they have done something right and that a reward is imminent. The clicker makes the same sound every time and the consistent sound becomes a very reinforcing bridge between the behavior and the reward. It’s also good to come up with a verbal marker, such as “yes!” or

CONTINUED ON PAGE 30

“Here’s our Ragdoll kitty, Fred Rogers, in a box—in a bigger box! One box is never enough!”

**Cat:** Fred Rogers, 4 year old Mitted Ragdoll  
**Submitted by:** Sara Dudley Brown  
**Neighborhood:** Shirlington, VA

The truth is the truth. Cats love exploring boxes. The next time your cat finds his or her way into a cardboard predicament, snap a photo and send it to us. If we publish it, you will win a \$25 gift card to an area retailer or restaurant. Be sure to include your cat’s name, your name and neighborhood. Please send to [editor@thezebrapress.com](mailto:editor@thezebrapress.com).

Sara Brown just picked up a \$25 gift card from Celtic House, Arlington’s BEST Irish Restaurant and Sports Pub!



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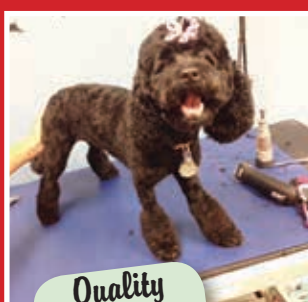
Mr. Campana:

"We just wanted to tell you how much our dog, Meghan, loves her Stifle Brace. We were referred to you by Animal Hospital of Waynesboro. I'm not sure what I expected but it is very comfortable for her and when we take it off she gets upset because she wants to leave it on. Great work and design."

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Spring has sprung! All of Bow Wow Meow’s pups are having a ball chasing falling cherry tree blossoms, rolling in the new green grass, and finally being able to romp at the dog park!

Here are some tips supplied by the National Association of Professional Pet Sitters to keep your pets safe and healthy in the summer.

1. Create a Shaded Area

While the fall and winter months keep the yard nice and cool, the summertime heat creates an entirely different scenario. Extremely hot temperatures can cause dehydration or exhaustion. If you live in an area that experiences high heat, protect your pet with a shaded area to give your pets a much-needed break from the sun when they’re outdoors for long periods of time. Create a garden space with plenty of lush foliage and leafy trees. Before planting new vegetation, we recommend consulting the ASPCA’s list of toxic plants to make sure any curious grazing won’t cause harm to your furry friend. Don’t forget to use organic, pet-friendly planters and fertilizers.



STAY HEALTHY IN THE SUN

2. Provide Plenty of H2O

In the warmer months, dogs and cats tend to lap water overtime. It’s the key method of keeping their body temperature at a comfortable degree, so water is essential to helping your pets stay happy and healthy. Make sure you have a designated area with a plentiful water supply for your dogs and cats. It should

be readily accessible, so they are able to refresh themselves whenever needed. Better yet, consider purchasing a water bowl that keeps water cold and clean with filters or insulation, or choose a refillable container that’s automatically filled using your garden hose or other household water sources.

For those scorching days, we suggest freezing a shallow amount of water in your pet’s

bowl, then pouring fresh water on top so that your pet has access to an ice-cold drink while you’re out. Another way to keep your pets cool and entertained is freezing their favorite toys or treats in ice. They’ll love the incentive to stay busy, and you’ll love that they’re staying hydrated.

3. Keep Pets Contained

Perhaps the most important safety step to consider as a pet owner is how to keep them inside your yard and out of dangerous environments. Every pet is different, and so is their level of curiosity. For dogs and cats who don’t mind staying within a certain perimeter, a short decorative fence may be just the thing to keep pets in and hazards out. If you have a more adventurous critter, we suggest a tall, paneled fence. It’s an affordable choice, and maintains its beauty and structural integrity despite the weather or your dog’s insatiable desire to see just what is on the other side. A high fence is also hard to climb, making it ideal for outdoor cats.

You might also consider adding a front-yard fence and a driveway gate to keep your companion safely away from oncoming traffic. This is especially important if you live in a busy neighborhood, or if your furry friend is prone to chasing squirrels into the street. If you have a slinky cat or a determined dog, look for a tall, close-to-the-ground model they won’t be able to sneak under or hop over.

Stay safe,  
Ellen – Bow Wow Meow Pet Care, Del Ray

CLICKER

CONTINUED FROM PAGE 28

“bravo!” or whatever short and upbeat word you want to use for when your clicker is not handy. A verbal marker or softer sounding clicker is an alternative with dogs who

are very timid or are afraid of odd noises. Since the clicker is more distinct, the dog may respond quicker, but marking behavior with a clicker or verbal marker is better than using no marker at all. Studies have shown that dogs can learn a new behavior in half the time using the clicker method.

So why wouldn’t you? Clicker training is fast, fun, and very effective!

Wholistic Hound Dog Training and Behavior Services specializes in teaching people and their dogs to live together and have fun and offer both group classes and in-home private lessons. Group Family

Dog I and Family Dog II classes are starting soon. Visit [www.wholistichound.com/Group-Classes.html](http://www.wholistichound.com/Group-Classes.html) and there you will find a link to the City of Alexandria’s Recreation Classes page. Once there put in the word “dog” in the key word search and scroll down to see the upcoming classes.

*Sandy Modell, B.S., CPDT-KA is a Certified Professional Dog Trainer and owner of Wholistic Hound Training and Behavior Services, “Where training is fun!” She can be reached at [www.wholistichound.com](http://www.wholistichound.com), 571-238-9145.*

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### MOZART

Meet Mozart. Mozart is 12 years old and was recently diagnosed with lymphoma. Despite his diagnosis, Mozart is happy, friendly, playful, and loves going outside for walks. At the AWLA, we don't believe animals need to be perfectly healthy to go up for adoption, and Mozart is a great example of why we need to rethink what "adoptable" means. It is only because of the support of our community, and animal lovers who are willing to adopt pets with medical issues, that we're able to go the extra mile for animals like Mozart.



### DELILAH

Say hi to sweet Delilah! This goofy girl has the perfect personality for a fun-loving family! She is 6 years old and is a little bow-legged, but that doesn't slow her down! She certainly has lots of energy and lots of love to give. She tends to bark a lot at cats and smaller animals, but would likely do well with a playmate her size. If you'd like to get to know Delilah better, stop by the shelter to say hello to this beautiful girl!



### BO BOXER

Bo is such a special boy. He is a relaxed older boy, looking for a home to spend his golden years in. Bo loves being around people, but doesn't always feel the same way about other dogs. For this reason, he would be best off as the only dog in the home. If you're looking to add a sweet senior animal to your family, look no further than Bo Boxer!



### PEANUT

How could anyone resist Peanut's cuteness?! Peanut is a little shy when you first meet her, so she might not be the snuggliest bunny at first. However, we believe with a little socialization and a great home that she could certainly become more comfortable and might even settle in for some pets. If you have bunny experience and are willing to help Peanut become a little more social, we can promise she will have lots of love to give and is super deserving of a happy forever home.



### MG

MG came to the AWLA when her previous owners abandoned her after being evicted from their home. Staff at the shelter can't seem to figure out why she hasn't been adopted yet, considering she's about as sweet and friendly as it gets! She loves to be petted and get lots of attention from humans, but seems quite terrified of dogs. For that reason, we would recommend she go home to a house with no dogs. We think she would be a great family pet though, and would likely do very well with children. If you are looking to add a little cuddlebug to your life, stop by the shelter and meet with MG!



### IRIS

Iris came to the shelter when her previous owner could not afford to provide her the veterinary care she needed. She had a severe UTI that has been treated, and is battling with end stage arthritis in her back legs. With a little bit of pain medication though, she is a happy and healthy senior kitty! She loves lots of snuggles and human companionship, and we just know she would make someone very happy! If you're looking for a kitty that is super deserving of your love, stop by the shelter and get to know Iris today! \*\*Thanks to a generous sponsor, Iris's adoption fee has been paid!\*\*

# SAVE THE TAILS!

## Sunday, May 1

## Alexandria's Walk for Animals



Doug,  
Alexandria's Animal of the Year 2016  
**#WalkwithDoug**



## AlexandriaAnimals.org/walk

### Upcoming Events

**Sunday, May 1, 2016:**  
Alexandria's Walk for Animals

**Friday, May 20, 2016:**  
Del Ray Artisans art show reception

**Sunday, June 12, 2016:**  
Vola Lawson Leadership Society 70<sup>th</sup>  
Anniversary River Cruise Celebration

**Monday, August 15, 2016:**  
AWLA's Pet Photo Calendar Contest begins

**Thursday, September 15, 2016:**  
AWLA's Pet Photo Calendar Contest ends

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Monday, Tuesday, Thursday, Friday:  
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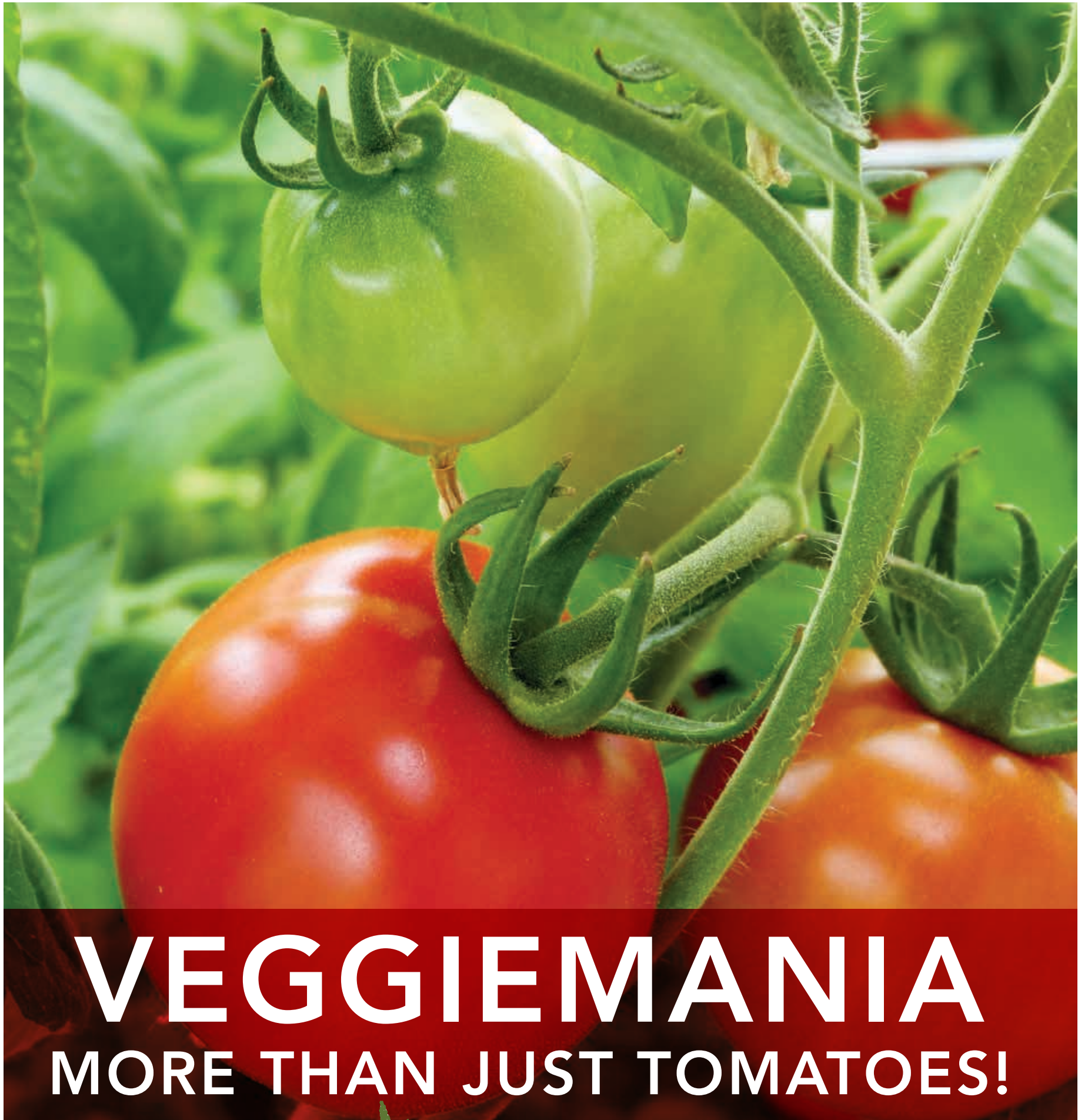
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