

It's **red** all over!  
Vol. 1, No. 11  
November 2011

# Zebr

*Sharing the Lifestyle of Northern Virginia*

Meet Alexandria's  
Living Legends

*See page 4*



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As you can see from our cover, *Zebra* is delighted to become a media partner with Alexandria's Living Legends. Starting on page 4, we bring you up to speed on the project that was founded in 2006 by renowned photographer Nina Tisara who has worked tirelessly to grow the program over the years. Coincidentally, this month she was recognized during “*Evening in the Heart of Alexandria*,” a dinner gala presented by Volunteer Alexandria, a 31-year old Alexandria organization which honors impactful members of our community who carry out extraordinary service.

So, we decided we better join her team and get going right away, this month spotlighting two of the current 2011 legends, Lynwood Campbell and Stewart Dunn. Each month, we will bring focus to one of the great leaders who has made his or her enduring mark, and *Zebra* is proud to provide a showcasing venue.

Also in this issue, you'll read about the many exciting events just around the corner, like The 41st Annual Scottish Walk and First Night Alexandria, as well as the many plays and evenings of music, art shows and even find out where to catch the best bargains at the area's Holiday Bazaars.

We also bring you the 2011 Chamber of Commerce Business Awards, which bestowed the following honors: Eco-Friendly Business of the Year to Wheel Nuts Bike Shop; Small Business of the Year toGov-Trends and also Artfully Gifts and Chocolate; Medium-size Business of the Year to Speck-Caudron Investment Group of Wells Fargo Advisors; Large Business of the Year to B3 Solutions; Rising Star Business of the Year to Port City Brewing Company and finally overall Best Business of the Year to Hadeed Oriental Carpet Cleaning.

We also encourage you to pick up the brand new 2012 Todd Healy calendar which is unmatched in its artistry and detailed renderings of historic residences and buildings in Old Town.

On another note, *Zebra* wants to take this opportunity to say we will miss good friend and supporter Tina Leone, president and CEO of the Alexandria Chamber of Commerce, but wish her great success as she takes the helm as executive director of the Ballston Business Improvement District (BID) in Arlington.

Enjoy Thanksgiving and the falling leaves, and remember to pre-serve and thank the special living legends in your life.

Mary Wadland

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Publisher's Assistant Lucy settles in for a long winter's nap after putting this 11th issue to bed.

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Living Legends 2006-2010. Photos by Nina Tisara



# INBOX

### HOW TO GIVE US FEEDBACK

If you would like to send us a comment, send your mail to mary@thezebra.org or Zebra, PO Box 6504, Arlington, VA 22206. Submission of a letter constitutes permission to publish it. Letters may be edited for reasons of space and clarity.

Dear Zebra--  
I just moved here and I'm a big fan of food trucks but I never see any in Alexandria. They are the hottest things right now, and in other cities I know even area restaurants promote their "bricks and mortar" locations with trucks and food wagons/push carts. Why none in Alexandria? Will you please investigate and run a story on about this?

Scott Tibarone

[Editor's Note: We will do a story on food trucks. Thanks for the suggestion.]





Who are the Legends? They are community activists, educators, lawyers, artists, arts advocates, businessmen and clergy. Each was shaped by the major issues of the era: some by the Civil Rights movement, some by the women's movement, some by zoning and historic preservation issues, some are seeking to prevent teenage delinquency and/or to refocus the criminal justice system toward rehabilitation. Seen together, they are a multi-faceted mosaic of interacting social movements. The common thread for most is a desire to serve, and to give back to their community.

Living Legends of Alexandria is an ongoing photo-documentary project identifying, honoring and chronicling Alexandria's recent history makers. The Living Legends project recognizes those individuals whose vision and dedication have made a tangible difference to the quality of life in Alexandria.

The project was conceived in the fall of 2006 by artist-photographer Nina Tisara in response to requests for photographs of people who were no longer living. When the photos were not available in the Tisara Photography archives, she devised a system for creating the photos and the accompanying stories. And she thought one step further—how about we photograph and document these folks while they are still contributing?

Photographs of the Legends are currently exhibited in various venues of Alexandria beginning with the Market Square lobby of City Hall, which houses the 2011 collection. The photographs and stories are published annually in catalogs that are donated to the Special Collections Department of the Alexandria Library to be archived and available for future research. They are now also collected by the Library of Virginia in Richmond. The Washington Street offices of Prudential Caruthers Realtors will host an exhibition of Living Legends of Alexandria (2008-2010) portraits beginning November 2011 through January 2012.

Living Legends of Alexandria is a 501(c)(3) corporation. The project is directed by a Board whose goal is to fulfill the organization's mission and to maintain integrity in the Legend identification and selection process.

Requests for nominations are published regularly in the press and actively solicited from the community.

There are two criteria for Legend selection, either (1) Individuals who have contributed at least one tangible improvement to the quality of the City's life that would likely be missing without that person's vision and energy, or (2) Individuals demonstrating exemplary service to the City for 10 or more years. Nominees must live or work in Alexandria. Those currently running for or holding political office are not eligible for consideration. To be considered, the contributions of City employees must be beyond their job responsibilities.

Tisara acknowledges the formidable tasks to be addressed. "May we be inspired," she says, of the words of Edward Everett Hale, (1822-1909), an American author and Unitarian clergyman, "I am only one; but still I am one. I cannot do everything; but still I can do something; and because I cannot do everything, I will not refuse to do the something that I can do."

The aim for Living Legends is to create an artistic and enduring record of those among us who truly make a difference. . Platinum and Gold Sponsors this year are Club Managers Association of America, Erkiletian Real Estate Development, Inova Alexandria Hospital, Renner & Co., Rotary Club of Alexandria, the late Douglas Thurman and the Alexandria Commission for the Arts. To nominate a future Legend or for more information, visit <http://www.AlexandriaLegends.com>. Nominations for the 2012 Legends will be accepted until November 15.

PHOTOS BY NINA TISARA/LIVING LEGENDS OF ALEXANDRIA



## 2011 Living Legend of Alexandria

# LYNNWOOD CAMPBELL

BY SHERRY WILSON BROWN

**L**iving Legend Lynnwood Campbell says no to many requests. He won't be a flunky or token on your board. But when there is a genuine need, he happily says yes. As a result, he has impacted our public schools and policies toward children, human rights, the city budget, charitable giving, and elections.

Lynnwood was born in Freedmen's Hospital (now Howard University Hospital) in 1947, though his family lived in Alexandria. His father was a deliveryman who became the first black salesman at Virginia Electric Supply on King Street and his mother owns and operates her own beauty shop. Today, his younger brother, Bernard works at the Alexandria Amtrak Station. His sister Wilma Anderson, who died a few years ago, worked in the law offices of Samuel and Otto Tucker

as a teenager and retired from Federal service. Lynnwood has a baby brother in Silver Spring, Zachary Moore, a retired IBM engineer, who was adopted by the Campbells at three months when his mother died.

After completing St. Joseph's Elementary School, Lynnwood entered 8th grade at St. Mary's Elementary School where he was the first black student. The first week, police monitored the situation and Lynnwood's father drove him to school. It felt like he was Sputnik with students coming up just to look at him.

"Then (the late) Ken Barnett came up and asked if I'd like to be friends. He was a really popular student and once we were friends, things settled down."

For high school, as a minority, he had to appear before the Alexandria School Board (to which he was later appointed) and ask for permission to attend George Washington or Hammond rather than Parker Gray. He chose not to demean himself and instead accepted Virginia's offer of one-half tuition to attend a school elsewhere (part of Virginia's

strategy of Massive Resistance to integration). Each day, he took a bus into D.C. where he attended Western High School. Serendipity hit when he met his future wife Deborah on the bus. She attended arch-rival Wilson High School and after Western won a basketball game between the two schools and a fight appeared imminent, she told him to stay by her and they'd be safe. Today, they have a daughter Robin who lives near Philadelphia.

Lynnwood graduated from Western in 1965 and enrolled at Howard University where he graduated with a degree in accounting and business administration. He was working at Price Waterhouse when he was called to active duty. He completed the U.S. Army Finance School and was assigned to the Military District of Washington as the Deputy Finance and Accounting Officer. His brother Bernard was innocently caught up in a situation at Gino's Restaurant. The youths actually involved left but when Bernard

Of his contributions Living Legend Lynnwood Campbell says simply, "People asked me to serve, and I served."

PHOTO BY NINA TISARA/LIVING LEGENDS OF ALEXANDRIA

▼ See CAMPBELL on page 10

## 2011 Living Legend of Alexandria

# STEWART DUNN, JR.

BY SHERRY WILSON BROWN

**F**or Alexandria Living Legend Stewart Dunn, it is a matter of balance. He balances his professional duties as a partner at Ivins, Phillips & Barker with his duties as Vice Chair of the Planning Commission. He must have the balance right as in 2010, Stew was named Washington DC Tax Lawyer of the Year. In addition, the George Wythe Society of Citizen Lawyers (the oldest organization at William & Mary Law School) recently invited him to give the first lecture in 2010 of their annual Citizen Lawyer Series. They brought him to talk to students and faculty as an attorney who exemplifies the citizen lawyer ideal via his civic engagement and commitment to the ethical practice of law.

Stew Dunn was born and raised in Pittsburgh, one of five children, the son of a lawyer and a homemaker. He graduated from Yale University in 1951 with a BA in political science and then earned an LLB, magna cum laude, from Harvard Law in 1954, where he was an editor of the Harvard Law Review. Three years in the Army followed, including time in the Judge Advocate General Corps stationed in Washington. After the Army, he decided to pursue his legal career in Washington and has lived in this area since 1954.

He and his first wife lived in Washington and Arlington before settling in Potomac, Maryland. After his first wife died in 1975, Stew was left to raise his three sons who ranged in age from junior high to college freshman. In 1978, Stew married Loti Kennedy Savage. They lived in Potomac while remodeling their historic house in Alex-

andria to accommodate five children. Today, Stew's son, Chris, is a lawyer in New York City and his son, Tim, who has retired after a successful career in managing investment funds, lives in Middleburg, Va. Son, Anthony, died in an automobile accident in 1980. Of Loti's children, Eliza lives in Alexandria and Rhett in Portland, Oregon. Stew and Loti enjoy being grandparents to their six grandchildren.

After settling in Alexandria at the beginning of 1980, Stew became an active member of the Old Town Civic Association and served as treasurer. A request to host a fundraiser for Hopkins House at their home led to an invitation to serve on its Board. Stew served for 10 years.

He was appointed to the Alexandria Human Rights Commission in 1983 where he served a full term and, in the late 1980s, he was selected to serve on a commission to revise the existing zoning code. Council adopted the revisions in 1992. Stew served on the Board of Zoning Appeals (ending as Vice Chair) and he has been on the Planning Commission since 1995, where he currently serves as Vice Chair.

On the Planning Commission, Stew has represented the Planning

"... the tactfulness of a senior diplomat, but with an iron will to do the right thing for the City."

PHOTO BY STEVEN HALPERSON/TISARA PHOTOGRAPHY

▼ See DUNN on page 14





Last year's multimedia finale at the George Washington Masonic Memorial.

PHOTO BY GARY CARR/GARYPHOTO.COM



Fun Hunt is a scavenger hunt blast for the kids.

PHOTO BY MIKE GEISSENGER



A magician captivates the crowd.

PHOTO BY MIKE GEISSENGER



Live music carries the night

PHOTO BY MIKE GEISSENGER

# Coming December 31: FIRST NIGHT ALEXANDRIA

Dozens of live music acts, a comedy magic show and entertainment for kids, are just some of the 90 performances that can be found at 18 indoor venues throughout Old Town on December 31. With these performances, plus interactive kids' activities and the all-ages, brain-teasing Fun Hunt, First Night Alexandria is the largest family-friendly and alco-

hol-free New Year's Eve event in the region. Your ticket for the event is a First Night badge which gives you access to entertainment and activities at spots all around Old Town. This year's First Night headquarters is the Durant Arts Center, 1605 Cameron Street, just blocks from King Street Metro Station.

Starting at 7 p.m., with your First Night badge and schedule in hand,

stroll Alexandria's charming historic streets among venues, or hop on and off the free King Street Trolley to catch your favorite acts. Museums, public buildings, and even retail shops are turned into performance venues to showcase incredible regional and national talent. Make a night of it with dinner at one of Old Town's acclaimed restaurants, or grab a bite to eat at designated First Night venues.

Dance the night away at the George Washington Masonic Memorial with the New Orleans-style party music of the Junkyard Saints and the irresistible swing of King Teddy. Boogie down at the Torpedo Factory Art Center with Grammy-nominated Bill Kirchen's roots rock and roll and the Grandsons' rocking rhythm and blues.

This family-friendly event is chock full of activities for kids including face painting, moon bounce, clowns doing balloon sculptures, and interactive games. Alcohol-free venues keep it fun and accessible for all ages – and children under 12 are free.

First Night Alexandria's New Year's Eve finale will explode into a complete multimedia spectacular with lasers, videos, and music, starting at 11:30 p.m. with a countdown

at midnight. The city's most visible monument, the George Washington Masonic Memorial, will be the focus – be sure to grab a seat on the memorial lawn for a great view.

For an extra adventure, start your New Year's Eve fun in the afternoon with the Third Annual First Night Fun Hunt between 1 and 4:30 p.m. The scavenger-style hunt uses puzzles and clues to take teams to sites around Old Town, and everyone that completes the hunt clue sheet is eligible to win great prizes. Winners must be present at the kick-off event at the Durant Arts Center at 5 p.m. to claim their prizes.

*First Night Alexandria began in 1994 as a celebration of the new year through the performing arts. Coffee shops, retail stores, hotels, museums and public buildings are turned into performance venues to showcase a variety of talent.*

*First Night celebrations take place around the world and the event was founded in 1976 by a group of civic-minded artists in Boston as a meaningful alternative to traditional New Year's Eve revelry. To learn more, visit [www.FirstNightAlexandria.org](http://www.FirstNightAlexandria.org).*



# Z HOT SAUCE PICK OF THE MONTH

The West African Voodoo Juice will cast a spell on you. This juice is hotter than most people think, so use it sparingly. Just a dash to a bowl of chili is more than enough for the average person.

If you really like heat you can add it to your favorite stews or barbecue sauce. This juice is from the multi award-winning Captain Thom's Chili Pepper Co. and winner of the prestigious Fiery Foods Challenge award.

Made with Red Savina Mash, which brings the heat, and the combination of brown sugar and fruit juices adds the sweetness. Most people just take a whiff of it and their eyes water. You'll know when you've used too much because you will get the hiccups.

- Mike Sade



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UNDER CONTRACT

### Fords Landing

875,000

Wonderful brick garage town-house in historic Old Town. Three finished levels, 3 bedrooms, 2 baths and a fabulous open floor plan. Private Master Suite with vaulted ceilings, luxury bath and walk-in closet. Eat-in updated kitchen with a pass thru to the dining room and living room with wood floors, a fireplace and double french doors to the deck...entertaining is a breeze!



UNDER CONTRACT

### Old Town

659,000

Enjoy city living in this urban townhouse with off street parking! Three finished levels with 3 bedroom, 2.5 baths and refinished wood floors. Entry foyer welcomes you to the open floor plan with high ceilings, dining room and living room with fireplace, built-ins and french door to the patio. Updated kitchen, ample closet and storage space and just a few blocks to the King St METRO, shops & restaurants!



UNDER CONTRACT



### Del Ray



\$874,900

Enjoy Del Ray Living in this beautifully renovated 3 bedroom, 2.5 bath home with 3 finished levels on a 8,716 sq ft lot with a 2 car garage! Entry foyer, living room with fireplace and formal dining room with french doors to a custom deck. Large family room with wet bar, kitchen with granite counters & breakfast bar. Two upper level bedrooms with 2 closets in each, lovely bath and attic storage. Spacious walk-out lower level with recreation room, office, bedroom suite and kitchenette!

UNDER CONTRACT

### Old Town Greens

\$823,000

Spacious garage town-home with 4 finished levels, 4 bedrooms and 3.5 baths. Wonderful open floor plans, with wood floors on main level, high ceilings and tall windows. Community pool & tennis, minutes to Old Town, Arlington & D.C.



### Quaker Ridge

669,000

Gorgeous 4 bedroom, 2.55 bath end town townhouse with 3 finished levels and a 2 car garage. Open floor plan with, high ceilings, abundant windows, gleaming hardwoods and crown mouldings throughout. Formal living room and dining room, gourmet kitchen with granite breakfast bar that opens to the family room with a gas fireplace. Upper level with 3 bedrooms including a spacious Owner's suite with luxury bath with separate vanities. Walk-out lower level with soaring ceilings features a 2nd family room with a gas fireplace, home office or guest room and half bath. Convenient to shopping, Old town, Arlington & D.C.



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# ASK THE CLOCKMAN

BY PHIL WADLAND



*Q: I have a “Howard” wall clock that has a big weight in the bottom of the clock. I can get it to run. I bought this at an estate sale for \$400. What can you tell me about this clock?*

**A:** Great buy!!!! Let’s get to the good news first. It is worth about \$3,000 to \$5,000 depending on its condition. I know I’d be glad to give you \$1000 right now as-is and you could double your money.. But really you have a fabulous clock. Every clock collector hopes to one day own a Howard clock.

Yours is known as model “#70” E. Howard clock. This number is stamped on the weight and the movement. It is circa 1890. The clock was produced in both oak and cherry woods. I can tell by the photo that the wood grain is large so that makes yours oak. Now you say the weight is at the

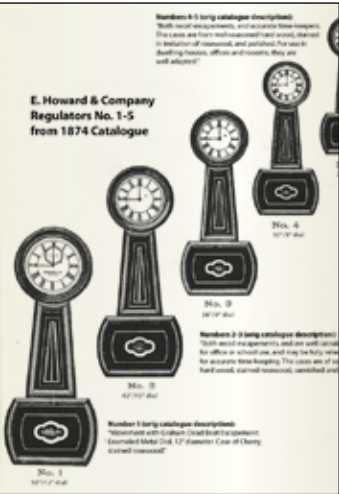
bottom of the clock, do you have a winding key? Before you do anything else, I would take this clock to your local clock shop. When you open the lower door you should find a locking plate that will secure the pendulum to the case. Have the clockmaker check to be sure the cable that suspends the weight is not broken and that it is hanging on the pulley correctly. To avoid damage to the movement and the lower case glass, always transport the clock in an upright position. DO NOT lay this clock down flat.

### For the History Buffs

Formed as a joint stock corporation on December 1, 1881, the E. Howard Watch & Clock Company succeeded an earlier firm of similar name founded by Edward Howard (1813-1904). A clock making apprentice of Aaron Willard, Jr., Howard had commenced business with David P. Davis, manufacturing high-grade wall clocks under the name of Howard & Davis in 1842. Sewing machines, fire engines and precision balances were also manufactured by the firm. With a third partner, Luther Stephenson, in about 1843

they also began to manufacture tower clocks.

With the departure from the firm of David P. Davis in 1857, Howard & Davis was dissolved and succeeded by E. Howard & Company. Howard and Davis both had also been involved in watch manufacturing, somewhat unsuccessfully, since 1850, Edward Howard began a new watch company in 1857, and on March 24, 1861 merged



his clock and watch businesses into a single joint stock corporation, The Howard Clock & Watch Company. That firm failed in 1863. Subsequently, Howard formed a new company, The Howard Watch &



PHOTO BY PHIL WADLAND

Clock Company (transposing clock & watch) on October 1, 1863, which was successful for some years. That firm was reorganized in 1881 due to carried over financial setbacks from previous years.

Edward Howard sold out his personal interests in 1881 and retired, leaving the firm to new management who manufactured many clock styles, primarily weight-driven wall clocks and regulators of fine quality. Only two common wall models, Regulators No. 5 and No. 10, were produced as stock items. All others were manufactured only by special order which accounts for their sometimes seeming scarcity relative to the aforementioned models. Until the early 1930s, clocks were manufactured in Roxbury, a section of Boston. Subsequently the operation was moved to Waltham, MA.

On November 5, 1934, yet another new firm, Howard Clock Products, was formed to succeed the earlier firm. Although clock production was declining, precision gear-cutting kept the firm profitable, particularly from government contracts. Production of smaller clocks ceased in the 1957/1958 timeframe. The last tower clock was produced in 1964.

In 1975, new Vice President, Dana J. Blackwell (deceased in 2007), enthusiastically revived clock production, reintroducing several of the more popular models to the market. The movements in these 1970s clocks maintained high

standards for which the Howard firm had become famous. Cases were made to very strict specifications. As a result, these faithful reproductions remain in demand by collectors and continue to increase in value, especially as some of the earlier Howard models are “locked tight” in major collections primarily in the United States.

### Modern Corporate Shenanigans

It is unfortunate that the older owners of the firm sold the business to a young self-proclaimed successful businessman named Beckman, in August, 1977. He eventually fired most of the firm’s knowledgeable management and proceeded to drain it financially (sort of like Freddie Mac and Fannie Mae management

▼ See Clockman on page 9

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# Free Parking at City Garages and Meters on Black Friday, November 25

Alexandria is rolling out the red carpet for shoppers on Black Friday, November 25, 2011, one of the biggest shopping days of the year. The City of Alexandria is offering free parking in all City-owned garages and parking lots, and metered spaces will also be free, as a special incentive for shoppers to visit Old Town to make their holiday purchases.

Dozens of Alexandria's independently owned shops are offering deep discounts with early and extended hours on Black Friday. Shop as early as 6 a.m. and warm up with a hot beverage and breakfast from some of Old Town's favorite cafés. Holiday shopping becomes a charming one-of-

a-kind experience on Alexandria's historic streets.

After shopping all day, stay to enjoy the City of Alexandria Annual Tree Lighting Ceremony at 7 p.m. on the picturesque and historic Market Square. As the official kick-off to the holiday season in Alexandria, you'll enjoy a performance from Santa's Frosty Follies, a special visit from Santa Claus, and community caroling.

Then, visit Santa throughout the season in Old Town. Starting the Saturday after Thanksgiving, November 26, Santa will be available for photos every Saturday and Sunday until December 18 at 210 South Union Street. Hours: 11 a.m.



to 6 p.m. Saturday, noon to 5 p.m. Sunday. Special parade day schedule is 1 to 6 p.m. Saturday, December 3.

For more information on all the Black Friday festivities, free parking, participating shops, and many more holiday events in Alexandria, go to [www.VisitAlexandriaVA.com](http://www.VisitAlexandriaVA.com).

## These City-owned garages and lots are opening early and will offer free parking for patrons:

- Market Square Garage, 108 North Fairfax St., Open 6 a.m. Friday – 6 a.m. Saturday
- Courthouse Square Garage, 111 South Pitt St., 6 a.m. – 3:00 a.m.
- Thompson's Alley Garage, 10 Thompson's Alley, 6 a.m. – 11 p.m.
- North Union Street Garage, 220 North Union St., 6 a.m. – 2:30 a.m.
- South Henry Street Lot, 112 South Henry St., 6 a.m. – 5 p.m.
- Cameron/St. Asaph Street Lot, 210 North St. Asaph St., 6 a.m. – 9:30 p.m.

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### ▲ Clockman from page 8

of the 2008 era and Obama and his cronies draining the rest!) By 1980, on the verge of bankruptcy, Beckman was caught with a bunch of hired thugs in an attempt to explode the factory building. Following a lengthy trial, he was convicted, though he never served any time in jail.

The Federal Government stepped in at the time of Beckman's arrest and the Howard firm filed a Chapter 11 bank-

ruptcy. The bankruptcy court brought in a shrewd manager, and after creditors were satisfied, the clock making portion of the firm was sold to private investors who continue to offer fine Howard clocks.

*Phil Wadland is a third-generation clockmaker and horologist, residing in Manchester, New Hampshire. If you have questions for the Clockman, email [clockman@thezebra.org](mailto:clockman@thezebra.org)*

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▲ CAMPBELL from page 10

fought with a policeman, he was arrested. Word spread and there were several small incidents that threatened to lead to a riot which the Army was prepared to assist. Lynnwood went to his commanding officer and said he did not want the Army to go into Alexandria. He was told to get over to Alexandria and do something about it or the Army would come in. Lynnwood met with the city manager and got his brother out of jail (the charges eventually were dismissed) and generally calmed things down. The Army had no need to enter Alexandria.

He completed his Army obligations at the rank of Captain. and returned to Price Waterhouse after active duty where he became a Certified Public Accountant. Eventually, he went to work at the Treasury Department's Federal Home Loan Bank (now the Office of Thrift Supervision). Today, Lynnwood is the Director of Internal Review and Quality Control. Alongside his Federal career, Lynnwood has built an impressive record of volunteer service to Alexandria and the region. He was a board member of the Northern Virginia Urban League and the Washington Urban League. He worked primarily on accounting and education issues and was a member of the Alexandria NAACP Board of Directors. He helped establish the Alexandria Urban League and was on the board of directors of the National Conference of Christians and Jews.

City Council appointed him to the Human Rights Commission in the early 1980s and in March 2007, he was appointed to the Alexandria Election Process Review Committee. Appointed to the school board in 1982, Lynnwood served until 1991, including a year as vice chair, helping to create the Early Childhood Development program, all-day kindergarten, the C-Average rule requiring

better grades for high school athletes, the Junior ROTC program at T.C. Williams High School, and the Minority Achievement Committee. He unsuccessfully ran for City Council twice – as an Independent because of the Hatch Act.

Lynnwood was a board member and former chairman of the board of Alexandria Neighborhood Health Services Inc. This grew out of his political associations. One of the doctors, a candidate for the school board, asked him to join the board because there were no blacks on the board. Lynnwood said no twice because he did not want to be the board's token member. He eventually joined to help them with their accounting.

After the United Way scandal, Vola Lawson asked Lynnwood to apply for a reconstituted board. A former boss warned that it was a pointless process as the board had already been selected. Lynnwood interviewed anyway and explained that he would not be a flunky; he was only interested in real work. United Way had just that. He was asked to join the board and eventually served two years as chair. He is proud of helping turn around the agency which last year received a Washington Business Journal award for having one of the best financial reporting systems for an area not-for-profit.

Lynnwood gave away his boat a few years ago as he didn't have enough time to enjoy it. Amongst all his volunteer activities, he does have some spare time which he uses for watching sports, especially NFL football. He tends to tune in more toward the end of the seasons, like during March Madness or in October for baseball.

Of his contributions Living Legend Lynnwood Campbell says simply, "People asked me to serve, and I served."

### QUOTABLE:

“I think there is one higher office than president and I would call that patriot.”

—Gary Hart

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# Long Bridge Park Ribbon Cutting Ceremony



Here Erick Bieuh, Carrie Johnson, Tobin Smith (Long Bridge Design Advisory Committee), Mary Hynes (County Board), Chris Zimmerman (Chairman, Arlington County Board), Walter Tejada (County Board), Jay Fisette (County Board), Dr. Mathew Shank (President, Marymount University) and Barbara Donnelan (Arlington County Manager) cut the ribbon opening the Long Bridge Park, Arlington's newest and largest park. The Long Bridge Park adjacent to Crystal City, currently covers 18 acres with planned expansion to 30 acres. It includes three full-size artificial turf playing fields, a raised walkway overlooking the Potomac river and waterfowl sanctuary. The walkway allows for easy viewing of airplanes taking off from Reagan National Airport and trains passing through Northern Virginia.



The Long Bridge Park half-mile long raised Esplanade is well lit and provides a wonderful view of the athletic fields and the DC skyline.



Children play at one of the three athletic fields with Crystal City in background.

PHOTOS BY HARRY MERRITT



## Ronald Reagan Statue Unveiled at Airport

The Ronald Reagan Presidential Foundation hosted the Ronald Reagan statue unveiling at the Ronald Reagan Washington National Airport. Participating in the unveiling ceremony were Frederick Ryan, Chairman of the Board of Trustees of the Ronald Reagan Presidential Foundation, former Secretary of Transportation Elizabeth Dole, current Secretary of Transportation Ray LaHood and Charles Snelling, Chairman, Metropolitan Washington Airport Authority. The 9-foot tall bronze statue was funded through private donations and cost \$900,000. Ceremonies honoring Ronald Reagan will take place throughout the year celebrating the 100-year anniversary of his birth.

PHOTOS BY HARRY MERRITT



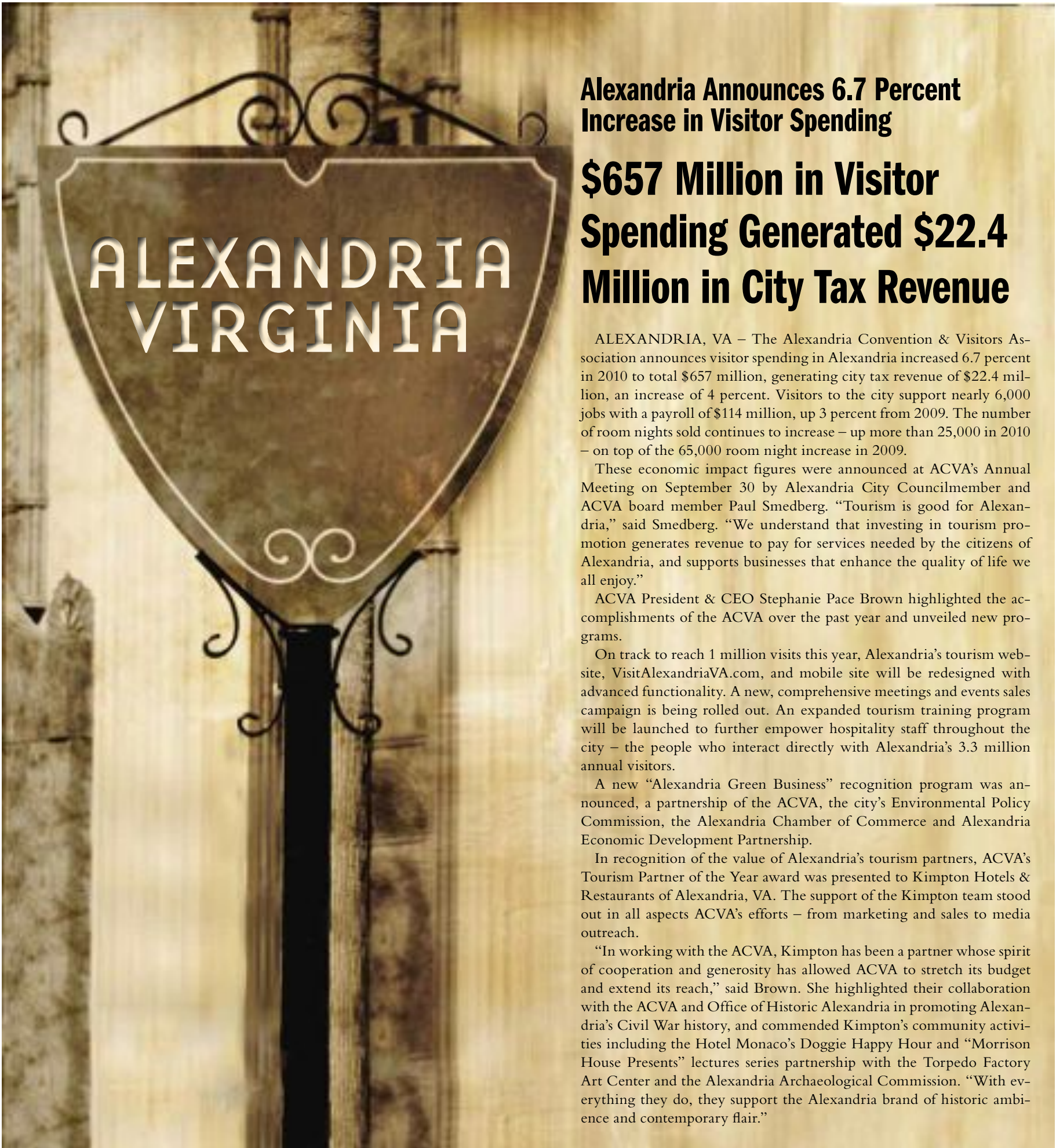
The bronze statue is 9 feet tall, weighs 900 pounds and is prominently located in front of terminal A.

The Honorable Frederick J. Ryan, Jr. unveils the Ronald Reagan Statue with the assistance of the Honorable Elizabeth Dole, the Honorable Ray LaHood and the Honorable Charles D. Snelling.



The statue dedication was well attended.





## Alexandria Announces 6.7 Percent Increase in Visitor Spending

# \$657 Million in Visitor Spending Generated \$22.4 Million in City Tax Revenue

ALEXANDRIA, VA – The Alexandria Convention & Visitors Association announces visitor spending in Alexandria increased 6.7 percent in 2010 to total \$657 million, generating city tax revenue of \$22.4 million, an increase of 4 percent. Visitors to the city support nearly 6,000 jobs with a payroll of \$114 million, up 3 percent from 2009. The number of room nights sold continues to increase – up more than 25,000 in 2010 – on top of the 65,000 room night increase in 2009.

These economic impact figures were announced at ACVA’s Annual Meeting on September 30 by Alexandria City Councilmember and ACVA board member Paul Smedberg. “Tourism is good for Alexandria,” said Smedberg. “We understand that investing in tourism promotion generates revenue to pay for services needed by the citizens of Alexandria, and supports businesses that enhance the quality of life we all enjoy.”

ACVA President & CEO Stephanie Pace Brown highlighted the accomplishments of the ACVA over the past year and unveiled new programs.

On track to reach 1 million visits this year, Alexandria’s tourism website, VisitAlexandriaVA.com, and mobile site will be redesigned with advanced functionality. A new, comprehensive meetings and events sales campaign is being rolled out. An expanded tourism training program will be launched to further empower hospitality staff throughout the city – the people who interact directly with Alexandria’s 3.3 million annual visitors.

A new “Alexandria Green Business” recognition program was announced, a partnership of the ACVA, the city’s Environmental Policy Commission, the Alexandria Chamber of Commerce and Alexandria Economic Development Partnership.

In recognition of the value of Alexandria’s tourism partners, ACVA’s Tourism Partner of the Year award was presented to Kimpton Hotels & Restaurants of Alexandria, VA. The support of the Kimpton team stood out in all aspects ACVA’s efforts – from marketing and sales to media outreach.

“In working with the ACVA, Kimpton has been a partner whose spirit of cooperation and generosity has allowed ACVA to stretch its budget and extend its reach,” said Brown. She highlighted their collaboration with the ACVA and Office of Historic Alexandria in promoting Alexandria’s Civil War history, and commended Kimpton’s community activities including the Hotel Monaco’s Doggie Happy Hour and “Morrison House Presents” lectures series partnership with the Torpedo Factory Art Center and the Alexandria Archaeological Commission. “With everything they do, they support the Alexandria brand of historic ambience and contemporary flair.”

## STROLLING BY HISTORY

Located at 614 Oronoco Street, the Lee-Fendall House is an urban plantation family home in Old Town Alexandria, Virginia. Since its construction in 1785, the house has served as home to 37 members of the Lee family (1785–1903), hundreds of convalescing Union soldiers (1863–1865), the prominent Downham family (1903–1937), and powerful labor leader John L. Lewis (1937–1969).

The 1785 house, standing on its original half-acre lot, is in the vernacular “telescopic style” of architecture similar to many Maryland homes, but not found elsewhere in northern Virginia. The house was renovated in 1850, adding Greek Revival and Italian elements to the original structure.

The historic home is listed on the National Register of Historic Places for state significance and the Virginia Landmarks Register, and is a documented contributing feature to the National Historic Landmark District of Alexandria, Virginia. The property is now owned and operated by the Virginia Trust for Historic Preservation and run as a museum to preserve the architectural and historic value of the house and gardens and to spread knowledge and appreciation for Virginian and American history.

The Lee-Fendall House Museum and Garden is open for tours on the hour Wed.-Sat. 10-3, and Sun. 1-3. The House Museum and Garden is also available for private rentals.

**Limited editions of this print are available at Todd Healy’s Studio at 320 King Street in Alexandria, 703-549-7883. Todd is also available for private commissions.**



ORIGINAL WATERCOLOR BY TODD HEALY





BY MARCUS FISK

For tho' from out our bourne of Time and Place  
The flood may bear me far,  
I hope to see my Pilot face to face  
When I have cros't the bar.

— Alfred Lord Tennyson

## Veterans' Day: 11/11/11

My wife's sons visited us few weeks back. One stop Christopher and Jonathan wanted to make was to Arlington National Cemetery. They watched, awe-struck, at the changing of the guard at the Tomb of the Unknowns by members of the 3rd Infantry Regiment, the 'Old Guard.' They also asked me about the caissons for other funerals occurring in 'the Garden' as it is known by the military honor guards of the services. I told them about my experience once as the Duty Captain and what it was like to be the funeral Officer-in-Charge (OIC) and to present the flag to the family. I explained the conduct of the funeral procession and the words during the flag presentation to the family of the fallen were the same whether it was a Seaman or an Admiral. Kneeling in front of the family the flag is presented, smooth edge to the family, with these words: "On behalf of the President of the United States, the Chief of Naval Operations, and a proud Navy, please accept this flag as a symbol of our appreciation for your loved one's service to this Country." I told Chris and Jon that the military has a tradition of looking after their own and a funeral is done appropriately — *every time*.

After leaving Alexandria, Jonathan was up in Massachusetts for a visit with his dad Jimmy Smith, a retired federal judge. Before his time on the bench and a distinguished career in Massachusetts politics though, Jimmy graduated from Boston College and served in the Navy on the USS STEPHEN POTTER (DD 538). One of his Boston College classmates was a William Lawrence "Larry" Whelan from South Kingstown, Rhode Island, who lived in the dorm room across from Jimmy. They became close, lifelong friends and according to Jimmy, Larry's tenacious, feisty character and his family ties to the military pulled him to the Marine Corps and to a career as a Marine Aviator.

Larry qualified as a CH-46 'Frog' pilot and he flew helicopters until his retirement in 1979. He was such a good pilot that he served as an instructor pilot at Naval Air Station Whiting Field and later with HMX-1 just down the road in Quantico, VA where he flew President Kennedy, Jackie Kennedy, Lyndon Johnson, and other luminaries in MARINE ONE and MARINE TWO. The only glitch to an otherwise stellar flying career was when he was flying a helicopter off USS GUADALCANAL (LPH-7) and lived through a catastrophic rotor failure that resulted in an aircraft crash. They awarded Larry an Air Medal for his efforts to avoid the crash but the Board of Inquiry failed to exonerate him despite the equipment failure. Larry Whelan would go on to serve five tours in Vietnam and as Commanding Officer of HMM-265 received not one but two Distinguished Flying Crosses, the Bronze Star with Combat 'V,' a total of 23 Air Medals, the Purple Heart, and the Vietnam Cross of Gallantry.

After Larry retired from the Marine Corps in San Diego, he was once called on the carpet by the Base Commander for his long hair and beard. The Base Marines loved him, but the brass felt that a retired Lieutenant Colonel needed to set a better example for the Troops. Larry begrudgingly relented.

As a classmate and comrade-in-arms, Larry reached out to Jimmy Smith to be his Executor due to his exemplary legal background. So when Larry passed

away, he was cremated per his wishes and the duty to prepare for Larry's funeral fell to Jimmy 3,000 miles away on Cape Cod, Massachusetts. After contacting the funeral home in California, Larry's remains were flown to Cape Cod in preparation for the Marine Corps Funeral. The funeral home told Jimmy that it had made arrangements with the Marine Corps for a funeral with military honors, but the funeral home failed to make that happen.

Last week Jonathan accompanied his dad Jimmy to the funeral at Bourne, Massachusetts just across Buzzards Bay from the Massachusetts Maritime Academy. In a text message to his mom, he captured the solemn event. "You could say he was distinguished. The funeral was today. It was a rainy day at the National Cemetery in Bourne. No honor guard, no priest, no family — Only two college roommates who buried their best friend. 'Taps' was played via a recording at the cemetery. At the end of 'Taps' and in the distance from another funeral, gunshots rang out as though they were saluting for Larry — even though no one was there."

Jimmy, I regret that the funeral home hadn't made the call and got it right for Larry. I wish I could have been there, too. I would have put on my Navy Dress Blues, white gloves and sword, saluted slowly, knelt down in front of you, handed you his flag, and quietly recited those time honored words.

And for you, Larry, although I never had the honor to meet you — "*Semper Fi*."

---

*Marcus Fisk is a retired Navy Captain, Naval Academy graduate, sometime actor, sculptor, pick-up soccer player, and playwright. He and his wife Pamela live in Alexandria.*



The remains of Lieutenant Colonel William Lawrence 'Larry' Whelan, USMC Retired.

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Prime rib, finished on the grilled and topped with sautéed mushrooms, served with mashed potatoes, green beans, horseradish sauce and au jus

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Swordfish steak grilled, finished with a fresh herb buerre blanc, served with wild rice and grilled asparagus

Pasta primavera with sautéed vegetables in a light alfredo sauce over bowtie pasta

**Third Course Choice:**  
Pumpkin Pie with vanilla whipped cream  
Pecan Pie with whipped cream

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▲ STEWART DUNN from page 5

Commission on the Washington Street Standards Task Force, the King Street Retail Advisory Committee, and the current Waterfront planning process. He also serves as the chair of the Infill Task Force. In nominating Stew for the Living Legends recognition, John Komoroske, Chair of the Planning Commission, described him as having “assisted that body in every meeting with his uncanny attention to both microscopic detail and the global goals of our planning process, treating applicants, the public, staff and fellow commissioners with the tactfulness of a senior diplomat, but with an iron will to do the right thing for the City.”

Being asked if he regretted any decision he had made on the Planning Commission led to discussion among others of the Patent and Trademark Office project. Stew voted against it because he feared that, in the evening, it would lead to a dead zone in Carlyle. Ironically, it will be an active hub on the evening of March 17 when it is the site of the Meet the Legends Reception at which Alexandria will be introduced officially to these outstanding citizens.

Stew has had a lifelong fas-

cination with history. He even had an opportunity to participate in making history. He was an usher at the Inauguration of President John F. Kennedy. Given this interest in history, it was only natural that he would be attracted to Alexandria’s historic side. He has been a trustee of the Historic Alexandria Foundation for 20 years. He has said, “We are the stewards of these historic buildings and it is our duty to preserve them. Alexandria is a truly fine city with a wonderful spirit that moves ahead while respecting the past.”

It is not surprising that Stew balances his busy civic and professional activities with reading history-themed books in his spare time. His most recent indulgence was a biography of Ulysses S. Grant. He does not watch much television, although he makes an exception for Redskin games.

Stew’s wife, Loti Dunn, is a very active volunteer for the Scholarship Fund of Alexandria and in recognition of her dedication to the mission of the Fund, Stew has established in perpetuity four annual scholarships for TC graduates.

Of all the activities in which Stew participates, the one to which he is the most dedicated and which he regards as the

most important is his service as a board member and policy maker for the area American Civil Liberties Union (ACLU). He regards the ACLU as the most conservative organization in the country, in part, because it is dedicated to the protection of the Constitution. Prior to the founding of the ACLU, the Supreme Court had never declared any Federal or state law to be in violation of the Bill of Rights (*i.e.* the first ten amendments to the Constitution). The ACLU provides counsel to parties based on its principles to defend Constitutional rights, and not its agreement with the position of the person or group it represents, and has successfully represented persons and groups such as Oliver North and the Ku Klux Klan. If there is a significant constitutional issue, the ACLU will most likely take the case.

It is in this work that Stew finds his most important challenge: to balance the rights of the majority with the rights of the individual. Stew Dunn has gotten it right there and luckily for Alexandria, he has gotten the balance in his life right as well. He is deservedly a Living Legend.

Q U O T A B L E :

“The Pilgrims made seven times more graves than huts. No Americans have been more impoverished than these who, nevertheless, set aside a day of thanksgiving.”  
~H.U. Westermayer



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# Explore Civil War Alexandria with Free iPhone App

On May 24, 1861, federal troops from Washington, D.C., took over Alexandria, a Union officer and Alexandria civilian were killed at the Marshall House on King Street, and hundreds of local men loyal to the South met at Prince and Washington streets to march off and fight with the Confederacy. For the next four years, Alexandria would remain occupied by Union troops, the longest occupation of the Civil War. Now “Civil War Alexandria,” a new, free iPhone app from the Office of Historic Alexandria, allows users to explore Alexandria’s Civil War history as they tour the city – either in person or virtually – through historic images, a stop guide, GPS map and more!

Users will discover how Robert E. Lee’s hometown of Alexandria became a major operations center for Union forces, while thousands of African Americans came to the former slave-trading town seeking freedom and security behind Union lines. Alexandria’s unique Civil War heritage gives visitors today the chance to see a Union fort, a Confederate memorial, and museums dedicated to African American history. Check out more than two dozen distinctive sites and learn why Alexandria’s position as an occupied city made its Civil War experience unlike any other town in America – and why today Alexandria embraces its diversity as well as its past!

“Civil War Alexandria” is available for free at the Apple iTunes store at <http://itunes.apple.com/us/app/civil-war-alexandria/id437084134>. “Civil War Alexandria” was created by Historic Alexandria staff and by TourBuddy, a multimedia tour developer.

For more information, call 703.746.4554 or visit [www.historicalexandria.org](http://www.historicalexandria.org).



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**Question:** Bill Duffer's ball went into a bunker. He then accidentally kicked a pine cone, and it rolled into the bunker. Bill picked up the pine cone which was not interfering with his stance or the area of his intended swing. Did he incur a penalty?

**Answer:** Yes.  
A pine cone is a loose impediment, and may not be removed when both the impediment and the ball lie within the hazard. By removing the pine cone from the bunker, Bill incurred a penalty of loss of hole in match play or two strokes in stroke play.

Each year, the United States Golf Association and the Royal and Ancient Golf Club of St. Andrews, Scotland receive thousands of phone calls and letters regarding clarification of the Rules of Golf. In order to help millions of golfers around the world better understand how these detailed rules are applied and interpreted, the USGA and R&A developed the comprehensive Decisions on the Rules of Golf.

—Mary Wadland



Catherine Roper, vice president of Operations at the Chamber, addresses the Alexandria Chamber Professional Women's Network after the November professional networking breakfast at the Carlyle Club. The theme of the meeting was business Facebook social media.



Jay Palermino with Crowne Plaza's Cathy Sandler draws raffle winners after the professional networking breakfast.

## THE ALEXANDRIA CHAMBER CORNER

As always, the Alexandria Chamber of Commerce had a busy month providing numerous professional networking and social opportunities around town. The primary purpose of the Chamber of Commerce is to act as an advocacy group for the business community. The Alexandria Chamber of Commerce consists of 850 professional businesses and was established in 1908.

PHOTOS BY JAY PALERMINO



Jay Palermino addressing the Alexandria Dental Society at their monthly meeting at Daniel O'Connell's Restaurant regarding Chamber benefits.



Chamber 2012 Chairman-Elect Andrew Palmieri in the Range Rover Evoque. The sweepstakes for a three-month lease will be decided in December at the annual breakfast.



Bishop Boutique opens on King Street with a traditional mayoral ribbon cutting with Mayor Bill Euille.

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Oscar Wiygul address the presentation of the ALIVE donation.

## THE ZEBRA SALUTES

# The 2011 Alexandria Chamber Of Commerce Business Award Winners

The Alexandria Chamber of Commerce held its annual Business Awards Dinner at the Patent and Trademark Office. The sold out event was presented by Bonitt Builders. Hosts for the evening were Tina Leone (Alexandria Chamber of Commerce, President & CEO) and Mike Anderson (Alexandria Chamber of Commerce, Chairman of the Board of Directors).

PHOTOS BY HARRY MERRITT



The Zebra table with Marcus Fisk, Pamela Fisk, Attorney Christopher P. Schewe, Publisher/Editor-in-Chief Mary Wadland, Holly Burnett, Dr. Robert Knapp and Ella Merritt.



Mary Wadland with Best Overall Business winner Joe Hadeed and Lora Palacios of Hadeed Carpet.



Peter Converse, President & CEO of Virginia Commerce Bank is honored as Business Leader of the Year.



Speck-Caudron Investment Group of Wells Fargo Advisors won the Medium Size Business of the Year award.



Alexandria Chamber of Commerce Business leader of the Year, Peter Converse meets with Congressman Jim Moran at the reception.



Bill Butcher of Port City Brewing Company receives the award for the Rising Star Business of the Year.



Christine Candio of Inova Alexandria Hospital accepts the Association/Non-Profit of the Year.



Joe Hadeed of Hadeed Oriental Rug Cleaning accepts the award for Overall Best Business of the Year.



Brenda Bearden of B3 Solutions accepts the award for Large Business of the Year.



Lyn Locke of Crowne Plaza, Old Town Alexandria (InterContinental Hotels Group) accepts the award for Disability Awareness Business of the Year.



Ab Emam of Web Development Group/Gov Trends accepts the award for Small Business of the Year.



Eric Nelson of Artfully Gifts & Chocolates accepts the award for Small Business of the Year.





In the end, everyone won the "Best Costume Award".



Shirley Burdette and granddaughter Cameron Millsapps strut their stuff at the parade.



A clever airplane/wagon is manned by Megan Mazel, Anrebie Sewaggi, Tyler Henry, Jimmy Mazel and Joe Mazel.



Wendy Goyert, Ari Guttridge and Paul Guttridge are prepared to march.

## 8th Annual Aurora Hills Halloween Parade

Despite chilly weather the Aurora Hills Halloween Parade was a great success. Over 100 children and adults participated. The parade was led by a fire truck from Engine Company 105.

PHOTOS BY HARRY MERRITT



Tiger-costumed Britt Williams-Bunts is ready to march and collect as much candy as possible.

A pumper truck from Arlington's Engine Company 105 led the parade.



The parade had great neighborhood participation.





2010 Best in Show, Patriot Dreams, owned by J. Gaston, was decorated as “Our Lady of Sea Ray” complete with stained glassed windows and a steeple.

PHOTO BY MANGO MIKE MIKEANDERSON

# Potomac River Will Light Up for Alexandria’s 12<sup>th</sup> Annual Holiday Boat Parade

Saturday, December 3, during Scottish Christmas Walk Weekend experience one of the region’s most beloved holiday traditions with the 12th Annual Alexandria Holiday Boat Parade of Lights.

On Saturday, December 3, from 6 to 7 p.m., Alexandria’s harbor will sparkle when 50 brightly lit powerboats and sailboats parade down the Potomac River from Washington, DC, to Alexandria, VA, fully decked out in lights and holiday décor. The parade is led by Alexandria’s fireboat Vigilant and Washington, DC’s fireboat John Glenn. Friends and families bundle up and come to the docks and waterfront parks of Alexandria to cheer on their favorites.

The boats are dressed to impress a panel of judges who will award prizes in a dozen categories including Best in Show, Thinking Outside the Christmas Box, and Hardest Souls. Last year’s award-winning designs included a giant polar bear in lights, a church complete with stained glass windows and a steeple, a boat projecting Dr. Seuss’s classic cartoon movie How the Grinch Stole Christmas, and a “Hawaiian style Christmas” which featured a live hula dancer in grass skirt and bikini top dancing on the bow of the boat – despite freezing temperatures outside.

Pre-parade festivities begin at 4 p.m. and include live musical performances and FREE photos with Santa Claus for

kids and canines. Santa will arrive by fireboat at 4:15 p.m. at the Alexandria City Marina behind the Torpedo Factory Art Center.

This year’s boat parade is produced by RedPeg Marketing in partnership with the Alexandria Convention & Visitors Association and the Washington Waterfront Association.

The parade is the culmination of a day jam-packed with holiday festivities throughout Old Town Alexandria. The Campagna Center Scottish Christmas Walk starts the day with parading Scottie dogs, bagpipers and 100 Scottish clans from 11 a.m. to 1 p.m. The lavishly decorated houses of the Campagna Center’s Holiday Designer Tour of Homes

are open from 11 a.m. to 4 p.m. Carlyle House presents A Soldier’s Christmas, where visitors can experience life in Alexandria at the time of the American Revolution with reenactments and festive entertainment, from noon to 4 p.m. And the Alexandria Archaeology Museum hosts ornament decorating for kids from 1 to 4 p.m.

See why Alexandria is famous for its holiday traditions – HGTV named Alexandria a “Top 10 Christmas Town” – and take part in special events throughout the season. Feel transported by an old fashioned sense of holiday wonder as you shop, dine and celebrate on America’s historic main streets. Plan your visit at [www.VisitAlexandriaVA.com](http://www.VisitAlexandriaVA.com).



The annual boat parade is one of the most picturesque scenes on the Alexandria waterfront.

PHOTO BY CHESTER SIMPSON





# 36TH ANNUAL Marine Corps Marathon

Arlington, Virginia and Washington, DC hosted the 36th Annual Marine Corps Marathon. Winner of this year's marathon is US Army 1st Lt. Charles Ware with a winning time of 2 hours, 19 minutes, 16 seconds. In the women's category, Tezata Dengersa of Turkey finished with a time 2 hours, 45 minutes., 28 seconds. 30,000 participants ran the 26.2 mile race ending at the two Jima Memorial in Arlington Cemetery. Along the route well wishers encouraged the runners with shouting, horns, bells and posters. This year, 400 additional marathon runners participated in MCM Forward, a global running of the Marine Corp Marathon on courses laid out in such places as Afghanistan and Iraq. The Marine Corps Marathon is a tradition in the local area. It showcases Marine Corps organizational skills and is one of the largest marathons in the country. There is no cash award for the winners, only the personal satisfaction gained in completing the race.

PHOTOS BY HARRY MERRITT



Runner Charlie Surran shows this year's medal. Charlie has been running this event since 1996.



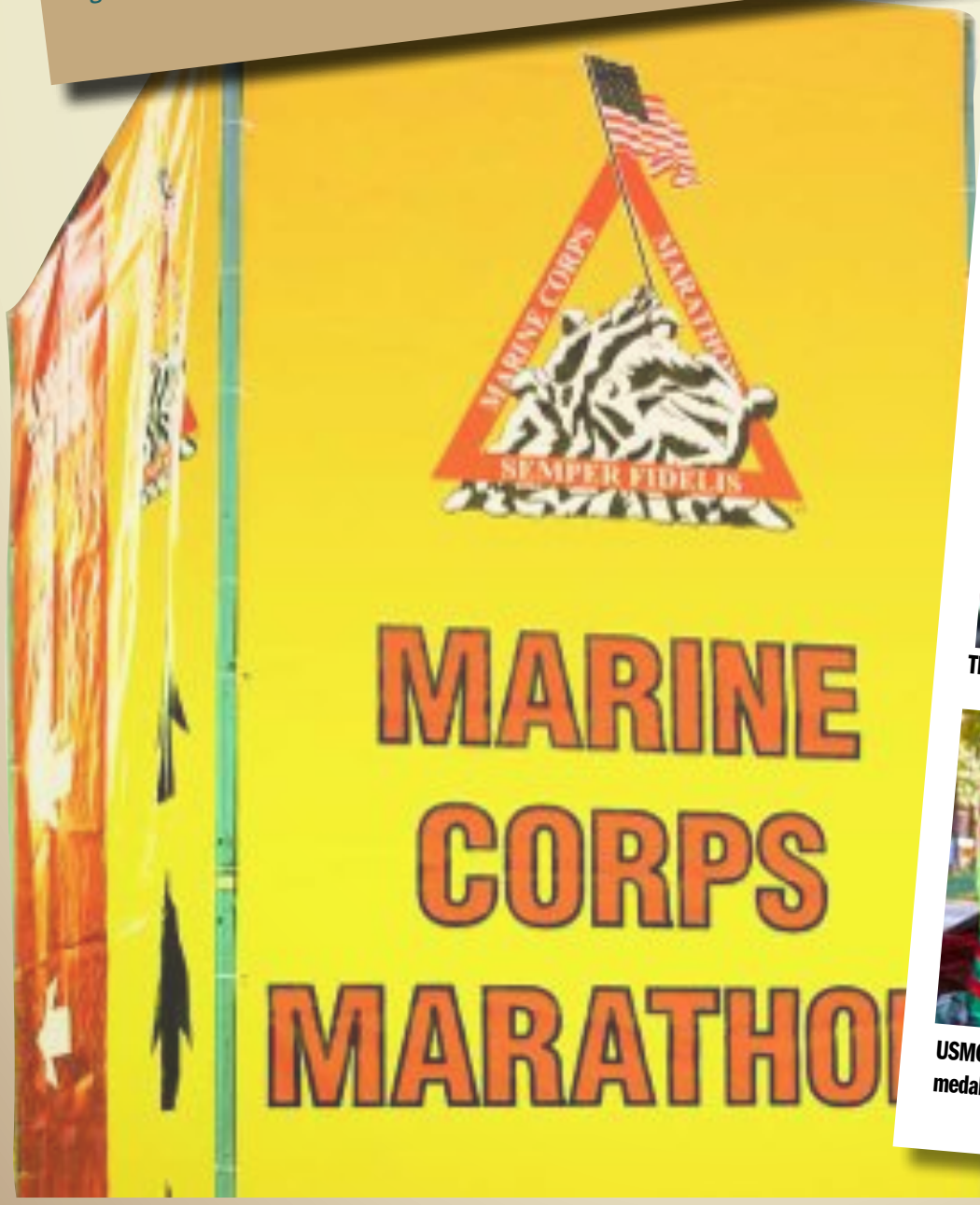
Some athletes know how to end up on a Wheaties cereal box.



There is no real specific uniform for the runners.



USMC, Sgt. Michele Stephens shows us her medal.







It was not uncommon to see an American flag being carried by a runner.



Along the route all sorts of entertainment was provided for the spectators. Here hoola hoop expert Regina Armenta demonstrates her balance.



Some runners show unique talents like juggling and running at the same time.



The hand cycle event sets a blistering pace. The winner Scott Seiss completed the course in 1:28:41



At the 23 mile marker you can see the pain and determination to finish the race.



Many small groups ran together.



Some runners have the ability to just stay focused for the run.



Amelie Przystawik supports her dad with a poster.





**Winner of the FitOne Ultimate Weight Loss Challenge is “Team Bill and the Four Little Ladies.” Shown here are Caity Davis (Owner/Trainer), Bill Lange, Christine Poward and Jill Stump. Thirteen teams of five each competed for the cash award. A total of 405 pounds were lost over the six-week period of the contest.**

PHOTO BY HARRY MERRITT

# Alexandria’s FitOne Studio Biggest Losers

Back in September, many teams organized to compete for the six-week challenge. The contest was based upon which team lost the greatest percentage of their starting team weight over the six-week period.

On Saturday, November 5, the winners were announced and Team “Bill and the Four Little Ladies” took the win over “The Shrinking Globetrotters” with a .1 percent lead! They were rewarded with \$2,500! The Ultimate Weight Loss Challenge participants collectively lost 405lbs throughout the six weeks!

Each team was assigned a nationally certified personal trainer from the FitOne

Team. Linda Miller was the team leader for Team “Bill and the Four Little Ladies” and won \$500, donating it to the Wounded Warrior Project. (A friend matched her cash prize, doubling the contribution.)

**Top Three Teams:**

1. Team Bill and the Four Little Ladies – lost 6.7 percent
2. The Shrinking Globetrotters – lost 6.6 percent
3. That’s What She Said – lost 6.2 percent

**Top Overall Female:**

1. Amanda Darnley from Team Bill and the Four Little Ladies – lost 12.1 percent

**Top Overall Male:**

1. Bill Lange from Team Bill and the Four Little Ladies – lost –7.4 percent

*Founded in 1999 by certified personal trainers Caity Davis and Jill Stump, FitOne Studio at 814 North St. Asaph Street is now celebrating its 12th anniversary as a boutique personal training studio where the entire staff gets to know you. Offering a level of personalized training and attention for people at all stages of life, they design highly individualized fitness programs and offer fun fitness-based outings and social activities.*

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SATURDAY, DECEMBER 10, 2011  
TIME: 10:00-6:00

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**Bishop Ireton Faculty inducted into the newly formed Faculty Hall of Fame. Front Row: Mrs. Ann Jasper (accepting award for Gene Jasper), Lindagale Dube, Rebecca Borman, Juanita Krogh. Back Row: Br. Richard Wilson, TOR, Philip Grimes, Richard Bulcavage, Ronald Umbeck, David Scully, Kenneth Baskette.**

# Bishop Ireton High School Inducts 11 into the Faculty Hall of Fame

Bishop Ireton High School, a co-educational Catholic high school in Alexandria, Virginia, proudly inducted eleven members of its faculty into the newly formed Faculty Hall of Fame. These individuals were nominated by their colleagues to receive this honor based on their longevity at the school, their contributions to the community as a whole, and their outstanding abilities as teachers and role models for Bishop Ireton students. These eleven are also recognized

for their professional and personal commitment as individuals and as professionals. They each share their passion for teaching and learning in a way that truly benefits the entire Bishop Ireton community.

The eleven were honored at the Homecoming Mass on October 23, 2011 with a ceremony and Faculty Hall of Fame wall in the Atrium. Congratulations to all!

# The Little Theatre of Alexandria

DECEMBER 8-18, 2011

NOVEMBER 5 - 26, 2011

600 Wolfe Street | Alexandria

703-683-0496 | thelittletheatre.com

Join us for this one-hour walk through Old Town Alexandria. You'll hear ghost stories, legends and folklore as you creep along Old Town's brick-lined streets. You'll visit historic sites as you hear ghostly tales.

**November schedule**  
Friday & Saturday 7:30 and 9:00 pm  
7:30 pm Sunday  
(no tours on Nov. 27)

Alexandria's Original  
**Ghost & Graveyard Tour**

Call **703-519-1749** to reserve your tickets or visit us online at **www.alexcolonialtours.com**  
Military, law enforcement and senior discounts offered.  
We'll see you in the graveyard!

# Catch Our Mistakes

Joe Raines of Arlington, VA caught the most with six typos. Congratulations Joe, who wins a \$25 gift certificate to Target.

We know we make mistakes, and to make a game of it, we welcome your catches. Please send them to [info@thezebra.org](mailto:info@thezebra.org) for a chance to win a \$25 gift certificate from an area retailer, restaurant or cruise line!





Supporters gathered for the early morning dedication of the King Street Gardens Park “Brick and Elements Purchases”.



The Royal Scottish Dance Society performers identify their brick at the park. Members of the Society are Eva Lanyi, Mark Priest, Jay Andrews, Maria Ward, Yvonne Yang, Marla Bright, Amy Schwalb, Lara Bainbridge and Dave Chase.



Dancers from the Royal Scottish Dance Society performed for the crowd.



King Street Gardens Park Foundation Chairman Rodger Digilo introduces Alexandria's Mayor William Euille.



King Street Gardens Park Foundation Treasurer, Marlin Lord and Chairman Rodger Digilo provided background information on the park.

## King Street Gardens Park Dedication of Brick and Element Purchases

In October, the King Street Gardens Park Foundation, Inc., held their dedication of brick and element purchases event. As part of the fund raising effort for the park, individuals and organizations could purchase/donate a brick, column or grate with their names engraved on them. The park is located at the intersection of King Street, Dangerfield and Diagonal Roads. Chairman of the Foundation Rodger Digilo gave a history of the park, and identified individuals responsible for assisting the park effort. Guest speaker Mayor William Euille thanked everyone for their support in completing the park. Both Mayor Euille and Vice Mayor Donley were each given a brick by the Foundation for their support of the park. During the ceremony entertainment was provided by the Royal Scottish Dance Society. The King Street Gardens Park is a public arts project of the Alexandria Commission for the Arts and Alexandria Park and Recreation Commission. Bricks are still available for purchase. More information on the park can be found at [www.kingstreetgardenspark.org](http://www.kingstreetgardenspark.org).

PHOTOS BY HARRY MERRITT



Piper Jacob Loughlin entertained the group by playing the bagpipes.



Councilwoman Del Pepper finds her brick at the park.



Mayor William Euille by his bricks honoring him and his mother Doris C. Euille.



Councilman Frank Fannon IV has a number of bricks in the park identifying his family history.





The event was well attended by numerous Alexandria donors/volunteers. Gant Redmon and his wife Fran pose with Connie and Bill Frogele, Matt Tonlin and Melinda Sigal.



Award recipient Nina Tisar pose with her children Lynn Mills, Julie Halperson Carol Harb-Halperson aand Steve Halperson.



Congressman Jim Moran meets with Leginia Howard, Pat Durkin, Andi Dillin and Rodneyann Brown.



Alicia Hughes (Alexandria City Board) poses with award recipient Brooke Curran and Howard and Joyce Woodson.



Town Crier Benjamin Fiore-Walker greeted the evening's attendees.



Gayle Reuter, Louis Walker and Rodneyann Brown.



At the well attended Carlyle Club, award recipient Brooke Curran shares her goal to run a marathon in every state. She has already completed marathons in 30 states.



Brooke Curran and her husband Chris, with her 2011 Joan White Grassroots Volunteer Award.



NAACP Alexandria Branch President, presents Nina Tisara with the 2011 Marian Van Landingham Lifetime Service Award.

Volunteer Alexandria held its 17th Annual “Evening in the Heart of Alexandria” event honoring exceptional members of the community. This gala event, held at the prestigious Carlyle Club, identified those people whose special commitment to Alexandria makes it one of the most extraordinary cities in America. Former City Manager Vola Lawson presided as the Event Chairwoman, thanking everyone for their support throughout the past year and acknowledging those people and organizations that made special contributions to the community. Winner of the 2011 Joan White Grassroots Volunteer Award was Brooke Curran, founder of the RunningBrooke Fund. Entering marathon running late in life, she has used her running and organizational skills to raise over \$80,000 for Alexandria’s non-profit organizations. She has run in over 40 marathons and through her organization, sponsored numerous runs to raise money for community charities. Winner of the 2011 Marian Van Landingham Lifetime Service Award is freelance photographer Nina Tisara, creator and Project Director of the Living Legends of Alexandria. Nina has also been active in the Alexandria Chamber of Commerce, art forums and women in business issues. Volunteer Alexandria was established in 1980 and is a resource for area non-profit organizations. Working with government and the business community, it is committed to positive results within Alexandria by sharing knowledge, innovation and best practices.

PHOTOS BY HARRY MERRITT.



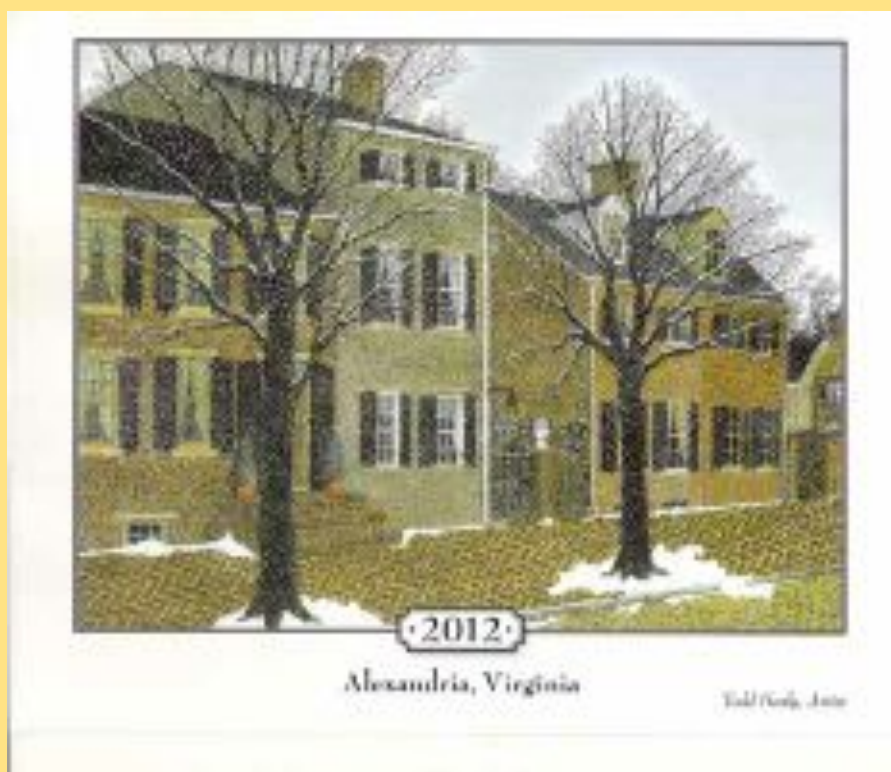
Vola Lawson, the event Chairwoman thanks everyone for their participation in volunteering.



The 17th annual event was held at the Carlyle Club.



# Z P I C K O F T H E M O N T H



## Todd Healy's Calendar

Artist Todd Healy held a reception November 4 in his gallery to debut his 2012 calendar. The event marked over three decades that Healy has assembled 12 of his original watercolors celebrating many of Old Town's most notable landmarks and historic buildings.

"It takes me over 100 hours to create an image of a single building," Healy says, adding "I work by hand to render the essence of each building or street scene, not just the brick, mortar, wood and glass." A native Virginian, Healy found his artistic muse in 1976 when he fell in love with colonial Alexandria's seaport roots and its residential district of original buildings. He says, "When I walk along the footpaths of George Washington who first surveyed these original lots of Alexandria,

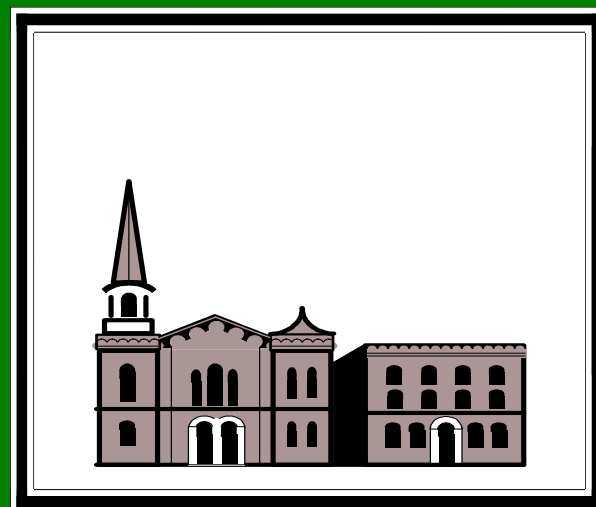
Virginia, I am drawn to the sense of home and community. I often think of the artisans who built these homes and public buildings, by hand, using minimal tools, and how almost 300 years later they are still in use."

Healy's original art immortalizes those early craftsmen, and the print quality of this year's calendar seems better than ever before. Each month the intricacies of his lines and the colors and the details are flawless, and represent the originals perfectly. Zebra doubts there is a better deal around than having 12 Todd Healy color prints for \$19.95 to enjoy throughout the year.

His 2012 calendar is now available for sale for at his shop, The Print Room/Gallery Lafayette, located in Gadsby's Arcade at 320 King Street, 703-548-5266.



Inmates Oscar Castro (second from left) and Vincent Kirkland received their GED diplomas last Thursday during ceremonies at the Alexandria Sheriff's Office William G. Truesdale Adult Detention Center. At left is Sheriff Dana Lawhorne. Second from right is Krista Sofonia, Adult Education Coordinator, and Deputy E. Todd Stubblefield. Sheriff Lawhorne lauded the inmates for their achievement.



*You're Invited to...*

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***Sunday, December 11***  
***9:30 am & 11:00 am***  
***(child care provided)***

**Christmas Eve Services**  
***Saturday, Dec 24***

***Especially for Children***  
***5 - 6 pm***

***Community Candlelight Service***  
***7 - 8 pm***

***&***  
**Weekly Sunday Celebrations**  
***Worship 9:30 & 11 am***  
***Bible Study 9:30 & 11 am***

***In Historic Old Town***

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# Alexandria's Scottish Walk

## More Than A Weekend...It's a Tradition

December 2–4, 2011

In their 41st year as host of the Scottish Christmas Walk Weekend and Parade, The Campagna Center is proud to kick off Alexandria's holiday season with the fresh scent of heather and the festive melody of bagpipes once again! With this historical year, the Center has partnered with The Scottish Government to celebrate this honored tradition.

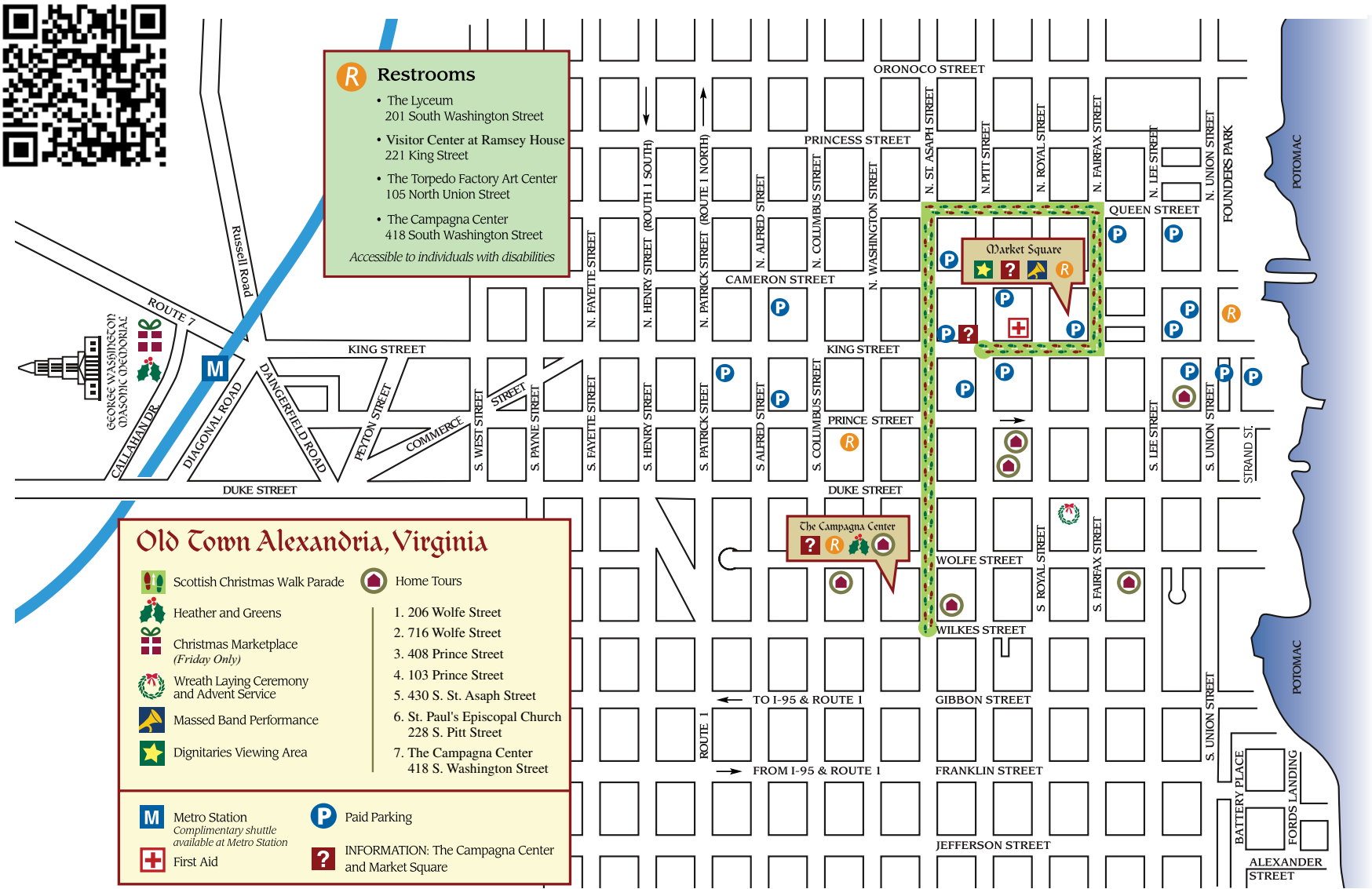
The Campagna Center's Scottish Christmas Walk Weekend events, with the exception of the Parade and the Holiday Designer Tour of Homes, will be held at the George Washington Masonic Memorial. The Memorial is located at 101 Callahan Drive (at the intersection of King & Callahan) in Alexandria. Events held at the Memorial include:

- **Christmas Marketplace (FRIDAY ONLY)**
- **Heather & Greens Sale**
- **Deck the Halls with Santa**
- **Taste of Scotland**

What better than a city rich in Scottish heritage to serve as the

gathering site for more than 100 clans and pipe and drum bands from far and near with their faithful companions, the terriers and hounds. Along with this year's Premier Sponsor, The Scottish Government, The St. Andrew's Society of Washington, D.C. partners with The Campagna Center and the city of Alexandria to sponsor the annual parade.

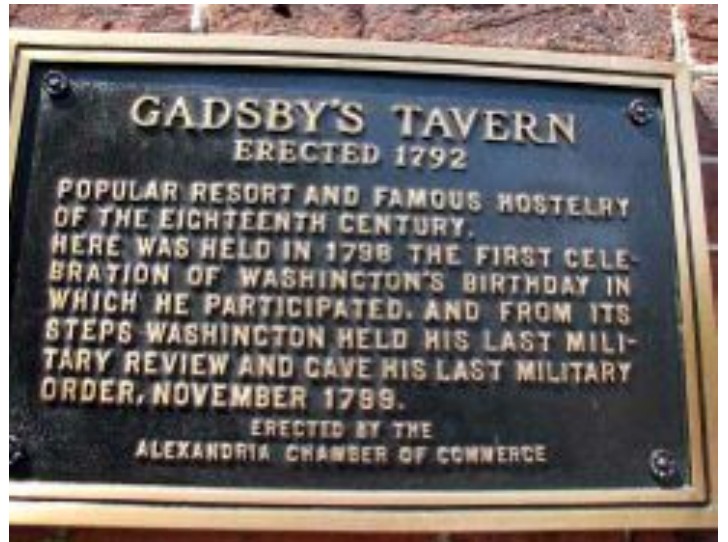
Consistently ranked by the Southeast Tourism Society as one of the top 20 events in the South, The Scottish Christmas Walk Weekend and Parade draws nearly 30,000 individuals and families to the Parade.







# Gadsby's Tavern: History Forever in Style



I recall a few years ago, when the famed New York's Tavern on the Green closed, the restaurant's detractors applauded its removal from Gotham's culinary landscape, citing its outdated menu and gaudy interior were a haven for the tourist trade. Yet, whenever I visited New York, especially with those who had not previously been to the Big Apple, I instinctually took them to the glass eatery. Nestled into one arm of Central Park, its circular drive main entrance, flanked by portrait trees with branches of baby white lights, was for me the epitome of the New York experience. It may not have been the chicest, "hot" or "in" spot, but it was the classic. It just was, but its city just let it quietly slip away into the night.

So the other evening, as I walked down to 138 North Royal and up a few steps to a lusciously large front door, careful to heed the note instructing me to push hard because the door sticks, I fashioned myself a drawn traveler, chilled from the evening wind sailing up from the river, as I turned the brass door knob, with some difficulty I might add, leveraging my weight and venturing inside Gadsby's Tavern, as if entering a private home, aged with character and a lifetime of stories. Indeed, the tavern, established circa 1785 and then considered the center of political, business and social life in Alexandria, hosted such famous patrons as Presidents Washington and Jefferson. This was Alexandria. This was Old Town. This was history, and I was literally standing on its steps.

Inside, it is 1811 as I was told by historical performer John Douglas Hall who has amused



and bemused many a weary tavern guest with recitations, lute music and song for the past 33 years. Decked in period tights, knickers, and buttoned peplum coat, he could easily have passed for Ben Franklin in Disney's Hall of Presidents, and his angular, bespectacled face with its smirky smile drew me into the Williamsburg-blue walls, swag drapes, hurricane lamps and creaking, wooden floors, announcing every footstep with the resonance of each weighted heel. Armies, and those who led them, wore these floors.

Tablesides, Tracie, clad in a long skirt, peasant blouse and smock apron, attended to every need with fastidious aplomb, beginning the evening with a warm loaf of delectable Sally Lunn sweet, dense bread (see the tavern's recipe on page 30) accompanying a cup of Surrey County peanut soup – smooth and rich – warming this visitor from the outside elements. Since my initial introduction to peanut soup at the famed Hotel Roanoke in southwestern Virginia, I became a fan,

and Gadsby's is the absolute best I have ever tasted.

Executive Chef Klaus Keckisen has worked tirelessly to remain faithful to the period recipes of our forefathers, turning out such "petite savoures" (appetizers) as hot Smithfield ham biscuits layered with mascarpone cheese served with fresh raspberry purée, succulent crab cakes and fried oysters, and baked Brie en croute (puff pastry) stuffed with cardamom-spiced apples and finished with raspberry coulis, cinnamon and sugar. And the shrimp, offered chilled or grilled in a balsamic glaze, are substantive delicacies not to be missed!

Colonial Virginia classics, such as prime rib, beef bordelaise and pork chops with brandied apples are spot on, but it's the traditional tavern comfort meals that will harken you back to the days of horse-drawn carriages. The meat loaf a la Daube, prepared with a mixture of beef and veal and a demi-glacé of Port wine and mushrooms, is outstanding especially when accompanied by the optional side dishes of creamed spinach or sumptuous corn pudding among others. George Washington's favorite meal remains a tavern mainstay, featuring a grilled half duck with scalloped potatoes, that corn pudding again, rhotekraut and Port wine orange glacé along with "Gentlemen's Pye," tender cuts of lamb and beef in a savory red wine stew topped with whipped potatoes and pastry crust.

The dessert menu changes daily and features the sweetest of the authentic period offerings, from apple cranberry gingerbread with cinnamon icing to rum-laced banana bread pudding, made with the signa-

ture Sally Lunn bread. I was told the "colonial burnt cream" was the most popular, and will take it on good authority since it was sold out by the time I began contemplating my closing meal options. The English trifle blew my mind. I mean really, where else can you get trifle in the DC area, I ask you? And if you've never had trifle, let me explain that it is heaven in a glass filled with sherry-soaked pound cake, berries and vanilla pudding. The ingredients may sound basic, but there is bad trifle and good trifle and then there is Gadsby's trifle, a truly sublime discovery.

So "hear ye, hear ye," as John Douglas Hall would orate with far more grace and 18th century sophistication than I. When I told friends I

would be reviewing Gadsby's Tavern, there were a few side-winding comments, but Gadsby's is an experience, and everyone, be it resident or tourist, should take this journey, turn that brass door knob and push hard. The tavern is without peer, beyond critique. It is our history behind those doors, served up deliciously, authentically and bountifully. It is the epitome of the Alexandria experience, a gift to the city, a gift to ourselves.

*Gadsby's Tavern serves lunch, dinner and Sunday brunch. For reservations and hours of operation, telephone 703/548-1288 or visit [gadsbystavernrestaurant.com](http://gadsbystavernrestaurant.com).*

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Spring Registration at Northern Virginia Community College

Open registration begins Nov. 14 for the spring semester at Northern Virginia Community College. Students can secure their classes now while the most choices are available and defer tuition payment until Dec. 16. Starting Dec. 16, tuition is due by 5 p.m. on the next business day after registering. The online self-service registration sys-

tem is available 24 hours a day at www.nvcc.edu. Students may receive personal assistance at NOVA's six campuses in Alexandria, Annandale, Loudoun, Manassas, Springfield and Woodbridge. NOVA's 16-week semester begins Jan. 9. Two eight-week sessions, starting Jan. 9 and March 12, are also offered. The eight-week sessions cover the same ma-

terial and award the same credits as 16-week courses. Hundreds of distance learning courses are available for students who prefer independent study. Most distance learning courses are completed online and are best suited for students with self-discipline and good Internet skills. NOVA's in-state tuition is the best

educational value in the area and all students are encouraged to investigate financial aid opportunities that make college even more affordable. To learn more about financial aid, go to www.nvcc.edu/finance. For additional information about NOVA, go to www.nvcc.edu or call 703-323-3000.

Just for fun

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117				118	119	120							121						122			
123								124										125				
	126							127					128					129				

For Hidden Fruit

BY MILES MELLOR AND SALLY YORK

- Across
- Canape spread
  - Former Reds third baseman
  - Big shot
  - Not together
  - Slid (with "into")
  - Sipping a pina colada, perhaps
  - Knight in shining armor
  - Farmers in Holland produce good crop despite mistakes?
  - "Peer Gynt" character
  - Foul moods
  - Food thickeners
  - "Fancy that!"
  - Gallic expanses
  - Essence of life?
  - Black's good ship

- Adjoin
- Alkaline liquid
- Eyelike architectural ornament
- Fellow sees shrink in the city?
- Cast out
- Be busy
- Succulent plants
- Watchman \_\_\_\_, Chinese Christian author
- Brouhaha
- Type of cook
- "\_\_-Pro," Ferrell flick
- Acad.
- Tick off
- Ancient Greek explorer
- Highlander
- Reid star of four-hour film, title unknown?
- After-dinner selection
- In open rebellion
- Word connector

- Stir
- Hawaiian tuber
- Challenge for a barber
- Big galoot
- African pygmy tribe
- Kitchen gadget
- \_\_-Wan Kenobi
- Abundance
- Enraged ones receive good news?
- Go acoustic
- "\_\_ alive!"
- 1990's Senate majority leader
- Basement nightmare
- Balloon filler
- "Cut it out!"
- C.I.A. forerunner
- Altercation
- Diploma word
- Amateur video subject, maybe

- Roseanne's ex gets wound up in Hawaii?
- Bring out
- Four-sided polygon
- \_\_ orange
- Shopaholic watch-

NOVEMBER Sudoku

	3				8	5	7	
			7		4	5	2	
				7	1			6
			4			6	7	5
7								9
	6	5	1			8		
3					8	7		
			1	5	3		6	
	7	6	9				8	

SUDOKU ANSWER

4	8	3	1	2	6	9	7	5
7	2	9	4	3	5	1	6	8
5	1	6	7	8	9	2	4	3
2	4	8	3	7	1	5	9	6
6	9	1	2	5	4	3	8	7
3	5	7	9	6	8	4	2	1
9	3	4	6	1	7	8	5	2
8	6	2	5	4	3	7	1	9
1	7	5	8	9	2	6	3	4

CROSSWORD ANSWER

E	T	A	L	A	S	O	N	A	L	S	O	N	E	D	S
B	O	S	O	N	O	V	E	R	I	E	I	O	I	E	I
R	V	B	H	O	L	V	O	L	S	E	S	I	M	L	X
O	J	O	Y	W	N	P	S	I	N	I	N	S	S	I	S
H	O	L	S	R	I	T	E	N	O	L	O	O	T	E	I
I	L	O	T	S	L	I	S	E	O	P	T	A	N	O	I
O	E	R	E	O	N	V	R	O	F	S	E	A	I	R	R
E	R	O	L	S	I	B	O	E	T	E	R	E	D	I	X
O	N	I	E	N	V	W	L	O	H	Y	L	E	E	L	H
O	N	V	S	O	N	I	L	P	W	L	S	V	E	L	I
E	I	A	O	W	E	N	O	T	E	W	O	S	N	I	S
T	E	V	O	L	S	E	N	E	D	O	I	Q	E	R	I
I	S	N	I	L	W	E	S	E	A	L	L	A	O	R	E
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S	L	T	L	P	O	G	E	A	L	L	I	P	B	V	H
d	O	d	I	P	P	O	L	E	V	N	O	S	E	B	H
B	E	O	S	R	V	O	V	S	L	I	N	S	E	S	V
A	L	N	E	T	d	V	E	R	I	E	A	R	R	E	H
M	O	I	A	V	S	E	O	I	S	T	O	O	d	E	S
L	R	V	d	V	d	L	A	O	B	V	S	E	L	V	d







# THE VINTAGE RECIPE BOX

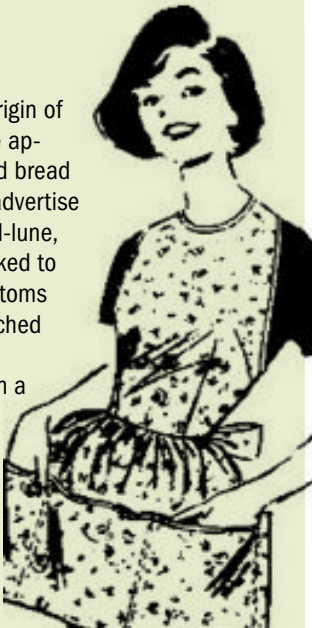
## Gadsby's Tavern Sally Lunn Bread Recipe

There are several old accounts of the origin of the name “Sally Lunn.” One of the more appealing is about an English girl who sold bread on the streets, crying “Solet Lune!” to advertise the buns. The sun and the moon - soleil-lune, as it is in French - were the images evoked to describe the golden tops and white bottoms of the buns. By the time soleil-lune reached America it had become Sally Lunn and, rather than a bun, was a baked bread in a Turk’s-head mold.

The following ingredients make one two-pound loaf:

- 3 1/4 cups flour
- 1/4 oz. active dry yeast
- 1/2 cup (short) melted shortening
- 3/4 cup sugar
- 3/4 cup milk
- 1/2 teaspoon of salt
- 1 egg
- 4 tablespoons warm water

Grease a cookie sheet (PAM vegetable spray works well). Heat the milk and shortening to the temperature of a warm baby bottle. Mix flour, salt and sugar in a separate bowl. Add water to the yeast in a separate bowl. Mix the egg in yet another bowl. Add the warm milk and melted shortening to the bowl of flour, salt and sugar. Add the eggs and yeast and water. Beat the entire mixture until it comes off the side of the bowl, which should be clean. Cover, let rise in a warm (non-air conditioned) place until double in size, about 1 1/2 hours. Knead the bread down in size and shape into a round loaf. Place on the cookie sheet and let rise again to 1/2 again as big, about 45 minutes. Bake bread at 300 degrees for approximately 45 minutes. After 30 minutes, baste the top of the bread with butter, and also again after it has finished baking.



If you have a tried and trusted recipe that is quick and easy and gets rave reviews, please share it with us by emailing [recipes@thezebra.org](mailto:recipes@thezebra.org).

# A S K D R . K N A P P

BY ROBERT KNAPP



## Straighten Up



**N**oted Alexandria Chiropractor Dr. Robert Knapp participated in World Spine Day 2011 to encourage better spinal health and more a vibrant quality of life.

On October 17, 2011, Dr. Robert Knapp joined with Doctors of Chiropractic around the world to observe World Spine Day.

World Spine Day, initiated in 2000 by the prestigious World Health Organization as part of its Bone and Joint Decade efforts, highlights the importance of spinal health and wellness. Each year, World Spine Day is observed as an opportunity to alert the global community about the serious impact of spinal disability on individuals and health care systems, as well as to promote better spinal health habits.

Indeed, general health organizations worldwide have embraced an increased awareness of the importance of the spine, a concept that has been the foundation of chiropractic for over one hundred years.

Says Dr. Knapp, “The World Spine Day initiative is important for a number of very pressing reasons. In today’s sedentary digital culture, individuals are experiencing significantly increased levels of spinal discomfort and disability related to stress and poor posture. Many people commonly work and play in cramped, awkward, or slouched postures. The resulting epidemic of work and recreation-related chronic spinal disorders is compromising

the very quality of our lives. Every year, spinal disorders and back pain result in the loss of billions of dollars related to health care costs, lost income, and reduced productivity.”

An integral part of the World Spine Day initiative is the Straighten Up program outreach effort. In fact, World Spine Day has served as the catalyst for Straighten Up activities in communities worldwide. Straighten Up’s international program of simple exercises and postural recommendations was developed by the chiropractic profession in conjunction with researchers, fitness experts, and officials from the World Health Organization. Activities span the globe with outreach efforts such as Straighten Up America, Straighten Up South Africa, Straighten Up UK, and Straighten Up Australia.

This purpose of this unique spine health initiative is to emphasize the importance of maintaining excellent posture and living an active, chiropractic lifestyle by adults and children alike. The Straighten Up exercise routine developed by health care professionals is an enjoyable three-minute spinal health program designed to help people, regardless of age, feel and look their best.

Dr. Knapp states, “I envision a day when every person incorporates a short, enjoyable spinal exercise module, such as that promoted by Straighten Up America, as part of their everyday routine. Actually, it should be as much a part of our daily

routine as brushing our teeth.”

“Through our involvement in World Spine Day and Straighten Up America, as well as several other health initiatives, we’re committed to helping our community make healthy lifestyle decisions aimed at increasing mobility and their quality of life.”

Adds Dr. Knapp, “As a chiropractic doctor, I know the benefits of being proactive when it comes to spinal health. Regular spinal check-ups, care, and exercise all help ensure that your spine is balanced, aligned, and well-adjusted. A healthy spine and nervous system are key to enhanced good health, increased energy, a sense of balance and well-being, and even improved longevity.”

For more information regarding World Spine Day, the Straighten Up America initiative, or chiropractic’s highly effective approach to spine health, contact Advanced Alexandria Chiropractic at (703) 823-2201.

*Dr. Knapp graduated from Wesleyan University with a Bachelor of Science degree, followed by a Doctor of Chiropractic degree from New York Chiropractic College. He received his C.C.S.T. degree from Life University in 1995. His post-graduate work has exceeded 600 hours. These hours have included study in spinal curvature, disc disease, arthritis, nutrition, headaches, sports injuries, and carpal tunnel syndrome, just to name a few. Currently, Dr. Knapp is taking courses at the prestigious Carrick Institute of Neuroscience. He is also a contributory author of Neck Pain, Neck Pain - You Don't Want It, You Don't Need It.*

## QUOTABLE:

“Thanksgiving dinners take eighteen hours to prepare. They are consumed in twelve minutes. Half-times take twelve minutes. This is not coincidence.”

~Erma Bombeck



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†Professional fees may apply. Annual subscription begins the first day of trial.

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Newly adopted puppy Shadow and his big brother Winston took the prize easily, and we hope you would agree!!  
SUBMITTED BY BUSTER AND NICK

NOVEMBER 2011

THE ZEBRA

31

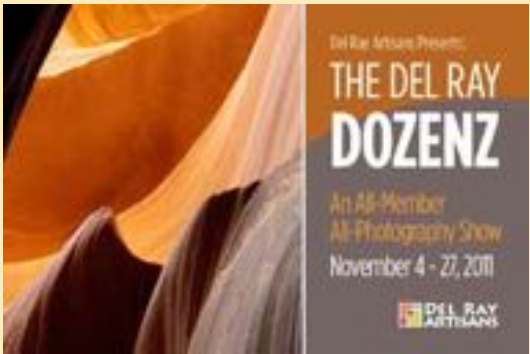






# EVENTS

If you would like your event listed, please send an email to [events@thezebra.org](mailto:events@thezebra.org)



## "Del Ray Doenz Photography Show"

November 4 - 27  
Del Ray Artisans Gallery  
2704 Mount Vernon Avenue  
Alexandria  
[DelRayArtisans.org](http://DelRayArtisans.org)  
703/407-6992

All-photography show highlights the skills of DRA members. This builds on the success of the previous photography shows with an expanded cadre of participants. Join us at the reception (Friday, November 4, 7-10pm). A variety of subjects (from landscapes, abstracts to florals) and different approaches to photography (digital and macro, traditional color and black & white photography). FREE!

## Anniversary Ball

November 12  
Gadsby's Tavern and Museum  
134 North Royal Street  
Alexandria  
703/746-4242  
[Gadsbystavern.org](http://Gadsbystavern.org)  
Celebrate the opening of John Wise's new room in 1785 with an evening of dancing. Wise, who built the tavern in 1785, opened his long room on November 17 that same year, and this Anniversary Ball recalls the occasion. At a

special anniversary reception beginning at 7 p.m., enjoy an exclusive preview tasting of the new Winter Menu by Klaus



Keckeisen, executive chef of Gadsby's Tavern Restaurant. The ball begins at 8 p.m. and features a variety of English country dances, live music, dessert collation, and cash bar. Period costume optional; "after-five" attire encouraged. Tickets for the reception and ball are \$75 per person, and tickets for the ball only are \$45. Advance reservations are required.

## "A Second Chance"

November 15 - December 11  
Signature Theatre  
4200 Campbell Avenue  
Arlington  
571/527-1860  
[signature-theatre.org](http://signature-theatre.org)  
A man still mourning the loss of his wife. A woman, newly divorced. Both are seated next to one another at a New York dinner party - and rediscover love when they least expect it. Tickets \$41.



## Flea Market

November 19  
Trinity United Methodist Church  
2911 Cameron Mills Road  
Alexandria  
703/549-5500  
[trinityalexandria.org](http://trinityalexandria.org)  
Imagine spending hours sorting through a large selection of collectibles, trinkets, gadgets, books and attic treasures. There will be a corner dedicated to children's items, including toys and books, in addition to baked goods and lunch. All proceeds will be donated to local charities. 9am-3pm.

## "A Broadway Christmas Carol"

November 17 - December 18  
MetroStage  
1201 North Royal Street  
Alexandria  
703/548-9044  
[Metrostage.org](http://Metrostage.org)  
Created by Kathy Feininger, the show tells the story of the classic Dickens' tale with uproarious parodies of favorite Broadway show tunes. Laugh out loud, roll in the aisles funny. A holiday tradition returns. Thurs and Fri at 8, Sat at 3 & 8, and Sun at 3 & 7. Tickets \$45-50 (students \$25).



## Christmas Bazaar

November 19  
St. Mary's School  
400 Green Street  
Alexandria  
Includes over 60 exhibitors/vendors, Santa's Workshop Crafts, Gingerbread Houses, Bake Sale and Christmas Café, Children's Games and Prizes, Visit with Santa/Keepsake Photo, Yesterday's Book Sale, and Raffle with Fabulous Prizes. 10am-4pm.



## 16th Annual Holiday Market

December 2 - 4  
Del Ray Artisans Gallery  
2704 Mount Vernon Avenue  
Alexandria  
[DelRayArtisans.org](http://DelRayArtisans.org)  
703/407-6992  
Offers handmade work from 20 local artists and Bake Sale to benefit Rebuilding Together Alexandria. Reception is Friday, December 2 (6 - 9pm) with hot food from a local restaurant. The Market continues on Saturday, December 3 (10am - 4pm) and Sunday, December 4 (Noon - 4pm).



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# Signing a Contract Soon?



I'm often asked questions regarding the Virginia Court Systems for claims which are somewhat limited in their amount. In Virginia, civil matters which do not exceed \$25,000 exclusive, of interest and attorney fees may be brought in the General District Court in the jurisdiction for the case. (i.e., where the accident or transaction occurred) Alternatively, the case may be brought into Small Claims Court under certain circumstances and with relaxed rules which we will discuss next month. Note, there is no jury in General District Court in Virginia. I recommend if you file a claim in General District Court or you are sued there that you use the services of an attorney since the rules of procedure and evidence are strictly adhered to. However, please note that you may represent yourself.

Actions in the General District Court are typically brought by filing a Warrant In Debt. There is a form for this which may be obtained at the General District Court Clerk's Office - Civil Division. This Warrant is served by the Sheriff or

other individual who is over the age of 18 and does not have an interest in the suit. You cannot serve the suit yourself and it cannot be mailed. The Warrant states that it will cause the person against who the claim is asserted to appear in Court not more than 60 days after it is properly served. This date is known as the First Return Date and a Warrant cannot be served less than 5 days prior to that date. It should be noted that for non publically offered corporations the stock of which is held by no more than 5 persons may be represented by an officer of the corporation provided that the officer has the unanimous consent of all stockholders to do so. Remember you can always represent yourself, but you can't represent any other person and a corporation is considered by the law to be another person. This is an exception to the rule providing the above specified corporations.

You may also file a "Sworn Claim" if the case involves a contract or is for rent and/or possession of rental property. An Affidavit must be attached to and served with the Warrant In Debt. This Affidavit

may contain an account of the money which is alleged to be owed to the Plaintiff. If at the First Return Date, the Defendant does not appear after being properly served or does not deny the contents of the Affidavit, Judgment for the amount in the Affidavit or the Statement of Account contained in the Affidavit will be entered by the Court. If the Defendant denies the amount owed, or a part of it, a trial will be set by the Judge to hear the case on the amount in controversy. Note also, you may file a Counter-Claim at any time before trial in the General District Court.

This Counter claim need not grow out of any transactions, which is the subject matter of the original Warrant In Debt filed. It may consist of a claim for money, that the Defendant claims he/she is may be owed for a completely different reason and not contained in the original claim. Typically, the case will be set for trial at the First Return Date if the Defendant appears. The Court may Order (usually by request) that the Plaintiff file a "Bill of Particulars" which is a document or plead-

ing which is intended to be much more specific then the Warrant In Debt. The Defendant is then ordered to file Answer to this "Bill of Particulars" by a specific time and the trial date is set for the original claim and any Counter Claims that may have been filed. Further, either party may Appeal to the Circuit Court within 10 days of the Judgment by the General District Court Judge.

See you next month.

*Christopher Paul Schewe is a former City of Alexandria attorney and has been practicing over 32 years specializing in personal injury and DUI/DWI cases. If you have a question for Chris, please email him at cpschewe@verizon.net or call his office at 216 South Patrick Street, Alexandria at 703-684-8200.*

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Left to right: Jay Naduvilekunel, Maddie Caballero, Bryan Phan. Host Hillary Howard.

COURTESY PHOTO

## Bishop Ireton High School Competes On It's Academic

A team of outstanding students from Bishop Ireton High School competed with teams from Landon School of Bethesda and Seneca Valley High School of Germantown on IT'S ACADEMIC, the nation's foremost high school quiz program. The competition was spirited and Landon School won the match. The program will air Saturday, December 10, at 11:00 AM on NBC4, Channel 4.

The Bishop Ireton team consists of Maddie Caballero, Jay Naduvilekunel, and Bryan Phan. Their faculty coach is Ron Umbeck. IT'S ACADEMIC which has been recognized by the Guinness Book of Records as "the world's longest-running television quiz program," is now celebrating its 51st year on the air. The program is sponsored by GIANT FOOD. Hillary Howard, news anchor of WTOP radio substituted for Mac McGarry as quizmaster.

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## CIVIL WAR SERIES | PART 6

## NOVEMBER 1861 THE CIVIL WAR AT SEA

BY CHUCK HAGEE

November 1861 was the first cold month of the young Civil War and it proved to establish a pattern that would impact winter campaigns throughout the long struggle. There would be very few meaningful military ground actions during that period of each year.

However, both sides encountered a different enemy during those months of bone chilling weather that would prove as deadly and crippling, if not more so in many cases, than battle -- disease and suffering stalked the near silent battlefields. This enemy carried neither the Stars and Stripes nor the Stars and Bars and its ammunition was limitless and silent.

But, that is not to say that the eighth month of this conflict was without significant military action. In fact, it could be argued that one of the most decisive battles of the war was waged against the Confederacy with such overwhelming success that it can be viewed as a significant factor in the Union's ultimate victory.

That battle was known as "The Capture of Port Royal," by northern naval forces, under the command of Admiral Samuel DuPont. It virtually sealed the fate of any meaningful Confederate naval action along the southern coast throughout the war and successfully prevented aid from the sea. The Union took control of the largest and deepest southern coastal harbor when it forced the Confederate evacuation of Forts Walker and Beauregard on November 7, 1861.

The forts occupied opposite sides of the harbor -- Walker on Hilton Head Island and Beauregard on Bay Point. The distance between them was three miles.

That span called for long range guns of heavy weighted metal in each of the forts. And, that was the problem. Neither the Confederacy nor the Governor of South Carolina could furnish such weaponry. This allowed Union naval forces to maneuver comfortably within the three mile stretch and pound both fortresses at will.

The Confederacy was also hindered by the fact that in both forts only a limited number of guns were actually functional. Walker had a complement of 20 gun emplacements and Beauregard 19. But, Walker's firing capacity to the sea was restricted to 13 guns and Beauregard's to seven. The rest were positioned inland as defense against a ground attack.

Exacerbating this southern planning error was the battle brilliance of Admiral DuPont. Although, ship based guns were normally no match for those in such fortifications, DuPont used a strat-

egy employed previously during an earlier attack on Hatteras.

Taking advantage of the agility of his steam powered ships, he order his fleet to move into the harbor rather than anchor offshore to stay out of range of the fortress guns -- a normal naval maneuver of that day. Instead of a line or flank formation he positioned them in an oval. Each ship fired on the forts as they passed causing the Confederate batteries to deal with moving targets while being fired upon.

DuPont commenced firing at approximately 9:30 a.m. November 7. Just after 1 p.m. that afternoon Confederate forces began to evacuate Fort Walker. Upon cessation of the bombardment DuPont had lost only 31 men, eight dead and 23 wounded. Conversely, the Confederacy had 66 casualties, 11 dead, 48 wounded and seven missing, out of its total of 149 personnel at Fort Walker.

With the neutralization of Fort Walker, what was left of the 255 Confederate soldiers at Fort Beauregard abandoned their position and the Union fleet sailed triumphantly into Port Royal Bay. This provided a essential forces throughout the remainder of the war and effectively closed the net on the southern coastal blockade.

Originally the battle plan called for a land as well as sea engagement. In addition to the 17 warships under DuPont's command there were 600 marines and 12,000 army personnel. Given the difference between ship based and fortress based fire power it was anticipated that a land battle would ultimately be needed to secure the day for the Union.

But, the Atlantic Ocean, combined with one of its most notorious graveyards, the Outer Banks, had a different idea. After leaving Hampton Roads, VA, October 29, DuPont's fleet ran into a notorious Carolina storm. The fleet became scattered by gale force winds and several transport ships were lost. The planned landings by the massive

land forces were abandoned and DuPont decided to make it a classic land/ naval battle.

This critical confrontation was not without its historical ironies. On November 8, the day after the Port Royal battle, Confederate General Robert E. Lee arrived in Savannah, GA, to take command of his first fulltime field assignment -- defense of the southern sea coast. Just prior to his arrival he had witnessed defeat of Confederate forces in Western Virginia, which became West Virginia during the Civil War. But, he had been there more in an advisory than command capacity.

Realizing the significance of Port Royal, Lee decided that the coast was too long and vulnerable and his battle resources too limited. He decided to focus on interior defenses, write off the coastal islands, and protect the coastal railways to expedite troop movements. This decision actually sealed the fate of Savannah itself when it was effectively blockaded the next Spring.

The other irony involved a classic Civil War family scenario.

Confederate forces at Port Royal were under the command of Brigadier General Thomas F. Drayton. His brother, Percival Drayton, served as Captain of the U.S.S. Pocohontas, one of the ships in the Union naval armada that defeated him.

November 1861 was actually full of test points for both sides. On the same day, November 8, that Gen. Lee decided to change the coastal defense strategy, two Confederate representatives, John Slidell and James Mason, were dispatched to Great Britain to seek that nation's recognition of the Confederacy.

They boarded the British ship Trent in Havana harbor for their journey to England. While in international waters, the Trent was intercepted by the U.S.S. San Jacinto under the command of an ambitious Union naval officer named Captain Wilkes.

Firing a warning shot across the Trent's bow, Wilkes brought the supply ship around, boarded her, and removed Slidell and Mason. However, he left their families aboard to continue their journey to Great Britain.

Wilkes then took the two Confederate emissaries to Fortress Monroe, VA. At first the Washington political gang praised and celebrated Wilkes' initiative. Then it dawned on them that he had acted in international waters against a ship flying the flag of the greatest naval power in the world.

This tended to make things a bit less tidy leading to a fear that Great Britain might not only officially recognize the Confederacy but enter the war on its side in retribution. British Foreign Secretary Lord John Russell, on November 30, commanded the British ambassador in Washington to convey Britain's outrage over the incident "in the strongest of terms" and demand the immediate release of Slidell and Mason.

The Royal Navy was placed on battle alert and British forces were placed on the ready to sail to Canada. This got the attention of Postmaster General Blair and Massachusetts Senator Sumner who called for the immediate release of Slidell and Mason.

That occurred. The emissaries continued their journey which did not result in formal British recognition of the Confederacy. However, they were definitely inclined to aid the South, as evidenced by the capture of the British Schooner Adeline, with its cargo of military supplies, off the coast of Cape Canaveral, Florida, by the U.S.S. Connecticut, under the command of Commander Maxwell Woodhull on November 18 while Slidell and Mason were being detained.

These and numerous other significant naval actions in November 1861 played a large part in the final outcome of the war as it carved its bloody legacy in American history.





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— Rabbi Isaac the Blind



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## VINO VIXEN



BY MARL STULL

### VINO VIXEN VALUES

No introduction necessary. My semi-scheduled rundown of good juice at good prices:

#### Red

**Sebastiani - \$15**  
**2008 Zinfandel**  
**Dry Creek Valley (Sonoma), California**

You can definitely pick this one up for less than \$15- I often find it on sale around ten bucks. This is a simply solid Zinfandel with extracted burnt cherry and a touch of oak. Not the typical “fruit bomb” of many Zinfandels in this price range. Has over 10% of Petit Sirah, giving it a bit more structure and depth.



**Project Paso - \$14**  
**2009 Cabernet Sauvignon**  
**Paso Robles, California**

Again, this wine can be had easily for around \$10. They are “brand building” this one and offering excellent pricing in your local retailers. Especially super-markets. Paso fruit is typically sees a little more hangtime on the vine due to the region’s longer growing season (than Napa and Sonoma), which imparts a little more “gutsiness” to their wine. This is one no exception. Ripe blackberry and raspberry, complemented by leather and a touch of clove make Project Paso taste a little more sophisticated than most wines in this price range. I love, LOVE the “zork” enclosure. No corkscrew needed and you can re-use it on other wines.

#### White

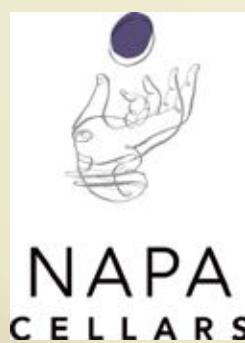


**Cousino-Macul - \$10**  
**2010 Antiguas Reservas Chardonnay**  
**Maipo Valley, Chile**

Very finessy Chardonnay at any price, but especially at ten bucks. Don’t expect a butterball and overt oak. More Burgundian in style, Cousino-Macul highlights the aromatic fruit and you’ll taste apricot, white pear, and – yes – a hint of toast. Huge step up from a Glen Ellen or others in

this price range.

**Napa Cellars - \$18**  
**2009 Sauvignon Blanc**  
**Napa Valley, California**

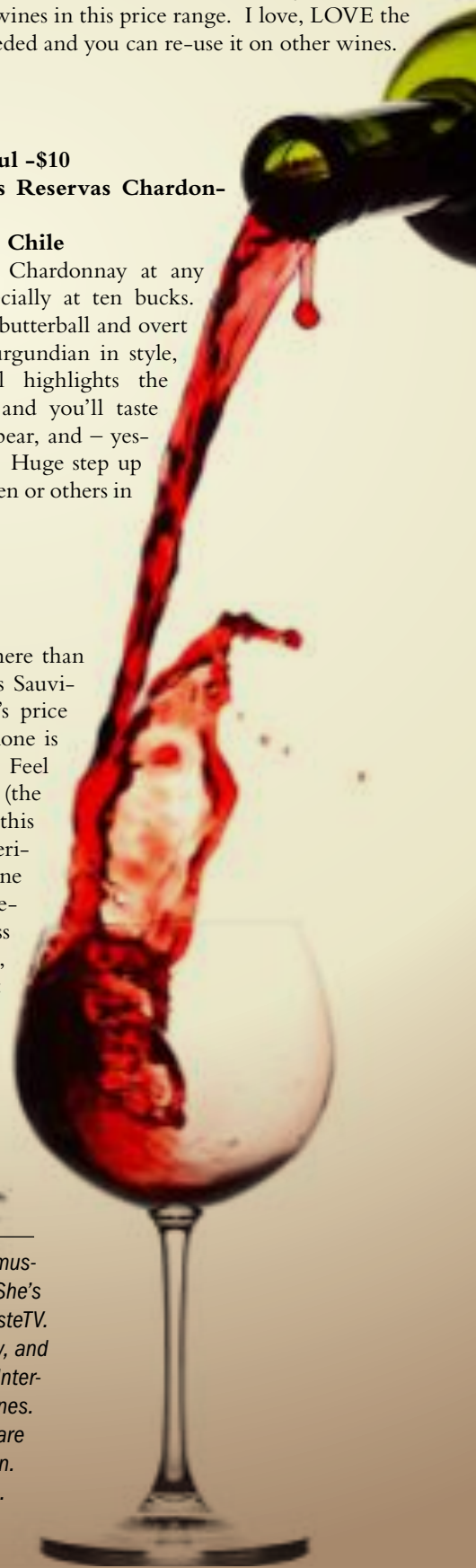


While a little more chere than our other selections, this Sauvignon Blanc is worth it’s price tag. Heck, the bottle alone is worth eighteen bucks. Feel the heft and deep punt (the indent in the bottom) – this glass is designed to hold serious juice. I chose this wine as a Vino Vixen Value because it is so easy to mess up a Sauvignon Blanc, but Napa Cellars gets it

right. Not too citrusy, not overtly grassy. Just well balanced with notes of fresh lime, white pepper, and a hint of vanilla. I’ve seen Napa Cellars sell as low as \$13 locally at Safeway. Be on the hunt...

Cheers!  
VV

*The Vino Vixen™ is a syndicated wine writer whose musings appear in over 25 publications nationwide. She’s also a correspondent on Wine Taste TV ([WineTasteTV.com](http://WineTasteTV.com)), Wine Educator to the French Wine Society, and Wine Critic to [WinesTilSoldOut.com](http://WinesTilSoldOut.com) – one of the Internet’s largest (and cheapest) source of fabulous wines. Have some great restaurant wine specials to share with The Vixen? Email her on [VinoVixen@VinoVixen.com](mailto:VinoVixen@VinoVixen.com).*







# MONTHLY HOME SALES RECAP

through Nov. 3, 2011

## What's happening with home sales in your neighborhood?

Be in the know: watch for this column every month and stay informed of recent home sales in your community. With interest rates still at historic lows, now is a great time to buy or sell!

Listings courtesy

Becky Arnold,  
REALTOR®



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ADDRESS	LISTPRICE	CLOSEPRICE	CLOSEDATE	BR	FB	HB	# GAR	LVLS	BSMT	DOMM	ADV	SUBDIVISION	STYLE
OLD TOWN													
212 GREEN ST	\$684,000	\$645,250	17-Oct-11	2	2	1		3	Yes	181		YATES GARDENS	Contemporary
1800 ABINGDON DR W #201	\$219,000	\$215,000	24-Oct-11	1	1	0		1	No	162		POTOWMACK CROSSING	Colonial
103 FRANKLIN ST	\$799,900	\$799,900	21-Oct-11	3	3	1		4	No	98		POMMANDER	Colonial
814 FAIRFAX ST S	\$684,000	\$674,000	21-Oct-11	3	2	1		3	Yes	148		YATES GARDENS	Colonial
320 WEST ST S #205	\$594,990	\$575,000	28-Oct-11	2	2	0	2	1	No	133		THE DUKE @ OLD TOWN	Colonial
1058 ROYAL ST N #1058	\$459,000	\$425,000	31-Oct-11	2	2	0	2	2	No	96		WATERGATE OF ALEXANDRIA	Colonial
1251 QUAKER HILL DR	\$525,000	\$510,000	21-Oct-11	3	2	1	1	3	Yes	75		QUAKER HILL	Contemporary
634 ALFRED ST N	\$399,000	\$379,000	18-Oct-11	2	1	0		2	No	66		OLD TOWN	Colonial
404 CAMBRIDGE RD	\$699,000	\$650,000	2-Nov-11	3	2	0	1	2	Yes	74		COLLEGE PARK	Rambler
3161/2 PAYNE ST N	\$489,000	\$462,500	28-Oct-11	2	2	0		2	No	69		OLD TOWN	Colonial
124 ROBERTS LN #400	\$318,000	\$312,000	17-Oct-11	2	2	0		1	No	27		FORT ELLSWORTH	Contemporary
1136 COLONIAL AVE	\$485,000	\$466,000	28-Oct-11	3	2	0		3	Yes	44		WESTOVER	Colonial
726 ALFRED ST S	\$469,000	\$469,000	21-Oct-11	2	1	0		3	Yes	43		PATRICK HENRY	Colonial
554 SAINT ASAPH ST #554	\$485,000	\$480,000	27-Oct-11	2	1	1	1	4	Yes	42		SHAD ROW	Colonial
501 SLATERS LN #522	\$429,900	\$405,000	28-Oct-11	3	2	0		1	No	21		MARINA TOWERS	Other
1616 ABINGDON DR W #202	\$194,900	\$192,000	20-Oct-11	1	1	0		1	No	31		POTOWMACK CROSSING	Traditional
1009 CAMERON ST	\$650,000	\$650,000	25-Oct-11	2	2	1		3	Yes	23		OLD TOWN	Federal
520 PITT ST S	\$739,000	\$717,500	24-Oct-11	3	1	1		2	No	19		OLD TOWN	Colonial
1313 ABINGDON DR E #3	\$224,500	\$215,000	20-Oct-11	1	1	0		1	No	8		HARBOR TERRACE	Colonial
706 AVON PL	\$534,900	\$540,000	26-Oct-11	2	2	0		3	Yes	4		VIRGINIA VILLAGE	Traditional
309 CAMBRIDGE RD	\$639,000	\$649,000	18-Oct-11	3	2	0	1	3	Yes	8		COLLEGE PARK	Cape Cod
727 FAYETTE ST N	\$749,000	\$762,000	17-Oct-11	3	2	2	2	4	No	5		BRADDOCK LOFTS	Contemporary
1021 COLONIAL AVE	\$509,999	\$510,000	31-Oct-11	2	2	0		3	Yes	7		WESTOVER	Colonial
556 COLECROFT CT	\$510,000	\$500,000	27-Oct-11	3	2	1		4	Yes	7		COLECROFT	Colonial
540 SECOND ST #403	\$649,000	\$642,600	28-Oct-11	2	2	1	2	1	No	5		LIBERTY ROW	Traditional
1816 ABINGDON DR W #101	\$219,000	\$208,000	31-Oct-11	1	1	0		1	No	29		POTOWMACK CROSSING	Colonial
227 WEST ST N	\$574,900	\$574,900	21-Oct-11	2	2	1		3	Yes	2		PARKER GRAY	Traditional
1859 POTOMAC GREENS DR	\$975,000	\$945,000	31-Oct-11	4	3	2	2	4	No	16		POTOMAC GREENS	Colonial
115 NORTH LEE #202	\$339,900	\$339,900	28-Oct-11	1	1	0		2	No	6		TORPEDO FACTORY	Bilevel
UPPER BRADDOCK													
3101 HAMPTON DR N #1113	\$200,000	\$200,000	28-Oct-11	1	1	0	1	1	No	137		NORTHAMPTON PLACE	Contemporary
3101 HAMPTON DR N #917	\$275,000	\$275,000	21-Oct-11	3	2	0	2	1	No	17		NORTHAMPTON PLACE	Traditional
3233 VALLEY DR #710-32	\$329,999	\$325,000	20-Oct-11	2	1	0		2	No	169		PARKFAIRFAX	Colonial
3313 WYNDHAM CL #3215	\$185,000	\$185,000	17-Oct-11	1	1	0	1	1	No	76		POINTE AT PARK C	Contemporary
2215 DEARING ST #106	\$419,900	\$412,000	21-Oct-11	2	2	0		3	Yes	92		FAIRLINGTON TOWNE	Traditional
625 TIMBER BRANCH PKWY E	\$699,900	\$665,000	21-Oct-11	4	3	0		4	Yes	88		BRADDOCK HEIGHTS	Split Level
3311 WYNDHAM CL #4188	\$289,999	\$285,000	29-Oct-11	2	2	0	2	1	No	89		POINTE AT PARK C	Colonial
1735 KINGSGATE CT #302	\$324,900	\$332,000	20-Oct-11	2	2	1		2	No	49		KINGSGATE	Traditional
2500 VAN DORN ST N #217	\$74,900	\$68,900	2-Nov-11	0	1	0		1	No	85		PARK PLACE	Other
1744 PRESTON RD #821-17	\$289,900	\$285,000	28-Oct-11	2	1	0		2	No	43		PARKFAIRFAX	Colonial
2500 VAN DORN ST N #422	\$165,000	\$160,000	31-Oct-11	2	2	0		1	No	9		PARK PLACE	Contemporary
1629 KENWOOD AVE #B-15	\$310,000	\$280,000	27-Oct-11	3	2	1		2	No	35		BEVERLY HILLS	Contemporary
3763 KELLER AVE #111	\$375,000	\$373,000	28-Oct-11	2	2	0		3	Yes	15		FAIRLINGTON TOWNE	Colonial
DEL RAY/ ROSEMONT													
7 DEL RAY AVE	\$624,500	\$620,000	21-Oct-11	3	2	0		2	Yes	114		ROSECREST	Bungalow
18 BRADDOCK RD W	\$754,900	\$750,000	28-Oct-11	3	2	0		3	Yes	36		ROSEMONT	Colonial
113 GLENDALE AVE E	\$500,000	\$500,000	21-Oct-11	3	2	0		3	Yes	42		ROSEMONT / DEL-RAY	Colonial
305 EAST MASON AVE	\$569,000	\$550,000	31-Oct-11	3	2	1		3	Yes	34		DEL RAY	Colonial
702 BRAXTON PL	\$669,000	\$655,000	17-Oct-11	4	2	1		3	Yes	20		GEORGE WASHINGTON PARK	Cape Cod
711 MCKENZIE ST	\$929,990	\$910,000	31-Oct-11	4	3	1	2	3	No	62		POTOMAC YARD	Federal
605 WEST VIEW TER	\$740,000	\$720,000	18-Oct-11	3	2	1	1	3	Yes	9		GEORGE WASHINGTON PARK	Cape Cod
2001 COMMONWEALTH AVE	\$910,000	\$875,000	31-Oct-11	3	2	1		3	Yes	8		DEL RAY	Colonial
213 RAYMOND AVE E	\$884,900	\$885,000	2-Nov-11	4	3	0		2	No	8		DEL RAY	Contemporary
308 HOWELL AVE E	\$649,000	\$649,000	31-Oct-11	3	1	1		3	No	6		DEL RAY	Cape Cod
116 MONROE AVE W	\$450,000	\$435,000	28-Oct-11	4	1	1	1	3	Yes	3		ROSEMONT	Cottage
ARLINGTON													
3501 FOUR MILE RUN DR	\$597,000	\$597,000	28-Oct-11	3	3	1	2	4	No	281		SHIRLINGTON CREST	Colonial
3573 STAFFORD ST #A	\$389,900	\$385,000	24-Oct-11	2	2	0		3	Yes	149		FAIRLINGTON GLEN	Colonial
4717 31ST ST S #C2	\$339,000	\$320,000	25-Oct-11	2	1	0		2	No	77		FAIRLINGTON VIL	Colonial
4527 28TH RD S #3-4	\$264,900	\$250,000	21-Oct-11	1	1	0		1	No	57		HEATHERLEA	Colonial
2613 WALTER REED DR S #D	\$277,950	\$277,950	17-Oct-11	2	1	0		1	No	10		THE ARLINGTON	Colonial
4217 32ND RD S	\$443,000	\$437,500	26-Oct-11	3	2	0		3	Yes	12		FAIRLINGTON GRN	Colonial
2720 ARLINGTON MILL DR S #208	\$374,900	\$375,000	26-Oct-11	1	1	0	1	1	No	9		SHIRLINGTON VILLAGE	Transitional
2615 WALTER REED DR S #D	\$300,000	\$300,000	21-Oct-11	2	1	0		1	No	7		THE ARLINGTON	Colonial
2720 ARLINGTON MILL DR S #1112	\$549,900	\$530,000	3-Nov-11	2	2	0	1	1	No	14		SHIRLINGTON VILLAGE	Contemporary
2544C ARLINGTON MILL DR S #3	\$459,000	\$459,000	28-Oct-11	2	2	1		3	Yes	0		WINDGATE OF ARL	Contemporary
1300 CRYSTAL DR #1409S	\$549,000	\$485,000	25-Oct-11	3	2	1	1	1	No	113		CRYSTAL GATEWAY	Contemporary
634 15TH ST S #A	\$425,000	\$415,000	26-Oct-11	2	1	1		2	No	65		SOUTHAMPTON	Contemporary
2310 FORT SCOTT DR	\$949,950	\$915,000	4-Nov-11	5	3	1	1	4	Yes	70		AURORA HILLS	Colonial
1702 ARLINGTON RIDGE RD	\$1,525,000	\$1,400,000	28-Oct-11	5	4	1	2	3	Yes	83		TOP OF ARL RIDGE ROAD	Colonial
3650 GLEBE RD S #155	\$439,900	\$440,000	27-Oct-11	2	2	0	1	1	No	51		ECLIPSE ON CENTER PARK	Contemporary
2715 INGE ST S	\$699,900	\$685,000	28-Oct-11	3	2	0	1	3	No	25		OAKCREST	Split Level
3650 GLEBE RD S #466	\$389,900	\$389,900	25-Oct-11	1	1	0	1	1	No	24		ECLIPSE ON CENTER PARK	Contemporary

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## A November to Remember

Thanksgiving historically and today, is first and foremost – a Feast Day! The table is the center of it all- make yours gorgeous!

To inspire you, we called in a favor and are truly thankful to York Wallpaper for their speedy delivery of Walt Disney “Meadow” wallpaper; these trees, strong and still, inspire this peaceful design and set the scene for our holiday gathering. To compliment the paper, I couldn’t resist a Cooper Classic natural rustic wood mirror. Neiman Marcus had a sale where I picked up to-die-for copen blue chargers, handcrafted of capiz shell and L’Objet gold-plated napkin rings encrusted with Swarovski crystals. Now it’s time to mass a vignette of sumptuous items in the center of the table – do this at the first of the month and enjoy your table in its glory for weeks, rather than just a day. Involve the kids and take a nature walk (don’t forget a big basket and pruners). Come

home with bunches of colorful leaves, acorns, moss and herbs.

Country Door has a realistic faux herb trio at an affordable price seen here under a glass cloche. Then take an expedition through your own house; grab a statue here, a nick nack there, and ribbon, cord or old fashioned twine to bundle the napkins. Or, go for the harvest theme and use a pile of shiny apples, a tumble of small pumpkins and scatter colored corn, removed from the cob, all across the table, like confetti.

As you arrange your treasures and start to create your table-cape, you’ll want to stagger the heights of various items. A few aged, classic-looking books will work fine and will add to the scene. Or, take any bowl or box that’s the size you need and just drape it with a scarf, or any bit of fabric that fits the color scheme; layering will just add to the richness of the overall look.

The confident decorator gives herself permission to be inventive and unorthodox... it’s un-



Dining room decorated for Thanksgiving by Ginger Rodriguez

PHOTO BY AMY MAYO PHOTOGRAPHY, LLC

imaginative to just “follow the rules” of table-setting and centerpiece arranging. What will get noticed and be remembered by your guests is the unexpected. Burlap? It’s not just for the garden anymore! I used it here as a tablecloth. Other amazing things I’ve used on tables include: a large, fringed shawl, strewn diagonally across the center of the table, a tea-dyed drop cloth that mimics old linen, and a satiny, quilted throw, with tasseled corners. Look at things around you house with a totally new eye – you’ll be sur-

prised at what you will come up with. Enjoy the glory of your gorgeous table and the joy of a family Feast Day.

For more information and photos of our Thanksgiving table visit [www.coffeewithginger.com](http://www.coffeewithginger.com)

**Shopping Guide**

Walt Disney “Meadow” wallpaper, by York (\$49/roll, [www.yorkwall.com](http://www.yorkwall.com)); Sherwood Mirror (\$375, [www.cooperclassics.com](http://www.cooperclassics.com)); Blue charger (\$68), L’Objet napkin rings (\$150) from Neiman Marcus at Tyson’s Galleria (703) 761-1600; Faux Herb Trio (\$21.99) and faux

pears (\$19.99), [www.country-door.com](http://www.country-door.com); Custom panels from [www.draperyandbedding.com](http://www.draperyandbedding.com).

*A Virginia native, Ginger shares her experiences: some personal, some professional, in her light-hearted Blog Coffee With Ginger ([www.westbayinteriors.com/blog](http://www.westbayinteriors.com/blog)) and teaches monthly design seminars (The Alexandria Design Dilemma Meetup Group) FREE to the community. She lives in Alexandria with her husband and two sons. Have a design dilemma or question you want answered in the Zebra? Email: [info@westbayinteriors.com](mailto:info@westbayinteriors.com).*



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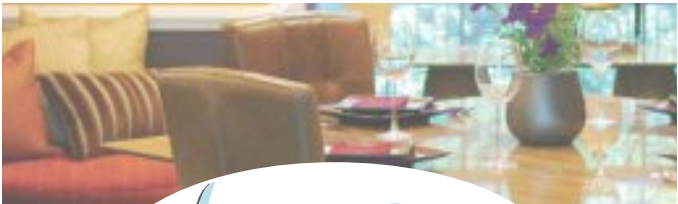
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### QUOTABLE:

“ Thanksgiving is America’s national chow-down feast, the one occasion each year when gluttony becomes a patriotic duty.”  
~Michael Dresser



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These furry friends (and many others) are looking for loving homes ...



**Alfie - (Male)  
- Available**

Breed: German Shepherd Dog Mix  
Age: 9 Weeks  
History: Shelter  
Description: There are 8 puppies in this litter--Abigail, Alex, Alfie, Alfred, Alina, Amy, Andy and

Arnie. They are now 9 weeks old and ready to go home.

**Apollo (Ralph) - (Male) - Available**

Breed: Husky / Shepherd Mix

Age: 2 Years

History: Shelter - Nicholas County

Description:

Apollo is a beautiful Husky/Shepherd mix. He lost his home because his adoptive family's schedule changed and they felt they did not have time for him. He is a handsome boy who is housebroken and crate trained. He is great with everyone and does fine with other dogs (not alpha personalities). He would do best with older children.



**Bounce - (Male) - Available**

Breed: Golden Retriever Mix

Age: 14 Weeks



History: Shelter  
Description: Bounce and his siblings were left at the shelter. Mom is a pure-bred golden, no word on dad. Because he was born with a deformed leg, he was left behind. AFH has now rescued him from the shelter will be taking him to the vet to evaluate his leg. Once he has been treated and is healed, he will be available for adoption. Please

consider making a donation to AFH's Brownie Fund which allows us to save dogs like Bounce. Checks can be made to AFH - Brownie Fund, PO Box 222801, Chantilly, VA 20153.

**Buddy (Morgan) - (Male) - Available**

Breed: Border Collie / Spaniel Mix

Age: 6 Years

History: Owner Release

Description:

Buddy lost his home due to a family breaking up. Buddy is a lovebug. He gets along with other dogs and loves everyone. He is housebroken and would just like a lap to sit in.



# Find LOVE THIS FALL

## AFH is ALWAYS in need of foster homes!

It is fun and rewarding. Without enough foster homes we can't save as many pets. Since AFH tries hard to not use boarding facilities, we cannot accept new, deserving animals into our program without ready foster homes. If you are interested in making your home available to a deserving pet, please drop us an email at [Foster@foreverhome.org](mailto:Foster@foreverhome.org).

### A FOREVER-HOME RESCUE FOUNDATION

is a non-profit dog rescue group located in Chantilly, Virginia that operates in the Northern Virginia / Washington Metropolitan area. We strive to make quality dogs available for adoption and do our best to match prospective adopters with the right animal!

Because AFH is a 100% volunteer-run organization, we cannot function without your help. In particular, we need: foster homes, transporters for adoptions and vet visits, handlers at adoption days, and helpers at fundraising events. If you think you would like to help, e-mail: [volunteer@foreverhome.org](mailto:volunteer@foreverhome.org).



For more information about adoption, call

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or visit us online at [www.afforeverhome.com](http://www.afforeverhome.com)

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**Juliet from Missouri - (Female) - Available**

Breed: Yorkshire Terrier Yorkie

Age: 8 Years

Weight: 9 Pounds

History: Missouri Puppy Mill

Description: Juliet is a pure-bred Yorkie. She came to us from a puppy mill in Missouri. She is sweet and loving and is a definite lapdog - and, if you are lounging on the sofa, she will lay with her head on your chest to hear your heart beat. Juliet has had 4 surgeries since arriving at our rescue and will require 1 more to restore her ability to walk normally. Juliet is amazing, hobbling around to be apart of the fun and to be whisked up in her foster's arms. She is pee pad trained and great with other dogs. She has been through so much and it cost her some health issues but not her spirit. She loves being loved!



**Kirby - (Female) - Available**

Breed: Rottweiler Mix

Age: 7 Months

History: Shelter

Description: Hello, I'm Kirby, my litter mates have found great homes, I'm still looking....you can visit with me at our adoption events. I'm hoping the family I get would enjoy the fact that I can run! You see my ears are not just for looks, my Foster Mom thinks they are aerodynamic like the wings on a plane! I would enjoy walking or running with my new family, although I'm not a hyper dog! I just enjoy running, and playing with other dogs and people say my temperament is easy breezy. I'm very healthy and I'm up to date on all my shots.

**Pearl/Sponge Bob Gang -  
Bob Gang - (Mixed Gender)  
- Available**

Breed: Dalmatian Mix

Age: 6 Months

History: Shelter

Description:

SpongeBob, Plankton, Mr. Krabs, Squidward, Sandy, and Pearl are Dalmatian mixes. This

is a very fun loving litter. SpongeBob loves everyone. Mr. Krabs is the boss and loves to bark orders. Plankton is always wrestling with Mr. Krabs or just looking for something to get into. Squidward loves to have his belly rubbed and often gets into a tiff with SpongeBob. Sandy and Pearl love to play together. These pups like to be petted and held for a short time but then they're off. They like to explore new things. They just want to go, run, and check things out. They do not bark much. The most vocal one is Mr. Krabs and he is just wants to talk to you.



**Trixie - (Female) - Available**

Breed: Chihuahua / Dachshund Mix

Age: 11 Weeks

History: Shelter

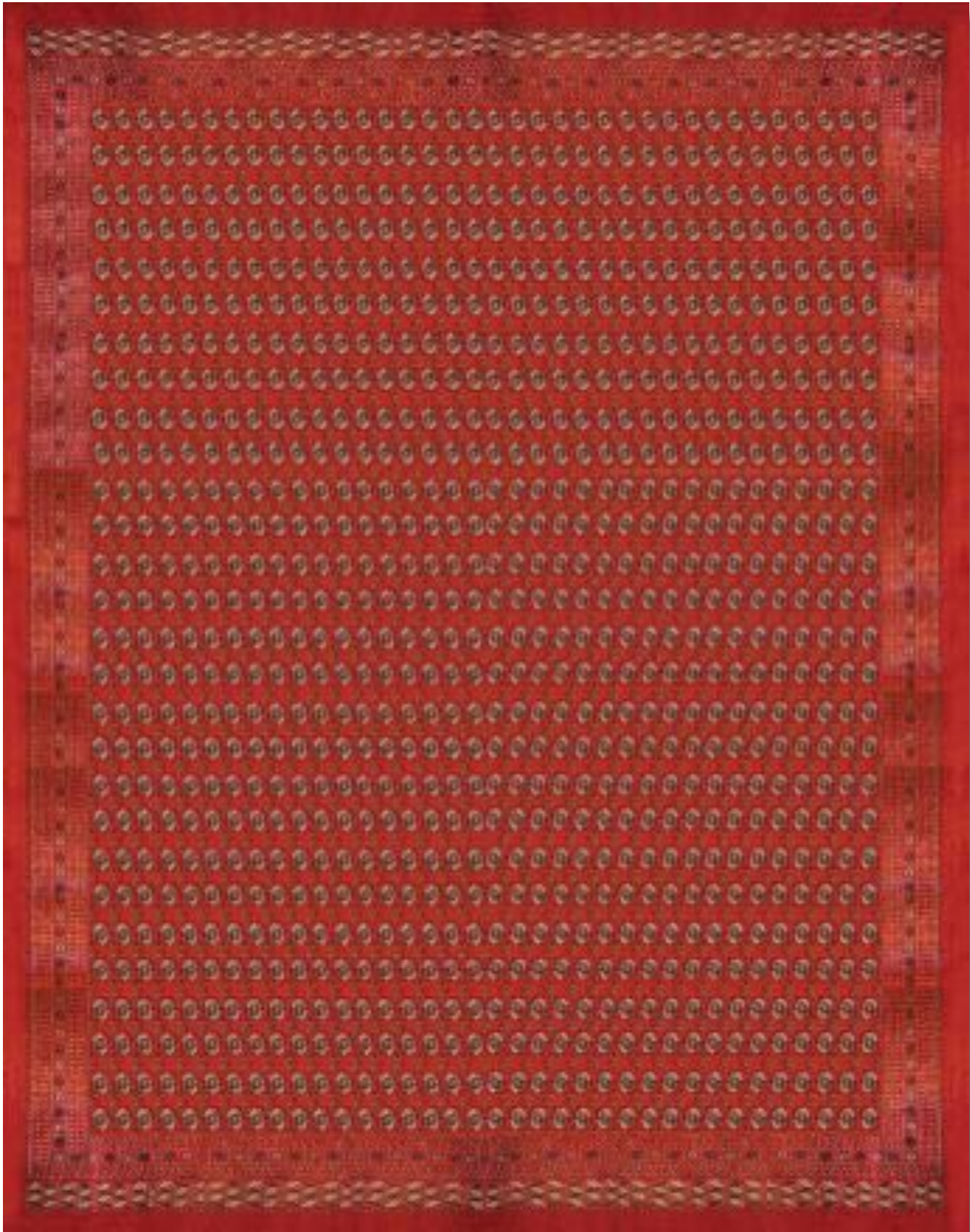
Description: Trixie is such a nice girl. She likes to play with our dogs and cuddle with us. She does like to climb and can go over the doggie pen. Although she

is outnumbered by the resident doggies, she has no problem standing up for herself. We are currently working on housetraining her. If you would like to meet this sweet girl, please e-mail.



# Hadeed

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