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Vol. 2, No. 1

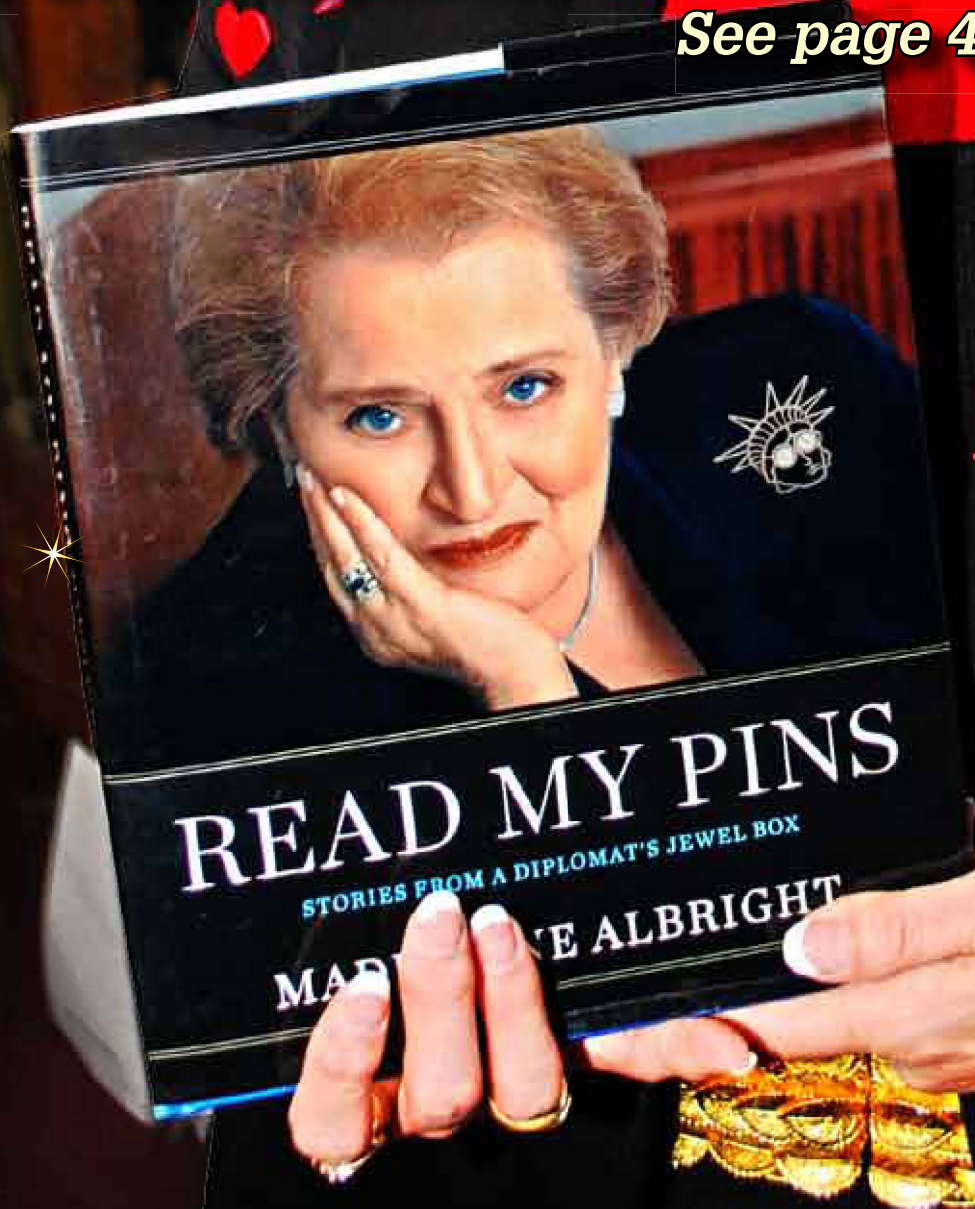
JANUARY 2112

Zebra

Mary Ehlers' Nugget

A Gem to Behold

See page 4



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So there I am on Christmas Day, alone for the first time, enjoying it. Oh, there were invitations. Go to Florida, go to New England, spend it with friends in town, but this year, what I really wanted was the quiet of it, the true solitude. I had my gorgeous little tree I had pulled out from the basement (fully decorated from last year, so that was easy), and a number of wrapped boxes sent from the out of town relatives, and of course, a toy-filled stocking for my dog, Lucy, hung on what else, but the TV cabinet in the living room. I slept late, made mandatory phone calls, took another nap, and it was bliss.

And then my computer crashed. Thanks Grinch. It had crashed before, and with careful remedies been brought back to life, but this time, she was dead. Panic set in—how am I going to get all my files out for the paper? What about all those pictures I've been filing for years? Suddenly being alone on a holiday where EVERYTHING really IS closed, made me realize how tethered we really are to these helpful machines which connect us all everyday. So I took another nap.

New computer arrived by FedEx before New Year's and all restored, we have managed to pull together our January issue with many interesting features we hope you will enjoy. And right after the first of the year, *Zebra* took occupancy of its new offices at 2311 Mill Road, off Duke Street where all that exciting new construction is near the Patent and Trademark Offices.

All in all, a good start we hope. We are still the new kid on the block, and appreciate your continued feedback and criticisms. And finally, *Zebra* wants to extend a hearty congratulations to Bob Tagert and Lani Gering and the team over at *The Old Town Crier*, on their 25th anniversary. Print IS not dead. It definitely is not.

Cheers,
Mary Wadland



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The deadline for the receipt of all new advertising materials is 5:00 p.m. Wednesday, seven days prior to publication. Materials and space reservations will be accepted for proofed unchanged camera ready repeat ads until 5:00 p.m. Friday, the week before publication. Cancellations and changes cannot be accepted after Monday, the week of publication and no refunds will be made after that time. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication.

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Publisher Mary Wadland in Zebra holiday hat wishes you all a Happy and Prosperous 2012!

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On Cover: Mary Ehlers, owner of *The Nugget* in Old Town Alexandria, proudly shows the *Madeleine Albright's* best-selling book, in which one of Ehlers' creations can be found.

PHOTO BY HARRY MERRITT



INBOX

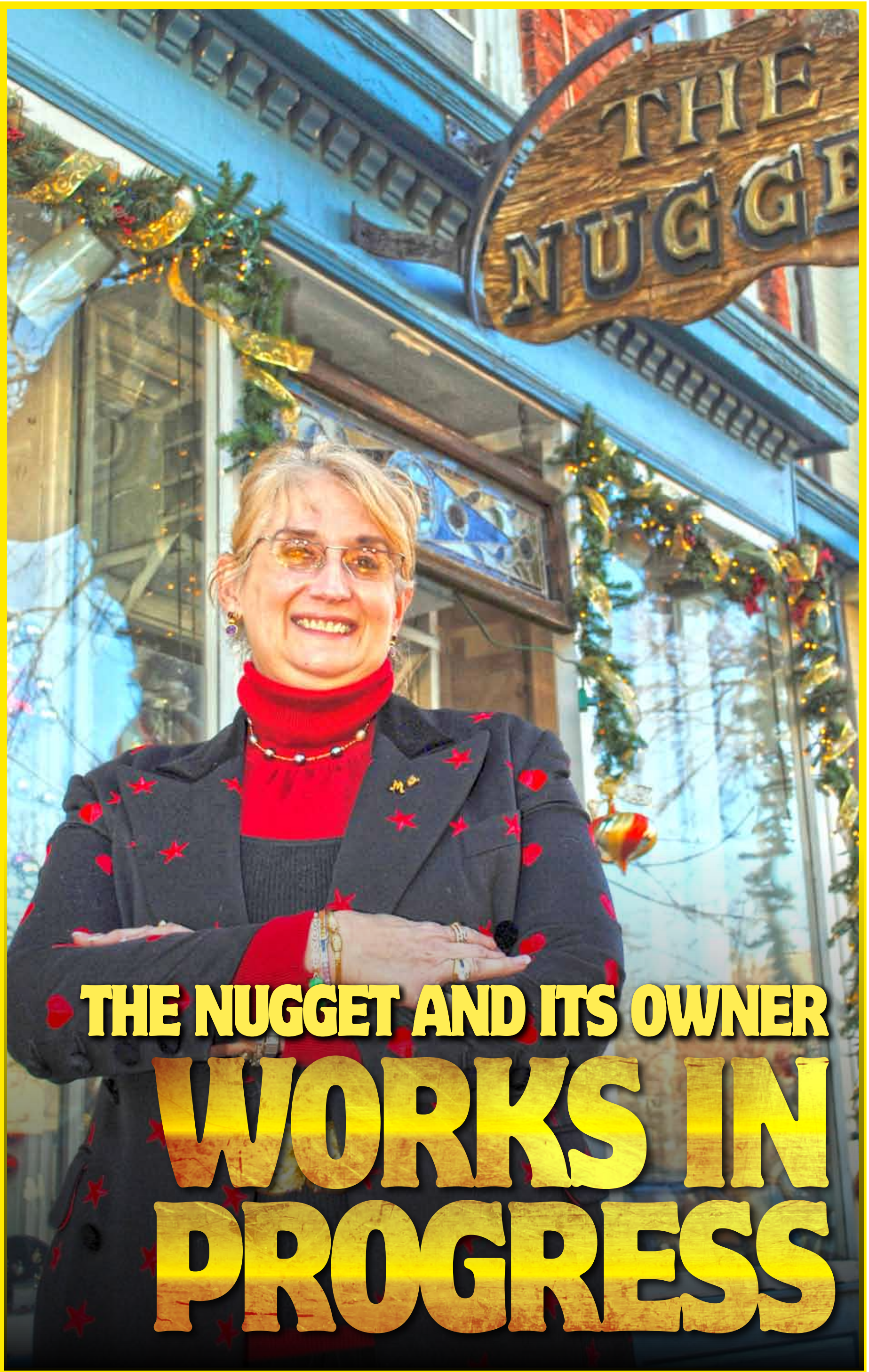
HOW TO GIVE US FEEDBACK

If you would like to send us a comment, send your mail to mary@thezebra.org or Zebra, PO Box 6504, Arlington, VA 22206. Submission of a letter constitutes permission to publish it. Letters may be edited for reasons of space and clarity.

Dear Mary,

We really enjoy Zebra! Thank you for the many stories showing the local stores in Alexandria. We took our two children shopping one day in Old Town, using your gift articles as a guide. We wanted the kids to know what holiday shopping really is—not just pushing buttons on a computer screen and waiting for the delivery truck at the door! Thanks again, and keep up the good work!

Marsha and Greg Findlay





An example of Ehlers' impeccable design.

PHOTOS BY HARRY MERRITT



Ehlers holds one of her award winning designs. This particular piece can come apart into three separate items.



The Torpedo Factory as it looks today, where Mary Ehlers got her start with her own jewelry-making studio.

COURTESY PHOTO

BY CHUCK HAGEE

In 1968, Mary Ehlers was enrolled as an Education major at Iowa State University and planning to become a teacher. Then she took a class in jewelry making. That changed everything.

"I was so fascinated by it. I found it to be my niche," said Ehlers, owner of The Nugget, at 123 South Fairfax Street in Old Town Alexandria, where for the past 35 years she has specialized in creating original handcrafted jewelry designs featuring precious gems and metals. Her particular specialty is engagement and wedding rings.

Born in Madison, Wisconsin, Ehlers' father was a Methodist minister, which meant that the family moved to various churches throughout the Midwest. "It also meant that we didn't have a lot of money. I knew that if I wanted a college education, I would have to do it on an academic scholarship," she explained.

"I was a straight-A student throughout high school, and Valedictorian of my class. I continued those grades during college and graduate school," said Ehlers, who also holds a Masters degree from Iowa State in Art Education, qualifying her to teach at the college level.

She arrived in Alexandria in the early 1970s when her then husband was working as a patent examiner at the U.S. Patent and Trademark Office. In 1974, she became one of the first artists to have a studio at the newly-founded Torpedo Factory Art Center, where she taught adults the art of jewelry-making from 1974 to 1977, at which time she also opened The Nugget.

Ehlers not only specializes in creating unique jewelry pieces, but also is sought out by a dedicated following of local, national and international customers. "Many of my clients come back time and again to have me create jewelry pieces for all types of special occasions," she said. "This past year was the first time that I've had grown children of customers coming to me to create their fine jewelry."

However, jewelry and The Nugget are not her only focus in life. Her personal quest to achieve an academic scholarship to further her post-high school education has made Ehlers a staunch advocate for helping others realize that dream as well.

As an active member of the Alexandria Optimist and Kiwanis Clubs, she raises money for T.C. Williams' Scholarship Fund, and even convinced a New York diamond dealer, with whom she does business, to donate a percentage of his profits to the fund. In 1991, Burke and Herbert's Taylor Burke introduced Ehlers to Jack Graboyes, founder of House of Doors, who convinced her to join the Optimist Club. "It was one of the best decisions of my life. It has served me well, both personally and professionally," she emphasized. It also fulfills one element of The Optimist Creed: "To be just as enthusiastic about the success of others as you are about your own."

That enthusiasm and dedication seems to run in the family. Her niece, Theresa, was named the first Miss Iowa with a so called "visible disability." But Theresa just never thought of it that way. "She was born with no fingers on her left hand, but, even as a child she learned to tie her shoes before the other kids," Ehlers proclaimed.

"One day, Theresa decided to join a friend for a ba-

ton twirling demonstration. The friend just couldn't get the hang of it, it but Theresa got it down cold almost immediately," Ehlers stated. "Theresa went on to become a twirling champion with a host of trophies, won an NFL scholarship her freshman year at ISU, and also performed at half-time at every Iowa State football game during her college years." During her year as Miss Iowa, Theresa, travelled the United States, and performed in every Shrine Hospital to promote her platform of "Take the DIS out of DISABILITY". Mary beams when she speaks of her nieces, all 5 of them, all talented ISU graduates who did something with their education.

The Nugget has a large collection of precious gems and jewelry that would be difficult to duplicate anywhere in the Metropolitan area. It includes a large assortment of opals and pearls. One of the most spectacular being a 100 carat black opal from an Australian mine called Lightning Ridge. Over the years, Ehlers has gathered gems throughout her world travels, many directly from mining sites. "I have seen rubies and sapphires being mined, cut and polished; and it has always been my goal to bring the best of these world treasures back to Alexandria for my customers," Ehlers emphasized.

This dedication to excellence won her the American Gem Trade Association Spectrum Award for a piece of jewelry she designed in 1994. Valued at an estimated \$55,000, it is composed of four pieces that hold opals, yellow diamonds and other precious stones, set in 18K gold and platinum. It can be worn as a single statement or as four individual pieces, ranging from a brooch to a necklace. "To me, it is priceless and not for sale," Ehlers insisted.

In 1981, the National Geographic Society published a book, entitled How Things are Made. The section on jewelry features Ehlers, her works of wearable art and explains how she creates them, using the lost wax casting technique.

Her client list is almost as impressive as her creations. It includes former Secretary of State Madeleine Albright, the former Commandant of the U.S. Military Academy at West Point, and a company called Space Adventures who was connected with NASA astronaut Buzz Aldrin. "I've met so many neat people in the course of my career," Ehlers stated.

For Albright, Ehlers created a pin that is now part of the former Secretary's traveling exhibit of 200 pins on tour and display nationally at museums and cultural centers, featured in her book, Read My Pins, which enjoys a place of prominence in The Nugget's front window. Ehlers was commissioned in 1999 to design and create a pin which would emphasize a message Secretary Albright wanted to send to the inquisitive press. It was a pin featuring 4 mushrooms, representing the United States, Israel, Syria, and the Palestinian authority. It reinforced Albright's message to the press that "Peace efforts are like mushrooms, they thrive in the dark". The Exhibit of the Secretary's Pins was first unveiled to the public at the New York City's Museum of Arts & Design in September of 2010.

"I never imagined I would have one of my creations in a museum, let alone also meet Secretary of State Madeleine Albright," Ehlers said. The Mushroom Pin was presented to Secretary Albright while she was a "captive audience" to her staff, aboard Air

Force One. Ehlers made the pin particularly meaningful by using ancient silver from each of the Middle Eastern regions from when they were previously united under one ruler, Herod the Great, over 2000 years ago. For further details regarding the symbolism, Ehlers filmed a 6 minute video showing the actual melting of the coinage and the casting of the pin which was a true one-of-a-kind creation. The Secretary's staff presented the pin after she first watched the video showing how it had been "born".

"I received a thank you letter from Secretary Albright for that pin," Ehlers stated. As for the astronaut pins commissioned by Space Adventures. "Those were created for the first two male citizen astronauts and presented to them by Buzz Aldrin himself," Ehlers recalled. I was given some pictures of the event.

The former Commandant of the U.S. Military Academy at West Point was the least obvious. When they first met, Ehlers was not aware of what he did or that he was a high-ranking general in the U.S. Army. "I knew him only as Joe," she stated.

"One day, I had a question about something he had ordered for his wife, so I called the number he had given me. When a male voice answered, I asked if Joe was there. After a slight pause, the voice on the other end of the line asked, rather indignantly, if I was referring to THE General. That's when I discovered I was talking to the West Point Commandant's Office," Ehlers revealed.

For all her success, Mary Ehlers has never stopped her continuing education. Every month, she attends

▼ See EHLERS on page 22



Utilizing computer CAD/CAM technology Ehlers can build a piece of jewelry for a customer to view



The Ehlers Black Opal, which is over 100 carats.

PHOTOS BY HARRY MERRITT

2012 Living Legend of Alexandria Board

JEANNE THEISMANN



Jeanne Theismann

PHOTO BY STEVEN HALPERSON/TISARA PHOTOGRAPHY

The board of directors of Living Legends of Alexandria is pleased and proud to announce its new member, Jeanne Theismann, whose three-year term will begin on January 1, 2012.

Jeanne Theismann is an award-winning journalist with more than 25 years of experience in broadcast, print and online media. She began her professional career at WTNH-TV in New Haven, Conn., where she was a news reporter as well as co-host of the daily Good Morning Connecticut program. She went on to work for Seaway Communications, the first minority owned broadcasting company before moving to Tokyo, where she spent several years working as a writer and editor for the *Yomiuri Shimbun*, the world's largest daily newspaper.

During her time overseas, Ms. Theismann traveled extensively, covering the third Indochina War between Vietnam and Cambodia as well as the Seoul and Sydney Olympic games. She began several relief projects for children and refugees and has personally delivered more than five tons of medical supplies to orphanages throughout the world. She has worked with organizations such as Mother Teresa's Missionaries of Charity, the National Defense Council Foundation and Arch Bishop Desmond Tutu's St. George's Cathedral Foundation.

For the last nine years, Ms. Theismann has served as a visiting professor at the Ukrainian Catholic University, teaching at the Institute for Nonprofit Management in L'viv, Ukraine, and

implemented the first ever Executive Leadership Exchange program between Ukraine and the United States.

Ms. Theismann has served on numerous boards, including Stop Child Abuse Now, the Washington, D.C. area chapter of Prevent Child Abuse America, and Goodwill Industries of Greater Washington. Ms. Theismann currently serves on the board of directors for First Night Alexandria, the Alexandria Symphony Orchestra, the Salvation Army and the Alexandria Sportsman's Club. She is a member of the National Press Club, American Legion Post 24 and Rotary International, and is the media representative for the City of Alexandria's Emergency Planning Commission. In addition, she served as the Executive Director of the National Christmas Tree Lighting ceremonies in Washington, D.C.

Ms. Theismann is presently the Special Assistant to the Publisher of *The Connection Newspapers*, a group of locally-owned community newspapers serving the Washington, D.C. region with a total circulation of 120,000. This includes the *Alexandria Gazette Packet*, the longest continuously published newspaper in America. She continues her work in Ukraine as an advisor and guest lecturer at the new L'Viv School of Journalism.

Just What Is Going on with the Alexandria Waterfront Anyway?

Waterfront Plan Work Group Releases A Report

BY CHUCK HAGEE

As is often said during the holiday season — “You shouldn’t have.” But, don’t fret. They didn’t.

Just five days before Christmas, on December 20, the Waterfront Plan Work Group released their anxiously awaited report. In the second sentence of the Executive Summary they state: “It is neither a consensus report nor an approval of the draft Waterfront Small Area Plan. It is also not an alternate plan.”

Okay! Then just what is it that this eight-person group, appointed by Alexandria’s Mayor and Council, has produced. In their words: “We provided a critical check on behalf of City Council on the key assumptions and plan assertions underpinning the draft Waterfront Small Area Plan... in order to identify areas of consensus, agreement and disagreement, shortcomings, and methods to narrow differences and balance competing goals amongst the various interests.”

Throughout the 23-page document, the primary elements of the Waterfront Plan are analyzed and evaluated in terms of: (1) Historic preservation; (2) Economic development; (3) Preservation and expansion of open space; (4) Impact on nearby residents and businesses; (5) Flood protection; and (6) Environmental protection to both the Potomac River and the Chesapeake Bay.

It addresses each element of the Small Area Plan: Development of three hotel sites; Creation of “significant public space at the foot of King Street” which would require “ongoing negotiations with the Old Dominion Boat Club”

rather than any use of eminent domain proceedings; Providing for the docking of all sizes and uses of watercraft in separated areas; the need to find additional revenues for the proposed public art proposal and history plan; Flood mitigation by revisiting design and engineering proposals to elevate the unit block of King Street; Parking and traffic congestion/circulation; and the overall impact on the river and bay.

As for future development along the waterfront, the report states, “There is a fundamental disagreement over the scale, size and nature of development as it impacts the historic fabric of Old Town and the appropriate representation of the historic waterfront. The issue is not development versus no development, but instead involves the difference in density...” At the center of the disagreement is the number of hotels, if any, and the traffic generated by them, according to the report.

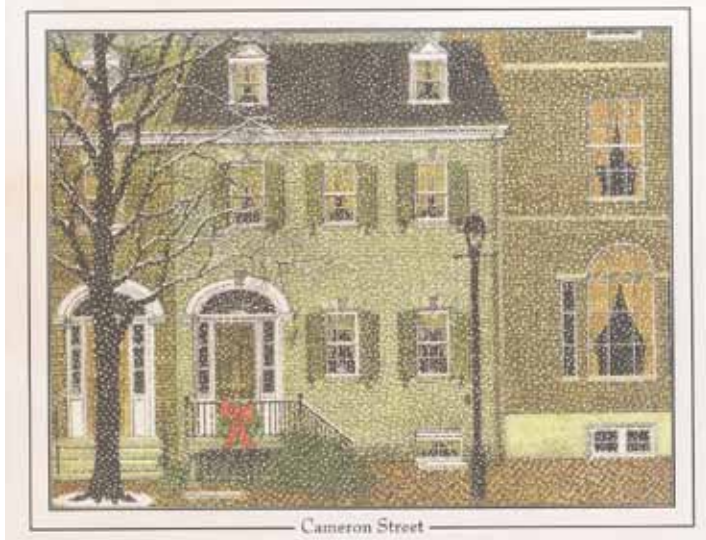
As a means of providing long-term funding for the estimated two decade plus implementation of the Waterfront Plan, the report recommends the city “review its economic model for supporting activities along the waterfront,” and appoint “a senior director within City government to lead implementation of the Plan.” The latter would consolidate what the Work Group characterizes as “fractured” current management “across several city departments.”

The role of this waterfront development czar would be threefold, according to the report: (1) Determine priorities and be held accountable for integrated management of the Plan; (2) Coordinate City agencies, public entities, and

▼ See WATERFRONT on page 9

Recent look at the Alexandria Waterfront.

COURTESY PHOTO



ORIGINAL WATERCOLOR BY TODD HEALY

STROLLING BY HISTORY

This is a private residence on Cameron Street on a blistery, snow-falling January day. It's not a home you can tour, but how about we talk about who or what is Cameron, and why is the street and so many other area landmarks called Cameron?

It gets very detailed with who begat whom, but it all goes back to the fact that it was the British who owned everything we see around us on a daily basis, and there was a place called Cameron, from which all of the Lord Fairfaxes originated.

Charles I created the title in 1627 for Sir Thomas Fairfax. He had represented Queen Elizabeth I on several diplomatic missions to James VI of Scotland and also sat as a Member of Parliament for several constituencies in the English Parliament. It was the sixth Lord Fairfax who inherited substantial estates in Virginia through his mother, the daughter of Thomas Colepeper, 2nd Baron Colepeper, Governor of Virginia. On his death the title and American estates passed to his younger brother, the seventh Lord. He represented Maidstone and Kent in Parliament. The immense American estates were confiscated during the American War of Independence. He was succeeded by his first cousin once removed, the eighth Lord, who also lived in Virginia.

Limited editions of this print are available at Todd Healy's Studio at 320 King Street in Alexandria, 703-549-7883. Todd is also available for private commissions.



Christine Roland Garner

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Rosemont 514,900

Leave your car at home! This totally renovated home is located just a few blocks from the METRO, shops & restaurants in Old Town and Del Ray. Beautiful kitchen, new custom closets, lower level family room with walk-out stairs to fenced yard with slate patio & alley access.



Quaker Ridge 669,000

Luxury 4 bedroom, 2.55 bath end townhouse with 3 beautifully finished levels in the MacArthur School District. Exquisite finishes, 9' + high ceilings, 2 gas fireplaces, 2 family rooms and a fabulous Owner's Suite with a spa bath.



Del Ray 499,000

Enjoy Del Ray Living in this charming 3 bedroom, 2 bath end townhouse with 3 finished levels. Light-filled living room and dining room that opens to an updated kitchen with breakfast bar. New windows, wood floors and a fenced yard with deck and alley access for off street parking. Blocks to METRO, shops & restaurants!

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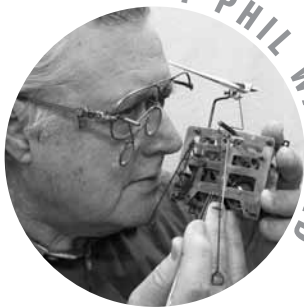
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ASK THE CLOCKMAN

BY PHIL WADLAND



COURTESY PHOTOS

Q: I have a Grandfather clock movement that is old, but not working. Can you tell me about it? I've sent a photo of the unit.

A: I can tell by the crossed arrows on the back of the case that it is a German clock movement. The crossed arrows indicate it was made by the [HAC] or Junghans Company. However, it does not mean the "case" was made by them. At the turn of the last century, Junghans was trying to sell clocks to the American market. They sold complete clocks for import, and clock movements only to American case makers to install in their products. The Junghans Company is a great clock maker. The unit you have there is called a "Bim-Bam" style. On the hour it will strike two chords of notes with each chord having four notes.

It does not play Westminster chimes, as that is found on clocks that have three weights. Yours has two. The clock can be restored, but I would think a repair estimate would start at \$500 and go up from there. The insurance value of your "Tall Case" clock is about \$7000

A Little History of the Hamburg Clock Company

Crossed arrows engraved on the plate of the movement is the trademark of the Hamburg American Clock Company or HAC. HAC was formed in Germany in 1873 by Paul Landenberger and Phillip Lang. The initial company was known as Landenberger & Lang Uhrenfabrik and had a trademark, a steamship with the words 'In God We Trust'. Paul Landenberger, son in law of Erhard

Junghans, worked at Junghans for several years before starting up this new company. The company was involved in the production of clock movements, clock parts, dials, and cases for all types of clocks.

Most of these products were sold to the trade as they were not in the business of selling finished clocks, it seems. The company changed their name to Hamburg Amerikanische Uhrenfabrik and Hamburg American Clock Company (HAC) in 1883. The famous crossed arrows became their trademark in 1892, at which time the company had aspirations toward the sale of finished clocks to the export market, particularly to Great Britain and North America. They were involved in the production of mantel, long case, wall, ship, and specialized in-

dustrial clocks, and they were still supplying components such as decorative parts dials cases, parts, and hardware for the clock industry. The company was a major producer of clocks in Germany, with 1300 employees in 1910. They produced many types of clocks from alarm clocks to 'Ticket clocks' to wall and mantel, striking and chiming clocks. In 1926 the company went into a cooperative with Junghans and in 1930 they finally merged with Junghans.

Phil Wadland is a third-generation clockmaker and horologist, residing in Manchester, New Hampshire. If you have questions for the Clockman, email

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With the photo show in the background, Tempo's proprietors Wendy and Serge Albert pose with photographer/artist Greg Knott and his daughters Violet and Hazel.



Tempo Restaurant (4231 Duke St.) held a "meet the artist" event where patrons could dine on complimentary appetizers and drinks and enjoy the photo exhibit.

Tempo Restaurant Hosts Greg Knott's Photo Exhibit

The ZEBRA's own staff photographer Greg Knott is exhibiting his photography at Tempo restaurant in Alexandria. Greg's fine art photography is high quality, whimsical and has a genuine fun quality about it. This collaboration between Wendy Albert, Tempo's owner and Greg Knott enables Tempo's diners to have the best of both worlds -- views of high-quality images while dining on exceptionally fine cuisine. Tempo specializes in both European and Californian fare. Greg has had notable success in showing his work in the local area and downtown DC, as well as up and down the entire East Coast. It is well worth the trip to view and experience this one man show. The photography will be on display through the end of February.

PHOTOS BY HARRY MERRITT

ACT of Alexandria receives \$1,000 donation



Gene Steuerle, President of the ACT Board, Lynnette Hotchkiss, Executive Director of MSRB and John Porter, Executive Director of ACT.

COURTESY PHOTO

Municipal Securities Rulemaking Board (MSRB) Executive Director Lynnette Hotchkiss presents a check from the employees of MSRB to Eugene Steuerle, President of the Board and John Porter, Executive Director of ACT for Alexandria. In her introductory comments Ms. Hotchkiss commented on the vital importance of national organizations like MSRB giving back to the communities in which they work. This donation will assist ACT in its mission of raising the level and effectiveness of giving and engagement for the benefit of all of Alexandria.

▲ WATERFRONT from page 6

commercial interests to achieve the Plan's vision; and (3) "Preparing and defending an integrated budget for waterfront needs."

The Work Group suggested the following new Plan recommendation: "The net additional City revenues generated by redevelopment of the waterfront should be applied to waterfront area amenities... The City should prepare an annual waterfront capital and operations budget ... and annual expenditures should generally be no less than the net annual revenues generated from redevelopment."

The final page of the report is dedicated to summarizing "areas of general agreement (though not necessarily consensus), key Plan variables (AKA areas of disagreement), and evaluation criteria for both the public and private realms of the Plan area." As noted at the outset, "This report is not a product of City staff or consultants, but instead reflects the voice of private citizens concerned about the welfare and future of one of Alexandria's vital resources, its waterfront."

The Work Group was composed of the following individuals: Christopher Ballard, Bert Ely, Melinda Lyle, Elliot Rhodeside; Nathan Macek, David Olinger, Lt.Gen.Bob Wood (Ret) and City Councilman Paul Smedberg.



1836 view of a section of Alexandria, with a slave ship receiving her cargo of slaves.

PHOTO COURTESY OF AMERICAN ANTI-SLAVERY SOCIETY



Rediscover Lincoln at Ford Theatre's New Center

Paul R. Tetreault, Director of Ford's Theatre Society, announced that the new Ford's Theatre Center for Education and Leadership (located at 514 Tenth Street NW, Washington, D.C.) will open in February 2012. The new Center will feature permanent and rotating exhibits, education studios and a distance-learning lab. The Ford's Theatre Society will celebrate the opening with several public and private events honoring Abraham Lincoln's leadership and legacy at both the Center and Theatre. Events include the world premiere of a newly commissioned play about Abraham Lincoln and Frederick Douglass titled "Necessary Sacrifices" (January 20-February 12, 2012); two free public open houses on February 12 and 20 featuring programming at the Theatre and the Center including tours, author discussions, performances of the Society's "Tales of the Lincoln," "One Destiny and "Papa Day," special Civil War-era music performed by the Washington Revels and on-site workshops with the Ford's Theatre Society Education Department.

Housed in a building directly across the street from



Ford's Theatre and acquired by the Ford's Theatre Society in 2007, the Center features two floors of permanent exhibits addressing the immediate aftermath of Lincoln's death and the evolution of Lincoln's legacy; a Leadership Gallery floor to be used for rotating exhibits, lecture and reception space; and two floors of education studios to house pre- and post-visit workshops, after-school programs and teacher professional development; and a distance-learning lab outfitted with state-of-the-art technology that will allow Ford's to engage students and teachers nationwide and around the world.

"For more than 40 years,

visitors have traveled to Ford's Theatre from all over the world, eager to learn more about Abraham Lincoln and his presidency," said Ford's Theatre Director Paul R. Tetreault. "Now, with the addition of the Center for Education and Leadership, learners of all ages can delve deeper into our compelling American history through new exhibits, engaging videos and creative programming offered by the Ford's Theatre Society Education Department. We are thrilled to usher in this new chapter in the history of Ford's Theatre and to showcase how Lincoln's leadership and legacy resonates in our world today."

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OF THE MONTH



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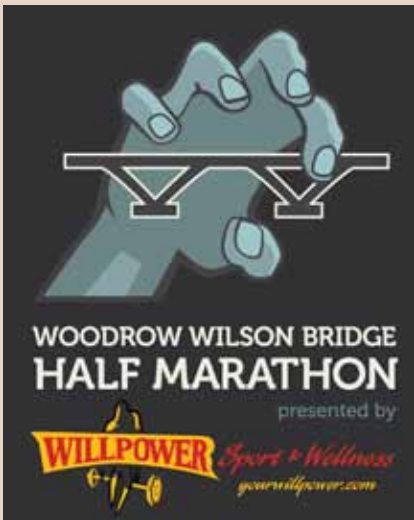
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Team USA Arizona Receives Grant from Woodrow Wilson Bridge Half Marathon

Partnership Between Professional Race and Elite Athletes Highlighted

Team USA Arizona, an emerging elite distance runner training camp in Flagstaff, received the first annual grant from the Woodrow Wilson Bridge Half Marathon presented by WillPower Sport & Wellness on December 13, 2011.



The 13.1-mile race from Mount Vernon, Va., to National Harbor, Md., earlier this year pledged \$1 per entry at the October 2 race toward a training camp dedicated to grooming Olympic and World Championship distance runners. In addition,

race organizers offered American-only prize money and a \$1,300 bonus for any American qualifying for the U.S. Olympic Marathon trials next month in Houston.

Team USA Arizona sent two aspiring elite American distance runners – Jordan Horn and Danny Mercado – of the four who qualified for the Olympic trials at the Woodrow Wilson Bridge Half Marathon.

“When you really analyze the sport, there are just a few Ryan Hall’s and Meb Keflezighi’s in distance running who can focus solely on running and not working other jobs to support themselves,” Event Director Steve Nearman said. “Our sport is so hampered by this, which is a huge barrier of entry into the profession of elite distance runner. You don’t see the thousands of professional Baseball, Hockey, Basketball and Football players working second jobs to afford being a professional athlete.

“What I am trying to achieve is a partnership between race and training camp. So often, your invited top athlete(s) get injured and withdraw during the week or two before the race. In our approach, Team USA Arizona sent their healthy, race-ready professionals to our race and they both benefitted greatly. While professional teams have contracts with their players, our sport does not, except for appearance money for a very few who already have made it in our sport and have sponsors. Our partnership comes closer to the major sports model, with race directors committing money to the training camps which send them competitive athletes who then enhance their races. We totally support the efforts of Team USA Arizona and are excited and proud to have some horses in the Olympic Marathon trials race.”

As well, Nearman donated \$3,668 to the 12-member Team USA Arizona on behalf of his 3,668 registrants to continue to groom competitive American distance professionals.

“We are honored to receive this donation from Steve, Tracy McMillan, Board President, Team USA Arizona, said. When he announced his commitment to U.S. distance running of \$1 per race entry from the Woodrow Wilson Bridge Half Marathon, we ourselves committed to sending athletes to his race to support his dedication to the sport and the growth of athletes like Jordan Horn and Danny Mercado.

“Jordan and Danny came away from the race with Olympic Marathon Trials qualifying times, a qualifying time financial bonus that Steve also provided at his event, and a great experience at a premier race. We thank Steve and everyone at the Woodrow Wilson Bridge Half Marathon for their generosity and we look forward to working together in support of U.S. distance running.”

For more information, see www.wilsonbridgehalf.com or www.teamusaarizona.org



Old Dominion Boat Club today.

PHOTO BY JIM T. BROWN



Early photo when the new building was erected in 1923.

COURTESY PHOTO



1924 four-oared gig crew with new ODBC rowing uniforms - L to R: Benny Minor, Tom Hulfish, Park Bell, Happy Whitten.

CHUCK

Alexandria Waterfront Battle – Nothing New

BY CHUCK HAGEE

As the controversial Alexandria Waterfront Plan continues to percolate, one of the most volatile elements of that plan continues to hold its ground -- to the consternation of some and the pleasure of others. It is the Old Dominion Boat Club, located at the foot of King Street on the Potomac River since 1923 after acquiring the site in 1921. The club was formally organized in September 1880 and established its first headquarters on May 1, 1881.

As part of the City's efforts to create a so-called pedestrian waterfront, there have been suggestions and legal attempts to remove ODBC from its present location or, at the very least, to acquire its private parking lot immediately south of the clubhouse. That possibility remains on the table.

The original clubhouse site was on The Strand between Prince and Duke Streets. According to Deed Book #9, the property was leased for "\$50 per year for a period of five years."

It was then purchased by the club on August 28, 1883, "and served as the clubhouse until it was destroyed by fire on the morning of March 21, 1922." ODBC's fire was preceded by another on the Alexandria waterfront that same night.

That other fire engulfed the Old Alexandria Washington Ferry Company building at 1 King St. Ironically, it was that very building that ODBC was planning to utilize as their new headquarters

following its purchase by the club in May of 1921.

During the ODBC fire that night, "all boats and shells were destroyed, and \$16,000 in damage occurred," according to the club's history. Although arson was expected in both cases, no one was ever caught and charged. There was speculation that the fires were in retaliation for the boat club's refusal to allow bootleggers to use their facilities to bring whiskey from Maryland to Virginia.

However, this did not deter the ODBC membership from going forward with their plans for the new headquarters. Construction of the new facility commenced January 1923 and the first membership meeting was held in the new structure on June 12, 1923.

At that time the club had a membership of only 75. Now their rolls stand in excess of 700. In addition to a who's who of Alexandrians, the membership has included a number of national notables including the late Arthur Godfrey, Virginia Governor Westmoreland, and an array of members of Congress.

ODBC was founded not only as a boat club, but also as a physical fitness club. It held its first regatta on the Potomac in 1885 and launched Alexandria's high school rowing club in 1947. The T.C. Williams rowing team operated from the ODBC before they had their own boat-house and the school officially inaugurated rowing in 1971, according to ODBC records.

But, ODBC is not just about boating,

it is heavily involved in both charitable causes and community services as well as athletics and water related activities. From the 1920's through the 1940's the club had its own competitive basketball team which is captured in photos on the club's walls.

Throughout the years its charitable and civic involvements have included:

Providing "needed infrastructure" for security forces in the use of docks and boat ramps as well as for fire and rescue personnel

A long history of sponsoring Salvation Army Christmas Bell Ringing

A program for special needs children
Donations to the Susan G. Komen Breast Cancer Foundation, Make A Wish Foundation of Virginia, and the Virginia 9/11 Fund

The parking lot, immediately adjacent to the south side of the clubhouse, used as a boat launch site by members and periodically by the Alexandria Fire Department, was purchased by the club in 1935 from the widow of Fred Wagar for \$2,000. It is this piece of land that has been the primary source of contention between ODBC and the City.

In order to protect this property in a legal battle a fee assessment was "put upon each member to help defray costs of land contention with the City," according to ODBC records.

A 1979 historical entry reads, "City of Alexandria takes over Club property on south side from Strand to the river even though it was the Club which decades

ago filled in the open water area of the old ferry slip which terminated at The Strand. City had too much clout for the Club to combat."

But, the City was also in a contest with the Federal Government, through the National Park Service, which proposed taking over the entire waterfront as a continuation of the George Washington Memorial Parkway. This would have eliminated all waterfront development and removed it from City control.

In order to prevent this, the City agreed to create the Board of Architectural Review based on the Charleston, SC, model. The U.S. Park Service, in turn, agreed to accept Washington Street as a George Washington Memorial Parkway link with certain conditions giving it a say in future development along the length of Washington Street. ODBC also reclaimed control of its property on The Strand to Wales Alley.

That control is maintained by The Strand being closed one night each year with the City's blessing. ODBC members remain on the site overnight to reaffirm their ownership and satisfy legal requirements.

Although, the removal of the ODBC headquarters building is not presently in contention as part of the present Waterfront Plan chess game, the parking lot/boat launch remains in the City's acquisition crosshairs. Proving once again, Alexandria history is never static.

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BY MARCUS FISK

The Forgotten War

The War of 1812 barely registers a ‘hmmmm’ from the general public. This often overlooked conflict, much like the Korean War between World War II and Vietnam, was wedged inconspicuously between the American Revolution and the Civil War when we decided we wanted to duke it out with Great Britain again rather than against France, Denmark, Spain, or the Netherlands. Nearly all of Europe was at war in 1812 and during the years leading up to it, and as usual, we were mired-down in political debates over trade embargoes and tariffs.

Since we couldn’t decide what was better -- embargoes or no embargoes – the British wanted to stick it to us for winning the American Revolution and cut off our commerce right where it hurts us the most – our sea trade.

They were pretty cagy about it. Rather than trying to beat us in the marketplace, British ships were busy trying to nail Napoleon rather than protect their commercial ships, so instead they tried to interfere with our merchantmen by “impressing” our Sailors.

The Royal Navy at that time was the biggest kid on the block and the whole world was impressed by His Majesty’s Navy. But impressing Sailors didn’t mean back in the early 19th Century what it means today. British impressment of Sailors was when a Royal Navy ship came alongside an American merchant ship, told our ship to stop, then boarded us and took over the crew to see if any of our guys could have really been one of their Sailors who had jumped ship and come over to our side. Back then the Royal Navy was a pretty harsh life and even in the best of times a Sailor could be at sea on the same ship and enduring the lash without see-



Early 19th century American Naval officer Thomas MacDonough (1783-1825) was a leader of the famous “Preble’s Boys” who gained acclaim during the War of 1812.

COURTESY PHOTO

ing Jolly Olde England for years. We were a new country with a lot of former British speaking folks, so anyone with an English, Irish, Welsh, Scots or whatever accent would be suspect of having been a deserter from the Royal Navy. Add to the fact that our merchant Sailors were doing pretty brisk business at that time and British commerce was sucking wind, you can see why some of His Majesty’s Sailors might want to come over to our side.

After a few years of exchanging nasty notes between Congress and Parliament over several international ‘incidents’ where ships were destroyed, Sailors killed, and many others just taken off our ships at gun-point, the ‘war hawks’ in Congress had had enough. They told President Madison he needed to get hot and declare war – or else. Just like today in Congress, money was tight, nobody liked the party that occupied the White House, the businessmen were bent out of shape because Britain was interfering with their profits, so Congress was going to show His Majesty just who was who!

President Madison signed a declaration of war and was au-



thorized to call up a militia of 100,000 men. Unfortunately we only had 6,700 soldiers at the time and our entire Navy consisted of a whopping 18 ships. So, off we went to war in September 1812 with Army Recruiters biting their nails and one – that’s right – one – shipyard trying to build an entire Navy.

The British figured out what we were up to and blockaded the United States from New York to New Orleans. The War of 1812 seemed to only provide a few victories at sea with a group of hot-shot officers known as ‘Preble’s Boys.’ They were media sensations as they fought ships their own size but mostly larger for three years off our shores, off Great Britain’s, in the West Indies, and even off the coast of South America. We even created our own freshwater Navy under the command of Commodore Oliver Hazard Perry and his ships harassed British and Canadian shipping on the Great Lakes. His “Don’t Give Up The Ship” flag flew over his flotilla during the Battle of Lake Erie in September 1813 and it hangs in memorial Hall at the U.S. Naval Academy today.

We didn’t really know how bad it was for us until the British landed an army of 4,000 troops, 30 transports and 20



Perry’s battle flag was blue with white letters on muslin and today hangs in the Memorial Hall at the U.S. Naval Academy.

COURTESY PHOTO

warships up the Chesapeake Bay and the Patuxent River. We were outnumbered ten-to-one and when British General Robert Ross had his small army march into Washington DC and set fire to the Capitol and the White House, the Madison’s skedaddled out of town. The British had such a terrific time in Washington DC that they decided to move towards Baltimore and enjoy the sights there, too.

Another famous flag of the War of 1812 hangs in the Museum of American History in Washington DC. The ‘Star Spangled Banner’ is the very same flag that Francis Scott Key saw flying over Ft. McHenry in Baltimore when the British attacked the city in September 1814. Key witnessed the rockets red glare and was so moved by what he saw he wrote what

would become our National Anthem. Like Perry’s flag, this is another ‘must-see’ flag of the forgotten war.

What’s ironic about the ‘War of 1812 (13, 14 and technically 15, too)’ is that the British devoted relatively few military resources to the war due to their preoccupation with the French and we frustrated them so much that they basically ran out of gas. They signed the Treaty of Ghent on December 24, 1814 to return to the status quo ante bellum (as things were before the war). Being typical military men, however, some failed to get the memo, so Captain Stephen Decatur, while attempting to elude the British blockade in New York, was captured onboard the frigate President in January 1815.

But perhaps the most famous, ill-informed actor was General Andrew Jackson who kept on fighting until the British surrendered at the Battle of New Orleans also in January. This could have been embarrassing to Jackson, winning a battle after the peace treaty was signed, but nobody had told the British either. Seems that didn’t hurt Jackson’s bid for the White House at all.

The point of all this is that this year marks the 200th anniversary of the War of 1812 (through 15). Hopefully, we will open our eyes and try to soak in some of the major events that nearly sank our fledgling nation. And a lot of it happened right in our own neighborhood.

Marcus Fisk is a retired Navy Captain, Naval Academy graduate, sometime actor, sculptor, pick-up soccer player, and playwright. He and his wife Pamela live in Alexandria.



Flanked by Senator Mark Warner, and Representative Gerry Connolly, Representative Jim Moran details the Congressional Language used to restrict the parking at the Mark Center and help mitigate traffic congestion on I-395.

PHOTO BY HARRT MERRIT

New Parking Requirements for Mark Center approved by Congress

Representatives Jim Moran and Gerry Connolly, along with Senator Mark Warner announced in the Senate congressional language a cap on parking spaces at the Mark Center and that the adoption of the Inspector General’s most recent recommendations will be incorporated into the fiscal year 2012 Ominibus Appropriations Bill.

Tying this specific language to the funding of the Mark Center requires the Army to implement these goals. The Mark Center is

slated to accommodate 6,400 employees. Congressional language will restrict parking to 2,000 spaces at the Mark Center, encouraging employees to telework, stagger schedules and use shuttles to alleviate congestion. Recognizing a “flawed” analysis was used in the initial study, funding to fix the traffic flow on Interstate 395 and the Seminary Road ramps will be studied over the next two to four years.

At this meeting, Representative Moran acknowledged, “The

parking cap is a long -ought victory for Northern Virginia commuters, employees at the Mark Center and nearby residents. We cannot stop the Defense Department from fully occupying the building, but we now have assurance they will do so in a way that will mitigate the projected gridlock on I-395...This success would not have been possible without the efforts of Congressmen Hal Rogers, Norm Dicks, John Culberson and Sanford Bishop.”

Alexandria City Council Approves Retail and Housing Project in Arlandria

On December 17, 2011, The Alexandria City Council voted 6-1 to approve a plan, consistent with the Action Plan adopted in 2003 for the Arlandria neighborhood, for redevelopment of the Mt. Vernon Village Center located on the 3800 block of Mt. Vernon Avenue in Arlandria. The current retail structures will be replaced with two multi-family residential buildings, which will be constructed in two phases. The buildings will provide 450 new workforce affordable apartments, with an additional 28 units designated for lower-income affordable housing for a 30-year period. This new development will not replace or reduce any of the existing affordable housing units in the community. In making its decision, City Council expressed its continued commitment to increasing affordable housing in Alexandria.

“Alexandria has been working hard to create more dedicated affordable housing

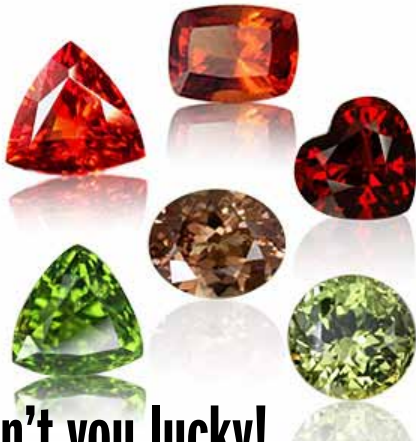
units, so it was important to lock in these 28 lower-income, new affordable housing units for this neighborhood,” said Alexandria Mayor William D. Euille.

Each building will have six floors, with retail space on the first level, and residential units on the upper floors. The redevelopment will maintain more than 50,000 square feet of retail along Mt. Vernon Avenue, with plans to keep the two anchor stores, MOM’s Organic Market and CVS Pharmacy, in place. Through a combination of two levels of underground parking and screened ground-level spaces within each building, 940 spaces will be provided for residents and shoppers.

Developers for the project will make significant streetscape improvements, including street trees and sidewalk widening along Mt. Vernon Avenue and Bruce Street and a landscaped pedestrian promenade along

▼ See ARLANDRIA on page 20

G E M S T O N E S



Born in January...aren’t you lucky!

The birthstone for January is the garnet. Garnets are most typically a shade of red, red-orange, red-brown, or red-purple...but the rarest garnets are blue and green. There are two varieties of green garnet. One is called demantoid garnet, and is primarily found in Russia; while the other green garnet is called tsavorite garnet and was discovered by a Scottish gemologist in Kenya by the name of Campbell Bridges. Campbell Bridges also discovered the mineral zoisite, which goes by the more popular name of tanzanite, since it was discovered in Tanzania.

Garnet received its name from the Latin word granatum, which is Latin for pomegranate. Garnet was so named because when early scientists discovered garnet crystals in rock, it reminded them of pomegranate seeds. Garnets occur in all colors of the rainbow, not just red, as you may commonly think. The rarest color for garnet is blue, and these garnets were discovered in Bekily, Madagascar in the late 1990s. Blue garnet is also found in parts of the United States, as well as in Turkey and Russia. The blue garnet is a color-change stone which

changes in color from blue-green in natural daylight, to purple in incandescent light. This color change is caused by relatively high levels of vanadium.

There are some other varieties of garnets which exhibit a color change. In natural daylight, their color can range from shades of beige, green, gray, brown and blue; but in incandescent light, these garnets exhibit a reddish or purplish-pink color. Due to this color changing phenomenon, this type of garnet is frequently mistaken for an Alexandrite, which is a far more expensive gemstone with a much higher hardness factor. On the Mohs scale of hardness, with diamond rating a 10, and ruby, sapphire and alexandrite rating a 9, garnets only have a hardness factor of 6.5 to 7.5.

Garnets range in translucency from a gemstone quality level which is free of inclusions to the naked eye, to an opaque variety which is commonly used for industrial purposes, such as abrasive sandpaper. The luster of a garnet ranges from being glass-like or vitreous to being amber-like or resinous. Most garnets in the red color ranges

▼ See GEMSTONES on page 23

A S K T H E A T T O R N E Y



When do you get to argue your case in front of a Jury?

Within the last couple months, I have been sharing the basics of small claims court and general district court, which in Virginia are known as courts “not of record”. In essence, this means you do not have a government-provided court reporter to record the proceedings. However, in these lower courts, you can bring a court reporter at “your” own cost. The obvious benefit to do so would be to have a record if the case was appealed to the next level, the circuit court. At least if anyone changed their testimony, you would have a record of it. This is not true in every state, but it is our Virginia system. The exception regarding Virginia and their court reporting (who pays for it), is in a criminal proceeding in circuit court, which lucky or unlucky for you, at which point, the state does indeed flip the bill.

So here you are: you’ve lost your case in general district court, and you’re not giving up. You appeal to the circuit

court. There is a circuit court in each city and county in Virginia. The circuit court is the trial court with the broadest powers in Virginia. It shares authority with the general district court to hear matters involving claims between \$4,500 and \$25,000, and the circuit court has the authority to hear serious criminal cases called felonies.

The circuit court also handles family matters, including divorce. In addition, the circuit court hears cases appealed from juvenile and domestic relations district court.

So, it’s the big-time fellas when you land in circuit court, and that is where we actually litigate “serious” matters. Like I mentioned last month, you can appeal your decision in general district court, with no officially court-reported record, and still not like the decision you get on appeal there. You can do it all over again in circuit court, and hope for a better result. In fact, if in a criminal case you plead guilty, you can appeal your case and plead “not guilty” in the circuit court, and even have a jury trial.

Generally speaking, this is where the excitement takes place. This is why some folks go to law school: it is the chance to get up in front of a jury and

▼ See ATTOTNEY on page 23

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MATCH GAME

Meryl Streep:
Not Just Sophie's Choice



BY HOLLY BURNETT

With the awards season upon us, the **Zebra** staff is placing bets that Meryl Streep will become a cinematic Secretariat and take home the film industry's Best Actress Triple Crown – the Golden Globe (January 15), the Screen Actors Guild (January 29) and the Academy Award (February 26) – for her brilliant portrayal of British Prime Minister Margaret Thatcher in *The Iron Lady*. Born in 1949, her talent for thoroughly embodying a character has trumped the age card, breaking box office records in such recent roles as Julia Child in *Julie & Julia* and Jane in *It's Complicated*. Recently awarded a 2011 Kennedy Center Honors for her vast body of work, and with 16 Oscar nominations and two wins under her belt, she is considered by many to be the greatest American actress of our time. And **Zebra** agrees. So see if you can match some of her most memorable screen characters with their corresponding films. Correct answers will be revealed in our February issue. Enjoy the game!

Sister Aloysius Beauvier	The Devil Wears Prada
Eleanor Shaw	The River Wild
Clarissa Vaughan	Postcards from the Edge
Miranda Priestly	A Cry in the Dark
Karen Traynor	The Bridges of Madison County
Suzanne Vale	The Seduction of Joe Tynan
Madeline Ashton	The Hours
Francesca Johnson	Doubt
Lindy Chamberlain	The Manchurian Candidate (2004)
Gail Hartman	Death Becomes Her

December Match Game Answers:
Macaulay Connor/*The Philadelphia Story*; Lt. Col. Robert 'Dutch' Holland/*Strategic Air Command*; Elwood P. Dowd/*Harvey*; Charles Augustus 'Slim' Lindbergh/*The Spirit of St. Louis*; Theodore Honey/*No Highway in the Sky*; John 'Scottie' Ferguson/*Vertigo*; Buttons/*The Greatest Show on Earth*; Ransom Stoddard/*The Man Who Shot Liberty Valance*; L.B. 'Jeff' Jefferies/*Rear Window*; Frank Towns/*The Flight of the Phoenix*.

Q U O T A B L E :

“Be who you are and say what you feel because those who mind don't matter and those who matter don't mind.”
~Dr. Seuss

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8 Eric Johnson Electric Band 7:30pm \$35.00	9 	10 TBA	11 	12 	13 Eddie From Ohio w/ Dan Navarro w/ Jake Armerding 7:30pm \$35.00	14	
15 Eddie From Ohio w/ Native Run (ex-Deep River) 7:30pm \$35.00	16 An Evening with Stephanie Mills 7:30pm \$69.50	17 TBA	18 TBA	19 In the Bandstand! Robert Earl Keen w/ Deep Dark Woods (All Standing, Doors 6pm) 7:30pm \$39.50	20 Ronnie Laws & Tom Browne 7:30pm \$29.50	21 Cheryl Wheeler w/ Peyton Tochtermann 7:30pm \$29.50	
22 	23 TBA	24 	25 Aimee Mann w/ John Roderick 7:30pm \$49.50	26 MAYSA 7:30pm \$45.00	27 Iris Dement w/ Pieta Brown 7:30pm \$35.00	28 Charles Ross' ONE MAN LORD OF THE RINGS 7:30pm \$35.00	
29 Stephane Wrembel & His Django A Go-Go Festival! 7:30pm \$29.50	30 	31 MARC BROUSSARD "La Route au Mardi Gras" w/ SUGAR + the Hi-lows 7:30pm \$35.00	February 1	February 2	February 3	February 4	
The Birchmere Presents DAVID GARRETT In Concert Friday February 3, 8pm At GW's Lerner Auditorium, 21st & H St. NW Washington, DC Tickets on sale now through Ticketmaster! (800) 745-3000, www.ticketmaster.com, and Lerner Box Office. The Lerner Box Office is open Tuesday-Friday, 11am - 5pm.				Steep Canyon Rangers w/ Shannon Whitworth 7:30pm \$25.00			Suzanne Westenhoefer 7:30pm \$45.00



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Announcing Alexandria's 2012 Living Legends

Living Legends of Alexandria announced the selection of the Legends of 2012: Robert Calhoun, Al Grande, Harry "Bud" Hart, Wendy John, Bill Kehoe, Allen Lomax, Jimmie McClellan, Pat Miller, Michael Oliver, Lillian Patterson, Joe Shumard, the Steuerle Family and the team of Dorothy Turner and Gwen Menefee-Smith.

Director Nina Tisara said the Board is proud to add these names to the roster of 124 individuals and teams who have been chronicled in the 5-year history of Living Legends.

"Some have been concerned that we will run out of qualified nominees. Maybe one day, but this has not been our experience. There were a large number of excellent nominees this year and the selection process was especially difficult. Additionally, our town has lost a number of folks this year who met the Legend criteria but were never nominated."

Also nominated this year were Duncan Blair, Suzanne Brock, Diane Charles, the team of Elizabeth Chimento and Paul Hertel, Bernard Cohen, Brooke Curran, Allison Cryor DiNardo, Michael Hadeed, James Henson, Lori and Nigel Morris, Patrick O'Brien, William Rivers, James Singer-

ling and the team of Fay Slotnick and Joyce Woodson.

"It is often said that it is an honor to be nominated," said Tisara. "This is particularly true of Living Legends of Alexandria. Each of the nominees will be introduced and honored at the "Meet the Legends" reception on March 22 at the Patent and Trademark Office. A photograph and profile of each nominee will be published in the "Meet the Legends" catalog that is donated to the Alexandria Library, collected by the Library of Virginia in Richmond.

Now beginning its sixth year, Living Legends of Alexandria is an ongoing 501(c)(3) photo-documentary project to identify, honor and chronicle Alexandria's Living Legends. The project was conceived by Tisara to create an enduring artistic record of the people whose vision and dedication make a positive, tangible difference to the quality of life in Alexandria. The 2012 Legend profiles will begin being published in January.

For information about ways you can be part of the project, sponsorship opportunities and/or a list of past Legends, visit www.AlexandriaLegends.com or email AlexandriaLegends@ninatisara.com.



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January 13-22, 2012

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56 RESTAURANTS WITH \$35 MENUS!

BY MARY WADLAND



Certainly there are those restaurants you have heard about and wondered if you would like, but were maybe afraid to make a large commitment to a hefty dinner check, just on a whim. Well, now is the time to take advantage of the price breaks and indulge your foodie curiosities by hitting as many of Alexandria's participating restaurants as you can this January during Winter restaurant Week, January 13 - 22, 2012.

59 restaurants throughout the city will feature a \$35 prix-fixe three-course dinner or \$35 dinner for two. Savor the flavors of Alexandria's distinctive collection of eateries, from fine dining establishments to casual neighborhood favorites, with special offers available exclusively during this event.

Restaurant Week menus and online reservations are available on VisitAlexandriaVA.com. Food lovers can feast their eyes on the full list of participants, which includes OpenTable Diners' Choice Winners La Bergerie, A la Lucia, Tempo, the Grille at Morrison House, and the Wharf, plus restaurants from Washingtonian 'Best' lists, including Cheesetique, Bastille, Jackson 20, and Grape + Bean.

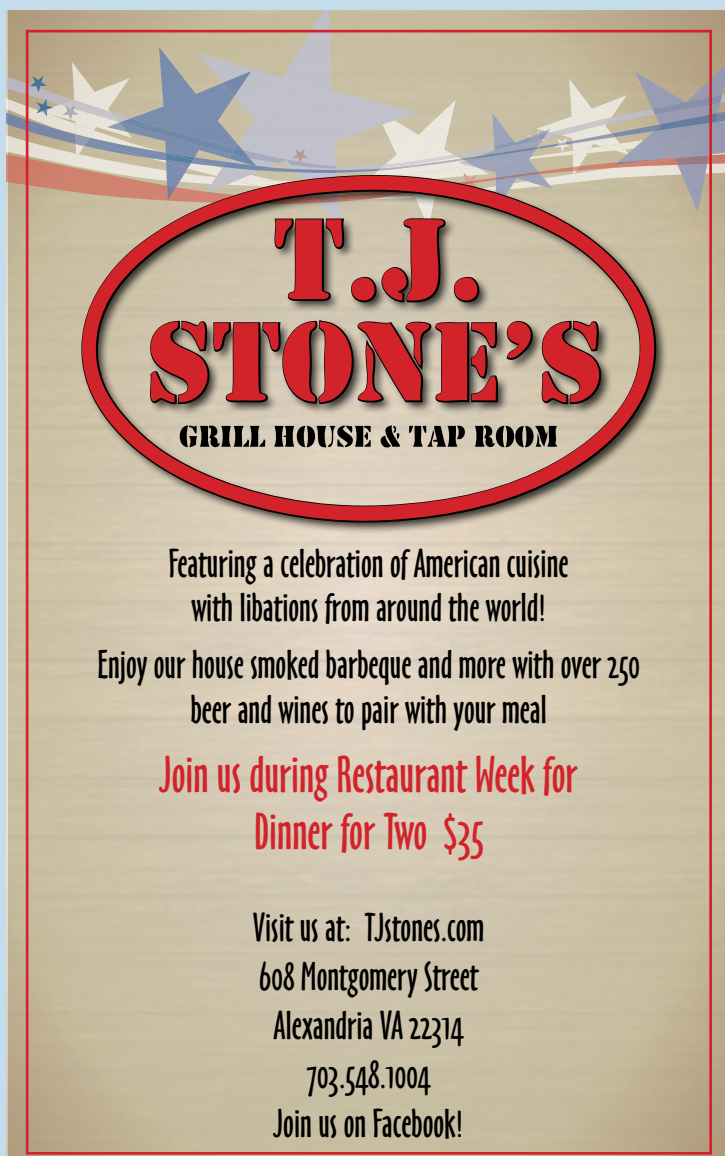
Participating Restaurants

\$35 Three-Course Prix Fixe Dinner

A la Lucia
Bastille
Bilbo Baggins Restaurant
Bistro at First
The Carlyle Club
Chart House Restaurant
Columbia Firehouse
DC Metro Food Tours
Delia's Mediterranean Grill & Brick Oven Pizza
Finn & Porter Alexandria
Gadsby's Tavern Restaurant
Geranio Ristorante
GRAPE + BEAN
The Grille at Morrison House
Jackson 20
Joe Theismann's
La Bergerie
La Strada
La Tasca
Laporta's Restaurant
The Majestic
Medieval Madness
The Mount Vernon Inn Restaurant
Nina's Dandy Restaurant Cruises
Phillips Flagship
Railstop Gastropub
RT's Restaurant
Tempo Restaurant
Two Nineteen Restaurant
The Warehouse Bar & Grill
The Wharf
Virtue Feed & Grain

\$35 Dinner for Two

Bugsy's Pizza Restaurant & Sports Bar
Chakra Cafe
Chadwicks Old Town
Cheesetique
Duke's Bar & Grill
Faccia Luna Pizzeria
FireFlies
Fontaine Caffè & Creperie
Jamieson Grill
King Street Blues
The Light Horse
Mango Mike's
Monroe's, An American Trattoria
Murphy's Irish Pub
Overwood
Pizzeria Paradiso
Pizzaria Venti
Ramparts Tavern & Grill
Red, Hot & Blue Kingstowne
RedRocks Pizza Napoletana
Savios Restaurant
Sapore D' Italia
Seagar's Restaurant & Lounge
Shooter McGee's
Southside 815
T. J. Stone's
Villa Di Este Restaurant

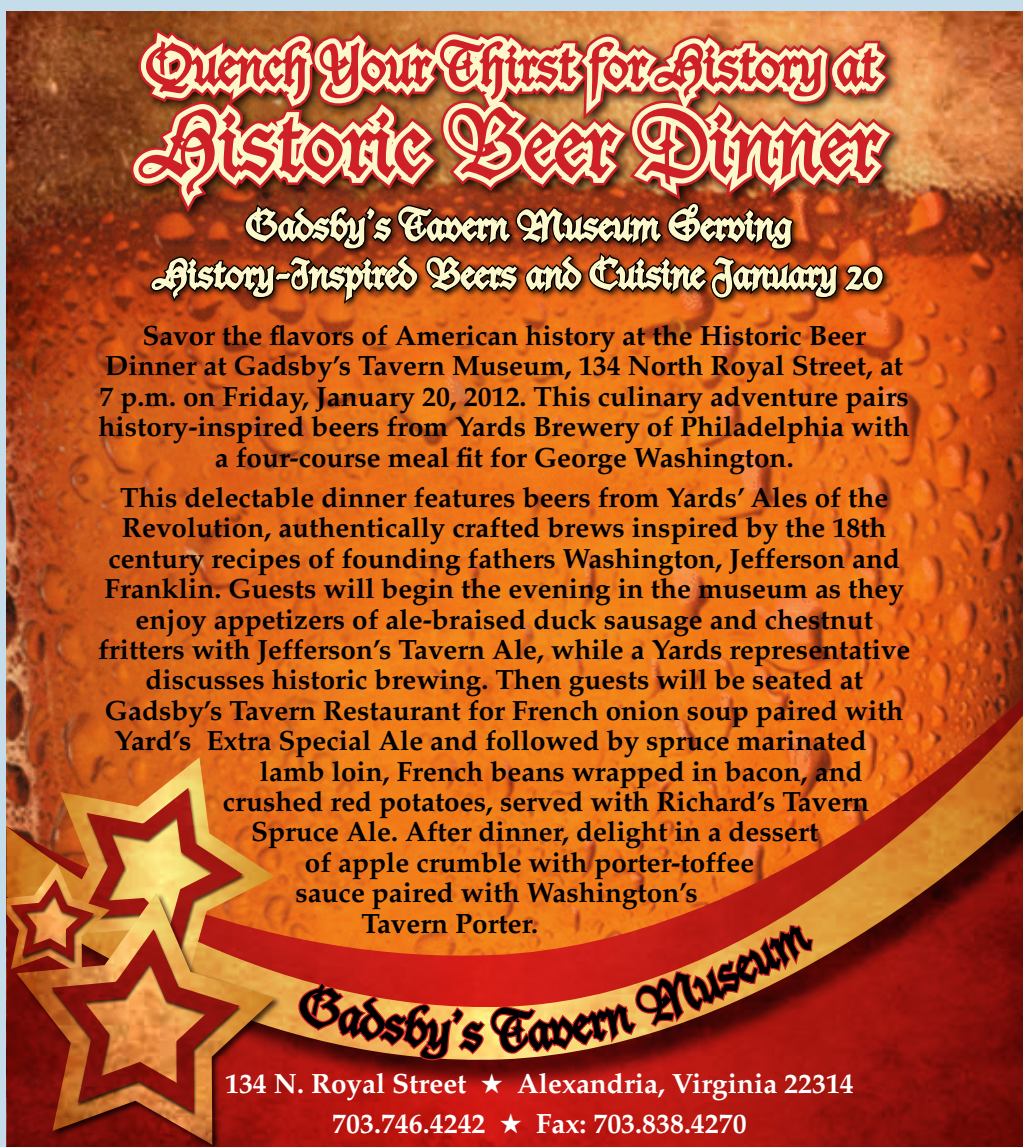
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Gadsby's Tavern Museum Serving
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Savor the flavors of American history at the Historic Beer
Dinner at Gadsby's Tavern Museum, 134 North Royal Street, at
7 p.m. on Friday, January 20, 2012. This culinary adventure pairs
history-inspired beers from Yards Brewery of Philadelphia with
a four-course meal fit for George Washington.

This delectable dinner features beers from Yards' Ales of the
Revolution, authentically crafted brews inspired by the 18th
century recipes of founding fathers Washington, Jefferson and
Franklin. Guests will begin the evening in the museum as they
enjoy appetizers of ale-braised duck sausage and chestnut
fritters with Jefferson's Tavern Ale, while a Yards representative
discusses historic brewing. Then guests will be seated at
Gadsby's Tavern Restaurant for French onion soup paired with
Yard's Extra Special Ale and followed by spruce marinated
lamb loin, French beans wrapped in bacon, and
crushed red potatoes, served with Richard's Tavern
Spruce Ale. After dinner, delight in a dessert
of apple crumble with porter-toffee
sauce paired with Washington's
Tavern Porter.

Gadsby's Tavern Museum
134 N. Royal Street ★ Alexandria, Virginia 22314
703.746.4242 ★ Fax: 703.838.4270

Restaurants by the Numbers

- **\$1.7 Billion** Restaurant-industry sales on a typical day in 2011.
- **47** Percent of adults who said they would be likely to patronize a mobile truck parked near their home or office if it was offered by one of their favorite restaurants.
- **47** Percent of adults who said they would be likely to utilize an option of delivery directly to their home or office if offered by a fullservice restaurant.
- **37** Percent of adults who agreed that purchasing meals from restaurants, take-out and delivery places makes them more productive in their day-to-day life.
- **29** Percent of adults who said they would be likely to place an order using a mobile phone application if it was offered by a quickservice restaurant.
- **71** Percent of adults who said they are trying to eat healthier now at restaurants than they did two years ago.
- **\$2,619** Average household expenditure for food away from home in 2009.
- **\$79,623** Sales per full-time-equivalent non-supervisory employee at eating-and-drinking places in 2009.
- **74** Percent of adults who agree that going out to a restaurant with family and/or friends gives them an opportunity to socialize and is a better way for them to make use of their leisure time rather than cooking and cleaning up.
- **69** Percent of adults who said they are more likely to visit a restaurant that offers locally-produced food items.
- **57** Percent of adults who said they are more likely to visit a restaurant that offers food that was grown or raised in an organic or environmentally-friendly way.
- **52** Percent of adults who said they are likely to make a restaurant choice based on how much a restaurant supports charitable activities and the local community.



Alexandria restaurant week

RESTAURANT WEEK 2012 DINNER MENU \$35.12

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Dijon Vinaigrette

Or
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Roasted Beets and Goat Cheese
Napoleon with a Sherry Walnut
Vinaigrette

Or
Le Boudin Blanc aux Pommes
Caramelisées et Calvados
Chicken and Pork Belly Sausage with
Caramelized Apple and a Calvados Sauce

Or
Fruits de Mer au Gratin
Bay Scallops, Baby Shrimp and Mussels
with a Béchamel Mushroom Sauce

Or
Les Escargots aux Persil, Ail et Beurre
Snails with a Parsley, Garlic Butter
Sauce

Filet de Saumon sur de la Polenta de
Champignons et sa Sauce aux Pignons
Fillet of Salmon with Mushroom Polenta
and a Pinenut Sauce

Or
Filet de Merlu sur un Lit d'Haricots
Blancs et une Sauce de Poivrons Rouges
Sautéed Fillet of Hake served on White
Beans with a Red Bell Pepper Sauce

Or
Confit de Canard aux Graines de
Fenouil,
Pommes Saladaises et Sauce au Thym
Duck Leg Confit with Fennel Seeds,
Roasted Diced Potato and a Thyme Sauce

Or
Hachis Parmentier de Jarré d'Agneau
au Romarin
Braised Lamb Shank Sheppard's Pie
with a Rosemary Sauce

Or
Steak aux Poivre Noir
Black Angus 6 oz. Sirloin Steak with a
Green Peppercorn Sauce

La Crème Brûlée à la Vanille
Traditional Crème Brûlée

Or
Les Parfums de Sorbets
Choice of Homemade Sorbets

Or
Le Choix de Soufflé
Choice of Raspberry, Grand Marnier or
Hazelnut Soufflés

Or
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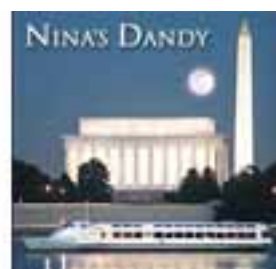
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nourishment,
not by way of
knowledge.”

— Rabbi Isaac the Blind



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A S K D R . K N A P P



Over one-half of all Americans report living with chronic or recurrent pain. Doctor of Chiropractic Robert Knapp reports that invasive procedures or potentially harmful drugs are not your only, nor even the best, pain relief choice.

Chronic or recurrent pain affects more than 75 million Americans, according to the National Pain Foundation. This figure equates to over one-half of all Americans. Additionally, chronic pain accounts for more than eighty percent of all doctor visits.

A recent study from The American Pain Society report, of those afflicted with chronic moderate to severe pain, fifty-six percent have suffered more than five years. And four out of ten frequent pain sufferers felt that their pain was out of control.

According to Dr. Knapp of Advanced Alexandria Chiropractic, “These findings tell us two things. First, an overwhelming number of people live with long-term, chronic pain. Second, their attempts at chronic pain management have been largely ineffectual.”

Dr. Knapp proposes perhaps it is time to approach this painful national epidemic from a different angle. Says Dr. Knapp, “In many cases, chiropractic care has been proven to provide long-term chronic pain relief.”

In fact, according to a chronic pain study reported in the Archives of Physical Medicine and Rehabilitation, chiropractic care is one of the treatments found to be most successful in effectively addressing chronic pain.

But what is the determining difference between acute pain and chronic pain?

Acute pain begins suddenly and is typically described as a sud-



den, sharp pain. Normally, acute pain is resolved within three to six months. Causes of acute pain are spinal vertebral fractures, broken bones, cuts, dental injury, and soft tissue injury.

Chronic pain lasts longer than six months, is persistent and sometimes severe. Chronic pain affects its victims not only physically but also emotionally, often leading to depression. Causes of chronic pain can include post-traumatic arthritis, degenerative disc disease, nerve dysfunction, unresolved injury including whiplash, and soft tissue injury.

Says Dr. Knapp, “The most common types of recurrent pain include chronic back pain, tension headaches, chronic abdominal pain, and chronic neck and shoulder pain.”

The impact of such debilitating chronic pain includes employee absenteeism, costing American businesses an estimated \$90 billion each year, and physical disability.

Indeed, people who suffer from chronic or recurrent pain are much less likely than non-sufferers to be satisfied with their lives overall. Such pain can interfere with one's mood, ability to work, ability to sleep, and even interfere with personal relationships.

While many sufferers of chronic pain resort to prescription or over-the-counter drugs,

these methods of pain treatment are short-term and often quite ineffective. Additionally, overwhelming evidence points to potentially harmful and even fatal adverse effects of many such drugs.

The British Medical Research Council has reported that the results of a ten-year study show chiropractic treatment to be far more successful than hospital outpatient management of chronic pain. The results of such chiropractic care were also found to be long-term. The British physicians who conducted this study have subsequently urged that chiropractic care be included in the British National Health Service.

As evidence supporting the efficacy of chiropractic care for the treatment of chronic pain continues to mount, one must wonder why the jury is still thought to be out on the best way to manage this type of debilitating pain. Particularly when chiropractic treatment has been shown to be an effective, non-invasive, and non-prescriptive way to achieve relief from chronic, long-term pain.

For more information regarding the treatment of chronic pain, whether from an auto accident or other injury, muscular or joint dysfunction or headache, contact Advanced Alexandria Chiropractic at (703)823-2201.

Dr. Robert Knapp constantly strives to improve and update his knowledge in the field of chiropractic medicine; he participates in advanced orthopedic post-graduate courses and numerous seminars across the country. If you have a question for Dr. Knapp, please email him at dr.knapp@aachiropractic.com or call his Alexandria office at 703-823-2201.

QUOTABLE :

“We are not put on this Earth to see through one another. We are put on this Earth to see one another through.”

~Gloria Vanderbilt, mother of CNN's Anderson Cooper

▲ ARLANDRIA from page 13

Four Mile Run Park. Two new bus shelters will be built, with each including a bench, lighting, and an electronic display featuring real-time bus information. The traffic signal at Russell Road will be replaced and crosswalks will be improved at the intersection. The project will be constructed to LEED Green Building standards and will include a public art element. A complete description of the project is available online at alexandriava.gov/53736.

For more information, contact Tony Castrilli at 703.888.7166 or tony.castrilli@alexandriava.gov.

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Christmas Attic Advent Artwork Auction

The Advent art work that graced the outside of Old Town's Christmas Attic store was recently auctioned, with proceeds going to the Make-A-Wish Foundation. The art work was made by various community schools, churches and local artists.

PHOTOS BY HARRY MERRITT



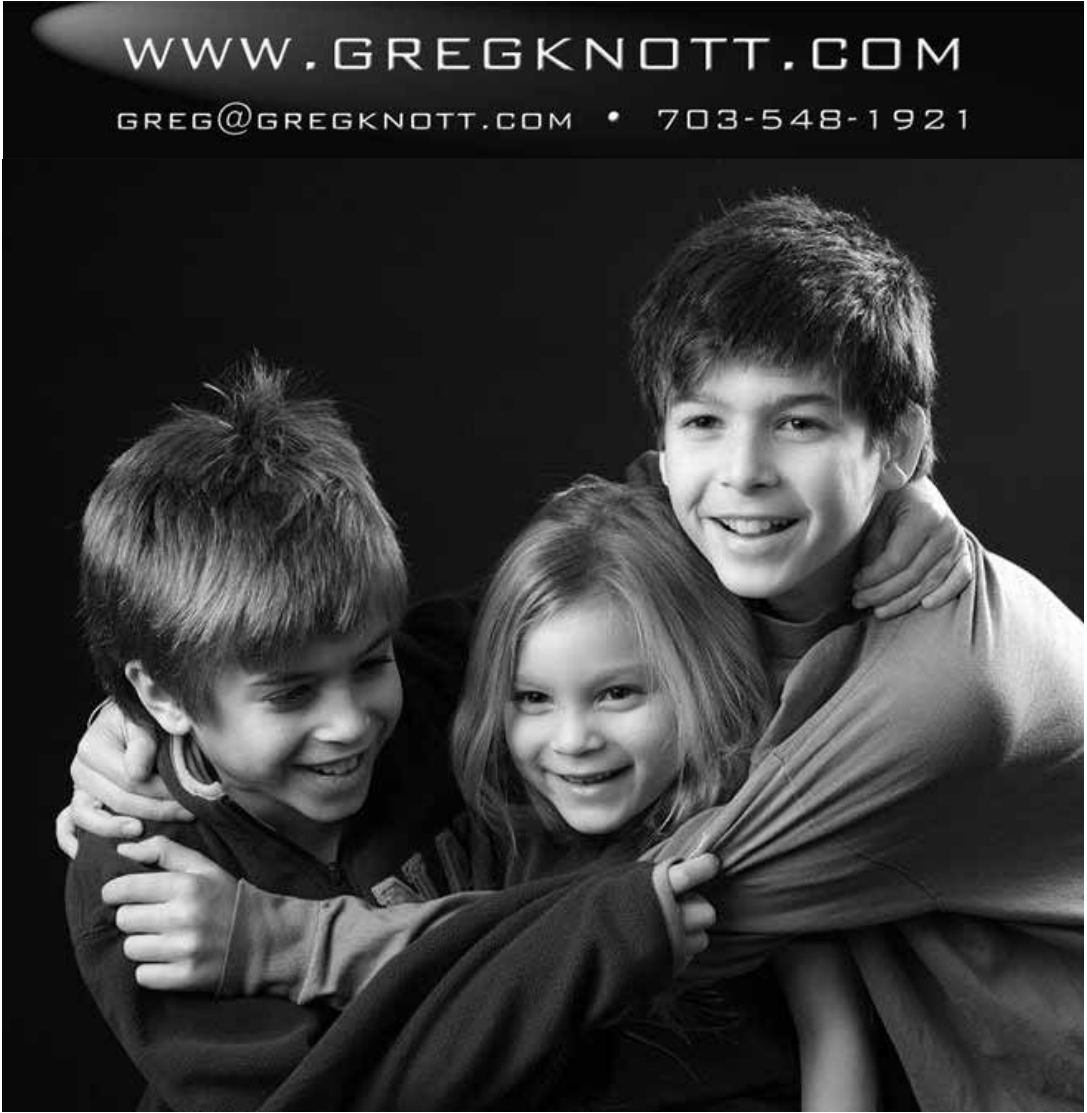
Fay Carter (Co-owner, Christmas Attic), Maura Harty, (CEO- Make-A-Wish-Foundation), Cheri Hennessey, (Co-owner Christmas Attic), and Mary Martinez (Regional Director, Make-A-Wish-Foundation) pose in front of Advent art work displayed for the auction.



Local artist Shelly Colliveer kneels in front of 2 of the 3 Advent art work pieces she prepared for the auction. The Gabriel painting is especially unique. She was inspired by an 18th-century stain glass window.



Jeff Dailey and Dennis Jacobs of Delaware place a bid on one of the pieces.



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Zebra's Favorite Chili

2 pounds ground beef (80/20 works well)
1 medium yellow or Vidalia onion, finely chopped
1 6-ounce can regular Hunt's® Tomato Paste
1 15-ounce can regular Hunt's® Tomato Sauce
3 Tablespoons Heinz® Ketchup
Approximately 2-3 Tablespoons (to taste) chili powder of choice
Approximately 1 Tablespoon (to taste) granulated sugar
1 large can/jar (approximately 9 ounces) regular sliced mushrooms of choice
1 28-ounce can regular Hunt's® Whole Tomatoes
1 medium can (approximately 15 ounces) light red kidney beans of choice
1 bag finely-shredded Sharp Cheddar cheese of choice
1 container sour cream of choice
1 bag regular FRITOS®

On medium heat, brown meat, and drain off excess fat. Add finely chopped onion, and cook until onion is translucent. Stir to blend. Add tomato paste, tomato sauce and ketchup. Stir to blend. Add chili powder and sugar in incremental amounts, going back and forth with each until you achieve a sweet, yet savory taste. The chili should not be spicy hot. (If you add too much of either, adding more of the other will counterbalance the taste.) Drain and add mushrooms. Stir gently to combine. Add whole tomatoes with juice (do not drain). Stir gently to combine, using a wooden spoon to break up the whole tomatoes. Drain and add kidney beans. Stir gently to combine. Taste to determine if more chili powder and/or sugar are needed. Let simmer for 15 minutes on medium to low heat. Top each bowl of chili with a handful of shredded cheese, a dollop of sour cream and FRITOS® to taste. Serve and enjoy! Can be refrigerated and reheated for several days. Freezes well.

Recipe Courtesy of Park R. 'Randy' Miller, Tallahassee, Florida



If you have a tried and trusted recipe that is quick and easy and gets rave reviews, please share it with us by emailing recipes@thezebra.org.



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▲ EHLERS from page 5

the meeting of the Gemological Institute of America. She has also begun acquiring estate jewelry to preserve special pieces and prevent them from being melted down for their gold content. “Many of them are so beautiful and intricate. It would be a crime to have them melted into just a lump of gold,” she said, as she held up a recently acquired delicate bracelet.

Sometime in the future, she does have the desire to see her shop continue to thrive for a future generation, and wants to pass on the store, its contents and her enthusiasm. “I would like to find someone who is truly interested in all aspects of the business. Maybe it will be one of my five nieces,” she said.

“But whomever that person is, they have to be very customer service-oriented. I believe in producing only the best for my customers. I have been accused of being a perfectionist. And, I guess I am. I have had some very trusted and capable sales help in the shop, but no one ever had the dedication and also the technical level of expertise to satisfy me,” Ehlers confessed.

Sitting in her gem-laden shop in Old Town, literally surrounded by her creations and precious stones, Mary Ehlers is the personification of her own designs. She is brilliant, gleaming and altogether a rare find — a nugget to behold.

VINO

VIXEN

BY MARISTUILL



The Vixen Ten

New Year's Vino Resolutions

- 1. I Will Not Drink Wine I Do Not Enjoy –** I will no longer choke down crappy wine just because it's the only juice available at the reception/wedding/party/book club/happy hour. I'll order the beer.


- 2. I Will Visit Local Wineries and Vineyards – More often.** Virginia wine country is beautiful, bucolic, and a car-hop away. Shame on me for not taking advantage of our good fortune.


- 3. I Will Sip Out of the Box Wines- Literally.** Some of the new generation of boxed wines are damned good and I will reward this forward-thinking wine movement with my cash.


- 4. I Will Sip My Special Occasion Wine –** This year and with good friends. I won't hold back a great wine for the “right time.” The right time is anytime a fabulous friend can share a glass with me. Life is too short.


- 5. I Will Sip Port and Sherry –** Because they are both amazing experiences and they should be enjoyed more and by more people.


- 6. I Will Experience a New Region–** Or new varietal every month. I'm going to travel the far reaches of the world vicariously through my wine. A bottle at a time...
- 7. I Will Record My Sips –** I will use my handy dandy Android camera to snap a photo of every label from every glass I sip this year. (Next year I will resolve to organize the labels).


- 8. I Will Decant –** Any red wine with broad shoulders, I will aerate or decant. Because it really does make a difference.


- 9. I Will Enjoy Champagne –** REAL Champagne. From Champagne, France. And if I order a flute of Champagne, and the waiter brings me a sparkling wine, I shall send it back.


- 10. I Will Not Mix Martinis and Wine –** December 31, 2011. 'Nuff said.

▲ **GEMSTONES** from page 13

are in affordable price ranges. The green and blue varieties are much rarer and in limited supply, which makes them more valuable.

All colors of garnet can be used for the January birthstone, so if you were born in the month of January, consider yourself a very lucky person, since you can have your choice of any color in the rainbow for your birthstone.

I hope that you have enjoyed learning about garnets this month, and if you have any questions regarding this semi-



precious gemstone, please contact me via an e-mail. They are truly beautiful stones, and have many fascinating varieties.

▲ ATTORNEY from page 13

plead the case. These are the rooms where Hollywood scripts are born. This is where the serious business in our Virginia legal system occurs. Major crimes and major civil cases are usually heard by juries, but if the parties agree, the case may be heard by the Judge without the presence of a jury.

If there is a jury trial in circuit court, there are 12 jurors for a criminal case. If it is a civil case, you will have seven jurors, and if it is an appeal from the lower general district court, there will be just four jurors.

This is our beloved system in Virginia, and I believe after

32 years of practice, it is a very good one. See you next month, and remember to feel free to email or call if you have any questions in your legal world.

Christopher Paul Schewe is a former City of Alexandria attorney and has been practicing over 32 years specializing in personal injury cases. If you have a question for Chris, please email him at cpschewe@verizon.net or call his office at 216 South Patrick Street, Alexandria at 703-684-8200.

Z

H O T S A U C E

P I C K O F T H E M O N T H


BY MIKE SADE

My friends have continued to contribute to my hot sauce collection when they travel. About two months ago, I was given the Arizona Cowboy Habanero hot sauce from a friend that travelled to Arizona. The bottle is great with the little cowboy hat, and the ingredients are simple. It has fresh habanero peppers, red, ripened jalapeno peppers, vinegar and salt. I searched the web for reviews of this sauce to see what others think and could not find a review.

What I discovered is it has little to no taste, no awards and no special qualities per se, but it is great for adding some heat. So why would I write about this sauce? It's not on the top of my list, but worth trying because it is the perfect sauce if you are just looking to add heat to a dish without changing the flavor of the dish. This specimen is of medium heat and goes perfectly with any sauce or dish where you don't want to alter the seasoning, but do want to add some punch or heat. I have used this hot sauce on pizza with everything (you don't want to alter the flavor of the anchovies) and other well-seasoned seafood dishes.




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EVENTS

If you would like your event listed, please send an email to events@thezebra.org



“Fears and Phobias”

January 12 – February 19

Torpedo Factory Art Center

Target Gallery

105 North Union Street

Alexandria

torpedofactory.org

703/838-4565

Torpedo Factory Art Center's Target Gallery presents a timely exhibition that explores the theme of fears and phobias. This national all-media show features work that is introspective and personal, as well as work that expresses these issues in a larger social context. **FREE!**



Ladies Tea at

Gadsby's

January 15

Gadsby's Tavern and Museum

134 North Royal Street

Alexandria

703/746-4242

Gadsbystavern.org

Start the New Year off

with a historic girls'

day out – the Ladies'

Tea at Gadsby's

Tavern! Take tea from

2 p.m. to 3:30 p.m. at the restaurant and eat period-inspired delicacies with your 21st-century friends and Gadsby's 18th-century hostesses. Following tea, enjoy a tour of the museum. Tea is \$30 per person, and reservations are required.



“Meet the Artist”

January 24

Prudential PenFed Realty

300 North Washington Street, Suite 100

Alexandria

571/345-6175

becky.arnold@penfedrealty.com

Visitors are invited to see the exhibition of Living Legends of Alexandria portraits and hear artist-photographer Nina Tisara speak about the evolution of the Living Legends of Alexandria project. Three years of Legend portraits are included in the exhibition, 2007-08, 2008-09 and 2010, and can be seen thru January 27. The 2011 Legend portraits are on view in the Market Square Lobby of Alexandria City Hall. The 2012 portraits will be unveiled at the “Meet The Legends” reception on March 22 at the Patent and Trademark offices in Old Town Alexandria. RSVP to Becky Arnold by January 23, 571-345-6175.

“Connectivity: Threads of a Community”

January 12 – February 5

Torpedo Factory Art Center

Target Gallery

105 North Union Street

Alexandria

torpedofactory.org

703/838-4565

Reception: January 12, 6-8pm: A community knitting circle to knit and crochet small hats for INOVA Alexandria Hospital's NICU Torpedo Factory Art Center presents Connectivity, which explores the many facets of connectivity artists create throughout their lives, and how these relationships relate to their work. Twenty-four fiber artists were selected for exhibition, to include a special installation by Philadelphia yarn bomber, Ishknits. **FREE!**



January Programs at Alexandria Library

Beatley Central Library,

5005 Duke Street.

Thursday, January 12, 6:45 pm

Movie Night: Captain America (2010)

Wednesday, January 18, 7:30 pm

Ferris Kaplan, a GMU Professor, discussing “Being a Better Consumer”

Wednesday, January 25, 7:00 pm

Author Brooke Stoddard discussing his book The World in Balance: The Perilous Months of June-October 1940

All events are Free! For more information, call 703.746.1702.



“LOVE, POLITICS & SCRABBLE:

The Games People Play”

February 3-26

Del Ray Artisans Gallery

2704 Mount Vernon Avenue

Alexandria

DelRayArtisans.org

703/407-6992

Del Ray Artisans' opening reception for “LOVE, POLITICS & SCRABBLE” is Friday, February 3, 7-10 pm. This juried show explores the numerous games people play in life, whether power, Monopoly, manipulation, poker, Angry Birds, baseball, or gossip. The community is invited to ‘get their game on’ at Art Games on February 10 and Game Talks on February 25. The exhibit and Marketplace, with artful Valentine Cards, closes Feb 26. **FREE!**

Civil War Ball

January 28

Gadsby's Tavern and Museum

134 North Royal Street

Alexandria

703/746-4242

Gadsbystavern.org

Enjoy an evening from the 1860s as part of Alexandria's Civil War Sesquicentennial commemoration, this distinctive event includes live music, dance instruction, and period desserts. Tickets are \$45 per person in advance and \$50 at the door. Period attire, either civilian or military, is encouraged. In preparation for the ball, Civil War-era dance classes will be offered at Gadsby's Tavern Museum from 7:30 to 9:30 p.m. on Thursdays, January 12, 19, and 26. Dance instruction will include the waltz, polka, Virginia reel, and more! Classes are \$12 each or \$30 for the series. Advance reservations for both the Ball and dance classes are strongly recommended.



“Hairspray”

Now thru February 5

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signature-theatre.org

When she wins a coveted spot on “The Corny Collins Show,” Baltimore's most popular teen dance program, the high school loser with the big heart, big personality and big hair proves everyone wrong and becomes a local TV celebrity. It seems like Tracy will have it all – the eye of heartthrob Link Larkin, the Miss Teenage Hairspray crown, even a modeling gig with Mr. Pinky's Hefty Hideaway. But is segregated Baltimore ready to embrace her demand for racial integration? And will her larger-than-life mother ever leave the house? Tickets \$41.



Tavern Toddlers Winter Session

January 23-April 28

Gadsby's Tavern and Museum

134 North Royal Street, Alexandria

703/746-4242 Gadsbystavern.org

Gadsby's Tavern Museum welcomes back Tavern Toddlers! The winter session begins

Monday, January 23, and continues weekly (except for Federal holidays) through Monday, April 30. Because it's never too early for kids to appreciate history, the museum developed this special program for toddlers (walkers through 36 months) and their caregivers. Tavern Toddlers features a weekly open playtime on Mondays anytime between 10:30 a.m. and noon, and a new craft activity each week. Each week costs \$7 for a group of three, which must include one adult, and additional people are just \$3. A five-visit pass costs \$30, never expires, and includes up to three people. Pre-registration is not required, and single or multiple passes can be purchased at the door as space permits.



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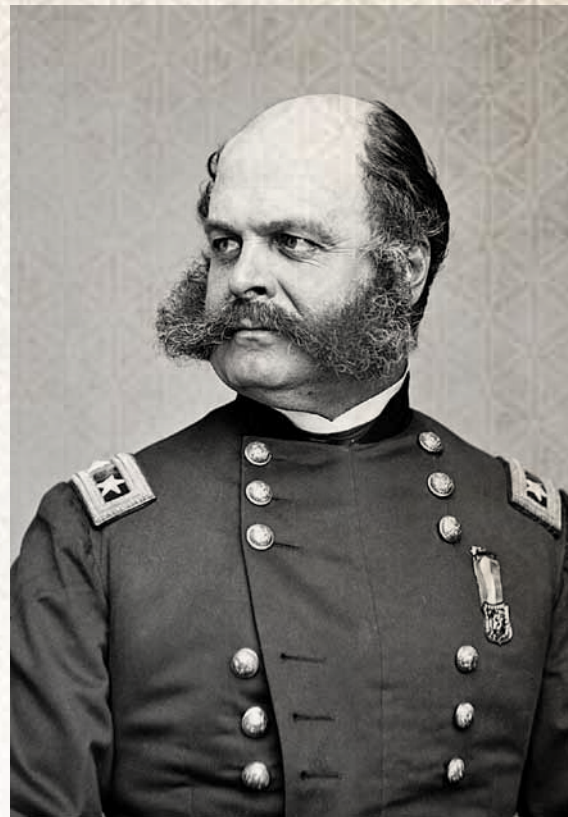
Union General George McClellan's inactivity was frustrating President Lincoln during January 1862.

COURTESY PHOTO



Confederate General Stonewall Jackson was equally as annoying to Confederate President Jefferson Davis for different reasons.

COURTESY PHOTO



Portrait of Union Major General Ambrose Burnside, whose large amounts of facial hair extending from his hair line coined the term "sideburns."

COURTESY PHOTO

JANUARY 1862 — MORE INFIGHTING THAN ACTUAL

BY CHUCK HAGEE

The second year of the Civil War, 1862, commenced much the same as the first year had ended. There was more political maneuvering and infighting in both Washington and Richmond than actual combat in the field.

However, there were several significant military engagements as well as weather events that both claimed lives and played havoc with the war effort from the perspectives of both the Union and the Confederacy during January 1862. Lincoln continued to be frustrated by his Commanding General George McClellan and Jefferson Davis faced his own version of military egoism in the form of General Thomas J. "Stonewall" Jackson.

Lincoln probably best summed up his assessment of McClellan, and his own inability to have the General adhere to his orders to be more aggressive, during a White House meeting with members of his cabinet on January 10, 1862.

When told that McClellan was ill with possible typhoid, Lincoln supposedly said to his assembled advisers, "If McClellan is not going to use the Army anytime soon, I would like to borrow it." Yet, he continued to back McClellan when Congress called for his replacement due to inaction and what they viewed as his lack of military initiative.

In the case of Confederate President Jefferson Davis, he had the opposite problem. Jackson had his troops constantly on the move, even to the extent that Union Commanders were often not quite sure where he and his troops were or were going on any given day.

That was particularly true with Jackson's initiation of the

"Romney Expedition" or Campaign which commenced on New Year's Day 1862. Newly promoted Major General Stonewall Jackson, as the commander of the Army of the Valley, had established a military headquarters in Winchester, VA.

Earlier in December 1861, Jackson had been successful in breaching a dam about 30 miles from Winchester which caused havoc on the Chesapeake and Ohio Canal and, in turn, seriously impeded the work of Union engineers working on completing the Baltimore & Ohio Railroad along a 200 mile stretch from Grafton, VA, to Point of Rocks, MD.

Jackson was also concerned that a growing strength of Union forces in Maryland, just across the rain-swollen Potomac River, would make their move on Winchester, when the water receded, enough to make a safe crossing. To thwart this, he decided to go on offense.

His plans were to not only secure western Virginia, which was opposed to the Confederacy and wished to remain part of the Union, but also to shell the Union forces in Hancock, MD, and further disrupt any attempt at consolidation. His concern was that if the Union troops successfully crossed the Potomac, they would strike his headquarters in Winchester.

However, there was one element he had not counted on — the weather. What, up to that day, had been an unusually mild winter, perfectly suited for Jackson's love of quick strikes and fast troop movement, turned bitterly cold. And, adding to the cold was an ice and snow storm that brought his troop movement to a crawl.

But, he stayed the mission. Taking Bath, his artillery shelled

the Union troops across the Potomac in Hancock, MD, and then he turned south toward Romney. By now the weather had deteriorated further and the garrison of approximately 700 troops Jackson had left behind to guard Winchester had been attacked by Union Brig. Gen. Benjamin Franklin Kelly, known as "Old Ben Kelly."

Kelly was forced to abandon his diversionary attack when he realized that Jackson was heading for Romney. Stonewall entered Romney on January 14 and established a month-long winter camp.

However, not all the troops in his command were used to the aggressive tactics and tough discipline of Jackson. Those under the command of Gen. W.W. Loring were disgruntled with everything about Jackson, and signed a petition protesting his leadership. Loring gave the petition to Jackson and allowed another officer to take a copy to Jefferson Davis in Richmond.

Davis gave the letter to his Secretary of War, Judah Benjamin, who ordered Jackson to withdraw Loring's men from Romney and return them to Winchester. Jackson complied and simultaneously submitted his resignation objecting vehemently to being ordered by a civilian politician on military matters, which he viewed as "interference" with his command.

Davis now had a dilemma, much as did Lincoln with McClellan, only the opposite. Davis also handled his dilemma much more decisively. He immediately took control of the situation, reassigning Loring and recognizing Jackson's command status.

Jackson withdrew his resignation. The Romney campaign was basically a standoff. And,

following the month winter encampment Jackson returned with his troops to Winchester.

At the White House, Lincoln was still looking for a decisive victory to quell the increasing dissatisfaction with McClellan's apparent battle-timidity. This occurred on January 10, when Union forces under the command of Col. James Garfield scored a victory at Middle Creek, KY. That Colonel went on to become President James Garfield.

Another plus for Lincoln occurred on January 19 at the Battle of Mill Springs, KY, sometimes referred to as the Battle of Somerset. There, Union troops under the command of General Zollicoffer caused the death of an estimate 195 Confederate troops and took another 200 prisoner. However, the cost to the North was the death of Zollicoffer.

Back in Washington, Lincoln's satisfaction with Garfield's January 10th triumph was short lived. The very next day his Secretary of War Simon Cameron resigned due to accusations of corruption and incompetence. Two days later, January 13, Edwin Stanton became Secretary of War and eventually proved to be one of the strongest leaders in the Lincoln Administration.

January 1862 also proved to be a month of both tragedy and triumph on the high seas for the Union. Tragedy struck on January 12th when ships of what was known as the "Burnside Expedition" encountered a massive storm off the North Carolina coast near Cape Hatteras. Lasting several days, it caused the sinking of several ships and loss of life for Union troops on their way to battle.

A large flotilla, 125 ships,

thousands of soldiers, hundreds of horses and many boat loads of war and battle materials was designated the "Burnside Expedition" after the top officer in charge, General Ambrose Burnside. He was also noted for his large amounts of facial hair that came down from his hair line in front of his ears and connected to his mustache with no beard, thus the name "sideburns."

When the seas finally calmed on January 15 there were five supply ships lost and another eight disabled. On the 16th a Col. Allen and Surgeon Weller of the 9th New Jersey drowned when their rowboat capsized as they attempted to reach one of the damaged ships with medical aide.

January 1862 ended on a brighter note for the Navy. On the 30th of the month the USS Monitor was launched. A new concept in Naval ironclads, it was the first to feature a central gun turret that would revolutionize Naval warfare.

It was also in January 1862 that the Union cause adopted what was to become its anthem — "The Battle Hymn of the Republic." Written in November 1861 by Julia Ward Howe, it replaced the words of the song "John Brown's Body," which eulogized the efforts of the abolitionist John Brown in the attack at Harper's Ferry.

On January 31 the British announced that they would remain neutral in the war with the resolution of The Trent Affair. That same day Lincoln issued Special War Order # 1 ordering the Army units protecting Washington, DC, to launch an attack on Manassas Junction no later than February 22nd. McClellan reacted with his normal dismissal of The Commander In Chief.



This year's SOHO class proudly shows off their work.

PHOTO PROVIDED BY THE ART LEAGUE

A Roll of Film and a Point and Shoot Camera Can Make a Difference

BY MARY WADLAND

Between January 28 and February 6, 2012, Alexandria's Art League will host an exhibition of photographs taken by this year's "A Space of Her Own" (SOHO) class. Now in its tenth year, SOHO is an award-winning art mentoring program engaging at-risk, low-income, 5th-grade girls in a year of personal growth centered on art. This special collaboration with the City of Alexandria's Court Service Unit pairs each girl with an adult, female mentor to

participate in art lessons led by Art League artist instructors. Each week, girls and mentors work together to create expressive artwork. These sessions become the catalyst to discuss larger life concerns, decision-making, and emotional issues. At the completion of the program, the teams remodel each of the girls' bedrooms, incorporating all of their artwork, to truly give each girl a "space of her own." By providing stability, a nurturing and creative environment, and by promoting and developing meaningful intergenerational relationships,

SOHO has successfully helped improve the lives of dozens of girls in Alexandria to date.

After a basic photography workshop with Art League instructor Allison Duvall, each 5th-grade Alexandria girl was given a point and shoot camera, a roll of black and white film, and tasked with taking photos of the people, places, and things most significant to them.

The images taken were used as a starting point to write stories about their lives. They went into the darkroom to develop the image that held the most significance to them, and then wrote an accompanying statement or story to go along with their photograph.

The show provides an inside look into the world of these

children, and an opportunity for viewers to see how the SOHO outreach program positively impacts the lives of these girls and the Alexandria community.

Founded in 1954, The Art League, Inc., a 501(c)(3) organization, is among the nation's largest and oldest multi-service organizations for visual artists. As a major component of the cultural fabric of Alexan-

dria, The Art League offers extensive exhibit opportunities for artists through its gallery, outstanding fine art education through the school, and valuable outreach programs to the local community. The Art League is headquartered in the landmark Torpedo Factory Art Center. Exhibitions and events are free and open to the public.


QUOTABLE:

“ If you want something spoken about, ask a man. If you want it done, ask a woman. ”
~Margaret Thatcher



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MONTHLY
HOME
SALES
RECAP

Thru Dec. 30, 2011

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this column every month
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2131 JAMIESON AVE #TH-213	\$465,000	\$440,000	16-Dec-11	2	2	0	1	2	No	176		CARLYLE TOWERS	Other
211 GIBBON ST	\$724,900	\$650,000	15-Dec-11	2	2	1		3	Yes	163		OLD TOWN	Colonial
103 QUAY ST	\$975,000	\$960,000	31-Dec-11	3	2	1	1	4	Yes	182		OLD TOWN	Colonial
804 PENDLETON ST	\$799,000	\$800,000	29-Dec-11	3	2	1		2	No	39		ALEXANDRIA OLD TOWN	Colonial
1007 CAMERON ST	\$600,000	\$580,000	29-Dec-11	3	1	1		4	Yes	49		OLD TOWN	Federal
954 WASHINGTON ST	\$695,000	\$653,000	23-Dec-11	3	3	1		3	No	66		OLD TOWN GATEWAY	Traditional
518 DUKE ST	\$1,495,000	\$1,360,000	28-Dec-11	3	2	1		4	Yes	55		OLD TOWN	Victorian
409 UNION ST S	\$1,275,000	\$1,243,750	28-Dec-11	4	3	1		3	No	49		OLD TOWN	Colonial
706 PRINCE ST #4	\$875,000	\$845,000	16-Dec-11	3	2	0		1	No	70		SWANN DAINGERFIELD	Colonial
706 ROYAL ST S	\$589,000	\$575,000	16-Dec-11	2	2	0		3	Yes	61		YATES GARDENS	Colonial
212 ALFRED ST S	\$595,000	\$550,000	15-Dec-11	3	1	1	1	3	Yes	35		FARNEY	Federal
1237 QUAKER HILL DR	\$539,900	\$515,000	23-Dec-11	3	2	1	1	3	Yes	36		QUAKER HILL	Colonial
811 WATER PL	\$825,000	\$805,000	14-Dec-11	3	2	1	1	4	No	15		RIVERGATE	Colonial
209 UNION ST	\$569,000	\$558,000	16-Dec-11	2	1	1		2	No	8		OLD TOWN	Colonial
1223 ROUNDHOUSE LN	\$810,000	\$810,000	16-Dec-11	3	2	1	2	4	No	5		OLD TOWN VILLAGE	Federal
1209 PORTNER RD	\$505,000	\$505,000	15-Dec-11	2	2	1		4	Yes	11		VIRGINIA VILLAGE	Colonial
910 POWHATAN ST #305N	\$399,900	\$399,900	16-Dec-11	1	1	1	1	1	No	0		900 N WASHINGTON ST CONDO	Traditional
804 BASHFORD LN	\$519,900	\$519,900	30-Dec-11	2	1	2		3	No	3		NETHERGATE	Federal
545 BRADDOCK RD E #102	\$350,000	\$325,000	30-Dec-11	2	1	0	1	1	No	7		COLECROFT	Traditional
422 SAINT ASAPH ST S	\$575,000	\$555,000	29-Dec-11	2	1	1		2	No	12		OLD TOWN	Traditional
910 ROLFE PL	\$559,000	\$550,000	23-Dec-11	2	2	1	1	3	Yes	4		POWHATAN PLACE	Colonial
2151 JAMIESON AVE #606-607	\$699,000	\$675,000	30-Dec-11	3	3	0	2	1	No	3		CARLYLE TOWERS	Other
UPPER BRADDOCK													
2500 VAN DORN ST N #818	\$94,900	\$65,100	22-Dec-11	0	1	0		1	No	144		PARK PLACE	Traditional
2214 DEARING ST	\$375,000	\$364,000	29-Dec-11	3	1	1		2	No	96		FAIRLINGTON TOWNE	Colonial
1723 PRESTON RD #960-17	\$229,999	\$220,000	19-Dec-11	1	1	0		1	No	27		PARKFAIRFAX	Colonial
3284 MARTHA CUSTIS DR	\$235,999	\$230,000	21-Dec-11	1	1	0		1	No	32		PARKFAIRFAX	Colonial
2715 KING ST	\$1,049,000	\$955,000	15-Dec-11	4	3	1		3	Yes	32		SUMMIT	Colonial
2721 FRANKLIN CT	\$475,000	\$456,900	16-Dec-11	4	3	1		3	Yes	8		CHAPEL HILL	Traditional
2911 PIERPONT ST	\$559,900	\$535,000	15-Dec-11	3	1	1		2	Yes	35		MONTICELLO PARK	Rambler
3305 MARTHA CUSTIS DR	\$286,000	\$270,000	16-Dec-11	2	1	0		3	No	26		PARKFAIRFAX	Colonial
3103 RAVENSWORTH PL #218	\$254,900	\$255,000	21-Dec-11	2	1	0		2	No	6		PARKFAIRFAX	Colonial
DEL RAY/ROSEMONT													
26 CHAPMAN ST E	\$550,000	\$500,000	23-Dec-11	3	2	1	1	4	Yes	15		ROSEMONT PARK	Colonial
9 CLIFF ST	\$529,900	\$529,900	16-Dec-11	3	1	2		3	Yes	65		DEL RAY	Colonial
425 MOUNT VERNON AVE	\$474,000	\$460,000	21-Dec-11	2	1	1		3	Yes	58		ROSEMONT	Colonial
15 WYATT AVE W	\$699,000	\$670,000	16-Dec-11	3	2	0		3	Yes	48		DEL RAY	Farm House
500-A WINDSOR AVE E	\$499,900	\$500,000	20-Dec-11	3	2	0		3	Yes	33		DEL RAY	Colonial
316 DUNCAN AVE E	\$497,000	\$490,000	15-Dec-11	2	2	0		3	Yes	17		RIVER TERRACE	Colonial
1310 COMMONWEALTH AVE	\$569,900	\$565,000	22-Dec-11	4	3	1		3	Yes	8		DEL RAY	Colonial
1807 DE WITT AVE #1807-C	\$199,999	\$197,000	30-Dec-11	1	1	0		1	No	17		ALEXANDRIA SQUARE	Traditional
ARLINGTON													
2913E WOODLEY ST S #2	\$239,000	\$235,000	28-Dec-11	1	1	0		1	No	180		COURTBRDGE I&II	Other
2927F WOODSTOCK ST #6	\$353,000	\$347,000	22-Dec-11	2	2	1		2	No	138		COURTBRDGE I&II	Traditional
4529A 28TH RD S #9-1	\$239,950	\$225,000	20-Dec-11	1	1	0		1	No	76		HEATHERLEA	Contemporary
3453 KEMPER RD	\$725,500	\$711,500	20-Dec-11	3	3	1	2	3	Yes	81		SHIRLINGTON CREST	Traditional
4623D 28TH RD S #D	\$272,900	\$276,000	29-Dec-11	2	1	0		1	No	54		THE ARLINGTON	Colonial
4692 36TH ST S #B	\$389,900	\$379,900	21-Dec-11	2	2	0		3	Yes	35		FAIRLINGTON MEWS	Colonial
3545 STAFFORD ST S #B1	\$236,000	\$226,500	29-Dec-11	1	1	0		1	No	43		FAIRLINGTON GLEN	Other
3173 STAFFORD ST	\$530,000	\$510,000	20-Dec-11	2	3	0		3	Yes	6		FAIRLINGTON GREEN	Colonial
1200 CRYSTAL DR #1212	\$735,000	\$725,000	16-Dec-11	2	2	0	1	1	No	150		WATERFORD HOUSE	Contemporary
1200 ARLINGTON RIDGE RD	\$130,000	\$130,000	15-Dec-11	0	1	0		1	No	14		THE CAVENDISH	Traditional
3600 GLEBE RD S #1017	\$599,900	\$560,000	23-Dec-11	2	2	0	1	1	No	18		ECLIPSE ON CENTER PARK	Contemporary
2341 ODE ST	\$850,000	\$850,000	28-Dec-11	4	4	0	2	3	Yes	0		AURORA HILLS	Split Level

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BY GINGER RODRIGUEZ



2012

I resolve to
laugh every day
eat more chocolate
sleep in on Sundays
make dinner an event
breathe more deeply
spend more time
with the people I love

The Resolution Solution

Yup, it's another New Year; a new opportunity to be overwhelmed and, ultimately, defeated by our resolutions. Yip-pie!

I have a couple of Resolutions for ya'....

1. Ignore, and do not get panicked by, the onslaught of ads about tax returns. Their "create a sense of urgency"-tacky-sales-approach makes it sound as if the due date is Jan 15th, rather than the more commonly believed, April 15th. They should all be gagged. Or, at minimum...audited!
2. Equally ignore the similarly upsetting barrage of ads about weight loss. These rampages have really become a DREAD for me. What an aggravation to have to deal with first thing in the year. I wish they would shut up. I also wish the voices in my head would shut up - but that's not gonna' happen either.

I like to make nice resolutions... resolutions that I really have a chance of doing great at!

- * Nap at least three afternoons per week.
- * Shop more
- * Research and explore new forms of chocolate
- * Improve my health and fitness through Prevention! I resolve

to reduce my risk of hip or knee replacement... by not stressing my joints with exercise!

Are you getting the hang of this? Why make nasty resolutions, when these are so much more realistic.... and fun!

How about the ever-popular "Get Organized".

What? did I hear you grumping? you always make and fail at that resolution too? Not to worry; I not only know why, I also know the key to success on this one.

It's basically impossible to re-organize and re-layout your home by yourself. We get into a rut; the longer we live with a certain arrangement, the harder it is to think of the living room, kitchen, or closet... in any other arrangement. The key to success with organization, or any home over-haul or re-do, is an objective third party. Someone who can take a completely fresh look at it all.

A serious clean-out and organization requires a heartless triage procedure and sensible sorting into:

What stays?

What goes?

What stays, but gets used in a different way or different location?

What stays, but gets altered (reupholstered, painted, repaired, etc.)

and, the far and away favorite category.....

What needs to be purchased?!

A professional, such as myself, can come in and do an assessment on organizing and stream-lining a closet, mudroom, kitchen, basement, or several areas of your home. And, for a successful outcome - that's what you need.

One can hardly put a price on the ecstatic joy of stepping into an immaculate, organized, perfectly outfitted closet. The time and stress reduction alone is worth a mint. But WestBay Interiors offers these services at very reasonable rates. First we meet and familiarize you with the process. If we seem like a good fit and you choose to work with us, then we proceed to the first meeting at your home. This is where you tell us your dreams for the rooms we're addressing, likes and dislikes, needs and budget. Check out our affordable pricing at www.westbayinteriors.com.

We take measurements of the rooms, get your color ideas, etc. Back at WestBay, we begin creating the plan and, eventually, tweak it with you until we have the final plan. If you want us to stop there, and you do the rest yourself, that's fine. Or, if you want it totally "turn-key", then we work out what furnishings and accessories are needed and get them, install, paint, arrange and complete your dream closet, mudroom, kitchen... or whatever it is you need.

We even can do the project remotely, which we call "E-design". You send photos and measurements and we figure it all out for you, what will go where, and supply you with a complete layouts, Sourcing Lists and what items you need to buy and give you email and phone support while you put all the pieces together.

Resolutions don't have to hurt. You just have to pick resolutions you can live with, and changes that you'll really enjoy. So, get yours in order, call WestBay if Organization is on your list, and jump into it. Before you know it, it'll be Lent; I intend to give-up beets!

Be sure to sign up for our winter FREE Giveaway at www.coffeewithginger.com

A Virginia native, Ginger shares her experiences: some personal, some professional, in her light-hearted Blog Coffee With Ginger (www.coffeewithginger.com) and teaches monthly design seminars (The Alexandria Design Dilemma Meetup Group) FREE to the community. She lives in Alexandria with her husband and two sons. Have a design dilemma or question you want answered in the Zebra? Email: info@westbayinteriors.com.

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Ethel Barrymore

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No obligation on your part whatsoever!!
If you or a family member need to ✓ one or more below, come in and let me do the checking.

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<input type="checkbox"/> Neck pain	<input type="checkbox"/> Nervousness/tension
<input type="checkbox"/> Shoulder pain	<input type="checkbox"/> Tiredness/Exhaustion
<input type="checkbox"/> Upper mid-back pain	<input type="checkbox"/> Stomach and digestive disorders
<input type="checkbox"/> Lower back pain	
<input type="checkbox"/> Hip and leg pain	

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Make an appointment for the HEALTH of it!!

These furry friends (and many others) are looking for loving homes ...

Bella - (Female)

Breed: Collie Mix
Age: 13 Weeks
History: Shelter
Description: Bella is a super friendly Collie mix. She has just arrived, but does well with other dogs and loves to play. She has quickly picked up commands and is doing well on being housetrained. She loves playing with her toys and has been great with people coming over to visit. She is friendly and loves to give kisses. She enjoys kids and would do well in just about any home.



Betty's Pups - (Mixed Gender)

Breed: Beagle / Shih Tzu Mix
Age: 8 Weeks
History: Shelter
Description: Betty's pups have now had their first set of shots and can be viewed in their fosters' home. They are growing fast and doing wonderfully. They still nurse from their mother but will begin weaning this week as they are all eating dry puppy food and enjoying it. Their mom is said to be part Beagle part Shih-tzu however these puppies will look nothing like a Shih Tzu. These puppies should grow to a good medium size and look like they may have some pointer or blue heeler in them. They will make absolutely gorgeous dogs.



Cesar - (Male)

Breed: Rottweiler Mix
Age: 6 Months
History: Shelter
Description: I'm Cesar and available! The other 7 of my litter mates from "Chloes Babes" have all found their forever homes. I have gotten my last set of shots so my foster Mom has been taking me on walks with a collar and leash, and I am doing great... I guess that's because I have a great temperament and am very intelligent and calm, well as calm as a male puppy can be.



Castro's Cuties - (Mixed Gender)

Breed: Shepherd / Shepherd Mix
Age: 10 Weeks
History: Shelter
Description: Charlie, Callie, Chrissy, Cleo and Casey have just arrived. We know that mommy was a Shepherd mix and we think dad could have been a lab, but who knows. They are adorable and really sweet to match. Already they have loads of personality and individuality. They get along great with kids and other dogs and are eating well. They are pretty smart and go to the bathroom outside every time (that is not to say there are not wet newspapers in the X-Pen, but indications are that they know outside is where to go.)



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AFH is ALWAYS in need of foster homes!

It is fun and rewarding. Without enough foster homes we can't save as many pets. Since AFH tries hard to not use boarding facilities, we cannot accept new, deserving animals into our program without ready foster homes. If you are interested in making your home available to a deserving pet, please drop us an email at Foster@aforeverhome.org.

A FOREVER-HOME RESCUE FOUNDATION

is a non-profit dog rescue group located in Chantilly, Virginia that operates in the Northern Virginia / Washington Metropolitan area. We strive to make quality dogs available for adoption and do our best to match prospective adopters with the right animal!

Because AFH is a 100% volunteer-run organization, we cannot function without your help. In particular, we need: foster homes, transporters for adoptions and vet visits, handlers at adoption days, and helpers at fundraising events. If you think you would like to help, e-mail: volunteer@aforeverhome.org.



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Chew Chew - (Male)

Breed: West Highland White Terrier Westie
Age: 4 Years
Weight: 13 Pounds
History: Owner Release
Description: Chew Chew is an adorable Westie who was rescued by one of our AFH volunteers before he was to be dropped off by his family at an animal shelter. He lived with a Maltese and older children.



True to his breed, he's an active boy. Chew Chew has come to AFH in the hopes of finding a family that will give him the attention, exercise and training that his breed requires in order to be healthy and happy. He's a very smart little boy and is already learning a lot in his new foster home. He now knows to sit/down for a treat. This handsome little dog is best suited for those who love the spirit and playful personality that typifies the terrier mystique.

Delightful Pups - (Mixed Gender)

Breed: Chihuahua Mix
Age: 9 Weeks
History: Shelter
Description: Denver, Denzel, Dexter, Dimitri, Dwight and Dorothy have just arrived. We are told they are Chi mixes.



Dottie - (Female)

Breed: Cairn Terrier Mix
Age: 12 Months
Weight: 10 Pounds
History: Shelter
Description: Dottie is a Cairn Terrier mix who gave birth to 6 adorable puppies bright and early on December 21st. She looks like a lankier version of Toto from the Wizard of Oz, who was also a Cairn Terrier! She is just as sweet as she can be, and will make the perfect family pet for anyone who loves to cuddle! She weighs about 10 pounds, has wiry grey/white fur, and the friendliest disposition ever! She does well with other dogs, appears to be housebroken, and has no issue being in her crate. She is an outstanding mom to her babies too! She will be ready for adoption once her babies are 6 weeks old and completely weaned, and once she has had all of her shots, which should be in early February.



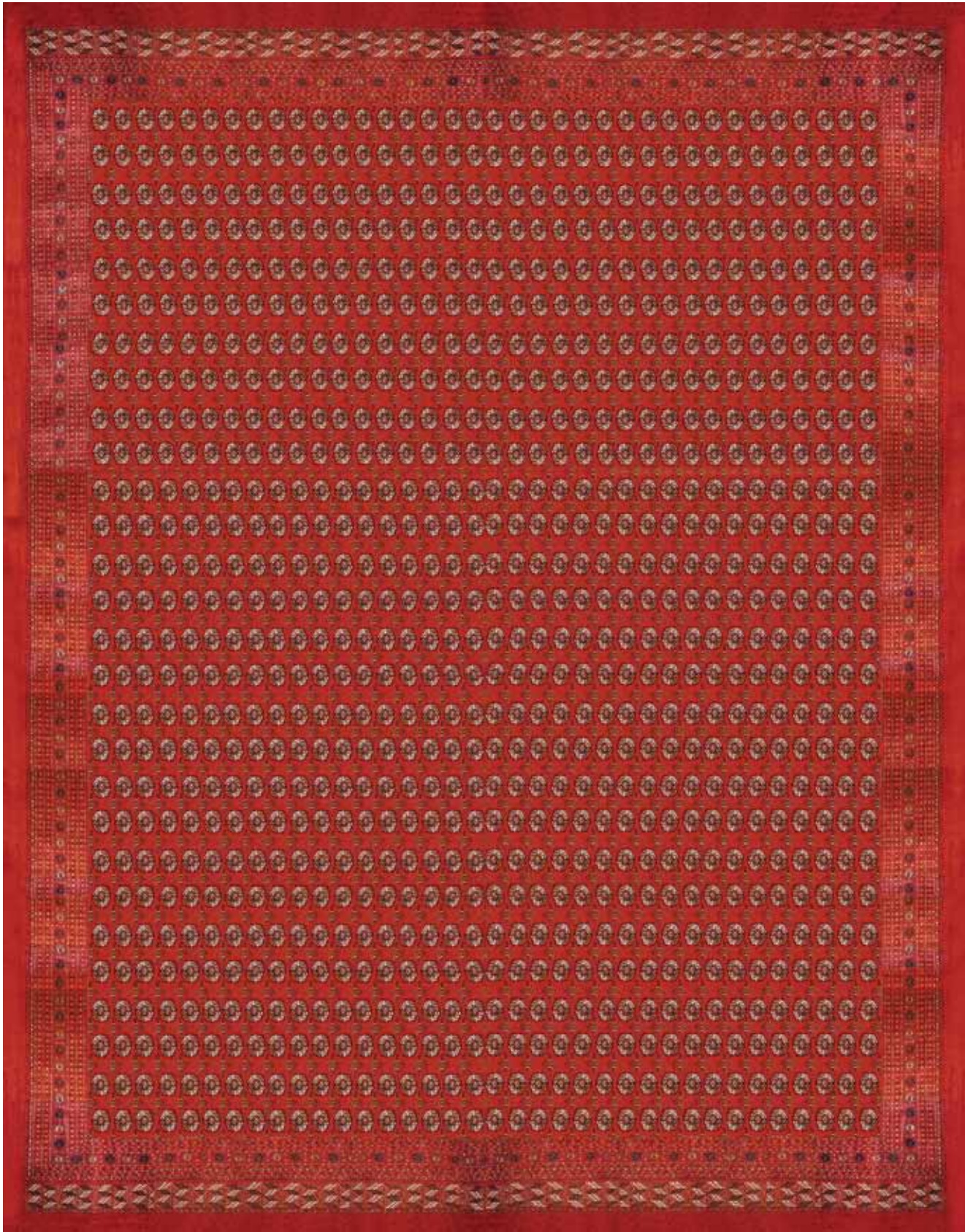
Kaili - (Female)

Breed: Pomeranian Mix
Age: 10 Weeks
History: Shelter
Description: My name is Kaili. I have been at my foster's home only since December 18th, but the night I arrived, all of Mom's dogs came out to greet me. I'm very tiny and was overwhelmed by them, but they didn't run over me or anything. They just wanted to sniff me. Mom took me promptly upstairs and gave me a bath and, boy! Did I feel much better about myself!!! I have a very sweet temperament, LOVE to be with other animals, including cats. I want someone who will love me, teach me and give me lots of love.



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