

#### **JANUARY '16**

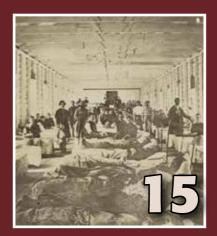
#### **BLACK AND WHITE AND READ ALL OVER**



18TH CENTURY BOAT UNEARTHED



7TH ANNUAL PINEWOOD DERBY



BEYOND MERCY STREET



2016 LIVING LEGEND NOMINEES

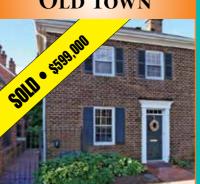
## Christine Garner

## It's Not Just My Business, It's My Neighborhood

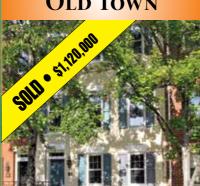
**DEL RAY** 



**OLD TOWN** 



**OLD TOWN** 



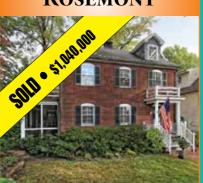
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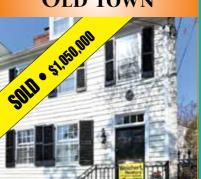
COLLEGE PARK



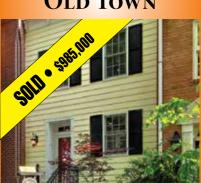
ROSEMONT



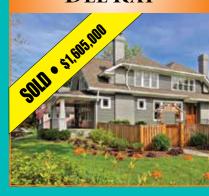
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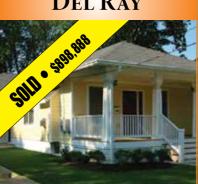
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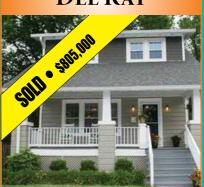
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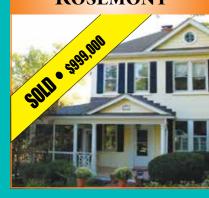
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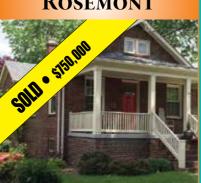
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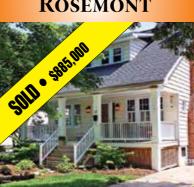
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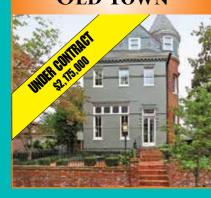
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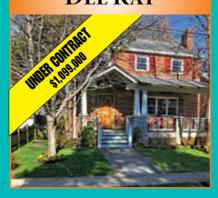
**QUAKER RIDGE** 



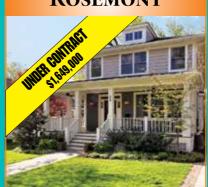
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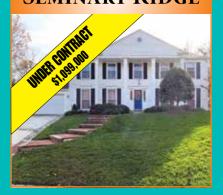
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ROSEMONT



SEMINARY RIDGE





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#### **PUBLISHER'S NOTE**

We are excited to bring you this special issue celebrating the launch of the new PBS drama series, Mercy Street which debuts Sunday, January 17 immediately following Downton Abbey. Our features writer, Kris Gilbertson, delved into the archives and brains of our local historians to bring to life the real happenings of our town during the period of our Union occupation. Special thanks go to Jim McKay of the Lyceum, Audrey Davis of the Black History Museum, Sarah Coster, and our incredible intern Rowan Cech who spent

hours finding period photographs to enhance the written words. We are incredibly fortunate to be part of a city which heralds and celebrates its history and heritage with dozens and dozens of dedicated employees and volunteers at our spectacular local

Also inside this issue are special pull-out pages for you to discover Alexandria's hottest eateries during the Winter Restaurant Week. As always, we hope you enjoy our efforts and will feel free to contact us at any time with story ideas or suggestions.

Cheers for a great 2016, Mary Wadland





#### Zebra Spotted in MEXICO!

Our November 2015 issue with Burke and Herbert on the cover was spotted in Mexico recently!

Submitted by Peter Reilly, who just picked up a \$25 gift certificate to Celtic House Irish Pub and Restaurant in Arlington!

Send photos of Zebra read around the world to editor@thezebrapress.com and we'll publish them and send you a gift card from an area retailer or restaurant!

### WHAT BUGS ME

BY DEBBY CRITCHLEY

When you are in the hospital, you really don't feel like visitors. You haven't showered in days, washed your hair, or put on makeup. You've got IVs and tubes and other devices hanging off your body. Hospital gowns are not the most attractive attire either. And, you are not feeling well

enough to entertain guests, after all, you are in the hospital because you are sick. What is needed is someone to call you and say: Do you need a ride home from the hospital? Call me when you are discharged so I can take you or

go to the grocery store for you. Or, let me bring you dinner so you don't have to worry about fixing something. Casseroles and rotisserie chickens are not just for funerals. Help your friends get better by taking care of them. Something bugging you? Tell me at Debbyc@theZebraPress.com

COVER PHOTO: Nurse Mary Phinney (Mary Elizabeth Winstead) and Jedediah Foster (Josh Radnor) (Courtesy of Antony Platt/PBS)



#### **JANUARY '16**

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#### **DISTRIBUTION**

30,000 copies delivered by hand each month to households and businesses in the following neighborhoods and high-traffic areas:

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Crystal City Del Ray Fairlington Great Falls Mount Vernon

Alexandria Park Fairfax The Pentagon Rosemont Seminary Hills Shirlington

#### **PUBLICATION DATES**

Zebra is printed monthly.

#### **DEADLINES**

The deadline for the receipt of all new advertising materials is 5:00 p.m. Wednesday, seven days prior to publication. Materials and space reservations will be accepted for proofed unchanged camera ready repeat ads until 5:00 p.m. Friday, the week before publication. Cancellations and changes cannot be accepted after Monday, the week of publication and no refunds will be made after that time. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication.

#### CONTACT

2331 Mill Road, Suite 100, Alexandria, VA 22314

For advertising information call 703-919-7533

#### CATCH OUR MISTAKES

We proofread, but occasionally we make mistakes, so to make a game of it, we encourage you to find the errors we missed. The entrant who finds the most wins a gift certificate from an area retailer or restaurant.

Linda Johnson in Alexandria caught the most in our December issue, and picks up a gift card from Celtic House Irish **Pub and Restaurant!** 

If you have a keen eye and a sharp pencil, send your catches to editor@thezebrapress.com.



THE ZEBRA PRESS JANUARY 2015

## COMMONIY news

## 18TH CENTURY BOAT UNEARTHED DURING ALEXANDRIA CONSTRUCTION

Archaeologists have uncovered the remains of the hull of a fifty-foot vessel on the Indigo Hotel construction site at 220 S. Union Street.

Scuttled sometime in the late eighteenth century, the ship served as the framework for part of the landfill process that extended the waterfront out to the deep channel of the Potomac River, helping to make the early town a thriving international port. The find was not unexpected; prior research by City archaeologists suggested they could find the remains of ships used in the filling process at various points along the waterfront, and the Archaeological Commission had reiterated that possibility in the Waterfront History Plan.

The discovery resulted from the implementation of the city's Archaeological Protection Code. Thunderbird Archaeology, a division of Wetland Studies, conducted the investigation for the developer, Carr properties. About a third of the hull of the vessel is present. It is sturdily built and well preserved, enough that it may offer archaeologists a great deal of information. Further study of the ship has the potential to provide insight into ship-



Used as land filler sometime in the late 18<sup>th</sup> century, the hull of a wooden boat was unearthed during construction on the new Indigo Hotel at 220 South Union Street. (Alexandria Archaeology)

building practices of this early era of our history, and it may represent a vessel type that has not yet been documented

through archaeological research.

City archaeologists, working

**CONTINUED ON PAGE 8** 



Workers carefully excavate the 50-foot vessel at the Indigo Hotel construction site. (Photo by Harry Merritt)

### CITY BRIEFS



#### **Grants Available from Alexandria for Art Projects**

Grant funds are available to eligible arts organizations and individual artists for operations, programs and special projects that occur in Alexandria between July 1, 2016 and June 30, 2017. For additional information and to submit an application, visit www.alexandriava.gov/arts.

The Office of the Arts will conduct a series of grant workshops and webinars to assist interested applicants in preparing their grant applications. New applicants or arts organizations who have not submitted an application in the past two years are required to attend. Due to changes in the granting process, other applicants are urged to attend these free workshops and webinars. Check the website for full schedule.

Each year, approximately \$170,000 in City funds is awarded on the basis of competitive grant evaluation process. All grants require a 1:1 cash match.

Completed on-line grant applications must be submitted by 11:59 p.m. Friday, February 26, 2016. In addition, one hard copy of the application must be delivered by 5 p.m. Monday, February 29, 2016 at the Lee Center, 1108 Jefferson Street, Alexandria, VA 22314.

#### O'Keefe Earns Rank of Eagle Scout

Alexandria's Boy Scout Troop 135 member Connor O'Keefe recently earned the rank of Eagle Scout. To earn the rank, a Boy Scout must progress through the ranks of Tenderfoot, Second Class, First Class, Star, Life and Eagle; they must also earn 21 merit badges, including First Aid, Citizenship in the Community, Citizenship the Nation, Citizenship in the World, Communications,



Connor O'Keefe (Courtesy photo)

Environmental Science, Personal Fitness, Camping, Family Life, Personal Management, Emergency Preparedness or Lifesaving, and Cycling, Hiking, or Swimming; they must also serve six months in a troop leadership position, plan, develop, and give leadership to a service project for any religious organization or any school or community, take part in a Scoutmaster conference, and successfully complete an Eagle Scout board of review

The designation "Eagle Scout" has a long history since its founding over one hundred years ago. Only a small percentage of Boy Scouts are granted this rank after a lengthy review process. The requirements necessary to achieve this rank often take years to fulfill. Eagle Scouts are presented with a medal and a badge that visibly recognizes the accomplishments of the Scout. Additional recognition can be earned through Eagle Palms, awarded for completing additional tenure, leadership, and merit badge requirements.

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## DID YOU KNOW?

Alexandria Deputies who handle evictions are responsible for securing any weapons left behind. Landlords may remove household contents but deputies ensure that firearms,



ammunition and other potentially dangerous items are properly secured rather than simply disposed of. This fall Deputy LaJuenne Sherzai-Harding took possession of various weapons, ammunition and training devices during an eviction and she notified the owner so he could make arrangements to get them. (Alexandria Sheriff's Office)

#### NEW AFFORDABLE APARTMENTS AT JACKSON CROSSING AVAILABLE

Jackson Crossing, a new affordable midrise apartment community located 120 East Reed Avenue, is scheduled to open this winter. The community will feature amenities such as underground parking for residents, a rooftop patio, onsite management, and community space. The location has excellent access to public transit and is conveniently located near Ronald Reagan Washington National Airport as well as dining and shopping opportunities. Jackson Crossing offers 1, 2 and 3-bedroom floor plans. Anticipated rents are \$1,091



for a one-bedroom unit, \$1,287 for a two-bedroom unit, and \$1,470 based on a three-bedroom unit.

Maximum income limits are: One Person - \$45,900; Two People - \$52,400; Three

People - \$59,000; Four People - \$65,500; Five People - \$70,800; Six People - \$76,000. Please call 703-271-8400, ext. 134 to be placed on the inquiry list and for more information.



Being powerful is like being a lady. If you have to tell people you are, you aren't.

—Margaret Thatcher



## ALEXANDRIA INSTALLS NEW MAYOR AND MEMBERS OF CITY COUNCIL

On January 4, the candidates elected by Alexandria voters in November to serve as Mayor and members of City Council were formally installed at a public meeting on Monday, January 4, 2016, at 7 p.m., in the T.C. Williams High School Auditorium, 3330 King St.

The terms of office for the Mayor and Members of City Council began on January 1, 2016, and will end on December 31, 2018.



After an exciting and often heated election season, new Mayor Allison Silberberg takes the oath of office. (Photo by Lucelle O'Flaherty)



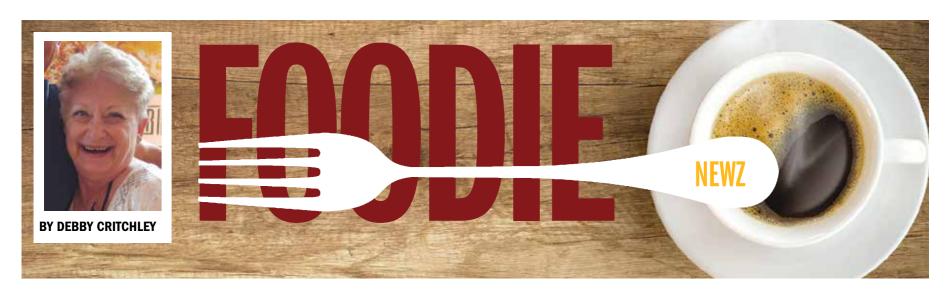


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community news is sponsored by DASH Bus

JANUARY 2015 THE ZEBRA PRESS





Restaurant Week is almost here! More than 60 Alexandria restaurants throughout Alexandria including Old Town, Del Ray and the West End will offer a

Have you been to Teaism?

Located at 682 N. St Asaph St.,

it shares parking with Trader

Joe's. The food should not be

missed. Food choices are free

of additives and GMOs. The

menu has a decidedly Asian

bent with wonderful choices

\$35 three-course dinner or a \$35 dinner for two during Alexandria Winter Restaurant Week, Jan. 29-Feb. 7, Visit Alexandria announced. More than two dozen restaurants are also offering lunch deals at \$10, \$15 or \$20 per person in addition to the dinner specials. Go to www. AlexandriaRestaurantWeek. com to view a list of the participating restaurants and what they will be offering. Some of the restaurants will be offering items off their regular menu or creating specialty dishes for the week. Watch for



Blackwall Hitch bar

reviews in February.

A group of us stopped at Street's Market and Café, 3108 Mt. Vernon Ave., for lunch the other day. They have added sushi to the menu. We tried several pieces of nigiri and sushi rolls. The fish was pristine and the rice well seasoned. The pork buns were even better than we remembered. also recommend the edamame hummus. Served with homemade fried wonton skins, there was nothing left on the plate. We finished off a basket full of wings too. I still can't decide which one of the 3 types. They are all delicious!

was born and raised in New Orleans and brings lots of experience cooking Cajun and Creole having worked with Emeril Lagasse for over 6 years. I can't wait to try the new menu.



#### **Huntiung Creek**

Hunting Creek, 1106 King St., has been bought by Jeff Yates. You won't find many changes except, look for prime cuts of meat replacing choice cuts. Blackwall Hitch, 5 Cameron St., has created 3 new cocktails to celebrate Mercy Street. All are made with ingredients and recipes the era. You'll be able to taste them during Restaurant Work James Looks is apparing



**Hank's Pasta Bar,** 818 N St. Asaph St., in the former Villa d'Este location. It will be a few months until we can enjoy her latest endeavor.

**New District Brewing Co.**, 2709 S. Oakland St. opened Jan. 9. This is a fully-

CONTINUED ON PAGE 7



for meat eaters and vegetarians alike. I love their Bento boxes, especially the baked chilled salmon. I've heard that the fried chicken bento box is far and away the most popular! Another favorite is the Korean brisket sandwich. Made with Roseda Farm beef, it features a generous portion of beef on a ciabatta roll, Asian slaw, housemade gochujang sauce (spicy), Just Mayo, and topped with fried onions. Teaism always does such a nice job with their vegetarian/vegan curries. They've changed to their new winter

of beef on a ciabatta roll, Asian slaw, house-made gochujang sauce (spicy), Just Mayo, and topped with fried onions. Teaism always does such a nice job with their vegetarian/vegan curries. They've changed to their new winter menu that features Palak Shalgam, This is a spinach curry with roasted turnips, coconut yogurt, and brown rice. Breakfast runs from 9:00 to 11:30 am (Monday to Friday) and 9 to 2:30 (Saturday and Sunday – be sure to enjoy a specially priced mimosa!). Don't miss the pancakes and French toast with organic

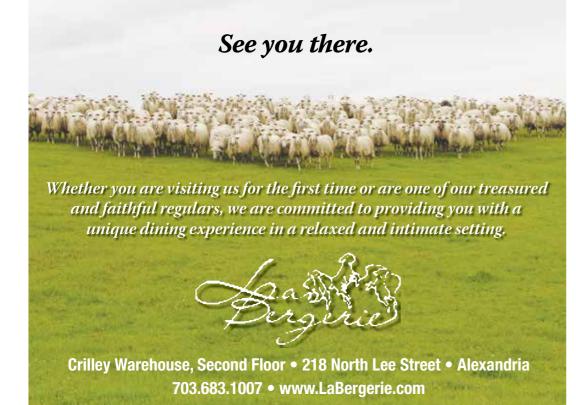
maple syrup, or the Irish oatmeal with apricots, blueberries, flax seeds, and toasted almonds. It's a great way to warm yourself on these cold winter mornings. Another reason to visit on the second Friday of every month is the Healthy Happy Happening from 6:00 to 7:00 pm. Each month features a guest speaker on topics about improving your physical and mental health. Teaism is also offering lunch and dinner during Restaurant Week. Make it one of your choices!

Teaism is offering lunch and dinner during Restaurant Week. Make it one of your choices!



#### Vincent LaMonte

More change is also coming to Alexandria. Vincent LaMonte has joined **Two Nineteen Restaurant**, 219 King St., in Old Town. Vincent



We're on our way to LaBergerie.



6

ZEBRA PRESS



In commemoration of our Civil War spotlight this month, I thought I'd bring you PEANUTS!!! Check out these Smoky Habanero Chili Lime Peanuts, available online and locally. The famous home cooked Virginia peanuts are hand-cooked and coated in a smoking habanero chili lime seasoning blend. These zesty hot peanuts make a unique taste like no other!!

As a matter of background, the status of peanuts became more prominent following the War Between the States when Union soldiers found them to their liking and took them home. The call "hot roasted peanuts" was first heard in the late 1800's at PT Barnum's circus. Desire for peanuts spread as circus wagons traveled across the country.

The first commercial peanut crop in Virginia was grown in Sussex County (near the present-day town of Waverly) in the early to mid-1840's. However, peanuts are a

part of Virginia's history dating back to the first settlers. Peanuts are currently produced on about 12,000 acres. Depending on the year, acreage has ranged from this year's level to around 50,000 acres, averaging in the low 20,000 range since 2002. Prior to the change in present legislation in 2002, Virginia typically grew 75,000 acres.

This space sponsored by

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### FOODIE NEWS ...

CONTINUED FROM PAGE 6

operational brewery with short- and long-term cold storage, a bar with 12 taps, tasting room with tables and seating, and a small retail space. Brothers Steve and Mike Katrivano own and operate the brewery with their father and one of Mike's college friends. Steve said, "We're very much a DIY organization that's been building up for quite some time."The brewhouse system was designed and built by Mike. Aldi's, 4602 Kenmore Ave., opened on December 17. Owned by the same corporation as Trader Joe's, it features both similarities and differences. Like Trader Joe's, most of the brands being carried are store brands. Items are displayed in their packing boxes. To get a cart, put a quarter in the slot, to get your quarter back, put the cart back.



Be sure to bring cash or your debit card too.

The **Waterfront Market**, 7 King St., closed in November for renovations after Alexandria Restaurant Partners has purchased a majority stake from owner Jody Manor. Expect a new full kitchen and expanded menu in the spring



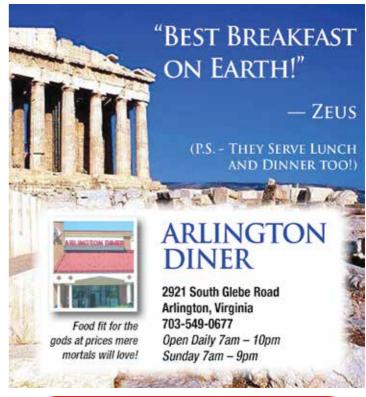
of 2016. **Monroe's**, 1603 Commonwealth Ave. has joined the list of closings in the 'hood.' Christmas Eve marked their last day. Owners Mark and Laura Abraham are retiring from the restaurant business. Thank you for 20 wonderful years.

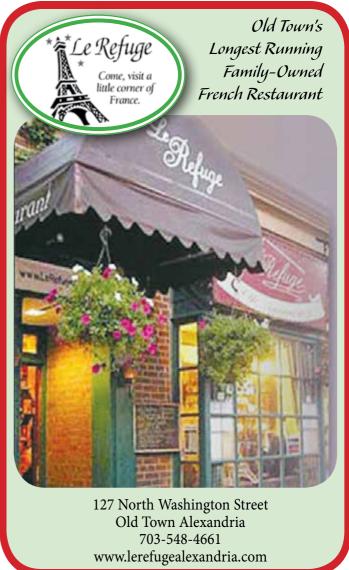
Seven Alexandria restaurants made Northern Virginia Magazine's Top 50 Restaurants list. Included on the list are #2-Restaurant Eve, #6-Brabo, #7-Vermilion, Others on Northern Virginia Magazine's top 50 list in Alexandria are Hank's Oyster Bar, Namaste, Reserve 2216 and Society Fair. Namaste is in the Rose Hill neighborhood and Reserve 2216 is temporarily closed while they look for a new space.

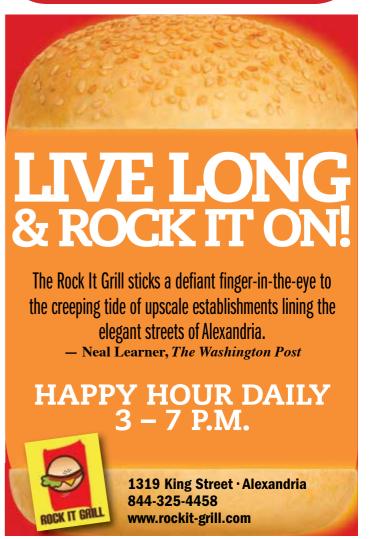
Eat well and enjoy.

In January we start saving money, getting out of credit card debt, funding our retirement accounts, and we're doing wonderful. Then, every single year like clockwork, starting in November, all of you fall into this trap that says, 'I have to buy this gift... I can't show up at this party and not have something for everybody.'

—Suze Orman

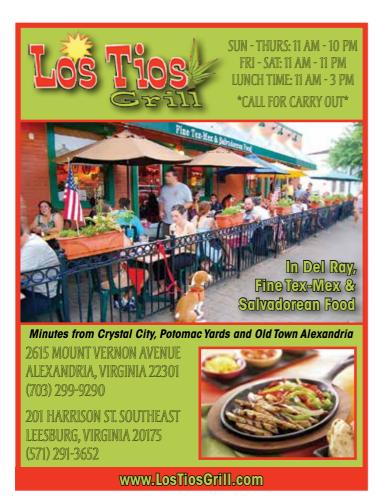






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## OLD TOWN ACE HARDWARE ANNOUNCES 7TH ANNUAL PINEWOOD DERBY WORKSHOP

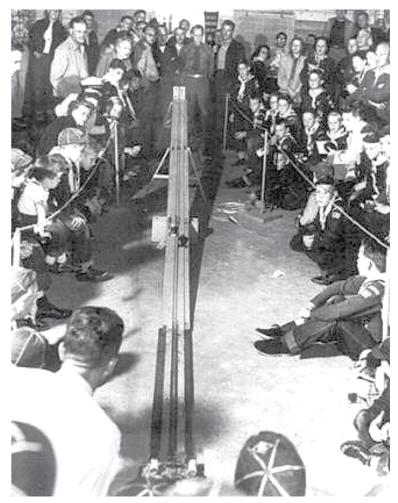
### NEW STORE OWNERS CONTINUE TRADITION, ASSIST CUB SCOUTS IN BUILDING DERBY CARS

Scouts, get ready to build your engines! Local hardware store Old Town Ace Hardware at 809 S. Washington St. is hosting a series of pinewood derby workshops for local Cub Scouts. During select weekends in January, the store will provide wood cuts, sandpaper, and work stations for scouts to prep their derby cars.

An estimated 300 scouts are expected to participate in the store's 4 workshops, during which scouts can cut their derby cars with the help of the store's skilled woodcutter Richard Lenegan.

The store asks that participating Scouts trace their car designs on their woodblocks prior to arriving at the workshops. Once cut, scouts can sand their cars and peruse the store's selection of official BSA pinewood derby merchandise, including decals, graphite, weights, paints, sandpaper, and derby kits.

Continuing the tradition set forth by the store's previous owner,



The first Pinewood Derby® was held in 1953 by Cub Scout Pack 280C of Manhattan Beach, California, operated by the North American Aviation Management Club. It was the brainchild of Cubmaster Donald Murphy. The derby, publicized in Boys' Life in October 1954, was an instant and enduring hit. The magazine offered plans for the track and car, which featured "four wheels, four nails, and three blocks of wood." (Courtesy photo)



The rules of the very first race stated: "The Derby is run in heats - two to four cars starting by gravity from a standstill on a track and run down a ramp to a finish line unaided. The track is an inclined ramp with wood strips down the center to guide the cars." The cars still roll that way today. (Courtesy photo)

new store owners Gina Schaefer and Marc Friedman are asking a \$1 donation per woodcut to benefit Children's National, our local Children's Miracle Network Hospital. Complimentary popcorn will be served during the event.

The workshops are scheduled from 3:00-6:00pm on January 16, January 17, January 23, and January 24, respectively. For additional information on the event, please contact store manager Nate Duncan by email (nated@acehardwaredc.com) or contact the store directly during regular business hours (M-S 8-8, Sun. 10-6) at (703) 566-7040.

#### **BOAT**

**CONTINUED FROM PAGE 4** 

with Thunderbird and other professionals in both maritime history and conservation, will dismantle the ship after it has been documented with 3-D laser scanning, photographs and measurements/drawings on site. The wood will then be maintained in a wet environment to allow for further study and possible conservation.



This is oakum - the caulking used between the planks – which may be mixed with horsehair-samples are been analyzed. (Alexandria Archaeology)

## **BURKE & HERBERT BANK ANNOUNCES VIDEO CONTEST WINNER**

#### Alexandria Teen moves on to national Lights, Camera, **Save! Competition**

Jackson J. Harvey, a student at West Potomac Academy in Alexandria will advance to the American Bankers Association (ABA) national competition, Lights, Camera, Save! His video, "A Squirrel's Guide to Saving," was selected by a panel of local experts as the Burke & Herbert Bank preliminary round winner. The winning video takes a creative and entertaining approach to promoting the value of saving to other teens.

The ABA Lights, Camera, Save! video contest challenged students, aged 13-18, across the nation to submit a 90-second video that would inspire other teens to use money wisely and promote the value of saving. As a Virginia participating bank, Burke & Herbert Bank was responsible for accepting and judging entries across the state. The Bank received entries from three different school districts.

"At Burke & Herbert Bank, Jackson's we are long-time supporters of financial literacy. We promote the importance of developing



Jackson Harvey wins preliminary round - shown with his TV Production teacher, Nancy Mantelli. (Courtesy photo)

Camera, Save! video contest is a great match for our bank," commented Terry Cole, Senior Vice President at Burke & Herbert Bank and one of the judges. "We're hoping that as the program builds awareness, more schools and their students will participate. What better way to increase financial literacy among young people than by getting them involved in crafting the message."

The Bank will recognize creative with a \$350 gift card. His TV production teacher, Ms. Nancy Mantelli, also will be tends to fall on deaf ears. But having them research the topic of saving, write a script about it, and then film it and edit it drives the point home in a way that words never could." commented Ms. Mantelli.

As the Burke & Herbert preliminary round winner, Jackson and his video will advance to the national competition. Students in the national competition can win \$1,000, \$2,500 or the grand prize of \$5,000, plus a scholarship for an educator from their school to attend the Jump\$tart National Educator



(Photo by Mark Briscoe)

The Alexandria Aces are actively searching for local area college and high school students interested in spending two months this upcoming summer working for the local college summer baseball team. Based on the preliminary Cal Ripken Collegiate Baseball League schedule for 2016, the Aces will open at home at Frank Mann Field at Four Mile Run Park on June 7th and will conclude the regular season at home on July 22nd. The playoffs are slated to conclude on July

31st. The Aces are looking motivated volunteers for from the surrounding local communities to fulfill the responsibilities assigned to as many as 14 volunteer staff members to include Game Day Coordinators, Press Box Specialists, and Social Media and Public Relations Coordinators. If residing outside the local area, please note that the Aces have historically been able to hire one or two of these staff members and arrange accommodations with local

host families, if required.

While the primary focus of the Alexandria Aces is the development and achievement of the players on the field under the guidance of Head Coach David DeSilva, the season cannot be successful without a dedicated Front Office and Game Day Staff. The Aces Internship Program is a great opportunity to gain experience, and develop and refine skills vital to successfully running a baseball organization.

**CONTINUED ON PAGE 33** 



### Cucina Italiana & Bar

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#### Trattoria da Franco

is one of the most successful restaurants in Old Town Alexandria for the past 30 years. The vast experience and creativity of its Chef along with the recipes and staff, guarantees great taste and high quality of any dish in our restaurant. It is the home of traditional Roman cuisine, as many politicians from Capitol Hill and famous celebrities have discovered along the past years.



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Two Entrees and a Glass of Wine Each Expires February 5, 2016

> 305 South Washington St. Old Town 703-548-9338



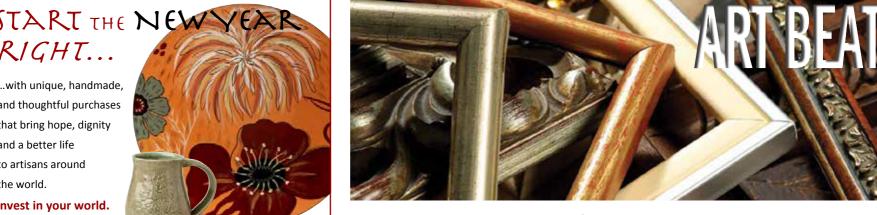
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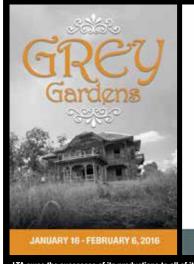


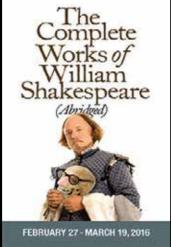


## ART IN PEACE, ART IN WAR

**ART REPORTER** 

The Little Theatre of Alexandry





LTA owes the successes of its productions to all of its talented members. We welcome all theater

600 Wolfe Street | Alexandria 703-683-0496 | thelittletheatre.com

In and out of wartimes, artists and writers keep on doing what they do to record current events, to tell a story, keep the news flowing, to promote and persuade, challenge or just to make sense out of what's happening at the time. During the disruption of our Civil War, artists continued to produce what and where they could. It is a known fact that one famous artists printing company, Currier & Ives, kept their own lithographic work in motion to produce artists' quality pieces of art that are coveted today.

Nathaniel Currier (1813-88) who ran a publishing company, connected in 1857 with James Ives (1824-95) to form a print publishing empire which dominated the American market until the early 20th century. They

lithographs depicting various aspects of American ways of life of often of ordinary, day-to-day experiences to exciting and moving events. Though they produced several still life themes and portrait pieces, most of their images displayed a lot of movement and activity that gave their work excitement and appeal to collectors and the American homemaker.

Many artists contributed their compositions to Currier & Ives to make prints, especially pictures to hang. There were unusual scenes, quiet, melancholic images that were clearly understood, simply and artfully composed for all ages. These lithographs were really beautiful showing people that looked like regular people surrounded by animals, trees and homes, along roadsides and over wide expanses of hills that defined

the American landscape. They represented what Northerners and Southerners both were trying to keep for themselves.

The curious attraction to a Currier & Ives print has the mysterious element that exists in much of art. If the picture or print has a subject and theme that interests you, it will also interest others. This makes for good gift-giving. And, to carry out that thought, if the print is of a subject that you never have thought about before, it is probably an even better gift of greater attraction to someone else.

Many of the early C&I prints were printed to depict the happening of the day. Today the photograph has replaced the lithograph as a news medium but the litho still is an art form of collector's search.

A "marked" C&I print is a found treasure. The restless

**CONTINUED ON PAGE 29** 





## DIVERSITY - LIVE AND LET LIVE IT!

Generally I spend time interviewing authors to gain insight about their work. Unfortunately, I was unable to connect with the publicist or authors of Living Diversity. The five photographers, who call the Columbia Pike area home, did a magnificent capturing the beauty and colorful elegance of culturally their diverse neighborhood. The pace of the cultural evolution for this section of Arlington, with its nearly 50,000 residents, however, seemed a surprise to the authors.

The collection of images in this work provides an illustrative story of the Pike's multicultural collision and its transformation. The result is a harmonic coexistence amongst those living there. Readers will see residents who are genuinely caring, fun loving and all welcoming towards each other.

What is striking about the Columbia Pike and Arlington diversity is the overabundance of cultural differences caused the immigration from so many countries. It is no longer enough to know that your neighbor is an African American, but from what country in Africa have they emigrated. Wolf points out in the book, "Now you need to know if your new friend is an Ethiopian or Eritrean. A half a decade ago it was a challenge to simply find someone who actually knew Eritrea was a country or could find it on a map".

Northern Virginia, in the not too distant past, made home to a narrow spit of ethnic groups mainly comprised of white southerners and black southerners. Even if

government workers and contractors, who essentially kept to themselves, you had a polarized community. Today multiculturalism abounds as evidenced within the Arlington Public Schools where over 40 non-English

languages are spoken in the ESL classes.

The photos guide you on a stroll through the hyper-diverse community, where 37% of the population is immigrants. Living this diversity is what the residents here do each and every day. The photos, serving

out into the world that will one day be theirs to conquer.

The more time I spent studying the pictures the more I was reminded of my childhood days in the Bronx. The number of countries from which people came to America has exploded since

then as the world opened its doors. However the aspect of living cultural diversity has not. My neighborhood consisted of English, Irish, Germans, Puerto Italians, Ricans, Asians and Afro-

**CONTINUED ON PAGE 42** 

Diversity - Live and Let Live It!

Review: Living Diversity Photographers: Lloyd Wolf, Duy Tran, Paula Endo, Xang Mimi Ho, Aleksandra

Lagkueva

Publisher: Columbia Pike **Revitalization Organization** Reviewed by: Ralph Peluso, Literary Editor Zebra Rating: 4 Stripes



At left are young men in football uniforms taken nearly fifty years ago: On the right is the same group taken last year. We've remained friends for over a half century not because we in many ways including race, color and creed. I think we'd all agree, that we saw each other as the same; the fact that our heritage was different was secondary." -Ralph Peluso

Photos from Ralph Peluso collection.



"This reviewer reflected upon the living diversity he experienced growing up in the Bronx, NY. "lived our diversity" but because we were united in purpose. Those pictured are truly diverse

as the lens for everyday life,

This reproduction of an 1877 map of Alexandria Virginia is available exclusively at Gallery Lafayette.

We are offering this museum quality framed reproduction for \$300





Artist & Framemaker

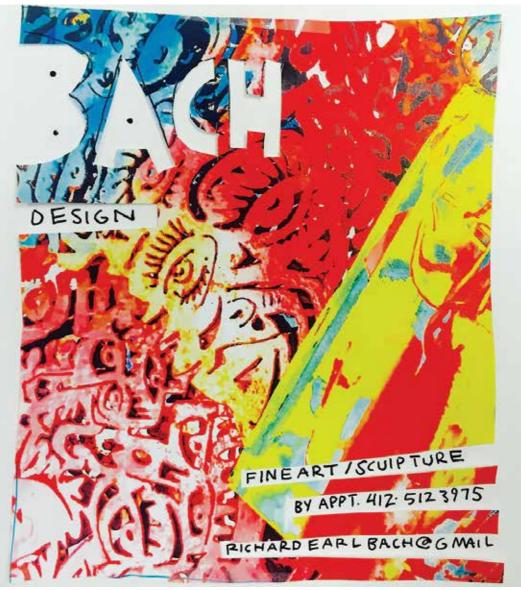
130 South Royal Street Old Town Alexandria

703-549-7883

will push you through their daily experience. You'll join a group of neighbors hiking on a snow-covered street just before dawn, probably on their way to work, or celebrating the jubilance of a magical summer street festival.

> The pace of change forced neighborhood development business along the Columbia Pike corridor to grow equally as fast. The array of colorful merchant signage along the main drag may bring viewers back to a simpler era in the United States, pre-HOA and overreaching zoning regulations. Warmly and with broad smiles proprietors entice you into their shops to sample food, get a

you throw into the mix the relaxing massage or if you are uber venturous, convince you to peek into your future with a psychic Tarot card or palm reading. My favorite nostalgic image is one of pure innocence, which is of a child standing in the doorway clad only in a white diaper staring



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## JANUARY Z-VENTS \* 1

#### **ONGOING EXHIBIT**

Medical Care for the Civil War Soldier Fort Ward



#### Tues.-Sat. 10:00 am to 5:00 pm Sun. Noon to 5:00 pm 4301 West Braddock Rd.

Fort Ward Museum has an ongoing exhibit which features original medical instruments and equipment from the Civil War period and information on Union Army hospital sites in Alexandria. Fort Ward is the best preserved of the system of Union forts and batteries built to protect Washington, DC during the American Civil War (1861-1865).

#### **ONGOING EXHIBIT**

Mercy in Alexandria Walking Tour Fri.-Sun. by appointment 3:00 pm Visitors Center 221 King St.

Experience an inside access tour of 19th century Alexandria. Inspired by the upcoming PBS miniseries Mercy Street, accompany a trained military historian through Civil War era Alexandria and learn the actual history behind the TV show. Get behind the scenes of locations Mercy Street characters lived, worked, and played. Visit an actual Civil War hospital. Discover the inner workings of a Civil War tavern. See where and how medicines were made for wounded soldiers. Reflect within a Union Soldiers' chapel. Discuss the challenges doctors and nurses experienced in caring for the wounded. \$15/person and \$12 for seniors and Veterans. \$99 by appointment for groups of five or less. Children under 12 free. 703-407-6663

#### **ONGOING EXHIBIT**

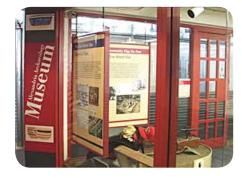
Civil War Alexandria Self-Guided Tours Mon.-Sat. 10:00 am-5:00 pm, Sun. 1:00-5:00 pm Lyceum

201 S. Washington St.

Fans of Mercy Street will learn about the real history behind the show on this self-guided walking tour, which features significant Civil War Alexandria sites all within walking distance of the Lyceum which was seized and used as a hospital during the war.

#### **ONGOING EXHIBIT**

**Civil War Sundays** 



#### Sundays Alexandria Archaeology Torpedo Factory Art Center 105 N. Union St. #327

Explore the Civil War in Alexandria. See an original May 26, 1861, edition of The New-York Tribune detailing Colonel Elmer Ellsworth's death in Alexandria, a Peeps diorama illustrating Ellsworth's death, a TimeTravelers Passport exhibit featuring the Civil War drummer boy, a diorama of a heating system constructed in Alexandria to warm Civil War hospital tents during the winter of 1861, a cocked and loaded Wickham musket discarded in a privy during the 1860s, and an exhibit on a Lee Street

archaeological site during the Civil War. Free. (703) 746-4399

#### **ONGOING EXHIBIT**

Ivy Hill Cemetery Self-Guided Tour 2823 Kings Cloister Circle

Ivy Hill Cemetery presents a self-guided tour on the Green family and Frank Stringfellow, who are featured in the PBS drama "Mercy Street". Chartered in 1856, Ivy Hill Cemetery is the final resting place of the Green family and Frank Stringfellow. Guided tours will be available upon request. Maps for self-guided tours are available at the Ivy Hill Cemetery office from 8:00 am to 4:00 pm. Also available for download from Ivy Hill Cemetery's website www.ivyhillcemetery.net

#### **ONGOING EXHIBIT-MARCH**

The Journey to be Free Tues.-Sat. 10:00 am-4:00 pm Alexandria Black History Museum 902 Wythe St.

During the Civil War, thousands of African Americans escaping slavery sought refuge behind Union lines in Alexandria, Virginia. The fugitives found freedom in Alexandria, but also a city under siege. The influx overwhelmed the city. Rampant disease and deprivation took their toll on the freedmen. A cemetery was created for those who had survived slavery, but did not live long in freedom. This event shows the legacy of Alexandria's Contraband community and the amazing story of their burial ground that was lost and rediscovered.

#### **JANUARY 9- FEBRUARY 29**

Downton Abbey Tours Saturdays Lee-Fendall House 614 Oronoco St.

Learn the surprising connections between people and places within the world of the television series and those of the Lee-Fendall House. The tour features the service wing, which is not normally open to public view. Tickets are available for sale through the museum's website. www. leefendallhouse.org \$10 advance, \$12 at door. 703-548-1789

#### **JANUARY 15**

43rd Annual Martin Luther King Jr. Memorial Program 7:30 pm Third Baptist Church 917 Princess St.

The City of Alexandria will honor the life and legacy of Dr. Martin Luther King, Jr., in a community program, Our World, His Dream! Make it Happen! The program, presented by the Martin Luther King, Jr., Memorial Planning Committee, will include welcome remarks by Mayor Allison Silberberg, a keynote address by former Washington, D.C. Mayor Sharon Pratt Kelly, and music by the Metropolitan Washington Baha'i Chorale.

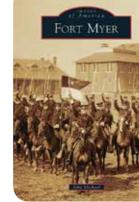
#### **JANUARY 16**

The History of Fort Myer 10:00 am- noon Alexandria Archaeology Museum

105 North Union Street, #327

This is a lecture and book signing with author and historian, John Michael. This book boasts more

than 200



vintage photographs and memories of days gone by. Overlooking Washington, DC, Fort Myer holds a commanding view of America's capital. Built in 1863 from the Custis-Lee estate, one of 70 defensive Civil War fortifications of the capital, this historic US Army post was known as Fort Whipple. As the war ended and reconciliation began, only this fort remained and was later renamed to honor the US Army's first signal officer, Brig. Gen. Albert J. Myer. Photographs and text present the evolution of this national landmark in its first 100 years, including its buildings, people, and events. Free, but reservations required, archaeology@ alexandriava.gov or 703.746.4399

#### **JANUARY 18-FEBRUARY 29**

Martin Luther King, Jr. Poster Exhibition and Program

#### Vola Lawson Lobby of Alexandria's City Hall 301 King St.

The 2016 exhibition displays students' illustrations of their own family's struggles and journeys to reach Alexandria, perhaps from another country or situation. With the theme: 'Journeys: Your Road to Alexandria,' students answered the question, 'How did you come to Alexandria? Were your ancestors settlers, brought here as slaves, immigrants looking for opportunity or freedom? The story of our city begins with journeys from all over the world. The struggle for freedom and equality begins with sharing our experiences and stories with each other. Dr. Martin Luther King, Jr.'s life-long work for civil rights in America was a journey to freedom for justice and respect.

#### JANUARY 1- MAY 1

Green Family Exhibit
Daily
Stabler-Leadbeater Apothecary
Museum
105-107 S. Fairfax St.

The Stabler-Leadbeater Apothecary remained open and operational when Alexandria was occupied during the Civil War. The Green Family and Union Quartermaster staff shopped there to purchase everything from Laudanum to Cologne. Today, visitors can take a

Quartermaster staff shopped there to purchase everything from Laudanum to Cologne. Today, visitors can take a guided tour and experience the historic space where occupied Alexandria came to shop. The exhibit features the purchases and stories of the Green Family and the Union Quartermaster.

#### JANUARY 19-JULY 11



Who These Wounded Are: The Extraordinary Stories of the Mansion House Hospital Tues.-Sat. 10:00 am-4:00 pm Sun. Noon to 4:00 pm Carlyle House 121 N. Fairfax St.

From 1861-1865, the US Army used Carlyle House and the adjacent Mansion House Hotel as a hospital and staff quarters. The people who lived and worked at this site in Alexandria and their real life stories have inspired the PBS television show, Mercy Street. The

owner of the house and hotel, James Green, was one of the richest men in town and made a deep historical footprint on Alexandria. Carlyle House's exhibit will feature the factual story of the history of the site and its occupants. Upstairs, a new interpretation will explore the lives of these individuals through period hospital rooms and doctor/officer housing. (703) 549-2997

#### **JANUARY 25**

Nurse Clarissa Jones Exhibit
Mon.-Sat. 10:00 am-5:00 pm, Sun. 1:00-5:00 pm
The Lyceum

201 S. Washington St.

The Lyceum mounts an exhibit on the life of Clarissa Jones, a nurse at The Lyceum hospital during the Civil War. It will bring home to visitors the true story of an actual nurse in Alexandria during the war, drawing parallels with characters portrayed in the PBS drama "Mercy Street." It includes references to the experiences of other Alexandria nurses at that time, such as Anne Reading, who actually worked in the Mansion House hospital, and Jane Woolsey, who served at the Fairfax Seminary Hospital.

#### **JANUARY 25**

Medical Heroism in Alexandria by Tom Schultz 7:00 pm-8:00 pm Athenaeum 201 Prince St.

During the Civil War, Alexandria became a Union occupied logistics and medical center. The Athenaeum was employed as a Union hospital for a short time and later as the Headquarters of the Union Commissary General. Alexandria Historian Tom Schultz will discuss the heroism and challenges that doctors and nurses experienced in ministering to the wounded in Alexandria and the advances in women's rights and medical science as a result of their efforts. Come and hear true stories about the type of military medicine featured in 'Mercy Street'. \$10 703-548-0035

#### FFRRIIARY 3

"We are not Butchers: Military Surgeons of the Civil War"
The Lyceum
201 S. Washington St.

The Lyceum and Fort Ward Museum are co-sponsoring a lecture on medicine during the Civil War, presented by the Civil War medical historian and interpreter, Von Barron. Mr. Barron will discuss general medical knowledge and practices of the period, and military hospital facilities of the time, both in the field and urban centers like Alexandria. Snow date February 25. \$5.703-746-4994

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JANUARY 2016

## JANUARY Z-UENTS

#### **JANUARY 23**



Civil War Ball 8:00 pm-11:00 pm Gadsby's Tavern Museum 134 N. Royal St.

Enjoy the opportunity to dance in Alexandria's City Hotel, a tourist attraction for soldiers during the Civil War and quarters for Unionist Gov. Francis Pierpont. This evening from the 1860s includes live music, desserts, and a cash bar. Period attire (either civilian or military) is encouraged, or afterfive wear. A ladies' changing room is available with prior request. \$45; reservations required; tickets available online at www.shop.alexandriava.

#### **JANUARY 23**

#### The "General's Tour" Lee Birthday Observance 1:00 pm Lee-Fendall House 614 Oronoco St.

In observation of the birthdays of Henry "Light Horse Harry" Lee and Robert E. Lee, the Lee-Fendall House will offer a guided walking tour of Lee family homes in



Alexandria's Historic Old Town. The tour highlights locations and stories associated with both men's lives in Alexandria, their home for many years. The tour lasts approximately 90 minutes. Purchase of tickets in advance is highly recommended. Participants are encouraged to wear comfortable shoes\$10 advance, \$15 at door. www. leefendallhouse.org Free for members.

#### **JANUARY 24**

Presidential Salon with James Madison 3:00 pm-4:30 pm Gadsby's Tavern Museum 134 N. Royal St.

Join President Madison as he discusses and engages guests about political and personal issues of 200 years ago, in 1816. Reservations recommended. \$15 per person, \$10 high school/college students; tickets available online at www. shop.alexandriava.gov

#### JANUARY 28-FEBRUARY 11

#### 8th Annual George Washington Birthday Cherry Challenge

In the spirit of the old cherry tree tale, we celebrate George Washington's important presence in his hometown of Alexandria with a competition among the restaurants in Alexandria. Each restaurant will develop its own cherry cocktail, appetizer, entrée, and/or dessert, in honor of our distinguished native son. Patronize the participating restaurants during the period and vote for your favorite cherry drinks, starters, entrees and desserts. Visit http://www.washingtonbirthday.net/cherry-challenge for participating restaurants.

#### **JANUARY 28**

Staged Reading of a New Play, Virginia Luxuries by Pamela Leahigh 7:00 pm Athenaeum 201 Prince St.

One old home in Alexandria houses both the past and the present. Two families, one modern, one living during the Civil War, find that their s\$15. (703) 548-0035

#### **JANUARY 29**

Gray Ghost Wine Dinner 7:00 pm-9:30 pm Gadsby's Tavern 134 N. Royal St.

Enjoy 19th-century-inspired food and wine for the modern palate! This 5-course wine dinner will feature wines of Gray Ghost Vineyards, created on lands "Gray Ghost" Confederate Gen. John S. Mosby and his men operated upon during the Civil War. \$100/person inclusive; reservations required. Tickets online: shop.alexandriava.gov

#### **JANUARY 30**

Explore the Real Mansion House 10:00 am Carlyle House 121 N. Fairfax St

Go behind the scenes and learn about the true story of the nurses, doctors, soldiers and Alexandrians who star in PBS's new series Mercy Street. The program will begin in one of the original lobbies of the famous hospital, normally closed to the public, with coffee, bagels and a presentation lead by Sarah Coster, curator of the exhibit Nurses, Soldiers, Spies: The Mansion House Hospital, and Audrey Davis, historical consultant for Mercy Street and Director of the Alexandria Black History Museum. Then, join us for tours of the Carlyle House, the Green family's stately Southern mansion, whose history goes back to the 1740s. \$10 Alexandria Historical Society and Friends of Carlyle House Members, \$20 all others.

#### **JANUARY 31**

Gallery Talk: Suzanne Stryk/ Notes on the State of Virginia 3:00 pm Athenaeum 201 Prince St.

Suzanne Stryk's works are a series of assemblages inspired by Thomas Jefferson's book Notes on the State of Virginia. She travelled the state and visited places he described, met with local guides, and created these works based on her reflections. The work is both artistically excellent and appealing to anyone interested in the history and ecology of Virginia. This exhibit generously supported by a grant from The Puffin Foundation. Free.

#### **FEBRUARY 4**

Heroines of Mercy Street, a Presentation by Historian Pamela D. Toler, PhD. 7:00 pm The Lyceum 201 S. Washington St.

Heroines of Mercy Street, a new book by historian Pamela Toler, tells the true stories of some of the remarkable women who worked as nurses at the Mansion House Hospital, Alexandria's largest during the Civil War. Most of these women had little or no experience with nursing, but they wanted to serve their country and do something to help ease the enormous suffering from disease and battlefield wounds during the conflict. They often taught themselves nursing under adverse circumstances, including active hostility from the surgeons they worked with, and helped to create a profession that did not exist before the

war. The book will be available to the public after February 16, 2016, but The Lyceum and other Historic Alexandria museum stores will have it on the shelves after that date. \$10.Call Jim Mackay, (703) 746-4994, for additional information

#### FEBRUARY 5-28

All aBoard Art Exhibit
Thur. 12:00 pm-6:00 pm, Fri. 12:00 pm-9:00 pm,
Sat. 10:00 am to 9:00 pm, Sun. 12:00 pm -6:00 pm
Colasanto Center
2704 Mount Vernon Ave.

All aBoard" exhibit takes patrons on a journey around Del Ray Artisans gallery to view works of eight Board members: Ron Blank, Michele Reday Cook, Kim S. Joy, Stephen Lally, Marlin Lord, Elizabeth Guerry Mead, Kathy Turner, and Joan Woodill. Artists showcase work in unique mediums, with no two alike. Patrons take artwork home when purchased! Reception Friday, February 5, 7:00 pm-9:00 pm. Free

#### **FEBRUARY 6**

Harriet Jacobs and Julia Wilbur: Friends and Allies in Civil War Alexandria 11:00 am Alexandria Black History Museum 902 Wythe St.

Writer, editor, and Civil War researcher Paula Whitacre will deliver a lecture on Harriet Ann Jacobs and Julia Wilbur, two women who lived in Alexandria during the Civil War and wrote about their experiences. Harriet Ann Jacobs was an African-American writer who escaped from slavery and was later freed. She became an abolitionist speaker and reformer. She wrote an autobiographical novel, "Incidents in the Life of a Slave Girl." Julia Wilbur, a relief worker from Rochester, NY, came to Alexandria during the Civil War. She kept a detailed diary from the 1840s through her death in 1895, some of which Paula Whitacre transcribed and annotated. This event is co-sponsored by Alexandria Archaeology and Alexandria Black History Museum. Free. (703) 746-4356

#### FEBRUARY 7, 14, 21, 28

"Walking with Washington" 2:00 pm-3:30 pm Ramsay House Visitors Center 221 King St.

Did you know that there are over 140 places in Alexandria today that are associated with George Washington? This tour is designed to show you some of them and expand your knowledge of Washington and Alexandria, his home town. Free.

#### FEBRUARY 7

Winter Warmer Tea with Martha Washington 2:15 pm or 2:45 pm tour before tea Seating at 3:00 pm and 3:15 pm Gadsby's Tavern 134 N. Royal St.

Enjoy the warmth and hospitality of the tavern this winter! With Martha Washington in attendance, choose from a variety of 18th-century desserts while you sip the Museum's special blend of tea or take a cup of American Heritage Chocolate. \$35/person inclusive including tour of museum;

reservations required; tickets available online at www.shop.alexandriava.gov

#### FEBRUARY 8, FEBRUARY 22, MARCH 7

Women of Alexandria, from Antebellum to the 20th Century 7:00 pm Athenaeum 201 Prince St.

Alexandria spent four years as an occupied city. During that time, daily life became quite different for residents who remained in the city,



and in many cases, the war changed the course of women's lives. Women of Alexandria, from Antebellum to the 20th century will illuminate an important side of the city's history that we feel has been under-investigated: the effect of the Civil War on the lives of Alexandria's women. Free but donations accepted.

#### FEBRUARY 10-FEB. 26

SpaceBop 10:30 am Wed., Thurs., and Fri.; 10:00 am and Sun. 11:30 am; on Mon. Feb. 15 10:00 am and 11:30 am Athenaeum 201 Prince St.

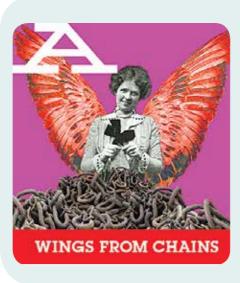


Journey to the musical cosmos in Arts on the Horizon's world-premiere piece for babies and toddlers, Space-Bop! Drawing on a little one's early love of light and vocal play, Space-Bop takes place under the starry sky and features a GRAMMY®-nominated hip-hop artist and beatboxer, a Chaplinesque hero, and the endearing denizens of outer space, like a pinwheel comet and a glowing star. In Arts on the Horizon's signature multi-sensory, nonverbal style, Space-Bop invites our youngest audience to look up at the stars, have a giggle, and dream along with the hip-hop beat. Best for children ages 0-2 and their families. \$6

#### PRESIDENTS DAY WEEKEND CELEBRATION

February 13-14 9:00 am-4:00 pm Mt. Vernon Estate 3200 Mount Vernon Hwy

George Washington's favorite breakfast was "hoecakes swimming in butter and honey." Join "General Washington" for a sample of hoecakes prepared by Mount Vernon staff (while supplies last) from 9:00 am to 12:00 pm. Following the breakfast sampler, visitors can mingle with costumed characters from George Washington's world from 11:00 am to 1 pm. At 1:45 pm take part in Mount Vernon's largest-ever 18th-century dancing demonstration with costumed characters on the Bowling Green! After the dancing ends, re-enactors gather with visitors to share selected stories with "George Washington" at 2:00 pm. All weekend guests will be encouraged to create birthday greetings for George Washington which will be shared with "General Washington." Free birthday cake (while supplies last) is available to guests from 3:00 pm to 4:00 pm with the "General." Wreathlaying ceremonies take place at the tomb of George Washington takes place at 10:00 am and 3:00 pm. Adults, \$20; children ages 6-11, \$10; children under 5 free.



#### **FEBRUARY 5**

Opening Reception: Wings from Chains 6:00 pm Athenaeum 201 Prince St.

Wings from Chains is an open call competition inviting artists to consider women's roles and responsibilities in society – yesterday, today, and tomorrow – and to explore the transformation from oppression to liberation, shame to pride, and drudgery into art. Free.

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## Mercy! Mercy Street is Coming...

#### BY KRIS GILBERTSON

On Sunday, January 17,

2016, Mercy Street, a Civil War-era drama set in Alexandria, will debut on PBS. It will air at 10:00 p.m., after Downton Abbey. Beginning in the spring of 1862, Mercy Street follows the lives of two volunteer nurses from opposite worlds and political persuasions: Mary Phinney, a staunch New England abolitionist, Emma Green, Confederate belle. The women collide at Mansion House, formerly the Green family's luxury hotel at the southeast corner of Cameron and N. Fairfax Streets, which has been confiscated and transformed into a Union

Army hospital. (The Bank

of Alexandria building is

the only surviving section

of Green's

House Hotel.)

The series is not about battles and glory, rather the drama and challenges of everyday life behind the frontlines. It opens a window on a world unprecedented medical demands create a chaotic atmosphere, challenging doctors, nurses and patients in unimaginable ways, even while the pressures of Union occupation threaten to tear apart proud Confederate

Under martial law, Alexandria has become a melting pot filled with soldiers, civilians, female



Mansion House Hospital, looking south on Fairfax Street. The only extant portion of Mansion House is the building at the forefront, now the Bank of Alexandria building. The extensions south, built on the Carlyle House lawn, were razed in the 1970s. (Library of Congress)



Emma Green (Hannah James) and Jedediah Foster (Josh Radnor). (Courtesy of Antony Platt/PBS)

volunteers, doctors, wounded men from both sides, contraband blacks, prostitutes, speculators and spies. The forced intersection of North and South creates a chaotic, often corrupt world full of conflict and sometimes even hope.

Mercy Street is based on both historical and composite characters; it combines real and dramatized places and events as backdrops for an array of colliding storylines. To ensure historical accuracy, the producers engaged distinguished team advisors headed noted historian James McPherson and including leading experts on Civil War medicine, military history, women in the Civil War era, and African American including history, Audrey Davis, director of the Alexandria Black History Museum. Each script was vetted with the entire advisory team, many of whom were on set during the show's

Although all filming took place in Richmond and Petersburg, Virginia, the sets will look and feel authentic to Virginians who know the history. But a series can only depict a microcosm of an era, with composite characters and artistic license. There was a great deal more to the real Alexandria of 1862. Read on.

### CONTRABAND -THE PATH FROM BOUND TO FREE

PBS production companies (Lone Wolf, Dave Zabel, Zucker) and David collaborated on that Mercy Street carefully researched the history and conditions in Civil War Alexandria. They assembled an impressive team of technical advisors, headed by historian James McPherson, which

included Audrey Davis, director of the Alexandria Black History Museum.

Lisa Wolfinger of Lone Wolf Productions approached Davis more than a year ago to ask what resources the Black History Museum could offer in telling the story, particularly the

**CONTINUED ON PAGE 28** 



Workers at the Quartermasters Wharf, Alexandria. It is not known if these workers were contraband or free African Americans, but work for the Union Army at the wharves was available to both communities. (Library of Congress)

## **BEYOND MERCY STREET**

## The Rest of Alexandria During the Civil War

Mercy Street portrays the interactions of two Civil War nurses, one from New England, the other Virginia, at the real Mansion House Hospital in Alexandria. The series is not about conflict on the battlefield; rather, it dramatizes the extraordinary challenges ordinary people faced behind the frontlines.

Battery Rodgers, part of a ring of defenses built to protect the national capital, was located at the mouth of Hunting Creek. Its guns were aimed south to protect against attackers on the Potomac River. (Library of Congress)

But there is more to understanding the backdrop—Civil War Alexandria—than can be depicted TV. Local historians often focus on the colonial period—the Revolution, hometown of George Washington—but by the mid-19th century, Alexandria was a municipal force to reckon with in the Mid-Atlantic.

#### **Prosperity on the Potomac**

Alexandria was a medium-sized city for that time—some 12,000 residents, including a free African-American community of 400 experiencing widespread economic success. The Alexandria Canal linked to the Chesapeake & Ohio Canal at Georgetown, bringing Virginia coal and lumber to Alexandria wharves. Rail lines to the Shenandoah Valley brought agricultural commodities to city mills and bakeries and sent locally made goods like furniture and stoneware throughout the region.

Potomac River shipyards built ships; the Virginia Locomotive and Car Works built engines and rolling stock for railroads and engines for factories. The gas works lit up streets; a utility on Shuter's Hill piped water into subscribers' yards and to pumps on street

But for all its commercial value, the city's overarching importance lay in its location just across the Potomac River from the White

"When Virginia secedes," says Jim Mackay, Director of The Lyceum, "the first thing you're going to do is march over the river and occupy Alexandria, because you can't let all this be in Confederate hands, just a stone's throw from Washington."

By 1860, change was being felt. Disruptions to basic services crept in. Mail delivery became

spotty. Certain private shipping companies on October 17, 1859, while newsworthy refused orders. Adams Express Company, for example, had routinely shipped freight up and down the Atlantic Seaboard. Early in 1861, they were shipping ammunition from northern armament manufacturers to the south. The early Confederacy was stockpiling arms and ammunition. Adams Express, just one pipeline, was eventually was cut off.

#### Steps to secession

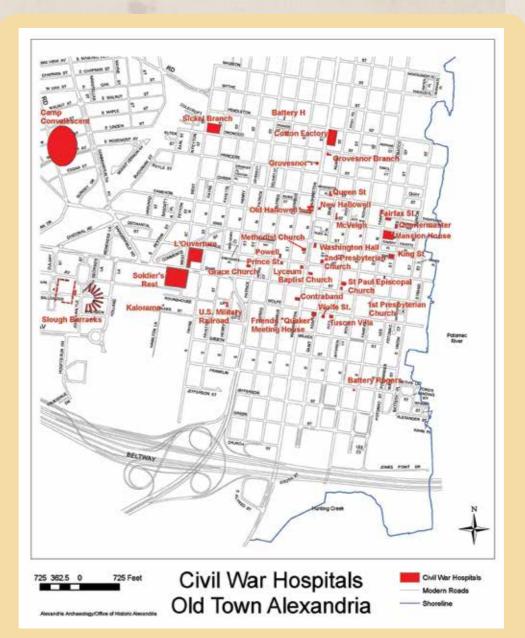
In the 1850s, most Americans considered state government to be their main authority, not the Federal government. John Brown's raid on the Federal arsenal at Harper's Ferry, Virginia,

throughout the region, was considered merely a bothersome incident in Alexandria.

During the period, Alexandrians tended to be politically conservative and remained so as the election of 1860 approached. From the hometown of George Washington, Alexandrians had fought in the Revolution and War of 1812. They identified as part of the Union. People wrote editorials and articles about how secession would be the worst thing they could possibly do.

Alexandria Gazette editor Edgar Snowden

**CONTINUED ON PAGE 27** 



Map of Civil War hospitals in Alexandria. This map from Alexandria Archeology includes 33 hospitals. Hospitals set up temporarily or in temporary buildings may not be included. While some hospitals, such as Mansion House, functioned throughout the war, others operated for a matter of months or a year. Structures still standing that were used as hospitals during the Civil War include:

**Contraband Hospital and School** 

**Downtown Baptist Church** 

Fairfax Seminary (in Alexandria County, during the war)

Fairfax St. Hospital

Fowle/Powell Hospital

**Grace Church Hospital** 

King St. Hospital Lee-Fendall House The Lyceum

**Mansion House Hospital** 

Prince St. Hospital Quartermaster's Hospital

Queen St. Hospital

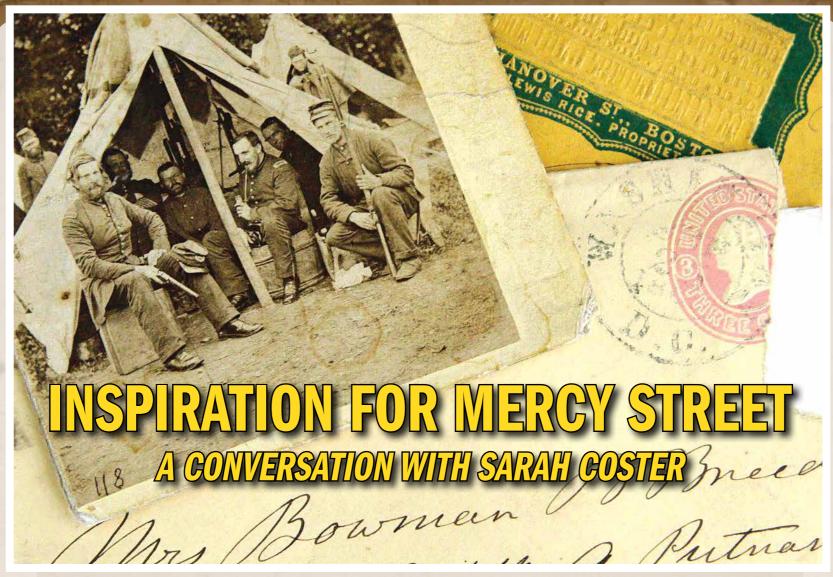
Second Presbyterian Church

St. Paul's Church

**Washington St. Methodist Church** 

**Wolfe St. Hospital** 

THE ZEBRA PRESS JANUARY 2015



Found letters of the period helped inspired the script of Mercy Street and provide historical accuracy. This April 5, 2011 photo shows Dr. Bowman Bigelow Breed with a pipe in an 1861 photograph at Camp Essex, Md., next to letters written to his wife Hannah during the Civil War while he served as a surgeon in the Union Army. Their "precious letters," which managed to survive the ravages of time and several family fires, would total nearly 1,000 by war's end. (AP Photo/Gerry Broome)

Alexandrian Sarah Coster was the Director of Carlyle House museum during the Civil War sesquicentennial in 2011. Her research into events at Carlyle House and the Mansion House Hospital during the Civil War provided a base upon which the Mercy Street series was built. Kris Gilbertson Sarah interviewed December 2015.

#### I'm told that you are the person who pitched what became Mercy **Street to PBS?**

I wouldn't use the word pitched, but it did come from part of my research so let me give you a brief background on how it came about. Several years ago we were getting ready for the sesquicentennial, the 150th anniversary of the Civil War. Carlyle House mainly interprets the 18th century, the early founders of Alexandria, John Carlyle, and the Revolutionary War.

To get ready for the sesquicentennial, decided to look into our Civil War history a little deeper than we ever had, and we found some really fascinating things, some amazing characters, like nurses who had published journals; a beautiful photo

#### Did they ask you about things like changing names and composite characters?

Lisa was very upfront with me from the beginning that they had to have room for artistic license, so we just let them handle that. We all had a lot of nerves at Carlyle House: Are they going to handle these characters with the respect that they deserve as real people? I think that they really did. Any license they took in changing them was in the right direction to make them more relatable for us but still encompassed the important parts of their character and of the history, so I was pleased with that.

album of all the doctors that was given by one of the patients to one of the surgeons. We found letters from soldiers that had been recuperating at the hospital. It became really interesting to learn about the hospital

the Civil War.

We decided to create an exhibit and wrote some papers that appeared on our website. A woman who had done work for PBS, Lisa Wolfinger of

at the Carlyle House during Lone Wolf Productions, saw our articles online. She contacted me, and came to visit, and talked about her interest in these stories.

> Lisa was looking at a smaller scale project than Mercy Street ended up being.

She started writing scripts based on our research, and PBS really liked her scripts. They decided to make it even bigger than Lisa had imagined, more along the scale of Downton Abbey, which is what it is now.

#### Tell me about the research: Where did you find these materials?

In a variety of places. Alexandria has a wonderful resource in the Special Collections Library, part of the Alexandria Library System. It contains a whole archive on the Green Family. When people watch Mercy Street, they'll see several characters that are part of the Green Family. They owned the hotel, the Mansion House Hotel, that became the Mansion House Hospital during the Civil War. Several family members are characters in the show.

They have lots of other records in storage at the library, so one can go and look at them, including a diary written by James Green's son. He writes in detail about soldiers arriving when Alexandria becomes occupied. He writes about the transformation to a hospital and all of the

**CONTINUED ON PAGE 17** 



This Civil War nurse is believed to be Mary Phinney von Olnhausen tending to wounded at Mansion House hospital. (Library of Congress)

#### **INSPIRATION**

**CONTINUED FROM PAGE 16** 

feelings tied up in that. It was a great resource.

Carlyle House itself, when they were

Carlyle House itself, when they were renovating in the 1970s they found a lot of documents, like hidden in the floorboards. Letters that people dropped, literally dropped, fell on the floor and were never delivered to girlfriends or family. And playing cards that the men would play with while recovering from their injuries. Also, private collectors came to us when hearing we were interested in the subject. Several collectors wrote us with photos, letters, all relating to that time.

Also, very wonderfully, two of the nurses, Anne Reading [character Anne Hastings] and Mary Phinney von Olnhausen, wrote diaries that were eventually published. These are easily accessible through the library or online resources.

## The materials like the letters and the things that are clearly very fragile and need protection--were they part of the sesquicentennial?

Yes, we were able to display most of the letters during the sesquicentennial. Unfortunately, as you say, because the letters are fragile, they can't be displayed for very long. They begin to fade. Most of them are off display right now, but there are still photos and things in the display at Carlyle House, and they are expanding the exhibit and interpretation of the history to some rooms beyond it. [This will include] a couple of hospital rooms and will display some of the letters and other things they found.

### For historical accuracy, were there patients actually in Carlyle House?

That's something that's very [unclear] right now. You have to read between the lines. The hospital comprised the current Bank of Alexandria building. It's still there today on the corner of Cameron and N. Fairfax but it extended into what is now the front yard of Carlyle House all the way across to the building on the other side. That was the main block of the hospital.

Carlyle House is the mansion behind it. The main hospital was the building in front, but from what I can tell from the letters that some officers wrote, Carlyle was where the officers lived, and the surgeons—the higher ups—not necessarily patients.

#### And the Greens were living there at the same time?

That's the way they portray it in the series. They were living there when Alexandria was first occupied but then, in November 1861, James Green received an eviction notice. They gave him four days to get everything out of the hotel and Carlyle House. He moved the family to one of their other homes on Wolfe Street, so they were close by, but not actually in Carlyle House, living right next to the soldiers.

#### When did you realize the value of this story?

I felt an emotional connection when I started reading stories of the nurses because it was such a breakthrough time for women. I've always been interested in women's history. It's so easy today to think that nurses are always females, have always been female—it's the female sphere, so it's natural that these women would be nurses. And that's not the case at all.

It was extremely unusual during the Civil War

#### Adventures

of an

#### Army Nurse in Two Wars

Edited from the Diary and Correspondence of

Mary Phinney Baroness von Olnhausen

By James Phinney Munroe



Boston Little, Brown, and Company

## Alexandria-based Union Nurse Mary Phinney's (played by Mary Elizabeth Winstead in the Mercy Street series) diary and correspondence were edited and published in 1903. It is still available in print. (Amazon.com)

for women to be nurses and especially nurses with the Army. It was frowned upon. The women that came to Mansion House Hospital faced an enormous amount of prejudice, to the point where Mary Phinney wasn't even given a room right away. They just weren't very welcome there but both she and Anne Reading made a huge impression on the male surgeons that they worked with, and they literally changed their minds. Some of the surgeons were so impressed with this new way of dressing wounds, one said that he "can't be without her."

#### What kinds of things were you consulted on?

Lisa met with us a few times to go over all of the sites and various details and my research. When they started into the production process,



Left to right, Helen Wirka, curator of Carlyle House, Lisa Wolfinger, producer of Mercy Street and Sarah Coster, former Director of Carlyle House whose research got the ball rolling on the Mercy Street project. (Courtesy photo)

several of the people who design the sets, the backdrops, the stages, and the costumes, they would come to look at Carlyle House, go on tours, take pictures to get a sense for what it would have looked like then. They did all the filming in Richmond but they did a great job of making it really look like Alexandria and look like Mansion House Hospital.

### Did they ask you about things like changing names and composite characters?

Lisa was very upfront with me from the beginning that they had to have room for artistic license, so we just let them handle that. We all had a lot of nerves at Carlyle House: Are they going to handle these characters with the respect that they deserve as real people? I think that they really did. Any license they took in changing them was in the right direction to make them more relatable for us but still encompassed the important parts of their character and of the history, so I was pleased with that.

#### Was working with PBS a positive experience?

They've been great; in fact, people at PBS have been involved with our membership group. They've always been helpful to us. We definitely enjoyed working with them. We're pleased that they chose Alexandria to focus on. It's a unique place where the North and the South were lumped together. That makes it a right story to tell the world about what was really happening.

And I was really pleased they were able to get the African American story involved. It's hard to find those stories and we didn't have as much in our exhibit as I would have liked. Because [the role of the enslaved people] was such a big part of the story. They were definitely a huge part of what was going on in Alexandria.

## Your list of events includes "Explore the Real Mansion House" and says we'll explore the vaults (at Carlyle House). What vaults?

James Green in the 1850s did the most architectural transformation that Carlyle House had undergone since it was built [mid-18th century]. One of the things he did was to add underground vaults to store wine for the hotel. It's a special part of the tour. They are not normally on view for the public, for safety reasons.

When it was a hospital, the vaults were used to store food and wine and other things that needed to be kept cold. There's a well that helps to keep it cold; you can look down into it. When archeologists excavated that well, they found a lot of great stuff in it, everyday trash including [fragments of] the china that was used in the hotel.

### What remains from that period in the Bank of Alexandria building?

Bank of Alexandria building is owned by NOVA Parks (www.nvrpa.org). In the mid-1970s, Carlyle House, Bank of Alexandria, and Mansion House Hotel were all still there. And all falling into disrepair, needing an intervention. NOVA Regional Parks Authority stepped in to help but it was such a big project that they did not have the funds to restore all three.

Three decisions were made:

Carlyle House was restored to its 18th century appearance,

The expansion of the Mansion House Hotel/ Hospital that went into the middle of the Carlyle

CONTINUED ON PAGE 21

JANUARY 2015 THE ZEBRA PRESS

## THE KILLING FIELDS OF THE CIVIL WAR

BY H. M. BRETT

Why were so many soldiers, both from the North and South, killed or maimed in the Civil War? The combination of several factors of medicine, weaponry, and tactics led to one of the highest numbers of American soldiers killed during any war. Medicine and medical technology had made some advances with few practical advances. But weaponry technology made great strides in the technology of maining and killing opponents in combat as a result of the mass industrial manufacturing and engineering revolution taking place in the United States and Europe.

The infantry or foot soldiers were organized and marched in closely spaced ranks and columns, tactics used since before the Revolutionary War. Both sides would fire towards the others ranks with the lead mass of their shoulder to shoulder volleys to attempt to successfully punch holes in their opponent's ranks and morale. This form of fighting needed disciplined training to both to load and fire in an orderly fashion and to receive fire from the opponent's artillery and infantry fire. As the Civil War began, the combat formations, the individual soldier to soldier spacing, and the tactics of the infantry were virtually unchanged from the earlier wars. The same was generally true of the placement and use of artillery in unit engagements in the field.

In the French and Indian War, the American Revolution, and the War of 1812, the round musket ball was the main individual "bullet" fired from a smooth bored musket with a generally effective range of 100 yards with poor accuracy. The smooth bore musket was the primary weapon at the start of the Civil War-many still in their original flintlock design. Other smooth bore muskets were being gradually converted to the new



Actual Musket ball and Mini'e rounds used in the Civil War (courtesy of Fort Ward Museum)

percussion cap and nipple system which shortened the amount of time needed to reload and fire. The spread of rifling through the state armory systems was hastened by the invention and implementation of a pointed nose bullet designed by Mr. Minié of France. This pointed, aerodynamic bullet had circular external grooves round its body and a hollow back end. The Minié bullet was rammed down into the barrel and fired. The bullet's hollow back end captured the exploding gases and expanded into the barrel's rifling, giving the bullet a secure gas seal and a spinning motion resulting in a flight with greater distance and accuracy. Unlike a musket ball, a Minié bullet had an effective range of 250 to 350 yards. Generals accustomed to round ball, smooth bore effective distances reach or



100 lb. Parrott artillery shell invented by Robert P. Parrott (courtesy of Fort Ward Museum)



Springfield muzzle loader musket with iron sight

relatively low musket ball impact rates suddenly found that these distances between opposing infantry troops armed with rifled bore weapons and Minié bullets meant they were in a sudden mass of whizzing bumble bees full of anger and mortal spite.

More bullets/balls fired from newer weaponry at from a greater distance with greater accuracy increasing casualties. The introduction of breech loading and repeating rifles on the battle field also led to higher numbers of casualties. Where an experienced muzzle loader infantryman could load and shoot three times per minute, a breach loading rifle increased the number of shot or bullets fired significantly.

The smooth bore artillery (cannon) of the time fired solid metal round shot, explosive-bursting round shot, and various forms of grape or scrap shot, much like a shotgun round for limited distances. Grape shot and it relatives were fired in hollow shells that were meant to disintegrate while flying through the air spreading the pattern of flying balls in a shotgun style pattern, which could be quite effective at close range. Artillery advances in metallurgy and technology including barrel rifling, mechanical time fuses that were superior to the earlier fuse systems, and aerodynamic rounds which flew further and could be placed with much more accuracy. The rifling of artillery barrels allowed for doubling the sizes and weight of the rounds fired. Artillery became the queen of the battlefield, and an aggressive killer and crippler of infantrymen.

The effectiveness "modern" weapons on casualties, the tactical movements of old, and the medical system that existed on the battlefield caused medical resources and personnel to be quickly overwhelmed. This combination of these three resulted in the most terrible and tragic losses of any other war in American history.

H. M. Brett is a retired Marine Corp. officer. He is a well-known and respected military equipment expert. Mr. Brett lives in Alexandria, Va.

ZEBRA PRESS

JANUARY 2016

## MERCY STREET-INSPIRED EVENTS IN HISTORIC ALEXANDRIA

More than two dozen new tours, exhibits and events have been planned in • "Who These Wounded Are: The Extraordinary Stories of the Mansion Alexandria, kicking off this month when the show debuts. Visitors will get a close look at the story at Alexandria's historic sites, and uncover the real people behind the characters on the show, the realities of Civil War medicine, changing roles for women, and the breakthrough experience of enslaved African Americans claiming their freedom.

#### HIGHLIGHTS OF NEW VISITOR EXPERIENCES COMING IN 2016 INCLUDE:

- Mercy Street-inspired tours of Alexandria, featuring stories and sites that inspired the show
- "Explore the Real Mansion House" event, with an exclusive opportunity to step inside the former Mansion House hospital
- House Hospital" exhibit at Carlyle House, once the Green family home, featuring a new interpretation of period hospital rooms and doctor/officer housing, plus stories of nurse Mary Phinney and spy Frank Stringfellow
- "Green Family Exhibit" at the Stabler-Leadbeater Apothecary Museum, featuring purchases and stories of the Green family and Union Quartermaster staff
- "The Journey to be Free: Self-emancipation and Alexandria's Contraband Heritage" exhibit at the Alexandria Black History Museum, telling the story of thousands of African Americans who escaped slavery and sought refuge behind Union lines in Alexandria

Find Alexandria Experiences inspired by PBS' Mercy Street at www. VisitAlexandriaVA.com/mercystreet

### **VISITOR EXPERIENCE DETAILS**

#### **EXHIBITS**

#### **Who These Wounded Are:** The Extraordinary Stories of the Mansion House Hospital

**Carlyle House Historic Park** January 11 to July 11, 2016 121 N. Fairfax Street, Alexandria, VA 22314 703-549-2997

#### www.carlylehouse.org

From 1861-1865, the U.S. Army used Carlyle House, then the home of Emma Green and her family, and the adjacent Mansion House Hotel as a hospital and staff quarters. The people who lived and worked at this site in Alexandria and their real life stories have inspired the PBS television show, Mercy Street. The owner of the house and hotel, James Green, was one of the richest men in town and made a deep historical footprint on Alexandria.

Carlyle House's exhibit will feature the factual story of the history of the site and its occupants. Upstairs, a new interpretation will explore the lives of these individuals through period hospital rooms and doctor/officer housing.

#### **Green Family Exhibit**

Stabler-Leadbeater **Apothecary Museum** January to May 2016 107 S. Fairfax St, Alexandria, VA 22314 703-746-3852



The Stabler Leadbeater Apothecary remained open and operational when Alexandria was occupied during the Civil War. The Green Family and Union Quartermaster staff shopped there to purchase everything from Laudanum to Cologne. Today, visitors can take a guided tour and experience the historic space where occupied Alexandria came to shop. The exhibit will feature the purchases and stories of the Green Family and the Union Quartermaster.

#### The Journey to be Free: Self-emancipation and Alexandria's Contraband Heritage

**Alexandria Black History Museum Exhibit extended through March 2016** 902 Wythe Street, Alexandria, VA 22314 703-746-4356

#### http://alexandriava.gov/BlackHistory

During the Civil War, thousands of African Americans escaping slavery sought refuge behind Union lines in Alexandria, Virginia. The fugitives found freedom in Alexandria, but also a city under siege. The influx overwhelmed the



#### **Mansion House Hospital Exhibit**

city. Rampant disease and deprivation took their toll on the freedmen. A cemetery was created for those who had survived slavery, but did not live long in freedom. "The Journey to be Free" shows the legacy of Alexandria's Contraband community and the amazing story of their burial ground that was lost and rediscovered, now memorialized as the Contraband and Freedmen Cemetery.

#### **Medical Care for the Civil War Soldier Exhibit**

**Fort Ward Museum Ongoing Exhibit** 4301 West Braddock Road, Alexandria, VA 22304 703-746-4848

#### http://alexandriava.gov/FortWard

Fort Ward Museum has an ongoing exhibit which features original medical instruments and equipment from the Civil War period and information on Union Army hospital sites in Alexandria.

#### **Nurse Clarissa Jones Exhibit**

The Lyceum-Alexandria's History Museum Opening January 25, 2016 201 S. Washington St., Alexandria, VA 22314 703-746-4994

#### http://alexandriava.gov/Lyceum

The Lyceum mounts an exhibit on the life of Clarissa Jones, a nurse at The Lyceum hospital during the Civil War. It will bring home to visitors the true story of an actual nurse in Alexandria during the war, drawing parallels with characters portrayed in the PBS drama Mercy Street. It will include references to the experiences of other Alexandria nurses at that time, such as Anne Reading, who actually worked in the Mansion House hospital, and Jane Woolsey, who served at the Fairfax Seminary hospital.

#### **TOURS**

#### **Medical Heroism in Alexandria: Walking Tour**

January 2-June 19, 2016. Sat-Sun: 4:30 p.m. Tour starts at Visitors Center,

### www.dcmilitarytours.com Experience an inside access tour of 19th century Alexandria. Inspired by the upcoming PBS

221 King Street, Alexandria VA 22314

**DC Military Tours** 

703-407-6663

mini-series Mercy Street, accompany a trained military historian through Civil War era Alexandria and learn the actual history behind the TV show. Get behind the scenes of locations *Mercy Street* characters lived, worked, and played.

#### **Occupied City: Civil War Alexandria Self-Guided Tour**

Starting January 16, 2016 The Lyceum-Alexandria's History Museum 201 S. Washington St., Alexandria, VA 22314 703-746-4994

#### http://alexandriava.gov/Lyceum

Fans of PBS' Mercy Street drama series will learn about the real history behind the show on this self- guided walking tour, which features significant Civil War Alexandria sites all within walking distance of The Lyceum, which was seized and used as a hospital during the war.

#### **Beyond the Battlefield Walking Tour**

Tour Dates: February 13, May 14, July 9, September 10, November 12 10a.m. Tour starts at The Lyceum: 201 South Washington St., Alexandria, VA 22314 703-548-1789

#### contact@leefendallhouse.org www.leefendallhouse.org

Discover the real-life stories and locations of soldiers, citizens, and former slaves that inspired the PBS drama Mercy Street in this walking tour of Old Town. Discover the challenges, triumphs, and controversies of life behind the front lines in an occupied city during the Civil War. See the locations of hospitals, hotels, prisons, and more that filled Alexandria during four years of conflict. Tour length is 3 hours and the route is approximately 1.75 miles. Admission \$15. Tour starts at The Lyceum, 201 South Washington Street. Parking is not available at The Lyceum's lot for this program.

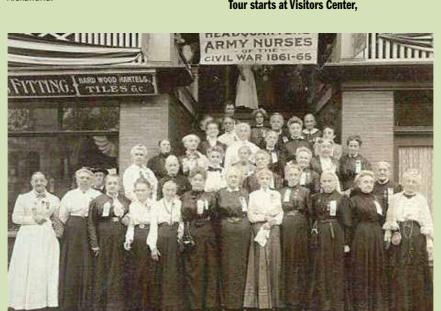
#### **Walking Behind the Scenes** at Mansion House Hospital

TBD Spring 2016. Check website for dates **Footsteps to the Past and Carlyle House** 703-683-3451

#### www.footstepstothepast.com

This guided citywide tour highlights the history behind *Mercy Street*, with stops at important Alexandria Civil War sites including Carlyle House and the grounds of the former Mansion House Hospital. Visitors will have exclusive after-hours access through this tour to explore the vaults and the exhibit featuring period artifacts and the stories of soldiers, nurses, doctors and the prestigious Green family who owned the house and hotel during the Civil War.

**CONTINUED ON PAGE 20** 



THE ZEBRA PRESS JANUARY 2015

#### Medical Heroism in Alexandria: Tour by Land and Water

April 2 – June 19, 2016 Sat-Sun: 4 p.m. June 21 - September 4, 2016 Sat-Sun 4 p.m. Tue-Fri 2 p.m. September 10 -October 9, 2016 Sat-Sun 4 p.m.

DC Military Tours
703-407-6663

#### www.dcmilitarytour.com

Explore the *Mercy Street* story by land and by water on this guided tour of Civil War Alexandria. Accompany a trained military historian from DC Military Tours by boat through Alexandria's 19th-century seaport and then by land for an inside access look at period sites depicted on *Mercy Street*, including a Civil War hospital and other parts of the city's Civil War landscape.

#### **Ivy Hill Cemetery Self-Guided Tour**

Started October 1, 2015 2823 Kings Cloister Circle, Alexandria, VA 22302 703-549-7413 www.ivyhillcemeterv.net

Ivy Hill Cemetery presents a self-guided tour on the Green family and Frank Stringfellow, who are featured in the PBS drama *Mercy Street*. Chartered in 1856, Ivy Hill Cemetery is the final resting place of the Green family and Frank Stringfellow. Guided tours will be available upon request. Maps for self- guided tours are available at the Ivy Hill Cemetery office from 8 a.m. to 4 p.m. Also available for download from Ivy Hill Cemetery's website.

#### **Events and One-Time Tours**

#### **Civil War Ball**

Gadsby's Tavern Museum January 23, 2016 8-11pm \$45 in advance, reservations required 134 N Royal St, Alexandria, VA 22314 703-746-4242

#### www.alexandriava.gov/GadsbysTavern

Enjoy an evening from the 1860s in the historic ballroom at the Civil War Ball. The ball will include live music, dance instruction, and period desserts. Period attire, either civilian or military, is encouraged. The ball is from  $8:00-11\ 00pm\$  \$45 in advance, reservations are required **Dance Classes for the Ball** will be held January 7, 14, and 21 from  $7:30-9:30\ p.m.$  Cost is \$12

### Performance: Staged Reading of a New Play, *Virginia Luxuries* by Pamela Leahigh

The Athenaeum January 28, 2016 201 Prince St., Alexandria, VA 22314 703-548-0035 \$15 admission www.nvfaa.org

per class or \$30 for the series.

One old home in Alexandria houses both the past and the present. Two families, one modern, one living during the Civil War, find that their stories are intertwined. Can the modern family escape the weight of the slavery and the

#### **Gray Ghost Wine Dinner**

Gadsby's Tavern Museum January 29, 2016, 7 p.m. \$100 per person inclusive 134 N Royal St, Alexandria, VA 22314 703-746-4242

#### www.alexandriava.gov/GadsbysTavern

Enjoy 19thcentury-inspired food and wine for the modern palate and this Civil War Wine Dinner. This five-course wine dinner will feature Gray Ghost Vineyards, whose wines are created on lands "Gray Ghost" Confederate John S. Mosby and his men operated upon during the Civil War. Doors open at 7p.m. Dress: Business Casual.

#### **Explore the Real Mansion House**

121 N. Fairfax Street, Alexandria, VA 22314



Journey to be Free exhibit at the Black History Museum

January 30, 2016, Saturday, at 10a.m. \$10 Alexandria Historical Society and Friends of Carlyle House Members; \$20 all others For tickets: https://alexandria historicalsociety.wilda pricot.org/ event-2044704

Go behind the scenes and learn about the true story of the nurses, doctors, soldiers and Alexandrians who star in PBS's new series *Mercy Street*. The program will begin in one of the original lobbies of the famous hospital, normally closed to the public, with coffee, bagels and a presentation led by Sarah Coster, former Director of Carlyle House, and Audrey Davis, Director of the Alexandria Black History Museum and historical consultant for *Mercy Street*. Then, go on a tour of the Carlyle House, the Green family's stately Southern mansion, whose history goes back to the 1740s.

#### We Are Not Butchers: Military Surgeons of the Civil War

Co-sponsored by The Lyceum and Fort Ward Museum February 3, 2016, 7:30 p.m. at The Lyceum 201 S. Washington St., Alexandria, VA 22314 703-746-4994 www.alexandriava.gov/Lyceum Snow date: February 24

A lecture on medical care during the Civil War period presented by Von Barron, Civil War medical historian and interpreter. Mr. Barron will cover general medical knowledge and practices of the period, and military hospital facilities of the time, both in the field and urban centers like Alexandria. Tickets for the lecture can be purchased by calling The Lyceum at 703-746-4994, or online at shop.alexandriava.gov.

#### **Heroines of Mercy Street**

\$5 admission

Presented by historian Pamela D. Toler, PhD. February 4, 2016 at 7:00 p.m. \$10 The Lyceum—Alexandria's History Museum 201 S. Washington St., Alexandria, VA 22314 703-746-4994 http://alexandriava.gov/Lyceum

"Heroines of Mercy Street," a new book by historian Pamela Toler, tells the true stories of some the remarkable women who worked as nurses at the Mansion House Hospital, Alexandria's largest during the Civil War. Dr. Toler will illuminate the lives of women who had little or no experience with nursing, but wanted to serve their country and do something to help ease the enormous suffering from disease and battlefield wound during the conflict. "Heroines of Mercy Street," the book, will be widely available on February 16 at The Lyceum and other Alexandria museums.

#### Harriet Jacobs and Julia Wilbur: Friends and Allies in Civil War Alexandria

Presented by Paula Whitacre February 6, 2016, at 11a.m. 902 Wythe St, Alexandria, VA 22314 703-746-4356

Co-sponsored by Alexandria Archaeology and the Alexandria Black History Museum

Writer, editor, and Civil War researcher Paula Whitacre will deliver a lecture on Harriet Ann Jacobs and Julia Wilbur, two women who lived in Alexandria during the Civil War and wrote about their experiences. Harriet Ann Jacobs was an African-American writer who escaped from slavery and was later freed. She became an abolitionist speaker and reformer. She wrote an autobiographical novel, "Incidents in the Life of a Slave Girl." Julia Wilbur, a relief worker from Rochester, NY, came to Alexandria during the Civil War. She kept a detailed diary from the 1840s through her death in 1895, some of which Paula Whitacre transcribed and annotated.

#### Women of Alexandria, from Antebellum to the 20th Century

The Athenaeum
Part 1: February 8, Part 2: February 22,
Part 3: March 7
201 Prince St, Alexandria, VA 22314
703-548-0035
Free

Find Alexandria Experiences inspired by PBS' MERCY STREET at

www.VisitAlexandriaVA.com/mercystreet

#### ABOUT ALEXANDRIA, VA

Within eyesight of Washington, DC on the Potomac River waterfront, Alexandria, Virginia is nationally recognized for its acclaimed, chef-driven restaurants, bustling boutiques and dynamic arts set against a backdrop of 18th and 19thcentury architecture. Old Town Alexandria hums with a cosmopolitan feel and a walkable, dog-friendly lifestyle. Connect with us!

Blog Facebook Twitter Instagram Hashtag www.visitalexandriava.com blog.visitalexandriava.com www.facebook.com/VisitAlexandriaVA www.twitter.com/alexandriava www.instagram.com/VisitAlexVA #ExtraordinaryALX

#### www.nvfaa.org

Lecture presented by the Athenaeum. Alexandria spent four years as an occupied city. During that time, daily life became quite different for residents who remained in the city, and in many cases, the war changed the course of women's lives. Women of Alexandria, from Antebellum to the 20th Century will illuminate an important side of the city's history that we feel has been under-investigated: the effect of the Civil War on the lives of Alexandria's women.

#### **From Slavery to Freedom Tour**

Lee-Fendall House February 20, 2016 1:00 p.m. 614 Oronoco Street, Alexandria, VA 22314 703-548-1789 \$8 admission www.leefendallhouse.org

This special tour interprets the Lee-Fendall House from the perspective of its enslaved inhabitants, exploring the unique experiences of slavery in the city. Hear the true stories of "contrabands," as seen in the PBS drama *Mercy Street*. Special behind-the-scenes access is granted to areas not normally open to the public. Admission \$8.

#### Performance: Alexandria's Civil War: Diaries and Letters of Alexandrian Women

The Athenaeum
March 10, 2016
201 Prince St, Alexandria, VA 22314
703-548-0035
\$15 admission
www.nvfaa.org

Local actors will read from diaries and letters of women who lived in Alexandria during the Civil War. A dessert reception will follow the reading.

#### Spies & Scones -A Special "History Mystery" Tea

Lee-Fendall House
May 21, 2016
614 Oronoco St, Alexandria, VA 22314
703-548-1789
\$50 admission
www.leefendallhouse.org

Alexandria was filled with spies and during the Civil War. Enjoy a Victorian tea, learn about real life secret agents like Frank Stringfellow (portrayed in the PBS drama *Mercy Street*), then put your own powers of detection to the test to discover the spy in the room!

#### **Surgeons & Citizens, Spirits & Soldiers**

Lee-Fendall House October 8, 2016 614 Oronoco St, Alexandria, VA 22314 703-548-1789 \$10 admission www.leefendallhouse.org

Explore how Americans dealt with the tragedy of the Civil War in this living history program. Visit a soldier facing his own death in a hospital. See a casket displayed in proper Victorian style, surrounded by the grieving family and friends of a lost loved one. Listen as a spiritualist tries to sell her services to those in need of hope and closure. Admission \$10.

#### **Civil War Surgeon and Field Hospital Program**

Fort Ward Museum and Historic Site April 23, 2016, 11 a.m. to 4 p.m. Rain date: April 30 4301 West Braddock Road, Alexandria, VA 22304 703-746-4848 https:alexandriava.gov/FortWard Free

Fort Ward Museum & Historic Site will sponsor a Civil War medical living history program presented by Civil War medical historian and interpreter Von Barron, who portrays U.S. Army Regimental Surgeon Captain Turner Kitt in a field hospital setting that features a variety of medical tools and equipment of the era.



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JANUARY 2016

## MEDICAL PRACTICES OF THE CIVIL WAR

BY JESSE LAWSON RN, BSN, LMT

During the time of the Civil War, doctors in the battle field were referred to a "surgeons". They carried a small wooden case approximately the size of a modern board game box. The wooden box contained simple hand tools, known as instruments, used primarily for amputations and removal of shrapnel. The tools were a variety of single and double-sided knives, a small brush to wipe away the dust from sawing through bone, a saw, forceps use to remove objects from the patient, and a metal probe to locate bullets and bones fragments within the flesh of the injured. Some finer cases included additional tools; woven cloth tourniquets, spacers, or chisels, for example. The tools were manufactured with quality metals and were often seized by opposing forces.

Frequently, wounded soldiers were treated in the open-air, under trees, just off of the battle field. Working on the ground or in a small tent with little or no anesthesia at their disposal, surgeons would have moments to assess an injury. They would use the small metal rod, known as a probe, to poke around inside of a wound to locate a bullet and assess the extent of injury to bone. If available, a tourniquet was tightly secured above the wound to decrease blood flow to the area before the knives were used to remove the flesh from the bone. Contrary to what is frequently found in movies, saws did not get employed until the live bone was scraped clean of flesh. After sawing through the bone, the flesh was seared closed with a hot metal plate (cauterized) or simply bandaged with strips of cloth, or both.

The tools used today have not changed



A surgeon's box of medical equipment including bone saws, knives, and other medical tools (courtesy of Fort Ward Museum)

much. We still use scalpels and chisels; they're cleaner, of course, but essentially the same. We probe wounds now to find bullets and fragments with x-rays and CAT scans. The saw is now motorized, but the method is the same: scrape off the flesh, and saw off the limb.

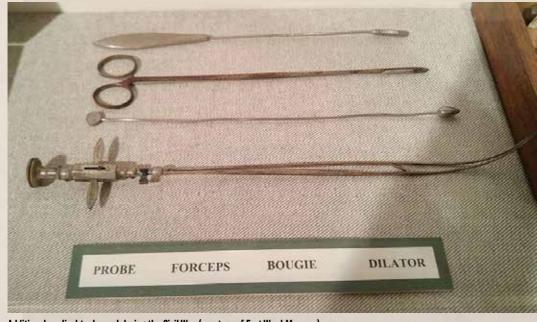
Often times, a family home near a train station would be taken over as a hospital. Wounded soldiers could be sent by train from the field to hospitals or a recovery area. Surgical tables could be created by removing the interior doors of the house and laying them across saw horses. Other than being indoors, the conditions and treatments were no different, except, nurses might be present.

Nursing, as we know it, was in its infancy during the Civil War and was previously dominated by men. It was believed that woman simply could not tolerate the horrors. Increasing numbers of wounded and sick increased the demand for care-givers, and women came to the rescue. No official nursing schools existed. Women volunteered and worked long hours in these hospitals cleaning, feeding, changing bandages, and providing comfort. Nursing legends Dorothea Dix and Clara Barton (founder of the Red Cross) made history with their nation-wide efforts to recognize and organize women in nursing. Louisa May Alcott, another nursing legend, recorded her experiences as a Civil War nurse. While she was not alone, very few did.

The theory of germs was also in its infancy and more people died from post-surgical infection than from wounds inflicted on the battle field. Instruments were not cleaned, bandages were not sterile, and hands were not washed. Many surgeons and nurses simply did not know, or chose not to believe the new theory.

To the modern eye, the state of medical care during the Civil War may appear primitive or grotesque. In many ways it was, but this was a time that saw the dawn big change in medicine. Nursing became a science, women found a voice and presence on a national stage that was previously withheld from them, the Red Cross was founded, cleaning and sterilization began to be the norm. These changes became the foundation of modern medicine and much of what is used today.

Jesse Lawson RN, BSN, LMT is a Registered Nurse in a hospital emergency department, massage therapist, educator, and artist currently living in Alexandria.



Additional medical tools used during the Civil War (courtesy of Fort Ward Museum)

#### **INSPIRATION**

CONTINUED FROM PAGE 17

House yard was torn down.

The bank building was restored under a voluntary loan agreement to a third party [Alexandria Living Legend Rodger Digilio]. It is still under that lease agreement.

The Bank of Alexandria building (where the Explore the Real Mansion

House tour will begin) is the lobby that Mary Phinney would have walked into that first day. We'll have a little lecture there and then we'll take people over to the Carlyle House and show them parts that you wouldn't normally see on the public tour, with a focus on the Civil War.

### How many entities own historical Alexandria properties?

Our historical properties are owned

and operated by an array of authorities, more than people realize. Thankfully, they all work together well; it's a very cohesive group in Alexandria which is not the case in other areas of our city, so we're very lucky.

Carlyle is owned by NOVA Parks (formerly the Northern Virginia Regional Park Authority). Lee-Fendall House belongs to the Virginia Trust for Historic Preservation and, of course, Historic Alexandria runs quite a few.

For the Civil War sesquicentennial we worked together closely.

We put on a big kickoff event with exhibits throughout the city in 2011. All the museums played a part in that and now that *Mercy Street* started, we've all been working together, especially with ACVA (*VisitAlexandria.com*) so that the public will know all the places you can visit in historic Alexandria. All of the sites bring something unique to the story.

JANUARY 2015 THE ZEBRA PRESS

## ON WATCH

BY MARCUS FISK

## "MERCY STREET" - ALEXANDRIA'S 'CIVIL' WAR

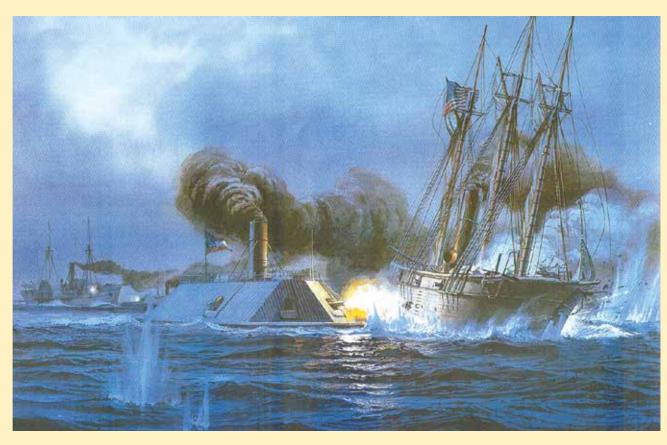
This month marks the airing of the Civil War PBS docudrama, "Mercy Street." War is always a perfect setting for drama and since this series has soldiers, sailors, doctors, nurses, and politicians involved and is set in Alexandria, I'm sure the sparks will fly, the intrigue will run rampant, and the romancing hot and sultry.

In addition to the above, wars are influenced by timing, geography, or in some cases, sheer dumb luck. And the 'Civil' War has something for everybody. Reading correspondence of Alexandria's glitterati of the time one would assume Alexandria was under siege from the moment the first shots fell on Fort Sumter until war's end on April 9, 1865. The striking statue "Appomattox" standing at the intersection of Washington and Prince by Czech sculptor Caspar Buberl conveys as much; the soldier, head down, campaign hat in-hand, dutifully mournfully facing South.

Contrary to legend, however, the Civil War lasted a mere 43 days for Alexandria due in no small part to a combination of all the reasons above. Consider the following:

First, the Confederacy's most sacred of all generals was Alexandria native Robert E. Lee. Voted 'Most-Likely-to-Succeed' from Alexandria Academy (corner of S. Washington & Wolfe) and every school he attended, Lee was the 19th century definition of an over-achiever. An honor graduate of West Point, he scooped up and married George Washington's stepgreat granddaughter, Mary Custis, was a decorated Mexican War hero, served as the Superintendent of his Alma Mater (West Point), and had already whipped abolitionist John Brown's homegrown militia at Harper's Ferry. In other words, nearly everything Lee touched turned platinum.

Promoted to Colonel on March 28<sup>th</sup> 1861, Lee was offered a major command in the Union Army when on April 12<sup>th</sup> the Confederacy fired on Fort Sumter, South Carolina. On April 15<sup>th</sup> the Virginia General Assembly voted to secede from the Union. Bad luck for Lee? You kidding? Alexandria's own favorite son resigned his US commission on April 20<sup>th</sup> and three days later was commissioned a General in the Confederate Army. Talk about

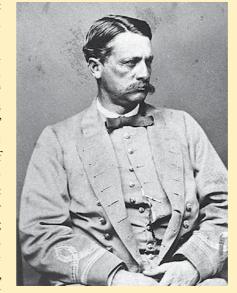


Captain Tucker commanded the Ironclad CSS CHICORA engaging Union ships in Charleston, SC.

luck and timing – from Lieutenant Colonel to General in 23 days – in two different armies!

Unfortunately, Lee suffered from geography. Lee's home, Arlington House, was the envy of every 19th century real estate broker. This 'location-location' property overlooking the Potomac with a commanding view of Washington DC, kept General "Fussand-Feathers" Scott and President Abraham Lincoln up at night for weeks! On May 23rd after looking at Alexandria through telescopes and field glasses and pacing the White House halls all hours of the night, Lincoln figured that at only eight miles from his front door, Lee and his hometown of Alexandria could be a real problem, so SOMEONE had better cross the Potomac and occupy

On May 24th Colonel Elmer (Yup-'Elmer') Ellsworth entered Alexandria with his unit, the 11th New York Volunteer Infantry Regiment. Known as the 'Fire Zouaves' these former New York firefighters had volunteered to serve under Ellsworth. When Ellsworth saw the Confederate battle flag flying from the Marshall House Inn he ran up the stairs to



Captain James I. Waddell, CSN

haul it down and run up the Stars and Stripes in its place. Captain James W. Jackson, the proprietor of the Marshall House, happened to be there and wasn't having any of that flag-changing stuff. He said that the Confederate flag would be hauled down "over my dead body" so he raised his shotgun and nailed Ellsworth on the stairs. I'm not exactly sure what a 'Fire Zouave' is but they were New York firefighters and paraded around in MC Hammer Pants and copped an attitude something akin to their N.Y.F.D. successors after 9/11. And if you are a 'Fire Zouave' and see your Commanding Officer cut down in front of you, well let's just say that Corporal Francis E. Brownell was only too happy to accommodate Jackson's wishes and dropped the Confederate Captain with his bayonet. Ellsworth just happened to be a lawyer and a close friend of Lincoln (also a lawyer) so Lincoln awarded CPL Brownell the Medal of Honor. Go figure.

Then there's that old nagging

problem of just plain bad luck. Things seemed to be going pretty well for Lee at first. Lincoln kept hiring and firing lackluster Commanding Generals like Mitt Romney in his Bain Capital days, but wouldn't you just know that he would pick one of Lee's West Point classmates, Ulysses Grant, to kick-start the Union Army. Grant was from the old school of tactics and was particularly fond of 'siege warfare.' He ate, slept, and dreamed 'siege.' The 'S' in Ulysses S. Grant probably stood for 'Siege.' Over the next two years there wasn't a town he came across that he didn't lay siege to.

The Confederacy, too, had Generals that could have come out of a Joel and Ethan Coen film. General Pickett completely missed the memo that said, "Don't walk across a mile-long open field in a small town in Pennsylvania in middle of July." Another example of 'you-can't-make-this-up' was Lee's favorite Cavalry Commander, General "JEB" Stuart (The real JEB not the new one), who basically missed the battle of Gettysburg because he was hanging around Rockville, MD. This was back in the days when there was probably something fun to do in Rockville. Also in the strangerthan-truth category, there's Lee's best general, Thomas "Stonewall" Jackson, a college professor from VMI, who was accidentally shot by one of his own troops. The old military adage applies: "Friendly fire -- isn't."

There were bright spots for the Confederacy. And some of those were at sea. The South simply gushes over its swashbucklers and the Confederate Navy had its share. It wasn't just about the USS MONITOR and the

CONTINUED ON PAGE 36



Captain Raphael Semmes on CSS ALABAMA

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January 29 -February 7, 2016

### TRY NEW PLACES DURING RESTAURANT WEEK

**BY MARY WADLAND** 

Certainly there are those restaurants you have heard about and wondered if you would like, but were maybe afraid to make a large commitment to a hefty dinner check, just on a whim. Well, now is the time to take advantage of the price breaks and indulge your foodie curiosities by hitting as many of Alexandria's participating



restaurants as you can this month during Restaurant Week, January 29 through February 7, 2016. 64 restaurants throughout the city will feature a \$35 prix-fixe three-course dinner or \$35 dinner for two. Many are also offering lunch specials. Savor the flavors of Alexandria's distinctive collection of eateries, from fine dining establishments to casual neighborhood favorites, with special offers available exclusively during this event.



### 219 Restaurant



#### Three course dinner \$35

Housed in a historic 19th century townhouse blocks from the waterfront, we offers modern Southern cuisine with creole influence.

219 King Street Old Town Alexandria (703) 549-1141 www.219restaurant.com





### Del Ray Cafe

\$35 Three Course Dinner (per person) Selection of 3-5 items per course

Our Restaurant Week menu will be offered in addition to our regular a la carte menu. A sophisticated yet casual French café serving local, natural, and organic products in the heart of charming Del Ray. Serving breakfast, brunch, lunch and dinner, every day. Outdoor dining on screened porch. Rotisserie Chickens to-go. Parking lot in back.

205 East Howell Avenue, Del Ray 703-717-9151 • Delraycafe.com



#### RESTAURANT WEEK LUNCH Jan 25 - Feb 11, Mon - Fri, 11:30am - 4PM

ENJOY 2 COURSES FROM CHEF MAURO MOLINO'S SPECIAL SELECTIONS, \$15/PER PERSON CHOOSE FROM SIGNATURE FAVORITES, PIZZAS, AND HOUSEMADE PASTA

"AS AUTHENTIC AND DELICIOUS AS IF LENA HERSELF HAD COOKED IT FOR YOU!"

401 E. BRADDOCK RD, ROSEMONT/DEL RAY LENASWOODFIRE.COM

### Restaurant Week Special

\$35 Dinner For TWO!



#### Our Menu Has Been Updated!

501 Mount Vernon Avenue Del Ray Alexandria (703) 548-7200 www.firefliesdelray.com



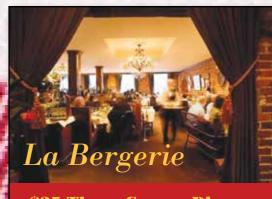
Three Course \$35 per person dinner Three Course \$15 per person lunch

Historic 18th-century tavern, Colonial entertainment nightly.

Mon.-Sat. 11:30 a.m.-10 p.m.; Sunday brunch 11 a.m.-3 p.m.

138 N. Royal Street, Old Town Alexandria (703) 548-1288 www.gadsbystavernrestaurant.com

Fine Dining Since 1770



#### \$35 Three Course Dinner

(per person)

Our Restaurant Week menu offers 4-6 choices for each course and includes items that are typically found on our a la carte menu.

#### \$20 Two Course Lunch

(per person)

Lunch includes an Entrée and choice of Appetizer or Dessert.

218 N. Lee Street • Old Town 703-683-1007 • Labergerie.com

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5pm-9pm!

Dinner for 2

35.00 3 courses

55.00 3 courses

& any bottle of wine

Dinner for 1

17.50 3 courses

Lunch 11 am - 5 pm

10.00 your choice of kabob, vegetable side, rice and an iced tea

#### Teaism Old Town

682 N St Asaph St, Alexandria VA 22314

one block off Washington Street, between Wythe & Pendleton, next to Trader Joe's

Virtue Feed and Grain • 106 S. Union • 3 Course Dinne Warehouse Grill • 214 King • 3 Course Dinne 219 Restaurant • 219 King • 3 Course Dinner Magnolia's • 703 King • 3 Course Dinner Brabo • 1600 King • 3 Course Dinner • Bistro Royal • 1201 N. Royal • 3 Course Dinner Society Fair • 277 S. Washington • 3 Course Dinner TJ Stone's • 608 Montgomery • 3 Course Dinner Trademark Drink • 2080 Jamieson • 3 Course Dinner • Ted's • 2451 Eisenhower • 3 Course Dinner • Del Ray Café • 205 E. Howell • 3 Course Dinner Evening Star • 2000 Mt. Vernon • 3 Course Dinner Indigo Landing • 1 Marina Drive • 3 Course Dinner • Sonoma Cellar • 207 King St. • 3 Course Dinner• Hunting Creek Steakhouse • 1106 King St. • 3 Course Dinner Taverna Cretekou • 818 King • 3 Course Dinner • Restaurant Eve • 110 S. Pitt • 3 Course Dinner The Wharf • 119 King • 3 Course Dinner, \$20pp Lunch II Porto • 121 King • 3 Course Lunch and Dinner • Blackwall Hitch • 5 Cameron St. • 3 Course Dinner, \$20pp Lunch Chart House • 1 Cameron St. • 3 Course Dinner, \$20pp Lunch La Bergerie • 218 N. Lee • 3 Course Dinner, \$20pp 3 Course Lunch Union Street Pub • 121 S. Union • 3 Course Dinner, \$10pp Lunch Gadsby's • 138 N. Royal • 3 Course Dinner, \$15pp Lunch Majestic Café • 911 King • 3 Course Dinner, \$15pp Lunch Jackson 20 • 480 King • 3 Course Dinner, \$20pp Lunch La Tasca • 607 King • 3 Course Dinner, \$20pp Lunch Mackies's • 907 King • 3 Course Dinner, \$20pp Lunch King St. Tavern • 1767 King • 3 Course Dinner, \$20pp Lunch Fontaine Café • 119 S. Royal • 3 Course Dinner, \$20pp Lunch Columbia Firehouse • 109 S. St. Asaph • 3 Course Dinner, \$20pp Lunch Bastille • 606 N. Fayette • 3 Course Dinner, \$20pp Lunch A La Lucia • 315 Madison • 3 Course Dinner, \$20pp Lunch La Porta • 1600 Duke • 3 Course Dinner, \$20pp Lunch

Joe Theisman's • 1800 Diagonal Rd. • 3 Course Dinner, \$20pp Lunch RT's • 3804 Mt. Vernon • 3 Course Dinner, \$20pp Lunch Tempo • 4231 Duke • 3 Course Dinner, \$20pp Lunch Vermillion • 1120 King • 3 Course Dinner, \$20pp Lunch, Brunch

Geranio's • 722 King • 4 Course Dinner, \$22pp 3 Course Lunch **Bolded:** See their ad in the Restaurant Week Guide

### THREE COURSE LUNC

\$20 per person



In conjuction with the George Washing Cherry Challange, we will be offering cherry specialty cocktail and special c entrees and desserts

Bright and airy, dine where the locals in one of Alexandria's best Northern It and French cuisine restaurants for lunch or dinner.

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Legendary Character, Comfort and Quality Cuisine. Pleasing fans since 1975, Joe Theismann's offers fine dining, a pub ambiance and satellite sports. Neighborhood gathering place within walking distance of Alexandria's hotels and Metro. Open daily 11 a.m. 'til late.

1800 Diagonal Road ● Alexandria, VA 22314

(703) 739-0777 www.theismanns.com



Explore new menu items during Restaurant Week, Jan 25 - Feb 11

2-course Lunch, \$15/person 3-course Dinner \$35/person

"Delicious, casual dining in the heart of Old Town - come in and get comfortable!"

106 S. Union St, Old Town VirtueFeedGrain.com



#### **Three Course Dinne** \$35

A boutique emporium of epicurea delight, where everything we do i Devoted to Food™!



## Society Fair 277 S. Washington Street

Old Town Alexandria

(703) 683-3247

www.societyfair.net



#### **Daniel O'Connell's Restaurant & Pub**

Three Course. A modern Irish restauran an ancient setting - the entire restauran salvaged from monasteries & castles. Join our hospitality, eclectic menu and fine wir whiskeys. Open daily 11 a.m.-1 p.m. Happ Monday-Friday 3-7pm. Brunch Sat. & S 11 a.m.-3 p.m. Online reservations: www.opentable.com.



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(703) 739-1124 www.danieloconnells.com



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Inspired by foods found in cities across America with a toast to their craft brews, wines and spirits.

> 330 S. Pickett Street Alexandria, VA 22304 (703) 685-9172 www.fatcitykitchen.com

## La Porta's

Three Course | \$20pp Lunch



During Restaurant Week, we will be serving our entire menu with regular portion sizes. Three course price fix: Any starter salad or soup of the day, any entree on our menu and your favorite of Margaret's homemade desserts.

> 1600 Duke Street Alexandria, VA 22314

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(703) 683-6313 www.laportas.net

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## Bilbo Baggins

Three Course Dinner I \$20pp Lunch

Wonderful old town favorite offering an eclectic dining menu as well as an expansive wine and craft beer menu.

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Restaurant Week lunch specials include a portobello mushroom & baked brie appetizer and choice of entree and dessert.

> 208 Queen Street Old Town Alexandria

(703) 683-0300 www.bilbobaggins.net

Bugsy's • 111 King • Dinner for 2

O'Connells • 112 King • Dinner for 2 •

Casa Felipe • 835 N. Royal • Dinner for 2 •

Fireflies • 1501 Mt. Vernon • Dinner for 2 • Cheesetique • 2411 Mt. Vernon • Dinner for 2 •

City Kitchen • 330 S. Pickett • Dinner for 2

Pizarria Paradiso • 124 King • Dinner for 2

John Strongbow Tavern • 710 King • Dinner for 2 Hard Times • 1404 King • Dinner for 2

King Street Blues • 112 N. Saint Asaph • Dinner for 2

Overwood • 220 N. Lee • Dinner for 2 Royal Thai • 801 N. Fayette • Dinner for 2 •

Southside 815 • 815 S. Washington • Dinner for 2

London Curry House • 191 Somerville St. • Dinner for 2

Ramparts • 1700 Fern • Dinner for 2 Dishes of India • 1510-A Belle View Blvd. • Dinner for 2 •

Shooter McGee's • 5239 Duke • Dinner for 2

Chadwicks • 203 The Strand • Dinner for 2, \$10 lunch Bertucci's • 727 King • Dinner for 2, \$10 lunch

Caprese Italian • 1900 Diagonal Rd. • Dinner for 2, \$10 lunch

**Teaism** • 682 N. St. Asaph • Dinner for 2, \$10pp lunch Zento • 693 N. Washington • Dinner for 2, \$20 lunch

Bilbo Baggins • 208 Queen • Dinner for 2, \$20 lunch Brabo Tasting • 1600 King

Lena's Wood Fire Grille • 401 E. Braddock • \$15pp Lunch Special

Bolded: See their ad in the Restaurant Week Guide



#### SOUTHSIDE 815

Dinner for Two \$35

If your favorite neighborhood bar also is one of the best restaurants in town, you've probably already found Southside 815. Regulars call us "their little Cheers," with some pretty fine southern cuisine to complete this Alexandria standout. Live music on Tuesdays, 13 TVs, daily specials.

815 S. Washington St. • Old Town (703) 836-6222 southside815.com



#### Fontaine Caffe & Creperie

Chree Course. \$20pp Lunch Special

We will be offering French Sparkling apple cider tasting option along with the 3-course Prix fixe Menu.

> 119 S. Royal Street Old Cown Alexandria

(703) 535-8151 www.fontainecaffe.com



#### **Shooter McGee's** Dinner for Two \$35

Come enjoy homemade comfort foods with a twist!

**5239 Duke Street** Alexandría, VA 22304

(703) 751-9266 www.shootermcgees.com

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#### T J Stone's Grill House & Tap Room

**Three Course Dinner \$35.** 

**American neighborhood restaurant** featuring house made BBQ and something for everybody!

> **608 Montgomery Street Old Town** (703) 548-1004 www.tjstones.com



#### Ramparts Dinner for Two \$35

Comfortably elegant local restaurant for more than 30 years. Great new menu with specials every day and night. Minutes from Old Town. Daily: lunch 11-4, dinner 5-12:30, pub until 2 a.m. Separate pub has 21 HD flat screens, beautiful private party room.

> 1700 Fern Street Alexandria, VA 22302 (703) 998-6616

www.rampartstavern.com



We will be offering everything from our Bistro menu for Alexandria Restaurant Week. Honored as one of Food & Wine magazine's "50 Hall of Fame-Best new Chefs" and a nominee for James Beard Best Chef Mid-Atlantic, Chef Cathal (silent "t") Armstrong and his wife Meshelle, have created a truly special restaurant based on resolute focus and supreme ingredients, with a name lent by their first child.

> 110 S. Pitt Street Old Town Alexandria

(703) 706-0450

www.restauranteve.com



**Enjoy Special Menu Selections** Restaurant Week Jan 25 - Feb 11

2-course Lunch, \$15/person 3-course Dinner, \$35/person by Executive Chef Lisa Marie Frantz

"A mix of contemporary and classic seasonal and regional American fare"

> 911 King St, Old Town MajesticCafe.net

THE ZEBRA PRESS JANUARY 2015

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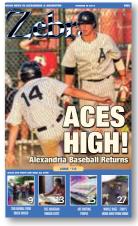


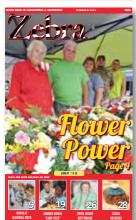






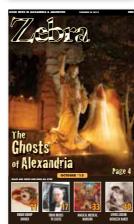




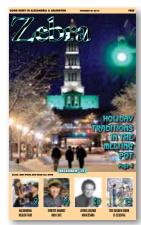




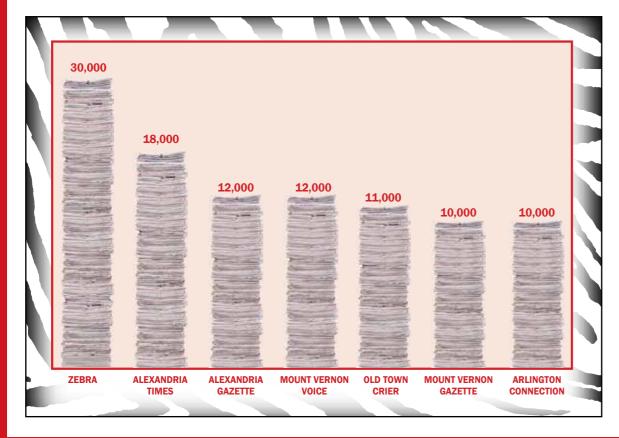








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February 2016 January 27 March 2016 February 24 March 30 April 2016 April 27 May 2016 May 30 June 2016 July 2016 June 29 August 2016 July 27 September 2016 August 31 September 28 October 2016 November 2016 October 26 December 2016 November 30

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#### **BEYOND MERCY STREET**

**CONTINUED FROM PAGE 15** 

asked if "the yeomanry of Virginia [would] be willing to do all the fighting and brave all the dangers of civil war, to gratify the whims of Cotton States Disunionists? If not, vote for Bell."

John Bell was a Constitutional Unionist and strong advocate of keeping the Union together while still supporting protection of states' rights and the institution of slavery.

Most Alexandrians—some 60 percent—did vote for him. But Abraham Lincoln was elected and, in December 1860, South Carolina made good on its threat to secede, followed by five other southern states through early spring.

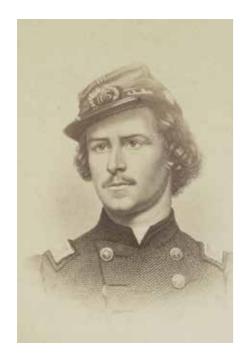
At a community meeting in January, many Alexandrians agreed that South Carolina and the other Cotton States had acted rashly. "They were still looking for that middle road," says Mackay, "and there really wasn't one."

When the Virginia legislature convened to take up the secession issue early in 1861, delegates that Alexandria sent to Richmond were instructed to vote against secession, and they did.

#### **Everybody knew they were coming**

The attack on Fort Sumter by South Carolina troops in April 1861, and President Lincoln's subsequent call for 75,000 men to put down the rebellion, changed many minds.

Scores of recruits joined local militia units such as the Alexandria Riflemen, the Old Dominion Rifles, the Mount



Col. Elmer Ellsworth, killed at the hand of James Jackson at Marshall House after removing the Stars and Bars from the hotel roof. (Library of Congress)

Vernon Guards, and the Alexandria Artillery. The units held regular meetings and drilled all spring.

But there was still a festive air. Local militiamen who left memoirs about this period wrote about standing post on street corners and trying to catch girls' eyes in their brand new uniforms. Certain places in town were thought to be prime postings for guard duty because there'd be a brewer on the block who'd give you free beer.

James Jackson, proprietor of the Marshall House Hotel, hoisted a very



A Ward at Camp Convalescent. This image is likely from the second Camp Convalescent, built after the first, often called Camp Misery, was disbanded. This shows the usual layout of wards in the city's military hospitals. (Library of Congress)

large Stars and Bars flag over the building to show his support for the Confederacy. He rashly vowed to shoot any man who tried to take it down. (Marshall House is now Hotel Monaco at King and S. Royal Streets.)

The secession ordinance passed the Virginia Legislature in late April 1861. This was not a dictate from Richmond. It had to be voted on by communities across the Commonwealth. On May 23, 1861 the Ordinance of Secession was ratified by a wide margin, including 90 percent of votes cast in Alexandria.

As soon as word of the vote came, all Alexandria knew that Union Army troops already mustered on bridges and aboard ships were coming. General Robert E. Lee had ordered Colonel George H. Terrett and his Alexandria Battalion of 400 men not to surrender Alexandria unless the situation became impossible, which quickly became obvious.

At 4:30 a.m. on May 24, the Southern defenders gathered in front of The Lyceum, at Prince and S. Washington Streets, made a strategic retreat to the Duke Street railhead, and went off to Manassas. Soon after, five Union Army regiments (5,000 men) invaded from different directions.

The first fatal incident in Alexandria occurred that morning. As Colonel Elmer Ellsworth of the 11<sup>th</sup> New York Regiment marched up from the waterfront, he saw James Jackson's Stars and Bars flying over the Marshall House Hotel.

Ellsworth climbed to the roof and tore down the flag. As he descended the stairs, Jackson, who had sworn to defend the flag with his life, did so. But first he shot Ellsworth dead. Ellsworth's company returned fire. Both men instantly became martyrs for their cause.

#### The reality of occupation

When the Union Army first occupied Alexandria, there hadn't yet been any big battles in Virginia. They

began to seize large public buildings for future use. But once the real fighting started at the First Battle of Manassas, and from then on, Alexandria, with its rail and river connections—the main value of the city to the Union Army—became the ideal place to treat the wounded. "That's when they start turning buildings into hospitals," says Mackay. "They can just take buildings from people who they believe or claim are secessionists."

About one third of the population of Alexandria left before the occupation. The Union Army considered these properties to be abandoned, so they took the house, the furniture, the livestock and and did with it whatever they wanted,

During the first year of the occupation, until a stable military government was established, there were problems with these troops. There was looting.

"These are guys from wherever in the North; they've never been anywhere in their life and they get to come in and occupy some southern town," says Mackay. "Most of them had never seen a black person before. They were fascinated by the slave jail on Duke Street; it's a big tourist draw. They look at those cells, but they're breaking into people's houses, taking stuff, a lot of the time under the guise of 'we need to inspect' or 'we're here to look for contraband'— all kinds of flimsy excuses."

This comes through in diaries from the time. Ann Froebel lived in the countryside, west of Alexandria. In her diary published by Fort Ward, she writes about Union depredations and how the soldiers act like they can do what they want. There are all kinds of illegal searches and seizures. But what are you going to do? Who are you going to complain to?

Over time, however, most Alexandrians got used to the presence of so many soldiers in their midst. Resented by their neighbors who hated the Union Army's presence, loyalist Alexandrians occasionally even reported on "secesh" (secessionist) members of the community to the authorities.

#### **Defenses of Washington**

Following the First Battle of Manassas during the summer of 1861, occupying troops began work on

**CONTINUED ON PAGE 33** 



The Marshall House Hotel looking south from Royal Street at King Street. The offending flagpole (minus the Stars and Bars) is visible on the roof. (Library of Congress)

ON DDESS 9

#### **CONTRABAND**

**CONTINUED FROM PAGE 14** 

contraband story and general African-American history, but also Civil War history as a whole. Davis worked with the writers and producers on storylines in *Mercy Street* and the museum will host events related to *Mercy Street* in coming months.

"PBS was a great group of people to work with, very accommodating," says Davis, "A lot of people are now aware of Mercy Street because Downton Abbey is back, so you're seeing commercials for Mercy Street on WETA, and there've been several 'behind the scenes at Mercy Street' on WETA that actually show the filming. All of the younger actors are very active on social media, even a fanbook page on Facebook."

Much of the *Mercy Street* company descended on the city on November 5, during the Alexandria Film Festival, where attendees viewed the entire first episode (one of six). It's an engaging drama in the genre of *Downton Abbey*, and likely to build a strong following. Historians like Davis, however, always have a greater concern, or responsibility, to help ensure that the stories told are in the main accurate.

#### Why "Contraband"

In 1861, near Hampton Virginia, Roads, three male slaves heard that their Confederate owners were going to be moving them farther south. They didn't want to go. These men had been working for the Confederate cause with the military. They knew that if they left they might never see their families again and could be killed. So they rowed a boat across the bay to the Union Army's Fort Monroe to seek asylum.

Fort Monroe's comman Major General Benjamin Franklin Butler, a lawyer from New England, had been in the job for only a week. Butler knew that he was obligated to return the men to their "owners." But he reasoned that since the South was seceding from the Union, the men had been put to work against Union forces, and the South considered these men to be property, not people, that he would deem them to be contraband of war. Property confiscated to aid the Union cause; one step closer to free.

In one stroke, Butler created the legal argument of deeming

fugitive slaves to be contraband so they could be treated as free men. He was later quoted saying "I was always a friend of southern rights, but an enemy of southern wrongs."

Word of Butler's clever interpretation of law spread

self-emancipate," says Davis.
"They were making this decision on their own, not waiting for someone to rescue them.

"That's what a lot of African-Americans want told in *Mercy Street*, that African Americans were not passive," she adds. "These were thousands of hospital was named for Haitian revolutionary leader Toussaint L'Ouverture. The facility was on par with the better military hospitals throughout Alexandria. In 1864 and 1865, some 1,400 patients were treated there.

Still, the mortality rate of former slaves remained high,

"Butler is the hero in this story; he opened the door to freedom for

thousands of African Americans who now, as contrabands of war,

could self-emancipate," says Davis. "They were making this decision

on their own, not waiting for someone to rescue them."

in Alexandria who are directly related to contraband blacks of that period. Many had no idea that their roots in this area went back that far. All were invited to participate in the dedication.

#### **Updating Mount Vernon's story**

Alexandria Black History



Union Major General Benjamin Franklin Butler. (Library of Congress)

quickly. By the end of the next week, over a hundred slaves escaped from other areas and sought asylum. By the end of the month that number reached 500.

One of earliest to arrive was Audrey Davis's who grandfather, named Superintendent of Contrabands at Fort Monroe. He knew those first three men. "There's a quote from him in the main reading room of the Library of Virginia," says Davis, "so I think it's neat that I'm working on a project that tells the contraband story."

Because of General Butler's action, if escaped slaves could get to any place that was Union occupied, they could be accepted as contraband, work for the Union, earn a wage, and live independently.

It was a risk because escapees could be captured at any time before reaching safety and returned to their masters. "You could be taken back still as a slave," says Davis, "but if you get to any Union stronghold, you have a chance at freedom. Not quite free, but you're not quite a slave, either."

When General Butler notified the president what he was doing, Lincoln wrote back: "Remember, your occupation is war, not emancipation." But he didn't put a stop to it, and passage of the four Confiscation Acts (1861–1864) codified what Butler had done, giving contrabands legal status.

"Butler is the hero in this story; he opened the door to freedom for thousands of African Americans who now, as contrabands of war, could African Americans who took freedom into their own hands, risking life and limb to get someplace where it was safe so they could be free."

The Black History Museum's current exhibit, *Journey to be Free*, will be up until the end of March, the end of the first season of *Mercy Street*. Audrey Davis may do an exhibit based more on *Mercy Street*, if the series is as popular as predicted.

#### The contraband of war

Alexandria's free African American community comprised only some 400 people, and thousands of former slaves pouring into the city created a humanitarian crisis. Escaped slaves had often been on the road or fleeing cross-country, struggling to get food, clothing, shelter and were not generally healthy. There was no housing for them. For many, housing became shanties thrown together from scrap lumber. Work was whatever piecemeal jobs they could scrounge.

Illness was rampant. especially among the very young. Relief workers like Julia Wilbur and Harriet Jacobs struggled to provide clothing and supplies. In February 1863, the military governor of Alexandria ordered that part of the building at 321-323 S. Washington Street be turned into a hospital for contrabands, but it wasn't until September that proper provisions and assistance had the hospital in working order.

It was soon overwhelmed by demand. In February 1864, L'Ouverture Hospital for African American troops and contraband civilians opened on Duke Street, adjacent to the former slave pens that had become a Union jail. The especially among the very young. Many died shortly after arrival to be buried in various cemeteries around the area. Not until 1864 was a contraband cemetery established at S. Washington and Church Streets under the supervision of Reverend Albert Gladwin.

Freedman's Cemetery was active only from 1864 until 1869, and then largely forgotten. At the end of the 19th century, people mining that area for clay reported that coffins were "sticking out like cannon" and people were walking away with bones. Archeologists dug sporadically until the 1990s. Then in 2007, the city bought the gas station built on that site, demolished it, and investigated further. Some 600 graves were identified.

"Probably there are still graves under Washington Street," says Davis, "and there was massive destruction with the building of Woodrow Wilson Bridge. It was still showing up on maps as a Negro cemetery as late as 1948, but the real mystery is why two buildings went up on the property when there was a provision of sale—the Archdiocese of Richmond owned it-that two things could never be built there: a bar and a gas station. First thing built was a gas station."

On September 6, 2014, the Contraband and Freedmen Cemetery Memorial was dedicated on the site. The Reverend Albert Gladwin's main job had been to record all the deaths in the cemetery, but he also listed first and last names, ages, where people died, and what they died of. This invaluable record enabled city genealogist Char McCargo Bah to trace more than a thousand people living

Museum is current working with Mount Vernon staff to expand and clarify the story of the Mount Vernon slaves. "We know roughly how many slaves were at Mount Vernon but we don't know much about their lives," says Davis. "We know certain things as they were recorded in other people's letters or if there was some issue, but their dayto-day, ins-and-outs, what happened with these people and their children, you don't really find it that much in their records."

Audrey Davis worked at Mount Vernon as a guide before she came to the Black History Museum. She trained under a renowned oral historian, the late Gladys Quander Tancil, who was the first African-American guide at Mount Vernon and a descendant of Mount Vernon slaves. Tancil devoted years to lobbying for an expanded and more accurate view of enslaved life at the mansion. She succeeded to a degree, but the exhibit now being developed will expand greatly on that history.

"People need to understand what it was like," says Davis. "Too often people will come into that area and say 'oh, that's not so bad.' They don't understand the scope of slavery, that this was a horrible institution. You never knew when you could lose your wife, your husband, or your child. You had no control over your person, over your own body, your day-to-day decisions. You didn't have control. Mount Vernon is working to present a balanced view of a time in our history that we can never be a

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JANUARY 2016

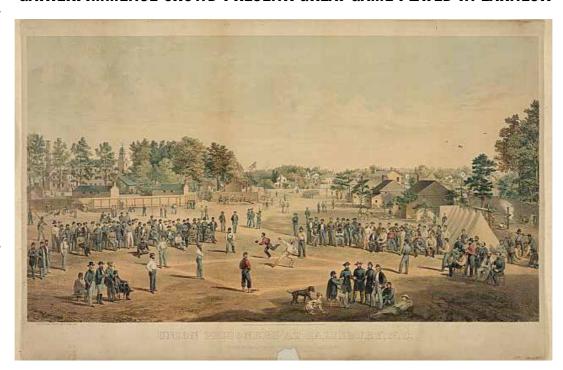
Lovers and admirers of the great game of base ball, witnessed a match of tests between the nines of the Aces of Alexandria and the Big Train of Bethesda, in a large empty field directly adjacent to Mansion House Hospital, in the City of Alexandria, where men of great athletic skill fought through the acrid stench of a tragic civil war that has been set upon our great country.

for In preparation the contest, the Aces of headquartered Alexandria, and stationed, always on the ready at the Marshall House, located upon the corner of King and South Pitt Street, wore their traditional home white pinstriped uniforms emblazoned with a very profound letter 'A', positioned on their left chests, acknowledging the City of Alexandria, of which they represent. Upon further observation, the Big Train of Bethesda mustered at an early pace to the Mansion House Hospital Field, removing themselves from horse-drawn carriages, as they each were festooned in black and green coiffed uniforms that had 'Big Train' artfully set on their chests, with white properly pressed pantaloons. There has been considerable discussion regarding the uncertainty of the longevity of the game of base ball, one that has been widely mentioned in various circles of business, mercantile, wager, and while numerous occurrences have somewhat held truth to that assertion, citizens of the City of Alexandria displayed great interest and frivolity, gathering of what local authorities said was to be in the tens of pen of bulls that were set thousands to witness the contest on the field of battle between the Aces and Big Train.



## **OUR NATIONAL GAME**

THE ACES AND BIG TRAIN CLUBS. A GRAND CONTEST. ALEXANDRIANS GATHER. IMMENSE CROWD PRESENT. GREAT GAME PLAYED IN EARNEST.



1863 drawing of Union prisoners playing baseball at Salisbury, NC. By the 1860s baseball was beginning to have popular appeal to the public. An August 7, 1861 Washington National Republican item on war terminology used by the soldiers noted that "a base ball game" could refer to the "firing on pickets from an ambuscade." (Library of Congress)

Ferry boats, under the guided protection of the United States Navy and local civil patrols, lined up at the docks adjacent to King Street in the City of Alexandria, filled to the brims with excited fans of the Aces of Alexandria, some hailed from as far as Fort Washington, Belle Haven, and Mount Vernon.

There was a report of two on each side of the playing surface, but this reporter witnessed only Aces and Big Train pitchers and catchers

throwing balls to each other, on repeated occasion, with no cow or calves anywhere in the area of the game.

A gentleman was viewed by thousands of fans chortling the phrase, 'Beer, get your cold beer, here!', yet the only chill in the air was from the icy stares of patrons disappointed in his warm frosty beverages. Vendors of all sorts and fashion had many items for fans of the game to purchase, such as muskets and pistols of various gage and caliber, gunpowder, bullets, copious

amounts of local alcoholic beverages from a well-known establishment in the City of Alexandria, and certificates of honor for something called a photograph, commissioned by a gentleman named Mathew Brady, upon where individuals must stand or be seated for a long period of time while insects fly throughout your privacy.

Much uncertainty prevailed those in attendance who sat uncomfortably in a sweltering abundance of tepid humidity that had many roosters, dogs, cats, horses, and, much to the dismay and disgust of paid patrons, one lone vagrant from the County of Alexandria who did not thoroughly appreciate the game of base ball, all whom were screaming to the heavens above for relief from the stifling wretched heat that consumed much attention.

The aforementioned gentleman from the County of Alexandria was properly escorted by authorities to his regular position upon a stool at Gatsby's Tavern. The Alexandria and Bethesda clubs have arduously played against each other to the delight of their fans at each home field, testing their skills of abundance that many players have learned at colleges and universities from throughout the country.

A few weeks ago, the Alexandria and Bethesda clubs played at Fort Cabin John, with the heralded Big Train winning by a score of 39 to 31. As such, the contest in the City of Alexandria was dutifully observed as a rematch between both nines with the Aces coming out on top by a winning score of 43 to 29. After the contest fans of the Aces accordingly provided the team with provisions such as cooked beef, mashed potatoes and corn, all from harvests in the nearby County of Fairfax.

Both the Alexandria and Bethesda clubs displayed great gestures of camaraderie after the contest, affording fans of both ball clubs hearty jovial conversation and personal signatures on various forms of paper, after the game. Broken bats of wood used by the Aces and Big Train were property given introduction to fiery furnaces in ferry boats to carry base ball fans back home, although this writer did observe a few children who were able to skillfully purloin

**CONTINUED ON PAGE 32** 

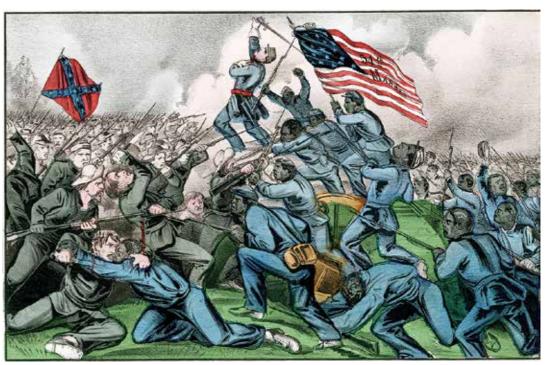
#### **ART BEAT**

**CONTINUED FROM PAGE 10** 

Currier Firm itself moved from building to building in New York City from 1834 to 1857 until he joined talents with Ives and based the firm at 152 Nassau Street from 1857 to 1896. They stayed in business during the Civil War and produced most of the popular American prints available at that time. We have seen prints made in sizes - 8.8"x12.8; "9"x14" to20". They even made miniature prints 7"x9."

Many older local homes, businesses and public places like the Old Hospital and

Washington Hotel had Currier & Ives prints on the wall. They appeared to exemplify an American value of our dream of country and community. I get asked often to come and attempt to evaluate an art collection for someone who is downsizing or moving. Most of the C & I pieces I see are older, framed, a bit faded and not as vibrant as many of the traditional Christmas card renditions we see every year. Original or not, they resell for what anyone will pay. Like most other art from the Civil War, a Currier & Ives print is significantly American in character and its story uncomplicated to understand.



The Gallant Charge of the Fifty Fourth Massachusestts (Colored) Regiment, by Currier & Ives, New York, 1863. (Gilder Lehrman Collection)

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## **SCHOOL BRIEFS**

#### **Hispanic Heritage Foundation Honors Outstanding**

Mount Vernon High School senior awarded scholarship for engineering and math talent

**Local Student** 

Mount Vernon High School senior, Rosemary Morataya, received a silver award from The Hispanic Heritage Foundation. She was one of 21 award recipients at the Washington, D.C. regional Hispanic



Heritage Youth Awards ceremony on November 16. As the silver medalist in the engineering and mathematics category, sponsored by ExxonMobil, Morataya was awarded a \$2,000 scholarship to support her plans to pursue a degree in aerospace engineering, astrophysics and business at Massachusetts Institute of Technology.



#### 1965 High School Stadium Will Be Modernized

Alexandria City Public Schools is set to modernize the Parker-Gray Memorial Stadium at T.C. Williams High School, bringing it into line with other modern sporting facilities across Northern Virginia.

ACPS Facilities staff has begun the process to find an architectural and engineering firm specializing in school stadium design and improvements. The firm will be requested to design a new press box, a sound system, lighting, track facilities, new field turf and improvements to both home side and visitor's side bleachers.

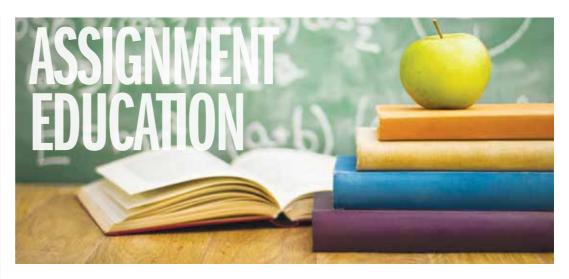
Lighting upgrades include stadium lights for the field, as well as egress and safety lighting. The modernization design process will also provide designs for a ticket booth, a concession stand and new bathrooms.

The current concession stand lacks running water and some of the basic amenities found in other high school concession stands. Designs will also be drawn up for new restrooms and for a ticket booth, which are missing features of the current field.

As part of the modernization plan, both the turf field and track need to be replaced as they are nearing the end of their lifecycle. The design for the track will include a high jump area, steeple chase water hazard, pole vault runway and pit area, long jump runway and sand pit, and shot put circle and landing zone.

Many elements of Parker-Gray Stadium date back to 1965 when the original T.C. Williams building was

**CONTINUED ON PAGE 32** 





Alexandria City School Board members at the Induction Ceremony January 7, 2016 at T.C. Williams High School Auditorium, (Left to right) Cindy M. Anderson, Ronnie Campbell, Bill Campbell, Hal Cardwell, Karen A. Graf, Chairman, Ramee A. Gentry, Christopher J. Lewis, Vice-chairman, Margaret Lorber and Veronica R. Nolan. (Photo by Lucelle O'Flaherty)

## MEET YOUR NEW CITY SCHOOL BOARD

The new Alexandria City School Board were formally installed at a public induction at T.C. Williams High School on January 7.

The new board, which will serve for a three-year-period, consists of five new members and four returning members. Incumbents Bill Campbell and Karen Graf were joined by newcomer Hal Cardwell representing District A. Cindy Anderson, Margaret Lorber and Veronica Nolan, all newcomers, took the oath to represent District B while incumbents Chris Lewis and Ronnie Campbell were joined by Ramee Gentry in District

Alexandria Circuit Court Judge Nolan B. Dawkins presided over the ceremony. The T.C. Williams choir sang the Star Spangled Banner, the T.C. Williams Jazz Band played during the reception, while two cellists from George Washington Middle School

played duets while guests filed in

The new board unanimously voted to retain Karen Graf as Chair and Chris Lewis as Vice-Chair at an organizational meeting that followed the swearing-in ceremony.

"I am truly honored to continue in this role and to help support the Superintendent in his focus on a highperforming school division. I am committed to quickly helping our nine-member board function and develop sustainability for our policies and practices for the City of Alexandria. In the future, no matter who is sitting in these seats, our legacy will make it clear how to be an effective school board that sees every student succeed," said Graf.

Superintendent Alvin
L. Crawley congratulated
newly installed Mayor Allison
Silberberg and members of
the City Council who were
present at the ceremony. He

also thanked former School Board members including Kelly Booz, Stephanie Kapsis, Justin Keating and Marc Williams for their dedication to the school division.

"We know it takes an incredibl commitment, endless energy and sacrifices to govern a school division. Thank you for your faithful service and thank you for being champions for our students," Dr. Crawley said.

Newly-installed Alexandria Mayor Allison Silberberg said, "I congratulate the current and new School Board and look forward to working closely with them, Superintendent Crawley and ACPS staff as we work to support and grow Alexandria's educational system. I have great expectations for all students, as I said in my installation address, and ask them to study hard, get focused and stay focused."

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## BAKE SALE HELPS LOCAL CHILDREN

#### FOURTH GRADE RAISES MONEY FOR CHILDREN'S NATIONAL MEDICAL CENTER





On December 4 classrooms were turned into bakeries for a great cause! St. Stephen's & St. Agnes School held the 22nd annual fourth grade bake sale benefiting Children's National Medical Center. The bake sale took place inside the classrooms, where faculty, staff,

students, and parents purchased the baked treats. Fourth grade students organized the baking, advertised the sale around school, decided how to price the items, made change, and rolled the coins. Then they made a list of toys they'd like to buy, and their

teachers purchased them with the bake sale proceeds.

The project concluded at a Lower School assembly led by the entire fourth grade who spoke to the students about how their efforts will help the patients who are in the hospital during the holidays. Fourth Grade Teacher Beth Barrow announced that the community helped raise \$1,720 for the project, which allowed them to purchase many new toys to donate.

## SSSAS ROBOTICS TEAMS SHINE AT COMPETITION

Agnes School robotics teams had a great time competing in the Northern Virginia Qualifier for FIRST Tech Challenge on December 12. teams ThunderStone (6010) and Iron Giants (10442) competed with nearly 50 other teams from the area at Battlefield High School in Haymarket, Virginia. The day was packed with competitions, interviews, judging, scouting reports, helping other teams, collaboration, and fixing

The St. Stephen's & St. their robots! FIRST (For gnes School robotics teams and a great time competing of Science and Technology) is a not-for-profit, volunteer-qualifier for FIRST Tech driven organization founded hallenge on December 12.

During the competition, teams were judged based upon robot design, robot performance, an interview, strategy of play, functionality, efficiency and creativity of the robot design, and thoroughness of the engineering notebook. The highlight of the competition

was Team ThunderStone winning the Motivate Award. Judges award this to the team that exemplifies the essence of the competition through team building, team spirit, and exhibited enthusiasm. Team ThunderStone also placed second for the Innovate Award, which is given to the team that has the most innovative and creative robot design solution to the field elements, and made it to the semi-finals of the competition.

"Both teams had hiccups

with their robots, whether it was mechanical/structural/ electrical, but they did great in troubleshooting those issues as the matches went on," said Richard Rho, SSSAS Director of Technology Education and Innovation. "Most importantly,

there were lots of great ideas generated from our day at competition. These will help our students to improve their designs for their future competitions and beyond!"



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JANUARY 2015 THE ZEBRA PRESS

#### **SCHOOL BRIEFS**

opened. Last spring, the School Board approved \$320,000 for stadium design work in the FY2016 Capital Improvement Program (CIP) Budget.

Staff recommendations Parker-Gray upgrade Stadium are based on student capacity. As student enrollment

continues to grow, there is increasing need to maintain CONTINUED FROM PAGE 30 modern facilities to meet the athletic needs of the current and future student population and the marching band.

> The Parker-Gray Stadium design is expected to be completed by spring 2016. At that point in time, ACPS has planned a full community engagement process.



## STRONG SHOWING BY LATIN STUDENTS AT STATE CONVENTION

A large group of St. Stephen's & St. Agnes School classics students took home a number of awards at the annual Virginia Junior Classical League (VJCL) state convention, held in Richmond November 22-23. The annual convention brings together delegations from independent, public, and home schools across the state for competition and camaraderie.

With a large delegation in attendance, consisting of 40 creative and enthusiastic Middle and Upper School students, Saints Latin placed first in the spirit competition for the sixth consecutive year. Latin students tie-dyed T-shirts and bandanas and cheered about spreading peace in the world. This spirit competition kicked off a convention filled with academic tests and graphic and creative arts contests.

Some highlights include: Mary Margaret Lehmkuhler '19 placed first in Mythology. Annabeth Howton Cameron Sweet '19, and Leilani S. '21 also earned first for their

watercolor, large model, and illustrated quote, respectively.

Senior Ann Bailey helped run the convention as the 2015-16 VJCL Secretary. The state officers held a "coin wars" fundraiser for Best Buddies, a global organization that creates opportunities for oneto-one friendships, integrated employment, and leadership development for people with intellectual and developmental disabilities. Ann founded SSSAS' local chapter last year.

People ask me what I do in winter when there's no baseball. I'll tell you what I do. I stare out the window and wait for spring.

—Rogers Hornsby

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- Eisenhower Ave, At Bus Stop Across from Stratford University/Aldo Italian Kitchen
- John Carlyle, in front of Starbucks, across from
- CVS on South Washington across from Capital One
- Outside of Todd Healy's Studio, 130 South Royal Street
- Wythe Post Office
- 2311 Mt Vernon, at Oxford Bus stop
- Stuart and Mt Vernon
- Shirlington Post Office
- St. Elmo's on Mount Vernon Avenue
- CVS on Quaker Lane
- Fire Hook Bakery on South Washington Street
- Hollin Hall Shopping Center
- Belle View Shopping
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- Park Fairfax bus stops
- Fairlington bus stops



#### **BROWN BOXES**

- Torpedo Factory, at entrance of building 201
- Visitors Center, 200 block of King
- Courthouse, 500 block of King
- Washington and King, on corner in front of Francesca
- 1700 King, in front of Hilton
- Alfred and King, in front of Bittersweet

If you know of a spot where a box would be a nice addition, please let us know by emailing editor@ thezebrapress.com or sending us a note at 2331 Mill Road, Suite 100, Alexandria, VA 22314.

### PATRICK MALONE TO 'STAND UP' TO CANCER, AGAIN

#### 2ND ANNUAL 24 HOUR FUNDRAISER SET FOR FEBRUARY 10 & 11, 2016

Patrick "Pat" Malone, of Alexandria, Virginia, retired Air Force veteran, and major cancer survivor, will host his second annual fundraiser to benefit Stand Up To Cancer (SU2C), a program of the Entertainment Industry Foundation (EIF) (www. standup2cancer.org), Wednesday, February 10 and Thursday, February 11, 2016, at Fire Works American Pizzeria & Bar (www.fireworkspizza.com/ Arlington/Web), in Arlington, Virginia.

On Tuesday, February 2014, Malone successful surgery for seven consecutive hours to remove a malignant peripheral nerve sheath tumor (MPNST) (www.ncbi.nlm.nih.gov/ pubmed/24511012), at **Walter** Reed National Military



Medical Center, in Bethesda, Maryland.

After months of radiation, rehabilitation and physical therapy in the spring and summer of 2014, Malone is currently cancer-free with the strong desire to both raise money for cancer research, and to additionally honor and highlight the dedicated work of his military and civilian medical team at the John P. Murtha Cancer Center (www.wrnmmc.

capmed.mil/CancerCenter/ SitePages/Home.aspx) at Walter Reed, and the **Radiation Oncology Clinic** at Fort Belvoir Community Hospital (www.fbch.capmed. mil/healthcare/radiation\_ oncology.aspx).

Malone will 'stand' at Fire Works for twenty-four hours straight, non-stop, kicking off his fundraiser at exactly 4:26 pm, on Wednesday, February 10, and finishing at 4:26 pm, on Thursday, February 11, 2016, asking people to donate money, both in person, and through his 'Stand Up To Cancer' page: http:// do.eifoundation.org/goto/ StandWithPat.

100% of donations received from the general public support Stand Up To Cancer's collaborative cancer research programs.

#### **GAME**

**CONTINUED FROM PAGE 29** 

a token amount of broken bats as souvenirs.

The game of base ball, while new to our great country, is being played with great interest as it is so been deemed as our 'National Game'. Much

will be written in future years whether this sport will catch on and become rabidly popular throughout America, but this writer is betting his last wooden nickel that it will be the greatest sport in our land by 1870.

(This fictional article is with special thanks with the tip of my ball cap to local Washington

sports writer, Dan Daly, (@ dandalyonsports), who shared some 1860s 'base ball' articles from the Brooklyn Eagle with me, while we chatted at our local Starbucks.) By the way, the Alexandria Aces begin their ninth season in June, this summer. For more information, please go to their website at www. alexandriaaces.org. I'll see you at the ball park!

JANUARY 2016



ZEBRA PRESS

### NEW INNOVATIONS BRINGING FASTER INTERNET SPEEDS TO MORE COMMUNITIES

(StatePoint) Fast Internet service is not just an indulgence that people want. It's something communities need in order to stay vibrant in today's economy -- from students doing research and small businesses selling their products to doctors having the latest information at their fingertips.

And experts say that soon, more rural communities are going to have access to the speedy services that metropolitan areas have long enjoyed, thanks to huge, recent innovations in the field.

"Considering the unique and challenging circumstances small, community-based telecommunications



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providers operate under, delivering the Internet's fastest speeds to the country's most rural and remote communities is

a huge accomplishment, says Shirley

Bloomfield, chief executive officer of the NTCA-The Broadband Association, Rural which represents nearly 900 independent, community-based telecommunications companies.

With those challenges in mind, NTCA recently recognized telecom providers that have built communications networks capable of delivering Internet speeds of up to one gigabit per second (100 times faster than those currently available in many U.S. households), by naming these

companies Certified Gig-Capable Providers at a recent conference.

То achieve certification, telecommunications com-panies must show that gigabit technology is currently commercially available within 95 percent of one or more exchanges within their serving territory and that such service can be provided without new trenching or without stringing new aerial facilities. For more information about the NTCA Gig-Capable Provider certification program, visit www.ntca.org/gigcertified.

"By building a gigabit-capable network, these companies have not only overcome huge hurdles, but they've also shattered conventional benchmarks for broadband speed," says Bloomfield. "This access will drive economic development and strengthen communities nationwide."

#### **BEYOND MERCY STREET**

**CONTINUED FROM PAGE 27** 

the Defenses of Washington, the string of forts and gun batteries that would eventually encircle the Washington area. Forts, gun emplacements and camps dotted the hills around Alexandria.

The soldiers working on fortifications quartered in camps nearby. When demand for housing outstripped the availability of seized structures, the army started building its own. Temporary housing soon provided barracks, hospital wards, warehouse space, and offices. The soldiers assigned to them provided thousands of new customers for local merchants, restaurateurs and saloonkeepers.

#### Hospitals

President Lincoln's call for volunteers after the attack on Fort Sumter brought a response far greater than the Federal government was prepared for. "The whole thing was kind of thrown together," says Mackay. "When the war starts, first, they're mustering these guys in who may or may not be in very good physical condition. All ages, all backgrounds, varying degrees of health. The medical process, the screening, is virtually nonexistent for people entering the military at that time.

"You basically sign up, you're given your little signing

bonus, you report to a certain camp, get your uniform and they start teaching you how to march. The food is not that great, and it's not like they're doing calisthenics. There's a huge gulf between the way we incorporate people into the military today and what was done back then."

One result of this was thousands of men ending up in military hospitals with complaints ranging from hernias or a general "disability," to fevers and intestinal problems brought on by squalid camp conditions. Two-thirds of deaths during the war resulted from disease, not combat wounds.

There were about three dozen military hospitals in Alexandria. Some were used throughout the war, some for a period of months. Although temporary hospitals were razed immediately after the war and many historic buildings have been lost over time, at least 17 buildings that housed Civil War hospitals in Alexandria are still with us.

The hospital wards in Mansion House, accurately depicted in the Mercy Street series, were not typical of hospital wards in the city or anything like hospitalization today. Wards were usually large rooms with several long rows of beds closely spaced. Privacy was non-existent; noise was constant. Still, spurred by necessity, great medical and surgical advances were made. For example, the first successful blood transfusion was reported

at the Grosvenor Branch Hospital at N. Washington and Oronoco Streets.

conditions varied. Mansion House Hospital was cited as providing high-quality care. The New York Times reported that in March 1862, a Court of Inquiry convened to investigate allegations that Dr. J.B. Porter, U.S.A., was mistreating his patients at Mansion House Hospital. After thorough investigation, Surgeon Porter was exonerated and praised for his service, many of the complainants reneged, and the hospital itself was commended, with the sole negative note being that the quality of food served the patients needed improvement.

At the other end of the scale was Camp Convalescent (known familiarly as Camp Misery), a poorly provisioned

camp near Shuter's Hill to house troops who had mostly recuperated but were not ready to return to their units.

Patients there reported having insufficient fuel to stay warm and sometimes having to forage food on their own. The tents had no ground coverings and the beds no blankets. Julia Wheelock, a Michigan relief agent, described men pacing back and forth to keep warm at night, then trying to sleep when it was a little warmer the next day.

#### **Outcomes**

Occupation allowed Alexandria to survive intact. Unlike scores of communities throughout the South that were heavily damaged in the fighting, the city emerged from the war nearly unscathed, physically. Commercially, however, Alexandria was a near ruin and would not fully recover for nearly a century.

Innovations by the personnel in Alexandria's Civil War hospitals from 1861 to 1865 helped to reform medical care in the U.S., to include a system to manage mass casualties, well-ventilated and clean hospitals, the importance of sanitation and hygiene, experience and training of thousands of doctors, formation of the Sanitary Commission (precursor to the American Red Cross), and the introduction of women to hospital care.

Women made a critical contribution on a large scale by leaving their households to care for the sick and wounded. And, finally, the Civil War ended slavery. See Contraband: The Path from Bound to Free.



### **ACES**

**CONTINUED FROM PAGE 9** 

In addition, as in many cases the staff members can rotate game day assignments, the opportunity exists to develop a broader understanding of the various facets associated with providing the best experience possible for the players, coaches, umpires and fans.

The following link to the

Alexandria Aces website will take you to the list of available positions: http:// www.alexandriaaces.org/ internships/. Please contact Aces General Manager Lou Nolan at lrnolan@verizon. net or alexandriaacesgm@ gmail.com with any questions. The Aces look forward to adding you to our team as we vie for the 2016 Cal Ripken Collegiate Baseball League Championship!

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#### ON WATCH

**CONTINUED FROM PAGE 22** 

MERRIMACK/CSS VIRGINIA (Circle ship name of your choice). When Union Admiral David Glasgow Torpedoes" "Damn the Farragut was busy running up and down the Mississippi River shooting up everything that moved, there were several dashing Confederate renegades sailing the high seas and wreaking havoc everywhere

they went.

Captain Raphael Semmes had already racked-up a score of 18 Union merchant ships when he was given command the CSS ALABAMA and told to run the Union Blockade as a major-league commerce raider. Over the next two years Semmes and his merry men sailed the Atlantic, the Gulf of Mexico, the Indian Ocean, and a little parcel of the Pacific, sending 65 U.S. Merchant ships to the bottom. Finally, on June 19, 1864 the ALABAMA was in

Cherbourg, France; the ship in for repairs and his crew in for some fun (after all - it was France). The Union ship USS KEARSARGE blocked the harbor so Semmes sailed ALABAMA out to duel his way home. Later that day when Semmes saw he was thigh-deep in salt water, he ordered 'abandon ship.' avoid capture by the Union, Semmes threw his sword overboard, dove in and swam to the nearby British yacht Deerhound.

Semmes made it back to Virginia avoiding capture via England, Cuba and Texas and his escape made all the papers. He was the talk of Confederate cocktail circuit and like a 19th century George Clooney, his exploits every Confederate woman absolutely swoon. They promoted him to Rear Admiral and later the Confederacy made him a General in the Army too. His Naval Brigade thought it good luck when they were sent to fight at a place called 'Sayler's Creek' and even though to them it was spelled wrong - it sounded good to them. At war's end Semmes finally surrendered to General William T. "War is Hell" Sherman. Semmes was the only man in North America to hold both ranks of Admiral and General simultaneously.

Captain James Iredell Waddell was another gallant pirate of the South. The North Carolinian resigned his US commission and distinguished himself as a Lieutenant on ironclads in the Confederate Navy. For a while he was in charge of shore artillery at Drewry's Bluff on the James River approach to Richmond. But he was a sailor so when Confederate President Jefferson Davis offered him a command, he shipped out to Liverpool, England, took command of the newly built CSS SHENANDOAH and set out raiding Union commerce ships in the Atlantic and Pacific. He was so successful at sending Union ships to Davy Jones' Locker, that every time the SHENANDOAH went to sea, insurance companies lowered their blinds, turned out the lights, and locked their office doors.

Waddell clearly missed the telegram that the Civil War was over in April 1865, so guess what? He kept right on sinking ships until June 24<sup>th</sup> after capturing the *Susan & Abagail*. Her Captain produced a newspaper that said General Lee had surrendered. But the paper also contained an article quoting President Davis saying "the war would be carried on with renewed vigor," so Waddell went right back to sinking ships.

Finally on August 3, 1865 Waddell got word of the war's end from the Captain of the British ship Baracouta. In only 12 months the SHENANDOAH had sailed around the world and sunk 38 union merchant ships, the majority of which were New England whaling ships, devastating that industry in the north. Not wanting to surrender SHENANDOAH to the Union, Waddell sailed her all the way back to Liverpool and surrendered her to the Captain of HMS DONEGAL on November 6, 1865. She was the last vestige of the Confederacy when her flag came down on that day.

Maybe not as swashbuckling as Semmes and Waddell, another Navy luminary was Captain John Randolph Tucker, a native Alexandrian who after a distinguished career in the US Navy, also went on to serve in the Confederate Navy.

Following his command of the CSS PATRICK HENRY, he was also sent to Drewry's Bluff, and like Waddell was also one of the shore battery commanders. Then from 1862 to 1864 he commanded all the Confederate ships in Charleston SC fighting spar-torpedo warfare against the Union. There must have been something in the water at Confederate Naval Headquarters because as was Waddell, Tucker also went to Sayler's Creek for that battle.

After being a POW for several months his resume somehow wound up in the hands of the Peruvian Minister to the U.S. At war with Spain, Peru was short on savvy Naval Officers so Peru offered him the rank of Rear Admiral Commander-in-Chief of the Navy. Tucker was a 'take-charge' kind of guy but because he was promoted over more senior Peruvian Naval Officers and maybe because he was a gringo, the rest of the staff whined so much that Tucker eventually resigned in 1871. He has the distinction of being the only Naval Officer to have served in three navies - the US Navy, Confederate Navy, and Peruvian Navy.

Now, knowing all this, please sit back and enjoy PBS' "Mercy Street." Maybe that little slice of the not-so 'civil' war will do for Alexandria what "Downton Abbey" did for World War I in England. I can just imagine those Ramsey House tours now.



Marcus Fisk is a retired Navy Captain, Naval Academy graduate,

sometime actor, sculptor, pick-up soccer player, and playwright. He and his wife Pamela are former residents of Alexandria and currently live in Connecticut where they own a B&B.

QUOTABLES

To succeed in life, you need two things: ignorance and confidence.

—Mark Twain



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S JANUARY 2016



Welcome to my new real estate column where I intend to keep you up to date on neighborhoods, market conditions, trends that are changing the Alexandria market, successful marketing strategies, and how real estate in Alexandria, VA

is improving. Expect to hear local real estate stories, tips, videos, images, insights and data that will make you laugh, read, enjoy and want to be a part of this extremely open and interactive real estate forum. I encourage everyone to send in

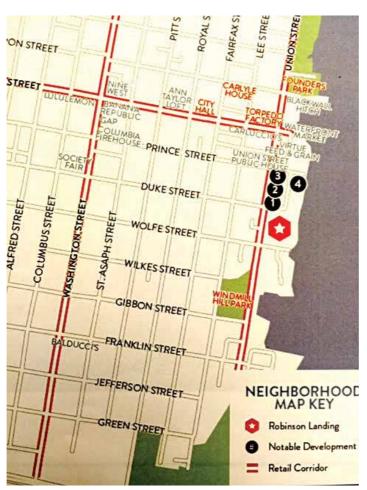
questions, request topics to be covered, share your story by emailing: Cheryl@CherylSpangler.com. Any question sent in will be answered at the beginning of the next month's article. Cheers!

# WATERFRONT CHANGES DRIVING RISING HOME VALUES

only waterfront undergoing changes, the southwest waterfront in Washington DC is the \*HOT SPOT\* for millennials, professionals and investors. Just like DC, Alexandria is transforming its waterfront and Robinson Landing is touted to be the focal point for the Old Town Waterfront. Here's what is coming, how it will affect your home value and the positive changes it will bring. The current population for the primary Alexandria area is 101,000+ and is expected to grow 9% between now and 2020.72% of those living in this area have a Bachelors degree, the average household income is \$145,000 and the median home value is \$662,000+. With the addition of the National Harbor MGM Casino, and the growth of the DC Waterfront, Alexandria home prices are sure to maintain values and increase as more jobs are created, businesses move in and it becomes the center for homeowners to live, work and play. Below are some exciting additions to the already existing Alexandria Waterfront.

Robinson Landing – 60-High-End Residential Condos surrounded by new and existing restaurants, retail and office space directly on the water with breathtaking views of the Potomac, windows from floor to ceiling, garage parking, walking corridors, benches, outdoor seating and community gathering spaces, extended boardwalk space and a park-like setting. Built by EYA, an established and well known builder who's tag line is "Life within walking distance". Located right off S. Union St & Duke at the water's edge, price yet to be determined but may be between \$900k-\$4MIL per condo.

The Strand – A term defining the area of new retail growth to be built at the water and surrounding Robinson Landing, over 84,000 SF of shops and retail, including a wine bar, coffee shops, cafes, bakery and more. New business brings positive things to a community.

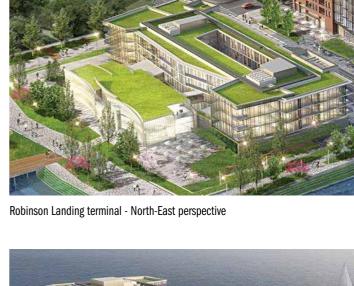


Map depicting new development

A Chef-Driven restaurant - to be located on waterfront at Duke & S. Union St with more outdoor seating than indoor with an unbelievable view of the Potomac enhancing the visibility of Old Town to travelers. A "chef-driven" restaurant is one where the head chef designs all the items on the menu based on his or her own personal style using specifically sourced ingredients. A "chef-driven" menu is a menu featuring these types of dishes. The ingredients could be things chosen from the local farmer's market, specifically imported from a foreign country that you can't get everywhere, or simply a chef's favorite of the

New office space – located at 204 South Union St for businesses to move into, expand and serve the new and existing community of homeowners that will be visiting, eating, enjoying and shopping in Old Town.

**Hotel Indigo** – Boutique hotel consisting of around 120-140 rooms to be located at the end of Duke St where it meets the water. Allowing



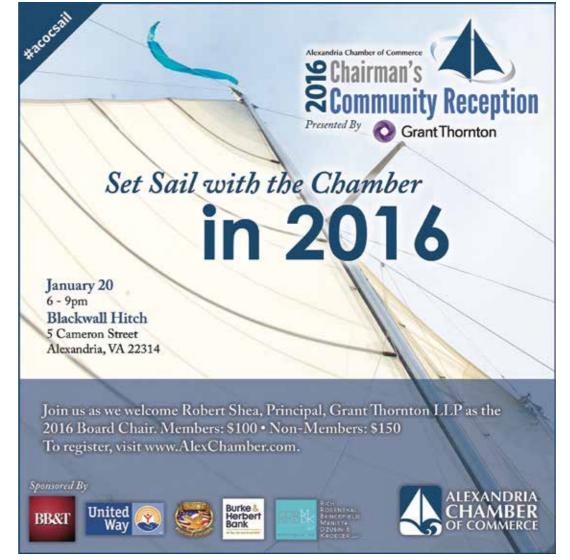


Robinson Landing terminal - North-Southwest perspective

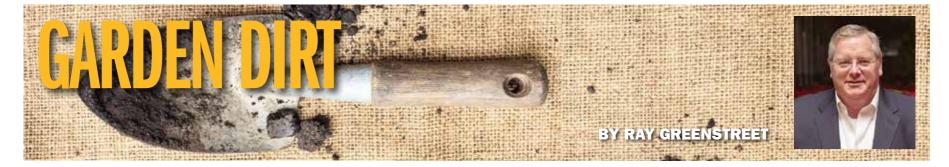
a laid back environment that will offer indoor seating and a view of the shops and retail.

tourists a totally personalized experience when visiting Old Town and an amazing view of the water and access to National Harbor via the ferry.

The Beachcomber — a new family restaurant featuring of the water and access to American and/or Italian foods,



JANUARY 2015 THE ZEBRA PRESS



# **FOLIAGE FOR YOUR HOME**

For many of us, a home is not a home without foliage or tropical plants. But it's not all about aesthetics; plants growing indoors are a breath of fresh air....literally. Studies done by NASA scientists researching ways to create a healthy environment on the space station have shown that plants purify indoor air through photosynthesis when they absorb carbon dioxide and release oxygen. And plants release roughly 97 percent of the water they take in. Place several together and you can increase the humidity of a room which is especially helpful during dry winter months.

Here are some tips to keep your houseplants happy:



#### **Watering**

- If the plant is small, put in the sink or tub and spray down
- Don't allow plants to wilt, and never let a potted plant sit in water for any length of time.
- Gently wipe or spray leaves occasionally to keep clean.

#### Lighting

- Most foliage plants do well with light at a north window, daylight with no direct sun, or sunlight diffused through a lightweight curtain.
- Plants that require full sunlight should be put in



Succulents

- a south window.
- Prayer plants, snake plants (aka "mother-inlaw's tongue") and pothos are examples of easy to grow houseplants that don't need a lot of light.
- Flowering plants, like African violets and orchids require moderate to light to thrive, as do most succulents.
- If you're not sure how much light a plant needs, talk with a knowledgeable salesperson where you are purchasing the plant. At Greenstreet Gardens, we want you to choose a plant that will successfully grow in your environment.

### **Fertilizing**

- Most houseplants should be fed 4 times a year. Water-soluble fertilizers formulated for houseplants are applied when you water. Liquid fertilizer like Nature Source or SeaMate added to water is a "natural fertilizer".
- Whichever you choose, follow directions carefully and don't exceed amounts suggested by the manufacturer's directions.

## Repotting

• Plants just purchased should not need repotting and can cause unnecessary strain.



Peace Lilv

- Spring is a good time for repotting. A good rule of thumb is to go just one pot size up.
- Use a high quality potting mixture formulated for house plants such as Espoma Organic.
- When repotting, handle the plant gently and be careful not to damage the roots. Firm the fresh potting mixture gently around the root ball and water well.

#### Summer care

- If you want to move houseplants outside for the summer, late May is usually a good time.
- Start the outdoor season by setting the plants in a sheltered spot, out of direct sun. After a week or so they may be moved to a more exposed spot for the rest of the summer.
- During the hottest periods you should check them daily.
- Fertilize monthly, and keep an eye out for insects or diseases that may attack the plants outdoors.
- Move plants indoors by mid-September before cool weather returns (about 55 degrees nightly).
   Happy New Year!



**African Violet** 

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38

# LIVING LEGENDS OF ALEXANDRIA

# Nominees for 2016 Living Legends of Alexandria

Living Legends of Alexandria (LLA) is a nonprofit organization. Its mission is to identify, honor and chronicle individuals who have made significant contributions to the quality of life in Alexandria. LLA also offers programs to encourage children and youth to document the histories of family members and others in the community by means of stories, still and video photography, and art. This year LLA provided programs at Cora Kelly Recreation Center, Douglas

MacArthur School and the Black History Museum.

Meeting the qualification of nomination to be considered a Living Legend is in itself an achievement. The following individuals are presented here as nominees for consideration as 2016 Living Legends. Whether they are selected as legends or not, their stories and contributions are significant and should be celebrated.

## Nominees: 2015-2016

#### Elizabeth "Betsy" Anderson



**Betsy Anderson** was nominated by the Art League, Torpedo Factory Artists' Association and Torpedo Factory Art Center Board for significant contributions to Alexandria arts. Simultaneously

with demanding volunteer duties, Anderson has sustained an impressive career as a painter with works represented in private and corporate collections nationally and internationally. She lives her vision nurturing the arts and artists enriching Alexandria.

#### **Janet Barnett**



Janet Barnett is a powerhouse of commitment to our city's senior population. As Executive Director of Senior Services of Alexandria she handled marketing, fundraising and

community outreach, expanded the Meals on Wheels program and the Friendly Visitor program which provides in-home visits to seniors. Barnett also established the Senior Resource Center and implemented the popular Speaker Series.

#### **Herman Boone**



Coach Herman Boone in 1970 built a cohesive and cooperative high school football team from two rival Alexandria teams, one predominately white and the other

predominately black, joined by integration into a single high school. He also sought out and obtained college athletic scholarships for more than 50 black athletes. The film, "Remember the Titans," commemorates the state championship team and Boone's leadership.

#### **Keith Burner**



For Keith Burner, it's all about the kids. He's been instrumental in many projects for the Dunbar Alexandria Boys & Girls Club and other civic organizations. "I think kids

benefit from having positive role models in their lives. I just do my part."

#### **Yolanda Carrasco**



The mother of a child with autism, Yolanda Carrasco saw a need to bring disability awareness into the classroom. Since 2008 she and her "gang of moms" have created programs on inclusiveness during Disabilities Awareness Month and Autism Awareness month in Alexandria schools. In doing so, she helps all children understand and value one another.

#### Diane Charles



**Diane Charles** has lived and worked in Alexandria over 30 years. She has recognized community needs and found ways to make positive change. As Director of

Stop Child Abuse Now (SCAN) for 11 years and currently leading ALIVE! she has grown and strengthened programs and staffing and leads by example as a citizen-volunteer.

#### **Ruth and Bill Cleveland**



Ruth and Bill Cleveland have been involved in community activities for years with Bill becoming the first black Republican on City Council where he served 15 years, 6 as Vice Mayor. They are actively involved with the nonprofit organization, The Untouchables, serving young men 5 to 18 years old. The Untouchables learn civic responsibility while giving back to the community.

#### **Wanda Dowell**



Wanda Dowell began work at Fort Ward in 1965, rose through the ranks and served as site director for more than 20 years, attaining Museum accreditation and a designation on

the National Register of Historic Places. Dowell said, "Just because you are a small museum, there is no reason you can't be a quality museum."

#### **Lorraine Friedman**



"The Dream Dog story: see a Need, Create a Program!" So says, and does, Lorraine Friedman, attorney/ mom/volunteer/ songwriter/teacher whose creative programs reach broadly and deeply

into Alexandria. Since 2002, the DreamDog Foundation has served thousands of children and adults with innovative literacy, creative writing, performing arts and empowerment programs and has put 250,000 books on shelves for children in their neighborhoods.

**CONTINUED ON PAGE 43** 

JANUARY 2015 THE ZEBRA PRESS It's 2016 and with the start of a New Year comes with it new goals. Each January, roughly one in three Americans resolve to better themselves in some way — with self-improvement and weight loss related resolutions topping the charts. Unfortunately, a much smaller percentage of people actually make good on those resolutions

For those seeking to lose weight, get fit or achieve a healthier work-life balance there are lots of new trends/ solutions in the health & fitness industry to choose from. Fads come and go, but there some trends that are around to stay. CrossFit, HIIT come to mind as trends over the past several years and will likely to continue into 2016 and beyond. Corporate Wellness programs and Medical Fitness Centers have been ever emerging over the past decade. From wearable technology self-proclaimed experts on the internet — one can get completely overwhelmed before taking the first step. To help wade through the fads and trends; I decided to review some physician recommended guidelines/resources to assist you in your quest to live a healthier 2016.

- 1. **Mobility & Foam Rollers:**Mobility and foam rollers: the basic function here is to assist in relieving muscle tension, tightness or spasm, increase circulation, ease pain, and assist in recovery to allow a quicker return to sport or normal daily activity.
- 2. **Core Training:** Involves training with specific exercises with the intention of developing functional strength and stability of the muscle systems of the abdomen, hips, spine and thorax. The misconception here is many have been made to believe that "abs training" constitutes core

Laser therapy is

reduce pain and

restore mobility,

clinically proven<sup>†</sup> to



# **MOVING FORWARD IN THE NEW YEAR**



exercises. The reality is that traditional crunches and sit ups do little to create a strong functional "core". These exercises can actually damage spinal discs, ligaments and joints and lead to pain and muscle spasms. Real Core exercises like planks, side planks, gluteal bridges and even some functional plank type exercises on suspension trainers like a TRX are actually much better for spinal stability and real athletic core strength.

3. **High intensity exercise (HIIT):** This training involves several exercises that are put together and done at an intense level with very little to no rest between

**DEEP TISSUE** 

exercises. These workouts are meant to be intense and as such are typically short, say 7-10 minutes, perhaps as long as 20 minutes. The research shows this type of exercise is most effective at speeding up metabolism. It is important to note that the human body cannot achieve optimal health with only HIIT. Many people can over train by doing HIIT and strength training 6-7 days a week without adequate rest and recovery. Remember exercise should be a catalyst to speed metabolism and strengthen muscles. The body benefits from other forms of movement based exercise, yoga in particular.

4. Movement and Mobility Focused Training: I would place foam roller and mobility type exercises as well as Yoga in this category. Our body's need daily maintenance to ensure we remain mobile and able to move efficiently. Daily use of foam rollers are a great way to help assist release tightness in the muscles and aid in circulation. As mentioned previously, these aid in recovery from exercise and the daily rigors of life. I recommend Yoga at least 1-2 times per week. For thousands of years Yoga has produced benefits to the moving human frame, including aided digestion, sympathetic nervous system

# Some of the 2016 Fitness & Wellness Trends are:

- Flexibility and Mobility Rollers
- Core Training
- Body Weight Training
- High Intensity Interval Training
- Strength Training
- Functional Training
- Yoga/Meditation& Mindfulness
- Group Personal Training
- Health/Nutrition Coaching
- Wearable Technology

relaxation reducing stress and anxiety, as well as the benefit of aiding lubrication and better movement in the muscles and joints

- 5. Exercise Cannot Out Run a Bad Diet: Lastly, if you are looking to lose weight or eat healthier, your diet cannot be ignored. Unfortunately, covering all facets of nutrition is far too complex a topic for the context of this article, but here some basics:
  - Strive for an Anti-Diet: Inflammatory What you eat can drive inflammation in body, lead to increased cortisol levels, elevated sympathetic nervous system activity (fight or flight). It is important to avoid foods high in Omega 6 Fats. Decades ago the typical American diet had a ratios of 1:1 Omega 6 to Omega 3. Today the ratio is often 4:1 or higher with the typical diet being top heavy on Omega 6 foods, which are pro inflammatory. Omega 6 drives inflammation and Omega 3 is antiinflammatory.
- Cut the Sugar: The average American about consumes pounds of sugar per year. Added sugars like fructose and refined flour are main drivers to food addiction. MSG is added to many foods as a flavor enhancer and is highly addictive and also drives up insulin levels, which can lead to insulin resistance over time. Insulin and leptin resistance promotes fat storage in the body via promoting hunger and slowing down your metabolism. The addictive nature of sugar, refined carbs, salt, and transfats can act like drugs triggering your body's signals to release dopamine and opioids. Eating a diet low in sugar can also turn your metabolism from fat storing mode to fat burning mode. Basically avoiding processed foods

This drug-free, surgery-free, pain-free modality *quickly* relieves pain associated with:  $\rightarrow$  TMJ → Neck Pain → Back Pain → Migraines → Sciatica → Plantar Fasciitis → Arthritis Carpal Tunnel → Bursitis → Sports Injuries → Disc Injuries → Soft Tissue Damage → Shoulder Pain → More... now offering deep tissue laser therapy Contact us today at 571-982-3354 potomacphysicalmedicine.com

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**CONTINUED ON PAGE 42** 

40

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JANUARY 2016

#### Two for the Price of One

#### **Across**

- 1 Four six-packs
- \_ out a living
- 8 Commedia dell'
- 12 Devotee
- 15 Referee
- 18 Gulf port
- 19 NJ fort
- 20 Cry like a baby
- 21 First-rate
- 22 Carnival city
- 23 Drill parts and cake slices?
- **26** The whole \_\_\_!
- 28 Boozer
- 29 Inert gas
- 30 Compose
- 32 Assortment
- 33 A few
- 35 Razor sharpener 37 Stationed
- 39 Unique person
- 42 Aussie hopper, for short
- \_\_ vivant 43 44 Pancake topper
- 48 Tam and tutu?
- 51 Append
- 52 Vapor bath 53 Off one's feed
- 54 Navy man
- 55 Bridge site
- 57 Hair controllers
- 58 Last name in fashion
- 60 Beanery sign
- **64** Lowlife
- 66 Sicilian city
- 67 Sheiks' cliques
- 69 Crumbs
- Two guys most ladies prefer?
- 78 Actor Dullea
- 79 Drag a lake
- Arm bone 80
- 81 Stockpiled
- 84 Indian buzzard Weaver's apparatus
- 86 Scheme
- **87** Carson's predecessor
- 89 Extinct flightless birds
- 93 Football gains (Abbr.) **94** Musical composition
- 96 Compass pt.
- 97 Travel mode? 101 The Right Stuff author
- 102 Downturn 103 G.I.'s address
- 104 Kite part
- 105 Boiling mad
- 107 Bailiwicks 109 Enlarge, as a hole
- **112** Cure 115 Frog in the throat
- <u>Down</u>
  - 1 Taxis 2 Parting word

117 Escargot starter

120 Diminutive

124 Herriot's All

words

128 Part of HRH

130 USMC rank

133 Sugar suffix

134 Secretary, e.g.

135 Actress Lenz

136 Egg producers

132 Bar topic

131 Ball

129 Before naut or space

Creatures \_

127 Bachelor's last

122 Contrary

- 3 Brawl
- 4 Print measures Giant author Ferber
- 6 Famous captain
- 7 Former Montreal

- character

- 27 Found in the hair and

- **34** Floor cleaner
- 40 Wind direction
- 41 Vitamin bottle info
- 43 "Phooey!"
- preposition

8 Jurist Fortas 48 Static 9 Masked marauder

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- 10 Pipsqueak
- 11 Additionally 12 An escaped convict?
- 13 Throbs
- **14** Maiden name
- 15 Caspian feeder
- 16 Subcompact
- 17 Walt Kelly's comic
- 24 Sports venues
- 25 Preface, for short
- in the psyche?
- 31 Dwellings
- 36 Propel a boat 38 Sharp curve

- 45 Regrets **46** Golden rule
- 47 \_\_\_ de deux

- **49** Set apart
- 50 Twinkle
- 53 Concept
- 56 Artist Chagall
- 59 Grade and put away?
- 61 Celestial altar
- 62 Care for
- 63 Brainy
- 65 Highest degree
- 67 Location, location, location
- 68 Bygone blade
- 71 French possessive
- 72 Speech problem 73 Reverend's name
- follower, at times 74 Terrestrial lizard
- 75 Bridges in movies **76** Positive pole
- 77 Butts
- 81 Choir member 82 Sledge
- 83 Webster or Boone 86 Nave bench
- 106 Church recesses 107 Concur
  - 108 Light meal 110 Cognizant

88 Gym unit

92 Eddies

97 Grangers

100 Québec's

90 Hudson Bay

91 Boise's county

95 Always, in verse

98 Gibbon, for one

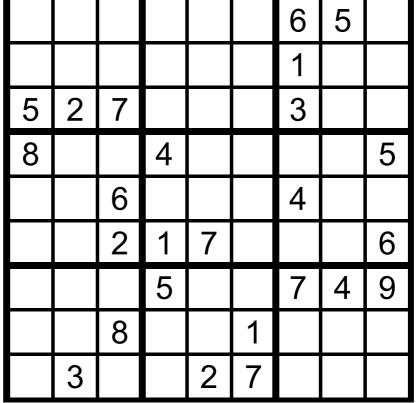
99 Certain tribute

d'Orléans

province (Abbr.)

- 111 Honeydew, e.g.
- 112 Salute
- 113 Icelandic epic 114 Declare
- 116 Cry of surprise 118 Dwarf buffalo
- 119 Lazily
- 121 Shade trees
- 123 Pi follower 125 Perfect, for some 126 Dashboard inits.

To solve the Sudoku puzzle, each row, column and box must contain the numbers 1 to 9.



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**ANSWERS ON PAGE** 46

Like North Carolina was home for Charles Kuralt, Alexandria has been my home. In September, 1965, I was a senior at GW.

Each morning's walk from Nelson Avenue got me closer to June. I passed the telephone company, Jimmy's Delicatessen and the Sugar Bowl where kids were already congregating. The day began at GW's steps where at age three I had tried to fit my head between the double railings when my mother took me for walks. I looked up at the green doors and the school seemed even bigger - three floors, wide stairwells and long hallways. My locker was like Fibber McGee's and Molly's closet. I was afraid when I opened it that all my junk would spill out.

Homeroom 118 and Mr. James Ford, Biology teacher and Assistant Track Coach. We needed to get to our seats because he was taking roll. I pass Mr. Robert Garner, Principal, making his rounds. Mr. Stephen Osisek, Assistant Principal, is rushing down the hall.

The first class - Mr. William Hillman. We dedicated our 1965 yearbook to him. He's giving a girl extra help as we file in. He goes to the board with her, "V1 equals V x T over T1 x P over P1. "Now isn't that simple?" She whispers, "No, sir." He says, "Sir Francis Bacon once said, 'Accomplishment makes a ready man."

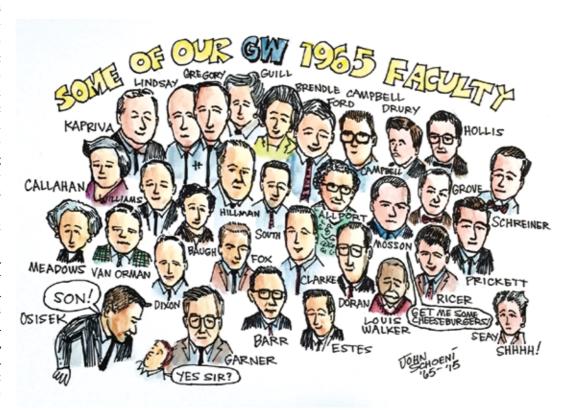
After Chemistry the bell rang (there were metal bells that rang like a fire bell) and I was off to Social Studies taught by Mr. Sam Campbell whose wife had taught me social studies the year before. He

# MY OLD ALEXANDRIA

BY JOHN C. SCHOENI



## **GEORGE WASHINGTON HIGH SCHOOL 50 YEARS AGO**



had horn-rimmed glasses and a crew cut and made boring facts like the Battle of Troy and World War II very interesting. When the bell rang to end his class, I was on to Mrs. Blanche Meadows's English class.

Mrs. Meadows drilled us on the Senior English Review Exercises and their unending analogies and synonyms as well as the verbatim interpretation of *Julius Caesar*, *Hamlet* and *Macbeth*. Only two years before I was surprised by the English Department when they published my first poem in the "Little Hatchet," the school literary publication all GW alumni will remember with fondness.

I was jarred from too many bells when the next one rang but it signaled a break for lunch. On my way down the steps I saw one of the nicest people who allowed me to pass. It should have been the other way around. He was Mr. Lewis Walker the head of the custodial staff. As I turned to talk with Lewis (he always wanted kids to call him by his first name) I saw the late Billy

Karas trying to make his way down the stairs on crutches. It was a window of a few months when it seemed everyone was on crutches and that it was becoming some sort of fad like bleeding Madras, khakis and Bass Weejuns.

A kid in line was complaining about the food and Mrs. Wheeler, the cashier, said, "There's no fancy food here. Food's brown, hot and plenty of it."

After lunch I reported to the new Tulloch Memorial Gym and P.E. class with Mr. Ralph Fox who taught more than just P.E.: he did more than run us around the track or lead us in a regimen of calisthenics. He taught us sports in the shop building's classrooms during the winter then let us see them firsthand on the field during the spring.

Typing at that time was thought to be for women. And so was Home Ec, which was losing status in the curriculum even then. But I did not think certain jobs were only for one gender and not only took typing but won third place in GW's baking contest. Of all my classes, typing taught by Mrs. Beverly Baker was used all my life and I never regretted taking it.

At 2:00 I had enough energy left to report to Algebra class with Mrs. Elizabeth Allport. Mrs. Allport was different by some descriptions. The kids used to talk behind her back and joke about her but I paid no attention. She tried to teach me how letters and numbers could help find missing information through equations.

At 3:00 I was ready to rush out the big front doors and down the concrete steps to home. It was only a fourblock walk but after a long day, even for a seventeen-year-old, it was hectic.

In May I took Maria D'Elia, my childhood sweetheart to the Senior Prom and we had a great time. Time passes quickly and now even our 50th reunion belongs to the ages yet no matter the time or distance I can still hear those sweet voices and see those wonderful faces.

## **DIVERSITY**

**CONTINUED FROM PAGE 11** 

Americans. For good measure you can throw in a few Jewish, Greek and Brazilian families. From Tremont Avenue to Southern Boulevard the streets were darted with stores similar to those on Columbia Pike: Italian Pizzerias, Irish Pubs, the Latino Bodegas, and Chinese Hand Laundries and of course the Czech florists. Every day our fathers went to work, for the most part each of them a blue collar worker. As kids we had similar dreams, among them raising our economic status. Another was defeating our athletic opponents. You can live diversity but it is healthier to stand united and see each other as one.

Lloyd Wolf is an award-winning photographer with work held at the Corcoran Gallery. Duy Tran is a graduate of the Art Institute of Washington and was a member of the Columbia

ZEBRA PRESS



In February 2014, photographer Lloyd Wolfe set up a GoFundMe account to help raise funds for the *Living Diversity* documentary project. Their goal of \$10,000 was reached from over 138 donations, and the book is now available at local venues and Amazon. *Courtesy photo*.

Heights West Teen Photo Project. Paula Endo is a third generation Japanese-American whose family suffered through internment during World War II. She has an MAT in Fine Arts from Harvard. Xang Mimo Ho holds a Masters in Fine Arts from Maryland Institute College of Arts. She earned first place in a national competition for artists with disabilities from VSA.

Aleksandra Lagkueva is an award winning videographer as well as photographer. She has a degree in fine arts. Her works have been exhibited at NVCC's Tyler Gallery and other galleries in the DC area.

This book is well worth the investment especially if you're seeking a road map for a cultural experience. We give Living Diversity a well-earned four stripes

## **NEW YEAR**

**CONTINUED FROM PAGE 40** 

like flour and sugar and focusing on good fats, vegetables and lean protein.

- Focus on Real Food: chicken, lean meat, fish, nuts and seeds, some low sugar fruit, and plenty of vegetables. Many functional medicine experts recommend a diet that is 80 % based on vegetables. Food can signal the turning on/ off of genes that regulate hormones. It can affect immune function. It is said that the road to optimal health is through the gut. By eating the right foods, the gastrointestinal system can heal and the body can reset itself back towards health.
- Intermittent Fasting: Intermittent fasting can help eliminate sugar cravings and burn fat.

Simply put it resets your body to start burning fat instead of sugar as its primary fuel. By simply scheduling your eating times to a narrower window. Skipping breakfast is for many the easiest way to intermittent fasting. If you restricted your eating from 11 am to 7 pm, that equals 16 hours a day of intermittent Don't worry fasting. about skipping breakfast, your body will use its glycogen stores and fat for energy, causing you to shred fat. Try to aim to do this at least 5 days a week.

42

JANUARY 2016

<sup>&</sup>lt;sup>1</sup> Source: http://www.statisticbrain. com/new-years-resolutionstatistics/ Accessed: 1/10/2016 <sup>2</sup> Thompson WR. Worldwide survey reveals fitness trends for 2016. ACSM's Health Fitness J. 2015. Volume 19 - Issue 6 p.9-18 <sup>3</sup> Mercola, J. *The 10 Day Detox Diet*.

Mercola.com Aug 3, 2014 4 www.Prehab4performance.com

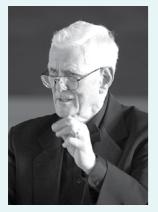
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# LIVING LEGENDS OF ALEXANDRIA

# Nominees for 2016 Living Legends of Alexandria

Nominees: 2015-2016 CONTINUED from page 39

#### **Ulysses James**



As Music
Director of the
Washington
Metropolitan
Association
(WMPA), Ulysses
S. James is
a Legend to
Alexandria's
classical music
audiences. In
his 31 years
of leadership,

presenting 28-30 annual events, James' impact has been extraordinary. The City of Alexandria and the Arts community have been and will be for many years to come, the beneficiaries of his years of service.

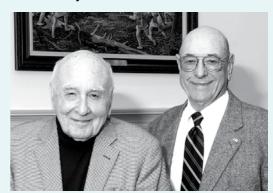
#### Kim Allen Kluge



As Music Director of the Alexandria Symphony Orchestra for 25 years, Kim Allen Kluge contributes to the rich cultural fabric of Alexandria through his outstanding artistic leadership and a strong connection to the local community.

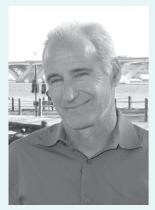
Passionate about music education, in 2003 he founded the Children's Arts Festival and spearheaded the 2012 ASOSympatico project with teachers at John Adams Elementary School.

#### H. Warden Foley and William McNamara



Because of their positions of leadership at American Legion Post 24 over many decades, it is recognized that the gift of historic Gadsby's Tavern and adjacent City Hotel buildings to the citizens and City of Alexandria would never have happened without Warden Foley and Bill McNamara.

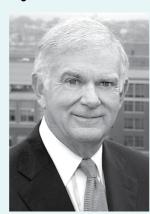
#### **Steve Nearman**



Steve Nearman couldn't change things for every young person, but hoped to help one child to take the better fork in the road. Between 1999 and 2015 he volunteered and led the Child & Family Network Centers,

which provides preschool for at-risk children. An avid runner, he created the Woodrow Wilson Bridge half-marathon and the Visually Impaired Half Marathon Championships to benefit area charities.

#### **Roger Parks**



Roger Parks has worked to create marketing programs for the city's tourism interests. Founder and owner of American Advertising Distributors of Northern Virginia, his board service includes the Alexandria Chamber of Commerce.

the Alexandria Police Foundation, and the Alexandria Heart Association. He has been president of the King Street Metro Enterprise Team and the Old Town Business and Professional Association.

#### **Joan Singer**



Joan Daggy
Singer, founder
and director of
the acclaimed
Alexandria-based
tango quintet,
QuinTango, has
created and
performed an
array of tangorelated music
programs for
Alexandria
elementary

school children, immigrant communities and other community groups to help bridge cultural differences and to celebrate their heritage and their community of Alexandria, Virginia.

#### Lisa Cole Smith



Lisa Cole Smith dreamed of being an actress as a child. As she grew up, her faith became a larger part of her life. Combining these two passions seemed impossible, but now, as pastor of Convergence in Alexandria, she's

living a dream of her own creation and serving a wide and growing community of artists, audiences, and the faithful.

#### Jodie Smolik



Jodie Smolik came in 1997 to The Winkler Preserve, 45 acres of native plants and wildlife near I-395. She created innovative science education programs offered free to all Alexandria City Public School students, built the structures to sustain them,

and defended the preserve when it was threatened by highway construction in 2010, an effort successful with support of parents, teachers and the children.

#### Jen Walker



Jen Walker works behind the scenes, helps neighbors in need, rounds up volunteers to make sure an event will happen, and steps up every time to sponsor all those events that make a

community a community. A successful realtor, her heart, hands, and her love for her neighbors and Del Ray is endless. A vibrant community returns her love.

For more information about Living Legends of Alexandria, visit www.alexandrialegends.org or email info@alexandrialegends.com

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Facebook https://www.facebook.com/livinglegendsofalexandria
Twitter www.twitter.com/Alexlvnglegends

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Never go to a doctor whose office plants have died.

—Erma Bombeck



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"ask" for her dinner then "say"
thank you.



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purrson with other feline playmates
to show him the ropes.



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Male, Age 6
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## TIPS FOR KEEPING YOUR PET SAFE DURING WINTER

BY ADRIENNE HERGEN, DVM

Just as risks associated with warm weather pose a threat to pets in the form of heat stroke and being left in hot cars, winter can also be dangerous.

Cats and dogs should be kept inside during cold weather. Like people, cats and dogs are susceptible to frostbite and hypothermia. Some longhaired and thick coated dog breeds such as huskies are more tolerant of the cold but no pet should be left outside for long periods of time when temperatures dip below freezing.

A warm car engine can be very appealing for cats who are outside. Check underneath your car, bang on the hood, and honk your horn before starting the engine to encourage cats to move from the car so that they don't get run over.

Check your dog's paws frequently when walking outside for cracked pads and bleeding. Sudden lameness can be an indication of an injury or could be due to ice accumulating between their toes. Always wipe down your pet's paws, legs, and belly after

a walk to remove any deicers, antifreeze, or other chemicals that could potentially be toxic. Methanol and ethylene glycol, the toxic ingredients in windshield wiper fluid and antifreeze, can cause permanent kidney damage and even death if ingested by a dogs or cats. Pet-safe deicers can be purchased to protect your pet from harmful effects of these products.

Cars that aren't running get cold very quickly and can pose a significant risk to your pet's health. Young, old, ill, and thin pets are particularly susceptible to the cold and shouldn't ever be left in the car. Car trips should only occur if necessary and pets should never be left unattended in a vehicle.

Additionally, there are things inside that can pose a threat to your pet during the winter. Use space heaters with caution around pets. They can potentially burn themselves or even start a fire. Open flames from fireplaces and candles should also not be accessible to pets as they provide a similar threat. Check your furnace before winter to make sure that it is working correctly and install carbon monoxide

detectors to keep everyone in your household safe. If you have pet birds or small pocket pets make sure that they are housed away from drafts.

Stay away from ice when walking your dog. There is no way to know how thick it is and if it can support your dog's weight. If your dog breaks through the ice it could be deadly.

While we don't recommend keeping your pet outdoors for long periods of time, if you are unable to keep him/ her indoors here are some important tips. Provide a warm, solid shelter against wind. They should have unlimited access to fresh, non-frozen water. Change the water regularly or use a pet-safe, heated water bowl. The floor should be raised off the ground to minimize heat loss and the bedding should be thick, dry, and changed frequently. The door to the shelter should be positioned away from the wind. Don't use space heaters or heat lamps because these can lead to burns and fire.

If your pet is whining,

**CONTINUED ON PAGE 46** 

"Thought ZEBRA would get a kick out of PAIR of boxed cats—Happy New Year!"

—Submitted by Jeanne Clarke of Arlington, VA

The truth is the truth. Cats love exploring boxes. The next time your cat finds his or her way into a cardboard predicament, snap a photo and send it



to us. If we publish it, you will win a \$25 gift card to an area retailer or restaurant. Be sure to include your cat's name, your name and neighborhood. Please send to editor@thezebrapress.com.

Jeanne Clarke just picked up a \$25 gift card from Celtic House Irish Pub and Restaurant!

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#### **YOUR AD SHOULD BE HERE**

**Contact Mary Wadland** at 703-919-7533 or mary@thezebrapress.com



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DERRICK CAMPANA

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- Bill and Nickie Aldridge 4508 Upper Cub Run Drive, Chantilly, VA 20151







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# JANUARY ANSWERS

#### **CROSSWORD**

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#### **SUDOKU**

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2	6	1	5	3	8	7	4	9
9	7	8	6	4	1	5	3	2
4	3	5	9	2	7	8	6	1

PUZZLES ON PAGE 41

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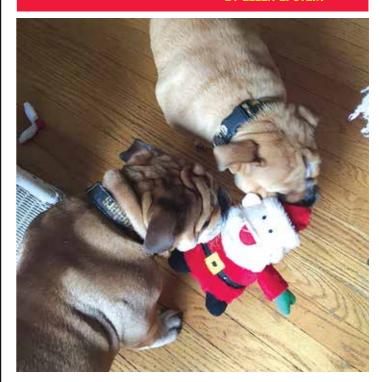


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# YOU HAD ME AT WOOF!

**BY ELLEN EPSTEIN** 



## THE HOLIDAYS WENT TO THE DOGS!

The holiday season may be over, but the winter weather is just beginning!

Here are some of Bow Wow Meow's favorite pups enjoying their Xmas gifts. We want to make sure everybody stays safe and warm this winter!

R e m e m b e r during the winter months that during walks, your dog's paws, legs and belly may





pick up anti-freeze, de-icers and other potentially toxic chemicals, so be sure to wipe down or wash those areas.

Experts also recommend of wash those areas.

Experts also recommend of leaving your pets at home. Cars can get cold fast in the winter, so pets should never be left in the car, even if you might only pop into a store for a few minutes.

Stay Warm!

## **ANIMAL TALES**

**CONTINUED FROM PAGE 44** 

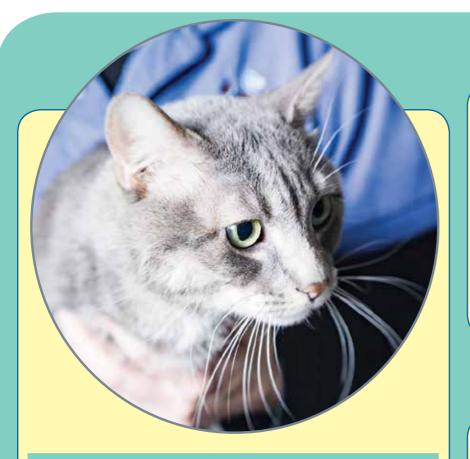
shivering, seems anxious, slows down, seems weak, or starts looking for warm places to burrow get them back inside quickly because they are showing signs of hypothermia. Frostbite is harder to detect and may not be fully recognized until a few days after the damage is done. If you suspect your pet has hypothermia or frostbite seek veterinary care

immediately.

Cold weather can lead to severe winter weather, blizzards, and power outages. Always be prepared and have a disaster kit handy along with food, water, and medications for your pets.

While winter can be a beautiful and enjoyable time of year it also can pose many risks to our furry companions. Please be safe and don't hesitate to call us at Shirlington Animal Hospital if you have any questions or concerns.

ZEBRA PRESS



#### **CHESTER**

Chester has been waiting for a new home since September 2015. We thought we knew this six-year-old kitty pretty well, but when we sent him into foster care, his true personality came out! We thought he disliked other cats because he hissed at them in the shelter, but we learned he likes other cats after all. He's thick as thieves with his feline foster brother! He was also a little grumpy here at the shelter, but in foster care we found out he's a lap cat! Chester is full of surprises. If you're looking for a sweet, affectionate cat to warm your lap this winter, come meet Chester. His adoption fee has been paid for by a generous donor, and he's been waiting long enough for his new home.

#### **FALCOR**

Falcor was named after the luck dragon in "The Neverending Story"

— and this little dog could use some extra luck! This four-year-old Shih Tzu mix was surrendered because his veterinary needs were beyond what his owners could afford. We're working on getting Falcor the treatment he needs, and everyone who has met him or helped transport him to his many appointments says he's a love bug who wants nothing more than to be around people!



#### **GRUMPKIN**

You wouldn't believe what Grumpkin looked like when he came to us: He was missing most of the hair on his face, emaciated, and covered in scabs. But it was an easy fix! Grumpkin was suffering from a Staph infection and needed a hypoallergenic diet. Now in foster care, Grumpkin is thriving! If you'd like to meet this special 11-year-old cat, call us at (703) 746-4774 or email foster@alexandriaanimals.org.

# SAVE THE TAILS!

# Upcoming Events at the Animal Welfare League of Alexandria

#### January 30, 2016:

Final day of "Saving Lives Through the Shelter's Lenses" art show

#### January 31, 2016:

"Around The Next Corner" art show with Del Ray Artisans opens

#### March 5, 2016:

Ballyshaners Fun Dog Show and St. Patrick's Day Parade

#### May 1, 2016:

Alexandria's Walk for Animals

# SHELTER HOURS:

Monday, Tuesday, Thursday, Friday: 12-7 for Visitation/ Adoption, 9-7 for Business Saturday, Sunday: 12-5 for Visitation/ Adoption, 11-5 for Business

# Animal Welfare League of Alexandria

4101 Eisenhower Ave. Alexandria, VA (703) 746-4774

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\* For new clients only. Not to be combined with any other offer. Not good toward boarding, grooming, prescription and non-prescription medication, and retail items. Not good toward emergency and/or specialty veterinary services. Good for up to 2 pets (dogs/cats) per household. For pet owners aged 18 and older. Cashier Code: 700.500. Expires 01/31/16.

