

# Zebra



# ACES HIGH!

## Alexandria Baseball Returns

**JUNE '15**

BLACK AND WHITE AND READ ALL OVER



**9**

2ND ANNUAL FOOD TRUCK RODEO



**13**

THE JONATHAN PARKER OCTET



**15**

ART UNITING PEOPLE



**27**

WHOLE DOGZ - FIDO'S HOME AWAY FROM HOME



# Christine Garner

*It's Not Just My Business,  
It's My Neighborhood*

## DEL RAY

**\$1,050,000**

Gorgeous 4 bedroom, 3.5 bath brick home with over 3,000 sq. ft. of living space in the Heart of Del Ray with off street parking. Foyer entry welcomes you to the formal living room and dining room. Spacious new Chef's kitchen with adjoining family room and French doors to a fabulous screened-in porch and deck! Upper level with 3 bedrooms and 2 full baths including the Master suite. Top level with full bath and sun deck is perfect for a bedroom suite or office. Lower level recreation room with full size windows and large storage room with walk out stairs to driveway. Fenced yard with Putting Green!



## OLD TOWN

**\$1,035,000**

Elegant 3 bedroom, 3.5 bath townhome with 3 finished levels and 2 off street parking spaces just a couple of blocks from shops and restaurants. Foyer entry to formal dining room and living room with fireplace and French doors to a Georgetown patio. Gorgeous new kitchen with custom cabinetry, SS appliances and beautiful granite. Upper level with 2 bedrooms suites including the Master suite with double closets and a luxurious spa bath with Carrara marble double vanity, oversize jetted tub and separate shower. Lower level with 3rd bedroom with en suite bath, family room and laundry room. Updated throughout with quality finishes, gleaming hardwood floors on 2 levels, freshly painted exterior, new roof, HVAC units and much more!



## OLD TOWN

**\$2,200,000**

Historic 4 bedroom, 3.5 bath home on "Captain's Row" 1 block off King Street and 2 blocks from the river. Extensive restoration with nearly 3,000 sq. ft. of living space featuring spacious light filled rooms with 10' ceilings, beautiful moldings, random width wood floors and 2 fireplaces. Eat-in kitchen with exposed beams and rear stairs to upper level. Main level bedroom with full bath plus half bath for guests. Upper level with 3 bedrooms and 2 baths including the Master suite with en suite bath. Unfinished lower level with tall ceilings and heat, back porch, roof-top deck and fenced yard with pergola and Koi pond.



## COLLEGE PARK

**\$1,075,000**

Gorgeous 5 bedroom, 4 bath craftsman home with approx. 3,500 sq. ft. of well designed living space on a large professionally landscaped lot with extensive hardscape. Foyer entry welcomes you to the living room with stone fireplace and formal dining room with wet bar. Gourmet kitchen and adjoining family room with French doors to the beautiful patio, ideal for outdoor entertaining. Main level bedroom with full bath and 2nd level with 3 bedrooms including a fabulous Owner's Suite with sitting area, 2 walk-in closets and luxury en suite bath. Spacious 3rd level with full bath is ideal for a 5th bedroom or 2nd family room.



## DEL RAY

**\$1,049,000**

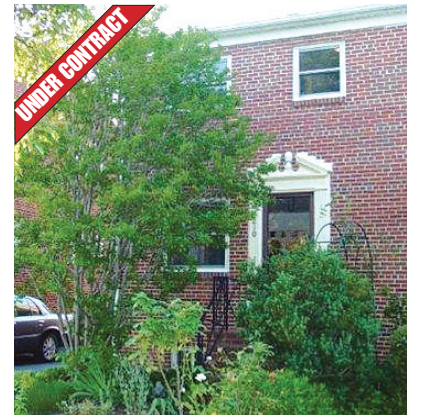
Spacious 5 bedroom, 3 bath home with approx. 3500 sq. ft. of living space, a 2 car detached garage and ideal location! Lot's of 1920's charm with handsome wainscoting, crown molding and custom woodwork throughout. Gracious foyer entry with French doors to the dining room with fireplace and dining room. Large eat-in kitchen with breakfast bar and Palladian window looking out to the lovely fenced yard with elliptical stone patio. Main level bedroom with full bath and 4 upper level bedrooms with 2 full baths. Lower level recreation room, ample closet and storage space.



## DEL RAY

**\$445,000**

Leave your car at home, this 3 bedroom, 1.5 bath brick semi-detached townhouse is just a few blocks from the Braddock Road METRO, shops & restaurants on "The Avenue"! Light filled living room and dining room with built-in china cabinet. Kitchen with 42" white cabinets and ceramic tile floors and has access to the fenced back yard with patio. Upper level with 3 bedrooms, a full bath and pull down stairs to the attic for additional storage! Lower level with recreation room with ceramic tile floors, half bath storage room and stairs to the yard. Convenient to Old Town, the PTO and Federal Courthouse at Carlyle.



## ROSEMONT

**\$885,000**

Lovely 3 bedroom, 2 bath expanded bungalow ideally located just blocks from METRO, shops and restaurants in Del Ray and Old Town. Spacious living room with fireplace and adjacent family room. Dining room with coffered ceiling, kitchen with granite counters and 42" cherry cabinets with sunny breakfast room. Upper level with 3 bedrooms and 2 full baths including Master suite with en suite bath. Unfinished lower level, large fenced yard with patio and arbor. Off street parking.



## DEL RAY

**\$805,000**

Wonderfully updated 2/3 bedroom, 2.5 bath bungalow with off street parking just blocks from 2 Metro stations. Lots of "Old World" charm yet updated with today's modern amenities. Welcoming front porch and foyer entry with half bath. Light filled living room and formal dining room with adjoining sunroom and kitchen. Kitchen features granite counters and breakfast bar, SS appliances and 42" Maple cabinets and has access to the driveway for easy unloading of groceries. Upper level with 2 bedrooms and gorgeous bath with heated floors, double vanity and oversize shower. Lower level with tall ceilings, full bath and walk-in closet is perfect for a family room or guest suite. Large fenced yard with huge shed and patio.



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JUNE '15

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Heights	Old Town	Shirlington

## PUBLICATION DATES

Zebra is printed monthly.

## DEADLINES

The deadline for the receipt of all new advertising materials is 5:00 p.m. Wednesday, seven days prior to publication. Materials and space reservations will be accepted for proofed unchanged camera ready repeat ads until 5:00 p.m. Friday, the week before publication. Cancellations and changes cannot be accepted after Monday, the week of publication and no refunds will be made after that time. For advertisers wishing to see a proof before publication, the deadline for approval is Wednesday, seven days prior to publication.

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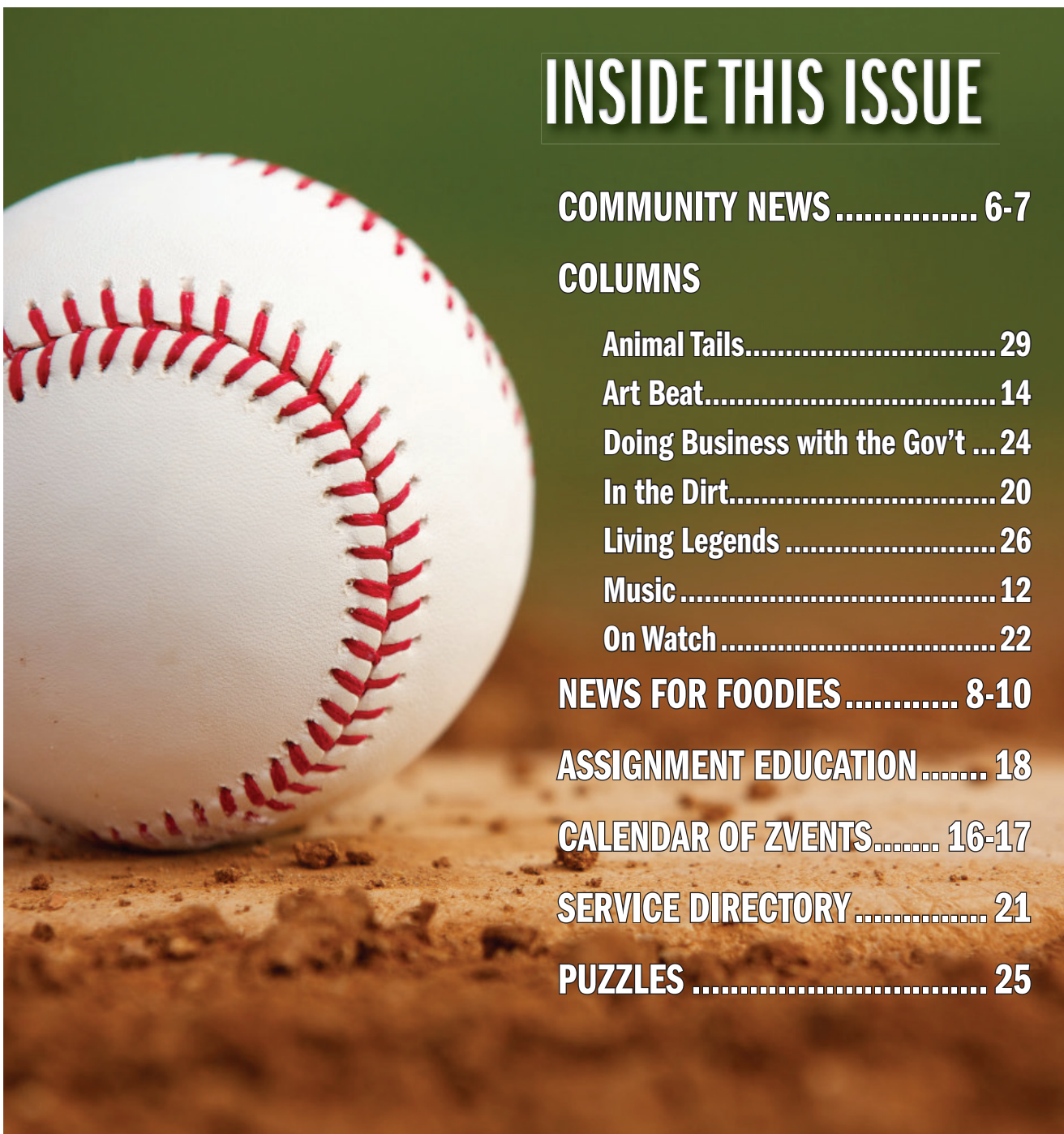
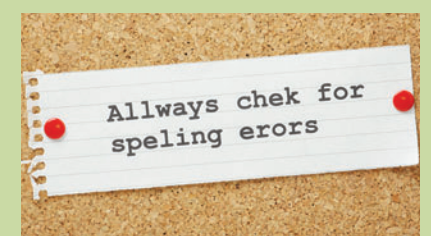
For advertising information call 703-919-7533

## CATCH OUR MISTAKES

We proofread, but occasionally we make mistakes, so to make a game of it, we encourage you to find the errors we missed. The entrant who finds the most wins a gift certificate from an area retailer or restaurant.

If you have a keen eye and a sharp pencil, send your catches to editor@thezebrapress.com.

**BARBARA JUSZCZYK** caught the most – 17! Barbara wins a \$25 gift certificate from Greenstreet Gardens!



## PUBLISHER'S NOTE

Wicked heat and outrageous afternoon thunderstorms have launched our summer, but still the beauty overflows in prolific and vibrant blooms around town and our gardens, in the remarkable rainbows, and in the joys of all things possible this time of year.

In this issue we celebrate Alexandria's baseball team, Alexandria Aces, and share the joys of perennial gardening, the openings of new businesses, the successes of recent events like the Taste of Del Ray and the Food Truck Rodeo, and of course, profile the adoptable pets, bits of our local history, and the heroic shopkeepers and civic leaders who dedicate endless efforts to making our community the enviable one it is.



Please enjoy our June issue, and as always, please continue to send us your thoughts, ideas and criticisms.

Cheers!

Mary Wadland

P.S. Also, please remember to LIKE us on Facebook (www.facebook.com/TheZebraPress) as many things are often posted there that don't make the print edition!

## WHAT BUGS ME

BY DEBBY CRITCHLEY

I'm a foster dog mommy. I have fostered dozens of dogs. Please respect my instructions when you happen upon me and my foster dog. If the dog jumps on you and I correct them, please don't tell me it's okay. It's not. I am trying to help this dog become a good family member and overall good canine citizen. A 10 lb. dog can knock over a toddler when they jump up on them. They can scare other people who do not love dogs as much as you do. Help me help them by following my correction. Who



knows, your next canine companion might be one I fostered. If you have a pet peeve or something that bugs you and you want to get off your chest, please email me at debbyc@TheZebraPress.com



### Zebra Spotted in Venice, Italy!

This is Alexandria resident Bridget Donohue taking a break from sightseeing and enjoying the Zebra at Piazza San Marco (St Mark's Square) in Venice, Italy.

Send photos of Zebra read around the world, and we'll publish them as well as send you a gift certificate from an area restaurant or retailer. Submit to editor@thezebrapress.com with a caption.

*Bridget just picked up a \$25 gift certificate from Greenstreet Gardens!*

COVER PHOTO by Louise Krafft

If you're a D.C. area baseball fan, there's no doubt that you've heard of the Alexandria Aces, right? If you haven't caught on to the Aces, yet, you're in for a treat, as the highly-recruited team is ready to welcome you to Frank Mann Field, behind Cora Kelly School, for a great summer of collegiate summer baseball! It's affordable family fun entertainment that you don't want to miss!

The Aces are playing in their eighth season in Port City, with players coming to town from major colleges and universities to play exciting wooden bat baseball where they'll hopefully catch the eye of a major league scout. They play in the ten-team Cal Ripken Collegiate Baseball League ([www.calripkenleague.org](http://www.calripkenleague.org)), which was originally established in 2005 and is geographically located in the Washington, D.C./Baltimore metro area.

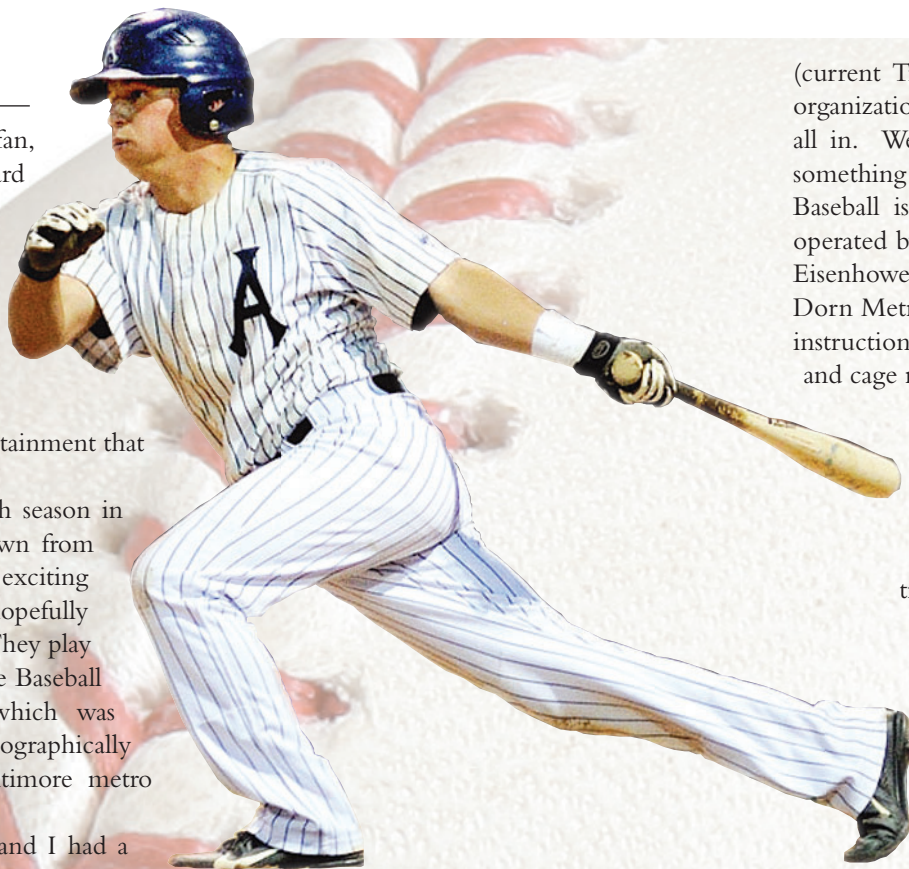
The team's season recently started, and I had a chance to ask Aces head coach David DeSilva some questions regarding the league, his baseball interests, and the Aces upcoming season.

**Pat:** How did you first hear about the Aces and how did you get recruited to join former manager Corey Haines' coaching staff in 2012?

**David:** After coaching for five years down in North Carolina, I moved to Northern Virginia in September of 2011. I have a passion for player development and teaching the game of baseball. After moving to Alexandria, I knew I had to find a spot to feed that passion. I did some research, where I stumbled across the Aces and knew this was the place. I immediately contacted Corey Haines (Aces manager in 2011 and 2012) and owner Don Dinan to inquire about the ball club. After several interviews with Corey, I was hired to join the team for the 2012 season as the Aces lead assistant and third base coach. It was a perfect introduction to the Aces organization and the Cal Ripken Collegiate League.

**Pat:** You've had two consecutive winning seasons with the Aces, so congratulations are in order. Have you seen an uptick in attention from college coaches who have seen your work and wanted to place players with you?

**David:** After my first year as lead assistant under Coach Haines, I was promoted to manager for the 2013 season, upon his departure. My first task was to put a competitive product on the field. After all, the Aces had never had a winning season in their five years of existence. In my first year as manager, we were able to knock down that barrier with a 27-17 record, good for second place in the then twelve-team league. We followed that up in 2014 with a 23-17 record. My goal has always been to facilitate the develop of the college athletes that come to Alexandria. The college coaches appreciate that I set expectations early and



# Collegiate Summer Baseball in Alexandria is a "Home Run"!

hold everyone accountable, including myself. I strive to be open, honest, organized and to communicate well with college coaches, players and my staff. My relationships with the college coaches have flourished under this model.

**Pat:** When do you start recruiting players and how much of it becomes an on-going process throughout the year?

**David:** The recruiting process is fluid and never ending. I am already recruiting for next summer and have had discussions with several college coaches about next year. I field phone calls and emails every single day of the year and it's a difficult task to sift through all the information and available players and decide which ones are the right fit for Alexandria and our ball club. Since my ability to actually see the players in action prior to signing them, I have to lean on the college coaches and my relationships with them. Trust is a huge factor in the recruiting process.

**Pat:** How many Aces have you seen get drafted by Major League Baseball (MLB)?

**David:** There have been four Aces players drafted by MLB, and several others who have signed free agent contracts with MLB or Independent Leagues. The most notable of which is Kyle Zimmer (University of San Francisco '12) who was drafted fifth overall by the Kansas City Royals in Major League Baseball's 2012 Draft. We are hopeful that he'll make his major league debut this year.

**Pat:** What was the inspiration for you to help start up PrimeTime Baseball? How did you, John Skaggs, and Chris Berset get it all started?

**David:** John Skaggs, the first ever Aces signee back in 2008, and I, both had a similar vision about developing baseball in the Alexandria area. This vision extended beyond the Aces and into the youth leagues in Alexandria. When John and Chris Berset

(current Triple-A catcher in the Cincinnati Reds organization) approached me with their idea, I was all in. We put our heads together and developed something special in the community. PrimeTime Baseball is an indoor training facility opened and operated by the three of us. We are located at 5420 Eisenhower Avenue, in Alexandria, close to the Van Dorn Metro Station. We offer a full range of baseball instruction including private lessons, camps, clinics and cage rentals.

**Pat:** You've built a great 'junior' Aces program the past few years through PrimeTime Baseball. Do you see growth in the evolution of youth baseball players in Alexandria who come through your training and coaching at Prime Time?

**David:** Prime Time Baseball has eight youth teams, currently ranging from age 8-13, also called the Aces which we commonly refer to as the "Little Aces". We are working closely with the local little leagues, especially Alexandria Little League, in an attempt to raise the level of play in this area. We provide professional coaching with a heavy emphasis on developing the player on and off the field. Operating and managing our own teams is another way to raise the level of play and develop baseball in and around the Alexandria area.

**Pat:** What's the website for PrimeTime Baseball where people can find out more information about clinics and instruction?

**David:** People can find us at [www.primetimebaseball.net](http://www.primetimebaseball.net).

**Pat:** What's your perception of how college coaches now view the Cal Ripken League as a destination point to place their players for the summer?

**David:** The Cal Ripken League continues to drive in top level talent from across the country. When you review the rosters across the league you will find multiple players from Top 25 Division I schools. Just take a gander at our roster and you will see Florida State, College of Charleston, Clemson, Virginia, Stony Brook, and many others!

**Pat:** The league has had the Maryland Redbirds win the past three league championships, with the Bethesda Big Train winning the previous three as both teams have squared off against each other in the last six league championships. Where do you envision the Aces at the end of this upcoming season?

**David:** The Redbirds and Big Train put a great product on the field every single year. They are the teams to beat and I expect the Aces to compete for a league and playoff title in 2015. For the third year in a row, we have put together a great squad and look forward to the opportunity to compete and knock off the historically strong teams. I know other organizations have put together solid rosters, too, so I look forward to the challenge ahead of us this year.

**Pat:** Now that you're in your third season as head coach, how important has it been for you to develop a great relationship with coaches from different universities and colleges that you recruit players from?

**David:** As I mentioned before. Relationships are the cornerstone to running a successful summer league team. There must be a mutual respect and trust between the parties. Again, it goes back to setting expectations with the coaches and then executing on my commitments. This works both ways.

**Pat:** Who was your inspiration to get involved in baseball?

**David:** My Grandfather. He is the best person I have ever met and if it wasn't for him, I wouldn't have the love and passion for this game. Growing up my dad worked third shift, so in the evenings, my mom would always take me over to my grandparents' house (they lived nearby) so I wouldn't wake my dad. My grandfather and I would spend a lot of time watching



Aces manager, David DeSilva and Pat Malone discuss the season. Photo by Kimmy McCarthy.

CONTINUED ON PAGE 5



2015 Alexandria Aces in the dugout. Photo by Mark Briscoe

## BASEBALL

CONTINUED FROM PAGE 4

and talking sports, specifically baseball.

**Pat:** Frank Mann Field is the home field for the Aces. How important is it for Aces fans to help to 'pack the park' to help motivate the team out on the field, and what can fans look forward to both on and off the field this season?

**David:** I cannot express the importance of community support. My first goal when taking over as manager in 2013 included improving the product on the field. With two winning seasons under our belt, we are at the cusp of becoming a team to beat in the league. This year we have really focused on the community aspect. We

revamped our host family strategy and now have so many families willing to host, there is a waiting list. We upgraded our warm-up gear with nicer material and a new look. This year we are providing post game meals for players. The community has rallied around the guys and we have secured enough donations to feed the players after almost every home game! If you walk down Mount Vernon Avenue, for instance, in Del Ray, you should see all of the Alexandria Aces schedule posters hung in businesses there, and all around town, too. Del Ray Pizzeria will be supplying food for our concessions this year in an effort to continue to build a strong partnership and community support within the city. I'm really excited about the opportunity to

CONTINUED ON PAGE 14



Kyle Zimmer, who played for the Aces in 2010, will be playing for the Kansas City Royals. Photo by Mark Briscoe.

## DR. MATT FONTAINE JOINS THE TEAM

Guys playing baseball get hurt now and then, and somebody needs to be there to correct the problems. Meet Matt Fontaine, a private sports medicine, and chiropractic physician, serving patients in Northern Virginia., who will now work closely with the players. With over 14 years of experience, Dr. Fontaine is a board-certified Doctor of Chiropractic Medicine, who focuses on combining chiropractic, sports medicine, and Active Release Techniques® (A.R.T).



Fontaine's easy spirit with the players and folks in the stands is a testament to his long history in the field. Himself a former collegiate baseball player and an avid athlete, Dr. Fontaine is has worked with professional baseball teams before and is dedicated to athletes and understands their needs. He is

an active member of DC Tri Club and Trident CrossFit and has completed over 30 Triathlons including, IRONMAN 70.3 Timberman, St. Anthony's Triathlon, and Daytona Frogman. He is also active in his community supporting Fairfax County Fire & Rescue as a volunteer Emergency Medical Technician (EMT)/ Firefighter.

Along with his commitment to the

Alexandria Aces, he is also the CEO and clinic director of Potomac Physical Medicine, located at 113 N. Henry Street in Alexandria, the creator of Prehab4Performance blog, an author, and a speaker providing athletes with knowledge and insights into preventing injury, resolving pain, and optimizing athletic performance.

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QUOTABLES

Being a child at home alone in the summer is a high-risk occupation. If you call your mother at work thirteen times an hour, she can hurt you.

—Erma Bombeck

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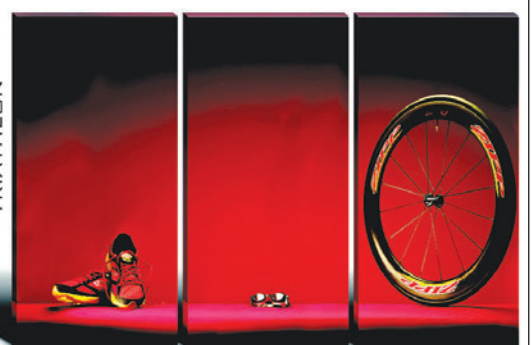
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## ALEXANDRIA LETTER CARRIERS STAMP OUT HUNGER

The 23rd annual Stamp Out Hunger Food Drive took place Saturday, May 9, to stock local food pantries for the upcoming summer months. Stamp Out Hunger is the nation's largest single-day food collection, hosted by the National Association of Letter Carriers with other sponsors.

Local Letter Carriers from Union Branch 567 (Alexandria city and parts of southeastern Fairfax County) collected bags of food donations by their customers' mailboxes and partnered with local pantries. This year, United Community Ministries (UCM) received more than 4 tons of food collected at Alexandria area post offices.

Letter Carrier Brian McCormick of Union Branch 567, National Association of Letter Carriers, works at the Alexandria Post Office Annex at Telegraph Road. He serves as the Food Drive Coordinator



Celebrating a day of hard work collecting community donations for the annual Stamp Out Hunger Food Drive at the Alexandria Post Office Annex are: Postal Supervisor Dan Sanders; UCM Volunteer Rick Basham; Brian McCormick, Food Drive Coordinator, Union Branch 567, National Association of Letter Carriers; and Postal Supervisor Willie Parker. Photo by United Community Ministries.

and champion for the event to shed light on fighting local hunger. "My fellow Letter Carriers really get into it and enjoy seeing who can bring in the most food donations," he says.

"We are very grateful to the local Letter Carriers for their ongoing support to fight hunger here in our neighborhoods," says Richard Dobber, UCM

Director of Social Services. "And we thank our volunteers who worked long hours on Saturday. We appreciate the large quantity of healthy food items we received this year from so many caring community members, including low-salt canned goods like vegetables and sauces, whole wheat pasta, low-sugar cereals, nuts, and energy bars."

## DASH WINS VTA OUTSTANDING PUBLIC TRANSPORTATION MARKETING AWARD

Alexandria Transit Company (ATC) is this year's recipient of the Virginia Transit Association (VTA) Outstanding Public Transportation Marketing Award. DASH was selected by the Association for its "DASHing for 30 years: Past, Present and Future" marketing and outreach efforts in association with DASH's 30th anniversary milestone. The



The Alexandria Community leaves their mark on the Celebration DASH bus. Photo courtesy of DASH.

campaign included monthly activities that engaged the customers through social media and on-board promotions and the creation of the DASH 30th Anniversary video and the Celebration DASH Bus!

DASH partnered with the Television Production Class at T.C. Williams High School to enlist their help in directing and producing the anniversary video. The purpose of the video was to provide viewers with a glimpse into DASH's history and events that have made DASH an award-winning and very successful bus system. This presented a great opportunity to the students and allowed

them the opportunity to be part of the DASH anniversary celebration and a meaningful community effort. The students worked very hard to produce an exceptional anniversary video for DASH that will be part of Alexandria Transit's history for many years to come.

Another major anniversary project was the Celebration Bus. ATC turned one of its retiring DASH buses into a paint canvas. ATC partnered with school art programs at Alexandria Country Day School and T.C. Williams High School who took the project and ran with

CONTINUED ON PAGE 24



ATC General Manager, Sandy Modell, joins in on the painting fun!

## CITY BRIEFS

### Sheriff's Office First in Regional Honor Guard Competition

The Alexandria Sheriff's Office Honor Guard won top honors at the Metropolitan Washington Council of Governments (COG) annual honor guard drill competition on Saturday, May 9.

The competition of five area teams took place immediately following the annual wreath laying ceremony hosted by COG's Correctional Chiefs Committee at the National Law Enforcement Officers Memorial. Alexandria Sheriff Dana Lawhorne emceed this year's event for National Correctional Officers and Employees Week which ran from Sunday, May 3 through Saturday, May 9.

Members of the U.S. Army's Old Guard from Fort Myer judged the drill competition, now in its 24th year. This year marks the second time in the last three years that the Alexandria Sheriff's Office finished first.

The Sheriff's Office Honor Guard, commanded by Lieutenant Joseph Pankey, performs at ceremonial functions, marches in parades, participates in memorial events, and officially represents the Sheriff's Office at special occasions.



Left to right: Deputy Ernesto Arroyo, Sergeant Brian Grenadier, Deputy Joseph Runquist, Deputy Anthony Burgess, Deputy Juan Guzman and Sheriff Dana Lawhorne. Courtesy photo.

### Gadsby's Museum Reopened after 5 Months Closed

Gadsby's Tavern Museum has now reopened for tours after being closed for almost 5 months. This past winter, multiple frozen pipes burst causing damage throughout the museum complex. Major issues have been addressed including drying the buildings, repairing the sprinkler system, and replastering. The final step of repainting will be completed this fall when humidity conditions are more consistent, but this summer will be a great opportunity to witness a "work in progress" restoration and to learn about the complex disaster recovery steps taken by historic site museums. Hours of the Museum are Tuesday to Saturday 10 a.m. - 5 p.m., Sunday and Monday: 1 - 5 p.m. Guided tours start at a quarter after the hour and a quarter before the hour and last approximately 30 minutes. The last tour each day begins at 4:45 p.m.



In the late 18th and early 19th centuries, Gadsby's Tavern was the center of social and political life in Alexandria and the new Federal City of Washington. The tavern served as the premier gathering place for residents - including George Washington - and visitors to eat, drink, learn, and influence history. Gadsby's Tavern Museum is located at 134 North Royal Street in the heart of Old Town Alexandria. For more information, call 703.746.4242 or visit [www.gadsbystavern.org](http://www.gadsbystavern.org).

CONTINUED ON PAGE 11

## Plan Ahead. Pay it Forward.



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## ALEXANDRIA DEPUTIES COLLECT MORE THAN 150 POUNDS OF MEDICATION

Drugs Collected in Take Back To help prevent abuse and theft of medication, Alexandria deputies collected more than 150 pounds of unwanted and potentially dangerous drugs at the Drug Take Back in Del Ray over the weekend. The event, held outside The Neighborhood Pharmacy at 2204 Mount Vernon Avenue on Saturday, June 6, was the result of a partnership with the Sheriff's Office, The Neighborhood Pharmacy, Del Ray Business Association (DRBA) and the Substance Abuse Prevention Coalition of Alexandria.

Sheriff Dana Lawhorne expressed his appreciation to pharmacist Stacey Swartz for sponsoring and hosting the event and to DRBA for funding the cost of disposal, adding that "This is another great example of a public-private partnership that benefits Alexandria."

Drug Take Back events address a critical public safety and public health issue. People may not be aware that medicines in home



cabinets are highly susceptible to diversion, misuse, and abuse. Rates of prescription drug abuse in the United States exceed the combined rates of heroin, cocaine, and hallucinogenic drug use and prescription drug abuse has resulted in thousands of fatal prescription drug overdoses, particularly from narcotic painkillers. According to the Drug Enforcement Administration, a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet. Further, many Americans do not know how to dispose properly of their unused medicine, often flushing them down the toilet or throwing them away – both potential safety and health hazards.

## ALEXANDRIA'S DEPUTY POLICE CHIEF TAMMY HOOPER BECOMES CHIEF OF POLICE TO ASHEVILLE, NC

After an extensive national search, the city of Asheville announced that Tammy Hooper will become the city's next police chief, effective July 20, 2015.

The current Deputy Chief of Police for the City of Alexandria, Va., Hooper brings 26 years of police experience to her new role in Asheville. Hooper held a variety of positions with the Alexandria Police Department, starting as a patrol officer in 1989. During her tenure, she served as commander of the Vice Narcotics Division. She later executed the Alexandria Police Department's Community Policing Plan. Hooper became the first woman to serve in the rank of captain in the department. In 2007, she became commander of Internal Investigations and later commanded a Patrol Division. Additionally, as a Support Services Division Commander, she gained experience in property and evidence oversight, emergency communications and planning, and accreditation.

Among her notable accomplishments, Hooper implemented a recruit mentoring program and reduced rookie officer attrition from 38 percent to 3 percent.

"Besides her proven track record as a leader, Tammy brings a diverse set of skills to the Asheville Police Department," said City Manager Gary Jackson. "Her experience in managing complex systems and her exceptional communication skills make her a great fit."

"I believe that effective leadership begins with communication," Hooper said. "Staff needs to know that their leaders value them and their contribution to the organization. Mentoring, training and promoting professional development are important ways to convey that message."

After her long tenure in Alexandria, Va., Hooper said she is excited about her



Alexandria Deputy Chief of Police Tammy Hooper will soon relocate to become Chief of Police in Asheville, NC. Courtesy photo.

move to Asheville. "It is a beautiful, vibrant city. I am eager to get to know the police department, other city departments and the community as a whole," she said.

Hooper is a graduate of George Mason University in Fairfax, Va. She earned a graduate certificate in criminal justice from the University of Virginia. She also received training at the FBI National Academy in Quantico, Va.

Jackson's selection of Chief Hooper comes in the wake of a community engagement initiative launched during the City's search for a new police chief. In February, the City held two days of community input meetings to get feedback from citizens as well as Asheville Police Department employees. That information was used to develop a profile reflecting the core competencies, professional characteristics and traits, education, experience and other factors people wanted in a new police chief. Earlier this month, the public and police department employees were invited to meet the four finalists for the job, to hear presentations by them and then offer feedback to City of Asheville executive management. Finally, the process concluded with in-depth interviews with the city manager and the finalists.

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# FOODIE

NEWS



BY DEBBY CRITCHLEY

News flash. The RAMMYs (Restaurant Association Metropolitan Washington) were awarded June 7 and look who won Employee of the Year, **Evan Labb** of the **Evening Star Café**. Evan was selected as the non-managerial front or back of the house employee who serves as a model employee by displaying outstanding service, an excellent work ethic, and a positive image.

Lots more good news in the area. The **King St. Farmers Market** has reopened. Look for them every Thursday from: 3:00 pm to 7:00 pm starting now through September 24. You'll find them at King Street Station in the courtyard at 1800 Diagonal Road. Vendors include Panorama Artisanal French Breads and Pastries, Pestos, Bouquets of Loveville (fresh cut flowers and ornamental plants), Thompson Cheese (Amish cave cheeses, yogurts, eggs, jarred foods), Pretentious Gourmet (cookies), Diaz Veggies and Berries (Alma Diaz), Aunt Hattie's Pralines (local Alexandrian, various homemade praline items), Twin Springs Fruit Farm of Pennsylvania (dozens of varieties of fruit and more veggies). Get 30 minutes of free parking in the garage. Use 1755 Duke Street entrance.

There's a change in vendors at the Four Mile Run Market. Say hello to **Second Rising Bakery**. Rebecca bakes delicious breads and cookies that are egg free and made with real butter, honey, and whole grains. They offer an amazing whole grain and seed bread called Waikale. It has a great crunch. Once this new business is up and running, it

will help provide women that have been victimized by the sex trade to have a second chance.

**Blackwall Hitch** of Annapolis opened at 5 Cameron Street on June 8. Come



in and enjoy their oyster bar, craft beer, views of the Potomac River and live acoustic and jazz performance by local musicians. **Tupelo Honey Café** has opened in Arlington at 1616 N. Troy near the Courthouse Metro. This NC based restaurant opens their first DC location, bringing fresh, from scratch Southern fare including fried chicken, country-ham wontons, goat-cheese-grits poppers, Southern tacos filled with curried fried chicken or meatloaf, lamb meatballs, and a multi-garnished Bloody Mary. They also offer craft beers, and cocktails. They are open for lunch and dinner, and Saturday and Sunday brunch. Check out the Happy Hour menu and a special Moonrise Brunch with late night breakfast small plates. **Ease Yoga & Cafe** is now open at 3051 Mt. Vernon Ave. Owner Tara Casagrande says Ease is "a community gathering spot where people of all ages can eat well and stretch every day." Food choices include healthy smoothies, fresh-pressed juices, coffee, tea, vegetarian fare, artisan sandwiches, and homemade kale chips.

**Stomping Grounds** aqt 2309 Mt. Vernon Ave. is officially open on Mt. Vernon Ave. Expect Swing Coffee and biscuits with a variety of toppings and made into sandwiches. They serve breakfast Tuesday through Sunday from 7 am until 3 pm. Seasonal farm salads are served starting at noon. Everything is made by hand from scratch with local and sustainable meats, dairy, produce and grains whenever possible.

**Souvlaki Bar** is coming to the spot where Afghan Restaurant was previously located, according to plans filed with the City of Alexandria at the corner of 2700 Jefferson Davis Highway and E. Raymond Avenue. According to planning documents filed with the city by owners Christos Sarantis and Tom Christopoulos, The restaurant will offer "Greek-inspired casual dining, fresh food prepared and cooked to order on premises; beer and wine on premises, with table wait service, delivery and take-out services." **Hiber Ethiopian Restaurant** is coming to 410 E. Glebe. "It will be a restaurant that serves the best Ethiopian dishes, made fresh from the best ingredients, and served fresh... All who want to experience authentic Ethiopian cuisine, including pescetarians, vegetarians, vegans, 'meatetarians', and people who like eating with their fingers, people who don't like eating with their fingers, will find a welcoming authentic restaurant in Hibir."


**Mike Isabella Concepts** is busy, busy, busy. Look for **Pepita** to open in mid-summer in Ballston (4000 Wilson

Blvd.). The coastal cantina will feature tacos, tortas and Mexican-inspired small plates like shrimp flautas, and cocktails from partner and beverage director Taha Ismail. Let's hope he includes the chocolate tres leches cake that appeared at the pop up. **Yona** is a Japanese noodle bar in partnership with chef Jonah Kim. Expect Asian small plates including steamed duck buns, crispy Brussels sprouts with Kewpie mayo and Korean-style fried chicken wings. Both restaurants will share space in the same building as Kapnos Taverna. Speaking of **Kapnos Taverna**, it serves up Greek cuisine like its sister restaurant downtown. But there is more of an emphasis on traditional cooking and seafood – share a seafood tower with friends. You'll find classic and coastal-inspired Greek dishes, including favorites from the Greek Islands along with tastes from other regions known for their fine local products. Kapnos Taverna features more traditional takes on the ancient cuisine alongside dishes that are a modern ode to mainland and Northern Greece. The restaurant's liquid offerings feature a Greek-heavy wine list and Mediterranean-inspired cocktails.

Don't miss **SER** (simple, easy, real), a neighborhood restaurant in Ballston,

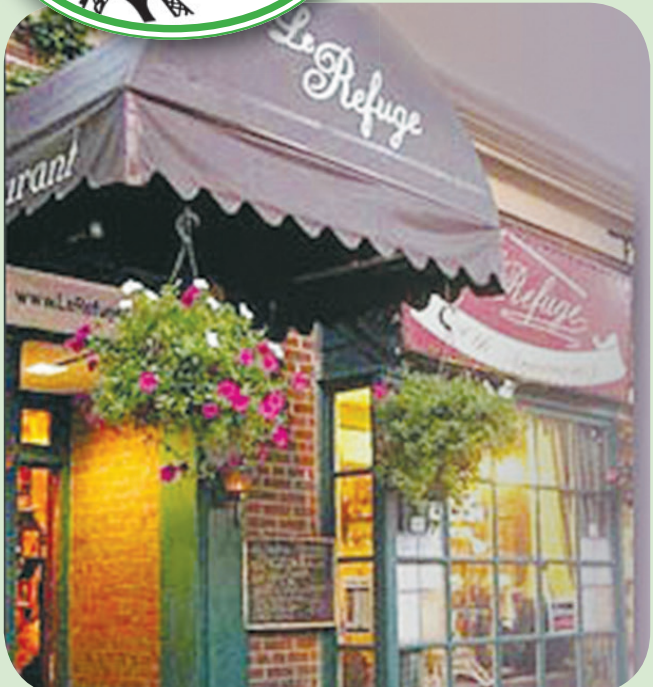


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## 2ND ANNUAL FOOD TRUCK RODEO

Feelin' Crabby had a line from 11 am to 8 pm. Photo by Melinda Sigal.

BY DEBBY CRITCHLEY

The West End Business Association (WEBA) sponsored the 2<sup>nd</sup> Annual Food Truck Rodeo at Southern Towers and had loads of community sponsors, who set up tables under tents sharing their corporate messages and handing out freebies.

The venue gave locals an opportunity to sample various choices of fare, until the next gathering, you might be able to catch up with some of them by following their Facebook and twitter accounts.

I visited most of the food trucks and among the highlights, I discovered **Doug**

**the Food Dude** provides fresh all natural products from his truck. He also offers catering and can supply food to fit any number of diets including gluten free and paleo. **Feelin' Crabby** offers a variety of delicious crab products. They always had a line. **The Red Hook Lobster** truck was always busy too. They offer two kinds of lobster rolls – Maine style in a light mayonnaise dressing and Connecticut style with lobster poached in butter. The clam chowder is bacon-free to benefit their customers who don't eat pork. It was tasty!

An Egyptian family brings their style of cooking to the

streets of DC with the **Fava Pot**. They offer a wonderful falafel made with fava beans rather than chickpeas. They were delightful. So were their kofta, lamb, and chicken kabobs. Another reason to visit their truck is their support of Coptic orphans. They also do catering. **Popped** provides multiple varieties of popcorn. I tried the regular, caramel, kettle, and cinnamon roll popcorn and they were all super. If you can't find their truck, look for their storefront near Dove St. off of Duke. I learned that **DC Pizza** makes their pizzas

CONTINUED ON PAGE 12



# HOT PICK

BY MIKE SADE

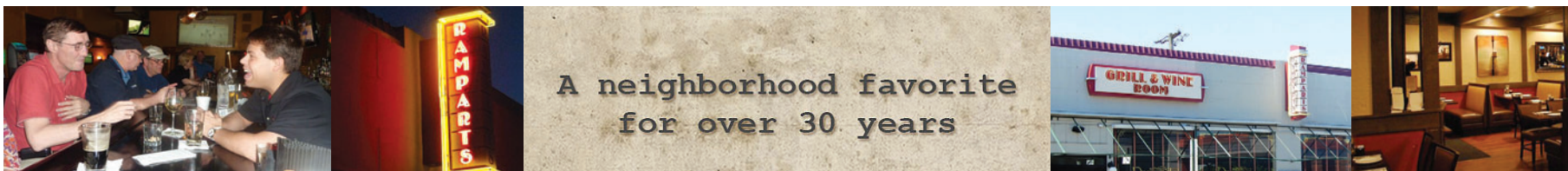
Fourth of July is right around the corner, and it is grilling season. If you are as old as I am and tired of the same old hamburgers and hot dogs, you are looking for something to liven up the grilling. I was recently introduced to Uncle Bob's Georgia Juice. Although it is advertised as "hot" it has a mild heat that can be tolerated by most.



This spicy, vinegar and mustard-based sauce can be used on just about anything your heart desires to add spice and zest to any meal. Georgia Juice is primarily made for white meats, but it is also an excellent marinade or sauce great on various seafoods too (especially shrimp). This sauce adds a zest of flavor to collard greens, green beans, or baked beans. Try brushing it on a couple of those burgers your grilling.

Made in Montgomery, Texas. If you are ever in Dallas, you can swing by their Gourmet Shop in the Dallas Market Center, or you can order this sauce online at [www.unclebobssauces.com](http://www.unclebobssauces.com) or Amazon.com.

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# FOODIE NEWS ...

CONTINUED FROM PAGE 8

1110 N Glebe Rd., serving up authentic comfort foods from Spain in a casual and friendly environment. This restaurant features Spanish cuisine including tapas during happy hour, paellas, suckling pig, and a Spanish take on the cheeseburger. It is an authentic Spanish tavern or “food house” with a casual and friendly vibe. Don’t miss forget **Peter Chang**, the former Chinese Embassy chef of notable Sichuan creations opened his eponymous named storefront in

Arlington at 2503 N Harrison St. The menu feature offerings similar to his other Virginia-area chain branches, including Beijing smoked duck, Hunan fish and basil chicken, plus a few special dishes.

The Curious Grape at 2900 S. Quincy has closed in Shirlington but has been replaced with **Osteria da Nino**. The new restaurant retained the chef, Delian DiPietro who joins owners Nino and Joginder Pino and Jim and Margaret Manchisi. They share an Italian-Sicilian-Sardinian heritage and offer modern takes on dishes from their homeland DiPietro will concentrate on creating

authentic, homemade pasta and Italian dishes. Try the Fritto Misto with crispy calamari, salmon, shrimp, mussels and a saffron aoli, the

Tagliatelle with shrimp, calamari, bay scallops in a puttanesca sauce, or the Fregola made with whipped ricotta, fava beans, local mushrooms, preserved mushrooms, and massago. Desserts include gelato, panna cotta, tiramisu, and soufflé cioccolato made with coco nibs, peanut butter sorbet, raspberry jam, and Valhrona chocolate. Watch for Monday Mussels & Moules (\$12) coming soon.

Coming soon to Del Ray is the **Streets Market & Cafe**, a DC based one-stop grocery store carries a wide selection of reasonably priced organic, natural and conventional products plans on opening their Del Ray store this August /September. In addition to the fresh organic produce, beer, wine and other groceries, they offer really delicious prepared foods ranging from gourmet sandwiches to sushi. You can see the construction underway at 3108 Mt Vernon Ave, on the ground floor of the recently completed Del Ray Tower apartment complex.

**Whole Foods** announced they’ll be opening a new, separate chain of stores with lower prices aimed specifically at twenty-somethings who love everything natural and organic. Co-CEO Walter Robb explained that these new stores will have a “modern, streamlined design, innovative technology, and a curated selection.” Robb continued that the new chain will appeal “to anyone looking for high-quality fresh food at great prices.” The only timeline provided was that the new stores would begin opening next year and that more details would be revealed by Labor Day. Whole Foods co-CEO John Mackey was, however, willing to admit that these new stores would be “hip, cool and tech-oriented.”

Antonio Carluccio is charming, friendly, and

enthusiastic about his first U.S. restaurant, **Carluccio**, located at 100 King Street in Alexandria. The new restaurant opened June 3 and reflects Carluccio’s mantra, “Minimum fuss, maximum flavor.” “I am a cook, not a chef,” Carluccio said “I learned to cook because Italian food is meant to be shared; it is meant to be a celebration.” The market offers Italian sauces, olive oil, meats, cheese and pastries, which are made on the premises. The market is open from 6 am to 11:30 pm Monday through Friday, and from 7 am to 11:30 p.m. on Saturday and 7 am to 10 pm on Sunday.

And on a sad note, thank you Eric Nelson for bringing us Artfully Chocolate. We will always remember your Divas. Here’s wishing you the best in whatever path you choose. We will miss you and all your creative art and chocolate.

I spent an amazing afternoon at the 7th Annual Taste of Del Ray on June 7. The Karen Johnson and her team of volunteers provided a winning group of restaurants for our enjoyment. The participating restaurants pulled out all of the stops by presenting inventive and delicious plates. **Bon Vivant + Farm Market** (2016 Mt Vernon Ave.) featured a gazpacho made with flavorful WVa tomatoes. The owner, Jawad Laouada, said that the restaurant features real food made with fresh seasonal ingredients with no added antibiotics, hormones, preservatives, or additives. Rhoda from **Caboose Cafe** (2419 Mt Vernon Ave.) brought her Ethiopian roots to play in her red lentils wrapped in injera. It had a bit of spice wonderful spiciness. I loved it. **Cheesetique** (2411 Mt Vernon Ave.) and Jill Erbe brought us a savory cheesecake made with a two cheese crust and filled with a smoked Gouda and vegetable filling. The new chef at **Del Ray Pizzeria** (2218 Mt Vernon Ave.), Wylie, brought a cool and refreshing watermelon soup with a hint of Serrano peppers. It will be available on their new summer menu. The **Happy Tart** (2307A Mt Vernon Ave.) brought sweetness to the table with their gluten free strawberry shortcake. It was amazing. Who knew gluten free could taste so good. **Taqueria Poblano** (2400-B Mt Vernon Ave.) wowed everyone with their Guajillo chili shrimp. Not too spicy but filled with flavor. **Swing Coffee** (501 E. Monroe) served us a nitro cold brew coffee. It had a stout-like richness and a touch of carbonation. Senzu Juicery brought samples of their delicious fresh cold pressed juices. You had a choice of several juice combinations including ones for cleansing, energy, and calming. **Pork Barrel BBQ** (2312 Mt Vernon Ave.) featured their smoked turkey breast with house made pickles

and slaw. Bill Blackburn never does anything halfway and this sandwich proved it.

One of Del Ray’s newest restaurants, **Emma’s Espresso & Wine Bar** (106 Hume Ave.) presented us with a savory black fig stuffed with a lemon goat cheese. And as if that wasn’t good enough, it was then topped with a honey cherry balsamic drizzle. **Del Ray Café** (205 E. Howell) never ceases to prepare and present delicious food. They served several items including a delicious puff pastry drizzled with chocolate or raspberry sauce (or both) and a wonderful croquet monsieur. You could wash it down with an avocado soup.



**Evening Star** (2000 Mt Vernon Ave.) surprised us with a popcorn soup with a blue crab salad. It was delightful; who knew popcorn could taste so good with blue crab in a soup. **Kaizen Tavern** (1909 Mt Vernon Ave.) brought samples from their kitchen that represented their menu of sushi and tacos – where east meets west. The pork taco with pico de gallo was everything you want a taco to be. The sushi was so good I had seconds (and thirds). Herman from **Los Tios** (2615 Mt Vernon Ave.) made sure no one would be hungry by serving up beef fajitas in a flour tortilla. Delicious! **Market2Market** (116 E. Del Ray Ave.) brought their Monroe sub, a delicious turkey sub sandwich you can find on their menu. I’m sure I tasted pesto. **The Reserve** (2218 Mt Vernon Ave.) can be found above DRP. They served Nashville hot chicken. The sauce was not too hot but just enough to give you a kick. It’s served with a waffle on their menu. Did you know that **Shakthi South Asian Cuisine** (3807 Mt Vernon Ave.) brings the taste of Sri Lanka to Del Ray. They served a plate of several specialties including potato curry, chicken curry, over rice and vegetable balls. They also served my favorite bite, vegetable kotthu roti. They said that was one of the favorite foods of Sri Lanka. **The Boys and Girls Club** was on hand to provide cold water and sodas.

The guest judge was Northern Virginia Magazine Managing Editor Lynn Norusis. Her choices for best dishes were **Evening Star** in third place, **Cheesetique** in second place, and **The Reserve** took home first place. Each attendee voted for their favorite dish of the day. The People’s Choice awards went to **The Reserve** for third place, **Los Tios** won second place, and **Pork Barrel BBQ** earned the first place vote.

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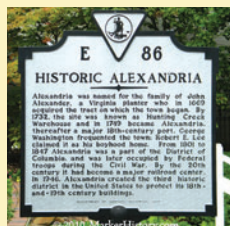
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## Nominate a Place in Alexandria You Want Preserved

The Alexandria Archaeological Commission, in partnership with other historic and preservation groups in Alexandria, is seeking nominations from the public for the most threatened or endangered archaeological and historical sites in the city of Alexandria.



Nominations are being sought to highlight the potential loss or degradation of archaeological and historical sites important to the city's identity and cultural heritage.

Nominated sites can include archaeological sites, historic buildings (interior or exterior), historic neighborhoods or communities, historic vistas, historic fabric, alleys, streetscapes, landscapes, waterways, and cemeteries, among others. Such sites may represent any period or aspect of Alexandria's heritage, both historic and pre-historic.

### Nomination Process

- Nominations must be in writing, via email or mail, and may include supporting materials such as photographs and newspaper articles.
- Nominations should include the name of the site, if known, and its location as well as the reason(s) why the site is threatened or endangered and why the site is an important part of Alexandria's heritage.
- Nominations must be received (if hand-delivered or emailed) or postmarked (if mailed) by Wednesday, July 15.
- Nominations are made on an annual basis. The determination of eligibility of a nominated site and the selection of nominated sites to a list of Alexandria's Most Threatened and Endangered

Archaeological and Historical Sites remain the sole view and discretion of the Alexandria Archaeological Commission and its partnership groups.

- The Alexandria Archaeological Commission and partnership groups will announce the annual list of Alexandria's Most Threatened and Endangered Archaeological and Historical Sites during Virginia Archaeology Month in October of each year.

Nominations may be emailed to [archaeology@alexandriava.gov](mailto:archaeology@alexandriava.gov)

Subject line should read, "Threatened and Endangered Sites Nomination."

Nominations may be mailed or hand-delivered to Alexandria Archaeological Commission  
OHA/Alexandria Archaeology  
105 N. Union Street, # 327  
Alexandria, VA 22314

## Alexandria Chamber of Commerce CEO John Long Retires

Alexandria Chamber of Commerce President & CEO John Long has announced that he is retiring from the Chamber. Mr. Long has been with the Alexandria Chamber since March, 2012 and he retires after 25 years as an executive with Chambers of Commerce around the country.



John Long retires. Courtesy photo.

Under his leadership the Alexandria Chamber has transformed into one of the largest and most active Chambers in the Washington Capital Region, while establishing a highly effective and energetic staff.

Mr. Long initiated a number of highly successful programs and events, including a Government Contracting Council, a Non Profit & Association Academy, and the highly successful Women's Leadership Forum with the Alexandria Chamber Professional Women's Network, which merged

with the Chamber in 2012. Successful partnerships have been forged by Mr. Long with leading regional organizations, including George Mason University, Quantico/Belvoir Regional Business Alliance, the City of Alexandria and the Alexandria Redevelopment and Housing Authority. The Chamber has also developed a powerful new website and accompanying social media presence.

"I am proud of the accomplishments the Chamber has made over the past three years. It has been rewarding to work for the Chamber, with the supportive work of the Chamber Board and our many volunteers and professional and dedicated staff. I wish all of my friends and colleagues continued success," stated Long.

"We thank John for his leadership and vision," stated Board Chairman Walter Clarke. "His dedication, team building, and strategic planning helped to professionalize the Chamber and provide increased educational opportunities for our members and our community."

The Board will now embark on a search for a permanent replacement as President & CEO. In the meantime, Chamber Finance and Operations Director Stanley Brinkley will manage the Chamber's day-to-day operations. To assist with the transition, Mr. Long has agreed to remain available for consultation and advice. According to Clarke, "We have a great team in place, and the Board has every confidence they will continue the outstanding work they have always done. I'm proud to lead this team of professionals as we transition to the next exciting chapter for the Alexandria Chamber of Commerce."

### Petition Denied

On June 12, the Supreme Court of Virginia dismissed a petition to rehear *Burke v. City Council*, the final remaining lawsuit challenging the zoning underlying the City's Waterfront Plan. In March,

CONTINUED ON PAGE 13

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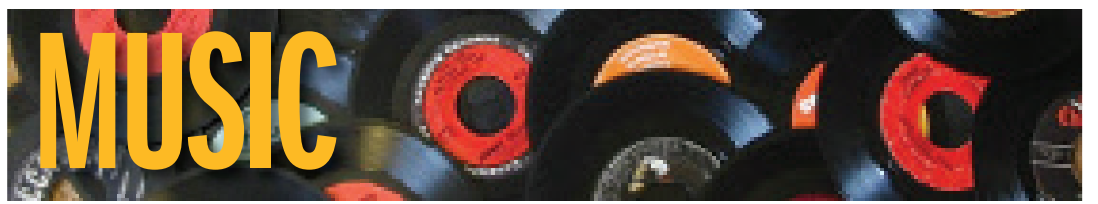
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GETTING A LEG UP

## A LOCAL TEEN GETS A BIG BREAK TOWARDS A BURGEONING MUSIC CAREER

BY STEVE HOUK

Ted Davis is a 17 year-old kid with a plan. Sounds like an oxymoron, a *teenager* with a plan, but here's a young man who already seems to know what we wants, and that's not *just* a career as a musician, but also a strategy of how to succeed in the music industry.

"Every musician can say they have a backup plan," Davis said. "I want my backup plan to be something that interests me, and something I could make a living doing. I've seen how hard it can be to make it as a performing musician, and while that's what I want to do with my life, I also want to have a backup plan."

And that's why his recent acceptance to the GRAMMY Foundation's GRAMMY Camp this summer is such a big deal. A soon-to-be rising senior at T.C. Williams, Davis is one of only 132 students across 28 states who after a challenging submission process, recently got his "golden ticket," a coveted slot in the 11<sup>th</sup> annual GRAMMY Camp. There are three camps, one in Nashville, one in Los Angeles, and the one Davis will be attending in early August in Brooklyn.

"From its first summer 11 years ago through today," said Neil Portnoy, President/CEO of The Recording Academy and the GRAMMY Foundation, "I've seen the GRAMMY Foundation's GRAMMY Camp grow into a hallmark program that gives young people a truly immersive summer learning experience in

all aspects of the music business."

Students choose "career tracks" that appeal to their various interests, and for someone like Davis, a drummer with an interest in performing, the varied facets of the GRAMMY Camp experience are perfect for what he is seeking, an opportunity to also look at alternative ways — that backup plan — to make music your career, even if being on stage doesn't pan out.

"Obviously performing is my dream," Davis said. "Realistically, there's a good chance that won't happen, but that doesn't mean I can't find something within the industry. While there are many opportunities to perform and practice music, there's only one opportunity to perform and practice while learning about the music industry, with some of the best teen musicians under the instruction of some of the best musicians in the country, and that opportunity is GRAMMY Camp."

Davis, son of Rich Davis & stepmom Tylynn Gordon of Del Ray and mom Terry Davis of Alexandria's Braddock Heights neighborhood, is a member of the band Brunch Village and a founding participant in Rock of Ages Music Company (ROAM) in Del Ray, and writes his own music as well. He first fell for the drums at 6 when he became a drummer boy in local Revolutionary War reenactments, but it wasn't until a few years later that two unique experiences helped shift his interest to where it is now: rock and roll.

"I wanted to play fife and drum music, then when I was like 10, my Dad took



me to see Tom Petty and the Heartbreakers, and watching Steve Ferrone drum live on stage showed me that I wanted to be a rock drummer. Around that time I also got to play at a rehearsal with Blondie, my mom had met one of their roadies outside her office. So then I made a drum set out of buckets around my house. Eventually I got a real drum set and started a band and became a rock drummer."

Davis' stepmom read about the GRAMMY camp online and passed the idea on to Davis. After submitting two well-done submission videos as part of the application process, Davis was chosen. Dad Rich Davis hopes the experience will be a valuable one for his son, on a couple of levels.

"We're hoping GRAMMY Camp challenges Ted as a performer," Rich said, "that it reinforces his passion for music and also offers him a window into the music industry as a whole. Above all, we hope it will be an opportunity for Ted to form lasting friendships with a group of extremely talented and passionate young musicians."

For Ted, it's all about gaining traction in a career doing something he loves.

"As long as I'm making music, in some way, at some point in my life, I'm good."



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— Neal Learner, *The Washington Post*

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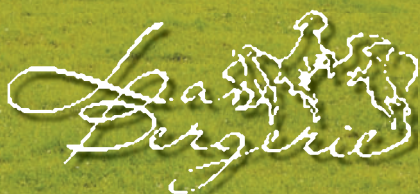
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## RODEO

CONTINUED FROM PAGE 9

fresh in one of their two pizza ovens on board the truck. Their thin crust pizza is very, very good! They always have cheese, pepperoni, and buffalo chicken varieties in addition to other specialty pizzas daily. Make sure you have them garnish your pizza with fresh basil.

**Rocklands** never disappoints with their BBQ. I must recommend the Rocklands Pearl. This is a decadent container layered with macaroni and cheese, baked beans, and pulled pork. They will gladly top it off with cole slaw and/or potato salad. It's a party in your mouth. The **Rice Bowl** truck offers a variety of

rice bowls and tacos. Their best seller and my favorite is the pork taco. It's a cross between a taco and a Vietnamese Bahn Mi sandwich. You can't go wrong with any of their offerings. The **Big Cheese** offers an assortment of grilled cheese sandwiches. Ask them what's best about their truck and they'll answer: the Cheese! This is a grown up grilled cheese sandwich. You'll love every bite. Last but not least is **Borinquen**. This is authentic food from Puerto Rico. They offered pernil, luscious roast pork, as their special of the day. They provide a variety of dishes including a fabulous beef empanada and a great Cuban pork sandwich.

If you missed the Rodeo this year, don't miss it next year!

Nerdy, yet uber-cool; a classically trained musician who likes to perform in a beer hall: Jazz saxophonist Jonathan Parker, 29, is a study in contrasts.

He arrives for his interview with a latte in hand from Misha's Coffeehouse in his native Alexandria to discuss his new swing jazz album, *Interloper*. He has just returned to Old Town after a two-year tour of Shanghai, China, where he played scores of gigs.

The melodies on his new album sometimes sway like a third martini, sometimes linger like a kiss, and sometimes rollick like a fast drive in a convertible. One feels as if they're at a WWII dance in a modern time warp. Parker's sax and flute are backed up by trombone, trumpet, piano, guitar, and percussion.

He was ten years old when he made friends with a classmate who was taking saxophone lessons. Parker dabbled until high school, when he says it suddenly began to define his identity: "There were the jocks, the math-letes, and I guess I fit into the band and music set."

By junior year, he was getting serious and applied and matriculated at Oberlin College.

"In high school, there were maybe one or two serious musicians," Parker recalls. "But at Oberlin, it was a shock to arrive and discover that all of the one or two from many different high schools were there, and I was nothing



## THE JONATHAN PARKER OCTET HAS TENTACLES IN THE JAZZY PAST

Jonathan Parker's new swing jazz album, *Interloper*, sometimes sway like a third martini, sometimes linger like a kiss, and sometimes rollick like a fast drive in a convertible. Photo by Jonathan Barnes

special. For a good while I thought I wouldn't make it, but something clicked in junior year. That was when I really started believing I could be a musician."

Parker attended a seminar by a jazz performer who was working in Shanghai, who set him up with contacts for performance venues and, with four others, Parker was off to

the Orient for a two-year stint. "Western music venues are viewed as prestigious in China," Parker says. "People are not there so much as music aficionados but for that Western atmosphere. We did a lot of corporate gigs for Western companies that have opened branches in China."

Parker notes that the Chinese value live entertainment, whereas Americans see it as an unnecessary luxury. "It's a shame that school arts programs in the US are always getting cut," he laments.

Parker returned stateside to complete a Master's Degree at The Eastman Kodak school. Returning to Washington, Parker used school contacts to form an octet and later began meeting the "talented and professional" moonlighters from military bands to start making recordings and performing at local DC area venues. In 2010, he composed his first album and regularly



Jazz saxophonist Jonathan Parker, 29, is a study in contrasts. Photo by Jonathan Barnes

CONTINUED ON PAGE 30

## CITY BRIEFS

CONTINUED FROM PAGE 11

the Court upheld the Alexandria Circuit Court's dismissal of the case, finding that the Plan had been lawfully adopted by Alexandria City Council. The Court's most recent action affirms that all pending litigation on the Waterfront Plan has ended. Implementation of the Waterfront Plan continues, and approved and pending redevelopment projects are moving forward.

The plaintiffs protested the City's rejection of an appeal that would have required at least six of City Council's seven members to approve

the zoning changes instead of the usual four. In March 2013, City Council approved the zoning by a 6-1 "supermajority" vote, which the Court found addressed the plaintiff's request. As a result, there was no additional relief the Court could provide.

The zoning changes that were the subject of the court case increased the amount of development on the three major "redevelopment parcels" identified by the Waterfront Plan, and permitted up to two hotels of no more than 150 rooms each. One hotel, proposed by Carr Hospitality, was approved in early 2014. A second hotel, proposed as part of the Robinson Terminal North redevelopment, is currently under consideration.

The Del Ray Business Association celebrated the opening of a new Del Ray business, Stomping Ground, located at 2309 Mt. Vernon Ave., with a ribbon-cutting. The restaurant has just recently opened and owner Nicole Jones describes it as "your casual neighborhood place. Seasonal first. Local and organic whenever possible. Buttermilk biscuits always."



Chief Earle Cooley, Dennie Belmont, Del Pepper, John Chapman, Nicole Jones, Bill Euille, Bill Blackburn, Dana Lawhorne, Brian Story and Cullen Prawl. Photo by Meghan Stewart of Shot In The Dark Photography LLC.

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## TREASURES ABOUND AT THE MOUNT VERNON ANTIQUES CENTER

BY ROBERT F. MURRAY,  
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Antique buff's are by nature history buff's too. When you tune into "Antiques Road Show" or "Chesapeake Collectibles," curiosity gets a boost – what's the background, the deal and value of anything?

Likewise, a road trip a few miles from Old Town on Route 1 (8101 Richmond Highway) stirs the blood when approaching the Mount Vernon Antiques Center. The brighter than bright, very yellow building on the left just past Costco, reaches out its cheerful welcome to all art and antiques fans. You'll find easy and plentiful parking. There are more than 30 dealers on two floors displaying everything imaginable in pottery, paintings, silver, glass and crystal, occasional to full sets of furniture, vintage tools and toys, jewelry, military memorabilia, coins and relics of many eras. There's always that unimaginable item that jumps out at you and tags you as a genuine collector, i.e., you have the intuitive sense to spot something you have to have. It is an addiction, a good one. Recently, the Director, Sam Nasafi, told me there are still a couple of dealers on site from the former, popular Thieves Market that moved here in the '80's. Sam facilitates the sales and arranges for any new



You can find things from all centuries at Mount Vernon Antiques Center. Photo by Robert F. Murray.

dealers to sign up for spaces when they become available. An ordinary dealer's space is 12' x 16' or bigger depending on the need. I think it safe to say that throughout the various areas at the MVAC, you'll find some outstanding works of art and antiques not necessarily associated with any particular style or setting. There is a smorgasbord of choice and ages of items to see. Any seriously interested visitor will be satisfied in searching out items of appeal. The treasure hunt is on for curiosity lovers when they come through the front door.

For the new collectors and seasoned ones alike, there are continuing inquiries about authenticating vintage items, appraising them and questions about setting prices. This is

where experienced dealers at MVAC play a fundamental role in assisting buyers to make a decision. There are several ways of learning the history and value of a piece through personal research at libraries, good bookstores and online. However, the ordinary method is talking to a reputable dealer who knows his inventory and who collects things of personal interest and value. Most dealers love talking about their collections. Collecting is an art and a life-long, fulfilling hobby that takes whatever time you have to give to the process. It is pretty sure that one visit to MVAC will not be enough for any real collector. MVAC is not a flea market but houses experts who deal with specialized items that they have gathered for resale with care over a period.

My personal, many-decades-long collector's adventure is finding soapstone carvings from a particular era. I have found some them in New York, London, Hong Kong and many out of the way places I've visited. Surprising to report, I found a couple of my more treasured pieces at the MVAC, close to home. Like people, art and antiques move around the world at odd times, for different reasons. Search and discover your own "that grabs me, can't resist" treasure at the Mount Vernon Antiques Center. They are open every day except Tuesdays.



**Art Uniting People**  
Anti-Stigma Mental Health Hope Campaign

**Art Uniting People—A Celebration of Recovery, Creativity and Mental Health Awareness in the Alexandria Community**



## Art Exhibition

June 9 – July 9  
at Alexandria City Hall

## 2nd Floor Reception

June 12  
from 6:00 pm – 7:30 pm,  
2nd Floor

Art Uniting People showcases local artists, whose lives have been affected by mental illness, addiction, developmental and intellectual disorders. Visitors can share in artists inspirations which can lead to a powerful and unique viewing experience.

The exhibition is presented by the HOPE Campaign and co-sponsored by Friends of the Alexandria Mental Health Center, the Community Services Board, the Department of Parks, Recreation and Cultural Affairs and the Alexandria Commission on the Arts

## BASEBALL

CONTINUED FROM PAGE 5

play high-level college baseball in such a wonderful city. I'd like to invite everyone out to enjoy a fantastic night of affordable family fun at Frank Mann Field. Our full schedule and information can be found on our team's website at [www.alexandriaaces.org](http://www.alexandriaaces.org). Fans can also find us on Facebook and Twitter. See you all at the park. Go Aces!

**Pat:** Thanks, David. Best of luck to you, your coaching staff, the team, and all of the loyal volunteers, host families, sponsors and supporters for absolutely great success both on and off the field this summer. I'll see you at the ball park, very soon. Go Aces!

*Editor's Note:* As a sports protege of local baseball aficionado and raconteur, former Alexandria mayor, Frank Mann, the author of this article, Pat Malone, was the original inspiration for creating the Alexandria Aces in the summer of 2006, personally selecting the team's name, drawing the team's now distinctive 'Tiffany A' logos, as well as designing the team's classic 'New York Yankees-style' home and road uniforms. He worked with his good friend, team co-founder, chairman and CEO, Don Dinan, to establish the franchise with the Cal Ripken, Sr. Collegiate Baseball League, as well as securing their home field at Four Mile Run Park for the team's 2008 inaugural season, through today. Both Pat and Don worked together to set up the Aces as an IRS-deemed 501(c)(3) not-

for-profit community-based organization, building long-term friendships with many loyal fans, dedicated sponsors, the City of Alexandria, and local youth baseball leagues in Alexandria, Arlington, and Fairfax County. Pat formerly served the Aces in roles as both president, and general manager, from 2006 to 2010. He resigned in good standing from the ball club at the conclusion of the 2010 season to pursue other interests and has since helped with Aces sponsorships and fundraising in the past few years. During summer evenings, when he's not writing for 'The Zebra', Pat can quite often be seen in the stands watching and cheering on the Aces at Frank Mann Field, and some of the team's road games, as well.

# “ART UNITING PEOPLE” OPENS FIFTH ANNUAL EXHIBITION AT CITY HALL

BY MARY ANNE WEBER

This is a year of firsts for “Art Uniting People,” a Celebration of Recovery, Creativity and Mental Health. For the first time, the opening reception and exhibition will be at Alexandria City Hall. For the first time, some of the 108 pieces submitted will travel to at least three other sites throughout the city. And for the first time, the three judges who jury the exhibition will be awarding prizes in various categories.



Alexandrians will celebrate the connection between the creative spirit and mental health by displaying and viewing the artworks of people whose lives have been affected by mental illness, substance use disorders or developmental disabilities. Some of these works of art are playful, some angry, some stark, some beautiful, and some so sad and disturbing, they stop viewers in their tracks. Through their pieces, these artists are sharing not only their hopes and dreams, but their pain and fear and their own personal stories. The telling of their stories is just part of what could be a community-wide conversation about mental health and the often long, and bumpy road to recovery.



In its fifth year, the art exhibition at Alexandria City Hall from June 9 to July 9 is a chance for residents to see the work of people of all ages who have something to say about mental health and mental illness, what has happened to them, and what it means for their present and future. However, someone needs to be there to hear it and carry on the conversation.

The connection between creativity and mental illness is complicated. On one hand, scholars, philosophers, and doctors have been describing the connection between creativity and “madness” since the time of the ancient Greeks. Throughout history, men and women who are gifted poets, writers, painters, sculptors, and musicians have sometimes been affected by what is now known as bipolar disorder and other mood disorders. Others had schizophrenia or close relatives with schizophrenia. American arts journalist Christopher Zara described the phenomenon in his book “Tortured Artists: From Picasso and Monroe to Warhol and Winehouse, The Twisted Secrets of the World’s Creative Minds” and clinical psychologist Kay Redfield Jamison most famously described and summarized studies of mood disorders in a variety of creative people in her book “Touched with Fire: Manic-Depressive Illness and the Artistic Temperament.”

Art is often used to help people in the process of recovery. The work they do, the things they create help them discover and define who they are. Then there are those who are known as outsider artists, people who are considered other, outside society, often institutionalized and certainly untaught, but with a creative vision all their own. In the past, their work was often not even seen until after their deaths when it was pulled from closets and cupboards. Now there are outsider art exhibits all over the country in major galleries and at art festivals.

Last year three judges were invited to come and jury the show. This year two have returned, and one new judge was added to help study the

art and rank the works.

Andrea Barnes is a Washington, DC artist who works in drawing, painting, and mixed media. In her abstract work she combines found images including charts, diagrams, scientific illustrations, maps and photographs with expressive handling of paint. Barnes received a B.A. in Philosophy from Colgate University and studied fine art at the School of Visual Arts in New York and the Corcoran College of Art & Design in Washington, DC. She works at her studio in Maryland where she also teaches art to young students.

Brian Beal Moore formally studied Greek and Roman Art and Architecture and Painting after 1945. He has produced a series of paintings that explore breaking boundaries, shot and edited experimental films, written and published short stories, wrought and directed plays and is the author of two still unpublished novels. He is fascinated with the creative processes of all people knowing that original thoughts and expressions do make an impact on the human experience.

New this year is Jordan S. Potash, Ph.D., ATR-BC REAT, LPCAT (MD), a registered, board certified and licensed art therapist and a registered expressive art therapist. He has worked with clients of all ages in schools, clinics and community art studios in the U.S. and Hong Kong. Potash’s primary interest is in the application of art and art therapy in community development and social change, with an emphasis on reducing stigma, confronting discrimination and promoting cross-cultural relationships.

The Art Uniting People program was begun in 2011 by the Mental Health Anti-Stigma HOPE Campaign of the Partnership for a Healthier Alexandria. Its sponsors include the Friends of the Alexandria Mental Health Center, the Community Services Board, Alexandria Commission for the Arts, the City Department of Community and Human Services and the City Department of Parks, Recreation and Cultural Affairs.

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photography by R. David Chambers

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# JUNE Z-EVENTS

## JUNE 3 - JULY 6

**Ceramic Wares for Your Tabletop**  
The Art League  
105 North Union St., Studio 21

For The Art League's internationally juried exhibition 'Tabletop,' ceramic artists from all corners of the United States and Canada turned out to submit various functional wares associated with eating, drinking, presenting, and enjoying food. Juror Trevor Dunn, a successful ceramic artist and educator at the University of North Florida, selected 36 pieces from a large pool of international applicants. The 34 exhibiting artists come from 14 states, DC, and Canada.

## JUNE 4 - JULY 19

**SATURATE**  
Thursday, Friday, Sunday noon - 4:00 pm,  
Saturdays 1:00 pm - 4:00 pm  
Athenaeum  
201 Prince Street

The works in Saturate represent a variety of media including paint, woodblock prints, photography, and video. Each artist (Stephen Estrada, Abby Kasonik, Hannele Lahti, Eve Stockton, and Thomas Teasley) takes a unique path to expressing him or herself - but all join together in giving the viewer the sensation of being near something very wet. The exhibit is made possible by the generous sponsorship of TTR | Sotheby's International Realty. Free

## JUNE 4 - JULY 6

**Potomac Skies**  
The Art League  
105 North Union St.

Focusing on the nuances of clouds and light, painter Maremi Hooff Andreozzi depicts the dramatic atmosphere above the river in her series 'Potomac Skies'. Capturing and painting nightfall or daybreak, feels like 'finding good luck, hopeful and timeless' Andreozzi notes.  
703-683-1780

## JUNE 9 - JULY 9

**"Art Uniting People"**  
Alexandria City Hall  
301 King St., Room 2000

Alexandria's Anti-Stigma HOPE Campaign fifth

## CIVIL WAR CAMP DAY AT FORT WARD

June 13  
10:00 am - 4:00 pm  
4301 West Braddock Road

Learn about Civil War soldier and civilian life when Fort Ward Museum & Historic Site presents Civil War Camp Day. This annual living history event features Union and Confederate military and civilian reenactors in camp settings. The program includes infantry and artillery drills and firing demonstrations, equipment displays, and civilian interpretations. Tours of the historic Union fort will be offered during the day, and a reenactor stationed in the reconstructed Officers' Hut will describe the daily routine and living quarters of an officer in the Defenses of Washington. Suggested donation is \$2 per person or \$5 per family. The program is weather dependent 703-746-4848 www.fortward.org.



annual celebrates Recovery, Creativity, and Mental Health. This year's exhibit features the artwork of Northern Virginia artists, whose lives have been affected by mental illness, addiction, developmental and intellectual disabilities. It aims to reduce stigma and promote the fact that recovery is real and possible. Light refreshments will be available. The event is co-sponsored by the Partnership for a Healthier Alexandria, the Friends of the Alexandria Mental Health Center, the Alexandria Office of the Arts, and the Alexandria Department of Community and Human Services. Free www.alexandriava.gov/arts



## JUNE 12 - JUNE 13

**Summer Escape at Mount Vernon**  
6:00 pm - 9:00 pm  
**George Washington's Mount Vernon**  
3200 Mount Vernon Memorial Hwy

George Washington's Mount Vernon invites visitors to sip wine while watching the sunset at the first president's home! Summer Escape at Mount Vernon offers a rare opportunity to visit Mount Vernon after the daytime crowds have departed. Take an evening tour of the Mansion and sample wine and desserts (available for purchase). Relax to live music while watching the sun set against the Potomac. Delight in 18th-century music,

dancing, bocce ball, and more historic fun. Stroll the lantern-lit grounds and immerse yourself in the 18th century as you mingle with costumed residents like the charming "Lady Washington." To further spice up the evening, chat with a gardening expert and try out flavorful herb-infused dips, teas, and even cocktails. Food-loving guests will delight as 18th-century artisans demonstrate the arts of making beer and chocolate, complete with modern tastings. \$20 per person or 4 for \$60.

## JUNE 12

**Musikfest Ensemble Chamber Concert**  
7:30 pm  
Lyceum, Alexandria's History Museum  
201 S. Washington St.

The premiere chamber concert of the Musikfest Ensemble featuring solos by violinist Timothy Vales, Stella Mouries, and oboist Mica Hoernig. Including works by Vivaldi, Ennio Morricone, and J.C. Bach. Under the direction of Tina Anderson and Deborah Volker. Free

## JUNE 13

**35th Annual Old Town Arts and Crafts Fair**  
3:00 pm - 8:00 pm  
Market Square  
301 King St.

Join us for an afternoon of fine arts and crafts, food, and more as 60+ vendors set up shop in

Market Square! Items for sale include jewelry, pet accessories, art, pottery, soaps, children's toys and clothing, and much, much more. The Alexandria Citizens Swing Band will be performing on stage at 3:30 pm Admission for public is free and dogs are welcome. Free

## JUNE 13

**Movie Night @ Four Mile Run**  
5:30 pm - 9:00 pm  
4109 Mt. Vernon Ave.

The Cora Kelly Center is co-sponsoring with National Community Church its First Annual Family Movie Night at the Conservatory Center on the Plaza. The community participants will enjoy free popcorn, cotton candy, drinks and a (PG) movie. Participants may bring their own chairs or blankets for seating. Free. 703-746-5554

## JUNE 14

**Book Talk: After Snowden and Courtship**  
2:00 pm  
Athenaeum  
201 Prince Street

Alexandria attorney, author, and literary agent Ron Goldfarb discusses his two new works, Courtship, a novel of Life, Love and the Law and AFTER SNOWDEN: Privacy, Secrecy, and Security in the Information Age. Ron is the author of 13 books; Courtship is his first novel, written under

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5 	6 <b>STEPHEN STILLS</b> 7:30pm \$70.50	7 <b>TBA</b>	8 Birchmere Box Office is open 5:00 - 9:00pm on SHOWDATES ONLY! A \$5.50 per ticket service charge will apply.	9 <b>Robert Earl Keen</b> 'The Bluegrass Sessions' 7:30pm \$49.50	10 <b>Jason D. Williams and Dale Watson &amp; The Lonestars</b> 7:30pm \$25.00	11 9th Annual Mike Seeger Commemorative OLD TIME BANJO FESTIVAL featuring Cathy Fink, Marcy Marxer, Jayme Stone, David Reed, Adam Hurt, Greg Adams 7:30pm \$29.50			
12 <b>Southside Johnny &amp; The Asbury Jukes</b> 7:30pm \$39.50	13 	14 <b>Toad</b> THE WET SPROCKET 7:30pm \$45.00	15	16 <b>The Bacon Brothers</b> w/ Cleopatra Degher 7:30pm \$39.50		17		18	
19 <b>Ambrosia</b> 7:30pm \$29.50	20 <b>JONNY LANG</b> 7:30pm \$69.50	21 <b>Steeleye Span</b> featuring Maddy Prior 7:30pm \$35.00	22 	23 <b>Peter White &amp; Richard Elliot</b> 7:30pm \$45.00	24 <b>TBA</b>	25 <b>BUMPER JACKSONS</b> 'Album Release Show' & JUNIOR LEAGUE BAND 'EP Release Show' 7:30pm \$20.00			
26 <b>Big Bad Voodoo Daddy</b> 7:30pm \$39.50	27 <b>TBA</b>	28 	29 The Birchmere Presents <b>THE MILK CARTON KIDS</b> September 10, 2015, 8pm GW Lisner Auditorium, Wash, DC www.themilkcartonkids.com On Sale Now at Lisner.gwu.edu or call (202)994-6800		30	31 <b>PHIL PERRY</b> 7:30pm \$39.50	August 1 <b>Marty Stuart</b> & His Fabulous Superlatives 7:30pm \$35.00		



# JUNE Z-EVENTS

the pseudonym, R.L. Sommer. He will compare the writing processes for fiction and non-fiction, and why he chose to write his novel under a pseudonym. Free

## JUNE 14

**Envisioned Strings**  
7:00 pm  
**George Washington Masonic Temple Memorial Theatre**  
101 Callahan Drive

This unique performance headlines the talents of rock violinists, The Dueling Fiddlers, Russell Fallstad and Adam DeGraff, along with bluegrass music of Amanda Kerr, and a slight twist on the classical string quartet, InNOVation String Quartet, comprised of Russell Fallstad, Stephanie Sims Flack, Chiara Kingsley Dieguez and Diana Flesner, all in a single show which promises to be a show like no other. There will also be a special performance by children from the artists' teaching studios. \$35, \$25, \$15 (student/senior) Tickets available at [envisionedstrings.brownpapertickets.com](http://envisionedstrings.brownpapertickets.com).



## JUNE 16

**The Bodyguard's Account: The Assassination of Abraham Lincoln**  
7:00 pm – 8:00 pm  
**Beatley Central Library**  
5005 Duke St.

Award winning author and historian Bob O'Connor will be speaking about the assassination of Abraham Lincoln from the viewpoint of his bodyguard, Ward Hill Lamon. Free

## JUNE 16

**Planetarium Show – Reason for the Seasons**  
3330 King St.  
7:00 pm – 8:30 pm  
**T.C. Williams Planetarium**

The month of June marks a number of firsts in manned space exploration. Come to learn about Valentina Tereshkova becoming the first Russian woman in space, Ed White and Sally Ride becoming the first Americans to walk in space, and Spaceship 1, the first privately-built spacecraft to venture beyond our planet. The show will also include information on constellations like Orion and the planet Saturn. Registration opens at noon on June 1. Free

## JUNE 16

**Yappy Hour**  
5:30 pm – 7:30 pm  
**Foster's Grille**  
2004 Eisenhower Ave.

Join the Animal Welfare League of Alexandria as they hold a fun yappy hour for you and your pet. Don't have a dog? There will be lots of adorable dogs available for adoption. Free onions, fries, and dog treats. Sponsored by the Eisenhower Partnership, all donations benefit the AWLA.

## JUNE 18

**Music at Twilight Concert**  
7:00 pm – 8:00 pm

**John Carlyle Square Park**  
300 John Carlyle St.

City concert series with a performance by E & Me features Jazz. Feel free to bring chairs or a blanket and a picnic supper. Free 703-746-5592

## JUNE 18

**Spring Lecture Series: Remembering the Civil War**  
7:30 pm – 9:00 pm  
**The Lyceum**  
201 S. Washington St.

Professor Caroline Janney, Purdue University, will discuss her most recent book, Remembering the Civil War, winner of the Charles S. Sydnor and Jefferson Davis awards. In it, she talks about the tenuous process of reuniting and reconciling the nation after the Civil War. How did the Civil War generation understand the war? What were veterans really thinking in all those famous photographs of men shaking hands across the rock wall at Gettysburg? What about women, and the United States Colored Troops... what had the war meant to them? How did the meaning of this conflict change in the 20th century? \$5

## JUNE 18

**African-American Music Appreciation**  
6:00 pm – 8:00 pm  
**Carlyle House**  
121 N. Fairfax St.

A concert on the eve of Juneteenth, one of the oldest celebrations commemorating the end of slavery in the United States. Each year, communities commemorate and celebrate Juneteenth, this historic moment of freedom through food, music, and dance. Carlyle House and the Alexandria Black History Museum present the DuPont Brass, a local group from Howard University. This energetic and youthful group is self-described as a new, innovative brass band hailing from the DC Metropolitan Area. Overall, the mission of the band is to "uplift the spirits of people with their music, not just in the DMV area, but the entire world." 703-549-2997 [www.novaparks.com](http://www.novaparks.com)

## JUNE 19

**Family Fun Night**  
6:00 pm – 9:00 pm  
**Chinquapin Park Recreation Center & Aquatics Facility**  
3210 King St.

Bring the whole family to Family Fun Nights for swimming and fun for all ages on Friday evenings. Pool games include beach ball relays, water basketball, diving for prizes and fun on the 'Aqua Challenge' floating obstacle course. Participate in swimming skill assessments for youth; learn pool safety tips and more.

## JUNE 20 – JUNE 21

**Beat the Heat Racquetball Tournament**  
9:00 am – Sun. 6:00 pm  
**Chinquapin Park Recreation Center & Aquatics Facility**  
3210 King St.

Ages 18 & up. Join in the fun with this double elimination tournament for singles and doubles, divided by age groups: Men and/or Women 18-34, 35-50, 51-65 and 66 & over. Tournament will be played Saturday and/or Sunday. To participate, register for activity #423210.

## JUNE 20 – JUNE 21

**Father's Day Weekend at Mount Vernon**  
8:00 am – 5:00 pm  
**3200 Mount Vernon Memorial Hwy**

"General Washington" greets visitors and poses for photographs on Father's Day weekend. Listen to "General Washington" as he discusses his role as husband, stepfather, and Father of Our Country in the program "Father to the First Family." 703-780-2000

## JUNE 20

**Community Day Celebration**  
Noon - 4:00 pm  
**Cora Kelly Rec Center**  
25 West Reed Ave.

This annual celebration is a fun-filled event for the entire family to enjoy. There will be plenty of activities, arts & crafts, food, vendors, community resources, and much, much more! Free 703-746-5554

## JUNE 20

**Teen Splash! Pool Party**  
6:30 pm – 9:30 pm  
**Charles Houston Recreation Center**  
901 Wythe St.

Join teens in grades 8-12 to celebrate the end of an awesome school year and kick off the start of summer! Enjoy live music, games, prizes, and a bunch of fun! City of Alexandria residents only. Bring your school or recreation center ID for entry. \$5

## JUNE 20

**20th Annual Columbia Pike Blues Festival**  
1:00 pm – 8:00 pm  
**Closed off streets near South Walter Reed Drive at Columbia Pike**

This outdoor event transforms the blocked off streets near the Arlington Cinema 'N' Drafthouse into a fun and lively party zone. Bring your lawn chair and join us on the grassy area across from the AT&T building for great Blues music, delicious food, wine, cold beer, arts and crafts, and kids activities. The Festival features numerous food vendors and a beer & wine station. Visitors can also stop by the tables of local arts and crafts vendors and community organizations. There will be eight local food vendors at this year's event. [http://www.columbia-pike.org/?page\\_id=3303](http://www.columbia-pike.org/?page_id=3303)



## JUNE 20

**Cinema Del Ray**  
8:00 pm  
**Mount Vernon Recreation Center**  
2701 Commonwealth Ave

Community Movie Night where attendees sit and enjoy family movies. This event will take place on the recreation field. Free 703-683-3560

## JUNE 21

**Father's Day Tours**  
1:00 – 5:00 pm  
**Stabler-Leadbeater Apothecary Museum**  
105-107 S. Fairfax St.

Treat your father to a special tour of the

Apothecary, a family business first established in 1792! See the outstanding collection of herbs and botanicals, shop furnishings, apothecary bottles and equipment, many still in their original location. The Apothecary is pleased to offer free tours on Father's Day for all visiting fathers. Free

## JUNE 23

**Commission on Persons with Disabilities – Awards Ceremony**  
5:30 pm – 6:30 pm  
**City Hall, Vola Lawson Lobby**  
301 King St

The Alexandria Commission on Persons with Disabilities will present its annual awards at a reception co-hosted with the Mayor and City Council in the Vola Lawson Lobby at City Hall on Tuesday, June 23 at 5:30 p.m. For additional information or reasonable accommodation, contact Anna McClure at 703-746-3140 (Virginia Relay 711) or [anna.mcclure@alexandriava.gov](mailto:anna.mcclure@alexandriava.gov).

## JUNE 23

**Doggy Happy Hour**  
5:00 pm – 8:00 pm  
**Jackson 20**  
480 King Street

Join us in the Hotel Monaco courtyard every Tuesday from April through October, weather permitting, for specials on handcrafted cocktails and beers plus treats and water for canine companions. 703-842-2790

## JUNE 24

**Canal Plaza Concerts**  
Noon  
**44 Canal Center Plaza**

Concert series with a performance by Kim Reynolds Band featuring Jazz. Amphitheatre seating, bring your picnic lunch and enjoy music on the waterfront. Offered in partnership with American Real Estate Partners. Free

## JUNE 27

**Civil War Kids Drill Day**  
**Fort Ward Museum**  
4301 West Braddock Road  
9:00 am – Noon

Kids aged 9 to 12 will learn from a reenactor how soldiers drilled during the Civil War, and make a canteen in a fun hands-on craft activity. The cost per child is \$25, which includes a Civil War kepi and snack. Registration is suggested as space is limited. Call Fort Ward Museum to register at 703-746-4848. The program will be cancelled if it rains.

## JUNE 27

**Alexandria's Food and Wine Festival**  
Noon – 6:00 pm  
**Oronoco Bay Park**  
100 Madison St.

Alexandria's Food and Wine festival is a one-day community-based event focused on showcasing the numerous diverse restaurants of Alexandria and Virginia wineries combined with the opportunity to give back to the community through local non-profit organizations. Named as the "top 10 events to attend" by both Washington Magazine and DC Metro Magazine, this is a lively, family-oriented venue. The festival offers food and wine tasting along with live entertainment, children's activities, and arts and crafts vendors. Free. Tickets are needed for food and wine samples. 703-746-5592

## JULY 8

**Canal Plaza Concerts**  
Noon  
**44 Canal Center Plaza**

Concert series with a performance by Crimestoppers featuring Rockin' Blues. Amphitheatre seating, bring your picnic lunch, and enjoy music on the waterfront. Offered in partnership with American Real Estate Partners. Free

## JULY 9

**Sonic Saturation**

## BORDERS & BOUNDARIES

**June 6 – July 19**  
**Target Gallery, Torpedo Factor**  
105 N. Union St.

This exhibition features the work of 15 artists exploring societal, personal, and geographic boundaries in Borders and Boundaries. Juror Clint Mansell, director of Principle Gallery in Alexandria, selected 20 works in a variety of media, including video, fiber, and pastels. Free 703-838-4565



# SCHOOL BRIEFS

## First Old Town Alexandria Connections (OTAC) Scholarship Awarded

Amy Holm, a West Potomac High School native Alexandrian senior has a better than 4.0 GPA, so she certainly meets the “scholarship” criteria. Involved in her community as a church youth leader, girls’ basketball coach, and tutor, she also she captained her school’s JV basketball team and, as an upperclassman, she has captained the varsity field hockey team. In addition, Amy is the assistant editor-in-chief of her school yearbook and somehow, with all this, she still finds time to volunteer to cook for the Carpenter’s Shelter, deliver groceries to shut-ins as part of ALIVE! and engage in summer mission work abroad.



Amy Holm (far right) with her parents. Photo by Melinda Sigal.

Amy heard about the scholarship through her school and immediately applied. “This scholarship was exceptionally important to me,” she explained, “because I knew Peter Williams - he went to my Church.”



The OTAC scholarship is named after long-time OTAC member, Peter Williams. Courtesy photo.

The scholarship was started following the sudden death of long-time OTAC member Peter Williams in February 2014. Peter Williams was a graduate of UVA, where he played rugby and Georgetown University Law Center. He practiced law in Old Town

Alexandria and was involved in the Old Town community in business, civic and church leadership.

“Scholarships are mostly an honor, and the money contribution is important, but, in the long run, the honor of being the 1st person to win this scholarship is something I will always cherish! It’s also recognition being noticed for my hard work, other than college acceptance,” Amy added.

At the time of this event, Amy was torn between Berkley and University of Virginia. In college, she plans to focus on what she wants to do - her interests - and what kind of career would be best for her. She has not decided but is considering engineering, technology/computer science, mathematics and social sciences like cognitive science, a mixture of social sciences and technique sciences ... career, design, technology. She also would like to go to graduate school at some point.

## CTE Students Recognized by Optimist Club

The Optimist Club of Alexandria recognized outstanding cooperative education students from the Career and Technical Education (CTE) department from T.C. Williams High School at their annual COVOTRA luncheon at Belle Haven Country Club on Wednesday, May 27.

**Kirby Ruble** was recognized by Early Childhood Instructor Kimberly Wilson in the Family and Consumer Science department. Kirby will be attending Radford University majoring in speech therapy (emphasis special education). **Shi’Kesha Small** was recognized by instructor Stacey Rue from Cosmetology in the Trade and Industrial Education department. After taking and passing her state licensure exam in a few weeks, Shi’Kesha will continue her work in the Cosmetology field.



Pictured, left to right, are Kirby Ruble, Shi’Kesha Small, Mely Paz-Cruz, and Yeabsera Abreham. Photo provided by Alexandria City Public Schools.

Surgical Technology student **Mely Paz-Cruz** received recognition from instructor Mrs. Laura Evans of the Health and Medical Sciences department as the outstanding student in Surgical Technology at T.C. Williams. Mely will continue on to the clinical phase of Surgical Technology at Inova Alexandria Hospital in the fall. **Yeabsera Abreham** was recognized by his Automotive Technology instructor, Kobe Jackson, in the Trade and Industrial Education department. Yeabsera will continue his education at Northern Virginia Community College studying Automotive Technology.

The students enjoyed a luncheon at Belle Haven Country

CONTINUED ON PAGE 24



# THEOGONY ONLINE RECEIVES FIRST CLASS RATING

The online edition of *Theogony*, the T.C. Williams High School student-managed media organization, was awarded a First Class Honor Rating by the National Scholastic Press Association (NSPA). *Theogony Online* publishes most of the lead articles in the print edition of *Theogony* and a substantial body of unique online content.

The NSPA’s critique awarded *Theogony Online* a score of 3,425 with a mark of distinction in the Coverage and Content category. The NSPA critique noted, “*Theogony* reporters’ well written stories cover a wide range of topics for readers.”

The NSPA judges awarded *Theogony Online* a perfect score for Coverage and Content, saying, “*Theogony* has excellent overall writing and story selection.” The NSPA judges also praised *Theogony Online* for its interaction with



*Theogony* is the T.C. Williams High School student run newspaper in Alexandria, Virginia. Its 2014-15 staff was comprised of the managing directors; Ava Scott, Katie Gallagher, Isabel Jones, Nick Roda, Adin Mengel, Abby Hamilton, and Claire Embrey, and a mixture of talented sophomores, juniors and seniors with an interest in journalism. In addition to the print edition which comes out monthly, the online is updated regularly with unique content. Photo courtesy of *Theogony*.

the community through polls, quizzes and Twitter. The NSPA also praised *Theogony Online*’s coverage of breaking news.

The NSPA judges commended *Theogony Online*’s design. In the Design and Navigation category the NSPA judges said, “Each page looks approachable and

readable. [The pages] aren’t cluttered.”

*Theogony Online* is viewable at [tctheogony.com](http://tctheogony.com). In addition to publishing the print and online edition, T.C. Williams students on the *Theogony* staff host a panel discussion television show, *Theogony On Air*, on ACPS Channel 71.

## FIVE TC STUDENTS TO LEAD THEOGONY IN 2015-2016

*Theogony*’s managing directors for the 2015-2016 school year will be led by rising junior Jack Mackey and rising seniors Laura Glomb, Giulia Pastore, Paula Morales, and Amanda Wilcox. The new management team intends to continue to improve the quality of the online and print editions of *Theogony*.

“Our goal for next year is to be one of the best high school newspapers in the country,” said Morales. *Theogony*’s 2015-2016 leaders have excelled in

the classroom. Glomb, Mackey, Pastore and Wilcox are Honor Roll students and Morales received the Presidential Award of Excellence in 2014. *Theogony*’s new leaders are also student-athletes. Mackey is a member of the T.C. Williams cross-country and track teams. Glomb is a member of the girls varsity soccer team, Wilcox is a member of the swim team, and Pastore swims and rows for the Titans. They also participate in a variety of extracurricular

activities--Morales is the volunteer coordinator for the Latin American Student Society and a member of Best Buddies, Mackey is a member of the debate team, Wilcox is a member of the Superintendent’s Student Leadership Committee, Pastore is the future president of the Key Club and Glomb is an active member of her church youth group.

Mackey and Wilcox will be in their second year on the *Theogony* staff and Morales, Glomb, and Pastore will be in their third year. Mackey said, “We want everyone in Alexandria to think of *Theogony* as the “go to” source for news about TC.” *Theogony* publishes news, features, editorials and other items of interest to the T.C. Williams community in print and online at [tctheogony.com](http://tctheogony.com). *Theogony* also sponsors contests, polls and similar activities. *Theogony*’s staff can be reached at [theogonyeditors@gmail.com](mailto:theogonyeditors@gmail.com).



From left to right: Seniors Giulia Pastore and Laura Glomb, Junior Jack Mackey, and Seniors Paula Morales and Amanda Wilcox. Photo provided by ACPS.

## Z-EVENTS

CONTINUED FROM PAGE 17

7:00 pm  
Athenaeum  
201 Prince Street

Award winning multimedia/instrumentalist artist Tom Teasley will explore sound as manipulated, inspired and created with water. This one-time installation will include prerecorded ambient sound combined with live performance on instruments including Aquasonic, water gong, water bell, water drum, tea pot, milk frother, electronic percussion, flutes, and ancient drums. \$15

### JULY 9

City Concert Series  
7:00 pm  
Market Square  
301 King St.

City Sponsored Concert at Market Square. Performance by the American Accordionist Association. Free

### JULY 11

Movie Night @ Four Mile Run  
5:30 pm - 9:00 pm  
4109 Mt. Vernon Ave.

The Cora Kelly Center is co-sponsoring with

National Community Church its First Annual Family Movie Night at the Conservatory Center on the Plaza. The community participants will enjoy free popcorn, cotton candy, drinks, and a (PG) movie. Participants may bring their own chairs or blankets for seating. Free 703-746-5554

### JULY 11

USA/Alexandria Birthday Celebration  
7:00 pm - 10:00 pm  
Oronoco Bay Park  
100 Madison St.

Program includes awards presentation, food sales, birthday cake distribution, premier concert, and

concludes with fireworks barge shoot. Free

### JULY 11

Dive-In at the Movies  
6:30 pm - 9:30 pm  
Charles Houston Recreation Center  
901 Wythe St.

Join us as we watch some of your favorite movies pool side. The movies are family-friendly, but please use discretion. Movies will start after dusk and will run until 9:30 pm, weather permitting. City of Alexandria residents Only. Bring your school or recreation center ID for entry. Ages 12 and under must be accompanied by an adult. \$5

# CONGRATULATIONS BISHOP IRETON CLASS OF 2015!



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Marymount University ▪ McDaniel College ▪ Medaille College Miami University, Oxford ▪ The University of North Carolina at Chapel Hill ▪ Northeastern University ▪ Northern Virginia Community College ▪ University of Notre Dame ▪ Oberlin College ▪ University of Oklahoma ▪ Old Dominion University ▪ Pace University, New York City ▪ Pennsylvania State University ▪ University of Pittsburgh ▪ Point Park University ▪ Radford University ▪ Regent's University ▪ Roanoke College ▪ Robert Morris University ▪ Saint Francis University ▪ Saint Joseph's University ▪ Saint Mary's College ▪ University of San Diego ▪ Savannah College of Art and Design ▪ University of South Carolina ▪ St. John's University ▪ St. Mary's College of Maryland ▪ Swarthmore College ▪ Texas Christian University ▪ The Peddie School ▪ University of Toronto ▪ Towson University ▪ Villanova University ▪ Virginia Commonwealth University ▪ Virginia Tech ▪ University of Virginia ▪ University of Virginia's College at Wise ▪ Washington Adventist University ▪ Washington College ▪ West Virginia University ▪ College of William and Mary ▪ Xavier University

**OUR COMMUNITY HAS BEEN ENRICHED BY YOU AND YOUR ACCOMPLISHMENTS. CONTINUE TO "ADVANCE ALWAYS" IN THE LOVE OF GOD THROUGH YOUR LEARNING AND SERVICE TO ONE ANOTHER. THE MEMBERS OF YOUR CLASS HAVE BEEN AWARDED \$11 MILLION IN SCHOLARSHIPS! WE ARE VERY PROUD OF YOU!**

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Registration for fall classes online on May 7th  
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# IN THE DIRT



## PERENNIAL GARDENING

BY RAY GREENSTREET

June – and with it, summer – has arrived. In an annual rite marking this seasonal passage, the Perennial Plant Association has named June “Perennial Gardening Month” and in doing so, urges gardeners to celebrate the summer garden by – planting perennials. Moreover, perennial gardening IS something to celebrate.

A perennial (from Latin *per*, meaning “through”, and *annus*, meaning “year”) is a plant that lives for more than two years. *Herbaceous* perennials grow and bloom in the spring and summer, die back every autumn and winter, and then return in the spring from their root-stock. There is also a class of evergreen perennials which keep their leaves throughout the year.

Because most perennials have a defined bloom time that usually lasts for 3-5 weeks, the key to a successful perennial garden is to choose plants that bloom at different times throughout the growing season. Perennials come in every form, size, texture, and flower color. Combine plants with different characteristics, and don't overlook the value of contrasting colors – purple and red or orange may sound crazy but it is an excellent color combination in a summer garden. When designed for continuous bloom, the garden will be ever-changing and lovely, May through November.

Ready to dig into perennial gardening? Let's have some fun, as even the names of these plants are something to smile about.

Start at the ground level with dependable growers that just about any color thumb can successfully grow. If you only plant these plants, you'll have a season of perennial blooms: Shasta Daisy; Coreopsis; Sedum 'Autumn Joy'; Nepeta; Dianthus ('Fire Witch' is a staple); Salvia (especially 'Caradonna' and 'May Night');



Coreopsis 'Jethro Tull' is a sturdy and dependable bloomer. Photos by Greenstreet Gardens.



So many varieties of Echinacea to choose from - and they are great pollinator plants too!



Holy Guacamole! So many hostas to choose from, you can go crazy choosing a mere dozen.

and daylilies 'Stella d' Oro' and 'Happy Returns.'

Ready to take it to the next level? Dig deeper and experiment with bold foliage and flower colors. Crocosmia 'Lucifer' makes a statement with its carmine red flowers and spiky foliage. Soften the garden with gray foliage



Grow your daylily collection with ruffled varieties!

and blue flowers of Russian Sage. Journey into the land of Echinacea, from rose pink 'Magnus' to 'Sombrero Salsa Red' to orange 'Big Kahuna' to the limelight of 'Green Jewel. Grow your daylily collection with the ruffled Siloam 'Double Classic.' And don't forget Geum, especially the giant 'Totally Tangerine'

and the aptly named 'Double Bloody Mary.'

Are you hooked? Now you'll be hard-pressed to pass up a perennial you've never seen before, a new variety that is as much fun to pronounce as it is to grow. Like Echinops, a cross between Rubus and Echinacea. Got to have it just to say it. Or Verbena bonariensis. Good luck pronouncing it, but it is one cool plant. And Euphorbia. 'Tiny Tim' and 'Ascot Rainbow' look almost prehistoric. Then there's Echinops. Say that fast after a glass or two of wine.

All of the fore-mentioned plants are sun lovers. If you garden in the shade, don't despair. You can easily garden with perennials that grow where the sun doesn't shine.

Start with Astilbe, Ferns, Foxglove, and Bleeding Heart. Thalictrum 'Black Stockings' is a tall drink of water at five feet. Or Ligularia desdemona. Epimedium 'Orange Queen'. These names just roll off the tongue.

And then there are the three "H's" of shade gardening – Hellebore, Heuchera, and Hostas. 'Holy Guacamole!' – don't get perennial plant geeks going on hostas. From tiny 'Blue Mouse Ears,' 'Slim and Trim,' and 'Cookie Crumb' to the bigger bolder 'Striptease,' 'Albiqua's Drinking Gourd' and 'Big Daddy.' You can grow a hosta garden and never run out of new hostas to include. Did I mention 'Maui Buttercup' or 'Thunderbolt' or 'Rainbow's End'? The list is endless.

# SERVICE DIRECTORY

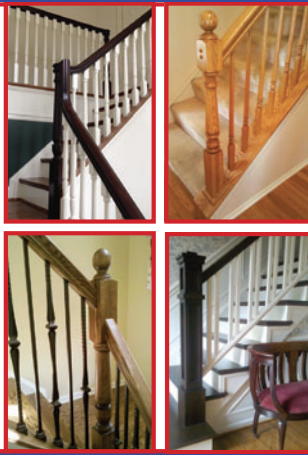
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# OUR "SHIP OF STATE"

BY MARCUS FISK

On the evening of Tuesday 19 May 2015 Commander Sean D. Kearns, Commanding Officer of USS CONSTITUTION, did something that few Commanding Officers ever experience – he gave up command of his ship – but only for a matter of hours – and not because he did

something wrong. He did it because he had to.

Section 8 of Navy Regulations stipulates that when a commissioned Navy vessel is entering the dry dock, the Commanding Officer must relinquish command of his or her ship to the dry dock supervisor until the dry dock is drained and the ship secure on its keel blocks.

Until that evening though, USS CONSTITUTION held the title of the oldest warship in the world – afloat. When she is re-floated after her extensive overhaul in 2018, she will regain that title.

When President Washington asked Congress to build our fledgling Navy in the 1790s, Congress funded CONSTITUTION, UNITED STATES, PRESIDENT, CONGRESS, CHESAPEAKE, and CONSTELLATION (at Inner Harbor, Baltimore). Congress also appointed Joshua Humphreys as Master Constructor. Humphreys was instructed that true to good old American political form, the construction was to be shared between shipyards in Boston, Philadelphia, New York, Portsmouth (NH), Baltimore, and Gosport (Norfolk, VA). Humphreys then sent Master Shipbuilder John Morgan on a long reconnaissance journey through the Southeast to find the appropriate type and shape of trees that would be used in the hulls of the frigates. Morgan found pine, white oak, and an unusually strong and resilient wood, southern live oak, that he and his men cut, prepped and transported to the various shipyards.

Today, the wood for hull and deck planks to be replaced during the 21<sup>st</sup> century overhaul has been scouted and collected from the woods in Indiana.

Despite stops to the shipbuilding due to the ebb-and-flow of international crises, the fleet of six ships reached a total of \$1,288,888.66 when the class of ships were finished. Today's projections for CONSTITUTION's overhaul is between \$15 and \$18 Million.

Now before those of you, dear readers, who are opposed to: 1) any engine of war being funded for any reason; 2) any increases in spending – especially if it is for a "Government Program;" or 3) any program *whatsoever* when there are other pressing things to spend money on; I urge you to think about an couple of thoughts.

The CONSTITUTION overhaul is really petty cash when you consider that Congress approved and the Defense Department is writing checks to contractors of upwards of \$337 Million a piece for the new F-35 Joint Strike Fighter. What's more, our buddies on the "Hill" may hate war, despise killing, and vote against boots



CDR Sean Kearns and CDR Matthew Bonner Commanding Officers of CONSTITUTION salute during their change-of-command ceremony. Courtesy photo.



CONSTITUTION running ahead of British Squadron off New Jersey - July 1814. Courtesy image

on the ground in Iraq, but they sure do like that influx of defense \$\$\$ coming into their hometown districts for our new toys. Maybe that's why after much 'analysis' Congress funded upwards of \$398.6 *Billion* for a fleet of F-35s for all the services. It's funny but back 200 years ago all it took was one frigate, USS CONSTITUTION, to completely frustrate the world's largest and most powerful Navy – the Royal Navy of Great Britain.

On the evening of 16 July 1814 the British squadron of the fighting ships AFRICA, GUERRIERE, SHANNON, BELVIDERA, and AEOLUS came into view of USS CONSTITUTION off the coast of New Jersey. CONSTITUTION under the command of Captain Isaac Hull was confounded by being totally becalmed. A sailing ship with no wind and with five of the world's most formidable ships on your tail is a rotten place to be. Fortunately, Hull's First Lieutenant, Charles Morris of Woodstock, Connecticut, was a veteran sailor and was one helluva risk taker, having made a name for himself as one of a tough bunch of guys with Stephen Decatur who really chewed-up the Barbary Pirates and spit them out a decade earlier in the Mediterranean. Now, with the Brits nipping at their tail, young Lieutenant Morris recommended to Captain Hull that they put the crew in small boats, drop their kedge anchors in the boats, row them way out and dropped them in the water, then have the boys haul in on the anchors, kinda like a rope and pulley system – maybe they could outrun the Brits. Wet down the sails, Morris added, and that would also help catch whatever breath of wind they could snatch.

Hmmmmmm. Hull probably thought, "This kid from Connecticut's got Chutzpah. Sure, why not. Make it happen Morris."

The British lobbed an occasional shell at

CONSTITUTION but after hundreds of miles and some 60 hours of stroking later, CONSTITUTION and her Merry Men, outran the British ships, caught a wind and escaped to fight another day.

Not only did CONSTITUTION skunk the Brits that sultry summer day, but just a month later on 19 August 1814 GUERRIERE sighted an American ship off Halifax, Nova Scotia, and fired a shot at her. When they got close GUERRIERE realized it was CONSTITUTION and because they were still miffed at being made chumps, really started putting it to her. When their canon balls started bouncing off CONSTITUTION's southern live oak planks, a collective "Uh-ohh" could be heard from GUERRIERE's decks. CONSTITUTION's crew started shouting, "Huzzah!! Her sides are made of iron!" Yep, you guessed it – "Old Ironsides" was born.

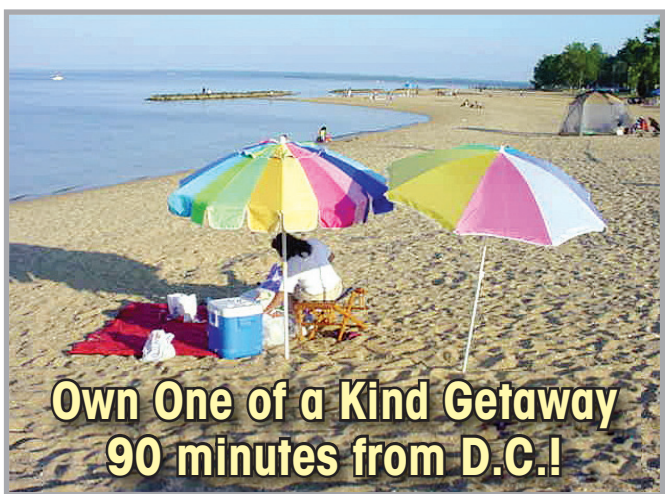
Today, CONSTITUTION is used for educational purposes. One of the most noteworthy events she participates in is when she plays home to the Navy's newest initiated Chief Petty Officers. Each year the newest "Chiefs" spend a week onboard, living as they did back in Captain Hull's day, learning and experiencing the history, traditions, and the lore of the Navy.

CONSTITUTION may be high and dry for a few years until she's back in service again, full time as the world's oldest warship afloat – but she is still the "Ship of State" of the United States.

And she deserves every single penny to help her keep performing that duty.

*Marcus Fisk is a retired Navy Captain, Naval Academy graduate, sometime actor, sculptor, pick-up soccer player, playwright. He and his wife Pamela are former resident of Alexandria and currently live in Connecticut where the own a B&B.*

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- ◆ Accepted by more than 170 colleges and universities.
- ◆ More than one-third of the class was offered college scholarships or merit aid.
- ◆ 90% of the class was enrolled in at least one of our 23 Advanced Placement courses.
- ◆ Led our Upper Level Latin certamen team to a state championship and the varsity Mathletes to a first-place season finish.
- ◆ Prepared 12,000 sandwiches for Martha's Table; collected 1,100 food items and spent over 100 hours working at local food banks. Led clothing and supply drives for local people in need and our partner school in Haiti. Volunteered thousands of hours with local non-profits. Participated in international causes in Romania and Haiti and helped raise money to make nearly a dozen micro-loans in six developing countries.
- ◆ Performed in the Virginia District X Festivals for band, chorus, jazz, and solo and ensemble; invited to sing Evensong at the National Cathedral.
- ◆ Won six Gold Keys, one Silver Key, and one Honorable Mention in the National Scholastic Art Awards, for photography, painting, art portfolios, ceramic creations, and comics. Won the Artistic Discovery Congressional Art Competition, including the exhibition of the winning artwork in the U.S. Capitol for one year.
- ◆ Nominated for Cappies awards for Shakespeare's "Richard III" in four categories: creativity, lead actor, sets, and sound. Performed in all of our drama and musical productions, Evening of the Arts, and Multicultural Night. Directed the One-Act Plays and performed in the pit orchestra all four years.
- ◆ Twenty to play collegiate athletics next year, representing eight sports. Led the boys basketball team to the IAC season championship and the field hockey and girls lacrosse teams to ISL season and tournament championships.
- ◆ Participated in VISAA state tournaments and championship meets in boys basketball, cross country, field hockey, boys and girls lacrosse, swimming & diving, track & field, and wrestling.

### COLLEGES AND UNIVERSITIES ENTERED BY THE CLASS OF 2015

Albright College ◆ Amherst College ◆ Arizona State University ◆ Auburn University ◆ Bates College ◆ Boston College ◆ Brown University ◆ University of California at Berkeley ◆ University of California at Los Angeles ◆ University of California at San Diego ◆ University of California at Santa Cruz ◆ Christopher Newport University ◆ Claremont McKenna College ◆ Coastal Carolina University ◆ Colgate University ◆ Colorado College ◆ University of Colorado at Boulder ◆ University of Connecticut ◆ University of Denver ◆ Duke University ◆ Elon University ◆ Ferrum College ◆ George Washington University ◆ George Mason University ◆ Georgetown University ◆ Hamilton College ◆ Hampton University ◆ Harvard College ◆ Iowa Western Community College ◆ James Madison University ◆ Kenyon College ◆ Lafayette College ◆ University of Maryland at College Park ◆ University of Miami-Florida ◆ University of Michigan ◆ Middlebury College ◆ Morehouse College ◆ University of New Hampshire ◆ Northwestern University ◆ Randolph-Macon College ◆ San Diego State University ◆ University of San Francisco ◆ University of Southern California ◆ University of South Carolina ◆ Southern Methodist University ◆ St. Andrews-Scotland ◆ St. John's University-New York ◆ Stanford University ◆ University of Texas at Austin ◆ University of Toronto ◆ Tufts University ◆ Tulane University ◆ United States Military Academy ◆ Villanova University ◆ University of Virginia ◆ Virginia Military Institute ◆ Virginia State University ◆ Virginia Tech ◆ Wake Forest University ◆ Washington & Jefferson College ◆ Washington & Lee University ◆ Wheaton College-Illinois ◆ College of William & Mary

# DASH

CONTINUED FROM PAGE 6

it. At the Del Ray Art on the Avenue event, the Celebration DASH Bus was positioned in the Del Ray Variety Store parking lot, and hundreds of children and adults alike, came by to leave their handprint on the bus. The Celebration DASH Bus has since traveled around Alexandria and has been seen at transit fairs, community and school outreach,

and education programs. DASH received media attention in a majority of the local newspapers, including The Washington Post, and a variety of City newsletters. The project was such a success, ATC plans to participate in Del Ray Art on the Avenue again this year with another retiring DASH bus.

To view the DASH 30th Anniversary video, visit [www.dashbus.com/Anniversary](http://www.dashbus.com/Anniversary).

## DOING BUSINESS WITH THE GOVERNMENT

BY MICHAEL SADE



Are you looking to begin doing business or expanding your business base with government?

I have worked in the federal government procurement arena for over thirty years. I have met with many companies over the years seeking a federal contract. What I hope to accomplish with this column is to introduce some initial advice for enterprises or individuals seeking business with the government.

Here are three initial steps I would recommend:

- Draft a statement of work. What service or product can you provide to the government? What outcome will the government achieve by using your services or product?
- Do your homework. What agencies need what you are selling or providing? Identify what advantages you provide over your competition and how those benefits help the government. How will the potential customer benefit from what you provide?

- Identify the potential opportunities. How and where do you find opportunities?
- Meet the right people. Who are the "right" people to meet? Who can help you get an appointment? Who can help you develop the right marketing strategy?

The government marketplace can be challenging to navigate but with a minimal investment of resources the rewards can be great for your company. There are many resources available to assist small businesses expand their market into the government. To get started, I recommend visiting the Small Business Administration's website: <https://www.sba.gov/content/federal-contracting-resources-small-businesses>.

I welcome feedback and questions on additional topics on doing business with the government you would like the Zebra to address.

*If you have questions, please contact [editor@thezebrapress](mailto:editor@thezebrapress) and they will be forwarded to me.*

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## SCHOOL BRIEFS

CONTINUED FROM PAGE 18

Club with their teachers, family members, ACPS Career and Technical Education (CTE) Coordinator Sherri Chapman and Optimist Club members. Optimist Club President Carolyn Miller presented each student with a framed Optimist Creed and a monetary award.

The COVOTRA program started in the late 1970s/early 1980s by Floyd Mason, former T.C. Williams Industrial Cooperative Training (ICT) program coordinator. He proposed that the outstanding students in the various cooperative education programs be recognized by the club in cooperation with their immediate supervisors on the job and the CTE cooperative coordinators from the high school. Two other former T.C. Williams ICT coordinators, Fred Gunn and Wilbur Harris, also Optimist Club members, joined and supported the effort.

### St. Stephen's and St. Agnes Received Five Cappies Nominations

Held June 7 at The Kennedy Center, the sixteenth annual Cappies Gala included five nominations for The St. Stephen's & St. Agnes Upper School Stage One Players for the fall production of Shakespeare's Richard III. Nominations included Creativity: Mey McLean '15 and Iona McLean '15 for music composition and performance; Lead



Celebrated at The Kennedy Center, the fall production of Richard III garnered five nominations for SSSAS. Courtesy photo.

Actor in a Play: Alexander Collins '15; Lighting: Eric Karsten '16 and Nolan Thompson '16; Sets: Nicki Gray '16, Eric Karsten '16, Ellen Stevens '15 and Sound: Khalil Hoque '15, Ian Lloyd '15, Dokken Shapero '16, Katie Henshaw '16.

Additionally, Bobbie Benjamin '17, Katie Connor '16, Nicki Gray '16, Emma Somer '17, and Ellen Stevens '15 were all published in various news outlets throughout the year for the reviews they wrote of other high school's plays and musicals as critics for the Cappies.

The Cappies, "Critics and Awards Program," is a program through which high school theatre and journalism students are trained as critics, attend shows at other schools, write reviews, and publish those reviews in local newspapers like *The Washington Post*. At the end of the year, the student critics vote for awards that are presented at a formal Cappies Gala.

### SSSAS "Mathletes" Add Up To #1

For students who have a passion for math, St. Stephen's & St. Agnes School offers many challenging opportunities in and outside the classroom. One opportunity is to compete in various competitions throughout the year, such as the Junior Mathematics League (JML) and the Virginia Math League.

This school year, the SSSAS team of ninth and tenth grade Honors Geometry, Honors Algebra 2/Trigonometry, and Advanced Geometry students won the Independent School Division (Fibonacci Division) of the JML, sponsored by the Northern Virginia Council of Teachers

CONTINUED ON PAGE 25

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# SCHOOL BRIEFS

CONTINUED FROM PAGE 24



Students placing in the Junior Math League competition: First Place - Tie: (pictured left to right) Elliot Karsten '18, Jack Dewhurst '18, and Francesca Ciavarella '17. Courtesy photo.

of Mathematics. The team competed in six contests over the course of the year and finished in first place.

Students placing in the 2014-2015 Junior Math League competition are: First Place - Tie: Francesca Ciavarella '17, Jack Dewhurst '18, and Elliot Karsten '18.

In 2014, 2012, 2011, 2009, and 2008, SSSAS Upper School JML teams came in first place in their division and finished second in 2010 and 2013.

In addition, the Varsity Division (a team of Advanced Precalculus and AP Calculus students) finished first in the Alexandria and Arlington Division of the Virginia Math League. The students participated in six contests over the course of the school year.

Students placing in the 2014-2015 Alexandria and Arlington Division of the Virginia Math League competition are: First Place - Eric Karsten '16 and Second Place - Tie: Marshall Benjamin '15 and Khalil Hoque '15.

In 2014, 2013 and 2009, the SSSAS team of Advanced Precalculus and AP Calculus finished first in the Alexandria and Arlington division of the Virginia Math League.

## SSSAS Latin Team Wins State Championship

St. Stephen's & St. Agnes School defeated Flint Hill and Thomas Jefferson High School for Science and Technology in the finals of the Virginia Senior Classical League state championship certamen on April 25. The winning team consisted of Ann Bailey '16, Drew Butler '15, Will Siegmund '15, and Zach Tilch '15. In addition, the Level 3 Team with JP Wilusz '17 finished in fourth place.



State certamen champs: Ann Bailey '16, Drew Butler '15, Will Siegmund '15, and Zach Tilch '15. Courtesy photo.

A certamen is a quiz-bowl-like contest with teams of three or four buzzing in when they know the answer to a question. Questions cover Latin grammar and language, literature, mythology, and Roman culture and history. Students often pick one or two of these categories in which they become experts, since the amount of material is too vast for any one student.

## Valedictorian and Salutatorian Deliver Speeches at T.C. Williams

Ben Thomas, named valedictorian and Barbara Peisch named salutatorian

Twenty-one student-athletes from the St. Stephen's & St. Agnes School Class of 2015 will continue with their sports at college or university next year. The following Saints will play on NCAA Division I and III teams, representing eight sports:

**Jessica Alexis** - Lacrosse - Bates College; **Miguel Arrate** - Soccer - Virginia Military Institute;

**Abigail Bailey** - Lacrosse - Brown University; **Stephon Burton** - Lacrosse - Washington & Jefferson College (not pictured);

**Nina Cotto** - Swimming - Lafayette College; **Isaiah Davis** - Football - University of Maryland-College Park;

**Charlotte Fix** - Lacrosse - Virginia Tech; **Colin Goss** - Basketball and Baseball - George Washington University; **Haley Henriksen** - Lacrosse - Amherst College;

**Ashley Jones** - Lacrosse - University of California at Berkeley; **James MacNair** - Lacrosse - Albright College; **Elizabeth Majure** - Lacrosse - Duke University;

**Morgan Maves** - Track & Field - Lafayette College; **Luke Peterson** - Lacrosse - Middlebury College;

**Ish Seisay** - Football - Iowa Western Community College; **Michon Sobers** - Football - United States Military Academy; **Kendall Swenson** - Lacrosse - University of California at Berkeley;

**Derek Thomas** - Soccer - Ferrum College; **Carter Tyree** - Baseball - Randolph-Macon College; **Hedy Veith** - Lacrosse - Tufts University and **Andrew Wiseman** - Lacrosse - Colorado College. Photo courtesy of SSSAS.



# JUNE PUZZLERS

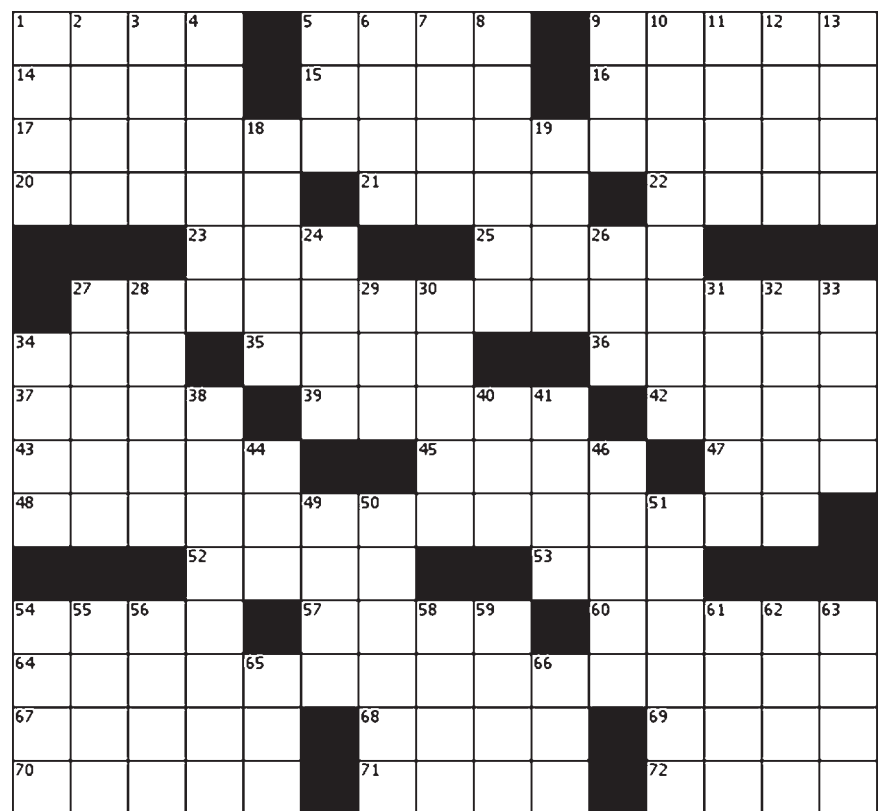
ANSWERS ON PAGE 26

## ACROSS

1. Genie's domicile
5. Squad car
9. People with their pants on fire?
14. Pastiche
15. Badgered
16. TV puppet
17. Far out
20. Pamplona pal
21. Pueblo crock pot
22. Like some automobiles
23. Card game
25. Legal tender
27. Far out
34. Sherlock's Blue Carbuncle, for one
35. Leave on the grill too long
36. Golfer with an "army"
37. Like fine wines
39. Preferred invitees
42. Wistful thinking?
43. Overpowering terror
45. Go to the mall
47. Barnum and 109, e.g.
48. Far out
52. General Bradley
53. Where one might find three men in a tub
54. Tyler novel, "If Morning \_\_\_ Comes"
57. Bygone big birds
60. Posed a question
64. Far out
67. Sorceress of Colchis
68. Boat's bow
69. Like some proportions
70. Judge's decision, perhaps
71. Planted
72. Slippery site

## DOWN

1. City in Ecuador
2. Astringent
3. "La Boheme" role
4. Child's toy
5. Mantel piece



6. NASA scratch
7. Golden calf, e.g.
8. Slippery surface
9. Sided antecedent
10. Not what it appears to be
11. Despondent comment
12. Dish sometimes made in a minute
13. It's for the birds
18. Architectural order
19. Diller's spouse, affectionately
24. Plant safety grp.
26. Emissions tester, briefly
27. Animal lover of sorts?
28. Square things?
29. Holbrook of "The Firm"
30. Like Yeats
31. All thumbs
32. Last inning, typically
33. A Durbeyfield
34. Open-mouthed stare
38. Chaos
40. "\_\_\_ Believes in Me"
41. Little piggies?
44. Internet address ending, typically
46. Southern fruit tree
49. Fortune partner
50. Military men
51. Serving of bacon
54. Thompson in "Dead Again"
55. Vista
56. Scandinavian literary collection
58. Hendrix hairstyle
59. Chilly powder?
61. De Gaulle's one-time hat
62. Thomas Moore's homeland
63. Flatten
65. Terhune title character
66. Possess

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CONTINUED ON PAGE 26

If necessity is indeed the mother of invention, few can match the birth and subsequent success of Empowered Women International, EWI, founded 13 years ago in the heart of Alexandria by Marga Fripp. Immigrating to America from Romania to access life-saving medical treatment for her son – knowing not a word of English – Fripp has dedicated her life to “paying it forward,” so that other women in challenging dire circumstances can gain the opportunity to achieve the American dream. It is for the creation of EWI that Fripp has been named a Living Legend of Alexandria.

Fripp comes by her credo of “high expectations; no excuses” naturally. Raised in a family of modest means in Galati, Romania, she attended that country’s Open University. (Shortly after immigrating to America, Marga obtained degrees from Montgomery College and the University of Maryland.) At a young age, she became a leader in Romania’s freedom movement, speaking truth to power in her role as a fearless broadcast and print journalist, at no small risk to her freedom.

Since its founding in 2001, EWI has made an extensive range of services and support available to immigrants, low-income women, and women of color. Over 3,500 women have benefited from EWI’s focus on personal empowerment. While the curriculum emphasizes entrepreneurship and business education, no aspect of a student’s life goes unattended.

Fripp, EWI’s founding president and “chief visionary,” has worked tirelessly to assemble a network of attorneys, social workers, lenders, and others to address the personal and family issues facing EWI’s students. Thirteen years of experience has demonstrated that to become a successful businesswoman; one needs to have one’s life in focus to develop the confidence that is crucial to business and personal empowerment. EWI’s programs are continually evaluated, adjusted and expanded, to ensure that students receive the most up-to-date preparation for entrepreneurship in a technologically changing economy. EWI’s intensive three-month Entrepreneurship Training for Success has been supplemented with the individualized, six-month “Grow My Business” course. Most recently, the



Chief Visionary” Marga Fripp has assembled a network of attorneys, social workers, lenders and others to address the issues facing Empowered Women International’s students. Photo by Steven Halperson/Tisara Photo.

## LIVING LEGEND Marga Fripp

Alumni Entrepreneurship Service provides more long-term mentoring and advanced training.

The Alexandria connection remains dear to the hearts of Fripp and her staff. Many of EWI’s most successful businesses are located in Alexandria, and the headquarters on Henry Street remains the hub of the organization. The city’s vibrant arts scene was an excellent match from EWI’s earliest days with its students’ creative spirit. Many of the businesses launched through EWI’s programs are in the performing and graphic arts.

Fripp has been the recipient of awards from the Alexandria Commission for Women; Alexandria Commission for the Arts; and many other organizations throughout the region. She has served on the board of directors of Gender Action and other non-profits and travels worldwide to spread the gospel of women’s empowerment through entrepreneurship.

Fripp and her EWI team have successfully solicited the support – both financial and in-kind – of businesses; schools and colleges; churches and government agencies throughout Northern Virginia and the Washington metropolitan area, matching those resources with students and alumnae to provide group and one-on-one mentoring. This has enabled EWI to

provide scholarship assistance so that no student is denied access for financial reasons. Moreover, to ensure long-term commitment, EWI asks its students to pay it forward by teaching and mentoring new generations of students, thus forming a lifelong sorority of support and collaboration.

EWI has also established partnerships with socially conscious lending leaders, including Kiva and Life Asset, to provide critical micro financing for its start-ups. This aspect of Fripp’s vision is an excellent match with that of her husband, Jesse Fripp, a prominent figure in the world of international development and a strong supporter of women’s empowerment. Marga and Jesse have two children: Geanina, a college student in Tennessee, and Arthur, who attends high school locally.

This ever-growing network has enabled EWI to open new offices throughout the region while maintaining its headquarters in Alexandria. Fripp’s credo of “onward and upward” accepts no excuses for a student’s difficulties. Instead, EWI does whatever it takes to provide that person with the support and tools necessary to succeed.

Fripp has spread the word on behalf of this “can do” spirit in nationwide and international speaking appearances; through TED talks and other on-line avenues; and on Northern Virginia-based radio and television. Walk through Alexandria’s Old Town and Del Ray neighborhoods and one is hard-pressed to encounter a merchant or veteran resident who does not know her. Indeed, she was instrumental in encouraging Nina Tisara, founder of Living Legends of Alexandria, to apply for its nonprofit status in an early EWI class!

Alexandria is fortunate to be the home of the organization – indeed, the movement – nurtured by Marga Fripp.

**Living Legends: The 2015 Project:** *Living Legends of Alexandria is an ongoing 501(c)(3) photo-documentary project to identify, honor and chronicle the people making current history in Alexandria. The project was conceived in 2006 to create an enduring artistic record of the people whose vision and dedication make a positive, tangible difference to the quality of life in Alexandria. This is one of a series of profiles that will appear this year. For information, to volunteer, donate or nominate a future Legend, visit [www.AlexandriaLegends.org](http://www.AlexandriaLegends.org).*

## SCHOOL BRIEFS

CONTINUED FROM PAGE 25

of T.C. Williams High School Class of 2015 both spoke at the T.C. Williams graduation ceremonies on Monday, June 15.

“We have so many wonderful and talented scholars at this school. These are two of the brightest. We congratulate them on their achievements and wish them and everyone all the best for their futures,” said T.C. Williams Principal Suzanne Maxey.

Thomas, the captain of both cross-country and track and field team for his senior year at T.C. Williams, Alexandria City champion two years in a row and a member of the National Honor Society and German Honor Society, will be an Echols Scholar at the University of Virginia in the fall.

“I’ve had the privilege of running with some ridiculously fast people who led us to two state championships and whom I expect to see in the Olympics soon. I want to thank my amazing teachers at T.C. Williams. Without their guidance and support, I could never have been so successful,” Thomas said.

Peisch, a singer, earned a Critics and Awards program (Cappie) nomination for her work in theater. The award is presented to those recognized for quality performances in high school theater. Peisch was honored for Comic Actress in a Musical for her portrayal of Addaperle in “The Wiz.” She was also the president of the French Honor Society during her senior year at T.C. Williams. She will attend Pomona College in Claremont, Calif., next year.

“I loved studying Dutch Baroque painting in AP Art history and enjoyed the heated discussions in AP Language. I want to go on to explore different subjects in college to find something that I am truly passionate about,” said Peisch.

In her spare time at T.C. Williams, she drew cartoons for the student *Theogony* magazine and directed the All People Share (APSAT) for which she collected used review books and organized them in a library in the College and Career Center so that students could rent them out to prepare for the SAT, ACT and AP exams.

Outstanding Student awards went to Markell Bonds and Brianna Smith

## JUNE ANSWERS

PUZZLES ON PAGE 25

### CROSSWORD

L	A	M	P		U	N	I	T		L	I	A	R	S
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A	W	A	R	D		S	O	W	N		R	I	N	Y

### STRANGE FACTS

- Saturday mail delivery in Canada was eliminated by Canada Post on February 1, 1969!
- In Tokyo, a bicycle is faster than a car for most trips of less than 50 minutes!
- There are 18 different animal shapes in the Animal Crackers cookie zoo!
- Should there be a crash, Prince Charles and Prince William never travel on the same airplane as a precaution!
- Your body is creating and killing 15 million red blood cells per second!

- The king of hearts is the only king without a moustache on a standard playing card!
- There are no clocks in Las Vegas gambling casinos!
- There is one slot machine in Las Vegas for every eight inhabitants!
- The Mona Lisa has no eyebrows. It was the fashion in Renaissance Florence to shave them off!
- Every day 20 banks are robbed. The average take is \$2,500!
- The most popular first name in the world is Muhammad!

- Tablecloths were originally meant to be served as towels with which dinner guests could wipe their hands and faces after eating!
- Tourists visiting Iceland should know that tipping at a restaurant is considered an insult!
- One car out of every 230 made was stolen last year!
- The names of Popeye’s four nephews are Pipeye, Peepeye, Pupeye, and Poopeye!
- Almost half the newspapers in the world are published in the United States and Canada!

# WHOLE DOGZ – FIDO’S HOME AWAY FROM HOME (WHEN YOU’RE NOT HOME)

BY KRIS GILBERTSON

Choosing a dogsitter can be a real challenge when you travel or when long hours at work keep your pup at home, alone and bored. Whole Dogz may be the answer. It’s a doggie daycare and boarding kennel you’ll find tucked into a cluster of industrial buildings on Eisenhower Avenue.

A warehouse may not seem ideal for pet care, but owners Mary Kenkel and John Weisner and full-time, on-site manager Patrick Kenkel (Mary’s son) found the open space well suited to meet multi-dog needs. “We wanted to be in Alexandria,” says Patrick, “and due to zoning, most doggie daycares are in industrial areas.” And this building has plenty of room for lots of dogs, inside and out, and can accommodate the staff of 14.

## What is Whole Dogz like?

Stepping through the front door, you’re likely met by Halle Berry, miniature poodle and official greeter. The air is filled with sounds of happy dogs at play. (Noise carries in the cavernous space.) A flat screen behind the desk runs streaming video of three huge enclosures (“playpens”) and an outdoor area where doggie day campers and boarders spend hours frolicking together. The playpens are rated for small, medium, and large dogs. The yard encompasses lawn, a rubberized patio, and a composite deck. Each playpen group goes outdoors for half an hour four times daily.

Upstairs 64 individual suites of varying sizes accommodate various sized dogs, and sometimes more than one dog so that family members can sleep together. Some suites even have windows. “(The suites) were designed from an interest in having the dogs in a place we would want *our* dogs to be in,” says Mary Kenkel. “We didn’t want crates, didn’t want cages; we wanted something much more homelike.”

Charts listing information including food, toys, bedding, idiosyncrasies and instructions are printed daily for every boarder and posted on suite doors. Whole Dogz will provide bedding or owners may bring it. Bedding from home with familiar scents often makes a dog more comfortable.



Del Ray resident Kate Hoops, with baby Cecilia and son Simon, as Patrick Kenkel checks Roxie into Whole Dogz. Halle Berry looks on at right. Photo by Kris Gilbertson.

Staff members heat or refrigerate individual menus as needed in two kitchens. The ventilation system is equipped with ionic filters and only organic and natural cleaning products are used because traditional cleaners (like bleach) can be harmful to some dogs.

## A Day (and Night) at Whole Dogz

Unlike child care, Whole Dogz has no set hours for drop off and pick up. The full daycare package runs from 7:00 am to 7:00 pm, but there are 3-hour and 6-hour

time slots for daycare as well.

Each dog must have current vaccination records, be taking anti-flea/tick medication, and pass a sociability test to ensure that this pup gets along with others. Dogs are evaluated by size and temperament. A large but shy dog, for example, or one who just doesn’t like to be with big dogs, might spend the day with the medium or small dogs.

Boarders check in by 3:00 pm so they have time to get tired before bed, says Patrick. They eat dinner in their suite at 7:00 pm, go outside once more around 8:00 pm, and then to bed. “Dogs that just absolutely cannot be alone in a suite may end up sleeping with the manager,” says Mary Kenkel. Four, five, even six dogs sometimes bunk with Patrick.

Although Whole Dogz stresses organic foods, if owners bring food, it is used. “But we may recommend a change,” says Mary. Owners should be aware that, if fleas are detected, their dog will get a natural flea bath at their expense for the protection of all the dogs.

## In emergency

On the rare occasion of a dog bite or sudden illness, Whole Dogz staff will notify the owners and get any veterinary or medical attention needed. When a dog bites a person or another dog, animal control must be notified to confirm that the animal(s) involved have current vaccinations. Whole Dogz uses VCA Animal Hospital on Duke Street if necessary.

**Patrick Kenkel** graduated from UC-Santa Cruz in Environmental Studies. He managed Wag More Dogs in Shirlington for three years before opening Whole Dogz.

**Mary Kenkel’s** “other” job is lobbying for Empire District, a utility servicing the lower Midwest and South. **John Weisner** commutes to ConocoPhillips in Houston each week.

**Halle Berry**, a miniature poodle, was born in California and moved east with Patrick to become Whole Dogz’ official greeter.

www.wholedogz.com  
info@wholedogz.com  
703-751-DOGZ (3649)  
4748 Eisenhower Avenue Alexandria, Virginia 22304

The **Whole Dogz Lick n’ Ride Van** will pick up and deliver at Metro and through parts of greater Alexandria. Check the website for more information.

CONTINUED ON PAGE 30



## ALEXANDRIA ACES BASEBALL IS A ‘HOME RUN’!

The Alexandria Aces are set to play our eighth season at Frank Mann Field, this summer, and we want you to be a part of the action! Some of our nation’s top collegiate baseball players will be coming to play for the Aces to try to catch the eye of a major league scout, but, more than ever, and we really need you to help cheer them on to victory! We are ‘all-in’ for Alexandria in 2015, and we know you are, too!



Photo by Mark Briscoe

## Alexandria Aces 2015 Home Schedule

**2015 HOME OPENER** - Gaithersburg Giants @ Alexandria Aces – Thursday, June 4, 7:00 pm

D.C. Grays @ Alexandria Aces – Friday, June 5, 7:00 pm

Vienna River Dogs @ Alexandria Aces – Saturday, June 6, 7:00 pm

Baltimore Redbirds @ Alexandria Aces – Wednesday, June 10, 7:00 pm

Baltimore Dodgers @ Alexandria Aces – Saturday, June 13, 7:00 pm

Bethesda Big Train @ Alexandria Aces – Thursday, June 18, 7:00 pm

Rockville Express @ Alexandria Aces – Friday, June 19, 7:00 pm

Silver Spring-Takoma Thunderbolts @ Alexandria Aces – Sunday, June 21, 7:00 pm

Herndon Braves @ Alexandria Aces – Monday, June 22, 7:00 pm

D.C. Grays @ Alexandria Aces – Friday, June 26, 7:00 pm

Gaithersburg Giants @ Alexandria Aces – Saturday, June 27, 7:00 pm

Rockville Express @ Alexandria Aces – Monday, June 29, 7:00 pm

Baltimore Redbirds @ Alexandria Aces – Wednesday, July 1, 7:00 pm

Herndon Braves @ Alexandria Aces – Friday, July 3, 7:00 pm

Bethesda Big Train @ Alexandria Aces – Thursday, July 9, 7:00 pm

Silver Spring-Takoma Thunderbolts @ Alexandria Aces – Sunday, July 12, 7:00 pm

Vienna River Dogs @ Alexandria Aces – Thursday, July 16, 7:00 pm

Baltimore Dodgers @ Alexandria Aces – Sunday, July 19, 7:00 pm

Vienna River Dogs @ Alexandria Aces – Wednesday, July 22, 7:00 pm

D.C. Grays @ Alexandria Aces – Thursday, July 23, 7:00 pm

**\$5.00 for adults, \$3.00 for children, in the City of Alexandria, is very affordable fun family entertainment!**

Since our inaugural season in 2008, the Alexandria Aces have been a 501(c)(3) not-for-profit corporation that is firmly dedicated to enriching the experience of youth baseball in the City of Alexandria, Arlington County, Fairfax County, and surrounding jurisdictions.

For more information on the Aces, please go to our official website at [www.alexandriaces.org](http://www.alexandriaces.org).





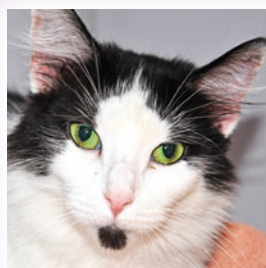
A Cat Welfare Organization

# King Street Cats

A 501(c)(3) nonprofit organization

King Street Cats is proud to be the only all-volunteer, cat-exclusive, no-kill rescue facility in Alexandria, Va. Because we are a free-roaming facility, you can come visit with the "cat-friendliest cats" in town.

To meet a King Street Cat, please email [contact@kingstreetcats.org](mailto:contact@kingstreetcats.org).



### THELMA

Female, Age 3  
Soft, silky sweetheart with emerald eyes



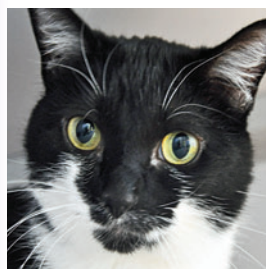
### UNCLE SAMMY

Male, Approx. Age 11  
Gentle, mellow, loving and happy boy.



### CHEETO

Female, Age 2  
Soft, plush girl is a snuggle bug who loves to cuddle.



### FETTUCINE

Female, Age 5  
Gentle, sweet girl wants to be your "one and only."



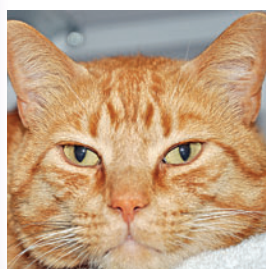
### OXO

Female, Age 1  
Wonderful girl is quiet with sweet disposition.



### JOHN

Male, Age 2  
People-loving boy will thrive as your "one and only."



### PHILLIP

Male, Age 2  
Happy boy wants all the belly rubs you can possibly give.

Our adoption open houses are every Saturday and Sunday from 1:30 to 4:30 p.m.

## KING STREET CATS

25 Dove Street • Alexandria, VA 22314  
[www.kingstreetcats.org](http://www.kingstreetcats.org)



## ANIMAL TAILS

# THUNDER AND LIGHTNING AND FIREWORKS, OH MY!

BY ADRIENNE HERGEN, DVM

With the warmer weather already here and the official start of summer fast approaching, it is time to start thinking about summertime anxiety triggers when it comes to our furry companions. Fireworks and intense thunderstorms can be a source of stress and fear for some dogs and cats. The reactions can vary in severity from mild shaking to very destructive and dangerous behaviors. Some signs of anxiety are pacing, trembling, panting, drooling, attention-seeking, hiding, barking/vocalizing, and bolting. To get away, animals will often hide behind furniture, go to the basement, or get in the bath tub. It can be difficult for them to identify the source of the noise and therefore inside animals may try to get outside, and likewise, animals outside may be frantic to get indoors. In the most extreme cases, some animals injure themselves by breaking out of their crate or even jumping through glass windows.

According to national statistics, more pets go missing around the 4<sup>th</sup> of July than any other time of year. If possible,



Adrienne Hergen

try not to leave your pets home alone during firework events and thunderstorms. Cats and dogs should be brought indoors and if you have to take your dog out during these times always keep them on a leash so that they don't have the opportunity to bolt and run away. Make sure all of your pets are wearing collars with ID tags that contain your phone number. We also recommend microchipping as another permanent form of identification. All shelters, rescues, and veterinarians should have the ability to scan for a microchip. It is imperative always to remember to register your pet's microchip with the manufacturer so that if they are lost you can be contacted and reunited with your pet.

Nervous pets tend to drink more water so make sure that plenty is available to them. In addition to hotter weather during the summer, the onset

of intense thunderstorms can increase the likelihood of power outages, leading to warmer temperatures inside.

There are a number of things you can do to try and relieve some of your pet's anxiety. If they are accustomed to staying in a crate, this can serve as a safe haven and might be all that is necessary to help them relax. Synthetic pheromone sprays and collars (for dogs – Adaptil collar, for cats – Feliway spray or diffusers) are also available which can have a calming effect. Some animals respond very well to pressure wraps such as Thundershirts or other clothing solutions like ear muffs and calming caps to cover an animal's eyes. This may be helpful to reduce auditory and visual stimulation.

While it is not always possible to plan ahead, particularly in regards to thunderstorms, there are some behavioral modifications, classical counter conditioning techniques, and desirable coping responses that can be taught and implemented. It isn't possible to control the intensity of fireworks or thunderstorms, but controlling other factors can help. Being a farther distance from the fireworks can be less intimidating as can keeping your pet inside during a firework event or thunderstorm. Music or having the television on may disguise the noise.

Classical counter conditioning can create a positive association with the anxiety inducing events. Give high-value food rewards such as canned food or peanut butter or offer your pet their favorite toy or food puzzle. The goal is for them to associate fireworks/thunderstorms with pleasant rewards rather than fear and anxiety. Teaching a desirable coping response such as retreating to a safe place (e.g. crate, closet, small room)

CONTINUED ON PAGE 30



THESE DOGS ARE LINING UP TO VISIT WHOLE DOGZ

FREE morning coffee while dropping off your dog!

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NOW OPEN! Daycare, Sleepovers, Grooming  
MAKE YOUR HOLIDAY RESERVATIONS NOW!

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### SAMOA

Meet Samoa! This beautiful girl is as sweet as a fresh box of cookies and would love for you to give her a try. She is a spayed female American Staffordshire Pit Bull Terrier, estimated to be about two years old. Samoa is a friendly and energetic dog who loves a good chew toy. Samoa is very picky when meeting other dogs, so she would probably do best as the only dog in your household. If you're looking to satisfy your sweet tooth with a fantastic dog, Samoa is perfect for you!



### ERNIE

Hi, I'm Ernie! I'm a neutered male Beagle mix, estimated to be about two years old. If we gave out awards at the shelter, I think I'd win the title of "class clown" for sure! Don't get me wrong- I love to learn tricks and give it my all during lessons, but I have a knack for making my friends laugh whether I try to or not! I really like to go on walks, play games in the yard, and get tons of belly rubs. Does that sound like fun to you? If it does, we'll become best friends in no time!



### ATHENA

She may not have statues or paintings in her honor yet, but Athena is just as deserving as her mythological namesake! Just like the Greek goddess, Athena is strong, courageous, and inspirational. She is a spayed female Rottweiler, estimated to be about four years old. Because Athena has such a big personality (and size!) she may not get along well with every dog she meets, but she's more than enough dog for one family! If you're looking for a bodacious babe to stick by your side no matter what, Athena may be the dog for you!



### SPUNKY

Hi, there! My name is Spunky and so is my personality! I'm a neutered male terrier mix, estimated to be about two years old. I'm looking for a new family who will play with me, teach me cool agility tricks, give me peanut butter-filled Kongs, and let me curl up on their laps for a snooze. I'm an outgoing fellow who loves making new friends- whether they're human or canine! One weakness you should know about is that I have trouble with potty-training, so please be patient and give me lots of treats during my learning! I promise that I'll bring lots of fun into your life and I will be well worth the potty-training, so come fall in love with me today!

# SAVE THE TAILS!



### NEWMAN

Say hello to Newman! Newman is a quiet, mellow kitty originally from Accomack, Virginia. Newman is a neutered male Domestic Shorthair, estimated to be about two years old. He would love a patient owner willing to work for his trust. He tends to keep to himself, enjoying naps and baths throughout the day, but if you offer him some treats and keep him company while he eats you'll quickly get on his good side! At the AWLA we're confident that if you take a chance and adopt him, Newman will become a whole new man!



### MITTENS

Hello Mittens! Mittens is a spayed female Domestic Shorthair, estimated to be about two years old. A fun fact about this adorable cat is that she is polydactyl- she has extra toes (that look like mittens)! This sweet kitty is looking to come out of her shell in a happy new home. While she can be a bit timid at first meet, playing with her favorite wand and mice toys help to open her up to the loving and playful cat that she is!



### BRIENNE

Hi Brienne! This cat may be named for a fierce warrior, but we are definitely not sarcastic when we call her "Brienne the Beautiful." She is a spayed female Domestic Shorthair, estimated to be about four years old. Brienne came to us as a stray and would like to finish her quest in a loving home. She is a sweet kitty who is happy to meet new people and can be very playful. If you're looking for a lovely cat to share your adventures with Brienne the Beautiful is the one for you!



### SNOOPY

Snoopy is a big kitty with a big personality to match! He is a neutered male Domestic Shorthair, estimated to be about three years old. Much like Snoopy the beloved cartoon character, this Snoopy is playful and marches to the beat of his own drum. He LOVES to pretend he's a hunter, always ready to pounce on his toys! If you're looking for an adventurous kitty who will keep you on your toes, come adopt Snoopy today!

Starting the week of April 13th, the shelter will be closed on Wednesdays and open on Fridays.

Monday, Tuesday, Thursday, Friday:  
12-7 for Visitation/Adoption, 9-7 for Business  
Saturday, Sunday: 12-5 for Visitation/Adoption,  
11-5 for Business



Animal Welfare League of Alexandria

4101 Eisenhower Ave.  
Alexandria, VA  
(703) 838-4774



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GROUP

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- Intellectual Property

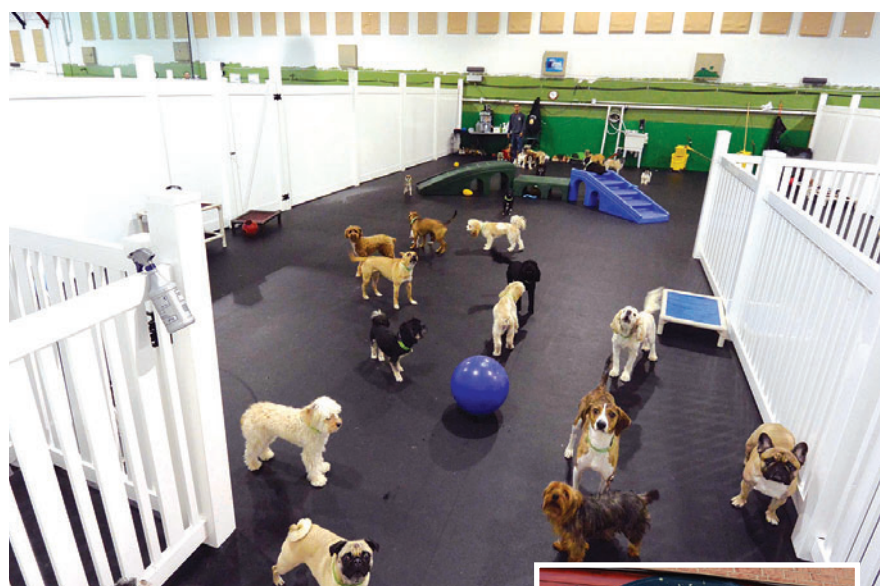
Sponsoring this page to help pets locate foster caregivers

### "Audiophile Cat"

"Catfish is definitely enthusiastic about his high-fidelity sound and loves listening to his parents' vinyls."

—Submitted by Melinda and Phil Sigal of Alexandria.

The truth is the truth. Cats love exploring boxes. The next time your cat finds his or her way into a cardboard predicament, snap a photo and send it to us and if yours is the cutest, you will be published and win a prize. Be sure to include your name and neighborhood, as well as your cat's moniker. Please send photos and copy to [mary@thezebrapress.com](mailto:mary@thezebrapress.com).



Massive indoor play area accommodates dogs of all sizes. Photo by Harry Merritt.



## WHOLE DOGZ

CONTINUED FROM PAGE 27

### What else does Whole Dogz offer?

Traditional grooming, plus a range of health and beauty treatments to aid shedding, dry skin, and stiff joints. Sessions in the hydrotherapy tub ease arthritis and promote recovery from injuries.

Whole Dogz' retail shop displays

products ranging from probiotics, supplements, natural flea repellents, and aromatherapy to natural treats, greeting cards, and books for adults and children, including the Mirabelle series ("Every day's an adventure with Mirabelle!"). Whole Dogz is an abundant source for dog-centric gifts, and it might be the second home your dog would love.

# Now Open!



We are a full service small animal hospital in the heart of Shirlington Village. Located next to Dogma Bakery and across the stream from the Shirlington Dog Park.

We look forward to meeting you and your furry companions very soon!

**Dana Carr, DVM & Adrienne Hergen, DVM**



M-F • 8 am–7 pm  
Sat: 8 am – 2 pm • Sun: 10 am – 2 pm  
703-570-6600 • [www.ShirlingtonAnimalHospital.com](http://www.ShirlingtonAnimalHospital.com)



2770 S. Arlington Mill Dr. • Arlington, VA 22206

## PARKER

CONTINUED FROM PAGE 13

performs at the Wonderland Ballroom downtown. He maintains a day job and teaches as well, but with his level of talent that won't seem to be a necessity for long.

Parker moonlights himself with a spiritual music group, the Theodosy jazz collective, which has performed in Canterbury, England and is slated to appear at a Christian convention in Salt Lake City next month. Unconventional venues are a preference for Parker, who eschews the fancy for the raw.

"I prefer the less musically educated clientele at Wonderland," he says. "You can come as you are and drink Pabst Blue Ribbon and carry on a conversation. Multiple generations mingle together there. This is not the case at the serious venues such as

Blues Alley, which has expensive cover charges and drink minimums. My target demographic is not a serious jazz music aficionado, but someone who wants it for the atmosphere, or is just discovering swing jazz."

He says that he composes over breakfast, goes to work at a law firm, and then in the evening heads out to perform. Parker notes the level of professionalism of the musicians in his current live venue octet and notes his gratitude for having encountered them.

"Bill Mulligan plays with the Navy Commodores. He and the others can see a completely new score and bring it to life almost immediately."

Parker notes that he may have maxed out the DC music scene and sets his sights on New York City to collaborate with yet more other artists. "But I really prefer living in DC," he muses, "because New York is a little too dirty and crowded."

His new album is available at [Jonathan-Parker.com](http://Jonathan-Parker.com).

## THUNDER

CONTINUED FROM PAGE 28

during the fireworks or storm gives them a sense of security and confidence. Blankets to help muffle the sound and pheromone diffusers can provide natural motivation for your pet to seek out this location.

If all else fails and the anxiety is more severe, medications can be helpful in certain situations. A short acting anti-anxiety medication, such as Xanax, can be given before the event occurs to try and minimize negative responses. Some pets that suffer from more severe

and constant anxiety may benefit from medications that are given on a regular basis rather than just situationally. It should be noted though that these drugs can take weeks to reach a therapeutic level in the bloodstream, so they do not provide an immediate solution to the problem. Planning ahead is important, it is always easier to prevent a fearful reaction rather than reverse one.

Adrienne Hergen, DVM practices at Shirlington Animal Hospital, 2770 S. Arlington Mill Dr., Arlington, VA 22206, (703) 570-6600, [shirlingtonanimalhospital.com](http://shirlingtonanimalhospital.com).



STIFLE (KNEE) BRACES



CARPAL / TARSAL BRACES



HOCK BRACES



Mr. Campana:

"We just wanted to tell you how much our dog, Meghan, loves her Stifle Brace. We were referred to you by Animal Hospital of Waynesboro. I'm not sure what I expected but it is very comfortable for her and when we take it off she gets upset because she wants to leave it on. Great work and design."

— Bill and Nickie Aldridge

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4508 Upper Cub Run Drive, Chantilly, VA 20151



### CHLOE

Senior Female Spayed Himalayan/Siamese Mix.

Chloe is only 9 years old, seeking a home where she can hang out watching the birds out the window. Want to have a conversation about your day? She loves to talk to you too.

### ABBY

Senior Female Spayed Cocker Spaniel

Happy and Goofy looking for a home where she can play ball and go for leisurely walks. 12 years young.



## Paws For Seniors “Bringing People and Senior Pets Together!” PawsForSeniors.org



Toby is the definition of resilience an 8 yr old male neutered lab mix who has had a rough start. His leg amputated due to an accident. He thrives on three like he had them all, running and playing with the best. Call us today to find out how you can adopt this amazing boy.

### TOBY



Hey don't tell Surge he will be a 15 yr old Brittany Spaniel on August 1, 2015. He runs circles around his younger foster brothers and sisters. Gets along with other dogs, cats and kids. Loves to go for car rides! Surge is waiting for your call.

### SURGE



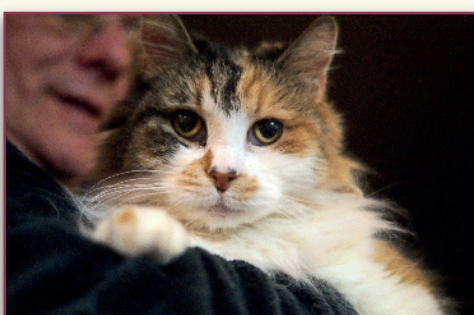
Hi I'm Ace! I am just 8 years young and looking for my new beginning. I am house trained, crate trained, get along with other dogs and best of all I dance for treats! Hey I could run away and join the circus but I'd rather come join you and become your new best friend and lap buddy!

### ACE



Annie is a lover! She currently visits senior citizens while she waits for her forever family and brings smiles to all. Playful, loves being brushed and spending time cuddled and petted! She won't admit she is 15 she acts 15 months.

### ANNIE



Callie, just 8 yrs young, the friendliest and most gorgeous gal you can meet. She gets along with everything on two and four legs. Declawed in the front paws, she is seeking an indoor home with maybe a feline or canine friend to play with!

### CALLIE



Tabitha, front declawed, is just 12 years old. She is a tad shy at first but warms up to you and loves to be petted. She would love a quiet home with a new mom or dad to dote on her for the rest of her life.

### TABITHA



### Contact us !

Paws for Seniors  
PO Box 738  
Bealeton, VA 22712

pawsforseniors.org  
facebook.com/pawsforseniors  
info@pawsforseniors.org  
540-748-8177



### About Paws For Seniors:

We care for and find homes for dogs and cats making their golden years the best years through rescue, foster, adoption, and hospice.

We believe that senior dogs and cats deserve a safe and caring environment in which to make their golden years the best years.

We believe that pet companionship is key to keeping our aging society young at heart!

### Why Adopt a senior pet?

What you see is what you get. Senior pets have learned many life lessons.

Best friend for life! Senior pets are truly grateful for a home. They will be a devoted companion and a faithful family member.

You can teach an old pet new tricks. While their routines are established and they know the drill, they are still eager to learn new things and look forward to their next adventure.

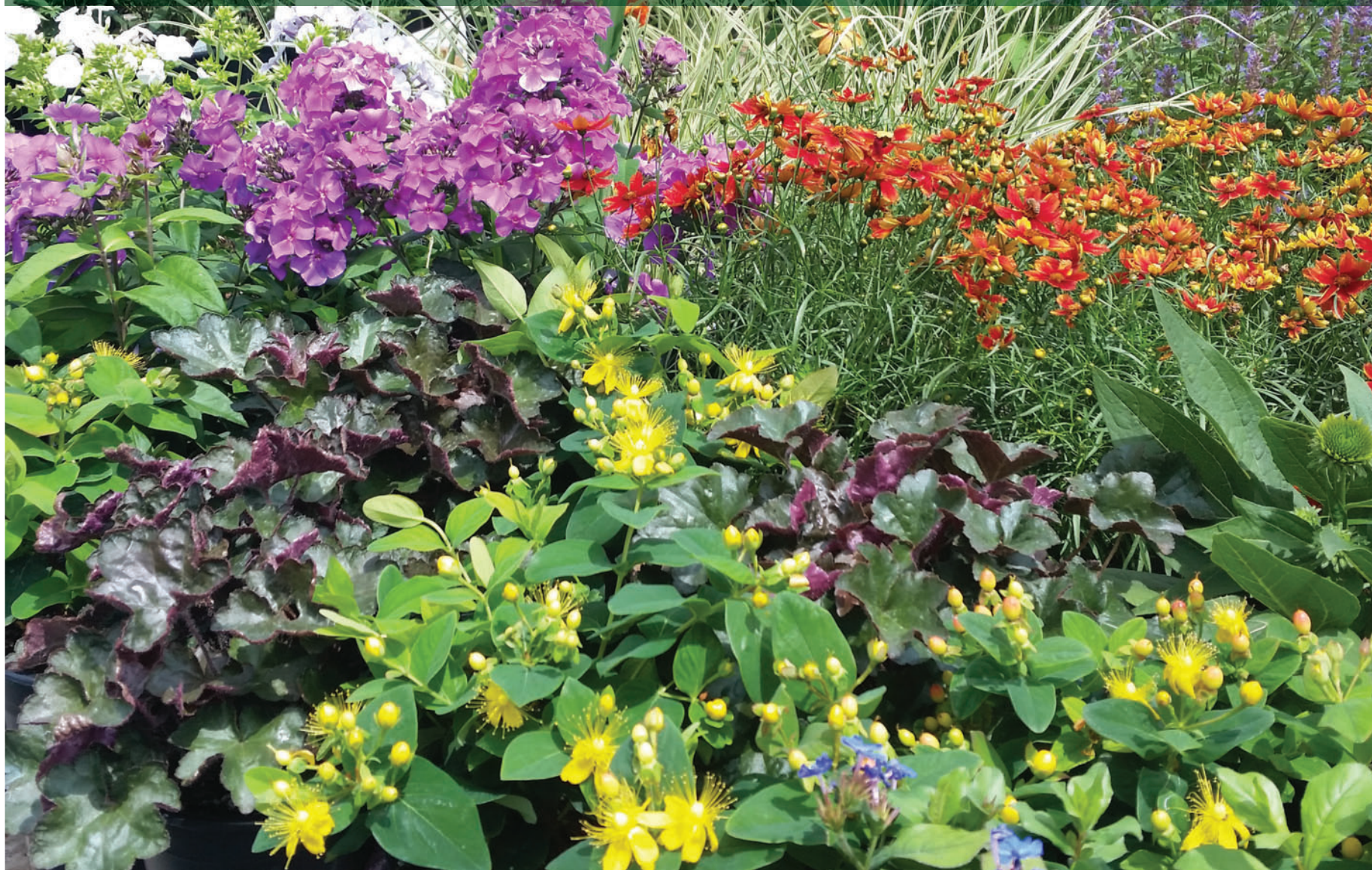
### APPLY TO ADOPT TODAY!

[PAWSFORSENIORS.ORG/ADOPTAPP.HTML](http://PAWSFORSENIORS.ORG/ADOPTAPP.HTML)



### COPPER, 12 YR OLD MALE NEUTERED POODLE

**June is Perennial Gardening Month!**  
**Greenstreet Gardens is passionate**  
**about the perennials we grow!**



**15% off when you buy 3 or more perennials in June**



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