



2024 FISTIVAL

CKA AAA Rated AND
WKC Regional Qualifier



Presented by David & Sarah Coppock

**All Adult Divisions 1st—3rd
Place win a SWORD!**



Saturday, April 27th - Soccer Haus
4845 List Drive, Colo. Springs, 80919



2024 FISTIVAL

Karate Championships

Saturday April 27th, 2024

Soccer Haus—Colorado Springs, CO

Registration Opens at 7:30 am

JUDGES MEETING AT 8:15 .

Competition begins at 8:30



Welcome to the 24th Annual Fistival Karate Championships. Thank you to everyone for your support over the years! This is still the “SWORD TOURNAMENT” Every adult division 1st ,2nd, and 3rd place winner will receive a sword as their trophy. This tournament is the 2nd tournament of the 2024 CKA tournament season. Please remember to sign up as a CKA member to keep your points toward the 2024 Colorado State Championships.

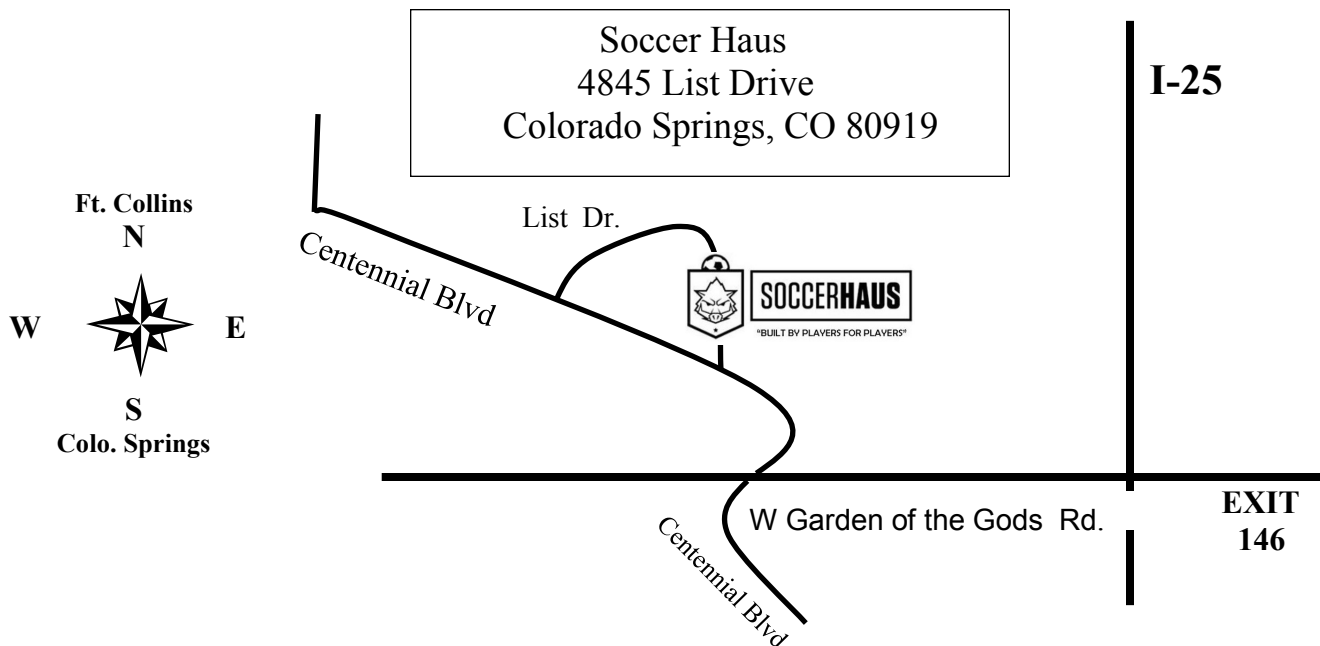
Good luck to all competitors!

David Coppock
Tournament Director

Save time! Register online at
www.ColoradoKarateAssociation.org

NEW FOR 2024—Fistival is also a Regional Qualifier for the WKC. Please indicate on your registration form if you are WKC.

FOR INFO CALL: David Coppock at **719-634-6556**



Directions:

From Denver – I-25 South to Garden of the Gods Rd. Exit 146. Go West 1/2 mile to Centennial Blvd., turn Right, to List Dr., Soccer Haus is at 4845 List Drive.

From Colo. Springs – I-25 North to Garden of the Gods Rd. Exit 146. Go West 1/2 mile to Centennial Blvd., turn Right, to List Dr., Soccer Haus is at 4845 List Drive.

NEW RULES FOR 2024

1. Festival is a WKC Regional Qualifier

2. Face Shield required for all Under 18 sparring. Light contact **IS ALLOWED** to face shield.
3. Groin contact is now allowed in **Adult Black Belt** divisions only.
4. **NEW AGE DIVISIONS FOR ADULT MALE BLACK BELTS**
The new age are the same as NASKA_18-29, 30-39, 40-49, 50-59, 60+. Female black belts have not changed.
5. Wooden Bo required in Traditional Weapons.
6. Music is not allowed in Creative Forms or Contemporary Weapons divisions.
7. Judges who have their competitor fee waived for judging must judge the entire tournament.
8. All forms divisions will be scored after all competitors have completed their form.
9. Clash Sparring.
Scoring will be on a 10 Point Must System, much like boxing and kickboxing. Competitors are required to break of their own accord after executing 3 offensive techniques. Please see the link below:
https://www.youtube.com/watch?v=mm6bq_wO868

JUDGING APPLICATION

If you wish to judge please sign up prior to the tournament to receive the benefit of competing free in 2 divisions and free entry to the tournament. The judges meeting will be at 8:15 am. Black Belt competition begins at 8:30.

Please contact David Coppock at

719 634-6556 or email at

Colokenpo@gmail.com

CKA DIVISION CODES

TF – TRADITIONAL FORMS – EMPTY HANDS

S – POINT SPARRING

TW – TRADITIONAL WEAPONS

CF – CREATIVE FORM

M – OPEN/MUSICAL – MUSIC REQUIRED

CW – CONTEMPORARY WEAPONS

CS – CLASH SPARRING

FD – FLYING DRAGONS (5 AND UNDER FORMS)

PWD – FORMS – Persons with Disabilities

Register online at www.coloradokarateassociation.org

Judges must judge all day to have their first 2 divisions comped

Judges Application – Call David Coppock 719-634-6556

Name _____ Phone _____

Address _____ Email _____

School Affiliation _____ Instructor _____

Thank you for all of your hard work! CKA rules available online at WWW.Coloradokarateassociation.org

RING 1—9:00 am Start 5—8 Year Old

HD1—Persons with Disabilities
FD1—Flying Dragons
CF1—5-8 Beg/Int/Adv Creative Forms
CW1—5-5 Beg/Int/Adv Contemporary Weapons
TW1—5-8 Beg/Int/Adv Weapons
M1—5-8 Beg/Int/Adv Open Musical Forms

Traditional Forms 7 Sparring

TF1—6 & Under Beginner Traditional Forms
S1—6 & Under Beginner Sparring
TF2—6 & Under Int/Adv Traditional Forms
S2—6 & Under Int/Adv Sparring
TF3—7-8 Beginner Traditional Forms
S3—7-8 Beginner Sparring
TF4—7 Intermediate Traditional Forms
S4—7 Intermediate Sparring
TF 5—8 Intermediate Traditional Forms
S5—8 Intermediate Sparring
TF6—7-8 Advanced Traditional Forms
S6—7-8 Advanced Sparring

GC1—5-8 Forms Grand Champion

RING 3—9:00 am Start 9—11 Year Old

TF7—9-10 Beginner Traditional Forms
S7—9-10 Beginner Sparring
TF8—9 Intermediate Traditional Forms
S8 9 Intermediate Sparring
TF9—9 Advanced Traditional Forms
S9—9 Advanced Sparring
TF10—10 Intermediate Traditional Forms
S10—10 Intermediate Sparring
TF11—10 Advanced Traditional Forms
S11 - 10 Advanced Sparring
TF12—11 Beg/Intermediate Traditional Forms
S12— Boys Beg/Int Sparring
S14 - 11 Girls Beg/Int Sparring
TF13—11 Advanced Traditional Forms
S13—11 Boys Advanced Sparring
S15—11 Girls Advanced Sparring

**** Some of the above divisions may be moved to Ring 2**

****Please listen for ring change announcements!**

RING 2—9:00 am Start 9—11 Year Old

M2—9-11 Beg/Int Open Musical Forms
M3—9-11 Advanced open Musical Forms
CF2—9-11 Beg/int Creative Forms
CF3—9-11 Advanced Creative Forms
CW2—9-1 Begi/Int Contemporary Weapons
CW3—9-11 Advanced Contemporary Weapons
TW2—9-11 Beg/Int Traditional Weapons
TW3—9-11 Advanced Traditional Weapons

GC2—9-11 Forms Grand Champion

RING 4—9:00 am Start 12—14 Year Old

M4—12-14 Beg/Int/Adv Open Musical Forms
CF4—12-14 Beg/Int/Adv Creative Forms
CW4—12-14 Beg/Int/Adv Contemporary Weapons
TW4—12-14 Beg/Int/Adv Traditional Weapons

TF14—12 Beg/Int Traditional Forms
TF15—12 Advanced Traditional Forms
TF16—13-14 Beg/Int Traditional Forms
TF17—13-14 Advanced Traditional Forms
TF18—13-14 JR Black Belt Traditional Forms

GC3—12-14 Forms Grand Champion

S16—12 Boys Beg/Int Sparring
S17—12 Boys Advanced Sparring
S18—12 Girls Beg/Int Sparring
S19—12 Girls Advanced Sparring
S20—13-14 Boys Beg/Int Sparring
S21—13-14 Boys Advanced Sparring
S22—13-14 Girls Beg/Int Sparring
S23—13-14 Girls Advanced Sparring
S24—13-14 Boys JR Black Belt Sparring
S25—13-14 Girls JR Black Belt Sparring

RING 5—9:00 am Start 15—17 Year Old

TW5—15-17 Beg/Int/Adv Traditional Weapons
CW5—15-17 Beg/Int/Adv Contemporary Weapons
CF5—15-17 Beg/Int/Adv Creative forms
M5—15-17 Open Musical Forms

TF19—15-17 Beg/Int Traditional Forms
TF20—15 Adv/JR Black Belt Traditional Forms
TF21—16-17 Adv/JR Black Belt Traditional Forms

GC 4—15 –17 Forms Grand Champion

S26—15-17 Boys Beg/int Sparring
S27—15 Boys Adv/Black Belt Sparring
S28—16-17 Boys Adv/Black Belt Sparring
S29—15-17 Girls Beg/Int Sparring
S30—15-17 Girls Adv/Black Belt Sparring

RING 6—8:30 am Start Adult Black Belt & Under Belt

M7— Adult Black Belt Open Musical Forms
CF7—Adult Black Belt Creative Forms
CW7—Adult Black Belt Contemporary Weapons
TW7—Adult Black Belt Traditional Weapons

TF26—18-34 Womens Black Belt Traditional Forms
TF27—35+ Womens Black Belt Traditional Forms
TF28—18-29 Mens Black Belt Traditional Forms
TF29—30-39 Sr Mens Black Belt Traditional Forms
TF30— 40-49 Sr Mens Black Belt Traditional Forms
TF31—50 + Sr Mens Black Belt Traditional Forms
TF32—50+ Womens Black Belt Traditional Forms

GC5—Adult Black Belt Grand Champion Forms

M6—Adult Beg/Int/Adv Open Musical Forms
CF6—Adult Beg/Int/Adv Creative Forms
CW6—Adult Beg/Int/Adv Contemporary Weapons
TW6—Adult Beg/Int/Adv Traditional Forms
TF22—18-34 Beg/Int Traditional Forms
TF23—18-34 Advanced Traditional Forms
TF24— 35+ Beg/Int Traditional Forms
TF25—35+ Advanced Traditional Forms

RING 7 - Overflow Ring

CLASH SPARRING will run in First Available Ring

JUNIOR CLASH SPARRING

CS090— 5-8 Beginner m/f
CS091— 5-8 Intermediate/Advanced m/f
CS092— 9-10 Beginner m/f
CS093— 9-10 Intermediate/Advanced m/f
CS094— 11 Beginner Male
CS095— 11 Intermediate/Advanced Male
CS096— 11 Beginner Female
CS097— 11 Intermediate/Advanced Female
CS098 -- 12-14 Beginner Male
CS099— 12-14 Intermediate/Advanced Male
CS100— 12-14 Beginner Female
CS101— 12-14 Intermediate/Advanced Female
CS102 — 15-174 Beginner Male
CS103 — 15-17 Intermediate/Advanced Male
CS104 — 15-17 Beginner Female
CS105 — 15-17 Intermediate/Advanced Female

ADULT CLASH SPARRING

CS001— 18+ Women Beginner
CS002—18+ women Intermediate/Advanced
CS109—18+ Women Black Belt
CS003—18+ Men Beginner
CS004—18+ Men Intermediate/Advanced
CS110—18+ Men Black Belt

All Adult Point Sparring will run after Forms and Clash

In First AVAILABLE Ring, Listen for announcements

S31—18-34 Womens Beg/Int Sparring
S32—18-34 Womens Advanced Sparring
S33—18-34 Mens Beg/Int Light <175 Sparring
S34 - 18-34 Mens Beg/Int Heavy >176 Sparring
S35 18-34 Mens Advanced Light <175
S36—18-34 Mens Advanced Heavy >176 Sparring
S37—35+ Womens Beg/Int Sparring
S38—35+ Womens Advanced Sparring
S39—35+ Mens Beg/Int Sparring
S40—35+ Mens Advanced Sparring
S41—18-34 Womens Black Belt Sparring
S42—35+ Womens Black Belt
S43—18-29 Mens Black Belt Light <160
S44—18-29 Mens Middle 161-184
S45—18-29 Mens Black Belt Heavy >185
S46—30-39 Mens Black Belt Light <185
S47—30-39 Mens Black Belt Heavy >186
S48—40-49 Mens Black Belt Light <185
S49 - 40-49 Mens Black Belt Heavy >186
S50—50-59 Mens Black Belt
S51—50 + Womens Black Belt
S52—60 + Mens Black Belt

GC6—Grand Champion Womens Black Belt
GC7—Grand Champion Mens Black Belt



COACH : “Someone who will make you do the things you don’t want to do so that you can be the athlete that you want to become.”

PARENTS: Coaching your child is an excellent way to help them become more successful.

INSTRUCTORS: Coaching your students will help them realize their full potential. If you would like to coach your child or student, get a coaches pass And help them become the martial artist that they want to become!



"BUILT BY PLAYERS FOR PLAYERS"

Register online at
www.Coloradokarateassociation.org

Jody Heffner
(719) 331-6240



Residential/Commercial/Land/Property Management

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Score Keepers and Time Keepers Needed and Appreciated

Volunteers are always appreciated in the CKA. Anyone interested in volunteering to help with scorekeeping and timekeeping should fill out this form and mail it in with their registration form. Also contact Mr. David Coppock at 719-634-6556, he is in charge of assignments for Score/Time Keepers

Volunteers receive: ***Free entry to the tournament - Complementary Lunch - The best seat in the house!***

Name: _____ Phone: _____

Address: _____ Email: _____

School Affiliation: _____ Instructor: _____

Thank you for your support!

Fistival Karate Championships

YES _____

NO _____

REMINDER: **CASH ONLY IF YOU REGISTER AT THE DOOR**

Name _____ Phone _____ E-mail _____

Address _____ City _____ Rank _____

State _____ Zip _____ Martial Arts School _____ Age _____ DOB ____/____/____

Weight _____ Instructor: _____ CKA Member?: YES _____ NO _____

TRADI- TIONAL Forms	SPAR- RING (Only 2)	CREATIVE FORMS	MUSICAL FORMS	Traditional WEAPON FORMS	CLASH SPRARRING	FLYING DRAG- ONS (Additional Div Rate)	Persons with Disabilities FORMS (Additional Div Rate)	Contemporary WEAPON FORMS
TF# _____	S# _____	CF# _____	M# _____	TW# _____	CS# _____	FD _____	PWD _____	CW _____

CKA Members: Provide Member Number for discount - # _____

Member Pre – Registration (By April 18)				Member Registration (After April 18)			
First 1 or 2 Div.		55.00	= \$ 55.00	First 1 or 2 Div.		65.00	= \$ 65.00
Additional Divisions	_____ x	15.00	= \$ _____	Additional Div	_____ x	20.00	= \$ _____
Adult Spectators	_____ x	8.00	= \$ _____	Adult Spectators	_____ x	10.00	= \$ _____
Kids/Sr. Spectators	_____ x	4.00	= \$ _____	Kids/Sr. Spectators	_____ x	5.00	= \$ _____
Coaches Pass	_____ x	20.00	= \$ _____	Coaches Pass	_____ x	25.00	= \$ _____
Administration fee (cc only)		\$4.00	Total \$ _____	Administration fee (cc only)		\$4.00	Total \$ _____

Non CKA Members

Non Member Pre–Registration (By April 18)				Non Member Registration (After April 18)			
First 1 or 2 Div.		65.00	= \$ 65.00	First 1 or 2 Div.		75.00	= \$ 75.00
Additional Div	_____ x	20.00	= \$ _____	Additional Div	_____ x	25.00	= \$ _____
Adult Spectators	_____ x	8.00	= \$ _____	Adult Spectators	_____ x	10.00	= \$ _____
Kids/Sr. Spectators	_____ x	4.00	= \$ _____	Kids/Sr. Spectators	_____ x	5.00	= \$ _____
Coaches Pass	_____ x	20.00	= \$ _____	Coaches Pass	_____ x	25.00	= \$ _____
Administration fee (cc only)		\$4.00	Total \$ _____	Administration fee (cc only)		\$4.00	Total \$ _____

*Spectators: Kids (5 to 12)- Seniors (>65) . 4 years old and under free.

CASH ONLY DAY OF THE EVENT

You will pick up your wrist bands at the registration table the day of the event—They will NOT be mailed to you.

Make Checks Payable to: CKKA— 5923 N. Academy Blvd. Colo. Springs, CO 80918

LIABILITY WAIVER - I, the undersigned, do hereby voluntarily submit my application for attendance and participation in the Fistival Karate Championships (FKC) held at the Soccer Haus, in Colorado Springs, Colorado. I hereby assume full responsibility and waive any and all claims against the FKC tournament, the facility used to hold the event, operators, sponsors or any other participant for any and all damages, injuries, or losses that I may sustain or incur while attending or participating in the FKC Martial Arts Tournament, individual or otherwise. I further understand that this tournament has no affiliations with state or local government. I represent to all of the aforementioned that I am in good physical health and that I have no disabilities, impairments, illness, or ailments preventing me from participating in said Martial Arts Tournament. I fully understand that any and all medical aid or treatment administered to me as a result of any injury will be of "first responder" nature only. I further consent that any pictures, video, or film furnished by me or taken of me in connection with this tournament may be used by the promoters, directors, and/or photography vendors for publicity, promotions, or advertisement via television, magazines, internet, or in any other manner they may deem necessary. I waive any and all compensation in regards thereto. I, the aforementioned and undersigned, do hereby agree to abide by all rules, regulations, and ceremonies which apply to the FKC Martial Arts Tournament. I further understand that if I violate the said rules I may be disqualified with no refund of entry fee.

IF UNDER THE AGE OF 18 YEARS OLD, APPLICATION MUST BE SIGNED BY THE PARENT OR LEGAL GUARDIAN

Parent/Guardian (If under 18 years old)

Date

Contestant (If over 18 years old)

Date