Welcome to Shotgun 101 - SAFETY FIRST - January 2023

Shotgun 101 is DCWC's response for the need of a firearm orientation program for new shooters. This program is designed to provide hands-on introduction to firearm safety and safe gun handling. Shotgun 101 will outline the fundamentals to develop shooting skills where gun safety is of utmost importance.

The three fundamental rules of safe gun handling:

- 1. Always keep the gun muzzle pointed in a safe direction.
- 2. Always keep your finger off the trigger until ready to shoot.
- 3. Always keep the gun unloaded until ready to shoot.

Safety guidelines:

- 1. Wear eye and ear protection inside the ropes at all times.
- 2. Gun actions must be open when not on a shooting station.
- 3. Break open guns may be closed when in a gun rack.
- 4. Load shells only when on the shooting station.
- 5. Unload empty hulls prior to leaving the station.
- 6. All guns must be pointed down range.
- 7. A maximum of 2 shells may be loaded on all stations (Low #8 exception).
- 8. Largest shot size is 7 1/2 (shot size 8 or 9 recommended for skeet).
- 9. Recommended choke size for skeet (skeet and/or improved cylinder).
- 10. Never point or sweep the gun muzzle at someone even if the gun is unloaded.
- 11. Shotguns can only be mounted while on a shooting station.
- 12. Place finger on trigger just before saying "pull".
- 13. Pick up empty hulls only after a round of skeet or trap is completed.
- 14. While shooting during open hours do not go outward of skeet houses.
- 15. Do not step in front of low house window when the machine is under power.
- 16. Club members are responsible for their guests and must remain with them.
- 17. Pride in ownership a properly maintained gun is safe and accurate.

Demonstration of gun handling with semi-auto, pump, and break open shotguns.

Discussion of shotgun shooting fundamentals.

- 1. Cheek on gun stock with eye on target.
- 2. Eyes focused on target, not on gun barrel.
- 3. Move gun only when seeing the first flash of target exiting the house.
- 4. Use lower body movement to track targets, using hips and knees.
- 5. Maintain level shoulders and keep both feet flat on shooting pad.
- 6. Keep head on stock even after pulling the trigger and follow through.
- 7. Shotguns are pointed, not aimed. Your eye is the rear sight of shotgun.

Key terminology to setting up a shot:

- 1. Break point: Where you intend to break the target at the center stake and/ or on the side of the fleld the shooter is standing.
- 2. Hold point: where the shooter holds the gun in preparation to shoot: (Both horizontal and vertical 1/3· distance from houses to center stake)
- 3. Look point: where the shooter places eyes prior to calling pull.
- 4. Foot position: where shooter places feet prior to shooting.

Left-handed shooter: belly button to high house window - most stations Right-handed shooter: belly button to low house window - most stations

Gun Fit: In shotgun shooting, unlike pistol or rifle shooting, there is no rear sight. Your shooting eye is the rear sight.

Live Fire on Stations 7 and 1 - during Shotgun 101:

- 1. All students shoot stations 7 and I no less than 2 highs, 2 lows, and 2 doubles.
- 2. Students use finger to point at flying target prior to shooting at target.
- 3. Instruct "dead gun" with doubles on stations 7 and 1.
- 4. Instructors will demonstrate live fire on stations 2, 3, 4, 5, 6, and 8.
- 5. Allow one (1) student to shoot each demonstrated stations.
- 6. Remember to allow shooting student to establish lead with pointing finger.

The club has certified instructors in the various shooting sports:

- 1. Certified instructors can enhance the skills of new shooters.
- 2. Instructors can offer instruction before or after completion of shotgun 101.

Good shooting manners for all DCWC members:

- 1. Always treat shooting as a sport to guide your approach and attitude. You want to have an enjoyable day shooting.
- 2. Do not handle anyone else's gun without asking their permission.
- 3. Introduce yourself when shooting with new members. A little friendly talk is probably one of the best ways to settle your nerves in preparing to shoot.
- 4. Extend professional courtesy to the puller. Thanks for a good job.
- 5. Skeet: do not waste time and targets on Station 1. After viewing one high, one low, and one double, you should be ready to begin.
- 6. And at the beginning of each successive round, observe one high single.
- 7. Do not call too loudly. If your call is too soft, the puller can not hear the call.
- 8. Do not waste time while shooting. Double loading for singles is encouraged.
- 9. Never shoot twice at the same target. This is against rules and is unsafe.
- 10. Never throw a tantrum on the field. Never judge a shooter by the way he breaks a target.

 Judge him by the way he misses a target.
- 11. Do not mess around after a target is missed. Any change in your shooting style after missing a target is very poor form and can break concentration.
- 12. Do not pick up hulls during a round. Retrieve hulls at completion of the round.
- 13. Do not coach your squad mates unless specifically requested.

- 14. Always stand out of sight of the person shooting.
- 15. All shooters should line up behind each station and after shooting, go to the back of the line or to some place behind that point.
- 16. No talking while someone is shooting. Silence observed while shot is made.
- 17. Carry over/under guns with barrels forward over the shoulder and control the muzzle.

Skeet Stations - procedures:

Station #1:

High 1: Break target prior to center stake. Hold point over mid-stake. Hold eyes slightly over and past the barrel and move the gun if necessary.

Low 1: Hold gun 10 feet off bottom of low house window, shift eyes off barrel towards low house. Move gun when observing the target and break target 10 feet on high house side of mid-stake.

Doubles: Two singles close together. Dead gun and look for second target.

Station #2:

High 2: Hold point is 1/3 distance from high house. Look toward high house window. Gun level to bottom of high window. Break prior to mid-stake.

Low 2: Hold 10 feet from bottom of low window and look towards low window. Break target at mid-stake or 10 feet on high house side of mid-stake.

Doubles: Break high house target fust and look for second target - no rush.

Remember to keep cheek on stock and follow through - keep swinging.

Stations 3, 4, and 5 are considered mid-stations. High and low houses hold point is 1/3 distance from houses. View flash of target and move gun to target.

Station #3:

High 3: Hold point is 1/3 distance from high house level with bottom of window. Look point is off barrel towards high window. Break point is 10 feet prior to mid-stake or at mid-stake.

Low #3: Hold point is 1/3 distance from low house. Look point is off barrel to low window. Break point is mid-stake to 10 feet after mid-stake.

Station #4:

High 4: Hold point is 1/3 distance from bottom of window, and look point is off barrel towards high window. Break point is mid-stake. Quick gun movement is very important and remember to stay in the gun.

Low 4: Hold point is 1/3 distance from bottom of window and look point is off barrel to low window. Break point is mid-stake - quick gun movement.

Station #5:

High 5: Hold point is 1/3 distance from high house. Look point is off barrel towards window. Break point is mid-stake to 10 feet after stake. Keep eyes on target - not the gun barrel.

Low 5: Hold point is 1/3 distance from top of low house window. Look point is off barrel to low window. Break point prior to mid-stake. Quick shot.

Station #6:

High 6: Hold 1/3 distance from bottom of window and shift eyes towards high house. Break point is 10 feet after mid-stake with follow thru.

Low 6: Hold point is 1/3 distance from low house with eyes toward low window. Break point is 10 feet prior to mid-stake or mid-stake.

Doubles: Same as singles. Look at target not the gun barrel.

Station #7:

High 7: Hold point is 10 feet out from high house window. Look toward window. Break point is 10 feet after mid-stake.

Low 7: Eyes down barrel. Break target prior to mid-stake with little gun movement. Hold point over mid-stake.

Doubles: Shoot low target first with dead gun, use eyes to look for high target.

Station #8:

High 8: Hold point is level with top of window about 2 feet out. Look into window, cover target, and fire. Break point before station 8 not after.

Low 8: Same fundamentals as High #8.