

Adams proposes ways for county to participate in reversion talks in mid-week letter to city

Brandon Martin
Staff writer

The chairman of the Henry County Board of Supervisors proposed ways for the county to participate in discussions of reversion with officials in the City of Martinsville.

During a recent meeting, city officials said multiple attempts were made to discuss the reversion issue with the county, but there had been no response.

"Our Board of Supervisors feels the future of our two public school systems is the most important and impactful issue facing us in the immediate future, and our Board wants to concentrate on this sole issue at the outset," Jim Adams,

chairman, wrote in a Wednesday letter to Martinsville Mayor Kathy Lawson.

Studies on the implications of reversion will be available in early December for the council to review. A public hearing on the matter is slated for Dec. 10. After that, the studies will be available for public review, before an eventual vote on the issue.

Adams' letter requested the city to delay any vote on reversion until after a proposed facilities study is completed and discussed by both parties.

The county proposed hiring a third-party entity to conduct the study of the city school system and the county school system buildings, to determine the feasibility

of combining the city's contracting with Henry County for educational services, a merger of the divisions, or another method.

"Our board also believes that bringing in an unbiased third-party would greatly enhance our chances of success," Adams wrote, and added the county would pay two-thirds of the entity's cost and the city would pay one-third.

"The Henry County Administrator and the City Manager would work with their respective staffs and with the respective school superintendents to craft a Request for Proposals (RFP) to solicit the third-party vendor for this study," Adams wrote.

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PHOTO BY BRANDON MARTIN

Henry County Administrator Tim Hall (second from left) responded to concerns that the county is not participating in reversion discussions. Hall's response was delivered during the Nov. 26 Henry County Board of Supervisors meeting. Jim Adams, board chairman; Tommy Slaughter, of the Reed Creek District, Debra Buchanan, vice chairman; Joe Bryant, Collinsville District; J. David Martin, Iriswood District; Ryan Zehr, Ridgeway District, and County Attorney George Lyle are seated to Hall's left. Adams also wrote a letter Wednesday to city officials, proposing ways for the county to participate in reversion talks.



BY BRANDON MARTIN

Jason Davis, manager of the Blue Ridge Airport, addresses the crowd after receiving a grant from the Harvest Foundation.

Harvest Foundation kicks off fall 2019 grant awards, M-HC gets boost from investments in community

The Harvest Foundation kicked off its 2019 grant award announcements Wednesday at Blue Ridge Airport, with a total \$3.88 million awarded to eight organizations by the foundation's board of directors.

"We have a wide range of diverse projects and programs that were under consideration this fall," said Allyson Ro-

throck, president of The Harvest Foundation. "Harvest's program staff spends a great deal of time working with these organizations throughout the year to ensure the strongest proposals are presented to the board of directors. We are excited to work with our partners and see how these organizations will positively impact our community in the coming months."

The first grant recipient is Blue Ridge Airport, receiving a total of \$863,000 for improvements at the airport. Initial funding of \$63,000 will go toward an environmental study, while the remaining \$800,000 will be used for the runway extension project's design work.

See **Grant Awards**, page 4

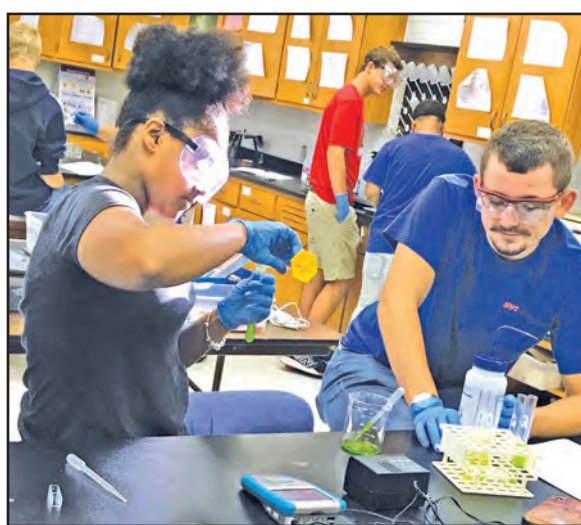
Carlisle School among Top 5,000 STEM High Schools in nation

Newsweek announced its ranking of the top 5,000 STEM high schools for 2019, honoring excellence in science, technology, engineering, and mathematics. Carlisle School was named no. 3,755 in the Nation and no. 125 in Virginia.

With its long history of reporting on scientific breakthroughs, technological revolutions, and societal challenges, Newsweek partnered with STEM.org to rank America's Best STEM High Schools. The list includes schools in every region

of the country that offer skilled teachers who keep up with developments in these fields and who create dynamic learning environments to engage their students. The top 5,000 schools were curated from STEM.org Educational Research™ (SER) using a proprietary scoring logic that took into consideration a broad set of quantitative and qualitative data inputs collected from Q2 2015-Q3 2019. The purpose was to determine

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Naomi Tsehaye and Mitchel Smith work together on an AP Chemistry lab

Grand jury meets in Henry County

Grand jurors seated in Henry County handed down 140 indictments Monday.

An indictment is not an indication of guilt, but rather a grand jury's determination that enough evidence exists to warrant a trial. Those named in the indictments are:

*Domineek Jaurice Richardson, 18, of Martinsville, first degree murder in connection with an incident on Feb. 2, 2019.

*Christopher Lee Lilly, 33, of Bassett, strangulation, June 15, 2019.

*Jordan Thomas Hill, 31, address not available, one count each maliciously shoot in occupied housing; attempted malicious wounding; and use of a firearm in the commission of a felony, June 5, 2019 incidents.

*James Robert Mullins, 41, of Bassett, grand larceny of a motor vehicle, April 17, 2019.

*Eric Vincent Hale, 31, of Ridgeway, one count each aggravated malicious wounding, petty larceny – third or subsequent offense, June 17, 2019.

*Shannon Leigh Murphy, 48, address not available, felonious violation of the Habitual Offender Act – second or subsequent offense, April 16, 2019.

*Jodie Noel Joyce, 29, of Bassett, petty larceny – third or subsequent offense, July 9, 2019.

*Curtis Eugene Sparks, Jr., 35, of Bassett, one count each grand larceny, break and enter dwelling with intent to commit larceny, felony destruction of property, larceny of \$500 or more with intent to sell or distribute, obtain money by false pretense – third or subsequent offense, May 3, 2019.

*Mitchell O'Shea Wilson, 47, of Axton, one count each possess firearm by violent felon, elude police, felonious violation of the Habitual Offender Act, June 11, 2019.

*Eric Mandell Hagwood, 27, address not available, as-

sault and battery – third or subsequent offense, Aug. 9, 2019.

*Kevin Lamont Ellis, 43, of Fieldale, unauthorized use of a motor vehicle, March 2, 2019.

*Chance Brandon Combs, 35, address not available, grand larceny, Oct. 1, 2017 to March 31, 2018.

*James Darrell Foley, 53, of Martinsville, shoplifting – third or subsequent offense, June 14, 2019.

*Michael Lee Goins, 38, address not listed, abduction with intent to defile, July 1, 2019.

*Cody Cheyenne Moore, 26, of Bassett, one count each carjacking – armed with a deadly weapon, use of firearm in the commission of a felony, use of firearm in the commission of a felony – subsequent offense, abduction, break and enter dwelling while armed with a deadly weapon, May 4, 2019.

*Mikayla Jae Thomas, 26, of Collinsville, one count each break and enter dwelling while armed with a deadly weapon, use of firearm in the commission of felony, abduction, May 4, 2019.

*Thomas Floyd Wilson, Jr., 42, of Ridgeway, malicious wounding, July 7, 2019.

*Amanda Kay Young, 34, address not available, shoplifting – third or subsequent offense, April 23, 2019.

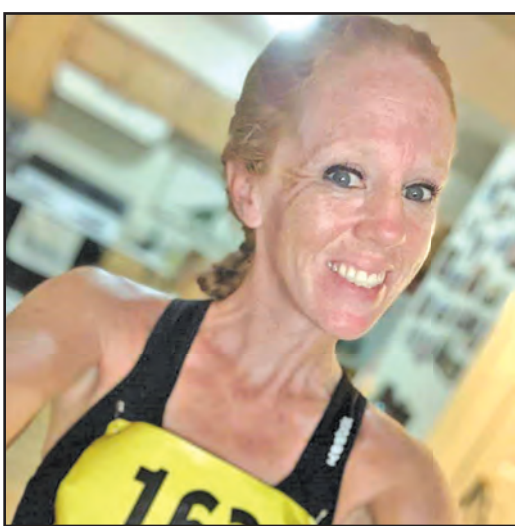
*Demetrius Nazshae Inge, 26, of Martinsville, threaten to bomb, burn or damage structure, June 16, 2019.

*Duvontae Lamar Keen, 29, of Martinsville, elude police with speed 20 mph or more over limit, April 12, 2019.

*David Dillon Ives, 26, of Martinsville, grand larceny of a motor vehicle, May 25, 2019.

*Kimarie Dawn Kennon, 24, of Bassett, one count each possess unlawful chemical compound by inmate, possess heroin, June 8, 2019.

See **Grand Jury**, page 4



Ashley Crouch, coordinator for Runners Connect of MHC

Local runners combine exercise with community outreach

Brandon Martin
Staff writer

Miles in Martinsville, a program created by Martinsville-Henry County Family YMCA, is an outreach and support series to promote physical fitness in the community.

Recently, Miles in Martinsville announced a brand new program called "Runners Connect of MHC," designed to present activities to bring people of similar interests together as part of

an effort to broaden the local running community.

The new program will also serve as a source of information for experienced runners, newcomers, and for runners visiting the Martinsville-Henry County area. While these runners may share the same hobby, that doesn't mean that all of their stories are the same.

"I got involved with distance running by pure bad luck," said Ashley Crouch, coordinator for Runners Connect of MHC. "I was

a little down in the dumps when I saw a comment on a friend's Facebook post about a 50k in Maryland. I sort of hijacked the post and started to have a conversation with the woman, that I had never met. By the end of the day I was registered for my first 50k and sleeping in the home of a perfect stranger."

Not all stories start in the same happenstance way as Crouch's. Some spent a majority of their lives yearning for the open track.

"I got involved in run-

ning at age 12," said Jason Dove, another runner in the Miles in Martinsville series. "I had a brother, who was five years older, who lost like 45 pounds over the previous summer by running a lot. I was amazed at his transformation. I always looked up to him; still do, and I decided

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Reversion from page 1

“Once the study is complete, a meeting of the two boards and the two school boards would be convened to review its findings and to determine a path forward,” he added in the letter.

“Enhancing educational opportunities for our young people is the best way to attain a prosperous future for our community, and we believe this approach would allow all parties to focus our efforts on that goal,” Adams wrote.

Henry County Administrator Tim Hall also recently pushed back on allegations made during a Nov. 19 presentation about reversion in Martinsville.

Then Eric Monday, assistant city manager and city attorney, said “There are five people sitting here who really want to talk, but it does take two sides to have a conversation. Coming and telling this council that we ought to be talking, you are preaching to the choir. If you want that conversation to occur, please call your elected representative in the county and make that suggestion to them.”

Other city officials echoed the sentiment at the time.

“We would love to sit down with the county,” Vice Mayor Chad Martin said. “We’ve already actually worked out who would go and actually talk. The problem is that they won’t sit down with us unless we vote to revert.”

City officials said they have tried to communicate with the county, and even sent letters and emails.

“As we all know, the discussion of reversion is on the front burner now and there have been several media pieces and presentations designed to capture this issue,” Hall said in a prepared statement. “Additionally, we all have our own slant on things past, present and future. But there are a few items currently in the public arena that are misguided, and I feel a duty to bring them to light for the Board and set the record straight.”

“The city’s mayor recently sent a letter to this board, requesting a meeting to discuss consolidation, reversion, or all of the above,” Hall said. “And since that letter went out, we’ve been bombarded with ‘Are you going to meet? Why aren’t you going to meet? Why won’t the county meet with the city?’”

Hall noted that the Henry County Board of Supervisors’ Nov. 22 meeting was the first time the board had gathered since receiving the letter, aside from a brief special meeting to discuss jail financing.

Since the supervisors only meet once a month, and council meets twice a month, it was the county’s first real opportunity to discuss the letter, which Hall said referenced an “executed agreement” in 2012 which mentioned a path forward on issues of present concern.

“We’ve checked our files and we don’t have the agreement being referenced,” Hall said. “I asked the city staff twice to send us a copy. Although, its staff is still looking, so far it appears the city doesn’t have one either. George Lyle (County Attorney) and I met with city staff at least once, maybe twice, back then and discussed ways we could enhance cooperation. But to my recollection, no document was ever agreed to or executed.”

In light of the ongoing water and sewage issues between the county and the city, Hall said talks are a matter for the Public Service Authority (PSA) Board of Directors and not the Board of Supervisors.

In his prepared statement, Hall also took issue with accusations being lobbed during the city’s reversion presentation that the PSA had violated state environmental laws involved with reopening the Lower Smith River Wastewater Plant.

“The Lower Smith River plant has been approved by the Commonwealth to be reopened,” said Hall. “The plant was permitted by DEQ (Department of Environmental Quality) in April 2017, and the project is underway. And finally, the PSA and its staff believe that by reopening this plant, with the best and most modern wastewater treatment processes available, the Smith River will be even better environmentally than it is now,” he said.

Hall said the PSA asked the city if it wanted to be a customer for the improved plant, but the city declined.

“I believe City Council and city staff want what is best for their residents,” Hall said. “I know without a doubt that the Board of Supervisors and county staff want what is best for county residents. This is and will continue to be, until its conclusion, an emotional process. There is passion on both sides of the aisle. Passion is good. But sometimes it can lead to mistakes and misstatements, and the longer these misstatements are allowed to go unchecked, the more likely people are to take them for facts,” he said.

Questions or comments on the reversion may be emailed to town@ci.martinsville.va.us



The Historic John D. Bassett Event Center will host its first ever Christmas Vendor/Craft Fair on Dec. 7.

HJDB hosts Christmas Craft Fair

Brandon Martin
Staff writer

The Historic John D. Bassett (HJDB) Event Center will be hosting a Christmas Vendor/Craft Fair on Dec. 7 from 9 a.m. until 4 p.m.

This year marks the first time that HJDB has offered a Christmas Craft Fair.

“The response has been incredibly overwhelming,” said Sharon Mills, event coordinator at HJDB. “We have had to nearly triple our original allotted space to accommodate the number of crafters that have confirmed.”

Vendors for the event paid \$20 for a booth and two chairs to sell their products. Only one representative can set up a booth, per company to avoid duplications. Since handmade crafts are deemed unique, there is no limit for booth space provided to these crafters.

Mills expects a huge turnout to the event.

“Many crafters will travel an hour or more to have the opportunity to set up here,” she

said. “This is our first, but we anticipate a fantastic turnout! We will have concessions available and will be giving away door prizes.”

According to Mills, events at HJDB are about community, and events like the craft fair were planned to highlight that aspect.

“The date, December 7, was scheduled to correlate with the Bassett Parade allowing the entire Bassett community to showcase what Bassett has to offer,” she said, and explained what she most looks forward to about the event this year.

“I look forward to seeing the amazing talent that will be on display, while working on my Christmas list,” said Mills. “It has been such a pleasure to speak with each crafter and vendor scheduled to attend. They spend so much time, pouring their heart and soul into their craft. We are completely humbled by the support we have received with the craft fair and the community involvement. It takes a lot of support to keep such a large, historical, non-profit building open to the public.”

SCC to Launch New Online Business Filing System

The State Corporation Commission (SCC) will launch a new online electronic business filing system on Monday, Dec. 9. Letters to nearly 690,000 business entities and approximately 320,000 registered agents who serve those entities are being sent this week by the Clerk’s Office of SCC.

These important letters, coming in a light blue envelope, contain key information needed to use the new system.

The enhanced Clerk’s Information System (CIS) will expand online services available to customers who file documents and pay fees associated with business entities formed or registered under Virginia law. The improvements will offer confidence to all SCC Clerk’s Office customers that they can form and maintain their businesses using a secure, user-friendly system.

The new system will require the use of a personal identification number (PIN) to complete several types of transactions. The letters being mailed this week include the six character identifier that is assigned to each business entity or to a registered agent. PIN-based identity management protocols will help ensure that only authorized users can file and update records. The letters are being sent to

each entity’s registered office address on record with the Clerk’s Office.

It is important to keep this PIN in a safe and secure manner and have it readily available to file documents that change or update information on record with the Clerk’s Office.

Upon launch of the new CIS, persons needing to use the system, aside for those just searching for information, will have to create a user account. This includes the nearly 751,000 people who have accounts in the existing system known as SCC eFile.

Holders of a user account can form new entities, pay annual fees, obtain certificates of good standing or fact of existence, file Uniform Commercial Code (UCC) statements, and perform other services without the need of a PIN. Again, the PIN is only required to change and update information in the CIS. For example, the PIN will be needed to file a corporate annual report with director and officer changes.

The Clerk’s Office is prepared to answer questions regarding PIN assignment and the account creation process. Information is available online at scc.virginia.gov/clk. Or, call 1-866-538-1929 during normal working hours.

Kroger to pay U.S. Government \$225,000 to settle civil allegations it violated the Controlled Substances Act



Kroger Limited Partnership and Kroger Pharmacy have agreed to pay the United States \$225,000 to settle civil allegations that it violated the Controlled Substances Act (CSA) more than a dozen times at its Rio Hill Center location in Charlottesville, Virginia. United States Attorney Thomas T. Cullen and Jesse R. Fong, Special Agent in Charge of the Drug Enforcement Administration’s Washington Field Division, recently made the announcement.

“Pharmacies are vital part-

ners in our collective efforts to reduce the unlawful diversion and use of dangerous opioid drugs,” Cullen said. “As this case illustrates, federal prosecutors will utilize all available tools, including civil actions, to ensure that entities and individuals involved in the lawful dispensing of these potentially deadly drugs fully comply with the law.”

The settlement resolves allegations by the United States that Kroger #334 (Rio Hill Center, Charlottesville, Va.) violated the CSA on at least 16 distinct occasions

between May 2, 2015 and May 30, 2016. According to settlement documents, the United States claimed that Kroger #334 violated the CSA by improperly filling “office use only” prescriptions for Schedule II controlled substances; failed to make and keep DEA 222 order forms; improperly distributed a Schedule II controlled substance absent the required DEA 222 form; and failed to provide effective controls and procedures to guard against diversion of controlled substances.

Nominations now accepted for annual community service award

Nominations for the 19th annual Jack Dalton Community Service Award are being accepted through Dec. 27, 2019.

The award will go to the Henry County resident who best demonstrates the exemplary community service that marked Dalton’s years of public service. Dalton served as a member of the Henry County Board of Supervisors for more than

24 years, and was serving as the Board Chairman at the time of his death on May 24, 2000.

Nominations are due by Friday, Dec. 27 at 5 p.m. The recipient of the award will be recognized at the Board of Supervisors’ meeting in January.

Nominations should be based on the candidates’ personal volunteer efforts and active involvement in helping promote the

quality of life in Henry County. Nominees must have primarily performed the service for which they are being nominated within the calendar year 2019.

The online application and additional information are available on Henry County’s website at www.henrycountyva.gov. All nominations must be submitted online or using the approved nomination form.

The Henry County Board of Supervisors will review the nominations and select this year’s recipient.

Dr. Calvin Rains won the inaugural presentation in 2001, followed by Bill Adkins in 2002, Clay Campbell in 2003, Mary McGee in 2004, Charlie Bradshaw in 2005, Bob Petty in 2006, the Rev. Thurman Echols in 2007, Nancy Bradshaw in 2008, Mary Jordan in 2009, Pat Ross in 2010, Claude Cobler in 2011, Beatrice Bullard in 2012, Barry Nelson in 2013, J. Smith Chaney, Jr. in 2014, Paul Kennedy in 2015, Bob Norris in 2016, John Thomas “Smokey” Pegram in 2017, and James L. Franklin, Jr. in 2018.

CROSSWORD PUZZLE

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59				60				61				
62				63					64			

CLUES ACROSS

- Egyptian bull-god
- America
- Type of field (abbr.)
- Reagan’s Deputy AG
- Negative
- Mother of Hermes
- Summer and Winter Olympics gold medal winner
- In shape
- Oh my goodness!
- People of Guinea or Sierra Leone
- A form of “to be”
- Succulent plant
- Estranges
- Honest
- Showing conviction
- High schoolers’ test
- Implant
- Acknowledgment
- Cash dispenser
- Transferred to another
- Superhero group
- Photographers
- Small, rich sponge cake
- Power to perceive
- Heavy cavalry sword
- Israel’s first permanent UN delegate
- Everything
- Afflicted
- Language spoken in Chad
- Pioneering MC Kool Moe
- Jewish spiritual leader
- Keyboard key
- Soviet Socialist Republic
- Impudence

CLUES DOWN

- Type of degree
- Expression of sorrow or pity
- Large, predatory lizard
- River in Romania
- Biased
- Parties
- TV’s used to need one
- Philly football player
- Recognized ethnic group of China
- Gradually disappear
- Large, dark antelope
- Vegetarians won’t eat it
- Takes the energy out of
- Body part
- Succeed in achieving
- Where golfers begin
- Computer memory
- One who buys and sells securities
- Midway between north and northeast
- Quiet and rather dull
- A limb on which to walk
- It precedes two
- Of she
- Commercials
- Necessary for sewing
- Infectious viral disease
- Expression of good wishes
- Some are contact
- More plentiful
- Secret political clique
- Behind the stern of a ship
- Supernatural force
- Altar in Orthodox churches
- Swiss river
- Impartiality
- “Luther” actor Idris
- They resist authority (slang)
- Criticize

Begin Christmas with Christ!

Please join us as we celebrate the Christmas Season

Breakfast with Santa will be December 14 at 9:00 AM Children of all ages come enjoy Santa.

Adult Choir Christmas Program "The Gift" Sunday, December 22 at 11:00 AM

Christmas Eve Communion will be Tuesday, December 24 at 6:00 p.m.

Merry Christmas from First Baptist Church of Collinsville
3339 Virginia Ave., Collinsville, VA

Piedmont Arts plans Bus Trip to North Carolina Museum of Art

Take a bus trip from Piedmont Arts to the North Carolina Museum of Art (NCMA) in Raleigh to view the exhibits, Frida Kahlo, Diego Rivera, and Mexican Modernism from the Jacques and Natasha Gelman Collection and Scott Avett: I N V I S I B L E on Thursday, January 9, 2020.

Frida Kahlo, Diego Rivera, and Mexican Modernism from the Jacques and Natasha Gelman Collection presents the paintings of two icons of the 20th century. Few artists have captured the public's imagination with the force of Mexican painter Frida Kahlo (1907–54) and her husband, the Mexican painter and muralist Diego Rivera (1886–1957). The myths that surrounded them in their lifetime arose not only from their significant bodies of work, but also from their friendships (and conflicts) with leading political figures and their passionate, tempestuous personal relationships. Scott Avett: I N V I S I B L E features large-scale oil paintings by the internationally recognized co-founder of the band, The Avett Brothers. These are psychologically charged and emotionally intense portraits focused on his family and himself—often intimate, vulnerable and sometimes uncomfortably truthful portrayals. Like his songs, Avett's paintings speak to universal issues of spirituality and struggle, love and loss, heartache and joy, as well as more personal stories of career, family and living in the South. The exhibition also includes prints and paintings related to Avett's musical career. Bus will leave Piedmont Arts at 8 a.m. and arrive at NCMA at 10 a.m. Take a self-guided tour of the exhibits until 11:45 a.m. Enjoy a reserved lunch at 12 pm at Iris Restaurant inside NCMA. Estimated



arrival back at Piedmont Arts is 3:30 p.m. Tickets are \$70 per person and include transportation, admission and reserved lunch. Tickets are on sale now at Piedmont Arts and online at PiedmontArts.org.

Piedmont Arts is a nonprofit art museum in Martinsville, Virginia that inspires and engages the diverse Martinsville-Henry County community and surrounding areas through visual arts, performing arts and arts education. Piedmont Arts is a statewide partner of the Virginia Museum of Fine Arts and is accredited by the American Alliance of Museums. Piedmont Arts programming is partially supported by the Virginia Commission for the Arts and the National Endowment for the Arts. Piedmont Arts is located at 215 Starling Avenue, Martinsville. Museum hours are Tuesday – Friday from 10 a.m. – 5 p.m. and Saturday from 10 a.m. – 3 p.m. Admission is free. Learn more at PiedmontArts.org.

STEP Offers Free Child and Family Conference

Parents and community members can learn about techniques and resources for optimizing family wellness by attending a free Parent and Community Mini-Conference hosted by STEP, Inc.'s Head Start and Early Head Start programs on Monday, December 16 from 9:30 a.m. to 2 p.m. at The Franklin Center in Rocky Mount.

The conference is free but participants must register by Wednesday, Dec. 11 by calling 540-352-3200 or emailing Elisabeth.minter@stepincva.com. A light breakfast and lunch will be provided.

Four information sessions have been scheduled, beginning at 10 a.m. with Richard Campaign with Franklin County Public Safety who will present on Home and Health Safety, and Emergency Preparedness. At 10:50 a.m. Dorothy Anderson with the Franklin County Public Library will share methods to encourage reading with young children and Early Literacy. Keri Garnett with Freedom First Credit Union will talk about Financial Literacy and share tips about han-

dling finances and services, beginning at 11:40 a.m. Following a lunch break, at 1:10 p.m. Jean Odachowski with Family Preservation will address Mental Health, the treatment options and help that is available.

A variety of vendors will also be on hand to provide information about community resources. The mini-conference is open to anyone who wants to attend.

Head Start (HS) and Early Head Start (EHS) are comprehensive education, health and nutrition programs specifically designed to help parents prepare their children for school in Franklin and Patrick counties. They are designed to foster the healthy development of children from low-income families. STEP classrooms also provide the opportunity for the social, emotional, and intellectual growth along with health screenings, medical and dental support services. The Head Start approach serves the entire family and seeks to empower both parent and child. Nearly 25 million pre-school aged children across the United States have benefited from Head

Start since its inception in 1965.

STEP's Head Start and Early Head Start programs serve more than 200 clients including pregnant women and children from birth through age five. With more than 50 education professionals, STEP's team includes teachers, teacher assistants, family service specialists and educators, health advocates, and transportation specialists.

STEP (Solutions That Empower People) is a community action agency with services in Franklin and Patrick counties, and Bedford, Martinsville and Danville. In addition to Head Start and Early Head Start, services include youth services (LIFES Academy and Project Discovery); senior services (Meals on Wheels, transportation); supportive services (re-entry, homelessness prevention); housing and weatherization; and financial services (tax preparation assistance). STEP's mission is to empower people to overcome barriers to economic, educational and developmental success within the communities it serves.

Virginia ABC Teams Up with MADD to Promote its 'Tie One on for Safety' Campaign

The Virginia Alcoholic Beverage Control Authority (ABC) and Mothers Against Drunk Driving (MADD) want everyone to get home safely this holiday season. The authority and the nonprofit have teamed up for a "Tie One On For Safety" campaign to distribute ribbons to remind everyone not to drink and drive.

"Some of the most dangerous days of the year on our nation's roadways are between Thanksgiving and New Year's Day," said Christopher R. Korschak, MADD's program director in Virginia. "Last year there were 895 alcohol related crashes in Virginia that resulted in 18 fatalities and 519 injuries during the holidays."

Since 1986, MADD has asked drivers across the country to display a MADD red ribbon in a visible location on their vehicles to remind others to always designate a non-drinking driver. This year, Virginia ABC will

offer the free ribbons in all of its stores, where customers may pick one up to display on their vehicle.

The "Tie One On for Safety" campaign is MADD's longest running public awareness project. It is supported in part by a \$9,637 grant from Virginia ABC's Education and Prevention Section. It was one of 10 grants totaling \$69,000 which were awarded by the authority earlier this year to organizations across the state to help them reduce underage and high-risk drinking in their communities.

"MADD shares our mission to promote healthy decisions like choosing not to drink and drive," said Virginia ABC Chief Executive Officer Travis Hill. "Our partnership underscores our commitment to public safety and responsible consumption of alcohol."

Boxes with the ribbons will be in stores through

January 1, 2020, or as long as supplies last. For more information contact MADD Virginia at (804) 353-7121.

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Layton Thomas gives his presentation on George Lucas at the Nov. 22 Living Wax Museum at Carlisle School.

Carlisle Students Bring History to Life

Brandon Martin
Staff writer

Students at Carlisle School participated in the 5th grade Living Wax Museum on Nov. 22.

The project, coordinated by 5th-grade teachers Casey Thomson and Jacquelyn Penprase, assigned students the four-week task of extensively researching a Hollywood icon.

Students completed a research paper, made a presentation board and learned a short statement about their icon of choice. At the end of the four weeks, the students dressed like their icon and presented what they learned via the Living Wax Museum.

"The wax museum is something that we've been looking forward to," said Jennifer Eastwood, a parent of one of the participants. "She's had to learn how to study. She's had to set goals. She's had to go through the process of writing a research paper and put it all together into something meaningful," Eastwood said of her daughter.

She added that she believes the project taught her daughter more than just celebrity facts.

"She had to speak to a lot of different people today and in front of a lot of groups. She had to learn these public speaking skills like how to make eye contact," Eastwood said. "She learned things that are called soft skills, but they are really life skills."

One grandparent expressed disbelief in how well the students did.

"It was amazing," Benny Shelton said. "They looked so real and they were so disciplined. Learning all they have and being able to do it with this big group around them, I think that is something that I would never be able to do."

Shelton's husband also expressed his gratitude for the inventive teaching methods employed by Carlisle School.

"I feel like the school is making an effort to see that the children do learn and explore the possibilities in education," said Bill Shelton.

This sentiment was repeated by other parents in the crowd.

"Certainly from an educational standpoint, it's a lot of facts that we probably wouldn't know about actors and folks," said Greg Haymore, parent to one of the participants. "He learned a whole lot about the early life of his wax museum character and I think it's a wonderful opportunity to



Lucas Jordan offers a presentation on Tom Hanks at the Living Wax Museum at Carlisle School. The event was held on Nov. 22.

bring the application of what they are learning into perhaps real life."

Tommy Jo Atkinson was relieved to see how enthusiastic her son was to be learning.

"Just seeing him do an actual large project like this, only at school and him coming home and being excited about what he has learned during the day, is amazing," she said. "It just seemed like he put a lot of thought into it."

One thing that seemed to stick with all the parents was the growth shown in their children and grandchildren.

"It's been interesting to

watch him grow over the time he has been working on it," said Mark Jordan, also a parent of one of the participants.

"He went from just reading the lines to internalizing the part and the character. It's interesting to watch him mature as he went along. One of the things that we all have to do as we grow up is we interact, not just with a class, but we interact with the larger society around us. The nice thing about this is that he's not just doing this for classmates. He's doing it for parents but he is also doing it for people he doesn't even know."



PHOTOS COURTESY OF JENNIFER DOSS
Abdull Alfahd poses as his wax museum icon Dwayne Johnson at Carlisle School on Nov. 22.

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OPINION

On Second Amendment sanctuaries

In recent weeks, the supervisors in both Henry County and Patrick County have voted to make these counties "Second Amendment sanctuaries." On Dec. 10, Martinsville city council will put the matter to a vote as well.

Second Amendment sanctuaries are spreading like wildfire across the rural portions of the Commonwealth. Whether you agree with these resolutions or not, I think it's important to take a moment to better understand two aspects of these resolutions.

First, we must understand exactly what a Second Amendment sanctuary resolution accomplishes. Second, we must understand the specific laws that these resolutions are designed to handicap.

It is important to understand that these resolutions are largely symbolic. Rich Schragger, a University of Virginia professor specializing in constitutional law, recently said in an interview that if a gun control measure is constitutional, it is unlikely that it could be blocked by a Second Amendment sanctuary resolution.

Within local law enforcement offices, Schragger said, there is a small amount of discretion that of-

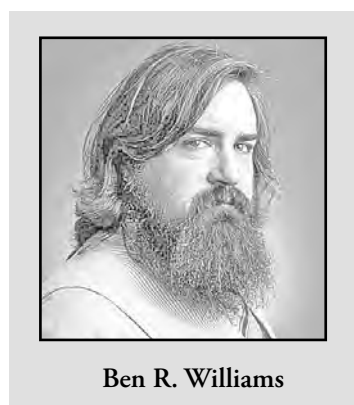
ficers can use when choosing to enforce the law. It's the equivalent, in my estimation, of an officer catching you doing a few miles over the speed limit but letting you off with a warning instead of a ticket.

The main takeaway here is that a Second Amendment sanctuary resolution is a symbolic gesture. It is political action intended to send a message. It legally cannot accomplish much more than that. If law enforcement failed to enforce state laws because of a county resolution, it's unlikely the argument would hold up in any court.

The second item we need to examine is the specific laws that Second Amendment sanctuary resolutions are designed to circumvent.

This movement can ultimately be traced back to May 31 of this year, when a disgruntled Virginia Beach city employee gunned down 12 people and wounded four others at a municipal building in Princess Anne. This inspired Gov. Ralph Northam to convene a special session of the General Assembly to take up gun control legislation.

That special session ended abruptly when the General Assembly, then Republican-controlled,



Ben R. Williams

adjourned after 90 minutes without considering any of the bills before them.

Second Amendment sanctuaries are now proliferating out of concern that the Virginia House and Senate, which will both be controlled by Democrats come January, will reevaluate these bills and potentially pass some of them.

Just to underscore one important point: None of the laws that these resolutions are designed to circumvent have actually been passed.

Having established the back-

past:

-The implementation of universal background checks, which would require almost all firearm transactions in the U.S. to be recorded and go through the National Instant Criminal Background Check system, thus closing the private sale exemption.

-A ban on sales of assault weapons, which are generally defined as semi-automatic rifles with a detachable magazine and pistol grip, such as the AR-15. (On a side note, an assault weapon is not the same thing as an assault rifle, an AR-15 is not an assault rifle, and the AR in AR-15 doesn't stand for "assault rifle," it stands for "ArmaLite Rifle.")

-A ban on silencers and devices like bump stocks, which allow someone to fire a semi-automatic weapon in a fashion similar to an automatic weapon. Automatic weapons are currently banned unless the owner has both a Federal Firearms License and is also a Class 3 Special Occupational Taxpayer, which is not an easy trick to pull off.

-A requirement that residents report lost or stolen firearms to po-

lice.

-The implementation of a "red flag" law, which allows police or family members to petition a state court to order the TEMPORARY removal of firearms from a person who may present a danger to others or to themselves. A judge makes the determination based on statements and actions made by the gun owner in question. Depending on the state, these laws go by a variety of names, such as "Extreme Risk Protection Order" or ERPO. As of now, 17 states and Washington D.C. have passed red flag laws.

These are the main proposed laws that Second Amendment sanctuary resolutions are designed to address. You will note that I did not mention anything about confiscating guns from law abiding citizens, as there are no proposed laws that would do such a thing, nor would such a law be constitutional.

Ultimately, all Second Amendment sanctuary resolutions are messages. If we are to send a message to our newly-elected representatives in Richmond in an attempt to tell them what we stand for, then we should fully understand the statement we are making.

Grand Jury from page 1

*Anthony Tyrone Meneff, 45, of Martinsville, possess firearm by violent felon, July 18, 2019.

*Erica Lynette Walker, 50, address not available, one count each grand larceny, enter property with intent to interfere, July 5, 2019.

*Roger Dale Anderson, Jr., 48, of Rocky Mount, elude police with speed 20 mph or more over limit, Aug. 16, 2019.

*Ryan Lee Donavant, 38, of Martinsville, one count each of \$500 worth of personal property, June 3, 2019; elude police with speed 20 mph or more over limit, April 10, 2019.

*Justin Lee Hollandsworth, 31, of Big Stone Gap, one count each possess firearm by violent felon, possess ammunition by felon, elude police with speed 20 mph or more over limit, Aug. 12, 2019.

*Jonathan Michael Rigney, 30, address not available, one count each grand larceny of a firearm, possess firearm by felon convicted within 10 years, July 27, 2019.

*Sherry Smith Vincent, 55, of South Boston, one count each shoplift -- third or subsequent offense, Feb. 17, 2018, felony fail to appear, June 25, 2018.

*Carlos Raphael Wade, 33, of Martinsville, two counts computer solicitation of child,

July 8-9, 2019.

*Genaro Vazquez, 39, address not available, one count each possess methamphetamine with intent to distribute, possess cocaine, possess marijuana with intent to distribute, April 10, 2019.

*Jyquan Nykey Hairston, 18, of Martinsville, one count each use of firearm in commission of a felony, use of a deadly weapon, grand larceny of a firearm, abduction, break and enter dwelling in the nighttime while armed with a deadly weapon, June 29, 2019.

*Darris Lavar Simmons, 31, address not available, grand larceny of a motor vehicle, June 13, 2019.

*Jason Romon Wooden, 36, of Martinsville, one count each break and enter dwelling with intent to commit larceny, grand larceny, Feb. 13, 2018.

*Frederick Valentino Hairston II, 29, of Martinsville, one count each break and enter dwelling with intent to commit larceny, petty larceny -- third or subsequent offense, Aug. 4, 2019.

*James Nelson Thompson, 20, address not available, one count each break and enter dwelling with intent to commit larceny, grand larceny, Nov. 9, 2014.

*Brian Curtis Toler, 48, of Collinsville, one count each

obtain money by false pretense --third or subsequent offense, petty larceny -- third or subsequent offense, May 22, 2019.

*Manch Justice-Omar Dillard, 27, address not available, unauthorized use of motor vehicle, July 4, 2019.

*David Preston Clark, 43, of Martinsville, one count each break and enter dwelling with intent to commit larceny, grand larceny, Nov. 25-Dec. 2, 2018; possess ammunition by felon, Aug. 5, 2019.

*Taylor Lee Elliott, 29, of Ridgeway, elude police, Sept. 16, 2019.

*Michael Paul Murray, 20, of Bassett, grand larceny of a motor vehicle, Aug. 11, 2019.

*William Leslie Perdue III, 29, of Collinsville, elude police, July 21, 2019.

*Jonathan Grayson Nunn, 28, address not available, shoplifting -- third or subsequent offense, Aug. 25, 2019.

*Matthew Daniel Cline, 39, of Martinsville, unauthorized use of a motor vehicle, Aug. 30, 2019.

*Tesla Jane Hodges, 25, of Bassett, one count each endanger life of a child, contribute to the delinquency of a child, July 31, 2019.

*Jennifer Bowers Martin, 43, of Fieldale, two counts of endanger life of a child, Sept. 7, 2019.

*Robert Steven Joyce, 57, of Collinsville, felony destruction of property, July 22-23, 2019.

*Tracy Allen Adkins, 33, of Bassett, shoplifting -- third or subsequent offense, July 15,

2019.

*Jennifer Allen Bowman, 46, address not available, obtain \$500 or more by false pretense, July 21, 2019.

*Albert Stevenson Canty, 61, of Collinsville, fail to register as a sex offender, July 6, 2019.

*Christopher Allen Via Dawson, 28, of Martinsville, one count each assault and batter of law enforcement officer, elude police with speed 20 mph or more over limit, April 22, 2019.

*Malik Devontae Manns, 23, of Martinsville, possess cocaine, April 10, 2019.

*Raekwon Keyon Manns, 23, of Stuart, two counts obtain \$500 or more by false pretense, June 17-19, 2019; one count each grand larceny, break and enter building with intent to commit larceny, larceny of \$500 or more with intent to sell or distribute, felony destruction of property, June 13-20, 2019.

*Megan Nicole Stallings, 28, of Axton, one count each possess heroin with intent to distribute, possess methamphetamine with intent to distribute, May 22, 2019.

*Robert Truman Stone, 51, of Martinsville, one count each attempted malicious wounding, possess methamphetamine, possess heroin, possess firearm while possessing methamphetamine and heroin, use of firearm in the commission of a felony, July 10, 2019.

*Kenneth Edward Via, 65, of Martinsville, drive under the influence -- first offense,

Dec. 6, 2018.

*Kenneth Bryon Rakes, Jr., 43, of Bassett, possess hydrocodone and acetaminophen, Nov. 17, 2017.

*Jordan Thomas Hall, 31, assault and battery, June 5, 2019.

*Gary Randolph Kendrick, Jr., 44, of Martinsville, possess alprazolam, May 27, 2019.

*Charlotte Wiggington, 47, of Axton, three counts credit card fraud, Nov. 28, 2018 to June 15, 2019.

*Victoria Walker Cumbee, 31, of Ridgeway, two counts credit card fraud, petty larceny -- third or subsequent offense, July 15, 2019; one count grand larceny of a motor vehicle, July 15, 2019.

*Jay'kwon Dajour Martin, 23, of Martinsville, break and enter occupied dwelling with intent to commit misdemeanor, June 3, 2019.

*Roger Scales, 63, of Martinsville, false statement to firearm dealer, June 19, 2019.

*Joseph Wayne Dunlap, 31, of Mayodan, N.C., hit and run, attended property with damage more than \$1000, Aug. 11, 2018.

*Herbert Shawon Nowlin, 34, of Martinsville, one count each elude police with speed 20 mph or more over limit, drive suspended, April 28, 2019.

*Devon Michael Long, 28, of Collinsville, false statement to firearm dealer, June 20, 2019.

*Bruce Thorton Pruitt, Jr., 47, of Bassett, possess marijuana, May 6, 2019.

*Walter Elbert Spence III, 44, of Critz, possess methamphetamine, Feb. 3, 2019.

*Brian Eugene Finley, 43, of Martinsville, possess heroin, March 29, 2019.

*Matthew Neil Patrick, 27, of Danville, two counts grand larceny, July 2-19, 2019; one count each obtain \$500 in money or property by false pretense, July 2, 2019; petty larceny, obtain \$500 or less in money or property by false pretense, Aug. 6, 2019.

*Vershonda Tamika Renne Lewis, 35, of Bassett, one count each assault on rescue personnel, obstruction of rescue services, Aug. 12, 2019.

*Amanda Dawn Manning, 30, of Collinsville, petty larceny -- third or subsequent offense, March 25, 2019.

*Kaylee Irene Minish, 29, of Collinsville, one count each break and enter dwelling with intent to commit larceny, grand larceny, larceny of \$500 or more with intent to sell or distribute, obtain money by false pretense, June 27-28, 2019.

*Tonya Faye Dickerson, 44, of Bassett, one count each grand larceny of a motor vehicle, obtain money by false pretense -- second offense, Aug. 18-Sept. 8, 2019.

*Barbara Jane Gammon, 38, of Bassett, one count each grand larceny of a motor vehicle, obtain \$500 or less by false pretense, Aug. 18 to Sept. 8, 2019.

Grant Awards from page 1

This portion of the funding is a program-related investment and will be reimbursed through the Federal Aviation Administration and the Virginia Department of Aviation.

"The support that The Harvest Foundation is providing is remarkable and uncommon in the airport world," said Rob Spilman, member of the Blue Ridge Airport Authority. "In partnering with Harvest, we can potentially cut the timeline in half, bringing growth and opportunities to our area that are crucial."

With support from The Harvest Foundation, the project could be completed as early as 2025, avoiding a potential six-year delay.

"Blue Ridge Airport receives aircraft from local and regional industries as well as global companies," said David Stone, chairman of The Harvest Foundation Board of Directors, during the Wednesday press conference. "The airport is a vital gateway that boosts commerce and tourism for Martinsville-Henry County. For every dollar the foundation invests, the airport will potentially leverage fifty dollars from state and federal sources. This is a major economic win for our community."

Noting the area recruits economic development projects "in the biggest of arenas," Debra Buchanan, vice chairman of the Henry County Board of Supervisors, said, "we want the significant corporate partnerships that bring us an international flair; we want the ones that increase our footprint from coast to coast in this country, too. Companies and corporations of that size and of that impact don't travel by car. They travel through the air, and many of them land right here at Blue Ridge Airport."

Other speakers at the press conference included Mark Heath, president and CEO of the Martinsville-Henry County Economic Development Corp., Vice Mayor Chad Martin from the City of Martinsville, and Jason Davis, manager of the Blue Ridge Airport.

This year, The Harvest Foundation "Grants Map" will unveil the eight grants approved in this fall's grant cycle. Each announced grant takes the shape of an "X" on the map, which is a visual of the Martinsville-Henry County footprint.

Detailed information about each grant will be released throughout the next few weeks. Stay tuned on

Harvest Foundation's social media (facebook.com/harvest.foundation.mhc) and website (theharvestfoundation.org) for more information and grant reveals.

The Harvest Foundation is a nonprofit organization established in 2002 by the sale of Memorial Hospital. The foundation seeks to invest in community initiatives that support economic development within Martinsville-Henry County. To improve

the community's health, educational opportunity and quality of life, Harvest will work to support organizations and projects that build and maintain economic prosperity. To date, the foundation has put more than \$125 million in grant dollars back into the community and has an annual grants budget of roughly \$10 million. To find out more about Harvest, visit www.theharvestfoundation.org.



The Harvest Foundation Grants Map will unveil the eight grants approved in this fall's grant cycle. Each announced grant takes the shape of an "X" on the map, which is a visual of the Martinsville-Henry County footprint. Additional information about specific grants will appear as it is released by hovering over and/or clicking the "X" on the map.

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If you have news about or an upcoming event for your organization, company or church, email dhall@theenterprise.net and/or call (276) 694-3101



A \$10,000 Pick Up the Pace! grant is presented for a lighting project in Martinsville. Pictured (from left) are: Jeff Sadler, Martinsville-Henry County's Housing and Revitalization coordinator; Sheryl Agee, impact officer and team leader at The Harvest Foundation; Sarah Hodges, director of Tourism and Talent Development at the Martinsville-Henry County Economic Development Corp.; and Leon Towarnicki, Martinsville City Manager.

Uptown Martinsville to get a new lighting, look

The Harvest Foundation will partner with the Martinsville-Henry County Economic Development Corp. (EDC) and the City of Martinsville to enhance the walkability and attractiveness of the Uptown Martinsville area with decorative lighting. "Continued community revitalization is important to the economic growth of our community," said Sheryl Agee, impact officer and team leader at The Harvest Foundation. "One of the things that make for a vibrant downtown is lighting, and we are proud to be a partner with the EDC and City of Martinsville on this project that will add to the beauty of Uptown Martinsville." Harvest provided a \$10,000 Pick Up the Pace! grant to pilot the lighting program, which will include 19 trees initially – chosen based on size, access to power, and location near currently

operating businesses. The City of Martinsville will provide significant support in electricity costs and help with installation. "Uptown revitalization is a top priority for the tourism office and a focus in our 2023 strategic plan," said Sarah Hodges, director of tourism and talent development for the EDC. "We are confident this lighting project will add atmosphere to our uptown area and show a local commitment to revitalization to those currently in business and people interested in opening a business in the uptown area." Hodges said long-term impact will be measured by tracking new businesses in the area and looking at foot traffic throughout Uptown Martinsville. Surveys will be sent at a later date to uptown businesses to gather data on the lighting project's impact.

"The decorative lighting planned for the project will help draw attention to the uptown business area and create a more exciting atmosphere for visitors and businesses," said Leon Towarnicki, city manager for the City of Martinsville. "Ultimately, the desire is to create an environment that is attractive and inviting. Thanks goes to Harvest and the EDC for helping make this happen." The Harvest Foundation's Pick Up the Pace! grants program is a competitive, small grants program designed to engage people and organizations in sparking innovative ideas, collaborations and change in Martinsville and Henry County. These six-month grants for up to \$10,000 are available for application year-round. To find out more, visit www.theharvestfoundation.org or call (276) 632-3329.

The Infamous Stringdusters top early Rooster Walk lineup

Organizers of the 12th annual Rooster Walk Music & Arts Festival released their "early bird band lineup," with The Infamous Stringdusters at the top of the initial band list.

The Grammy-winning progressive bluegrass band will be making its third appearance at Rooster Walk, and will be joined on the bill by Melvin Seals & JGB, Fruition, BIG Something, Yarn, The Vegabonds, Big Daddy Love and Sexbruisse?.

Tickets went on sale at noon Nov. 26 through the festival's website, www.roosterwalk.com

RW12 will take place Thursday-Sunday, May 21-24, 2020 at Pop's Farm, located in the rolling countryside surrounding Martinsville. Rooster Walk is a 4-day festival celebrating music, art, and the great outdoors at the idyllic Pop's Farm venue. With roughly 50 bands performing on 5 different stages, an eclectic roster of great music guides the Rooster Walk experience.

"This is a just a taste of the 40-plus-bands that will perform at the festival this year, and it's an exciting start," said Johnny Buck, a Rooster Walk organizer. "We can't wait to have The Infamous Stringdusters play for the first time at Pop's Farm; they haven't been at Rooster Walk since back in the Blue Mountain days. Melvin Seals & JGB will bring authentic Jerry Garcia Band tunes, which will no doubt be a highlight, and Fruition is a great roots-rock band that we've always wanted to have at the festival. Even better, we've got a lot more bands to come,

including the top two headliners."

In addition to four days of amazing music, the family-friendly Rooster Walk will offer a wide variety of kids' activities, craft beer, great food, arts and numerous opportunities to enjoy Virginia's great outdoors with kayak tours, bike rides, yoga, a disc golf course and beautiful on-site camping.

Rooster Walk has been named one of the Top 5 festivals in the state by the Richmond-Times Dispatch. It also has been voted the region's Most Creative Charitable Event by readers of Virginia Living Magazine. The festival was created in memory of late Martinsville natives Edwin "The Rooster" Penn and Walker Shank, who graduated from Martinsville High School in 2000 along with Buck and fellow festival co-founder William Baptist.

A portion of proceeds from the festival will be donated to local and regional charities, including Rooster Walk's own Penn-Shank Memorial Endowment Scholarship Fund for students at Martinsville High School, and the Rooster Walk Music Instrument Program for public band programs in the local city and county school systems.

The festival is produced by Rooster Walk Inc., a 501c3 nonprofit dedicated to promoting music, arts and education in its home of Martinsville-Henry County. Since 2009, Rooster Walk Inc. has donated more than \$200,000 to local and regional charities.

For more info, updates or to purchase tickets, visit www.RoosterWalk.com.



USDA announces fellowships to develop the next generation of agriculture



PHOTO BY JAMES BALTZ

The U.S. Department of Agriculture (USDA) Office of Partnerships and Public Engagement (OPPE) today announced fellowship opportunities to connect USDA resources with faculty and staff at Hispanic Serving Institutions, 1994 Tribal Colleges and Universities, and 1890 Land-Grant Universities. "We are excited to build upon the more than 20 years of success of the E. Kika De La Garza Fellowship Program

to offer additional opportunities to empower faculty and staff from our partner institutions to holistically develop the next generation of agriculture," said OPPE Director Mike Beatty. The purpose of these fellowships is to connect participants to USDA and other federal resources while focusing on student development. Fellows will receive access to long-term collaboration opportunities, and then share

what they learned with students and colleagues at their home institutions. The E. Kika De La Garza Fellowship Program is designed for faculty or staff at a Hispanic-Serving Institution (HSI) or Hispanic-Serving School District. HSIs are accredited colleges and universities with at least 25 percent Hispanic student enrollment. Currently, there are more than 500 HSIs in 21 states and Puerto Rico, serving

more than 2 million students. See the 2020 the E. Kika De La Garza Fellowship Program application for details.

The Terra Preta do Indio Tribal Fellowship is designed for faculty and staff from 1994 Tribal Colleges and Universities (TCUs) and Secondary Education Superintendents, Principals, Agricultural and/or District Level Teachers working for Bureau of Indian Education designated high schools. See the Terra Preta do Indio Tribal Fellowship application for details.

The Booker T. Washington Fellowship is aimed at faculty and staff at an ac-

credited 1890 Land-Grant University and Secondary Education Superintendents, Principals, Agricultural and/or District Level Teachers working for an 1890 Land-Grant University feeder high school. See the 2020 Booker T. Washington Fellowship application for details.

Each program offers opportunities for Education Fellows and Science Fellows. Education Fellows participate in a week-long program in Washington, D.C. scheduled to start June 15 and end on June 19, 2020. Science Fellows participate in a two-week program, consisting of one week in Washington,

D.C. and a second week at a USDA research location, ending on June 26, 2020.

The application deadline for all fellowship opportunities is 11:59 p.m. on February 12, 2020.

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VBA participates in season of giving



Students at the Victory Baptist Academy donate care packages to the Martinsville-Henry County Warming Center.

PHOTOS COURTESY OF VICTORY BAPTIST ACADEMY

Brandon Martin
Staff writer

Students at the Victory Baptist Academy (VBA) collected items for and assembled care packages to support the homeless community throughout November.

This mission, in conjunction with the Martinsville-Henry County Warming Center, was the school's first official service project since moving into their new location last year.

Amy Owen, a middle and high school educator at VBA, explained that the first year of operation focused on the new teachers and leadership fostering relationships with the students. Now, she says, they are starting to shift focus.

"Now, we, as a strong, family unit, are more prepared and look-

ing forward to serving within our community and teaching our students how to be servants," Owen said. "We believe it is important to teach our students how to have a servant's heart and how to look to those around us and see how we can best offer our God-given talents and characteristics to help one another."

VBA has 52 students enrolled, ranging from preschool all the way to 12th grade. The school uses teacher-generated materials and from the Abeka Academy program. The Abeka Academy program's mission is to support and equip students, teachers and parents by providing academic resources based upon biblical values.

"The goal of Victory Baptist Academy is to assist in the educating and training of Christian stu-

dents to wholeheartedly seek the Lord, serve him, and teach others about him," Owen explained. "The program at Victory Baptist Academy is designed based on Biblical standards which help our students to develop Godly character and responsibility. We desire to see, and work to help our students mature spiritually, academically, physically, and socially. We strive for excellence in all that we may do in order to glorify God."

VBA chose to partner with the Martinsville-Henry County Warming Center this year. The center, which recently announced its reopening this year, provides a warm and dry place to shield the homeless from the extreme winter temperatures and inclement weather. Owen said that the warming center was a great opportunity

to serve and that she's glad that her students were able to experience it for themselves.

"I have been volunteering with the winter warming center for the last few years and this is a cause in the community that I support wholeheartedly," she said. "This effort reaches those within our community that need help the most. I have been tremendously blessed to get to know some of the guests that stay at the warming center whenever the doors are open, and they are all remarkable people with unique stories. The desire to serve there was one of the best decisions I've ever made, as I have grown from it. I wanted our students to have a part in assisting the warming center to start with some of the basic needs met for the guests."

According to Owen, the service

project was a success and VBA is pleased with the support of the community.

"There are truly not enough words to describe how proud we were at the outpouring of support from our students and their families for this service project," she said. "We had anticipated making at least 25 care packages for the guests of the warming center, but we were able to exceed that tremendously, and have lots of other essentials for the guests covered as well. Our students and their families exceeded our goals for items for care packages, as well as brought in Bibles, towels, washcloths, men's socks, hats, and snacks. We are blessed to say that Victory Baptist Academy has some of the best students and families. Students here are truly something special."

Groups provide support system, help caregivers meet challenges

Brandon Martin
Staff writer

Support groups offered through the Southern Area Agency on Aging took on new meaning for a staff

member after her own experience.

"When my sisters and I were told that our Mom had dementia, the doctor handed us a prescription for Accept, told us to prepare to learn a

new language and wished us good luck," said Stephanie LaPrade, community resources coordinator and PeerPlace administrator for the SAAA. "I knew absolutely nothing about the disease,

knew nothing on what to expect and most importantly, knew nothing on how to take care of Mom while she dealt with this horrendous disease."

LaPrade said that while she was familiar "with the support group offered by Southern Area Agency on Aging, but didn't see how it would be helpful to Mom. I didn't realize at the time that the support group would have been immeasurable by teaching me how to deal with Mom's needs through others' experiences, and how to do things that would make her feel safe and happy."

The support group helps build a support system for people who are caregivers, family or friends of individuals dealing with dementia.

Since 2006, the SAAA offers support group meetings for Martinsville-Henry County at their facility every second Wednesday of the month beginning at noon.

In Patrick County, support groups meet at the Landmark Center in Stuart on the fourth Tuesday of each month at noon. The Mountain Top support group meets on the third Tuesday of each month at noon at the Vesta Community Center.

Meeting participants develop a support system, exchange practical information on caregiving challenges and possible solutions, talk through ways of coping, and learn about community resources, LaPrade said.

"At our meetings, we start with serving lunch and a short educational program is presented while everyone eats," she said. "At that time, the facilitator usually asks each person to introduce themselves and talk about their caregiving experience. After that, anyone can ask questions, ask for advice about specific situations or bring up topics for discussion. If someone would rather not speak, that's absolutely okay."

LaPrade added that the biggest benefit of the support groups is the shared experience of all the people

involved.

"One of the main benefits of caregiver support groups is that they provide social support," LaPrade said. "Support groups are a great place to ask for advice or vent frustrations. Since everyone is going through similar situations, there's no need to worry about judgment from others. Often it is a relief to know that they are not the only one with these feelings. Members validate each other's experiences."

The resources available for caregivers looking for a little extra support are another benefit, LaPrade noted.

"The Southern Area Agency on Aging is a wonderful resource for caregivers," she said. "The agency provides programs such as information and assistance, home-delivered meals, transportation, personal care, care coordination, chore services and respite care which offers the caregiver a few hours off from the care of a family member who is age 60 and older. The average service is three hours, one day per week. Additional respite may be available for the care of someone with Alzheimer's disease."

LaPrade added that the Alzheimer's Association offers a toll-free help line at 1-800-272-3900, and that The Edwards Adult Day Care Center provides an opportunity for caregivers to receive several hours of relief at one time while their family member attends the center.

While explaining some of the interactions she's witnessed at the support groups, LaPrade stressed that every case of dementia is not the same.

"Let me preface by saying if you've seen one person with Alzheimer's or dementia, you've seen one person with Alzheimer's or dementia," she said. "Everyone is unique and not one technique will work with everyone."

LaPrade shared some successful practices that were discussed in the support groups.

"We learned of a theory [red plate theory] that if

food is served on a plain red plate, the person with dementia would consume up to 84 percent more food," she explained. "A few caregivers tried this theory and it worked."

She also explained the 15-second rule, which is based on the finding that it takes up to 15 seconds for a person in the later stages of dementia to process a single question or instruction.

"With this information, some of our caregivers now choose their questions more carefully and limit the number of questions they ask so the person with dementia will not become overwhelmed, which can lead to confusion and agitation," she said.

After her own personal experience, LaPrade has made it her personal mission to make a difference in the lives of others who are going through what she once did.

"After Mom passed away in 2013, and after I had dealt with the grief and guilt for a while, I realized how important it would have been to know more about Alzheimer's disease and how it affects, not only the person, but how it affects everyone involved," she expressed. "I began to do research on my own then was given the privilege of becoming a trained Caregiver Support Group Facilitator through SAAA. Through this training and experience and through any and all other education I can get my hands on, I hope to be able to assist others with what I have learned. If I can make one caregiver's journey a little easier, then I will be fulfilled. And maybe make Mom proud too."

The SAAA is a private, not for profit organization which receives federal, state and local funding, as well as fees and contributions from the individuals who receive services. The agency's mission is to provide services and resources to promote the health, quality of life, and independence of seniors, individuals with disabilities, and their caregivers.

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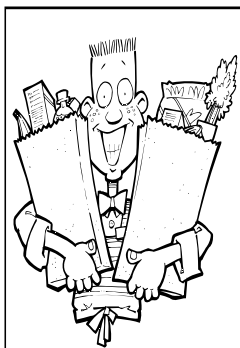
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SPORTS

All-Piedmont District Teams Announced

Graves and Green receive top player honors; Johnson and Morrison named co-coaches of the year.

Harrison Hamlet
Staff Writer

(MARTINSVILLE, Va.) – After a season of work, the Piedmont District honored local football players and coaches last week when the season-long all-district teams and awards were announced.

Wesley Graves (running back) of G.W.-Danville and Dorian Green (linebacker) of Magna Vista took home the top offensive and defensive player awards, respectively, while Brandon Johnson of Bassett and David Morrison of Patrick County shared the coach of the year award.

Johnson and Morrison both led programs with extended playoff droughts back into the

postseason while posting a .500 or better regular season record.

Green was joined on the top All-District team by Magna Vista teammates Dryus Hairston (quarterback), Dallas Ayers (offensive line), Louis Taylor (running back and defensive back), Ty Grant (wide receiver), Takoma Kidd (defensive line), Dekavis Preston (defensive back) and Jacob Kerrick (punter), giving the Warriors nine slots on the first team, most of any school.

Taylor and Shawn Watlington (wide receiver and defensive back) of G.W.-Danville were the only players to receive first team honors on both sides of the ball.

Johnson coached Bassett players Will Be-

longia (offensive line), Freddi Lopez (kicker), Gabe Divers (defensive line), Austin McDaniel (defensive end) and Ty Cline (defensive all-purpose) to top honors.

Morrison coached Patrick County standouts Jess Edwards (offensive line), Dae'Shawn Penn (running back), Will Sprowl (offensive all-purpose) and Bryson Fulcher (linebacker) to top honors.

Finally, Martinsville's Jahil Martin (kick returner) was the only Bulldog to receive a first team slot after leading the team in scoring in 2019.

The full list of honorees, including second team and honorable mentions, can be found below.



Magna Vista senior Louis Taylor (pictured) was one of two players to receive First Team All-Piedmont District honors for both offensive and defensive positions. Taylor, a Liberty University commit, was selected for his play as both a running back and defensive back. Magna Vista took nine of the top team slots, most of any team, with Warrior Dorian Green (linebacker) taking home Defensive Player of the Year.

All-Piedmont District Offensive Player of Year - Wesley Graves, G.W.-Danville
Defensive Player of Year - Dorian Green, Magna Vista
Co-Coaches of Year - Brandon Johnson (Bassett)/David Morrison (Patrick County)
First Team All-Piedmont District Offense
 Quarterback - Dryus Hairston, Magna Vista, Jr
 Center - James Goode, Halifax, Sr
 O. Lineman - Will Belongia, Bassett, Jr
 O. Lineman - Tylee Myers, G.W.-Danville, Sr
 O. Lineman - Dallas Ayers, Magna Vista, Jr
 O. Lineman - Jess Edwards, Patrick County, Sr
 Running Back - Wesley Graves, G.W.-Danville, Sr
 Running Back - Louis Taylor, Magna Vista, Sr
 Running Back - Dae'Shawn, Penn Patrick County, Jr
 Receiver - Shawn Watlington, G.W.-Danville, Sr
 Receiver - Traivius Chappell, Halifax, Sr
 Receiver - Ty Grant, Magna Vista, Sr
 Tight End - Brandon Davis, Halifax, Sr
 Kicker - Freddi Lopez, Bassett, So
 Kick Returner - Jahil Martin, Martinsville, Sr
 O. All-Purpose - Will Sprowl, Patrick County, Jr
Defense
 D. Lineman - Gabriel Divers, Bassett, So
 D. Lineman - Jalen Williamson, G.W.-Danville, Sr
 D. Lineman - Takoma Kidd, Magna Vista, Sr

Defensive End - Austin McDaniel, Bassett, Sr
 Defensive End - Tucker Harris, Halifax, Jr
 Linebacker - Shyhiem Watlington, G.W.-Danville, So
 Linebacker - Brandon Davis, Halifax, Sr
 Linebacker - Dorian Green, Magna Vista, Sr
 Linebacker - Bryson Fulcher, Patrick County, Sr
 Defensive Back - Shawn Watlington, G.W.-Danville, Sr
 Defensive Back - Amonse Burwell, Halifax, Sr
 Defensive Back - Dekavis Preston, Magna Vista, Jr
 Defensive Back - Louis Taylor, Magna Vista, Sr
 Punter - Jacob Kerrick, Magna Vista, Sr
 Punt Returner - Shawn Watlington, G.W.-Danville, Sr
 D. All-Purpose - Ty Cline, Bassett, So
Second Team All-Piedmont District Offense
 Quarterback - Sha'Kobe Hairston, G.W.-Danville, Jr
 Center - Max Roupe, Magna Vista, Sr
 O. Lineman - Malachi Hairston, Bassett, So
 O. Lineman - George Jackson, G.W.-Danville, Jr
 O. Lineman - Jonathan Pell, Patrick County, Jr
 O. Lineman - Freddie Arthur, Tunstall, Sr
 Running Back - Kevon Smith, Bassett, Sr
 Running Back - Jahil Martin, Martinsville, Sr
 Running Back - Christian Mack, Halifax, Sr

Receiver - Zavion King, G.W.-Danville, Jr
 Receiver - Will Blackwell, Tunstall, Sr
 Receiver - Drew Santoemma, Magna Vista, Sr
 Tight End - Shyeim Watlington, G.W.-Danville, So
 Kicker - Daniel Deandrea, G.W.-Danville, Jr
 Kick Returner - Taylor Johnson, Magna Vista, So
 O. All-Purpose - Kevon Smith, Bassett, Sr
Defense
 D. Lineman - Tylee Myers, G.W.-Danville, Sr
 D. Lineman - Ben Ramey, Martinsville, Jr
 D. Lineman - Carson Merriam, Patrick County, Jr
 Defensive End - Jalen Strange, G.W.-Danville, Jr
 Defensive End - Logan George, Magna Vista, Sr
 Linebacker - Kevon Smith, Bassett, Sr
 Linebacker - Ahmad Poole, G.W.-Danville, So
 Linebacker - Trimon Holland, Magna Vista, Sr
 Linebacker - Micheal Penn, Martinsville, Sr
 Defensive Back - Jalen Martin, Bassett, Sr
 Defensive Back - Dylan Hairfield Bassett Sr
 Defensive Back - Jaylen Finney, Martinsville, Sr
 Defensive Back - Kendrell McClary, G.W.-Danville, Sr
 Punter - Andy Garcia, Martinsville, Fr
 Punt Returner - Jahil Martin, Martinsville, Sr

D. All-Purpose - Rion Martin, Magna Vista, So
Honorable Mention Offense
 Quarterback - Thomas Lee, HCHS
 Center - Nate Hankins, BHS
 Offensive Line - Gabriel Divers, BHS
 Offensive Line - Tyler McDuffie, GWHS
 Offensive Line - Jakavius Wimbush, MHS
 Offensive Line - Josh Dalton, PCHS
 Running Back - Willie Edmunds, GWHS
 Running Back - William Davis, HCHS
 Running Back - Carson Merriman, PCHS
 Receiver - Demetruis Gill, BHS
 Receiver - Jahil Martin MHS
 Receiver - Ethan Broyles, THS
 Tight End Bryson Fulcher, PCHS
 Kicker - Andy Garcia, MHS
 Kick Returner - Zyliek Perkins, HCHS
 Offense All-Purpose - Jamison Graves, THS
Defense
 Defensive Line - Braxton High, THS
 Defensive Line - Shylee Preston, BHS
 Defensive Line - Taveion Coleman, HCHS
 Defensive End - Jakobe Davis, GWHS
 Defensive End - Zach Carter, HCHS
 Linebacker - Dominic Gill, BHS
 Linebacker - Zyon Wilson, HCHS
 Linebacker - Jermont Meacham, MHS
 Linebacker - Jess Edwards, PCHS
 Linebacker - Collin Moore, THS
 Defensive Back - Zyliek Perkins, HCHS
 Defensive Back - Chris Drewery, PCHS
 Defensive Back - Wyatt Argo, PCHS
 Defensive Back - Damani Hairston, THS
 Punter - Jaricous Hairston, BHS
 Punt Returner - Damani Hairston, THS
 Defense All-Purpose - Buck Long, THS

OPINION: Bright Future Ahead for Local Teams



PHOTO BY SARAH SHAFFER

Harrison Hamlet
Staff Writer

(MARTINSVILLE, Va.) – Last year at this time, fans of local high school football were left wondering. It didn't matter if those fans hailed from Henry County, Martinsville or Patrick County. Questions lingered for all four of our local programs.

A short 12 months later, those questions were answered. Emphatically.

Let's start with the coaches.

Brandon Johnson and David Morrison had taken the reins at Bassett and Patrick County, respectively, at the same time. Both teams largely struggled through 2018 after struggling in 2017. Were these two men, both with deep ties to their programs, the right head coach for the future?

Yes. Emphatically yes.

One year later, the duo split Piedmont District Coach of the Year honors, led their teams to .500 records or better in the regular season, and played in the playoffs. Both have instilled a culture of success on and off the field that bodes well for the future.

The Bengals and Cougars have their guys.

Bobby Martin probably didn't know he was going to be coaching at Martinsville this time last year. He wasn't hired on until the late spring. He took over a program that struggled to fill out a roster, much less a

winning record, in recent seasons.

Martinsville didn't win a game this year, so you might wonder what is different?

The Bulldogs are playing for each other, and that says more about Martin than any other statement might. His leadership was laid bare in the most difficult of situations, and his team responded.

Martinsville didn't win a game this year, but the future feels different. The wins are coming, Bulldog fans.

Martinsville has their guy.

Finally, Magna Vista was left wondering if the state championship magic had worn off after a difficult year in 2018. One offseason later, Joe Favero had polished his senior class into a gem that was ready to compete into the playoffs again. And they did.

Magna Vista, in a familiar position, still has their guy.

So, what of the players?

Stars are born in the crucible of the weight room and practice fields in the spring and summer. They shine for four months in the fall.

New stars will emerge, roles will change and names you and I have not heard will explode onto the scene. But, with another offseason to improve or get healthy, football fans can only look forward to the future of Dryus Hairston, Tyler Johnson, Jaricous Hairston, Elijah Stokes, Simeon Walker-Muse, Rashaun Dickerson, Will Sprowl,

Carson Merriman and Dae'Shawn Penn.

And that's only on offense.

It is a good time to be a fan of local football programs. All four feel established, all four are led by brilliant head coaches and stars ready to shine.

That is not a statement I would have felt comfortable making every year of my adult life, but it is a statement I will stand by this time around.

After each team's season concluded, I asked the coaches the same question about what they are losing in their senior class, what they have in their underclassmen who will take the mantle, and what fans should look forward to.

The answers were predictable, humble and quiet.

But, I cared more about the tone, the sheen of their eyes, the truth between words.

The truth was optimistic. The future is bright, no matter what color you wear on Friday nights in the fall.

Enjoy that optimistic feeling. You have your guy on the sideline. You have stars between the lines. Football in 2020 in our little corner of the world is going to be special. There are no questions to linger, only expectations to fulfill.

Well, except for one question: Are you ready for Week One in 2020?

I sure am.

Carter Bank & Trust hosts a renovation celebration



Pictured left to right are Martinsville City Councilman Danny Turner, Henry County Board of Supervisor Joe Bryant, Henry County Administrator Tim Hall, and from Carter Banker & Trust, President and Chief Banking Officer Phyllis Karavatakis, Collinsville Branch Manager Jan Caudill, Chairman of the Board of Directors Jim Haskins, CEO Litz Van Dyke and Facilities Director Olivia Karavatakis.

Thirty-three years ago, the day after Thanksgiving in 1986, branch manager at that time, Phyllis Karavatakis, cut the ribbon of the bank's newest branch in Collinsville. On Dec. 2, 2019, Karavatakis, now as Carter Bank & Trust's president and chief banking officer, cut the ribbon to celebrate the branch's extensive renovation.

This renovated branch was formerly Patrick Henry National Bank and one of 10 banks that merged in 2007 to form Carter Bank & Trust in recognition of the 10 banks' founder, Worth Harris Carter Jr. This renovation will be replicated in other renovations throughout Carter Bank & Trust's service regions in Virginia and North

Carolina. "While the Collinsville branch is an important part of our bank network, it also holds a very special place in my heart. I was seven months pregnant with my daughter Olivia, who is now the bank's facilities director; and Jan Caudill, who was my 7 a.m. to 7 p.m. drive thru teller at the time, is now branch manager," Karavatakis said.

"Not only did managing this branch launch my career, it also has launched many others' careers both within and outside of the bank," she said.

Karavatakis will be stepping down as president and chief banking officer at year-end to become senior executive vice president for special projects.

"As I begin to wind down my career with Carter Bank & Trust, I am so happy to turn it over to the next generation that will continue to be focused on the future," Karavatakis said.

She introduced her daughter Olivia, who gave insights about this branch's transformation, such as, using local contractors and vendors and putting more thought into the health and environment impacts the bank will create. For example, but not limited to:

- All paints and glues are Leadership in Energy and Environmental Design (LEED) compliant for non-toxic and no harsh chemicals.
- All furniture and flooring materials are produced by



Carter Bank & Trust President and Chief Banking Officer Phyllis Karavatakis

companies that make social and environment responsibility a priority.

Solar shades have been installed to reduce heat gain, while still allowing employees to see outside.

LED lights have been installed, reducing energy consumption by 67 percent.

Traditional fiberglass insulation was replaced with Rockwool insulation to create improved air quality and safer environment as Rockwool insulation is fire resistant.

CEO Litz Van Dyke said,

while having comfortable, up-to-date branches is important, "it is our people, not our facilities that set us apart." Chairman of the Board of Directors Jim Haskins agreed and shared that the board is supportive of Van Dyke and his executive management team's leadership, as well as the direction of the bank.

About Carter Bank & Trust: Headquartered in Martinsville, Virginia, Carter Bank & Trust is a \$4.0 billion state-chartered community bank in Virginia with more than 100 branches in Virginia and North Carolina.

STEM from page 1

which primary/secondary institutions in America best offer students experiences in science, technology, engineering, and mathematics (STEM)—as defined by the Congressional Research Service—while preparing them for post-secondary outcomes. Additional factors, including affluence and median household income, were taken into consideration in compiling the rankings. "Children don't realize it, but they're natural STEM students," says Nancy Cooper, Newsweek Global Editor in Chief. "We need to make sure that innate drive, curiosity, and creativity aren't lost along the way. These high schools are helping to ensure America's future in science, technology, engineering, and mathematics is in good hands."

Carlisle School offers a robust STEAM pro-

gram for students in Pre-K through 12th Grade. Twice weekly lower school students in Pre-K through 5th grade participate in hands-on activities in the Makerspace Lab. Each student takes an art/design class and a STEAM class where they explore coding. In middle school, students are offered STEAM, coding, and art as electives. In the upper school, course selections include coding, engineering, design, art, and forensic science.

Carlisle's upper school was named an AP Capstone School in 2019 and offers 13 AP courses, including AP Biology, AP Calculus, AP Chemistry, AP Computer Science Principles, AP Environmental Science, AP Physics, AP Psychology, and AP Statistics. Carlisle School students can earn the AP Capstone Diploma or the AP Seminar and Research Certificate.

Through participation in MATE Underwater Robotics competitions, students are deeply engaged in STEAM and are already preparing for careers in engineering and technology through their experiences with this program. Each division offers a MATE team as an extra-curricular. All students and faculty benefit from the new Tower Garden initiative, which provides fresh produce for the cafeteria salad bar, in addition to a wide array of STEAM educational opportunities.

Carlisle's coding program was made possible by a generous donation from Don & Amy Lampe. The Tower Garden program was sponsored by Kenneth Vickers and Ann Vaughn Martin, in honor of their granddaughters, along with the Garden Study Club and Martinsville Garden Club.



Camden Farrar, Aaliyah Hagwood, and Maddy Walker learn about structural design through a hands-on lab

According to Gracie Agnew, Carlisle's Head of School, "This designation by Newsweek is

a great honor and a testament to the strength and quality of the Carlisle STEAM program."

The full list of 5,000 top STEM high schools is available on Newsweek.com.

School Menu, Dec. 9-13:

Elementary Schools

Breakfast:

Monday-Cereal or Yogurt with Applesauce and milk;

Tuesday- Sausage biscuits, cereal or yogurt with peaches or pineapples as a side and apple juice, orange juice or milk.

Wednesday- Breakfast pizza, cereal or yogurt with a banana as a side and apple juice, orange juice or milk.

Thursday- Mini Corn Dog Nuggets, cereal or yogurt with a banana and apple juice, orange juice or milk.

Friday- Cinnamon roll, cereal or yogurt with apple sauce and apple juice, orange juice or milk to drink.

Elementary Schools Lunch:

Monday-Choice of hot dog, chicken drumstick, sunbutter and jelly sandwich, or chef salad with turkey. Choice of sides are cornbread muffin, baked beans,

cole slaw, turnip greens, apples, pears and raisins. Milk to drink.

Tuesday- Choice of mini pizza munchable, fruit and yogurt parfait, sunbutter and jelly sandwich or chef salad with ham. Sides: Alphabet mini treats, crackers, lattice cut sweet potato fries, fresh vegetable boat, applesauce, cinnamon apples. Slushies or milk to drink.

Wednesday- Breaded chicken patty, pizza pasta bake, sunbutter and jelly sandwich, grilled chicken or garden salad with egg. Sides: Breadstick, buttered corn, broccoli, pineapple tidbits, seasonal fresh fruit. Milk to drink.

Thursday- Pepperoni or cheese pizza, fruit and yogurt parfait, sunbutter and jelly sandwich, or chef salad with turkey. Sides: Alphabet mini treats, crackers, au gratin potatoes, tossed salad, apples and peaches. Slushy or milk to drink.

Friday- Breaded chicken patty, sunbutter and jelly sandwich,

roast turkey, turkey pot roast, or chef salad with grilled chicken. Sides: Waffles, dinner roll, mashed potatoes, seasoned green beans, fruit cocktail, seasonal fresh fruit. Milk to drink.

High Schools Breakfast:

Everyday- Breakfast pizza, sausage biscuit, bagels, cinnamon roll, Dutch waffle, French toast bites, donuts, cereal, yogurt or Pop Tart.

High Schools Lunch:

Monday- Pizza, steak-burger, chicken corn dog, breaded chicken drumstick, turkey and cheese sub, sunbutter and jelly sandwich, black bean burger, chef salad-egg, turkey or vegan.

Tuesday- Pizza, breaded chicken patty, pork bbq, breaded chicken drumstick, turkey and cheese wrap, sunbutter and jelly sandwich, grilled chicken patty, or chef salad-egg, turkey or vegan.

Wednesday- Pizza, breaded chicken drum-



PHOTO BY JONATHAN BORBA

stick, sunbutter and jelly sandwich, turkey pot roast, deli ham and cheese sub, or chef salad-egg, grilled chicken or vegan.

Thursday- Pizza, popcorn chicken, pizza pasta bake, breaded chicken drumstick, turkey and cheese wrap, sunbutter and jelly sandwich, or chef salad-egg, ham or vegan.

Friday- Pizza, maple sausage links, breaded chicken drumstick, macaroni and cheese, turkey and cheese sub, sunbutter and jelly sandwich, or chef salad-egg, grilled chicken, or vegan.

Be sure to 'Like' the Henry County Enterprise on Facebook.

PIEDMONT ARTS PRESENTS
Roanoke Symphony Orchestra and Chorus
HOLIDAY POPS SPECTACULAR
featuring guest soprano Adrienne Danrich
Sunday, December 8, 2019
 • New matinée performance at 3 pm •
 Martinsville High School Auditorium
 Collecting non-perishable food items for Grace Network
\$25 Reserved • \$15 General Admission • \$5 Student
 Bassett
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(Left to right): Rodney Billings, owner of Livy's Ice Cream Shop, presents a \$500 check to Brittany Anthony and Joyce Eggleston. The funds will be used by the Martinsville-Henry County Coalition for Health and Wellness to increase access to local women for mammography screenings.

Donation to increase access, provide mammography screenings

Livy's ice cream shop recently donated \$500, a portion of proceeds from October sales, to the Ladies First initiative of the Martinsville-Henry County Coalition for Health and Wellness.

"Livy's is excited to give this donation to Ladies First and we could not have ever done this without our loyal customers coming through the month of October," Rodney Billings, owner, said.

Brittany Anthony, the Director of Marketing, Development and Com-

munity Relations for the coalition, said the donation is appreciated.

"We are very grateful to have community partnerships and especially since this is Livy's first season of being open and they're already giving back to the Martinsville-Henry County community," she stated.

The donation will increase access for local women to receive mammography screenings.

"The money that they are donating helps local women access mammograms who may not be able to afford them

otherwise," Anthony added.

Billings issued a reminder that while the emphasis is in October, cancer awareness deserves year-around attention.

"Our fundraiser was in October, because Livy's went pink, but we want to emphasize that this is not just an October thing. This is a year-round thing," Billings said. "Any woman that needs help with a screening can contact the Martinsville-Henry County Coalition for Health and Wellness."

Haley named to Elite List

The Estate & Elder Law Center of Southside Virginia, PLLC is pleased to announce that Managing Attorney Robert W. Haley has been named to the Virginia Business Legal Elite List for 2019. Begun in 2000 as a collaboration with the Virginia Bar Association, Virginia Business annually polls more than 14,000 attorneys in the commonwealth, asking them to select from their peers the best lawyers in each practice category. Haley concentrates his practice in Elder Law and Estate Planning.

Haley holds an AV rating under the Martindale-Hubbell Peer Review Ratings, the highest rating for ethical standards and professional ability. He is also a Certified Elder Law Attorney (CELA®), which is the only approved designation for certification by the American Bar Association, through the National Elder Law Foundation. His firm specializes in Elder Law concerns such as Estate Planning, Guardianships, Estate Administration/Probate,

Medicaid Planning and Asset Protection. In addition, his offices offer a much-needed service called Life Care Planning for our clients, done in conjunction with Covenant Care Management, LLC.

One of the few Certified Elder Law Attorneys in Virginia and the only Certified Elder Law Attorney in Southside Virginia, Managing Attorney, Robert W. Haley is also included on the Super Lawyers List, a nomination from his peers. In addition, he has been named a Certified Advanced Practitioner (CAP) by his peers in the National Academy of Elder Law Attorneys (NAELA). Haley is one of only around 90 attorneys with this level of expertise in the nation. With offices in Bassett and Danville to serve you, his entire staff's focus is on providing you with the best possible legal representation.

For more information on available services, visit www.VAElderLaw.com or call 855-503-5337.



Runners

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to give this running thing a try. I discovered quickly that I loved it. I remember my first run as being exhausting, but I remember being left wanting more. It made me feel really good about myself."

Some people may find the distance involved in these races to be daunting. Multiple strategies are used by the runners to prepare for the task. One camp, switches up preparation, depending on the race.

"My preparation changes, depending on what I'm trying to achieve," Crouch said. "My races tend to be

very long and take months of training. All other races I do are planned around training for 'the big one.' I spend hours in the mountains on the trails and hours on a treadmill."

That approach doesn't work for everyone, though. Runners like Jason Dove stick to their routine.

"I prepare for races basically the same way," he said. "I run three to four days a week and am focused on maintaining a certain number of miles for each run. I call this 'building my base.' I feel if I'm doing that, I'm ready

for any kind of race because it keeps me in race condition."

While the buildup to the run may look different, both runners are the same when it comes time to put foot to the pavement.

"Other than knowing what pace I want to be running at, I just try and relax and let the race happen," said Dove.

Crouch echoed the sentiment.

"Mentally, I just have to let go of everything when I'm running," Crouch explained. "I let it all go away just long enough to focus on the task."

With the goal of Runners Connect of MHC to expand the running community, it's no surprise that both runners expressed satisfaction with



being a part of the family.

"My inspiration to keep running is really in all the people I get to meet and help," Crouch said. "I have been fortunate in my running that I have traveled a bit and met the most wonderful people. Here locally, I've been able to coach so many people from kids to adults, and it never gets old. There is something so moving about helping a person cross their very first finish line, no matter if it's a 5k or a 50k."

Dove explained how running expands the community.

"I would say running has brought others in our community together and has helped create solid friendships," he said. "This ties you to the community in a very strong way."

Crouch concurred.

"Being part of the running community is like having this really huge family that is always there to pat you in the back," she said. "It's a tribe of people that all want to see you succeed and are right there ready to help you make that happen."

For both runners, the rewards of participating in events like Miles in Martinsville are well-worth the hard work put into them.

"To me, the best part of running is the sense of accomplishment of doing something that most others don't or can't do, which gives me wonderful health benefits, too," Dove said. "I would also say it is normal to establish great friendships with all the other runners in the area, kind of like a fraternity of

runners."

Crouch has learned huge life lessons from her experience running.

"Running has impacted me outside of the track because I know I can do hard things," she said. "I know that I can focus, regroup, put my head down and just push through. Every thing is just one step at a time."

Dove says that all the hard work put into running has paid off and has pushed him to accomplishments that he didn't think were possible.

"My best run was the 1986 New York City Marathon," he said. "I was only much younger then, 27, and I spent an entire year training really strong. I was up to 10 miles a day, six days a week and I was in the best shape of my life. There were over 25,000 runners, and I felt as light as a feather. My time was 3:08.21, much faster than I expected."

"When I realize I averaged around 7 minutes and 10 seconds per mile, for 26.2 of them, it always brings a smile to my face and serves as a reminder that if you want something bad enough, just go get it," Dove said. "That's the other thing I love about running: you can always know where you stand in relation to your goal -- a very measurable sport."

Individuals looking to become part of the running community with Crouch and Dove can visit <https://www.facebook.com/runnersconnectofmhc/> to find out how to get involved.

Spring* arrives on **JANUARY 8TH** this year!

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Monday, December 9, 2019

Carols & Cheer!

Galilean House of Worship
5078 A.L. Philpott Hwy Martinsville, VA 24112

Dr. Pamela Randall, director
Beth Chapman, accompanist

7:00 p.m.
feat. Jill Bowen Gardner & Jake Gardner

smithriversingers.org