News Journal



Wednesday, May 31, 2023 • USPS 387-780 • ourvalley.org • \$1.00

King Awards presented at Radford High graduation

RADFORD – Radford High School held its graduation ceremony for the Class of 2023 on Friday, May 26 at Bobcat Stadium and presented the annual King Awards during the festivities.

The King Awards are presented each year to the outstanding male and female students" in the senior class, according to the school.

'The selections are based on scholarship, leadership, citizenship, contributions to fellow students and to the school," school administrators announced. "The awards are presented annually by the James P. King Family and the selections are made by the Radford High School staff."

Each recipient receives a check for \$1,000 and an engraved pewter julep cup. The King Awards for 2023 were presented to Mary Madison Graham and Andrew Lee Moore.

Graham plans to attend Emory and Henry College in the fall and will major in Nursing. She will receive the Founders Scholarship, the Pre-Health Scholarship as well as an athletic scholarship for swimming. Locally, Graham has been awarded the RHS Swim & Dive Coaches Scholarship, the Mickey Clement Award, DAR Good Citizen Scholarship, the PEO Chapter AB Scholarship, the PEO Chapter H Dorothy Collins Scholarship, and the S.V. Chapter Subba Rao & Kishore Family Scholarship. In addition to those accolades, Graham is Radford High School's 2023 Female Nominee for the B'nai B'rith Athletic and Achievement Award, was recognized as a Four-Year Letterwoman recipient and received her CNA certification as



Andrew Lee Moore



Mary Madison Graham

a high school student. Graham medaled at the state swim meet in 15 events over four years. Graham and her tennis team will be playing for a state title this week.

Moore plans to attend New River Community College and major in recipient. In addition, Moore has been awarded the Julian D. Croy, II Memorial Scholarship, the President's Award for Academic Excellence as well as the SOAR Virginia Scholarship and New River Community College ACCE Scholarship. all-state honors at center on the Bobcat football

staff report

received the Norman G. Lineburg Award, the Paul Brown Memorial Award -Radford News Journal and was recognized as a Four-Year Letterman Kindergarteners experience the

Heather Bell

Editor

RADFORD

Kindergarteners McHarg Elementary School recently got the chance to experience a wealth of scientific fields of study during a field trip to Radford University.

Dr. Rhett Herman, Physics professor and Director of the Radford University Planetarium, has been arranging these Science Days for years, arranging for a local K-12 school group to visit RU's Artis College of Science and Technology for activities in the Planetarium, Museum of the Earth Sciences, and other activities.

"These visits are always great because it gets the kids exposed to things they don't normally see, no one has to test them on the material that they learn - which is a win for everyone - and it really gets them excited about science at a young age," said Herman.

The teachers and students alike had a great time with their day of

McHarg's Kindergarten field trip to Radford University was spectacular," said



Students get a hands-on, up close look at leaves and flowers during their recent field trip to Radford University.

kindergarten teacher Lindsay Lesko. "The students were able to experience hands-on, realworld learning that they could not get in many other places.

"The professors and staff who guided us throughout the day were engaging, organized, and well prepared to teach our classes," she continued.

"The students got a taste of anatomy, astronomy, geology, and even took a test to see if they were zombies! Between taking organs and eyeballs apart to flying through outer space in the planetarium, students our will remember this field trip as one of the best ever."

For more photos from Tech the day, please see page 4. | with



PHOTO COURTESY OF NRCC

Cody Call, Jesse Ingersoll, Devin Cullop, Ryan Gordon, Josie Cline, and Jessica Craig

NRCC celebrates 2023 graduates at two ceremonies

DUBLIN - New River Community College celebrated its 53rd annual commencement on Friday, May 12, 2023, including the graduation of several Radford residents.

Dr. Pat Huber, NRCC conferred president, approximately 900 degrees, diplomas and certificates during the ceremony held on NRCC's campus in Dublin. Students who graduated this year completed degrees, certificates and diplomas in 77 different programs.

Students in the division of arts and sciences for the 2022-2023 academic year were honored on Friday, May 12 at 4 p.m. Students in the division of business and technologies for the 2022-2023 academic year evening at 7 p.m.

Huber President graduates addressed at both ceremonies, and NRCC Board Chair William "Bill" Cunningham welcomed graduates and guests.

"I look forward to what you, our graduates, will do," said Huber. "You have shown what you can do, so now it is time to go forward with your knowledge and skills and do great things. Surround yourselves with successful friends, colleagues, and mentors and believe in yourselves because we believe in you!"

gives "Education you the opportunity to design your own future, and to grow as leaders in your communities," said

were honored later that Cunningham. "Education provides freedom to live your life, learn continuously, and work in your chosen career. It's the freedom to create, freedom to choose, freedom to advance, and the freedom to overcome."

Graduates Jairen Cheek and Bobbi Jo Burnett brought student remarks via video to their classmates and guests.

Around 250 students participated in person in the two ceremonies.

The ceremonies were livestreamed for family, friends, and others to view off-campus. To view the ceremonies online, visit NRCC's graduation webpage at www.nr.edu/ graduation.

See **NRCC**, page 4



PHOTO COURTESY OF MONTGOMERY COUNTY

Sarah Carter (left) of Radford, pictured with Erma Jones, is recognized for her 15 years of volunteer service during a recent luncheon celebrating Volunteer Montgomery's, formerly known as RSVP, 50th anniversary.

Radford's Sarah Carter honored for volunteer service

Carter, of Radford, was recently honored for her volunteer service with Volunteer Montgomery, formerly known as RSVP, which celebrated 50th its anniversary this year.

Carter was recognized for 15 years of service to the organization.

То commemorate the anniversary, a 50th Anniversary video was shared both at a luncheon on May 19 and at the May 22, 2023, Montgomery County Board Supervisors meeting. The Board of Supervisors also unanimously approved a proclamation recognizing the RSVP Program at their May 8 meeting.

The anniversary celebration luncheon was on May 19 at Virginia the Inn at

Blacksburg

approximately

90 attending. Sherri Blevins, Chair of the County Montgomery Board of Supervisors, and County Administrator Craig Meadows were in attendance to present volunteers with Years of Service Awards. Guest speakers included Volunteer Rosemary Jones and Lt. Mark Hollandsworth of the Montgomery County Sheriff's Office.

Entertainment provided by Erin Krug of the Virginia Tech Music Department. Volunteer Montgomery extends a special thanks to the 2023 Volunteer Celebration Planning Committee: Carol Cornish, Rosemary Jones, Deborah Lovelace, Kathy Mills, Jill Songer, and Tonia Winn. Photography was provided by Whitescarver

Photography, LLC.

Thirty volunteers were recognized at the luncheon to include: 20 years: Barbara Scott, Lois Wade, and Mazie Wimmer; 15 years: Sarah Carter, William Chrisman, Dorothy Finch, Erma Jones, Marjorie Vitale, and Susan Walton; 10 Years: Tamara Bean, Sharon Brown, Betty Conary, Ronald Flanary, Joyce Griffin, Ila Groseclose, Roberta Hall, Polly Myers, Nancy Norton, Lou Reynolds, James Wilson, and Spencer Winfrey; 5 Years: Nancy Collins, Don Conner, Irene Dowdy, Barbara Parrish, Diane Rencsok, Brian Sanchez, Robert Stimson, Patricia Traynor, and Claude Wimmer.

Learn more about Volunteer Montgomery at montva.com/rsvp.

-Submitted by Montgomery County

Thursday, June 1:

American Legion meeting

www.ourvalley.org

The American Legion, Harvey Howe Carper Post 30 will meet at 6 p.m. at the VFW Post Home on 102 Watts St. in Radford. For further information, please call 540-250-2283 or 540-239-9864.

Saturday, June 3:

CPR and AED course

The Montgomery County Chamber of Commerce has partnered with Compass and Shock Foundation to have a CPR and AED refresher course, 10- 11 a.m. at the Hampton Inn located on Arbor Dr. in Christiansburg. The class is free. Please visit https:// www.compressandshock.org/classlocator to register. Look for the Chamber logo to register for the Christiansburg location.

Puzzle Swap at Christiansburg Library

At the Christiansburg Library; 1 p.m. Puzzles have long been celebrated for their captivating nature, offering beauty, mental stimulation, and an opportunity to unwind. However, once the final piece is placed, the question of what to do next often arises. Christiansburg Library has found the perfect solution - a Puzzle Swap event! Attendees encouraged to bring puzzles and exchange them for fresh, new-to-them puzzles, creating an endless cycle of puzzle joy. To participate in the Free Puzzle Swap, individuals can drop off their puzzles at Christiansburg Library during the week leading up to the event, starting on May 30. Alternatively, participants can bring their puzzles directly to the swap on June 3. It is crucial that all puzzle pieces are included to ensure a fair and enjoyable exchange for all attendees. Christiansburg Library encourages individuals to bring puzzles that they would be proud to share with fellow enthusiasts, ensuring an exchange that brings joy to all.

Monday, June 5 and Tuesday, June 6:

Virginia Tech Board of Visitors meeting

The Virginia Tech Board of Visitors will hold its quarterly board meeting on Tuesday, June 6, at 1:30 p.m. in 2100 Torgersen Hall, 620 Drillfield Drive, on the Blacksburg campus. All other committee meetings or other sessions held during these two days will be held at the Inn at Virginia Tech (901 Prices Fork Road) and the Classroom Building (1455 Perry Street), both in Blacksburg, unless otherwise noted. On Monday, June 5 at 2 p.m., all board members will meet in open session for an information session in 260 Classroom Building. Also that day, board members will tour the new Data and Decision Sciences Building (727 Prices Fork Road) at 11:15 a.m. and the Quillen Spirit Plaza and Dietrick Hall (285 Ag Quad Lane) at 12:30 p.m. both on the Blacksburg campus. On Tuesday, the Executive Committee will meet

in closed session at 7:30 a.m. in the Old Guard Salon at the Inn at Virginia Tech. Also that day, the chairs of the five standing board committees will meet in open session at 8:30 a.m., also in the Old Guard Salon, and the board's nominating committee will meet in closed session at 8:30 a.m. in 206 Classroom Building.

Saturday, June 10:

Mount Tabor Ruritan Club will hold its June Fish Fry, 5 to 7 p.m. at Slusser's Chapel Picnic Shelter, 1543 Mount Tabor Rd, Blacksburg. Serving fish, fries and slaw; homemade desserts; and beverages. Adults-\$12, children under 12-\$6, under 3-free, carry-outs-\$12. This month, the Blacksburg Community Band will be playing. Held rain or shine. Call or text 540-449-6178 for further information. On Facebook at MtTaborRuritan.

Monday, June 12:

Radford City Council meeting

The Radford City Council will hold its regularly scheduled meeting at 7 p.m. in council chambers at the Radford Municipal Building, 10 Robertson St., Radford. See the agenda at www.radfordva.gov.

Montgomery County Board of Supervisors

Public meetings are the second and fourth Monday of each month at the Montgomery County Government Center, 755 Roanoke St. in Christiansburg. Closed sessions begin at 6 p.m. if needed. Open sessions begin at 7:15 p.m. Citizens are invited to attend and allowed to speak at each meeting. All regular meetings of the Board of Supervisors are rebroadcast on Montgomery County Comcast and Shentel Channels 190 daily.

Tuesday, June 13:

Blacksburg Town Council meeting

Town Council meets in regular session the second and fourth Tuesdays of each month at 6:30 p.m. in the Roger E. Hedgepeth Chambers of the Blacksburg Municipal Building, 300 S. Main St. These meetings are open to the public and televised live on WTOB Channel 2.

Christiansburg Town Council meeting

Regular Town Council meetings are held on the second and fourth Tuesday of each month beginning at 7 p.m. in the Council Chambers of Town Hall (100 E. Main Street). The public is welcome and encouraged to attend, with a citizen hearing time reserved at each meeting for residents to bring any matter they desire before the entire council.

'hursday, June 15:

Sons of Confederate Veterans meeting

The Sons of Confederate Veterans, Stuart Horse Artillery Camp 1784 will meet at 7 p.m. at Aly's Italian Family Restaurant at 3204 Riner Rd. Members of the United Daughters of the Confederacy (UDC) are also invited to attend this meeting. Mr. Chris McCloud, Third Brigade Commander, will be the guest speaker. For further information, please call 540-320-4315 or 540-239-9864.

Un-going:

Blacksburg Hydrant Flushing Work

The Town of Blacksburg will be flushing fire hydrants in the northwest section of town during May and June. Hydrant flushing can cause temporary pressure fluctuations and discolored water. These conditions will subside after the flushing is completed. If you have any questions or concerns, please contact the Town of Blacksburg Engineering Department at (540) 443-1300.

Glencoe Mansion announces call for art for Mary **Draper Ingles Show**

Glencoe Mansion is calling for art for its July-August 2023 Gallery Exhibit, "A Journey For All," a multi-artist show themed on the life and times of Mary Draper Ingles. Accepted artwork should reflect the life and times of Ingles (Colonial times). Can include depictions of local landmarks (Ingles Farm, the Cultural and Heritage Park, Ingles Tavern and other connected sites in the region), and Colonial style art. Painting, plein air, illustration, digital media, textiles, mixed media and photography will be considered - up to three works per artist. Applications will be accepted through 5 p.m. on June 13. Open to artists in and around the NRV area. Entry forms at www.glencoemansion.org or by contacting arts@glencoemansion.org.

Blacksburg Farmers Market

Hours now through October: Wednesdays 2 -6 p.m. and Saturdays 8 a.m. - 2 p.m. Located at Market Square Park, on the corner of Roanoke Street and Draper Road in downtown Blacksburg. Features growers of locally grown produce and meats, alongside artisans of baked goods, prepared foods, cheese, handmade crafts, and more.

Christiansburg Farmers Market

Thursdays; 3 - 7 p.m. Located in the Recreation Center parking lot. Features local farmers and vendors. Seasonal produce, plants, fresh baked goods, crafts, fresh flowers, handmade jewelry and more. Items for purchase vary week-to-week. Check our Facebook page for details about weekly themes, prizes, vendors, and live music.

Radford Farmers Market

2023 season of the Radford Farmers Market kicked off Saturday, April 22 on the grounds of Glencoe Mansion, Museum and Galley, located just off West Main Street, 9 a.m. - 1 p.m. each Saturday until October 14. Features produce, plants, baked goods, artisans, fresh squeezed lemonade, eggs, meats, cheeses and more.

BITUARIES

Saari, Arlene

Saari, Blacksburg, passed away Tuesday, May 23, 2023, in Blacksburg, with her husband and family by her

Arlene is survived by her dedicated husband of 68 years, Arne, her three children, Brian Saari (Lynn), Bobbie Lopez (Michael) and Joan Young (Steve); sister Connie Jackson; grandsons Thomas Lopez (Nickole), John Lopez, Jake Saari, Andrew Lopez, Lagan Lippard (Katie), granddaughters Alison Saari, Ardis Roe (Brian), great-Jesse Lippard; grandchildren Riley and Ava Lopez, Lucas Lopez, Atlas and Milo Lippard, Brytin, Coltin, Camdin Link and her beloved nieces and nephews, Missy, Jeff, Tina, Michael, Courtney, Gage and Paige.

Arlene was devoted wife, mother,



grandmother, greatgrandmother, aunt and friend, known for her kindness, hospitality and love of her Lhasa Apsos.

She was famous for her Sunday dinners and her McConnell, amazing Christmas Eve Pulaski, passed away on party for family and friends Thursday, May 25, 2023, and many others lucky at Carilion New River enough to find their way Medical Center. to her table. She owned and operated Partyrama in Abingdon, Va., on Card and Gift Shop for May 15, 1945, to the 30 years and served on the late George and Vivian

the Lyric Theater.

charity of your choice. The family would Auctioneering. like to thank her doctor, Rob Solomon and the United States Army for Lewis Gale Montgomery two years, including a Hospital staff for their year-long deployment superior care

Be sure to 'Like' the News Journal on Facebook.

McConnell, George Alan

George

George was National Bank Board and Bowman McConnell. He e Lyric Theater. graduated from Abingdon A celebration of life High School in 1963 and will be held in the future. received a B. S. degree In lieu of flowers, any in Animal Science from donations may be made Virginia Tech in 1968. to the Lyric Theater or a He was also a graduate of the Mendenhall School of

> George served in the and to Germany. Following his discharge, he was employed by Farm Credit of Dublin, Va., for five years. He then spent the next 46 years as a broker auctioneer with Roanoke

JournalLand and Auction Company and Woltz and Associates, Incorporated,

of Roanoke, Va. As an alumnus and lifelong Hokie fan, George was proud to be a season ticket holder for at least 50 years. He enjoyed attending football tailgates and games with



friends and family where many special memories were made. He was an avid golfer who played countless rounds at Pulaski's Thorn Spring Golf Club and had the rare distinction of having 2 double eagles. Other pastimes included hosting the "Men's Bridge Club' at his home and playing gin rummy with the guys at Wytheville Golf club.

He is survived by his wife of nearly 26 years, Joyce White McConnell of Pulaski; a son, Brad

McConnell (Kate) and granddaughter, McConnell of Libby Radford; a daughter, Carrie McConnell of Salem; a sister, Terry McConnell Brady (Pat) of Richmond; a brother, McConnell John P. (Rebekah) of Raleigh, N.C.; sister-in-law, Esther White Hider (Steve) of Hendersonville, N. C.; stepdaughter, Amanda Annunziata (Gene) and their sons Matthew and Jacob of Apex, N. C.; stepdaughter, Kelly Trimyer (Brandon) and their children, Maddie, Ben and Ada of Cary, N. C.: the mother of his children, Peggy Taylor of Radford; and many nieces and nephews.

A Celebration of Life will be held at Thorn Spring Golf Club in Pulaski, Va., on Friday, June 16, 2023, starting at 4 p.m. Dress will be casual.

In lieu of flowers, the family requests donations be made to Green Spring Presbyterian Church, Cemetery Fund, 22007 Green Spring Church Road, Abingdon, VA 24211.

McConnell The family is in the care of Mullins Funeral Home & Crematory in Radford.



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BITUARIES

Reeves-Tibbs, Glenda Kay

Glenda Kay Reeves-Tibbs, 68, passed away peacefully at her home in Belspring on Saturday, May 27,

Her family is joyful that she was able to spend her 69th birthday in Heaven. She was a loving mother, wife and sister and was a member of Fairlawn Church of God. She was a New River Community College graduate and completed cardiovascular training through Florida

State University. She was the cardiology manager with Radford Community Hospital and Carilion New River Valley Medical Center working closely with Dr. Choubey, Dr. Rivero, and Dr. Wyne in the catherization lab for many years. Glenda was a warm and caring woman who devoted her time to always putting others first, whether it was at work or her personal life. She was an avid reader, loved to watch her daughter Nikki

play various sports,

Michael Showell, Publisher

and enjoyed spending time with family and friends, particularly at the beach. She loved animals especially her dogs, Inky and Winky, as well as her daughter's dog Ruger.

She was preceded in death by her father,



Charlie Т. Reeves; mother, Ethelene Harriman Warf; brothers, Kenny H. Sharp and twin Ronald E. Reeves; and sister, Bonnie G. Proffitt.

Survivors include her husband, Gary Lee Tibbs; daughter, Nikki Tibbs; brother, Robert D. Sharp (Patsy) of Max Meadows; sisters, Carol White (Tom) of Ocala, Fla., Doris Chandler of

(Alvin) of Opal Talbert (Sam) of Pulaski, Rita Reeves passed away Thursday, May (Helmuth) of Hillsville, 25, 2023, at the Pulaski Elizabeth Funk (Randy) Health & Rehabilitation of Hillsville, and Julie Center. Rusty, a veteran McKenny (Tommy) of of the United States Army, Hillsville; and many lived a wonderful life and other relatives and accomplished many things friends.

The family would years. like to thank Intrepid Hospice nurses, Dr. March 18, 1935, in Judy and Dr. Rupe, and Allisonia, Carroll County,

Dublin.

Mullins

Quesenberry, Glenn Russell "Rusty"

Rusty Quesenberry, 88, during his eighty-eight Rusty was born on

especially her sister, Va. to parents Jonas and Opal who provided Hattie Quesenberry. He extraordinary care for was one of three children and spent his childhood The family will growing up in Roanoke. receive friends from At 18 he got a job with 5 until 7 p.m. on Kenrose Manufacturing Wednesday, May 31, and was quickly promoted 2023, at Fairlawn and transferred to their Church of God. Services plant in Radford. During will begin at 7 p.m. with that same time, he married Pastor Marcus Harrison Evelyn Emily, of Roanoke, officiating. A graveside to whom he would be service will be held at 1 married to for 68 years, p.m. on Thursday, June until his passing. After 1, 2023, in Highland over 20 years of service, Memory Gardens in Kenrose ceased operations and Rusty and Evelyn The Tibbs family opened their own business; is in the care of Russell Apparel, which Funeral operated Home & Crematory for twenty years with an Radford. www. average work force of over mullinsfuneralhome. 200 employees, many of which were considered family and all friends to

Rusty and Evelyn and were

always treated that way.

Rusty, an avid lover of motorcycles and automobiles, enjoyed both tremendously, driving both at an early age and continuing throughout his entire life. Always known for having some of the nicest and usually fastest, he truly appreciated both and loved to ride. With that said, Rusty was a



professional motorcycle dragracer, well into his 50's, even obtaining the IDBA World Record for the fastest carburetor bike during the 1980's. Also, a classic car and street rodder enthusiast, he thoroughly enjoyed traveling to Rod Runs, Car Shows and events where he loved to show, view and enjoy in the camaraderie of the many friends he met during those twenty plus years.

Survivors include his wife, Evelyn; his godson

daughter-in-law, David and Jill Foster; god-grandchildren, Taylor Foster and Morgan Stokes; sister, Peggy Johnson; sister-in-law, Irene Quesenberry; and his cherished nieces, nephews, cousins and the families of Greg, Richard and Sheila Holbrook with whom he had special bonds. He was preceded in death by his mother, Hattie Harnek; brother, Jonas Quesenberry; and his beloved brothers and sisters in law.

Special thanks to Pulaski Health & Rehabilitation Center, Davita Dialysis Center, Blue Ridge Cancer Center and Dr. Hurd. Also, thanks to friends and the families of Kim Martin, Butch Buford and Gene and Tina Duncan.

there will be no services. However, there will be a Celebration of Life scheduled at a later date. In lieu of flowers,

Per Rusty's request,

the family appreciates contributions made to St. Judes Children's Hospital. Quesenberry

family is in the care of Mullins Funeral Home and Crematory in Radford.

RADFORD **News Journal**

Serving Radford since 1884

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Heather Bell, News Editor communitynews@ourvalley.org Aila Boyd, Executive Editor.....aboyd@ourvalley.org

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Radford News Journal (USPS 387-780) is published twice a

week for \$46 a year in the City of Radford, \$55 elsewhere in Virginia, and \$59 out of state by Virginia Media Inc., P.O. Box 429, Lewisburg, WV 24901. Periodical postage paid at Christiansburg, VA. POSTMASTER: Send address changes to RADFORD NEWS JOURNAL 1633 W. Main St., Salem, VA 24153.

Financial Focus: Some 'did-you-knows' about estate plans If you've done any estate planning, or even if you're married is not automatically owned by both

you're just familiar with it, you probably know the basics — that is, a comprehensive estate plan can help you pass on assets to your family while also achieving other goals, such as designating someone to take care of your affairs if you become unable to do so. But you may not know about some other estate-planning issues that could prove important in your life: Power of attorney for students – Children heading

off to college may be considered legal adults in many states. Consequently, you, as a parent, may not have any control over medical treatment if your child faces a sudden, serious illness or is involved in an accident. Instead, a doctor who doesn't know your child or your family may decide on a course of action of which you might not approve. To help prevent this, you may want to have your college student sign a medical power of attorney form, which will allow you to make decisions on your child's behalf if doctors don't think your child can make those choices. You might also want to combine the medical power of attorney with an advance health care directive or living will, which lets you specify actions you do or don't want to happen. In any case, consult with your legal advisor before taking any of these steps. Community property versus common law -

Not all states treat married couples' possessions equally. If you live in a community property state, the property you acquire during your marriage is generally considered to be owned in equal halves by each spouse, with some exceptions. But if you live in a common law state, the property you obtain while

spouses. In these states, if you buy some property, you own it, unless you decide to put it in the name of yourself and your spouse. This doesn't necessarily mean, however, that your

spouse has no rights, because common law states typically have rules that guard surviving spouses from being disinherited. But here's the key point: If you move from a community property state to a common law state, or vice versa, you might not want to assume that your and your spouse's property ownership situations will remain the same. Consequently, if you do move, you may want to consult an estate-planning attorney in your new state to determine where you stand. Pet trusts - You always strive to take good care

of your pets. But what might happen to them if you become incapacitated in some way? Unless you have a close family member or friend who's willing to take over care for your pet, you might want to consider setting up a pet trust, which can take effect either during your lifetime or after you pass away. A trustee typically will make payments to the caregiver you've designated for your pet, with payments continuing for the pet's lifetime or a set number of years. Again, an estate-planning attorney can help you with this arrangement. Estate planning certainly involves the big-picture

issue of leaving a legacy to the next generation. But the issues we've discussed can also be meaningful to you, so you'll want to address them properly. -This article was written by Edward, Member

SIPC and submitted by local Edward Jones financial advisor Meghan Kuczmarski (540)552-1241.

CROSSWORD 12 20 21 28 32 34 50 58 56 57 59 60 61 62 63 35. Stop standing CLUES ACROSS 39. Mimic Broad volcanic crater 42. Fur-lined cloak 36. Utilize 1. Orator's podium 4. Not for 44. Ancient foreigner 37. Sign language 5. UK-Netherlands gas 5. Blur pipeline 46. In an angry way 6. Tots 38. Famed ESPN broad-8. Partner to "oohs" 47. Ill-intentioned 7. Acted leisurely caster Bob

12. African antelope 14. Indigenous Thai person

15. Monetary unit of Angola 50. S. American plant 16. Becomes less intense 18. Insurance mascot 19. Tech hub ___ Alto 20. Actress Tomei

21. Airborne (abbr.) 22. Type of smart watch 23. Natives 26. Incompetent person 30. Rare Hawaiian geese 31. Unspoken relationships

Passports and licenses

33. Claw 34. Status quo 49. Monetary unit of Serbia 51. One or the other 56. An alias for Thor 57. Gratuity 58. In a painful way

59. French commune 60. Promotional materials 61. Greek city 62. Assistant 63. Confederate general 64. Former NJ governor

Used by gymnasts

CLUES DOWN

8. About the Alps 9. Gets out of bed 10. Town in "The Iliad" 11. Welsh given name 13. Remove salt 17. Calvary sword 24. Mental disorder concerning body odor 25. Keeps a house cozy 26. Ballplayer's acces-

27. Southwestern Rus-

28. Pro sports league

tive body (abbr.)

29. Congress investiga-

40. Being of central importance 41. Ruin environment 42. Dessert dish 43. Sea eagles 44. Fertilized

45. Jerry's friend Benes 47. Indian river 48. Pass into a specified state or condition

Telephone: _

49. Nocturnal rodent 52. A way to travel 53. Iron-containing com-54. Ancient Greek City

55. NFL signal caller Matt

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Kindergarteners Experience the Sciences from page 1



Kindergarteners get a look at a model of human anatomy during the field trip.



Microscopes give the McHarg kindergarteners a chance to see everyday items in a new way.



The planetarium is a big hit during Science Days at **Radford University.**



Girls work with beads during Science Day. Teachers said the students had a great



PHOTOS COURTESY OF ASHLEY FROST

The kids work with tactile items in a lab at the university.

NRCC from page 1



PHOTO COURTESY OF NRCC

2nd row: Jake Ritchey, Jared Fisher, Rudy Zikes, and Ashton Tuell

1st row: Samuel J. Hubbard, III, Bryson Rasmussen, Jordan Naff, and Melanie Mullins





Beatrice is ready to sniff out her furever home. This gal is curious and enjoys sniffing all the great scents she can find! She also has an independent spirit, and on a walk she may let you know if she wants to head somewhere to check it out. Stop by the Animal Care and Adoption Center to meet this pawsome dog.

Charmin is a sweet older dog with a lot of pep in her step! She's very friendly and likes to meet new people. She also enjoys plush toys and playing fetch. Charmin will gladly sit patiently for a delicious treat. A future home with another dog would require a meetand-greet to ensure compatibility.

pets others These and available for adoption at the Montgomery County Animal Care and Adoption Center, 480 Cinnabar Rd., Christiansburg. Phone: (540) 382-5795.

Virginia Tech neuroscientist offers insight into how loneliness can affect health

Efforts are underway to address the "epidemic of loneliness and isolation" affecting the country, as Dr. Vivek Murthy who is laying out a "National Strategy to Advance Social Connection" initiative.

Virginia Tech neuroscientist Georgia Hodes says that reports of depression and anxiety are up at least 3-fold since the start of the COVID "While epidemic. loneliness and isolation are likely contributors, the COVID infection itself triggers a depressive episode in approximately 20 percent of people. Understanding how infection impacts mood may help us find new ways to treat individuals that do not fully respond to current antidepressants."

According to the Center for Disease Control and Prevention, social isolation and loneliness have been linked to increased risk for heart disease and stroke, type 2 diabetes, depression and anxiety, suicidality and self-harm, dementia, and earlier death.

Hodes' research recently addressed by the explores biomarkers and U.S. Surgeon General treatments for depression that target the body's immune response system. For studies linking loneliness and isolation to effects on the brain, she points to one study that showed "people who reported they were lonely but were otherwise healthy adults had greater proinflammatory immune responses to acute stress and immune activation. The data suggests that loneliness is priming the immune system to react more strongly to stress."

Hodes says that most studies on loneliness in humans have been done in older adults. She points to a recent study by Isabelle F. van der Velpen et al, that used MRI images from the Rotterdam study to examine the relationship between loneliness and brain matter volume. "At baseline higher loneliness scores were associated

with decreased matter volume. Perceived social support correlated positively with total brain and grey matter volume. In general, though there is little on perceived loneliness and specific changes in brain structures

in humans." "One of the most replicated findings is loneliness perceived in humans is related to higher levels of the cytokine IL-6 in the periphery. Previously, in mice we reported that altering IL-6 produced in the periphery by the white blood cells could induce or block the effects of stress on social behavior," says Hodes. "This is a protein that has increased levels when someone is sick. The human data suggest that loneliness is putting people into a constant state of lowgrade inflammation which may then promote social withdrawal, depression and/or anxiety."

-Margaret Ashburn for Virginia Tech

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Help Wanted -General



Director of Fund Development

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 Actively identify, cultivate, and close gifts in support of TAP. This includes both financial and in-kind

of the plan.

donations. ·Build and manage a portfolio of 75-100 individual and corporate donors and prospects with an annual giving capacity of \$1,000+. Within this list, identify, actively cultivate, and close

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movement from identification to cultivation to solicitation to stewardship

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•Must have a minimum of 6 years' experience with demonstrated success in closing gifts of \$1,000+.

•Experience in strategic planning for development. major gifts, capital campaigns, corporate and

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resume to: TAP, Human Resources, Job Code DFD-CA. PO Box 2868, 302 2nd St SW Roanoke VA 24011 or fax to 540-345-1944

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General Information

Piedmont Pentecostal Holiness Church

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Legals - Botetourt County

TRUSTEE'S SALE **OF 201 CULPEPPER AVE, BUCHANAN, VA** 24066

In execution of a certain Deed of Trust dated January 5, 2011, in the original principal amount of \$92,000.00 recorded in the Clerk's Office, Circuit Court for Botetourt County,

Virginia as Instrument No. 110000138. The undersigned Substitute Trustee will offer for sale at public auction in the front of the Circuit Court building for Botetourt County, Main Street, Fincastle, VA 24090 on July 3, 2023, at 12:00 PM, the property described in said Deed of Trust, located at the above

address, and more particularly described as follows: LOCATED IN THE COUNTY OF BOTETOURT, STATE OF VIRGINIA: BEING LOT NO. 4 AND THE WESTERN ONE-HALF OF LOT NO. 5, BLOCK 204, AS SHOWN ON THE MAP OF THE **BUCHANAN REALTY** COMPANY, INC. RECORDED IN THE

CLERK'S OFFICE OF THE CIRCUIT COURT OF BOTETOURT COUNTY, VIRGINIA, IN PLAT BOOK NO. 2, AT PAGE 11. TERMS OF SALE: ALL CASH. A bidder's deposit of ten percent (10%) of the sale price or ten percent (10%) of the original principal balance of the

whichever is lower, in the form of cash or certified funds payable to the Substitute Trustee must be present at the time of the sale. The balance of the purchase price will be due within fifteen (15) days of sale, otherwise Purchaser's

subject Deed of Trust,

deposit may be forfeited to Trustee. Time is of the essence. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled to a return of the deposit paid. The Purchaser

terms of the Trustee's Memorandum of Foreclosure Sale, be entitled to a \$50 cancellation fee from the Substitute Trustee, but shall have no further recourse

against the Mortgagor, the Mortgagee or the Mortgagee's attorney. A form copy of the Trustee's memorandum of foreclosure sale and contract to

purchase real property is available for viewing at www.bwwsales.com. Additional terms, if any, to be announced at the sale and the Purchaser may be given the option to execute the contract of sale

electronically. This is a communication from a debt collector and any information obtained will be used for that purpose. The sale is subject to seller confirmation. Substitute Trustee: Equity Trustees,

LLC, 8100 Three Chopt Road, Suite 240, Richmond, VA 23229. For more information contact: BWW Law Group, LLC, attorneys for Equity Trustees, LLC, 6003 Executive Blvd, Suite 101, Rockville, MD 20852, 301-961-6555, website: www.bwwsales.com. VA-

356503-1.

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Legals - Botetourt

County TRUSTEE'S SALE

OF 17 KNOLLWOOD DRIVE, TROUTVILLE, VA 24175.

In execution of a certain Deed of Trust dated August 1, 2003, in the original principal amount of \$111,000.00 recorded in the Clerk's Office, Circuit Court for Botetourt County, Virginia, in Book 0000 at Page 0167 as Instrument No. 0307051. The undersigned Substitute Trustee will offer for sale at public auction in the front of the Circuit Court building for Botetourt County, Main Street, Fincastle, VA 24090 on July 3, 2023, at 12:00 PM, the property described in said Deed of Trust, located at the above address, and more

particularly described as follows: ALL THAT **CERTAIN TRACT OR** PARCEL OF LAND SITUATE, LYING AND BEING IN THE COUNTY OF BOTETOURT, STATE OF VIRGINIA, AND MORE PARTICULARLY **DESCRIBED AS** FOLLOWS, TO-WIT: LOT

1, BLOCK 1, ACCORDING TO THE MAP OF SECTION 1, KNOLLWOOD, MADE BY T.P. PARKER AND SON, ENGINEERS AND SURVEYORS, DATED FEBRUARY 2, 1973, OF RECORD IN THE CLERK'S OFFICE OF THE CIRCUIT COURT FOR BOTETOURT COUNTY, VIRGINIA, IN PLAT BOOK 7, PAGE 76. TERMS OF SALE: ALL CASH. A bidder's deposit of ten percent (10%) of the sale price or ten percent

principal balance of the subject Deed of Trust, whichever is lower, in the form of cash or certified funds payable to the Substitute Trustee must be present at the time of the sale. The balance of the purchase price will be due within fifteen (15) days of sale, otherwise Purchaser's

(10%) of the original

deposit may be forfeited to Trustee. Time is of the essence. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled to a return of the deposit paid. The Purchaser may, if provided by the terms of the Trustee's

Memorandum of Foreclosure Sale, be entitled to a \$50 cancellation fee from the Substitute Trustee, but shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. A form copy of the Trustee's memorandum of foreclosure sale and contract to purchase real property is

available for viewing at www.bwwsales.com. Additional terms, if any, to be announced at the sale and the Purchaser may be given the option to execute the contract of sale electronically. This is a communication from a debt

collector and any information obtained will be used for that purpose. The sale is subject to seller confirmation. Substitute Trustee: Equity Trustees, LLC, 8100 Three Chopt Road, Suite 240, Richmond, VA 23229. For more information contact: BWW Law Group, LLC, attorneys for Equity Trustees, LLC, 6003 Executive Blvd Suite 101, Rockville, MD 20852,

208643-6. Legals - City of

301-961-6555, website:

www.bwwsales.com. VA-

Salem Order of **Publication**

Commonwealth of Virginia VA Code§§ 1-211.1; 8.01-316,20-104

Case No. CL23000635-00 ROANOKE COUNTY CIRCUIT COURT, 305 EAST MAIN ST, SALEM VIRGINIA 24153 Commonwealth of Virginia. in re OLDSON, HUDSON

LEE DAVID v. LOVE, HUDSON LEE DAVID The object of this suit is to: NAME CHANGE OF MINOR. It is ORDERED that MICHAEL LEE OLDSON appear at the above-named court and protect his/her interests on or before JULY 6,2023 @

11:00 AM. MAY 16, 2023 BENJAMIN GUERRANT, **DEPUTY CLERK**

ADVERTISE!

To place your ad, call 389-9355

Legals - City of Salem

ABC NOTICE

VERONICA PERKINS, trading as HAMMER & STAIN ROANOKE LLC. 901 S. COLORADO ST.

SALEM VA. 24153

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a MARKETPLACE license to sell or manufacture alcoholic beverages

VERONICA PERKINS OWNER

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Notice is hereby given to all interested persons

that the City of Salem Planning Commission, at its regular meeting on June 14, 2023, at 7:00 p.m., in the Council Chambers of City Hall, 114 N. Broad Street, in the City of Salem, Virginia, will hold a public hearing, pursuant to Sections 15.2-2204 and 15.2-2285 of the Code of Virginia, as amended, to consider

requests relative to the CODE OF THE CITY OF SALEM, VIRGINIA: 1. The request of Joshua Davis, lessee, and Dallas

approval of the following

Scaggs, Jr., and Paul Walrond, property owners, the issuance of a special exception permit to allow for a pawn shop on the property located at

1617 West Main Street (Tax

Map # 139 - 3 - 4). 2. The request of Terry Steele, lessee, and Kieu Thi Thuy Do, property owner, for the issuance of a special exception permit to allow for personal service (barber shop) on the property located at

514 West Main Street (Tax Map # 123 – 3 - 5). 3. The request of J S Salem LLC, contract purchaser, and the Trustees Faith Assembly of God, property owner, for rezoning the perty of 500 blo White Street (Tax Map # 161 - 4 - 2) from RSF Residential Single-Family District to CBD **Community Business**

District. Copies of the proposed plans, ordinances or amendments may be examined in the Office of Community Development, 21 South Bruffey Street, Salem, Virginia. At said hearing, parties in interest and citizens shall have an opportunity to be heard

relative to the said requests. THE PLANNING COMMISSION OF THE CITY OF SALEM. VIRGINIA BY: James E. Taliaferro, II **Executive Secretary**

ABC NOTICE

SALEM VAPE AND TOBACCO,LLC, trading as SALEM VAPE AND TOBACCO, 29 E. MAIN STREET, Salem VA. 24153.

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a CONVENIENCE **GROCERY STORE** LICENSE: BEER AND WINE OFF PREMISES license to sell or manufacture alcoholic beverages.

Ayeda Sati, Owner

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Legals -Montgomery County

TRUSTEE'S SALE **OF PROPERTY** 486 Waterworks Road, Radford, VA 24141

Tax Map No. 020697 In execution of a Deed of Trust dated July 24, 2008, in the principal amount of \$73,280.45, recorded in the Clerk's Office of the Circuit

Court of Montgomery

County, Virginia, of record as Instrument Number 08008179, Woods Rogers PLC, Trustee, will offer for sale at public auction outside the main entrance of the Montgomery County Circuit Court, 55 East Main Street, Christiansburg, VA 24073, on June 13, 2023 at 12:00 noon, the property described in said Deed of Trust lying in Montgomery County, Virginia, and more particularly described as follows: All that certain lot or

parcel of land with all improvements thereon situate, lying and being in the Prices Fork Magisterial District of Montgomery County, Virginia, on Water Works Road, containing 2.1417 acres more or less as shown on a plat of same dated October 15, 1992, prepared by W. A. Davis CE/LS, referred to as "Plat prepared for Bobby Wayne Southern, et al.

LESS AND EXCEPT: All that certain lot or parcel of land with all improvements thereon lying and being in the Price's Fork Magisterial District of Montgomery County, Virginia, and being all of Lot Two (2) containing 1.03 acres, conveyed to Alan K. Southern and Drema J. Southern by deed

dated June 1, 1995 and recorded in the Clerk's Office of the Circuit Court of Montgomery County, Virginia, in Deed Book 876, Page 361 and as shown on plat of survey of record in Deed Book 876, Page 363. TERMS: Cash - Bidder's deposit of ten percent (10%)

of the sales price by cashier's or certified check may be required. Balance of purchase price shall be due and payable not later than ten (10) davs after sale WOODS ROGERS PLC.

Trustee For Information Contact: Woods Rogers Vandeventer Black PLC, P.O. Box 14125, Roanoke, VA 24038-4125 Telephone: 540-983-7729

ABC NOTICE

SA19 LLC, trading as G2's, 145 COLLEGE AVE BLACKSBURG VA 24060.

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for MIXED BEVERAGE RESTAURANT license to sell or manufacture alcoholic beverages.

GEORGES ABBOUD **OWNER**

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Order of **Publication**

Commonwealth of Virginia VA Code§§ 1-211.1; 8.01-316,20-104

Case No. CL23000949-00 MONTGOMERY COUNTY Circuit Court, 55 EAST MAIN STREET, SUITE 1, CHRISTIANSBURG, VA 24073 Commonwealth of Virginia, in re MAKALA ANN POFF v

COMMONWEALTH OF VIRGINIA The object of this suit is to:

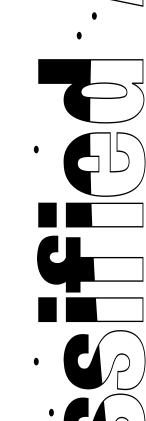
NAME CHANGE OF A MINOR: CAIDEN LEE HAMBRICK It is ORDERED that BRANDON SCOTT appear at the above-named court and protect his/her interests on or before JULY 24, 2023. MAY 25, 2023

K. MIKE FLEENOR, JR., **JUDGE** TIFFANY M. COUCH, CLERK













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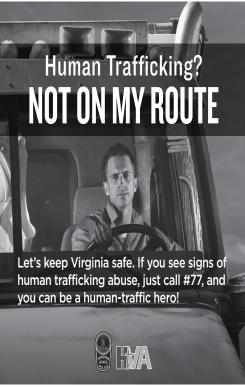
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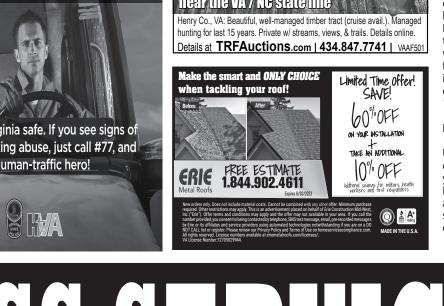
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RADFORD SPORTS



ACC offers success funding formula

Marty Gordon

NRV sports(a)ourvalley.

The Atlantic Coast Conference (ACC) is offering a plan to pay member schools for their success on the athletic field.

A group labeled as the "Power 7" during the conference meetings this past week in Amelia Island, Florida.

The Power 7 included Clemson, Florida State, Miami, North Carolina, North Carolina State, Virginia and Virginia Tech. At the heart of the discussion was a "Grant of Rights Contract," which was signed in 2016 and runs through 2036. The ACC sold the right to air football games on the ESPN family of networks at a dollar amount of around \$36 million.

The SEC and Big 10 schools are scheduled to rake in more than \$100 million from their deals. Thus, the Power 7 admitted they would like to see more monies given to those who were successful in the area of national football titles and

NCAA basketball success. The Atlantic Coast

Conference Board of Directors announced that it has endorsed a success incentive initiative that will begin during the 2024-25 academic year. The decision follows analysis and discussions that have occurred throughout the past year.

The specifics of the plan are in progress and will be solidified in the coming months. Under this initiative, the implementation of the success incentives will come solely from the performance of teams in revenue generating postseason competition. All other revenues will continue to be equally shared as currently outlined.

"The ACC Board of Directors continues to be committed to exploring all potential opportunities that will result in additional revenues and resources for the conference," said ACC Board of Directors Chair and Duke University President Vincent É. Price. "Today's decision provides a path to reward athletic success while also

distributing revenue to the full membership.' "Today's endorsement

certain, I applaud their thoughtfulness continued commitment student-athletes."

So far, there has been success rate.

These

NCAA tournament. A will go to the teams participating rather than

among all members.

Solution to ACC drama lies in football

threat of departure of seven major collegiate football programs from Atlantic Coast Conference (ACC) has been at the top of sports headlines this past week. A small group of

schools have convinced the ACC to plan an allocation program based on success.

The ACC "Power 7" as follows significant and they been labeled include meaningful conversations Clemson, Florida State, by the ACC Board of Miami, North Carolina, Directors," said ACC North Carolina State, Commissioner Jim Virginia and Virginia Phillips, Ph.D. "To be Tech.

But in the middle of and the new proposal is the underlying success, or to working collectively. should we say the lack As we've communicated of, the Power 7. Over the consistently, we remain past eight years, the only dedicated to exploring program to have proven all options to enhance itself is the Clemson support for our member Tigers. They have been a institutions and their repeater in the national championship race.

According to Business no breakdown on the of College Sports website, percentage of the overall each conference receives pot of monies each would \$6 million from the receive based on this College Football Playoff for each team selected "success for a semifinal game incentives" are based on and \$4 million for each performance in revenue- team that plays in a nongenerating postseason playoff bowl under the competition -- more College Football Playoff. specifically, the College There is no additional Football Playoff and payout for the National Championship Game, larger share of that revenue only additional expenses covered.

Typically, each bowlgetting divided equally eligible program is given money by their league



From the **Sidelines**

Marty Gordon

for expenses; the rest of the funds are placed in a pool and divided equally among the membership. But in the recent Georgia national championship, the school received an additional \$1 million.

Documents show that gross revenue collected by the Power 5 Leagues in the year before ČOVID knocked everything out tallied \$768.9 million for the Big Ten and \$728.9 million for the Southeastern Conference. The ACC reported \$496.7

The monies continue to rise, but it all centers on

The simple solution in all of this is to create football only conferences. Everyone can their overall conference membership, but football would be locked into at least four big membership

This would allow for much larger television contracts and more money for everyone involved and would continue the idea of having a national championship that just includes the power conferences.

Could you imagine a football SEC with the

addition of Florida State and Virginia Tech. Each school would play seven conference games with four out-ofconference/rivalry ones. The attendance would rise and so would the football monies. Then in every other sport, the ACC would still exist.

Play more games on Wednesday, Thursdays and Sundays. Maybe even thrown in a Monday nighter. And of course, do not double book ball games on the same dates and times, thus allowing more games to be on the ACC Network or beyond.

Networks should love this idea, and in the midst of this, the NCAA has lost most of its power on football. Instead, the College Football Playoff committee has taken that away, and this might be the next step in the network contracts.

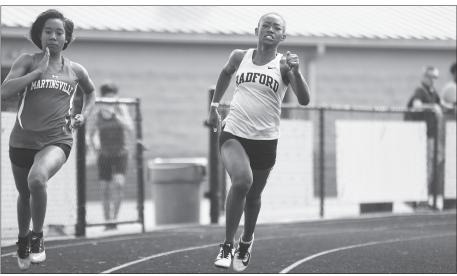
College football's future depends on stepping out of the ordinary and finding a new way to generate more

This could also force stadiums like Virginia Tech to add more seats because tickets would be high demand to see Alabama

play in Blacksburg.
The expansion of the college football playoff brackets would also help a lot in gaining new attention and television viewers.

Think about the possibilities.

Radford boys fifth in 2C track, Christiansburg girls second in 3D



Radford's Candice Stone finished ninth in the 200m dash at the Region 2C championship, held Friday at Christiansburg High School.







After getting the baton from teammate Mekih Martin, Radford's Thomas Grant gets started on his 4x400 leg. The Bobcats would place second in the Region 2C championship race.

PHOTOS BY JON FLEMING

Radford's Landen Clark finished in a tie for third place with Glenvar's Colby Thompson (left) in the 200m Region 2C championship. Glenvar's Jackson Swanson (right) won the race in a time of 23.05.

<u> Marty Gordon</u>

NRV sports@ourvalley.org

Parker Prioleau took first in the long jump at 23-02 feet, beating a school record, Friday at the Region 2C meet at Christiansburg High School as the Radford boys finished fifth overall in the team competition.

The Radford girls were ninth as Floyd took the region title with 151 points. Appomattox second

with 146.5 and Glenvar third with 118 points. Prioleau also had a second-place finish in the 100 meters as the Radford boys were shutout of the top three with Glenvar taking the win with 139.5 points. Dan River took second at 99 points, and Floyd was third at 81 points. Radford finished with 68.5 points.

Meanwhile in Region 3D track, the Christiansburg girls finished second with the boys' team in third. William Byrd took the boys title with 130 points.

Abingdon was second at 107 and Christiansburg third with 48 points. Abingdon took the 3D girls' championship which were run at Cave Spring High School on Saturday.

Abingdon tallied 135 points to Christiansburg's 112 and William Byrd's 75 points. Christiansburg's Madelyn Moles recorded three first places in the long jump (17-2), high jump

(5-2) and pole vault (9-0) and a second place in the

300 meters hurdle.

Her teammate, Leila Haley also tallied two first places in the triple jump (34-8.25) and 400 meters. She added second place finishes in the 100 meters, 300 meters hurdles and 200 meters.

Christiansburg's Lauren Logwood finished second in the pole vault while the girls 4X800 team took second in their event.

On the boys' side of the track, Christiansburg's Donovan Richardson claimed the triple jump region title with a leap of 42-1. Teammates Noah Jones was second in the 800 meters and Ayden Conley second in the discus with a throw of 149-11.

In other region sports, Lydia Pratt followed up Radford's Regional 2C championship with a 2C singles title.

Beck goes sub-9.90 in 100 meters



PHOTO COURTESY OF VT ATHLETICS

Virginia Tech's Beck finished second overall in the 100m quarterfinals at the NCAA East Regional track meet. The Blacksburg High School alum is one of only three men in the Nation to clock a sub-9.90 this season (9.87).

Cole Beck, Nick Plant and Antonio Lopez Segura closed out the men's East Regional competition on Friday, May 26 qualifying for the NCAA Outdoor Championships in Austin, Texas.

Beck finished second overall in the 100m quarterfinals as one of only three men in the Nation to clock a sub-9.90 this season (9.87). He is also the first Hokie in program history to break the 10

Freshman Nick Plant won the 800m quarterfinals in Jacksonville stopping the clock at 1:49.21. Plant was seeded 18th in the quarterfinals after clocking a time of 1:49.63 in the first round.

For the first time in his career, senior Antonio Lopez Segura has secured an automatic spot into the semifinals finishing fifth in heat two of the men's

5000m quarterfinals with a time of 14:05.28.

The season comes to an end for freshman Judson Lincoln IV finishing 13th in the 400m quarterfinals with a time of 47.04. Viktor Idhammar ran the eighth fastest time of the day in the 1500-meters 3:49.79, missing out on the semifinals by nearly two-tenths of a second.

-Virginia Tech Athletics

boys', girls' Region n claims

Auburn highlighted its dominance in track and field during the Region 1C event on Thursday at Giles County High School.

The Auburn boys outdistanced Narrows 111 to 109 with George Wythe in third with 66 points. The Auburn girls rolled to a 168 to 96 win over second place and host Giles. George Wythe took third in the girls' competition with 56 points.

Stacy Lewis rolled with three first places and one second to lead Auburn on the girls' side of the track. Lewis had first places in the 400 meters, long jump (16-08), triple jump

(33-03) and 200 meters. She added a secondplace finish in the 800 meters. Teammate Kasey Rosenbaum was the top

finisher in the 800 meters.

Auburn would sweep the pole vault event with a 1-6 position. Kelsie Groseclose cleared 7-0 for first place, followed by Juniper Zander, Chloe Rorrer, Gretchen Surface, Katherine Light and Macaela Richmeir.

Chloe Rorrer would finish second in the 300-meter hurdles.

The 4X800 relay team from Eastern

Thursday's regional competition. On the boys' side of the track, Auburn

would claim 1-4 in the pole vault. Nick Millirons was first, followed by Talen Mower, Michael Wilson and Bennett Surface.

Drew Royal would give Auburn a first place in the high jump with a leap of 6-02. Auburn's Michael Wilson was second in the

Bryce Dehart was one of the top performers for Auburn with a first place in the 100 meters (11.4) and second in the 200 meters. Auburn's Andrew Tickle was first, and

Eastern Montgomery's Nick Smith was second in the 1,600 meters.

Eastern Montgomery's Spencer Sisson was second at the 3,200 meters. His teammate, Caleb Sampson, crossed the line in third place. Eastern Montgomery's Xavier Brown was second in the boys' discus.

Team-wise, Eastern Montgomery finished fifth in both the boys' and girls' competition.

Montgomery would claim first place in the kies set HR record

Virginia Tech's softball team concluded its season in Georgia during the NCAA Athens Regional but left a historical mark

The Hokies set the record for most home runs (100) in a ason in program history. Bringing confidence to the plate, each at-bat helped set new milestones for the team. Here's a break down some of the statistics for the season and for player

Team Accolades

100 Home Runs - Most in a season (2nd Most in NCAA

1.69 Home Runs per Game (2nd Most in NCAA for 2023

9 Home Runs by team in an ACC series, vs. Georgia Tech –

Tied for most in an ACC series (NC State, 2021) 2 Triples allowed - Tied for fewest in a season (2020, 2008)

11 Hit by Pitch – Tied for fewest in a season (1998)

19 Sacrifice Flies - Tied for most in a season (2021, 2012)

15 Walks vs. Chattanooga (3/24/23) - Most walks in a single game Individual Performances

10 Hits vs. Virginia by Kelsey Brown - Tied for most in an

CC series (Jenna Rhodes vs. BC, 2009)

3 Doubles by Emma Ritter vs. Longwood on April 4, 2023 - Ties with 4 others, last was in 2014

4 Walks by Kylie Aldridge vs. Chattanooga on March 24, 2023 – Ties with 3 others, last was in 2012

Individual Player Accolades (Year)

124 Total Bases by Emma Ritter - 2nd most in a single

118 Total Bases by Bre Peck – 5th most in a single season 68 Hits by Emma Ritter - Tied for 5th most in a single

season (Charisse Mariconda, 2008 & Ali Verbage, 1998) 16 Home Runs by Bre Peck – 3rd most in a single season

50 Runs Scored by Emma Ritter - Tied for 2nd most in a single season (Al Velazquez, 2019 & Emma Strouth, 2019)

.423 Batting Average (min. 100 ABs) by Kelsey Brown -

2nd highest in a single season 15 Doubles by Bre Peck – 4th most in a single season

Individual Play Accolades (Career)

170 RBIs by Kelsey Bennett (2019-23) - All-time leader in team history (surpassed Megan Evans 161, 2002-05)

412 Total Bases by Jayme Bailey (2019-23) - All-time leader

in team history (surpassed teammate Kelsey Bennett) 411 Total Bases by Kelsey Bennett (2019-23) - Surpassed

previous leader Megan Evans (408, 2002-05) .678 Slugging Percentage (min. 150 ABs) by Bre Peck

.642 Slugging Percentage (min. 150 ABs) by Grace Chavez (2019-23) - Surpassed previous leader Megan Evans (.609,

2002-05) 11 Sacrifice Flies by Jayme Bailey (2019-2023) - All-time leader in team history (surpassed Caitlyn Nolan 10, 2016-19).

-Virginia Tech Athletics

Virginia Tech researchers conduct proof-of-concept study on mosquito's scent preferences

Humans smell. Each and every one has a unique body

People have been using commercial products to alter their scent for generations. From soaps to perfumes, people gravitate to floral and fruity smells.

Whether we think these smells are good or bad is of little consequence to mosquitoes, transmitters of diseases that kill hundreds of thousands of people each year. Additionally, mosquitoes rely on plant nectar to get some sugars needed to sustain their metabolism in addition to needing nutrients in the blood to produce eggs. And humans with nutrients and a floral scent? That's two

strikes In spite of these scents being right under humans' noses,

the impact of soap smell on mosquito preference was largely ignored until Virginia Tech researchers in the College of Agriculture and Life Sciences asked this question.

And they found that certain soaps could make people more or less attractive to mosquitoes.

"Just by changing soap scents, someone who already

attracts mosquitoes at a higher-than-average rate could further amplify or decrease that attraction," said Clément Vinauger, an assistant professor of biochemistry and co-principal investigator on the proof-of-concept study alongside his collaborator Chloé Lahondère, also an assistant professor of

on May 10, 2023, in iScience and was funded in part by the United States Department of Agriculture and the National Institute of Food and Agriculture.

Hidden under human noses The connection between soap and mosquito attractiveness

was studied through four volunteers. First, the research team, comprised of Morgen VanderGissen, graduate student, Anaïs Tallon, a postdoctoral associate, in addition to Lahondère and Vinauger, studied the unique scent profile of each individual, unwashed and washed with each Dial, Dove, Native, and Simple Truth soaps. According to Vinauger, more than 60 percent of what is smelled after washing comes from soap, rather than natural

body odors. "The other aspect is that

The research on mosquito soap interactions was published

it's not simply adding stuff to our body odor, but it's also replacing some chemicals

while eliminating others,

that are washed away," Vinauger said. "So, we think there is a lot of chemical interaction between our natural chemicals

and soap chemicals." To test the interactions between smell, the researchers released mosquitoes in a meshed cage that had two cups containing odor extracts and gave them a choice - unwashed scents gathered from the individuals along with their washed scents. These were gathered from a nylon sleeve on the forearm with the body in both washed and unwashed states. Tests were repeated for the various combinations of scents.

"This way we can really measure and quantify the effect of the soap in terms of increasing or decreasing the attractiveness of the individual," Vinauger said. "That's where we found that not all soaps have the same effect on all volunteers."

In terms of fragrance preferences, three of the four soaps increased mosquito attractiveness while one decreased. All of the soaps had a fruity or flowery scent. The one that decreased attractiveness was coconut scented.

'That was very interesting for us because there is other evidence in the literature that elevating certain fatty acids, such as those found in coconut oil derivatives, could serve as a repellant for mosquitoes and other insects," Vinauger said.

Odors are everywhere With the results of the proof-of-concept study in hand, the research team hopes to expand the study with additional people and soap varieties to get a clearer understanding of the

implications. Trying different soaps is important because we are showing that it's really the combination between your natural odor and a specific soap that matters," Vinauger said. "We

also need to study the duration of these effects. What if you shower in the morning? The evening? We need to answer these questions in our future work." Soap is only one part of the equation. Deodorants, laundry detergents, and other scented products could also

play a factor. While there is more work to be done, research shows that using coconut-scented soaps could reduce attractiveness to mosquitoes.

-Max Esterhuizen for Virginia Tech

