



RADFORD

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NEWS JOURNAL

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NRV Recovery Ecosystem Project awarded \$2.1 million to address opioid addiction

Virginia's Opioid Abatement Authority finalizes awards totaling \$23 million in grants to 76 cities and counties

Heather Bell
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The Virginia Opioid Abatement Authority (OAA) has voted to award more than \$23 million in grants to 76 Virginia cities and counties for opioid abatement and remediation efforts.

In the City of Radford, Montgomery County, and surrounding area, the funds will be administered by the New River Valley Regional Commission.

"The New River Valley Regional Commission will be coordinating a collaborative regional opioid abatement program with Montgomery County serving as the fiscal agent for NRV

Recovery Ecosystem project. Floyd, Giles, Montgomery, and Pulaski counties and the City of Radford in the New River Valley partnered in the development of the proposal," the NRVRC announced. "Each locality provided substantial matching funds from their Opioid Abatement Authority (OAA) direct abatement equating to \$1.2M of local funds for a program total of \$3.3million when combined with the grant funds."

Senator Todd Pillion, Chairman of the OAA, called the vote "historic," noting that all regions of the state will receive portions of the grant awards.

"We were pleased to see that communities across the Commonwealth

have committed to use opioid settlement funds to truly fight the opioid epidemic, both with new programs and in expansion of existing programs that have proven records of success," he said. "Virginia is using its opioid settlement funds to turn the tide against this epidemic, and the projects we funded in this award package will save lives."

Dr. Sarah Thomason, a clinical pharmacist who chairs the OAA's Grants Committee, said the OAA sought to provide a balance in the types of awards made.

"The programs we funded in this round address gaps across the board, ranging from prevention and education,

to treatment, to long-term recovery," she said.

The proposed awards include grants to 13 individual cities or counties and 26 grants to partnerships in which multiple cities and/or counties committed to a regional approach, like the NRV Recovery Ecosystem project.

"Projects vary based on the identified needs of each community and range from expansion of medication for opioid use disorder treatment programs, to recovery housing, to in-patient services," the OAA announced.

The decision by the Board marks the

See Opioid, page 4

Graham congratulates administrators, staff for SOL scores as he leaves superintendent post

Heather Bell
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RADFORD — In a message to his administrators, teachers and staff on Tuesday, outgoing Radford City Schools Superintendent Robert Graham shared preliminary Standards of Learning scores that show higher achievement for RCPS students than they've had for "many years."

"[This is] data that proves that there has never been any question about this administration or the teachers and students who have achieved this milestone," Graham wrote in an email to RCPS principals and school board members on June 27. "Best scores that we

have had in many years. Congratulations on a job well done. I know Radford has to wait to hear from the VDOE [Virginia Department of Education] in regards to our accreditation, but I am proud of what you all have accomplished this year! I will miss you all, but thank you for allowing me to leave on such a high note."

"I will not be here to celebrate with you, but...I am extremely proud of these accomplishments during a very difficult and trying time in Radford City School history," he continued. "Strongest leadership team, faculty and staff I have ever had the pleasure to work with. The accolades you

receive each and every year [are] a testament of your dedication and commitment to our children! Please don't let anyone, any board or any higher entity make you feel differently! My last day in Radford is tomorrow. This is the best present you all could provide me as I leave this wonderful institution."

Graham's last school board meeting, held June 20, was marked by hours of statements by Radford teachers, parents and citizens, nearly all of whom spoke in favor of Graham, RCPS's administrators, and its teachers, and leveled pointed comments criticizing members of the school board for their conduct relating to Graham and other issues.



PHOTO COURTESY OF VIRGINIA TECH

Food safety is important, especially during warm weather months with backyard cookouts and the like.

Food safety at cookouts and potlucks during the holiday weekend

As we prepare for Independence Day celebrations, Virginia Tech food safety specialist Melissa Wright has advice for those hosting or attending backyard cookouts and potlucks.

To protect yourself, your family, and friends from foodborne illness

during warm-weather months, safe food handling when eating outdoors is critical. Consider these four guidelines: clean, separate, cook, control.

CLEAN: Food safety begins with

See Food, page 4

Radford University names Vice President for Enrollment Management and Strategic Communications

RADFORD - Dannette Gomez Beane, Ph.D., has been named vice president for enrollment management and strategic communications at Radford University, effective August 1.

Beane will oversee a newly aligned administrative unit that encompasses all enrollment management operations, including admissions, financial aid and undergraduate recruitment. In addition, she will provide leadership to the office of university relations.

For the past three years, Beane served as assistant vice provost for enrollment management and strategic initiatives at Virginia Tech.

"Dannette is a leader who values the wealth of possibilities that higher education provides," President Bret Danilowicz said. "She is committed to building a collaborative, open and inclusive culture for students and staff. With more than 20 years of higher education leadership experience, including 17 years at Virginia Tech, Dannette has deep connections to the New River Valley and understands why Radford University is an attractive choice for prospective students."

"I meet educators, health professionals, business leaders and others who realized their potential when they attended Radford University," Beane said. "These Highlanders impact other individuals, economies and communities and make them better. I



PHOTO COURTESY OF RADFORD UNIVERSITY
Dannette Gomez Beane, Ph.D.

am honored to lift up those stories and recruit new Highlanders to continue the legacy of impact in Southwest Virginia and beyond."

In leading operations that oversaw the enrollment of more than 37,000 students at Virginia Tech, Beane developed enrollment strategies to meet institutional priorities. Beane's accomplishments included significant growth in applications and in-person

See Beane, page 3



PHOTO COURTESY OF NAACP

The Youth Council of the Montgomery-Floyd-Regional Branch of the NAACP shares the history of Juneteenth at the recent Juneteenth celebration on the historic grounds of the Christiansburg Institute.

NAACP youth give Juneteenth history lesson

The Montgomery-Floyd-Regional Branch of the NAACP participated in Juneteenth celebrations in both Floyd and Christiansburg.

Visitors from many locations stopped to obtain NAACP membership at both booths.

In Christiansburg, the Youth Council shared why they celebrate Juneteenth and provided the historical background of Juneteenth: The last slaves in the United States to learn they were freed were in Texas. On June 19, 1865, two and a half years after the signing of the Emancipation Proclamation by Abraham Lincoln, Texas slaves finally learned of their

freedom. Long celebrated in Texas as a holiday, Juneteenth became a national holiday in 2021.

Since 2001 our branch has celebrated Juneteenth at the Rosa Peters Playground in Christiansburg. This year we were pleased to join Floyd Cares in Floyd and Christiansburg Institute, the Hill School and the Alumni Association for the Juneteenth celebration at the historic grounds of the Edgar A. Long Building located on the campus of the former Christiansburg Industrial Institute.

Melissa N. Matusevich

UPCOMING EVENTS

Saturday, July 1:

Community Center yard sale

The Pilot Community Center is having a yard sale; 9 a.m. to 3 p.m.

Tuesday, July 4:

Christiansburg Fourth of July celebration

Held on Main Street; 10 a.m. - 4 p.m. (and fireworks at 9:15 p.m.) Come to downtown Christiansburg for the annual Fourth of July Celebration. The family-friendly event features live music, an array of food trucks, arts and crafts vendors, a kids' zone, and more. Fireworks will start around 9:15 p.m. near the new Christiansburg Huckleberry Park. They can be viewed from the Uptown Mall or Walmart parking lots. If the event is rained out, fireworks will be on July 5, with no downtown event.

Radford Fourth of July festival

Held in Bisset Park; 1 - 11 p.m. Features live music, food and craft vendors, children's games and inflatables. Fireworks, sponsored by Third Securities.

Blacksburg Fourth of July festivities

This year's parade theme is "Thanking Medical Personnel & First Responders." Parade Route: Main Street will be closed from Eheart Street to Alumni Mall, 2 p.m. to approximately 3 p.m. The Municipal Park live music schedule is: 6 p.m. - The Blacksburg Community Band - patriotic music, 7 p.m. - Blue Ridge Vocal - singing group, 8 p.m. - Dirtroad Breakdown - classic rock, and 9:30 p.m. - Fireworks (even if raining).

Shawsville Fourth of July festivities

Shawsville Ruritan parade begins at 4 p.m., Tara Lane concert at Old Town Fields 5:30 - 9 p.m. and fireworks at 9:15 p.m.

Virginia ABC stores to close at 6 p.m.

All Virginia Alcoholic Beverage Control Authority (ABC) stores will open at their normal hours and close at 6 p.m. on Independence Day, Tuesday, July 4. Customers can visit Virginia ABC's website at <http://www.abc.virginia.gov> to search for stores, determine the availability of products at any retail location and order spirits

online for in-store or curbside pickup, or home delivery in select areas. Virginia ABC encourages customers to make mindful choices about alcohol during all of life's celebrations. Resources are available at <https://www.abc.virginia.gov/sip-responsibly>.

City Independence Day closures

City Administrative Offices will be closed on Tuesday, July 4 and Wednesday, July 5 for Independence Day. Radford Public Library also will be closed.

The solid waste collection schedule is: Tuesday, July 4: Collected on Monday, July 3. Wednesday, July 5: Collected on Thursday, July 6. Please have garbage ready for collection by 7:30 a.m. Drop Center Hours: closed Tuesday, July 4 and Wednesday, July 5 and open: Thursday, July 6 at 7:30 a.m.

Blacksburg Independence Day closings

The Town of Blacksburg will operate on the following schedule on Tuesday, July 4: Town administrative offices will be closed. There will be no Blacksburg Transit service and BT offices will be closed. The Blacksburg Community Center will be closed. The Blacksburg Aquatic Center will be closed. There will be no Trash and Recycling pickup in the NW Quadrant. Makeup service will be Wednesday, July 5. Please have all material at the curb by 7 a.m.

Wednesday, July 5:

Mingle at the Market

Join the Blacksburg Farmer's Market for Mingle at the Market, 4:30 - 6:30 p.m., at Market Square Park. This event will feature live music, locally brewed beverages, local food and more.

Thursday, July 6:

American Legion meeting

The American Legion, Harvey-Howe-Carper Post 30 will meet at 6 p.m. at the VFW Post Home on 102 Watts St. in Radford. For further information, please call 540-250-2283 or 540-239-9864.

Wildwood Park Nature Lecture Series

The Wildwood Park Nature Lecture Series takes place in the heart of Wildwood Park at the Outdoor Classroom (pavilion). To get to the site,

attendees can park at the Sundell Drive parking lot for Wildwood Park and take the walkway into the center of the park. All of the talks start at 7:30 p.m. and are held rain or shine unless there are thunderstorms. July 6: Millipedes (Jackson Means, Virginia Tech).

Saturday, July 8:

Fish Fry

Mount Tabor Ruritan Club will hold its July Fish Fry on Saturday, July 8 from 5 to 7 p.m. at Slusser's Chapel Picnic Shelter, 1543 Mount Tabor Rd, Blacksburg. Serving fish, fries and slaw; homemade desserts; and beverages. Adults-\$12, children under 12-\$6, (under 3)-free, carry-outs-\$12. This month we will be entertained by ex-Marching Virginians baton twirler, Meredith Smith, and bluegrass band, Ronnie Toney and Friends. The fish fry is a fundraiser for the Ruritan Club's community service projects and scholarships. Held rain or shine. Call or text 540-449-6178 for further information. On Facebook at MtTaborRuritan.

Monday, July 10:

Radford City Council meeting

The Radford City Council will hold its regularly scheduled meeting at 7 p.m. in council chambers at the Radford Municipal Building, 10 Robertson St., Radford. See the agenda at www.radfordva.gov.

Montgomery County Board of Supervisors meeting

Public meetings are the second and fourth Monday of each month at the Montgomery County Government Center, 755 Roanoke St. in Christiansburg. Closed sessions begin at 6 p.m. if needed. Open sessions begin at 7:15 p.m. Citizens are invited to attend and allowed to speak at each meeting. All regular meetings of the Board of Supervisors are rebroadcast on Montgomery County Comcast and Shentel Channels 190 daily.

Tuesday, July 11:

Blacksburg Town Council meeting

Town Council meets in regular session the second and fourth Tuesdays of each month at 6:30 p.m. in the Roger E. Hedgepeth Chambers of the Blacksburg Municipal Building, 300 S. Main St.

These meetings are open to the public and televised live on WTOB Channel 2.

Christiansburg Town Council meeting

Regular Town Council meetings are held on the second and fourth Tuesday of each month beginning at 7 p.m. in the Council Chambers of Town Hall (100 E. Main Street). The public is welcome and encouraged to attend, with a citizen hearing time reserved at each meeting for residents to bring any matter they desire before the entire council.

Thursday, July 13:

River City Quilt Guild

The River City Quilt Guild meets the 2nd Thursday of each month at 9:30 a.m. in Grove United Methodist Church, 1020 Tyler Ave., Radford. If you are willing to share your knowledge and learn from others this guild is for you. We welcome all skill levels of quilters. For more information call Anna Handy, 540 320 7791.

Saturday, July 15:

Rotary Club blood screening

The Rotary Club of Christiansburg-Blacksburg and LewisGale Hospital Montgomery biannual blood screening; 6:30 -10 a.m. in the hospital's lobby. The fasting blood test screens over 25 different markers including cholesterol and red blood indices at a significantly reduced cost. New this year, the test will include Hemoglobin A1C. Cost is \$50. Results are sent to participants and their physician of choice. A portion of the proceeds is used to fund a service project in the community.

Pre-register for the blood screening at <https://www.rotary7570.org/blood> or call 540-951-8988. Walk-in registration is available the day of the blood screening.

Thursday, July 20:

Sons of Confederate Veterans meeting

The Sons of Confederate Veterans, Stuart Horse Artillery Camp 1784 will meet at 7 p.m. at Aly's Family Italian Restaurant on 3204 Riner Rd. Members of the United Daughters of the Confederacy (UDC) are also invited to this meeting. Mr. Sam Winkler, aka "President Jefferson Davis" will be the

See Events, page 6

ONLINE AUCTION

Ends Thursday, July 27th at 3 PM

Commercial Property for Sale in Christiansburg VA!
Radford Rd (Route 11), Christiansburg, VA 24073

Bid Now at VAAuctionPro.com



Check out these 3 remarkable commercial investment opportunities in the heart of Christiansburg, Virginia! We present these 3 parcels that are zoned B3, and are located along Route 11. With frontage on both Radford Rd (Route 11) and Silver Lake Rd, these properties have excellent accessibility and offer an ideal canvas for small business development. The B3 Zoning provides investors with countless development avenues. Whether you aspire to open a convenience store, establish a thriving bank branch, launch a vibrant retail store, or establish a dynamic office space, the possibilities are endless. These parcels are connected to the town water and sewer systems. Properties have an undeveloped road along the backside. Do not miss your opportunity to own and develop this commercial property in the heart of Christiansburg VA.

Property is offered in 3 Tracts described below. Download Bidder Pack for Online Bidder's Agreement, Maps, Sample Contracts, and Property Information at VAAuctionPro.com

Offering #1: +/- .93 Acres

This parcel is wooded and has 126' of road frontage on Radford Rd and 126' of road frontage on the undeveloped street.

Offering #2: +/- 1.10 Acres

This parcel is wooded and has 165' of road frontage on Radford Rd and 134' of road frontage on the undeveloped street. This parcel also has 2 buildings on the property.

Offering #3: +/- 1.00 Acres

This parcel is wooded and has 175' of road frontage on Radford Rd, 336' of road frontage on Silver Lake Rd, and 99' of road frontage on the undeveloped street.

Terms - 10% Buyer's Premium will be added to final high bid to arrive at contract price. Earnest Money Deposit of \$20,000 per tract required on day of sale. Close on or before September 11th, 2023. Subject to seller confirmation. Property sold as is, where is with any and all faults. Buyer is expected to complete their own due diligence. Tracts are being offered individually and if bidder wishes to purchase multiple tracts, bidder will need to be the high/winning bidder on both offerings. Please note that during the last two minutes of bidding, if a new bid is placed, the clock is automatically extended an additional two minutes. Download Bidder Information Pack for complete terms and conditions, purchase contract and maps at VAAuctionPro.com

CONTACT- Broker & Auctioneer Matt Gallimore at 540-239-2585 or email gallimore.matt@gmail.com

102 S. Locust Street,
Floyd, VA 24091
(540) 745-2005
VAAuctionPro.com
Lic# 2907004059



Blue Ridge Land & Auction Co., Inc.

ONLINE AUCTION

Ends Wednesday, July 19th at 4 PM

Townhouse for Sale at Auction in Christiansburg VA
1043 Elk Drive, Christiansburg, VA 24073

Bid Now at VAAuctionPro.com



Check out this charming townhome in Christiansburg VA. This immaculate townhome features 3 bedrooms, 2 baths on 2 levels. The main level boasts a spacious living room with gas logs, which create a cozy ambiance during the cooler months. The kitchen is equipped with a range, microwave, refrigerator, dishwasher, and disposal, making meal preparation and cleanup a breeze. Main level also features ceiling fans and recessed lighting. The kitchen and baths have durable linoleum flooring. Home also has front load washer and dryer that convey. Storage should never be an issue with the easily accessible attic! Home is equipped with central air conditioning allowing for year-round comfort.

In addition to the interior amenities, the townhome provides a 9x12 patio providing a private outdoor space for relaxation and entertaining guests. There is an attached 1 car garage, which also gives you ample space for storage.

The home is well-appointed and offers comfortable living in a convenient location. It's within a few miles of all the restaurants, shopping centers, and family attractions that Christiansburg VA has to offer. Also located less than 10 miles from Virginia Tech. Don't miss out on your opportunity to make this townhouse your own!

Preview Date - Friday, July 14th at 4 PM

Terms - 10% Buyer's Premium will be added to the final high bid to arrive at the contract price. Earnest Money Deposit of \$5,000 is required by 5 pm on July 20th, 2023. Close on or before September 4th, 2023. Subject to seller confirmation. Property sold "as is, where is, with any and all faults." Buyer is expected to complete their own due diligence. If confirmed Buyer will be expected to sign a Real Estate Purchase Agreement. Please note that during the last two minutes of bidding, if a new bid is placed, the clock is automatically extended an additional two minutes. Be sure to register to bid early to ensure you receive notifications regarding any changes to the Auction, Bidder Packet, and/or Pre-Auction offers received. Download Bidder Information Pack for complete terms and conditions, purchase contract, and maps at VAAuctionPro.com

CONTACT- Broker & Auctioneer Matt Gallimore at 540-239-2585 or email gallimore.matt@gmail.com. You can also contact Realtor Don Barker at 540-392-4918 or email barkerdon@rocketmail.com

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Blue Ridge Land & Auction Co., Inc.

Virginia Department of Wildlife Resources announces Operation Dry Water and 4th of July boating safety

RICHMOND —The Virginia Department of Wildlife Resources (DWR) and the National Association of Boating Law Administrators (NASBLA) are reminding all boaters to stay safe and sober this summer, and always wear a life jacket while on the water.

A good day on the water can turn tragic in seconds. No matter where you boat—from large lakes and rivers to small farm ponds—wearing a life jacket and staying sober are essential for safety.

Operation Dry Water weekend, July 1-3, is the national weekend dedicated to amplified recreational boater outreach, education, and coordinated enforcement surrounding boating under the influence. Alcohol use continues to be the leading known contributing factor in recreational boater deaths and a leading contributor in

boating incidents.[1] DWR encourages all boaters to enjoy this boating season and help keep everyone safe by choosing to boat sober all year long. Use of both legal and illegal drugs also impairs judgment and reaction time and creates dangerous circumstances while on the water.

“Individuals and families from across the country head to our nation’s waterways for a fun, safe, and pleasant experience out on the water. Our goal is to not only educate boaters on the dangers of impaired boating, but also to remind them of other safe boating practices, such as enrolling in a boater education course and always wearing a life jacket,” says Paige Pearson, Public Information Officer. “To ensure that everyone is safe out on the water, we

have partnered with Operation Dry Water to assist in educating operators and passengers on the dangers associated with boating under the influence. DWR wants boaters to have a safe and enjoyable summer while out on the water, and to do that boat operators and passengers must remain sober and alert while underway.”

While getting ready for the boating season, boaters should make sure they have U.S. Coast Guard approved life jackets in good condition that fit every occupant of the boat, including children.

No matter what time of year you go boating, always let someone know where you are going and when you expect to return. Also, have a plan to reboard your boat in case the unexpected happens and you end up in the water.

Weather conditions and a marine forecast can be found on the National Weather Service website. The United States Geological Survey has water temperatures for some inland lakes and rivers.

To learn more about boating laws in Virginia and information on boating, boating education and water safety, please visit: dwr.virginia.gov/boating. Remember, everyone wants to have a safe, enjoyable day on the water. Do your part by wearing your life jacket and taking a boating safety education course.

Always be responsible, be safe and have fun! #RecreateResponsibly

Submitted by the Virginia Department of Wildlife Resources

Camp Carilion visits RU Carilion

Labs at Radford University Carilion (RUC) in Roanoke were buzzing with excitement on June 20 as students participated in hands-on activities designed to help them learn about what respiratory therapists, nurses, physician assistants and occupational therapists do.

These weren’t college students, though. They were local high school students chosen to be part of Camp Carilion, a four-day immersive experience that provides the opportunity to

learn life-saving information through exercises and interactive demonstrations.

The camp, an annual event in the Roanoke Valley since 2006, was interrupted for the last three years by the COVID pandemic. This is the first year back, and in addition to RUC, the students will visit areas at Carilion Clinic, the Fralin Biomedical Research Institute and the Virginia Tech Carilion School of Medicine. The camp ran through June 23.

“The younger you can

get to the kids to show them what’s available in healthcare, the more likely they may be to go into healthcare,” said Tara Chitwood, D.N.P., interim chair for pre-licensure nursing programs and assistant professor at RUC. “We can show them there’s a lot of support, and they don’t need to be scared of these kinds of careers.”

Chitwood said she never thought she would be a registered nurse when she was in high school because

See Carilion, page 6



PHOTO COURTESY OF RADFORD UNIVERSITY

Carilion Camper Cora Houston wears the stimulation gauntlet in the occupational therapy lab.

Beane

from page 1

visits, and an increase in the enrollment of underrepresented and underserved students. Beane also served as director of recruitment and operations for Virginia Tech’s office of undergraduate admissions, and as director of the office of recruitment and diversity initiatives for Virginia Tech’s graduate school.

A native of Texas and a first-generation college student, Beane earned a bachelor’s degree in communication studies at Hollins University in Roanoke. She received her master’s degree and Ph.D. in counselor education from Virginia Tech, and has taught counseling as an adjunct instructor and guest lecturer at

several institutions, including Radford and Virginia Tech.

In her permanent role, Beane takes over for Angela Joyner, Ph.D., and Penny White, who have held interim leadership roles overseeing enrollment management and university relations. Joyner will resume full-time duties as

vice president for economic development and corporate education, while White will continue serving in the role of interim vice president for university advancement.

Patrick Reed for Radford University



Marketplace

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<p style="text-align: center; font-weight: bold; margin: 0;">Legals - City of Radford</p> <p style="text-align: center; font-weight: bold; margin: 0;">PUBLIC NOTICE</p> <p style="font-size: 0.8em; margin: 5px 0 0 5px;">Notice is hereby given that the City of Radford Electric Utilities (VMRC #23-1338) are requesting a permit from the Virginia Marine Resources Commission to replace an existing electrical transmission circuit over the New River adjacent to the US 11 Hwy Bridge between the City of Radford and Pulaski County.</p> <p style="font-size: 0.8em; margin: 5px 0 0 5px;">You may provide comments on this application (VMRC #2023-1338) at https://webapps.mrc.virginia.gov/public/habitat/comment/ We will accept comments by the USPS provided they are received within 15 days of this notice to: Marine Resources Commission, Habitat Management Division, 380 Fenwick Road, Bldg. 96, Hampton, VA 23651.</p>	<p style="text-align: center; font-weight: bold; margin: 0;">Legals - Montgomery County</p> <p style="text-align: center; font-weight: bold; margin: 0;">LEGAL NOTICE OF PUBLIC HEARING OF THE TOWN OF CHRISTIANSBURG TOWN COUNCIL</p> <p style="font-size: 0.8em; margin: 5px 0 0 5px;">The Town of Christiansburg Town Council will hold a Public Hearing on, Tuesday, July 11, 2023, at 7:00 PM in the Council Chambers of the Christiansburg Town Hall, 100 E. Main Street, Christiansburg, Virginia 24073. The purpose of the public hearing is to receive public comments concerning: A. Rezoning request by Summit Community Bank, Inc., Property Owner, to rezone the property located at 100 Akers Farm Road, Tax Parcel 466-(22)-1; Parcel ID 100283, from Limited Business District B-1 to General Business District B-3. The property is designated as Business/Commercial on the Future Land Use Map of the 2013 Christiansburg Comprehensive Plan. Town Hall will be open and available to receive public comment in-person at the time of this Public Hearing. A copy of the application, the Town’s Zoning Map, Zoning Ordinance, and Future Land Use Map may be viewed in the Planning Department Office, 100 E. Main Street, Christiansburg, VA 24073 during normal office hours of 8:00 a.m. – 5:00 p.m. Monday through Friday. Contact Andrew Warren, Assistant Town Manager, at (540) 382-6128 ext. 1130 or by email at awarren@christiansburg.org with any questions or if you require reasonable accommodations.</p>	<p style="text-align: center; font-weight: bold; margin: 0;">Legals - Montgomery County</p> <p style="text-align: center; font-weight: bold; margin: 0;">NOTICE OF PUBLIC HEARING OF THE MONTGOMERY COUNTY PLANNING COMMISSION</p> <p style="font-size: 0.8em; margin: 5px 0 0 5px;">Pursuant to the provisions of Section 15.2-2204 & 15.2-2285 of the Code of Virginia of 1950, as amended, the Montgomery County Planning Commission hereby gives notice of a public hearing to be held on JULY 12, 2023 at 7:00 p.m. in the County Government Center, 755 Roanoke St., Christiansburg, Virginia, in order to hear citizen comments regarding the Planning Commission intention to act on the following Special Use Permit request: A request by the Thomas Benjamin Sears for a Special Use Permit (SUP) on property to allow a Short-Term Tourist Rental within an existing structure allowing the dwelling to be rented for compensation to short term transient guests. The property is located at 1950 Oilwell Road, Blacksburg (St. Rt. 824), and is located approximately 1.7 miles West of Merrimac Road (St. Rt. 657). The property is further identified as Tax Map 066-9 2 (Parcel ID: 036193), 2.162 acres, zoned Residential (R-1) in the Prices Fork Magisterial District. The property currently lies in an area designated as Residential Transition in the 2025 Comprehensive Plan. Copies of the proposed plans, applications, ordinances or amendments may be examined at the Department of Planning and GIS Services, County Government Center, 755 Roanoke St., Suite 2A, Christiansburg, Monday through Friday between the hours of 8:30 a.m. and 5:00 p.m. or at http://www.montgomerycountyva.gov/pendingapplications.</p>	<p style="text-align: center; font-weight: bold; margin: 0;">Legals - Montgomery County</p> <p style="text-align: center; font-weight: bold; margin: 0;">NOTICE OF PUBLIC HEARING OF THE MONTGOMERY COUNTY PLANNING COMMISSION</p> <p style="font-size: 0.8em; margin: 5px 0 0 5px;">Pursuant to the provisions of Section 15.2-2204 & 15.2-2285 of the Code of Virginia of 1950, as amended, the Montgomery County Planning Commission hereby gives notice of a public hearing to be held on July 12, 2023 at 7:00 p.m. in the County Government Center, 755 Roanoke St., Christiansburg, Virginia, in order to hear citizen comments regarding the Planning Commission’s intention to act on the following Ordinances: A request by James K Tannahill (Agent: Peed and Bortz, LLC) for a special use permit to allow a 115,000 Cubic Yards of rubble landfill for the disposal of inert debris, on approximately 4.5 acres of a 20 acre parcel. The proposed use is identified as Rubble, landfill under the Zoning Ordinance which is permitted in A-1 Agricultural District only by a special use permit. The property is located 0.3 miles southeast of Rosemary Road (Rte 676) approximately 0.2 miles from the end of state maintenance. The property is identified as Tax Map 108-A 45C (Parcel ID: 110882) in the Shawsville Magisterial District. The property currently lies in an area designated as Rural in the 2025 Montgomery County Comprehensive Plan. Copies of the proposed plans, applications, ordinances or amendments may be examined at the Department of Planning and GIS Services, County Government Center, 755 Roanoke St., Suite 2A, Christiansburg, Monday through Friday between the hours of 8:30 a.m. and 5:00 p.m. or at http://www.montgomerycountyva.gov/pendingapplications.</p>	<p style="text-align: center; font-weight: bold; margin: 0;">Legals - Montgomery County</p> <p style="text-align: center; font-weight: bold; margin: 0;">Notice of Public Hearing</p> <p style="text-align: center; font-weight: bold; margin: 0;">Town of Blacksburg Planning Commission</p> <p style="font-size: 0.8em; margin: 5px 0 0 5px;">Thursday, July 6, 2023. Notice is hereby given that the Planning Commission of the Town of Blacksburg will conduct a public hearing on Thursday, July 6, 2023 during its meeting beginning at 6:30 PM in the Roger E. Hedgepeth Council Chamber, 300 South Main St, Blacksburg, VA on the following item: CUP 23-0003-Conditional Use Permit Request for hotel use and for additional height in the Downtown Commercial DC zoning district at 501 South Main Street (Tax Map No. 257-A 94C) by Midtown Redevelopment Partners, LLC. A conditional use permit request for hotel use and increased height above 60 feet in the Midtown Development at 501 South Main Street. The request is for a 155-room hotel in the Downtown Commercial (DC) zoning district on the parcel known as Midtown DC Parcel 2 fronting on Main Street. This parcel is governed by the Midtown rezoning in Ordinance #1968. The height of the building is proposed to be a maximum of 75 feet, which is greater than the maximum 60 feet permitted in the DC zoning district and Midtown Development Pattern Book unless a Conditional Use Permit is requested per Section 3141 (c) of the Blacksburg Zoning Ordinance. The Future Land Use (FLU) is Downtown Commercial. The proposed use is consistent with the FLU designation. Persons affected by or interested in the conditional use permit request may appear and present their views. After the hearing, the Planning Commission will take action. Copies of the request and all related items may be found online at www.blacksburg.gov/publichearings or reviewed in person at the Blacksburg Planning and</p>	<p style="text-align: center; font-weight: bold; margin: 0;">Legals - Montgomery County</p> <p style="text-align: center; font-weight: bold; margin: 0;">LEGAL NOTICE OF PUBLIC HEARING OF THE TOWN OF CHRISTIANSBURG PLANNING COMMISSION</p> <p style="font-size: 0.8em; margin: 5px 0 0 5px;">The Town of Christiansburg Planning Commission will hold a Public Hearing on Monday, July 17, 2023, at 7:00 PM in the Council Chambers of the Christiansburg Town Hall, 100 E. Main Street, Christiansburg, Virginia 24073, pursuant to Sections 15.2-2204 and 15.2-2285 of the Code of Virginia, as amended. The purpose of the public hearing is to receive public comments concerning: A. Conditional Use Permit request by DAJ Ventures LLC, Property Owner, to allow 21 townhouses on approximately 2.149 acres located at the western end of Montgomery St NE, and between the south side of Church St NE and the north side of Lucas St NE, identified as Tax Parcels 496-(3)-2 and 496-(3)-3; Parcel IDs 260024 and 260025; zoned General Business District B-3. The property is designated as Residential on the Future Land Use Map of the 2013 Christiansburg Comprehensive Plan. Town Hall will be open and available to receive public comment in-person at the time of this Public Hearing. A copy of the application, the Town’s Zoning Map, Zoning Ordinance, and Future Land Use Map may be viewed in the Planning Department Office, 100 E. Main Street, Christiansburg, VA 24073, during normal office hours of 8:00 a.m. – 5:00 p.m. Monday through Friday. Contact Andrew Warren, Assistant Town Manager, at (540) 382-6128, Ext. 1130 or by email at awarren@christiansburg.org with any questions or if you require reasonable accommodations.</p>
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NOTICE IS HEREBY GIVEN, By the Board of Supervisors of the County of Montgomery, Virginia

that the Board of Supervisors hereby schedules a public hearing for Monday, July 10, 2023 at 7:15 pm or as soon thereafter, at the Montgomery County Government Center, 755 Roanoke Street, Christiansburg, Virginia, in order to receive citizen comments on the Board of Supervisors intent to adopt a resolution amending the FY 2023-2024 budget by more than one percent of the total expenditures shown in the currently adopted budget by adding carryover funding appropriated in FY 23 for various county projects/purchase orders/capital funds and various school operating and capital funds that were not completed at year end, not to exceed \$165 million.

BY ORDER OF THE BOARD OF SUPERVISORS
F. Craig Meadows
County Administrator

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Food

from page 1

clean hands and surfaces, even in an outdoor setting. Before beginning your food prep, practice good hand-washing hygiene. If you do not have access to running water, simply use a water jug, some soap and paper towels. Proper hand cleaning is as much about the scrubbing action as it is about the soap. Make sure your eating surface is clean before setting out your dishes. If the surface is not cleanable, consider using disposable tablecloths.

SEPARATE: If you are transporting raw and ready-to-eat (RTE) foods, do so in separate coolers. Consider using coolers with white lids, since they will reflect light and heat rather than absorbing them.

Raw meats, poultry and seafood – Be sure to keep these items securely wrapped and separated from other foods. This keeps their juices from contaminating prepared/cooked foods or foods that will be eaten raw. All raw meat should be kept in a cooler at 40°F or below until time for grilling. Packing these items while still frozen can ensure they stay colder longer.

Raw fruits and vegetables – Rinse fresh fruits and vegetables under running tap water before packing them in the cooler, including those with skins and rinds that are not eaten. Rub firm-skinned fruits and vegetables under running tap

water or scrub with a clean vegetable brush while rinsing with running tap water. Dry fruits and vegetables with a clean cloth towel or paper towel before packing.

Prepared cold dishes – Foods like pasta salad, deviled eggs, cut produce and many desserts require cold holding to maintain their safety. Transport them in a cooler with ice or frozen gel packs to maintain a temperature of less than 40°F. Remove them immediately before time to serve.

Prepared hot dishes – Hot food should be kept hot, at or above 140°F. Wrap it well and place it in an insulated container until serving.

Beverages and condiments – Consider packing a separate cooler for these items so that the repeated opening of the cooler will not expose temperature-controlled foods to warm outdoor air temperatures. Maintaining beverages and most purchased condiments (even mayonnaise!) at cool temperatures is for quality, not safety.

COOK: Grilling and picnicking often go hand-in-hand. Just like cooking indoors, there are important guidelines that should be followed to ensure that your grilled food reaches the table safely.

Marinate safely – Marinate foods under refrigeration - never on the kitchen counter or outdoors. In addition, if you

plan to use some of the marinade as a sauce on the cooked food, reserve a portion separately before adding the raw meat, poultry, or seafood. Don't reuse marinade that has touched raw meat or poultry.

Cook food thoroughly – When it's time to cook the food, have your food thermometer ready. Always use it to be sure your food is cooked thoroughly by measuring the internal temperature at the thickest part of the food.

Whole steaks, roasts, pork and fish: 145°F

Ground meat: 160°F

Poultry (ground or whole): 165°F

Don't cross-contaminate – Don't reuse platters or utensils that held raw meat, poultry or seafood for serving unless they have been washed first in hot, soapy water. Using the same platter or utensils that previously held raw meat, poultry, or seafood allows bacteria from the raw food's juices to spread to the cooked food. Instead, have a clean platter and utensils ready at grill-side to serve your food.

CONTROL (THE TEMPERATURE): Keeping food at proper temperatures - indoor and out - is critical in preventing the growth of foodborne bacteria. The key is to never let your picnic food remain in the "Danger Zone" - between 40°F and

140°F - for more than 2 hours (or 1 hour if outdoor temperatures are above 90°F.) This is when bacteria in food can multiply rapidly, and lead to foodborne illness.

Keep cold food cold – Cold foods in individual serving dishes can be placed directly on ice on your picnic table or in a shallow container set in a deep pan filled with ice. Drain off water as ice melts and replace ice frequently. Once you've served these dishes, they should not sit out for longer than 2 hours (or 1 hour if the outdoor temperature is above 90°F.) If food is left out longer, throw it away to be safe.

Keep hot food hot – Grilled food can be kept hot until served by moving it to the side of the grill rack, just away from the coals. This keeps it hot but prevents overcooking. Hot dishes like casseroles can be held in insulated carrying cases on the picnic table to keep them warm. Just as with cold food, these foods should not sit out for more than 2 hours (or 1 hour in temperatures above 90°F.) If food is left out longer, throw it away to be safe.

Melissa Wright is director of the Food Producer Technical Assistance Network in the department of Food Science and Technology at Virginia Tech.

Shannon Andrea for Virginia Tech

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Radford News Journal is a newspaper of, by and for the people of Radford. We encourage letters from our readers on topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached for verification. All letters will be verified before publication. We reserve the right to deny publication of any letter and edit letters for length, content and style.

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Opioid

from page 1

first major allocation of OAA grants within Virginia since the Commonwealth received its first set of national settlement payments from manufacturers and distributors of prescription opioids in 2022. The payments from the various settling companies are expected to continue for at least 16 more years and will exceed \$1 billion in total funding. In 2022 Attorney General Jason Miyares announced the first round of finalized settlements worth more than \$500 million for the Commonwealth spread over the course of eighteen years, and predicted the total will increase to more than \$1 billion as additional settlements are finalized. The OAA was established by the General Assembly in 2021 to oversee the distribution of 55% of Virginia's total settlement funds. Of the remainder, 30% is distributed directly to cities and counties, and the remaining 15% to the commonwealth. The use of funds is restricted by court orders and state statute, with the restrictions aiming for the funds to be used for opioid abatement efforts.

According to the NRVRC, a "unique aspect of the New River Valley Recovery Ecosystem program is the oversight and integration across prevention, treatment, recovery and harm reduction measures intentionally coordinated with an approach to develop structural changes to root out the disease and support wellness across the region. The NRV Regional Commission's executive director, Kevin Byrd, says this will create opportunities for the region.

"As we did during the pandemic response, our agency will deliver administrative support to the regional team assembled for this unique program that will help ensure residents and employers in the New River Valley have the greatest opportunity to thrive in a globally competitive economy," said Byrd.

Sherri Blevins, Chair of the Montgomery County Board of Supervisors, said the county welcomes the opportunity to serve as the fiscal agent for the regional effort.

"Just as we did in response to the COVID-19 pandemic, Montgomery County welcomes the opportunity to once again serve our citizens and regional partners as the grant recipient on behalf of this significant project," said Blevins. "We are looking forward to collaborating with our neighboring local governments and regional agencies as we come together to address this challenge in our

communities." "Not every element of this proposal is new, but its integration of local government, service providers, criminal justice institutions, and program evaluation has been well-honed in the New River Valley," the NRVRC stated.

Giles County Administrator Chris McKlarney says he sees the OAA funding as "an important resource to continue work addressing opioid addiction through our FOCUS programs and specifically the highly successful and unique drug court recovery fitness program.

"Integrating this resource to support our citizens toward successful recovery is key to improving life for them and their families," he continued. "The development of this proposal is deeply rooted in a long-held collaborative framework between local government and service providers in the region. Local governments committed their direct opioid abatement allocations as match to this program and several service providers are delivering in-kind staffing support."

Jason Ballard, Virginia House of Delegates member who serves on the OAA Board says he looks forward to the region putting the funding to good use.

"As a legislator who represents a large portion of the New River Valley, and as an appointed member of the Opioid Abatement Authority, I have seen first-hand the impact that opioid misuse and addiction have had on our communities," said Ballard. "I remain very supportive of the collaborative county application and appreciative of the funding that has been awarded. I look forward to seeing our region put this investment to good use in changing the lives of citizens within the New River Valley and beyond."

"The work ahead, like the proposal development itself, will be implemented by many organizations and individuals and is intended to support and connect our community to strengthen well-being and address the impacts of addictions and the underlying factors that create addiction risks to individuals and communities," he continued.

The New River Valley Regional Commission is one of 21 planning districts in Virginia chartered under Virginia law. The purpose of the

Planning District Commission is to promote regional cooperation, to coordinate the activities and policies of member local governments, and to provide planning assistance to local governments.

CROSSWORD

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	70									72			

- CLUES ACROSS**
- 1. Applies paint lightly
 - 5. House mice genus
 - 8. Bible's Chronicles (abbr.)
 - 11. Old World buffalo
 - 12. Expression of contempt
 - 13. Levi jeans competitor
 - 15. A small-wooded hollow
 - 16. Donkeys
 - 18. River in Florence
 - 19. L. Rukeyser's TV show
 - 22. The abominable snowman
 - 23. Deerfield, IL, Trojans school
 - 24. Be obliged to repay
 - 25. Woman (French)
 - 28. Delaware
 - 29. Fools around (Br. slang)
 - 31. Affirmative (slang)
 - 32. With three uneven sides
 - 36. Tel. __. Israel city
 - 38. "As American as apple __"
 - 39. ABA __ Honeymoon
 - 43. Fictive
 - 47. Press against lightly
 - 48. Eiderdown filled
 - 50. In the year of Our Lord
 - 52. Obstruct or block
 - 53. A companion animal
 - 54. Political action committee
 - 56. Big man on campus
 - 58. "Frankly my dear, ___"
 - 63. American Indian group
 - 64. Lots of
 - 65. Life stories
 - 67. Sour taste
 - 68. The Phantom's first name
 - 69. Leading European space Co.
 - 70. Native of Thailand
 - 71. Drive into hard
 - 72. NY state flower
- CLUES DOWN**
- 1. Male parent
 - 2. Afresh
 - 3. South American weapon
 - 4. Set out
 - 5. Volcano aka Wawa Putina
 - 6. Soviet Union
 - 7. A single piece of paper
 - 8. A bird's foot
 - 9. Of this
 - 10. Restores
 - 12. Paper adhesives
 - 14. Lordship's jurisdiction
 - 17. River in Paris
 - 20. Headed up
 - 21. Sir in Malay
 - 25. Soft-shell clam genus
 - 26. Mega-electron volt
 - 27. Indicates near
 - 30. The central bank of the US
 - 33. Central processing unit
 - 34. Direct toward a target
 - 35. Side sheltered from the wind
 - 37. 6th letter of Hebrew alphabet
 - 40. Form a sum
 - 41. The cry made by sheep
 - 42. Defensive nuclear weapon
 - 44. Clan division
 - 45. Adult male deer
 - 46. Patterned table linen fabric
 - 48. Subtract
 - 49. An imaginary ideal place
 - 51. Chuck Hagel is the new head
 - 53. Round flat Middle Eastern bread
 - 55. Chickpea plant
 - 56. Make obscure
 - 57. Pole (Scottish)
 - 59. Cavities where spores develop
 - 60. Vintage Auto Racing Assoc.
 - 61. Hmong language __; Yao
 - 62. Small head gestures
 - 66. Point midway between S and SE

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OBITUARIES

Cruise, Lucille



Lucille Cruise passed away peacefully many tailgate parties before Virginia Tech football games and attending many Hokie men's and women's basketball games. Most of all, Lucille and Bob reveled in spending time with their children, grandchildren and great grandchildren. Fond memories include family trips to Myrtle Beach, and an epic cross-country journey from New Jersey to California in the summer of 1973 – just in time to hit the country's mandatory gas rationing program which necessitated some creative driving to get back home.

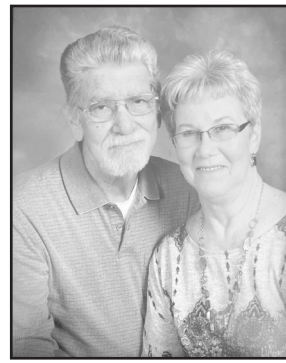
Lucille was born on April 6, 1934, in Fancy Gap, Va. to Troy and Kate Branscomb Allen. Lucille attended the Brookmore School in Fancy Gap. The family moved from the Allen farm first to Hillsville and then to Radford just before Lucille entered Radford High School. She graduated in 1952 and attended Radford College where she earned her bachelor's degree in Business Education.

While she was in college, she met her future husband Bob, who was enrolled in the Corps of Cadets at Virginia Tech. They married in 1954 at First Baptist Church in Radford and together they raised their four children in Radford, and later in Roxbury Township, N.J. Following Bob's retirement from Hercules in 1992, Lucille and Bob moved back to Virginia and enjoyed traveling, meeting with friends, hosting

Elizabeth Howlett of Tyler, Texas; daughter, Jill Carolan (Paul) of Fort Worth, Texas; son, Mark Cruise (Kelly) of Jonesborough, Tenn.; son, Scott Cruise (Martine) of Fairfax, Va.; and daughter, Jan McKee (Gene) of New Port Richey, Fla.; 12 grandchildren and nine great grandchildren. She was predeceased by

See **Obituaries**, page 6

Gosnell, Barbara Turner



Barbara Turner Gosnell, 82, of Richmond; grandchildren, Jeremy and Jenna Marcus, and Anthony, Caleb and Brody Gosnell; sisters, JoAnne Chappell of Easley, S.C., Melissa Corvin of Walkertown, N.C., and Alene Gray of Pulaski; brother, Arnold Anderson of Pulaski; and many other relatives and friends.

Dublin, passed away Saturday, June 24, 2023. She was a member of Dublin United Methodist Church and retired from Magnox where she was a customer service representative. She was preceded in death by her parents, Bud and Gertrude Turner, and Harry and Virgie Anderson; husband, Edward Bert Gosnell; brothers, Randall, John, Coy and Ed Turner, and Draper, Bobby and Roger Anderson; and sisters, Lois Lane, Marie Walker, Virginia Turner, Penny Collins, Jean Moran, Mary Ellen Hutchison, and Jackie Fuller.

Survivors include her children, Amy and Jeff Marcus of Dublin, and George and Leah Gosnell of

The family received friends Wednesday, June 28, 2023, at Dublin United Methodist Church in Dublin. Memorial services followed with Rev. Don Shelor officiating.

In lieu of flowers, please consider donations to Dublin United Methodist Church.

The Gosnell family is in the care of Mullins Funeral Home & Crematory in Radford.

Send community news and photos to communitynews@ourvalley.org

ANGLICAN CATHOLIC

St. Philip's Anglican Church, 306 Progress Street, NE, Blacksburg, Virginia 24060, (540) 552-1771, www.stphilipsblacksburg.org. Reverend Fr. Wade Miller, Priest. Eucharist Sunday's at 11am and Wednesday's at 12pm.

St. Thomas Anglican Church - located at 4910 Hubert Rd, NW Roanoke, Va. Traditional Liturgical Lenten Services, Sunday at 10:30 am. Call (540) 589-1299 or visit www.sttofc.org for mid-week masses and events. (In Roanoke, go E on Hershberger, L on Hubert to 4910).

BAPTIST

First Baptist Church, 555 West Rock Road, Radford, 639-3873. Rev. Corwin C. Casey, Pastor. Worship with us: 9:45 a.m.; Sunday School: 10:45 a.m.; Praise and Worship: 11:00 a.m. Morning Worship Service; Therefore, my beloved brethren, be ye steadfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord. 1 Corinthians 15:58.

First Baptist Church on 3rd Ave., 215 Third Ave at the corner with Downey St. We nurture meaningful connections to God and others through worship, spiritual growth, and community ministry. We celebrate the dignity and worth of all persons, created in the image of God. Sunday Bible Study Groups - 9:45, Sunday Worship - 11:00. Website: fbcradford.org 540-639-4419. Worship is in-person and live-streamed on Facebook and on our YouTube channel: First Baptist Church Radford.

Trinity Community Church, 1505 N. Franklin Street, C'Burg. John Altizer, Lead Pastor, Brian Cockram, Associate Pastor, 382-8121. Worship at 10:45 a.m., Outreach Ministries - 6:00p.m. Wednesday, Growth Groups - 5:00p.m. Sunday, Youth and Children's Ministry - 5:00p.m. Sunday, www.trinitycburg.org.

CHURCH OF CHRIST

Blacksburg Church of Christ, 315 Eakin St., 552-1331. Sun. Bible Classes 9:30 a.m., Sun. Worship 10:30 a.m. & 6 p.m., Wed. Bible classes, 7 p.m., Outreach Minister Curt Seright, Community Minister Tom Gilliam, Dean Meadows, Campus Minister.

CHURCH OF GOD

Childress Church of God, 4187 Piney Woods Rd., C'Burg. 381-3693. Sun. School 10 a.m.; Worship 11 a.m. & Wed. 7 p.m.

New Hope Church of God, 1404 Mud Pike Rd., C'Burg. Rev. T. Michael Bond, pastor, 731-3178. Sun. School 10 a.m., Worship 10:50 a.m., 6 p.m. Thurs., 7:00 p.m.

West Radford Church of God, 1824 West Main Street, Radford, VA 24141, Sunday School - 10:00A.M. Morning Worship - 11:00A.M., Children's Church 11:00A.M. Sunday Evening - 6:00P.M., Wednesday Night - 7:00P.M., Pastor Danny Newman, Church Office - 540-639-6562 or 804-921-0828

CHURCH OF GOD IN CHRIST

Radford Church of God in Christ, 206 Russell Ave., Radford. Supt. Ronald A. Watson, Sr.; Elder, 639-5948. Sun. School 9 a.m.; Prayer 11:30 a.m.; Worship 6 p.m.

(DOC - DISCIPLES OF CHRIST)

Snowville Christian Church, 5436 Lead Mine Rd., Hiwassee, VA 24347, Pastor: Jerry King, Website: www.SnowvilleChristianChurch.com (and Facebook), Office: 540-633-3761, Email: office@SnowvilleChristianChurch.com, Sunday Worship Service: 11:00 a.m., Sunday School: 10:00 a.m., Thursday Bible Study: 6:00 p.m., We are: "Inspiring hope, helping people grow their faith, and sharing God's love with others!"

EPISCOPAL

Grace Episcopal Church, 210 4th Street, Radford, 639-3494. A friendly, mission-oriented spiritual community sharing the Word of God. ALL ARE WELCOME. In person and live-streamed services 10:30AM Sundays. Holy Eucharist twice a month. Morning Prayer twice a month. Fellowship and refreshments follow services. Find us on Facebook: Grace Episcopal Church and www.graceradford.org.

LUTHERAN

Christ Lutheran Church, 201 Harvey St. Sunday worship with communion at 10am; fellowship & snacks at 11am. All are welcome. Upcoming events and fellowship opportunities (Senior Brunch, Faith & Film, Rough Draught, etc.) detailed in weekly

Radford

WORSHIP DIRECTORY

Avoid the Mistakes

Read Judges 7:1 through 8:35

Does the following scenario point to any common details in people's lives?

Do people often pray hard and study Scripture in order to seek God's provision when struggling financially? Do these same people attend church weekly and ask other believers to pray for their needs. As their accounts increase to a comfortable amount, do they begin getting an early start on their workdays to put in more hours at the office. Do they cut back on prayer and Bible study.

Gideon made the gold into an ephod, which he placed in Ophrah, his town. All Israel prostituted themselves by worshipping it there, and it became a snare to Gideon and his family (Judges 8:27).

Gideon, as a young and inexperienced warrior, was called by God to engage a vast invading army. Gideon's life had been tough, and his circumstances forced him to draw close to God. But, with the enemy's defeat and the rich spoils of the battle, Gideon misused his blessing.

Prayer Suggestion: When you enjoy a season of success, pray even harder that God will keep you in a deep relationship with himself.

Quicklook: Judges 8:22-27

If your church is not listed and if you are interested, call Randy Thompson at 540-389-9355 or email at advertise@ourvalley.org

email and on website: clcradford.org. 540-639-2671.

Our Saviour Lutheran Church ELCA, 1845 Cambria St NE, Christiansburg. Worship each Sunday at 10 am, in person and online at <https://www.youtube.com/channel/UCMsB-gbyjmV5ce9mr43dbCw>. Please visit our website at www.oslc-cburg.org and our Facebook page at <https://www.facebook.com/oslcchristiansburg> to learn more about us. Little Free Pantry and Little Free Library located in our parking lot. Pastor Joshua L. Copeland; church office 540-382-2223.

St. Michael Lutheran Church, 2308 Merrimac Road, Blacksburg, VA 24060. Worship service each Sunday at 10 AM, Sunday School 9 AM. We are a community of God's people where people gather for worship, learning and service. Visitors and new members are always WELCOME! Google comments: "Wonderful, welcoming congregation...A place where all are truly welcome... Nice, friendly, competent staff." You will like our minister, The Rev. Michelle L. Stramiello. Her previous service was as Family Faith Formation Director at Cross and Crown Lutheran Church, Indianapolis, IN, Pastor of St Matthew Lutheran Church, Paducah, KY, and Hospice Chaplain in Largo, Fl. St. Michael started and administers Micah's Backpack which has great community impact, Micah's Soup for Seniors, Micah's Garden, Closet, and Mini Pantry. Also, partnering with Rainbow Riders and Total Action for Progress, we opened open the first Early Childhood Head Start in our community (6 weeks to age 3), and have numerous other programs including a Justice & Mercy Fund providing assistance for those needing emergency assistance with critical bills. Further St. Michael sponsors an awesome Scouting program of Boy & Girl Scout Troops, Venture Scouts for older youth, and a new Cub Pack for girls & boys kindergarten - 5th grade. Directions: From Price's Fork Road, turn onto Merrimac Road and St. Michael is 3/10ths of a mile down on the left. For more information about any of our activities: Phone 540 951-8951. Email hope@stmclc.us or visit our Website www.st-michael-lutheran-church.org

PENTECOSTAL HOLINESS

Merrimac Pentecostal Holiness Church, Rev. Larry

Christopher (540) 552-7194. l.christopher695@comcast.net. Sunday school at 10 a.m. and morning worship is 11 a.m. Evening service at 6 p.m. and Wednesday at 7 p.m.

Compassion Church, 1820 Second Street, Radford, 639-6287, Our music is passionate, our worship is real, and Pastor Chandler Jones brings relevant messages for everyone at any place on their journey, Sunday Worship Experience at 9:30 AM & 11:00 AM, Wednesday Family Night at 7 PM, Children Ministry provided for all services. Our vision is to see all Saved. Freed. Restored. Fulfilled. Find us on facebook and Instagram

Walton Pentecostal Holiness Church, 4003 Morning Glory Rd., off Walton Rd. on Rt. 114. 731-1755. Lee Sarver, pastor. Sun. School 9:30 a.m., Worship 10:30 a.m. & 6: p.m., Wed., 7p.m.

PRESBYTERIAN

Join us at **The Presbyterian Church of Radford**, 201 4th Street, at the corner of 4th & Randolph, for Sunday School at 10 am and Worship and Children's Church at 11 am. Our Interim Minister is Steve Willis. Phone 639-2585. Watch the worship services on Facebook, which can be accessed through the church website at www.pcradford.org or through the Presbyterian church of Radford Facebook page. We are called to share the love of Christ in this community and beyond.

UNITED METHODIST

Asbury United Methodist Church, 500 Stuart Street, Christiansburg. 540-382- 0743. Rev. Ryan Schaeffer. Sunday School, 10:15 a.m., Sunday Worship, 11:30 a.m., Wednesday Bible Study 7pm, alternating month's with Schaeffer Memorial Baptist Church, Senior Bible Study Thursday, 10:30 a.m. All are welcome.

Central Church, 803 Wadsworth Street, Radford. 639-3529. 8:30 a.m. Sunday Services: 8:30am; 9:45am Sunday School; and 11:00a.m. Child care is provided. www.centralmethodist-church.com.

St. Paul United Methodist Church, 220 W. Main St., C'Burg. Rev. Moonsup "Paul" Song (540) 382-2410. Sunday Worship 10am, Sunday School 9am. Live streaming Sunday Service - www.twitch.tv/stpaulumc.

Motorists avoid fireworks at the pump this July 4, save \$500 million daily compared to a year ago

Drivers taking to the road for Independence Day weekend between June 30 to July 5 will spend \$2.6 billion less on gasoline than they spent over the same period last year

Good news for summer road trippers: the fireworks displays will be back this year, but the fireworks at the pump are behind us.

Independence Day weekend this year will be much more affordable when it comes to fueling up, according to GasBuddy, the leading fuel savings platform saving North American drivers the most money on fuel. Gas prices this July 4 are projected to be over \$1.30 per gallon less than they were in 2022, with the national average estimated to be \$3.49 on the holiday this year.

Many Americans can all but forget the record prices paid last year, when the national average surged over \$5 per gallon. Some states saw prices cruise back \$6, and some stations even saw prices over \$7 per gallon. This year is going to see far less pain at the pump on Independence Day weekend, with average prices down over \$1 per gallon from last year in 47 states. Just Washington (down 55 cents), Hawaii (down 87 cents) and Oregon (down 90 cents) are seeing average prices less than \$1 lower compared to a year ago.

"Much of Covid's revenge travel is

behind us, and thus far this summer, demand for gasoline has been softer than last year, helping to ease the pressure on gas prices. Coupled with an economic slowdown and rising interest rates, Americans are feeling a bit more sluggish about hitting the road again this summer, leading to the lower prices," said Patrick De Haan, head of petroleum analysis at GasBuddy. "We may continue to see average prices moderate, especially closer to Labor Day, barring hurricanes or other unexpected refinery outages, with steeper price drops coming after summer. But for now, it's still not a bad time to get outside and hit the road this summer with far lower prices in every state compared to last year."

According to GasBuddy's 2023 summer travel survey, 36% of drivers are planning to take a road trip over Independence Day weekend, up 9% from last year. Though prices at the pump remain volatile amidst global economic uncertainty, they are projected to remain in the \$3.50 - \$4 per gallon range throughout the rest of the summer.

Submitted by GasBuddy

Carilion from page 3



PHOTOS COURTESY OF RADFORD UNIVERSITY

A Carilion Camper performs an ultrasound sonogram with RUC physician assistant students.

she was intimidated by the sight of blood and the hands-on nature of nursing.

"If you expose them to it little by little through experiences like this one," she said, "they get used to it and may consider healthcare as a career."

Camper Cora Houston, a rising senior at Franklin County High School, said observing the nurses in action has helped solidify her dreams of becoming a pediatric cardiologist.

"Seeing them work and do something they truly love really inspires me," Houston said. "I want to get to a point where I can teach others. Looking up to these healthcare professionals and knowing they love what they do, and are so passionate about it, gives me the boost to keep going."

At RUC, the campers

visited the respiratory therapy lab, where they learned about respiration through a demonstration with pig lungs and experienced what it feels like to wear a cystic fibrosis vest, which vibrates to help patients break up the build-up of fluids and solids in the chest. They then visited the nursing lab, where they practiced inserting nasogastric tubes, swaddled and cared for newborns and removed and inserted staples in prosthetic arms.

In the physician assistant (PA) swing lab, the students got to practice sonograms along with current PA students, and in the occupational therapy lab, campers participated in walker races, tested their grip strength and tried on stimulation gauntlets, allowing

them to experience mild electric currents that help rehabilitate patients who have lost some use of their hands.

Chitwood said that when the opportunity to be part of the camp arose again this year, RUC jumped at the chance since it had been such a great opportunity to reach high school students thinking about a job in healthcare.

"We've had students come back as students at Radford," she said. "They say they went through the camp at Carilion and it made them want to learn more and do this for a living. So, we may one day see some of these students back here as Highlanders at RUC."

Mark Lambert for Radford University

Choose the right brews for your Fourth of July cookout: Virginia Tech food chemist offers beer and food pairing tips

Peanut butter and jelly. Fireworks and the Fourth of July. A juicy burger and a crisp German lager. Some things just go together.

With the recent rise of craft beer in the U.S., Americans now have more beer choices than ever before. While it's tempting to serve your favorite adult beverage with every dish, pairing the right beer style with your dish of choice can elevate your Independence Day meal.

Ann Sandbrook, food chemistry lab manager in the College of Agriculture and Life Sciences' Department of Food Science and Technology has a few tips to help you choose the right beer to take each course of your Fourth of July cookout to the next level.

"People know that pairing the right wine with the right food is important, but not as many people know that the same is true for beer," she said. "For example, the roasted malts in an amber ale that give the beer its characteristic color also provide caramel notes that go great with the smoky richness of barbecue chicken."

For the traditional staple of summer cookouts —

burgers and hot dogs — Sandbrook recommended something light and crisp, like a helles.

"Virginia Tech's Fightin' Hokies Lager is actually a really great option," she said. "It's a German-style helles, and the light bitterness from the noble hops will cut the fattiness of red meat, making for a great summer pairing. Plus, a part of the proceeds from Fightin' Hokies Lager sales come back to our department to support food science scholarships."

For dessert, Sandbrook said to pick a beer that's darker and sweeter, such as a stout or porter.

"A dark malt-forward beer such as a stout really complements ice cream especially," she said. "The longer roast of malt is what gives stouts those chocolatey or coffee flavors that work so well with various dessert foods."

According to Sandbrook, higher alcohol content and bitterness aren't the best options in hot weather, so keep your ABV and IBUs down when the heat is up if you're looking for a drinkable brew that you can sip while hanging out with the family.

"Hops add bitterness to a beer, and an extremely bitter beer is drying and not as refreshing when it's hot out," she said. "Alcohol is dehydrating and gives that hot sensation in high concentrations, which magnifies any bitterness in the brew. A lower alcohol beer light in bitterness makes for a more refreshing drink. This would include styles such as session beers that are lower in alcohol content and bitterness compared to typical IPAs or American pale ales that are balanced between the malt and hops profiles."

Don't forget that beer can also be an ingredient in your cooking, Sandbrook said. The same concepts for pairing beer and food can be applied to cooking with beer.

"If you don't want to grill out, you can try beer-braised bratwurst or hotdogs with a hefeweizen or kolsch," she said. "Adding beer in the pan while the meat cooks and allowing it to reduce down adds in a lot of beer flavor to the dogs. A brown ale also makes a great marinade addition, as the alcohol and acid in the beer aids in tenderizing meats while adding some flavor."

Events from page 2

guest speaker. For further information, please call 540-320-4315 or 540-239-9864.

Sunday, July 25:

Central Business Committee meeting

The Christiansburg Central Business Committee will meet at noon in the Administrative Conference Room at Christiansburg Town Hall.

On-going:

Entries sought for July 4th Parade

Participants are needed for Blacksburg's July 4th parade, which is organized by the Mount Tabor Ruritan Club. The parade starts at 2 p.m. from Eheart Street, runs through downtown on Main Street, and ends at Alumni Mall. Entries can be floats, bicycles, wagons, marchers, walkers, antique/classic cars, Jeeps, trucks, fire engines, scouts, bands, sports teams, etc. Information is available on the Mount Tabor Ruritan Club's Facebook page, or by texting 540-449-6178.

Market Square Jam

Held Wednesdays, June through September, in Blacksburg on the corner of Draper Road and Roanoke Street; 7 - 9 p.m. Catering to traditional Old-Time music, Blacksburg's Market Square Jam brings musicians together to pick a tune, enjoy fun times with friends and family, and take in all that downtown Blacksburg has to offer. Blacksburg's Market Square Jam is an official Crooked Road affiliated venue that provides fun and entertainment.

Blacksburg Farmers Market

Hours now through October: Wednesdays 2 - 6 p.m. and Saturdays

8 a.m. - 2 p.m. Located at Market Square Park, on the corner of Roanoke Street and Draper Road in downtown Blacksburg. Features growers of locally grown produce and meats, alongside artisans of baked goods, prepared foods, cheese, handmade crafts, and more.

Christiansburg Farmers Market

Thursdays; 3 - 7 p.m. Located in the Recreation Center parking lot. Features local farmers and vendors. Seasonal produce, plants, fresh baked goods, crafts, fresh flowers, handmade jewelry and more. Items for purchase vary week-to-week. Check our Facebook page for details about weekly themes, prizes, vendors, and live music.

Radford Farmers Market

Held on the grounds of Glencoe Mansion, Museum and Galley, located just off West Main Street, 9 a.m. - 1 p.m. each Saturday until October 14. Features produce, plants, baked goods, artisans, fresh squeezed lemonade, eggs, meats, cheeses and more.

Registration open for Potter in the Park race

Calling all wizards of Gryffindor, Hufflepuff, Ravenclaw, and Slytherin! Have you signed up for the TriWizard TriMile Potter in the Park Race yet? It's time to venture out from the cupboard under the stairs, get your wizard robes ready, and join us for this annual family-fun event on Saturday, August 26th at 8:30 a.m. Register at www.lvnrv.org. Also, if you know a local business or individual who would like to be a sponsor, please send them our way! From door prizes to sponsorships, we rely on our supporters to make this a truly impactful and entertaining event.

Obituaries from page 5

her husband of 66 years, Bob Cruise, and her sister, Annita Havemann.

A memorial service will be held on Saturday, September 2, 2023, at First Baptist Church in Radford, Va. In lieu of flowers, the family welcomes donations to First Baptist Church of Radford (www.

fbcradford.org/give) or to HPH Hospice Care Center of New Port Richey, Florida (www.chaptershealth.org/foundation/hph-hospice-donation/).

The Cruise family is in the care of Mullins Funeral Home & Crematory in Radford.

Wade, Ovella Maude

Ovella Maude Wade, 88, passed away Sunday, June 25, 2023, at her home in Radford.

She was preceded in death by her parents, Hiley Joe and Auzula Wade; sisters, Eula Simpkins and Erma Wade; and brothers, Frank, Clarence and Herschel Wade.

Ovella is survived by her sister, Helen Marie Wade; and many nieces and nephews.

Ovella was a longtime member of Grove United Methodist Church. She loved to travel, gardening and flowers. The family would like to give

special thanks to Intrepid Hospice.

The family received friends on Friday, June 30, 2023, at Grove United Methodist Church in Radford. Funeral services will begin at 11 a.m. with Rev. Dr. Jan C. Nicholson Angle officiating. Interment will follow in Big Sand Cemetery in Indian Valley.

In lieu of flowers, please consider donations to Radford Fire and Rescue or to Grove UM Church.

The Wade family is in the care of Mullins Funeral Home & Crematory in Radford.






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Send community news and photos to community news @ourvalley.org

RADFORD SPORTS

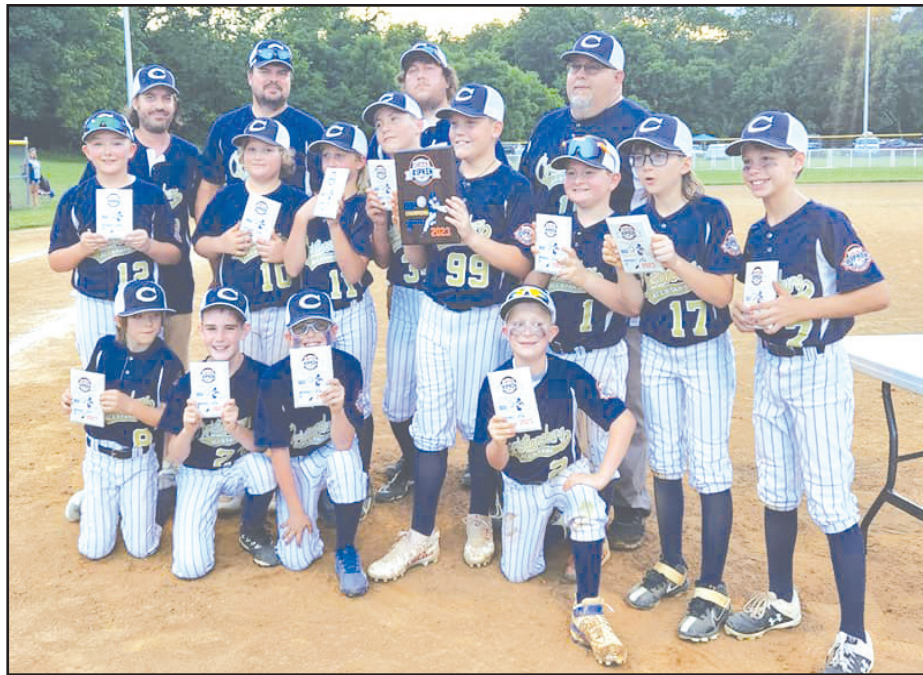
Cal Ripken District 10 tourney held in Radford



The Blacksburg Department of Parks and Recreation's 12U baseball team won this past week's tournament held at Veteran's Field in Radford. The Sportsmanship award was given to the team from the Montgomery County Parks and Recreation Department.



The Radford Recreation Department's 12U Cal Ripken baseball team were the runner ups in this past week's District 10 tournament held at Veteran's Field in Radford.



The Christiansburg 10U baseball team brought the championship home during this week's Cal Ripken District 10 tournament, held in Radford.



Blacksburg's 10U Cal Ripken baseball team finished as the runner up in this past week's tournament held at Veteran's Field in Radford. The Sportsmanship award was given to the team from Pulaski County.

PHOTOS BY MARTY GORDON

Blue Ridge Junior Golf Tour at Fincastle

In the summer of 1999, Fincastle Country Club had a number of young aspiring golfers and the idea of a small regional junior golf tour was launched under the direction of then head professional Vic Sorrell and several club members.

Surrounding golf courses were invited to join the effort and thus, the Blue Ridge Junior Golf Tour began its quest to promote the game of golf to young players throughout the two Virginias.

For 25 summers, the Tour has provided competitive opportunities at venues throughout the area including a return to Fincastle on Monday June 26 for the East River Anesthesiology and Orthopaedic Center of the Virginias Junior Classic. Now owned by the town of Bluefield, the course is still a fantastic host for junior golf.

Windy conditions made play quite challenging for the 60 young players. Here is a recap of the age group results:

17-18 Age Group Par 70 6579 Yards

Walker Gillespie of Pearisburg posted a score of 5 over par 75 and won the age group. Gillespie, a member of the Giles High School golf team made five birdies to help secure the win. Brody Shull of Radford was five back with a score of 80 to finish second, and Bobcat teammate Lucas Beeler finished third with a score of 81.

15-16 Age Group Par 70 6168 Yards

Harris Camp of Roanoke shot 3 over par 73 to win the age group. Harris

made four birdies during the round including a pair on the final two holes to post the low round of the day. That finish allowed Harris to separate himself from Peyton Mason of Willis, who was second in the age group with a score of 79. Rocky Frye of Bramwell, WV was a shot back at 80 and finished third.

13-14 Age Group Par 70 5365 Yards

Tyler Stover of Beckley, WV overcame a rough start on the inward nine, making three much needed pars on the final three holes to shoot 83 and edge Brody Thomas of Glade Springs, VA by a single shot. Thomas had a narrow one shot lead after 17, but Stover's par made the difference as Thomas stumbled home with an unfortunate double bogey. Evan Singleton of Pulaski shot 88 and finished third.

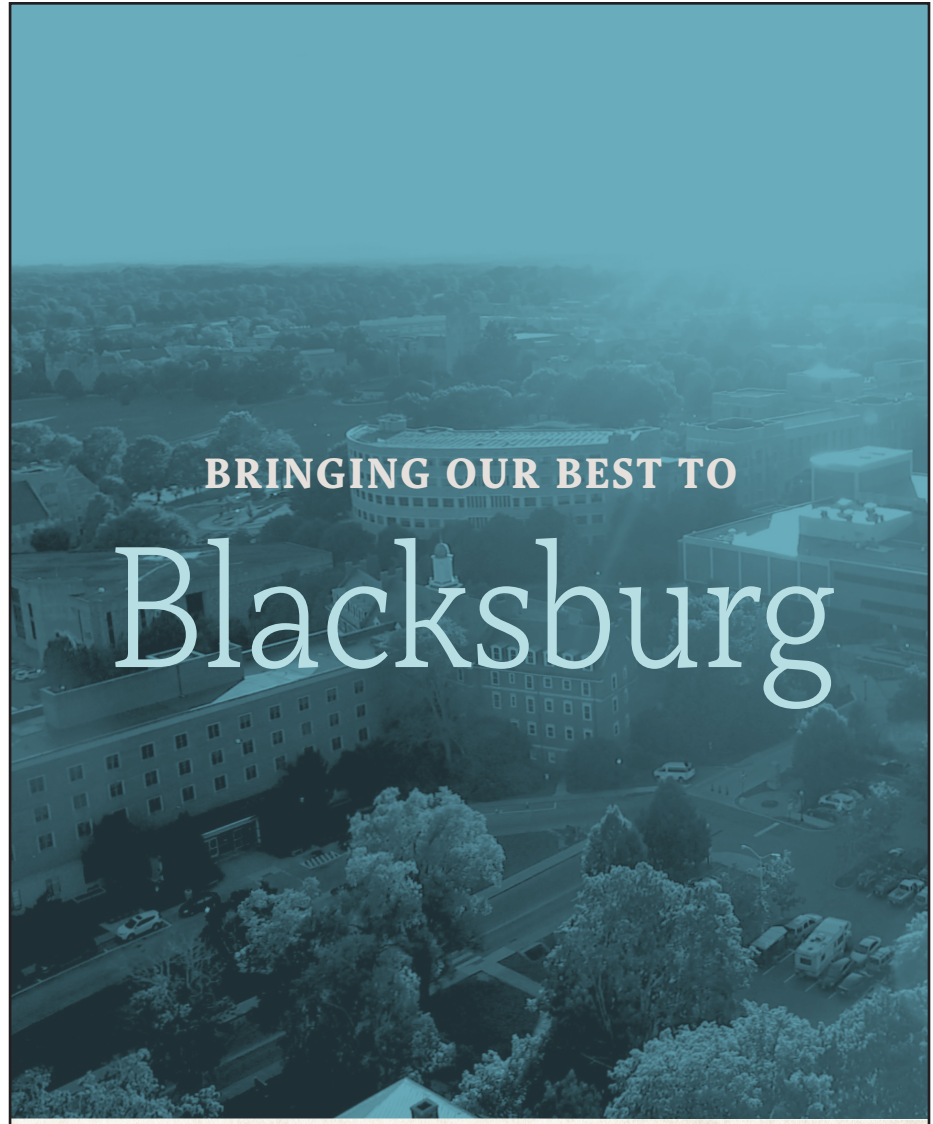
10-12 Age Group Par 35 2421 Yards

JJ Robertson of Blacksburg shot 38 and won the competitive age group. Robertson tallied two birdies, including one on the final hole. Liam Smith of Elliston was second with an impressive score of 40. Josiah Underwood of Floyd was third a shot back at 41.

9 and Under Age Group Par 35 1997 Yards

Silas Edmonds of Wytheville shot 51 and won the age group. Benjamin Schendel of Christiansburg was second with a score of 55. Connor Kitts of Bluefield was third with a score of 58.

Report courtesy of Blue Ridge Junior Golf



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New additions to football staff at Virginia Tech

Virginia Tech football coach Brent Pry announced several football support staff changes and additions.

The talented group brings years of experience from Power Five programs, including Wisconsin, Clemson, West Virginia and Penn State.

Jan Johnson moves from his role as a defensive analyst to a graduate assistant position while Rob Branch assumes a new role as a graduate assistant, after serving in player personnel. In addition, Pry has added Rachid Ibrahim as a graduate assistant and Brandon McCombs as a special teams analyst.

“Jan and Rob are extremely bright individuals who have been in our program and understand our culture and vision,” Virginia Tech head coach Brent Pry said. “It’s exciting to see their passion for the game and I can’t wait to watch them grow as they take the next step in their coaching journey.”

Pry continued, “We are thrilled to welcome Rachid and Brandon to Blacksburg. They are both highly motivated and pay great attention to detail. With their depth of experience at highly successful Power Five programs, they will be

great assets to our team’s preparation, providing us with a competitive edge.”

Johnson (Mohnton, Pa., Governor Mifflin) spent the 2022 season as a defensive analyst at Tech. He played linebacker for Pry at Penn State from 2015-19 where he was a member of the 2016 Big Ten Championship team. Johnson played in two New Year’s Six bowl games, the Rose Bowl following the 2016 season as well as the 2019 Cotton Bowl. A team captain as a senior in 2019, he started all 13 games, earning honorable mention All-America honors from Pro Football Focus and honorable mention All-Big Ten honors from the coaches and media. In addition, Johnson served as a heavyweight on Penn State’s national championship-winning wrestling squad in 2015. He was a member of the Tennessee Titans practice squad in 2021 after originally entering the NFL as a free agent with the Houston Texans in 2020.

Johnson graduated from Penn State with a bachelor’s degree in psychology and a master’s degree in management and organizational leadership.

Branch (Baltimore, Md., Gilman) spent last season as a

player personnel assistant for the Hokies. He joined Pry’s staff after spending four years at West Virginia State where he was the safeties and corners coach, managing his position rooms and developing all-conference athletes in addition to assisting on special teams. Branch also served as the head recruiter for athletics in the admissions department.

He won a national championship playing for James Madison in 2016 where he played safety for two seasons. Branch concluded his playing career at West Virginia State where he was a team captain and earned the program’s MVP award.

Ibrahim (Rockville, Md., Avalon) was a standout running back at both Pittsburgh and Wisconsin, playing in 42 career games. As a senior with the Badgers in 2017, he served as the primary third-down back, registering 28 carries for 130 rushing yards, capping the season with a New Year’s Six bowl appearance in the Orange Bowl. Ibrahim rushed for 399 yards on 60 carries in two seasons of action at Pittsburgh. He spent the 2022 season as an offensive assistant at Wisconsin.

A Rockville, Maryland native, Ibrahim earned a bachelor’s degree in communications at Pittsburgh before earning a master’s degree in educational leadership and policy analysis from Wisconsin in 2019.

Johnson and Ibrahim join Austin Fields, who remains as a graduate assistant working with the offensive line and line coach Ron Crook.

McCombs (Easley, S.C., Easley) spent 13 seasons in a full-time capacity at Clemson, including the last 10 as an assistant for special teams analysis. Clemson won at least 10 games in every year of McCombs’ tenure assisting Clemson’s coaching staff on special teams, including seven ACC titles, six CFP berths and two national championships. During that time, Clemson finished in the top half of the ACC in kickoff coverage seven times, including leading the conference and finishing 13th in the country with 17.56 yards allowed per return in 2019.

McCombs began his career working as a student assistant at Clemson in 2005 and was a player development coach in the strength training room from 2010-12. He earned a bachelor’s degree in sport management from Clemson in 2009.

Virginia Tech football coach Brent Pry announced three new hires to the program’s support staff, Caleb Selk in the position of director of football operations, Kelsey Vinson in the role of director of sports science and Camden Gresham as a recruiting assistant.

“I am thrilled to add Caleb, Kelsey and Camden to our staff,” said Virginia Tech Head Coach Brent Pry. “They are high caliber individuals who bring unique skill sets and diverse experiences to our program with an ability to greatly impact Virginia Tech football on and off the field.”

Selk (Manteno, Ill., Manteno) brings more than six years of experience in the NFL along with another six years in college athletics. He served in operations and marketing roles with the NFL’s Chicago Bears (2017-19) after previously working as an equipment intern in the organization. During his time in Chicago, Selk oversaw operations for the Bears Training Camp in 2017 and 2018, including lodging, transportation, meals, credentials, facilities, team itineraries and vendor logistics.

He arrives in Blacksburg after spending the last year as the director of football operations and player development at Eastern Illinois University. In that capacity, Selk played a key role in all day-to-day operations of the Panthers’ football program. In addition to assisting with all team travel logistics, he coordinated the team’s community service efforts and served as a liaison with compliance, fundraising and facility management. His duties involved assisting with player personnel, recruiting strategy and managing the team’s budget.

Selk spent last summer in technology operations as a minor league video coordinator for the Milwaukee Brewers double-A team in Biloxi, Mississippi, following college baseball coaching stints at Greenville University (2020-21) and McKendree University (2021-22).

A Manteno, Illinois native, Selk is a 2019 graduate of Wheaton College where he earned a bachelor’s degree in business and economics while playing baseball and serving as a team captain.

Vinson (Laurens, S.C., Laurens District 55) will work collaboratively with Pry, as well as director of football strength and conditioning Dwight Galt IV, Tech’s sports medicine and athletic training team and the rest of the football staff. She will strive to reduce the risk of non-contact injury, improve athletic qualities conducive to sport success and promote game day readiness. Through the use of wearable devices, Vinson will examine volumes, intensity, explosive efforts, change of directions and speed, while also tracking sleep patterns, recovery and heart rate. Sports science data will serve as an investment for the health and success of Tech student-athletes.

Vinson joins the Hokies after serving for the past year as a sports scientist and data analyst with Bear Cognition, a data intelligence firm in Charleston, South Carolina focused on simplifying the world of data and analytics for businesses. She worked with coaches and athletes from various backgrounds in the ACC, SEC, Big 12, Sun Belt, Mountain West and American conferences. Along with collegiate programs, she worked with the US Olympic and Paralympic Committees, guiding decision-making to optimize sports performance. She utilized analytics and statistical models to highlight key performance indicators and help maximize competitive advantages.

Vinson previously established and developed a Sports Science program at Auburn, compiling performance metrics for 17 teams and more than 400 student-athletes. She worked as an applied sports scientist with the University of Virginia football team in 2021, following a year as a data analyst and recovery assistant with the Clemson Applied Science Lab.

Vinson completed her bachelor’s degree in health science from Clemson University in 2019 and received her master’s in applied health research and evaluation from the school in 2020.

Gresham (Greensboro, N.C., Northwest Guilford) joins the player personnel department in the role of recruiting assistant as Pry continues to strengthen Tech’s recruiting efforts. A 2022 graduate of Virginia Tech’s Pamplin School of Business, she worked as a student assistant during her time as an undergraduate before earning a post-graduate recruiting internship with the Hokies.

Gresham’s duties include prepping mailing materials for prospects, entering data into the recruiting database and interacting with prospects and their families during recruiting events. She plays an essential role in planning and executing all prospect visits to campus, camps and game day visits. Gresham’s new role will allow her to expand the depth of her involvement in the program’s day-to-day recruiting operations while helping assemble and develop the Hokies’ recruiting classes.

Gresham is a native of Greensboro, N.C.

Virginia Tech Athletics

Thompson & Litton, Inc. Announces Vice President Over Company’s New Client Service Department



Thompson & Litton (T&L) is proud to announce that Rick Chitwood has been promoted to fulfill the role of Vice President as of July 1 over the company’s new Client Service department; Rick will also serve as a member on T&L’s Board of Directors.

With nearly 40 years of experience in the management and construction of engineering and architectural projects, Rick has served as one of T&L’s most respected Senior Project Managers and Associates. Since first joining T&L in 1984, Rick has played a critical role in the development, planning, funding and design of various water, wastewater, site and infrastructure development projects for numerous clients throughout southwest Virginia.

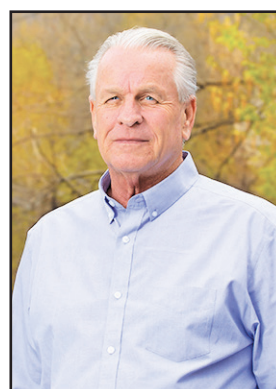
Over the decades, Rick has maintained customer service as a top priority. Rick expressed that, “... the addition of a department focused on client service will be very beneficial to T&L.” During Rick’s extensive career he has also determined that, “If done correctly, clients remember the service

above any costs associated with the job.”

Overseeing T&L’s new Client Service Department will be conducted with the idea as quoted by former President Ronald Reagan that, “The greatest leader is not necessarily the one who does the greatest things. He is the one that gets the people to do the greatest things.” This is a very personal quote to Rick that he recalls daily as he performs his duties and works with clients.

With the promotion of Rick to Client Service, he assures all that there will be good, qualified people working with him and his existing clients to make sure nothing is missed.

T&L is a full-service engineering, architectural and land surveying firm that provides comprehensive services in the areas of Architecture, Civil, Electrical, Mechanical, Plumbing and Structural Engineering, Construction Contract Administration, Project Management, and Land Surveying for both public and private sector clientele. Established in 1956, T&L currently operates offices in Radford, Tazewell,



Chilhowie, Virginia; Mosheim, Bristol, Johnson City, Tennessee; and Princeton, West Virginia with a home office located in Wise, Virginia. Every project T&L works on is handled with integrity, insight, and innovation through a team of over 150 professionals and support personnel.

Thompson & Litton Names New Associates



Thompson & Litton, Inc. (T&L) is pleased to announce that Keith Almoney, PE, Barry Collier, AIA, PMP, Stacy Fowler, PE, Elliott Lambert, AIA, NCARB, LEED AP, Jennifer Moore, PE, Keli Ratcliffe, CPSM and Erica Sunshine, AIA, LEED AP have recently been named Associates of the firm. T&L President, Greg Hurst, stated, “These seven individuals have consistently revealed outstanding character and abilities and deserve to be set aside and recognized. Their skills and dedication have been vital to the growth and success of our firm.”

Keith A. Almoney, PE, joined T&L in 2016 and has acquired 25 years of experience in structural engineering. He has maintained his Professional Engineer status in Virginia since 2003 and currently holds the position of Lead Structural Engineer within the firm. Keith is a 1996 graduate of Virginia Tech with a Bachelor of Science Degree in Civil Engineering. Keith has extensive experience in structural design incorporating a multitude of various materials including steel, concrete, masonry, and timber.



Barry Collier, AIA, PMP, joined T&L in 2019. He is a 2007 graduate of Virginia Tech receiving a Bachelor of Architecture Degree. Barry has over 16 years of experience in the design, construction, and management of architectural and engineering projects. As a Project Manager Barry is responsible for the overall project coordination and is the main point of contact between the Client and the Project Team. He consistently ensures that the necessary services are provided, and projects are completed on time and within budget. He is an integral part of the T&L team.



Stacy Fowler, PE, joined T&L in 2019 and has amassed over 27 years of experience in his field. He is a graduate of Bluefield State College, receiving a Bachelor of Science Degree in Civil Engineering Technology, and a postgraduate of the University of Central Florida, receiving a Master of Science Degree in Civil Engineering. He has experience in the design and management of engineering projects and as a Project Manager, Stacy is responsible for project coordination and is the main point of contact between the client and the T&L Project Team. He will see that the necessary services are provided and that the project is completed on time and within budget.



Elliott Lambert, AIA, NCARB, LEED AP, joined T&L in 2006 and has amassed 24 years of experience in architecture. Elliott is a 2000 graduate of Bluefield State College receiving a Bachelor of Science Degree in Architectural Engineering Technology and Bachelor of Science Degree in Civil Engineering Technology with experience in the design and construction of architectural projects. Since joining T&L and currently as Lead Architect for the Bristol, Tennessee Office, he has played a key role in the preliminary and final design of new construction and renovation/adaptive reuse projects throughout the T&L service area.



Jennifer J. Moore, PE, has 23 years of experience in the field of civil engineering. Since joining T&L in 2001, she has strived to see projects through and continuously enhances her skills. Jennifer recently represented the company at the highly respected Virginia Department of Transportation’s Transportation Project Management Institute (TPMI) Program where she was a member of the winning project team. Jennifer is a 2000 graduate of Virginia Tech receiving a Bachelor of Science Degree in Civil Engineering. Jennifer has played a key role in in the design of various transportation projects for T&L.



Keli Ratcliffe, CPSM, has extensive experience in marketing and business development and creating and implementing strategic communication programs. Keli is a graduate of Virginia Tech and joined T&L in 2018. With 20 years of experience in her field, she possesses a thorough knowledge of public and stakeholder activities supporting local government projects. Keli’s strengths are relationship management and connecting people. She facilitates meetings with T&L clients, staff, funding agencies and project stakeholders. She works closely with T&L technical staff to provide creative engineering and planning solutions that address client goals in an efficient and proactive manner. As of July 1, Keli will continue to utilize her career skills even further as she has been promoted to serve as a manager in T&L’s new Client Service Department.



Erica Sunshine, AIA, LEED AP, brought 30 years of experience to T&L when she joined the firm in 2018. Since then, Erica has worked diligently and earned her current position as Director of Architecture for Virginia and West Virginia. Erica oversees the planning and development of design concepts and alternatives and provides direct supervision of design architects and technicians. Erica is a graduate of Virginia Tech, NCARB certified, and is a LEED Accredited Professional. She has a comprehensive understanding of green building design practices, principles, and the LEED Rating System as well as experience in the design and construction of architectural projects. Erica has played a key role in the preliminary and final design of new construction and renovation/adaptive reuse projects. Erica is licensed to practice architecture in Virginia, West Virginia, and North Carolina.



T&L is a full-service engineering, architectural and land surveying firm that provides comprehensive services in the areas of Architecture, Civil, Electrical, Mechanical, Plumbing and Structural Engineering, Construction Contract Administration, Project Management, and Land Surveying for both public and private sector clientele. Established in 1956, T&L currently operates offices in Radford, Tazewell, Chilhowie, Virginia; Mosheim, Bristol, Johnson City, Tennessee; and Princeton, West Virginia with a home office located in Wise, Virginia. Every project T&L works on is handled with integrity, insight, and innovation through a team of over 150 professionals and support personnel.