



News Journal

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Radford Fairlawn Daily Bread Board Member Peggy Taylor and volunteer Eli Blackwell organize some of the food donations at the recent Boys State food drive.

Boys State participants help stock Radford-Fairlawn Daily Bread

Heather Bell
Contributing writer

RADFORD – More than 400 high school juniors spent the week on the campus of Radford University last week to participate in the American Legion's Boys State program, which teaches kids about their state government and how to be a good citizen.

Part of that effort has been a yearly food drive to support Radford-Fairlawn Daily Bread (RFDB), a non-profit organization that provides a hot lunchtime meal Monday through Friday for anyone who wants or needs one, as well as providing the Meals on Wheels program for homebound seniors in Radford and Fairlawn. Boys State participants and

their families carted boxes and bags of non-perishable food to the RFDB tent during check-in for the Boys State program on Father's Day, Sunday, June 18, near Peters Hall.

"It was an awesome day for Radford-Fairlawn Daily Bread as we collected so many cans of food, and other food items, and lots of paper products as well from the 400 boys attending Boy's State held at Radford University," said Board member Peggy Taylor. "Thanks to all the amazing boys and to our volunteers and board members and families who worked hard on campus and at RFDB and helped make it so successful again! Our pantry is

See Bread, page 3

Spirit of America Festival set for July 4 in Bisset Park

RADFORD VA
SPIRIT OF AMERICA

SCHEDULE OF EVENTS

1:00-3:00 | Dustin Chapman of Kindred
3:30-5:00 | CATS
5:00-5:45 | Opening Remarks
by Mayor Horton
Police K-9 Demo
by Radford City Police Department
National Anthem
by Dustin Chapman of Kindred
5:45-7:00 | Motown Revue
7:30-9:00 | Edwin McCain
9:30 | Fireworks
sponsored by Third Security
Shuttle Buses will Run 1:00-10:30

CRAFT & FOOD VENDORS
CHILDREN'S GAMES 1:00-8:00

BISSET PARK | RADFORD, VA 24141
TUESDAY | JULY 4, 2023 | 1:00-10:00
WWW.RADFORDVA.GOV

GRAPHIC COURTESY OF THE CITY OF RADFORD

RADFORD - The City of Radford's Spirit of America festival is set for Tuesday, July 4 in Bisset Park. A daylong spate of activities, live music and other entertainment kicks off at 1 p.m., with food trucks, craft and merchandise vendors, and a big children's activity zone with inflatables and games.

The music headliner for this year's festival is Edwin McCain, whose hit song "T'll Be", was released in January 1998 as the first single from his second album, 'Misguided Roses'.

The song "was a success for McCain in the United States, peaking at #5 on the Billboard Hot 100 after debuting at #7. The song has been used in several movies and TV series, including Dawson's Creek, Cinderella Story, Higher Ground and The Office," according to YouTube.

The full schedule for the Spirit of America can be viewed in the accompanying graphic.

Staff reports

Pollen-covered bee photo wins contest

RADFORD - A bee on the Rose of Sharon flower in Rebecca Harris' Radford backyard won the Radford Photo Club's June photo contest in the Flower category.

Robert Daniels of Snowville won the open category with his photo of a Japanese maple tree.

Presenter Aileen Fletcher gave a talk on Nature photography, with an assignment for the Wednesday, July 19 meeting at the Radford Public Library. Fletcher is a professional photographer who retired recently from New River Community College. Her work is on display at the Fine Arts Center for the New River Valley

in Pulaski, along with photos from other club members.

The Radford Photo Club is made up of professional and amateur photographers from throughout the New River Valley. Meetings, events, and outings are open to the public. The July photo contest is Independence, plus an open category. And participants can request feedback on other photos.

If you have questions, email Lucy Gilmore at lucyg.gilmore@gmail.com or Michele Borgarelli at mborgarelli@gmail.com.

Submitted by the Radford Photo Club



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PHOTO BY ROBERT DANIELS

Robert Daniels of Snowville won the open category with his photo of a Japanese maple tree.



PHOTO BY REBECCA HARRIS

A bee on the Rose of Sharon flower in Rebecca Harris' Radford backyard won the Radford Photo Club's June photo contest in the Flower category.

Norman's Cabinetry celebrates Chamber membership

The Radford Chamber of Commerce celebrates Norman's Cabinetry as a new Chamber member in a ribbon-cutting ceremony held June 16 at the shop, located at 1116 West Main St., Radford. Norman's has been part of the Radford business community since 1965, when, according to the company website "Norman

Jones, our founder, saw the need for custom cabinetry in Radford. That July, he opened Norman's Cabinet and Woodworking Shop and with one kitchen display and a small shop Norman began building custom cabinetry. Over the years we have gone through many changes and grown several times. We became

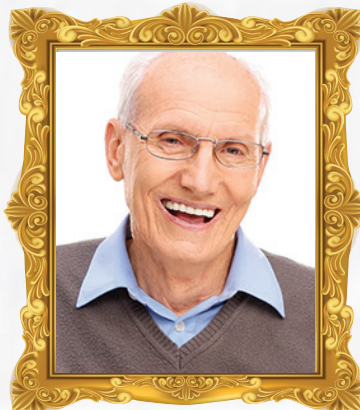
Norman's Cabinetry and expanded both our shop and our showroom (which includes our original shop). Today we are still a family-owned business in our second generation of ownership, with Norman's two sons keeping the tradition of fine custom cabinetry going in Radford."



PHOTO COURTESY OF THE RADFORD CHAMBER OF COMMERCE

Grandpa's Coming Off the Shelf....

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MEMORIAL GARDENS of the NEW RIVER VALLEY

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UPCOMING EVENTS

Wednesday, June 28:

Mingle at the Market

Join the Blacksburg Farmer's Market for Mingle at the Market, 4:30 – 6:30 p.m., at Market Square Park. This event will feature live music, locally brewed beverages, local food and more.

Saturday, July 1:

Community Center yard sale

The Pilot Community Center is having a yard sale; 9 a.m. to 3 p.m.

Tuesday, July 4:

Christiansburg Fourth of July celebration

Held on Main Street; 10 a.m. - 4 p.m. (and fireworks at 9:15 p.m.) Come to downtown Christiansburg for the annual Fourth of July Celebration. The family-friendly event features live music, an array of food trucks, arts and crafts vendors, a kids' zone, and more. Fireworks will start around 9:15 p.m. near the new Christiansburg Huckleberry Park. They can be viewed from the Uptown Mall or Walmart parking lots. If the event is rained out, fireworks will be on July 5, with no downtown event.

Radford Fourth of July festival

Held in Bisset Park; 1 – 11 p.m. Features live music, food and craft vendors, children's games and inflatables. Fireworks, sponsored by Third Securities.

Blacksburg Fourth of July festivities

This year's parade theme is "Thanking Medical Personnel & First Responders." Parade Route: Main Street will be closed from Eheart Street to Alumni Mall, 2 p.m. to approximately 3 p.m. The Municipal Park live music schedule is: 6 p.m. - The Blacksburg Community Band - patriotic music, 7 p.m.- Blue Ridge Vocal - singing group, 8 p.m. - Dirtroad Breakdown - classic rock, and 9:30 p.m. - Fireworks (even if raining).

Thursday, July 6:

American Legion meeting

The American Legion, Harvey-Howe-Carper Post 30 will meet at 6 p.m. at the VFW Post Home on 102 Watts St. in Radford. For further information, please call 540-250-2283 or 540-239-9864.

Wildwood Park Nature Lecture Series

The Wildwood Park Nature Lecture Series takes place in the heart of Wildwood Park at the Outdoor Classroom (pavilion). To get to the site, attendees can park at the Sundell Drive parking lot for Wildwood Park and take the walkway into the center of the park. All of the talks start at 7:30 p.m. and are held rain or shine unless there are thunderstorms. July 6: Millipedes (Jackson Means, Virginia Tech).

Saturday, July 8:

Fish Fry

Mount Tabor Ruritan Club will hold its July Fish Fry on Saturday, July 8

from 5 to 7 p.m. at Slusser's Chapel Picnic Shelter, 1543 Mount Tabor Rd, Blacksburg. Serving fish, fries and slaw; homemade desserts; and beverages. Adults-\$12, children under 12-\$6, (under 3)-free, carry-outs-\$12. This month we will be entertained by ex-Marching Virginians baton twirler, Meredith Smith, and bluegrass band, Ronnie Toney and Friends. The fish fry is a fundraiser for the Ruritan Club's community service projects and scholarships. Held rain or shine. Call or text 540-449-6178 for further information. On Facebook at MtTaborRuritan.

Monday, July 10:

Radford City Council meeting

The Radford City Council will hold its regularly scheduled meeting at 7 p.m. in council chambers at the Radford Municipal Building, 10 Robertson St., Radford. See the agenda at www.radfordva.gov.

Montgomery County Board of Supervisors meeting

Public meetings are the second and fourth Monday of each month at the Montgomery County Government Center, 755 Roanoke St. in Christiansburg. Closed sessions begin at 6 p.m. if needed. Open sessions begin at 7:15 p.m. Citizens are invited to attend and allowed to speak at each meeting. All regular meetings of the Board of Supervisors are rebroadcast on Montgomery County Comcast and Shentel Channels 190 daily.

Tuesday, July 11:

Blacksburg Town Council meeting

Town Council meets in regular session the second and fourth Tuesdays of each month at 6:30 p.m. in the Roger E. Hedgepeth Chambers of the Blacksburg Municipal Building, 300 S. Main St. These meetings are open to the public and televised live on WTOB Channel 2.

Christiansburg Town Council meeting

Regular Town Council meetings are held on the second and fourth Tuesday of each month beginning at 7 p.m. in the Council Chambers of Town Hall (100 E. Main Street). The public is welcome and encouraged to attend, with a citizen hearing time reserved at each meeting for residents to bring any matter they desire before the entire council.

Thursday, July 13:

River City Quilt Guild

The River City Quilt Guild meets the 2nd Thursday of each month at 9:30 a.m. in Grove United Methodist Church, 1020 Tyler Ave., Radford. If you are willing to share your knowledge and learn from others this guild is for you. We welcome all skill levels of quilters. For more information call Anna Handy, 540 320 7791.

Saturday, July 15:

Rotary Club blood screening

The Rotary Club of Christiansburg-Blacksburg and LewisGale Hospital Montgomery biannual blood screening; 6:30 -10 a.m. in the hospital's lobby. The fasting blood test screens over 25 different markers including cholesterol and red blood indices at a significantly reduced cost. New this year, the test will include Hemoglobin A1C. Cost is \$50. Results are sent to participants and their physician of choice. A portion of the proceeds is used to fund a service project in the community.

Pre-register for the blood screening at <https://www.rotary7570.org/blood> or call 540-951-8988. Walk-in registration is available the day of the blood screening.

Thursday, July 20:

Sons of Confederate Veterans meeting

The Sons of Confederate Veterans, Stuart Horse Artillery Camp 1784 will meet at 7 p.m. at Aly's Family Italian Restaurant on 3204 Riner Rd. Members of the United Daughters of the Confederacy (UDC) are also invited to this meeting. Mr. Sam Winkler, aka "President Jefferson Davis" will be the guest speaker. For further information, please call 540-320-4315 or 540-239-9864.

Sunday, July 25:

Central Business Committee meeting

The Christiansburg Central Business Committee will meet at noon in the Administrative Conference Room at Christiansburg Town Hall.

On-going:

Entries sought for July 4th Parade

Participants are needed for Blacksburg's July 4th parade, which is organized by the Mount Tabor Ruritan Club. The parade starts at 2 p.m. from Eheart Street, runs through downtown on Main Street, and ends at Alumni Mall. Entries can be floats, bicycles, wagons, marchers, walkers, antique/classic cars, Jeeps, trucks, fire engines, scouts, bands, sports teams, etc. Information is available on the Mount Tabor Ruritan Club's Facebook page, or by texting 540-449-6178.

Market Square Jam

Held Wednesdays, June through September, in Blacksburg on the corner of Draper Road and Roanoke Street; 7 – 9 p.m. Catering to traditional Old-Time music, Blacksburg's Market Square Jam brings musicians together to pick a tune, enjoy fun times with friends and family, and take in all that downtown Blacksburg has to offer. Blacksburg's Market Square Jam is an official Crooked Road affiliated venue that provides fun and entertainment.

Blacksburg Farmers Market

Hours now through October: Wednesdays 2–6 p.m. and Saturdays 8 a.m.–2 p.m. Located at Market Square Park, on the corner of Roanoke Street and Draper Road in downtown Blacksburg. Features growers of locally grown produce and meats, alongside artisans of baked goods, prepared foods, cheese, handmadecrafts, and more.

Christiansburg Farmers Market

Thursdays; 3 – 7 p.m. Located in the Recreation Center parking lot. Features local farmers and vendors. Seasonal produce, plants, fresh baked goods, crafts, fresh flowers, handmade jewelry and more. Items for purchase vary week-to-week. Check our Facebook page for details about weekly themes, prizes, vendors, and live music.

Radford Farmers Market

Held on the grounds of Glencoe Mansion, Museum and Galley, located just off West Main Street, 9 a.m. – 1 p.m. each Saturday until October 14. Features produce, plants, baked goods, artisans, fresh squeezed lemonade, eggs, meats, cheeses and more.

Registration open for Potter in the Park race

Calling all wizards of Gryffindor, Hufflepuff, Ravenclaw, and Slytherin! Have you signed up for the TriWizard TriMile Potter in the Park Race yet? It's time to venture out from the cupboard under the stairs, get your wizard robes ready, and join us for this annual family-fun event on Saturday, August 26th at 8:30 a.m. Register at www.lvnrv.org. Also, if you know a local business or individual who would like to be a sponsor, please send them our way! From door prizes to sponsorships, we rely on our supporters to make this a truly impactful and entertaining event.

ONLINE AUCTION
Ends Thursday, July 27th at 3 PM
Commercial Property for Sale in Christiansburg VA!
Radford Rd (Route 11), Christiansburg, VA 24073
Bid Now at VAAuctionPro.com



Check out these 3 remarkable commercial investment opportunities in the heart of Christiansburg, Virginia! We present these 3 parcels that are zoned B3, and are located along Route 11. With frontage on both Radford Rd (Route 11) and Silver Lake Rd, these properties have excellent accessibility and offer an ideal canvas for small business development. The B3 Zoning provides investors with countless development avenues. Whether you aspire to open a convenience store, establish a thriving bank branch, launch a vibrant retail store, or establish a dynamic office space, the possibilities are endless. These parcels are connected to the town water and sewer systems. Properties have an undeveloped road along the backside. Do not miss your opportunity to own and develop this commercial property in the heart of Christiansburg VA.

Property is offered in 3 Tracts described below. Download Bidder Pack for Online Bidder's Agreement, Maps, Sample Contracts, and Property Information at VAAuctionPro.com

Offering #1: +/- .93 Acres

This parcel is wooded and has 126' of road frontage on Radford Rd and 126' of road frontage on the undeveloped street.

Offering #2: +/- 1.10 Acres

This parcel is wooded and has 165' of road frontage on Radford Rd and 134' of road frontage on the undeveloped street. This parcel also has 2 buildings on the property.

Offering #3: +/- 1.00 Acres

This parcel is wooded and has 175' of road frontage on Radford Rd, 336' of road frontage on Silver Lake Rd, and 99' of road frontage on the undeveloped street.

Terms - 10% Buyer's Premium will be added to final high bid to arrive at contract price. Earnest Money Deposit of \$20,000 per tract required on day of sale. Close on or before September 11th, 2023. Subject to seller confirmation. Property sold as is, where is with any and all faults. Buyer is expected to complete their own due diligence. Tracts are being offered individually and if bidder wishes to purchase multiple tracts, bidder will need to be the high/winning bidder on both offerings. Please note that during the last two minutes of bidding, if a new bid is placed, the clock is automatically extended an additional two minutes. Download Bidder Information Pack for complete terms and conditions, purchase contract and maps at VAAuctionPro.com

CONTACT– Broker & Auctioneer Matt Gallimore at 540-239-2585 or email gallimore.matt@gmail.com

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Blue Ridge Land & Auction Co., Inc.

Bread

from page 1



Volunteers Regina Mayberry, Eli Blackwell and Ethan Bell await more donations during the Father's Day food drive held on Radford University's campus.

looking good.”

The boys contributed 1,116 cans of food, plus hundreds of boxes of pasta, sauces, rice, and more for the RFDB program.

According to American Legion, Virginia Boys State is a “leadership action program, designed to develop a working knowledge of the structure of government and to impress upon the citizen the fact that our government is just what we make it. Along the way they will have the opportunity to learn the political process. Each level of government will be run by those delegates who are elected to serve. Instruction will be presented on the

law and court system, parliamentary procedure and Virginia political history.”

Radford-Fairlawn Daily Bread has been providing free meals to hungry people for decades. The organization began serving a lunchtime meal in its dining room in 1992.

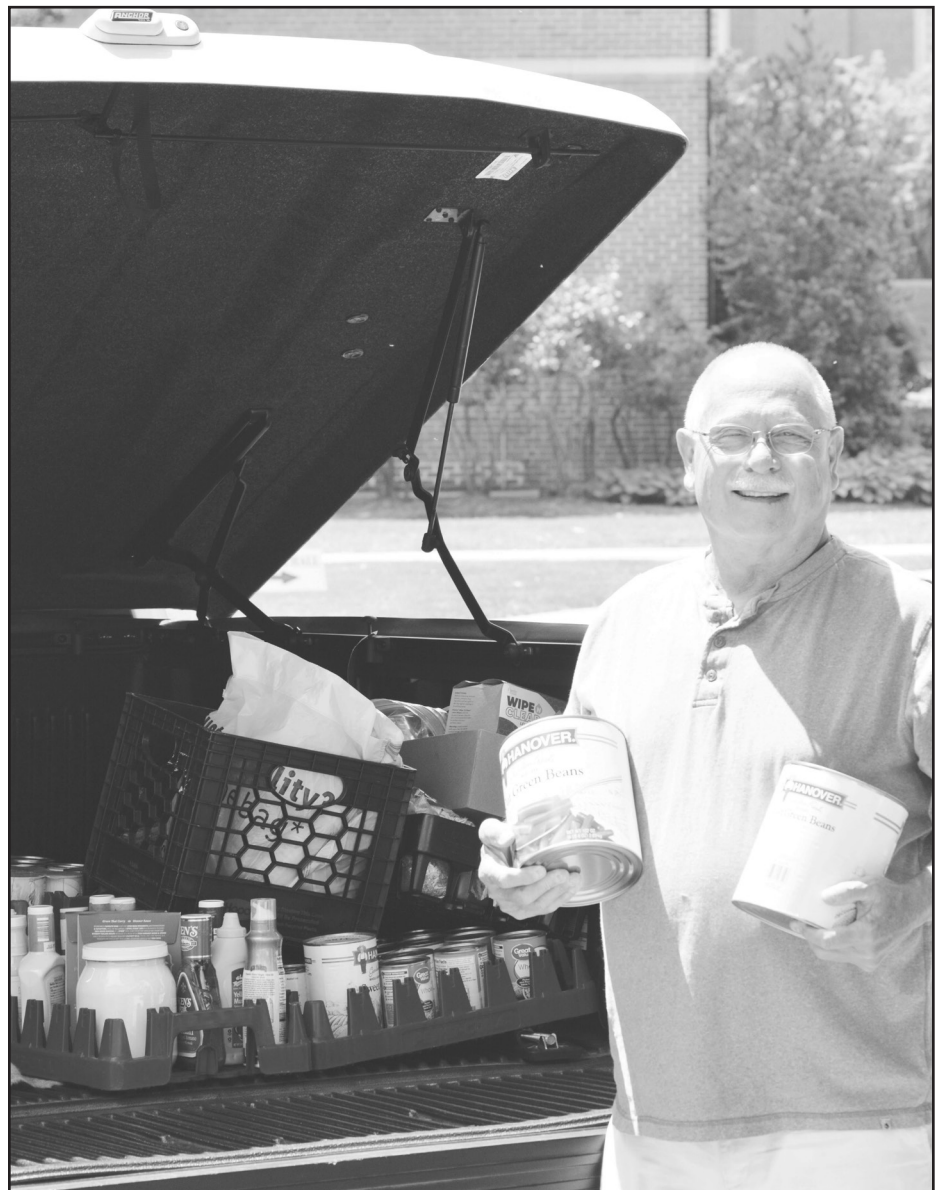
“Anyone can come in and be our guest for lunch, no questions asked,” the website reads.

RFDB took over the Meals on Wheels program “in 2006 when it was at risk of closure and continue to deliver meals each weekday to homebound individuals in Radford and Fairlawn.”

“We make a significant

impact in the lives of disadvantaged individuals by reducing the impact of food insecurity while also providing a sense of social support,” the website continues. “Many of our guests do not have the resources, facilities, or ability to prepare a similar home-style meal. Our Meals on Wheels recipients report that the delivered meals enable them to stay in their own homes longer.”

The dining room is located at 501 Second St., Radford, on the lower level of the stone building at the corner of Berkley and Second Street in Radford, which is also the home of Long Way Brewing.



RFDB volunteer Tommy Fisher loads his truck with one of the many truckloads of food collected at the food drive.

PHOTOS BY ETHAN BELL AND PEGGY TAYLOR

Summer Arts Festival offers free fun for all

BLACKSBURG – Blacksburg's Summer Arts Festival offers fun for all ages and includes indoor and outdoor concerts, movies, visual arts, children's activities, and other special events.

The festival is presented in partnership between the School of Performing Arts at Virginia Tech and the Town of Blacksburg. All events are free and open to the public.

“I am excited about the 2023 Summer Arts Festival. We continue to offer fun outdoor concerts on Friday nights, exciting classical concerts on Thursday nights, classic films, and activities for children,” said Ariana Wyatt, associate professor of voice in the School of Performing Arts and director of this year's festival. “There is something for everyone.”

Friday night outdoor concerts

The summer 2023 lineup of outdoor concerts offers six bands throughout June and July. The live music will take place Friday evenings on Henderson Lawn at the corner of Main Street and College Avenue, from 6-7:30 p.m. In case of inclement weather, the event will be canceled.

Concerts include:

- Redd Volkaert Trio (country swing/jazz/rock), June 30
- Blacksburg Community Band (concert band selections), July 7
- Root Down (jazz/funk/blues), July 14
- The Domino Band (R&B), July 21
- Music Road Co (funk/rock/reggae/afrobeat/Latin fusion), July 28

Thursday night indoor concerts

Thursday night concerts return for the

second year and again include the popular community-sing concert. Concerts will be held at the Blacksburg Presbyterian Church at 701 Church St. at 7 p.m. The first concert will feature Virginia Tech alumna Aurora Martin '12.

Concerts include:

- Aurora Martin, soprano, and Richard Masters, piano, July 6
- Bach and Friends! with Fiona Hughes, violin, July 13
- Alma Ensemble, July 20
- Joseph Haydn's “Lord Nelson Mass,” July 27

The Joseph Haydn “Lord Nelson Mass” performance is a community-sing event. Those interested in participating as a choir member are asked to fill out this form. Rehearsals begin on July 5.

Lyric Classic Movies Series

Beat the summer heat with a free classic movie at the historic Lyric Theatre at 135 College Ave. All movies begin at 3 p.m.

Movies include:

- “E.T. the Extra-Terrestrial,” July 1
- “The Sting,” July 15
- “The Right Stuff,” July 29

“Backyard Stone Carvers” art exhibition

Perspective Gallery is hosting “Backyard Stone Carvers,” a sculpture exhibition that honors the spirit of sculptor and teacher Darcy Meeker, who led a group of artists to find their voices through stone carving workshops that began in her backyard.

Storytime and Improv Workshop with Joelle

Join storyteller Joelle for stories, songs, and silly fun. All ages are welcome for the

storytime sessions. The Improv Workshop is created for children 10 to 15 years old.

Storytime with Joelle, July 15 at 11 a.m. (all ages)

Storytime with Joelle, July 22 at 11 a.m. (all ages)

Improv Workshop with Joelle, July 22 at 2 p.m. (for ages 10 to 15)

Saturday Morning Yoga

The month of July will bring Saturday Morning Yoga on the lawn of the Blacksburg Museum. This easy flow yoga is a great start to your weekend.

Special events

Blacksburg Market Square Jam is an official Crooked Road affiliated venue that caters to traditional old time music. Music jams are each Wednesday from 7-9 p.m., June through September, at the corner of Draper Road and Roanoke

Street.

The Independence Day Celebration on July 4 includes the Downtown Parade, live music, and fireworks at Municipal Park.

Art at the Market celebrates Blacksburg's vibrant arts community with an outdoor exhibit July 16 from 9 a.m.-2 p.m.

The Steppin' Out Street Festival on Aug. 5-6 includes performances and over 200 exhibitors.

Sign up for weekly Summer Arts Festival updates from the School of Performing Arts here. Find more information online or contact Ariana Wyatt, Summer Arts Festival producer, at ariana1@vt.edu.

Susan Sanders for Virginia Tech

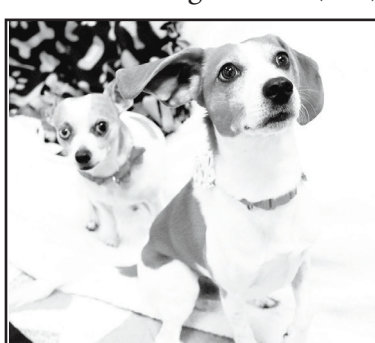


PHOTO COURTESY OF VIRGINIA TECH

Attendees at a Summer Arts Festival outdoor concert enjoy live music.

PETS OF THE WEEK

These pets and many others are available for adoption at the Montgomery County Animal Care and Adoption Center, 480 Cinnabar Rd., Christiansburg. Phone: (540) 382-5795.



Banjo (left) and Percy (right) are besties and need to go to the same home. Both boys are friendly and get along with other dogs, cats, and people—though children may not be their favorite. Banjo likes to talk from time to time, and Percy will stand on his hind legs for a tasty treat. Stop by to meet these pawsome dogs!



Gigi wonders if you are her purrfect match. This tortie came to the Animal Care and Adoption Center in May and is ready to head home. She currently spends most of her days in a community cat room with other felines, so she would likely do well in a home with other cats.

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OPINION

Financial Focus: Are your goals 'must have' or 'nice to have'?

Like everyone, you may have a lot of financial goals. But are they all of equal importance? Probably not. And do they share a similar timeline? Again, it's unlikely. So, your first step may be to prioritize your goals — and then follow a process that can help you achieve them.

This process should include the following steps:
Identify your goals as "must have" or "nice to have." Making sure you can retire comfortably and won't outlive your resources is a "must have" goal. For this goal, you can't compromise — you need to be certain of achieving it, or at least as certain as possible. But if you want to someday own a vacation home by the beach, and you can't ever quite afford it, you might find an acceptable substitute, such as renting. So, it seems fair to say that achieving this goal would be "nice to have."

Prioritize your investment dollars. Unless you have unlimited sums to invest — and very few of us have that luxury — you'll probably need to prioritize where your investment dollars are going. For your main "must have" goal — retirement — you'll be helped by the ability to automatically invest through your 401(k) or other employer-sponsored retirement plan. If you're

on track toward this goal, and you budget carefully and potentially receive salary increases over the years, you may also find space to keep contributing toward the "nice to have" goals.

Put "price tags" on your goals. You need to know what your goals will cost. Of course, you may need to estimate the costs for some goals based on different factors. For example, when you think about your goal of retiring comfortably without outliving your money, you'll need to consider some key questions, including these: *When do you want to retire? What sort of retirement lifestyle do you envision? Do you see yourself downsizing your living arrangements?* For other goals, though, such as purchasing a vacation home, you could get more specific on how much money you'll need.

Follow an appropriate strategy. The nature of your goals, and their estimated cost, along with your appetite for risk, should drive your investment strategy — but another key factor is *time*. So, for a long-term goal like retirement, you'll likely need a reasonable amount of quality growth-oriented investments in your portfolio. While these investments — such as stocks and stock-based mutual funds — will fluctuate in value over

shorter periods of time, your hope is that, over several decades, they will ultimately provide the growth you need to meet your retirement goal. However, to achieve a goal you want to meet in a year or so — perhaps you're paying for a wedding or planning a long vacation — you may want to consider more stable investments, such as certificates of deposit (CDs), short-term bonds or even cash or cash equivalents. They may not provide much in the way of growth, but you can essentially count on them to provide the amount you need when you need it. You'll need to regularly review the performance of your investment strategy for each goal to assess your progress.

Achieving any goals — whether they're "must have" or "nice to have" — can be challenging. But by identifying and prioritizing these goals, following an appropriate strategy to meet them, and consistently reviewing your approach, you can help yourself get to where you want to go.

This article was written by Edward Jones, Member SIPC and submitted by local Edward Jones financial advisor Meghan Kuczmariski (540)552-1241.

Virginia gas prices rise last week

Average gasoline prices in Virginia have risen 3.8 cents per gallon in the last week, averaging \$3.34/g today, according to GasBuddy's survey of 4,081

stations in Virginia. Prices in Virginia are 4.1 cents per gallon higher than a month ago and stand 148.1 cents per gallon lower than a year ago. The national average price of diesel has fallen 3.7 cents in the last week and stands at \$3.85 per gallon.

According to GasBuddy price reports, the cheapest station in Virginia was priced at \$2.91/g yesterday while the most expensive was \$4.20/g, a difference of \$1.29/g. The lowest price in the state yesterday was \$2.91/g while the highest was \$4.20/g, a difference of \$1.29/g.

The national average price of gasoline has fallen 1.4 cents per gallon in the last week, averaging \$3.56/g today. The national average is up 2.9 cents per gallon from a month ago and stands 141.7 cents per gallon lower than a year ago, according to GasBuddy data compiled from more than 11 million weekly price reports covering over 150,000 gas stations across the country.

Historical gasoline prices in Virginia and the national average going back ten years:

- June 20, 2022: \$4.82/g (U.S. Average: \$4.97/g)
- June 20, 2021: \$2.93/g (U.S. Average: \$3.05/g)
- June 20, 2020: \$1.94/g (U.S. Average: \$2.12/g)
- June 20, 2019: \$2.42/g (U.S. Average: \$2.66/g)
- June 20, 2018: \$2.64/g (U.S. Average: \$2.87/g)
- June 20, 2017: \$2.08/g (U.S. Average: \$2.28/g)
- June 20, 2016: \$2.16/g (U.S. Average: \$2.33/g)
- June 20, 2015: \$2.59/g (U.S. Average: \$2.80/g)
- June 20, 2014: \$3.48/g (U.S. Average: \$3.68/g)

June 20, 2013: \$3.42/g (U.S. Average: \$3.60/g)
 Neighboring areas and their current gas prices:
 Roanoke- \$3.24/g, up 3.3 cents per gallon from last week's \$3.21/g.

Richmond- \$3.28/g, down 0.6 cents per gallon from last week's \$3.29/g.

West Virginia- \$3.46/g, up 5.7 cents per gallon from last week's \$3.40/g.

"It has been a quiet week for the national average, with little overall movement in average gas prices nationally even as oil prices have been a bit unstable. Some states have seen minor increases while others have seen decreases, and the mixed bag is likely to continue for the time being with oil prices a bit all over the place," said Patrick De Haan, head of petroleum analysis at GasBuddy. "While gasoline demand continues to inch up, we could see additional pressure on pump prices, while the price of diesel continues to see downward movement. While the uncertainty over the direction of the economy is a major player in preventing oil's rise, inventories of oil and gasoline do remain tight, preventing much additional downward movement as well. We'll have to see which of those factors emerges as a winner to predict when the next large movement in prices could be. We're also seeing more tropical activity in the Atlantic that could pose challenges in the weeks ahead as hurricane season ramps up."

Submitted by Gas Buddy

RADFORD NEWS JOURNAL

Serving Radford since 1884

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Radford News Journal is a newspaper of, by and for the people of Radford. We encourage letters from our readers on topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached for verification. All letters will be verified before publication. We reserve the right to deny publication of any letter and edit letters for length, content and style.

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AARP Virginia fraud alert: Weight loss scams

Summer has finally arrived, but the beginning of beach season inevitably brings weight loss scams with it. Criminals take advantage of the season to offer bogus solutions for losing weight or getting in shape. Here's how these scams generally work.

A web search on weight loss pulls up legitimate-looking websites often with supposed celebrity endorsements. The websites often encourage you to

sign up for a free trial — which, if you read the tiny print, opts you into getting charged for regular orders or additional products. Lastly, the products themselves, often marketed as "natural" or "organic," can be unsafe for your body.

Living and eating healthier are laudable goals but take time and commitment. Don't trust offers that promise "fast results" or "miracle" products. If you

are looking to slim down, seek advice from a trustworthy source, such as your doctor or a dietitian before you commit to a weight loss regimen.

Be a fraud fighter! If you can spot a scam, you can stop a scam. Visit the AARP Fraud Watch Network at www.aarp.org/fraudwatchnetwork or call the AARP Fraud Watch Helpline at 1-877-908-3360.

CROSSWORD PUZZLE

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CLUES ACROSS

1. Basics
4. In a new way
10. ___ Paulo, city
11. Jailhouse
12. Expresses surprise
14. Trigraph
15. A small stream
16. Dissimilar
18. Promote
22. Gives a boost
23. Lawmaker
24. Orthodox Jews
26. Actor Harris
27. Wild cherry
28. Participate in democracy
30. Opposite of begins
31. A Brit's mother
34. Set of moral principles

CLUES DOWN

1. St. Francis of ___
2. Supported
3. United in working
4. It cools your home
5. Predicting
6. Irritated
7. Popular talk show host
8. Fabric edge
9. A resource for employees
12. Broadway's Jackman
13. Small water buffalo
17. City of Angels: ___ Angeles
19. Asteroids
20. Tailless amphibians
21. German expressionist painter

CLUES ACROSS

25. What drives you
29. N. Vietnamese ethnic group
31. Gold coin used in British India
32. Have deep affection for
33. Ponds
35. Breaks between words
38. Hairstyle
41. Print errors
43. Family of iron alloys
44. Sidelined in bed
45. Many couples say it
46. Brazilian hoopster
47. Allman Brothers late frontman
49. German city
56. One hundred grams (abbr.)
57. One billionth of a second (abbr.)

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Payton Hancock, at Air Station Elizabeth City for a Coast Guard Auxiliary university summer internship program, takes a flight on an H-60, June 25, 2021.

VT graduate commissioned by her father into Coast Guard

Lori Graham
Contributing writer

Payton Hancock has already achieved a lot in her young life.

She is a recent Virginia Tech University graduate with a degree in Mechanical Engineering, has served four years in the Corps of Cadets in the Civilian Leadership program, and has a private pilot's license. And on June 20, 2023, Payton Hancock became an officer of the Coast Guard, commissioned by none other than her father, retired commander and helicopter pilot, Richard Hancock.

"An officer, either retired or active duty, must administer the oath. You raise your right hand and complete the oath, salute each other, and then they place the shoulder boards on," Payton Hancock said.

The ceremony was held at Payton's home neighborhood in Smithfield, Va., on a boat dock with family and friends in attendance. It is a fitting place for someone that loves family and being near the water, two big reasons that led Payton to choose the Coast Guard.

"The Coast Guard is under Homeland Security," Payton Hancock said, speaking of the differences

that set it apart from other military branches. "I am also interested in Coast Guard because it is smaller and family-oriented but also on the water, I don't want to ever be away from that. It also has a home/life balance that is easier."

Payton's father, Richard Hancock, served as a retired commander and helicopter pilot with the Coast Guard which made a big impact on Payton growing up. She had a desire to be an aviator ever since she was young. Her father would take her flying and show her things like how the controls worked and let her get the feel of the plane's yoke, under his watchful guidance of course.

"My dad had his private pilot's license and instead of driving for family trips he would rent small planes and fly us," Hancock said.

Payton Hancock now wants to become a helicopter pilot as well and conduct search and rescue missions for the Coast Guard.

Gary Sayre, former Navy officer, has more recently worked with the U.S. Coast Guard auxiliary in the New River Valley. Sayre met Hancock through the program as she completed training and spoke of Payton's incredible determination to achieve

the goals she has set for herself, and ultimately to be a pilot for the Coast Guard.

"Payton is very focused and has a type-A personality; a mission-oriented mentality," Sayre said. "My impression is that she will do a very good job in the Coast Guard."

Sayre went on to explain Hancock's strict work ethic and seriousness when it comes to getting the job done, which is also seen in her desire to focus on rescue and humanitarian missions. These types of pilots called into provide rescue, in often dangerous situations like hurricanes, downed aircraft or vessels in the water, are called "Angels".

"My first duty station is in New Orleans as a Command Watch Officer, coordinating and managing search and rescue," Hancock said. "That is in District 8 which covers from Mexico to the panhandle of Florida, basically the whole Gulf of Mexico."

She doesn't have her final report date but is preparing to leave before the end of the summer. For now, though, she plans to enjoy some time with family, see friends, and spend time on the beach.

"Getting some down time is nice," Hancock said.

Psychologists work to understand how traffic disruptions affect stress during commutes



Charles Calderwood

PHOTO COURTESY OF VIRGINIA TECH

Philadelphia work commuters and vacationers heading to the City of Brotherly Love or the Jersey shore are nearly a week into grappling with and sitting in stand-still traffic after a tanker truck fire collapsed part of a I-95 bridge in the northern part of the city. The fire also heavily damaged the southbound lane of I-95. How all this stress and time-waste affects commuters and their workday performance and/or their behavior at home after the commute is part of larger phenomenon that psychologists call "commuting spillover."

"Do the experiences that we have during our workday affect our behavior and perhaps even influence our safety when commuting home? Can a difficult commute to the office undermine our ability to have a happy, healthy, and productive day at work? Questions like this reflect a phenomenon referred to as "commuting spillover," which is when workday experiences affect experiences during the commute and vice versa," said Charles Calderwood, a Virginia Tech associate professor of psychology. "It is essential that we understand connections between our commuting and work experiences to evaluate critical inputs to our health, wellness, and productivity inside and outside of the workplace."

Calderwood added that the science of commuting spillover illustrates numerous and important findings that enhance our understanding of how our lives at work

and during the commute connect. Recent research by Calderwood suggests that encountering workday demands that are challenging, interesting, or engaging may help boost your energy and attention to devote to safe driving on the way home.

"One issue that remains poorly understood is whether and how major disruptions to commuting influence commuting spillover. On the one hand, when the commuting conditions we face are more unpredictable, this tends to be one of the most reliable recipes for stressful commuting," Calderwood said.

"However, it is possible that some adaptation to these commuting conditions may occur over time that allows commuters to feel more in control of their commute, such as different route choices and altering commuting times," he added. "To the extent that we feel in control of the conditions of our commute, that tends to reduce the commuting stress we experience."

Charles Calderwood is an associate professor in the Virginia Tech Department of Psychology. His research focuses on studying how employees perceive, react to, and recover from work stress both at home and during the workday, including how commuting spillover (the carryover of workday stress reactions into the commuting environment) affects drivers.

Steven Mackay for Virginia Tech

Warm weather means motorcycle season is back

DMV urges riders and motorists to work together to keep Virginia roadways safe

RICHMOND – Summer has finally arrived and that means motorcycle season is in full swing.

As such, the Virginia Department of Motor Vehicles (DMV) is reminding Virginians, both motorcyclists and motorists, to look out for each other on the road.

"All drivers can help reduce the number of tragedies that occur on our roads, but it's also important for motorists to understand the additional safety challenges faced by riders including visibility and protection," said DMV Commissioner Gerald Lackey, the Governor's Highway Safety Representative. "By raising awareness for motorists, we can work together to better ensure the safety of all motorcyclists on Virginia roadways."

In 2022, there were 2,053 motorcycle-related

crashes on Virginia roadways, resulting in the deaths of 111 riders and serious injuries to 762 others. This is an 8.8 percent increase in motorcyclist fatalities compared to 2021.

To help keep riders safe, DMV offers a few extra tips for both motorists and riders alike:

Tips for motorcyclists:
Make sure to wear a properly fitted helmet with a DOT safety symbol on the outside back.

Choose riding gear that will increase your visibility in addition to providing protection in the event of crash.

Check your motorcycle's equipment before heading out, including tire pressure and tread depth, hand and foot brakes, fluid levels, headlights and signal indicators, and check under the motorcycle for signs of oil or gas leaks.

Obey speed limits, lane

markings, traffic lights, and signs.

Ride with the flow of traffic and leave plenty of room between your motorcycle and other vehicles.

Tips for Motorists:
Be extra cautious when passing a motorcycle. Always check your blind spots. Maintain adequate following distance behind motorcycles.

Submitted by the Department of Motor Vehicles

CROSSWORD ANSWERS									
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S	A	O	C	O	O	L	E	R	
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G	O	O	S	E	S	E	N	A	T
H	A	S	I	D	I	M	E	D	G
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(Left to Right) Commander Richard Hancock, USCG, Ret., and Officer Payton Hancock as a child, sitting in the cockpit with dad in 2005.

PHOTOS COURTESY OF GARY SAYRE

OBITUARIES

Hale, Sr., Boyd Clarence

Boyd Clarence Hale, Sr., 84, passed away Thursday, June 22, 2023, at his home in Hiwassee. Services will be private. The Hale family is in the care of Mullins Funeral Home & Crematory in Radford.

Watson, Virginia Wade

Virginia Wade Watson, 80, of Max Meadows, passed away Thursday, June 22, 2023. Virginia was preceded in death by her first husband, Glenn Watson, Jr.; her parents, Romma and Hettie Wade; brothers, Harvey and Howard Wade; and sister, Betty Price. Virginia was a member of Grace Baptist Church and a retired nurse with 55 years of service. She had a passion for animals and was a diehard Dallas Cowboys, Michigan and Texas football fan. Survivors include her husband, Charles Edward Leonard; sons, Glenn C. Watson, III and Ricky A. Watson; grandchildren, Stephanie, Ryan, Alyssa, Trent, and Benjamin; niece, Sandra Beasley; brothers-in-law, Billy and Allen Watson; sister-in-law, Charlotte Bryant; and many other relatives and friends. The family received friends Tuesday, June 27, 2023, at Grace Baptist Church in Dublin. Funeral services followed with Pastor Doug Testerman officiating. Entombment followed in Highland Memory Gardens Mausoleum in Dublin. In lieu of flowers, please consider donations to Grace Baptist Church Children's Program, 552 E. Main St., Dublin, VA 24084. The Watson family is in the care of Mullins Funeral Home & Crematory in Radford.

DELMARVA SHOREBIRDS VS SALEM RED SOX

JULY 14TH 7:05PM
FAITH & FAMILY NIGHT - GATES OPEN AT 6:00PM

JULY 15TH 6:05PM
MARGARITAVILLE NIGHT - GATES OPEN AT 5:00PM

JULY 16TH 3:05PM
GAME 6 - GATES OPEN AT 2:00PM

In honor of 4th of July

OUR NEWSPAPER
offices will be closed on
Tuesday, July 4th, 2023
And will reopen on
Wed., July 5th
@ 8:30 a.m.

All ads for July 5th and
July 6th papers need to
be in our office by
Friday, June 30
at 12:00 Noon.



Marketplace



The Fincastle Herald The Vinton Messenger The New Castle Record Salem Times Register News Messenger Radford News Journal

Yard Sales - Montgomery County

GARAGE SALE!

734 BLACKSBURG RD, FINCASTLE
This Friday Sat. 7:00 – 11:00 AM
A grill, lawnmower, home generator, glasses, Coffee mugs, dishes, Kitchenaid mixer, many Housewares, garden items, dog beds, crates, etc!

Yard Sales - Botetourt County

FAMILY FARM ESTATE SALE - Privately Listed

Estate Sale - Three Generations of Treasures to include limited items from the Old Lithia General Store
(privately listed for family)

JUNE 30, JULY 1, 2 – Each day - 10 a.m. - 4 p.m. --
Please check EstateSales.org for photos and additional information
164 Bobblets Gap Road, Buchanan, VA
NOT RESPONSIBLE FOR ACCIDENTS OR INJURY ON PROPERTY.

Beautiful antiques from the family farm. The sale will be limited to inside the house - will not include barn and outbuildings. There are two cameo settees, a wing back chair, club chair with ottoman, mahogany rocker, 3 seat bench, butter churn wood and one glass, old books, old prints, beautiful old wood brames, vintage jewelry, butter molds, "Buchanan Beyers Print" framed (small one), five of the ten landmark of Virginia series prints, candle stand, large spinning spinning wheel, Langaberger pottery pieces, two wood trunks, 1920s typewriter, depression green plates – 3 patterns, some vaseline glass, princess house, misc. crystal, ladder back chairs, old wood ladder, enamel blue pot, old plow (primitive) sewing machine, vintage kitchen items, oil lamps, Gone with the Wind lamp, misc. lamps, MCM lamps, end tables, vintage paint by numbers, beautiful and unique milk glass pieces and so much more. Please come see us. Bring help to load ...

Auctions

Notice of Public Auction

The contents of the following storage unit(s) will be sold at Public Auction to enforce our owner's lien:
Unit #129
Sale will be conducted at B&B Storage, At 515 Radford St., Christiansburg VA on Friday, June 30, 2023, at 10:00 A.M. All sales are final & CASH only

Lost & Found

LOST Ladies DIAMOND bracelet

In Roanoke or Salem If found contact: NSYARDCONDUCTOR @comcast.net

Services - Other

Fence Building & Repair

Wire, barbed wire, woven, and board
Waiteville, WV & Craig County, VA area
540-599-4421 or 540-922-6405

Apartments for Rent

Clearview Manor Apartments

Waiting List Open 62+ & Disabled Housing Available
(540) 342-5690
TTY/TDD: 711



General Information

Use ItchNoMore® shampoo

on dogs & cats to relieve hot spots, grass & flea allergies without steroids. At Tractor Supply® & Southern States.
(www.fleabeacon.com)

General Information

Use DD-33

on dogs & cats to kill fleas on contact without stressing internal organs. At Tractor Supply® & Southern States.
(www.fleabeacon.com)

Happy Jack® Skin Balm

provides relief for dogs & cats from hot spots, flea bites, and food allergies without steroids. At Tractor Supply® & Southern States.
(www.fleabeacon.com)

Use Happy Jack® Kennel Dip

as an area spray to control deer ticks, fleas, stable flies, & mosquitoes where they breed. H&H Outdoors 254-2420
(www.fleabeacon.com)

Happy Jack

Use ItchNoMore shampoo on dogs & cats to relieve secondary dermatitis, promote healing, & eliminate doggy odor. At Tractor Supply
(www.happyjack.com)

Happy Jack

Use Kennel Dip as an area spray to control fleas, ticks, & mosquitoes where they breed. Biodegradable. At Tractor Supply.
(www.happyjackinc.com)

Legals - Botetourt County

Order of Publication

Commonwealth of Virginia VA Code§§ 8.01-316-.317 Case No. **CL23-249** BOTETOURT Circuit Court, Commonwealth of Virginia, in re Professional Foreclosure Corporation of Virginia v. Estate of Timothy D. May and Unknown Heirs of Timothy D. May The object of this suit is to: Interplead funds from a Foreclosure case. It is ORDERED that The Estate of Timothy D. May and Unknown Heirs of Timothy D. May and Unknown Heirs of Timothy D. May appear at the above-named court and protect his/her interests on or before July 3, 2023. JUNE 8, 2023 S. Perry Deputy Clerk

Legals - City of Salem

Notice is hereby given to all interested persons that the City of Salem Planning Commission,

at its regular meeting on July 12, 2023, at 7:00 p.m., in the Council Chambers of City Hall, 114 N. Broad Street, in the City of Salem, Virginia, will hold a public hearing, pursuant to Sections 15.2-2204 and 15.2-2285 of the Code of Virginia, as amended, to consider approval of the following requests relative to the CODE OF THE CITY OF SALEM, VIRGINIA:

1. The request of Brittany M. Haddox, contract purchaser, and Juillard Enterprises, LLC, property owner, for rezoning the property of 1201-1203 Texas Street (Tax Map # 149 - 1 - 1.1) from HBD, Highway Business District with conditions to HBD, Highway Business District without conditions.

Copies of the proposed plans, ordinances or amendments may be examined in the Office of Community Development, 21 South Bruffey Street, Salem, Virginia. At said hearing, parties in interest and citizens shall have an opportunity to be heard relative to the said requests.

THE PLANNING COMMISSION OF THE CITY OF SALEM, VIRGINIA BY: James E. Taliaferro, II Executive Secretary

Legals - Craig County

TRUSTEE'S SALE OF

146 HANNAH CIR AKA RR 2 BOX 1482, NEW CASTLE, VA 24127

In execution of a Deed of Trust in the original principal amount of \$165,000.00, with an annual interest rate of 3.000000% dated March 6, 2006, recorded among the land records of the Circuit Court for the COUNTY OF CRAIG as Deed Book 154, Page 537, the undersigned appointed Substitute Trustee will offer for sale at public auction all that property located in the COUNTY OF CRAIG, on the courthouse steps at the front of the Circuit Court building for the County of Craig located at 303 Main Street, New Castle, Virginia



To place your ad, call 389-9355

Legals - City of Salem

Public Notice – Environmental Permit

PURPOSE OF NOTICE: To seek public comment on a draft permit from the Department of Environmental Quality (Department) that will allow a surface water withdrawal from the Roanoke River in Salem, Virginia. PUBLIC COMMENT PERIOD: For 30 days, starting from the date after the notice is in the newspaper: June 30, 2023 to July 31, 2023. PERMIT NAME: Virginia Water Protection Permit issued by the Department, pursuant to applicable water laws and regulations. APPLICANT NAME, ADDRESS AND PERMIT NUMBER: Salem Water Department, Attn: Larado Robinson; P.O. Box 869, Salem, VA, 24153; VWPP No. 15-0069. PROJECT DESCRIPTION: The Salem Water Department has applied for the reissuance of a permit for the City of Salem Water Treatment Plant and Intake, located at 1300 Tidewater Street, Salem, VA, 24153. The permit will allow the applicant to withdraw up to 8 million gallons per day from the Roanoke River, to serve as a public water supply. No construction activities or wetland impacts are proposed. The activity proposed in the permit will affect the Roanoke River in the Roanoke watershed. A watershed is the land area drained by a river and its incoming streams. The Department's preliminary decision is to issue the permit. HOW TO COMMENT AND/OR REQUEST A PUBLIC HEARING: The Department accepts comments and requests for public hearing by e-mail, fax, or postal mail. All comments and requests must be in writing and be received by the Department during the comment period. Submittals must include the names, mailing addresses, and telephone numbers of the commenter/requester and of all persons represented by the commenter/requester. A request for public hearing must also include: 1) The reason why a public hearing is requested. 2) A brief, informal statement regarding the nature and extent of the interest of the requester or of those represented by the requester, including how and to what extent such interest would be directly and adversely affected by the permit. 3) Specific references, where possible, to terms and conditions of the permit with suggested revisions. A public hearing may be held, including another comment period, if public response is significant, based on individual requests for a public hearing, and there are substantial, disputed issues relevant to the permit. CONTACT FOR PUBLIC COMMENTS, DOCUMENT REQUESTS, AND ADDITIONAL INFORMATION: Kathy Dobbie; VA Dept. of Environmental Quality, Central Office, P.O. Box 1105, Richmond, VA 23218; Phone: 804-659-1727; E-mail: Kathyne.dobbie@deq.virginia.gov; Fax: 804-698-4178. The public may review the draft permit and application at the Department office named above by appointment or may request copies of the documents from the contact person listed above.

on August 1, 2023 at 3:00 PM, the property with improvements to wit: 5.00 ACRE AS DESCRIBED ON PLAT RECORDED IN CLERK'S OFFICE OF THE CIRCUIT COURT OF CRAIG COUNTY, VIRGINIA IN DEED BOOK 135, PAGE 266 Tax Map No. 35-2-2 THIS COMMUNICATION IS FROM A DEBT COLLECTOR. TERMS OF SALE: ALL CASH. A bidder's deposit of 10% of the sale price, will be required in cash, certified or cashier's check. Settlement within fifteen (15) days of sale, otherwise Trustees may forfeit deposit. Additional terms to be announced at sale. Loan type: Conventional. Reference Number 17-265489. PROFESSIONAL FORECLOSURE CORPORATION OF VIRGINIA, Substitute Trustees, C/O LOGS LEGAL GROUP LLP, 10021 Balls Ford Road, Suite 200, Manassas, Virginia 20109 (703) 449-5800. Publishing Dates: May 24, 2023, June 28, 2023, and July 5, 2023

Legals - Montgomery County

TRUSTEE'S SALE OF 204 AMBROSE ROAD, ELLISTON, VA 24087.

In execution of a certain Deed of Trust dated January 21, 2004, in the original principal amount of \$64,647.33 recorded in the Clerk's Office, Circuit Court for Montgomery County, Virginia as Instrument No. 04000813. The undersigned Substitute Trustee will offer for sale at public auction in the front of the Circuit Court building for Montgomery County, 55 East Main Street, Christiansburg, Virginia on July 24, 2023, at 11:00 AM, the property described in said Deed of Trust, located at the above address, and more particularly described as follows: ALL THAT CERTAIN TRACT OR PARCEL OF LAND, LYING AND BEING IN THE COUNTY OF MONTGOMERY, STATE OF VIRGINIA, AND MORE PARTICULARLY DESCRIBED AS FOLLOWS: BEGINNING AT A 1 INCH PIPE SET ON THE NORTH SIDE OF VIRGINIA ROUTE NO. 632, CORNER TO LUTHER LOVERN; THENCE WITH THE LINE OF LUTHER LOVERN, N. 60 DEG. 33 MIN. E. 63.00 FEET TO AN IRON ROD; THENCE CONTINUING WITH THE LINE OF LUTHER LOVERN, S. 46 DEG. 42 MIN. E. 105.00 FEET TO A 5/8 INCH TUBING SET ON HILLSIDE BY W. W. FENCE, CORNER TO CHARLES HENRY; THENCE WITH THE LINE OF CHARLES HENRY, S. 58 DEG. 32 MIN. W. 73.00 FEET TO A 5/8 INCH IRON SET IN W. W. FENCE ON THE NORTH SIDE OF VIRGINIA ROUTE NO. 632; THENCE WITH THE NORTH SIDE OF VIRGINIA ROUTE NO. 632, N. 41 DEG. 05 MIN. W. 105.00 FEET TO THE POINT OF BEGINNING, AND CONTAINING 0.16 ACRE, ACCORDING TO A SURVEY DRAWN BY WILLIAMS M. LARGEN, C.L.S., DATED FEBRUARY 5, 1970, AND REVISED MAY 27, 1970, A COPY OF WHICH IS OF RECORD IN THE CLERK'S OFFICE OF THE CIRCUIT COURT FOR THE COUNTY OF MONTGOMERY, VIRGINIA, ALONG WITH DEED DATED JUNE 18, 1970, FROM C. W. POFF AND N. THOMAS POFF TO LENARD RAY HOWELL, IN DEED BOOK 303, PAGE 180. BY FEE SIMPLE DEED FROM LENARD RAY HOWELL AND JOYCE M. HOWELL, HIS WIFE, AS SET FORTH IN BOOK 406, PAGE 686, DATED 10/13/1978 AND RECORDED 10/20/1978, MONTGOMERY COUNTY RECORDS, COMMONWEALTH OF VIRGINIA. TERMS OF SALE: ALL CASH. A bidder's deposit of ten percent (10%) of the sale price or ten percent (10%) of the original principal balance of the subject Deed of Trust, whichever is lower, in the form of cash or certified funds payable to the Substitute Trustee must be present at the time of the sale. The balance of the purchase price will be due within fifteen (15) days of

Legals - Montgomery County

sale, otherwise Purchaser's deposit may be forfeited to Trustee. Time is of the essence. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled to a return of the deposit paid. The Purchaser may, if provided by the terms of the Trustee's Memorandum of Foreclosure Sale, be entitled to a \$50 cancellation fee from the Substitute Trustee, but shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. A form copy of the Trustee's memorandum of foreclosure sale and contract to purchase real property is available for viewing at www.bwwsales.com. Additional terms, if any, to be announced at the sale and the Purchaser may be given the option to execute the contract of sale electronically. This is a communication from a debt collector and any information obtained will be used for that purpose. The sale is subject to seller confirmation. Substitute Trustee: Equity Trustees, LLC, 8100 Three Chopt Road, Suite 240, Richmond, VA 23229. For more information contact: BWW Law Group, LLC, attorneys for Equity Trustees, LLC, 6003 Executive Blvd, Suite 101, Rockville, MD 20852, 301-961-

Legals - Montgomery County

TRUSTEE'S SALE OF 204 AMBROSE ROAD, ELLISTON, VA 24087.

In execution of a certain Deed of Trust dated January 21, 2004, in the original principal amount of \$64,647.33 recorded in the Clerk's Office, Circuit Court for Montgomery County, Virginia as Instrument No. 04000813. The undersigned Substitute Trustee will offer for sale at public auction in the front of the Circuit Court building for Montgomery County, 55 East Main Street, Christiansburg, Virginia on July 24, 2023, at 11:00 AM, the property described in said Deed of Trust, located at the above address, and more particularly described as follows: ALL THAT CERTAIN TRACT OR PARCEL OF LAND, LYING AND BEING IN THE COUNTY OF MONTGOMERY, STATE OF VIRGINIA, AND MORE PARTICULARLY DESCRIBED AS FOLLOWS: BEGINNING AT A 1 INCH PIPE SET ON THE NORTH SIDE OF VIRGINIA ROUTE NO. 632, CORNER TO LUTHER LOVERN; THENCE WITH THE LINE OF LUTHER LOVERN, N. 60 DEG. 33 MIN. E. 63.00 FEET TO AN IRON ROD; THENCE CONTINUING WITH THE LINE OF LUTHER LOVERN, S. 46 DEG. 42 MIN. E. 105.00 FEET TO A 5/8 INCH TUBING SET ON HILLSIDE BY W. W. FENCE, CORNER TO CHARLES HENRY; THENCE WITH THE LINE OF CHARLES HENRY, S. 58 DEG. 32 MIN. W. 73.00 FEET TO A 5/8 INCH IRON SET IN W. W. FENCE ON THE NORTH SIDE OF VIRGINIA ROUTE NO. 632; THENCE WITH THE NORTH SIDE OF VIRGINIA ROUTE NO. 632, N. 41 DEG. 05 MIN. W. 105.00 FEET TO THE POINT OF BEGINNING, AND CONTAINING 0.16 ACRE, ACCORDING TO A SURVEY DRAWN BY WILLIAMS M. LARGEN, C.L.S., DATED FEBRUARY 5, 1970, AND REVISED MAY 27, 1970, A COPY OF WHICH IS OF RECORD IN THE CLERK'S OFFICE OF THE CIRCUIT COURT FOR THE COUNTY OF MONTGOMERY, VIRGINIA, ALONG WITH DEED DATED JUNE 18, 1970, FROM C. W. POFF AND N. THOMAS POFF TO LENARD RAY HOWELL, IN DEED BOOK 303, PAGE 180. BY FEE SIMPLE DEED FROM LENARD RAY HOWELL AND JOYCE M. HOWELL, HIS WIFE, AS SET FORTH IN BOOK 406, PAGE 686, DATED 10/13/1978 AND RECORDED 10/20/1978, MONTGOMERY COUNTY RECORDS, COMMONWEALTH OF VIRGINIA. TERMS OF SALE: ALL CASH. A bidder's deposit of ten percent (10%) of the sale price or ten percent (10%) of the original principal balance of the subject Deed of Trust, whichever is lower, in the form of cash or certified funds payable to the Substitute Trustee must be present at the time of the sale. The balance of the purchase price will be due within fifteen (15) days of

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sale, otherwise Purchaser's deposit may be forfeited to Trustee. Time is of the essence. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled to a return of the deposit paid. The Purchaser may, if provided by the terms of the Trustee's Memorandum of Foreclosure Sale, be entitled to a \$50 cancellation fee from the Substitute Trustee, but shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. A form copy of the Trustee's memorandum of foreclosure sale and contract to purchase real property is available for viewing at www.bwwsales.com. Additional terms, if any, to be announced at the sale and the Purchaser may be given the option to execute the contract of sale electronically. This is a communication from a debt collector and any information obtained will be used for that purpose. The sale is subject to seller confirmation. Substitute Trustee: Equity Trustees, LLC, 8100 Three Chopt Road, Suite 240, Richmond, VA 23229. For more information contact: BWW Law Group, LLC, attorneys for Equity Trustees, LLC, 6003 Executive Blvd, Suite 101, Rockville, MD 20852, 301-961-

Order of Publication

Commonwealth of Virginia VA Code§§ 1-211.1; 8.01-316.20-104 Case No. **CL23001019-00** MONTGOMERY COUNTY Circuit Court, 55 EAST MAIN STREET, SUITE 1, CHRISTIANSBURG, VA 24073 Commonwealth of Virginia, in re AUDREY HUMPHREYS v. COMMONWEALTH OF VIRGINIA The object of this suit is to: NAME CHANGE OF A MINOR: ANGEL JUANDIEGO HUMPHREYS. It is ORDERED that MIGUEL JUANDIEGO GONZALEZ appear at the above-named court and protect his/her interests on or before AUGUST 21, 2023. JUNE 8, 2023 K.MIKE FLEENOR, JR. JUDGE

PUBLIC NOTICE

The contents of the listed unit will be sold at Public Auction June 30, 2023 at 11am at 1st Security Self Storage 5 Midway Plaza Dr. Christiansburg, VA. E89 F6 F20 F24 1st Security reserves the right to refuse any bid. Terms: CASH OR CREDIT CARD AT SALE.

NOTICE OF PUBLIC HEARING CONCERNING PROPOSAL FOR SOLAR PHOTOVOLTAIC

PROJECT RECEIVED BY THE MONTGOMERY REGIONAL SOLID WASTE AUTHORITY IN ACCORDANCE WITH PPEA REQUIREMENTS

PROJECT RECEIVED BY THE MONTGOMERY REGIONAL SOLID WASTE AUTHORITY IN ACCORDANCE WITH PPEA REQUIREMENTS

Notice is hereby given of a public hearing to be held on July 13, 2023 at 1:30 p.m., or as soon thereafter as the matter may be heard, in the conference room of the Montgomery Regional Solid Waste Authority Recycling Facility, 555 Authority Drive, Christiansburg, Virginia 24073 concerning a proposal received by the Montgomery Regional Solid Waste Authority (the "Authority") from Sun Tribe Solar that contained sufficient information for meaningful evaluation regarding for the design, development, construction, management and operation of one or more solar photovoltaic systems at Authority facilities (the "Project"). The Authority requested proposals for the Project under the provisions of the Virginia Public- Private

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Virginia Public- Private Education Facilities and Infrastructure Act of 2002 ("PPEA") and this public hearing is being held by the Authority to comply with the requirement of the PPEA that it hold a public hearing on any proposal being considered during the conceptual stage proposal review process. All interested persons will be given an opportunity to speak at the public hearing.

Notice of Public Hearing

Town of Blacksburg Planning Commission

Thursday, July 6, 2023. Notice is hereby given that the Planning Commission of the Town of Blacksburg will conduct a public hearing on Thursday, July 6, 2023 during its meeting beginning at 6:30 PM in the Roger E. Hedgepeth Council Chamber, 300 South Main St, Blacksburg, VA on the following item: CUP 23-0003-Conditional Use Permit Request for hotel use and for additional height in the Downtown Commercial DC zoning district at 501 South Main Street (Tax Map No. 257-A 94C) by Midtown Redevelopment Partners, LLC. A conditional use permit request for hotel use and increased height above 60 feet in the Midtown Development at 501 South Main Street. The request is for a 155-room hotel in the Downtown Commercial (DC) zoning district on the parcel known as Midtown DC Parcel 2 fronting on Main Street. This parcel is governed by the Midtown rezoning in Ordinance #1968. The height of the building is proposed to be a maximum of 75 feet, which is greater than the maximum 60 feet permitted in the DC zoning district and Midtown Development Pattern Book unless a Conditional Use Permit is requested per Section 3141 (c) of the Blacksburg Zoning Ordinance. The Future Land Use (FLU) is Downtown Commercial. The proposed use is consistent with the FLU designation. Persons affected by or interested in the conditional use permit request may appear and present their views. After the hearing, the Planning Commission will take action. Copies of the request and all related items may be found online at www.blacksburg.gov/public hearings or reviewed in person at the Blacksburg Planning and Building Department, 400 South Main Street, Blacksburg, Virginia. You may also call the office at (540) 443-1300 for more information. Individuals with disabilities who require special assistance to attend and participate in the public hearing on the above should contact the Planning & Building Department at (540) 443-1300, or (540)-443-1000-TDD.

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SERVICES

DIVORCE - Uncontested, \$475+\$86 court cost. WILLS-\$295.00. No court appearance. Estimated completion time twenty-one days. Hilton Oliver, Attorney (Facebook). 757-490-0126. Se Habla Espanol. BBB Member. https://hiltonoliverattorneyva.com.

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RADFORD SPORTS

Fleet named Class 1 Player of the Year

The Virginia High School League announces its 2023 Class 1 all-state softball team. Auburn senior pitcher Kirsten Fleet is the Class 1 Player of the Year, and Auburn head coach Tim Smoot is the Class 1 Coach of the Year.

The right-handed Fleet started and completed 27 games this season with a 26-1 record pitching 175 innings, striking out 389 batters with an ERA of 0.48, allowing 17 runs (12 earned runs), 20 shoutouts, nine no-hitters, and five perfect games. Additionally, she limited opposing batters to 51 hits and 18 walks. Offensively in 2023, she batted .388 with 26 hits in 68 at-bats, five home runs, and 26 RBI. Fleet has a career pitching line of 378 innings pitched, 97 hits, 37 runs (24 earned runs), 852 strikeouts, 44 walks, 0.44 ERA and 39 shutouts. This season, the power-hitting slugger hit for an average

of .456, with 36 hits, 29 RBI, seven doubles, one triple, and 11 home runs while walking 15 times.

Smoot, the Class 1 coach of the year, guided the Eagles to a 26-1 record and a third-straight state title with a 1-0 victory over Rye Cove in the state finals. Auburn reached the state finals with a 4-1 win against Eastside in the quarterfinals and a 1-0 win over the Buffalo Gap in the semifinals. Smoot has been with the Eagles program for seven seasons, the first five as an assistant coach and the last two as head coach. He has guided Auburn to back-to-back state titles.

The all-state softball team consists of three pitchers, one catcher, four infielders by position, three outfielders, one DP-flex, and two at-large players from any position. Only those players selected first-team all-region are eligible for selection to



FILE PHOTO

Kristen Fleet led Auburn to another state softball title this past month and is the Class 1 state player of the year.

the all-state team. The all-state selection committee comprises eight coaches, with two from each region.

Fleet was joined on the first team by teammate Rachel Brotherton (second

base). Auburn's Avery Zuckerwar (shortstop) was named to the second team.

Staff reports

Triumph NIL named Sports Business Journal Power Player

Earlier this week, Sports Business Journal (SBJ) named its Power Players in Name, Image and Likeness (NIL) and Virginia Tech Athletics' collective, Triumph NIL, was named to the prestigious list, cementing Virginia Tech's status as a leader in the NIL space.

SBJ examined the top entities in NIL, with who's doing the deals, who's setting the trends, who's making the most of the dynamic space and who is best positioned for the future.

Triumph was one of nine collectives on the list and has put a focus on content creation, ranging from podcasts of Virginia Tech student-athletes, meet and greets, shoutouts, live shows and more. It currently has signed over 150 Hokie student-athletes.

Sports Business Journal sits at the epicenter of the sports industry. SBJ provides the news, the networking and the data to equip the most powerful executives in sports business to make more informed decisions, deals and partnerships. SBJ's award-winning media content is delivered via multiple media

platforms, unparalleled networking opportunities through its hallmark events and awards and market-leading data.

Sports Business Journal's weekly and daily content provides original reporting and news aggregation, plus newsletters, podcasts and video. SBJ's renowned events create opportunities for lead generation and partnerships as well as showcase the industry's best talent in widely-viewed awards series. SBJ Atlas is the gateway to the data the industry needs.

Triumph NIL was founded to create meaningful Name, Image and Likeness (NIL) partnerships for student-athletes. We specialize in curating opportunities that meet all NCAA compliance and state legal criteria. Triumph seeks to maximize individual and group earning potential and provide clarity to key stakeholders through creative activations.

Triumph is a team whose individual skills and experience combine to address the needs of NIL in college athletics. Triumph works to collaborate with

businesses, charitable organizations and student-athletes to provide meaningful experiences for the greater good of all.

Virginia Tech Athletics is committed to reaching for excellence in all that we do, and that begins with elite student-athletes. In the new era of collegiate athletics, powerful name, image, and likeness opportunities matter to Hokie student-athletes. The Hokies are in a unique position to turn local sports legends into national sports icons. We are working to engage with our incredible fans throughout Hokie Nation and the broader business community to find additional endorsement opportunities and charitable causes which our student-athletes may now participate in.

Virginia Tech student-athletes put it all on the line when supporters start jumping. Now, Hokie Nation can do the same by aiding in name, image and likeness opportunities, helping to jump start Tech student-athletes as they reach for excellence.

Virginia Tech Athletics

Radford extends Nike, BSN agreement

Radford University Athletics has agreed to continue its partnership with Nike and BSN SPORTS, the nation's largest direct distributor of sporting goods to school and league markets and a division of Varsity Brands, to provide Nike athletic gear for each of the Highlanders' 16 varsity programs.

"We are excited to extend our already strong relationship with industry leaders Nike and BSN Sports," said Deputy Athletics Director Cory Durand. "This partnership will continue to provide our student-athletes and coaches with the best apparel and equipment in the sports industry, while also aligning our brand with the worldwide leader in sports apparel and equipment."

Through this partnership, BSN SPORTS will serve as the official apparel and equipment provider to Radford Athletics while outfitting the university's athletes, coaches, and staff in premier Nike product selection.

"This agreement between Radford University, BSN SPORTS and NIKE, Inc. will add tremendous value and dedicated support to the experience of the coaches, student athletes and administrators involved with Radford University Athletics," Bill Stote, Sr., Vice President of BSN SPORTS Collegiate Select Program. "Our team will provide the Highlander coaches and teams with the best possible service, unparalleled access to sports equipment and

premier apparel, and branding resources to continue growing Radford University's prominent athletic brand and fan base."

Dallas-based BSN SPORTS is the leading marketer, manufacturer and distributor of sporting goods apparel and equipment. A division of Varsity Brands, BSN SPORTS markets and distributes its products to over 100,000 institutional and team sports customers in colleges and universities, middle and high schools, and recreational programs throughout the United States via catalog, e-commerce, and direct sales. Focused on providing game changing solutions through local partnerships, multi-brand selection and one-stop shopping for equipment and uniforms,

BSN SPORTS' more than 3,000 employees have been helping elevate participation in team sports since 1972. For more information about BSN SPORTS please visit www.bsnsports.com.

NIKE, Inc., based near Beaverton, Oregon, is the world's leading designer, marketer and distributor of authentic athletic footwear, apparel, equipment and accessories for a wide variety of sports and fitness activities. Converse, a wholly owned NIKE, Inc. subsidiary brand, designs, markets and distributes athletic lifestyle footwear, apparel and accessories. For more information, visit <http://about.nike.com/en/newsroom> and follow @NIKE.

Radford University Athletics

Mutts signs NBA Summer League deal

Former Virginia Tech standout Justyn Mutts has signed an NBA Summer League deal with the Sacramento Kings.

The Millville, N.J., native will lace them up with the Kings after amassing 1,581 points, 1,037 rebounds and 435 assists in his college career.

A fifth-year senior in 2022-23, Mutts averaged 13.3 points, 7.4 rebounds and 4.6 assists per game in guiding the Hokies to

the postseason for the seventh straight season. Mutts helped Tech capture its first ACC tournament title in program history in 2022 in Brooklyn, N.Y.

The versatile forward will join fellow Kings rookies Colby Jones, who was selected with the 34th overall pick out of Xavier, and Jalen Slawson, the 54th selection out of Furman on a Summer League roster that is expected to begin a mini-camp next week before the

California Classic tips off at Golden 1 Center on July 3. The Kings will be hosting the two-day, six-team event that will also include the Golden State Warriors, the Los Angeles Lakers, the Charlotte Hornets, the Miami Heat and the San Antonio Spurs.

From there, the Kings will play in the NBA Summer League in Las Vegas, July 7-17.

Virginia Tech Athletics



FILE PHOTO

Eastern Montgomery's Maddie Bruce (pictured) was selected Class 1 Girls Player of the Year and East Mont's Whitney Shaver named Class 1 Girls Coach of the Year.

East Mont's Bruce Class 1 player of year

The Virginia High School League announces its 2023 Class 1 all-state girls' soccer team. Eastern Montgomery's senior midfielder Maddie Bruce is the Class 1 Player of the Year, and Eastern Montgomery's head coach Whitney Shaver is the Class 1 Coach of the Year.

Bruce, last year's Class 1 2021 girls' player of the year, totaled 52 goals and 32 assists for the Mustangs this season. Her 32 assists and 136 points this season place her in the top 10 single-season totals in VHSL girls soccer history. The Shenandoah University signee's career totals of 113 goals and 91 assists (missing the 2020 season because of COVID) place Bruce among the all-time top players in goals and assists in VHSL history.

Shaver led Eastern Montgomery (22-0) to its third-straight Class 1 state title with a 2-1 win over Auburn, with the decisive goal coming in the third overtime period. The Mustangs have now won 54 straight games. Shaver has a four-record of 68-3 since taking over the Mustangs program

in 2019, not including the 2020 COVID missed season. East Mont defeated Auburn in last year's final, 5-0, and West Point, 5-1, in 2021.

The all-state soccer team consists of four forwards, four midfielders, four defenders, one goalkeeper, and three at-large positions. Only those players selected

first-team all-region are eligible for selection to the all-state team. The all-state selection committee comprises eight coaches, with two from each region.

Eastern Montgomery and Auburn placed 16 players on the all-state list. First teamers were: Ajilia McHone, Madeline Mirolli, Hannah Blankenship, Lilly Underwood, Nadya Hubbard and Logan Boone. Eastern Montgomery's Olivia Boone was a second teamer.

Auburn's Stacy Lewis was also named to the first team along with Kelsie Groseclose, Grace Harris and Logan Munday. While their teammate, Kenleigh Smith was second team.

Staff reports



PHOTO COURTESY OF RADFORD HIGH SCHOOL

Saunders named all-district, region

Radford High School recently announced congratulations for rising Senior Addie Saunders

for being selected as All-District and All-Region Shortstop for the 2023 season.

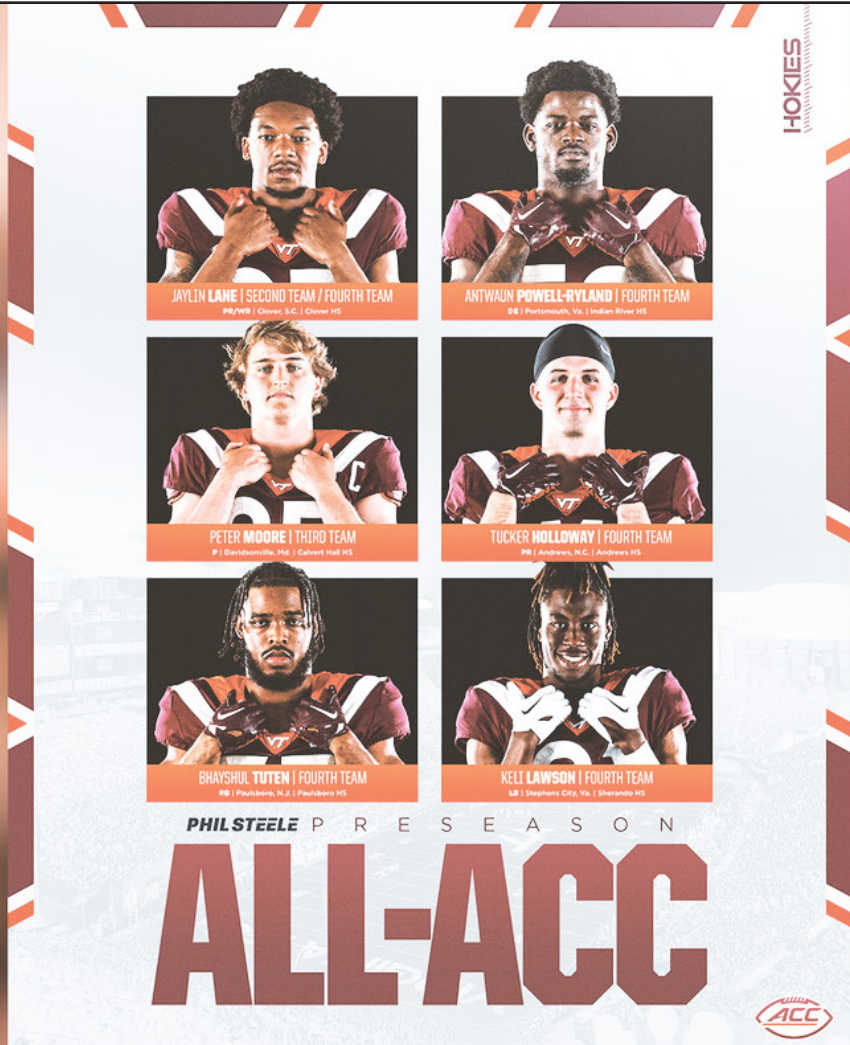


PHOTO COURTESY OF VT ATHLETICS

Six Hokies earn preseason All-ACC

Phil Steele's College Football Preview released its preseason All-ACC teams, and the Hokies landed six players on the preseason squads.

Wide receiver Jaylin Lane was named to the second team as a punt returner and fourth team as a wide receiver. Defensive end Antwaun Powell-Ryland was named to the third team defense while Peter Moore was named third team punter. The Hokies had three other elections to the fourth team, running back Bhayshul Tuten, linebacker Keli Lawson and punt returner Tucker Holloway.

Lane tallied 69 receptions for 940

yards and five touchdowns last season at Middle Tennessee State. He led the team with four 100-yard receiving games. In three years with the Blue Raiders, Lane registered 124 receptions for 1,528 yards. He also returned 38 career punts for 457 yards and a touchdown.

Powell-Ryland, a Portsmouth, Virginia native, appeared in 27 games at Florida, making five starts and totaling 34 tackles, 4.5 sacks, 7.5 tackles for loss, one pass breakup and three forced fumbles. He recorded 29 tackles including three sacks last season.

Moore attempted 73 punts totaling

3,042 yards (41.7-yard average). He placed 24 punts inside the 20 and delivered 17 beyond 50 yards, including his season long of 67 yards. Tuten was a third-team FCS All-American as a sophomore last year for North Carolina A&T, where he ran for 1,363 yards and 13 touchdowns and caught 31 passes for 342 yards and four more touchdowns. He topped the 100-yard rushing mark 10 times in 2022.

Lawson recorded 23 tackles (11 solo), one interception, one pass breakup and a fumble recovery last season. He returned his first career interception for a

touchdown against Georgia Tech.

Holloway played in five games as a freshman, fielding nine punts totaling 191 return yards (21.2-yard average). He set the Virginia Tech program record for single-game punt return yardage on Nov. 5, 2022, against Georgia Tech (188 yards, 7 returns), scoring his first career touchdown on a 90-yard return and earning ACC Specialist of the Week honors.

Virginia Tech Athletics

Program for underrepresented undergraduate students in STEM receives NIH funding

Alexandra Hanlon, director of the Virginia Tech Center for Biostatistics and Health Data Science, was recently awarded a \$1.25 million grant from the National Institutes of Health (NIH) for a summer program aimed at promoting and diversifying the field of collaborative biostatistics.

The Collaborative Undergraduate Biostatistics Experience (CUBE), an eight-week summer program geared toward underrepresented undergraduate students, will receive \$250,000 per year over the next five years through the NIH Research Education Program.

This R25 award, which is funded in a joint effort from the National Institute on Drug Abuse and the National Institute on Alcohol Abuse and Alcoholism, is specifically targeted toward enhancing data science research training in addiction research.

CUBE, which was piloted in the summer of 2022 and highlighted in the

April 2023 edition of Amstat News, is built on four pillars: training in introductory biostatistics, training in R programming, professional development, and a collaborative research project addressing research questions in various disciplines.

"There's no program like this in the country - not even close," said Hanlon. "There are summer programs in biostatistics, but none like ours that heavily emphasize professional development, including communication and technical writing; the technical aspects of R programming delivered in tandem with the corresponding biostatistics training modules; and an interactive collaborative research project that includes the mentorship of a clinical investigator."

This year's program — which is also funded by the integrated Translational Health Research Institute of Virginia, Merck, and Virginia Tech's Fralin Life Sciences Institute and Institute for Society,

Culture, and Environment — runs from June 5-July 28.

In addition to earning a \$4,800 stipend, students enrolled in CUBE are provided with free housing. They are also afforded the opportunity to work closely with experienced collaborative biostatisticians, leading experts in the areas of addiction, and peer and graduate student mentors as they learn about the challenges of communicating and working collaboratively in a multidisciplinary team science environment.

Through CUBE, underrepresented undergraduate students receive an introduction to the world of collaborative biostatistics, opening up career pathways that they never knew existed. After participating in the CUBE pilot program in 2022, Kayla Williams, a recent graduate of Ohio State University, now plans to pursue her Ph.D. in biostatistics at Drexel University this fall.

"We need diversification in collaborative

biostatistics," Hanlon said. "The number of students in STEM continues to grow, but the percentage of underrepresented students remains very low."

While the pilot program included just four students — two housed at Virginia Tech and two at the University of Virginia — and this year's group features five students, the funding from this NIH grant will allow CUBE to expand to 10 students hosted at Virginia Tech each summer through 2027.

Still, Hanlon would like the program to grow even further to continue to raise awareness of collaborative biostatistics and diversity in the field. The ultimate goal is to expand the program nationally through multiple funding institutions across the country with centralized resources at Virginia Tech.

"We want to sustain CUBE for a long, long time," said Hanlon.

Melissa McKeown for Virginia Tech

Virginia Tech Carilion School of Medicine to establish Department of Neurosurgery

The Virginia Tech Board of Visitors has approved the establishment of a Department of Neurosurgery at Virginia Tech Carilion School of Medicine, which will enhance neurosurgical education for medical students and make a lasting impact on the Roanoke and New River valleys. The new department will help advance the field of neurosurgery with cutting-edge research while addressing the growing demand for specialized care in the area.

The Department of Neurosurgery will be instituted with the approval of the State Council for Higher Education for Virginia (SCHEV).

"The creation of a new Department of Neurosurgery will be a significant milestone in the growth of the Virginia Tech Carilion School of Medicine. Over the past decade and within the Department of Surgery, Carilion Clinic expanded its neurosurgery program to include experts in adult, pediatric, endovascular, and complex spinal neurosurgery," said Lee Learman, dean of the medical school. "These faculty are actively engaged in the education and research missions of the medical school. They instruct Virginia Tech Carilion School of Medicine medical students and neurosurgery residents and collaborate with researchers at the Fralin Biomedical Research Institute at VTC and the Virginia Tech School of Neuroscience. The program has now grown to the size that it can become organized as its own academic department, as is the case in most U.S. medical schools."

When it became fully integrated as the ninth college at Virginia Tech in 2018, the Virginia Tech Carilion School of Medicine had 11 departments — nine clinical and two non-clinical —

including the Department of Surgery, which contained 11 sections, or specialty areas that required specific education and training, including neurosurgery. Leaders from the Virginia Tech Carilion School of Medicine and Carilion Clinic, seeing the demand for the existing neurosurgery specialty and residency program, along with the needs of the region, determined a standalone department was critical.

Michael Nussbaum, chair of the Department of Surgery, expressed excitement about the potential impact of the new department on the region. "The addition of a dedicated Department of Neurosurgery will strengthen our ability to provide comprehensive care to patients in need," he said. "By integrating neurosurgery education into our medical curriculum to a greater degree, we are investing in the future of health care in this region and advancing the level of specialized care available."

Neurosurgery, a branch of medicine focused on the prevention, diagnosis, and surgical treatment of disorders affecting the nervous system, has witnessed remarkable advancements in recent years. By establishing the Department of Neurosurgery, Virginia Tech Carilion School of Medicine aims to equip future physicians with the skills and knowledge necessary to address complex neurological conditions and deliver high-quality care.

The new department will expand clinical rotations and elective opportunities for students at the Virginia Tech Carilion School of Medicine. It will also enhance post-medical school residency training by potentially providing additional residency positions. The neurosurgery residency program at Carilion Clinic - Virginia Tech Carilion School of Medicine currently offers one position per year for a

total of seven residents at any given time. During 2021-22, the program received 245 applications for the neurosurgery residency position.

With the establishment of the Department of Neurosurgery, the region is poised to witness a transformation in neurological care. By growing the cadre of highly skilled neurosurgeons, the region will experience an increase in specialized expertise, supporting improved patient outcomes and access to care. The presence of a dedicated department will also enhance research opportunities, attracting grants and funding to support innovative projects. This will not only contribute to the scientific community but also stimulate economic growth in the region.

Carilion Clinic's new neurosurgery chair, a renowned clinical and academic leader, will be appointed as the medical school academic chair after SCHEV

approval of the department. A non-physician vice president of neurosurgery from Carilion and a full-time research associate will support the administrative and academic success of the department. The department would be established with nine physician neurosurgery faculty members.

"Demand for neurosurgical services continues to increase, and adding a new academic department will continue the great momentum happening with health sciences in our region," said Nancy Howell Agee, Carilion Clinic's chief executive officer. "Specifically, it will mean enhanced care for our patients and new opportunities for clinical trials, research, ground-breaking innovations, and academic growth, all of which contribute to our region's growing reputation as a health care hub."

Josh Meyer for Virginia Tech



PHOTO BY RYAN ANDERSON FOR VIRGINIA TECH

The Department of Neurosurgery will be the 12th department at the Virginia Tech Carilion School of Medicine, pending approval by the State Council for Higher Education in Virginia.

**People who drive
under the influence
of marijuana
experience
slower reactions,
lane weaving,
and decreased
coordination.**

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