



# News Journal

Wednesday, October 4, 2023 • USPS 387-780 • radfordnewsjournal.com • \$1.00

## Ingles Castle and Glencoe Mansion to host Haunted Tour of Radford



PHOTO COURTESY OF INGLES CASTLE

**La Rivere (Ingles Castle) will be one of the stops on the upcoming haunted tour of Radford, set for Oct. 14.**

RADFORD - Have you ever wondered what secrets, hauntings and local legends are swirling around us?

Join us for Myths, Mysteries, and Spirits: A Haunted Tour of Radford to hear the inside stories of what may be lurking in the shadows of the community.

Hosted by Ingles Castle and Glencoe Mansion, there will be four Haunted Tours the evening of Oct. 14.

Come hear about the Victorian Age and the death ways of the era. Explore beliefs about death and dying, as well as how the living continued to honor and remember those that had departed, during the 19th century. Join former history instructor B. Scott Crawford on this macabre journey through a fascinating period.

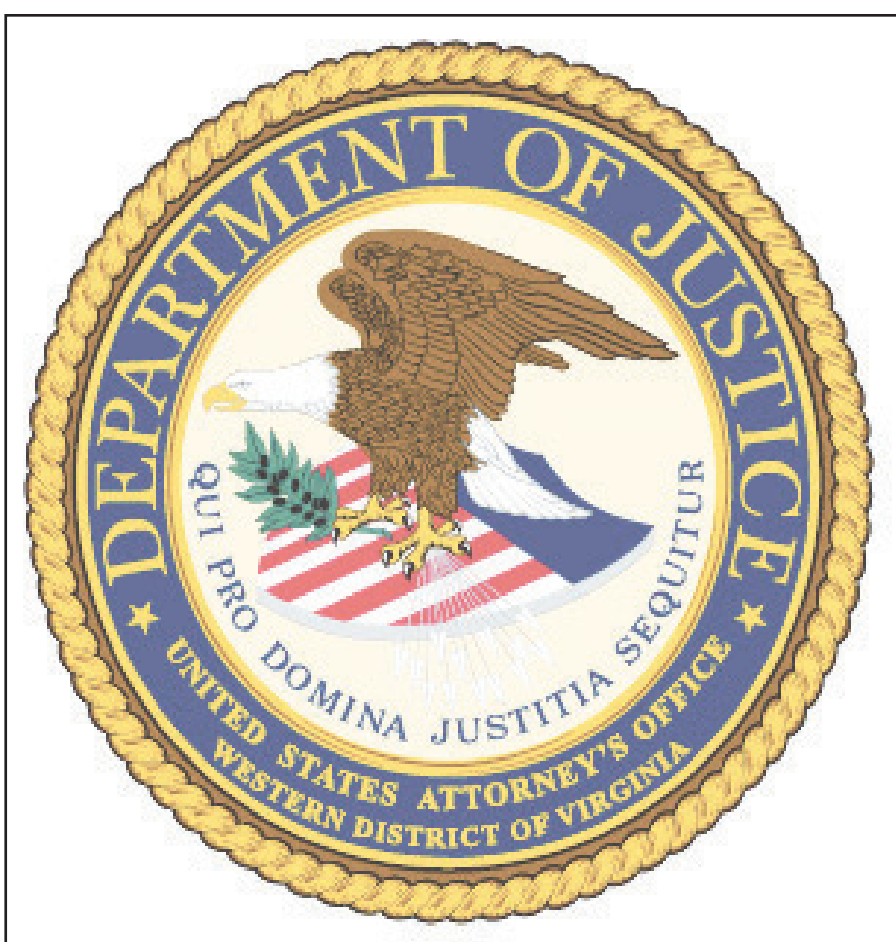
Guests will then board the "Ghoul Bus" to explore the local legends surrounding some of Radford's most

storied sites. The experience concludes with a visit to the opulent and eerie "Ingles Castle" where a spooky cast of characters will guide individuals through the home. At the Castle, guests will meet face to face with the infamous "Lady in the Mirror."

Tour times begin at 5:15 p.m., 6:15 p.m., 7:15 p.m., and 8:15 p.m. Each tour lasts approximately one hour and 30 minutes. Tickets are required and space is limited, so act now to secure your spot. Tickets are \$30. Purchase tickets online now at [www.inglescastle.com](http://www.inglescastle.com) (with additional processing fee). Due to site limitations, the tour requires climbing stairs and walking reasonable distances.

For more information, please visit [www.inglescastle.com](http://www.inglescastle.com).

*Submitted by Haunted Tour of Radford organizers*



## Former chief operating officer of NRV pain clinics indicted

CHARLOTTESVILLE, Va. - A federal grand jury returned an indictment this week charging the former chief operating officer of area pain clinics with three conspiracy counts for her alleged involvement in health care fraud and illegal drug distribution.

Jennifer Ann "Jen" Adams, 50, of Mount Pleasant, S.C., is charged with one count of conspiring to commit health care fraud, one count of conspiring to distribute medically illegitimate Schedule II controlled substances, and one count of conspiring to use the DEA registration number of another.

According to court documents, Adams served as the chief operating officer (COO) and practice manager for several pain clinics throughout Central and Southwest Virginia. These clinics were located in Blacksburg, Christiansburg, Lynchburg, Madison Heights and Woodlawn. The clinics represented themselves as largely focused on pain management, which involved the prescribing of Schedule II opioids, as well as opioid addiction treatment, which involved prescribing Suboxone and other drugs.

See Pain Clinics, page 8

## Tools at rest wins September photo club challenge

RADFORD - Three colorful ladders at rest against a grey building won the Radford Photo Club theme category, Scene at a Picnic, at the September meeting.

The photo, aptly titled, "3 ladders: will wait for work," was taken by e.n. hinrichs of Blacksburg.

The winning photo in the open category was "Bee on a Forget Me Not blossom," taken by Joyce Sims of Radford in her garden.

A program about Cityscapes was presented by Michele Borgarelli of Blacksburg, an international award-winning photographer and a club member. He showed examples of urban photography with the detail that makes them cityscapes rather than environmental photos. He said that composition and lights are essential to conveying a message.

"Photographing at the 'golden hours' helps to create depth," he said. "Photographing at the blue hour and by night also provide opportunities for creating a special atmosphere and some intimacy with the urban elements."

Finally, he suggests that work on projects, rather than single images, give an opportunity to organize the work in a way that can help to tell a story.

People attending the next meeting are challenged to submit three single images, each conveying a story, and



**"3 ladders: will wait for work," was taken by e.n. hinrichs of Blacksburg.**

three images that combined tell a story. Digital images that can be loaded onto the laptop are preferred but 8x10 prints can also be an option.

The Radford Photo Club is made up of professional and amateur photographers from throughout the New River Valley. Meetings, events, and outings are open to the public. The next meeting is Thursday, Oct. 19, at 6



PHOTOS COURTESY OF THE RADFORD PHOTO CLUB

**"Bee on a Forget Me Not blossom," taken by Joyce Sims of Radford in her garden.**

p.m. at Radford Public Library. If you have questions, email Lucy Gilmore at [lucyg.gilmore@gmail.com](mailto:lucyg.gilmore@gmail.com) or Michele Borgarelli at [mborgarelli@gmail.com](mailto:mborgarelli@gmail.com).

*Submitted by the Radford Photo Club*

**ANNULAR ECLIPSE 2023**  
**OCTOBER 14, 10AM-4PM**  
**CENTER FOR THE SCIENCES**

COMMUNITY EVENT FOR THE NEW RIVER VALLEY

**RADFORD UNIVERSITY**

GRAPHIC COURTESY OF RADFORD UNIVERSITY

## Radford University to host eclipse event

RADFORD - On Saturday, Oct. 14, from 10 a.m.- 4 p.m., the public is invited to join the Radford University Physics department in the Center for the Sciences (the building with the RU Planetarium) for a day of free science activities centered on the partial annular eclipse happening on that day. The event will be held rain or shine.

"We will have eclipse-themed planetarium shows on the hour, and we will have our regular partners including the neighboring Museum

of the Earth Sciences, along with multiple departments in the Artis College of Science and Technology," the department announced. "There will be activities for all ages, and especially ones geared towards kids. Everyone is invited to join us for all, or part of this time."

There will be a limited supply of eclipse glasses to give away (weather permitting).

*Radford News Journal staff report*

## Eat your vegetables to protect your brain

Alzheimer's disease is a progressive neurodegenerative disease estimated to affect 6 million Americans and 33 million people worldwide. Large numbers of those affected have not yet been diagnosed.

A new study published in the Journal of Alzheimer's Disease by a Virginia Tech Carilion School of Medicine faculty member shows that brain levels of dietary lutein, zeaxanthin, lycopene, and vitamin E in those with Alzheimer's disease are half those in normal brains. Higher dietary levels of lutein and zeaxanthin have been strongly linked to better cognitive functions and lower risk for dementia or Alzheimer's disease.

"This study, for the first time, demonstrates deficits in important dietary antioxidants in Alzheimer's brains. These results are consistent with large population studies that found risk for Alzheimer's disease was significantly lower in those who ate diets rich in carotenoids, or had high levels of lutein and zeaxanthin in their blood, or accumulated in their retina as macular pigment," said C. Kathleen Dorey, professor in the Department of Basic Science Education at the medical school. "Not only that, but we believe eating carotenoid-rich diets will help keep brains in top condition at all ages."

**Carotenoids and the healthy brain**  
Because normal brain functions and response to misfolded proteins constantly generate reactive oxidizing molecules, the

brain is vulnerable to cumulative oxidative damage, which can be prevented by antioxidants supplied by a healthy diet. Carotenoids are powerful antioxidants that are commonly found in colorful plants. Lutein is especially abundant in kale and spinach, and zeaxanthin is highest in corn and orange peppers.

Dorey and Neal E. Craft, of Craft Technologies in Wilson, North Carolina, first reported that the brain selectively accumulated carotenoids such as lutein, zeaxanthin, and beta-cryptoxanthin in 2004. Since then, researchers around the world have demonstrated better cognition in those with higher levels of lutein and zeaxanthin in their macular pigment and lower risk for dementia in those with highest levels of lutein and zeaxanthin in their diet.

The Rush University Memory and Aging Project followed the diet and cognitive performance of more than 1,000 participants living in Chicago for more than a decade, assessing their intake of carotenoids, and found that those following the MIND diet — consuming higher levels of antioxidant-rich fruits, nuts, vegetables, and fish, and lower levels of meat and sweets — had reduced risk for Alzheimer's disease diagnosis, higher cognitive performance before death, and

See Brain, page 8

# UPCOMING EVENTS

## Wednesday, Oct. 4:

### CommUNITY yoga for self-care for adults

At the Radford Public Library; 5:45- 6:45 p.m. Join Kelly McCoy of The Whole You for an all-level yoga class for adults. Learn poses to help strengthen and lengthen your muscles as well as some breathing and meditation techniques to help calm the nervous system. This class is free to the public and is funded by grant money through the Virginia Department of Health.

## Thursday, Oct. 5:

### NRV Tree Rescuers Program launches

Did you know invasive vines like English Ivy and Bittersweet can strangle, smother and eventually kill trees? The Town of Blacksburg and Sustainable Blacksburg have collaborated to create a volunteer-driven program that gives homeowners the information they need to rescue their trees. Join Carol Davis, the Town of Blacksburg's Sustainability Manager, and Ann Raridon, the President of Sustainable Blacksburg, for a volunteer training session 4-6 p.m. Held at the Blacksburg Library, followed by a hands-on invasive vine removal tutorial/service project on the Huckleberry Trail. Wear closed-toe shoes and bring gloves, hand clippers and loppers if you have them. Park on the street or the Kent Square parking garage. Light snacks and water will be provided. Questions? Contact Carol Davis at sustainability@blacksburg.gov.

### American Legion meeting

The American Legion, Harvey Howe

Carper Post 30 will meet at 6 p.m. at the VFW Post Home, 102 Watts St., Radford. Radford High School's Boys and Girls State representatives will be recognized at this meeting. For further information, please call 540-250-2283 or 540-239-9864.

## Saturday, Oct. 7:

### National Solar Event at Warm Hearth Village

At the Warm Hearth Village Center, 2387 Warm Hearth Dr.; 11 a.m. - 3 p.m. Organized by village residents in cooperation with Sustainable Blacksburg. Showcase of solar technologies, home energy efficiency improvements and electric powered vehicles, bikes, trikes and scooters. Practical applications and advice in solar technology. Learn how you can save money and help the environment at the same time. Exhibitors include local solar installers, homeowners, energy efficiency evaluation and building experts, electric vehicle owners and community organizations working to encourage the use of these technologies. In addition to exhibitors at the WHV Village Center, a home will also be on the tour and attendees will be able to see solar panels, battery electric vehicle (BEV) charger and energy monitoring system as well as plans for energy storage.

## Sunday, Oct. 8:

**Fire Prevention Week Open House**  
Fire Prevention Week is October 8 - 14, 2023. Join the Blacksburg Volunteer

Fire Department for an Open House on October 8 from 1 - 4pm. See fire trucks and equipment displays and learn about fire safety and prevention. This Open House will be held at Fire Station #3, located at 407 Hubbard St., Blacksburg.

## Monday, Oct. 9:

**Radford City Council meeting**  
The Radford City Council will hold its regularly scheduled meeting at 7 p.m. in council chambers at the Radford Municipal Building, 10 Robertson St., Radford. See the agenda at www.radfordva.gov.

### Montgomery County Board of Supervisors meeting

Public meetings are the second and fourth Monday of each month at the Montgomery County Government Center, 755 Roanoke St. in Christiansburg. Closed sessions begin at 6 p.m. if needed. Open sessions begin at 7:15 p.m. Citizens are invited to attend and allowed to speak at each meeting. All regular meetings of the Board of Supervisors are rebroadcast on Montgomery County Comcast and Shentel Channels 190 daily.

## Tuesday, Oct. 10:

**Blacksburg Town Council meeting**  
The council meets in regular session the second and fourth Tuesdays of each month at 6:30 p.m. in the Roger E. Hedgepeth Chambers of the Blacksburg Municipal Building, 300 S. Main St. These meetings are open to the public and televised live on WTOB Channel 2.

### Christiansburg Town Council meeting

Regular Town Council meetings are held on the second and fourth Tuesday of each month beginning at 7 p.m. in the Council Chambers of Town Hall (100 E. Main Street). The public is welcome and encouraged to attend, with a citizen hearing time reserved at each meeting for residents to bring any matter they desire before the entire council.

## Tuesday, Oct. 17:

**Central Business Committee Meeting**  
The Christiansburg Central Business District Committee will meet at 5:30 p.m. in the Administrative Conference Room of Christiansburg Town Hall.

## Thursday, Oct. 19:

**Blood Drive**  
The New River Health District will be hosting a blood drive on in the Community Room at the Montgomery Co. Health Department from 10 a.m.- 2 p.m. We have set a goal of having 20 donors for the day and need your assistance. Donors of all blood types are urgently needed now to ensure patients at hospitals across the country

continue to receive critical medical care. Each donor for this drive will receive a \$15 Amazon gift card as a thank you for your donation. Register at www.redcrossblood.org.

**Sons of Confederate Veterans meeting**  
The Sons of Confederate Veterans, Stuart Horse Artillery Camp 1784 will meet at 7 p.m. at Aly's Family Italian Restaurant, 3204 Riner Rd. Members of the United Daughters of the Confederacy (UDC) are also invited to this meeting. For further information, please call 540-320-4315 or 540-239-9864.

## On-going:

**Blacksburg Farmers Market**  
Hours now through October: Wednesdays 2 - 6 p.m. and Saturdays 8 a.m. - 2 p.m. Located at Market Square Park, on the corner of Roanoke Street and Draper Road in downtown Blacksburg. Features growers of locally grown produce and meats, alongside artisans of baked goods, prepared foods, cheese, handmade crafts, and more.

**Christiansburg Farmers Market**  
Thursdays; 3 - 7 p.m. Located in the Recreation Center parking lot. Features local farmers and vendors. Seasonal produce, plants, fresh baked goods, crafts, fresh flowers, handmade jewelry and more. Items for purchase vary week-to-week. Check our Facebook page for details about weekly themes, prizes, vendors, and live music.

**Radford Farmers Market**  
Held on the grounds of Glencoe Mansion, Museum and Galley, located just off West Main Street, 9 a.m. - 1 p.m. each Saturday until October 14. Features produce, plants, baked goods, artisans, fresh squeezed lemonade, eggs, meats, cheeses and more.

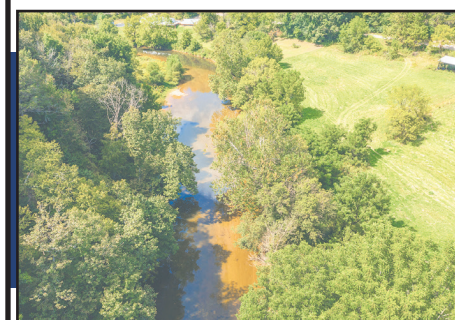
**Free GED classes**  
New River Community College is offering free GED at the Meadowbrook Library every Monday and Tuesday through Tuesday, Dec. 12. For more information or to sign up please call the Library at 540-268-1964.

### NRV Master Gardener Assoc. accepting grant applications for 2024

NRV Master Gardener Assoc., a volunteer organization of the Virginia Cooperative Extension, is accepting grant applications for 2024 gardening projects. Grants awarded based on merit to educational, care-giving or community organization seeking to educate, involve, and/or improve quality of life through a gardening-related project. Organizations in the counties of Floyd, Giles, Pulaski and Montgomery (and towns within), and the City of Radford, are eligible. Applications must be electronically received (if emailed) or postmarked (if mailed through the USPS) by Oct. 15, 2023. Extra pages may be used for plan images/ illustrations. For more information and to submit your project application, contact Carol Trutt: nrvmastergardenerassoc@gmail.com email is preferred or mail to Carol Trutt: 95 N Surry Circle, Christiansburg, VA 24073.

## ONLINE AUCTION

Ends Thursday, October 26th at 3 PM  
Recreational Lots for Sale on the Little River  
TBD Laurel Ridge Mill Rd., Riner, VA 24149  
Bid Now at VAAuctionPro.com



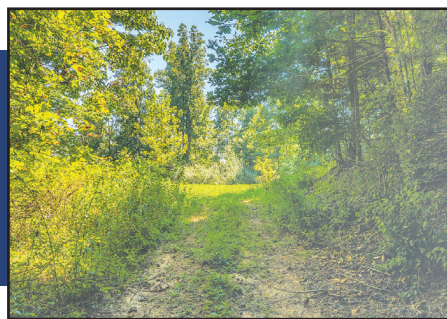
OFFERING #1



OFFERING #2



OFFERING #3



OFFERING #4

Discover the perfect blend of nature and tranquility in these 4 tracts of land that are being sold at auction. Located in a prime location near Floyd, Riner, Christiansburg, Blacksburg, and Radford VA, these properties offer the best of both worlds, the serenity of wooded land and a riverfront haven with easy access to the essential amenities.

**OFFERING #1 - +/- 6.015 ac**  
This 6.015 acre cleared lot would be a prime building spot, especially for a recreational getaway. Property has been perked and awaits your new home! It features 600+ ft of frontage on the Little River. With easy access to the river, you can enjoy all the kayaking, fishing, and swimming you wish! Property also has +/- 735 ft of frontage on Laurel Ridge Mill Rd.

**OFFERING #2 - +/- 5.44 ac**  
This 5.44 acre cleared lot would be a prime building spot. Property has been perked and awaits your new home or recreational getaway! It features 500+ ft of frontage on the Little River. With easy access to the river, you can enjoy all the kayaking, fishing, and swimming you wish! It also has +/- 507 ft of frontage on Laurel Ridge Mill Rd.

**OFFERING #3 - +/- 17.727 ac**  
This 17.727 ac property boasts abundant woodland, which creates a serene and private environment. There are several building spots and the surrounding views of the countryside are unbeatable! Property would be ideal for the construction of your new home.

**OFFERING #4 - +/- 17.614 ac**  
This 17.614 ac property boasts abundant woodland, which creates a serene and private environment. There is a small creek meandering throughout the property. The woodland ensures privacy and seclusion. Property holds several building spots and the surrounding views of the countryside are unbeatable! Property would be ideal for the construction of your new home. There is over +/- 771 ft of frontage on Laurel Ridge Mill Rd.

**Terms:** 10% Buyer's Premium will be added to final high bid to arrive at contract price. Earnest Money Deposit of \$10,000 per offering required on the day of the sale. Close on or before November 27th, 2023. Subject to seller confirmation. Property sold as is, where is with any and all faults. Buyer is expected to complete their own due diligence. Tracts are being offered individually and if bidder wishes to purchase multiple tracts, bidder will need to be the high/ winning bidder on both offerings. Please note that during the last two minutes of bidding, if a new bid is placed, the clock is automatically extended an additional two minutes. Be sure to register to bid early to ensure you receive notifications regarding any changes to the Auction, Bidder Packet, and/or Pre-Auction offers received. Download Bidder Information Pack for complete terms and conditions, property information, purchase contract and maps at VAAuctionPro.com.

**CONTACT - Auctioneer Matt Gallimore at 540-239-2585 or email gallimore.matt@gmail.com. You can also contact Realtor Boogie DeHart at 276-952-5061 or email boodied@yahoo.com**

102 S. Locust Street, Floyd, VA 24091 (540) 745-2005 VAAuctionPro.com Lic# 2907004059

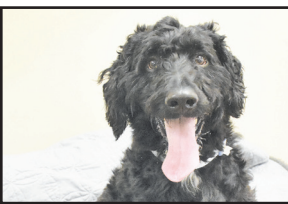
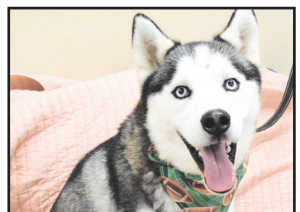
**United Country Real Estate**

**Blue Ridge Land & Auction Co., Inc.**

## PETS OF THE WEEK

These pets and many others are available for adoption at the Montgomery County Animal Care and Adoption Center, 480 Cinnabar Rd., Christiansburg. Phone: (540) 382-5795.

*Meet Mika! In a previous home, he was primarily an outdoor dog and came into the house at night. He's good with children. Mika is selective with other dogs and does not get along with cats. He could benefit from doggie manners training.*



*Noodle is a friendly boy who is ready to head home. He enjoys meeting people, taking walks, and playing with toys. He knows some basic commands but may need additional training. Stop by the Animal Care and Adoption Center to meet him!*

**ANDERSON AUDIOLOGY**  
Hearing Aid Sales & Service, Inc.  
Locally Owned and Operated Since 1963





**Dr. Janice Anderson**  
Doctor of Audiology



**Darrell Anderson BC-HIS\***  
Hearing Instrument Specialist

*Hear Better* ||||| *Live Better*

♥ Complete Hearing Evaluation    ♥ Video Otoscopic Exam    ♥ Risk-Free Trial

We have Four Offices to serve you!  
**DUBLIN, VA - 85 CLEBURNE BLVD - (540) 674-4889**  
WYTHEVILLE, VA    BLACKSBURG, VA    GALAX, VA  
(276) 228-0866    (540) 381-6967    (276) 236-0778

WIDEX®

HIGH DEFINITION HEARING

Open Mon thru Fri, 8:30 am - 5:00 pm - anderson-audiology.com

## Toast the year's standout vintage during Virginia Wine Month

RICHMOND—October is Virginia Wine Month, and winemakers are predicting a memorable vintage worthy of celebration.

Now in its 35th year, Virginia Wine Month honors the commonwealth's ever-evolving wine sector. With about 300 wineries and 4,000 acres of grapes grown in the state, the economic impact of Virginia wine was estimated at \$1.73 billion in 2019—a 27% increase from 2015, according to the Virginia Wine Board.

Wine enthusiasts should have a bountiful selection to celebrate with this year, according to Mizuho Nita, grape pathology specialist for Virginia Tech's School of Plant and Environmental Sciences.

With little rain and "extremely dry conditions" across the state, Nita said, most vineyards are not experiencing significant losses from rain-driven diseases like downy mildew.

"People are harvesting early cultivars right now quite a bit, especially in Northern Virginia. Their harvest started maybe two weeks ahead of a typical year," Nita said.

And drier conditions are ideal for producing complex, high-quality wines, according to Mike Albers, part-owner of Delfosse Vineyards and Winery in Nelson County, a 2023 Virginia Governor's Cup winner.

Delfosse received a 2023 Governor's Cup award for its 2021 Screaming Hawk Meritage—a 100% estate-grown red blend that "ages beautifully," Albers said.

"We let the fruit express itself," he explained. "That's the beautiful thing about Virginia wines—Mother Nature gives us something different every year."

Albers added that grape growers love drought. "The vine stress concentrates more on the fruit, and it ripens sooner and gives it great chemistry for wines."

After a slow start and early budding during the cooler spring, Albers said area grape growers are diligently preparing for a

promising harvest.

"As long as the weather cooperates with us over the next four to six weeks and it stays dry, we are anticipating a standout vintage this year," he said.

"Beautiful, lovely and delicious grapes" are growing in abundance in Loudoun County as another Governor's Cup winner, 868 Estate Vineyards, anticipates its second consecutive record-breaking harvest.

"Our vineyards have been really prolific with high-quality grapes these past two years, and it's a magic thing when both conditions are met in the same year," said owner Nancy Deliso.

In 2020, the winery's 2017 Vidal Blanc Passito was the first wine fully grown and made in Loudoun County to win a Virginia Governor's Cup award.

With 21 acres of 14 different varietals, 868 Estate continues to experiment with new handcrafted creations, including a cooperative wine developed by eight area vineyards that will make its debut this fall.

"Virginia wine gets better and better every year," Deliso said. "It's wonderful that you can have not only a wonderful and very personal experience at a Virginia winery, but also really excellent wine."

Deliso encourages Virginians to explore their local wineries, connect with owners and winemakers, and take advantage of the various Virginia Wine Month specials.

"It's an opportunity to stock up on wine for the holidays," she noted. "Come visit us, take wine home, and support the industry by drinking really good local wine throughout the year."

Virginians can explore winning wineries from the 2023 Virginia Governor's Cup Competition along the 2023 Gold Medal Wine Trail. For more information or to find a list of wineries near you, visit the Virginia Wine website at [virginiawine.org](http://virginiawine.org).

Submitted by Farm Bureau Virginia



PHOTO BY WHITNEY WEAVER FOR VIRGINIA TECH

A giant vinegroom is one of the many insects at the Hokie BugFest.

## Join the 12th annual Hokie BugFest on Oct. 7

BLACKSBURG - Hokie BugFest is a free, one-day festival that celebrates the exciting science of entomology with science, technology, engineering, art, and math activities for all ages.

Highlights include more than 30 exhibits from Virginia Tech labs, local museums, and community groups as well as live arthropods, hands-on science activities, and the Dan Capps Insect Collection. It will be held Saturday, Oct. 7, 10 a.m. to 3 p.m., with a special pre-opening from 9 to 10 a.m. for anyone with special needs at Squires Student Center, Virginia Tech's Blacksburg campus.

What's on display:  
Dan Capps Insect Collection: One of the largest private insect collection in the country, featuring hundreds of pinned specimens from across the globe including walking sticks that measure over 2 feet; goliath, Hercules, and other massive beetles; vibrant butterflies and moths; and more. Several new frames of specimens will be

premiered at the event.

Live arthropods from the Hokie BugZoo: View and touch arthropods such as tarantulas, scorpions that glow, blue death feigning beetles, giant hissing cockroaches, whip spiders, vinegrooms, and more.

3D insect images: Attendees will use iPads to manipulate 360-degree views of real insects created by the University Libraries.

4-H Insect Collection Contest: See insect collections entered by young entomologists from around the region. Winners will be announced and ribbons and prizes will be given.

This year's sponsors are the College of Agriculture and Life Sciences through Virginia Cooperative Extension, Virginia Tech Department of Entomology, Virginia Tech Pesticide Programs, and the W.B. Alwood Entomological Society, as well as many community partners.

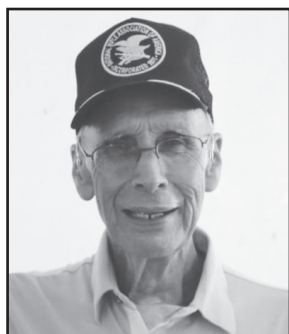
Virginia Tech

## OBITUARIES

### VanHoy, Robert "Bobby" Lyons

Robert "Bobby" Lyons VanHoy, 80, passed away Saturday, Sept. 30, 2023, at his home in Dublin surrounded by his family. He was a well-known drywall contractor. Bobby was preceded in death by his parents, James and Elsie VanHoy; and sisters, Wanda Reid and Janie Nichols.

Survivors include his loving wife of 58 years, Norma F. VanHoy; son, Bobby Lee VanHoy (Tammy Ramsey); daughter, Angie Bentley (James); grandchildren, Andy VanHoy (Mallory), Aaron VanHoy, and Logan Bentley; six great



grandchildren; and many other nieces, nephews, other relatives and friends.

The family would like to thank all of his doctors and Candice, Jessica and LeaAnn of Intrepid Hospice for their excellent

care of Bobby.

The family will receive friends from 11 a.m. until 1 p.m. on Wednesday, Oct. 4, 2023, at the Mullins Funeral Home in Radford. Funeral services will begin at 1 p.m. with Pastor Kelly Howlett officiating. Interment will follow in Newbern Cemetery in Dublin.

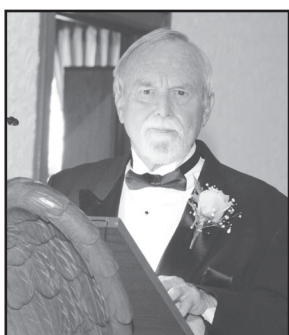
In lieu of flowers, please consider donations in his name to Open Door Baptist Church, PO Box 936, Pulaski, VA 24301.

The VanHoy family is in the care of Mullins Funeral Home & Crematory in Radford.

### Cluver, Michael Albert

Michael Albert Cluver, 81, of Radford, passed away Friday, Sept. 29, 2023. He was a member of Grace Episcopal Church and a tool salesman for over 40 years. Michael was preceded in death by his parents, Henry and Ursula Cluver.

Survivors include his son and daughter-in-law, Michael and Crystal Cluver of Christiansburg; daughters and sons-in-law, Georgie and Adam Mejia of Houston, Texas, and Johanna and William Montague of Arlington,



Va.; grandchildren, Olivia, Sarah, Mikee, Charlotte, Hattie, Elanor, and Steven; great grandchild, Klaus; and many other relatives and

friends.

The family would like to thank the Hospice Team at LewisGale Montgomery Hospital for the wonderful care given to Michael.

A Celebration of Life service will be held at 3 p.m. Saturday, Oct. 7, 2023, at Grace Episcopal Church in Radford with The Rev. William Yagel officiating. A reception will follow the service.

The Cluver family is in the care of Mullins Funeral Home & Crematory in Radford.

### Martinez, Stashia Steffani

Stashia Steffani Martinez, 42, of Dublin, passed away on Saturday, Sept. 30, 2023. She was a faithful Christian who loved traveling, especially to the beach, shopping, trying new restaurants, but more than anything else, her husband Bobby. Stashia was also very proud of her involvement in multiple support groups, where she was always looking to help others in their time of need. She was preceded in death by her parents, Noel Steffani and Tamara



Wingo.

Survivors include her husband, Bobby Martinez; her sister, Cady Farmer; caregiver and her fiancé, Mary Eanes and Brandon

Riffe; special dog, Bailey; and many other relatives and friends.

The family will receive friends from 5 p.m. until 6 p.m. on Thursday, Oct. 12, 2023 at the Compassion Church in Radford at 1820 Second St. Radford, Va 24141. A memorial service will begin at 6 p.m. with her special friend and Pastor Chandler Jones officiating.

The Martinez family is in the care of Mullins Funeral Home & Crematory in Radford.

### Sifford, Darrell Eugene

Darrell Eugene Sifford was born July 15, 1971 and passed away unexpectedly Saturday Sept. 23, 2023 at his home in Parrott.

He is preceded in death by his father, Walter Douglas 'Doug' Sifford; his brother, David Wayne Sifford; and his grandparents, Walter and Ethel Sifford and Wagner and Larrina Wyrick.

Those left to cherish his memory are his daughter, Kayla Sifford; his grandchildren, Annabelle and Logan Bailey, and Madison 'Viar' Moulton and Olivia Viar, whom he helped raise and thought



of as his own daughters; his mother Patsy Sifford; his brother Brian Sifford; his nieces Taylor and Alyssa Sifford; his nephews Brandon and Jon Sifford and Michael Hannah; his step mother Brenda

Bainbridge; his step sisters Angel Bainbridge and Michelle Thompson; his step brother Brian Bainbridge; step nieces Katie and Nikki Liddle, Jessie Adams, and Amy Bainbridge; his aunts, cousins and special friends Bryant and Roger Gravelly; and many other friends.

Darrell had a heart of gold and was a kind and gentle soul. He loved fishing and hunting and on the river or in the mountains is where you'd find him if not at home.

He is so loved and so deeply missed.

### Morrison, James Edward

James Edward Morrison, 85, of Christiansburg, passed away Sunday, Oct. 1, 2023.

He was a loving husband, father, grandfather and great grandfather. Jim was a member of Gethsemane Baptist Church and retired

from Volvo Trucks. He was a member of and Past Master of VA May Lodge #38 A.F.&A.M. and Snowville Lodge #159 A.F.&A.M., past District Deputy Grand Master and a Shriner.

Jim was preceded in

death by his parents, William and Mary Sue Morrison; his wife, Erlene C. Morrison; and daughter, Karen Adkins.

Survivors include his son, Mike Morrison and Vanessa; daughter, Tracey Cater and Terry; grandchildren, Chris Morrison, Nikki Gearheart (Jeremiah), James Morrison (Chassidy), Matt Morrison (Caitlin), and Katie Cater; great grandchildren, Grayson, Caleb, Cara and Kingston; sister, Carole Gerald.

The family would like to thank the staff at Warm Hearth – Kroontje Center for all the tender care they provided Jim.

The family will receive friends 10 a.m. - 12 p.m. on Thursday, Oct. 5, 2023, at the Mullins Funeral Home in Radford. Graveside services will be private.

In lieu of flowers, please consider donations to the Shriner's Hospital for Children.

The Morrison family is in the care of Mullins Funeral Home & Crematory in Radford.

## PUBLIC NOTICE

### MONTGOMERY COUNTY LAND USE ASSESSMENT

In accordance with an ordinance providing for special assessments for Agricultural, Horticultural and Forest real estate in Montgomery County, Virginia, your land may be eligible for special valuation and assessments for the tax year 2024 providing it meets certain criteria. **Applications will be accepted October 1, 2023 thru October 31, 2023.**

Information and applications for the taxable year 2024 may be obtained at the Montgomery County Commissioner of the Revenue office.

Location:

Montgomery County Government Center

755 Roanoke St suite 1-A

Christiansburg, VA 24073

Hours: 9:00 A.M. to 5:00 P.M. M-F

Phone 540-382-5710

## VIRGINIA IS FOR PAWPAW LOVERS

Discover the Vineyard's Paw Paw patch;

Sip excellent wine along the way!

4th Annual Paw Paw Festival

OCTOBER 7<sup>TH</sup>

12 - 5 PM

Music by the

FORK MOUNTAIN RAMBLERS

OCTOBER 8<sup>TH</sup>

1 - 5 PM

Music by

LESLIE BROOKS

Discounts at Eggleston Campground and Karios Resort; discount for dinner at The Palisades Restaurant.

NO ADMISSION FEE!

JBR Vineyards, LLC

1360 Springdale Rd., Pearisburg, VA

540-250-7291

<https://www.facebook.com/jbrwine>

# OPINION

## Sometimes a special pair of shoes is about more than the shoes

**Evans "Buddy" King**  
Columnist

If you've watched college football lately you've noticed a significant change in the uniforms. A lot of the "skilled players" (i.e., running backs, wide receivers, defensive backs, quarterback) are wearing shorts! Yes, pants that are cut off above the knee, thus no knee pads. Presumably this allows for more mobility, more speed. I can understand it. I like it.

But let's be honest. Part of this current fad is about being "cool" or whatever the cool kids call cool now. Football players like wearing equipment that makes them look good and makes them confident. They want to look cool. It's a tough game to play without swagger. Always has been, hopefully always will be. It evokes a great memory for me.

When I was grade school age, my parents took me to pretty much every football game Christiansburg High played. I grew up under the Friday Night Lights. Even before, when I was four years old and my dad was principal, I sat on the bench with the town doctors.

Most of the kids my age played tackle under the bleachers with wadded up paper cups as the football, or ran around and never watched the field. It was such a safe time and place that parents didn't worry. But my folks didn't let me get in the "under the bleacher games" and truthfully, I enjoyed watching what was happening on the field. I was fascinated by the action. I loved the game.

For some reason I remember that

Charles Blount and Butch Phillips of the mid-60's Blue Demons teams wore "horse collars" on their shoulder pads. I thought they were the coolest guys ever. And several of my favorite players at Tech during that time wore the same things around their necks and also had little hooks on their helmets above the eyes instead of a full cage face mask. Cool!

I knew that when I got to high school I wanted the horse collar and the hook when I played for the Blue Demons. I eventually got the hook when I was a defensive starter but never the horse collar. The school only had a couple and as I recall my friend Jimmy Dangerfield got one. He deserved it. Not many got the hook and I was happy that I got mine.

But this column is about shoes, low cut football shoes. And about my wonderful father. It's a wonderful and apocryphal memory.

It was my eighth grade year. In that era, CHS, like most of the high schools west of Roanoke, consisted of grades 8 through 12, so we had eighth grade sports teams. We played other schools in the same district as the varsity (the New River Valley District then) - I remember we played Blacksburg, Radford, Dublin, Giles, Narrows, and Floyd my eighth grade year, on Thursday nights right before the jayvee games.

I had lived to get to eighth grade and to have the chance to play in those games. I sat in church and daydreamed of the Friday Night Lights. I came from a "football family", my dad and two of his brothers and several of my cousins

had all played at CHS. On the same field I eventually played on. I was also the only child of older parents and an aggressively overly protective mother. I was spoiled and pampered by my mom and her sisters. But when I got to seventh grade (sandlot), my dad won out and I finally got to play, but I'm sure it cost him political capital with my mom.

So, the next year I am on the eighth grade team. It is a wonderful memory - it was the first year of full desegregation of the schools, and we had a great contingent of black kids on the team. We had Omar Ross as our volunteer coach, an excellent head varsity coach just the year before, helping a hapless new teacher Wally Flinchum who didn't know football from badminton. Wally had been hired to coach varsity baseball and to teach world history and was handed eighth grade football on the side. Coach Ross ended up by far the best coach I ever played for (see previous column).

Now back to football equipment and trying to be cool. As eighth graders we were issued the hand me downs - pads and helmets and shoes that were left over after the varsity and jayvee had been outfitted. The shoes I ended up with were "high tops" - the kind made famous by Johnny Unitas (google his image) in the 1950's. All the kids got high tops, the "low cuts" not being affordable for the school. But they were ugly and clunky and decidedly "uncool". They were called combat boots. They looked like them.

A few parents bought their kids their own shoes, trendy "low cuts", and I all but begged my dad for a pair.

I'm not sure if it was attributable to the Scots-Irish blood that coursed through his veins or a concern that my mother's apron strings had made me too "soft" and I wouldn't stick it out, but my dad's response was "we'll see."

The story ends with our first game that long ago eighth grade season. We opened with our biggest rival, the hated Blacksburg Indians, as we always did, with me wearing the high tops I detested so much. I played every play but one, we won 8 - 6, and I accounted for myself reasonably well. Only one carry as a running back (we had Al Johnson and Spencer Flippens and Larry Epperly and Tony Price and Cortez McDaniel in the backfield, so there was no reason to give me the ball) and I had several tackles on defense. Coach Ross had made me captain. Blacksburg's captain was David Claiborne, the son of Jerry Claiborne (then the head coach at Tech).

I guess my dad was satisfied after that game that I would be a football player, that I would "stick it out." Early the next Saturday morning, he got me up and told me to get dressed and get in the car. We drove down Christiansburg Mountain to Roanoke, to a wonderful sporting goods warehouse called Graves-Humphries near the long gone Victory Stadium, and he bought me a pair of low cut football shoes. Riddell. I wore them until I could no longer get them on. Still one of the proudest possessions I have ever had.

This story really isn't about football shoes. Or looking cool. It's about my dad.

## LETTERS TO THE EDITOR

Dear Editor,

Climate change is a hot topic. The political noise generated by the topic overwhelms all of us. But conservation of energy and resources is always a winning strategy.

Let's invest in energy alternatives and efficiencies. What we can do here in southwest Virginia:

Encourage and build more renewable power generation. Roof-top solar doesn't involve the permitting problems of utility-scale solar arrays. Schools, shopping complexes and other large buildings are good places, as well as private homes.

Replace conventional light bulbs with LED light bulbs. LED bulbs use 75 percent less electricity and can last up to

10 times longer.

Weatherize our homes to stay warmer in winter and cooler in summer. We tend to focus on electricity rates. Concentrate on lowering usage to have a better hedge against future rate increases.

Support local businesses and jobs to save time and gas. For every \$100 spent at locally-owned businesses, \$45 stays in the community. Whereas, for every \$100 spent at chain stores, \$13 stays in the community.

Energy efficiency simply makes good sense. It is money in our pockets.

*Robert Beckman*

*Candidate for Virginia State Senate District Five*

Dear Editor,

The Council of Citizens for Blacksburg (CCB) endorses Rick Johnson for Blacksburg Town Council.

Rick Johnson is an independent candidate who will represent the interests of Blacksburg citizens, not the interests or positions of any established political party.

His platform is, first and foremost, the support of neighbors and neighborhoods, and his plan is to build community through positive change. CCB supports positive change, not the status quo, and for this reason we support Rick Johnson.

Rick's platform includes supporting neighbors and neighborhoods, respecting all citizens, creating smart affordable housing, and creating an equal

partnership with Virginia Tech. Please see Rick's website <https://www.rickjohnson2023.com/> with all his goals and motivation for running as a candidate for Blacksburg Town Council.

Rick is an experienced professional and retired university administrator having served as Director of Housing and Dining Services at Virginia Tech, and, most recently, he served as Associate Vice President of Student Affairs at Duke University. His community service includes serving on the Montgomery County School Board, Vice President of the Villas at Fiddlers Green Homeowners Association, and a member of the Blacksburg United Methodist Church.

Politically, Rick is an independent, with friends and neighbors that are both liberal and conservative.

He will filter all decisions through his top priority of "Supporting Neighbors and Neighborhoods".

Rick Johnson is the only candidate the CCB endorses. Although you can vote for three candidates, to ensure Rick Johnson is elected, we recommend voting only for write-in candidate Rick Johnson, and no others.

Remember, the candidates receiving the most votes will win the town council seats. With Rick Johnson winning one of those seats a strong message will be sent to the Town Council that the citizens of Blacksburg want change, not the status quo.

*Ed Hokanson*

*Rebekah Paulson*

*Council of Citizens for Blacksburg*

**RADFORD NEWS JOURNAL**

*Serving Radford since 1884*  
(540) 389-9355  
P.O. Box 1125 • Salem, VA 24153  
USPS 387-780 • ourvalley.org

---

Michael Showell, *Publisher*  
Heather Bell, *Editor*..... hbell@mainstreetnewspapers.com  
Aila Boyd, *Executive Editor*..... aboyd@ourvalley.org  
Wendi Craig, *Advertising Consultant* .....advertise@ourvalley.org

---

**Give us your view: [communitynews@ourvalley.org](mailto:communitynews@ourvalley.org)**

**To subscribe: (540) 389-9355**

Radford News Journal is a newspaper of, by and for the people of Radford. We encourage letters from our readers on topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached for verification. All letters will be verified before publication. We reserve the right to deny publication of any letter and edit letters for length, content and style.

Radford News Journal (USPS 387-780) is published twice a week for \$44 a year in the City of Radford, \$53 elsewhere in Virginia, and \$54 out of state by Virginia Media Inc., P.O. Box 429, Lewisburg, WV 24901. Periodical postage paid at Christiansburg, VA. POSTMASTER: Send address changes to RADFORD NEWS JOURNAL 1633 W. Main St., Salem, VA 24153.

## CROSSWORD PUZZLE

**CLUES ACROSS**

1. Leg shank
5. A way to recognize
11. "VeggieTales" character
12. Getting out of by cunning
16. Mythological mountain
17. Atomic #18
18. Viscous liquid
19. 2010 Denzel film
24. 12th star in a constellation
25. Made better
26. Pouches
27. Nervous twitch
28. This (Spanish)
29. Tennis legend Bjorn
30. Hand (Spanish)
31. Afrikaans
33. Int'l interpreters organization (abbr.)
34. Treated with kid gloves
38. Leaseholder
39. Frogs, toads, tree toads
40. Popular dance
43. Sailing maneuver: tack & \_\_\_\_
44. Indicates speed of rotation (abbr.)
45. Mark
49. Health insurance
50. Custom clothing brand
51. One who makes suits
53. Execute or perform
54. Degree of pleasantness when tasting
56. Equal to roughly 5.6 bushels
58. Blood group
59. Imaginary line
60. Hopeless
63. Darken
64. Spoke
65. Work units

**CLUES DOWN**

1. A way to fit out
2. Football carries
3. Force out
4. Maintaining equilibrium
5. Sealed with a kiss
6. Type of container
7. Hollywood
8. We
9. Small freshwater ducks
10. Norse personification of old age
13. Says who you are
14. Candidate
15. Sugar found in honey and sweet fruits
20. Defunct language (abbr.)
21. Take too much
22. Iranian province
23. Records electric currents
27. \_\_\_\_ and feathers
29. Beloved Mr. T character
30. More (Spanish)
31. Beverage
32. Promotional material
33. Green vegetable
34. National capital
35. To any further extent
36. Swollen, inflamed lymph node
37. Pound
38. Pound
40. Popular Yugo
41. Salt of acetic acid
42. Millihenry
44. Israeli city \_\_\_\_ Aviv
45. Make wider
46. Drink containing medicine
47. Acknowledging
48. Private, romantic rendezvous
50. Calvary sword
51. Disease of the lungs
52. 2001 Spielberg film
54. Fleshy, watery fruit
55. In one's chambers
57. Set of information (abbr.)
61. Dorm employee
62. Indicates position

## YOUR LOCAL NEWS

JUST THE WAY YOU LIKE IT!

**RADFORD NEWS JOURNAL**  
Serving Radford Since 1884

**DIGITAL ONLY**

One Year Digital Subscription  
**\$29.00**

**DIGITAL & PRINT**

Yearly Print & Digital Subscription  
**\$72.00**

**PRINT ONLY**

Yearly Print Only Subscription  
**\$46.00 Radford \$55.00 Virginia \$59.00 Out of State**

**Subscribe online at [radfordnewsjournal.com](http://radfordnewsjournal.com) or mail to address below**

### SUBSCRIPTION TO RADFORD NEWS JOURNAL

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Check Enclosed \_\_\_\_\_ or call (304) 647-5724 to pay by credit card

Mail to: Circulation Department, RADFORD NEWS JOURNAL,  
P.O. BOX 429, Lewisburg, WV 24901 or call us at (304) 647-5724.


**Marketplace**









**Auctions**



**Online Only Estate Auction of Bob and Reddie Waid**

35 E. Main Street, Fincastle, Va 24090

Bid on Sterling Silver, Coins, Confederate Currency, Antiques, Furniture, and Much More!

Bidding Ends Thursday, October 12th @ 7:30pm

Preview Wednesday, October 11th from 3-6pm

Pick-up Friday, October 13th from 2-6pm

Visit www.CircleCAuction.com to register and bid.

Contact Cody Manspile, Auctioneer at 540-784-9254 with any questions.

VA AF# 2908001046

**Wanted - To Buy**

**WANTED**  
78 RPM Phonograph Records. Local Collector large and small collections bought. (814) 979-3621

**Storage Facilities**

**Affordable Mini Storage, LLC**

1250 Lee Highway Roanoke, VA 24019  
Date: Saturday, October 14, 2023  
Time: 10:00 a.m.  
Units: E04, I04, J28, A14, CCW 37, G04  
Cash only. Buyer has 24 hours to remove items from unit.  
Cody Manspile, Auctioneer, VAL# 2907004430

**Help Wanted - General**

**Flex Support Engineer, Roanoke, VA.**

Provide customer-facing support for deployments of Twilio Flex Contact Center Program. Develop/debug apps & utilities on Twilio platform incl. Twilio Flex plugins, serverless functions, Studio flows, & other apps. Interested applicants may apply online with Vision Point Systems at https://www.visionpointssystems.com/

**WANTED**  
Models needed for life drawing class, male and female, \$60 for 3 hour session. Call David 540-473-3713

**Legals - Botetourt County**

**TRUSTEE'S SALE OF 164 KELSEY WAY, FINCASTLE, VA 24090.**

In execution of a certain Deed of Trust dated July 30, 2018, in the original principal amount of \$140,900.00 recorded in the Clerk's Office, Circuit Court for Botetourt County, Virginia as Instrument No. 180002806 . The undersigned Substitute Trustee will offer for sale at public auction in the front of the Circuit Court building for Botetourt County, Main Street, Fincastle, VA 24090 or any such temporary alternative Circuit Court location designated by the Judges of the Circuit Court on October 30, 2023, at 1:45 PM, the property described in said Deed of Trust, located at the above address, and more particularly described as follows: ALL THAT LOT AND PREMISES LOCATED IN BOTETOURT COUNTY, VIRGINIA, AND DESCRIBED AS FOLLOWS: BEGINNING AT A FENCE POST ON MELODY LANE; THENCE WITH MELODY LANE SOUTH 82 DEGREES 06' 00" EAST 93.08 FEET TO A PIPE FOUND; THENCE WITH MELODY LANE ALONG A CURVE TO THE RIGHT 189.74 FEET THE

**Legals - Botetourt County**

CHORD OF WHICH IS SOUTH 72 DEGREES 28' 30" EAST 188.85 FEET TO A POINT; THENCE CONTINUING WITH MELODY LANE SOUTH 62 DEGREES 51' 00" EAST 65.00 FEET TO AN IRON PIN FOUND; THENCE LEAVING MELODY LANE SOUTH 27 DEGREES 09' 00" WEST 280.92 FEET TO AN IRON PIN FOUND; THENCE NORTH 65 DEGREES 16' 06" WEST 321.63 FEET TO AN IRON PIN FOUND; THENCE SOUTH 64 DEGREES 55; 20; WEST 634.00 FEET TO AN IRON PIN FOUND; THENCE SOUTH 64 DEGREES 55; 20; WEST 634.00 FEET TO AN IRON PIN FOUND; THENCE NORTH 18 DEGREES 00' 25 EAST 356.00 FEET TO AN IRON PIN FOUND; THENCE NORTH 81 DEGREES 09' 00; EAST 248.08 FEET TO A POINT; THENCE NORTH 70 DEGREES 58' 00" EAST 327.17 FEET TO THE POINT OF BEGINNING CONTAINING 5.00 ACRES, MORE OR LESS, AS SHOWN AS PARCEL 1, ON PLAT OF SURVEY DATED NOVEMBER 23, 1993, BY RONALD R. CLARK, L.S., A TRUE COPY OF WHICH IS RECORDED IN THE CLERK'S OFFICE OF THE CIRCUIT COURT OF BOTETOURT COUNTY, VIRGINIA, IN DEED BOOK 449, PAGE 72. TOGETHER WITH A PERPETUAL RIGHT OF WAY AND EASEMENT OVER THE 50 FT. PRIVATE ROAD AND MELODY LANE FOR THE PURPOSE OF INGRESS AND EGRESS FROM THE LAND HEREIN CONVEYED TO STATE SECONDARY ROUTES NO. 630 AND NO. 638. LESS AND EXCEPTING THAT PARCEL CONTAINING 2.539 ACRES, CONVEYED TO ROBERT D. DYE AND DEIDRE E. MEADOR, BY DEED DATED DECEMBER 15, 2017 AND RECORDED DECEMBER 18, 2017, IN AFORESAID CLERK'S OFFICE AS INSTRUMENT NO. 170004879 AND AS SHOWN ON PLAT OF SURVEY OF RECORD IN THE AFORESAID CLERK'S OFFICE IN PLAT BOOK 61, PAGE 121. TERMS OF SALE: ALL CASH. A bidder's deposit of ten percent (10%) of the sale price or ten percent (10%) of the original principal balance of the subject Deed of Trust, whichever is lower, in the form of cash or certified funds payable to the Substitute Trustee must be present at the time of the sale. The balance of the purchase price will be due within fifteen (15) days of sale, otherwise Purchaser's deposit may be forfeited to Trustee. Time is of the essence. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled to a return of the deposit paid. The Purchaser may, if provided by the terms of the Trustee's Memorandum of Foreclosure Sale, be entitled to a \$50 cancellation fee from the Substitute Trustee, but shall have no further recourse against the Mortgagee, the Mortgagee or the Mortgagee's attorney. A form copy of the Trustee's memorandum of foreclosure sale and contract to purchase real property is available for viewing at www.bwwsales.com. Additional terms, if any, to be announced at the sale and the Purchaser may be given the option to execute the contract of sale electronically. This is a communication from a debt collector and any information obtained will be used for that purpose. The sale is subject to seller confirmation. Substitute Trustee: Equity Trustees, LLC, 8100 Three Chopt Road, Suite 240, Richmond, VA 23229. For more information contact: BWW Law Group, LLC, attorneys for Equity Trustees, LLC, 6003 Executive Blvd, Suite 101, Rockville, MD 20852, 301-961-6555, website: www.bwwsales.com. VA-358737-2.

**Legals - City of Salem**

**Notice is hereby given**

to all interested persons that the City of Salem Planning Commission, at its regular meeting on October 11, 2023, at 7:00 p.m., in the Council Chambers of City Hall, 114 N. Broad Street, in the City of Salem, Virginia, will hold a public hearing, pursuant to Sections 15.2-2204 and 15.2-2285 of the Code of Virginia, as amended, to consider approval of the following requests relative to the CODE OF THE CITY OF SALEM, VIRGINIA:  
1. Consider the request of Bruce Maxey, property owner, for the issuance of a Special Exception permit to allow a 1,200 square foot detached garage on the property located at 1862 Murrell Avenue (Tax Map # 128-1-4).  
2. Consider the request of Crystal Lowery, property owner, for rezoning the property located at 1000 Blk Ohio Ave (Tax Map # 197-1-15) from HM Heavy Manufacturing District to RSF Residential Single Family District.

Copies of the proposed plans, ordinances or amendments may be examined in the Office of Community Development, 21 South Bruffey Street, Salem, Virginia.  
At said hearing, parties in interest and citizens shall have an opportunity to be heard relative to the said requests.

THE PLANNING COMMISSION OF THE CITY OF SALEM, VIRGINIA BY: James E. Taliaferro, II Executive Secretary

**Legals - Montgomery County**

**Order of Publication**

Commonwealth of Virginia VA Code §§ 1-211.1; 8.01-316.20-104  
Case No. CL23000992-00 MONTGOMERY COUNTY Circuit Court, 55 EAST MAIN STREET, SUITE 1, CHRISTIANBURG, VA 24073 Commonwealth of Virginia, *in re* NANNIE FAY LONG, THOMAS LONG AND EDWARD LONG v. NONE  
It is ORDERED that CATHY HUGHES appear at the above-named court and protect his/her interests on or before  
OCTOBER 20, 2023 @ 8:30 AM.  
SEPTEMBER 19, 2023 ROBERT M.D. TURK, JUDGE  
TIFFANY M. COUCH, CLERK

**TOWN OF BLACKSBURG - NOTICE OF PUBLIC HEARINGS**

**BLACKSBURG TOWN COUNCIL will hold public hearings on Tuesday, October 10, 2023**  
beginning at 6:30 p.m. in the Roger E. Hedgepeth Chambers of the Blacksburg Municipal Building, 300 South Main Street, Blacksburg, regarding the following items:

Ordinance 2035: An Ordinance Rezoning 1.10± Acres of Land at 1200 Block of Airport Road from R-4 Residential to Planned Residential Zoning. This is a request to rezone approximately 1.1 acres of land from R-4 Low Density Residential to Planned Residential zoning for the development of 11 income-restricted townhomes with 33 bedrooms total in the 1200-block of Airport Road. Upon sale, the lots will become part of the community land trust to ensure permanent affordability. Also included in the development is surface parking and outdoor recreation amenities. The Future Land Use Designation for this parcel is Medium-Density Residential, which allows up to 10 units per acre, or up to 20 bedrooms per acre for multifamily uses. The request to construct 11 units/33 bedrooms (10 units/acre or 30 bedrooms per acre) represents an increase in the allowable

**Legals - Montgomery County**

bedroom density above the Future Land Use density of 20 bedrooms per acre.

Ordinance 2033: An Ordinance Vacating Portion of Public Rights-of-Way located at Airport Road. This request is related to Ordinance 2035. The request is to vacate approximately 0.22 acres of unbuilt Town-owned Right-of-Way, adjacent to land known as unbuild Airport Drive and unbuild Virginia Street. The land to be vacated would be included in the proposed Habitat for Humanity townhome development as driveway and rear yard space.

Ordinance 2036: An Ordinance Vacating a Portion of Public Right-of-Way Located at Rimrock Road. This is a request to vacate approximately 0.47 acres of Town-owned Right-of-Way known as Rimrock Drive from Research Center Drive to its termination at the Route 460 Bypass. The vacated property will be used as a private driveway to access the Blue Ridge Cancer Center.

Ordinance 2037: An Ordinance Vacating a Public Utility and Sidewalk Easement on Land Located at 2600 Research Center Drive. This request accompanies Ordinance 2036 and would vacate active public utility and sidewalk easements that currently exist adjacent to the Rimrock Drive Right-of-Way. The existing sidewalk will become private serving only this parcel and the existing fire hydrant will be removed. The ordinance will require these areas to be vacated prior to the approval of the site plan for the building and parking expansion.

CUP 23-0003: Conditional Use Permit Request for hotel use and additional height in the Downtown Commercial Zoning District at 501 South Main Street. This Conditional Use Permit request is for a hotel use and increased height above 60 feet in the Midtown Development at 501 South Main Street. The request is for a 144-room hotel in the Downtown Commercial (DC) zoning district. It is proposed to be located on the parcel known as Midtown DC Parcel 2. The height of the hotel building is proposed to be a maximum of 75 feet.

A Hotel/Motel use is permitted as a Conditional Use in the DC zoning district. The Future Land Use (FLU) is Downtown Commercial, and the proposed use is consistent with this designation.

All persons affected by or interested in the proposed items above may appear and present their views. After each public hearing, Town Council will consider action on the item. Copies of materials related to the above items are on file and can be obtained in the Office of the Town Clerk, 300 South Main Street, Blacksburg, weekdays between the hours of 8 a.m. and 5 p.m. For land use matters, copies of applications and all related items may also be found online at www.blacksburg.gov/publichearings or reviewed in person at the Blacksburg Planning and Building Department, 400 South Main Street, Blacksburg, Virginia. Individuals with disabilities who require special assistance to attend and participate in this meeting should contact Lorraine Spaulding, Town Clerk at (540) 443-1025 or 443-1000 (voice or TDD).

**TOWN OF CHRISTIANBURG, VIRGINIA THE CONSOLIDATED ANNUAL PERFORMANCE AND EVALUATION REPORT (CAPER)**

The Town of Christiansburg, as a recipient of Community Development Block Grant (CDBG) funding, is required by the U.S. Department of Housing and Urban Development (HUD) to prepare the 2022 Consolidated Annual Performance and Evaluation Report (CAPER). The CAPER is an evaluation and

**Legals - Montgomery County**

performance report detailing accomplishments toward meeting the goals outlined in the 5-year Consolidated Plan. The CAPER compares the actual performance measures with those measures listed in the 2022 Annual Action Plan. Public Comments will be received through Monday, November 6, 2023.

**PUBLIC MEETING AND PUBLIC HEARING**  
Town Staff will hold a public meeting on Wednesday, October 18, 2023 at 5:30 PM in the Admin Conference Room, Christiansburg Town Hall, 100 E. Main Street to provide an opportunity for any interested citizens to discuss the plan with Staff. Town Council will hold a public hearing on Tuesday, October 24, 2023 at 7:00 PM in the Council Room, Christiansburg Town Hall, 100 E. Main Street to receive comments on Council's intention to adopt the 2022 CDBG CAPER.

A draft copy of the 2022 CDBG CAPER is available for review and may be viewed in the Office of the Town Manager, Town of Christiansburg, 100 E. Main Street during normal office hours of 8:00 a.m. - 5:00 p.m. Monday through Friday. In addition, a draft electronic copy is available on the Town's Web Site. A copy is also available for review at the Christiansburg branch of the Montgomery-Floyd Regional Library located at 125 Shelman Street. Any interested party whose participation in this meeting would require reasonable accommodation of a handicap or language services should contact Andrew Warren at (540) 382-6128 ext. 1130 or by e-Mail at [awarren@christiansburg.org](mailto:awarren@christiansburg.org).

**Legals - Town of Vinton**

**TOWN OF VINTON NOTICE OF PUBLIC HEARING**

Pursuant to the provisions of Section 15.2-1800 (B), of the 1950 Code of Virginia, as amended,

the Town Council of the Town of Vinton, Virginia, gives notice of a public hearing to be held on Tuesday, October 17, at 6:00 p.m., or immediately thereafter, in the Council Chambers of the Vinton Municipal Building, 311 South Pollard Street, Vinton, Virginia.

The purpose of the public hearing is to receive public comments concerning the proposed

granting of a lease to The Vinton Historical Society of certain Town property located at 210 East Jackson Avenue, identified as 060.16-03-15.00-0000 (Vinton History Museum) in the Town of Vinton, Virginia, said lease to be for one eight (8) month period with the option

to renew the lease for up to four (4) additional one (1) year renewal terms.

A complete copy of the proposed Lease, Resolution, and additional information concerning this public meeting is available in the Town Manager's Office, located in the Vinton Municipal Building, (540) 983-0607. Persons requiring special assistance to attend and participate at this public meeting should contact the Town Manager's office at (540) 983-0607.

Antonia Arias-Magallon Town Clerk

**MAKE AN "A" IN ADVERTISING!**

To place your ad, call 389-9355



**STATEWIDE ADS STATEWIDE ADS**

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE STEP WALK-IN TUB**

**1-877-591-9950**

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082989 0083445

**Make the smart and ONLY CHOICE when tackling your roof!**

**ERIC Metal Roofs** **FREE ESTIMATE 1.844.902.4611**

**Limited Time Offer! SAVE! UP TO 50% OFF ON YOUR INSTALLATION + TAKE AN ADDITIONAL 10% OFF**

Expires 12/31/2023

**PROTECT WHAT MATTERS MOST**

Whether you are home or away, protect what matters most from unexpected power outages with a Generac Home Standby Generator.

**SO MONEY DOWN + LOW MONTHLY PAYMENT OPTIONS**

Contact a Generac dealer for full terms and conditions

**REQUEST A FREE QUOTE CALL NOW BEFORE THE NEXT POWER OUTAGE**

**(844) 947-1479**

**FREE 7-year Extended Warranty\* - A \$735 Value!**

**GENERAC**

**Jacuzzi**

**BATH REMODEL**

**SPECIAL OFFER**

**YOUR BATHROOM. YOUR WAY. IN AS LITTLE AS ONE DAY**

**CALL NOW 877.460.5348**

**Waiving All Installation Costs\***

\*Add'l terms apply. Offer subject to change and vary by dealer. Ends 12/31/23.

**LeafFilter CLOG-FREE GUTTERS FOREVER**

**EXCLUSIVE LIMITED TIME OFFER!**

**15% OFF + 10% OFF + 0% OFF**

**Promo Code: 285**

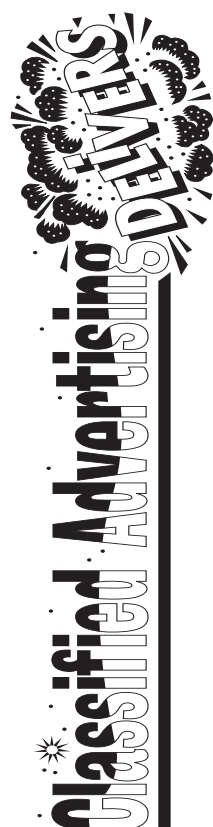
**1-877-614-6667**

**CALL US TODAY FOR A FREE ESTIMATE**

**BAG**

**A GREAT DEAL IN THE CLASSIFIEDS!**

To place your ad, call 389-9355



**STATEWIDE ADS**

**AUCTIONS**  
**ATTN. AUCTIONEERS:** Advertise your upcoming auctions statewide and in other states. Affordable Print and Digital Solutions reaching your target audiences. Call this paper or Landon Clark at Virginia Press Services 804-521-7576, landonc@vpa.net

**HOME IMPROVEMENT**

Now Offering Financing! Ronnie Jenkins II Windows, Siding, Roofing and Gutters! FREE Estimates! Call 804-739-8207 for More Details! American Made Products!

**STATEWIDE ADS**

Jacuzzi Bath Remodel can install a new, custom bath or shower in as little as one day. For a limited time, we're waiving all installation costs! (Additional terms apply. Subject to change and vary by dealer. Offer ends 9/30/23) Call 1-877-460-5348

Prepare for power outages today with a GENERAC home standby generator. \$0 Money Down + Low Monthly Payment Options. Request a FREE Quote. Call now before the next power outage: 1-844-947-1479

Replace your roof with the best looking and longest lasting material steel from Erie Metal

**STATEWIDE ADS**

Roofs! Three styles and multiple colors available. Guaranteed to last a lifetime! Limited Time Offer – up to 50% off installation + Additional 10% off install (for military, health workers & 1st responders.) Call Erie Metal Roofs: 1-844-902-4611

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 20% off Entire Purchase. Plus 10% Senior & Military Discounts. Call 1-877-614-6667

The bathroom of your dreams for as little as \$149/month! BCI Bath

**STATEWIDE ADS**

& Shower. Many options available. Quality materials & professional installation. Senior & Military Discounts Available. Limited Time Offer - FREE virtual in-home consultation now and SAVE 15%! Call Today! 1-844-945-1631

Safe Step. North America's #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1-877-591-9950

**SERVICES**

**DIVORCE-Uncontested**

**STATEWIDE ADS**

ed, \$475+\$86 court cost. WILLS-\$295.00. No court appearance. Estimated completion time twenty-one days. Hilton Oliver, Attorney (Facebook). 757-490-0126. Se Habla Espanol. BBB Member. https://hiltonoliverattorneyva.com.

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 888-608-4974

FREE high speed internet for those that qualify. Government program for recipients

**STATEWIDE ADS**

of select programs incl. Medicaid, SNAP, Housing Assistance, WIC, Veterans Pension, Survivor Benefits, Lifeline, Tribal. 15 GB internet service. Bonus offer: Android tablet FREE with one-time \$20 co-pay. Free shipping & handling. Call Maxsip Telecom today! 1-855-970-1995

**DENTAL INSURANCE** from Physicians Mutual Insurance Company. Coverage for 350 plus procedures. Real dental insurance - NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-888-550-3083 www.dental50plus.com/virginia #6258

# BUSINESS SERVICES DIRECTORY

**540 404-9598**  
 1002 APPERSON DR • SALEM, VIRGINIA 24153  
 WWW.DRTOMFAME.COM

**ROANOKE'S #2 NEWS TALK AND SPORTS RADIO STATION**  
 (Nielsen Fall 2022 book)  
 www.foxradioroanoke.com  
 (540) 343-7109

**Lisa Martin, REALTOR®**  
 Serving the industry for 30+ years  
 Roanoke Valley & Blue Ridge Mountains  
**Premier, REALTORS**  
 (540) 597-0480  
 Lisa@Lisa2buy.com • www.Lisa2buy.com  
 1638 Roanoke Road, Suite 101  
 Daleville, VA 24083  
**BERKSHIRE HATHAWAY HomeServices**  
 A member of the franchise system of BHH Affiliates, LLC

**Craig County Health Center**  
 226 Market Street - New Castle, VA  
 Phone: (540) 864-6390 Fax: (540) 864-6356  
 \*Physical Exams \* X-ray Services  
 \* Laboratory Services \* Acute Care  
 \*Mental Health Services \* Well Baby Checks  
**ACCEPTING NEW PATIENTS**

**CARPET RE-STRETCHING!**  
**STEVEN W. DURRANCE FLOORS**  
 Repairs • New Sales • Expert  
**540-776-9591**  
**Cell: 540-353-7908**  
 Licensed & Insured  
 carpetroanoke.com

**Sunflooring Inc. STEVE SMITH**  
 With over 40 years of experience  
 Specializing in Hardwood Floors, Hardwood Refinishing, Laminate Flooring, Engineered Floors, Ceramic Tile, Carpet and Luxury Vinyl Plank  
**540-556-3100**

**ADVERTISE HERE!**  
 To place your ad, call 540-389-9355

**WE BUY COIN COLLECTIONS**  
 Top money paid  
 FREE estimates

**EADES & LOWER INSURANCE**  
 5007 Carriage Dr., Suite 100  
 P.O. Box 21483  
 Roanoke, VA 24018  
**SHERRI STINETTE HOLT**  
 INSURANCE AGENT  
 Cell (540)819-9179 • Office (540)981-1124  
 Fax (540) 981-1266  
 sherri@eadesandlower.com  
 www.eadesandlower.com  
 AUTO | HOME BUSINESS | LIFE

**Residential and Commercial Construction**  
 540-966-0688  
 PO Box 630  
 Daleville, VA 24083  
 www.southerntracellc.com

Contact us at  
**540-988-2420**

**Windy Ridge Tree & Mulching Service**  
 Contact us today for a free quote!  
 540-473-5176  
 ficastletreedr@gmail.com  
 windyridgetreedr.com

Serving the Greater Botetourt & Roanoke Valley communities with all your real estate needs for residential, commercial, construction with MLA services, Assist with 1031 Real Estate Exchanges, Purchases, Refinances and More!!!!  
 Call Loretta, Debbie or Kristi for your next move!  
**540-966-1260**  
 1215 Roanoke Road, Daleville

**SENIOR FOR SENIORS**  
**PAINTING & RESIDENTIAL MAINTENANCE**  
 Cell: **540-293-4271**

**BAG**  
 A GREAT DEAL IN THE CLASSIFIEDS!  
 To place your ad, call 389-9355

**ADVERTISE With us**

Place your ad here, call 276-340-2445

Want to keep up with local news, sports and events?  
 SUBSCRIBE TODAY • Call (540) 389-9355

# RADFORD SPORTS

## From the gridiron: Radford only area unbeaten after win over Glenvar

**Marty Gordon**

*NRVsports@ourvalley.org*

Radford High School continued its dominance and remained unbeaten with a 36-3 win on Friday over Glenvar.

Landon Clark was 16 of 20 through the air for 149 yards and two touchdowns. He also rushed for another score.

J.D. Grubb rushed 11 times for 105 yards, while Clark added 41 yards on the ground.

Max Kanipe caught four passes for 71 yards with a touchdown as Clark connected with two others for touchdowns.

But it was on the defensive side of the ball that Clark proved to be the difference, intercepting two Glenvar passes. Luke Woodard also picked off another for the defense.

The win pushed Radford to 6-0 and probably secures the top seed in Region 2D as the points standings were set to be released this week.

The story was a little different for the area's other unbeaten.

Riverheads (4-1) kicked a 27-yard field goal with no time on the clock to pull out a 24-21 victory Friday night over Christiansburg (5-1). Zac Burton nailed the kick straight between the posts as Riverheads rallied from 21-7 halftime deficit. The defending Class 2 state champion, Riverheads, rushed for 264 yards with none through the air.

QB Tanner Evans led Christiansburg with 20 carries for 139 yards. Matt Annis added 63 yards on nine carries, while Issaih Cotto rushed six times for 23 yards. Evans was six of nine on passing for 58 yards and an interception.

an interception.

Evans rushed twice for scores from 49 and 10 yards, both in the first half, while throwing another one to Donovan Robinson for a 27-yard touchdown.

The Virginia High School League will release its first points standings on Tuesday, and Radford should be the leader in the region. Christiansburg will be in the Top 4 in Region 3D.

A note from the Riverheads game: Christiansburg isn't the only school having problems with lights in the stadium. Riverheads lost a bank of lights shortly before the start of the game in the left corner of an endzone. School officials allowed the lights to remain out for the entire length of the contest.

Three weeks ago, Christiansburg lost a visitor's side light pole go black and had to bring in extra mobile lights.

Riverheads (4-1) kicked a 27-yard field goal with no time on the clock to pull out a 24-21 victory Friday night over Christiansburg (5-1). Zac Burton nailed the kick straight between the posts as Riverheads rallied from 21-7 halftime deficit, scoring on a 11-yard run by Cade Cook-Cash and a 5-yard run by QB Ethan Mulcahy. The Riverheads defense held Christiansburg to 36 yards through the air and 44 yards on the ground in the second half.

The defending Class 2 state champion, Riverheads, rushed for 264 yards with none through the air.

QB Tanner Evans led Christiansburg with 20 carries for 139 yards. Matt Annis added 63 yards on nine carries, while Issaih Cotto rushed six times for 23 yards. Evans was six of nine on passing for 58 yards and an interception.

Evans rushed twice for scores from 49 and 10 yards,

both in the first half, while throwing another one to Donovan Robinson for a 27-yard touchdown.

Cade Cook-Cash, who was playing for the first-time in three weeks, rushed 21 times for 112 yards. Austin Roberts added 12 carries for 58 yards, and Jonathan Talbot rushed 14 times for 95 yards.

Player of week: Radford QB Landon Clark who played well on both sides of the ball this week in a win over Glenvar.

Area Top Five: 1) Salem, 2) Radford, 3) Christiansburg, 4) Glenvar, 5) Narrows.

Games this week:

Blacksburg at Christiansburg

Blacksburg, who had an open date this past week, has won two games this season, which is more than the past two years combined.

Prediction: Christiansburg 38, Blacksburg 20.

Auburn at Bath

Auburn is hoping to stay healthy at the midway point of the season. Bath come into the contest 5-0 with its latest win being 63-28 over Roanoke Catholic.

Prediction: Bath 38, Auburn 16.

James River at Radford

James River is coming off 14-0 loss to Carroll County and fell to 3-3 on the season. The team has allowed an average of 24 points per game this season. Radford is averaging 43 points on the offensive side of the ball while only giving up eight points.

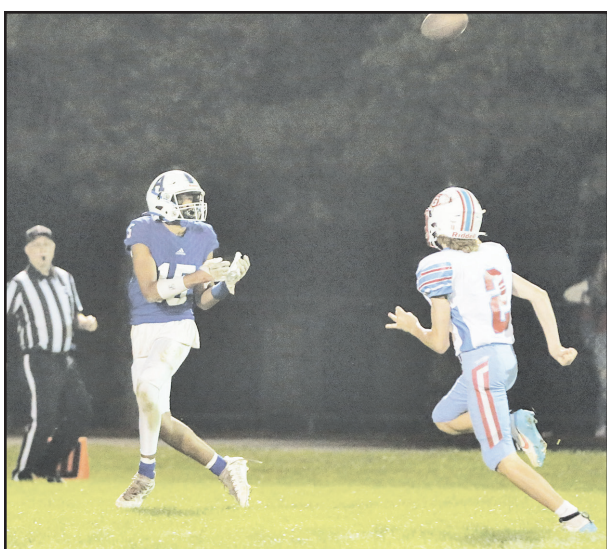
Prediction: Radford 34, James River 7.

Eastern Montgomery at Craig

Craig is 2-2 including a 54-18 loss to Auburn, while Eastern Montgomery is 1-4.

Prediction: Eastern Montgomery 20, Craig 14.

## Auburn falls to Giles on Homecoming



Issac Wayne brings in the catch that would give Auburn their first score of the night, but Giles would take the 63-21 Friday night win.



Austin Stump runs up the middle for Auburn during Friday night's Homecoming contest against Giles. He also threw a half back pass to Issac Wayne for a 50-yard touchdown.



Talon Mower holds the ball for Auburn kicker Katie Light.

PHOTOS BY ASHLEY AKERS



FILE PHOTO

Fresh off a win in Houston on the American Junior Golf Association tour, Blacksburg's Jake Albert recorded a 64 at Blacksburg Country Club to lead the Bruins to a team win in a district tournament in September.

## Albert to Auburn University for golf, Blacksburg wins sub-region tourney

**Marty Gordon**

*NRVsports@ourvalley.org*

Blacksburg High School golfer Jake Albert has announced plans to continue his career at Auburn University.

Albert, who is only a junior, is currently ranked 17th in the American Junior Golf Association after picking up a win at the recent Jack Burke Jr. Invitational and 18th at the Junior Players Championship presented by Rolex. The 16-year-old also finished third earlier this year at the Will Lowery Junior Championship.

His biggest accolade was last year as the national champion at a high school golf national invitational at Pinehurst, N.C. Albert's 10-under for the three-day, 54-hole event was the lowest score in the tournament's history. He finished the event with 16 pars.

The invitation-only tournament field featured more than 330 of the top high school boys' golfers from across the country. They had each won their respective state championships as a team or as individuals.

Albert would also finish one-hole out in the 2023 VSGA Amateur Championship for second place.

In 2022, Blacksburg was led by Albert, who shot a 4 under par 68 to finish as the

State Individual Runner-up as the Bruins took the state title.

This past season was one of the best in the 75-year history of the Auburn University men's golf program as the Tigers finished 10th at the NCAA Championships. This is the school's third top-10 national placement of the last five championships. Auburn will be looking to reload as six golfers will leave the program this Spring.

Last week, the team, which is ranked #4 in the country, captured its second consecutive tournament title with a 3-2 defeat of No. 7 Vanderbilt at the SEC Fall Preview.

Albert's team, Blacksburg High School, took a Class 4D sub-region competition on Saturday and advanced to the overall region match slated for Tuesday and are primed to defend their state title.

In other region high school golf action from this past week:

Christiansburg's Josh Cummins shot a 69 to finished tied for medalist honors in Region 3D but lost in a playoff round to Richard Hearp of Hidden Valley. Christiansburg finished fifth in the team standings.

Auburn would finish in the runner up position in Region 1C and Eastern Montgomery was third. Galax took the team title.

## Hokies excel at 19th Asian Games

The 19th Asian Games took place from Sept. 24-29 at the Hangzhou Olympic Sports Centre Aquatic Sports Arena with two Hokies competing. Alumnus Ian Ho represented Hong Kong and current Tech sophomore Tanish George Mathew represented India.

With a stellar performance in the 50 freestyle, Ho clinched his first international podium finish. He placed second with a time of 21.87.

George Mathew left the Asian Games with two Indian national records. The first one was in the 4x100 freestyle relay. The team placed sixth with a time of 3:21.22; George Mathew's split time was

49.97. The second Indian national record was in the 800-freestyle relay. The team placed seventh with a time of 7:29.04; George Mathew's split time was 1:51.13. In his other events, George Mathew placed fifth in the 400-medley relay and 12th in the 100 freestyle.

The Asian Games is a multi-sport event that is held every four years with athletes across Asia. There are over 60 events competed throughout the event. In addition to swimming and diving, other events include archery, baseball, chess, karate, sailing and table tennis.

Virginia Tech Athletics

## Hokies volunteer to help feed children



PHOTO COURTESY OF THE HOKIE WAY

In early August, baseball's Carson DeMartini, women's soccer's Victoria Haugen, Tori Powell, Lauren Gogel, and Alia Skinner, and wrestling's Bryce Andonian of Virginia Tech participated in the Kid's Farmers Market. The event was a collaboration between Feeding Southwest Virginia and Boys and Girls Clubs of Southwest Virginia. The Kids' Farmers Market Program (KFM), a pop-up interactive experience organized by Feeding Southwest Virginia, provides free produce and vital nutrition education to children from families facing financial constraints or limited access to fresh produce.

**NEW RIVER**  
Community College

# PICKLEBALL

## -Tournament-



Register Here  
  
 SCAN ME

**Per Player \$25**  
Includes t-shirt!

**ALL LEVELS ARE WELCOME**

**SUPPORTING RADFORD ACCE**  
**OCTOBER 21, 9A.M.**

Radford Pickleball Courts at Bisset Park

Contact us:  
**540-674-3608**  
kpelkey@nr.edu

## Free Solar open house and electric vehicle showcase at Warm Hearth Village

Warm Hearth Village (WHV) retirement community and the Sustainable Blacksburg nonprofit community organization are supporting a solar event and home solar demonstration as part of the American Solar Energy Society's National Solar Tour on Saturday, Oct. 7, 10 a.m.- 2 p.m., at the WHV Village Center, 2387 Warm Hearth Dr., Blacksburg.

The event will showcase solar technologies, home energy efficiency analysis and passive solar home design, as well as electric powered vehicles, bikes, trikes and personal mobility devices. Exhibitors include local solar installers, homeowners, energy efficiency evaluation and building experts, electric vehicle owners and community organizations working to encourage the use of these technologies. Attendees can also learn about how the Inflation Reduction Act can help fund part of renewable energy projects.

Bill Baker, the primary organizer for the event, was the first WHV resident to install solar panels on his home in 2015. Since then, 15 of his neighbors have gone solar such that 30% of homes in the neighborhood now have solar panels.

Baker's 31 panels provide most of his home's electricity needs and he estimates that through energy savings

and renewable energy credits he will recover his investment within 10 years. In addition, more homebuyers are recognizing the value of solar panels to reduce their energy costs. Baker and other WHV residents also appreciate being able to reduce their carbon footprint as a legacy for the next generation.

In addition to the exhibitors at the WHV Village Center, Baker's home will also be on the tour and attendees will be able to see his solar panels, battery electric vehicle (BEV) charger and energy monitoring system as well as plans for energy storage. Light refreshments and a water bottle refill station will also be available at Baker's home.

Although other homes in Warm Hearth Village will not be available for touring, many other solar arrays are visible in the community and homes with solar will have identifying markers on that day.

Exhibitors planning to be at the open house include Baseline Solar, Citizens Climate Lobby, Shelter Alternatives, Solar Connexion, Solar Holler, Solar United Neighbors, Sustainable Blacksburg, Warm Hearth Village Solar Owners, and more to come.

*Submitted by Sustainable Blacksburg*

## Brain from page 1

less Alzheimer's disease-related brain pathology. Moreover, those with the highest intake of total carotenoids or lutein/zeaxanthin over a decade had 50 percent lower risk for Alzheimer's disease.

### Correlation between carotenoids and brain protection

Although studies had strongly implicated the possibility that carotenoids may protect the brain against damage contributing to Alzheimer's disease, there has been no evidence that brain carotenoids correlated with the disease. The Dorey-Craft report in the June issue of the

Journal of Alzheimer's Disease has filled that gap.

In a study of carotenoids in brains with and without Alzheimer's disease brain pathology, the Dorey-Craft team demonstrated that brains with Alzheimer's neuropathology have significantly lower levels of lutein, zeaxanthin, and lycopene and tocopherols. Concentrations of lycopene, zeaxanthin, and retinol were half those found in age-matched brains with no Alzheimer's disease pathology.

### Diagnosing and limiting future Alzheimer's disease

This new evidence of selective carotenoid and tocopherol deficiencies in the brains of subjects with Alzheimer's disease adds further support to the growing evidence that a greater dietary intake of carotenoids may slow cognitive decline prior to — and possibly following — a diagnosis with Alzheimer's disease.

Research also has shown that the retina selectively accumulates lutein and zeaxanthin from the diet, forming visible yellow macular pigment that enhances vision and protects photoreceptors. By noninvasively measuring patients' macular pigment optical density, researchers can estimate the concentration of lutein and zeaxanthin in the brain.

"Recent advances in new therapies for Alzheimer's disease show exciting promise as an effective way to slow disease progression," Dorey said. "I'd be thrilled if our data motivated people to keep their brains in optimum condition with a colorful diet with abundant carotenoids and regular exercise. Available studies suggest this may also reduce risk for dementia."

*Josh Meyer for Virginia Tech*

## Pain Clinics from page 1

"We face a moment in our country where more than 100,000 of our fellow Americans die each year from drug overdoses," United States Attorney Christopher R. Kavanaugh said. "We must do all we can to support those battling addiction disorders and prosecute those who prey on this disease."

"My office's commitment to holding bad actors accountable for their role in exacerbating the opioid epidemic remains unyielding. With the support of our federal partners, Virginia will continue to prosecute those who take advantage of their fellow citizens for their own selfish benefit, decimating lives in the process," said Attorney General Jason Miyares.

"Our top priority is combatting the current fentanyl-fueled poisoning crisis and related violence in our communities, especially because many of the people who died from fentanyl had no idea they have even taken it. Healthcare providers are responsible for prescribing and dispensing medications to meet the health needs of our citizens, while being vigilant for any signs of controlled substance diversion or misuse. Our team is committed to protecting all Americans' safety and health, including ensuring that all licensed professionals comply with the law and report dangerous behaviors," said Jarod Forget, Special Agent in Charge of the DEA Washington Division.

"Health care professionals who exploit opioid addiction for their own financial gain do so at the risk of endangering their patients as well as undermining federal health care programs and public health efforts to address the opioid epidemic," said Maureen Dixon, Special Agent in Charge with the U.S. Department of Health and Human Services, Office of the Inspector General. "We will continue

working with our law enforcement partners to ensure that bad actors are held accountable for such egregious disregard for patient safety and well-being."

The indictment alleges that Adams permitted medical providers who lacked DEA registration numbers to use the registration numbers of others. She did so by instructing employees to continue to use the registration numbers of doctors who were not present and by assisting in making payments to doctors who were not present for the use of their registration numbers.

Adams was aware when clinic employees knowingly wrote prescriptions for Schedule II and Schedule III controlled substances to patients who exhibited warning signs of drug abuse, drug addiction, and drug diversion.

In addition, Adams allowed employees who lacked medical training, experience, and licensing to provide medical treatment and to make and influence medical decisions.

Adams was initially arrested in South Carolina in early September on a criminal complaint.

The Drug Enforcement Administration, the U.S. Department of Health and Human Services — Office of the Inspector General, the Virginia State Police, and the Virginia Attorney General's Office - Medicaid Fraud Control Unit are investigating the case. Assistant U.S. Attorneys S. Cagle Juhan and Jason M. Scheff, and Special Assistant U.S. Attorney Janine M. Myatt, Assistant Attorney General with the Virginia Attorney General's Office, are prosecuting the case.

*United States Attorney's Office, Western District of Virginia*

**CROSSWORD ANSWERS**

C	R	U	S	S	A	L	U	T	E				
L	U	N	T	W	E	A	S	E	L	I	N	G	
O	S	S	A	A	R	A	L	D	O	L			
T	H	E	B	O	O	K	O	F	E	L	I	M	U
H	E	A	L	E	D	S	A	C	S	T	I	C	
E	S	T	E	B	O	R	G	M	A	N	O		
				T	A	A	L	S	P	A	R	E	S
B	A	B	I	E	D	L	E	S	S	E	E		
A	N	U	R	A	S	A	M	B	A				
G	Y	B	E	T	A	C	H	D	E	N	T		
H	M	O	S	E	N	E	T	A	I	L	O	R	
D	O	P	A	L	A	T	A	B	I	L	I	T	Y
A	R	D	E	B	A	B	A	X	I	S			
D	E	S	P	E	R	A	T	E	T	I	N	T	
				O	R	A	T	E	D	E	R	G	S

## ONLINE AUCTION

Ends Wednesday, October 18th @ 3 PM

Wooded Land for Sale at Auction in Blacksburg VA

4262 & 4180 Pandapas Pond Rd., Blacksburg, VA 24060

Bid Now at [VAAuctionPro.com](http://VAAuctionPro.com)



OFFERING #1



OFFERING #2

Discover an exceptional real estate opportunity! We present 2 distinct tracts of land available for purchase through online auction. The properties are located along Route 460 between Blacksburg and Pembroke VA. Whether you are seeking a commercial venture or recreational escape, these properties have it all!

**OFFERING #1** – +/- 35 acres  
 This offering boasts a generous 35 acres of all wooded land. Property provides a canvas for your vision and great visibility from Route 460. This spacious tract offers versatility for various land uses, from commercial development to recreational activities. Its proximity to the bustling community of Blacksburg makes it an enticing choice for businesses looking to be near Virginia Tech.

**OFFERING #2** – +/- 52.5 acres  
 This offering boasts a remarkable 52.5 acre parcel of mostly wooded land. There is a small cleared section that fronts on Pandapas Pond Rd. Property has great visibility from Route 460. The wooded acreage provides privacy and tranquil environment. It adjoins the Jefferson National Forest. The property features a well, which provides suitability for various purposes, including potential commercial development or a secluded recreational retreat. There is a cellular tower on this offering. Refer to survey in Bidder Packet for exact location on easement to cell tower.

**CONTACT – Auctioneer Matt Gallimore at 540-239-2585 or email [gallimore.matt@gmail.com](mailto:gallimore.matt@gmail.com).**  
 You can also contact Realtor Booie DeHart at 276-952-5061 or email [booied@yahoo.com](mailto:booied@yahoo.com)

102 S. Locust Street, Floyd, VA 24091 (540) 745-2005 [VAAuctionPro.com](http://VAAuctionPro.com) Lic# 2907004059

 **Blue Ridge Land & Auction Co., Inc.**

## ONLINE AUCTION

Ends Thursday, October 26th at 4 PM

Wooded Tract of Land for Sale in Christiansburg VA

TBD Mud Pike Rd., Christiansburg, VA 24073

Bid Now at [VAAuctionPro.com](http://VAAuctionPro.com)



Check out this great opportunity to own a large tract of land just outside the Town of Christiansburg in Montgomery County. This +/- 5.13 acre property features public utilities and a newly completed survey. It has over 485' of frontage on Mud Pike Rd. The tract is mostly wooded. A1 zoning gives property multiple potential uses.

**Terms** - 10% Buyer's Premium will be added to final high bid to arrive at contract price. Earnest Money Deposit of \$5,000 required on day of sale. Close on or before December 11th, 2023. Subject to seller confirmation. Property sold as is, where is with any and all faults. Buyer is expected to complete their own due diligence placing a bid. Please note that during the last two minutes of bidding, if a new bid is placed, the clock is automatically extended an additional two minutes. Be sure to register to bid early to ensure you receive notifications regarding any changes to the Auction, Bidder Packet and/or Pre-Auction offers received. Download Bidder Information Pack for complete terms and conditions, purchase contract and maps at [VAAuctionPro.com](http://VAAuctionPro.com).

**CONTACT - Auctioneer Matt Gallimore at 540-239-2585 or email [gallimore.matt@gmail.com](mailto:gallimore.matt@gmail.com)**

102 S. Locust Street, Floyd, VA 24091 (540) 745-2005 [VAAuctionPro.com](http://VAAuctionPro.com) Lic# 2907004059

 **Blue Ridge Land & Auction Co., Inc.**