Hydrant painting contest winners announced

By Sarah Richardson

Lewisburg in Bloom has announced the winners of their fire hydrant painting contest. Sponsored by the Lewisburg in Bloom Committee, members of the public were encouraged to submit designs for fire hydrants last month, and painted their designs several weeks ago. A voting contest for the most "likes" was held on the Lewisburg in Bloom's Facebook page to select the following winners:

1st Place - \$100: Sandra Schmocker - Carnegie Fa-

People's Choice Award - \$65: Susannah Robinson Crows and Accordion

Spirit of Lewisburg Award - \$65: Karen Cohen - Lovely Day

2nd Place - \$50: Christi Proctor - WV Flowers 3rd Place - \$40: Au-

driannah Nobel - Cherry Blossoms 4th Place - \$35: Stepha-

nie Mooney - Night and Day, Moths, and Butterflies 5th Place - \$30: Abel

Nobel - Red, White, and Blue Flag 6th Place - \$25: Aman-

da Butler - Mosaic 7th Place - \$20: Karen

Cohen - Universe Unfold-

"All of the hydrants are beautiful and make a great addition to the downtown Lewisburg area. Thank you to all of the artists," said Shannon Beatty, Lewisburg in Bloom Coordinator. "The Lewisburg in Bloom Committee is so pleased with all of the beautiful hydrants that were painted for the contest. They really brighten up downtown."

To see photos of each entry, visit the Lewisburg in Bloom Committee Facebook page.

Nature's Way By Karen Cohen on page 4



Visit us at www.mountain messenger.com **Inside This Week** Number of Sections: 1

CENERAL

GENERAL
Briefly 3
Business 9
Club & Church 5
Classified 7
For the Record 3
Obituaries 6
Opinion4

ENTERIALIMENT	
Steppin' Out 8	
Sudoku Puzzle 8	
Dining Guide 8	





Sandra Schmocker's hydrant, Carnegie Façade, was the first place winner. It is located at the intersection of Church Street and McElhenny Road.



Amanda Butler showcases her hydrant, Mosaic.

Healing Appalachia returns to State Fairgrounds

By Adam Pack

For the first time in two years, the Healing Appalachia music festival will be returning to the West Virginia State Fairgrounds. The festival is a fundraising and awareness-raising effort for Hope in the Hills, a nonprofit organization dedicated to ending the opioid crisis in West Virginia and Appalachia at large. The organization, founded in 2016, hosted the first healing Appalachia Festival in 2018 with great success. With a two year sabbatical due to COVID restrictions, the festival will be back in town this year boasting a roster consisting of Tyler Childers, Margo Price, Arlo McKinley, Lucero, Lost Dog Street Band, The Vince Herman Band, TK & The Holy Know-Nothings, Jeremy Pinnell, Buffalo Wabs & The Price Hill Hustle, Tommy Prine, and Laid Back Country Picker.

The two-day festival will be held on Sept. 23 and 24, with camping and RV parking available. Tickets available for purchase at the State Fair of West Virginia's website, a link to which can be found on Healing Appalachia's Facebook page. Camping passes and information can also be found on the organization's Facebook page and are available through Etix.



For the first time in two years, the Healing Appalachia music festival will be returning to the

Baldwin convenes school safety task force

West Virginia State Fairgrounds.

On July 6, Senator Stephen Baldwin convened the first meeting of the Greenbrier School Safety Task Force. "In tough times, our community has always worked together. Whether it was the derecho, the flood, or COVID, we all came together to protect our community. After talking with several of you after the school shooting in Uvalde, Texas, it was clear we needed to begin a task force to

protect our kids here locally." The task force includes law enforcement, schools, health care providers, and non-profits. Members include Seneca Health Services' Marcie Vaughan and Monica Bowyer, Communities in Schools Director Brittany Mas-

ters, GCS Superintendent Jeff Bryant and Vince Deeds, Rainelle Medical Center's Director of School-Based Health Terra Skaggs, and Sheriff Bruce Sloan along with his leadership team.

The first meeting took inventory of all ongoing school safety and mental health programs available at the county's schools. Agencies communicated their needs, which range from local volunteers to state law changes to fed-

eral funding. "I'm proud of the comprehensive approach

our local professionals are taking. Each and

every day, they are nurturing and protecting

our students," said Senator Baldwin after the meeting. "We as a community now need to do our part to support their efforts by getting involved. I have reached out to all five counties in my district to offer this same support."

The task force will meet again in early August to discuss new and standing programs requiring community participation. "School safety is a community responsibility. We look forward to sharing ways everyone in the greater Greenbrier Valley can be part of this effort for our students."

Contact Senator Stephen Baldwin at 304-404-4207 or stephen.h.baldwin@gmail.com

Communities in Bloom judges to visit Lewisburg this week

Community Clean-Up scheduled for July 11

The City of Lewisburg is participating in the 28th Edition of Communities in Bloom in the International Challenge Small category, along with Dauphin MB, Canada; Ingria, Italy; Glaslough, Ireland; Sussex NB, Canada; and Velika Polana, Slovenia.

The communities will be rated from 1 to 5 Blooms, based on the scoring obtained. Also, they will aim to obtain Bronze, Silver, or Gold levels in their 5-Bloom rating.

The Communities in Bloom judges, Susan Ellis from Pembroke, ON Canada and Alex Pearl from Centreville, Ohio, will be evaluating Lewisburg on July 12, 13, and 14. The City would like to remind all businesses and residents to tidy up their property before the judges arrive, and will be holding a Community Clean-Up Day on Monday, July 11, from 8:30 a.m. to 11 a.m. Please bring gloves, trimmers, or a trowel to use.

The National and International results will be announced in Victoria, British Columbia from Oct. 20 to 23, during the National Symposium on Parks and Grounds and the National and International Awards celebrating "Year of the Garden." This is sure to be a lively event as it'll be the first in-person Symposium by CiB since 2019, following two years of virtual awards ceremonies, virtual judging consultations and virtual webinars.

Communities in Bloom is a Canadian nonprofit volunteer and partnership-driven organization that uses a multi-tiered competitive evaluation process to foster community strength, involvement, and continuous improvement. This is accomplished by nurturing environmental sustainability, enhancements of green spaces, and heritage conservation in cultural and natural environments encompassing municipal, residential, commercial, and institutional spaces.

Our vision is to inspire all communities to enhance the quality of life and our environment through people and plants to create community pride. "Growing Great Places Together" is our slogan, and it captures the essence of the program.

All those involved in the Communities in Bloom program can be proud of their efforts, benefitting all of society by providing real and meaningful ways to mitigate climate change.

If you advertised with us, your ad would be HERE!

Email ads@mountainmessenger.com

Yard of the Month winner announced



The Greenbrier Gardners Garden Club has selected Celia Moore's yard on Holt Lane in Lewisburg as the June Yard of the Month. Congratulations!

Greenbrier County Sheriff's Office welcomes back graduates



Chief Deputy Josh Martin (left), Deputy David Staley, Deputy Lucas Kessler, and Sheriff Bruce Sloan (right)

The Greenbrier County Sheriff's Office welcomes back two of their officers who graduated from the West Virginia State Police Academy in Institute on Friday, July 1.

Deputy Lucas Kessler and Deputy David Staley were

members of the 189th Basic Class at the Academy.

The Greenbrier County Sheriff's Office is proud of these two young men and for all of their efforts and accomplishments. We look forward to their many years of professional service to the citizens of Greenbrier County.

PICK OF THE LITTER

BEAR

Bear is a one-and-a-half year old male mixed breed





These and other animals are available at the Greenbrier Humane Society, located at 151 Holiday Lane off of Rt. 60 West in Lewisburg. They are closed Sunday and Monday, and are open from 11 a.m. through 5 p.m. Tuesday through Saturday.

Their cat adoption fee is \$65 and covers spay/neuter surgery, first kitty vaccinations, rabies vaccine, de-worming, toe nail trim and flea treatment.

Their dog adoption fee is \$85 and covers spay/neuter surgery, first dog vaccinations, rabies vaccine, de-worming, toe nail trim, flea bath and flea treatment.

They also offer donation-based spay/neuter vouchers, and clinics are filled on a first-come, first-served basis. They use a lot of vets in the area but the clinics fill up fast! Fill out an application to help prevent animal overpopulation! Call 304-645-4775 for more information.

DON'T SHOP • ADOPT!

Federal Jury finds Greenbrier County man guilty of child pornography crimes

After four days of trial, a federal jury convicted Jason Shortridge, 29, of Ronceverte, of possession and attempted distribution of child pornography.

Evidence at trial revealed that on May 1, 2019, Shortridge downloaded and made available for sharing child pornography online using a peer-to-peer file sharing program. Law enforcement subsequently executed a search warrant at Shortridge's residence and seized a computer belonging to Shortridge. A forensic examination of the computer located hundreds of images of child pornography, primarily from the deleted space of the computer. Two computer forensic experts testified that during their examination of Shortridge's computer, they recovered child pornography as well as search terms used to actively search for child pornography. Evidence showed that Shortridge possessed over 600 computer graphic image files containing images and videos of child pornography involving prepubescent minors.

Shortridge faces a mandatory minimum of five years and up to 40 years in prison when he is sentenced.

"Such crimes of child sexual exploitation must never be tolerated, and I commend the investigative work of the Kanawha County Sheriff's Department, the West Virginia State Police, and the U.S. Department of Homeland Security-Homeland Security Investigations (HSI)," said United States Attorney Will Thompson. "I also commend Assistant United States Attorneys Ryan Blackwell and Monica D. Coleman and the trial team for prosecuting the case."

United States District Judge Frank W. Volk presided over the jury trial.

This case was prosecuted as part of Project Safe Childhood, a nationwide initiative of the Department of Justice to combat the growing epidemic of child sexual exploitation and abuse. Led by the United States Attorney's Offices and the Criminal Division's Child Exploitation and Obscenity Section, Project Safe Childhood marshals federal, state, and local resources to locate, apprehend, and prosecute those who sexually exploit children, and to identify and rescue victims. For more information about Project Safe Childhood, please visit www.justice.gov/psc.



Briefly

Community meeting and training set for this weekend

The Williamsburg Area Emergency Response Team (WARTS) will hold a community meeting and training on Sunday, July 10 at 3 p.m. at the Williamsburg Community Building. This meeting is open to area citizens interested in creating their own community emergency response team. It provides the nuts and bolts on the steps we took to establish our team here. If you can't attend but would like to send someone else from your department or agency, feel free to do so. The training is free, and all are welcome!

American Heritage Music Hall, Inc.

located at 496 Island Park, Ronceverte, is open to the public, all welcome, handicap accessible. Listeners and tourists welcome. Admission \$7 Tuesday nights, \$10 Saturday - Audience provides food. Doors open at 7 p.m. Jam & Dance every Tuesday 7 to 10 p.m. Saturday dance on July 23 will feature Ivan & The Outlaws, from 7 to 10:30 p.m. The Music Hall is available for weddings and parties. For more information call the Music Hall at 304-645-4667; Bill Evans at 304-392-6079; Grace Poe at 304-992-5852.

Carnegie Hall Annual Meeting

You are cordially invited to attend the Annual Membership Meeting of Carnegie Hall, Inc. at 5:45 p.m. Thursday, July 28, in the Old Stone Room at Carnegie Hall. The agenda includes introduction of newly elected officers and an overview of 2021-2022 year-end financials. Those who contributed at least \$50 to the Annual Fund during the last fiscal year are considered members of the Hall and are invited to attend the annual meeting. A light reception will follow. RSVP to ceo@carnegiehallwv.org

Market Days

in the Meadow River Valley

Every Friday this summer is Market Day in the Meadow River Valley! Located on the corner of 11th and Main streets in Rainelle, the Western Greenbrier Farmers' Market is open from 3:30 to 6 p.m. Stock up on delicious baked goods, fresh produce and local meats. Craft vendors and those selling body products and herbal teas are on hand. And Jamie's Boys Choo Choo is popping up popcorn, so come on out! • Fridays this summer (weather permitting) • 3:30 to 6 p.m. • Corner of 11th and Main Streets in Rainelle

Local Veterans Ready to Help

If you or someone you know have loved ones serving on active duty and are concerned for their well being or that of their families, particularly those stationed overseas, please feel free to reach out to American Legion Post 100 in Union. We can assist with transportation from international airports for returning family members, lending household items, help with paperwork, or simply an empathetic ear from someone who has "been there, done that." Contact Scott Womack at womackse@gmail.com, Facebook Messenger, or cell phone 304-992-4405 or Harry Moloney at saddleback2@earthlink.net, cell phone 304-646-2102.

Greenbrier County Magistrate Court Convictions

Brittany Nicole Turner, Frankford, shoplifting, GP, fine \$10

Eric Charles Kisamore, Lewisburg, failure to maintain control, GP, fine \$50

Edenilson A. Navarro Cornejo, Washington, DC, driving too fast for roadway conditions, GP, fine \$20 Joseph Michael Thomas, Rainelle, obstructing officer, GP, fine \$100, jail 60 days

Joshua J. Freeman, Peterstown, possession of con-

trolled substance, NCP, fine \$100 Steven W. Morgan, Ronceverte, speeding, GP, fine

Dana Brant Schibik, Lewisburg, 1) possesion of controlled substance, NCP, fine \$100; 2) no seatbelt,

For the Record

Deeds

Linda Wells and Samantha B. Risko to Lisa House, 3.662 Acres, Williamsburg District William R. Feamster to Angela F. Feamster, 2.39 Acres,

Williamsburg District Henry K. Bivens and Mariann Cutlip to A&B Storage,

LLC, 7.00 Acres, Meadow Bluff District Drema M. Adkins to Great State Properties, LLC, Lot

No. 106, Patton Heights Subdivision, Lewisburg Tax

Gilbert L. Merritt and Carla J. Merritt to Cheryl Mansley, Lot No. 16 and 17, Pack Addition, Town of Alderson Kristin Stover and Peter Feltman to Terri Leitch, Lot No.

23, Dogwood Heights Subdivision, Lewisburg Corp. Gregory L. Mills and Tonya L. Mills to Wesley Wayne Demarset, III and Amanda Renee Demarest, Lot No. 3, Otter Creek Development Phase I, Meadow Bluff Dist. Dakota Anderson and Erica Anderson to Frankie C. Martin and Janet M. Martin, Lot No. 159, Lilly Park Addition, Meadow Bluff District

Stephanie Davis to Max Chamber Davis, 97.00 Acres, Williamsburg District

Brenda Joyce Hardiman Kees to William Lee Hardiman, Lots Nos. 8 and 14, Anthony Creek District

Justin Batten and Amanda Breeden-Batten to Richard G. Breeden and Sherry B. Breeden, Lot No. 2, Section 9, Sullivan Addition No. 3, Fort Spring District

Judy Landis to Misty E. Berry to Marcus H. Berry and Misty E. Berry, Lot No. 41, Ronceverte Municipality

Ruh Roh LLC to My Ruby Slippers, LLC, Lot No. 10, Lilly Park Addition, Town of Rainelle, Meadow Bluff Dist. Kevin Workman and Pamela Workman to Hunter D. Workman and Katy J. Workman, Lot No. 32, Echols

Acres, Addition No. 3, Lewisburg District John Miles Kuhn IV and Jo Ann Kuhn to Holly Clark

Jr. and Janet Clark, 29.5 Acres, Meadow Bluff District

Rainelle Town Council

meetings are held every second and fourth Monday of each month at 7 p.m. at Rainelle City Hall. The public is invited to attend.

Gbr. Co. Farmland Protection Board

meets on the fourth Thursday of each month at 10:30 a.m. at 804 Industrial Drive, Suite 5, in Maxwelton. The public is invited to attend. Call 304-520-3221 for more information.

Historic Landmarks Commission

will meet Monday, July 11, at 5 p.m. at City Hall, 942 Washington Street West. Also available via Teleconference. For information on how to participate on ZOOM contact Lewisburg City Hall at 304-645-2080 on Monday, July 11, by 4 p.m. On the

- Approval of Minutes June 13, 2022
- Comments from the public
- Robert and Pam Mann, 1870 Washington Street East - paint house and garage with Valspar Enchanted Navy for body of house and Bistro White for trim
- Carnegie Hall, 611 Church Street addendum to original application on color change of coping, and antenna mounting Theresa Thompson, 134 Courtney Drive -
- replace 8 windows with Anderson Series E, Double Hung windows Don Joint, Lafayette Street - material approval
- on previously approved design
- Jerome Janiga, 204 Chestnut Street replace existing roof, and repair fascia boards

The next scheduled meeting of the Lewisburg Historic Commission will be Monday, Aug. 8, with a deadline of Friday, July 22.

Greenbrier Board of Education

will meet Tuesday, July 12 at 1 p.m. at the Kyle & Ann Fort Arts & Science Center, 653 Court St., Lewisburg. On the agenda:

- Consent Agenda Items
- Minutes June 6, 16, 22 and 29, 2022
- Financial Items: (A list of these bills and/or copies of bills themselves may be made available for review upon request. All requests should be directed to the Chief School Business Official (CSBO) David McClure at 304-647-6460.)

Suits

In Re: The Marriage of: Breann Hunter Campbell and Dylan Robert Campbell

In Re: The Marriage of: Jaime Allison Allred and Joshua Mark Allred

In Re: The Marriage of: Brandy Nicole Martinez and Joe Martinez III

Marriages

Jared Wesley Briggs (White Sulphur Springs) to Jessica Dawn Edwards (White Sulphur Springs) Lloyd Issac Hamrick Jr. (White Sulphur Springs) to Marissa Nicole Warden (Alderson)

Clint Matthew Brahsear Jr. (Westernport, MD) to Kayle Nicole Tincher (Alderson)

Joel Herman Hall (Danese) to Dorothy Evelaine Nance (Rainelle)

John Cardill Arnold (Lewisburg) to Kristen Renee Woods (Lewisburg)

Gov. Justice proposes 10% personal income tax cut

Coming off the greatest year of revenue collections in state history, Gov. Jim Justice announced that he is proposing a permanent 10% cut of the personal income tax.

Under the Governor's proposal, the 10% tax cut will be retroactive to the beginning of the 2022 calendar year, putting \$250 million back in the pockets of West Virginians.

"Cutting our personal income tax will put money in your pocket and bring prosperity to our state for generations. But we need to act now, especially when you consider the unbelievable economic growth we've achieved this year," Gov. Justice said during a press conference at the State Capitol. The Governor announced that he will call a Special

Session of the West Virginia Legislature to coincide with this month's interim meetings on July 24-26 to allow legislators to vote on his proposal. The Governor's proposal is simple enough to be con-

tained in a two-page bill and is a true cut - reducing the Personal Income Tax without raising any other taxes in The 10% personal income tax reduction is the maxi-

mum amount that can be cut while remaining in compliance with funding stipulations in the American Rescue Plan Act (ARPA). "We would cut even more if it weren't for these federal regulations. Under the current guidelines, this is ab-

solutely the most money we can put back in the pockets of hardworking West Virginians," Gov. Justice said. "I wish we could eliminate the personal income tax altogether, but we need to get the ball rolling - now more than ever. In the past year, gas prices have gotten out of control and inflation is through the roof. West Virginians

need help right now." If the Legislature passes his bill, the reduction will be automatic on October payroll withholding, and applies to September 15 estimated tax payments as well. The retroactive amount will come as a refund when West Virginians file their 2022 taxes.

-Public Meetings-

- · Payment of Invoices
 - Out-of-State Travel Requests: (None.)
 - Out-of-Zone Student Requests: (Pending release of residing county & available enrollment space and additional staff not required.)
 - Release from Greenbrier County for 2022-23: (None.)
 - Release to Greenbrier County Schools for the 2022-23 School Year: (None.)

Recommendation: The Superintendent recommends that the Board approve the Consent Agenda Items as presented.

- New and/or Revised Policies for Public Comment Policies found at http://www.greenbrier countyschools.org/
- New/Revised (None)

Recommendation: The Superintendent recommends that the Board approve placing the policy on a 30-day public comment period.

 Approval of New and/or Revised Policies Policies found at http://www.greenbriercountyschools.org/ New/Revised

- 0100 Definitions
- 1406 Determination of Employee or Independent worker
- 2371 Hope Scholarship Program
- 3116 Determination of Employee or Independent worker
- 4116 Determination of Employees or Independent workers
- 5111 Eligibility of Resident/Nonresident students for Enrollment 5113 - Open Enrollment for Nonresident
- Students
- 5330 Use of Medications (Revised) 5330.02 - Self-administered Medication and
- Epinephrine use • 5331 - Administration of Opioid Antagonists
- 6114 Cost Principles Spending Federal **Funds**
- 6320 Purchases
- 6520 Payroll Deductions
- 8340 Letters of Reference
- 8405.01 Indoor Air Quality
- 8600.04 Bus Operator Certification

Recommendation: The Superintendent recommends that the Board approve the policies following a 30-day public comment period and no comments having been received.

Personnel

Associate Superintendent/Director of Human Resources Doug Clemons asks for the Board's approval of the Personnel Agenda as presented.

Recommendation: The Superintendent recommends that the Board approve the personnel agenda as presented.

- Abuse/Molestation Risk Management Assessment (Presentation by Nancy Hanna, Assoc. Superintendent)
- Other Business/Information
 - Date of Next Regularly Scheduled Meeting Aug. 9, 2022, at 1 p.m.

Greenbrier Co. BOE - Special Meeting will meet Tuesday, July 12 at 12:30 p.m. at the Kyle & Ann Fort Arts & Sciences Building (NRCTC), 653 Court Street, Lewisburg.

- Swearing-In of Newly Elected Board Members (The Honorable Jennifer Dent, Circuit Judge)
- Election of Board Officer
- Setting of dates of regular monthly Board meetings

Mountain Messenger

The Weekend Newspaper for the Greenbrier Valley

LOCALLY OWNED AND OPERATED SINCE 1985 Strengthening Community and Promoting

Diversity in the Greenbrier Valley Mountain Messenger's **Properties & Lifestyles**

Our high-gloss, magazine style featuring area real estate PUBLISHED MONTHLY •

www.mountainmessenger.com

The most extensive website dedicated to the Greenbrier Valley

How to Contact Us: (304) 647-5724

Phone Fax Mail Address Web page

P.O. Box 429, Lewisburg, WV 24901 860 Court Street, N., Lewisburg mountainmessenger.com ads@mountainmessenger.com Office Hours

(304) 647-5767

9 a.m. to 5 p.m. Monday -Friday

Subscriber Services

Editorial: We accept submissions for the following categories:

E-mail

- ARTS & ENTERTAINMENT • CHURCH NEWS • CLUB NEWS • FARM NEWS
- GUEST COMMENTARY
- PRESS RELEASES GUEST EDITORIALS SPORTS NEWS STORY IDEAS

We accept black & white and color photos to accompany

• LETTERS TO THE EDITOR <u>Photos:</u>

YOUTH ACTIVITIES

• MILITARY NEWS

NEWS STORIES

• OBITUARIES

news items or to showcase the region. Advertising Opportunities

Corrections: We want to correct errors • CLASSIFIED we have published. Please

- DISPLAY ADS
- LEGAL NOTICES REAL ESTATE REVIEW
- Contact Circulation for:

• SUBSCRIPTION PAYMENTS

rections.

essenger

contact us to request cor-

 CHANGE OF ADDRESS DELIVERY PROBLEMS RENEWALS

OPINION

Nature's Way

By Karen Cohen Master Gardener/Photojournalist/Artist

Why would anyone eat daisies? I'm not sure but it was a big hit song in the movie of the same name as sung by Doris Day back in the 60's. Who eats daisies? No one I know! I Googled that phrase and came up with this explanation: don't do something outrageously idiotic. Note to self: point taken.

Please Don't Eat the Daisies

Before you draw any further conclusions of your own, let me say this: chefs all over the world do eat and serve their clientele flowers, OK, not daisies but other types of flowers. Edible flowers. I once impressed a bunch of female friends who came together to share an afternoon at my house for lunch by freezing borage leaves, pink and blue, into ice cubes. When I served the herbal lemon flavored ice tea, there were oohs and aahs when they saw one tiny floret bobbing in their iced drinks. Simple, huh! Try it, they'll like it. Borage flowers have a cucumber flavor and can also be added freshly picked to salads for a dash of color. Just a few do the trick. As with anything from the garden or the outside world, be sure you correctly identify what you are placing in your digestive system.

So here's some more fun and colorful ways to use flowers in your meals.

Nasturtiums are bright orange, red, and yellow flowers, about 2-3 inches wide and those can be added to salads along with a few of the leaves, too. These impart a peppery-flavor, not hot pepper, and contrast well against

Clover flowers taste sweet like licorice. I don't eat these raw but I do brew them for a clover tea and toss out the spent flowers. Yummy with some clover honey!

Dandelions are members of the daisy family! Ha. Safe to eat, they have a honey flavor when picked young. The buds before they open up are even better and can be steamed or made into dandelion wine. I bet someone in your family made this wine and stored it in their root

My yard is filled with daylilies. They multiply like rabbits, but the deer do love the flowers, too, and often lop off the flower pod before it starts to flower. So I end up with a bunch of long leaves with one upright 14 inch stalk in every one that is basically bald on top. Not pretty and so annoying. Lilies are candy to deer, so go easy on planting them. They spread and may end up flowerless and just fodder for your wild critters. The taste, hang on, I'll go eat one. Well, slightly like asparagus and zucchini, maybe... I read not to eat too many because they can have a laxative effect! Oops. I only ate one, I swear!

Marigolds also punch up a fresh salad with color and a slightly citrus flavor.

Violets can also be used for ice cubes and served in drinks or desserts. Some bakers candy the flowers with sugar after painting each petal with beaten egg white on both sides. Gorgeous when placed on a frosted cake and edible! Time consuming but if you are trying to impress the in-laws, go for it, Martha Stewart!

The most satisfying flower to eat, in my humble opinion, is stuffed with ricotta cheese or rice or both! Zucchini blossoms lightly battered and then fried in oil or baked in the oven are awesome and well worth the time and effort. I consider these an exotic dish because, honestly, when

ountain

Sarah Richardson, Editor Adam Pack, Writer Kathy Hunter, Business Office Kathleen Stickley, Business Office Debra Smith, Advertising

Julie Sweet, Ad Design Jeanette Albaugh, Production Layout Amanda Workman, Production Layout Michael Boncher, Office Assistant



The Mountain Messenger is a weekly publication.
Periodicals postage paid at Lewisburg, West Virginia
The known office of publication is
Box 429, Lewisburg, WV 24901
USPS 031784
POSTMASTER: Send address changes to THE MOUNTAIN MESSENGER Box 429, Lewisburg, WV 24901

Subscribe to the Mountain Messenger

SUBSCRIPTION RATES:

Mailed to Greenbrier and Monroe Counties, \$33.00 Mailed, in State (WV) \$38.00; Mailed, out of State \$42.00 Web and Print Yearly Bundle, \$59.00 Phone (304) 647-5724

Phone Number Email Address Total Amount Enclosed WE ACCEPT VISA, MASTERCARD, DISCOVER & AMERICAN EXPRESS Expiration Date Signature

The Mountain Messenger

Box 429, Lewisburg, WV 24901

Visit us at http://www.mountainmessenger.com

did you get served these at someone's backyard barbecue? I read they are called the "jalapeno poppers of the jet set." Ooo la la! So if you are striving to get that promotion, serve up stuffed zucchini blossoms to your boss and maybe... likely he's never heard of this concoction before but assure him the set that jets around the world are munching on them. Grocery stores in big metropolitan cities sell them in the veggie section for anywhere from 25 for \$14, \$35 or more and they can be ordered online and shipped overnight for freshness if you want to break the bank.

Here's something to consider with zucchini: only the female plants which have longer stems and a zucchini starting at their base produce zucchinis and they do need a male plant to help with pollination though bees can help with this, too. You can end up with zukes to eat even if you pick the flowers. Maybe. I say it's worth the sacrifice since you will be uselessly hauling base bat sized zukes into your car for donation, somewhere, though no one wants them that big and hard. So take off some flowers, stuff them, and eat them.

(Karen Cohen is a Mistress of her Organic Garden, lover of nature and avid explorer. Email her your recipes, tips, comments and questions to natureswaykaren@ gmail.com)

Happy Gardening!

Commentary

Now's the time to sign up for Budget Payment Plans

By PSC Chair Charlotte Lane

It is all over the news: inflation and unexpected high bills. We are all experiencing significant financial uncertainty with rising prices, supply chain issues, COVID-19 and other challenging disruptions around the world. Unexpected world events, such as the war in Ukraine, can cause supply interruptions of oil, gasoline, coal, natural gas, liquefied natural gas and propane around the globe. We all see how this financial uncertainty affects our own household expenses, so it's not surprising these events also affect our utility providers.

Natural gas utilities are required to file 30C cases with the Commission each year to reflect changes in the purchased gas components of their rates. Those cases are due to be filed the first of August. All indications are that the cost utilities are paying for natural gas is three times higher than they were the first of this year. That is

Unfortunately, an increase in gas utility bills is unavoidable this year, but there is something you can do to lessen the sting.

Most of the natural gas utility companies in the state offer some sort of budget payment plan. When you sign up, the company will look at your gas usage over the past 12 months, normalize the usage based on weather experiences and calculate an average monthly bill for you based on the company's current rates. That monthly payment will be modified from time to time based on changes in weather, your consumption and utility rate

Budget billing plans allow you to avoid the stress of unexpected, extraordinarily high bills. More predictable bills make budgeting easier.

Budget payment plans are an optional tool offered by the utility companies. If you do enroll, you must make your payments on time to continue to stay on the plan and avoid a late charge.

I participate in the budget payment plan offered by my utility provider. It may be worthwhile for you to explore, too. This one act of planning can add some certainty in our uncertain world.

Commentary

Morrisey to appeal Circuit Court Judge ruling on **Hope Scholarship**

West Virginia Attorney General Patrick Morrisey on Wednesday said his office will appeal a ruling from a Kanawha County Circuit Court judge who granted preliminary and permanent injunctive relief to the challengers of the Hope Scholarship Program.

The ruling by Circuit Court Judge Joanna Tabit enjoined the state from implementing the program, finding it violates a provision of the state constitution that requires the state to provide a thorough and efficient

system of free public schools. "I am disappointed with this ruling. We will appeal because this is an important law that provides parents greater freedom to choose how they educate their children," Attorney General Morrisey said. "Our kids deserve the best educational options - we will fight for our

kids and the hard working families of our state to retain this law and uphold its constitutionality." The Legislature passed and the Governor signed the Hope Scholarship into law in 2021. It provides money

for students leaving the public schools system—the

scholarship allows families to use the funding for a variety of expenses, including tuition and fees at participating private schools and other extracurricular activities.

OPED piece submission guidelines:

To submit an OPED piece to the Mountain Messenger it must comply with the following rules: 1) OPED pieces may contain constructive criti-

- cisms, thoughts, or observations, which we publish on an individually approved basis.
- 2) No name-calling, hate speech, or other derogatory language is permitted. We do not publish letters containing "bashing," personal attacks, and the like. However, we do appreciate mindful concerns,
- assessments, and thoughts. 3) All letters must be signed by the author and in-

clude the city in which they reside. Please note all submissions are subject to individual editorial approval. Please do not mail or hand-de $liver\ letters,\ email\ news @\,mountainmess enger.com$

The Back Pew

By Stephen Baldwin



The dog days of summer are upon us! But don't let the heat fool you when reading this month's column. It may sound familiar with many of the same issues from last month, but the details contain brand new updates on several ongoing issues. BUDGET SURPLUS: With the fiscal year now over,

our state holds a \$1.3 billion surplus. Most states are

in the same situation due to a large influx of federal

dollars. What will we do with our surplus? That is the billion-dollar question. I continue to support a mix of infrastructure investments and immediate tax relief for citizens suffering from sky-high inflation. Virginia, for example, is sending residents a rebate check of \$250 or \$500. Here in West Virginia, the super-majority has yet to unveil their plans and has rejected every tax relief proposal we've made so far. **SPECIAL SESSION:** Expect another special session

of the legislature in July or possibly as late as September. It will deal with the budget surplus, infrastructure project funding, more rehashes of bills from the last session, and potentially a state abortion law.

ABORTION: The Supreme Court overturned Roe v. Wade in the Dobbs decision last month. Legally, this means states now must pursue their own abortion policies. For example, some states are pursuing outright bans, some states are further restricting abortion to six weeks with only an exception for the life of the mother, and some states are keeping current law in place but pursuing no additional restrictions. Like with our budget surplus, the supermajority has yet to make a proposal for a state policy here. As we wait, I'm listening to women, doctors, medical groups, civic groups, and fathers as to what they think our policy should be.

COLLINS AEROSPACE: As the lockout by Collins Aerospace of their employees continues, some families are having a hard time making ends meet. The company is even disputing unemployment claims, which I am doing my best to reconcile on behalf of local families. As I've said before, the relationship between the company, workers, and community has been enormously beneficial for all parties over the years. I remain hopeful cooler heads will prevail at the corporate office and the workers will receive a fair contract for their good work.

SCHOOL SAFETY: Later this week, I am convening what I hope will be the first in a series of meetings on school safety with local professionals including schools, law enforcement, health care, child welfare, and student support. After Uvalde, we cannot be complacent. It can happen anywhere, and we need to be proactive locally. There are ways all of us in the community can help make our communities safer, and I am excited to share that information soon. This is just something we leave to the schools; we need YOU to be involved in ongoing safety programs for them to truly work.

DRUG COMPANY LAWSUIT: In a shocking turn of events, a federal judge ruled for three major drug companies this week. They profited billions off our pain and death, yet the judge absolved them of all financial responsibility in our drug crisis. It's a distortion of justice beyond comprehension. This is a punch to the gut that will be judged harshly by history. (I'll be publishing an entire article on the topic this week as well.)

PARADES: It's parade season! I do my best to make all the local parades as in order to talk with folks about what's going on in your communities. Please take time to come say hello when I'm in your neck of the woods.

That's the view from the back pew, where it is my privilege to serve you.

(Senator Stephen Baldwin is the Minority Leader and a local pastor. Reach him at 304-357-7959 or stephen. baldwin@wvsenate.gov. Follow him on Facebook, Twitter, TikTok, or Instagram @BaldwinForWV)



State & National News

14 additional newspapers in WV & VA



Over 40 editors, reporters & writers

Church Bulletin

Pence Springs Community Church VBS Cancelled

The Pence Springs Community Church Vacation Bible School is unfortunately canceled. It was originally scheduled for July 11-15 from 6 to 8 p.m. nightly. For more information call Renee Kounse at 304-445-

Ronceverte Baptist Church VBS

Ronceverte Baptist Church invites children to Monumental VBS: Celebrating God's Greatness!

A summer kids' event called Monumental VBS will be happening at Ronceverte Baptist Church beginning July 11. At Monumental, kids explore the sun baked Southwestern desert as they dig into God's great love! Kids participate in memorable Bible learning activities, sing catchy songs, play teamwork-building games, devour yummy snacks, experience one-ofa-kind Bible Adventures and collect Bible Memory Buddies to remind them of God's love. Each day concludes at 8:45 p.m. with a Canyon Closing that gets everyone involved in living what they've learned that day. Family members and friends are encouraged to join this special time. Dinner will be served each evening starting at 5:45 p.m. All the kids and their parents are invited to join us for a wonderful meal before VBS begins. VBS will be Monday, July 11 through Friday, July 15 from 6:30 to 9:00 p.m. There will be classes for preschool through middle school and for adults. Come join us and bring a friend. Ronceverte Baptist Church is located at 437 W. Main Street. For more information or if you have any questions please call 304-647-4067.

Henning Church of God VBS

Henning Church of God invites children pre-school to junior high to a Food Truck Party. We will be "On a Roll with God" at Henning Church of God, which is located at 3599 Vago Road in Frankford. This party consists of Bible stories, crafts, music, recreation and snacks. The party runs from Monday, July 18 through Friday, July 22 each evening from 6:00 to 8:30 p.m. The closing program will be held Sunday, July 24, at 11 a.m. with a picnic to follow. Learn more about the Food Truck Party by calling Henning Church of God at 304-497-2602.

Annual Ketron Church and Community Homecoming 1902-2022

Date: Sunday, Aug. 7, at 11 a.m.

Please join us once again to celebrate the legacy of Ketron Church, worship, and reunite with old friends. We hope that everyone has been safe from the COVID-19 virus this past year and that you are vaccinated and boosted. Masks will be available. The church is located on Rockland Road, 3 miles below Ronceverte. The speaker this year will be Al Morgan of Princeton. Following the worship service we will gather at the Frank Whanger Picnic Shelter for a pot-luck lunch and a brief business meeting. Everyone is invited to attend. Paper products and utensils will be provided. Please notify Karen West of any persons you would like added to the memorial list. Because the Homecoming was cancelled in 2020 due to COVID-19 and attendance at the reunion has been sparse, very few contributions have been received. Your donations for the upkeep of the church and mowing the cemetery are becoming more critical every year. If you have loved ones buried in the Ketron cemetery and cannot attend, please consider mailing a generous donation to Ketron Church in care of the Ketron treasurer at the address listed below. We look forward to seeing you! Stay safe! Treasurer, Karen West, P.O. Box 251, Ronceverte, WV 24970.

Reunions

Estep-Jones

The Estep-Jones family reunion will be held at the Asbury Community Center on Saturday, June 16. Friends and family welcome. Lunch to begin at 1 p.m.

Feamster

The Feamster Reunion will be held Sunday, July 10 at noon at Ronceverte Island Park Shelter 1. Bring your favorite dish or dishes and a drink to share with family and friends. Plates cups, napkins and silverware will be furnished. Bring photos and special stories that you want to share.

Johnston/Johnson

The Johnston/Johnson Reunion will be held Sunday, July 10 at noon at Friars Hill at McMillion United Methodist Church. We will gather at the shelter across the road from the church. Everyone is welcome to join in with fellowship and a picnic lunch.

Living The Good Life After Retirement Activity Rooms **Potluck Dinners** Bingo Cookouts Church Services Live Bands Social Areas Country living with city conveniences. All common areas have been remodeled and redecorated. We welcome you to stop by and see all of the improvements that have been made. One bedroom apartments for the elderly, near elderly and handicapped. HUD approved. Non-assisted living. Rent based on income A staff member is on call 24/7 for emergencies. To request an application Call 304-645-1308 Monday - Friday 8:00 am - 3:00 pm. Independent Living 344 Court St., Lewisburg, WV 24901

Club & Church

WSS Lions elect new President

On June 27, Past District Governor George Gillespie had the honor of installing his grandson, Lion Eric Dowdy as President of the White Sulphur Springs Lions Club.

Lion Dowdy has been involved with Lions by osmosis since he was a child and helped his grandparents George and Betty Gillespie by volunteering with them to help sell raffle tickets, collect eyeglasses, collect for food drives and clean up the highway. In middle school, he was old enough to join the Leo Club at Eastern Greenbrier Junior High and served as President both there and later on at Greenbrier East High School. He joined the WSS Lions Club at

18 and served with them while obtaining his Bachelors of Science degree and Masters degree in Architecture at Fairmont State. President Dowdy says that al-

though he knew the Lions were very active in the community, it wasn't until he attended an international convention that the sheer scope of the Lions' impact on the world was



Past District Governor George Gillespie installed his grandson, Eric Dowdy, as White Sulphur Springs Lions President for 2022-23

revealed to him.

He encourages anyone who loves to volunteer to join Lions. The White Sulphur Club meets every second

and fourth Monday at the St. Thomas Episcopal Church at 7 p.m. President Dowdy can be reached at 304-536-

Boomers - Maximize your health for quality of life

The average U.S. life expectancy of 84 years means many Baby Boomers reaching age 65 have nearly two decades or more of life ahead. Advanced years may bring risks to your health that can impact quality of life as you age.

Lori Gledhill, M.D., a family medicine physician with Greenbrier Valley Primary Care, reminds us that some factors such as genetics are beyond your control, but healthy lifestyle choices, timely identification and management of the following common chronic conditions can increase your odds of living a long and healthy life.

Arthritis

Joint pain, stiffness and swelling in or around one or more joints can be signs of arthritis, the leading cause of disability in the U.S. Almost one in four adults develops the condition. Arthritis has many forms and your doctor can help diagnose and identify the best treatment. Management of arthritis can help you reduce or manage pain, minimize joint damage and improve or maintain functioning.

Type 2 Diabetes

More than 34 million Americans have diabetes with approximately

90-95% having type 2 diabetes. The symptoms are hard to spot and the older you are, the more likely you are to have this condition. Left untreated, type 2 diabetes can cause other serious conditions like heart disease, kidney disease or vision loss. Regular check-ups can help identify the condition timely.

High Blood Pressure

In 2017, U.S. medical organizations lowered blood pressure numbers to 120/80 normal, 130/80 pre-hypertensive and 140/80 stage 1 hypertension. Left unchecked, this asymptomatic condition plays a big role in your chances for heart attack, heart failure and stroke. Your doctor can help you develop a plan to lower your number including diet, exercise or medication.

Heart Disease

Several types of heart conditions are considered heart disease including coronary artery disease, issues with valves in the heart or heart failure. Each of these conditions elevates the risk for heart attack and stroke. Symptoms vary depending on the type of heart disease. Your doctor can perform diagnostic tests and if diagnosed may advise you to make lifestyle changes or may prescribe medication for treatment.

Depression

Clinical depression is not a normal part of aging, but can be more common for people who also have other illnesses such as heart disease or cancer. The condition is serious and can affect the way you feel, act and think. Counseling, medicine or other forms of treatment can help. If you are concerned about yourself or a loved one, talk with your doctor who can help put together a plan of treatment.

"My goal is to help patients maintain their best life through preventive medicine, when possible" says Dr. Gledhill. "When conditions or issues arise, I'll help them identify the most promising course of treatment and connect them with specialists, if needed."

Sustaining healthy lifestyle choices and managing chronic conditions as we age gives us the best chance to remain healthy with high levels of independence and functionality.

To find a physician for help with chronic conditions or learn more about healthy choices for you, visit GVMedicalGroup.com or call 304-645-3207.

BITUARIES

Opal L. Ash

White Sulphur Springs-Opal L. Ash, 82, passed away Tuesday, July 5, 2022 at the White Sulphur Springs Center.

She was born May 5, 1940 in Covington, VA, the daughter of the late Henderson and Violet Reed Booth.

Opal was of the Presbyterian Faith, a graduate of Dunlap High School and a retired CNA.

She was preceded in death by her husband, Raymond Crawford and her sons, Raymond Jr. and John Crawford; her sister, Janet Hunter; and her brother, Clifford Booth.

Surviving are her sister, Delores Crawford and husband Alvin of Sinks Grove and her brother, Daryol Booth and his wife Rebecca of White Sulphur Springs.

It was Opal's wishes to be cremated with no services. Wallace & Wallace Funeral Home in White Sulphur Springs is in charge of arrangements.

Please send online condolences by visiting www.WallaceandWallaceFH.com

NOTICE OF SALE OF VALUABLE REAL **ESTATE BY SPECIAL COMMISSIONER** Pursuant to an Order of the Circuit Court of Greenbrier

County, West Virginia, made and entered on the 27th day of May, 2022,in the case of <u>Carter v Anderson</u>, Civil Action Number 18-C-117(D), the undersigned J. Steven Hunter as Special Commissioner will on Friday, the 15th day of July, 2022, at the front door of the Courthouse of Greenbrier County, West Virginia, at 2:00 p.m. of that day offer for sale to the highest bidder the following described tracts or parcels of real estate located in the Sulphur Springs area of Anthony Creek District of Greenbrier County, West Virginia, described as TRACT 1: Containing 135 acres

TRACT 2: Containing 19-76 acres For information, terms and conditions contact:

www.morganfh.net

James " Richie" Holliday II, CFSP

Owner/Licensee In Charge

J. Steven Hunter, 921 Court Street N Lewisburg, WV 24901 304-645-4622 vet345@hotmail.com Paul H. Henson

Crawley-Paul H. Henson, 76, passed away Tuesday, July 5, 2022, at the Peyton Hospice House, Lewisburg, WV.

Born May 22, 1946, in Lewisburg, he was the son of the late Estil Groves and Ora Rebecca Trainer Henson.

Paul was a U.S. Navy, Vietnam Veteran.

In addition to his parents, he was preceded in

death by a sister, Brenda Hanna and brothers, Ralph Timothy, and Merle Henson.

Survivors include his wife of 56 years, Bonnie Henson; son, Paul H. Henson II (Lily) of Phoenix, AZ; grandson, Everett Henson; sisters, Susan Wade (Sherman) and Wanda Henson; brother-in-law, Mickey Hanna and sister-in-law, Jinny Henson all of Crawley; and several nieces and nephews.

It was Paul's request to be cremated and have no service. Online guestbook may be signed at www.morganfh.net Arrangements by Morgan Funeral Home, Lewisburg, WV.

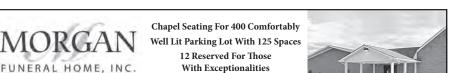
Essentials STORAGE

3344 Houfnaggle Road Lewisburg, WV 24901 • 304-645-1304

FOUR SIZES TO CHOOSE FROM:

5' x 10' - \$35/mo. 10' x 15' - \$65/mo.

10' x 20' - \$75/mo. 10' x 10' - \$55/mo.



Wheelchair Accessible -

Modern Technology

Headstones, Markers

and Memorials

252 Montvue Drive, Lewisburg, WV 24901 304-645-1851



call 304-647-5724 or email ads@mountainmessenger.com.

School



2022 Stephen L. Baldwin Memorial Scholarship recipients from Greenbrier East High School: Abbigail Terry, Liana Brooks, Ashleigh Darnell, Margaret Hass, Aaron Griffith, Evan McClure, Carmen Fogus, Amie Shuck, Rylee Norman, and Ashlee Thompson. Presenting the awards were Tim Holbrook, executive director of the Greenbrier County Schools Foundation, and Paisley Baldwin, granddaughter of Stephen Baldwin, and Matt Baldwin, son of Stephen Baldwin.



2022 Stephen L. Baldwin Memorial Scholarship recipients from Greenbrier West High School are Brandon Alderson, Braelee Brown, and Kristen Church. The presentation was made by Tim Holbrook, executive director of the Greenbrier County Schools

Baldwin Memorial Scholarships awarded to 13 Greenbrier County Seniors

Greenbrier County Schools Foundation recently awarded Stephen L. Baldwin Memorial Scholarships to 13 Greenbrier County high school seniors. Recipients selected for the \$1,000 scholarship awards were Liana Brooks, Ashleigh Darnell, Carmen Fogus, Aaron Griffith, Margaret Haas, Evan McClure, Rylee Norman, Amie Shuck, Abbigail Terry, and Ashlee Thompson from Greenbrier East High School. Receiving the awards from Greenbrier West high School were Brandon Alderson, Braelee Brown, and Kristen Church.

Stephen L. Baldwin served as the Superintendent of Greenbrier County Schools from 1988-2002. This endowed scholarship fund was established in 2005 by the Greenbrier County

Schools Foundation (GCSF) with a gift from Mr. Baldwin's wife, Charlotte. Stephen L. Baldwin Memorial Scholarships are awarded annually to students from Greenbrier East High School and Greenbrier West High School. Since 2006, 172 scholarships have been awarded.

It was through Mr. Baldwin's dedication and vision that the Greenbrier County Schools Foundation was established. This scholarship fund is just one of many meaningful ways that his commitment to education and his impact on the lives of Greenbrier County students will continue for years to come.

The Greenbrier County Schools Foundation is a nonprofit organization that generates and distributes resources

to enrich, maintain, and expand educational opportunities for students in Greenbrier County. Gifts to the foundation are tax-deductible. Individuals and businesses interested in making a contribution or learning more about the mission and goals of the foundation should contact Tim Holbrook at 304-546-1893.

Greenbrier County Schools Foundation awards Kara Berry Memorial Scholarship to Maddie Carver

The Greenbrier County Schools Foundation in May awarded the Kara Berry Memorial Scholarship to Greenbrier East cheerleader Maddie Carver. Maddie will be attending West Virginia University to major in Exercise Physiology with a pre-dental focus.

The scholarship was started in 2008 in memory of Kara Berry, a former Greenbrier East High School cheerleader who tragically died in an automobile accident soon after graduation that year. This scholarship is awarded to a senior cheerleader who will be attending a college or vocational school, and who demonstrates outstanding leadership and service at the high school.

Twenty-six Greenbrier East cheersince its inception.



Kara Berry Memorial Scholarship recipient Maddie Carver receives her award from Tim Holbrook, executive director of the Greenbrier County Schools Foundation and Jessie Surgeon, cheerleader coach at GEHS.

cheerleading program at Greenbrier

The Greenbrier County Schools East and Workers United Local 863, leaders have received this award Foundation would like to thank the White Sulphur Springs for funding this scholarship.

Dear Recycle Lady,

Dear Recycle Lady,

Are wool dryer balls better than plastic dryer

Like My Plastic Dryer

Dear Like My Plastic

Dryer Balls, The jury seems to be still out as to whether wool dryer balls are better than plastic dryer balls. According to www.answerbag.com, plastic dryer balls are "a hazard to both human health and the environment" as they are made of PVC (polyvinyl chloride). However, other websites only say that because plastic dryer balls are made of PVC plastic, they are not environmentally friendly. Some studies say plastic dryer balls may crack after extended use and that they can be noisy, while other studies say they are not as noisy as wool dryer balls. There are studies that say plastic dryer balls do not perform as well as wool dryer balls, that they take longer to dry the clothes and that they leave clothes rather damp. Other studies say just the opposite. It seems to be a matter of personal preference as to which kind of dryer balls you use. However, all studies agree that

dryer balls, whether wool

or plastic, are preferable

to the chemicals found

in dryer sheets and fabric

softeners.

Dear Recycle Lady,

What is Plastic Free July? When did it begin?

Recycler Dear Recycler,

Plastic Free July is a month dedicated to reducing the amount of plastic going into the environment every day, encouraging each participant to pledge to reduce, or eliminate, one kind of plastic during July, and hopefully, to continue that reduction in the future. Plastic Free July began in 2011. This year more than 100 million people from 190 countries have pledged to participate in the Plastic Free July Challenge. For more information and to accept the challenge, go www.plasticfreejuly. org/take-the-challenge/. Plastic Free July challenges participants to make at least one eco-friendly swap, such as requesting no utensils or straws in your take-out orders, eliminating plastic cling film by using beeswax wrap, taking reusable shopping bags with you to eliminate single-use plastic bags, taking your drink in a reusable bottle, using a Swedish dishcloth instead of paper towels, or using bar soap instead of liquid soap that comes in a plastic bottle. Small

changes by millions of

people bring great results. Consider taking the pledge today.

Dear Recycle Lady,

I have several aerosol cans that are partially full. Can they be recycled, or should I empty them first? Spray Can User

Dear Spray Can User,

Aerosol cans that are partially full cannot be recycled until they are empty. Anything left in an aerosol can is considered hazardous waste (including whipped cream and hairspray!) To ensure that the can is empty, press the nozzle down until nothing comes out. Never pierce or crush the container to remove any remaining contents in the can as it could explode and hurt you. Remove the cap before putting the can in recycle. The Recycling Center accepts all empty aerosol cans. Put them in the bag or bin with steel

Dear Readers. Did you know that only 5% of the ocean has been explored and charted by humans? It has been estimated that millions of species living in the ocean have yet to be discovered! (fto.com). Legendary ocean explorer Sylvia Earle says that, "With every drop of water you drink, every breath you take, you're connected to the ocean."



Have questions about recycling, or interesting information about recycling? Send questions or requests to recyclelady@ greenbrier-swa.com. Dear Recycle Lady is sponsored jointly by the Greenbrier Recycling Center and Greenworks Recycling.

Sarah Miller receives degree from RU

Sarah Renee Miller of Caldwell graduated from Radford University with a Bachelor of Science in Music at spring commencement ceremonies.

Radford University presented 1,165 undergraduate and graduate degrees during spring 2022 commencement exercises. On Friday, May 6, 250 graduate degrees were awarded during a hooding ceremony at the Dedmon Center on campus in Radford, Virginia. On Saturday, May 7, 915 degrees were presented on Moffett Lawn at the Radford campus.

Radford University is a comprehensive public university of 8,998 students that has received national recognition for many of its undergraduate and graduate academic programs, as well as its sustainability initiatives. Well known for its strong faculty/student bonds, innovative use of technology in the learning environment and vibrant student life on a beautiful 211-acre American classical campus, Radford University offers students many opportunities to get involved and succeed in and out of the classroom. With over 300 clubs and organizations, Radford University offers many opportunities for student engagement, leadership development and community service. In addition to robust academic offerings and engaging student experiences on the main campus located in Radford, Virginia, Radford University also offers a clinical-based educational experience for more than 1,100 students living and learning in Roanoke, Virginia as part of Radford University Carilion, a public-private partnership focused on the cutting-edge delivery of health sciences programming, outreach and service.

Show *support* for local news, while *increasing* your business potential – ADVERTISE in the Mountain Messenger today.

> Call 304-647-5724 or email ads@mountainmessenger.com.



If you think oxygen therapy means slowing down, it's time for a welcome breath of fresh air.

Introducing the Inogen One family of portable oxygen systems. With no need for bulky tanks, each concentrator is designed to keep you active via Inogen's Intelligent Delivery Technology.® Hours of quiet and consistent oxygen flow on a long-lasting battery charge enabling freedom of movement, whether at home or on the road. Every Inogen One meets FAA requirements for travel ensuring the freedom to be you.



- No heavy oxygen tanks Ultra quiet operation
- Lightweight and easy to use
- Safe for car and air travel
- Full range of options and accessories

· FDA approved and clinically validated

Call 1-833-274-3943 for a free consultation and info guide.



Greenbrier Valley Fitness Greenbrier Valley Fitness (SOUTH)

3942 Davis Stuart Rd. Suite 4 (Right across from Greenbrier Valley Medical Center) Ronceverte, WV 681-318-3341 Mon - Fri 5 am - 9 pm, Sat 8 am - 1 pm, Closed Sun

(NORTH)

213 Coleman Drive (Behind Ruby Tuesday's) Lewisburg, WV 304-645-4000 Mon - Fri 6 am - 8 pm, Closed Sat & Sun

24 Hr Sat/Sun For Those w/Memberships

@greenbriervalleyfitness • www.greenbriervalleyfitness.com



CAREER OPPORTUNITIES

Aviagen Turkeys operates over 20 farms and two hatcheries in the Greenbrier Valley. The company provides jobs for over 80 people in the community and there is a range of career opportunities available.

POSITIONS AVAILABLE

- CLASS "A" CDL DRIVER MECHANIC
- WAREHOUSE COORDINATOR
 - FARM MANAGERS
 - CREW MEMBERS

BENEFITS

Health Insurance - 401 K Retirement Paid Time Off - Holiday Pay - Service Awards **Employee Referral Program**

Go To Our Online Job Application Website At: http://www.aviagenturkeys.us/careers

Or, Contact Us At 304-793-2680, ext. 247 31186 Midland Trail East, Lewisburg, WV 24901



1096 Broad Street. Summersville, WV 26651 Phone: (304) 872-5872 Fax: (304) 872-5877

JOB OPENING AVAILABLE

FULL-TIME FISCAL/GRANT OFFICER in our Summersville, WV Office.

The Mountain Transit Authority has a job opening for a

Must have a strong QuickBooks, Office 365, Fiscal, and Grant background.

Please send your resume to or apply in person at

Mountain Transit Authority,

1096 Broad Street, Summersville, WV 26651

Fourth Way Properties Check out available properties at

4thwayproperties.com

FOR RENT MONTHLY FURNISHED ROOMS

SUNSET TERRACE MOTEL

106 POMERY CIRCLE, LEWISBURG

Furnished room with small refrigerator, microwave TV, WiFi, and coin operated laundry room. Pet friendly, quarter mile from downtown

Lewisburg, local shops and restaurants. All utilities included plus security deposit. Check out our website 4thwayproperties.com for pictures and details.

750 Monthly, 375 Weekly

Call Terry or Isela @ (304) 647-8943

SE HABLA ESPAÑOL

Email us at FourthWayProperties@yahoo.com

844-601-2044

West Virginia Statewide Classified Network

Featured in WVPA Newspapers Across West Virginia

TRAIN ONLINE TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Trained, Certified & ready to work in months! Call 877-635-0244. The Mission, Program Information and Tuition is located at CareerTechnical. edu/consumer-information. (M-F 8am-6pm ET)

HEALTH/MEDICAL

LOOKING FOR ASSISTED LIVING, memory care, or independent living? A Place for Mom simplifies the process of finding senior living at no cost to your family. Call 1-888-918-8270 today!

STROKE AND CARDIOVASCULAR DISEASE are leading causes of death, according to the American Heart Association. Screenings can provide peace of mind or early detection! Contact Life Line Screening to schedule your screening. Special offer - 5 screenings for just \$149. Call 1-855-915-35623562

DON'T LET THE STAIRS LIMIT YOUR MOBILITY! Discover the ideal solution for anyone who struggles on the stairs, is concerned about a fall or wants to regain access to their entire home. Call AmeriGlide today! 1-844-592-5113

PORTABLE OXYGEN CONCENTRAT-OR May Be Covered by Medicare! Reclaim independence and mobility with the compact design and longlasting battery of Inogen One. Free information kit! Call 833-274-3943

UP TO \$15,000.00 OF GUARANTEED LIFE INSURANCE! No medical exam or health questions. Cash to help pay funeral and other final expenses. Call Physicians Life Insurance Company-888-217-5559 or visit www.Life55plus.

DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for 350 plus procedures. Real dental insurance - NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-855-405-3412 www.dental50plus.

com/press #6258 APPLYING FOR SOCIAL SECURITY little as ONE DAY! Affordable prices -

Place YOUR statewide ad today any of three easy ways:

Call classifieds at this Newspaper

Or WVPA at 1-800-235-6881 or Visit www.wvpress.org

Claim? Call Bill Gordon & Assoc. Our case managers simplify the process & work hard to help with your case. Call 1-844-448-0317 FREÉ Consultation. Local Attorneys Nationwide [Mail: 2420 N St NW, Washington DC. Office: Broward Co. FL (TX/NM Bar.)]

INTERNET/TV

AT&T INTERNET. Starting at \$40/ month w/12-mo agmt. Includes 1 TB of data per month. Get More For Your High-Speed Internet Thing. Ask us how to bundle and SAVE! Geo & svc restrictions apply. Call us today 1-844-

4G LTE HOME INTERNET Now Available! Get GotW3 with lightning fast speeds plus take your service with you when you travel! As low as \$109.99/mo! 833-586-1598

DIRECTV STREAM - The Best of Live & On-Demand On All Your Favorite Screens. CHOICE Package, \$84.99/ mo for 12 months. Stream on 20 devices in your home at once. HBO Max included for 3 mos (w/CHOICE Package or higher.) No annual contract, no hidden fees! Some restrictions apply. Call IVS 1-855-656-0296

DISH NETWORK. \$64.99 for 190 Channels! Blazing Fast Internet, \$19.99/mo. (where available.) Switch & Get a FREE \$100 Visa Gift Card. FREE Voice Remote. FREE HD DVR. FREE Streaming on ALL Devices. Call today! 1-855-736-4350

EARTHLINK HIGH SPEED INTERNET. As Low As \$49.95/month (for the first 3 months.) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-866-305-7264 HUGHESNET SATELLITE INTERNET

25mbps starting at \$49.99/mo! Get FREE Off-Peak Data. More Data FAST download speeds. WiFi built in! FREE Standard Installation for lease customers! Limited Time, Call 1-877- timeshare debt and fees cancelled in 567-2866

MISCELLANEOUS

DISABILITY or Appealing a Depied No nayments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available.

> UPDATE YOUR HOME with Beautiful New Blinds & Shades. FREE in-home estimates make it convenient to shop from home. Professional installation. Top quality - Made in the USA. Call for free consultation: 877-802-8381. Ask about our specials!

> SAFE STEP. NORTH AMERICA'S #1 WALK-IN TUB. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1-844-803-

HANDS ON THE RIVER MASSAGE, Geraldine Gardner, LMT, 3422 Pennsylvania Ave., Charleston, WV. Call (304) 541-9139 for an appointment. PREPARE FOR POWER OUTAGES TODAY with a GENERAC home standby generator \$0 Money Down + Low Monthly Payment Options Request a FREE Quote. Call now before the next power outage: 1-844-901-2301

THE GENERAC PWRCELL, a solar plus battery storage system. SAVE money, reduce your reliance on the grid, prepare for power outages and power your home. Full installation services available. \$0 Down Financing Option. Request a FREE, no obligation, quote today. Call 1-833-310-1895 ELIMINATE GUTTER CLEANING

FOREVER! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-844-295-2840

WESLEY FINANCIAL LLCTIMESHARE CANCELLATION FXPERTS Over \$50,000,000 in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over BATH & SHOWER UPDATES in as 450 positive reviews. Call 844-738-0094



NOTICE

LAWN CARE SERVICES: W&M Lawn Care, LLC. Serving Lewisburg and surrounding areas. Call for your free estimate. 304-647-8777 or 304-956-0234.

NOTICE: Ventures Equipment Rental. 35' Telehandler, 40' Manlift, Track Skid Loader with Auger, Post Drivers, Rock Hammer, Brush Grapple attachments. Micah Brubaker 304-956-0277 or Leroy Schrock 304-661-4462.

FREE TO GOOD HOME: Male pot-bellied pig, approximately 6 months old and around 25 lbs. Leash and crate trained. Please call or text 304-992-2490 or 304-647-0305

WANTED

WANT TO BUY: 1949. 1950, 1951 or 1952 Chevrolet 4 door Fleetline car. Running or not. No restored wanted. 540-395-2083.

WANTED: ISO contractor to install siding, French drain and several other repairs in Greenbrier County. Call 304-647-0949.

HELP WANTED

HELP WANTED: Hiring full-time employees. contact Cutting Edge Lawn Care, 304-772-3609.

HELP WANTED: Osmose Utilities is seeking workers 18 years and older. No experience needed, we will train. Must be willing to travel. Drivers license is not required. This is a physically demanding position, candidates must be able to carry 65-110 lbs. Starting rate of pay is \$17 per hour. For more information, contact Ryan Gibson 304-646-5924.

FOR RENT NO WAITING LIST

One Bedroom, Section 8 Apts. Elderly 62+ Handicapped or Disabled, Regardless of Age. All Utilities Included. On Site Laundry Facilitates. Apply At

Hinton House Apts.

495 Stokes Drive. Office Hours M-F 8-4. 304-466-5299



Roberts' Tree Service Tree Trimming & Removal • Shrub Trimming

Serving Greenbrier, Monroe & Pocahontas Counties

Lot Clearing • Light Excavation Work

Bucket Truck Service • Chipper Service

FREE ESTIMATES! • DISCOUNTS FOR VETERANS & SENIORS STUMP

Brandon Roberts, Owner Frankford, WV • (304) 661-4086

robertstreeservicewv@gmail.com WV 2271-9538 LICENSED & INSURED



Seamless Guttering

Serving The Area Since 1979 5" Residential, 6" Commercial

Leaf Guard • Ice Guard

Free Estimates!

LICENSED AND INSURED

Call Elmer Collins 304-497-2798 • 304-667-3656

SCRAMBLERS

solution 1. Kindle 2. Scrape

3. Loosed; 4. Shore Today's Word **CHOKED**

ANSWERS

PUZZLE

S 9 9 ∞ 4 2 က ∞ 4 2 9 9 က S 3 4 S 9 ∞ 9 9 3 3 ∞ 9 S 4 4 0 3 S ∞ S **O** ∞ S 9 4 2 3 6 S 3 4 ∞ 9 3

3 / 4 S ∞ 9 ന 6 9 ∞ 2 6 S d

- Z - > а ш > W Z W W C $\vdash \supset Z - \varnothing - \triangleleft$ **4 4 - 2 - 0**

<u> — |ш|z|ш|с</u> $\square \supset \square \square \square \square$ J O Z D O Z < \m ⊢ − NAMA

ω ч — **ш** ш M Q O Z O O N A G

 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0
 0

B K S S H ⊢

ш ѕ ∢ −

A B A R U I − Z ≥ 4 U

OZMAJ

BUSINESS

CommuniCare Family of Companies announces expansion in West Virginia and Southeast Ohio with Stonerise acquisition

CommuniCare Health Services, a family-owned company specializing in postacute care, announces the acquisition of Stonerise, a leader in transitional support and care across West Virginia and Ohio, and its 17 healthcare centers, seven home health agencies, and affiliated therapy and hospice services. These additions expand CommuniCare's footprint to more than 110 healthcare centers across seven states and resident bed count to nearly 14,000.

The Stonerise acquisition furthers CommuniCare's mission of cultivating welcoming and healing environments that deliver high-quality care, led by medical experts and compassionate caregivers. Stonerise is known for its vast network of support services, including transitional and skilled nursing care; therapy; home health care and hospice.

"The Stonerise brand is synonymous with serving through love, dedication and caring; and we are honored to welcome them into the CommuniCare family," said Ronald Wilheim, President of CommuniCare. "They are known for their world-class facilities in their communities, and we are committed to continuing the level of quality clinical care and strength of operations for the residents and our employees at our new lo-

Jessica Hudson, a longtime executive officer of Stonerise, will serve as the Division Vice President over the Communi-Care healthcare centers in West Virginia, which will continue to operate under the Stonerise brand.

"CommuniCare and Stonerise hold

many shared values and working together, we will continue to provide quality care to those patients we serve," Hudson

said. "I also am excited CommuniCare's commitment to retaining all Stonerise team members and creating opportunities for new team members in West Virginia."

To learn more about CommuniCare or to join

LEGAL

PUBLIC ONLINE AUCTION

Fulton BSH WSSWV, LLC/Secure Store - 38515 Midland Trail East, Caldwell, WV 24925, has a possessory lien on all of the goods stored in unit 139. The auction will end on July, 14, 2022 at 12 noon. All these items of personal property are being auctioned online through lockerfox.com. The auctions will run until June 16, 2022. Pictures of the unit can be inspected online. Cash payments only. For more details visit www.lockerfox.com/ storage-auctions/us/

LEGAL

PUBLIC ONLINE AUCTION Fulton BSH LBWV, LLC/Secure

Store - 135 Maple Carriage Drive, Lewisburg, WV 24901, has a possessory lien on all of the goods stored in units 198, 367, 366 and 232. The auction will end on July, 14. 2022 at 12 noon. All these items of personal property are being auctioned online through lockerfox.com. These auctions will run until June 16, 2022. Pictures of the units can be inspected online. Cash payments only. For more details visit www.lockerfox. com/storage-auctions/us/

our growing family, please visit communicarehealth.com.

LEGAL

NOTICE TO CUSTOMERS

Appalachian Power plans to maintain a portion of its power line rights of way in West Virginia through aerial application of registered herbicides. Weather permitting, the program will begin on or

Questions about the program or information about sensitive areas near the power lines listed below, such as springs, wells, streams, lakes, ponds, orchards, crop areas, gardens, pastures, meadows, year-round dwellings, public recreation areas, and Christmas tree farms, may be directed to the company by calling toll-free 1-800-642-3622. Right-of-way maintenance agreements between the company and

landowners are available to those preferring to accept responsibil-

ity for clearing the right of way crossing their property in lieu of aerial herbicide applications. Such agreements provide for compensation equivalent to the cost of aerial herbicide maintenance, provided the work meets the company's specifications. Landowners desiring to enter into right-of-way maintenance agree-

ments with Appalachian Power should call the toll-free number above. Maps showing the location of rights of way to be maintained in their areas also are available for inspection. Herbicides to be used have been extensively tested and are regis-

tered by the U.S. Environmental Protection Agency and the West Virginia Department of Agriculture. They are imazapyr, metsulfuron methyl, fosamine, triclopyr, aminocyclopyrachlor and aminopyralid. All applications are performed by certified applicators. Rights of way involved in the program are:

GREENBRIER COUNTY

Layland-McClung 69kV - A transmission line on wood poles beginning at the Layland Station near Layland and running northeast, passing near Crickmer, Meadow Bridge, Bellwood, Rainelle and McRoss and ending at the McClung Station near Leslie

McRoss-Anjean 34kV - A distribution line on wood poles beginning at West Virginia Route 20 in Charmco and running east to Anjean. The line then turns northeast, passes Duo and ends at Clearco. Complaints about possible damage resulting from herbicides may be made by contacting the company at the above toll-free number or the local office listed below. Complaints may also be directed to the Department of Agriculture, Pesticide Regulatory Programs Unit, which may be contacted in Charleston at 304-558-2209.

Transmission Forestry 404 29th Street West Charleston, WV 25387

APPALACHIAN POWER

LEGAL

WEST VIRGINIA DEPARTMENT OF TRANSPORTATION **Division of Highways** NOTICE TO CONTRACTORS

Bids will be received electronically by the West Virginia Department of Transportation, Division of Highways through the Bid Express Bidding Service (www.bidx.com) and by sealed proposals (only when prequalification is waived) being received at its office in Building 5, Room 843, 1900 Kanawha Boulevard East, Charleston, West Virginia until August 9, 2022 at 10:00 AM (Eastern Standard Time). The bids will be downloaded and/or opened and read publicly thereafter for the constructions of the following project(s): State Project **Federal Project** Description

013 2020000518 S313-64-171.31 00

ASPHALT PAVING LEWISBURG-GREENBRIER RVR

Begin: 1.89 mi East of US 219 End: Bridge #13-64-172.74 **COUNTY: GREENBRIER**

DBE GOAL: 12% OF CONTRACT BID AMOUNT. BIDDER MUST PROVIDE WRITTEN

ASSURANCE OF MEETING GOAL ON FORM IN PROPOSAL.

REMARKS: Proposals will be received from prequalified and West Virginia licensed contractors only except that on

can begin. Registration is required with the Department of Administration, Division of Purchasing, in accordance with Chapter 5A, Article 3, Section 12 of the West Virginia Code. All contractors submitting bids on project(s) must include one of the following forms properly executed with each proposal: Proposal Guaranty Bond, Cashier's Check, or Certified Check for \$500.00 or 5% of the total bid, whichever is greater.

*These are projects on which any contractor with a Category "W" Prequalification Rating may be eli-

ederal-Aid Projects a contractors' licence is not required at time of bid, but will be required before work

The West Virginia Department of Transportation, Division of Highways reserves the right to defer, delay or postpone the date for receiving and publicly opening proposals for any project designated in this advertisement, without the necessity of renewing such advertisement. All bidders holding valid bidding proposals will be notified of such deferment, delay or postponement and the date that proposals will be received and publicly opened.

will affirmatively ensure that in any contract entered into pursuant to this advertisement, minority business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, religion, sex or national origin in consideration for an award.

The West Virginia Department of Transportation, Division of Highways hereby notifies all bidders that it

WEST VIRGINIA DEPARTMENT OF TRANSPORTATION **Division of Highways** NOTICE TO CONTRACTORS Bids will be received electronically by the West Virginia Department of Transportation, Division of

Highways through the Bid Express Bidding Service (www.bidx.com) and by sealed proposals (only when prequalification is waived) being received at its office in Building 5, Room 843, 1900 Kanawha Boulevard East, Charleston, West Virginia until July 26, 2022 at 10:00 AM (Eastern Standard Time). The bids will be downloaded and/or opened and read publicly thereafter for the constructions of the following project(s): Federal Project Call Contract **State Project** Description

2022890001R2 S389-REC/AL-22. 00 STBG-2022(033)D

DISTRICTWIDE 5% OF CONTRACT BID AMOUNT. BIDDER MUST PROVIDE WRITTEN

D-9 Recall Striping

ASSURANCE OF MEETING GOAL ON FORM IN PROPOSAL. Proposals will be received from prequalified and West Virginia licensed contractors only except that on

DBE GOAL:

Federal-Aid Projects a contractors' licence is not required at time of bid, but will be required before work can begin. Registration is required with the Department of Administration, Division of Purchasing, in accordance with Chapter 5A, Article 3, Section 12 of the West Virginia Code. All contractors submitting bids on project(s) must include one of the following forms properly executed with each proposal: Proposal Guaranty Bond, Cashier's Check, or Certified Check for \$500.00 or 5% of the total bid, whichever is greater. *These are projects on which any contractor with a Category "W" Prequalification Rating may be eli-

The West Virginia Department of Transportation, Division of Highways reserves the right to defer, delay or postpone the date for receiving and publicly opening proposals for any project designated in this adver-

tisement, without the necessity of renewing such advertisement. All bidders holding valid bidding proposals

will be notified of such deferment, delay or postponement and the date that proposals will be received and The West Virginia Department of Transportation, Division of Highways hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant to this advertisement, minority business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, religion, sex or national origin in consideration for an award.

LEGAL

ADVERTISEMENT (MR-34-BM)

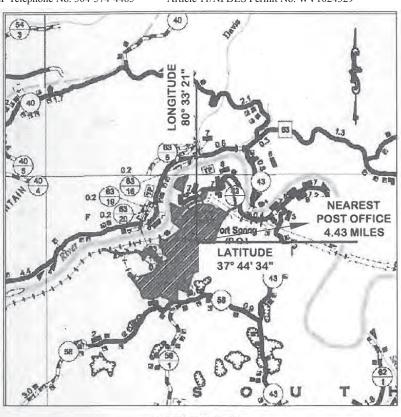
Notice is hereby given that APPALACHIAN AGGREGATES, LLC, 171 ST CLAIRS CROSSING, BLUEFIELD, VA 24605 has submitted an application for the modification Of Article 11/WVNPDES Permit No. WV 1024329 to the Department of Environmental Protection, 1159 Nick Rahall Greenway, Fayetteville, WV 25840 in order to revise the aluminum permit limitations at Outlet 004 by applying a site-specific aluminum translator. The operation will discharge Treated Storm water into an unnamed tributary of Greenbrier River and is located 0.5 miles southwest of Fort Spring, WV, in Irish Corner District of Greenbrier County, Longitude 80° 33' 21" and Latitude 37° 44' 34"

The Department of Environmental Protection is seeking information on private surface water intakes for human consumption located in the above listed receiving streams and located down stream of this operation. Please provide your name, phone number, mailing address, the name of the stream being with the intake, and the physical location of the intake. This information needs to be submitted to the address above.

An anti-degradation review has been conducted. Tier 1 protection is afforded because effluent limitations ensure compliance with water quality criteria for all designated uses. Where applicable, Tier 2 protection is also afforded because the agency has made a determination that the discharge(s) will not cause significant degradation to the receiving stream(s) for any parameters of concern.

Comments on the Article 11 WV/NPDES application or requests for a public hearing regarding the Article 11/NPDES application shall be in writing and if a public hearing is requested shall state the nature of the issues proposed to be raised in the hearing. Such written comments or requests should be sent to the Department of Environmental Protection (DEP) at the address above, and must also reference the Article 11/NPDES permit number shown above. Comments received by August 8, 2022, or thirty (30) days from date of publication, will be considered. A copy of the Article 11/WVNPDES application, draft permit and fact sheet (if required) will be available for inspection and obtaining copies during normal business hours at the DEP Regional Office located at the address above.

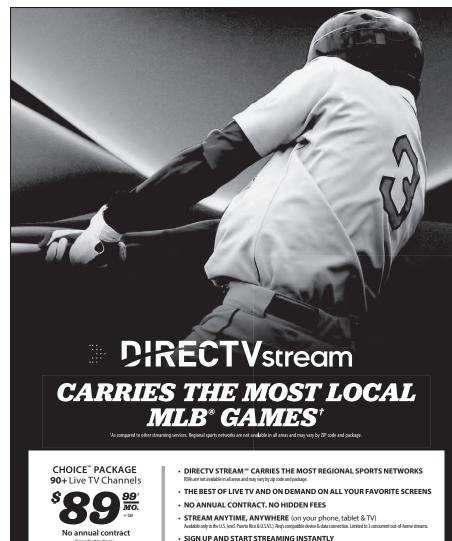
Article 11/NPDES Permit No. WV1024329 DEP Telephone No. 304-574-4465



LOCATION MAP

WV Highway Map - Scale 1"=1 Mile Irish Corner District, Greenbrier County, West Virginia Article 4 Permit No. Q3019-95 NPDES No. WV1024329 NPM (1) RECEIVING STREAM: UNNAMED TRIBUTARY OF GREENBRIER RIVER NEAREST POST OFFICE: RONCEVERTE, 4.43 MILES Fort Spring, WV 7.5 USGS Quadrangle





IV Support Holdings 855.656.0296

Contact your local DIRECTV dealer!



REAM: Service subject to DIRECTU STREAM terms and conditions (see direct x.com/legal/). Requires high speed internet. Minimum internet speed of 8Mbps per stream recommended for evice req'd. Residential U.S. customers only (excludes Puetro Rico and U.S. Virgin Islands). Provided the representation of the stream stream service renews monthly at the prevailing rate, charged to your paym u cancel. New customers who cancel service in the first 14 days will receive a full refund. Otherwise, no refunds or redits for any partial month periods or unwatched contented, you can access DIRECTV STREAM through the remaining monthly period. Regional Sports and Local Channels: Regional Sports available with CHOICE and above. Not available Channels vary by package and billing region. Device may need to be in billing region in order to view. <u>Taxes:</u> State and local taxes or other governmental fees and charges may apply including any such taxes, fees or charges assessed against discounted fees or service credits. Limits: Offers may not be available through all channels and in select areas. Programming subject to blackout restrictions. All offers, programming subject to blackout restrictions. promotions, pricing, terms, restrictions & conditions subject to change & may be modified, discontinued, or terminated at any time without notice. See directv.com/stream/ for details. ©2022 DIRECTV. DIRECTV and all other DIRECTV marks are trademarks of DIRECTV, LLC. All other marks are the property of their respective owners.

= A Look Back entertainment quide

Dutch Haus Restaurant Lewisburg Elks Country Club at 368 Brush Rd., Lewisburg

BEST STEAKS IN TOWN

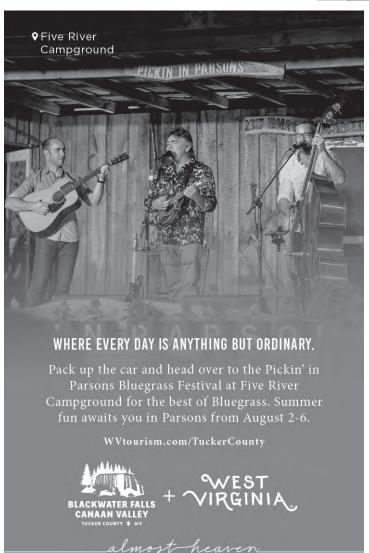
WEEKEND SPECIAL

Fried Chicken

Served with mashed potatoes, vegetable, salad & bread.

Open For Breakfast Saturday & Sunday 8:30-11:00

Mon - Fri 11 am-9 pm, Sat & Sun 8:30 am-9 pm • 304.645.2723





Courtesy of West Virginia Regional History Center.

By William "Skip" Deegans

Shown in this undated photo and seated to the left is Fred Glazer, former Executive Secretary of the West Virginia Library Commission. Glazer was appointed in 1972 to head the state library system when West Virginia was nearly dead last among the other states in funding. When he started, West Virginia's funding for libraries was below 10 cents per capita. To underscore the point, Glazer gave each state legislator a roll of Life Savers (cost a dime then) to show them how much they were appropriating for libraries. At the end of his tenure in 1996, funding for libraries had increased to \$3.75 per capita.

Armed with degrees from Columbia University, Glazer was an energized promoter of West Virginia libraries. He originated

THREE-TO-FIVE

FIRST NAMES

91 Acorn

89 Pickle or cure

sources

92 Be inclined

95 Levied, as a

98 Droopy-eared

hound

99 Diminutive

swimmer

Gertrude

film and TV

101 Morales of

102 McKellen of

movies

Language

columnist

William

104 Even though

overlay

105 A lot like

106 Wood

103 "On

100 Channel

93 Finished

a six-pack book carrying carton and coined the slogan, "Take home a six-pack." He started the "instant libraries." They were prefabricated glass, cedar and pastel colored 1,200-square feet carousels that could be erected in two days with a four-man crew. The commission paid for the shell, but the community had to come up with the land and funds - about \$25,000 - to complete the building. Greenbrier County has three instant libraries: Ronceverte, Rainelle, and Quinwood.

Glazer instituted state-wide library cards, started a free circulating film library, began services for the blind and physically challenged readers, and embraced the use of technology to link all state libraries. Despite his successes and support from many state newspapers and Senator Jay Rockefeller, he was fired by the Library Commission in a controversial 4-3 vote in 1996. Glazer claimed he was fired for personal and political reasons and sued the Commission. He died, however, in 1997. before his case came to trial. In 1999, the American Libraries magazine included Glazer in the 100 most important librarians

over the past 100 years. Also shown in this photo with Glazer and former Governor Rockefeller, is Victorine Louistall Monroe who, in 1964, was the first African-American to receive a graduate degree from West Virginia University. She became a professor of library science at West Virginia University in 1966.

Sources: West Virginia Libraries, Beckley Post-Herald, Charleston Gazette, University of Illinois.

Super Crossword

ACROSS 1 Jason's ship 5 Categorized 12 Schoolboys 16 Actor Ayres 19 Coffee bit

20 Sea cow 21 "Orinoco Flow" singer 63 Hank in the 22 Yes, to Yvette 23 Pigeonhole 64 Floats in the

the 16th president? 25 Toy-package 27 1950s politico Stevenson

29 Cut all ties with the star of "Our Miss Brooks"?

31 Sniff the singer of "Coca Cola Cowboy"? 36 Color shade

35 Barber's stuff 37 Senator Cruz 38 - - bitsy 39 Investigate the director

of "Stand by Me"? 43 Barber's stuff 45 Positive vote 46 Writer Blyton

47 Bathe the star of "Caroline in the City"?

19

23

48

63

70

76

82

87

108

114

120

125

129

99

100 101

53 Didn't include 60 Berg material

58 Gate joint

59 Light hit

62 Bride in

"My Big

Fat Greek

Wedding"

Basketball

breeze

genetic

67 Make a

Hall of Fame

replica of the

star of "The

Wolf Man"?

70 Jules Verne

72 According to

goddess

74 Boxer Frazier

75 Muscle jerks

76 Mistreat the

director of

'Splash"?

79 In districts

woman

82 Broadcaster

84 Stable feed

87 Quaint street

90 Trample the

94 "Me neither"

20

32

65 66

115 116

126

130

24

playwright of

Travesties"?

pizza topping

81 Holy Fr.

83 Rumpus

85 Pungent

captain

73 Dawn

96 "- so sorry!" 97 "- so sorry!" 98 Extort money from the star of "The

Europeans"? 103 Rational 105 Prefix related to birds

108 Helps out 109 Whirlpool site 110 Spill hot coffee on

baseball's "Iron Man"? 114 Kidnap the star of Madam Secretary"?

118 Mil. jets' site 119 Indistinct 120 Candy -(hospital helpers)

121 Contradict the inventor of the cotton

125 Čertain pipe shape 126 Provided

127 Retired academics 128 Ladder rung 129 Certain pipe

shape

130 Mimicked 131 Halter's cousin 132 Former times

DOWN

1 Something super-fun 2 Software instruction

file, often 3 Like houses with pitched roofs 4 Hoops' Shaq

5 Roman 950 6 Chou En-7 Yearly records 8 Hit resulting

in an out and an RBI 9 Absolut rival, for short

10 Sushi roll fish 11 Forest lairs 12 Do not disturb 13 Resident of

"la-la land" 14 Batik worker 15 Gilbert of "The Conners"

16 Soho setting 17 Actor Levy 18 Hot dog "Diamond -

24 Mae West's 26 Intro painting course, say 30 Self-love 32 Be inclined

33 Tingly feeling 34 1974 CIA spoof flick

40 Lubes again

30

35

79

103 104

34

39

73

78

90

102

117

121

127

131

83

60

21

25

46

68 69

123 124

85

112 113

128

132

105 106 107

41 Glass edge 42 Piaf of song 43 Phone game,

maybe 44 Another time 45 Phone game, maybe 47 Gab,

informally 48 African land 49 Infatuates 50 Capital of Canada 51 Moms

52 Sgt., say 54 Flawlessly 55 African land 56 Ballot caster ' Beatime hou 61 Delights in

65 Relief sound 66 "Alice" waitress **67** Cape -68 Era upon era

69 Capital of Canada? 71 Law school beginner

73 Like amaton literature 77 Marvelous 78 Radio spots 79 Electric jolt

80 Dimwit 84 "Let's see .. 86 "Says You!" broadcaster

(Chick-Fil-A

26

36

slogan)

14 15

107 Composed and ready for printing 111 "The Alienist" novelist Carr 112 "As - care!" 113 Crooner Cline 115 Women's Open org.

116 Hurdle 117 "Yeah, right" 122 Tall bird 123 164-nation 88 "Eat - Chikin" commerce

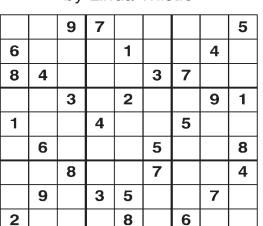
124 Au courant 17

18

SCRAMBLERS LINKED CAPERS OODLES HEROS

Weekly **SUDOKU**

by Linda Thistle

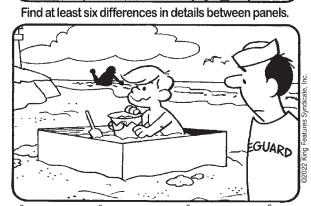


Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

Moderate ◆◆ Challenging ♦♦♦ HOO BOY! © 2022 King Features Synd., Inc.

BY HENRY BOLTINOFF **HOCUS-FOCUS**



Differences: 1. Trash can is missing. 2. Shovel is moved. 3. Steam shovel is missing. 4. Sailboat is missing. 5. Glasses are missing. 6. Whistle is missing.





PUZZLE ANSWERS PAGE 7

110 1111

122

118

Steppin' Out

Multiple bands to perform at Skyline Bluegrass Festival July 16

New Skyline Productions, Inc. is looking forward to showcasing a group of five diverse and high energy bands when it celebrates a tribute to the original Skyline Bluegrass Festival on Saturday, July 16, from 5 to 10 p.m. in the Amphitheatre located in Island Park at Roncev-

The original festival took place on the Blake Family mountaintop farm overlooking the Greenbrier River above the town of Ronceverte from 1976-1985. This new 501(c)3 has been formed to bring this widely popular event back to the River City.

Ronceverte, an historical river and railroad community, has embarked on a well thought out restoration plan to transform the town into an important cultural and historical destination. Ramp Supper Band, back from a much too long sabbatical, will open the evening's event at 5 p.m. This infamous group of wild leeks was formed back in the 1970s by a group of osteopathic physicians who were divinely guided to the Greenbrier Valley, along with one prolific female



artist, and was fortunate to meet up with a true native West Virginian. The rest is history!

Current members appearing at the festival include David and Henrietta Crandall, Buffalo "Bob Foster" and WV's celebrated son, Richard Hefner. Next in the lineup are newcomers to the national scene, Troubadour Blue (www.troubadourblue.com), an innovative trio comprised of siblings Brenna and Eli Wheeler of Nashville, TN, and Daniel Kim Ethridge of Austin, TX. They are known for "marrying the motifs of modern bluegrass with the poeticism found in Nashville's songwriting scene."

The next band up really needs no introduction. Multiple award winner and Mill Point, West Virginia native Richard Hefner and The Black Mountain Bluegrass Boys have been playing traditional bluegrass music for over 50 years across the eastern United States. Hefner plays banjo and sings all parts. Dave Bing plays guitar and fiddle and is well known and respected as a fiddle maker and instructor at the Augusta Heritage Center's music workshops. Blaine Sprouse, fiddler extraordinaire, hails from the national music scenehaving played with Jimmy Martin, The Dreadful Snakes, Peter Rowan and many other great bands. "Black Mountain Bluegrass Girl" Joanna Burt-Kinderman was honored by WV Living magazine as a 2021 WV Wonder Woman. Joanna is a math coach in Pocahontas County and keeps this bunch together with her rock-solid bass playing. All hail

from and are proud to be West Virginians.

Next up, Coaltown Dixie (www.coaltowndixie.com) a classy, energetic all-female bluegrass band hailing from the Appalachian hills of East Kentucky. The band formed in 2009, taking their name from Dixie Hatfield, the grandmother of the band's bass player and manager of a coal camp boarding house in East Kentucky. Thus far, the ladies have released three CD's and a live performance DVD. Coaltown Dixie has been the recipient of a National Bluegrass B.O.R.N. (Bands On the Rise Nationally) Award, been featured as "Future Stars" in the U.S. 23 Country Music Highway Travel Guide, graced the cover of M.E., Music Entertainment magazine and have twice been nominated as Best Bluegrass Band for the Appalachian Arts and Entertainment Awards. Members include Kris Bailey Preston, Melanie Turner, Stephanie May Rose and Kalyn Bradford Bowen (www.coaltowndixie.com).

Topping the festival off is High Fidelity, known for directly drawing their influence from the classic era of bluegrass music history of the 1950s and '60s. High Fidelity is being hailed as a rising group whose love and devotion to that music is unsurpassed (www.highfidelitybluegrass.com). Formed in early 2014, the group received

its first achievement with a firstplace win in the International Band Championship at the 40th Annual Society for the Preservation of Bluegrass Music of America (SPBGMA) Awards in February of 2014. In 2019, they were nominated for International Bluegrass Music Association (IBMA) New Artist of the Year. The band consists of five outstanding musicians and singers who are steeped in the sounds of tradition. Members include Jeremy Stephens, guitarist and lead vocalist for the group, Corrina Rose Logston, fiddler and harmony vocalist; Kurt Stephenson handling banjo duties and harmony vocals; Vickie Vaughn, with upright bass and contributes vocals; and multi-instrumentalist and harmony vocalist Daniel Amick.

proud to present special guest violinist extraordinaire Adam DeGraff. Bring your family and lawn chairs to enjoy a true community gathering of bluegrass music lovers and friends. Admission is free but donations will be gladly appreciated at designated locations the day of the event. Food and beverages will be available for purchase from local vendors. Coolers are not permitted in the Amphitheatre. To ensure the enjoyment and health of all, attendees are kindly requested not to smoke in the Amphitheatre or nearby audience areas.

In addition, the festival is

Carnegie Hall **Calendar of Events**

Thursday, July 14: Annie Neeley Band - Carnegie Hall's Ivy Terrace Concert Series continues Thursday, July 14, at 6:30 p.m., with country-soul and roots rock group, the Annie Neeley Band. Ivy Terrace Concerts take place outside in front of Carnegie Hall and are free to the public. Concertgoers are encouraged to bring a lawn chair or blanket and pack a picnic. Concerts are over at 8 p.m.

July 11-15 (Week One), July 18-22 (Week Two) of Carnegie Hall Kids' College - Kids' College is an opportunity to expand learning in and through the arts in a safe, nurturing environment. A primary objective of Kids' College is to instill a lifelong love of learning through the arts for its participants. This year's Kids' College is open for rising 2nd - through rising 7th-grade students. The building is closed to the public during kids' college.

Rotating Galleries:

Old Stone Room Gallery - Galleries are closed during July. Next up: Shari O'Day Mann. Opens Aug. 5.

Museum Gallery - Galleries are closed during July. Next up: Steven Hutchins. Opens Aug. 5. **Lobby Gallery** - Galleries are closed during July. Next up:

Suzanna Robinson. Opens Aug. 5.

Permanent Exhibit:

Arts from the Ashes: The History of Carnegie Hall - The exhibit features memorabilia, photographs, artifacts and more of Carnegie Hall since its construction in 1901. Located on the second floor. Free admission

For more information, please visit carnegiehallwv.org, call 304-645-7917, or stop by 611 Church Street, Lewisburg.

Greenbrier Historical Society to host Tavern Night July 29



Join the Greenbrier Historical Society on Friday, July 29 from 5 to 7 p.m. to enjoy an evening in the Star Hotel Tavern Room. The event will have live music by local musician Allan Dale Sizemore, as well as food and drinks to complete the tavern experience. The museum will also be open for visitors to explore its numerous exhibits and period rooms. During their visit, guests can learn about the running of the Star Hotel & Tavern in the mid-1800s, the

history of the North House & those who

lived and worked there, Black history in Greenbrier County, and much more while enjoying the food and musical entertainment provided by the Historical Society.

Brent Murrill, executive director of the Greenbrier Historical Society, said "This event is a great opportunity to visit the North House, check out our exhibits, and grab some food and drinks while you listen to our excellent musical guest, Allan Dale Sizemore. If you haven't seen us

lately, you haven't seen us!"

GUARANTEED Life Insurance up to \$15,000.00

Modified Whole Life Insurance from Physicians Life Insurance Company

- Cash to help pay funeral or other final expenses
- Guaranteed acceptance ages 45 to 85*
- No medical exam, no health auestions
- Call for FREE Information
- 1-888-217-5559 or go to life55plus.info/wv
 - ➤ You'll also get a FREE
 - Final Wishes Planner!

*Ages may vary by state. Guaranteed for one of these life insurance policies. Benefits reduced first two years. Insurance Policy L770 (ID: L770ID; OK: L770OK; TN: L770TN).



Streaming Online at www.alleghenymountainradio.org

THANK YOU FOR READING THE MOUNTAIN MESSENGER