

Mountain messenger

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The Weekend Newspaper for the Greenbrier Valley - Lewisburg, West Virginia

Section of GRT to close starting October 3 as Lewisburg Council approves agreement with DNR

By Sarah Richardson

Lewisburg City Council held a special meeting on Tuesday, Sept. 27, to review the details of an agreement with the West Virginia Department of Natural Resources regarding the temporary closure of a section of the Greenbrier River Trail. The closure is to allow for the relocation of the intake pipe for the municipal water plant, which will be moved upstream of the landfill and junkyard.

"The upgrade creates a more resilient and reliable water supply designed to improve the quality of the water delivered to the community. This upgrade also includes the installation of generators designed to keep water available during power outages for residents," states a press release about the project.

"This has been a long time waiting," opened Lewisburg City Manager Misty Hill. "The concerns from the

Council that have been brought forth in the past, and also from the citizens of the community, and we have reached an agreement with the state, the DNR, and it has also been vetted and approved by the Attorney General. It's been signed."

The draft of the DNR agreement states that the trail will be closed from the current intake building to Hopper (Harper Road) starting on Oct. 3, and will remain closed until Feb. 29, 2024. This two-mile portion of the 78-mile trail stretches from milepost 3.75 to milepost 5.53.

"We are going to provide temporary parking right there at the property that the intake is going to go on, so the temporary parking will be on our property until the permanent parking is provided by the City," said Hill. It was announced at previous meetings that around

See "GRT Section to Close" Page 10



CVB presents Annual Report to County Commission

By Adam Pack

Members of the Greenbrier Valley Convention and Visitors Bureau (CVB) were on hand to present their annual report to the County Commission Tuesday, Sept. 27. President and CEO of the Greenbrier County Convention and Visitors Bureau Kara Dense, as well CVB board member Tammy Tincher (who is also a Commissioner), Lewisburg Mayor Beverly White, CVB Vice President Mike Dotson, and CVB Officer Manager Delilah Dixon were all on hand.

Dense began by speaking about their close involvement with the West Virginia State Legislature in 2021 in getting legislation for West Virginia tourism passed. She provided some details on Senate Bill 488, explaining, "We worked very closely with legislators to get this passed. There's been an issue with [there being] so many different CVBs and waste throughout the state; there are roughly 75 CVBs registered with the state superintendent's office, which in a state of 55 counties seems incorrect." The bill would increase the oversight of CVBs by their funders, as well as the appropriate legislative bodies, and will require accreditation. Dense was proud to note that Greenbrier County has been accredited since 2006.

She also noted the CVB's excitement about the beginning of Contour Air Service on Nov. 1, and stated that the CVB is setting aside funds to help advertise for the new air service. Dense also noted that through their partnership with a company called Epsilon, the CVB has been able to gather some very detailed information. After an investment by the CVB to the amount of \$50,000,

Epsilon generates online ads for the Greenbrier Valley. "They are able to track the people that see these ads, that click on these ads. They're able to end up tracking their credit card information. They don't know them personally, but they're able to track that information and they can tell if they've actually visited the area and how much money they've spent here."

Dense said this feature is "really cool, because CVBs have never really had that ability before, to be able to track, because we don't particularly have a cash register, like a hotel, who can keep track of their reservations and all those types of things." While information is not yet available for 2022, Dense reported that after the initial \$50,000 investment in the spring of 2021, Epsilon was able to inform the CVB that roughly 945,000 people saw ads for the area, 2,700 came here to visit, and that about \$878,000 was spent here in the area.

Dense summarized by saying that the CVB has a three-pronged focus for 2023: market and brand development, workforce issues in the hospitality industry, and advocacy for the tourism industry in West Virginia. Dense also noted that brand refreshing will be taking place immediately. "We'll be putting a fresh new look and doing some work to the visitor's center in order to get people to come in and ultimately to get the cash registers around the county ringing."

In other news, the county also signed a proclamation declaring the week of Oct. 2 as Greenbrier County 4-H week. This is in conjunction with National 4-H Week. 4-H week will kick off with an outdoor movie and food at the State Fairgrounds on Oct. 1. The public is encour-

aged to attend.

Greenbrier County Sheriff Bruce Sloan was on hand to report on the status of the sheriff's department's newest candidate for hire, Caleb Helmick. Helmick is not a certified police officer, and his hiring will be pending

See "CVB Annual Report" Page 7

TOOT returns!



Taste Of Our Towns returns to Downtown Lewisburg Saturday, October 8 (See TOOT Guide in this issue)

Dozens of local businesses, organizations make the finals of WV Living 'Best Of' competition

By Adam Pack

Each year West Virginia Living magazine showcases the best places to eat, drink, and be merry, from the northern panhandle of the state to the southernmost borders. The "Best of West Virginia" competition is a recognition for small businesses and destinations in West Virginia. As of now, finalists have

been selected in 86 categories and several Greenbrier Valley businesses are in contention to win Best in West Virginia in their category. Vote for your favorites from Sept. 26 to Oct. 16. You can vote once per day per category.

Finalists from the area, by category, include:

- **Travel:** Best Bed & Breakfast/Inn - The General Lewis Inn, The Old Victoria Inn
- Best Boutique Hotel - The Escape, The Schoolhouse Hotel

- Best Campground - Greenbrier River Campgrounds
- Best Casino - The Greenbrier Casino
- Best Chain Hotel - Home2 Suites by Hilton Lewisburg, Hampton Inn Lewisburg
- Best Convention and Visitors Bureau - Greenbrier County CVB
- Best Golf Course - The Greenbrier
- Best Place to Take the Kids - Lost World Caverns
- Best Resort - The Greenbrier
- Best Spa - The Greenbrier

See "Best Of" Page 2

Nature's Way

By Karen Cohen on page 4



Visit us at — www.mountainmessenger.com

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Greenbrier County School Board urges Yes Vote on Levy at public forums

By Adam Pack

The Greenbrier County School Board held a public forum on Monday, Sept. 27, to inform citizens of the facts and figures pertaining to the upcoming school levy. This comes after a similar presentation at Greenbrier West Middle School earlier in the month. The presentation outlines some basic fiscal and educational facts about Greenbrier County, the breakdown of sums associated with the levy and their use, and the board's argument as to the necessity of the levy.

According to the presentation, Greenbrier County is the second largest school district in West Virginia geographically and the sixteenth largest based on enrollment. The county provides free meals to all students, and noted that they have served 1.1 million meals in 2021-22. The board also made mention of the load on the county school bus system, a fleet which drives a distance equivalent to nearly 75 percent of the way across the country every day. This was mentioned alongside the various programs provided by the school system in the county.

A levy, meanwhile, is different from a bond, as bonds are used solely for the building of new schools or facilities or to major renova-

tions or repairs to schools and or facilities. According to the presentation, "The school excess levy is a tax placed on property to directly fund education programs and services critical to the operation of Greenbrier County Schools, including school safety and security services and equipment, the continuation of art and music programs, school allotments and supplies, and more."

This year's annual levy amount totals \$8,326,267. That amount is then subdivided as follows:

- \$1 million: School safety and security
- \$1 million: Instructional Materials, Technology & Related Resources
- \$350,000: continuation of art & music programs available to all students
- \$900,000: School Allotments & Supplies Including Lab Supplies
- \$2,776,267: Capital Improvements to school facilities including building repair and maintenance and utilities
- \$2.3 million: Employment of necessary personnel outside the school aid formula to meet student needs and maintain employee benefits

The board feels that these funds and their use can further their goal of providing qual-

ity education to Greenbrier County Students. The board also stated that this is not a "new" tax, but rather, "Greenbrier County has supported the special school excess levy since 1974, renewing the measure every five years. The current levy expires in June 2024. The levy on the November 8 ballot will continue the expiring levy with a 10% increase in funding for the next five years." Levies are paid annually.

The amount individuals will pay annually towards the levy is based on the valuation of their home. The valuation in cents per \$100 of assessed valuation on each class of property is \$13.77 for Class I, \$27.54 for Class II, \$55.08 for Class III, and 55.08 for Class IV. Personal property will be taxed at the Class III rate. For Residential Real Property this translates to:

- Property Valued at \$50,000: \$82.62
- Property Valued at \$100,000: \$165.24
- Property Valued at \$150,000: \$247.86
- Property Valued at \$200,000: \$330.18

A full breakdown of the levy cost on residential real property, as well as on homestead exemption with real property and commercial property can be found at www.greenbriercountyschools.com. Simply go to the "Site Menu" tab and then click "School Levy" at the bottom right hand corner of the drop down menu.

Best Of

Continued from Front Page

Best Sports/Recreation Complex - Greenbrier Valley Aquatic Center
 Best State Park/Forest/Nature Attraction - Greenbrier State Forest, Beartown State Park
• Culture:
 Best Art Gallery - Cooper Gallery, Alderson Artisans Gallery
 Best Environmental Organization - Greenbrier River Watershed
 Best Fair/Festival/Event - State Fair of West Virginia, Alderson 4th of July
 Best Charity/Non-Profit Organization - Fruits of Labor
 Best Live Music Venue - Big Draft Brewing
 Best Local Newspaper - The West Virginia Daily News
 Best Museum - Greenbrier Historical Center
 Best Place to Work - Greenbrier Valley Brewing Company
 Best Radio Station - WRON-AM 1400 "Newstalk 1400 WRON," WBRB 101.3 "The Bear"
• Drink:
 Best Brewery - Greenbrier Valley Brewing Company, Big Draft Brewing
 Best Cidery - Hawk Knob Hard Cider and Mead
 Best Coffeehouse - Manic Espresso, The Wild Bean, Tootsie's Place
 Best Distillery - Smooth Ambler Distillery

Best Local Watering Hole - The Asylum, Brier-garten, Big Draft Brewing
 Best New West Virginia Libation Producer - Big Draft Brewing
• Food:
 Best Appalachian Cuisine - The Stardust Cafe
 Best Bakery - Good Roads Bakehouse, Amy's Market
 Best BBQ - Road Hog's Barbeque
 Best Brunch - The Humble Tomato, The French Goat, General Lewis Inn
 Best Burger - The Asylum, Jim's Drive-In
 Best Butchery - Swift Level Fine Meats
 Best Chef - Chef Jared Masters (The French Goat)
 Best Donuts - Ben & Ellen Donuts (State Fair of WV)
 Best Drive-In - Jim's Drive In
 Best Fine Dining - The French Goat, Food & Friends
 Best Honey - Mountain Sugar and Spice
 Best Hot Dog - Jim's Drive In
 Best Italian Food - The Humble Tomato
 Best New Restaurant - Big Draft Brewing
 Best Pepperoni Roll - The Humble Tomato
 Best Pizza - Hill and Holler, The Humble Tomato
 Best Specialty Food Marketplace - Swift Level Fine

Meats, Bella The Corner Gourmet
 Best Wings - Hill and Holler
• Shopping & Services:
 Best Independent Bookstore - A New Chapter Bookstore
 Best Independent Fine Jewelry Store - Lewisburg Diamond and Gold
 Best Local Floral Shop - Greenbrier Cut Flowers
 Best Local Women's Apparel - Wolf Creek
 Best Outdoor/Gear Shop - Serenity Now Outfitters Inc.
 Best Real Estate Agency - Patterson & Co. Luxury Real Estate, Grist Real Estate Associates, Greenbrier Real Estate Services, Fox-fire Realty
 Best Place to Buy WV-Made Products - Alderson's Store
• Towns:
 Best Adventure Town - Lewisburg, White Sulphur Springs
 Best Downtown - Lewisburg
 Best Inclusive Town -

Lewisburg, White Sulphur Springs
 Best Mayor - Lewisburg's Beverly White; White Sulphur Spring's Bruce Bowling
 Best Town for a Weekend Getaway - Lewisburg, White Sulphur Springs
 Best Town for Foodies -

Lewisburg, White Sulphur Springs
 Best Town for History - Lewisburg, White Sulphur Springs
 Best Town for Leaf-Peeking - Lewisburg, Alderson
 Best Town for Retirees - Lewisburg, White Sulphur

Springs
 Best Town for the Arts - Lewisburg
 So, from Sept. 26 to Oct. 16, visit West Virginia Living online to vote for your favorite businesses at wv-living.com/best-of-west-virginia-2022



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Open Enrollment for Tax School Classes Begin Mid October

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1322 Maplewood Avenue
 Ronceverte, WV 24970

Dr. Erik Stapleton, D.O. will be joining our Orthopedic Department on **September 2, 2022**



From Tampa, Florida, Dr. Stapleton obtained his bachelor's degree in biological sciences and a minor in chemistry from Florida State University in 2009 and then his masters degree in neurological sciences from the University of South Florida in 2010. He then received his medical degree from the West Virginia School of Osteopathic Medicine in 2016 and while there, was a member of the Sigma Sigma Phi academic honor society. In 2021, he completed his orthopedic surgery residency at the Zucker School of Medicine at Hofstra/Northwell in Huntington, New York. While in residency, he held multiple leadership roles, including the chief resident designation, and he was active in medical research with numerous publications. After his residency, Dr. Stapleton completed a sports medicine fellowship in 2022 at the prestigious New England Baptist Hospital in Boston, Massachusetts. While there, he worked as an assistant team physician at Merrimack College and with the Boston Celtics. He lives in Lewisburg, WV with his wife, daughter, and Siberian Husky, Koda.

To Schedule An Appointment With Dr. Stapleton, Call 304-647-5114



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PICK OF THE LITTER



ARTIE
 Artie is a two-year-old male Airedale terrier and weighs 40 pounds.

CRYSTAL
 Crystal is a two-year-old female domestic shorthair and weighs 7 pounds.



These and other animals are available at the Greenbrier Humane Society, located at 151 Holiday Lane off of Rt. 60 West in Lewisburg. They are closed Sunday and Monday, and are open from 11 a.m. through 5 p.m. Tuesday through Saturday.

Their cat adoption fee is \$65 and covers spay/neuter surgery, first kitty vaccinations, rabies vaccine, de-worming, toe nail trim and flea treatment.

Their dog adoption fee is \$85 and covers spay/neuter surgery, first dog vaccinations, rabies vaccine, de-worming, toe nail trim, flea bath and flea treatment.

They also offer donation-based spay/neuter vouchers, and clinics are filled on a first-come, first-served basis. They use a lot of vets in the area but the clinics fill up fast! Fill out an application to help prevent animal overpopulation! Call 304-645-4775 for more information.

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Briefly

Mobile Food Pantry

The Mountaineer Food Bank Mobile Food Pantry will be held at Renick Park on Railroad Avenue in Renick on Friday, Sept. 30, from 11 a.m. to 12:30 p.m. while supplies last.

Greenbrier Valley Master Gardeners

will sponsor an Annual Pruning Class - free and open to the public. Conducted by Dr. Mira Danilovich of the WVU Extension Service the class will be held Saturday, Oct. 1, from 1 to 3 p.m. at the Master Gardener Demonstration Garden on the State Fairgrounds. Bring your pruning shears. For more information contact Marit Withrow at maritwithrow@gmail.com or 314-807-4467.

Art Show at Rupert

The Rupert Public Library is having an Art Show reception on Saturday, Oct. 1, from 5 to 7 p.m. The band Hidden Mountain Treasures will be performing. Food will be served. Come join the fun and enjoy the art of talented artists!

Williamsburg

Community Shooting Match

With fall comes the Williamsburg Shooting Matches at the Williamsburg Community Building. The first match is set for Saturday, Oct. 1. The matches start at 7 p.m. but food concessions open at 6 p.m. The match will be eight rounds, 12-gauge guns only. Full choke, .660 inch minimum. Screw in chokes must be from a recognized supplier (patented) and extend no more than 3 inches beyond original barrel. Barrel length 34" maximum. First seven rounds at \$2 per shot, eighth round 50/50 at \$6 per shot. Shooters must compete in the first seven rounds in order to compete in the 8th round. 50/50 splatter match is \$1 per chance between rounds - cash prizes will be awarded. You do not need to be a shooter to win! Come early! Come hungry! Delicious hot food and refreshments will be available starting at 6 p.m. Families welcomed. You don't have to shoot to come get a meal! The match will be held at the Community Building 6571 Shoestring, Trail, Williamsburg, WV. We hope to see you all there. Proceeds will benefit Williamsburg Community service projects and are sponsored by a joint effort of the Williamsburg Community Action and the Williamsburg Ruritans. For more information and directions visit our website at www.williamsburgwv.com, or call Bill Jarvis at 304-645-3690.

American Heritage Music Hall, Inc.

located at 496 Island Park, Ronceverte, is open to the public, all welcome, handicap accessible. Listeners and tourists welcome. Admission \$7 Tuesday nights, \$10 Saturday - Audience provides food. Doors open at 7 p.m. Jam & Dance every Tuesday 7 to 10 p.m. The Music Hall is available for weddings and parties. For more information call the Music Hall at 304-645-4667; Bill Evans at 304-392-6079; Grace Poe at 304-992-5852.

Shop With a Cop

The Greenbrier County Fraternal Order of Police would like to announce the beginning of our fundraising season for our 2022 Shop with a Cop Christmas program. You may receive a phone call or a mail out about our program. Please do not be alarmed, these calls and mail outs are legitimate. You can contact the Lewisburg Police Dept. with any questions and they will direct you to the appropriate person to speak with. We would like to thank all of our faithful sponsors and look forward to working with our public to provide another successful program for our local children.

Public Meetings

Rainelle Town Council

meetings are held every second and fourth Monday of each month at 7 p.m. at Rainelle City Hall. The public is invited to attend.

Gbr. Co. Farmland Protection Board

meets on the fourth Thursday of each month at 10:30 a.m. at 804 Industrial Drive, Suite 5, in Maxwelton. The public is invited to attend. Call 304-520-3221 for more information.

Renick Town Council

will meet Monday, Oct. 3, at 7 p.m. at Renick Town Hall. Agenda Items include:

- Community comments
- Approval of minutes and financial reports
- Committee report
- Other business

Historic Landmarks Commission

will meet Monday, Oct. 3, at 5 p.m. at City Hall, 942 Washington Street West. Also available via Teleconference. For information on how to participate on ZOOM contact Lewisburg City Hall at 304-645-2080 by 4 p.m. Thursday, Sept. 29. On the agenda:

- Approval of Minutes - September 2022
- Comments from the public
- Shuck Memorial Baptist Church, 841 West Washington Street - 16' x 20' outdoor stage, signs, and yellow vinyl coated chain to be placed parallel with Burdette Street and Livesay Street.
- Public Hearing to update HLC guidelines
- Comments from the Commissioners
- Comments from the Planning and Zoning Officer

The next scheduled meeting of the Lewisburg Historic Commission will be Monday, Nov. 14 with a deadline of Friday, Oct. 28.

Marriages

Joshua Ryan Stone (Gap Mills) to Kendra Rebecca Rudd (Rupert)

Kaleb Lee Hamrick (Rainelle) to Yuen Man Tze (Ronceverte)

Dakota David Lester (Lynchburg, VA) to Taylor Marie Hill (Concord, VA)

Zachary Hess Dawson (Charleston) to Marissa Erin Mann-Bassett (Renick)

Nathan Wayne Hinkle (Clintonville) to Lesley Nacole Howard (Crawley)

Benjamin Clark Reed (Hinton) to Donna Louise Smith (Hinton)

Charles Edward Snyder to Marjorie Kay Woodin (Chase, MI)

Suits

In Re: The Marriage of: Mark Thomas Petro and Sheila Lynn Petro

In Re: The Marriage of: Jennifer Marie Shrewsbury-Fry and Bradley Scott Fry

Brandi Jo Hammons and Nathan Paul Hammons

Charles L. Adkins and Amanda Sue Adams

WV IJDC announces funding for sewer, water projects

The West Virginia Infrastructure and Jobs Development Council announced funding for several projects at its meeting on Sept. 7. The council approved technical reviews and requests to pursue funding for 14 sewer and water projects, which help cities, municipalities and public service districts save taxpayer money and keep their water and sewer projects moving. The following regional projects were announced:

- Jumping Branch-Nimitz PSD Broomstraw and Mark Meador Road water extension to 53 customers estimated to cost \$7.5 million
- Jumping Branch-Nimitz PSD Madams Creek Road water extension to 89 customers estimated to cost \$5.1 million
- Greenbrier County PSD #2 sewer system and wastewater treatment plant (WWTP) improvements estimated to cost \$30.8 million
- Town of Union WTP relocation estimated to cost \$8 million

The WV IJDC was created by the WV Legislature in 1994 to serve as a funding clearinghouse for water and wastewater projects around the state. Gov. Jim Justice serves as council chairman, with Deputy Chief of Staff Ann Urling serving as his designee.



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For the Record

Deeds

Angus N. Macivor to Roberta F. Macivor to Flora Macivor Rochet, 10,340 Sq. Ft., Lewisburg Municipality
Arella Mae Underwood to Jennifer Dawn Harrah and Patrick Robert Underwood, 3.0 Acres, Frankford Dist.
Maye T. Staley and Pamela S. Scott to Tara Lane, Lot No. 28, Lilly Park Addition, Town of Rainelle, Meadow Bluff District

Gary L. Williams and Joy B. Williams to Merriweather Ruffner Franklin, 0.66 Acres, Greenbrier Heights Sub-division, Lewisburg District

Daryl R. Ward to Glenn Valcarcel, 24.71 Acres, Meadow Bluff District

DOF Equity Plus 698 Main Street, LLC to Triple A&C Investments LLC, 5,963 Sq. Ft., White Sulphur District

Robert N. Barkhouse and Ellen L. Barkhouse to Teresa Dawn McVey and John Zelek, Lot No. 31, Shaw-Mi-Del-Eca Village, White Sulphur District

Patsy J. Case to Daniel Kuprin & Morgan Lynch, 0.363 Acres, White Sulphur District

Darrin Hoke to Douglas W. Persinger and Tracy L. Persinger, Lots Nos. 102 & 103, Drewry Meadow Addition, Town of White Sulphur

Bobby G. Melson and Emma L. Melson to Caleb Lee Currence and Skyler Miranda Currence, Sq. Ft. 13,750, Rupert Corporate District

Rickie E. Johnson and Rebecca J. Johnson to Andrew Heath Holliday, 10.14 Acres, Meadow Bluff District

Shirley R. Perrine and Alinda L. Perrine and Robert A. Guet to Billy D. Shrewsbury, Lot No. 2, The Great Valley Land Company's Subdivision No. 1, Fort Spring District

Theodore B. Eilts and Lori L. Eilts to Michael R. Hunter and Pamela L. Hunter, 54 Acres, Meadow Bluff District

Ronald W. Cruse, Jr. to Cody L. Wisner, Lot No. 12, Oak Branch Subdivision, Lewisburg District

Castle 2020, LLC to Timothy John Berggren, 0.133 Acres, Alderson Corporate District

Greenbrier County Magistrate Court Convictions

Michael Todd Zimmerman, White Sulphur Springs, distracted driving - cell phone, GP, fine \$100

Shane M. Howington, Alderson, speeding, GP, fine \$5

Alicia Mae Wilkinson, Rainelle, 1) driving suspended, GP, fine \$100; 2) vehicle entering highway from private road or driveway, fine \$25

Shawn David Hambrick, Williamsburg, receiving or transferring stolen goods, NCP, jail 45 days - suspended and placed on 12 months unsupervised probation, restitution \$400

Charles Reese, Jr., Alderson, driving while license revoked - DUI, NCP, fine \$100, jail 30 days - 30 days on Home Confinement

Steven Lee Fowler, Union, unlawful acts of licenses - beer sales under 21, NCP, fine \$25

Joe Junior Huffman, Charmco, DUI - 1st, GP, fine \$100, jail 10 days - suspended and placed on 12 months unsupervised probation

Stephen J. Kressley, Ronceverte, 1) domestic assault, NCP, fine \$50, jail 30 days - credit for 11 hours - remainder suspended and placed on 12 months unsupervised probation; 2) obstructing an officer, fine \$50, jail 30 days - suspended and placed on 12 months unsupervised probation

Karvel Lee Simpson, Ronceverte, persons prohibited from possessing firearms, NCP, jail 90 days - suspended and placed on 12 months unsupervised probation

Jon H. Vosburg, III, speeding, GP, fine \$8

Blake A. Greene, Lewisburg, distracted driving - cell phone, GP, fine \$100

Mountain Messenger

The Weekend Newspaper for the Greenbrier Valley

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OPINION

Nature's Way

By Karen Cohen

Master Gardener/Photojournalist/Artist

Say CHEESE!

Here's something NOT to smile about. Mice. Do you have mice living in your barbecue grill? We did. Every time my husband would open the hatch to fire up the grill a mouse would be sitting on its cozy nest staring back at him as if to say, "Ello mate! What's for dinner?" Of course the mouse would flee in the next instant only to return at night when the grill was still toasty warm. Of course, upon that discovery the grill master would ignite the grill and blast the poop, literally, off metal grilling shelves until it sterilized any mouse droppings as well as melt off any grease. Sorry, that is a disgusting thought. Solution: Put sprigs of fresh mint from your garden in the grill on the metal racks. So far, this has worked for repelling mice.


Last year we had birds build a nest inside the grill. With acres and acres of forest around, they had to pick our grill. There were small 5 inch holes on the back of the grill hood and don't you know, those tiny birdies made their home under cover. Solution: cover your grill after every use when it cools down. We have a heavy duty cover that goes right down to the ground like a drape, bought online from the grill manufacturer.

So when the mice move from the grill to the garden to gobble up those fallen tomatoes and kernels of corn, what do we do? Grow lemongrass. Snakes don't like it either. This is an easy to grow herb that you can use to flavor soups and Asian dishes. I plop these plants around the garden and outside the shed.

Yesterday I went into my potting shed only to find two small garter snakes snoozing on a shelf. They slithered away quickly but I kept wondering, "Where did they go?" No doubt I will find them when I least expect it and get scared out of my shoes! Yes, I know they are harmless. Recently at an outdoor fair at a nature preserve, a young man asked me if I'd like to hold a snake. Not on my top ten do before I die list, I agreed anyway and touched it, I did not hold it. My friend with me eagerly took it in her hands and it proceeded to nearly climb up her long sleeve jacket until I warned her. She giggled and placed it back in its glass tank. Yeah, snakes, they are everywhere and they do kill mice.

An easy DIY repellent made of a few drops of clove oil or peppermint oil in water, applied with a spray bottle is worth the effort. I spray the ground around the perimeter of my fenced garden area which is about 20 ft x 40 ft. After rainfall, you need to apply it again.

If mice get inside your house, you can put dryer sheets in your cupboards and drawers. The scent will eventually fade but just replace the dryer sheet every few



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months. I also put these in my car and it smells as fresh as fresh linen!

What draws in mice? Food. OK, maybe they like your cozy wool sweater to nest in, too, but gathering food outside is top on their list before they bed down somewhere. Clean up your garden of vegetable debris. It is a time consuming job, yes, but worth it for next year.

One surefire method to make mice head for the hills: a four legged pet with whiskers, a long tail, and my, how sharp and long their nails are! My dog will chase anything that comes into view though she doesn't actually catch or kill anything...yet...and my two felines are on patrol when not snoozing. That does happen for at least a few hours per day.

(Karen Cohen is a Mistress of her organic garden, a nature lover and explorer. Email your tips and comments to natureswaykaren@gmail.com. Happy gardening!)

Back Down Country Roads

By Nancy Richmond

Our West Virginia Heritage

The people of West Virginia, especially those who are descendants of the Greenbrier territory in West Virginia, have always been proud of their culture and heritage. They are well known for their hardiness, resourcefulness and independence; their honesty, bravery and willingness to stand up for their beliefs. The history of the people of this region began well over 300 years ago. It paints a fascinating picture of how the state has evolved and has earned the title of 'Almost Heaven.'

Appalachia is a vast mountain system located in the eastern section of the United States. West Virginia is the only state that is contained entirely within Appalachia. Other states include Tennessee, Virginia, Kentucky, North Carolina, South Carolina, Georgia, Alabama, Pennsylvania, Ohio, Maryland and New York. Appalachia has been dubbed 'the first American frontier' by many historians.

Appalachia, an Indian name meaning "Endless Mountains," is well suited to the land. The Appalachians are one of the oldest mountain ranges in the world and were at one time higher in elevation than the Himalayas are today. The territory was originally home to many of the eastern Indian tribes, including the Iroquois, the Mohicans, the Cherokee and the Shawnee.

European immigrants began settling the area in the mid seventeenth hundreds. These early pioneers were primarily of Scottish, Irish, English, German and Dutch ancestry, and to a lesser extent African American, Swiss and Italian. Because of the unrelenting and foreboding nature of the mountain range and its numerous ridges and valleys, the frontier families were extremely isolated from the outside world, rarely having contact with people who were not from their own tightly knit communities. Many of the heavily forested areas Appalachia were dubbed 'Shades of Death,' because the height of the trees and the denseness of the tangled underbrush created a perpetual darkness that the sun could not break through in order to light the valley floors, even on the sunniest days. Many of the early settlers who made their way into what is now Greenbrier County in West Virginia did so after coming to the United States as indentured servants on the eastern coast. When their years of service ended, they packed their meager belongings and moved into the mountains where they could obtain free land.

Doctors were almost nonexistent, and there were few churches. Religious services were usually held in local homes and took place only a few times each year. There were no established schools, so most of the pioneers were illiterate. Neighbors learned to respect and trust one another, with little regard as to their cultural background, and communities became melting pots, where the citizens intermarried until there was scarcely a person that was not related to everyone else either by marriage or blood.

As time passed the Appalachian people, already bred from strong and hardy bloodlines that respected free

thinking and self-reliance, became isolationistic and suspicious of anyone or anything new. Outsiders often referred to the mountain regions as 'a place that time forgot.'

Over the years, the homesteaders developed an intricate system of folklore that combined the stories, music, omens, superstitions and beliefs of the various ethnic extractions that inhabited Appalachia. These traditions were passed on orally from one generation to the next and were strictly observed in order to insure the continuation of their way of life.

Even the language spoken by the frontier people evolved separately from that of the rest of the country. To this day, mountaineers use words like 'afeared' for afraid, 'deef' for deaf, 'arn' for iron, 'cheer' for chair, and the list goes on and on. The 'e' sound was often pronounced as an 'a' sound, changing words such as there and where to 'thar and whar.'

Religion played a major part in the history of the Appalachian pioneers. Their way of life was characterized by a strong sense of independence and an inherent distrust of religious hierarchies. Many of their beliefs were influenced and modified by early interaction with the Shawnee and Cherokee people, as well as by the African religions. Some of these modifications are still in evidence in present day religious services in Appalachia, including creek baptism, foot washing, chanted preaching and congregational 'shouting.'

Because of the lack of trained medical personnel and hospitals, the mountain people frequently relied on chants or remedies based on biblical texts for healing or protection from evil. Native Americans taught the settlers about the medicinal properties of many of the local roots and herbs and showed them how to make tonics from them. The friendly native tribes also shared information with the Europeans on how to raise and cultivate crops like squash, beans, and tobacco; and taught them which plants and herbs, such as ramps, could be eaten. They passed on their knowledge of planting during different phases of the moon, and of watching for specific weather patterns to enhance crop growth. Maple syrup was a favorite sweetener of the Native Americans, and the pioneers soon learned the art of tapping the trees and gathering sap.

Many of the local Indian religious beliefs were incorporated into the common folklore of the homesteaders as well. The Indians often practiced 'Pow Wow,' which comes from the Native American word 'powow,' meaning 'he who dreams.' Pow Wow incorporated a combination of herbs, chants and dream divination for worship and healing ceremonies. The descendants of the Pennsylvania Dutch in particular adopted many aspects of the pow wow religion. In turn, European beliefs were often incorporated into Indian tribal lore.

The pioneers of Appalachia developed a reputation

See "Our WV Heritage" continued on Page 7

Commentary

How to report a Blocked Railroad Crossing

By PSC Chair Charlotte Lane

Few things are more frustrating than being stuck at a blocked railroad crossing. The train stops moving, traffic backs up and you have no choice but to wait for the train to clear the tracks or try to find an alternate route. This is not just inconvenient - it may also be illegal. West Virginia Code states that except in the case of a continuously moving train or in an emergency, it is illegal for a railroad company to block a public street, road or highway for more than 10 minutes. Blocked crossings have become a major problem in recent years.

The Public Service Commission's Railroad Safety Inspectors investigate blocked crossings on the nearly 8,000 public highway-rail crossings in the state. Until two years ago, it was difficult to find out when and where the blockages were happening. That's when we developed an online portal that the public can use to report trains that are illegally blocking a road. By reporting these incidents to the PSC, our inspectors can investigate the cause of the blockages and report the findings to the Federal Railroad Administration.

You can find the portal on our website at www.psc.state.wv.us. Scroll down to the Transportation subhead and click on Railroad Crossing Complaint. From there, follow the prompts and enter the information requested. While you are waiting for the tracks to clear, write down the date, the time, how long the crossing was blocked, the street and city of the crossing, and if possible, the numbers on the side of the locomotive or some of the cars. You will also need the AAR-DOT number on the blocked crossing. Each public railroad crossing should have a bright blue emergency notification sign somewhere near the crossing, generally on the signal or crossbuck post. That sign will include the name and phone number of the railroad company and a unique identification AAR-DOT number, which is a six digit number followed by a letter, such as "123456 A."

We appreciate your help as we continue to resolve this ongoing problem.

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To submit an OPED piece to the *Mountain Messenger* it must comply with the following rules:

- 1) OPED pieces may contain constructive criticisms, thoughts, or observations, which we publish on an individually approved basis.
- 2) No name-calling, hate speech, or other derogatory language is permitted. We do not publish letters containing "bashing," personal attacks, and the like. However, we do appreciate mindful concerns, assessments, and thoughts.
- 3) All letters must be signed by the author and include the city in which they reside.

Please note all submissions are subject to individual editorial approval. Please do not mail or hand-deliver letters, email news@mountainmessenger.com

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OBITUARIES

Leslie Lynn Mugaas



Bozeman, MT-Leslie Lynn (Jones) Mugaas was born July 26, 1942, in Butte, MT, to Robert Leslie Jones, and Louise (Harvey) Jones.

After a short battle with Uterine cancer, Lynn died at her home in Bozeman, MT, Sept. 22, 2022.

Lynn grew up on the family cattle ranch near Wise River, MT. She attended Kindergarten in Dillon, MT, but completed grades 1 through 8 at the Wise River School. She attended Beaverhead County High School in Dillon, graduating in 1960. She was active in several clubs, attended Girls State, and in her senior year she was Harvest Ball Queen, and Vice President of her class. She attended Montana State University, Missoula, MT, (now the University of Montana), with a B.S. degree and majors in Home Economics, and Biology education. She was a member of Tanan of Spur, a national sophomore women's service honorary, the Home Economics Club, and a member of Sigma Kappa sorority. In 1964-65, she taught Home Economics and Biology at Toole County High School, Sunburst, MT.

In March 1965, she married John N. Mugaas, and they have lived in Missoula, MT, Moorhead, MN, Memphis, TN, Lewisburg, WV, and for the last 10 years, Bozeman, MT. In Missoula she worked in the Admissions office, and at the Home Economics Department's Home Living Center. In Memphis she completed a certificate in architectural drafting and worked for an architectural firm. In Lewisburg she was employed by West Virginia School of Osteopathic Medicine as a laboratory supervisor and helped teach histology and pathology labs, assisted at autopsies, prepared biopsy specimens for analysis by pathologists, and assisted faculty members with their research.

Lynn and John lived in Lewisburg for 33 years. She was the first person in West Virginia to become a fully certified Master Naturalist, participated annually in Christmas Bird Counts, helped conduct a five-year, state-wide, dragonfly and damselfly survey, assisted the DNR in conducting mammal surveys in the Cranberry Glades Wilderness, and for several years monitored a set of twelve Saw-whet Owl nest boxes. She also loved hiking, geocaching, and hanging out with her many friends at the weekly Sherry Club gatherings.

In Bozeman she has been active in the Sacajawea Audubon Society, Gallatin Watershed Council, and Bozeman Senior Center where she did volunteer work and met weekly with her Mahjong group. For three of her years in Bozeman, she participated in a citizen science project in Yellowstone National Park.

She is survived by her

husband of 57 years, John N. Mugaas; children, Marina N. Martin (Alan), Charles Town, WV, J. Peter Mugaas, Lewisburg, WV, Aaron T. Mugaas (Julie Kleine), Bozeman, MT; grandchildren, Wylie, Hayes, and Raina Mugaas, Bozeman, MT; sister, Retha (Jones) Sigman, Dillon, MT; sister-in-law, Liz (Pilling) Jones, Wise River, MT; nephews, Russell Sigman (Wanda), Dillon, MT, Keith Jones (Wendy), Bellevue, ID; nieces, Yvonne Jones, Wise River, MT, Jodi Pauley, Deer Lodge, MT, Terry Cain (Tom), Port Orchard, WA, and Dee Dee Williams (Ted), Burley, WA.

She was preceded in death by her daughter, Connie Renee Mugaas, parents, Robert Leslie and Louise (Harvey) Jones, brother, Donald Jones, nephew, Sigman, and aunt, Gwyneth (Jones) Elwood.

Green burial took place at Mountain View Cemetery, Dillon, MT, on Wednesday, Sept. 28, 2022.

In lieu of flowers, memorials can be made to Sacajawea Audubon Society, Bozeman, MT, Gallatin Watershed Council, Bozeman, MT, or Beaverhead Search and Rescue, Dillon, MT.

Rosemary E. Bugas



Low Moor, VA-Rosemary E. Bugas, 93, passed peacefully on Saturday, Sept. 24, 2022.

Born Rosemary Elizabeth McDonough on Oct. 13, 1928, in Denver, Colorado, she stood tall among her family and friends as a loving spouse, a wonderful mother and grandmother, a trustworthy friend, and a kind soul to those who were lucky enough to cross her path.

Rosie was the middle child in a family of five. She was raised by her parents, Michael P. McDonough and Rose Solan McDonough in Denver, CO. She attended Loretta Heights College in Denver, where the former beauty queen said "yes" to her husband of 71 years, Paul E. (Fritz) Bugas, Sr. Their early lives together were spent on U.S. Army bases throughout the American south. She always made a warm and happy home in Colorado, Alabama, Maryland, Panama, Virginia, West Virginia, or Bangkok, Thailand.

Rosemary is best remembered for the 51 years she spent on Laurel Drive in White Sulphur Springs. She was active in the Old White Garden Club and St. Charles Borromeo Catholic Church. Her bridge playing was legendary and she enjoyed a friendly round of tennis whenever she got the chance. Rosie's home was open to all and her refrigerator was always stocked with enough food to feed the neighborhood kids. Her lilting laughter could be heard "up Big Draft" and her Irish wit was sharp until the end. If you asked her what she wanted to be remembered for, she

would not hesitate to say her family.

Rosemary's family includes her husband, Fritz, seven children, 21 grandchildren, and eight great-grandchildren.

She is survived by her children, Nancy Del Presto (Peter) of Pittsburgh, PA, Paul, Jr. (Ruth) of Staunton, VA, Daniel (Tracy) of Rockville, VA, Timothy (Teresa) of Mineral, VA; Suzanne Maloney of Pittsburgh, PA, Peter (Tami) of Salisbury, MD and Gerry (Rebecca) of San Anselmo CA.

The family would like to acknowledge Rosemary's caregivers this past year: Sharon Shinaberry, Sue Feury, Mary Ann Andrews, and Charlotte Perry. To these lovely, caring women, we thank you immensely.

We also thank the dedicated technicians, nurses, doctors and other staff at LewisGale Alleghany Hospital in Low Moor, VA.

Arrangements are entrusted to Wallace & Wallace Funeral Home at www.wallaceandwallacefh.com

A Memorial Mass was held at St. Charles Borromeo Catholic Church in White Sulphur Springs on Thursday, Sept. 29. A reception followed the service.

Wallace & Wallace Funeral Home in White Sulphur Springs is in charge of arrangements.

Please send online condolences by visiting www.WallaceandWallaceFH.com

Linda Lois Griffith

White Sulphur Springs-Linda Lois Griffith, 68, passed away on Saturday, Sept. 24, 2022, at her home after a long and courageous battle with cancer. She was born Sept. 20, 1954, in White Sulphur Springs, the daughter of the late Baxter Curtis and Lucille Allen Griffith.

Linda was a 1973 graduate of Greenbrier East High School and was employed at The Greenbrier Hotel for 27 years in the salad pantry. She also was the manager and supervisor at Larry's Deer Processing for 23 years during deer season. Linda always loved the outdoors, campfires, fishing and playing with her dogs, especially Spicy.

She was raised in the Pentecostal Holiness Church.

Linda was also preceded in death by brothers, Wayne, Bernard, Harvey and James and her sisters, Donna Louise and Marguerite Ann Griffith.

Survivors include her loving daughter, Jessica Dawn White; two sisters, Betty Craft and Sandra Griffith both of White Sulphur Springs; two brothers, Larry Griffith (her twin) and Baxter Griffith both of White Sulphur Springs; and a host of nephews, nieces and cousins; and her best friend and father of Jessica, Bob White of White Sulphur Springs.

Linda's final wish was to have her body donated to Medical Science at the WVSOM Human Gift Registry. Her request has been honored by her daughter.

Memorial services were held Thursday, Sept. 29, at the Wallace & Wallace Funeral Chapel in White Sulphur Springs where Pastor

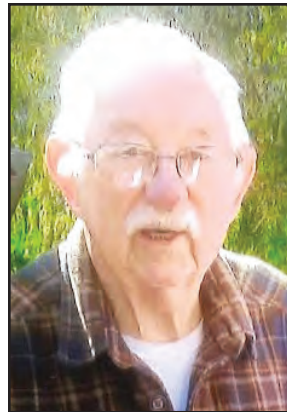
Donald Fury officiated.

The family received their family and friends before the services on Thursday.

Wallace & Wallace Funeral Home in White Sulphur Springs is in charge of arrangements.

Please send online condolences by visiting www.WallaceandWallaceFH.com

Robert Eugene Loudermilk



Renick-Robert Eugene Loudermilk, 85, passed away Sunday, Sept. 25, 2022, at Greenbrier Valley Medical Center.

Robert was born Apr. 23, 1937, at Clintonville to the late Johnnie Washington and Bertha Bryant Loudermilk.

Robert was a retired painter with the Ford Motor Company; a member and very active of the Gethsemane Baptist Church where he also served as the secretary.

Other than his parents Robert was preceded in death by a son, John Wade Loudermilk; sister, Gracie Susan Hinkle; brothers, Earl Denver Loudermilk, Guy Wilson Loudermilk, Gordon Franklin Loudermilk, Gray Alexander Loudermilk, Glen Edward Loudermilk, Garland Lee Loudermilk, William Henry Loudermilk, Gerald Andrew Loudermilk, Alvin Leo Loudermilk and Hubert Ray Loudermilk.

Survivors include his wife, Ellen Louise Glover Loudermilk; daughters, Tammy Sue O'Neal of Louisville, KY, Sherry Browning of Mayfield, KY and Jo Ellen Steele & husband Ronnie of Lewisburg; sons, Timothy Loudermilk of Bardstown, KY; grandchildren, Christopher Steele and wife Tiffany of Lewisburg, Kristen Thompson and husband Ben of Canton, OH and Matthew Steel of Covington, VA; great grandchildren, Rhylee Steele and Paige Holley and several other grandchildren, great-grandchildren, nieces, nephews, great nieces and great nephews and his sister Mary Etta Loudermilk Martin of Clintonville.

Funeral service will be at 2 p.m. on Friday, Sept. 30, at Gethsemane Baptist Church with Pastor Marshall Cochran officiating. Burial will follow in the Wallace Memorial Cemetery.

Friends may call one hour prior to the service at the church.

Wallace & Wallace Funeral Home in Lewisburg is in charge of arrangements.

Please send online condolences by visiting www.WallaceandWallaceFH.com

Maybelle Livesay Lipps



Grafton-Maybelle Livesay Lipps, 90, passed away Saturday, Sept. 24, 2022.

Born on May 1, 1932, at Frankford, Maybelle was the daughter of the late Jack Rogers and Etta Heffner Lipps.

Maybelle was a retired Teacher's Assistant with the Hampshire County Public Schools, and a member of the Order of the Eastern Star, a member of the Women's Club. She was a 1950 graduate of Frankford High School and a graduate of Shepherd College with an Associate in Applied Science.

Other than her parents, Maybelle was preceded in death by her brothers, Gene and Clifton Livesay.

Survivors include daughter, Susan Bridges and husband Steve of Frisco, NC; brothers, Harry Lipps of Ronceverte and William Lipps and wife Patty of Romney; grandchildren, Grace Bridges, Elijah Lipps, Rachel Lipps, Hannah Lipps and Noah Lipps; sisters, Wanda Mays of Westerville, OH and Mary Moore Valdelonga and husband John of Elkins.

A graveside service was held on Monday, Sept. 26, at Rosewood Cemetery at Lewisburg where Brother Jeff Curry officiated.

There was no visitation. Wallace & Wallace Funeral Home in Lewisburg is in charge of arrangements.

Please send online condolences by visiting www.WallaceandWallaceFH.com

Lori L. Reed



Ronceverte-Lori L. (Lynny) Reed passed from this earth into Heaven on Friday, Sept. 23, 2022, at her home in Ronceverte. She had been ill with cancer for several years.

She was a long-time employee of Martin and Jones before she retired due to her illness.

Lynny was born on July 14, 1963, in Ronceverte to Darrell Mason and Sandra "Sandy" Sue Saunders White.

She is survived by her beloved husband, Douglas Reed of Ronceverte; her parents of Fort Spring; her sons, Matthew Ridge-way of Ronceverte and Mark Woolwine (Sarah) of Louisville, KY; grandchildren, Leah and Clara Woolwine; sister, Melissa Hanna (Bryan) of Clinton-

ville; nephew, Cobie Hanna (Erica); great-nieces Brynlie and Millie. She is also survived by her sister-in-law, Lisa Reed and brother-in-law, L.E. Reed and best friend, Kim (aka Myrtle) Reynolds and two step-daughters, Erin Reed and Tracey Hamrick (Bryan), and five step-grandchildren, Mickaela Reed, Jordan and Owen Vestal, and Brysan and Garrett Hamrick.

Per her wishes her body was donated to the West Virginia Anatomical Board and will be transferred to WVU to allow medical students to study the effects of cancer.

Please bring a covered dish and join us on Sunday, Oct. 16 at 1 p.m. for a Celebration of Life at the Organ Cave Community Center. In lieu of flowers, donations can be made in her memory to the Organ Cave Community Center or Mitsy's Wings.

Wallace & Wallace Funeral Home in Ronceverte is in charge of arrangements.

Please send online condolences by visiting www.WallaceandWallaceFH.com

Edith (Twinkle) Montgomery Arbaugh



Mother. Wife. Sister. Aunt. Teacher. Artist. Edith Montgomery Arbaugh was born on Dec. 16, 1933, in Lewisburg, WV, and renamed herself "Twinkle" at a young age.

As the first child in her family, she carried forward much of her own mother, our grandmother Edith, as she played with and cared for her younger Montgomery siblings, Johnny, Mary, Herbie, and Joan. Endlessly teaching her children - Michael, Linda, Fran, Jimmie, and her granddaughter Chloe - about perseverance and compassion, her quiet strength radiated from her everyday actions. We grew up in the circle of her grace, knowing our father Jim adored and admired her. A teacher at heart, she worked full time while taking care of us all. Whether teaching elementary school in Powhatan, VA, or art in Albemarle County, VA, she was always dedicated to bringing out the creativity of her students and her children. She carved out time to draw and paint, and upon retiring from teaching, her artistic career soared once she was able to devote herself to daily studio work at McCuffey Art Center and in the home-studio built by son Michael. Large watercolor paintings evolved into multiple series, attentive to exquisite details of surface, reflection, and texture. Collecting Victorian clothing from family

See Obituaries

..... continued on Page 6

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Obituaries

Continued from Page 5

Edith Montgomery
Arbaugh continued

attics, she painted lace and fabric and folds in amazing compositions; she captured the University of Virginia's architectural imagery; she explored reflections and refractions of light in silver Jefferson cups, placed on art prints or patterned cloth. Oversized bits of candy, individual fruits and vegetables fill paintings in spectacular ways; myriad items associated with friends and family are inventively arranged to suggest portraits of them; a series on fellow artists reading texts of all different sorts makes up her McGuffey Readers series. Twinkle's drawings, especially figure drawings, are rendered with a well-honed technique and a keen eye. She continued to paint until her final days, exploring colors and textures in small, exquisitely brushed abstracts. Michael and Jimmie gained her precise technique, translated into fine carpentry and jewelry; Fran, Linda, and Chloe draw and paint. From her, we learned to care about each other and our family.

Twinkle graduated from Lewisburg High School in 1951 and attended Greenbrier College, where she studied art with Jeanne Coyne, graduating in 1953. Upon marrying Jim, she entered the School of Education at the University of Virginia, graduating in 1955. She began her teaching career in Albemarle County, VA, moving for a few years to the Powhatan County school system before returning to teach art in Albemarle County junior high and high schools. She co-founded and designed the art program at

Western Albemarle High School when it opened in the 1970s. Upon retirement and still in her 50s, she joined Charlottesville's McGuffey Art Center, where she kept a studio, exhibited her work, and contributed her service and leadership for three decades. A community of artists has always been important to her - as a teacher among other art teachers, as a studio fellow at McGuffey Art Center, and as a founder of the Central Virginia Watercolor Guild in 1991. An awardee in many juried watercolor shows across the state, region, and country, she held solo and group exhibits regularly in Charlottesville, including at McGuffey. In 2010, she hung the first ever art show in the Rotunda at UVA, showcasing her Jefferson Legacy Series. Of the show and her work, she said, "The silver cup designed in the 18th century by Thomas Jefferson has become a well-known classic shape in central Virginia. I think of the cup as a symbol of life - an eternity of circles - reflecting and becoming part of all that surrounds it."

Twinkle was preceded in death by her husband, Jim; her parents, Edith and John Montgomery VI; and her brother, John Montgomery VII (Joyce).

She is survived by her four children, Michael, Linda (Tom), Fran, and Jimmie (Lynne) as well as her sisters, Mary (Paul) and Joan and her brother, Herbert (Katy). Lastly, Chloe Kinnahan, her granddaughter, carries on the Arbaugh line for all of us.

The family extends deep gratitude to the staff at Juniper Village Brookline Skilled Nursing Facility for the love and care

they gave to our mother in her last 16 months. We also extend appreciation to Grane Hospice Care for caring for her in her last days.

In lieu of flowers, the family requests donations in her name to McGuffey Art Center (<https://www.mcguffeyartcenter.com/>) and the Central Virginia Watercolor Guild (<https://cvwg.art/>).

Arrangements are under the care of Koch Funeral Home, State College. Online condolences may be entered at www.kochfuneralhome.com

Jennifer Wade

Lewisburg-Jennifer Wade, 65, passed away Wednesday, Sept. 28, 2022, at her home.

Born Oct. 11, 1956, in Ronceverte, she was the daughter of the late Ernest Beard and Anna Beard White Wade.

In addition to her parents, she was preceded in death by a brother, Bill Wade, and an infant brother.

Survivors include brother, Philip Wade of Lewisburg; sister, Beverly Whitt of Alderson; two uncles, Frank White of Lewisburg, and David White of Richmond, VA; and several nieces, nephews, and cousins.

Graveside service will be held in the Greenbrier Memorial Gardens Mausoleum, Sunday, Oct. 2, at 2 p.m. with Pastor Ron Miller officiating.

The family would appreciate monetary contributions in lieu of flowers to help with final expenses.

Online guestbook may be signed at www.morganfh.net

Arrangements by Morgan Funeral Home, Lewisburg, WV.

Nancy Gail Walker Cueto



Hines-Nancy Gail Walker Cueto, 81, of Hines, WV, passed away peacefully Thursday, Aug. 25, 2022, in Mount Vernon, Washington, surrounded by her two sons.

Nancy was born Feb. 13, 1941, in Beckley to the late Roy Eugene Walker and Nora Harper Walker. Nancy was a long-time resident of Hines.

In addition to her parents, she was preceded in death by her husband, Antonio (Tony) Cueto and a brother, Todd Walker.

Nancy was a graduate of Woodrow Wilson High School, Concord College, Bluefield State College, and the West Virginia College of Graduate Studies. After retiring as a special education teacher from the Greenbrier County Board of Education, she enjoyed tutoring and mentoring students at Greenbrier West High School and Crichton Elementary School, attending church, and involvement with the Rupert Community Outreach Service Organization (CEOS).

Surviving are two sons Danny Osborne and wife Mabelle of Mount Vernon, WA, and Troy Osborne of Vernal, UT. Other surviving relatives are four brothers, Roy Walker (Carolyn) Louisburg, NC, Gary Walker (Sandy) Ripley, WV, Laten Walker (Gail) Alderson, WV, Sammy Walker (Ginny)

Alderson, WV; and many nieces and nephews. Funeral arrangements were provided by Hawthorne Funeral Home in Mount Vernon, WA. A graveside service will be held at 1 p.m. on Tuesday, Oct. 4, at the Wallace Memorial Cemetery in Clintonville, WV.

Samuel Woodrow Kincaid
April 11, 1950 -
September 25, 2022



Hillsboro-Samuel "Sam" Woodrow Kincaid passed on from this life to the next in the early morning of Sunday, Sept. 25, 2022.

Sammy was born Apr. 11, 1950, at Orient Hill, to the late Richard Ray Kincaid and Shirley Rae Holcomb Kincaid.

Sam retired from ABB where he was a senior chemical lab technician for over 30 years. Prior to that, he worked several years changing tires on heavy equipment. Sam was also an Army Veteran and served in the Vietnam Conflict.

Sam spent most of his childhood in Pumpkin Center in Auto and Alderson. He was a talented musician and artist. He loved spending time with family and friends. He liked to hunt, hike, and camp, but especially loved to go fishing. Good with his hands and very knowledgeable, Sam could fix just about anything. He was of Baptist faith.

In addition to his parents, Sam was preceded in death by his son, Richard Allen Kincaid; brother Michael Ray Kincaid; father and mother-in-law Richard and Goldie Reed; along with many aunts, uncles, and cousins.

Sam is survived by his loving wife Vickey and two sons, Samuel W. (Wally) Kincaid, and Chris and wife Amanda; grandson, Tyler Bender; brothers, Richard (Kim), and David (Jennifer); and sister, Ruth Barb. Sam is also survived by his stepmother, Evelyn Kincaid Harless (Orvil) and in-laws, John (Judy) Reed, Brenda Holliday, Rick Honaker, and Robin (Tony) Ward; along with several nieces, nephews, and cousins.

Funeral services will be held at 1 p.m. on Friday, Sept. 30, at Lantz Funeral Home in Buckeye with David Workman officiating. Burial will follow in Mountain View Cemetery in Marlinton.

Visitation will be from 12 noon until the time of service at the funeral home.

Anyone wishing to contribute to help the family with the funeral expenses may do so by visiting www.lantzfuneralhome.com. Online condolences and donations to the family can be made by visiting www.lantzfuneralhome.com

CLUB & CHURCH

Progressive CEOS September meeting



Betty Jo McNeil (left), Sally Holliday, Lynn Humphreys, Colleen Walton, Patty Gray and Faye Honaker

The Progressive CEOS met at the Extension Office for their September meeting with six members present.

President Patty Gray introduced Diane Godbey, who gave a most interesting and informative program on End of Life Care and Advanced Care Planning in West Virginia. She brought out many helpful tips, took questions, and left us pamphlets for further information.

Advance Care Planning is the process of documenting your wishes for further medical care. Advanced directives must be witnessed by two individuals, notarized, dated, and signed to be legally valid in West Virginia. Emergency medical service responders cannot use an advance directive to treat you in an emergency, but all other health care providers can honor these forms. Advanced care planning is an important part of making sure you receive the treatments you want.

After the program, Patty Gray led the business meeting. The new phone list is Susie McCree, Faye Honaker, and Lynn Humphreys. Patty gave the Health Motivator Report which was on healthy family relationships. Some suggestions are communication, spending time together, supporting your loved ones, asking for support when you need it, and handling conflict effectively. Faye Honaker will have the Health Motivator Report in October and Betty Jo McNeil in November.

The Fall Leadership meeting will be held on Sept. 27 in the WVU Building at the fairgrounds. The cost is \$11 for registration and lunch. Lynn will have devotions and Patty and Sally will have door prizes. Patty will bring a breakfast item. Susie McCree sent the traveling basket and Betty Jo took it home with her. Colleen Walton won the door prize.

The next meeting will be at the Extension Office. Snacks were enjoyed by Patty Gray, Faye Honaker, Lynn Humphreys, Sally Holliday, Betty Jo McNeil and Colleen Walton.

Church Bulletin
Frankford Presbyterian Church
Annual Pancake & Sausage Breakfast
Frankford Presbyterian Church will have a Pancake and Sausage Breakfast on Saturday, Oct. 1, from 7 a.m. until the start of the Autumn Fest Parade. They will be serving buttermilk and buckwheat pancakes and sausage, sausage biscuits, and sausage and gravy. The price of the meal will be \$7 for adults and \$3 for children under 6. Carry-out will be available.

Pence Springs Community Church
will have Fall Revival Services Oct. 2 through Oct 5 at 7 p.m. Speaker will be Ernie Moye, Jr. Pastor Roger Persinger and the congregation invite everyone to attend.

Women's Support Group
will have their monthly meeting Thursday, Oct. 6, at noon at Ronceverte Baptist Church. Please bring a covered dish and enjoy food, fun and fellowship. All women are welcome. For information, call the church office at 304-647-4067.

Greenbrier East High School's Golfer of the Week

John Bicksler

Name: John Bicksler
Grade: Sophomore
G.P.A.: 4.00
Parents: Doug Bicksler and Leslie Bicksler
Hometown: Lewisburg
Favorite Golfer: Bubba Watson
Favorite Quote: "Just tap it in!"
Coaches' Comments: This is John's second year on the Varsity Golf team. He has improved tremendously from last season. It only makes sense to have the golfer who gets a hole in one as your Golfer of the Week! YEP! John got a hole in one at the Elk's Club on Tuesday, the same day that the Greenbrier East Golf Team won the Regional Championships. The future looks good for the Spartans. John is a pleasure to have on the team and is a friend to all his teammates.

PUZZLE ANSWERS

9	1	3	2	6	7	5	8	4
4	2	7	8	5	1	9	6	3
6	8	5	9	4	3	2	1	7
3	7	1	5	2	9	8	4	6
5	4	8	3	1	6	7	9	2
2	9	6	7	8	4	1	3	5
1	5	9	4	3	2	6	7	8
8	6	4	1	7	5	3	2	9
7	3	2	6	9	8	4	5	1

SCRAMBLERS
1. Believe 2. Edit
3. Swindle 4. Tender
Today's Word
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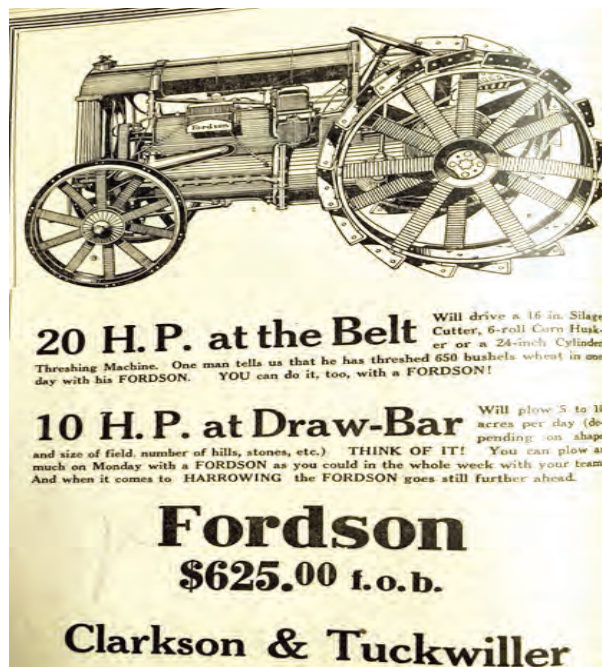
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A Look Back



Dear Recycle Lady



By William "Skip" Deegans

Shown above is a 1921 newspaper advertisement by Ronceverte's Clarkson & Tuckwiler for Fordson farm tractors. Manufactured by the Ford Motor Company, the Fordson tractor was introduced in 1918 and cost \$785. From making 65 tractors a day at the start, production increased to 300 a day by 1921. The country entered an economic downturn that year, and sales plummeted. Ford took a risk and lowered the price to \$395. The gamble paid off as more than 35,000 tractors had been sold by the end of 1921, and Fordson became the best selling tractor in the United States. The design of the Fordson was innovative. It had a 3-speed transmission with the engine and drive train bolted together to create a single unit without needing an external frame.

Ford halted production of the Fordson tractors in 1928, but resumed manufacturing tractors in 1939 with the Ford 9N. In order to concentrate on manufacturing cars and trucks, Ford got out of tractors once again when it sold the tractor manufacturing business to Fiat in 1991.

The Fordson shown in the advertisement had a 20 horsepower belt drive. For comparison, the smallest John Deere row crop tractor available today has 145 horsepower and costs over \$200,000.

Advertisement: Courtesy of the West Virginia Daily News.

Sources: www.agriculture.com, www.forthauthority.com, www.motorcities.org.

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tales, omens, signs and superstitions that remain. They are a legacy to future generations, revealing a glimpse into the minds and spirits of the early pioneers who conquered America's first frontier.

Rupert resident Nancy Richmond is the author of more than 50 books and is a historian, certified genealogist,

Cont. from Page 4

Greenbrier Historical Society member, and a magazine and newspaper columnist. She focuses on Appalachian folklore and heritage, as well as local genealogy and historical events. She can be reached via email at nancyrichmondbks@aol.com or on Facebook through her Nancy Richmond Books page.

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CVB Annual

Cont. From Front Page

successful graduation from the state police academy. Greenbrier County Clerk Robin Loudermilk presented the commission with the list of poll workers given to her by both parties. "I'm not really sure what's going on in the political atmosphere, but I'm here to assure that it's not happening during my time as chief election officer," she said. "I want to assure that Greenbrier County has a fair and honest election for both sides, no matter what."

She then asked that the list provided by the parties be approved, but that she also be given authority to make necessary changes to avoid any issues on election day. Loudermilk noted that this was partly due to the necessity of needing "a majority of people working in any precinct be experienced. I can't have a majority of new poll workers in the precincts. I need at least two or three (a piece) who are experienced. If all five are new, that's just going to be a disaster that day because there's no way to train five new people to run a precinct." Loudermilk requested authority to make changes to the list as necessary for the above listed reasons so that "the county can continue to have the stellar elections we always have."

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Alexander Arbuckle House turns 200 Years Old

By Jim Arbuckle

The Alexander Arbuckle House, located four miles north of Lewisburg on Arbuckle Lane, in 2022 is now two centuries old.

Built in 1822 by John W Dunn & Company, builder of many southern style homes in the area, the large red brick house sits on a small knoll overlooking Belle Vue Farm.

The house is built in the shape of a T so the main rooms can have three outside walls. The woodwork of the house was done by master architect Conrod Burgess, who was said to have come from Richmond, VA, where he carved cornices, motifs, and balls around the doors, along with acorns, leaves and stars. His architectural outside work was a second floor portico, supported by four round white columns with brick inside. Both the portico and the lower front porch are designed with Chinese Chippendale railing. There are smaller fluted columns on each side of the large front door, and over the door are secular glass panes.

Above the brick and under the eve of the house is white dentil molding that runs all along the front. It has cornice trim and hand-carved with acorns, stars and tassels. All the window shutters of the house are green, a common color for early homes in the area.

When you step inside the front door, you are standing in what the Arbuckles call the hall. It is a large room, and like all rooms in the house has a twelve foot ceiling. In the hall is the large wide beautiful staircase that winds all the way to the third floor attic, with a grandfather clock on the landing. Also in the hall are wooden pegs on two

walls, where the guests hung their coats and hats, as houses of that time did not have clothes closets. As a boy, I remember the hall was the room where our grandparents Alex and Carrie Arbuckle entertained family and guests in the summertime, and the stairway was a place where my brother Davis, and cousins Johnson, Jane and Alex Lewis and myself as children loved to climb to the third floor and look down to the people below.

Standing in the hall at the front door, and to the left of the stairway is the parlor, which is a front room in the house. It is a large room with large windows, and a large wooden mantel with carvings of two kettles, with a large fan in the center. In the 1960's our grandmother told me that the wallpaper in the parlor was one hundred years old, making it over 160 years old today. Over the antique piano is a large painting of Alexander W Arbuckle's wife Julia Bell Arbuckle, which has hung in the parlor for many years.

Another room beside the hall is the master bedroom, and was the bedroom of our grandparents Alex and Carrie, as well as two generations of Arbuckle's before them. It has a large carved mantel and fireplace, later replaced with a wood burning stove.

The two large front bedrooms upstairs are both with carved mantels and fireplaces. They were mainly used for the many relatives and guests who visited and dined in this old home up through the early 1970's. To the rear of the house are three more upstairs bedrooms, one that has been turned into a living room. It has



Picture of the Alexander Arbuckle House from Ruth Woods Dayton's Greenbrier Pioneers and their Homes.

two elaborative carved shelved cupboards. These tall beautiful cupboards run from the floor almost to the ceiling. This room also has a large carved mantel with a painting of the house hanging above. This section of the house was occupied by my parents up until I was two years old, and also the room where my mother had her Steinway piano.

Going back downstairs in the hall, a rear doorway leads to the large dining-room. This room is the most elaborate carved room in the house, and its mantel is the largest in the house with large carvings of the sun and its rays. To the right of the mantel is a large glass-door china cupboard, carved in cherry wood. The two tall windows face the west, and have large window sills and round fluted columns on each side, and all painted a walnut color. Over the windows are carved leaves, stars, and tasseled swags. As a boy, I remember the dining room as the most popular room of the house, as our grandmother Carrie served meals to family and friends at the big eight chaired dining-room table. Thanksgiving, especially Christmas time was indeed the time to gather and celebrate in this wonderful old family

room. All of the hardware in the house is original. The large brass door boxes were made in England and on them is the British coat of arms, and all have door locks with small brass door knobs.

As Ruth Woods Dayton stated many years ago in her book Greenbrier Pioneers and their Homes: "The Arbuckle house has had several alternations and additions throughout the years, but for the most part this is an unchanged and truly beautiful house. It is surrounded by fine old trees and has about it a sort of calm dignity and a feeling of things that endure."

Alexander Welch Arbuckle and his wife Julia Bell Arbuckle occupied the house until the 1880's. Alexander W. Arbuckle II and his wife Elizabeth Creigh Arbuckle occupied until the mid 1920's. Alexander W. Arbuckle III and his wife Carrie Botts Arbuckle occupied until the mid 1970's and Lockhart F. Arbuckle and his wife Jean Miller Arbuckle until 2022. The house is private and the property of John Galford Arbuckle.

Some sources are from Ruth Woods Dayton's book Greenbrier Pioneers and their Homes.

GREENBRIER VALLEY ADVERTISER

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Senator Stephen Baldwin leads Family Treatment Court panel at Healing Appalachia Concert

Senate Minority Leader Stephen Baldwin moderated a panel discussion on Fayette County's Family Treatment Court during day two of the Healing Appalachia event, which was held on the grounds of the State Fair of West Virginia.

Healing Appalachia is an annual fundraising event produced by the nonprofit Hope in the Hills, LLC. It brings awareness to substance abuse disorders, celebrates recovery, and works to create more projects "fostering communities of recovery." More than 100,000 Americans died as the result of a drug overdose in 2021, and West Virginia continues to suffer the highest rate of overdose death in the nation.

"This epidemic is ravaging our state," said Baldwin. "We must all come together to help end this once and for all."

"I was proud to once again be a part of Healing Appalachia," Baldwin continued. "Too often I hear from those who struggle with substance abuse disorder. Events like Healing Appalachia let people know they are not alone and that their community is supportive of their continued recovery. I was also honored to lead a panel during this event to bring awareness to the Fayette County Treatment Court."

Fayette County Circuit Court Judge Thomas Ewing and Fayette County Family Treatment Coordinator Heather Lucas also served as panelists during the event. Alyssa Berry, a Family Treatment Court graduate who now works as Parent Resource Navigator in Fayette County, also joined the discussion.

"The Family Treatment Courts - and specifically the Family Treatment Court in Fayette County - [are] doing some exciting, effective new things for folks here in West Virginia, and are positively impacting people's lives," Sen. Baldwin told the several thousand in attendance.

Judge Ewing said, "Family Treatment Court is what we call a 'problem solving court,' and the problem that Family Treatment Court is designed to fix is substance abuse."

Ewing explained that a "treatment team" consisting of community volunteers works directly with those enrolled in the Family Treatment Court program to create a foundation of support. The court also works with the community to coordinate recovery resources for enrollees.

"When it's all said and done, they've (program enrollees) built a different life for themselves," Ewing added. "It's a change program. That's what it is - it's all about change."

Program coordinator Heather Lucas then spoke about the recovery process, saying, "The recovery for each [individual] is a little different."

"When our participants - who are there by choice - allow themselves to be transparent, they create their own roadmap and timeframe," Lucas continued. "Everybody's puzzle looks different. When we try a piece that doesn't fit, we try something different."

"We have close relationships with them," Lucas noted. "Every single day we have contact."

Alyssa Berry, the day's final panelist, then spoke about her experience as a Family Treatment Court enrollee.

"I wanted to do it because, rather than a normal CPS (Child Protective Services) case, Family Treatment Court

gave me the opportunity to learn and grow with my kids and be able to see them more," Berry said. "[It allowed me to] really work on my recovery in a way that works best for me."

"One of the biggest challenges was trying to just focus on my recovery," Berry added. "Knowing that my children were being taken care of, but just trying to get to the point where I was okay in my recovery, and then learn how to be a parent. Family Treatment Court gave me that opportunity."

Since her graduation from the program, Berry has been working primarily with parents and guardians currently involved in abuse and neglect cases, saying, "I can give them guidance on what I was doing because I've had that experience."

Including Fayette County, 11 circuit courts currently maintain a Family Treatment Court in West Virginia. Ohio County (1st Circuit); Marshall, Tyler, Wetzel counties (2nd Circuit); Wood County (4th Circuit); Roane, Calhoun counties (5th Circuit); Logan County (7th Circuit); McDowell County (8th Circuit); Kanawha County (13th Circuit); Randolph County (20th Circuit); Boone County (25th Circuit); Nicholas County (28th Circuit).

"We need more of them (Family Treatment Courts) across the State of West Virginia," Baldwin noted at the panel's conclusion. "We're going to work with the Supreme Court, the legislature, county judges, and non-profits - including Healing Appalachia - to see how many more Family Treatment Courts we can get across the state to help people recover and reunite with their families."

"There is hope, we are healing, and recovery is real," Baldwin said.

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SCHOOL

West Virginia Recognized for Increase of Females in Computer Science

West Virginia is among the top states in the country actively closing the gender gap in computer science classes. As a result, the state was recognized for its progress at the annual Computer Science Education Conference (CSEDCon) hosted recently in Ft. Lauderdale, Florida. West Virginia earned the recognition for the highest increase in participation of young women in computer science classes.

The Mountain State offers foundational computer science courses in 78% of high schools, placing it among the top 10 states in the nation, according to the latest report from Code.org—a non-profit organization dedicated to the vision that every student has the opportunity to learn computer science. Advanced courses in computer science are offered at career technical education (CTE) centers, multi-county CTE centers and high schools. All public school students start their computer science education as early as elementary school and are exposed to a variety of experiences throughout their academic careers.

Computer science also opens the door to diversity, especially for girls and young women. According to Code.org data, 34.2% of girls are taking computer science classes in West Virginia high schools. That is an increase of 4.2% from 2021. The traditional face of the computer scientist is changing which begins to provide opportunities for innovation in the industry and new solutions to address global problems. Women are increasingly finding interest and success in computer science, even starting at an early age.

“There is an increased interest in STEM and STEAM courses and pathways when students are exposed to technology at each programmatic level,” said State Superintendent of Schools David L. Roach. The catalyst for computer science expansion was Gov. Jim Justice’s 2018 initiative that he signed into law through Senate Bill 267. This legislation made the Mountain State one of the first states in the nation to give all students access to computer science education before graduating high school. The WVDE, in partnership with CodeWV, is committed to supporting these courses throughout the state.

CodeWV, housed at the West Virginia

University Center for Excellence in STEM Education, serves as the Code.org regional partner for the state. The program aims to bring computer science courses into West Virginia schools, enhance the state’s computer science learning standards and help define the requirements for computer science teaching certification in a local, sustainable fashion. CodeWV additionally partners with

WVU, Code.org and Apple to help impact hundreds of students every year with access to computer science.

CSEDCon is a global computer science education conference that brings together hundreds of education and government leaders from around the world with non-profit leaders, researchers, advocates and industry representatives.

LEGAL

State of West Virginia
Department of Environmental Protection
Division of Mining and Reclamation

PUBLIC NOTICE OF BLASTING OPERATIONS

Notice is hereby given that Princess Polly Anna & JCT Enterprises LLC, P.O. Box 411 Rupert WV 25984, (304) 667-3776, S-3011-16 situated in Meadow Bluff District of Greenbrier County, approximately 3.5 miles southeast of Quinwood will be conducting blasting activities in accordance with all State and Federal Laws and as approved by the Department of Environmental Protection.

Blasting activities will occur Monday through Saturday from “sunrise to sunset.” No blasting shall be conducted on Sunday. Blasting is to commence on 10/11/22 and continue through 10/11/23.

Ten minutes prior to and immediately after each blast, all access to the specific area will be safeguarded from unauthorized entry. The warning signal prior to each blast shall be from an air horn audible to at least one-half mile from the blast. The warning will be given three (3) minutes prior to detonation and will consist of three (3) short blasts of five (5) seconds duration with five (5) seconds between each blast. The all-clear signal shall be one long blast from an air horn, of twenty (20) seconds duration.

Blasting shall be conducted in such a way so as to prevent adverse impacts to the public or the environment.

Blasting activities will not be conducted at times other than those announced in the blasting schedule except in the event of an emergency situation where rain, lightning, or other atmospheric conditions, or operator or public safety requires unscheduled detonations.

LEGAL

IN THE CIRCUIT COURT OF GREENBRIER COUNTY, WEST VIRGINIA

IN RE: CHANGE OF NAME FROM MONICA BURTON TO MONICA YOW

LEGAL NOTICE OF PUBLICATION CHANGE OF NAME PROCEEDING FAMILY COURT OF GREENBRIER COUNTY, WEST VIRGINIA

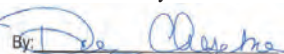
Notice is hereby given that on the 3rd day of NOVEMBER, 2022, at 3:30 o'clock p.m. on said day, or as soon thereafter as the matter may be heard, MONICA BURTON, will apply by Petition to the Circuit Court of Greenbrier County, West Virginia, for the entry of an order by said court changing her name from MONICA BURTON to MONICA YOW, at which time any interested party may appear and be heard, if they so desire.

You are hereby notified that this matter may be rescheduled without further notice of publication.

A copy of said Petition can be obtained from the undersigned Clerk’s office at: 650 Court Street South, Suite D, Lewisburg, West Virginia.

Entered by the Clerk of said Court this 26th day of September 2022.

Louvonne Arbuckle
Greenbrier County Circuit Clerk

By: 
Deputy Circuit Clerk

GOT LEGALS?
EMAIL LEGALADS@MOUNTAINMEDIANEWS.COM

LEGAL

Statement of Ownership, Management and Circulation
(All Periodicals Publications Except Requester Publications)

1. Publication Title: Mountain Messenger
2. Issue Date: 09/13/2022
3. Issue Frequency: Weekly
4. Number of Issues Published Annually: 52
5. Annual Subscription Price: \$33.00
6. Contact Person: Michael Showell
7. Complete Mailing Address of Known Office of Publication (Not printer):
A: P.O. Box 429
B: Lewisburg, WV 24901
C: City, State ZIP: Lewisburg, WV 24901
8. Complete Mailing Address of Headquarters or General Business Office of Publisher (Not Printer):
A: P.O. Box 429
B: Lewisburg, WV 24901
9. Full Names and Complete Mailing Addresses of Publisher, Editor and Managing Editor (do not leave blank):
Name: Michael Showell
Address: P.O. Box 429
City, State ZIP: Lewisburg, WV 24901
10. Owner (Do not leave blank. If the publication is owned by a corporation, give the name and address of the corporation immediately followed by the names and addresses of all individual owners. If owned by a partnership or other unincorporated firm, give its name and address as well as those of each individual owner. If the publication is published by a sole proprietor, give the name and address of the proprietor.)
Full Name: Michael Showell
Complete Mailing Address: P.O. Box 429, Lewisburg, WV 24901
11. Known Bondholders, Mortgagees and Other Security Holders Owning or Holding 1 Percent or more of Total Amount of Bonds, Mortgages or Other Securities. Do not leave blank.
Full Name: _____
Complete Mailing Address: _____
12. Tax Status (For completion by nonprofit organizations authorized to mail at nonprofit rates) (Check one)
 The purpose, function, and nonprofit status of this organization and the exempt status for federal income tax purposes.
 Has not changed during Preceding 12 Months.
 Has Changed During Preceding 12 Months (Publisher must submit explanation of change with this statement below).

13. Publication Title: Mountain Messenger
14. Issue Date for Circulation Data Below: 09/13/2022

15. Extent and Nature of Circulation

A. Total Number of Copies (Net press run)	Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
1. Total Paid Distribution (Sum of 11b, 11c, 11d, 11e, and 11f)	2900	2900
2. Total Free or Nominal Rate Distribution (Sum of 11g, 11h, 11i, and 11j)	0	0
3. Total Paid Distribution (Sum of 11b and 11c)	2900	2900
4. Total Free or Nominal Rate Distribution (Sum of 11g, 11h, 11i, and 11j)	0	0
5. Total Distribution (Sum of 3 and 4)	2900	2900
6. Copies not Distributed (See Instructions to Publishers #4 (page 42))	156	169
7. Total (Sum of 5 and 6)	3056	3069
8. Paid Electronic Copies	492	500
9. Total Paid Print Copies (Line 11b + Paid Electronic Copies (Line 8a))	2408	2400
10. Total Print Distribution (Line 11c + Paid Electronic Copies (Line 8a))	3228	3231
11. Paid Print (Both Print & Electronic) Copies (11b showed by 11c + 10)	88.99	88.98

16. Signature and Title of Editor, Publisher, Business Manager, or Owner: Michael Showell
Date: 09/13/2022

LEGAL

PUBLIC SERVICE COMMISSION OF WEST VIRGINIA CHARLESTON

CASE NO. 22-0709-G-390P
MOUNTAINEER GAS COMPANY
Surcharge on Infrastructure Improvements.

NOTICE OF FILING AND HEARING

On July 29, 2022, Mountaineer Gas Company (Mountaineer) filed its annual Application for approval of an Infrastructure Replacement and Expansion Program for 2023 (2023 IREP) with revised IREP rates for 2023, pursuant to W. Va. Code § 24-2-1k, which authorizes the Public Service Commission of West Virginia to approve cost recovery of projects to replace, upgrade and expand natural gas utility infrastructure that are deemed to be just and reasonable and in the public interest.

In its Application, Mountaineer forecasts capital investment for calendar year 2023 of \$64.2 million as part of its multi-year plan. The 2023 IREP covers several categories of plant asset replacements and improvements, including mains, service lines, measurement and regulator stations, and house regulators. These plant investments are proposed to be made in Mountaineer service territories throughout the State. These investments are identified in the Application, which is on file and available for public inspection at the Commission’s offices at 201 Brooks Street, Charleston, West Virginia, and which may be viewed on the Commission’s website, www.psc.state.wv.us

Mountaineer proposes to recover costs associated with these investments through an additional increment within the fixed or volumetric base rate component of its rates, depending on the applicable rate schedule under which service is rendered, to be effective on January 1, 2023. Mountaineer projects that if the program and rate increase are approved as requested, the average monthly bill for its various classes of customers will be changed on January 1, 2023 as follows:

Mountaineer Gas Company — Proposed		
TYPE OF CUSTOMER	\$ INCREASE	% INCREASE
Residential	\$1.56	2.15%
Commercial	\$4.44	1.50%
Large Commercial *	\$204.93	0.36%
Industrial *	\$302.96	0.68%
Resale	\$50.40	1.17%

(*) - Increases for Large Commercial and Industrial customers assume transport customers purchase their natural gas at the same price as the Company’s Purchased Gas Adjustment rate.

The increases shown above are compared to the rates currently in place and are based on averages of all customers in the indicated class. Each class may receive an increase greater or less than stated here. Individual customers may receive increases that are greater or less than average. Furthermore, the requested rates and charges are only a proposal and are subject to change (increase or decrease) by the Public Service Commission in its review of this filing. Any increase in rates and charges will not become effective until authorized and approved by the Public Service Commission.

The Commission set a procedural schedule, including a hearing date on the Application, if necessary, that will begin at 9:30 a.m., on November 17, 2022, continuing on November 18, 2022, at 9:30 a.m., if necessary, in the Howard M. Cunningham Hearing Room at the Commission’s offices at 201 Brooks Street, Charleston, West Virginia. If no opposition to the Application is received by the Commission within one week of the hearing date, the hearing may be waived and the Commission may issue a final order within 150 days of the Application filing date. The Commission may cancel the hearing for good cause shown. Any interested persons intending to attend the hearing should monitor the Commission web docket.

Anyone desiring to intervene should file a written petition to intervene within 20 days following the date of this publication unless otherwise modified by Commission order. All requests to intervene should briefly state the reason for the request to intervene and comply with the rules on intervention set forth in the Commission’s Rules of Practice and Procedure. The Commission will receive public comments until the beginning of the hearing. All written comments and requests to intervene should state the case name and number and be addressed to the Commission Executive Secretary, P.O. Box 812, Charleston, West Virginia, 25323. Public comments may also be filed online at <http://www.psc.state.wv.us/scripts/onlinecomments/default.cfm> by clicking the “Formal Case” link.

MOUNTAINEER GAS COMPANY

LEGAL

PUBLIC NOTICE

Department of Environmental Protection
Division of Water and Waste Management
601 57th Street SE
Charleston, WV 25304
Telephone: (304) 926-0495

APPLICATION FOR WEST VIRGINIA SOLID WASTE FACILITY PERMIT RENEWAL

Permit Notice No.: SW-16-22
Public Notice date: September 17, 2022
October 1, 2022

Paper: Mountain Messenger
P.O. Box 429
Lewisburg, WV 24901

The following has applied to the West Virginia Department of Environmental Protection for a major modification to the solid waste permit:

Applicant: Greenbrier County Solid Waste Authority
P.O. Box 1664
Lewisburg, WV 24901

Application No: SWF-2068/WV0109452
Location: Approximately 4 miles northeast of Lewisburg, WV via County Route 38 and County Route 38/2 at Harper, WV Municipal Solid Waste Landfill

Activity: The center of the site is 37° 49' 08" N latitude and 80° 22' 54" W longitude. Storm water discharge point, Outlet 001, is located at 37° 49' 07" N latitude and 80° 22' 40" W longitude; it will discharge untreated storm water into an unnamed tributary of the Greenbrier River, 2, 100 feet from the mouth. Storm water discharge point, Outlet 002, is located at 37° 48' 49" N latitude and 80° 22' 14" W longitude; it will discharge untreated storm water into an unnamed tributary of the Greenbrier River, 600 feet from the mouth. Storm water discharge point, Outlet 003, is located at 37° 49' 11" N latitude and 80° 22' 39" W longitude; it will discharge uncontaminated groundwater into an unnamed tributary of the Greenbrier River, 2,500 feet from the mouth. Storm water discharge point, Outlet 004, is located at 37° 53' 02" N latitude and 80° 26' 26" W longitude; it will discharge untreated storm water into an unnamed tributary of the Greenbrier River, 970 feet from the mouth.

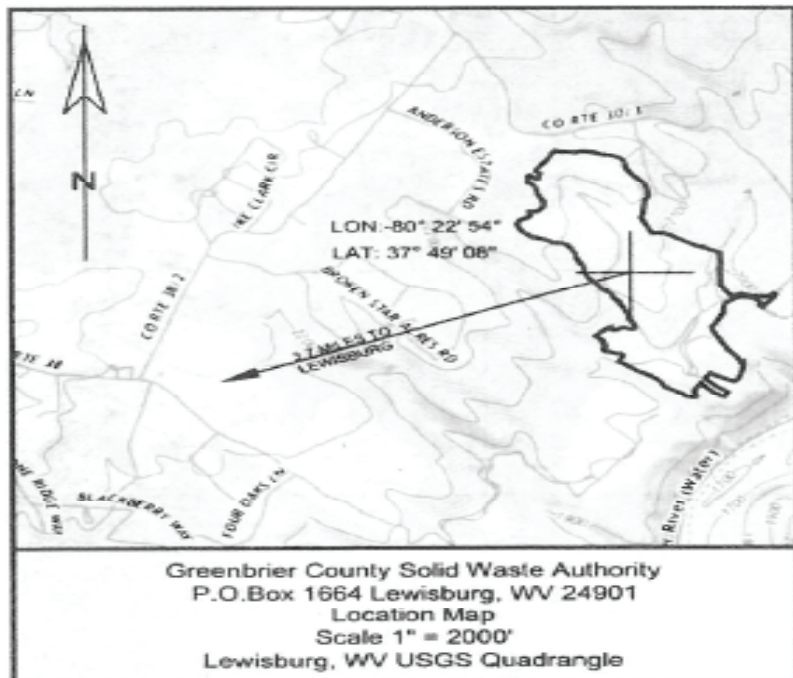
On the basis of review of the application, the Solid Waste Management Act, Chapter 22, Article 15, Section 5(b) and 5(c), and 33CSRI “Solid Waste Management Rule,” the State of West Virginia will act on the above application.

Interested persons may submit written comments during the 30-day public comment period, which begins on September 17, 2022 and ends on October 17, 2022 to the following address:
West Virginia Department of Environmental Protection
Division of Water and Waste Management
601 57th Street SE
Charleston, WV 25304

Attention: Ms. Hiral Kukkilaya, Solid Waste Management
Comments received within this time period will be considered prior to any state action on the subject application. Correspondence should include the name, address, and telephone number of the writer and a concise statement of the nature of the issues addressed.

A public hearing may be held if the state identifies a significant degree of public interest on issues relevant to the permit application. To obtain further information concerning the subject application, or to request a public hearing, interested persons may contact the Division of Water and Waste Management during the public comment period at the above address.

The draft permit will be on file for public review during the comment period at the DEP regional office located at 1159 Nick Rahall Greenway, Fayetteville, WV 25840, (304) 574-4465, between 8:00 a.m. and 5:00 p.m., Monday through Friday. To receive a copy of the permit application or draft permit, please contact Ms. Hiral Kukkilaya at the Division of Water and Waste Management, Solid Waste Management, 601 57th Street SE, Charleston, WV 25304, (304) 926-0495, ext. 43880, between 8:00 a.m. and 5:00 p.m., Monday through Friday.



STEPPIN' OUT

New Bike Repair Fix-It Stand installed on GRT

The Greenbrier Valley Bike Club has done it again! There is a new Bike Repair Fix-it Stand at the Renick trailhead on the Greenbrier River Trail at milepost 24.5.

In the spring of 2020, the GVBC purchased a Bike Repair Fix-it Stand for installation at the highly used Caldwell trailhead (MP 3). The feedback from trail cyclists near and far during the past two years regarding the Bike Repair Fix-it Stand has been so overwhelmingly positive that the GVBC has been working to secure funds for adding another one further north along the trail. With a generous financial contribution from the Greenbrier River Trail Association, which supplied half of the cost, donated labor for the concrete slab by community member Fred Doss, and installation help for GVBC member Hall Hitzig, the new Bike Repair Fix-it Stand is now a reality and ready for users! Additionally, the GVBC extends a special thank you to Jody Spencer of WV State Parks for supporting and approving this endeavor.

Just as the one installed at Caldwell trailhead, this new Bike Repair Fix-it Stand includes all the tools necessary to perform basic bike repairs and maintenance from changing a flat tire to adjusting brakes and derailleurs. Hanging the bike from the hanger arms allows for the pedals and wheels to spin freely while making need adjustments using the tools attached to the repair stand by steel cables. Low tire pressure? No problem! There is also a separate bike pump on the Fix-It Station pad that will take care of that!

So, the next time you find yourself out for a trail ride in the vicinity of mile marker 24.5, check out the new Bike Repair Fix-it Stand. You can't miss it - the brightly colored orange stand against the green backdrop of our beautiful river trail.



DINING
 & entertainment guide

Dutch Haus Restaurant
 Lewisburg Elks Country Club at 368 Brush Rd., Lewisburg

BEST STEAKS IN TOWN

WEEKEND SPECIAL

Shrimp Alfredo
 Served over Linguine
 With Salad and Garlic Bread

Open For Breakfast Saturday & Sunday 8:30-11:00
 Mon - Fri 11 am-9 pm, Sat & Sun 8:30 am-9 pm • 304.645.2723

GRT to Close

15 spaces worth permanent parking will be installed on DNR land alongside the trail. The City will be paying for the development and installation of the parking. The reason for the temporary parking is that trees cannot be removed until after Nov. 15 due to bats roosting in the area. Construction for permanent parking will begin after that date.

“We are hoping to have the permanent parking ready by mid-December, but it’s also dependent on the weather,” Hill noted.

The agreement also states that the construction company must maintain the section of trail where there has been construction for one year, and the City will maintain that section after that time. The City will also have to place signage at trail entrances to let visitors know that it is completely closed with no public access permitted.

Hill reiterated an announcement made at last week’s well-attended Council meeting, that the construction timeline for the trail was shortened to 15 months, and that this shorter timeline will cost the City an additional \$149,310.

Engineer and Vice President of Chapman Technical Services Greg Belcher said that the additional cost stems from the contractor hiring a second crew to work at the same time as the initial crew. Both crews will be working five 10-hour days per week, weather permitting, instead of one crew working four 10-hour days. A portion of the

additional requested funds will help cover the overtime expenses.

“They will try to do the tributary and stream crossings at the same time he’s trying to complete the work up the trail,” said Belcher. “Instead of trying to lay that 24 inch pipe up the trail, most of those culverts are deep enough that we’ll be hitting right in the middle of them, so we’d have to deepen the pipe to go under them, but we’d be afraid they’re going to collapse. So we’re going to leave the trail with a couple of 45’s and go out around those culverts, if you can imagine, and come right back down to the trail and go up the road to the next one. And they think they’re going to be able to put equipment in there and do those simultaneously. It’s really the only viable option we could offer to finish any earlier, because we felt like working at night and through the winter created so many safety issues with the contractor, especially backing a dump truck up the trail in the dark.”

“This water improvement project is vital to the growth of the City of Lewisburg and the surrounding areas,” said Hill. “We appreciate everyone’s support and collaboration as we begin this important project, especially Gov. Jim Justice, the Department of Commerce and the West Virginia Division of Natural Resources (WVDNR), which is helping us mitigate the temporary loss of trail access at Caldwell.”

This change order will be presented to the Finance Committee and City Council for consideration at next

Cont. from Front Page

Mountain Messenger

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SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Trust
LIVEBEE

Revise
DIET

Cheat
NEWLIDS

Delicate
RENTED

TODAY'S WORD

"If we don't go, people will think we weren't".

Super Crossword

GIFTS OF THE YEAR

- ACROSS**
- 1 First scale
 - 7 Gripping tool
 - 11 Arid expanse in Mongolia
 - 15 Move like a grasshopper
 - 19 "Not Afraid" rapper
 - 20 Affirmation of self-ability
 - 21 De-wrinkle
 - 22 Giant fair
 - 23 Stocks and shares [1st]
 - 25 Stand-up comedian Richard
 - 26 Super serves
 - 27 Low digit
 - 28 Play starter
 - 29 American robin's close relative [5th]
 - 31 Figure on a kid's toy battleground [10th]
 - 35 Revolutionary War mercenaries
 - 36 Wed. follows it
 - 37 Yellow-disked flower
 - 39 "Zine" minority
 - 40 Canon camera line
 - 43 Rapping noise
 - 47 She sang "Don't It Make My Brown Eyes Blue" [15th]
 - 51 Online selling
 - 52 Driver's license, SSN, etc.
 - 55 Determined to accomplish
 - 56 Living space
 - 57 1988-91 war drama series [20th]
 - 60 Earth's heater
 - 61 Bluegrass fiddler Alison
 - 62 Longtime ISP option
 - 63 Laundry receptacle
 - 65 &&&&
 - 66 "Hey, over here ..."
 - 68 Tree of eastern North America [25th]
 - 72 Lid fastener
 - 76 Infamous Idi
 - 78 Very small minority
 - 80 Mineral spring
 - 81 Taxi driver
 - 84 Angry
 - 87 Small, pungent pickling vegetable
 - 89 Player's top effort, informally
 - 90 Literary leaf
 - 92 Part of IPA
 - 93 Slow a car down
 - 94 Dorothy's magical shoes [40th]
 - 97 Filleled
 - 99 Cough up
 - 100 Low digit
 - 101 Raps callion
 - 104 PC key abbr.
 - 105 Daughter of JFK
 - 109 Half-million-selling album [50th]
 - 114 Mae West play [60th]
 - 116 "Dies —" (hymn)
 - 117 Dog coater
 - 118 "Eso Beso" singer Paul
 - 119 Revered sort
 - 120 Occasion associated with the starts of 10 answers in this puzzle
 - 124 Salt Lake City
 - 125 Soothe
 - 126 Profit
 - 127 Actor Steven
 - 128 Work honcho
 - 129 Deli breads
 - 130 Possesses
 - 131 Attractive
 - 125 Soothe
 - 126 Profit
 - 127 Actor Steven
 - 128 Work honcho
 - 129 Deli breads
 - 130 Possesses
 - 131 Attractive
 - 34 Grazing area
 - 38 Near-grads: Abbr.
 - 41 Part of 122-Down
 - 42 Beholds
 - 43 Quick review
 - 44 Eldest
 - 45 Musketeer
 - 46 Has a link (with)
 - 48 Actor Erwin
 - 49 Whole lot
 - 50 Disconcert
 - 53 Author Roald
 - 54 1976-81 skit series
 - 58 Sink bowl
 - 59 Color shade
 - 61 Get down to propose
 - 64 "It's freezing!"
 - 65 Filmmaker Hitchcock
 - 67 Singer Wynette
 - 69 See 70-Down
 - 70 With
 - 69-Down, tourist's printed guide
 - 71 Ring, as bells
 - 73 Nepali, e.g.
 - 74 Said words
 - 75 Sectioned, as a window
 - 77 Conductor
 - 79 Teeter
 - 81 Be a kvetch
 - 82 Juan's water
 - 83 Sweetums
 - 84 Swabby's tool
 - 85 High mount
 - 86 Semi fuel
 - 88 College org. for sailors-to-be
 - 90 Occasion for unrestricted amusement
 - 91 Tolkien terror
 - 95 More silly
 - 96 Eastern Michigan city
 - 98 Corn serving
 - 102 "Top o' the — series to ya!"
 - 103 Prairies, e.g.
 - 106 Accrue
 - 107 "Victory is yours"
 - 108 Brother on "Frasier"
 - 110 Actor Patel of "Lion"
 - 111 No longer a minor
 - 112 Countryish
 - 113 In a deadpan manner
 - 114 Smear on, as paint
 - 115 Crazy about
 - 120 Past
 - 121 PC key abbr.
 - 122 Speed Wagon maker
 - 123 Goller Snead

Weekly SUDOKU

by Linda Thistle

1			5					6
	4	3		8				2
		8			6	9		
	1			9				3
		5			7		4	
4			2			1		5
	8				3		2	
2				1				7
		9	6	5		4		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

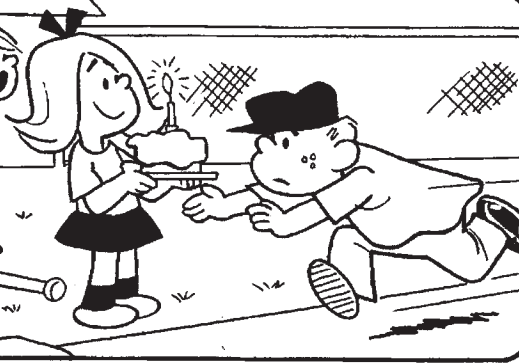
DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging
 ◆◆◆ HOO BOY!

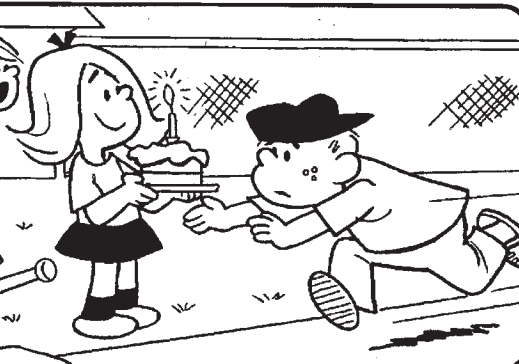
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Bow is smaller. 2. Bat is moved. 3. Cake is different. 4. Cap is reversed. 5. Shirt is different. 6. Sneaker is different.

VISIT US ONLINE AT WWW.MOUNTAINMESSENGER.COM

STEPPIN' OUT



Celebrate the Fall Harvest with Sidewalk Sale in Downtown Lewisburg

Meet new artists, indulge in food and drink samples, and enjoy late evening shopping Oct. 7 in downtown Lewisburg. Everyone is invited to this free event from 5 to 8 p.m.

Edith's Store will sample Tazo brand organic chai tea.

Delicious way to warm up on a chilly fall evening. Come join us and receive 30% off all Tazo brand teas! (1035 E Washington Street (304) 645-7998)

Experience Crowfest at **Patina!** We'll be popping corks at an opening reception for assemblage artist Susan Harb's 36 works featuring "Art of the Black-Winged Beauties." Patrick O'Flaherty adds his traditional Celtic music to the celebration. Check out our Sidewalk Sale items. 1046 Washington Street E)

Wolf Creek will host a fall jewelry launch by our very own Ena Basler (owner of New Mourning Art). Each piece is uniquely created with hand colored resin and has been fixed with medical grade surgical posts or sterling hoops. These bold and beautiful earrings have themes that lend itself perfectly to fall fashion. About the Artist: After being a 15-year expat, Ena returned to Summers County to help out with the family farm and decided to revisit their creative side with New Mourning Art. Initially created to be used as a fundraising source for Campaign for Southern Equality, New Mourning has since grown as a huge part of Ena's life and expanded to multiple mediums. Continuing the effort, 10% of all New Mourning Art sales will be donated to Campaign for Southern Equality. (967 Washington Street W. 304 645-5270)

CountySeat Arts is excited to show the work of photographer and activist Karen Cohen, opening Friday, Oct. 7, at 6 p.m. All month drop in for eeky creepy arts and crafts from WV artists and makers. (848 Court Street (next to Merry Weathers) 304-405-6045)

Fall is in the air and so is an exciting evening of art at **The Greenbrier Valley Visitors Center!** Stop by to view the October "Art in the Valley" exhibits. Greenbrier Artists present their annual show "Our Best New Work" featuring paintings, photography, and woodturning. Meet some of the artists as they talk about the inspiration for their artwork. The Art Alcove will highlight creations by fiber artist Tia Walkup. Her show titled "Take Me Home" will feature her original hand-sewn embroidery on Appalachian themed items. Tia, who hails from Orient Hill, WV, is studying art education with a

minor in music at Marshall University. Members of the Alderson Quilt Guild will be on hand to sell tickets for their 2022 raffle quilt, Mountain Maze. Hope to see you on the 7th! (905 Washington Street W, Lewisburg. 304-645-1000)

Stop by **Sheena Pendley's Boutique Photo Studio** on Court Street Oct. 7 for a pop-up shopping experience with Brier Belles Boutique!! Featuring new fall styles and a goodbye summer sale you won't want to miss. Shop, try on, find your new favorite staples for fall! (846 N Court Street, (304) 646-9452)

Better Homes and Gardens Real Estate Central features artist Peggy Owens of Chaos Acres Studio. She creates pieces in resin, acrylic, and collage look toward the abstract and the surreal. (1018 E Washington Street, 304-645-6633)

At **Bella The Corner Gourmet**, the Sunset Spritz made the tasting table for October 2022 FF! Virginia made Mother Shrub drinking vinegars and a bit more to create an easy and delish option for sunset memories. We'll have some noshing bites out, too! Open late 'til 8. Call for any other details 304-520-4921 (1017 Washington Street E or follow us @bellagourmetwv)

The Humble Tomato will be open featuring a brand new fall cocktail menu! (855 Washington Street W, Lewisburg, WV 24901 (681) 318-3788)

Stardust Cafe will be doing our Prime Rib Night for First Friday. Limited Amounts and Reservations Recommended. (1023 Washington Street east 304-647-3663)

The Asylum's Thomas Taylor Band and new fall cocktail list. (339 E Randolph Street (681) 318-3515)

The Shoe Box will be open late! (847 N Court Street, 681-318-3377)

Little Black Box Bra Boutique will be open late! (818 Jefferson Street S 304 645 6646)

*Special Reminder that TOOT street closures begin Saturday morning at 5:30 a.m. so your car must be moved if you park anywhere on Washington Street from Lafayette Street to Church Street, on Court Street from Randolph Street to Foster Street, and Foster Street from Court Street to Church Street.

Fall Festival on the Bridge in Alderson

The Town of Alderson and Alderson Main Street have announced the first annual Fall Festival on the Bridge. It will be held from 10 a.m. to 3 p.m. on Saturday, Oct. 15 on the Alderson Memorial Bridge.

The Fall Festival will include arts, crafts, local food, an art car painting demonstration, some Community Market vendors, the Historic 1896 C&O Train Depot, Alderson shops and restaurants, live music, and more. Vendors must register by emailing aldersonharvestfest@gmail.com.

This event will also include the first ever Straw Bale Scarecrow Contest! It is a competition open to businesses, individuals, and nonprofits. They are invited to make a scarecrow using a straw bale base around the lamp posts in town. Applications to enter must be made to donsutherland2003@yahoo.com. Once entered, applicants will be assigned a location and told where to pick up their complimentary straw bale. The full contest rules are posted on the Alderson Main Street face book page.

Doris Kasley said, "Fall is such a beautiful time of year in our town and we are eager to share it with others. A huge thanks to Don Sutherland and all the volunteers working to make this Fall Festival happen."



CAREER OPPORTUNITIES

Aviagen Turkeys operates over 20 farms and two hatcheries in the Greenbrier Valley. The company provides jobs for over 80 people in the community and there is a range of career opportunities available.

POSITIONS AVAILABLE

- CLASS "A" CDL DRIVER
- MECHANIC
- WAREHOUSE COORDINATOR
- FARM MANAGERS
- CREW MEMBERS

BENEFITS

Health Insurance - 401 K Retirement
Paid Time Off - Holiday Pay - Service Awards
Employee Referral Program

Go To Our Online Job Application Website
At: <http://www.aviagenturkeys.us/careers>

Or, Contact Us At 304-793-2680, ext. 247
31186 Midland Trail East, Lewisburg, WV 24901

THANK YOU FOR READING
THE MOUNTAIN MESSENGER

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MONTHLY FURNISHED ROOMS
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Furnished room with small refrigerator, microwave, TV, Wi-Fi, and coin operated laundry room. All utilities included, pet friendly. Quarter mile from downtown Lewisburg, local shops and restaurants.

\$750 Monthly

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Beautiful large rooms with high ceilings and hardwood floors, across street from the Greenbrier River and Monroe walking bridge. \$600 Rent, \$600 Security Deposit, Pet friendly with additional deposit. **FREE water & heat.**

\$600 Month

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Beautiful basement Studio Apartment!. Located in downtown Lewisburg, within walking distance to the West Virginia School of Osteopathic Medicine, local shops and restaurants. All utilities included. \$800 Security Deposit, pet friendly with additional deposit.

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To request an application Call 304-645-1308
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Sat 8 am - 1 pm, Closed Sun

(NORTH)

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(Behind Ruby Tuesday's)
Lewisburg, WV
304-645-4000
Mon - Fri 6 am - 8 pm,
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POCAHONTAS MEMORIAL HOSPITAL

COVID-19 PREVENTION & INFORMATION

WE ENCOURAGE YOU TO MAKE ONE OF OUR LOCATIONS YOUR MEDICAL HOME

Pocahontas Memorial Hospital strongly encourages patients to establish a regular medical home and not delay treatment of chronic conditions or emergency care. During the last two years, it has been easy to neglect regular, routine appointments and screenings as many elective and necessary surgeries were cancelled.



If you have put off routine appointments to check up on chronic conditions or receive annual screenings or tests, please schedule them now! PMH has primary care clinics in two different locations, making finding a medical home more convenient than ever.

PMH's Rural Health Clinic is located inside the hospital, open Monday through Friday, 8:30 a.m. – 6:30 p.m. with a variety of providers to choose from, including Dr. Julie Hare, MD; Dr. Jennifer Beverage, DO; Donna Lidel-Burley, FNP; Karen Melton, FNP; J. Copley, PA-C; and Valarie Monico, PA-C.

You may schedule an appointment at the RHC by calling 304-799-6200.

Our Snowshoe Mountain Clinic, staffed by Valarie Monico, is currently closed. But we hope to announce a new location very soon.

Our new Hillsboro Clinic, located in the former Browning Clinic on Rt. 219 in Hillsboro, is open on Mondays and Wednesdays and staffed by J. Copley, PA-C. Call 304-799-7400 to schedule an appointment at Hillsboro.

Our hospital and clinics are prepared to care for patients with any type of condition, while keeping them safe.

COVID-19 TESTING UPDATE

Need a COVID-19 test for school or travel?



No symptoms/travel need: call Outpatient Testing at 304-799-7400 ext. 2619. Available Monday through Friday, 8 a.m. - Noon.

With symptoms: call the Rural Health Clinic at 304-799-7400 ext 1105, Monday through Friday. Symptomatic patients must be seen by a provider. Testing is also available at the Hillsboro clinic. Call 304-799-7400.

Always leave a message if no answer! Your call will be returned the same day if during normal business hours. Our Emergency Room is always open after hours and on weekends if you need assistance.

Please do not put off a minor problem down the road. that could become a major problem

UNDERSTANDING EXPOSURE RISKS

Learning about how COVID-19 spreads and the factors that can increase or decrease that risk can help you make informed choices.

The following questions are written in past tense to help you assess the likelihood that you were

infected when you were around a person with COVID-19. If multiple factors below indicate higher transmission risk, you should follow the steps for what to do if you are exposed.

You can also ask yourself the same questions, but

about future interactions with others, to help you decide what prevention actions to take. If multiple factors below indicate higher transmission risk, you should consider adding more prevention actions.

Factors that lower or increase risk of transmission

Length of time: How long were you with the infected person?

Longer exposure time increases the risk of transmission (for example, contact longer than 15 minutes is more likely to result in transmission than two minutes of contact).

Shorter exposure time

Lower Risk

Medium exposure time

Moderate Risk

Longer exposure time

Higher Risk

Ventilation and filtration: How well-ventilated was the space?

More outdoor air can decrease the risk of transmission. Being outside would be lower exposure risk than being indoors, even with good ventilation and filtration; both of those options would be lower risk than being indoors with poor ventilation or filtration. See the Interactive Home Ventilation Tool.

Distant

Lower Risk

Moderately close

Moderate Risk

Very close or touching

Higher Risk

Cough or heavy breathing: Was the infected person coughing, singing, shouting, or breathing heavily?

Activities like coughing, singing, shouting, or breathing heavily due to exertion increase the risk of transmission.

Less

Lower Risk

Moderate

Moderate Risk

Elevated

Higher Risk

Distance: How close was the infected person to you?

Being closer to someone who is infected with COVID-19 increases the risk of transmission.

Crowded settings can raise your likelihood of being close to someone with COVID-19.

Outdoors

Lower Risk

Well-ventilated indoors

Moderate Risk

Poorly ventilated indoors

Higher Risk

Symptoms: Did the infected person have symptoms at the time?

Being around people who are symptomatic increases the risk of transmission.

No symptoms

Lower Risk

Symptoms

Higher Risk

Masks: Were you or the infected person or both wearing a respirator (for example, N95) or high-quality mask?

If one person was wearing a mask, the risk of transmission is decreased, and if both people were wearing masks, the risk is substantially decreased. Risk is also lower if the mask or respirator is a type that offers greater protection.

Yes, both masked

Lower Risk

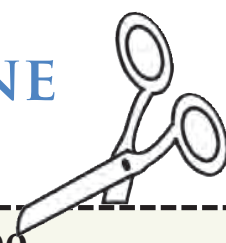
Only one masked

Moderate Risk

Neither masked

Higher Risk

CLIP-OUT PHONE DIRECTORY



Main Line: 304-799-7400

To contact any department at Pocahontas Memorial Hospital, please dial the Main Line at 1-304-799-7400. At any time during the message, you may dial the four-digit extension for the person or department you wish to reach. If you do not know the department you need, you may speak to the Operator.

ADMINISTRATION	1020	MEDICAL RECORDS	1308
BEHAVIORAL HEALTH CLINIC	304-799-1075	NURSES' STATION.....	1303
BUSINESS OFFICE.....	1300	OUTPATIENT INFUSION CLINIC	2610
CARDIOPULMONARY THERAPY....	1310	PHARMACY	1306
CASE MANAGEMENT	1311	PHYSICAL THERAPY.....	1307
COVID-19 TESTING HOTLINE	2619	PUBLIC RELATIONS	1009
DIABETES EDUCATION	1032	PULMONOLOGY CLINIC	304-799-1070
EMERGENCY DEPARTMENT	1302	QUALITY ASSURANCE.....	1046
EMS.....	1315	RADIOLOGY.....	1305
GIFT SHOP.....	1083	REGISTRATION/FRONT DESK.....	1314
LABORATORY	1309	RURAL HEALTH CLINIC	1301
		SNOWSHOE CLINIC	304-799-1072



Your Health is Our Priority

POCAHONTAS MEMORIAL HOSPITAL



Duncan Road, off US 219 North
304-799-7400

pnhww.org